

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check-in opens at 08:30am

Check-in closes 9.15 a.m. (Sprints)

10.00 a.m.

Girls and Boys	U12	60m	Heats
Girls and Boys	U9	60m	
Girls and Boys	U10	60m	
Girls and Boys	U11	60m	

Finals U12 60m

Check-in closes 11.30 a.m. Middle Distance*

12.30 p.m.

Girls and Boys	U11	600m
Girls and Boys	U12	600m
Girls and Boys	U9	300m
Girls and Boys	U10	500m

Check-in closes 1.30 p.m. Relays*

2.30 p.m.

Girls	U12	4x100m
Boys	U12	4x100m
Girls	U11	4x100m
Boys	U11	4x100m
Girls	U9	4x100m
Boys	U9	4x100m
Girls	U10	4x100m
Boys	U10	4x100m

Check in Closes 1 hour prior to each start time

Long Jump

10.00 a.m.	Girls	U11	(Pit 1)
	Boys	U11	(Pit 2)
11.00 a.m.	Girls	U9	(Pit 1)
	Boys	U9	(Pit 2)
12.00 p.m.	Girls	U12	(Pit 1)
	Boys	U12	(Pit 2)
2.30 p.m.	Girls	U10	(Pit 1)
	Boys	U10	(Pit 2)

Turbo Javelin

10.00 a.m.	Girls	U10	(Area 1)
	Boys	U10	(Area 2)
11.00 a.m.	Girls	U11	(Area 1)
	Boys	U11	(Area 2)
1.00 p.m.	Girls	U9	(Area 1)
	Boys	U9	(Area 2)
3.00 p.m.	Girls	U12	(Area 1)
	Boys	U12	(Area 2)

High Jump

10.30 a.m.	Girls	U12
2.00 p.m.	Boys	U12

Shot Put

10.30 a.m.	Boys	U12
1.15 p.m.	Girls	U12

*** 1st, 2nd and 3rd place will be determined on Heat times, i.e. No Finals**