

Irish Schools' Athletic Association

Cumann Luthchleas Scoileanna na hEireann



Handbook 2026

Index

Irish Schools Athletic Association Executive	Page 3
Constitution	Page 4
Rules of Competition	Page 8
- Age Categories	Page 8
- Anti-Doping	Page 8
- Dress Code	Page 8
- Organisation	Page 8
- Additional Entries	Page 9
- SIAB International Selection	Page 9
- Tailteann Selection	Page 9
Cross Country Championships	Page 10
• Date	Page 10
• Distances	Page 10
• The Course	Page 10
• Teams	Page 10
• Rules	Page 11
• Entries	Page 11
• Substitutions	Page 11
• Additional Entries	Page 11
• Numbers	Page 11
• Protests	Page 11
• Jury of Appeal	Page 11
• Results / Trophies	Page 12
Track & Field Championships	
• Date & Venue	Page 13
• Programme	Page 13
• Girls Events & Boys Events	Page 13
• Hurdle Specifications	Page 13
• Steeplechase Specifications	Page 13
• Conduct of Events	Page 15
• Starting Heights	Page 15
• Additional Information	Page 15/16
Tailteann Interprovincial	
• All Information	Page 18/19
Combined Events	
• All Information	Page 20/21

Irish Schools' Athletic Association

PRESIDENT:	Mr. Billy Delaney	
DEPUTY PRESIDENT	Ms. Mary Barret	
VICE PRESIDENTS:	Mrs. Mary Ashe Mr. Bill Hyland Fr. Barney King, SM Fr Ailbe O'Murchu Mr. PJ Leddy Mr. George Barclay	Mr. Padraig Callaghan Mr. George Barclay Mr. Graham Moffett Mr. John Shields Mr. Derek Clements Mr. Philip Conway
NATIONAL CHILDREN'S OFFICER:	Ms. Lynda Greer	
FINANCIAL DIRECTOR:	Mr. Ronan O'Sullivan	
COMPETITIONS DIRECTOR:	Ms. Karen Kirk	
INT. COMPETITIONS DIRECTOR:	Ms. Gemma Thompson	
MARKETING DIRECTOR:	Mr. Denis O'Sullivan	
ADMINISTRATIVE DIRECTOR:	Mr. Anthony White	

Irish Schools' Athletic Association

CONSTITUTION

1. Title:

Irish Schools' Athletic Association

Cumann Luthchleas Scoileanna na hEireann.

2. Objectives:

2.1 To promote and encourage track and field athletics, including race-walking and cross-country running in Post Primary schools.

2.2 That the ISAA upholds the fundamental principle that the welfare of the child is paramount and that all structures, systems, rules and procedures are based on that premise.

2.3 That the ISAA favours an ethical approach to sport and the promotion of good practice and fair play in schools athletics.

The ISAA ensures that all participating schools are affiliated to it;

- that all provincial associations abide by its rules;
- that all affiliated schools abide by the rules and regulations of the ISAA;
- that in the selection of staff, both paid and voluntary, proper selection procedures will be put in place;
- that the ISAA abides by the principle that if a complaint is made against a committee member or staff or coach, s/he should stand down while the complaint is being examined;
- that the roles and responsibilities of teachers connected with schools athletics are clearly defined;
- that proper disciplinary, complaints and appeals procedures are in place and adhered to by all;
- that a register of all teachers involved in schools athletics is kept.

3. Membership:

The Association is the governing body for Post-Primary Schools athletics in Ireland and as such is the controlling body of schools athletics. It is made up of the provincial associations in Connacht, Leinster, Munster and Ulster.

4. A.G.M:

The Annual General Meeting shall be called not later than the first Friday in January, each year, and shall:

1. Elect the officers.
2. Receive the Executive's report on the year's work.
3. Receive the audited financial statement.
4. Consider amendments to the Constitution.
5. Discuss any other business relevant to the work of the Association.

Amendments to the Constitution can be made only by a two-thirds majority of the Annual General Meeting. Notice of proposed Amendments shall be submitted in writing to the Administrative Director not later than 1st December.

5. Management:

This shall be vested in the officers of the Association as designated below. They shall be elected at the A.G.M. to which each Provincial Association shall be entitled to send five representatives.

Officers shall be elected for one year, but shall be eligible for re-election. They shall not be elected en bloc, and shall have limited terms of office.

The officers shall have power to act in an emergency not provided for in the rules.

The A.G.M. shall set up such sub-committees as are deemed necessary.

When electing the officers, each delegate or officer present at the A.G.M. shall have one vote, and the President shall have a casting vote. When deciding other matters, each Province shall have one vote, and the President shall have a casting vote.

