

**National 10m
Mens Individual Results
Pheonix Park
20th July 2025**

Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
1	1	288	Ryan CREECH	00:49:54	MS	Leevale A.C.
2	2	363	Gary CRUMMY	00:51:04	MS	Newry AC
3	3	639	Stephen MCAULEY	00:51:08	MS	Letterkenny A.C.
4	4	198	Kane COLLINS	00:51:10	MS	Donore Harriers A.C.
5	5	129	Ian GUIDEN	00:51:27	MS	Clonliffe Harriers A.C.
6	6	281	Gerry FORDE	00:51:31	MS	Kilkenny City Harriers A.C.
8	7	650	Paul O'DONNELL	00:52:24	MS	Dundrum South Dublin A.C.
10	8	215	Liam MULLIGAN	00:53:47	MS	Drogheda and District A.C.
11	9	393	Michael BRADY	00:53:52	MS	Raheny Shamrock A.C.
12	10	244	Emmet JENNINGS	00:53:54	MS	Dundrum South Dublin A.C.
15	11	607	Gavin CALLERY	00:54:30	MS	Dundrum South Dublin A.C.
30	12	395	Barry MEEHAN	00:57:02	MS	Raheny Shamrock A.C.
32	13	217	Christopher MCLOUGHLIN	00:57:43	MS	Dublin City Harriers A.C.
34	14	358	Kris FOSTER	00:57:54	MS	Mullingar Harriers A.C.
37	15	357	Ian MCCORMACK	00:58:01	MS	Mullingar Harriers A.C.
38	16	210	Simon O'TOOLE	00:58:34	MS	Donore Harriers A.C.
42	17	605	Will BOYLE	00:59:29	MS	Ballymun A.C.
43	18	309	Paddy MURPHY	00:59:37	MS	Liffey Valley A.C.
47	19	590	Aengus MELDON	01:00:22	MS	Dundrum South Dublin A.C.
52	20	487	Jamie MALONE	01:01:16	MS	Tullamore Harriers A.C.
54	21	567	Maxime BERNARD	01:01:38	MS	Clonliffe Harriers A.C.
72	22	219	Tiernan CAULFIELD	01:03:45	MS	Dublin Front Runners A.C.
73	23	533	Tj O'BRIEN	01:03:45	MS	U.C.D. A.C.
74	24	247	Andrew BROOKS	01:03:57	MS	Dundrum South Dublin A.C.
75	25	256	Ryan LAWLOR	01:04:17	MS	Edenderry A.C.
77	26	532	Kevin MCLOUGHLIN	01:04:24	MS	Tallaght A.C.
86	27	664	James SHERRY	01:05:11	MS	Crusaders A.C.
87	28	575	Mark GRAHAM	01:05:15	MS	Sportsworld A.C.
94	29	587	Sean MCCARTHY	01:05:54	MS	Donore Harriers A.C.
99	30	205	Thomas GROOME	01:06:06	MS	Donore Harriers A.C.
105	31	545	Conor RAY	01:06:21	MS	Donore Harriers A.C.
111	32	621	Edward FORESTER	01:07:24	MS	Crusaders A.C.
117	33	165	Graeme MOONEY	01:08:02	MS	D15 Running Club A.C.
126	34	125	Ronan FITZPATRICK	01:09:08	MS	Clonliffe Harriers A.C.
134	35	2224	Hayden CASSIDY	01:10:10	MS	Liberties Running Club
136	36	580	Eric SPRATT	01:10:17	MS	Coolock Running Club A.C.

