

ID	Time	Athlete Name	Team Name	Cat	Position
298	26:05	Conán MCCAUGHEY	North Belfast Harriers	M35	1
324	26:23	Kenneth ROGERS	St. John's A.C.	M40	2
245	26:41	Peter ARTHUR	St. Laurence. O'Toole A.C.	M35	3
305	26:43	Emmet MCNAMARA	Fethard A.C.	M40	4
273	26:51	Pierce GEOGHEGAN	Liffey Valley A.C.	M40	5
333	26:58	Gavin SWEENEY	Togher A.C.	M45	6
337	27:02	Barry TWOHIG	St. Finbarrs A.C.	M35	7
306	27:06	Kevin MINNOCK	Tullamore Harriers A.C.	M40	8
328	27:07	Niall SHANAHAN	An Bru A.C.	M35	9
308	27:12	Kevin MOORE	Mullingar Harriers A.C.	M35	10
247	27:22	John BLACK	North Belfast Harriers	M35	11
309	27:26	Dan MORRIS	Mullingar Harriers A.C.	M40	12
321	27:35	David POWER	Rathfarnham W.S.A.F. A.C.	M35	13
257	27:40	Donal COAKLEY	Glanmire A.C.	M35	14
266	27:45	Alan DUNNE	Swinford A.C.	M35	15
265	27:48	Barry DONOVAN	Cork Track Club A.C.	M40	16
277	27:49	Dermot GORMAN	Carrick-on-Suir A.C.	M40	17
313	27:53	Niall O'CALLAGHAN	West Limerick A.C.	M35	18
304	28:05	Cathal MCHALE	Clonliffe Harriers A.C.	M45	19
334	28:07	Ronan TOLAND	Victoria Park and Connswater	M45	20
303	28:12	Chris MCGUINNESS	Foyle Valley A.C.	M40	21
312	28:14	Karl NOLAN	Clonliffe Harriers A.C.	M45	22
302	28:17	Ciaran MCGONAGLE	Letterkenny A.C.	M45	23
332	28:20	Paul SMITH	Drogheda and District A.C.	M40	24
278	28:21	Philip GOSS	North Belfast Harriers	M40	25
246	28:23	Marc AUGUSTIN	St. Coca's A.C.	M50	26
307	28:39	Barry MINNOCK	Tullamore Harriers A.C.	M40	27
281	28:39	Michael HERLIHY	North Cork A.C.	M35	28
294	28:48	Karol MAKAREWICZ	An Ríocht A.C.	M35	29
280	28:51	James HAYES	Cork Track Club A.C.	M45	30
288	28:58	David KIRWIN	Raheny Shamrock A.C.	M35	31
252	29:00	Conor BYRNE	Galway City Harriers A.C.	M50	32

ID	Time	Athlete Name	Team Name	Cat	Position
279	29:05	Michael HARRINGTON	Durrus A.C.	M45	33
322	29:06	Bryan RENTON	Westport A.C.	M40	34
285	29:10	Brian JENKINS	Dooneen A.C.	M45	35
289	29:16	Karl LENIHAN	West Limerick A.C.	M50	36
271	29:17	Paul FLEMING	Rathfarnham W.S.A.F. A.C.	M35	37
325	29:18	Dean RYAN	Newbridge A.C.	M40	38
263	29:23	Trevor CUMMINS	Great Isl.A.C.	M45	39
250	29:33	Dessie BURKE	West Sligo A.C.	M50	40
315	29:33	Liam O'CONNOR	Grange/Fermoy A.C.	M45	41
270	29:53	Marc FITZACHARY	Rathfarnham W.S.A.F. A.C.	M40	42
331	29:55	Niall SHERLOCK	Clonliffe Harriers A.C.	M50	43
290	29:57	Greg LUNDON	South Galway A.C.	M50	44
297	30:03	Ciaran MCCARTHY	Raheny Shamrock A.C.	M50	45
248	30:08	Paul BLANEY	North Belfast Harriers	M45	46
249	30:22	Eric BOLAND	Newbridge A.C.	M55	47
318	30:23	Ronan O'REILLY	Ballyroan Abbeyleix and District A.C.	M45	48
338	30:33	John WHIRISKEY	South Galway A.C.	M45	49
299	30:36	Ian MCCONKEY	Raheny Shamrock A.C.	M55	50
264	30:42	Anthony DOHERTY	Milford A.C.	M55	51
262	30:43	Patrick CULLETON	United Striders A.C.	M35	52
269	30:47	Niall FERGUS	North East Runners A.C.	M40	53
310	30:54	Gareth MURRAN	Sportsworld A.C.	M55	54
255	31:03	Gerry CARTY	Galway City Harriers A.C.	M45	55
327	31:08	John SCOTT	Longford A.C.	M55	56
336	31:09	Des TREMBLE	Donore Harriers A.C.	M45	57
293	31:13	Andrew MAGUIRE	City of Derry Spartans	M45	58
267	31:13	Colm DUNNE	Raheny Shamrock A.C.	M60	59
300	31:18	Sean MCCREERY	Rathfarnham W.S.A.F. A.C.	M55	60
287	31:22	Des KENNEDY	Croghan A.C.	M40	61
326	31:34	Shane RYAN	Dooneen A.C.	M60	62
276	31:55	Phelim GLYNN	Dunboyne A.C.	M60	63
323	32:02	Fintan RICE	Fethard A.C.	M55	64

