

# Roll of Honour

## Irish Athletics Champions 1861 - 2025

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*The Irish Champion Athletic Club (Irish Champions AC) was founded during late 1872/early 1873 and organised the first Irish Championships on Monday July 7, 1873 in College Park Dublin. These championships have been held every year since and are the longest running national championships in the world. The Irish Champions AC, then founded quite rapidly, being wound-up in 1880/81. Thereafter the championship meeting was run by an ad hoc committee in 1881, and by the Dublin Athletic Club from 1882 to 1884.*

*After several abortive attempts to establish a national governing body for athletics, two were formed over the winter months of 1884/85.*

*First the Gaelic Athletic Association (GAA) was formed not alone to encourage and administer athletics, but also to develop and foster the traditional Irish field sports of hurling and football, as well as handball.*

*Their action galvanised the existing athletics "establishment" in Dublin who perceived the formation of the GAA - insofar as pertained to athletics as a usurpation, and so was formed, very soon after, the Irish Amateur Athletic Association (IAAA).*

*The distinction between the two rival governing associations is often explained in purely political terms whereas, in reality, the situation is rather more complex; particularly since both organisations embraced a quite broad spectrum of political aspiration, so that once the initial hostilities subsided the majority of athletes, whatever their affiliations, seemed to have no philosophical problems competing in the promotions of both bodies, open meetings as well as championships.*

*The GAA was predominantly an organisation of rural Ireland, whereas the IAAA was an urban institution, principally of Dublin and, to a lesser extent, Belfast. Moreover the separate organisations differed in their very perceptions of the sport, what actually was meant by the term "athletics". Within the GAA the primary emphasis was on the traditional and popular pastimes of rural Ireland, jumping and weight-throwing; whereas within the IAAA, on the other hand, there was what might be termed a quite pronounced "harrier" bias, its membership being largely coterminous with that of the pre-existing Cross Country Association of Ireland.*

*Although initially the two associations were in acrimonious opposition, better sense soon prevailed to herald a period of polite co-existence, with their respective promotions being open to all amateurs of good-standing.*

*With the onset of Irish independence in 1922 finally one National Governing body was formed - the National Athletics & Cycling Association (NACAI) and one National Championships were organised from 1922-1936.*

*In 1937 the NACAI was suspended from membership of IAAF because it refused to confine its activities to the then Irish Free State resulting in the foundation of the AAUE which continued in existence until the formation of BLE in 1967 and AAI in 1999.*

### Most Prolific Irish Senior Champions of All Time 1873-2022

53	Thomas Francis "Tom" Kiely	Misc	8 x 110H, 4 x LJ, 3 x TJ, 1 x SP, 13 x HT, 4 x Dec, 20 x wt throw
37	Edward "Ned" Tobin	Misc	1 x 110H, 1 x SP, 12 x DT, 10 x 56lbs D, 11 x 56lbs H 2 x Dec
34	Tadhg Twomey	56 lbs H/D	18 x Height, 16 x Distance
32	Martin Egan	Distances	4x2m, 4x3m, 6x4m, 4x8k, 3x5m, 3x6m, 5x10m, 2xCC
31	Michele Walsh Carroll	Sprints	15 x 100m, 12 x 200m & 4 x 400m
30	Denis Horgan	Throws	17 x SP, 13 x Wt throw
27	Sean O'Sullivan	Distances	2x2m, 4x3m, 4x4m, 7x8km, 2x5m, 3x6m, 3x10m, 1x15m, 1x100m
22	Dr Patrick "Pat" O'Callaghan	Misc	3 x HJ, 5 x SP, 6 x HT, 1 x DT, 4 x 56 dis, 3 x 56 H
21	Terry McHugh	Javelin	21 x JT
21	Jimmy McDonald	Walks	10 x 10km W, 7 x 20km W, 3 x 3km W, 1 x 35km W
20	Robert Heffernan	Walks	9 x 10km W, 5 x 20km W, 6 x 30km W
19	Ann O'Brien	Misc	1 x 400m, 3 x 800m, 6 x 1500m, 1 x HJ, 4 x Clubs CC, 4 x Cty
19	Seamus Power	Distances	2x5k, 2x10k, 1x10k rd, 1xHM, 4xCC, 9xCC cty
19	Claire Walsh	Sprints, CE	4 x 100m, 7 x 200m, 5 x 400m, 1 x 800m, 1 x LJ, 1 x Pent
18	James Sarsfield "Jim" Mitchell	Throws	18 x Heavy Throws
17	Pat Davin	Misc	1 x 100m, 5 x 120y H, 5 x HJ, 4 x LJ, 1 x SP, 1 x Dec
17	Richard "Dick" O'Rafferty	HJ, LJ, PV	15 x HJ, 1 x LJ, 1 x PV
17	Maria McCambridge	Distances	17 x Distances
17	Kelly Proper	Misc	2x100m, 5 x 200m, 8 x LJ, 2 x Hept
16	William "Bill" Britton	Misc	2x110H, 1xHJ, 4xLJ, 1xTJ, 8xHT
16	Leonard Nicholas "Len" Horan	Misc	8xSP, 4xD, 3xJT, 1xDec
16	Tom O'Riordan	Distances	1x1500, 2 x 1 Mile, 1x2m, 5 x 3m / 5km, 7 x CC
16	Nick Sweeney	SP, DT, 56 lbs	10 X DT + 2 xSP + 4 x 56lbs
15	Catherina McKiernan	Distances	5 x 3k, 1 x 5k, 5 x clubs cc, 5 x cty cc
15	Marita Walton Lanigan	SP, DT	13 x SP, 2 x DT
15	Eileen O'Keefe	DT, HT	9 x HT, 6 x DT
15	Clare Fitzgerald	SP, DT	8 x DT, 7 x SP
15	John Lenihan	HM, MR	2 x HM, 13 x Mountain Running
15	Fionnuala Britton-McCormack	Distances	1 x 5k, 2 x S/C, 3 x 10k, 3 X CC clubs, 5 x CC Counties
14	Dave Guiney	SP, DT	12 x SP & 2 x DT
14	Rosemary Murphy (Stirling)	Throws	5 x SP, 6 x DT, 3 x JT

14	John Treacy	Distances	5x5k, 2x10k, 7xCC Cty
14	Sonia O'Sullivan	Distances	3 x 800m, 5 x 1500m, 4 x 5000m, 1 x CC clubs,

## Oldest Irish Champions

1956	PJ Birmingham (Discus)	T&F	47 years & 101 days
2010	Geraldine Finegan (Heptathlon)	T&F	44 years & 291 days
2017	Gary O'Hanlon (Marathon)	Road/CC	43 years & 87 days
2015	Pauline Curley (Marathon)	Road/CC	46 years & 230 days
2014	Eddie Gallen (24 Hour)	Ultra	51 years & 220 days
2017	Louise Smith (50km Run)	Ultra	46 years & 222 days

## Youngest Irish Champions

2021	Conor Callinan	T&F	16 years & 358 days
1992	Antoine Burke (High Jump)	T&F	16 years & 358 days
1976	Caroline O'Shea (400m)	T&F	15 years & 236 days
1982	Jimmy McDonald (20km Walk)	Road/CC	18 years & 84 days
1987	Sonia O'Sullivan (Cross Country)	Road/CC	17 years & 86 days

## Long spans between National medals/titles won

16 yrs	Noel Carroll (880y/800m)	Track	1961-1977
16 yrs	Liam O'Brien	Track	1978-1994
25 yrs	Pat Moore (Javelin)	Field	1967-1992
18 yrs	Michele Walsh Carroll (Sprints)	Track	1977-1995
16 yrs	Dara Shakspeare (Javelin)	Field	1980-1996
20 yrs	Dick Hooper (Marathon)	Off Track	1978-1998

## Most titles won in 24 hours

1892	Thomas Francis "Tom" Kiely	7	(120yH, Long Jump, Triple Jump, Shot Put, 3 x Wt Throws)
2013	Kelly Proper	4	(100m, 200m, Long Jump, 4 x 100m Relay)

## Irish Senior Champions from the same family

### Father & Son

Tommy & Michael Casey	20km Walk
Eamonn & John Coghlan	Middle Distances (Outdoor/Indoor)
Tim & Timmy Crowe	400m & 400m Hurdles (Outdoor/Indoor)
Roy & Conor, Kevin Dooney	Long Distances
John & John Downes	Cross Country
Pat & Jim Fanning	High Jump
Dan & Maurice Fraher	Jumps
Bert & Paul Healion	Hammer
Denny & Michael Hyland	Pole Vault
Michael & Oisin Lane	20km Walk
Brendan & Barry Martin	High Jump & 100m/200m
Conor & Conor McCullough	Hammer
Frank & Kingston Mills	CC & Marathon
Pat & Joe Naughton	Decathlon & Long Jump
Bernie & Pierce O'Callaghan	10,000m Walk & 20km Walk
Pat & Hugh O'Callaghan	Hammer
John & Bobby O'Leary	20km Walk
Paul & Colin Quirke	Shot Put, Discus

## Mother & Son

Greta (Hickey) & Conor, Kevin Dooney	Long Distances
Patricia (Quinn) & Colin Griffin	400mH, 800m, 5000m, 10,000m & 10,000m, 20km, 30km Walks
Patricia (Amond) & Marcus Lawler	100m & 200m (Outdoor/Indoor)
Marie (Walsh) & Joseph Mooney	5000m & 10,000m Walks

## Father & Daughter

Mark & Katie Kirk	800m
Ray & Louise Shanahan	800m (Outdoor/Indoor)

## Mother & Daughter

Mary (McKenna) & Catherine McManus	800m & 400m hurdles
Sonia & Sophie O'Sullivan	1500m
Claire & Patricia Walsh	400m

## Brothers

Sean & Micheal Breathnach	Shot Put & Discus
Charles & Aidan Browne	Marathon
John & Denis Buckley	880y & Long Distances
Daniel & Laurence Bulger	Sprints, Hurdles
Antoine & Kevin Burke	400mH, HJ, Dec
Denis & Robert Cussen	Sprints & Hurdles
Pat, Tom & Maurice Davin	100y, 120y H, HJ, LJ, SP, HT, Dec,
Ronnie & Joe Delany	440y, 880y, LJ
Cyril Henry & Charles Russell Dickinson	220y, 440y, 880y, Mile
Conor & Kevin Dooney	Long Distances
Tommy & Willie Dunne	Long Distances
3 Martin, Michael & John "Jack" Egan	Long Distances
Patrick & Richard "Richie" Fallon	100m & High Jump
Donal & Brendan Flanagan	60y, 100y, 220y, 440 y, 120 y Hurdles
Ray & Paul Flynn	Race Walks
Ted, John & Paddy Guiney	Decathlon
Carlton & Darren Haddock	100m
Willie & Jack Harte	2 miles, 3 miles
Pat & Bernie Hartigan	Shot Put (Outdoors/Indoor)
Jack & Jim Holloway	Pole Vault & Standing Jumps
Dick & Pat Hooper	Marathon
Robert & Hastings Jephson	100/220/440yds
Laurence & Tom Kiely	LJ, TJ, SP, HT, Dec
Con, Pat & Tim Leahy	HJ, LJ, TJ
3 Denis, John & William Murray	Sprints, Jumps, Hurdles, Throws
Ned & Willie McGuirk	Cross Country
Ernest & Frank Nunns	Cross Country
Pat & Con O'Callaghan	HJ, SP, HT, DT
Sean & Roibeárd O'Dwyer	LJ, TJ
Iognáid & Seán Ó Muircheartaigh	100y, 220y, 300y
Benny & PJ O'Sullivan	Distances
Michael & Sean O'Sullivan	15 miles,
WC "Charlie" & Steve McCooke	Distances
John & Ray Treacy	Distances
Frank & Bernard Walley	Sprints
Frederick St John & WM Worrall	7m Walk

## Sisters

Patricia & Mary Amond  
Mary & Catherine Hennessy  
Siobhan & Aoife Hoey  
Monica & Regina Joyce  
Olive & Ann Loughnane  
Nessa & Ruby Millet  
Emma & Lisa Nicholson

Sprints  
3000m Walk  
Triple Jump  
Distances  
5000m W, 10km W, 20km W  
400mH & Long Jump  
Sprints & Hurdles

## Brother & Sister

Thomas & Jessie Barr  
Eoin & Ciara Everard  
John & Brid Hallissey  
Brian & Deirdre Murphy  
John & Patricia Naughton  
Frank & Ailish O'Brien

400H  
800m & 1500m  
PV, 100H, Hep  
400m, Discus  
Decathlon & 100H  
Discus

## Venues for National Track & Field Championships since 1873

1873	College Park, Dublin	7/7/1873	ICAC		
1874	Lansdowne Road, Dublin	27/6/1874	ICAC		
1875	Lansdowne Road, Dublin	22/5/1875	ICAC		
1876	Lansdowne Road, Dublin	27/5/1876	ICAC		
1877	Lansdowne Road, Dublin	19/5/1877	ICAC		
1878	Lansdowne Road, Dublin	10/6/1878	ICAC		
1879	Lansdowne Road, Dublin	2/6/1879	ICAC		
1880	Lansdowne Road, Dublin	17/5/1880	ICAC		
1881	Lansdowne Road, Dublin	30/7/1881	ICAC		
1882	Lansdowne Road, Dublin	19/8/1882	DAAC		
1883	Lansdowne Road, Dublin	16/6/1873	DAAC		
1884	Lansdowne Road, Dublin	5/7/1884	DAAC		
1885	RDS Showgrounds	11/7/1885	IAAA	Tramore Race Course	GAA
1886	RDS Showgrounds	17/7/1886	IAAA	RDS Showgrounds	GAA
1887	RDS Showgrounds	30/5/1887	IAAA	Tralee	GAA
1888	RDS Showgrounds	21/5/1888	IAAA	Limerick	GAA
1889	RDS Showgrounds	10/6/1889	IAAA	Kilkenny	GAA
1890	RDS Showgrounds	26/5/1890	IAAA	Drumcondra	GAA
1891	RDS Showgrounds	20/6/1891	IAAA	Tralee	GAA
1892	RDS Showgrounds	18/6/1892	IAAA	Jones Road	GAA
1893	RDS Showgrounds	24/6/1893	IAAA	Jones Road	GAA
1894	RDS Showgrounds	30/6/1894	IAAA	Jones Road	GAA
1895	RDS Showgrounds	3/6/1895	IAAA	Wexford Park	GAA
1896	RDS Showgrounds	25/5/1896	IAAA	Jones Road	GAA
1897	RDS Showgrounds	7/6/1897	IAAA	Tipperary	GAA
1898	RDS Showgrounds	30/5/1898	IAAA	Cork	GAA
1899	RDS Showgrounds	22/5/1899	IAAA	Thurles	GAA
1900	RDS Showgrounds	4/6/1900	IAAA	Not held	GAA
1901	RDS Showgrounds	27/5/1901	IAAA	Limerick	GAA
1902	Mardyke, Cork	21/6/1902	IAAA	Limerick	GAA
1903	RDS Showgrounds	1/6/1903	IAAA	Jones Road	GAA
1904	RDS Showgrounds	23/5/1904	IAAA	Jones Road	GAA
1905	RDS Showgrounds	24/6/1905	IAAA	Cork Athletics Grounds	GAA
1906	RDS Showgrounds	4/6/1906	IAAA	Cork Athletics Grounds	GAA
1907	RDS Showgrounds	20/5/1907	IAAA	Thurles	GAA
1908	RDS Showgrounds	8/6/1908	IAAA	Fermoy	GAA
1909	RDS Showgrounds	31/5/1909	IAAA	Mallow	GAA
1910	RDS Showgrounds	16/5/1910	IAAA	Mallow	GAA
1911	RDS Showgrounds	5/6/1911	IAAA	Mallow	GAA
1912	RDS Showgrounds	27/5/1912	IAAA	Fermoy	GAA
1913	RDS Showgrounds	12/5/1913	IAAA	Mallow	GAA
1914	RDS Showgrounds	1/6/1914	IAAA	Mallow	GAA
1915	Fermoy	25/7/1915	GAA		
1916	Mallow	20/8/1916	GAA		
1917	Limerick	12/8/1917	GAA		
1918	Limerick	8/9/1918	GAA		
1919	Lansdowne Road, Dublin	9/8/1919	GAA	Limerick	GAA
1920	Lansdowne Road, Dublin	24/5/1920	IAAA	Croke Park	GAA
1921	Lansdowne Road, Dublin	16/5/1921	IAAA	Croke Park	GAA
1922	Lansdowne Road, Dublin	5/6/1922	IAAA	Croke Park	GAA
1923	Croke Park	30/6-1/7/1923	NACAI		
1924	Croke Park	7-8/6/1924	NACAI		
1925	Croke Park	27-28/6/1925	NACAI		
1926	Croke Park	26/6/1926	NACAI		
1927	Croke Park	9-10/7/1927	NACAI		
1928	Croke Park	23/6/1928	NACAI		
1929	Croke Park	29-30/6/1929	NACAI		
1930	Croke Park	28-29/6/1930	NACAI		
1931	Croke Park	27-28/6/1931	NACAI		
1932	Croke Park	19-19/6/1932	NACAI		
1933	Croke Park	23-24/6/1933	NACAI		
1934	Fermoy	1/7/1934	NACAI		
1935	Kilkenny	11/8/1935	NACAI		
1936	Clonmel	28/6/1936	NACAI		
1937	Morgan's School, Castleknock, Dublin	29/5/1937	AAUE	Killarney	NACAI
1938	Lansdowne Road, Dublin	19/6/1938	AAUE	Drogheda	NACAI

1939	Lansdowne Road, Dublin	10/6/1939	AAUE	Thurles	NACAI
1940	College Park, Dublin	22/6/1940	AAUE	Fermoy	NACAI
1941	College Park, Dublin	22/6/1941	AAUE	Drogheda & Enniscorthy	NACAI
1942	College Park, Dublin	11/7/1942	AAUE	Dundalk & Enniscorthy	NACAI
1943	College Park, Dublin	5/6/1943	AAUE	Dundalk & Clonmel	NACAI
1944	College Park, Dublin	3/6/1944	AAUE	Dundalk	NACAI
1945	College Park, Dublin	2/6/1945	AAUE	Dundalk & Ballinasloe	NACAI
1946	Lansdowne Road, Dublin	10/6/1946	AAUE	Dundalk	NACAI
1947	Lansdowne Road, Dublin	4/6/1947	AAUE	Dundalk	NACAI
1948	College Park, Dublin	12/6/1948	AAUE	Ballinasloe & Blarney	NACAI
1949	Lansdowne Road, Dublin	4/6/1949	AAUE	Dundalk	NACAI
1950	College Park, Dublin	8/7/1950	AAUE	Dundalk	NACAI
1951	Shelbourne Stadium, Dublin	8/6 & 19/6/1951	AAUE	Iveagh Grounds, Crumlin	NACAI
1952	Shelbourne Stadium, Dublin	1-2/6/1952	AAUE	Iveagh Grounds, Crumlin	NACAI
1953	Shelbourne Stadium, Dublin	5-6/6/1953	AAUE	Casement Park, Belfast	NACAI
1954	Shelbourne Stadium, Dublin	11-12/6/1954	AAUE	Iveagh Grounds, Crumlin	NACAI
1955	College Park, Dublin	21 & 29/6/1955	AAUE	Iveagh Grounds, Crumlin	NACAI
1956	College Park, Dublin	7/7/1956	AAUE	Iveagh Grounds, Crumlin	NACAI
1957	Lansdowne Road, Dublin	25/6/1957	AAUE	Iveagh Grounds, Crumlin	NACAI
1958	Santry Stadium, Dublin	11/6/1958	AAUE	Iveagh Grounds, Crumlin	NACAI
1959	Santry Stadium, Dublin	12-13/6/1959	AAUE	Iveagh Grounds, Crumlin	NACAI
1960	Santry Stadium, Dublin	10-11/6/1960	AAUE	Iveagh Grounds, Crumlin	NACAI
1961	Santry Stadium, Dublin	9-10/6/1961	AAUE	Fermoy	NACAI
1962	Santry Stadium, Dublin	9-10/6/1962	AAUE	Killarney	NACAI
1963	Santry Stadium, Dublin	17-18/6/1963	AAUE	Killarney	NACAI
1964	Santry Stadium, Dublin	6/7/1964	AAUE	Gorey	NACAI
1965	Santry Stadium, Dublin	23-24/6/1965	AAUE	Banteer, Co. Cork	NACAI
1966	Santry Stadium, Dublin	23/6/1966	AAUE	Banteer, Co. Cork	NACAI
1967	Santry Stadium, Dublin	30/6-1/7/1967	BLE	Tipperary Town	BLE - Women
1968	Santry Stadium, Dublin	30/6-1/7/1968	BLE		
1969	Santry Stadium, Dublin	19-20/7/1969	BLE		
1970	Banteer, Co. Cork	18-19/7/1970	BLE		
1971	Santry Stadium, Dublin	10-11/7/1971	BLE		
1972	Banteer, Co. Cork	22-23/7/1972	BLE		
1973	Mardyke, Cork	28-29/7/1973	BLE		
1974	Santry Stadium, Dublin	20-21/7/1974	BLE		
1975	Belfield, UCD	26-27/7/1975	BLE		
1976	Limerick	21-22/7/1976	BLE		
1977	Belfield, UCD	30-31/7/1977	BLE		
1978	Belfield, UCD	22-23/7/1978	BLE		
1979	Belfield, UCD	21-22/7/1979	BLE		
1980	Belfield, UCD	5-6/7/1980	BLE		
1981	Morton Stadium, Santry	18-19/7/1981	BLE		
1982	Morton Stadium, Santry	17-18/7/1982	BLE		
1983	Morton Stadium, Santry	23-24/7/1983	BLE		
1984	Morton Stadium, Santry	21-22/7/1984	BLE		
1985	Cork RTC	21-22/7/1985	BLE		
1986	Tullamore Harriers Stadium	19-20/7/1986	BLE		
1987	Tullamore Harriers Stadium	25-26/7/1987	BLE		
1988	Morton Stadium, Santry	23-24/7/1988	BLE		
1989	Cork RTC	15-16/7/1989	BLE		
1990	Tullamore Harriers Stadium	14-15/7/1990	BLE		
1991	Morton Stadium, Santry	13-14/7/1991	BLE		
1992	Belfield, UCD	11-12/7/1992	BLE		
1993	Belfield, UCD	24-25/7/1993	BLE		
1994	Morton Stadium, Santry	23-24/7/1994	BLE		
1995	Morton Stadium, Santry	15-16/7/1995	BLE		
1996	Morton Stadium, Santry	15-16/7/1996	BLE		
1997	Morton Stadium, Santry	12-13/7/1997	BLE		
1998	Morton Stadium, Santry	25-26/7/1998	BLE		
1999	Morton Stadium, Santry	24-25/7/1999	BLE		
2000	Morton Stadium, Santry	19-20/8/2000	AAI		
2001	Morton Stadium, Santry	20-21/7/2001	AAI		
2002	Morton Stadium, Santry	13-14/7/2002	AAI		
2003	Morton Stadium, Santry	9-10/8/2003	AAI		
2004	Morton Stadium, Santry	23-24/7/2004	AAI		
2005	Morton Stadium, Santry	23-24/7/2005	AAI		
2006	Morton Stadium, Santry	22-23/7/2006	AAI		

<b>2007</b>	Morton Stadium, Santry	21-22/7/2007	AAI
<b>2008</b>	Morton Stadium, Santry	19-20/7/2008	AAI
<b>2009</b>	Morton Stadium, Santry	1-2/8/2009	AAI
<b>2010</b>	Morton Stadium, Santry	10-11/7/2010	AAI
<b>2011</b>	Morton Stadium, Santry	6-7/8/2011	AAI
<b>2012</b>	Morton Stadium, Santry	7-8/7/2012	AAI
<b>2013</b>	Morton Stadium, Santry	27-28/7/2013	AAI
<b>2014</b>	Morton Stadium, Santry	19/20/7/2014	AAI
<b>2015</b>	Morton Stadium, Santry	8-9/8/2015	AAI
<b>2016</b>	Morton Stadium, Santry	25-26/7/2016	AAI
<b>2017</b>	Morton Stadium, Santry	22-23/7/2017	AAI
<b>2018</b>	Morton Stadium, Santry	28-29/7/2018	AAI
<b>2019</b>	Morton Stadium, Santry	26-27/7/2019	AAI
<b>2020</b>	Morton Stadium, Santry	22-23/8/2020 & 29/30/8/2020	AAI
<b>2021</b>	Morton Stadium, Santry	25/26/27/6/2021	AAI
<b>2022</b>	Morton Stadium, Santry	25-26/6/2022	AAI
<b>2023</b>	Morton Stadium, Santry	29/30 July 2023	AAI
<b>2024</b>	Morton Stadium, Santry	29/30 June 2024	AAI
<b>2025</b>	Morton Stadium, Santry	2/3 August 2025	AAI

## National Champions from one family

4 x Dooney

Roy, Greta & Sons Kevin & Conor

## National Champions from three (3) Generations

Naughton  
O'Callaghan  
O'Callaghan

Pat, Siobhan, Joseph McEvoy  
Bernie, Pierce, Savanagh  
Pat, Hugh, Hugh

## 60 Yards (54.86 m)

### Most Titles

Owen Dalton - 3

1954, 55, 56

### Championship Record

Donal Flanigan

6.2

1942, 43

Richard Lane

6.2

1949

John "Jack" O'Gorman

6.2

1952

Liam Devitt

6.2

1961

Michael Keane

6.2

1965

1939	Kevin Patrick O'Flanagan	University College Dublin	6.8	NACAI
1941	Con Sheehan	Mercury	6.6	NACAI
1942	<b>Donal Flanigan</b>	St James's Gate	<b>6.2</b>	<b>NACAI</b>
1943	<b>Donal Flanigan</b>	St James's Gate	<b>6.2</b>	<b>NACAI</b>
1944	Pte Michael "Duff" Kelly	An Dara	6.4	NACAI
1945	Kevin Connolly	Young Ireland, Dundalk	6.5	NACAI
1946	Mickey Joe Doherty	Strabane	6.3	NACAI
1947	John J O'Donnell	Celtic, Dublin	6.6	NACAI
1948	John J O'Donnell	Celtic, Dublin	7.8	NACAI
1949	Richard Lane	University College Cork	6.2	NACAI
1950	Noel Keane	Doheny, Dunmanway, Co. Cork	6.5	NACAI
1951	John J O'Donnell	St James's Gate	6.4	NACAI
1952	<b>John "Jack" O'Gorman</b>	Clonmel	<b>6.2</b>	<b>NACAI</b>
1953	Frank O'Gara	Corrigan	6.4	NACAI
1954	Owen Dalton	University College Dublin	6.4	NACAI
1955	Owen Dalton	University College Dublin	6.6	NACAI
1956	Owen Dalton	University College Dublin	6.5	NACAI
1957	Des Chew	Newry Shamrock	6.4	NACAI
1958	John "Jack" Lalor	Kiely, Carrick-On-Suir	6.4	NACAI
1959	Eddie Thornton	University College Dublin	6.6	NACAI
1960	John "Jack" Lalor	Kiely, Carrick-On-Suir	6.6	NACAI
1961	<b>Liam Devitt</b>	University College Dublin	<b>6.2</b>	<b>NACAI</b>
1962	Michael Lanigan	University College Dublin	6.4	NACAI
1963	Michael Lanigan	Kilkenny City Harriers	6.4	NACAI
1964	W Gerry Slattery	Herbertstown, Co. Limerick	6.5	NACAI
1965	<b>Michael Keane</b>	Sligo Éire Óg	<b>6.2</b>	<b>NACAI</b>
1966	Michael Keane	St Patrick's, Bandon	6.3	NACAI

Discontinued

## 100 m

(100 Yards 91.44m 1873-1968)