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Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
151	37	133	Ian KELLY	01:13:08	MS	Coolock Running Club A.C.
171	38	8408	Adam BLUETT	01:15:10	MS	Dublin Front Runners A.C.
187	39	2305	Cian LEE	01:17:04	MS	Trim A.C.
200	40	665	Reece SHERRY	01:18:51	MS	Shelters Running Community A.C.
204	41	131	Sam QUIGLEY	01:19:22	MS	Clonliffe Harriers A.C.
212	42	549	Ryan MIDWINTER	01:20:17	MS	Menapians A.C.
215	43	246	Adam KINCH	01:20:40	MS	Dundrum South Dublin A.C.
216	44	671	Conor WYNNE WALSH	01:20:49	MS	Raheny Shamrock A.C.
229	45	260	Thomas MACLEOD	01:23:20	MS	Fr. Murphy A.C.
230	46	711	Dylan DOYLE	01:23:27	MS	Cherry Orchard Running A.C.
233	47	448	Souvik GHOSH	01:24:15	MS	Sportsworld A.C.
234	48	588	Ruben Omar RAMIREZ GONZALEZ	01:24:26	MS	Dublin Front Runners A.C.
244	49	708	Kieron MCFARLAND	01:28:07	MS	Cherry Orchard Running A.C.
246	50	292	Jack STAPLETON	01:28:25	MS	Liberties Running Club
249	51	59	Jordan CROWTHER	01:29:29	MS	Castleknock Running Club
256	52	502	Brian MCENERY	01:32:31	MS	Donore Harriers A.C.
257	53	2535	Peter MCNALLY	01:32:59	MS	Ballymun A.C.
262	54	630	Ian KINSELLA	01:34:24	MS	Coolock Running Club A.C.
269	55	657	Evan REDMOND	01:37:34	MS	Coolock Running Club A.C.
276	56	289	Ian KAVANAGH	01:39:08	MS	Liberties Running Club
279	57	147	Alan MARTIN	01:39:31	MS	Crusaders A.C.
280	58	64	Stephen BEST	01:39:47	MS	Castleknock Running Club
285	59	135	Ryan WOLVERSON	01:42:30	MS	Coolock Running Club A.C.
291	60	364	Paul BYRNE	01:47:26	MS	North Clondalkin Running Club A.C.
295	61	597	Shane MCGIVNEY	01:50:09	MS	North East Runners A.C.
299	62	16	John GODFREY	01:54:55	MS	Ballymun A.C.
302	63	458	Nathan GRIFFIN	01:57:53	MS	St. Coca's A.C.
303	64	696	Alan KELLY	01:58:17	MS	Ballymun A.C.
309	65	522	David O'REILLY	02:04:11	MS	Castleknock Running Club

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Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
7	1	1	Michael FOX	00:51:41	M35	Armagh A.C.
14	2	40	Kieran REGAN	00:54:18	M35	Brothers Pearse A.C.
17	3	206	Wayne WALDRON	00:54:56	M35	Donore Harriers A.C.
18	4	359	Dan MORRIS	00:55:07	M35	Mullingar Harriers A.C.
20	5	613	Robert CORBALLY	00:55:37	M35	Dundrum South Dublin A.C.
21	6	619	Ian FITZGERALD	00:55:42	M35	Donore Harriers A.C.
27	7	429	Eoin GALLAGHER	00:56:19	M35	Skerries A.C.
36	8	463	Nathan Ryan O'HEHIR	00:57:59	M35	St. Finbarrs A.C.
39	9	200	William QUILL	00:58:44	M35	Donore Harriers A.C.
48	10	400	Sean KELLY	01:00:26	M35	Raheny Shamrock A.C.
57	11	548	Joe HOLT	01:02:15	M35	LSA A.C.
65	12	362	Keith BROWNE	01:03:03	M35	Newbridge A.C.
66	13	614	Mikel CRISOSTOMO	01:03:08	M35	Crusaders A.C.
68	14	404	Eoghan WRAFTER	01:03:18	M35	Raheny Shamrock A.C.
71	15	33	Mark KILCOYNE	01:03:25	M35	Blackrock (Dublin) A.C.
79	16	658	Rahul ROY	01:04:37	M35	Dundrum South Dublin A.C.
83	17	108	Declan CASSELLS	01:04:46	M35	Civil Service Harriers A.C.
92	18	154	Michael O'CONOR	01:05:38	M35	Crusaders A.C.
93	19	123	Phil O'DOHERTY	01:05:52	M35	Clonliffe Harriers A.C.
103	20	544	Kishor SHELAK	01:06:18	M35	Donore Harriers A.C.
104	21	564	Robert COLLINS	01:06:21	M35	Liffey Valley A.C.
128	22	183	Evan DEVANEY	01:09:15	M35	Donore Harriers A.C.
142	23	99	Dave MCCABE	01:11:52	M35	Civil Service Harriers A.C.
143	24	586	Jason REID	01:12:01	M35	D15 Running Club A.C.
145	25	2509	Dean COMERFORD	01:12:11	M35	Porterstown Panthers
154	26	691	Jonathan MOLLOY	01:13:36	M35	Artane/Beaumont Running Club A.C.
159	27	8424	Philip DEMPSEY	01:14:05	M35	Civil Service Harriers A.C.
161	28	523	Vincent MELODY	01:14:16	M35	Civil Service Harriers A.C.
162	29	146	Eoghan CORRIGAN	01:14:17	M35	Crusaders A.C.
167	30	98	Ian O'GORMAN	01:14:39	M35	Civil Service Harriers A.C.
172	31	239	Stephen KNOWLES	01:15:17	M35	Dunboyne A.C.
178	32	35	Andrew MONAGHAN	01:16:13	M35	Bray Runners A.C.
182	33	2531	Stephen GALLAGHER	01:16:41	M35	Artane/Beaumont Running Club A.C.
194	34	729	Paul KEARNS	01:17:46	M35	Coolock Running Club A.C.
202	35	327	Daniel TOOMEY	01:19:09	M35	Lusk A.C.

