

S.I.A.B T&F International Championships
Moorways Stadium, Derby - Saturday 19th July 2025

Track Timetable

	Event	Time	Event End
T1	IG 3000m Walk	11:35	11:50
T2	IB 3000m Walk	11:35	11:50
T3	IG 300m Hurdles (76.2cm)	12:00	12:01
T4	IB 400m Hurdles (84.0cm)	12:10	12:11
T5	IG 800m	12:20	12:23
T6	IB 800m	12:28	12:31
T7	IG 100m N/S	12:35	12:36
T8	IB 100m N/S	12:41	12:42
T9	IG 100m	12:50	12:51
T10	IB 100m	12:57	12:58
T11	IG 3000m	13:05	13:15
T12	IG 300m	13:20	13:21
T13	IB 400m	13:28	13:29
T14	IG 200m	13:37	13:38
T15	IB 200m	13:45	13:46
T16	IG 80m Hurdles (76.2cm)	13:55	13:56
T17	IB 100m Hurdles (91.4cm)	14:05	14:06
T18	IG 1500m	14:15	14:19
T19	IB 1500m	14:27	14:31
T20	IG 1500m S/C 76.2cm	14:40	14:50
T21	IB 1500m S/C 83.8cm	14:58	15:08
T22	IB 3000m	15:15	15:25
T23	IG 4 x 100m Relay	15:50	15:51
T24	IB 4 x 100m Relay	16:00	16:04
T25	IG 4 x 300m Relay	16:10	16:13
T26	IB 4 x 400m Relay	16:20	16:21

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Field Timetable

	Event	Time	Warm-up	Event End
F1	IG Hammer 3Kg	10:30	10:05	11:22
F2	IG Pole Vault	11:00	10:10	12:28
F3	IG Triple Jump	11:15	10:50	12:15
F4	IB Discus 1.5Kg	11:30	11:05	12:22
F5	IG Shot 3Kg	11:45	11:20	12:33
F6	IB Hammer 5Kg	11:50	11:25	12:42
F7	IB High Jump	12:20	11:45	13:34
F8	IB Triple Jump	12:45	12:20	13:45
F9	IG Long Jump	13:05	12:40	14:01
F10	IG Javelin 500g	13:10	12:45	14:02
F11	IB Pole Vault	13:25	12:35	14:41
F12	IG Discus 1Kg	13:30	13:05	14:22
F13	IG High Jump	14:15	13:40	15:29
F14	IB Long Jump	14:30	14:05	15:26
F15	IB Javelin 700g	14:30	14:05	15:22
F16	IB Shot 5Kg	14:35	14:10	15:23