Most Titles					
100y	Daniel Bulger - 9	1886, 87, 2 × 88, 2 × 89, 2 × 90, 92			
	Denis Murray - 6	1901, 02, 03, 04, 05, 06			
100m	Garry Ryan - 5	1999, 2000, 02, 03, 05			
	Neil Ryan - 4	1992, 96, 97, 98			
Championship Record					
100y	Denis Cussen	9.8			1928
	Fred G Moran	9.8			1937
	Iognáid G Ó Muircheartaigh	9.8			1967
100m	Paul Hession	10.26	+0.6		2008
1873	Reginald Charles Miller	Dublin University	10.2	y	Irish Champions AC
1874	James Douglas Ogilby	NICC	10.6	y	Irish Champions AC
1875	James Douglas Ogilby	NICC	10.2	y	Irish Champions AC
1876	James Douglas Ogilby	NICC	10.4	y	Irish Champions AC
1877	James Douglas Ogilby	NICC	10.2	y	Irish Champions AC
1878	James Henry Stewart	Irish Champions AC	10.4	y	Irish Champions AC
1879	Thomas M Malone	TAAC	10.4	y	Irish Champions AC
1880	Patrick Davin	Carrick-On-Suir	10.2	y	Irish Champions AC
1881	Gerald W Browne	Lansdowne FC	10.8	y	Irish Champions AC
1882	Gerald W Browne	Dublin AC	10.6	y	AAAI
1883	Robert Edward Sproule	Dublin University	10.5	y	AAAI
1884	Robert Dodds	Queens College Belfast	10.8	y	AAAI
1885	Ernest Henry Greene	Dublin University	10.8	y	IAAA
1885	Peter Stanislaus Kenny	Carrick-On-Suir	10.0	y	GAA
1886	Alfred Vigne	Dublin University	10.4	y	IAAA
1886	Daniel Delany Bulger	Dublin University	10.6	y	GAA
1887	Alfred Vigne	Dublin University	10.4	y	IAAA
1887	Daniel Delany Bulger	Dublin University	10.2	y	GAA
1888	Daniel Delany Bulger	Dublin University	10.4	y	IAAA
1888	Daniel Delany Bulger	Dublin University	10.4	y	GAA
1889	Daniel Delany Bulger	Dublin University	10.5	y	IAAA
1889	Daniel Delany Bulger	Dublin University	10.6	y	GAA
1890	Daniel Delany Bulger	Dublin University	10.6	y	IAAA
1890	Daniel Delany Bulger	Dublin University	10.4	y	GAA
1891	Laurence Quinlavin Bulger	Dublin University	10.4	y	IAAA
1891	Patrick J "Patsy" O'Sullivan	Banteer	10.8	y	GAA
1892	Daniel Delany Bulger	Dublin University	10.8	y	IAAA
1892	Joseph Thomas McGee	Haddington Harriers	10.4	y	GAA
1893	Patrick Farrelly	Belfast Harriers	10.8	y	IAAA
1893	Joseph Thomas McGee	Haddington Harriers	10.8	y	GAA
1894	Norman D Morgan	Belfast	10.2	y	IAAA
1894	Simon William Maddock	Dublin	NT	y	GAA
1895	James Creed "Jemmy" Meredith	Dublin University	10.4	y	IAAA
1895	Patrick "Dockty" McNamara	Limerick	10.0	y	GAA
1896	Norman D Morgan	Belfast	10.2	y	IAAA
1896	Joseph Thomas McGee	Haddington Harriers	10.6	y	GAA
1897	Walter J Newburn	Dublin	10.4	y	IAAA
1897	JJ O'Flynn	Haddington Harriers	10.4	y	GAA
1898	Walter J Newburn	Dublin	10.8	y	IAAA
1898	JJ O'Flynn	Haddington Harriers	10.6	y	GAA
1899	Walter J Newburn	Dublin	10.6	y	IAAA
1899	Jim O'Kelly Lynch	Dunmanway, Co. Cork	10.6	y	GAA
1900	George Cutts	King's Own Lt Inf, Limerick	10.4	y	IAAA
1901	Denis Murray	Dublin	10.5	y	IAAA
1901	John Joseph Curry	Knockree, Cork	10.4	y	GAA
1902	Denis Murray	Dublin	10.6	y	IAAA
1902	John Joseph Howell	Tipperary	NT	y	GAA

1903	Denis Murray	Kilmainham	10.6	y	IAAA	
1903	JC Healy	Longford	12.4	y	GAA	
1904	Denis Murray	Kilmainham	10.2	y	IAAA	
1904	JC Healy	Longford	NT	y	GAA	
1905	Denis Murray	Kilmainham	10.4	y	IAAA	
1905	John E McEniry	Limerick	10.6	y	GAA	
1906	Denis Murray	Kilmainham	10.4	y	IAAA	
1906	James Patrick Roche	Knockrea, Cork	10.4	y	GAA	
1907	James Patrick Roche	Knockrea, Cork	10.2	y	IAAA	
1907	James "Jim" O'Connor	Limerick	10.4	y	GAA	
1908	James Patrick Roche	Knockrea, Cork	10.4	y	IAAA	
1908	Charles F McCarthy	Cork	10.6	y	GAA	
1909	James Patrick Roche	University College Cork	10.4	y	IAAA	
1909	Percy Kirwan	Kilmacthomas, Co. Waterford	10.0	y	GAA	
1910	James Ringland Purdy	Drogheda	10.4	y	IAAA	
1910	DJ Fogarty	Limerick	10.2	y	GAA	
1911	William Murphy	Clonliffe Harriers	10.2	y	IAAA	
1911	Patrick J Finn	Kilfinane, Co. Limerick *	10.2	y	GAA	*Ran under the alias of PJ Quinn
1912	Samuel McComb	Queens University Belfast	10.4	y	IAAA	
1912	James "Jim" Keyes	Pallasgreen, Co. Limerick	10.4	y	GAA	
1913	Frederick Roland Studdert Shaw	Dublin University	10.8	y	IAAA	
1913	Thomas B O'C Dunbar	Clohamon, Co. Wexford	10.6	y	GAA	
1914	Frederick Roland Studdert Shaw	Dublin University	10.4	y	IAAA	
1914	AJ Heaney	Claremorris	10.6	y	GAA	
1915	Patrick J Finn †	Kilfinane, Co. Limerick	10.4	y	GAA	†Ran under an alias of JP McCarthy
1916	Daniel J O'Leary	Cork	10.1	y	GAA	
1917	Daniel J O'Leary (tied)	Cork	10.4	y	GAA	
1917	JP Wilkinson (tied)	Kildare	10.4	y	GAA	
1918	James "Jim" Keays	Pallasgreen, Co. Limerick	10.6	y	GAA	
1919	MJ Stafford	Dublin	10.8	y	IAAA	
1919	James "Jim" Keays	Pallasgreen, Co. Limerick	10.4	y	GAA	
1920	MJ Stafford	Bohemian FC	10.6	y	IAAA	
1920	Daniel J O'Leary	Cork	10.4	y	GAA	
1921	Denis John Cussen	Dublin University	10.2	y	IAAA	
1921	Daniel J O'Leary	Cork	11.0	y	GAA	
1922	Denis John Cussen	Dublin University	10.6	y	IAAA	
1922	JA O'Flaherty	University College Dublin	11.4		GAA	
1923	Robert Rowan Woods	Dublin University	10.4	y	NACAI	
1924	William J Lowe	Manchester	10.6	y	NACAI	
1925	Denis John Cussen	Dublin University	10.0	y	NACAI	
1926	Sean Lavan (tied)	University College Dublin	10.2	y	NACAI	
1926	Patrick JB "Joe" Eustace (tied)	Dublin University	10.2	y	NACAI	
1927	Sean Lavan	University College Dublin	10.2	y	NACAI	
1928	<b>Denis John Cussen</b>	St Mary's Hospital London	<b>9.8</b>	<b>y</b>	<b>NACAI</b>	
1929	Patrick JB "Joe" Eustace	Dublin University	10.2	y	NACAI	
1930	Patrick JB "Joe" Eustace	Croke	10.2	y	NACAI	
1931	WP Burke	Clonliffe Harriers	10.2	y	NACAI	
1932	WP Burke	Clonliffe Harriers	10.2	y	NACAI	
1933	WP Burke	Clonliffe Harriers	10.2	y	NACAI	
1934	Michael J O'Sullivan	University College Dublin	10.6	y	NACAI	
1935	Fred G Moran	City & Suburban Harriers	10.0	y	NACAI	
1936	Fred G Moran	City & Suburban Harriers	10.0	y	NACAI	
1937	<b>Fred G Moran</b>	<b>City &amp; Suburban Harriers</b>	<b>9.8</b>	<b>y</b>	<b>AAUE</b>	
1937	Stanley de Lacey	Limerick	10.0	y	NACAI	
1938	Fred G Moran	City & Suburban Harriers	10.6	y	AAUE	
1938	Charles Holohan	University College Dublin	10.1	y	NACAI	
1939	Stanley de Lacey	Clonliffe Harriers	10.0	y	AAUE	
1939	Eamonn Fitzmaurice	University College Dublin	10.0	y	NACAI	
1940	Stanley de Lacey	Clonliffe Harriers	10.4	y	AAUE	
1940	Eamonn Fitzmaurice	University College Dublin	10.2	y	NACAI	
1941	Jim C Conway	Civil Service	10.6	y	AAUE	
1941	Kevin Patrick O'Flanagan	University College Dublin	10.4	y	NACAI	
1942	Jim C Conway	Civil Service	10.4	y	AAUE	
1942	Donal Flanagan	University College Dublin	10.8	y	NACAI	
1942	Donal Flanagan	University College Dublin	11.0		NACAI	
1942	Jim C Conway	Civil Service	10.5	y	IAAB	
1943	Jim C Conway	Civil Service	10.4	y	AAUE	
1943	Donal Flanagan	St James's Gate	10.2	y	NACAI	

1943	JA Lyttle	Willowfield Harriers	11.4	y	IAAB
1944	Jim C Conway	Civil Service	10.4	y	AAUE
1944	Pte Michael "Duff" Kelly	An Dara	10.2	y	NACAI
1944	Jim C Conway	Civil Service	10.4	y	IAAB
1945	Robert Colclough Jephson	Dublin University	10.4	y	AAUE
1945	Pte Michael "Duff" Kelly	An Dara	10.2	y	NACAI
1945	Denis Maloney	Royal Ulster Constabulary	10.2	y	IAAB
1946	Paul P Dolan	Clonliffe Harriers	10.2	y	AAUE
1946	Joe Kelly	Farranferris, Cork	10.4	y	NACAI
1946	Paul P Dolan	Clonliffe Harriers	10.4	y	IAAB
1947	John Arthur "Jack" Gregory	Crusaders	10.0	y	AAUE
1947	Joe Kelly	Farranferris, Cork	10.2	y	NACAI
1947	John Arthur "Jack" Gregory	Crusaders	10.2	y	IAAB
1948	John Arthur "Jack" Gregory	Crusaders	10.2	y	AAUE
1948	Richard Lane	University College Cork	9.9	y	NACAI
1948	John Arthur "Jack" Gregory	Crusaders	10.1	y	IAAB
1949	John Arthur "Jack" Gregory	Crusaders	10.0	y	AAUE
1949	Richard Lane	University College Cork	10.4	y	NACAI
1949	Denis Maloney	Royal Ulster Constabulary	10.3	y	IAAB
1950	Louis Crowe	Clonliffe Harriers	10.1	y	AAUE
1950	Noel Keane	Doheny, Dunmanway, Co. Cork	10.3	y	NACAI
1950	Louis Crowe	Clonliffe Harriers	10.1	y	IAAB
1951	ER "Ronnie" Plant	Clonliffe Harriers	10.2	y	AAUE
1951	Noel Keane	Doheny, Dunmanway, Co. Cork	10.5	y	NACAI
1951	ER "Ronnie" Plant	Clonliffe Harriers	10.3	y	IAAB
1952	Paul P Dolan	Clonliffe Harriers	10.2	y	AAUE
1952	Jack O'Neill	University College Dublin	10.3	y	NACAI
1952	Noel G Flanagan	Crusaders	10.0	y	IAAB
1953	Louis Crowe	Clonliffe Harriers	10.2	y	AAUE
1953	Owen Dalton	University College Dublin	10.0	y	NACAI
1953	Paddy Toner	Albert Foundry, Belfast	10.5	y	IAAB
1954	JW "Bill" Dickson	Crusaders	9.9	y	AAUE
1954	Michael "Mick" Manning	Croom, Co. Limerick	10.4	y	NACAI
1954	JW "Bill" Dickson	Crusaders	10.4	y	IAAB
1955	JA "Lexie" Tynan	Civil Service	10.2	y	AAUE
1955	Owen Dalton	University College Dublin	10.5	y	NACAI
1955	Paddy Toner	Albert Foundry, Belfast	10.6	y	IAAB
1956	Patrick L "Paddy" Lowry	Civil Service	10.1	y	AAUE
1956	Albert Harding	Celtic, Dublin	10.3	y	NACAI
1956	Eamon Kinsella	Donore Harriers	9.9	y	IAAB
1957	Gerald R Mason	Dublin University	10.5	y	AAUE
1957	Owen Dalton	University College Dublin	10.3	y	NACAI
1957	Ronnie Chambers	Short & Harland, Belfast	10.1	y	IAAB
1958	Patrick L "Paddy" Lowry	Civil Service	10.2	y	AAUE
1958	John "Jack" Lalor	Kiely, Carrick-On-Suir	10.0	y	NACAI
1958	Paddy Toner	Albert Foundry, Belfast	9.9	y	IAAB
1959	Patrick L "Paddy" Lowry	Civil Service	10.2	y	AAUE
1959	John "Jack" Lalor	Kiely, Carrick-On-Suir	10.4	y	NACAI
1959	Paddy Toner	Albert Foundry, Belfast	9.9	y	IAAB
1960	Maurice Hogan	Donore Harriers	10.1	y	AAUE
1960	John "Jack" Lalor	Kiely, Carrick-On-Suir	10.2	y	NACAI
1960	Patrick L "Paddy" Lowry	Civil Service	9.8	y	IAAB
1961	Maurice Hogan	Donore Harriers	10.2	y	AAUE
1961	Liam Devitt	University College Dublin	10.1	y	NACAI
1961	Joe Riverson (Ghana)	Queens University Belfast	10.0	y	IAAB
1962	Maurice Hogan	Donore Harriers	10.1	y	AAUE
1962	Gerald "Gerry" McShane	Dowdallshill, Dundalk	10.2	y	NACAI
1962	Maurice Hogan	Donore Harriers	9.9	y	IAAB
1963	Victor Manning (Wiesław Maniak)	Crusaders	9.9	y	AAUE
1963	Martin Lynch	St Finbarr's Cork	10.0	y	NACAI
1963	David Bennett	Short & Harland, Belfast	9.6	y	IAAB
1964	William J "Billy" Kinlan	Crusaders	10.0	y	AAUE
1964	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	10.2	y	NACAI
1964	David Bennett	Short & Harland, Belfast	10.0	y	IAAB
1965	Dan F Kennedy	Clonliffe Harriers	10.1	y	AAUE
1965	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	10.2	y	NACAI
1966	John Kilpatrick	Ballymena	9.7	y	IAAB
1966	Brian Whitney	Clonliffe Harriers	10.2	y	AAUE

1966	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	10.1	y	NACAI
1966	John Kilpatrick	Ballymena	9.7	y	IAAB
1967	<b>Iognáid G "Iggy" Ó Muircheartaigh</b>	<b>University College Dublin</b>	<b>9.8</b>	<b>y</b>	<b>BLE</b>
1968	Brendan O'Regan	Limerick	9.9	y	BLE
1969	Vincent Becker	Crusaders	10.9		BLE
1970	Brendan O'Regan	University College Cork	10.9		BLE
1971	Vincent Becker	Crusaders	10.8		BLE
1972	Frank Walley	Leevale	11.0		BLE
1973	Frank Walley	Leevale	10.9		BLE
1974	Dermot Browne	Marcab, Dublin	10.8		BLE
1975	Ciaran Coakley	Dublin City Harriers	11.2		BLE
1976	Patrick Fallon	Clonmel	11.3		BLE
1977	Joe Ryan	Dublin City Harriers	11.03		BLE
1978	Colman O'Flaherty	Pearse, Galway	10.74		BLE
1979	Alan Fawcett	Annadale Striders	10.87		BLE
1980	Pat Flanagan	Waterford	11.28		BLE
1981	Kieran Finn	Limerick	10.86		BLE
1982	Gerry Delaney	Dublin City Harriers	11.00		BLE
1983	Derek O'Connor	Dundrum South Dublin	10.8		BLE
1984	Derek O'Connor	Dundrum South Dublin	10.67		BLE
1985	Derek O'Connor	Dundrum South Dublin	10.86		BLE
1986	Philip Snoddy	Annadale Striders	10.85		BLE
1987	Philip Snoddy	Annadale Striders	10.95		BLE
1988	Philip Snoddy	Annadale Striders	10.55	w	BLE
1989	Darren Haddock	Togher	11.14		BLE
1990	Barry Martin	Redeemer	10.84		BLE
1991	Carlton Haddock	Togher	10.91		BLE
1992	Neil Ryan	Nenagh Olympic	10.67	w	BLE
1993	Kieran Finn	Bedford	10.48	+2.7	BLE
1994	Jeff Pamplin	Dublin City Harriers	10.94		BLE
1995	Ian Craig	Annadale Striders	10.67		BLE
1996	Neil Ryan	Nenagh Olympic	10.74		BLE
1997	Neil Ryan	Nenagh Olympic	10.53		BLE
1998	Neil Ryan	Nenagh Olympic	10.79		BLE
1999	Gary Ryan	Nenagh Olympic	10.45	+1.5	AAI
2000	Gary Ryan	Nenagh Olympic	10.55	-0.6	AAI
2001	John McAdorey	Ballymena & Antrim	10.55	-1.8	AAI
2002	Gary Ryan	Nenagh Olympic	10.56	-0.4	AAI
2003	Gary Ryan	Nenagh Olympic	10.29	+3.0	AAI
2004	Paul Brizzel	Ballymena & Antrim	10.56	+3.0	AAI
2005	Gary Ryan	Nenagh Olympic	10.37	+3.0	AAI
2006	Darragh Graham	Slí Cualann	10.91	-0.6	AAI
2007	Paul Hession	Athenry	10.45	-1.0	AAI
2008	<b>Paul Hession</b>	<b>Athenry</b>	<b>10.26</b>	<b>+0.6</b>	<b>AAI</b>
2009	Jason Smyth	City of Derry	10.78	-2.9	AAI
2010	Jonathan Holmes	Kilkenny City Harriers	10.71	-0.8	AAI
2011	Jason Smyth	City of Derry	10.52	-2.1	AAI
2012	Paul Hession	Athenry	10.54	+1.0	AAI
2013	David Hynes	Menapians	10.64	-0.4	AAI
2014	Jamie Davis	Raheny Shamrock	10.90	-0.6	AAI
2015	Marcus Lawler	St Laurence O'Tooles	10.68	-1.2	AAI
2016	Jason Smyth	Derry Track Club	10.71	-1.9	AAI
2017	Jeremy Phillips	Clonliffe Harriers	10.39	+1.7	AAI
2018	Leon Reid	Menapians	10.42	-2.1	AAI
2019	Travane Morrison (JAM)	Tralee Harriers	10.61	0.3	AAI
2020	Stephen Gaffney	University College Dublin	10.63	-2.4	AAI
2021	Israel Olatunde	University College Dublin	10.49	1.7	AAI
2022	Israel Olatunde	University College Dublin	10.51	-1.7	AAI
2023	Israel Olatunde	University College Dublin	10.49	-2.1	AAI
2024	Israel Olatunde	Tallaght	10.27	1.0	AAI
2025	Bori Akinola	University College Dublin	10.29	-0.5	AAI

**200 m**

220 Yards 201.17m 1885-1968)

<b>Most titles</b>					
<b>220y</b>	<b>Denis Murray - 6</b>				<b>1901, 02, 03, 04, 05, 06</b>
	<b>Daniel Delany Bulger - 5</b>				<b>1885, 2 × 1886, 87, 88</b>
<b>200</b>	<b>Paul Brizzel - 5</b>				<b>2000, 02, 03, 05, 06</b>
	<b>Gary Ryan - 4</b>				<b>1996, 97, 98, 99</b>
	<b>Paul Hession - 4</b>				<b>2004, 07, 10, 11</b>
	<b>Joe Ryan - 4</b>				<b>1976, 77, 78, 80</b>
<b>Championship Record</b>					
<b>220y</b>	<b>Paddy Lowry</b>		<b>22.1</b>		<b>1960</b>
<b>200</b>	<b>Paul Hession</b>		<b>20.30 +0.1</b>		<b>2007</b>
<b>1885</b>	Daniel Delany Bulger	Dublin University	24.6	y	IAAA
<b>1886</b>	Daniel Delany Bulger	Dublin University	24.4	y	IAAA
<b>1886</b>	Daniel Delany Bulger	Dublin University	23.6	y	GAA
<b>1887</b>	Alfred Vigne	Dublin University	22.8	y	IAAA
<b>1887</b>	Daniel Delany Bulger	Dublin University	24.0	y	GAA
<b>1888</b>	Alfred Vigne	Dublin University	23.0	y	IAAA
<b>1888</b>	Daniel Delany Bulger	Dublin University	24.6	y	GAA
<b>1889</b>	Vivian W Grove Annesley	Co. Dublin Harriers	23.4	y	IAAA
<b>1889</b>	JJ Nolan	Dublin	23.8	y	GAA
<b>1890</b>	Laurence Quinlavin Bulger	Dublin University	24.2	y	IAAA
<b>1890</b>	JJ Nolan	Dublin	23.4	y	GAA
<b>1891</b>	Joseph Thomas McGee	Haddington Harriers	23.4	y	IAAA
<b>1891</b>	Patrick J "Patsy" O'Sullivan	Banteer	25.2	y	GAA
<b>1892</b>	Charles Russell Dickinson	Dublin University	23.8	y	IAAA
<b>1892</b>	Dan F Horgan	Cork	23.2	y	GAA
<b>1893</b>	Joseph Thomas McGee	Haddington Harriers	24.2	y	IAAA
<b>1893</b>	Joseph Thomas McGee	Haddington Harriers	23.8	y	GAA
<b>1894</b>	Joseph Thomas McGee	Haddington Harriers	24.2	y	IAAA
<b>1894</b>	M Falvey	Cork	NT	y	GAA
<b>1895</b>	James Creed "Jemmy" Meredith	Dublin University	23.0	y	IAAA
<b>1895</b>	Patrick "Dockty" McNamara	Limerick	23.6	y	GAA
<b>1896</b>	Norman D Morgan	Belfast	22.8	y	IAAA
<b>1896</b>	Joseph Thomas McGee	Haddington Harriers	23.2	y	GAA
<b>1897</b>	JF Gallagher	Belfast	23.2	y	IAAA
<b>1897</b>	A Morrison	Cork	24.2	y	GAA
<b>1898</b>	James Creed "Jemmy" Meredith	Dublin University	24.8	y	IAAA
<b>1898</b>	Jim O'Kelly Lynch	Dunmanway, Co. Cork	23.0	y	GAA
<b>1899</b>	CM Majury	Belfast	24.4	y	IAAA
<b>1899</b>	Peter O'Connor	Waterford	25.2	y	GAA
<b>1900</b>	Beauchamp Rochfort Day	Kingstown	23.8	y	IAAA
<b>1901</b>	Denis Murray	Kilmainham	23.8	y	IAAA
<b>1902</b>	Denis Murray	Kilmainham	23.4	y	IAAA
<b>1902</b>	Owen D Coll	Limerick	24.2	y	GAA
<b>1903</b>	Denis Murray	Kilmainham	23.8	y	IAAA
<b>1903</b>	JC Healy	Longford	24.2	y	GAA
<b>1904</b>	Denis Murray	Kilmainham	23.4	y	IAAA
<b>1904</b>	JC Healy	Longford	NT	y	GAA
<b>1905</b>	Denis Murray	Kilmainham	24.0	y	IAAA
<b>1905</b>	John Joseph Curry	Knockrea, Cork	23.8	y	GAA
<b>1906</b>	Denis Murray	Kilmainham	23.4	y	IAAA
<b>1906</b>	James Patrick Roche	Knockrea, Cork	23.2	y	GAA
<b>1907</b>	James Patrick Roche	Knockrea, Cork	24.0	y	IAAA
<b>1907</b>	James "Jim" O'Connor	Limerick	23.8	y	GAA
<b>1908</b>	William Murray	Dublin	24.0	y	IAAA
<b>1908</b>	TJ Kelly	Broadford, Co. Limerick	23.0	y	GAA
<b>1909</b>	William Murray	Dublin	24.2	y	IAAA
<b>1909</b>	TJ Kelly	Broadford, Co. Limerick	23.0	y	GAA

1910	William Murray	Dublin	23.8	y	IAAA	
1910	JA "Jerry" Beckett	Cork	24.0	y	GAA	
1911	William Murray	Dublin	23.8	y	IAAA	
1911	Patrick J Finn *	Kilfinane, Co. Limerick	22.8	y	GAA	*Ran under the alias of PJ Quinn
1912	Frederick Roland Studdert Shaw	Dublin University	23.8	y	IAAA	
1912	James "Jim" Keays	Pallasgreen, Co. Limerick	23.4	y	GAA	
1913	Frederick Roland Studdert Shaw	Dublin University	24.6	y	IAAA	
1913	Thomas B O'C Dunbar	Clohamon, Co Wexford	23.8	y	GAA	
1914	Frederick Roland Studdert Shaw	Dublin University	24.4	y	IAAA	
1914	AJ Heaney	Claremorris	23.0	y	GAA	
1915	Patrick J Finn *	Kilfinane, Co. Limerick	24.0	y	GAA	†Ran under the alias of JP McCarthy
1916	Daniel J O'Leary	Cork	22.8	y	GAA	
1917	Daniel J O'Leary	Cork	24.0	y	GAA	
1918	James "Jim" Keays	Pallasgreen, Co. Limerick	24.2	y	GAA	
1919	MJ Stafford	Dublin	24.0	y	IAAA	
1919	Harry H Conway	Meath	NT	y	GAA	
1920	MJ Stafford	Bohemian FC	24.2	y	IAAA	
1920	Daniel J O'Leary	Cork	24.8	y	GAA	
1921	Denis John Cussen	Dublin University	24.2	y	IAAA	
1921	JJ Bryne	Dublin	25.4	y	GAA	
1922	Robert Rowan Woods	Dublin University	23.0	y	IAAA	
1922	Francis J O'Dea	University College Dublin	24.0	200m	GAA	
1923	Robert Rowan Woods	Dublin University	23.4	y	NACAI	
1924	William J Lowe	Manchester	23.8	y	NACAI	
1925	Sean Lavan	University College Dublin	23.0	y	NACAI	
1926	Sean Lavan	University College Dublin	23.4	y	NACAI	
1927	Sean Lavan	University College Dublin	22.8	y	NACAI	
1928	Sean Lavan	University College Dublin	22.6	y	NACAI	
1929	Patrick C Moore	University College Dublin	22.8	y	NACAI	
1930	Patrick JB "Joe" Eustace	Croke	22.2	y	NACAI	
1931	Patrick C Moore	University College Dublin	23.4	y	NACAI	
1932	Patrick JB "Joe" Eustace	Croke	23.2	y	NACAI	
1933	M McAlinden		23.2	y	NACAI	
1934	Michael J O'Sullivan	University College Dublin	23.2	y	NACAI	
1935	Fred G Moran	City & Suburban Harriers	22.6	y	NACAI	
1936	Fred G Moran	City & Suburban Harriers	22.6	y	NACAI	
1937	Fred G Moran	City & Suburban Harriers	22.6	y	AAUE	
1937	JR Phelan	Shamrock AC, Kilkenny	23.7	y	NACAI	
1938	Fred G Moran	City & Suburban Harriers	23.0	y	AAUE	
1938	Charles Holohan	University College Dublin	23.7	y	NACAI	
1939	George William Craigie	Dublin University	22.9	y	AAUE	
1939	Eamonn Fitzmaurice	University College Dublin	23.2	y	NACAI	
1940	Stanley de Lacy	Clonliffe Harriers	23.0	y	AAUE	
1940	Eamonn Fitzmaurice	University College Dublin	23.0	y	NACAI	
1941	Jim C Conway	Civil Service	23.2	y	AAUE	
1941	Eamonn Fitzmaurice	University College Dublin	23.5	y	NACAI	
1942	Jim C Conway	Civil Service	23.6	y	AAUE	
1942	JR "Ronnie" Thornton	University College Dublin	24.0	y	NACAI	
1942	Jim C Conway	Civil Service	23.2	y	IAAB	
1943	Jim C Conway	Civil Service	23.8	y	AAUE	
1943	Donal Flanagan	University College Dublin	23.4	y	NACAI	
1943	JA Lyttle	Willowfield Harriers	24.6	y	IAAB	
1944	Jim C Conway	Civil Service	24.4	y	AAUE	
1944	Donal Flanagan	University College Dublin	23.0	y	NACAI	
1944	WD Marshall	Dublin University	23.4	y	IAAB	
1945	Robert Colclough Jephson	Dublin University	23.4	y	AAUE	
1945	TA Daly	University College Dublin	23.8	y	NACAI	
1945	Robert Colclough Jephson	Dublin University	23.6	y	IAAB	
1946	James Patrick "Jimmy" Reardon	Donore Harriers	23.2	y	AAUE	
1946	Kevin Connolly	Dundalk	23.4	y	NACAI	
1946	James Patrick "Jimmy" Reardon	Donore Harriers	NT	y	IAAB	
1947	John Arthur "Jack" Gregory	Crusaders	22.9	y	AAUE	
1947	Joe Kelly	Farranferris, Cork	22.9	y	NACAI	
1947	John Arthur "Jack" Gregory	Crusaders	23.6	y	IAAB	
1948	John Arthur "Jack" Gregory	Crusaders	22.3	y	AAUE	
1948	John J O'Donnell	Celtic, Dublin	22.2	y	NACAI	
1948	John Arthur "Jack" Gregory	Crusaders	22.6	y	IAAB	
1949	John Arthur "Jack" Gregory	Crusaders	22.9	y	AAUE	