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Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
208	36	610	Keith CLEARY	01:19:52	M35	Coolock Running Club A.C.
209	37	601	Shane ANDREWS	01:19:52	M35	Coolock Running Club A.C.
210	38	651	Néill O'SHEA	01:20:13	M35	Dublin Front Runners A.C.
213	39	196	Ian NOLAN	01:20:30	M35	Donore Harriers A.C.
217	40	173	Mick MOONEY	01:20:53	M35	D15 Running Club A.C.
221	41	2306	Lee FAGAN	01:21:32	M35	Up and Out Fitness A.C.
222	42	2307	Stephen HYLAND	01:21:32	M35	Up and Out Fitness A.C.
223	43	107	Joseph SHANNON	01:22:13	M35	Civil Service Harriers A.C.
228	44	688	Conor COYLE	01:23:14	M35	Artane/Beaumont Running Club A.C.
235	45	14	Terry MCALISTER	01:24:37	M35	Ballymena Runners
242	46	555	Colm KERR	01:27:38	M35	Liffey Valley A.C.
245	47	640	Keith MCCANN	01:28:15	M35	Coolock Running Club A.C.
247	48	2530	David GILLHOUGHLEY	01:28:40	M35	Artane/Beaumont Running Club A.C.
261	49	546	Conor O'DONOVAN	01:34:11	M35	Dunshaughlin A.C.
263	50	227	James COFFEY	01:34:53	M35	Dunboyne A.C.
265	51	1904	Joe HAUGH	01:36:17	M35	Brothers Pearse A.C.
267	52	2485	Davey MCDONAGH	01:36:53	M35	D15 Running Club A.C.
274	53	161	Niall HERBERT	01:39:06	M35	D15 Running Club A.C.
278	54	720	Anthony MOONEY	01:39:19	M35	Cherry Orchard Running A.C.
292	55	4	Paul TUOHY	01:48:16	M35	Artane/Beaumont Running Club A.C.
305	56	174	Ian MOONEY	01:59:47	M35	D15 Running Club A.C.

