

### Day 3 - Track Check In Timetable Juvenile T&F Championships 2025

| Age Category | Event          | Check opens | Check in closes | Event Time |
|--------------|----------------|-------------|-----------------|------------|
| U19 Boys     | 400m H - FINAL | 08:30       | 09:15           | 10:00      |
| U18 Boys     | 400m H - Ht 1  | 08:30       | 09:15           | 10:04      |
| U18 Boys     | 400m H - Ht 2  | 08:30       | 09:15           | 10:08      |
| U19 Girls    | 400m H - Ht 1  | 08:30       | 09:15           | 10:12      |
| U19 Girls    | 400m H - Ht 2  | 08:30       | 09:15           | 10:16      |
| U18 Girls    | 400m H - Ht 1  | 08:30       | 09:15           | 10:20      |
| U18 Girls    | 400m H - Ht 2  | 08:30       | 09:15           | 10:24      |

|           |               |       |       |       |
|-----------|---------------|-------|-------|-------|
| U17 Boys  | 300m H - Ht1  | 09:00 | 09:45 | 10:28 |
| U17 Boys  | 300m H - Ht2  | 09:00 | 09:45 | 10:32 |
| U17 Girls | 300m H - Ht 1 | 09:00 | 09:45 | 10:36 |
| U17 Girls | 300m H - Ht 2 | 09:00 | 09:45 | 10:40 |
| U17 Girls | 300m H - Ht 3 | 09:00 | 09:45 | 10:44 |

|           |               |       |       |       |
|-----------|---------------|-------|-------|-------|
| U16 Boys  | 250m H - Ht 1 | 09:15 | 10:00 | 10:48 |
| U16 Boys  | 250m H - Ht 2 | 09:15 | 10:00 | 10:52 |
| U15 Boys  | 250m H - Ht 1 | 09:15 | 10:00 | 10:56 |
| U15 Boys  | 250m H - Ht 2 | 09:15 | 10:00 | 11:00 |
| U16 Girls | 250m H - Ht 1 | 09:30 | 10:15 | 11:04 |
| U16 Girls | 250m H - Ht 2 | 09:30 | 10:15 | 11:08 |
| U16 Girls | 250m H - Ht 3 | 09:30 | 10:15 | 11:12 |
| U15 Girls | 250m H - Ht 1 | 09:30 | 10:15 | 11:16 |
| U15 Girls | 250m H - Ht 2 | 09:30 | 10:15 | 11:20 |
| U15 Girls | 250m H - Ht 3 | 09:30 | 10:15 | 11:24 |

#### Call Room Hurdles Finals

|           |                |  |       |       |
|-----------|----------------|--|-------|-------|
| U18 Boys  | 400m H - FINAL |  | 11:08 | 11:28 |
| U19 Girls | 400m H - FINAL |  | 11:12 | 11:32 |
| U17 Boys  | 300m H - FINAL |  | 11:16 | 11:36 |
| U17 Girls | 300m H - FINAL |  | 11:20 | 11:40 |
| U16 Boys  | 250m H - FINAL |  | 11:24 | 11:44 |
| U15 Boys  | 250m H - FINAL |  | 11:28 | 11:48 |
| U16 Girls | 250m H - FINAL |  | 11:32 | 11:52 |
| U15 Girls | 250m H - FINAL |  | 11:36 | 11:56 |

#### 200m Heats Below

|           |             |       |       |       |
|-----------|-------------|-------|-------|-------|
| U19 Girls | 200m Heat 1 | 10:00 | 11:30 | 12:30 |
| U19 Girls | 200m Heat 2 | 10:00 | 11:30 | 12:33 |
| U19 Girls | 200m Heat 3 | 10:00 | 11:30 | 12:36 |
| U19 Girls | 200m Heat 4 | 10:00 | 11:30 | 12:39 |
| U19 Boys  | 200m Heat 1 | 10:00 | 11:45 | 12:42 |
| U19 Boys  | 200m Heat 2 | 10:00 | 11:45 | 12:45 |
| U19 Boys  | 200m Heat 3 | 10:00 | 11:45 | 12:48 |
| U19 Boys  | 200m Heat 4 | 10:00 | 11:45 | 12:51 |
| U18 Girls | 200m Heat 1 | 10:35 | 11:55 | 12:54 |
| U18 Girls | 200m Heat 2 | 10:35 | 11:55 | 12:57 |
| U18 Girls | 200m Heat 3 | 10:35 | 11:55 | 13:00 |