1949	Frank Byrne	St James's Gate	23.2	y	NACAI
1949	Denis Maloney	Royal Ulster Constabulary	23.0	y	IAAB
1950	Louis Crowe	Clonliffe Harriers	22.6	y	AAUE
1950	Harry McCauley	Corrigan, Belfast	23.4	y	NACAI
1950	Louis Crowe	Clonliffe Harriers	22.6	y	IAAB
1951	ER "Ronnie" Plant	Crusaders	23.5	y	AAUE
1951	Harry McCauley	Corrigan, Belfast	22.8	y	NACAI
1951	R Kelly	Collegians	22.8	y	IAAB
1952	Paul P Dolan	Clonliffe Harriers	22.6	y	AAUE
1952	Jack O'Neill	University College Dublin	22.2	y	NACAI
1952	JA "Lexie" Tynan	Civil Service	23.0	y	IAAB
1953	JW "Bill" Dickson	Crusaders	22.6	y	AAUE
1953	Jack O'Neill	University College Dublin	22.6	y	NACAI
1953	JA "Lexie" Tynan	Civil Service	23.4	y	IAAB
1954	JA "Lexie" Tynan	Civil Service	22.8	y	AAUE
1954	Michael "Mick" Manning	Croom, Co. Limerick	23.4	y	NACAI
1954	Ronnie Chambers	Albert Foundry, Belfast	23.1	y	IAAB
1955	Gary Dempsey	Clonliffe Harriers	22.8	y	AAUE
1955	Owen Dalton	University College Dublin	22.9	y	NACAI
1955	Paddy Toner	Albert Foundry, Belfast	23.8	y	IAAB
1956	Gary Dempsey	Clonliffe Harriers	22.5	y	AAUE
1956	Albert Harding	Celtic, Dublin	23.4	y	NACAI
1956	JA "Lexie" Tynan	Civil Service	22.1	y	IAAB
1957	Gary Dempsey	Clonliffe Harriers	23.1	y	AAUE
1957	Owen Dalton	University College Dublin	23.6	y	NACAI
1957	Ronnie Chambers	Albert Foundry, Belfast	22.6	y	IAAB
1958	Niall Brophy	Crusaders	22.9	y	AAUE
1958	Albert Harding	Celtic, Dublin	23.0	y	NACAI
1958	Ronnie Chambers	Short & Harland, Belfast	22.3	y	IAAB
1959	M Cusack	Coventry Godiva Harriers	22.5	y	AAUE
1959	Gerald "Gerry" McShane	Dowdallshill, Dundalk	22.8	y	NACAI
1959	Patrick L "Paddy" Lowry	Civil Service	22.1	y	IAAB
1960	<b>Patrick L "Paddy" Lowry</b>	<b>Civil Service</b>	<b>22.1</b>	<b>y</b>	<b>AAUE</b>
1960	Andy Kilfeather	Sligo Eire Og	23.0	y	NACAI
1960	Patrick L "Paddy" Lowry	Civil Service	22.1	y	IAAB
1961	Robert Vernon "Bob" Francis	Dublin University	22.7	y	AAUE
1961	Gerald "Gerry" McShane	Dowdallshill, Dundalk	22.4	y	NACAI
1961	Patrick L "Paddy" Lowry	Civil Service	22.4	y	IAAB
1962	JA "Lexie" Tynan	Civil Service	22.6	y	AAUE
1962	Gerald "Gerry" McShane	Dowdallshill, Dundalk	23.5	y	NACAI
1962	David Bennett	Sullivan Upper School	22.5	y	IAAB
1963	Victor Manning (Wiesław Maniak)	Crusaders	22.4	y	AAUE
1963	Jimmy Jordan	Waterford	22.4	y	NACAI
1963	David Bennett	Short & Harland, Belfast	21.5	y	IAAB
1964	William J "Billy" Kinlan	Crusaders	22.2	y	AAUE
1964	MG "Gerry" Carroll	Dún Dealgan	22.4	y	NACAI
1964	David Bennett	Short & Harland, Belfast	22.1	y	IAAB
1965	Jimmy Jordan	Clonliffe Harriers	23.0	y	AAUE
1965	MG "Gerry" Carroll	Dún Dealgan	22.4	y	NACAI
1965	Gerry Carson	Albert Foundry, Belfast	NT	y	IAAB
1966	Dermot Coburn	Avondale	23.7	y	AAUE
1966	J Cashel Riordan	St Finbarr's Cork	21.8	y	NACAI
1966	I Rees	Dublin University	22.6	y	IAAB
1967	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	22.6	y	BLE
1968	Brendan O'Regan	Limerick	21.8		BLE
1969	Brendan O'Regan	Limerick	22.1		BLE
1970	Brendan O'Regan	University College Cork	21.4		BLE
1971	Joe Kirwan	Stretford, Manchester	22.0		BLE
1972	Fanahan McSweeney	Grange Fermoy	21.5		BLE
1973	Frank Walley	Leevale	22.1		BLE
1974	Fanahan McSweeney	Grange Fermoy	22.5		BLE
1975	Tim Crowe	Limerick	21.8		BLE
1976	Joe Ryan	Dublin City Harriers	22.4		BLE
1977	Joe Ryan	Dublin City Harriers	21.65		BLE
1978	Joe Ryan	Dublin City Harriers	22.17		BLE
1979	Alan Fawcett	Annadale Striders	21.70		BLE
1980	Joe Ryan	Dublin City Harriers	21.77		BLE
1981	Michael Kiernan	Leevale	21.48		BLE

1982	Gerry Delaney	Dublin City Harriers	22.10		BLE
1983	Derek O'Connor	Dundrum South Dublin	21.25		BLE
1984	Derek O'Connor	Dundrum South Dublin	21.06		BLE
1985	Derek O'Connor	Dundrum South Dublin	20.95		BLE
1986	Philip Snoddy	Annadale Striders	21.42		BLE
1987	Philip Snoddy	Annadale Striders	21.29		BLE
1988	Philip Snoddy	Annadale Striders	20.50	w	BLE
1989	Gerry Delaney	Dublin City Harriers	22.37		BLE
1990	Barry Martin	Redeemer	21.41		BLE
1991	Barry Martin	Redeemer	21.69		BLE
1992	Mark Allen	Annadale Striders	21.78		BLE
1993	Kieran Finn	Bedford	21.42	+4.0	BLE
1994	Tom McGuirk	Dublin City Harriers	21.58		BLE
1995	Mark Allen	Annadale Striders	21.35		BLE
1996	Gary Ryan	Nenagh Olympic	21.10		BLE
1997	Gary Ryan	Nenagh Olympic	21.02		BLE
1998	Gary Ryan	Nenagh Olympic	20.88		BLE
1999	Gary Ryan	Nenagh Olympic	21.21	+1.1	BLE
2000	Paul Brizzel	Ballymena & Antrim	20.73	+1.4	AAI
2001	Mark Howard	Fingallians	21.56	-4.0	AAI
2002	Paul Brizzel	Ballymena & Antrim	20.59	+2.1	AAI
2003	Paul Brizzel	Ballymena & Antrim	21.01	+0.2	AAI
2004	Paul Hession	Athenry	21.43	-5.1	AAI
2005	Paul Brizzel	Ballymena & Antrim	21.08	-1.4	AAI
2006	Paul Brizzel	Ballymena & Antrim	21.33	-1.0	AAI
2007	<b>Paul Hession</b>	<b>Athenry</b>	<b>20.30</b>	<b>+0.1</b>	<b>AAI</b>
2008	Darragh Graham	Slí Cualann	21.38	+3.4	AAI
2009	David Gillick	Dundrum South Dublin	21.43	-3.6	AAI
2010	Paul Hession	Athenry	20.77	-0.9	AAI
2011	Paul Hession	Athenry	20.51	+0.6	AAI
2012	Steven Colbert	Crusaders	20.78	+2.8	AAI
2013	Steven Colbert	Crusaders	21.13	-0.5	AAI
2014	David Hynes (tied)	Menapians	21.42	-0.2	AAI
2014	Eanna Madden (tied)	Carrick-on-Shannon	21.42	-0.2	AAI
2015	Marcus Lawler	St Laurence O'Toole	21.17	-3.0	AAI
2016	Eanna Madden	Carrick-on-Shannon	21.37	+0.8	AAI
2017	Eanna Madden	Carrick-on-Shannon	21.07	+0.3	AAI
2018	Leon Reid	Menapians	20.74	-1.1	AAI
2019	Leon Reid	Menapians	20.62	1.8	AAI
2020	Marcus Lawler	St Laurence O'Toole	20.95		AAI
2021	Leon Reid	Menapians	20.79	1.8	AAI
2022	Mark Smyth	Raheny Shamrock	21.95	-6.5	AAI
2023	Mark Smyth	Raheny Shamrock	20.87	-2.2	AAI
2024	Mark Smyth	Raheny Shamrock	20.70	1.5	AAI
2025	Marcus Lawler	Clonliffe Harriers	20.66	0.4	AAI

## 300 Yards (274.32m)

### Most titles

lognáid G "Iggy" Ó Muircheartaigh - 4

1964, 66, 67, 68

### Championship Record

Fanahan McSweeney

31.05 1970

1944	Des Flanagan	Phoenix Harriers	33.6	NACAI
1945	Joe Kelly	Farranferris, Cork	33.2	NACAI
1946	J Farrelly	Civil Service	33.0	NACAI
1947	Kevin Connolly	Dundalk	32.9	NACAI
1948	Kevin Connolly	Dundalk	NT	NACAI
1949	P Hynes	Ballinasloe	32.4	NACAI
1950	John O'Donovan	University College Cork	33.6	NACAI
1951	JJ "Seamus" Kelly	Phoenix Harriers	32.2	NACAI
1952	Jack O'Neill	University College Dublin	32.9	NACAI
1953	Eamonn Kinsella	St James's Gate	32.8	NACAI
1954	Michael "Mick" Manning	Croom	NT	NACAI
1955	Albert Harding	Celtic, Dublin	32.4	NACAI
1956	Albert Harding	Celtic, Dublin	32.4	NACAI
1957	Albert Harding	Celtic, Dublin	32.0	NACAI
1959	Gerald "Gerry" McShane	Dowdallshill, Dundalk	34.6	NACAI
1960	Gerald "Gerry" McShane	Dowdallshill, Dundalk	NT	NACAI
1961	J Cashel Riordan	University College Cork	31.8	NACAI
1962	J Cashel Riordan	University College Cork	31.2	NACAI
1963	Martin J Lynch	St Finbarr's Cork	31.5	NACAI
1964	lognáid G "Iggy" Ó Muircheartaigh	University College Dublin	31.6	NACAI
1965	Aidan O'Brien	Dungannon	NT	NACAI
1966	lognáid G "Iggy" Ó Muircheartaigh	University College Dublin	33.2	NACAI
1967	lognáid G "Iggy" Ó Muircheartaigh	University College Dublin	31.09	BLE
1968	lognáid G "Iggy" Ó Muircheartaigh	University College Dublin	31.30	BLE
1969	Fanahan McSweeney	Grange Fermoy	NT	BLE
1970	<b>Fanahan McSweeney</b>	<b>Grange Fermoy</b>	<b>31.05</b>	<b>BLE</b>
1971	Bernard Walley	Leevale	NT	BLE
1972	Brendan O'Regan	Limerick	NT	BLE

Discontinued

**400 m**

440 Yards / 402.34 m 1873-1968)

<b>Most titles</b>		
<b>440y</b>	<b>Sean Lavan - 6</b>	<b>1923, 24, 25, 26, 27, 28</b>
	<b>James McKenzie - 5</b>	<b>1901, 03, 2 × 1904, 05</b>
<b>400</b>	<b>Fanahan McSweeney - 5</b>	<b>1969, 70, 72, 77, 79</b>
	<b>Brian Gregan - 5</b>	<b>2009, 14, 15, 16, 17</b>

<b>Championship Record</b>		
<b>440y</b>	<b>Noel Carroll</b>	<b>48.0 1967</b>
<b>400</b>	<b>Paul McKee</b>	<b>45.58 2002</b>

<b>1873</b>	Reginald Charles Miller	Dublin University	51.6	y	Irish Champions AC
<b>1874</b>	James Heron	Lurgan	53.25	y	Irish Champions AC
<b>1875</b>	James Heron	Lurgan	53.4	y	Irish Champions AC
<b>1876</b>	Abraham Prim Cronyn	Dublin University	55.2	y	Irish Champions AC
<b>1877</b>	William M'Cord	Queen's College Belfast	52.0	y	Irish Champions AC
<b>1878</b>	John T Belcher	Queen's College Cork	52.75	y	Irish Champions AC
<b>1879</b>	Thomas M Malone	TAAC	51.2	y	Irish Champions AC
<b>1880</b>	Thomas A Lynch	Irish Champions AC	52.4	y	Irish Champions AC
<b>1881</b>	George D Christian	City & Suburban Harriers	52.0	y	Irish Champions AC
<b>1882</b>	Thomas A Guinness	London & United Hospital	54.0	y	AAAI
<b>1883</b>	George D Christian	City & Suburban Harriers	52.4	y	AAAI
<b>1884</b>	John E Hussey	Tralee	53.2	y	AAAI
<b>1885</b>	George D Christian	City & Suburban Harriers	52.4	y	IAAA
<b>1885</b>	Timothy Jerome O'Mahony	Rosscarbery, Co. Cork	60.0	y	GAA
<b>1886</b>	Timothy Jerome O'Mahony	Rosscarbery, Co. Cork	53.4	y	IAAA
<b>1886</b>	Ernest D Robinson	Nottinghamshire	54.6	y	GAA
<b>1887</b>	MA Sweeney	Metropolitan Harriers	52.6	y	IAAA
<b>1887</b>	Timothy Jerome O'Mahony	Rosscarbery, Co. Cork	57.0	y	GAA
<b>1888</b>	Alfred Vigne	Dublin University	53.4	y	IAAA
<b>1888</b>	Timothy Jerome O'Mahony	Rosscarbery, Co. Cork	53.6	y	GAA
<b>1889</b>	Richard Dingwell Freeman	Dublin University	54.0	y	IAAA
<b>1889</b>	George Knox-Dillon	Bantry	51.6	y	GAA
<b>1890</b>	Thomas M Donovan	Queen's College Cork	53.4	y	IAAA
<b>1890</b>	Herbert George "Bertie" Wells	Dublin	54.0	y	GAA
<b>1891</b>	Charles Russell Dickinson	Dublin University	53.6	y	IAAA
<b>1891</b>	Patrick J "Patsy" O'Sullivan	Banteer	54.0	y	GAA
<b>1892</b>	Charles Russell Dickinson	Dublin University	51.5	y	IAAA
<b>1892</b>	Dan F Horgan	Cork	54.0	y	GAA
<b>1893</b>	Joseph Thomas McGee	Haddington Harriers	54.4	y	IAAA
<b>1893</b>	Johnson Egan	Monasterevin	53.8	y	GAA
<b>1894</b>	Joseph Thomas McGee	Haddington Harriers	51.8	y	IAAA
<b>1894</b>	Denis Carey	Dublin Metropolitan Garda	55.0	y	GAA
<b>1895</b>	James Creed "Jemmy" Meredith	Dublin University	51.6	y	IAAA
<b>1895</b>	J Archer	Elysian Harriers	56.2	y	GAA
<b>1896</b>	James Creed "Jemmy" Meredith	Dublin University	51.0	y	IAAA
<b>1896</b>	Patrick J Kerley	Aesculapian AC	57.2	y	GAA
<b>1897</b>	James Creed "Jemmy" Meredith	Dublin University	51.4	y	IAAA
<b>1897</b>	JJ O'Flynn	Haddington Harriers	51.4	y	GAA
<b>1898</b>	James Creed "Jemmy" Meredith	Dublin University	52.6	y	IAAA
<b>1898</b>	Thomas Garde	Castlemartyr, Co. Cork	53.6	y	GAA
<b>1899</b>	Charles Cecil Harman	Dublin University	52.2	y	IAAA
<b>1899</b>	Thomas Garde	Castlemartyr, Co. Cork	51.6	y	GAA
<b>1900</b>	Beauchamp Rochfort Day	Kingstown	52.4	y	IAAA
<b>1901</b>	James J McKenzie	City & Suburban Harriers	52.8	y	IAAA
<b>1901</b>	JM Connolly	Knockree, Cork	57.0	y	GAA
<b>1902</b>	Charles Reginald Fausset	Dublin University	53.8	y	IAAA
<b>1902</b>	JM Connolly	Knockree, Cork	54.0	y	GAA
<b>1903</b>	James J McKenzie	City & Suburban Harriers	51.8	y	IAAA
<b>1903</b>	WHB Parker	Kilkenny	54.8	y	GAA

1904	James J McKenzie	City & Suburban Harriers	52.6	y	IAAA
1904	James McKenzie	Haddington Harriers	NT	y	GAA
1905	James J McKenzie	City & Suburban Harriers	53.4	y	IAAA
1905	John F McEniry	Limerick	53.4	y	GAA
1906	Harry Thrift	Dublin University	54.4	y	IAAA
1906	A Hynes	Cork	52.8	y	GAA
1907	Ivo Fairbairn-Crawford	Armstrong-Whitworth	54.2	y	IAAA
1907	TJ McNamara	Clare	52.8	y	GAA
1908	George Newcomen Morphy	Dublin University	53.2	y	IAAA
1908	TJ Kelly	Broadford, Co. Limerick	52.0	y	GAA
1909	George Newcomen Morphy	Dublin University	56.4	y	IAAA
1909	TJ Kelly	Broadford, Co. Limerick	50.8	y	GAA
1910	George Newcomen Morphy	Dublin University	54.6	y	IAAA
1910	Daniel F Harkins	Athy	52.0	y	GAA
1911	J Donning	Linfield	53.4	y	IAAA
1911	Daniel F Harkins	Athy	55.0	y	GAA
1912	J Gray	Surrey	51.8	y	IAAA
1912	DA McCarthy	Skibbereen, Co. Cork	52.4	y	GAA
1913	James M Hill	Clonliffe Harriers	57.2	y	IAAA
1913	DA McCarthy	Skibbereen, Co. Cork	53.2	y	GAA
1914	MCC Harrison	London	57.2	y	IAAA
1914	Andy J Heaney	Claremorris	53.0	y	GAA
1915	FJ McCarthy	Cork	52.2	y	GAA
1916	P Lehane	Donoughmore, Co. Cork	51.5	y	GAA
1917	Patrick T O'Herlihy	Ovens, Co. Cork	NT	y	GAA
1918	CM Ryan	Hollyford, Co. Tipperary	55.8	y	GAA
1919	MJ Stafford	Dublin	54.4	y	IAAA
1919	Patrick T O'Herlihy	Ovens, Co. Cork	51.0	y	GAA
1920	Hedges Eyre Worthington-Eyre	Dublin University	54.6	y	IAAA
1920	MJ Kennedy	Clonee, Co. Meath	54.4	y	GAA
1921	Norman J McEachern	Clonliffe Harriers	54.4	y	IAAA
1921	D Healy	Cork	55.6	y	GAA
1922	Robert Humphreys McKeag	Dublin University	53.8	y	IAAA
1922	MJ Kennedy	Leixlip	54.4	400m	GAA
1923	Sean Lavan	University College Dublin	52.8	y	NACAI
1924	Sean Lavan	University College Dublin	52.2	y	NACAI
1925	Sean Lavan	University College Dublin	51.8	y	NACAI
1926	Sean Lavan	University College Dublin	52.4	y	NACAI
1927	Sean Lavan	University College Dublin	51.6	y	NACAI
1928	Sean Lavan	University College Dublin	51.4	y	NACAI
1929	Patrick C Moore	University College Dublin	50.8	y	NACAI
1930	Patrick C Moore	University College Dublin	49.4	y	NACAI
1931	Patrick C Moore	University College Dublin	51.4	y	NACAI
1932	D Ryan	Croke	52.0	y	NACAI
1933	George Alexander Levis	Dublin University	52.6	y	NACAI
1934	D Ryan	Croke	51.4	y	NACAI
1935	JSM King	Civil Service	51.2	y	NACAI
1936	Jimmy O'Collins	Drogheda	52.7	y	NACAI
1937	JR Matchett	RUC	52.4	y	AAUE
1937	Frank J O'Connor	Kenmare	52.8	y	NACAI
1938	AG Baldwin	East Lancashire Regiment	51.6	y	AAUE
1938	William J McKee	Corrigan, Belfast	54.0	y	NACAI
1939	Harold Kirk	Queen's University Belfast	51.8	y	AAUE
1939	William A "Willie" Beckett	Cork	53.0	y	NACAI
1940	Desmond Terence Young	Dublin University	52.0	y	AAUE
1940	NJ Robinson	South Dublin Harriers	51.6	y	NACAI
1941	Charles HP Denroche	Dublin University	52.2	y	AAUE
1941	William J McKee	Corrigan, Belfast	51.6	y	NACAI
1942	R Murphy	Civil Service	55.2	y	AAUE
1942	William J McKee	Corrigan, Belfast	52.4	y	NACAI
1942	J Darragh	Queens University Belfast	51.7	y	IAAB
1943	Arthur KD Rutherford	Dublin University	51.3	y	AAUE
1943	Brendan J Flanagan	University College Dublin	57.2	y	NACAI
1943	CH Murphy	Civil Service	58.0	y	IAAB
1944	Frederick Mills Marshall	Dublin University	52.0	y	AAUE
1944	Donal Flanagan	St James's Gate	51.8	y	NACAI
1944	Frederick Mills Marshall	Dublin University	NT	y	IAAB
1945	George Arnold Ruskell	Dublin University	53.2	y	AAUE

1945	Thomas A "Tommy" Daly	University College Dublin	52.4	y	NACAI
1945	Hastings Elliott Jephson	Dublin University	52.6	y	IAAB
1946	Hastings Elliott Jephson	Dublin University	53.5	y	AAUE
1946	Kevin Connolly	Dundalk	52.2	y	NACAI
1946	JA Willis	Queens University Belfast	52.8	y	IAAB
1947	Jimmy Reardon	Donore Harriers	51.6	y	AAUE
1947	Joe Kelly	Farranferris, Cork	50.4	y	NACAI
1947	Jimmy Reardon	Donore Harriers	51.0	y	IAAB
1948	Cormac O'Cleirigh	Crusaders	50.3	y	AAUE
1948	Sean Dobbyn	Ballincollig, Co. Cork	52.2	y	NACAI
1948	Cormac O'Cleirigh	Crusaders	50.9	y	IAAB
1949	Paul P Dolan	Clonliffe Harriers	51.0	y	AAUE
1949	EC "Gene" Largey	Armagh City Harriers	52.2	y	NACAI
1949	LF Thompson	Collegians	52.5	y	IAAB
1950	Paul P Dolan	Clonliffe Harriers	50.0	y	AAUE
1950	JJ "Seamus" Kelly	Phoenix Harriers	51.8	y	NACAI
1950	Paul P Dolan	Clonliffe Harriers	50.0	y	IAAB
1951	Alan James Cook	Dublin University	51.5	y	AAUE
1951	Diarmuid MacCarvill	University College Dublin	51.4	y	NACAI
1951	Brian Lewis	Willowfield Temperance Harriers	51.5	y	IAAB
1952	Paul P Dolan	Clonliffe Harriers	49.2	y	AAUE
1952	Tom Cavanagh	University College Cork	52.2	y	NACAI
1952	Paul P Dolan	Clonliffe Harriers	48.5	y	IAAB
1953	JW "Bill" Dickson	Crusaders	50.8	y	AAUE
1953	Jack O'Neill	University College Dublin	51.5	y	NACAI
1953	WH Dundas	Royal Ulster Constabulary	52.5	y	IAAB
1954	JW "Bill" Dickson	Crusaders	51.1	y	AAUE
1954	Albert Harding	Celtic, Dublin	51.1	y	NACAI
1954	Brian Lewis	Willowfield Temperance Harriers	51.1	y	IAAB
1955	Ronald Michael "Ronnie" Delany	Crusaders	49.8	y	AAUE
1955	Thomas J O'Mahony	Custume Barracks, Athlone	51.1	y	NACAI
1955	P Godden	Dublin University	52.5	y	IAAB
1956	Ronald Michael "Ronnie" Delany	Crusaders	49.5	y	AAUE
1956	Pat Cooke	Ennis	52.6	y	NACAI
1956	Brian Lewis	Willowfield Temperance Harriers	49.4	y	IAAB
1957	Gary Dempsey	Clonliffe Harriers	50.8	y	AAUE
1957	Charles "Charlie" Vaughan	St Finbarr's Cork	51.3	y	NACAI
1957	Gary Dempsey	Clonliffe Harriers	49.9	y	IAAB
1958	Derek McCleane	Crusaders	50.3	y	AAUE
1958	Charles "Charlie" Vaughan	St Finbarr's Cork	50.5	y	NACAI
1958	P Godden	Dublin University	49.8	y	IAAB
1959	Robert Vernon "Bob" Francis	Dublin University	49.4	y	AAUE
1959	JJ "Jim" McKenna	University College Cork	50.1	y	NACAI
1959	Robert Vernon "Bob" Francis	Dublin University	50.4	y	IAAB
1960	Robert Vernon "Bob" Francis	Dublin University	49.7	y	AAUE
1960	Gerald "Gerry" McShane	Dowdallshill, Dundalk	51.4	y	NACAI
1960	Derek McCleane	Crusaders	48.9	y	IAAB
1961	Noel Carroll	Civil Service	49.6	y	AAUE
1961	J Cashel Riordan	University College Cork	49.8	y	NACAI
1961	Derek McCleane	Crusaders	49.8	y	IAAB
1962	Derek McCleane	Crusaders	49.0	y	AAUE
1962	J Cashel Riordan	University College Cork	50.0	y	NACAI
1962	Derek McCleane	Crusaders	49.1	y	IAAB
1963	Jimmy Linnane	Crusaders	49.4	y	AAUE
1963	Jimmy Jordan	Waterford	49.9	y	NACAI
1963	Derek McCleane	Crusaders	51.8	y	IAAB
1964	Jimmy Linnane	Crusaders	48.9	y	AAUE
1964	Iognáid G "Iggly" Ó Muirheartaigh	University College Dublin	50.8	y	NACAI
1964	Jimmy Linnane	Crusaders	49.4	y	IAAB
1965	Derek McCleane	Crusaders	48.8	y	AAUE
1965	Brian Murphy	Fr Mathew Cork	49.9	y	NACAI
1966	Noel Carroll	Civil Service	48.2	y	AAUE
1966	J Cashel Riordan	St Finbarr's Cork	49.0	y	NACAI
1966	Derek McCleane	Crusaders	48.7	y	IAAB
1967	<b>Noel Carroll</b>	<b>Civil Service</b>	<b>48.0</b>	<b>y</b>	<b>BLE</b>
1968	Noel Carroll	Civil Service	48.4	y	BLE
1969	Fanahan McSweeney	Mallow	48.3		BLE
1970	Fanahan McSweeney	Grange Fermoy	48.6		BLE