6. Trustees:

Three trustees may be elected at the Annual General Meeting. No person shall be entitled to stand for election as both an officer and a trustee and no person may hold an office and be a trustee at the same time. Retirement from teaching shall not be a bar from being

elected as a trustee. The trustees shall hold office until their retirement or removal from office. Any trustee may be removed from office by a vote of 2/3 (two thirds) of the delegates present at a General Meeting. (N.B. Changes in the trustees may require a Deed of Appointment of new trustees.)

7. Officers:

7(i) The officers of the Association shall be President, Deputy President, Vice-Presidents, Financial Director, Competitions Director, International Competitions Director, National Children's Officer, Marketing/PRO Director and one representative from the Executive of each of the provinces which are not already represented. These officers in addition to any person nominated under article 7(iv) shall form the Executive Committee. Trustees may also be appointed to control the Association's capital.

7(ii) The President, Deputy Presidents and Trustees may if re-elected serve for more than one term of office. The other officers should normally serve for four consecutive terms of office. However, each of these officers may be elected for a second four consecutive terms.

7(iii) The Vice-Presidency is intended to keep the Executive in touch with the expertise of the senior members. Retirement from teaching shall not be a bar to office.

7(iv) In the event of a Province not being represented among the officers below the rank of Deputy President, such Province is entitled to nominate one person to the Executive Committee.

7(v) The Administrative Director shall be appointed by a representative from Athletics Ireland, the President of the ISAA and an independent body agreed by both parties.

S/he shall attend all Executive Committee and General meetings but shall not have a vote at such meetings.

8. Meetings:

All meetings shall be convened by the Administrative Director, and each representative entitled to be present shall receive fourteen days notice of such meetings, together with a statement of the business to be transacted. An extraordinary general meeting may be called by the officers, or within twenty-eight days of the receipt of a written requisition for such a meeting by a Provincial Committee. This written requisition is to be accompanied by a copy of the proposals to be submitted at such a meeting.

9. Quorum:

Twelve shall be the quorum at the A.G.M., and at all General Meetings. Four shall be the quorum at Executive Committee Meetings.

10. Finance:

The Trustees shall control all assets and all capital sums accruing to the Association, and the officers shall control all other moneys accruing to the Association, and shall allocate such funds for the furtherance of its aims. The total affiliation fee will go directly to the I.S.S.A as agreed at the 2015 AGM. Each Provincial Council shall pay an annual subscription to the Association by June 1st each year, the amount of such to be fixed at the A.G.M. As per the 2023 AGM, the Affiliation fee is €120.00 per school.

11. Anti-Doping:

The Association is bound by the IAAF Rules on control of drug abuse. Please view Sport Irelands Anti-Doping Rules for more information on the matter and testing procedure. A Minor may not participate in sport unless a parent or guardian of that Minor has consented to the Testing of the Minor. For the purposes of these Rules, such consent shall be deemed from the fact that the Minor has been permitted by his or her parent or guardian to participate in the sport in question.

12. Code of Ethics and Good Practice for Children's Sport

The ISAA agrees to be bound by the Athletics Ireland Child Protection Guidelines and the Child Protection Guidelines in Ireland. The ISAA is fully committed to safeguarding the wellbeing of all of its participants and volunteers. Every individual in the Association should at all times show respect and understanding for participants and volunteers rights, consider the safety and welfare of each athlete and conduct himself or herself in a manner that reflects the principles of the ISAA and the guidelines contained in the Athletics Ireland Code of Ethics and Good Practice for Children's Sport and the Child Protection Guidelines in Ireland.

13. Irish Schools Athlete of the Year

The Irish Schools athlete of the year will be nominated by their respective Provinces and selected by the Irish Schools Executive Committee. The selection will be a Senior Girl or Boy in that year.

RULES OF COMPETITION

GENERAL

1. RULES:

The I.A.A.F. Rule-book shall be used unless otherwise stated. In the event of any conflict between the rules of the I.A.A.F. and the rules set out herein, these rules shall have precedence.

2. AGE CATEGORIES

Age groups for boys and girls shall be as follows:

Minor	Under 14 on 1st July in the year of competition
Junior:	Under 15 on 1st July in the year of competition
Intermediate:	Under 17 on 1st July in the year of competition
Senior:	Under 19 on 1st January in the year of competition

Schools International Athletic Board – Age Categories

- **Junior:** Under 15 years of age on 1st September in the year of competition
- **Intermediate:** Under 17 years of age on 1st September in the year of competition

3. ANTI-DOPING:

The Association is bound by the IAAF Rules on control of drug abuse. Please view Sport Irelands Anti-Doping Rules for more information on the matter and testing procedure. A Minor may not participate in sport unless a parent or guardian of that Minor has consented to the Testing of the Minor. For the purposes of these Rules, such consent shall be deemed from the fact that the Minor has been permitted by his or her parent or guardian to participate in the sport in question.