|           |             |       |       |       |
|-----------|-------------|-------|-------|-------|
| U18 Girls | 200m Heat 4 | 10:35 | 11:55 | 13:03 |
| U18 Boys  | 200m Heat 1 | 10:35 | 12:05 | 13:06 |
| U18 Boys  | 200m Heat 2 | 10:35 | 12:05 | 13:09 |
| U18 Boys  | 200m Heat 3 | 10:35 | 12:05 | 13:12 |
| U18 Boys  | 200m Heat 4 | 10:35 | 12:05 | 13:15 |
| U18 Boys  | 200m Heat 5 | 10:35 | 12:05 | 13:18 |
| U17 Girls | 200m Heat 1 | 11:05 | 12:20 | 13:21 |
| U17 Girls | 200m Heat 2 | 11:05 | 12:20 | 13:24 |
| U17 Girls | 200m Heat 3 | 11:05 | 12:20 | 13:27 |
| U17 Girls | 200m Heat 4 | 11:05 | 12:20 | 13:30 |
| U17 Girls | 200m Heat 5 | 11:05 | 12:20 | 13:33 |
| U17 Boys  | 200m Heat 1 | 11:05 | 12:35 | 13:36 |
| U17 Boys  | 200m Heat 2 | 11:05 | 12:35 | 13:39 |
| U17 Boys  | 200m Heat 3 | 11:05 | 12:35 | 13:42 |
| U17 Boys  | 200m Heat 4 | 11:05 | 12:35 | 13:45 |
| U17 Boys  | 200m Heat 5 | 11:05 | 12:35 | 13:48 |
| U17 Boys  | 200m Heat 6 | 11:05 | 12:35 | 13:51 |
| U16 Girls | 200m Heat 1 | 12:00 | 13:00 | 13:57 |
| U16 Girls | 200m Heat 2 | 12:00 | 13:00 | 14:00 |
| U16 Girls | 200m Heat 3 | 12:00 | 13:00 | 14:03 |
| U16 Boys  | 200m Heat 1 | 12:00 | 13:00 | 14:06 |
| U16 Boys  | 200m Heat 2 | 12:00 | 13:00 | 14:09 |
| U16 Boys  | 200m Heat 3 | 12:00 | 13:00 | 14:12 |
| U15 Girls | 200m Heat 1 | 12:15 | 13:15 | 14:15 |
| U15 Girls | 200m Heat 2 | 12:15 | 13:15 | 14:18 |
| U15 Girls | 200m Heat 3 | 12:15 | 13:15 | 14:21 |
| U15 Boys  | 200m Heat 1 | 12:30 | 13:30 | 14:24 |
| U15 Boys  | 200m Heat 2 | 12:30 | 13:30 | 14:27 |
| U15 Boys  | 200m Heat 3 | 12:30 | 13:30 | 14:30 |
| U14 Girls | 200m Heat 1 | 12:30 | 13:30 | 14:33 |
| U14 Girls | 200m Heat 2 | 12:30 | 13:30 | 14:36 |
| U14 Boys  | 200m Heat 1 | 12:30 | 13:30 | 14:39 |
| U14 Boys  | 200m Heat 2 | 12:30 | 13:30 | 14:42 |
| U14 Boys  | 200m Heat 3 | 12:30 | 13:30 | 14:45 |

**1500m Heats & finals below**

|           |              |       |       |       |
|-----------|--------------|-------|-------|-------|
| U14 Girls | 1500m FINAL  | 12:45 | 14:00 | 14:48 |
| U14 Boys  | 1500m heat 1 | 12:45 | 14:00 | 14:54 |
| U14 Boys  | 1500m heat 2 | 12:45 | 14:00 | 15:00 |
| U15 Girls | 1500m FINAL  | 13:00 | 14:10 | 15:06 |
| U15 Boys  | 1500m heat 1 | 13:00 | 14:10 | 15:12 |
| U15 Boys  | 1500m heat 2 | 13:00 | 14:10 | 15:18 |
| U16 Girls | 1500m FINAL  | 13:30 | 14:20 | 15:24 |
| U16 Boys  | 1500m heat 1 | 13:30 | 14:20 | 15:30 |

|           |              |       |       |       |
|-----------|--------------|-------|-------|-------|
| U17 Girls | 1500m heat 1 | 13:45 | 14:30 | 15:36 |
| U17 Girls | 1500m heat 2 | 13:45 | 14:30 | 15:42 |
| U17 Boys  | 1500m heat 1 | 13:45 | 14:45 | 15:48 |

|                       |              |       |       |       |
|-----------------------|--------------|-------|-------|-------|
| U17 Boys              | 1500m heat 2 | 13:45 | 14:45 | 15:54 |
|                       |              |       |       |       |
| U18 Girls             | 1500m heat 1 | 14:00 | 15:00 | 16:00 |
| U18 Girls             | 1500m heat 2 | 14:00 | 15:00 | 16:06 |
| U18 Boys              | 1500m heat 1 | 14:00 | 15:00 | 16:12 |
| U18 Boys              | 1500m heat 2 | 14:00 | 15:00 | 16:18 |
| U18 Boys              | 1500m heat 3 | 14:00 | 15:00 | 16:24 |
| U19 Girls             | 1500m FINAL  | 14:00 | 15:00 | 16:30 |
| U19 Boys              | 1500m heat 1 | 14:00 | 15:00 | 16:36 |
| U19 Boys              | 1500m heat 2 | 14:00 | 15:00 | 16:42 |
|                       |              |       |       |       |
|                       |              |       |       |       |
|                       |              |       |       |       |
| Call Room 200m Finals |              |       |       |       |
| U19 Girls             | 200m FINAL   |       |       | 16:48 |
| U19 Boys              | 200m FINAL   |       |       | 16:51 |
| U18 Girls             | 200m FINAL   |       |       | 16:54 |
| U18 Boys              | 200m FINAL   |       |       | 16:57 |
| U17 Girls             | 200m FINAL   |       |       | 17:00 |
| U17 Boys              | 200m FINAL   |       |       | 17:03 |
| U16 Girls             | 200m FINAL   |       |       | 17:06 |
| U16 Boys              | 200m FINAL   |       |       | 17:11 |
| U15 Girls             | 200m FINAL   |       |       | 17:14 |
| U15 Boys              | 200m FINAL   |       |       | 17:17 |
| U14 Girls             | 200m FINAL   |       |       | 17:20 |
| U14 Boys              | 200m FINAL   |       |       | 17:23 |

## INFORMATION

Please note the check-in opening and closing times

**Athletes must check in themselves, but NOT before their scheduled check-in time**

If contesting more than one event, athletes MUST check-in for all events

ONLY 1 person to collect a bib number.

Athletes must report to call room 20 minutes in advance of event time

Finals will be held at heat times if less than 8 check in for hurdles or 18 for 1500m

**The organisers reserve the right to alter the timetable; the starting times may be forward up to 45 minutes from the proposed timetable.**