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261	32:11	Michael COUNSEL	Raheny Shamrock A.C.	M50	65
292	32:14	Sean MACSEOIN	Metro/St. Brigids A.C.	M55	66
317	32:23	Eugene O'KEEFFE	Carrick-on-Suir A.C.	M45	67
319	32:30	Anthony O'ROURKE	Lakeshore Striders A.C.	M55	68
295	32:32	Kenny MCANDREW	Metro/St. Brigids A.C.	M60	69
283	32:35	Derek HUNTER	Sligo A.C.	M60	70
311	32:50	Eddie NEWMAN	Mullingar Harriers A.C.	M60	71
314	33:10	Pat O'CALLAGHAN	United Striders A.C.	M50	72
268	33:22	Gary EGAN	An Bru A.C.	M45	73
284	34:02	Kieran HURLEY	City of Derry Spartans	M60	74
204	34:15	Eddie LYNCH	Mullingar Harriers A.C.	M60	75
253	34:44	Noel CARR	An Ríocht A.C.	M55	76
274	35:04	Anthony GILLEN	Sportsworld A.C.	M60	77
316	35:06	Willie O'DONOGHUE	Mooreabbey Milers A.C.	M60	78
335	35:17	Tony TONER	Tafelta A.C.	M40	79
260	35:21	Damien COOGAN	Newbridge A.C.	M60	80
251	35:29	Aengus BURKE	Portlaoise A.C.	M55	81
320	35:43	Michael PENROSE	Finn Valley A.C.	M50	82
254	35:56	Bill CARTY	Sligo A.C.	M60	83

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245	26:41	Peter ARTHUR	St. Laurence. O'Toole A.C.	M35	2
337	27:02	Barry TWOHIG	St. Finbarrs A.C.	M35	3
328	27:07	Niall SHANAHAN	An Bru A.C.	M35	4
308	27:12	Kevin MOORE	Mullingar Harriers A.C.	M35	5
247	27:22	John BLACK	North Belfast Harriers	M35	6
321	27:35	David POWER	Rathfarnham W.S.A.F. A.C.	M35	7
257	27:40	Donal COAKLEY	Glanmire A.C.	M35	8
266	27:45	Alan DUNNE	Swinford A.C.	M35	9
313	27:53	Niall O'CALLAGHAN	West Limerick A.C.	M35	10
281	28:39	Michael HERLIHY	North Cork A.C.	M35	11
294	28:48	Karol MAKAREWICZ	An Ríocht A.C.	M35	12
288	28:58	David KIRWIN	Raheny Shamrock A.C.	M35	13
271	29:17	Paul FLEMING	Rathfarnham W.S.A.F. A.C.	M35	14
262	30:43	Patrick CULLETON	United Striders A.C.	M35	15

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305	26:43	Emmet MCNAMARA	Fethard A.C.	M40	2
273	26:51	Pierce GEOGHEGAN	Liffey Valley A.C.	M40	3
306	27:06	Kevin MINNOCK	Tullamore Harriers A.C.	M40	4
309	27:26	Dan MORRIS	Mullingar Harriers A.C.	M40	5
265	27:48	Barry DONOVAN	Cork Track Club A.C.	M40	6
277	27:49	Dermot GORMAN	Carrick-on-Suir A.C.	M40	7
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270	29:53	Marc FITZACHARY	Rathfarnham W.S.A.F. A.C.	M40	14
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287	31:22	Des KENNEDY	Croghan A.C.	M40	16
335	35:17	Tony TONER	Tafeltna A.C.	M40	17

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280	28:51	James HAYES	Cork Track Club A.C.	M45	6
279	29:05	Michael HARRINGTON	Durrus A.C.	M45	7
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289	29:16	Karl LENIHAN	West Limerick A.C.	M50	3
250	29:33	Dessie BURKE	West Sligo A.C.	M50	4
331	29:55	Niall SHERLOCK	Clonliffe Harriers A.C.	M50	5
290	29:57	Greg LUNDON	South Galway A.C.	M50	6
297	30:03	Ciaran MCCARTHY	Raheny Shamrock A.C.	M50	7
261	32:11	Michael COUNSEL	Raheny Shamrock A.C.	M50	8
314	33:10	Pat O'CALLAGHAN	United Striders A.C.	M50	9
320	35:43	Michael PENROSE	Finn Valley A.C.	M50	10

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299	30:36	Ian MCCONKEY	Raheny Shamrock A.C.	M55	2
264	30:42	Anthony DOHERTY	Milford A.C.	M55	3
310	30:54	Gareth MURRAN	Sportsworld A.C.	M55	4
327	31:08	John SCOTT	Longford A.C.	M55	5
300	31:18	Sean MCCREERY	Rathfarnham W.S.A.F. A.C.	M55	6
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251	35:29	Aengus BURKE	Portlaoise A.C.	M55	11

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326	31:34	Shane RYAN	Dooneen A.C.	M60	2
276	31:55	Phelim GLYNN	Dunboyne A.C.	M60	3
295	32:32	Kenny MCANDREW	Metro/St. Brigids A.C.	M60	4
283	32:35	Derek HUNTER	Sligo A.C.	M60	5
311	32:50	Eddie NEWMAN	Mullingar Harriers A.C.	M60	6
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274	35:04	Anthony GILLEN	Sportsworld A.C.	M60	9
316	35:06	Willie O'DONOGHUE	Mooreabbey Milers A.C.	M60	10
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254	35:56	Bill CARTY	Sligo A.C.	M60	12