

Record	Event	Performance	Name	Club	Competition	Venue	Date
U20 M	10km	29.46	Cillian Gleeson	Celbridge A.C.	National 10km Championships	Dunboyne	March 23rd, 2025
U18 M	200m	21.64	Joe Burke	Templemore A.C.	National Juvenile Championships	Athlone	March 29th, 2025
Senior M	10000m	27.26.95	Efrem Gidey	Clonliffe Harriers A.C.	The Ten	San Juan Capistrano, USA	March 29th, 2025
U18 W	400m	54.42	Erin Friel	Letterkenny A.C.	National Juvenile Championships	Athlone	March 30th, 2025
Senior M	10 Miles	45.59	Peter Lynch	Kilkenny City Harriers A.C.	US National Championships	Washington D.C. USA	April 6th, 2025
U23 W	3000m Steeple	9.46.22	Ava O'Connor	Tullamore Harriers A.C.	Brian Clay Invitational	Azusa, USA	April 16th, 2025
Senior M	Marathon	2.09.36	Peter Lynch	Kilkenny City Harriers A.C.	Düsseldorf Marathon	Dusseldorf, GER	April 24th, 2025
Senior W	Discus	58.40m	Niamh Fogarty	Raheny Shamrock A.C.	OK Throws Series	Ramona, USA	April 27th, 2025
U20 W	5000m	16.17.63	Anna Gardiner	East Down A.C.	East Champion	Storrs, USA	May 16th, 2025
U18 W	2000m Steeple	6.48.84	Lucie Cawley	Sligo A.C.	Leinster Schools Championship	Tullamore	May 17th, 2025
U20 M	400m	46.18	Conor Kelly	Derry Track Club	IFAM	Brussels, BEL	May 24th, 2025
U20 M	Discus	57.23m	Cian Crampton	Edenderry A.C.	Hallesche Werfertage	Halle, GER	May 24th, 2025
U20 M	Discus	57.34m	Cian Crampton	Edenderry A.C.	Hallesche Werfertage	Halle, GER	May 24th, 2025
Senior M	800m	1.44.34	Mark English	Finn Valley A.C.	7th Irena Szewińska Memorial	Bydgoszcz, POL	May 30th, 2025
U20 M	Discus	58.32m	Cian Crampton	Edenderry A.C.	Pickering Memorial International	Loughborough, ENG	June 1st, 2025
Senior M	800m	1.43.92	Mark English	Finn Valley A.C.	Fanny Blankers-Koen Games	Hengelo, NED	June 9th, 2025

U23 W	3000m Steeple	9.45.00	Ava O'Connor	Tullamore Harriers A.C.	Motonet GP	Lahti, FIN	June 11th, 2025
U23 W	Hammer	70.48m	Nicola Tuthill	U.C.D. A.C.	Motonet GP	Lahti, FIN	June 11th, 2025
U23 W	Hammer	71.71m	Nicola Tuthill	U.C.D. A.C.	Motonet GP	Lahti, FIN	June 11th, 2025
U18 M	5000m Walk	20.34.71	Matthew Newell	Tuam A.C.	Connacht Outdoor Championships	Sligo	June 14th, 2025
U18 W	400m H	59.23	Eilis McHugh	Ferrybank A.C.	Munster Championships	Cork	June 15th, 2025