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Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
13	1	2539	John LENEHAN	00:54:08	M40	City of Derry Spartans
19	2	694	Colin GRIFFIN	00:55:23	M40	Ballinamore A.C.
24	3	461	Marc AUGUSTIN	00:55:48	M40	St. Coca's A.C.
28	4	77	David O'CONNOR	00:56:22	M40	Celbridge A.C.
35	5	197	Kenneth NUGENT	00:57:56	M40	Donore Harriers A.C.
44	6	148	Joseph MCDERMOTT	00:59:40	M40	Crusaders A.C.
46	7	212	Alan KENNY	00:59:57	M40	Donore Harriers A.C.
49	8	704	Darren EGAN	01:00:27	M40	Blackrock (Dublin) A.C.
51	9	9	Shane BEGLEY	01:01:03	M40	Athenry A.C.
61	10	46	Paul NAGLE	01:02:31	M40	Brothers Pearse A.C.
81	11	474	Gareth O'KEEFFE	01:04:44	M40	Tallaght A.C.
108	12	41	Paul O'CONNOR	01:07:00	M40	Brothers Pearse A.C.
113	13	97	Patrick COYLE	01:07:28	M40	Civil Service Harriers A.C.
115	14	572	Stephen DAWSON	01:07:43	M40	Donore Harriers A.C.
129	15	521	Rob ASHER	01:09:18	M40	Blackrock (Dublin) A.C.
137	16	368	John TUMILTY	01:10:33	M40	North East Runners A.C.
153	17	136	Mark CROMWELL	01:13:11	M40	Coolock Running Club A.C.
156	18	139	Gary PURDUE	01:13:46	M40	Coolock Running Club A.C.
158	19	2532	Neill FARRELL	01:13:53	M40	Artane/Beaumont Running Club A.C.
165	20	166	Trevor MACKEN	01:14:28	M40	D15 Running Club A.C.
170	21	687	Alan DWYER	01:15:06	M40	Artane/Beaumont Running Club A.C.
173	22	106	Brendan KIERAN	01:15:33	M40	Civil Service Harriers A.C.
179	23	641	Francis MCENTEE	01:16:24	M40	Clonliffe Harriers A.C.
180	24	582	Gary HOGAN	01:16:27	M40	Coolock Running Club A.C.
181	25	295	David MITCHELL	01:16:29	M40	Liffey Valley A.C.
199	26	625	Ian HUGHES	01:18:47	M40	Metro/St. Brigid's A.C.
201	27	543	John AHERN	01:19:07	M40	Blackrock (Dublin) A.C.
205	28	2523	Colm DEMPSEY	01:19:24	M40	Ratoath A.C.
207	29	8	Alan RAETHORNE	01:19:43	M40	Artane/Beaumont Running Club A.C.
218	30	268	Padraig FINN	01:21:07	M40	Garristown Flyers A.C.
225	31	500	Gregory LOWRY	01:22:33	M40	Coolock Running Club A.C.
227	32	634	Michael MADILL	01:22:43	M40	Ringsend Running Club
231	33	574	Wes DARGAN	01:23:37	M40	Porterstown Panthers
240	34	91	Sunil SINGH	01:26:55	M40	Civil Service Harriers A.C.
243	35	726	Ciaran DIXON	01:27:54	M40	Coolock Running Club A.C.

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Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
248	36	690	John O'NEILL	01:28:41	M40	Artane/Beaumont Running Club A.C.
255	37	628	Wayne KELLY	01:32:30	M40	Sli Cualann A.C.
268	38	74	Brian KEARNS	01:37:14	M40	Celbridge A.C.
289	39	581	Peter ELLIOTT	01:45:51	M40	Coolock Running Club A.C.
293	40	646	James MOONEY	01:48:58	M40	D15 Running Club A.C.
297	41	702	Donal HARDIMAN	01:53:12	M40	Ballymun A.C.
301	42	5	Eric BANEHAM	01:55:42	M40	Artane/Beaumont Running Club A.C.
304	43	169	Eddie MOONEY	01:58:28	M40	D15 Running Club A.C.
311	44	644	Gerard MCGUINNESS	02:10:16	M40	Ringsend Running Club

