

European DNA U20 Clubs Irish Selection

Leiria, Portugal September 20th-21st

The National U20 Championships on 5th July 2025 will be used as selection for the upcoming DNA U20 Club event in Portugal which takes place on 20th and 21st September 2025.

The following events will be attributed points, with top eight athletes to score:

9; 7; 6; 5; 4; 3; 2; 1

- Women 100m
- Men & Women 200m
- Men & Women 400m
- Men 110mH
- Women 100mH
- Men & Women 800m
- Men 400mH
- Men & Women 4x100m Relay
- Men & Women 4x400m Relay
- Men Long Jump
- Women High Jump
- Women Shot Put
- Men Javelin Throw

There is a maximum of two entries per team to go towards team points total.

The Club that comes up on top with the most points will be selected for the DNA Meet in Leiria, Portugal.

There is a grant from AAI to help towards costs of travel & accommodation.

If you require further information, please email <u>competition@athleticsireland.ie</u>