4. DRESS:

Acceptable dress is a white or plain singlet, or a school singlet. Club singlets, International singlets, fancy T-shirts or unacceptable logos may not be worn. No Ipods or any other communication device may be used.

5. ORGANISATION:

The Irish Schools' Athletic Association is the governing body for schools' athletics on the island. All decisions made at the Annual General Meeting of the Irish Schools' Athletic Association shall apply to all its activities, including regions/districts and provinces.

The island shall be divided into regions/districts. There shall be 14 regions/districts as follows:

Connacht:	North Connacht and South Connacht.
Leinster:	North Leinster, South Leinster, East Leinster, West Leinster.
Munster:	North Munster, South Munster, East Munster.
Ulster:	A District, B District, C District, D District, E District.

Qualification from each region/district for cross country and track & field should be based on the number of regions/districts in a province and should include as many as is practical. Each Region/District shall have an executive committee made up of at least a Chairman, Secretary, and Treasurer. No one person may occupy more than one position on the committee. Each Region/District shall hold an Annual General Meeting at which the business of the region/district shall be discussed, this meeting should be held not later than the last Friday in October.

The financial statement of the region/district shall be presented at the meeting and sent on to the provincial treasurer who in turn must send a copy to the Administrative Director of the I.S.A.A on or before the 31st October of that year.

Each Province shall have an executive committee elected each year at the Annual General Meeting of the province. Each Province shall have an executive committee made up of at least a Chairman, Secretary, and Treasurer. No one person may occupy more than one position on the committee. Each Province shall have a Child Welfare Officer elected at the AGM. The financial statement of the province shall be presented at the meeting and sent on to the ISAA Administrative Director on or before the 5th December.

Additional Entries

Each Province will make a decision on any 'bye' and inform the Administrative Director of the decision. The athlete must have competed in either Zone / District or Provincial Championship to qualify at any capacity to compete with a 'bye'.

The athlete must apply through his/her school with a signed letter (school headed paper) by the Principal of his/her school requesting the reasons as to why his/her athlete should gain access to the All-Ireland Championships. The Provincial Executive will consider this request and the school (Principal and Athletics Teacher) will be informed via email/phone call after the Executive meeting. Main criteria for consideration are outlined below.

- International competition with selection by National Governing body
- Sitting a State Examination
- Family Bereavement

Cross Country Championships

1. DATE:

The All-Ireland Cross Country Championships shall be held on a date in March approved a year in advance by the Irish A.G.M. The championships, where possible, shall be hosted by each Province in turn and shall start at 12.00Noon. Where possible the championships shall be held in conjunction with the Universities' Championships and at a venue approved by both associations.

The provincial championships will be held at least two weeks prior to the All-Ireland Championships and each Region/District shall hold their championships before the provincial, preferably two weeks before the provincial.

2. DISTANCES

The distances for the All-Ireland shall be as follows:

Minor Girls	2,000m	Minor Boys	2,500m
Junior Girls	2,500m	Junior Boys	3,500m
Intermediate Girls	3,500m	Intermediate Boys	5,000m
Senior Girls	3,500m	Senior Boys	6,000m

The distances for the provinces and regions/districts may be slightly less but should still be recognised cross country distances.

3. THE COURSE

The following are the recommended procedures:

1. The course should be marked with ropes or tapes. It is advisable to tape all parts of the course on the inside.
2. A start-line of adequate width should be roped into pens, one for each team, and at least four for individual runners. In the All-Ireland Championships there shall be two pens per province for the individual runners.
3. There should be a clear run of at least 200 metres before any turn or obstruction at the start.
4. There should be at least a 200m clear run into the finish.
5. The finishing-funnel should be adequate for a race of 200 runners finishing close together. The funnel should be doubled if necessary.
6. A minimum of 6 stewards should be at the finish line to ensure that good order is maintained.

4. TEAMS:

In the Minor, Junior, Intermediate and Senior a Boys' team consists of up to eight runners, of whom the first four shall count.

In the Minor, Junior, Intermediate and Senior a Girls' team consists of up to eight runners, of whom the first three shall count.

5. RULES

1. Athletes must run in their own age-group except in the team event where **one athlete** from the age group immediately below may complete a team.
2. No athlete may run in more than one race.
3. In the event of a tie in the team competition, the last scoring runner who finishes nearer the first place shall determine the result.