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Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
9	1	459	Alexander WALLACE	00:53:19	M45	St. Coca's A.C.
16	2	394	Cillian O'LEARY	00:54:37	M45	Raheny Shamrock A.C.
22	3	490	Ronan TOLAND	00:55:44	M45	Victoria Park & Connswater
23	4	2	Paul FINNEGAN	00:55:46	M45	Armagh A.C.
25	5	9447	Paul SMITH	00:56:15	M45	Drogheda and District A.C.
26	6	453	Colin COYNE	00:56:16	M45	St. Abbans A.C
31	7	245	Aidan MURPHY	00:57:08	M45	Dundrum South Dublin A.C.
33	8	385	Graham AHEARNE	00:57:50	M45	Raheny Shamrock A.C.
45	9	96	Patrick O'REILLY	00:59:40	M45	Civil Service Harriers A.C.
50	10	592	Shane O'FARRELL	01:00:53	M45	LSA A.C.
53	11	482	Shane KEVILLE	01:01:26	M45	Tuam A.C.
56	12	623	Bernard GERAGHTY	01:02:11	M45	Donore Harriers A.C.
59	13	433	Nigel ROY	01:02:18	M45	Skerries A.C.
62	14	22	Andrew FLYNN	01:02:41	M45	Blackrock (Dublin) A.C.
70	15	339	John Paul KELLY	01:03:23	M45	Metro/St. Brigid's A.C.
84	16	238	John O'TOOLE	01:04:58	M45	Dunboyne A.C.
90	17	637	Kieran MARTIN	01:05:23	M45	Crusaders A.C.
91	18	434	Blaise KINSELLA	01:05:30	M45	Sli Cualann A.C.
100	19	631	Jacek LATALA	01:06:08	M45	Lucan Harriers A.C.
116	20	570	Ian ROCHE	01:08:02	M45	D15 Running Club A.C.
120	21	26	Colm CUNNINGHAM	01:08:29	M45	Blackrock (Dublin) A.C.
130	22	294	Neil DUFFY	01:09:34	M45	Liffey Valley A.C.
131	23	571	Niall CONNAUGHTON	01:09:38	M45	Donore Harriers A.C.
132	24	455	Tiernan HEANEY	01:09:56	M45	St. Benedict Inbhear Mór A.C.
133	25	372	Emmet POWER	01:10:07	M45	North East Runners A.C.
144	26	594	Cathal HENRY	01:12:02	M45	Lusk A.C.
146	27	78	John MCCORMACK	01:12:13	M45	Celbridge A.C.
147	28	187	Keith CREEDON	01:12:33	M45	Donore Harriers A.C.
150	29	685	John PERKINS	01:13:02	M45	Drogheda and District A.C.
166	30	672	David SHANAHAN	01:14:34	M45	Liberties Running Club
168	31	686	Thomas DELANY	01:14:53	M45	Dunboyne A.C.
175	32	416	Nunzio PERRONE	01:15:53	M45	Rathfarnham W.S.A.F. A.C.
184	33	305	Bernard O'SULLIVAN	01:16:56	M45	Liffey Valley A.C.
197	34	201	John DILLON	01:18:13	M45	Donore Harriers A.C.
206	35	451	Nathan CORBETT	01:19:32	M45	Sportsworld A.C.
211	36	573	Joe KEENA	01:20:15	M45	Dublin Front Runners A.C.

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214	37	682	Mark PRESTON	01:20:40	M45	Liberties Running Club
220	38	36	Aleksei IVANOV	01:21:24	M45	Bray Runners A.C.
224	39	645	David MIDWINTER	01:22:24	M45	Menapians A.C.
226	40	163	Gordon HUGHES	01:22:40	M45	D15 Running Club A.C.
250	41	489	Alan ROGERS	01:30:04	M45	Up and Out Fitness A.C.
254	42	291	James O'KEEFFE	01:32:17	M45	Liberties Running Club
264	43	6	Gary DUNNE	01:35:44	M45	Artane/Beaumont Running Club A.C.
270	44	556	Oliver BLAKE	01:37:43	M45	Moynalty A.C.
273	45	703	Stephen FROHLICH	01:38:41	M45	Blackrock (Dublin) A.C.
283	46	140	Gerard BOSHELL	01:41:31	M45	Coolock Running Club A.C.
286	47	518	Keith NELSON	01:42:36	M45	Artane/Beaumont Running Club A.C.
288	48	678	Jason WARD	01:45:23	M45	Liberties Running Club
298	49	314	Damian BOLGER	01:54:44	M45	LOVE2RUN A.C.
306	50	565	James FINNERAN	02:01:44	M45	LOVE2RUN A.C.
308	51	622	David GALVIN	02:03:57	M45	Shelters Running Community A.C.