1971	John Dillon	Dublin City Harriers	48.5	BLE
1972	Fanahan McSweeney	Grange Fermoy	47.8	BLE
1973	Denis O'Connell	University College Dublin	49.0	BLE
1974	Tim Crowe	Limerick	47.6	BLE
1975	Tim Crowe	Limerick	48.0	BLE
1976	Denis O'Connell	Marcab, Dublin	50.1	BLE
1977	Fanahan McSweeney	Grange Fermoy	47.90	BLE
1978	Tim Crowe	Limerick	48.89	BLE
1979	Fanahan McSweeney	Grange Fermoy	48.93	BLE
1980	Gerry Delaney	Crusaders	47.94	BLE
1981	Brian Dunne	South Dublin	48.25	BLE
1982	Ken Thompson	Annadale Striders	48.17	BLE
1983	Gerry Delaney	Dublin City Harriers	47.80	BLE
1984	Gerry Delaney	Dublin City Harriers	46.92	BLE
1985	Kieran Finn	Burgerland, Limerick	47.40	BLE
1986	Gerry Delaney	Dublin City Harriers	47.45	BLE
1987	Kieran Finn	Raheny Shamrock	47.22	BLE
1988	Gerry Delaney	Dublin City Harriers	46.85	BLE
1989	Brendan Murphy	Cashel	47.88	BLE
1990	Brendan Murphy	Cashel	47.63	BLE
1991	Peter Sinclair	Banbridge	47.34	BLE
1992	Stephen Newman	Dublin City Harriers	48.04	BLE
1993	Sean McAteer	Harold's Cross	48.07	BLE
1994	Sean McAteer	Harold's Cross	47.17	BLE
1995	Stephen Newman	Dublin City Harriers	47.93	BLE
1996	Eugene Farrell	Dublin City Harriers	47.56	BLE
1997	Brian Forbes	Mid Ulster	47.06	BLE
1998	Brian Forbes	Mid Ulster	47.72	BLE
1999	Paul McBurney	Lisburn	47.09	BLE
2000	Tomás Coman	Moycarkey Coolcroe	46.56	AAI
2001	Tomás Coman	Moycarkey Coolcroe	45.99	AAI
2002	<b>Paul McKee</b>	<b>Beechmount Harriers</b>	<b>45.58</b>	<b>AAI</b>
2003	Paul McKee	Beechmount Harriers	46.43	AAI
2004	Tomás Coman	Moycarkey Coolcroe	45.91	AAI
2005	Tomás Coman	Moycarkey Coolcroe	46.48	AAI
2006	David Gillick	Dundrum South Dublin	45.67	AAI
2007	David Gillick	Dundrum South Dublin	46.34	AAI
2008	Gordon Kennedy	Tullamore Harriers	46.91	AAI
2009	Brian Gregan	Tallaght	46.44	AAI
2010	Gordon Kennedy	Tullamore Harriers	46.57	AAI
2011	Brian Murphy	Crusaders	46.68	AAI
2012	Brian Murphy	Crusaders	46.97	AAI
2013	Brian Murphy	Crusaders	47.14	AAI
2014	Brian Gregan	Clonliffe Harriers	46.56	AAI
2015	Brian Gregan	Clonliffe Harriers	46.20	AAI
2016	Brian Gregan	Clonliffe Harriers	46.28	AAI
2017	Brian Gregan	Clonliffe Harriers	45.74	AAI
2018	Christopher O'Donnell	North Sligo	46.92	AAI
2019	Christopher O'Donnell	North Sligo	47.05	AAI
2020	Christopher O'Donnell	North Sligo	47.12	AAI
2021	Cillin Greene	Galway City Harriers	46.38	AAI
2022	Christopher O'Donnell	North Sligo	46.82	AAI
2023	Christopher O'Donnell	North Sligo	45.97	AAI
2024	Jack Raftery	Donore Harriers	45.95	AAI
2025	Jack Raftery	Donore Harriers	45.71	AAI

## 800 m

880 Yards / 804.67m (1873-1968)

<b>Most titles</b>		
<b>880y</b>	<b>Derek McCleane - 8</b>	<b>1958, 59, 60, 61, 62, 64, 65, 66</b>
<b>800</b>	<b>Mark English - 10</b>	<b>2011, 2014-2019, 2022, 24-25</b>

<b>Championship Record</b>		
<b>880y</b>	<b>Noel Carroll</b>	<b>1.48.5 1968</b>
<b>800</b>	<b>James Nolan</b>	<b>1.46.68 1999</b>

<b>1873</b>	Alfred Campbell Courtney	Dublin University	2.03.5	y	Irish Champions AC
<b>1874</b>	Alfred Campbell Courtney	Dublin University	2.07.5	y	Irish Champions AC
<b>1875</b>	Alfred Campbell Courtney	Dublin University	2.07.0	y	Irish Champions AC
<b>1876</b>	John B Ferguson	North of Ireland Cricket Club	2.06.2	y	Irish Champions AC
<b>1877</b>	James Pinion	Windsor	2.03.2	y	Irish Champions AC
<b>1878</b>	James Pinion	Queen's University Belfast	2.04.5	y	Irish Champions AC
<b>1879</b>	George J Searight	Irish Champions AC	2.03.6	y	Irish Champions AC
<b>1880</b>	Thomas A Lynch	Irish Champions AC	2.07.0	y	Irish Champions AC
<b>1881</b>	Thomas A Guinness	London & United Hospital	2.07.0	y	Irish Champions AC
<b>1882</b>	Thomas A Guinness	London & United Hospital	2.02.6	y	AAAI
<b>1883</b>	William G Meade	Cork AAC	2.04.8	y	AAAI
<b>1884</b>	John E Hussey	Tralee	2.01.8	y	AAAI
<b>1885</b>	JG Beatty	Co Dublin Harriers	2.03.6	y	IAAA
<b>1886</b>	Tommy Conneff	Haddington Harriers	2.02.5	y	IAAA
<b>1886</b>	Ernest D Robinson	Nottinghamshire	2.05.2	y	GAA
<b>1887</b>	James C Minniece	Templepatrick	2.04.4	y	IAAA
<b>1887</b>	William "Billy" Phibbs	Bridestown, Co. Cork	NT	y	GAA
<b>1888</b>	William Lloyd Aherin	Co Dublin Harriers	2.03.8	y	IAAA
<b>1888</b>	William "Billy" Phibbs	Bridestown, Co. Cork	2.05.4	y	GAA
<b>1889</b>	John A McMaster	North Down	2.04.0	y	IAAA
<b>1889</b>	TJ Corcoran	Tara, Co. Meath	2.01.2	y	GAA
<b>1890</b>	Enoch F McKeown	Linfield	2.06.0	y	IAAA
<b>1890</b>	TJ Corcoran	Tara, Co. Meath	2.10.6	y	GAA
<b>1891</b>	Tady McMahan	Limerick	2.00.8	y	IAAA
<b>1891</b>	Michael "Mike" Ryan	Cashel	2.08.6	y	GAA
<b>1892</b>	Robert Henry Moore	Dublin University	2.03.8	y	IAAA
<b>1892</b>	Michael "Mike" Ryan	Cashel	2.05.4	y	GAA
<b>1893</b>	John J Mullen	Armagh Harriers	2.04.6	y	IAAA
<b>1893</b>	Arthur Atkinson Seeds *	Dublin University	2.00.0	y	GAA
<b>1894</b>	John J Mullen	Armagh Harriers	2.02.0	y	IAAA
<b>1894</b>	JJ Butler	Callan/Elysian Harriers	2.06.4	y	GAA
<b>1895</b>	John J Mullen	Armagh Harriers	2.03.5	y	IAAA
<b>1895</b>	John J Mullen	Elysian Harriers	2.04.0	y	GAA
<b>1896</b>	PJ Byrne	Waterford	2.02.4	y	IAAA
<b>1896</b>	Tady McMahan	Limerick	2.02.0	y	GAA
<b>1897</b>	Cyril Henry Dickinson	Dublin University	2.04.6	y	IAAA
<b>1897</b>	David "Dave" Christopher	Waterford	2.04.0	y	GAA
<b>1898</b>	Cyril Henry Dickinson	Dublin University	2.03.8	y	IAAA
<b>1898</b>	C Quinlan	Cork	2.11.0	y	GAA
<b>1899</b>	James E Finnegan	Haddington Harriers	2.05.0	y	IAAA
<b>1899</b>	James E Finnegan	Dublin	2.05.2	y	GAA
<b>1900</b>	James J McKenzie	City & Suburban	2.05.2	y	IAAA
<b>1900</b>	James E Finnegan	Dublin	2.23.4	y	GAA
<b>1901</b>	James E Finnegan	Haddington Harriers	2.05.4	y	IAAA
<b>1901</b>	Abandoned		—	y	GAA
<b>1902</b>	James E Finnegan	Haddington Harriers	2.09.6	y	IAAA
<b>1902</b>	Michael Hynan	Knocklong, Co. Limerick	2.04.0	y	GAA
<b>1903</b>	Samuel Carter Armstrong	Templederry, Co Tipperary	2.04.4	y	IAAA
<b>1903</b>	John Culhane	Newtownshandrum, Co. Cork	2.00.2	y	GAA
<b>1904</b>	James J McKenzie	City & Suburban	2.03.0	y	IAAA

\*Ran under the alias AA Dallas

1904	John Culhane	Newtownshandrum, Co. Cork	NT	y	GAA
1905	George Newcomen Morphy	Dublin University	2.01.4	y	IAAA
1905	John Culhane	Newtownshandrum, Co. Cork	2.03.0	y	GAA
1906	George Newcomen Morphy	Dublin University	2.05.6	y	IAAA
1906	C Warren	Castletown Kinneigh, Co. Cork	2.02.0	y	GAA
1907	Ivo Fairbairn-Crawford	Armstrong-Whitworth	2.03.4	y	IAAA
1907	Michael J Maye	Fermoy	2.05.8	y	GAA
1908	George Newcomen Morphy	Dublin University	2.00.4	y	IAAA
1908	Michael J Maye	Fermoy	2.01.0	y	GAA
1909	Ivo Fairbairn-Crawford	Armstrong-Whitworth	2.10.0	y	IAAA
1909	P Wright	Phillipstown (Daingean), Co. Offaly	2.00.0	y	GAA
1910	MC Harrison	Blackheath	2.04.0	y	IAAA
1910	Michael J Maye	Fermoy	2.04.0	y	GAA
1911	James M Hill	Queen's Park Harriers	2.00.6	y	IAAA
1911	Robert "Bob" Hales	Bandon	2.00.5	y	GAA
1912	James M Hill	Queen's Park Harriers	2.02.0	y	IAAA
1912	DA McCarthy	Skibbereen, Co. Cork	2.02.2	y	GAA
1913	James M Hill	Queen's Park Harriers	2.08.6	y	IAAA
1913	DA McCarthy	Skibbereen, Co. Cork	2.02.4	y	GAA
1914	J Gamble	Ballymoney, Co. Antrim	2.02.8	y	IAAA
1914	P Lehane	Donoughmore, Co. Cork	2.06.0	y	GAA
1915	JJ Ryan	Loughrea, Co. Galway	2.00.2	y	GAA
1916	Patrick T O'Herlihy	Ovens, Co. Cork	2.02.0	y	GAA
1917	Patrick T O'Herlihy	Ovens, Co. Cork	2.01.0	y	GAA
1918	George Magan	Celbridge	2.02.4	y	GAA
1919	J Monahan	Dublin	2.10.8	y	IAAA
1919	George Magan	Celbridge	2.04.0	y	GAA
1920	Charles Benjamin Mein	Dublin University	2.06.8	y	IAAA
1920	MJ Kennedy	Clonee, Co. Meath	2.06.4	y	GAA
1921	Norman J McEachern	Clonliffe Harriers	2.02.8	y	IAAA
1921	George Magan	Celbridge	2.05.0	y	GAA
1922	Robert Humphreys McKeag	Dublin University	2.05.0	y	IAAA
1922	George Magan	Celbridge	2.01.4	800m	GAA
1923	JP Clarke	Co. Antrim Harriers	1.59.8	y	NACAI
1924	Norman J McEachern	Clonliffe Harriers	2.00.6	y	NACAI
1925	Lt Gerry N Coughlan	Army AA	2.01.4	y	NACAI
1926	Norman J McEachern	Clonliffe Harriers	1.58.4	y	NACAI
1927	Norman J McEachern	Clonliffe Harriers	1.57.6	y	NACAI
1928	Norman J McEachern	Clonliffe Harriers	1.59.8	y	NACAI
1929	E Hale	Croke	2.00.8	y	NACAI
1930	John Joe O'Sullivan	University College Cork	2.00.4	y	NACAI
1931	S McCall	Civil Service	2.00.2	y	NACAI
1932	D Ryan	Croke	2.01.0	y	NACAI
1933	TP O'Brien	University College Cork	2.01.4	y	NACAI
1934	JJ O'Sullivan	University College Cork	1.59.0	y	NACAI
1935	D Ryan	Croke	1.59.4	y	NACAI
1936	D Ryan	Croke	2.02.6	y	NACAI
1937	James J Kierans	Salford Harriers	2.00.8	y	AAUE
1937	William A "Willie" Beckett	Cork	2.00.4	y	NACAI
1938	AG Baldwin	East Lancashire Regiment	2.00.4	y	AAUE
1938	William J McKee	Corrigan, Belfast	2.04.0	y	NACAI
1939	Alexander Haire	Royal Ulster Constabulary	2.03.0	y	AAUE
1939	William A "Willie" Beckett	Cork	2.02.8	y	NACAI
1940	David Hogg McNeill	Dublin University	2.03.5	y	AAUE
1940	PJ Flanagan	Kells	1.57.6	y	NACAI
1941	David Hogg McNeill	Dublin University	2.02.2	y	AAUE
1941	PJ Flanagan	St Colmcille	1.59.0	y	NACAI
1942	John William Townsend Tuckey	Dublin University	2.04.1	y	AAUE
1942	William J McKee	Corrigan, Belfast	2.04.0	y	NACAI
1942	William Earle Reginald Hackett	Dublin University	1.59.0	y	IAAB
1943	William Earle Reginald Hackett	Dublin University	2.01.0	y	AAUE
1943	Dermot J McDermott	Phoenix Harriers	2.03.4	y	NACAI
1943	William Earle Reginald Hackett	Dublin University	2.03.0	y	IAAB
1944	Thomas Edward Tyrell	Dublin University	2.06.4	y	AAUE
1944	Dermot J McDermott	Phoenix Harriers	1.59.4	y	NACAI
1944	DG Watton	Royal Ulster Constabulary	2.07.0	y	IAAB
1945	Liam L Browne	Civil Service	2.03.8	y	AAUE
1945	PJ Flanagan	St Martin's, Kells	2.06.6	y	NACAI

1945	JMT Fyfe	Royal Ulster Constabulary	2.06.0	y	IAAB
1946	Patrick Hickey	Crusaders	2.03.8	y	AAUE
1946	John Joe Barry	Civil Service	2.01.0	y	NACAI
1946	P Nelson	Queens University Belfast	2.06.0	y	IAAB
1947	John Joe Barry	Clonliffe Harriers	2.06.4	y	AAUE
1947	JJ "Seamus" Kelly	Phoenix Harriers	1.59.0	y	NACAI
1947	TH Denison	9th Old Boys	2.01.4	y	IAAB
1948	John Joe Barry	Clonliffe Harriers	1.59.7	y	AAUE
1948	Dermot J McDermott	Phoenix Harriers	2.01.8	y	NACAI
1948	AP Lamont	North Belfast Harriers	2.02.6	y	IAAB
1949	John Joe Barry	Clonliffe Harriers	2.06.4	y	AAUE
1949	JJ "Seamus" Kelly	Phoenix Harriers	2.02.6	y	NACAI
1949	AP Lamont	North Belfast Harriers	1.59.8	y	IAAB
1950	M Brady	Civil Service	2.00.2	y	AAUE
1950	JJ "Seamus" Kelly	Phoenix Harriers	1.59.1	y	NACAI
1950	CJ Kelly	Liverpool Pembroke	1.56.4	y	IAAB
1951	John Kevin Murphy	Dublin University	2.00.8	y	AAUE
1951	Sean Dobbyn	Ballincollig, Co. Cork	2.00.0	y	NACAI
1951	CJ Kelly	Liverpool Pembroke	1.58.6	y	IAAB
1952	Dermot O'Loughlin	Donore Harriers	2.01.4	y	AAUE
1952	Sean Dobbyn	Ballincollig, Co. Cork	2.00.3	y	NACAI
1952	Dermot O'Loughlin	Donore Harriers	1.58.2	y	IAAB
1953	Richard John Mackay	Dublin University	1.58.6	y	AAUE
1953	JJ "Seamus" Kelly	Phoenix Harriers	2.02.2	y	NACAI
1953	Dermot O'Loughlin	Donore Harriers	1.59.6	y	IAAB
1954	Ronald Michael "Ronnie" Delany	Crusaders	1.54.7	y	AAUE
1954	JJ "Seamus" Kelly	Phoenix Harriers	1.59.8	y	NACAI
1954	Ronald Michael "Ronnie" Delany	Crusaders	1.58.0	y	IAAB
1955	Richard John Mackay	Dublin University	1.59.8	y	AAUE
1955	Gerry F Gorman	University College Dublin	1.55.6	y	NACAI
1955	Ronald Michael "Ronnie" Delany	Crusaders	2.02.9	y	IAAB
1956	Charles McAlinden	Donore Harriers	1.57.0	y	AAUE
1956	Gerry F Gorman	University College Dublin	1.56.1	y	NACAI
1956	Ronald Michael "Ronnie" Delany	Crusaders	1.53.0	y	IAAB
1957	Ronald Michael "Ronnie" Delany	Crusaders	1.56.0	y	AAUE
1957	JK "Jack" O'Neill	University College Dublin	2.00.0	y	NACAI
1957	Ronald Michael "Ronnie" Delany	Crusaders	1.49.9	y	IAAB
1958	Derek McCleane	Crusaders	2.02.4	y	AAUE
1958	PJ O'Sullivan	Regional AC, Limerick	1.57.0	y	NACAI
1958	E Forde	St. Edward's College, Liverpool	1.56.3	y	IAAB
1959	Derek McCleane	Crusaders	1.58.1	y	AAUE
1959	Harry Thomas	Inchicore	2.00.1	y	NACAI
1959	Derek McCleane	Crusaders	1.56.9	y	IAAB
1960	Derek McCleane	Crusaders	1.56.5	y	AAUE
1960	PJ O'Sullivan	Regional AC, Limerick	1.59.1	y	NACAI
1960	Derek McCleane	Crusaders	1.53.1	y	IAAB
1961	Noel Carroll	Civil Service	1.56.0	y	AAUE
1961	PJ O'Sullivan	Regional AC, Limerick	1.58.7	y	NACAI
1961	Noel Carroll	Civil Service	1.52.5	y	IAAB
1962	Derek McCleane	Crusaders	1.49.6	y	AAUE
1962	T Whyte	St Augustine's Dublin	1.59.5	y	NACAI
1962	Derek McCleane	Crusaders	1.50.1	y	IAAB
1963	Basil Clifford	Donore Harriers	1.49.2	y	AAUE
1963	Ray Clancy	Dublin City Harriers	1.55.6	y	NACAI
1963	Basil Clifford	Donore Harriers	1.56.3	y	IAAB
1964	Derek McCleane	Crusaders	1.50.5	y	AAUE
1964	Ian Hamilton	Ballymore/Cobh, Co. Cork	1.54.6	y	NACAI
1964	Derek McCleane	Crusaders	1.50.9	y	IAAB
1965	Derek McCleane	Crusaders	1.51.9	y	AAUE
1965	Denis Buckley	St Finbarr's Cork	1.55.5	y	NACAI
1965	Derek McCleane	Crusaders	1.50.3	y	IAAB
1966	Derek McCleane	Crusaders	1.50.8	y	AAUE
1966	Patrick "Patsy" Durnin	Mervue AC, Galway	1.57.0	y	NACAI
1966	Noel Carroll	Civil Service	1.52.8	y	IAAB
1967	Noel Carroll	Civil Service	1.50.9	y	BLE
1968	<b>Noel Carroll</b>	<b>Civil Service</b>	<b>1.48.5</b>	<b>y</b>	<b>BLE</b>
1969	Junior Cummins	Mallow	1.50.9		BLE
1970	Frank Murphy	Clonliffe Harriers	1.48.9		BLE

1971	Noel Carroll	Civil Service	1.50.3		BLE
1972	Frank Murphy	Clonliffe Harriers	1.50.6		BLE
1973	Noel Carroll	Civil Service	1.51.1		BLE
1974	Eamonn Coghlan	Donore Harriers	1.50.2		BLE
1975	Niall O'Shaughnessy	Limerick	1.49.7		BLE
1976	Frank Murphy	Clonliffe Harriers	1.54.2		BLE
1977	Noel Carroll	Civil Service	1.52.35		BLE
1978	Peter Markey	South Dublin	1.53.9	a	BLE
1979	Eamonn Coghlan	Donore Harriers	1.50.6	a	BLE
1980	Eamonn Coghlan	Donore Harriers	1.48.5	a	BLE
1981	Eamonn Coghlan	Metropolitan / St Brigid's	1.48.58		BLE
1982	Roddy Gaynor	Sligo	1.50.80		BLE
1983	Eamonn Coghlan	Metropolitan / St Brigid's	1.48.24		BLE
1984	Ian Marron	South Dublin	1.49.10		BLE
1985	Marcus O'Sullivan	Leevale	1.48.21		BLE
1986	Marcus O'Sullivan	Leevale	1.48.32		BLE
1987	Tommy Maloney	Thurles Crokes	1.51.53		BLE
1988	Mark Kirk	Ballymena & Antrim	1.50.82		BLE
1989	Marcus O'Sullivan	Leevale	1.50.33		BLE
1990	P.J. O'Rourke	Nenagh Olympic	1.51.39		BLE
1991	Davy Wilson	Annadale Striders	1.48.34		BLE
1992	Marcus O'Sullivan	Leevale	1.49.90		BLE
1993	P.J. O'Rourke	Nenagh Olympic	1.53.61		BLE
1994	David Matthews	University College Dublin	1.49.81		BLE
1995	David Matthews	University College Dublin	1.47.87		BLE
1996	David Matthews	University College Dublin	1.48.10		BLE
1997	David Matthews	University College Dublin	1.47.62		BLE
1998	James Nolan	University College Dublin	1.47.75		BLE
1999	Gareth Turnbull	St Malachy's, Belfast	1.48.57		BLE
2000	James Nolan	University College Dublin	1.46.83		AAI
2001	Daniel Caulfield	Dublin City Harriers	1.48.28		AAI
2002	David Kelly	Dundrum South Dublin	1.49.31		AAI
2003	Daniel Caulfield	Dublin City Harriers	1.48.99		AAI
2004	James Nolan	University College Dublin	1.52.64		AAI
2005	Ciaran O'Connell	Glaslough Harriers	1.50.73		AAI
2006	Thomas Chamney	Crusaders	1.48.71		AAI
2007	David Campbell	St. Coca's, Kilcock	1.49.45		AAI
2008	Thomas Chamney	Crusaders	1.50.73		AAI
2009	Thomas Chamney	Crusaders	1.49.87		AAI
2010	Thomas Chamney	Crusaders	1.48.84		AAI
2011	Mark English	Letterkenny	1.50.22		AAI
2012	Dean Cronin	Blarney/Inniscara	1.52.48		AAI
2013	Paul Robinson	St. Coca's, Kilcock	1.48.92		AAI
2014	Mark English	University College Dublin	1.49.91		AAI
2015	Mark English	University College Dublin	1.50.94		AAI
2016	Mark English	University College Dublin	1.51.48		AAI
2017	Mark English	University College Dublin	1.50.89		AAI
2018	Mark English	University College Dublin	1.50.82		AAI
2019	Mark English	University College Dublin	1.48.15		AAI
2020	Harry Purcell	Trim	1.52.49		AAI
2021	John Fitzsimons	Kildare	1.49.48		AAI
2022	Mark English	Finn Valley	1.48.46		AAI
2023	John Fitzsimons	Kildare	1.47.13		AAI
2024	Mark English	Finn Valley	1.49.18		AAI
2025	Mark English	Finn Valley	1.48.76		AAI

## 1500 m

### Most titles

**Frank Murphy - 5**

**1967, 68, 69, 70, 71**

**Eamonn Coghlan - 5**

**1976, 78, 79, 80, 81**

### Championship Record

**Eamonn Coghlan**

**3.38.60 1981**

1922	George Magan	Celbridge	4.16.0		GAA
1942	Brian P Downey	Civil Service	4.14.0		NACAI
1943	Brian P Downey	Civil Service	4.21.0		NACAI
1944	Paud Nolan	Consantoiri AC, Waterford	4.31.0		NACAI
1945	Paud Nolan	Consantoiri AC, Waterford	4.25.0		NACAI
1946	John Joe Barry	Civil Service	4.17.8		NACAI
1947	John Joe Barry	Civil Service	4.23.6		NACAI
1948	Michael J "Mick" Cleary	Tipperary	4.30.0		NACAI
1949	Sean Dobbyn	Ballincollig, Co. Cork	4.15.4		NACAI
1950	P Dwyer	Civil Service	NT		NACAI
1951	Cyril O'Boyle	Strabane	4.17.0		NACAI
1952	Sean Dobbyn	Ballincollig, Co. Cork	4.06.2		NACAI
1953	Jack Keating	St James's Gate	4.05.6		NACAI
1954	Gerry F Gorman	University College Dublin	4.09.8		NACAI
1955	Joe Cunningham	Metropolitan Harriers	4.00.0		NACAI
1956	Joe Cunningham	Metropolitan Harriers	4.01.0		NACAI
1957	Christy Brady	Dublin City Harriers	3.58.0		NACAI
1958	Joe Cunningham	Metropolitan Harriers	4.06.0		NACAI
1959	Tom O'Riordan	Kerins O'Rahilly, Tralee	4.04.4		NACAI
1960	Kevin Gormley	Phoenix Harriers	3.58.5		NACAI
1961	Kevin Gormley	Phoenix Harriers	3.58.0		NACAI
1962	Terry O'Connor	Dublin City Harriers	3.57.0		NACAI
1963	Richard J "Dick" Hodgins	Hilltown AC, Cork	3.56.6		NACAI
1964	John "Junior" Cummins	Collins	3.59.0		NACAI
1965	Patrick "Paddy" Coleman	Youghal	3.52.3		NACAI
1966	Richard J "Dick" Hodgins	University College Cork	3.54.6		NACAI
1967	Frank Murphy	Clonliffe Harriers	3.50.1		BLE
1968	Frank Murphy	Clonliffe Harriers	3.45.0		BLE
1969	Frank Murphy	Clonliffe Harriers	3.49.8		BLE
1970	Frank Murphy	Clonliffe Harriers	3.50.4		BLE
1971	Frank Murphy	Clonliffe Harriers	3.46.4		BLE
1972	Br. John Dooley	Dublin City Harriers	3.51.5		BLE
1973	John Hartnett	Grange Fermoy	3.45.9		BLE
1974	Denis Noonan	Grange Fermoy	3.53.3		BLE
1975	Jerry Kiernan	Clonliffe Harriers	3.47.2		BLE
1976	Eamonn Coghlan	Donore Harriers	3.46.4		BLE
1977	Ray Flynn	Longford	3.47.8		BLE
1978	Eamonn Coghlan	Donore Harriers	3.40.8	<i>a</i>	BLE
1979	Eamonn Coghlan	Donore Harriers	3.43.5	<i>a</i>	BLE
1980	Eamonn Coghlan	Donore Harriers	3.39.2	<i>a</i>	BLE
1981	Eamonn Coghlan	Metropolitan / St. Brigids	3.38.60		BLE
1982	David Taylor	Dundrum	3.45.22		BLE
1983	Frank O'Mara	Limerick	3.44.11		BLE
1984	Marcus O'Sullivan	Leevale	3.43.91		BLE
1985	Ray Flynn	Longford	3.41.16		BLE
1986	Frank O'Mara	Limerick	3.43.55		BLE
1987	David Taylor	Clonliffe Harriers	3.47.94		BLE
1988	Frank O'Mara	Limerick	3.47.27		BLE
1989	Gerry O'Reilly	Metropolitan / St. Brigids	3.43.02		BLE
1990	Tony Spellman	Galway City Harriers	3.46.89		BLE
1991	Frank O'Mara	Limerick	3.41.21		BLE
1992	Garrett Barry	North Cork	3.47.30		BLE
1993	Niall Bruton	Clonliffe Harriers	3.50.93		BLE
1994	Niall Bruton	Clonliffe Harriers	3.42.27		BLE