6. ENTRIES:

For the All-Ireland each Province may nominate the following for each Race:

- (a) The first three teams in the Provincial Championship;
- (b) Any runner who finished in the first fifteen in the Provincial Championship.

In the Provincial and Region/District Championships a similar qualification system should be put in place to maximise the numbers taking part.

Qualification from each Region/District for Cross Country should be based on the number of Regions/Districts in a province and should include as many as is practical.

(2025 AGM Update) “That open entry will be permitted for Individual Senior athletes only in Cross-Country at Provincial Championships provided they are entered at zone /district level”

7. SUBSTITUTIONS:

- (a) A school may make substitutions within its own team.
- (b) Only a Province may substitute for an entire team.
- (c) Substitutions should be handed to the organisers in writing at least one hour before the start of the race.

8. ADDITIONAL ENTRIES:

Each Province will make a decision on any ‘bye’ and inform the Administrative Director of the decision. The athlete must have competed in either Zone / District or Provincial Championship to qualify at any capacity to compete with a ‘bye’.

The athlete must apply through his/her school with a signed letter (school headed paper) by the Principal of his/her school requesting the reasons as to why his/her athlete should gain access to the All-Ireland Championships. The Provincial Executive will consider this request and the school (Principal and Athletics Teacher) will be informed via email/phone call after the Executive meeting. Main criteria for consideration are outlined below.

- International competition with selection by National Governing body
- Sitting a State Examination
- Family Bereavement

9. NUMBERS:

Each athlete must wear on their front the number provided, secured by four safety-pins.

10. PROTESTS:

All protests must be made verbally by a school representative or an official of the province or Region/District before the presentation of medals and then in writing within 30 minutes of the end of the specific event. Schools should be told of this procedure in advance by the Secretaries.

11. JURY OF APPEAL:

In the All-Ireland if either party engaged in dealing with a protest is dissatisfied, the matter shall be referred to a Jury of Appeal, consisting of one representative of each Province and the President of the ISAA. The decision of the Jury of Appeal shall be final.

12. RESULTS:

The organisers should make every effort to provide a full set of results for distribution on the day of the Championships.

13. TROPHIES:

In the All-Ireland the winning team in each race receives a trophy. Medals are awarded to the first three teams and the first six individuals.

The *Brother Clarke Trophy* is awarded to the Boys' team with the lowest score.

The *Maeve Kyle Trophy* is awarded to the Girls' team with the lowest score.

Each Province may award trophies to the winning teams in their provincial championships.

Cross Country Trophies

1. Minor Girls Team
2. Minor Boys Team
3. Junior Girls Team
4. Junior Boys Team
5. Intermediate Girls Team
6. Intermediate Boys Team
7. Senior Girls Team
8. Senior Boys Team

14. SIAB International Cross Country Selection Criteria

First 10 athletes across the line at the All Ireland Schools Cross Country in that current year who are within the correct SIAB Age Category at Junior & Intermediate Age Categories only will be selected.

(NB. In 2019 SIAB introduced a (4x1500m mixed relay) and as a result the first 10 athletes at Junior and Intermediate level with the correct age will be selected.

Schools International Athletic Board – Age Categories

- **Junior:** Under 15 years of age on 1st September in the year of competition
- **Intermediate:** Under 17 years of age on 1st September in the year of competition

Track & Field Championships

1. DATE AND VENUE:

The All-Ireland Championships should be held on a date to be approved a year in advance by the Irish A.G.M. The date will normally be the Friday & Saturday immediately before the Certificate Examinations in the Republic of Ireland. With the addition to having a number of events on the Friday evening.

The Provincial Championships should normally be held two weeks before this date and the Region/District Championships should be held two weeks before the provincial championships.

2. PROGRAMME OF EVENTS:

The provisional timetable for the Championships will be circulated on the day of the Cross-Country Championships.

Each province should circulate to each affiliated school a timetable at least one month before their championships.

3. The events shall be:

Girls:

- **Minor:** 75m Hurdles, 100m, 800m, Long Jump, Shot (2.72kg), High Jump, 4x100m Relay
- **Junior:** 100m 200m 800m 1500m 4 x 100m Relay 75m Hurdles High Jump Long Jump Triple Jump Pole Vault Shot (2.72Kg) Discus (0.75kg) Javelin (400g) Hammer(2.5g) 1200m Walk
- **Under 16:** 1 mile
- **Intermediate:** 100m 200m 300m 800m 1500m 3000m 1500m Steeplechase 80m Hurdles 4 x 100m Relay 300m Hurdles High Jump Long Jump Triple Jump Pole Vault Shot (3Kg) Discus (1Kg) Javelin (500g) Hammer (3kg) 2000m Walk.
- **Senior:** 100m 200m 400m 800m 1500m 3000m 1500m Steeplechase 100m Hurdles 400m Hurdles 4 x 100m Relay, 4 x 300m Relay, High Jump Long Jump Triple Jump Pole Vault Shot (4Kg) Discus (1Kg) Javelin (600g) Hammer (4Kg) 3000m Walk.

