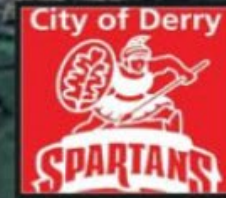


NATIONAL SENIOR, U23, JUNIOR & EVEN AGE CROSS COUNTRY CHAMPIONSHIPS 2025



Templemore Sports Complex
Buncrana Road, Derry, BT487QL

RACE	CATEGORY	DISTANCE	LAP 1000m	LAP 1500m
1	GIRLS U12	2000m	2	
2	BOYS U12	2000m	2	
3	GIRLS U14	3000m		2
4	BOYS U14	3000m		2
5	GIRLS U16	4000m	1	2
6	BOYS U16	4000m	1	2
7	GIRLS U18/U20	4500m		3
8	BOYS U18/U20	4500m		3
9	WOMEN U23 & WOMEN SENIOR	7500m		5
10	MEN U23 & MEN SENIOR	7500m		5

Key:

- : Start
- : Finish:
- : 1000m Lap
- : 1500m Lap

Check-in, Shower Facilities
(In main complex within 200m of start line)