1995	Mark Carroll	Leevale	3.39.67	BLE
1996	Niall Bruton	Clonliffe Harriers	3.41.68	BLE
1997	Niall Bruton	Clonliffe Harriers	3.42.77	BLE
1998	James McIlroy	Ballymena & Antrim	3.49.83	BLE
1999	Mark Carroll	Leevale	3.46.20	BLE
2000	Ken Nason	Metropolitan / St. Brigids	3.52.27	AAI
2001	James Nolan	University College Dublin	3.44.41	AAI
2002	Mark Carroll	Leevale	3.45.90	AAI
2003	Gareth Turnbull	St Malachy's, Belfast	3.40.32	AAI
2004	Alistair Cragg	Clonliffe Harriers	3.44.37	AAI
2005	Gary Murray	St Malachy's, Belfast	3.47.57	AAI
2006	Liam Reale	Limerick	3.43.26	AAI
2007	David Campbell	St. Coca's, Kilcock	3.45.21	AAI
2008	Colm Rooney	Clonliffe Harriers	3.58.74	AAI
2009	David Campbell	St. Coca's, Kilcock	3.51.96	AAI
2010	Mark Christie	Mullingar Harriers	3.48.22	AAI
2011	Paul Robinson	St. Coca's, Kilcock	3.50.41	AAI
2012	Colin Costello	Star of the Sea	3.54.57	AAI
2013	Eoin Everard	Kilkenny City Harriers	3.44.58	AAI
2014	Ciarán Ó Lionáird	Leevale	3.43.85	AAI
2015	Eoin Everard	Kilkenny City Harriers	3.55.01	AAI
2016	John Travers	Donore Harriers	4.01.19	AAI
2017	Sean Tobin	Clonmel	3.53.90	AAI
2018	John Travers	Donore Harriers	3.47.45	AAI
2019	John Travers	Donore Harriers	3.49.40	AAI
2020	Paul Robinson	St. Coca's, Kilcock	3.43.90	AAI
2021	Andrew Coscoran	Star of the Sea	3.48.89	AAI
2022	Cathal Doyle	Clonliffe Harriers	3.59.36	AAI
2023	Cathal Doyle	Clonliffe Harriers	3.40.11	AAI
2024	Cathal Doyle	Clonliffe Harriers	3.44.15	AAI
2025	Cathal Doyle	Clonliffe Harriers	3.53.60	AAI

## 1 Mile (1609.34 m)

### Most titles

Jimmy Doyle - 7

1932, 33, 34, 35, 36, 37, 38

### Championship Record

Colin John Graham Shillington

4.06.3 1960

1861	JE Heaviside	Dublin	4.55	One Mile Race for the Championship of Ireland (1 April)
1861	AS Green	Dublin	4.46	One Mile Race for the Championship of Ireland (27 May)
1862	Lieutenant Thomas H. Kirby	19th Regiment	4.35	One Mile Race for the Championship of Ireland
1873	Alfred Campbell Courtney	Dublin University	4.39.2	Irish Champions AC
1874	Alfred Campbell Courtney	Dublin University	4.45.6	Irish Champions AC
1875	Alfred Campbell Courtney	Dublin University	4.48.4	Irish Champions AC
1876	Charles H Ford	Dublin Amateur Athletics Club	4.42.2	Irish Champions AC
1877	Charles H Ford	Dublin Amateur Athletics Club	4.45.2	Irish Champions AC
1878	TK Dwyer	Thurles	4.39.3	Irish Champions AC
1879	M Sheehan	Thradaree, East Clare	4.35.6	Irish Champions AC
1880	James Arthur Carmody	Carrick AAC	4.40.0	Irish Champions AC
1881	Walter J Hogg	City & Suburban Harriers	4.44.5	Irish Champions AC
1882	Walter J Hogg	City & Suburban Harriers	4.41.2	AAAI
1883	Walter J Hogg	City & Suburban Harriers	4.38.0	AAAI
1884	John J Manning	Six-Mile-Bridge, Co. Clare	4.39.6	AAAI
1885	JG Beatty	Co Dublin Harriers	4.43.8	IAAA
1885	John J Manning	Six-Mile-Bridge, Co. Clare	5.18.0	GAA
1886	Tommy Conneff	Haddington Harriers	4.32.4	IAAA
1886	Patrick O'Regan	Mourne Abbey	4.37.8	GAA
1887	James C Minniece	Templepatrick	4.41.4	IAAA
1887	Patrick O'Regan	Mourne Abbey	4.41.0	GAA
1888	CW Blundell	Co Dublin Harriers	4.32.4	IAAA
1888	William McCarthy	Macroom	4.36.0	GAA
1889	Enoch F McKeown	Linfield	4.37.4	IAAA
1889	Dan O'Neill	Cork	4.29.2	GAA
1890	Enoch F McKeown	Linfield	4.39.0	IAAA
1890	John Patrick McCabe	Breffni, Co. Cavan	4.37.4	GAA
1891	Tady McMahan	Limerick	4.38.5	IAAA
1891	J Deasy	Cork	4.56.0	GAA
1892	Tady McMahan	Limerick	4.42.4	IAAA
1892	George Blennerhasset Tincler	Dublin	4.39.4	GAA
1893	John J Mullen	Armagh Harriers	4.35.6	IAAA
1893	George Blennerhasset Tincler	Dublin	4.33.2	GAA
1894	John J Mullen	Elysian Harriers	4.37.4	IAAA
1894	JJ Butler	Callan/Elysian Harriers	4.45.6	GAA
1895	John J Mullen	Elysian Harriers	4.39.6	IAAA
1895	John J Mullen	Belfast	4.52.6	GAA
1896	John J Mullen	Belfast	4.39.6	IAAA
1896	Michael O'Neill	Kilbreedy, Co. Limerick	4.52.2	GAA
1897	Cyril Henry Dickinson	Dublin University	4.33.0	IAAA
1897	Michael O'Neill	Adare, Co. Limerick	NT	GAA
1898	Charles Reginald Fausset	Dublin University	4.45.0	IAAA
1898	Nick Barron	Inistiogue, Co. Kilkenny	4.45.0	GAA
1899	James E Finnegan	Haddington Harriers	4.54.0	IAAA
1899	Nick Barron	Inistiogue, Co. Kilkenny	4.47.6	GAA
1900	James E Finnegan	Haddington Harriers	4.37.2	IAAA
1901	Pte Joseph E Deakin	4th Rifle Brigade	4.33.0	IAAA
1901	James E Finnegan	Haddington Harriers	4.33.8	GAA
1902	John Joseph Daly	Galway	4.43.4	IAAA
1902	Michael Hynan	Knocklong, Co. Limerick	4.35.0	GAA
1903	John Joseph Daly	Galway	4.43.0	IAAA
1903	Michael Hynan	Knocklong, Co. Limerick	4.37.6	GAA
1904	JJ McKenzie	City & Suburban	4.33.8	IAAA
1904	Hugh Muldoon	Dublin	4.45.0	GAA
1905	George Newcomen Morphy	Dublin University	4.29.6	IAAA

1905	John Culhane	Charleville, Co. Cork	4.30.4	GAA
1906	George Newcomen Morphy	Dublin University	4.30.8	IAAA
1906	C Warren	Castletown Kinneigh, Co. Cork	4.28.0	GAA
1907	John McGough	Castleblayney, Co. Monaghan	4.48.0	IAAA
1907	J O'Regan	Dublin	4.29.4	GAA
1908	George Newcomen Morphy	Dublin University	4.48.0	IAAA
1908	TF Flynn	Ballinamult, Co. Waterford	4.39.0	GAA
1909	Ivo Fairbairn-Crawford	Armstrong-Whitworth	4.53.0	IAAA
1909	W Barry	Glanworth, Co. Cork	4.32.2	GAA
1910	James Bill	East Antrim Harriers	4.47.8	IAAA
1910	Dan O'Riordan	Cork	4.36.0	GAA
1911	James Bill	East Antrim Harriers	4.39.8	IAAA
1911	Robert "Bob" Hales	Bandon	4.42.0	GAA
1912	Robert "Bob" Hales	Bandon	4.32.6	IAAA
1912	WL O'Sullivan	Bantry	4.31.0	GAA
1913	Francis J Ryder	Clonliffe Harriers	4.47.6	IAAA
1913	Arthur O'Sullivan	Lyre, Co. Cork	4.39.0	GAA
1914	Harold RLG Alexander	Irish Guards	4.33.2	IAAA
1914	James J Horan	Birr	4.36.0	GAA
1915	John J "JJ" Ryan	Dromline, Co. Tipperary	4.35.0	GAA
1916	John J "JJ" Ryan	Dromline, Co. Tipperary	4.30.0	GAA
1917	John J "JJ" Ryan	Dromline, Co. Tipperary	4.43.8	GAA
1918	John J "JJ" Ryan	Dromline, Co. Tipperary	4.38.4	GAA
1919	Francis J Ryder	Clonliffe Harriers	4.30.4	IAAA
1919	George Magan	Celbridge	4.45.0	GAA
1920	Edward J "Ted" Rogers	Sefton HAC, Liverpool	4.35.0	IAAA
1920	John J "JJ" Ryan	Dromline, Co. Tipperary	4.33.2	GAA
1921	Herbert Carmichael "Bertie" Irwin	Clonliffe Harriers	4.38.4	IAAA
1921	George Magan	Celbridge	4.37.0	GAA
1922	Edward J "Ted" Rogers	Sefton HAC, Liverpool	4.40.8	IAAA
1923	JP Clarke	Co. Antrim Harriers & RUC	4.37.4	NACAI
1924	JP Clarke	Co. Antrim Harriers & RUC	4.39.6	NACAI
1925	FB Quinn	Birchfield Harriers	4.27.4	NACAI
1926	Douglas W Coard	Donore Harriers	4.24.8	NACAI
1927	Gerry N Coughlan	Army AA	4.36.4	NACAI
1928	Gerry N Coughlan	Army AA	4.28.0	NACAI
1929	Douglas W Coard	Donore Harriers	4.34.6	NACAI
1930	Michael J O'Malley	Westport	4.33.4	NACAI
1931	Mike J Murphy	O'Callaghan's Mills, Co. Clare	4.31.0	NACAI
1932	Jimmy S Doyle	Dublin City Harriers	4.27.6	NACAI
1933	Jimmy S Doyle	Dublin City Harriers	4.33.0	NACAI
1934	Jimmy S Doyle	Dublin City Harriers	4.27.4	NACAI
1935	Jimmy S Doyle	Dublin City Harriers	4.27.4	NACAI
1936	Jimmy S Doyle	Dublin City Harriers	4.28.8	NACAI
1937	A Haire	Royal Ulster Constabulary AA	4.23.6	AAUE
1937	Jimmy S Doyle	Dublin City Harriers	4.22.4	NACAI
1938	David Hogg McNeill	Dublin University	4.32.3	AAUE
1938	Jimmy S Doyle	Dublin City Harriers	4.25.4	NACAI
1939	A Haire	Royal Ulster Constabulary AA	4.35.0	AAUE
1939	W Gavin	Drogheda	4.39.6	NACAI
1940	David Hogg McNeill	Dublin University	4.36.6	AAUE
1940	Tom Healy	Coolcree, Co. Tipperary	4.28.4	NACAI
1941	John William Townsend Tuckey	Dublin University	4.33.8	AAUE
1941	Tom Healy	Coolcree Race null & void†	4.34.2	NACAI
1941R	Brian P Downey *	Civil Service	4.28.4	NACA
1942	John William Townsend Tuckey	Dublin University	4.48.4	AAUE
1942	Brian P Downey	Civil Service	4.30.2	NACAI
1942	HA Missing	9th Old Boys	4.30.2	IAAB
1943	John William Townsend Tuckey	Dublin University	4.41.6	AAUE
1943	Brian P Downey	Civil Service	4.29.4	NACAI
1943	Sam Ferguson	North Belfast Harriers	4.54.2	IAAB
1944	E Jones	Civil Service	4.39.0	AAUE
1944	Brian P Downey	Civil Service	4.25.4	NACAI
1944	Thomas Walsh	O'Callaghan's Mills	4.34.1	IAAB
1945	Thomas Walsh	O'Callaghan's Mills	4.35.8	AAUE
1945	John Joe Barry	Civil Service	4.23.6	NACAI
1945	T McCutcheon	Albert Foundry	4.39.4	IAAB
1946	Thomas Walsh	O'Callaghan's Mills	4.41.8	AAUE

1946	John Joe Barry	Civil Service	4.29.0	NACAI
1946	Thomas Walsh	O'Callaghan's Mills	4.26.8	IAAB
1947	John Joe Barry	Clonliffe Harriers	4.39.4	AAUE
1947	JJ "Seamus" Kelly	Phoenix Harriers	4.27.0	NACAI
1947	John Joe Barry	Clonliffe Harriers	4.30.0	IAAB
1948	John Joe Barry	Clonliffe Harriers	4.42.6	AAUE
1948	Dermot McDermott	Phoenix Harriers	4.27.2	NACAI
1948	John Joe Barry	Clonliffe Harriers	4.23.8	IAAB
1949	John Joe Barry	Clonliffe Harriers	4.39.4	AAUE
1949	Tommie Gaye	Castlepollard, Co. Westmeath	4.29.8	NACAI
1949	John Joe Barry	Clonliffe Harriers	4.50.5	IAAB
1950	M Brady	Civil Service	4.28.5	AAUE
1950	P Dwyer	Civil Service	4.29.8	NACAI
1950	John Joe Barry	Clonliffe Harriers	4.20.1	IAAB
1951	Michael Byrne	Crusaders	4.26.2	AAUE
1951	Cyril O'Boyle	Strabane	4.28.6	NACAI
1951	Victor Milligan	Queens University Belfast	4.22.6	IAAB
1952	Michael "Mick" Brady	Donore Harriers	4.21.7	AAUE
1952	Cyril O'Boyle	Strabane	4.28.2	NACAI
1952	H Murodch	Belfast Trinity	4.27.6	IAAB
1953	Michael Byrne	Crusaders	4.21.4	AAUE
1953	Gerry F Gorman	University College Dublin	4.27.2	NACAI
1953	Victor Milligan	Queens University Belfast	4.15.8	IAAB
1954	Michael Byrne	Crusaders	4.23.8	AAUE
1954	Jack Keating	St James's Gate	4.24.4	NACAI
1954	Victor Milligan	Instonians	4.15.6	IAAB
1955	Dermot O'Loughlin	Donore Harriers	4.25.2	AAUE
1955	Joe Cunningham	Metropolitan Harriers	4.19.4	NACAI
1955	Dermot O'Loughlin	Donore Harriers	4.24.3	IAAB
1956	Dermot O'Loughlin	Donore Harriers	4.20.0	AAUE
1956	Peter McArdle	Fort Creagh, Dundalk	4.32.4	NACAI
1956	Dermot O'Loughlin	Donore Harriers	4.20.6	IAAB
1957	Jim McLoughlin	Civil Service	4.34.4	AAUE
1957	Joe Cunningham	Metropolitan Harriers	4.20.4	NACAI
1957	Jim McLoughlin	Civil Service	4.19.4	IAAB
1958	Jim McLoughlin	Civil Service	4.19.8	AAUE
1958	PJ O'Sullivan	Regional AC, Limerick	4.24.2	NACAI
1958	Jim McLoughlin	Civil Service	4.15.1	IAAB
1959	Jim McLoughlin	Civil Service	4.10.2	AAUE
1959	Tom O'Riordan	Kerins O'Rahilly's, Tralee	4.14.9	NACAI
1959	Jim McLoughlin	Civil Service	4.11.3	IAAB
1960	Colin John Graham Shillington	Dublin University	4.06.3	AAUE
1960	Kevin Gormley	Phoenix Harriers	4.20.4	NACAI
1960	Colin John Graham Shillington	Dublin University	4.06.7	IAAB
1961	Jim McLoughlin	Civil Service	4.14.4	AAUE
1961	Terry O'Connor	Dublin City Harriers	4.16.4	NACAI
1961	Colin John Graham Shillington	Willowfield Harriers	4.14.3	IAAB
1962	John McDonnell	Clonliffe Harriers	4.09.5	AAUE
1962	Terry O'Connor	Dublin City Harriers	4.23.3	NACAI
1962	Colin John Graham Shillington	Willowfield Harriers	4.05.3	IAAB
1963	John McDonnell	Clonliffe Harriers	4.14.9	AAUE
1963	Richard J "Dick" Hodgins	Hilltown AC, Cork	4.24.1	NACAI
1963	Colin John Graham Shillington	Willowfield Harriers	4.16.7	IAAB
1964	Tom O'Riordan	Donore Harriers	4.08.6	AAUE
1964	John "Junior" Cummins	Collins Barracks, Dublin	4.13.3	NACAI
1964	Colin John Graham Shillington	Willowfield Harriers	4.12.6	IAAB
1965	Paul Lavelle	Crusaders	4.23.2	AAUE
1965	Patrick "Paddy" Coleman	Youghal, Co. Cork	4.21.5	NACAI
1965	T Power	Donore Harriers	4.20.4	IAAB
1966	Frank Murphy	Clonliffe Harriers	4.09.2	AAUE
1966	Richard J "Dick" Hodgins	University College Cork	4.12.9	NACAI
1966	Tom O'Riordan	Donore Harriers	4.08.2	IAAB
1967	Frank Murphy	Clonliffe Harriers	4.09.4	BLE
1968	Michael Geraghty	Newbridge	4.09.7	BLE
1969	Frank Murphy	Clonliffe Harriers	4.01.5	BLE
1970	Brian Geraghty	University College Galway	4.13.0	BLE
1971	Frank Murphy	Clonliffe Harriers	4.03.5	BLE
1972	Frank Murphy	Clonliffe Harriers	4.05.5	BLE

**1973** John Hartnett  
**1974** John Hartnett  
**1975** Denis Noonan  
**Discontinued**

Grange Fermoy  
Grange Fermoy  
Clonliffe Harriers

4.00.7 BLE  
3.56.3 BLE  
NT BLE

**3000 m**

2 Miles / 3218.7 m (1902-1974)

**Most titles****Martin Egan - 4****1945, 46, 49, 40****Peter McArdle - 3****1954, 55, 56****Championship Record****2m****Dick Hodgins****9.01.2 1967**

<b>1902</b>	John J Morrissey	Dromline, Co. Tipperary	9.02.6	2m	GAA
<b>1903</b>	John J Morrissey	Dromline, Co. Tipperary	9.25.2	2m	GAA
<b>1904</b>	John J. McNamara	Tulla, Co. Clare	9.39.0	2m	GAA
<b>1905</b>	John McGough	Bellahouston H., Glasgow	9.15.0	2m	GAA
<b>1908</b>	Timothy Crough (Crowe)	Galtymore, Co. Tipperary	9.02.0	2m	GAA
<b>1912</b>	James J Horan	Birr	9.41.1	2m	GAA
<b>1914</b>	James J Horan	Birr	9.34.0	2m	GAA
<b>1915</b>	James J Horan	Birr	NT	2m	GAA
<b>1916</b>					
<b>1917</b>	Timothy Crowe	GMH Club, Goolds Cross	NT	2m	GAA
<b>1923</b>	John J "JJ" Ryan	Tipperary AC	9.41.2	2m	NACAI
<b>1925</b>	John J "JJ" Ryan	Tipperary AC	9.19.4	2m	NACAI
<b>1926</b>	Redmond Moore	Clonmel	NT	2m	NACAI
<b>1938</b>	Patrick Hackett	Killenaule, Co. Tipperary	10.19.4	2m	NACAI
<b>1943</b>	Thomas A "Tom" Walsh	O'Callaghan's Mills		2m	AAUE
<b>1944</b>	Thomas A "Tom" Walsh	O'Callaghan's Mills	9.49.2	2m	AAUE
<b>1945</b>	Martin Egan	Shanaglish, Gort	9.56.0	2m	NACAI
<b>1946</b>	Martin Egan	Coolquill Kickams, Co. Tipperary	10.32.0	2m	NACAI
<b>1947</b>	Michael Blake	Coolquill Kickams, Co. Tipperary	9.11.1	3K	NACAI
<b>1948</b>	Vincent Murphy	Blarney	9.08.75	3K	NACAI
<b>1948</b>	M Lyons	Ballinacurry	NT	2m	NACAI
<b>1949</b>	Martin Egan	Shanaglish, Gort	9.32.0	2m	NACAI
<b>1950</b>	Martin Egan	Shanaglish, Gort	9.32.4	2m	NACAI
<b>1951</b>	William "Willie" Harte	Carrigtowohill, Co. Cork	NT	2m	NACAI
<b>1952</b>	Peter J McArdle	Fort Creagh, Dundalk	9.15.0	2m	NACAI
<b>1953</b>	Jack Keating	St James's Gate	NT	2m	NACAI
<b>1954</b>	Peter J McArdle	Fort Creagh, Dundalk	NT	2m	NACAI
<b>1955</b>	Peter J McArdle	Fort Creagh, Dundalk	9.46.6	2m	NACAI
<b>1956</b>	Peter J McArdle	Fort Creagh, Dundalk	9.18.7	2m	NACAI
<b>1957</b>	Joe Cunningham	Metropolitan Harriers	9.30.0	2m	NACAI
<b>1958</b>	Harry Thomas	Inchicore	9.31.4	2m	NACAI
<b>1959</b>	Tom O'Riordan	Kerins O'Rahilly's, Tralee	9.20.0	2m	NACAI
<b>1960</b>	James "Jimmy" Cregan *	Kilmallock	NT	2m	NACAI
<b>1961</b>	Matt Rudden	St Augustine's, Dublin	9.17.0	2m	NACAI
<b>1962</b>	Sean O'Sullivan	Kilmallock, Co. Limerick	NT	2m	NACAI
<b>1963</b>	Sean O'Sullivan	Tournafulla, Co. Limerick	9.19.2	2m	NACAI
<b>1964</b>	Matt Rudden	St Augustine's, Dublin	9.02.3	2m	NACAI
<b>1965</b>	Richard J "Dick" Hodgins	University College Cork	9.15.6	2m	NACAI
<b>1966</b>	Richard J "Dick" Hodgins	University College Cork	9.19.0	2m	NACAI
<b>1967</b>	Richard J "Dick" Hodgins	Donore Harriers	9.01.2	2m	BLE
<b>1968</b>	Donal Walsh	Leevale	9.04.6	2m	BLE
<b>1969</b>	Matt Murphy	Rising Sun, Cork	8.55.6	2m	BLE
<b>1970</b>	Danny McDaid	Clonliffe Harriers	9.14.2	2m	BLE
<b>1971</b>	Pat O'Riordan	Leevale	9.09.1	2m	BLE
<b>1972</b>	Br. John Dooley	Dublin City Harriers	9.14.4	2m	BLE
<b>1973</b>	Desmond "Dessie" McGann	Civil Service	9.07.2	2m	BLE
<b>1974</b>	Denis Noonan	Clonliffe Harriers	NT	2m	BLE

Discontinued

**5000 m**

3 Miles 4828 m (1898-1972)

**Most titles**

<b>3m</b>	<b>Tom O'Riordan - 5 (5K - 1)</b>	<b>1962, 63, 66, 68, 69, (5K - 1970)</b>
<b>5K</b>	<b>John Treacy - 5</b>	<b>1978, 80, 81, 83, 84</b>
<b>5K</b>	<b>Mark Carroll - 5</b>	<b>1999, 2000, 01, 02, 04</b>

**Championship Record**

<b>3m</b>	<b>Tom O'Riordan</b>	<b>13.32.4 1963</b>
<b>5K</b>	<b>John Treacy</b>	<b>13.21.93 1980</b>

<b>1898</b>	W O'Connell	Cork City Harriers	17.10.4	3m	GAA
<b>1902</b>	John Joseph Daly	Galway	16.35.0	3m	GAA
<b>1903</b>	Not held			3m	GAA
<b>1904</b>	John J McNamara	Tulla, Co. Clare	NT	3m	GAA
<b>1905</b>	John McGough	Bellahouston Harriers, Glasgow	16.18.8	3m	GAA
<b>1908</b>	John J McNamara	Tulla, Co. Clare	14.30.0	3m	GAA
<b>1910</b>	Timothy Crowe	GMH Club, Goolds Cross	14.28.0	3m	GAA
<b>1912</b>	PJ Geraghty	Moynalty	15.48.0	3m	GAA
<b>1917</b>	Timothy Crowe	GMH Club, Goolds Cross	NT	3m	GAA
<b>1923</b>	JJ McGilton	Dublin City Harriers	15.48.4	3m	NACAI
<b>1937</b>	David Canavan	Ballydrain Harriers, Co Down	15.06.8	3m	AAUE
<b>1937</b>	Harry Sheehy	Limerick Harriers	NT	3m	NACAI
<b>1938</b>	Frank Cummins	St Gregory's, Liverpool	14.48.8	3m	AAUE
<b>1938</b>	Patrick Hackett	CYMS, Killenaule, Co. Tipperary	16.15.0	3m	NACAI
<b>1939</b>	JJ O'Connor	Hospitals' Trust, Dublin	15.17.4	3m	AAUE
<b>1940</b>	Tommy Hopkins	Donore Harriers	15.43.0	3m	AAUE
<b>1940</b>	Tom Maguire	Killenaule, Co. Tipperary	NT	3m	NACAI
<b>1941</b>	John "Jack" Egan	O'Callaghan's Mills, Co. Clare	15.33.0	3m	AAUE
<b>1941</b>	John "Jack" Egan	Gort, Co. Galway	NT	3m	NACAI
<b>1942</b>	PC Coburn	Terenure	15.40.4	3m	AAUE
<b>1942</b>	Martin Egan	Feakle, Co. Clare	15.41.0	3m	NACAI
<b>1942</b>	TS Henry	Duncairn Harriers	15.27.5	3m	IAAB
<b>1943</b>	E Peard	Civil Service	16.01.0	3m	AAUE
<b>1943</b>	P O'Dea	Lissycasey, Co. Clare	15.26.0	3m	NACAI
<b>1943</b>	WC "Charlie" McCooke	East Antrim Harriers	16.21.0	3m	IAAB
<b>1944</b>	JJ O'Connor	Terenure	15.41.0	3m	AAUE
<b>1944</b>	Martin Egan	Shanaglish, Gort	NT	3m	NACAI
<b>1944</b>	WC "Charlie" McCooke	East Antrim Harriers	15.03.5	3m	IAAB
<b>1945</b>	Thomas A "Tom" Walsh	O'Callaghan's Mills	15.06.8	3m	AAUE
<b>1945</b>	John Joe Barry	Ballincurry	NT	3m	NACAI
<b>1945</b>	Jimmy Todd	East Antrim Harriers	15.10.0	3m	IAAB
<b>1946</b>	Thomas A "Tom" Walsh	O'Callaghan's Mills	15.18.0	3m	AAUE
<b>1946</b>	Martin Egan	Coolquill Kickhams	14.51.0	3m	NACAI
<b>1946</b>	Steve H McCooke	East Antrim Harriers	14.57.7	3m	IAAB
<b>1947</b>	Jerry Kiely	Coolcree, Co. Tipperary	15.10.6	3m	AAUE
<b>1947</b>	Martin Egan	Shanaglish, Gort	NT	3m	NACAI
<b>1947</b>	Steve H McCooke	East Antrim Harriers	15.02.4	3m	IAAB
<b>1948</b>	Patrick "Paddy" Fahey	Coolcree, Co. Tipperary	14.40.9	3m	AAUE
<b>1948</b>	Martin Egan	Coolquill Kickhams	NT	3m	NACAI
<b>1948</b>	Steve H McCooke	East Antrim Harriers	14.30.6	3m	IAAB
<b>1949</b>	John Joe Barry	Clonliffe Harriers	14.56.2	3m	AAUE
<b>1949</b>	PJ Carroll	St Flannan's	NT	3m	NACAI