Boys:

- **Minor:** 75m Hurdles, 100m, 800m, Long Jump, Shot (3.00kg), High Jump, 4 x 100m Relay

- **Junior:** 100m 200m 800m 1500m 80m Hurdles 4 x 100m Relay High Jump Long Jump Triple Jump Pole Vault Shot(4Kg) Discus(1Kg) Javelin(600g) Hammer(4Kg) 1200m Walk.
- **Under 16:** 1 mile
- **Intermediate:** 100m 200m 400m 800m 1500m 3000m 1500m Steeplechase 100m Hurdles 400m Hurdles 4 x 100m Relay High Jump Long Jump Triple Jump Pole Vault Shot(5Kg) Discus(1.5Kg) Javelin (700g) Hammer (5Kg) 2000m Walk.
- **Senior:** 100m 200m 400m 800m 1500m 5000m 2000m Steeplechase 110m Hurdles 400m Hurdles 4 x 100m Relay, 4 x 400m Relay, High Jump Long Jump Triple Jump Shot(6Kg) Discus(1.75Kg) Javelin (800g) Pole Vault Hammer (6Kg) 3000m Walk.

3. SPECIFICATIONS:

HURDLES:

	DISTANCE	HEIGHT	NO.APROACH	INTERVAL	RUN-IN
BOYS	Minor 75m	76.2cm	8 11.50m	7.50m	11.00m
	Junior 80m	83.8cm	8 12.00m	8.00m	12.00m
	Inter 100m	91.4cm	10 13.00m	8.5m	10.5m
		400m 83.8cm	10 45.00m	35.00m	40.00m
	Senior 110m	99.0cm	10 13.72m	9.14m	14.02m
		400m 91.4cm	10 45.00m	35.00m	40.00m
GIRLS	Minor 75m	68.6cm	8 11.50m	7.50m	11.00m
	Junior 75m	76.2cm	8 11.50m	7.50m	11.00m
	Inter 80m	76.2cm	8 12.00m	8.00m	12.00m
		300m 76.2cm	7 50.00m	35.00m	40.00m
	Senior 100m	83.8cm	10 13.00m	8.5m	10.5m
		400m 76.2cm	10 45.00m	35.00m	40.00m

STEEPLECHASE: 2000m: There shall be 18 hurdles and 5 waterjumps

1500m: There shall be 13 hurdles and 3 waterjumps

The Girls' Steeplechase shall have barriers of 2'6".

The Inter Boys' Steeplechase shall have barriers of 2'9". Senior Boys have barriers of 3".

PROVINCIAL & IRISH SCHOOLS COMPETITIONS 2017-2018

Gender	Age Group	SHOT	DISCUS	JAVELIN	HAMMER
BOYS	MINOR (u/14)	3.00kg	0.75kg	500g	n/a
	JUNIOR (u/15)	4.00kg	1.00kg	600g	4.00kg
	INTER (u/17)	5.00kg	1.50kg	700g	5.00kg
	SENIOR (U/19)	6.00kg	1.75kg	800g	6.00kg
Gender	Age Group	SHOT	DISCUS	JAVELIN	HAMMER
GIRLS	MINOR (u/14)	2.72kg	0.75kg	400g	n/a
	JUNIOR (u/15)	2.72kg	0.75kg	400g	2.50kg

INTER (u/17)	3.00kg	1.00kg	500g	3.00kg
SENIOR (U/19)	4.00kg	1.00kg	600g	4.00kg

4. CONDUCT OF EVENTS:

Athletes are required to check-in 15 minutes before the designated time for their event. Failure to do so may mean that the athlete may not be allowed to participate in the event. Athletes reporting late in throwing or jumping events shall be allowed only whatever trials remain for the other athletes.

In the All-Ireland the 800 metre events will be run in lanes for the first bend.

In Throwing or Jumping for Distance, each competitor shall have three attempts, and the best six competitors two more attempts in the All-Ireland. The final two attempts shall be in reverse order to the position of the final six athletes after their first 3 throws.

Personal throwing-implements must be submitted to the organisers beforehand for weighing and inspection.

The Rule for Starting will be Rule 162 of the old IAAF Handbook. In the High Jump, the bar shall be raised by 5cm twice and thereafter by increments agreed by the Chief Judge. The Pole Vault bar shall be raised by 20cm twice thereafter increments agreed by the Chief Judge.