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29	1	462	Michael MORGAN	00:56:53	M50	St. Finbarrs A.C.
55	2	441	Trevor SWEENEY	01:01:40	M50	Sportsworld A.C.
58	3	407	Brian KELLY	01:02:16	M50	Raheny Shamrock A.C.
64	4	409	Eric CHAMP	01:02:55	M50	Raheny Shamrock A.C.
67	5	341	Alan KING	01:03:15	M50	Metro/St. Brigid's A.C.
69	6	528	Michael CLANCY	01:03:20	M50	Mallow A.C.
76	7	684	Niall LYNCH	01:04:20	M50	Donore Harriers A.C.
85	8	481	Gearoid HEALY	01:05:05	M50	Tuam A.C.
88	9	600	Keith FLEMING	01:05:18	M50	Raheny Shamrock A.C.
95	10	338	Sean MACSEOIN	01:05:55	M50	Metro/St. Brigid's A.C.
102	11	351	James CRIBBIN	01:06:14	M50	Mullingar Harriers A.C.
109	12	476	Fearghal O'CONNOR	01:07:11	M50	Tallaght A.C.
110	13	34	Shane MCCARTHY	01:07:19	M50	Boyle A.C.
119	14	300	Paul BALFE	01:08:18	M50	Liffey Valley A.C.
122	15	345	Patrick BOWE	01:08:39	M50	Moyne A.C.
123	16	28	Nicholas DONNELLY	01:08:50	M50	Blackrock (Dublin) A.C.
124	17	505	Owen MCKINNEY	01:08:59	M50	Inishowen A.C.
140	18	595	Gerard GAVIN	01:11:19	M50	Mullingar Harriers A.C.
141	19	399	Ronan HARRIS	01:11:30	M50	Raheny Shamrock A.C.
152	20	683	Joe HARTE	01:13:09	M50	Birr A.C.
157	21	510	John GERAGHTY	01:13:50	M50	Westport A.C.
176	22	216	Roy COONEY	01:15:55	M50	Dublin Bay Running A.C.
183	23	495	Dylan BARRY	01:16:54	M50	Wexford Marathon A.C.
185	24	401	Darren MEIKLE	01:16:58	M50	Raheny Shamrock A.C.
188	25	49	Seamus PEPPARD	01:17:05	M50	Carrick Aces A.C.
190	26	181	Mark DEVINE	01:17:11	M50	Donore Harriers A.C.
191	27	390	Nick ALEXANDER	01:17:26	M50	Raheny Shamrock A.C.
192	28	669	Paul WHORISKEY	01:17:27	M50	Sli Cualann A.C.
193	29	332	Neal LEDDY	01:17:40	M50	Marathon Club Ireland A.C.
203	30	397	Darragh SHIELDS	01:19:09	M50	Raheny Shamrock A.C.
219	31	110	Peter DOYLE	01:21:14	M50	Clane A.C.
237	32	190	John GLEESON	01:26:20	M50	Donore Harriers A.C.
239	33	29	John O'SULLIVAN	01:26:51	M50	Blackrock (Dublin) A.C.
252	34	388	Gerard FAY	01:31:43	M50	Raheny Shamrock A.C.
259	35	418	David DE LA VEGA	01:33:21	M50	Ratoath A.C.

**National 10m
Mens Individual Results
Pheonix Park
20th July 2025**

Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
266	36	312	Ron HOGAN	01:36:22	M50	LOVE2RUN A.C.
277	37	679	Kieran DOUGLAS	01:39:10	M50	Liberties Running Club
281	38	551	David HILL	01:40:26	M50	West Limerick A.C.
282	39	168	Graham BRADLEY	01:41:22	M50	D15 Running Club A.C.
284	40	423	Derek SHERRY	01:42:07	M50	Shelters Running Community A.C.
307	41	167	John LEONARD	02:02:42	M50	D15 Running Club A.C.

**National 10m
Mens Individual Results
Pheonix Park
20th July 2025**

Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
40	1	254	Vivian FOLEY	00:58:59	M55	Eagle A.C.
41	2	192	Des TREMBLE	00:59:04	M55	Donore Harriers A.C.
60	3	337	Kenny MCANDREW	01:02:29	M55	Metro/St. Brigid's A.C.
63	4	12	John HASSON	01:02:51	M55	Ballymena Runners
78	5	414	Colm MURRAY	01:04:29	M55	Rathfarnham W.S.A.F. A.C.
80	6	286	Ian O'LEARY	01:04:42	M55	Leevale A.C.
107	7	378	Denis FARRELL	01:06:47	M55	Portmarnock A.C.
112	8	11	Charni PUREWAL	01:07:25	M55	Balbriggan and District A.C.
118	9	723	Thomas Jnr GRIFFIN	01:08:09	M55	Clonliffe Harriers A.C.
125	10	599	Anthony LEE	01:09:02	M55	Raheny Shamrock A.C.
127	11	642	Brian MCGUCKIN	01:09:12	M55	Crusaders A.C.
139	12	598	Brian MCWEENEY	01:11:14	M55	Raheny Shamrock A.C.
169	13	235	Eamonn TROY	01:14:53	M55	Dunboyne A.C.
177	14	32	Dermot HUGHES	01:15:58	M55	Blackrock (Dublin) A.C.
198	15	145	Ken LAFFAN	01:18:30	M55	Croghan A.C.
236	16	396	Carl MOORE	01:25:18	M55	Raheny Shamrock A.C.
238	17	115	Joseph FOWLER	01:26:30	M55	Clonliffe Harriers A.C.
241	18	213	Mike STAUNTON	01:27:15	M55	Drogheda and District A.C.
251	19	232	Fran HUGHES	01:30:41	M55	Dunboyne A.C.
258	20	647	Padraic MORAN	01:33:14	M55	Sportsworld A.C.
275	21	504	Eamonn KELSEY	01:39:08	M55	Gowran A.C.
290	22	2297	Adam DUMBRELL	01:47:19	M55	Shelters Running Community A.C.
296	23	498	Owen MULVANEY	01:50:56	M55	Celbridge A.C.