1949	John Joe Barry	Clonliffe Harriers	14.50.5	3m	IAAB	
1950	Donal Appleby	Clonliffe Harriers	15.05.7	3m	AAUE	
1950	Michael J "Mick" Cleary	Army, Curragh	15.02.0	3m	NACAI	
1950	Rob Crossan	Duncairn Harriers	14.52.3	3m	IAAB	
1951	Patrick Norman Ross	Dublin University	15.12.3	3m	AAUE	
1951	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	15.46.1	3m	NACAI	
1951	Charlie Owens	East Antrim Harriers	14.54.9	3m	IAAB	
1952	Patrick "Patsy" Fitzgerald	Coolcree, Co. Tipperary	15.04.9	3m	AAUE	
1952	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	15.20.0	3m	NACAI	
1952	Patrick "Patsy" Fitzgerald	Coolcree, Co. Tipperary	14.38.0	3m	IAAB	
1953	Frank White	Clonliffe Harriers	14.49.6	3m	AAUE	
1953	Jack Keating	St James's Gate	15.15.0	3m	NACAI	
1953	David Harrison	9th Old Boys, Belfast	14.54.2	3m	IAAB	
1954	Frank White	Clonliffe Harriers	14.34.5	3m	AAUE	
1954	James "Jimmy" Cregan *	Blackboy	NT	3m	NACAI	*=James Joseph "Jim" Hogan Poltechni
1954	Joseph "Joe" Dougan	Donore Harriers	14.57.0	3m	IAAB	
1955	Joseph "Joe" Dougan	Donore Harriers	14.43.2	3m	AAUE	
1955	Peter J McArdle	Fort Creagh, Dundalk	14.28.1	3m	NACAI	
1955	Joseph "Joe" Dougan	Donore Harriers	15.01.2	3m	IAAB	
1956	Joseph "Joe" Dougan	Donore Harriers	14.20.8	3m	AAUE	
1956	Peter J McArdle	Fort Creagh, Dundalk	14.50.0	3m	NACAI	
1956	Joseph "Joe" Dougan	Donore Harriers	14.27.7	3m	IAAB	
1957	Tommy Dunne	Donore Harriers	14.42.1	3m	AAUE	
1957	Joseph Cunningham	Metropolitan Harriers	15.00.0	3m	NACAI	
1957	Tommy Dunne	Donore Harriers	14.17.9	3m	IAAB	
1958	Albert John "Bertie" Messitt	Donore Harriers	13.55.9	3m	AAUE	
1958	George Dennis	Celtic, Dublin	15.02.6	3m	NACAI	
1958	Albert John "Bertie" Messitt	Donore Harriers	14.10.0	3m	IAAB	
1959	Albert John "Bertie" Messitt	Donore Harriers	13.40.0	3m	AAUE	
1959	Pat Considine	Kilmihill, Co. Clare	NT	3m	NACAI	
1959	Tommy Dunne	Donore Harriers	14.28.0	3m	IAAB	
1960	Michael Hoey	Clonliffe Harriers	13.51.0	3m	AAUE	
1960	Pat Considine	Kilmihill, Co. Clare	NT	3m	NACAI	
1960	John McDonnell	Clonliffe Harriers	14.05.4	3m	IAAB	
1961	Michael Hoey	Clonliffe Harriers	13.56.0	3m	AAUE	
1961	John Downes	Kilmallock, Co. Limerick	14.34.5	3m	NACAI	
1961	Mick Connolly	Donore Harriers	14.03.6	3m	IAAB	
1962	Tom O'Riordan	Donore Harriers	13.49.6	3m	AAUE	
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	NT	3m	NACAI	
1962	Mick Connolly	Donore Harriers	13.48.8	3m	IAAB	
1963	Tom O'Riordan	Donore Harriers	13.32.4	3m	AAUE	
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	NT	3m	NACAI	
1963	Tom O'Riordan	Donore Harriers	14.12.0	3m	IAAB	
1964	Jim McNamara	Donore Harriers	14.04.4	3m	AAUE	
1964	Sean O'Sullivan	Tournafulla, Co. Limerick	NT	3m	NACAI	
1964	Derek Graham	9th Old Boys, Belfast	13.18.2	3m	IAAB	
1965	Jim McNamara	Donore Harriers	13.56.2	3m	AAUE	
1965	Sean O'Sullivan	Tournafulla, Co. Limerick	14.21	3m	NACAI	
1965	Derek Graham	9th Old Boys, Belfast	13.37.2	3m	IAAB	
1966	Tom O'Riordan	Donore Harriers	13.47.6	3m	AAUE	
1966	Richard J "Dick" Hodgins	University College Cork	NT	3m	NACAI	
1966	Derek Graham	9th Old Boys, Belfast	13.38.2	3m	IAAB	
1967	Jim McNamara	Donore Harriers	13.56.8	3m	BLE	
1968	Tom O'Riordan	Donore Harriers	13.38.6	3m	BLE	
1969	Tom O'Riordan	Donore Harriers	14.17.2	5K	BLE	
1969	Jim Timoney	Newbridge	13.54.0	3m	BLE	
1970	Donal Walsh	Leevale	NT	3m	BLE	
1970	Tom O'Riordan	Donore Harriers	14.10.2	5K	BLE	
1971	Tom O'Riordan	Donore Harriers	13.52.4	3m	BLE	
1971	Neil Cusack	Limerick	14.24.2	5K	BLE	
1972	Edward "Eddie" Leddy	Ballinamore, Co. Leitrim	13.59.2	3m	BLE	
1972	Mike Keogh	Midleton	14.23.4		BLE	
1973	Pat O'Riordan	Leevale	14.26.0		BLE	
1974	Tom Gregan	Clonliffe Harriers	14.25.8		BLE	
1975	Joe Scanlon	Galway City Harriers	14.08.4		BLE	
1976	Gerry Deegan	Waterford	14.32.4		BLE	
1977	Eamonn Coghlan	Donore Harriers	14.04.5		BLE	
1978	John Treacy	Waterford	13.50.3		BLE	

1979	Gerry Deegan	Waterford	13.54.8	BLE
1980	John Treacy	Waterford	13.21.93	BLE
1981	John Treacy	Waterford	13.47.18	BLE
1982	Ray Flynn	Longford	13.51.12	BLE
1983	John Treacy	Deise, Co. Waterford	13.46.27	BLE
1984	John Treacy	Deise, Co. Waterford	13.33.59	BLE
1985	Mick O'Shea	Burgerland, Limerick	14.04.95	BLE
1986	David Taylor	Clonliffe Harriers	13.50.91	BLE
1987	Gerry Curtis	Donore Harriers	14.08.47	BLE
1988	John Doherty	Leeds	13.43.29	BLE
1989	Seamus Hynes	Limerick	14.19.14	BLE
1990	Paul Donovan	Galway City Harriers	14.00.62	BLE
1991	Seamus Power	Treaty, Co. Clare	14.02.94	BLE
1992	Noel Richardson	Limerick	14.08.14	BLE
1993	Paul Donovan	Galway City Harriers	14.36.95	BLE
1994	Cormac Finnerty	Mullingar Harriers	13.50.66	BLE
1995	Frank O'Mara	Limerick	13.45.79	BLE
1996	John Daly	Nenagh Olympic	14.34.82	BLE
1997	Seamus Power	Kilmurray/Ibrickane	14.07.0	BLE
1998	Martin McCarthy	Leevale	14.02.43	BLE
1999	Mark Carroll	Leevale	14.07.90	BLE
2000	Mark Carroll	Leevale	13.55.76	AAI
2001	Mark Carroll	Leevale	13.48.26	AAI
2002	Mark Carroll	Leevale	13.43.68	AAI
2003	Cathal Lombard	Leevale	13.51.33	AAI
2004	Mark Carroll	Leevale	13.51.67	AAI
2005	Martin Fagan	Mullingar Harriers	14.11.44	AAI
2006	Gary Murray	St Malachy's, Belfast	14.14.21	AAI
2007	Martin Fagan	Mullingar Harriers	13.56.13	AAI
2008	Mark Christie	Mullingar Harriers	14.41.03	AAI
2009	Alistair Cragg	Clonliffe Harriers	13.52.15	AAI
2010	Alistair Cragg	Clonliffe Harriers	14.04.64	AAI
2011	Alistair Cragg	Clonliffe Harriers	13.48.03	AAI
2012	Mark Hanrahan	Leevale	14.13.80	AAI
2013	Mark Christie	Mullingar Harriers	14.07.18	AAI
2014	Kevin Batt	St. Coca's, Kilcock	14.08.23	AAI
2015	Kevin Batt	St. Coca's, Kilcock	14.20.97	AAI
2016	Conor Duffy	Glaslough Harriers	14.32.85	AAI
2017	Conor Dooney	Raheny Shamrock	14.25.60	AAI
2018	Ryan Forsyth	Newcastle & District	14.30.78	AAI
2019	Hiko Haso Tonasa	Dundrum South Dublin	14.21.41	AAI
2020	Darragh McElhinney	University College Dublin	13.56.00	AAI
2021	Hiko Haso Tonasa	Dundrum South Dublin	13.52.53	AAI
2022	Darragh McElhinney	University College Dublin	13.53.84	AAI
2023	Brian Fay	Raheny Shamrock	13.39.20	AAI
2024	Brian Fay	Raheny Shamrock	13.43.61	AAI
2025	Andrew Coscoran	Star of the Sea	13.34.14	AAI

## 5km Road Race

<b>2019</b> Kieran Kelly	Raheny Shamrock	14.45	AAI	Phoenix Park
<b>2020-2021</b> Not held due to Covid 19				
<b>2022</b> Efreem Gidey	Clonliffe Harriers	13.51	AAI	Phoenix Park
<b>2023</b> Pierre Murchan	Dublin City Harriers	14.26	AAI	Phoenix Park
<b>2024</b> Kieran Kelly	Raheny Shamrock	14.30	AAI	Phoenix Park
<b>2025</b> James Gormley	Carmen Runners	13.59	AAI	Phoenix Park

### Teams

<b>2022</b>	Clonliffe Harriers	29 pts
<b>2023</b>	Clonliffe Harriers	60.57
<b>2024</b>	Clonliffe Harriers	59.59
<b>2025</b>	Dundrum South Dublin	60.22

## 4 Miles (6437.4 m)

### Most titles

**JJ Ryan - 6**

**1917, 18, 20, 24, 25, 26**

**Martin Egan - 6**

**1944, 46, 48, 49, 50, 51**

### Championship Record

**Peter McArdle**

**19.19.6 1956**

1875	Charles H Ford	Dublin Amateur Athletics Club	22.57.5	Irish Champions AC
1876	Laurence W Nunns	Irish Champions AC	22.08.5	Irish Champions AC
1877	Laurence W Nunns	Irish Champions AC	21.33.4	Irish Champions AC
1878	Laurence W Nunns	Irish Champions AC	21.49.5	Irish Champions AC
1879	M Sheehan	Thradaree, Co. Clare	22.04.5	Irish Champions AC
1880	P Noonan	Rathkeale, Co. Limerick	22.21.0	Irish Champions AC
1881	G Gibson, Jnr	Ulster Cricket Club	22.08.0	Irish Champions AC
1882	P Noonan	Askeaton, Co. Limerick	22.48.6	AAAI
1883	Frank Nunns	Co Dublin Harriers	21.12.0	AAAI
1884	Frank Nunns	Co Dublin Harriers	21.23.8	AAAI
1885	Frank Nunns	Co Dublin Harriers	21.30.2	IAAA
1886	J G Beatty	Co Dublin Harriers	21.37.4	IAAA
1887	Tommy Conneff	Haddington Harriers	20.55.8	IAAA
1888	Tommy Conneff	Manhattan	20.48.0	IAAA
1889	Enoch F McKeown	Linfield	21.38.0	IAAA
1890	John J Mullen	Milford	21.09.4	IAAA
1891	James M Small	Cliftonville	21.14.8	IAAA
1892	Frederick Robert Carr	Dublin University	22.24.2	IAAA
1893	JJ McIlveny	Belfast Harriers	21.23.8	IAAA
1894	John J Mullen	Armagh Harriers	20.25.8	IAAA
1895	James M Small	Cliftonville	21.12.2	IAAA
1896	John J Mullen	Belfast	22.04.0	IAAA
1897	Michael O'Neill	Adare, Co. Limerick	22.25.0	IAAA
1898	Michael O'Neill	Adare, Co. Limerick	21.46.2	IAAA
1899	Frank Curtis	Haddington Harriers	21.11.2	IAAA
1900	John Carroll Hayes	Cloughjordan, Co. Tipperary	20.43.2	IAAA
1901	Pte Joseph E Deakin	4th Rifle Brigade	20.36.0	IAAA
1902	John Joseph Daly	Galway	21.59.8	IAAA
1903	Hugh Muldoon	Haddington Harriers	21.02.4	IAAA
1904	John Joseph Daly	Galway	20.45.0	IAAA
1904	John J McNamara	Tulla, Co. Clare	21.21.6	GAA
1905	John J McNamara	Tulla, Co. Clare	21.01.6	IAAA
1905	John J McNamara	Tulla, Co. Clare	21.32.4	GAA
1906	Hugh Muldoon	Haddington Harriers	21.33.8	IAAA
1906	Tom Hynes	Galway City Harriers	21.12.0	GAA
1907	Tom Hynes	Galway City Harriers	21.37.0	IAAA
1907	John Carroll Hayes	Nenagh	21.02.4	GAA
1908	James Murphy	Hallamshire, Sheffield	20.51.0	IAAA
1909	Sgt Francis Joseph "Frank" O'Neill	Connaught Rangers	20.28.6	IAAA
1909	Micheal O'Callaghan	Banteer	21.05.0	GAA
1910	Sgt Francis Joseph "Frank" O'Neill	Connaught Rangers	20.29.2	IAAA
1910	Timothy Crough (Crowe)	Goold's Cross, Co. Tipperary	20.31.0	GAA
1911	Sgt Francis Joseph "Frank" O'Neill	Connaught Rangers	21.35.6	IAAA
1911	Charles Harris	Young Ireland AC Harriers	20.25.0	GAA
1912	James Murphy	Hallamshire, Sheffield	20.25.0	IAAA
1912	James J Horan	Birr, Co. Offaly	20.40.0	GAA
1913	Patrick "Pat" Flynn	Kinsale & CH	21.59.4	IAAA
1913	John D Guiney	Lombardstown, Co. Cork	21.13.0	GAA
1914	Herbert Carmichael "Bertie" Irwin	Clonliffe Harriers	20.52.4	IAAA
1914	James J Horan	Birr, Co. Offaly	21.30.0	GAA
1915	William Bradley	Upton, Co. Cork	21.00.0	GAA
1916	James J Horan	Birr, Co. Offaly	20.53.0	GAA
1917	John J "JJ" Ryan	Dromline, Co. Tipperary	NT	GAA
1918	John J "JJ" Ryan	Dromline, Co. Tipperary	NT	GAA
1919	Francis J Ryder	Clonliffe Harriers	21.38.6	IAAA

1919	Timothy Crowe (Crough)	Dundrum	20.15.0	GAA
1920	Edward J "Ted" Rogers	Sefton HAC, Liverpool	20.54.2	IAAA
1920	John J "JJ" Ryan	Dromline, Co. Tipperary	22.03.6	GAA
1921	Herbert Carmichael "Bertie" Irwin	Clonliffe Harriers	22.31.8	IAAA
1921	George Magan	Celbridge	22.08.6	GAA
1922	Edward J "Ted" Rogers	Sefton HAC, Liverpool	21.27.4	IAAA
1922	James J McGilton	Clonliffe Harriers	22.53.4	GAA
1923	CA Woods	North Belfast Harriers	22.50.6	NACAI
1924	John J "JJ" Ryan	Tipperary AC	20.44.6	NACAI
1925	John J "JJ" Ryan	Tipperary AC	20.19.4	NACAI
1926	John J "JJ" Ryan	Tipperary AC	20.21.0	NACAI
1927	Patrick Groarke	Roscommon	20.50.4	NACAI
1928	M Feeney	Civil Service Harriers	20.57.0	NACAI
1929	Tom Kinsella	Army Metro	20.46.0	NACAI
1930	F Quinn	Birchfield Harriers	20.28.4	NACAI
1931	Tom Kinsella	Army Metro	20.43.0	NACAI
1932	Tim F Smythe	Dublin Metropolitan Garda	20.16.4	NACAI
1933	JJ O'Connor	Limerick	19.48.4	NACAI
1934	Michael "Mick" Healy	Galteemore Harriers	20.47.4	NACAI
1935	JJ O'Connor	Clonliffe Harriers	20.46.0	NACAI
1936	JJ O'Connor	Fearons	20.52.0	NACAI
1937	Harry Sheehy	Limerick Harriers	20.47.8	NACAI
1938	Patrick Hackett	Killenaule, Co. Tipperary	21.01.0	NACAI
1939	Tom Maguire	Killenaule, Co. Tipperary	21.23.0	NACAI
1940	Patrick Hackett	Killenaule, Co. Tipperary	20.55.4	NACAI
1941	Brian P Downey	Civil Service	20.52.4	NACAI
1942	Brian P Downey	Civil Service	21.05.0	NACAI
1943	Brian P Downey	Civil Service	21.32.0	NACAI
1944	Martin Egan	Gort, Co. Galway	20.05.4	NACAI
1945	John Joe Barry	Ballincurry, Co. Tipperary	20.03.0	NACAI
1946	Martin Egan	Coolquill Kickams	19.38.6	NACAI
1947	Michael "Mick" Blake	Coolquill Kickams, Co. Tipp.	20.38.0	NACAI
1948	Martin Egan	Shanaglish, Gort, Co. Galway	20.09.6	NACAI
1949	Martin Egan	Shanaglish, Gort, Co. Galway	19.56.4	NACAI
1950	Martin Egan	Shanaglish, Gort, Co. Galway	20.14.6	NACAI
1951	Martin Egan	Shanaglish, Gort, Co. Galway	19.59.5	NACAI
1952	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	20.35.0	NACAI
1953	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	20.16.0	NACAI
1954	Cyril O'Boyle	Strabane	19.58.8	NACAI
1955	Peter J McArdle	Fort Creagh, Dundalk	19.58.1	NACAI
1956	<b>Peter J McArdle</b>	<b>Fort Creagh, Dundalk</b>	<b>19.19.6</b>	<b>NACAI</b>
1957	Benny O'Sullivan	Regional, Limerick	19.55.4	NACAI
1958	Harry Gorman	St Augustines	19.38.7	NACAI
1959	Pat Considine	Kilmihill, Co. Clare	19.21.6	NACAI
1960	Pat Considine	Kilmihill, Co. Clare	20.05.5	NACAI
1961	John Downes	Kilmallock, Co. Limerick	19.27.0	NACAI
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	19.23.5	NACAI
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	19.27.0	NACAI
1964	Sean O'Sullivan	Tournafulla, Co. Limerick	19.21.4	NACAI
1965	Tom Phillips	Raheny Shamrock	19.39.9	NACAI
1966	Matt Murphy	Rising Sun, Cork	19.28.6	NACAI
1967	Fr Patrick "Paddy" Coyle	Lourdes, Drogheda	NT	BLE
1968	Matt Murphy	Rising Sun, Cork	19.21.0	BLE
1969	John Hartnett	Grange	19.22.5	BLE
1970	Donal Walsh	Leevale	19.37.4	BLE

Discontinued

## 5 Miles 8046.7 m/ 8,000 m

### Most titles

8K	Sean O'Sullivan - 7	1957, 60, 62, 63, 64, 65, 66,
8K	Martin Egan - 4	1945, 46, 48, 49
5m	Martin Egan - 3	1945, 46, 49
5m	Jimmy Cregan - 3	1952, 53, 54

### Championship Record

8K	Peter McArdle	23.53.0 1956
5m	Martin Egan	24.22.4 1946

1861	JE Heaviside	Dublin	27.30	5m	(t)	Gentleman's 5 mile Championship of Ir
1895	W O'Connell	Cork	NT	5m	(t)	GAA
1896	John J Mullen	Cliftonville, Belfast	27.57.6	5m	(t)	GAA
1897	Con Phibbs	Cork City Harriers	26.36.4	5m	(t)	GAA
1898	Michael O'Neill	Adare, Co. Limerick	27.19.8	5m	(t)	GAA
1901	John Morrissey	Dromline, Co. Tipperary	26.00.0	5m	(t)	GAA
1909	Maurice Hourigan	Ballingarry, Co. Limerick	NT	5m	(t)	GAA
1910	Timothy Crough	Goold's Cross	NT	5m	(t)	GAA
1911	Charles "Charlie" Harris	Young Ireland AC	NT	5m	(t)	GAA
1924	John J "JJ" Ryan	Tipperary AC	26.12.2	5m	(t)	NACAI
1925	John J "JJ" Ryan	Tipperary AC	28.17.8	5m	(t)	NACAI
1926	Edward Walsh	Blarney	NT	5m	(t)	NACAI
1938	Patrick Hackett	Killenaule, Co Tipperary	27.32.0	5m	(t)	NACAI
1939				5m	(t)	NACAI
1940	W Robinson	Westport	NT	5m	(t)	NACAI
1941				5m	(t)	NACAI
1942	P O'Dea	Lissycasey, Co. Clare	26.10.0	5m	(t)	NACAI
1943	P O'Dea	Lissycasey, Co. Clare	NT	5m	(t)	NACAI
1944				5m	(t)	NACAI
1945	Martin Egan	Shanaglish, Gort	25.38.0	8K	(t)	NACAI
1945	Martin Egan	Shanaglish, Gort	26.02.5	5m	(t)	NACAI
1946	Martin Egan	Shanaglish, Gort	26.04.6	8K	(t)	NACAI
1946	<b>Martin Egan</b>	<b>Shanaglish, Gort</b>	<b>24.22.4</b>	<b>5m</b>	(t)	<b>NACAI</b>
1947	<b>8K Dungannon - August 10</b>			8k	(t)	NACAI
1947	Michael Blake	Coolquill Kickams, Co. Tipperary	26.59.0	5m	(t)	NACAI
1948	Martin Egan	Shanaglish, Gort	NT	8K	(t)	NACAI
1948	Michael Blake	Coolquill Kickams, Co. Tipperary	NT	5m	(t)	NACAI
1949	Martin Egan	Shanaglish, Gort	26.26.6	8K	(t)	NACAI
1949	Martin Egan	Shanaglish, Gort		5m	(t)	NACAI
1950	John "Jack" Harte	Carrigtwohill, Co. Cork	NT	5m	(t)	NACAI
1951	Martin Egan	Shanaglish, Gort	26.20.4	8K	(t)	NACAI
1951	Brian Bell	Dublin City Harriers	27.15.0	5m	(t)	NACAI
1952	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	NT	8K	(t)	NACAI
1952	James "Jimmy" Cregan *	Knocksouna, Croom	26.00.0	5m	(t)	NACAI
1953	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	NT	8K	(t)	NACAI
1953	James "Jimmy" Cregan *	Knocksouna, Croom	NT	5m	(t)	NACAI
1954				8K	(t)	NACAI
1954	James "Jimmy" Cregan *	Knocksouna, Croom	26.27.0	5m	(t)	NACAI
1955	Peter J McArdle	Fort Creagh, Dundalk	26.26.5	8K	(t)	NACAI
1955	Patrick "Paddy" Fahey	Moyne	26.22.6	5m	(t)	NACAI
1956	<b>Peter J McArdle</b>	<b>Fort Creagh, Dundalk</b>	<b>23.53.0</b>	<b>8K</b>	(t)	<b>NACAI</b>
1956	Peter J McArdle	Fort Creagh, Dundalk	26.41.1	5m	(t)	NACAI
1957	Sean O'Sullivan	Tournafulla, Co. Limerick	NT	8K	(t)	NACAI
1957	Benny O'Sullivan	Regional AC, Limerick	26.38.5	5m	(t)	NACAI

1958	Sean O'Sullivan	Tournafulla, Co. Limerick	26.32.0	8K	(t)	NACAI	
1958	James "Jimmy" Cregan *	Tournafulla	NT	5m	(t)	NACAI	
1959	James "Jimmy" Cregan *	Tournafulla	NT	8K	(t)	NACAI	
1959	Pat Considine	Kilmihill, Co Clare	26.25.0	5m	(t)	NACAI	
1960	Sean O'Sullivan	Tournafulla, Co. Limerick	25.19.0	8K	(t)	NACAI	
1960	Pat Considine	Kilmihill, Co Clare	25.03.0	5m	(t)	NACAI	
1961	John Downes	Kilmallock, Co. Limerick	NT	8K	(t)	NACAI	
1961	John Downes	Kilmallock, Co. Limerick	NT	5m	(t)	NACAI	
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	25.28.0	8K	(t)	NACAI	
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	25.30.8	5m	(t)	NACAI	
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	26.19.0	8K	(t)	NACAI	
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	24.49.0	5m	(t)	NACAI	
1964	Sean O'Sullivan	Tournafulla, Co. Limerick	26.42.0	8K	(t)	NACAI	
1964	Michael "Mick" Hickey	Holycross	NT	5m	(t)	NACAI	
1965	Sean O'Sullivan	Tournafulla, Co. Limerick	24.30.8	8K	(t)	NACAI	
1965	Michael "Mick" Hickey	Holycross	NT	5m	(t)	NACAI	
1966	Sean O'Sullivan	Tournafulla, Co. Limerick	25.12.3	8K	(t)	NACAI	
1966	Matt Murphy	Rising Sun, Cork	24.59.4	5m	(t)	NACAI	
1967	John Hickey	Donore Harriers	25.36.0	8k	(t)	BLE	
1967	Michael "Mick" Molloy	Oughterard, Co. Galway	25.16.0	5m	(t)	BLE	
1968	John Buckley	St Finbarr's, Cork	24.59.0	5m	(t)	BLE	
1969-2018	Not held						
2019	Mick Clohissey	Raheny Shamrock	24.02	5m	Road	AAI	Phoenix Park
2020-2021	Not held due to Covid 19						
2022	Ian Guidan	Clonliffe Harriers	23.44	5m	Road	AAI	Phoenix Park
2023	Emmet Jennings	Dundrum South Dublin	24.27	5m	Road	AAI	Phoenix Park
2024	Kieran Kelly	Raheny Shamrock	24.11	5m	Road	AAI	Phoenix Park
2025	Emmet Jennings	Dundrum South Dublin	24.19	5m	Road	AAI	Phoenix Park

#### Teams

2022	Raheny Shamrock	
2023	Liffey Valley	1.47.49
2024	Raheny Shamrock	1.44.21
2025	Dundrum South Dublin	1.41.34

## 10,000m

(6 Miles 9,656m 1944-1968)

### Most titles

10K	Noel Berkeley - 6	1993, 94, 95, 97, 98, 99
10K	Donal Walsh - 5	1967, 70, 71, 73, 74
6m	Sean O'Sullivan - 3	1962, 63, 65
6m	Tommy Dunne - 3	1956, 57, 58
6m	Bertie Messitt - 3	1959, 60, 63
6m	Mick Molloy - 3	1964, 66, 67

### Championship Record

10K	John Treacy	28.17.09	1987
6m	Jim Hogan	28.03.0	1964

1944	John "Jack" Egan	Gort, Co. Galway	NT	NACAI
1945	Martin Egan	Shanaglish, Gort	31.35.0	NACAI
1946	Jerry Kiely	Killenaule, Co. Tipperary	31.12.3	NACAI
1947	Michael Blake	Coolquill Kickams, Co. Tipperary	31.34.0	NACAI
1948	Martin Egan	Shanaglish, Gort	31.59.0	NACAI
1949	Martin Egan	Shanaglish, Gort	NT	NACAI
1951	Anthony "Andy" Monahan	Ballinasloe	31.51.8	NACAI
1952	Thomas A "Tom" Walsh	Croom, Co. Limerick		NACAI
1953	James "Jimmy" Douglas	Avondale	32.07.0	AAUE
1955	Don Appleby	Clonliffe Harriers	32.13.8	AAUE
1956	Tommy Dunne	Donore Harriers	30.45.0	AAUE
1957	Tommy Dunne	Donore Harriers	30.04.2	AAUE
1958	Tommy Dunne	Donore Harriers	29.56.0	AAUE
1958	J Flannery	Moore	32.16.0	NACAI
1959	Albert John "Bertie" Messitt	Donore Harriers	28.46.0	AAUE
1959	Harry Gorman	St Augustine's, Dublin	31.16.4	NACAI
1960	Albert John "Bertie" Messitt	Donore Harriers	29.18.8	AAUE
1960	Pat Considine	Kilmihill	NT	NACAI
1961	Mick Connolly	Donore Harriers	29.58.6	AAUE
1961	John Downes	Kilmallock, Co. Limerick	30.37.6	NACAI
1962	Mick Connolly	Donore Harriers	28.58.8	AAUE
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	30.49.0	NACAI
1963	Albert John "Bertie" Messitt	Donore Harriers	29.14.0	AAUE
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	30.04.5	NACAI
1964	<b>James Joseph "Jim" Hogan*</b>	<b>Polytechnic Harriers.</b>	<b>28.03.0</b>	<b>AAUE</b>
1964	Michael "Mick" Molloy	Oughterard, Co. Galway	30.25.0	NACAI
1965	Jim McNamara	Donore Harriers	29.10.0	AAUE
1965	Sean O'Sullivan	Tournafulla, Co. Limerick	31.45.9	NACAI
1965	John Hickey	Donore Harriers	30.35.8	IAAB
1966	Jim McNamara	Donore Harriers	29.16.0	AAUE
1966	Michael "Mick" Molloy	Oughterard, Co. Galway	31.02.0	NACAI
1967	Michael "Mick" Molloy	Oughterard, Co. Galway	30.25.4	BLE
1968	Matt Murphy	Rising Sun, Cork	28.48.0	BLE
1969	Denis Quinlan	St Finbarr's, Cork	30.11.8	BLE
1970	Donal Walsh	Leevale	29.43.4	BLE
1971	Donal Walsh	Leevale	29.34.2	BLE
1972	John Hartnett	Grange Fermoy	29.02.4	BLE
1973	Donal Walsh	Leevale	29.32.2	BLE
1974	Donal Walsh	Leevale	30.36.2	BLE
1975	Donal Walsh	Leevale	31.02.4	BLE
1976	Pat Murphy	Kildare	30.51.0	BLE
1977	Neil Cusack	Limerick	29.07.0	BLE
1978	Louis Kenny	Mullingar Harriers	29.55.2	BLE
1979	Ray Treacy	Leevale	30.01.0	BLE
1980	Neil Cusack	Limerick	29.39.0	BLE
1981	Jerry Kiernan	Clonliffe Harriers	28.55.9	BLE