STARTING HEIGHTS:

	Girls' HJ	Boys' HJ	Boys' PV	Girls' PV
Minor	1.30m	1.40m	N/A	N/A
Junior	1.40m	1.50m	2.30m	1.80m
Intermediate	1.45m	1.60m	2.90m	1.90m
Senior	1.45m	1.65m	3.00m	2.10m

N.B. Rule 182 s10 and Rule 183 s12 of the I.A.A.F. Handbook 2014-15, referring to specifications for international competition landing mats for High Jump and Pole Vault shall not apply. Officials shall ensure that landing mats in these events shall be adequate for the age and standard of the competitors.

5. ENTRIES:

In the All-Ireland each Province may nominate THREE competitors in each event, except for track events of 400m or less, in which TWO may be entered, they must have competed in their Provincial Championships. An athlete may be allowed to compete for their school in two relays, the 4 x 100 and the 4 x 300/400 at the schools' championships.

6. ADDITIONAL ENTRIES:

Each Province will make a decision on any 'bye' and inform the Administrative Director of the decision. The athlete must have competed in either Zone / District or Provincial Championship to qualify at any capacity to compete with a 'bye'. This may not be possible due to lane restrictions.

The athlete must apply through his/her school with a signed letter (school headed paper) by the Principle of his/her school requesting the reasons as to why his/her athlete should gain access to the All-Ireland Championships. The Provincial Executive will consider this request and the school (Principal and Athletics Teacher) will be informed via email/phone call after the Executive meeting.

Main criteria for consideration are outlined below.

- International competition with selection by National Governing body
- Sitting a State Examination
- Family Bereavement

7. RELAY ENTRIES: The names of each Relay team in the order of running shall be handed to the Marksman before the start of each race.

8. RESTRICTIONS:

- (a) No competitor may compete in more than two events, plus one Relay, however An athlete may be allowed to compete for their school in two relays, the 4 x 100 and the 4 x 300/400 at the schools' championships.
- (b) No School may have more than two competitors in any event.
- (c) Each competitor must compete in their own age-group except in the Relay where one athlete from the age group immediately below may complete a team.
- (d) In the Minor and Junior age groups an athlete may not compete in two middle distance events.
- (e) (2025 AGM Update) All athletes, at all grades in triple jump, must be assessed as competent by the officials, all attempts must be from the 7 meter board/marker or further. No restriction to the length of the run-up will be imposed.

9. NUMBERS:

Each athlete must wear the correct number, secured by four safety-pins. The fourth runner in each relay must wear a number front and back.

10. SUBSTITUTIONS:

In the All-Ireland these may be submitted only by the Provincial Secretary to the Director of the Meeting. The substitute athlete, where eligible, will receive a special number.

In the Provincial Championships these may be submitted only by the Region/District Secretary to the Director of the Meeting. The substitute athlete, where eligible, will receive a special number.

11. SCORING

Scoring in all events:

1st 9 pts., 2nd 7pts., 3rd 6pts., 4th 5pts., 5th 4pts., 6th 3pts., 7th 2pts., 8th 1pt.

12. PROTESTS

In the All-Ireland all protests must be made verbally by a school representative or an official of the province before the presentation of medals and then in writing within 30 minutes of the end of the specific event. Schools should be told of this procedure in advance by the Provincial Secretaries.

13. JURY OF APPEAL:

If either party engaged in dealing with a protest is dissatisfied, the matter shall be referred to a Jury of Appeal, consisting of one representative of each Province and the President of the ISAA. The decision of the Jury of Appeal shall be final.

10. MEDALS

Medals shall be awarded to the first three in each event.

11. TROPHIES

In the All-Ireland trophies are awarded:

To the winning school in each age group and to the runner-up in the Senior Boys' event to the winning team in each Relay; to the winners of the following events:

Senior Boys' 1500m, 5000m, Shot, Discus, Pole Vault, High Jump and Hammer.

Senior Girls' 100m, 1500m, Discus, Best Performance in the Long Jump and Sprint Hurdles.

Intermediate Boys' Shot and Pole Vault.