**National 10m
Mens Individual Results
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20th July 2025**

Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
82	1	347	Eddie NEWMAN	01:04:44	M60	Mullingar Harriers A.C.
98	2	370	Aidan BRENNAN	01:06:05	M60	North East Runners A.C.
101	3	343	Willie O'DONOGHUE	01:06:08	M60	Mooreabbey Milers A.C.
106	4	408	Philip MCGOVERN	01:06:30	M60	Raheny Shamrock A.C.
114	5	589	Sean BAILEY	01:07:40	M60	Dunboyne A.C.
121	6	2044	Simon BOYLE	01:08:29	M60	North Down A.C.
135	7	17	Aidan MCGRATH	01:10:15	M60	Ballymun A.C.
138	8	130	Terence NEARY	01:10:59	M60	Clonliffe Harriers A.C.
155	9	403	Ken DOYLE	01:13:39	M60	Raheny Shamrock A.C.
186	10	336	John KENNY	01:17:01	M60	Metro/St. Brigid's A.C.
189	11	355	Liam MCGLYNN	01:17:10	M60	Mullingar Harriers A.C.
253	12	629	Kevin KENNY	01:32:08	M60	Crusaders A.C.
287	13	231	Stephen O'BEIRNE	01:43:44	M60	Dunboyne A.C.
310	14	84	Jim GOLDEN	02:06:36	M60	Civil Service Harriers A.C.

**National 10m
Mens Individual Results
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20th July 2025**

Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
89	1	410	Tom CUDDY	01:05:19	M65	Rathfarnham W.S.A.F. A.C.
96	2	421	Norman MAWHINNEY	01:05:58	M65	Scrabo Striders
97	3	270	Gerry O'CONNELL	01:06:03	M65	Glenmore A.C.
148	4	19	Billy BYRNE	01:12:37	M65	Blackrock (Dublin) A.C.
149	5	530	Joe GALLAGHER	01:12:48	M65	North Belfast Harriers
163	6	2536	Martin FRANCIS	01:14:20	M65	Bray Runners A.C.
164	7	417	Donal MURPHY	01:14:22	M65	Rathfarnham W.S.A.F. A.C.
174	8	436	Eugene DOHERTY	01:15:49	M65	Sliabh Bhuide Rovers A.C.
232	9	184	Kenneth CRONIN	01:23:53	M65	Donore Harriers A.C.
260	10	412	Martin KELLY	01:34:02	M65	Rathfarnham W.S.A.F. A.C.
271	11	83	Hugh MCDONNELL	01:38:06	M65	Civil Service Harriers A.C.
272	12	242	Enda MCMORROW	01:38:34	M65	Dundrum South Dublin A.C.

**National 10m
Mens Individual Results
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Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
160	1	103	Ronan WARD	01:14:15	M70	Civil Service Harriers A.C.
195	2	47	Mick CAROLAN	01:18:04	M70	Brothers Pearse A.C.
196	3	186	Tony KYNES	01:18:07	M70	Donore Harriers A.C.
300	4	550	Sean O'BYRNE	01:55:14	M70	Sportsworld A.C.

**National 10m
Mens Individual Results
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Place	Cat Pos.	Bib	Name	Time	Age Cat	Club
294	1	503	Tony DUNNE	01:50:00	M80	Grange/Fermoy A.C.
312	2	566	Hugh CAROLAN	02:21:06	M80	Bray Runners A.C.