\*James "Jimmy" Cregan Knocksouna, C

1982	John Woods	Grange Fermoy	28.30.64	BLE
1983	Gerry Deegan	Deise, Co. Waterford	29.20.87	BLE
1984	John Woods	Liverpool	29.02.90	BLE
1985	John Treacy	Deise, Co. Waterford	28.59.73	BLE
1986	Robert Costelloe	Limerick	29.16.96	BLE
1987	<b>John Treacy</b>	<b>Deise, Co. Waterford</b>	<b>28.17.09</b>	<b>BLE</b>
1988	Gerry Curtis	Donore Harriers	28.49.26	BLE
1989	Richard Mulligan	Clonliffe Harriers	30.14.09	BLE
1990	Richard Mulligan	Clonliffe Harriers	30.06.52	BLE
1991	Noel Richardson	Limerick	29.29.12	BLE
1992	Gerry McGrath	Dundrum South Dublin	30.21.70	BLE
1993	Noel Berkeley	Dundrum South Dublin	29.23.20	BLE
1994	Noel Berkeley	Dundrum South Dublin	29.22.52	BLE
1995	Noel Berkeley	Dundrum South Dublin	29.55.57	BLE
1996	Sean Dollman	Kentucky	29.17.49	BLE
1997	Noel Berkeley	Dundrum South Dublin	29.57.44	BLE
1998	Noel Berkeley	Dundrum South Dublin	29.56.65	BLE
1999	Noel Berkeley	Dundrum South Dublin	29.16.66	BLE
2000	Seamus Power	Kilmurray/Ibrickane	28.54.61	AAI
2001	Peter Matthews	Dundrum South Dublin	29.19.08	AAI
2002	Seamus Power	Kilmurray/Ibrickane	29.37.92	AAI
2003	Tom Carey	Limerick	31.08.91	AAI
2004	Joe McAlister	St Malachy's, Belfast	29.46.59	AAI
2005	Joe McAlister	St Malachy's, Belfast	30.18.80	AAI
2006	Vincent Mulvey	Raheny Shamrock	29.58.35	AAI
2007	Gary Thornton	Galway City Harriers	29.57.06	AAI
2008	Martin Fagan	Mullingar Harriers	29.16.53	AAI
2009	Josphat Boit	Clonliffe Harriers	29.44.55	AAI
2010	Gary Thornton	Galway City Harriers	29.18.88	AAI
2011	Mark Kenneally	Clonliffe Harriers	28.58.39	AAI
2012	Brian Maher	Kilkenny City Harriers	30.17.07	AAI
2013	Mark Kenneally	Clonliffe Harriers	29.21.69	AAI
2014	Michael Clohissey	Raheny Shamrock	29.58.31	AAI
2015	Mark Christie	Mullingar Harriers	29.52.84	AAI
2016	Brandon Hargreaves	Dundrum South Dublin	29.45.01	AAI
2017	Kevin Dooney	Raheny Shamrock	29.30.16	AAI
2018	Stephen Scullion	Clonliffe Harriers	29.25.31	AAI
2019	Stephen Scullion	Clonliffe Harriers	29.36.33	AAI
2020	Sean Tobin	Clonmel	29.35.14	AAI
2021	Hiki Haso Tonosa	Dundrum South Dublin	29.41.88	AAI
2022	Matthew Neill	Strive Racing	30.43.35	AAI
2023	David McGlynn	Waterford	29.50.85	AAI
2024	Emmet Jennings	Dundrum South Dublin	31.31.16	AAI
2025	Sean Doran	Clonliffe Harriers	32.36.26	AAI

## 10 km / 15 km Road Race

### Most titles

Gerry Ryan - 4

2000, 01, 02, 03

### Championship Record

10K **Martin Fagan**

29.17 2010

15K **Robin Bryson**

44.59 1990

Venue

Year	Name	Club	Time	Distance	Category	Venue
1990	Robin Bryson	Dundrum South Dublin	44.59	15K	BLE	Ballina
1991	Gerry Curtis	Donore Harriers	45.02	15K	BLE	Clonmel
1992	Francis "Francie" Boylan	Monaghan Phoenix	47.07	15K	BLE	Wexford
2000	Gerry Ryan	Galway City Harriers	29.58	10K	AAI	Dundalk
2001	Gerry Ryan	Galway City Harriers	30.19	10K	AAI	Ballybofey
2002	Gerry Ryan	Galway City Harriers	30.29	10K	AAI	Navan
2003	Gerry Ryan	Galway City Harriers	30.27	10K	AAI	Ballybofey
2004	Patrick Byrne	Tinryland	30.46	10K	AAI	Sligo
2005	Paul McNamara	Athenry	30.56	10K	AAI	Bilboa
2006	Paul McNamara	Athenry	30.08	10K	AAI	Tinryland
2007	Alan O'Shea	Bantry	30.54	10K	AAI	Navan
2008	Seamus Power	Kilmurray Ibrickane	30.27	10K	AAI	Athenry
2009	Sean Connolly	Tallaght	30.22	10K	AAI	Navan
2010	Martin Fagan	Mullingar Harriers	29.17	10K	AAI	Phoenix Park
2011	Martin Fagan	Mullingar Harriers	29.35	10K	AAI	Phoenix Park
2012	Mark Kenneally	Clonliffe Harriers	29.23	10K	AAI	Phoenix Park
2013	Stephen Scullion	North Belfast Harriers	30.15	10K	AAI	Phoenix Park
2014	Mark Hanrahan	Leevale	30.20	10K	AAI	Phoenix Park
2015	Mark Christie	Mullingar Harriers	30.10	10K	AAI	Phoenix Park
2016	Mick Clohisey	Raheny Shamrock	30.00	10K	AAI	Phoenix Park
2017	Mark Christie	Mullingar Harriers	29.30	10K	AAI	Phoenix Park
2018	Brian Maher	Kilkenny City Harriers	30.20	10K	AAI	Phoenix Park
2019	Hiko Tonosa	Dundrum South Dublin	30.41	10K	AAI	Phoenix Park
2020	<b>Not held due to Covid 19</b>					
2021	<b>Not held due to Covid 19</b>					
2022	Mick Clohisey	Raheny Shamrock	30.49	10K	AAI	Phoenix Park
2023	Jake O'Regan	St. Johns	26.08**	10K	AAI	Phoenix Park
2024	Sean Tobin	Clonmel	29.17	10K	AAI	Dunboyne
2025	Jack O'Leary	Mullingar Harriers	29.15	10K	AAI	Dunboyne

\*\* Short Course

### 15km Club Teams

1990	Belfast Olympic	62 pts
1991	Donore Harriers	56 pts
1992	Tinryland	53 pts

## 10km Club Teams

2000	Civil Service	124.43
2001	Civil Service	127.51
2002	Liffey Valley	128.19
2003	Finn Valley	127.31
2004	Tinryland	128.38
2005	Rathfarnham / WSAF	129.45
2006	Tinryland	128.39
2007	Letterkenny	131.44
2008	Rathfarnham / WSAF	127.55
2009	Raheny Shamrock	125.48
2010	Raheny Shamrock	127.28
2011	Clonliffe Harriers	129.45
2012	Rathfarnham / WSAF	126.53
2013	Galway City Harriers	130.04
2014	Leevale	128.13
2015	Leevale	129.53
2016	Dundrum South Dublin	128.28
2017	Raheny Shamrock	127.45
2018	Raheny Shamrock	128.23
2019	City of Derry Spartans	127.18
2020-2021	<b>Not held due to Covid 19</b>	
2022	Crusaders	136.08
2023	City of Derry Spartan's	114.12
2024	Rathfarnham / WSAF	2.05.32
2025	Donore Harriers	2.02.08

## 10 Miles (16,093.4 m)

### Most titles

Martin Egan - 5

1943, 47, 48, 49, 50

Championship Record		1963		Venue
	Bertie Messitt	49.42.0		
1894	Edward H Magennis	Belfast Harriers	57.31.0	(t) IAAA
1895	Edward H Magennis	Belfast Harriers	58.00.4	(t) IAAA
1912	Sgt Francis Joseph "Frank" O'Neill	Connacht Rangers; C & SH	56.09.6	(t) IAAA
1923	Bevy H Bingham	Clonliffe Harriers	55.43.0	(t) NACAI
1926	Bevy H Bingham	Clonliffe Harriers		(t) NACAI
1931	Timothy F "Tim" Smythe	O'Callaghan's Mills	56.02.2	(t) NACAI
1932	Timothy F "Tim" Smythe	O'Callaghan's Mills	56.35.0	(t) NACAI
1933	JJ O'Connor	Limerick	60.15.2	(t) NACAI
1934	JJ O'Connor	Clonliffe Harriers	57.11.0	(t) NACAI
1935	JJ O'Connor	Clonliffe Harriers	55.32.0	(t) NACAI
1936	J Hannon	Galteemore Harriers	56.57.0	(t) NACAI
1937	James Sweeney	Coolcree, Co. Tipperary	57.21.0	(t) NACAI
1938	James Sweeney	Coolcree, Co. Tipperary	56.00.0	(t) NACAI
1939	James Sweeney	Coolcree, Co. Tipperary	55.58.0	(t) NACAI
1940	Dermot Walsh	Feakle, Co. Clare	55.23.2	(t) NACAI
1941	Dermot Walsh	Feakle, Co. Clare	NT	(t) NACAI
1942	Dermot Walsh	Feakle, Co. Clare	56.24.8	(t) NACAI
1943	Martin Egan	Feakle, Co. Clare	56.09.0	(t) NACAI
1944	WC "Charlie" McCooke	East Antrim Harriers	55.31.4	(t) AAUE
1944	John "Jack" Egan	Shanaglish, Gort	56.57.0	(t) NACAI
1945	Steve H McCooke	East Antrim Harriers	54.59.0	(t) AAUE
1945	John "Jack" Egan	Shanaglish, Gort	NT	(t) NACAI
1946	P Haughey	Brownstown	55.57.0	(t) AAUE
1946	Jerry Kiely	Killenaule, Co. Tipperary	57.10.4	(t) NACAI
1947	Steve H McCooke	East Antrim Harriers	54.10.0	(t) AAUE
1947	Martin Egan	Shanglish, Gort	55.15.0	(t) NACAI
1948	Jerry Kiely	Shanglish, Gort	53.26.0	(t) AAUE
1948	Martin Egan	Shanglish, Gort	54.43.0	(t) NACAI
1949	Steve H McCooke	East Antrim Harriers	52.31.4	(t) AAUE
1949	Martin Egan	Shanglish, Gort	55.06.2	(t) NACAI
1950	John Marshall	Ballydrain	56.24.0	(t) AAUE
1950	Martin Egan	Shanglish, Gort	56.08.2	(t) NACAI
1951	Charles Owens	East Antrim Harriers	53.15.0	(t) AAUE
1951	Anthony "Andy" Monahan	Ballinasloe	54.40.4	(t) NACAI
1952	Patrick "Patsy" Fitzgerald	Coolcree, Co. Tipperary	53.09.0	(t) AAUE
1952	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	53.46.0	(t) NACAI
1953	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	54.24.0	(t) NACAI
1954	Michael J "Mick" Cleary	Nenagh McDonagh	53.42.8	(t) NACAI
1955	Patrick "Paddy" Carmody	Metro Harriers	53.35.2	(t) NACAI
1956	Patrick "Paddy" Carmody	Metro Harriers	55.58.6	(t) NACAI
1957	James "Jimmy" Cregan	Croom, Co. Limerick*	52.28.2	(t) NACAI
1958	James "Jimmy" Cregan	Croom, Co. Limerick*	53.38.8	(t) NACAI
1959	Harry Gorman	St Augustine's, Dublin	52.07.3	(t) NACAI
1960	Michael "Mick" Neville	Tullamore Harriers	51.00.5	(t) NACAI
1961	Michael "Mick" Molloy	Derrydonnell, Galway	51.30.0	(t) NACAI
1962	Albert John "Bertie" Messitt	Donore Harriers	52.08.0	(t) AAUE
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	50.44.4	(t) NACAI
1963	Albert John "Bertie" Messitt	Donore Harriers	49.42.0	(t) AAUE
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	50.32.4	(t) NACAI
1964	Michael "Mick" Molloy	Oughterdard	51.24.5	(t) NACAI
1965	Jim McNamara	Donore Harriers	51.02.0	(t) AAUE
1965	Sean O'Sullivan	Tournafulla, Co. Limerick	52.54.0	(t) NACAI
1966	Jim McNamara	Donore Harriers	49.59.0	(t) AAUE

1966	Michael "Mick" Molloy	Oughterard	54.03.3	(t)	NACAI	
1967	Matt Murphy	Rising Sun, Cork	51.29.4	(t)	BLE	
1968	Richard J "Dick" Hodgins	Leevale	49.49.8	(t)	BLE	
1969	Matt Murphy	Rising Sun, Cork	49.27.2	(t)	BLE	
<b>1970-1983 Not held</b>						
1984	Robert J "Roy" Dooney	Dublin City Harriers	48.34	Road	BLE	<i>Phoenix Park</i>
1985	Peter Maher	North Cork	49.52	Road	BLE	<i>Castlelyons, Co. Cork</i>
1986	Tony O'Leary	Leevale	49.08	Road	BLE	<i>Castlelyons, Co. Cork</i>
1987	John Fitzgerald	Clonmel	50.42	Road	BLE	<i>Sligo</i>
1988	John Scanlon	West Limerick	50.36	Road	BLE	<i>Loughrea</i>
1989	John Scanlon	West Limerick	49.58	Road	BLE	<i>Gowran</i>
<b>1990-2018 Not held</b>						
2019	David Flynn	Clonliffe Harriers	49.55	Road	AAI	<i>Phoenix Park</i>
2020	<b>Not held due to Covid 19</b>					
2021	<b>Not held due to Covid 19</b>					
2022	Mick Clohisey	Raheny Shamrock	51.03	Road	AAI	<i>Phoenix Park</i>
2023	John Travers	Donore Harriers	49.57	Road	AAI	<i>Phoenix Park</i>
2024	Keelin Kilrehill	Moy Valley	49.56	Road	AAI	<i>Phoenix Park</i>
2025	Ryan Creech	Leevale	49.54	Road	AAI	<i>Phoenix Park</i>

\*=James Joseph "Jim" Hogan Poltechnic Harr.

(t) Track Championship

#### Club Team

2022	Clonliffe Harriers	38 pts
2023	Donore Harriers	2.42.23
2024	Clane	2.40.37
2025	Dundrum South Dublin	2.40.48

## Half Marathon

### Most titles

John Griffin - 3

1990, 1993, 1994

### Championship Record

John Lenihan

1.03.15 1986

Venue

Year	Name	Club	Time	Category	Venue
1986	John Lenihan	Riocht	1.03.15	BLE	Rathcoole
1987	Robert J "Roy" Dooney	Dublin City Harriers	1.03.35	BLE	Rathcoole
1988	Robert Costelloe	Limerick	1.03.17	BLE	Rathcoole
1989	Robert J "Roy" Dooney	Dublin City Harriers	1.04.50	BLE	Rathcoole
1990	John Lenihan	Riocht	1.05.42	BLE	Wexford
1991	John Griffin	St John's, Tralee	1.04.18	BLE	Cork
1992	Noel Berkeley	Dundrum South Dublin	1.04.05	BLE	Ballinamore
1993	John Griffin	St John's, Tralee	1.05.38	BLE	Cork
1994	John Griffin	St John's, Tralee	1.05.06	BLE	Killenaule
1995	Gerry McGrath	Dundrum South Dublin	1.06.10	BLE	Killenaule
1996	Jamie Lewis	Unattached	1.07.36	BLE	Ballybofey
1997	Tom McGrath	Mullingar Harriers	1.06.17	BLE	Killenaule
1998	Gerry McGrath	Dundrum South Dublin	1.09.11	BLE	Dublin
1999	Gerry Healy	Civil Service	1.06.03	BLE	Killenaule
2000	Pauric McKinney	Civil Service	1.07.52	AAI	Rathkeale
2001	Vincent "Vinny" Mulvey	Raheny Shamrock	1.07.50	AAI	Dunboyne
2002	Gary Crossan	Letterkenny	1.07.42	AAI	Laois
2003	Cian McLoughlin	Clonliffe Harriers	1.06.14	AAI	Dungarvan
2004	Seamus Power	Kilmurray/Ibrickane	1.03.20	AAI	Castlebar
2005	Gerry Ryan	Galway City Harriers	1.04.05	AAI	Tinryland
2006	Joseph "Joe" McAllister	St Malachy's, Belfast	1.06.04	AAI	Letterkenny
2007	Sergiu Ciobanu	Clonliffe Harriers	1.09.05	AAI	Ballybofey
2008	Cillian O'Leary	Raheny Shamrock	1.07.22	AAI	Waterford
2009	Joseph "Joe" McAllister	St Malachy's, Belfast	1.05.51	AAI	Ballybofey
2010	Andrew Ledwith	Fr Murphy's	1.09.10	AAI	Laois
2011	Sean Hehir	Rathfarnham WSAF	1.05.24	AAI	Waterford
2012	Paul Pollock	Annadale Striders	1.04.14	AAI	Athenry
2013	Mark Christie	Mullingar Harriers	1.06.09	AAI	Dublin
2014	Michael Clohissey	Raheny Shamrock	1.05.54	AAI	Dublin
2015	Paul Pollock	Annadale Striders	1.05.10	AAI	Dublin
2016	Brian McMahon	Clonliffe Harriers	1.11.10	AAI	Dublin
2017	Kevin Dooney	Raheny Shamrock	1.06.05	AAI	Dublin
2018	David Flynn	Clonliffe Harriers	1.08.51	AAI	Dublin
2019	Yared Derese	Carrick Aces	1.04.59	AAI	Dublin
2020-2021	Not held due to Covid 19				
2022	Yared Derese	Carrick Aces	1.05.29	AAI	Ratoath
2023	Ryan Creech	Leevale	1.05.49	AAI	Tullamore
2024	Hugh Armstrong	Ballina	1.04.35	AAI	Charleville
2025	Jake O'Regan	St. John's	1.07.25	AAI	Tullamore

## Half Marathon Club Teams

1986	Clonliffe Harriers	38 pts
1987	St. Finbarr's	43 pts
1988	Galway City Harriers	19 pts
1989	Civil Service	43 pts
1990	Metro / St. Brigids	19 pts
1991	Leevale	18 pts
1992	Civil Service	92 pts
1993	Civil Service	47 pts
1994	St. Catherine's, Tipperary	49 pts
1995	Civil Service	23 pts
1996	Sparta	16 pts
1997	Civil Service	22 pts
1998	Dundrum South Dublin	13 pts
1999	Civil Service	3.25.23
2000	Civil Service	3.28.56
2001	Raheny Shamrock	3.28.10
2002	Clonliffe Harriers	3.28.24
2003	Clonliffe Harriers	3.28.03
2004	Clonliffe Harriers	3.30.07
2005	Galway City Harriers	3.20.40
2006	Clonliffe Harriers	3.27.32
2007	Letterkenny	3.34.24
2008	West Waterford	3.26.37
2009	City of Derry	3.31.46
2010	Raheny Shamrock	3.32.09
2011	<b>Rathfarnham / WSAF</b>	<b>3.22.18</b>
2012	Clonliffe Harriers	3.29.04
2013	Clonliffe Harriers	3.26.38
2014	Raheny Shamrock	3.28.30
2015	Raheny Shamrock	3.23.21
2016	Clonliffe Harriers	3.38.01
2017	Clonliffe Harriers	3.24.26
2018	Clonliffe Harriers	3.43.27
2019	Raheny Shamrock	3.29.59
2020-2021	<b>Not held due to Covid 19</b>	
2022	Crusaders	3.46.16
2023	Celbridge	3.34.53
2024	Leevale	3.24.10
2025	Clane	3.38.41

## 15 Miles 24,140 m / 25 km Road Race

### Most titles

Dick Hodgins

1967, 68, 69

### Championship Record

Mick Neville

1.09.11 1959

### Venue

Year	Name	Club	Time	Distance	Association	Venue
1950	Tommy Reilly	Tredagh, Drogheda	NT	15m	NACAI	Dundalk
1954	Joseph "Joe" West	Rising Sun, Cork	1.38.31	15m	NACAI	Gearahameen-Gap of D
1955	Joseph "Joe" West	Rising Sun, Cork		15m	NACAI	Wexford
1956	Paul Reid	Mountpleasant, Co. Louth	1.34.33	15m	NACAI	Arklow
1957	Noel McGowan	Tullamore Harriers	1.26.00	15m	NACAI	Arklow
1958	James P "Jim" McKinney	Newry Shamrock	1.21.06	15m	NACAI	Dundalk
1959	<b>Michael "Mick" Neville</b>	<b>Tullamore Harriers</b>	<b>1.09.11</b>	15m	<b>NACAI</b>	Tullamore
1960	Patrick "Paddy" Carmody	Metropolitan Harriers	1.23.40	15m	NACAI	Chapelizod-Leixlip out a
1961	Michael O'Sullivan	Tournafulla	1.26.45	15m	NACAI	Kilmallock
1962	Michael "Mick" Molloy	Derrydonnell AC	NT	15m	NACAI	Athenry
1963	Michael "Mick" Molloy	Oughterard	1.15.30	15m	NACAI	Lanesboro
1964	Harry Gorman	St Augustine's, Dublin	1.24.54	15m	NACAI	Newbridge
1965	Sean O'Sullivan	Tournafulla AC, Co. Limerick	1.25.39	15m	NACAI	Blackrock, Co Dublin
1966	Michael "Mick" Molloy	Oughterard	1.17.53	15m	NACAI	Cork-Cobh
1967	Richard J "Dick" Hodgins	Leevale	1.15.18	15m	BLE	Cork-Cobh
1968	Richard J "Dick" Hodgins	Leevale	1.18.48	15m	BLE	Curragh
1969	Richard J "Dick" Hodgins	Leevale	1.11.44	15m	BLE	Cork-Cobh
1970	Matt Murphy	Rising Sun, Cork	1.14.49	15m	BLE	Cork-Cobh
1971	Richard Crowley	St Finbarr's, Cork	1.19.10	15m	BLE	Cork-Cobh
1972	Danny McDaid	Clonliffe Harriers	NT	15m	BLE	Drogheda
1973	Pat O'Riordan	Leevale	1.13.59	15m	BLE	Cork-Cobh
1974	Donal Walsh	Leevale	1.14.45	15m	BLE	Cork-Cobh
1975	Donal Walsh	Leevale	1.14.22	15m	BLE	Cork-Cobh
1976	Neil Cusack	Limerick	1.18.00	15m	BLE	Cork-Cobh
1977	Richard Crowley	St Finbarr's, Cork	1.18.15	15m	BLE	Drogheda
1978	Joseph "Joe" Scanlon	Galway City Harriers	1.16.30	15m	BLE	Tulla, Co Clare
1979	Pat Hooper	Raheny Shamrock	1.15.14	15m	BLE	Lanesboro-Roscommon
1980	Jim McGlynn	Donore Harriers	1.19.06	25K	BLE	Cork-Cobh
1981	Jim McGlynn	Donore Harriers	1.17.07	25K	BLE	Cork-Cobh
1982	William Hayes	Reenavanna, Co. Limerick	1.24.05	25K	BLE	Ennis
1983	Noel McCarron	Leterkenny	1.20.26	25K	BLE	Lanesboro
1984	John Griffin	St John's, Tralee	1.18.29	25K	BLE	Doon, Co Limerick
1985	Richard Clifford	Limerick	1.19.43	25K	BLE	Castlelyons, Co Cork

Discontinued

## Marathon

### Most titles

Dick Hooper - 6

1978, 80, 81, 82, 84, 98

### Championship Record

John Woods

2.11.30 1988

### Venue

Year	Name	Club	Time	Association	Venue
1924	JJ "Jack" O'Reilly	Galway City Harriers	3.01.26	NACAI	Dublin
1925	JJ "Jack" O'Reilly	Galway City Harriers	2.56.04	NACAI	Dublin
1926	JJ "Jack" O'Reilly	Galway City Harriers	2.58.30	NACAI	Dublin
1927	JJ "Jack" O'Reilly	Galway City Harriers	2.55.01	NACAI	Dublin
1928	PJ Doyle	Donore Harriers	2.55.40	NACAI	Dublin
1929	Dave J McKeon	Blackrock	3.11.15	NACAI	Dublin
1930	Dave J McKeon	Blackrock	3.11.35	NACAI	Dublin
1931	J McKenny	Highgate Harriers	3.00.02	NACAI	Dublin
1932	Dave J McKeon	Dún Laoghaire	2.57.27	NACAI	Dublin
1933	John Timmins	Dublin City Harriers	2.49.52	NACAI	Dublin
1934	John Timmins	Dublin City Harriers	3.24.15	NACAI	Dublin
1935	James Doyle	Tullow	2.52.31	NACAI	Dublin
1936	William "Billy" Morton	Clonliffe Harriers	2.48.27	NACAI	Dublin
1937	Cpl Jim Hayden	Curragh	3.02.25	NACAI	Dublin
1938	Cpl Jim Hayden	Curragh	3.09.15	NACAI	Cashel
1939	Cpl Jim Hayden	Curragh	3.00.01	NACAI	Dublin
1940	Not Held			NACAI	-
1941	Pte Edmond "Neddy" O'Connell	Army Metro	3.45.16	NACAI	Drogheda
1942	F Gibson	Westdown Harriers	3.14.00	AAUE	Tolka Bridge, Dumcondry
1942	Pte Patrick Ryan	An Dara	3.03.01	NACAI	Enniscorthy
1943	Tom M Orr	Willowfield Harriers	3.07.15	IAAB	Belfast
1943	Pte Patrick Ryan	An Dara	2.54.23	NACAI	Clonmel
1944	Tom M Orr	Willowfield Harriers	2.47.43	IAAB	Dublin
1944	Michael Egan	Shanaglish, Gort	3.22.23	NACAI	Dundalk
1945	Tom M Orr	Willowfield Harriers	2.49.00	IAAB	Dublin
1945	Michael Egan	Shanaglish, Gort	2.58.03	NACAI	Ballinasloe
1946	John A "Jack" Henning	Duncairn Nomads	3.13.48	IAAB	Belfast
1946	A Harrington	Dublin City Harriers	3.10.55	NACAI	Dundalk
1947	John A "Jack" Henning	Duncairn Nomads	2.44.57	IAAB	Belfast
1947	Charles Browne	Shanaglish, Gort	3.04.47	NACAI	Dundalk
1948	Frank P Mulvihill	Coventry Godiva Harriers	2.56.02	IAAB	Dublin
1948	Aidan Browne	Shanaglish, Gort	2.33.20	NACAI	Ballinasloe
1949	John A "Jack" Henning	Duncairn Nomads	2.45.07	IAAB	Belfast
1949	Tom Reilly	Tredagh AC, Drogheda	3.11.05	NACAI	Mosney
1950	John A "Jack" Henning	Duncairn Nomads	3.03.22	IAAB	Dublin
1950	Jack Cox	Kilcormack AC, Co. Offaly	3.03.30	NACAI	Mosney
1951	John A "Jack" Henning	Duncairn Nomads	2.44.54	IAAB	Belfast
1951	Joseph "Joe" Williams	Dublin City Harriers	3.05.14	NACAI	Crumlin
1952	Joseph "Joe" West	Coventry Godiva Harriers	2.45.00	IAAB	Dublin
1952	JT Exley	Dublin City Harriers	3.13.50	NACAI	Crumlin
1953	Harry Cooney	Clonliffe Harriers	2.43.15	IAAB	Belfast
1953	Terence O'Sullivan	Mitchels AC, Tralee	2.42.36	NACAI	Belfast
1954	Robert "Bob" Crossan	Duncairn Nomads	2.38.39	IAAB	Dublin
1954	Patrick "Patsy" McCabe	West Belfast Harriers	2.42.49	NACAI	Crumlin
1955	Harry Cooney	Clonliffe Harriers	2.33.20	AAUE	Belfast
1955	Patrick "Patsy" McCabe	West Belfast Harriers	2.48.50	NACAI	Crumlin
1956	Robert "Bob" Crossan	Duncairn Nomads	2.42.07	IAAB	Dublin
1956	Patrick "Patsy" McCabe	West Belfast Harriers	2.41.10	NACAI	Crumlin
1957	Frazer Walker	Clonliffe Harriers	2.39.58	AAUE	Belfast
1957	Dan Lennon	Banbridge	2.48.07	NACAI	Crumlin
1958	Frazer Walker	Clonliffe Harriers	2.32.42	AAUE	Dublin
1958	Noel McGowan	Tullamore Harriers	2.29.23	NACAI	Dublin
1959	Robert "Bob" Crossan	Duncairn Nomads	2.33.00	IAAB	Belfast
1959	Dan Lennon	Banbridge	2.41.59	NACAI	Crumlin
1959	Frazer Walker	Clonliffe Harriers	2.40.47	AAUE	Santry to Balrothery an

