

| ID  | Time  | Athlete Name        | Team Name                   | Position |
|-----|-------|---------------------|-----------------------------|----------|
| 158 | 15:39 | Emma HICKEY         | United Striders A.C.        | 1        |
| 163 | 16:30 | Abby SMITH          | Shercock A.C.               | 2        |
| 162 | 16:40 | Leia RYAN           | Metro/St. Brigids A.C.      | 3        |
| 165 | 17:06 | Saoirse TWOMEY      | West Muskerry A.C.          | 4        |
| 168 | 17:12 | Emma MCLENNAN       | Scotland                    | 5        |
| 161 | 17:14 | Abigail O'REGAN     | St. Senans A.C.             | 6        |
| 171 | 17:15 | India FROST         | England                     | 7        |
| 156 | 17:15 | Caoimhe FLANNERY    | Skibbereen A.C.             | 8        |
| 160 | 17:18 | Clodagh O'CALLAGHAN | Kilkenny City Harriers A.C. | 9        |
| 153 | 17:19 | Eimear COONEY       | Ace Athletics Club          | 10       |
| 159 | 17:37 | Pia LANGTON         | Kilkenny City Harriers A.C. | 11       |
| 167 | 18:02 | Maisie TRUEMAN      | England                     | 12       |
| 152 | 18:18 | Julie CLEARY        | Donore Harriers A.C.        | 13       |
| 169 | 19:07 | Freya PERRY         | England                     | 14       |
| 164 | 20:18 | Ellen TRENCH        | Claremorris A.C.            | 15       |
| 150 | 20:39 | Sarah BURKE         | Lusk A.C.                   | 16       |
| 157 | 22:31 | Ashley GUINAN       | Lusk A.C.                   | 17       |
| 170 |       | Abbe CLARK          | England                     | DNS      |
| 155 |       | Eva DIVER           | Beechmount Harriers A.C.    | DNF      |
| 166 |       | Eimee WALLACE       | Mullingar Harriers A.C.     | DNF      |