



## **11<sup>th</sup> Feb National Indoor Arena -FINAL TIMETABLE**

**MEET DIRECTOR: DAVID MATTHEWS**

<b>5.30pm</b>	<b>Masters W&amp;M</b>	<b>200m</b>
<b>5.45pm</b>	<b>Senior W&amp;M Series 1</b>	<b>60m</b>
<b>6.05pm</b>	<b>U12 Girls &amp; Boys</b>	<b>60m</b>
<b>6.20pm</b>	<b>U14 Girls &amp; Boys</b>	<b>60m</b>
<b>6.25pm</b>	<b>U16 Girls &amp; Boys</b>	<b>60m</b>

### **ELITE PROGRAMME (6.45-8.05pm)**

<b>6.40pm</b>	<b>Senior W&amp;M Series 2</b>	<b>60m</b>
<b>7.00pm</b>	<b>Women Elite A</b>	<b>400m</b>
<b>7.05pm</b>	<b>Men Elite A &amp; B</b>	<b>400m</b>
<b>7.15pm</b>	<b>Men Elite A</b>	<b>800m</b>
<b>7.25pm</b>	<b>Men Elite</b>	<b>Mile</b>
<b>7.35pm</b>	<b>U12 Girls &amp; Boys</b>	<b>600m</b>
<b>7.45pm</b>	<b>U14 Girls &amp; Boys</b>	<b>800m</b>
<b>7.55pm</b>	<b>U16 Girls &amp; Boys</b>	<b>800m</b>
<b>8.05pm</b>	<b>Women Elite A &amp; B</b>	<b>800m</b>
<b>8.15pm</b>	<b>Masters</b>	<b>1000m</b>
<b>8.20pm</b>	<b>Senior Women</b>	<b>800m</b>
<b>8.30pm</b>	<b>Senior Men</b>	<b>800m</b>
<b>8.40pm</b>	<b>Senior Women</b>	<b>400m</b>
<b>8.55pm</b>	<b>Senior Men</b>	<b>400m</b>
<b>9.05pm</b>	<b>Women &amp; Men Mile</b>	

**\*PROGRAMME MAY RUN 20mins AHEAD**