List of 33 trophies

1. College of Science Cup (Senior Boys'):
2. The President's Shield (Senior Boys'):
3. Intermediate Boys' Shield:
4. Junior Boys' Shield:
5. Minor Boy's Shield:
6. Senior Girls' Cup:
7. Intermediate Girls' Cup:
8. Junior Girls' Cup:
9. Minor Girls' Shield
10. Senior Boys' Relay:
11. Senior Girls' Relay:
12. Inter Boys' Relay:
13. Inter Girls' Relay:
14. Junior Boys' Relay:
15. Junior Girls' Relay:
16. Darcy Chillingworth Cup: (Senior Boys' 5000m)
17. Mary Doyle Cup: (Senior Girls' 100m)
18. Thomas P. Dowdall Trophy: (Senior Boys' Shot)
19. Hugo Flynn Trophy: (Inter Boys' Shot)
20. Fr. Michael Lavelle Shield: (Senior Boys' Pole Vault)
21. Mick Quinn Shield: (Senior Boys' Discus)
22. Fr. King Shield: (Long Jump, Girls')
23. IMC Cup: (Senior Girls' 1500m)
24. Brendan O'Reilly Cup: (Senior Boys' High Jump)
25. Ned & Mary O'Brien Trophy (Senior Girls' Discus)
26. I.A.C. Shield (Inter Boys' Triple Jump)
27. Philip Conway Shield
28. Michael Leydon Cup
29. Sean Naughton Cup

30. Dr. Cyril White 1896 Olympic Trophy
31. Lar Byrne Memorial Trophy
32. Robert Stevenson Trophy (u16 Boys Mile)
33. Senior Girls Triple Jump
34. Michael Hunt Trophy (1,500m closest to record)

Rules of Competition for the Tailteann Interprovincial

1. ENTRIES:

This is a competition for boys and girls Under 17 years of age on 1st September in the year of competition. It is an Interprovincial competition. No Minor may compete in the Tailteann Games. A Junior Athlete maybe considered for selection if born in July or August of that year. Each Province may nominate THREE competitors in each event, except for track events of 400m or less, in which TWO may be entered.

2. EVENTS:

Girls' - Inter: 100m 200m 300m 800m 1500m 3000m 1500m Steeplechase 80m Hurdles 4 x 100m Relay, 4x300m Relay 300m Hurdles High Jump Long Jump Triple Jump Pole Vault Shot (4Kg) Discus (1Kg) Javelin (600g) Hammer(4kg) 2000m Walk.

Boys' - Inter: 100m 200m 400m 800m 1500m 3000m 1500m Steeplechase 100m Hurdles 400m Hurdles 4 x 100m Relay 4x400m Relay High Jump Long Jump Triple Jump Shot(5Kg) Discus(1.5Kg) Javelin (700g) Pole Vault Hammer (5Kg) 2000m Walk.

3. SPECIFICATIONS:

HURDLES:

	DISTANCE	HEIGHT	NO.	APPROACH	INTERVAL	RUN-IN
BOYS	100m	91.4cm	10	13.00m	8.5m	10.5m
	400m	83.8cm	10	45.00m	35.00m	40.00m
GIRLS	80m	76.2cm	8	12.00m	8.00m	12.00m
	300m	76.2cm	7	50.00m	35.00m	40.00m

STEEPLECHASE: 1500m: There shall be 13 hurdles and 3 water jump

WEIGHTS:	<u>SHOT</u>	<u>DISCUS</u>	<u>JAVELIN</u>	<u>HAMMER</u>
BOYS	Inter. 5.00kg	1.50kg	700g	5.00kg
GIRLS	Inter. 3.00kg	1.00kg	500g	3.00kg

4. CONDUCT OF EVENTS:

The Rules applying are as for the Track & Field event except the following:
In Throwing or Jumping for Distance, each competitor shall have five attempts.

5. STARTING HEIGHTS:

Girls' High Jump	Boys' High Jump	Boys' PV	Girls' PV
1.45m	1.60m	2.90m	1.90m

6. Tailteann Selection:

Each Provincial Executive will select their team from their Provincial results in that current year.

7. TROPHIES:

The following Trophies will be awarded after the event: Fr. Lonergan Trophy - for the best boy and girl athlete competing at the Interprovincial.

1. Michael Farnan Memorial Trophy – to the best boy or girl in the Long Jump event.
2. Harold Osborn Trophy - to the best boy or girl in the High Jump event.
3. Jack Sweeney Memorial Trophy - to the best boy or girl in 1500m event
4. Roisin O'Callaghan Memorial Trophy - to the best boy or girl in the walks event.

12. SIAB International Track & Field Selection Criteria

The selection committee will consist of one representative from each province, the President of the ISAA and the Administrative Director. Two athletes in each event in track and field will be selected.

All athletes will be selected based on their performance at the Tailteann Interprovincial Games only in that current year with the first two athletes available selected in each event. The selection of under 15 athletes by their Province may only be allowed if the athlete has their 15th birthday in July or August on that year.

The publishing of selected athletes (Selection Announcement) on Athletics Ireland website after a selection meeting will be deemed the commencement of the 24 - hour period to lodge – A Selection Appeals in accord with this Selection Policy.

Appeals:

Any athlete who is not selected in accordance with this Selection Policy may appeal their non-selection to ISAA providing they: Have submitted their appeal to the Administrative Director of the ISAA in accordance with timelines contained in this Selection Policy (24 Hour window - Post announcement of the team)

The grounds upon which a Selection decision may be appealed are limited to the following:
There has been an alleged failure by Selection Panel to follow or apply the relevant

Selection Procedure and/or criteria set out in the Selection Policy, and/or The decision for selection for the championship has been reached based on an error of fact.

Guest Athletes:

No guest athletes maybe allowed compete at the Tailteann Games.

Rules of Competition for the Schools' Combined Events

1. ENTRIES:

This is a competition for boys and girls Under 14, 15, 17 years of age on 1st July and Under 19 on 1st January in the year of competition. Competitors must compete in their own age-group; Each Province may nominate four competitors in each age-group.

2. EVENTS:

Girls:	Minor:	60m Hurdles, High Jump, Shot, Long Jump, 800m
	Junior:	60m Hurdles, High Jump, Shot, Long Jump, 800m
	Intermediate:	60m Hurdles, High Jump, Shot, Long Jump, 800m
	Senior:	60m Hurdles, High Jump, Shot, Long Jump, 800m
Boys:	Minor:	60m Hurdles, Long Jump, Shot, 200m, 800m
	Junior:	60m Hurdles, Long Jump, Shot, 200m, 800m
	Intermediate:	60m Hurdles, Long Jump, Shot, 200m, 800m
	Senior:	60m Hurdles, Long Jump, Shot, 200m, 800m

ORDER OF EVENTS:

Where possible, all age-group competitions will begin with the sprint hurdles races. All age-group competitions will end with the 800m races. Where possible, two throwing events or two jumping events will not be held in succession.

WEIGHTS:	SHOT		SHOT	
	BOYS	Minor 3.00kg	GIRLS	Minor 2.72kg
		Junior 4.00kg		Junior 2.72kg
		Inter. 5.00kg		Inter. 3.00kg
		Senior 6.00kg		Senior 4.00kg

3. SCORING:

Performances will be scored using the I.A.A.F. scoring tables for the particular event, with the exception of the 60m Hurdles, where separate tables will be used.

4. EVENT RULES WHICH DIFFER FROM INDIVIDUAL EVENTS:

(a) In all Track Events each athlete will be permitted two false starts with disqualification on a third offence.

- (b) Each competitor will be allowed a maximum of three trials in each of the Field Events, except the High Jump.
- (c) In the High Jump the bar will be raised by increments of 3cm only. The starting height will be at the discretion of the competitors.
- (d) In the 800m there will be one race for each age-group.

5. FAILING TO SCORE IN AN EVENT:

- (a) If a competitor attempts an event and fails to score:
e.g. falls in the Hurdles or has 3 No Jumps etc. he/she may progress to the next event in his/her competition.
- (b) If a competitor makes no attempt at an event, he/she will be deemed to have withdrawn from the competition, and will not be permitted to take any further part in the competition.
- (c) If a competitor starts in the 800m but does not finish, he/she will receive 0 points for that event, but will be placed according to his/her points total.

6. TIES FOR ANY PLACE:

In the event of two or more competitors having the same final score, the tie shall be resolved as follows: The winner shall be the person scoring higher in a majority of events. If this fails to separate the competitors, the winner is the person with the highest points for any individual event.

7. SPECIFICATIONS: HURDLES:

	DISTANCE	HEIGHT	NO.APPROACH	INTERVAL	RUN-IN
BOYS	Minor 60m	76.2cm	5	11.50m	7.50m 18.50m
	Junior 60m	83.8cm	5	12.00m	8.00m 16.00m
	Inter. 60m	91.4cm	5	13.00m	8.50m 13.00m
	Senior 60m	99.0cm	5	13.72m	9.14m 09.72m
GIRLS	Minor 60m	68.6cm	5	11.50m	7.50m 18.50m
	Junior 60m	76.2cm	5	11.50m	7.50m 18.50m
	Inter. 60m	76.2cm	5	12.00m	8.00m 16.00m
	Senior 60m	83.8cm	5	13.00m	8.50m 13.00m

8. Combined Events International Selection Criteria

The Best 4 scoring athletes in Junior & Intermediate level in Boys and Girls with the correct age at the All-Ireland Combined Events will be selected to compete at the International Combined Events held in Scotland.

*Please note, the u15 Girls in the Combined Events throw a 3kg shot at International level.