1960	George McIntyre	Ponder's End, London	2.27.50	AAUE	<i>Garda Barracks, Finglas</i>	
1960	William "Willie" Morris	Derrydonnell, Galway	2.53.52	NACAI	<i>Crumlin</i>	
1960	Albert John "Bertie" Messitt	Donore Harriers	2.28.43	IAAB	<i>Dublin</i>	
1961	Michael "Mick" Doyle	Crusaders	2.55.00	AAUE	<i>Finglas-Ashbourne-Fing</i>	
1961	Seamus Kearns	Newry Shamrock	2.45.44	NACAI	<i>Fermoy</i>	
1961	Hugh McEleney	Welwyn	2.32.17	IAAB	<i>Belfast</i>	
1962	Albert John "Bertie" Messitt	Donore Harriers	2.30.20	AAUE	<i>Finglas-Ashbourne-Fing</i>	
1962	Seamus Kearns	Newry Shamrock	2.37.07	NACAI	<i>Killarney</i>	
1962	Willie Dunne	Donore Harriers	2.28.40	IAAB	<i>Dublin</i>	
1963	Albert John "Bertie" Messitt	Donore Harriers	2.27.06	AAUE	<i>Finglas-Ashbourne-Fing</i>	
1963	Noel P Henry	St Mel's, Longford	2.37.28	NACAI	<i>Killarney</i>	
1963	Albert John "Bertie" Messitt	Donore Harriers	2.32.28	IAAB	<i>Belfast</i>	
1964	Jim McNamara	Donore Harriers	2.33.17	AAUE	<i>Finglas-Ashbourne-Fing</i>	
1964	Harry Gorman	St Augustine's	2.35.02	NACAI	<i>Gorey</i>	
1964	Willie Dunne	Donore Harriers	2.34.45	IAAB	<i>Dublin</i>	
1965	Jim McNamara	Donore Harriers	2.28.34	AAUE	<i>Finglas-Ashbourne-Fing</i>	
1965	Harry Gorman	St Augustine's	2.28.37	NACAI	<i>Banteer</i>	
1965	Willie Dunne	Donore Harriers	2.39.35	IAAB	<i>Belfast</i>	
1966	Jim McNamara	Donore Harriers	2.24.29	AAUE	<i>Finglas-Ashbourne-Fing</i>	
1966	Michael "Mick" Molloy	Oughterard	2.24.45	NACAI	<i>Banteer</i>	
1966	Willie Dunne	Donore Harriers	2.31.30	IAAB	<i>Dublin</i>	
1967	Willie Dunne	Donore Harriers	2.14.35	‡	BLE	<i>Santry</i>
1968	Michael "Mick" Molloy	Oughterard	2.22.52	BLE	<i>Galway</i>	
1969	Michael "Mick" Molloy	Oughterard	2.22.32	BLE	<i>Thurles</i>	
1970	Danny McDaid	Clonliffe Harriers	2.22.13	BLE	<i>Ballinamore</i>	
1971	Fr Patrick "Paddy" Coyle	Lourdes, Drogheda	2.14.30	‡	BLE	<i>Portlaoise</i>
1972	Donal Walsh	Leevale	2.15.21	BLE	<i>Athlone</i>	
1973	Brendan O'Shea	Donore Harriers	2.22.05	BLE	<i>Portlaoise</i>	
1974	Danny McDaid	Clonliffe Harriers	2.19.03	BLE	<i>Portlaoise</i>	
1975	Richard J "Dick" Hodgins	Leevale	2.19.46	BLE	<i>Galway</i>	
1976	Danny McDaid	Clonliffe Harriers	2.13.06	‡	BLE	<i>Limerick</i>
1977	Desmond "Dessie" McGann	Civil Service	2.20.34	BLE	<i>Loughrea</i>	
1978	Richard "Dick" Hooper	Raheny Shamrock	2.23.19	BLE	<i>Tullamore</i>	
1979	Patrick "Pat" Hooper	Raheny Shamrock	2.17.46	BLE	<i>Tullamore</i>	
1980	Richard "Dick" Hooper	Raheny Shamrock	2.16.27	BLE	<i>Tullamore</i>	
1981	Richard "Dick" Hooper	Raheny Shamrock	2.15.37	BLE	<i>Cork</i>	
1982	Richard "Dick" Hooper	Raheny Shamrock	2.12.56	BLE	<i>Limerick</i>	
1983	Danny McDaid	Tír Chonail	2.19.09	BLE	<i>Letterkenny</i>	
1984	Richard "Dick" Hooper	Raheny Shamrock	2.14.39	BLE	<i>Cork</i>	
1985	John O'Toole	Tullamore Harriers	2.24.06	BLE	<i>Limerick</i>	
1986	Kingston Mills	Dublin City Harriers	2.15.58	BLE	<i>Portlaoise</i>	
1987	Pat Heffernan	Thurles	2.23.28	BLE	<i>Galway</i>	
1988	<b>John Woods</b>	<b>Liverpool</b>	<b>2.11.30</b>	<b>BLE</b>	<b>Wexford</b>	
1989	John Griffin	St John's, Tralee	2.18.49	BLE	<i>Tralee</i>	
1990	Robert J "Roy" Dooney	Dublin City Harriers	2.16.07	BLE	<i>Clonmel</i>	
1991	Tommy Hughes	Duncairn Nomads	2.14.46	BLE	<i>Dublin</i>	
1992	Jerry Kiernan	St John's, Tralee	2.17.19	BLE	<i>Dublin</i>	
1993	Seamus O'Donnell	Galway City Harriers	2.23.38	BLE	<i>Clonmel</i>	
1994	Eamonn Tierney	Clonliffe Harriers	2.27.30	BLE	<i>Dublin</i>	
1995	Richard Mulligan	Clonliffe Harriers	2.27.11	BLE	<i>Sligo</i>	
1996	Seamus O'Donnell	Galway City Harriers	2.25.41	BLE	<i>Mallow</i>	
1997	Seamus O'Donnell	Galway City Harriers	2.29.08	BLE	<i>Derry</i>	
1998	Richard "Dick" Hooper	Raheny Shamrock	2.22.08	BLE	<i>Killenaule</i>	
1999	Gerry Healy	Civil Service	2.18.06	BLE	<i>Sligo</i>	
2000	Gerry Healy	Civil Service	2.21.28	AAI	<i>Dublin</i>	
2001	Pauric McKinney	Letterkenny	2.25.42	AAI	<i>Dungarvan</i>	
2002	Gary Crossan	Letterkenny	2.24.19	AAI	<i>Belfast</i>	
2003	Gary Crossan	Letterkenny	2.20.26	AAI	<i>Dublin</i>	
2004	Gary Crossan	Letterkenny	2.24.07	AAI	<i>Dublin</i>	
2005	Gary Crossan	Letterkenny	2.23.19	AAI	<i>Dublin</i>	
2006	Cian McLoughlin	Clonliffe Harriers	2.22.37	AAI	<i>Dublin</i>	
2007	Michael O'Connor	Galway City Harriers	2.25.48	AAI	<i>Dublin</i>	
2008	Michael O'Connor	Galway City Harriers	2.20.47	AAI	<i>Dublin</i>	
2009	Sergiu Turea Ciobanu	Clonliffe Harriers	2.22.06	AAI	<i>Dublin</i>	
2010	Sergiu Turea Ciobanu	Clonliffe Harriers	2.19.33	AAI	<i>Dublin</i>	
2011	Sean Connolly	Tallaght	2.18.52	AAI	<i>Dublin</i>	
2012	Paul Pollock	Annadale Striders	2.16.30	AAI	<i>Dublin</i>	
2013	Sean Hehir	Rathfarnham WSAF	2.18.19	AAI	<i>Dublin</i>	

2014	Sergiu Turea Ciobanu	Clonliffe Harriers	2.21.01	AAI	Dublin
2015	Sean Hehir	Rathfarnham WSAF	2.19.47	AAI	Dublin
2016	Sergiu Turea Ciobanu	Clonliffe Harriers	2.17.40	AAI	Dublin
2017	Gary O'Hanlon	Clonliffe Harriers	2.18.53	AAI	Dublin
2018	Mick Clohisey	Raheny Shamrock	2.15.58	AAI	Dublin
2019	Stephen Scullion	Clonliffe Harriers	2.12.01	AAI	Dublin
2020	<b>Not held due to Covid 19</b>				
2021	Mick Clohisey	Raheny Shamrock	2.20.48	AAI	Belfast
2022	Martin Hoare	Celbridge	2.20.22	AAI	Dublin
2023	Stephen Scullion	Clonliffe Harriers	2.11.51	AAI	Dublin
2024	Hiko Tonosa	Dundrum South Dublin	2.09.42	AAI	Dublin
2025	David McGlynn	Waterford	2.11.01	AAI	Dublin

### Marathon Club Teams

1968	Clonliffe Harriers	25 pts
1969	St. Finnbar's	27 pts
1970	Clonliffe Harriers	10 pts
1971	Clonliffe Harriers	19 pts
1972	Donore Harriers	17 pts
1973	<i>No team finished</i>	
1974	Leevale	18 pts
1975	Leevale	12 pts
1976	Donore Harriers	31 pts
1977	Donore Harriers	19 pts
1978	Raheny Shamrock	3 pts
1979	Liffey Valley	20 pts
1980	Raheny Shamrock	3 pts
1981	Limerick	11 pts
1982	Raheny Shamrock	15 pts
1983	Letterkenny	23 pts
1984	Leevale	48 pts
1985	West Limerick	35 pts
1986	St Finbar's	22 pts
1987	Civil Service Harriers	40 pts
1988	Clonmel	18 pts
1989	West Limerick	19 Pts
1990	Clonmel	27 pts
1991	Duncairn Olympic	18 pts
1992	Raheny Shamrock	36 pts
1993	Comeragh	21 pts
1994	Civil Service Harriers	14 pts
1995	Raheny Shamrock	35 pts
1996	Foyle Valley	27 pts
1997	Foyle Valley	20 pts
1998	Civil Service Harriers	15 pts
1999	St Finbar's	7.43.16
2000	Dunshaughlin	7.47.27
2001	Raheny Shamrock	7.48.17
2002	North Belfast Harriers	7.51.28
2003	Letterkenny	7.26.14
2004	Dundrum South Dublin	7.21.36
2005	Letterkenny	7.30.26
2006	Letterkenny	7.44.36
2007	Letterkenny	7.34.23
2008	Galway City Harriers	7.43.15
2009	Dundrum South Dublin	7.48.40
2010	Clonliffe Harriers	7.14.21
2011	Clonliffe Harriers	7.36.16
2012	Rathfarnham / W.S.A.F	7.09.29
2013	Clonliffe Harriers	7.11.50
2014	Rathfarnham / W.S.A.F	7.31.00
2015	Raheny Shamrock	7.30.27
2016	Clonliffe Harriers	7.08.04
2017	Clonliffe Harriers	6.57.44
2018	Clonliffe Harriers	6.54.28
2019	<b>Clonliffe Harriers</b>	<b>6.45.04</b>

<b>2020</b>	<b>Not held due to Covid 19</b>	
<b>2021</b>	Rathfarnham / W.S.A.F	7.56.14
<b>2022</b>	Drogheda & District	7.43.59
<b>2023</b>	Clonliffe Harriers	7.04.17
<b>2024</b>	Leevale	7.03.53
<b>2025</b>	Waterford	7.10.37

*Notes: The inaugural Irish Marathon Championship was held in 1924. The 1924-1928 and 1948 courses are considered to have been short.*

*From 1924 through 1928, the route was from Garlow Cross (Navan) to Croke Park (Dublin) via Dunshaughlin and Phibsboro'.*

*The 1929 race was run over the same route but starting at Marin bridge, a point 1.5 miles beyond Garlow Cross.*

*The championship races from 1930-1937 were run over an out-and-back course starting and finishing at Croke Park, via Phibsboro, Ashtown, Clonee, and Dunboyne.*

*The 1938 National Championship was held in conjunction with the Cashel Sports, the route being Boherlahan, Holycross, Thurles, Horse and Jockey, Cashel and one circuit of the track.*

*The 1939 race was held in connection with the Tramway Sports at Croke Park, Dublin, the route being from Croke Park along the Ashbourne-Navan road and back to Croke Park.*

*‡ A re-measurement was made of the 1967 course and the distance was found to be 24.7 miles. The courses in 1971 and 1976 were also short.*

## 1 Mile Steeplechase ½ Mile, 1000 Yards, 4 Miles

<b>1m</b>	<b>Most titles</b>					
	<b>JJ McIlvenny - 3</b>					<b>1890, 91, 93</b>
<b>1m</b>	<b>Championship Record</b>					
	<b>C O'Connor</b>					<b>4.53.0 1914</b>
<b>1887</b>	William Lloyd Aherin	Co. Dublin Harriers	5.30.4	1m		IAAA
<b>1888</b>	CW Blundell	Co. Dublin Harriers	5.38.4	1m		IAAA
<b>1889</b>	TJ Corcoran	Elysian Harriers	5.19.2	1m		IAAA
<b>1890</b>	John J McIlvenny	Belfast Harriers	5.50.0	1m		IAAA
<b>1891</b>	John J McIlvenny	Belfast Harriers	5.21.2	1m		IAAA
<b>1892</b>	Frederick Robert Carr	Dublin University	5.23.4	1m		IAAA
<b>1893</b>	John J McIlvenny	Belfast Harriers	5.22.0	1m		IAAA
<b>1894</b>	Herbert CW "Bertie" Grimshaw	Dublin University	5.08.0	1m		IAAA
<b>1895</b>	J Archer	Elysian Harriers	NT	1m		IAAA
<b>1896</b>	Billy Whittam	Belfast Harriers	5.25.4	1m		IAAA
<b>1897</b>	Nicolas "Nick" Barron	Co. Kilkenny	5.42.4	1m		IAAA
<b>1897</b>	John Carroll Hayes	Cloughjordan		1m		GAA
<b>1898</b>	Nicolas "Nick" Barron	Co. Kilkenny	5.57.4	1m		IAAA
<b>1899</b>	John F Joyce	Ballinasloe Harriers	6.05.4	1m		IAAA
<b>1901</b>	James E Finnegan	Haddington Harriers	5.04.6	1m		IAAA
<b>1902</b>	H O'Sullivan	Banteer	NT	1ky		GAA
<b>1905</b>	JT Fitzsimons	Mullagh	4.56.0	1m		IAAA
<b>1906</b>	L Kelly	Donore Harriers	6.00.2	1m		IAAA
<b>1907</b>	Not held					
<b>1908</b>	Frank J Buckley	Haddington Harriers	NT	1m		IAAA
<b>1909</b>	M Bruton		NT	1m		GAA
<b>1909</b>	JJ Doyle	City & Suburban Harriers	5.11.2	1m		IAAA
<b>1910</b>	T McGreevy	Lisburn	4.54.2	1m		IAAA
<b>1910</b>	J Corcoran	Killucan, Co. Westmeath	NT	½m		GAA
<b>1910</b>	Michael J Maye	Fermoy	NT	1m		GAA
<b>1910</b>	TJ Walsh	Drogheda	NT	1m		GAA
<b>1911</b>	John Joseph Daly	Galway	NT	½m		GAA
<b>1911</b>	Charles Harris	YIAC	NT	1m		GAA
<b>1912</b>	JJ Fitzsimons	Mullagh, Co. Cavan	4.56.0	1m		GAA
<b>1913</b>	P McGuinness		NT	1m		GAA
<b>1914</b>	<b>C O'Connor</b>	<b>Ashbourne</b>	<b>4.53.0</b>	<b>1m</b>		<b>GAA</b>
<b>1918</b>	John J "JJ" Ryan	Dromline, Co. Tipperary	NT	1m		GAA
<b>1919</b>	John J "JJ" Ryan	Dromline, Co. Tipperary	4.42.0	1m		GAA
<b>1920</b>	T Neville	Donuoghmore	4.49.0	1m		GAA
<b>1920</b>	J Connolly	Oughterard, Co. Galway	24.40.0	4m		GAA
<b>1921</b>	WWT Ahern	Mount Nugent, Co. Meath	NT	4m		GAA
<b>1922</b>	George Magan	Celbridge	5.39.0	1m		GAA
<b>1923</b>	A Gilmore	Ulsterville	4.47.0	1m		IAAA
<b>1924</b>	James McCarthy	Clonakilty, Co. Cork	5.01.0	1m		NACAI
<b>1925</b>						
<b>1926</b>	Douglas W Coard	Donore Harriers	NT	1m		NACAI

## 3000m Steeplechase

2 Miles 3218.7 m

### Most titles

Liam O'Brien - 11

1978, 79, 80, 81, 83, 84, 86, 87, 91, 92, 94

Eugene O'Neill - 6

1998, 2002, 03, 04, 05, 06

### Championship Record

Brendan Quinn

8.32.60 1985

1910	TF Gibbons		NT	2m	GAA
1923	John J "JJ" Ryan	Dromline, Co. Tipperary	NT	2m	NACAI
1924	John J "JJ" Ryan	Dromline, Co. Tipperary	10.15.4	2m	NACAI
1932	Michael T "Sonny" Murphy	O'Callaghan's Mills	9.51.8		NACAI
1937	Jim Doyle	Dublin City Harriers	9.52.8	2m	NACAI
1959	T Dunne	Donore Harriers	9.37.0		AAUE
1960	John McDonnell	Clonliffe Harriers	9.34.0		AAUE
1961	Not held				
1962	John McDonnell	Clonliffe Harriers	9.21.6		AAUE
1963	Michael "Mick" Connolly	Donore Harriers	9.55.0		AAUE
1964	Anthony "Tony" Murphy	Donore Harriers	9.42.0		IAAB
1964	Jim McNamara	Donore Harriers	9.42.8		AAUE
1965	Jim McNamara	Donore Harriers	9.10.2		AAUE
1965	Anthony "Tony" Murphy	Donore Harriers	NT		IAAB
1966	Anthony "Tony" Murphy	Donore Harriers	NT		AAUE
1966	J Nodwell	Duncairn Harriers	9.45.8		IAAB
1967	John Cregan	Granagh, Limerick	9.41.0		BLE
1968	Anthony "Tony" Murphy	Donore Harriers	9.24.4		BLE
1969	Des McCormack	Clonliffe Harriers	9.22.2		BLE
1970	Des McCormack	Clonliffe Harriers	9.10.8		BLE
1971	Pat O'Riordan	Leevale	9.00.4		BLE
1972	Edward "Eddie" Leddy	Ballinamore, Co. Leitrim	9.01.4		BLE
1973	Finbarr Long	St Finbarr's, Cork	8.57.8		BLE
1974	Phil English	Tipperary	9.13.4		BLE
1975	Ray McBride	Pearse, Galway	8.58.4		BLE
1976	Finbarr Long	St Finbarr's, Cork	9.07.8		BLE
1977	Gerry Deegan	Waterford	8.48.9		BLE
1978	Liam O'Brien	Midleton	9.07.5		BLE
1979	Liam O'Brien	Midleton	8.52.6		BLE
1980	Liam O'Brien	Midleton	8.41.5		BLE
1981	Liam O'Brien	Midleton	8.48.96		BLE
1982	Brendan Quinn	Waterford	8.38.61		BLE
1983	Liam O'Brien	Midleton	8.39.65		BLE
1984	Liam O'Brien	Midleton	8.33.48		BLE
1985	<b>Brendan Quinn</b>	<b>Deise, Co. Waterford</b>	<b>8.32.80</b>		<b>BLE</b>
1986	Liam O'Brien	East Cork	8.56.02		BLE
1987	Liam O'Brien	East Cork	8.51.07		BLE
1988	Brendan Quinn	Waterford	8.42.83		BLE
1989	Kieran Stack	North Cork	8.50.37		BLE
1990	Kieran Stack	North Cork	8.40.94		BLE
1991	Liam O'Brien	East Cork	8.41.55		BLE
1992	Liam O'Brien	East Cork	9.00.40		BLE
1993	Enda Fitzpatrick	Dublin City Harriers	8.57.30		BLE
1994	Liam O'Brien	East Cork	8.56.43		BLE
1995	John Murray	Dublin City Harriers	9.03.34		BLE
1996	John Murray	Dublin City Harriers	8.39.24		BLE
1997	Pat Davoren	University College Cork	9.00.54		BLE
1998	Eugene O'Neill	Crusaders	9.04.87		BLE
1999	Cormac Smith	Dundrum South Dublin	8.50.35		BLE

<b>2000</b>	Cormac Smith	Dundrum South Dublin	8.51.22	AAI
<b>2001</b>	Cormac Smith	Dundrum South Dublin	9.00.55	AAI
<b>2002</b>	Eugene O'Neill	Crusaders	8.58.61	AAI
<b>2003</b>	Eugene O'Neill	Crusaders	9.09.19	AAI
<b>2004</b>	Eugene O'Neill	Crusaders	9.06.68	AAI
<b>2005</b>	Eugene O'Neill	Crusaders	9.03.75	AAI
<b>2006</b>	Eugene O'Neill	Crusaders	8.56.62	AAI
<b>2007</b>	Mark Kirwan	Raheny Shamrock	9.06.84	AAI
<b>2008</b>	Rory Chesser	Ennis Track	9.04.81	AAI
<b>2009</b>	Rory Chesser	Ennis Track	9.03.01	AAI
<b>2010</b>	Rory Chesser	Ennis Track	8.51.95	AAI
<b>2011</b>	Tomás Cotter	Dunleer	9.00.90	AAI
<b>2012</b>	David Flynn	Clonliffe Harriers	9.06.58	AAI
<b>2013</b>	Rory Chesser	Ennis Track	9.08.65	AAI
<b>2014</b>	Rory Chesser	Ennis Track	8.46.95	AAI
<b>2015</b>	Tomás Cotter	Dunleer	8.47.52	AAI
<b>2016</b>	Rory Chesser	Ennis Track	9.07.83	AAI
<b>2017</b>	Adam Kirk-Smith	Derry City	8.55.72	AAI
<b>2018</b>	Adam Kirk-Smith	Derry City	9.02.09	AAI
<b>2019</b>	Jayne Rossiter	Clonliffe Harriers	8.59.42	AAI
<b>2020</b>	Rory Chesser	Ennis Track	9.39.62	AAI
<b>2021</b>	Brian Fay	Raheny Shamrock	8.52.88	AAI
<b>2022</b>	Jayne Rossiter	Clonliffe Harriers	9.26.43	AAI
<b>2023</b>	Finley Daly	Sligo	8.56.66	AAI
<b>2024</b>	Billy Coogan	Kilkenny City Harriers	9.11.69	AAI
<b>2025</b>	Finley Daly	Sligo	8.59.04	AAI

## 110 m Hurdles

120 Yards / 100.58 m (1873-1968)

### Most titles

TJ Kearns - 10

1986, 87, 88, 89, 90, 91, 92, 93, 94, 97

Peter Coghlan - 10

1996, 98, 99, 2000, 01, 02, 03, 04, 05, 08

### Championship Record

Peter Coghlan

13.51 +1.5

1999

1873	John McLean	North of Ireland Cricket Club	18.2	y	Irish Champions AC
1874	William Joseph Hamilton	Dublin University	19.0	y	Irish Champions AC
1875	William Joseph Hamilton	Dublin University	18.4	y	Irish Champions AC
1876	William Joseph Hamilton	Cavan	18.6	y	Irish Champions AC
1877	William ER Barter	Irish Champions AC	18.2	y	Irish Champions AC
1878	Pat Davin	Carrick-On-Suir	17.5	y	Irish Champions AC
1879	Pat Davin	Carrick-On-Suir	17.6	y	Irish Champions AC
1880	Pat Davin	Carrick-On-Suir	17.4	y	Irish Champions AC
1881	George D Christian	City & Suburban Harriers	18.8	y	Irish Champions AC
1882	Pat Davin	Carrick-On-Suir	16.6	y	AAAI
1883	Pat Davin	Carrick-On-Suir	16.4	y	AAAI
1884	James Pedlow	Bessbrook FC, Co. Armagh	17.8	y	AAAI
1885	Edward J Walsh	Lansdowne FC, Dublin	17.6	y	IAAA
1885	Peter S Kenny	Carrick-On-Suir	20.0	y	GAA
1886	Edward J Walsh	Haddington Harriers	17.0	y	IAAA
1886	Edward J Walsh	Haddington Harriers	17.0	y	GAA
1887	David Frederick Rambaut	Dublin University	17.4	y	IAAA
1887	Daniel Delany Bulger	Lansdowne FC, Dublin	17.6	y	GAA
1888	Daniel Delany Bulger	Lansdowne FC, Dublin	17.0	y	IAAA
1888	Daniel Delany Bulger	Lansdowne FC, Dublin	17.2	y	GAA
1889	Frank Joseph Freer	Dublin University	17.0	y	IAAA
1889	Daniel Delany Bulger	Lansdowne FC, Dublin	17.0	y	GAA
1890	Frank Joseph Freer	Dublin University	16.6	y	IAAA
1890	Daniel Delany Bulger	Lansdowne FC, Dublin	16.8	y	GAA
1891	Frank Joseph Freer	Dublin University	16.6	y	IAAA
1891	James Patrick O'Sullivan	Killorglin, Co. Kerry	17.0	y	GAA
1892	Daniel Delany Bulger	Co. Dublin Harriers	16.4	y	IAAA
1892	Thomas Francis "Tom" Kiely	Carrick-On-Suir	16.8	y	GAA
1893	Robert Pedlow	NIFC	17.0	y	IAAA
1893	Ignatius AE Mulligan	Roscommon	17.0	y	GAA
1894	Ignatius AE Mulligan	Roscommon	16.8	y	IAAA
1894	JM Walsh	Lee	20.2	y	GAA
1895	Thomas Francis "Tom" Kiely	Ballyneale, Co. Tipperary	17.2	y	IAAA
1895	George Browne	Castlebridge	19.4	y	GAA
1896	George Pratt Moyles	Lansdowne, Dublin	17.0	y	IAAA
1896	Patrick "Paddy" Harding	Dublin	17.6	y	GAA
1897	Ignatius AE Mulligan	Roscommon	16.4	y	IAAA
1897	Thomas Francis "Tom" Kiely	Carrick-On-Suir	18.2	y	GAA
1898	Denis Carey	Dublin Metropolitan Police	17.2	y	IAAA
1898	Thomas Francis "Tom" Kiely	Carrick-On-Suir	16.4	y	GAA
1899	Denis Carey	Dublin Metropolitan Police	16.8	y	IAAA
1899	Patrick "Paddy" Harding	Dublin	16.8	y	GAA
1900	Denis Carey	Dublin Metropolitan Police	16.8	y	IAAA
1900	John J Keane	Dublin	NT	y	GAA
1901	Denis Carey	Dublin Metropolitan Police	16.6	y	IAAA
1901	Thomas Francis "Tom" Kiely	Carrick-On-Suir	16.8	y	GAA
1902	Denis Carey	Dublin Metropolitan Police	17.0	y	IAAA
1902	Thomas Francis "Tom" Kiely	Carrick-On-Suir	16.2	y	GAA
1903	Patrick "Paddy" Harding	Dublin	17.0	y	IAAA
1903	Thomas Francis "Tom" Kiely	Carrick-On-Suir	16.8	y	GAA
1904	John "Jack" Murray	Kilmainham	16.6	y	IAAA
1904	Laurence A Kiely	Ballyneale, Co. Tipperary	NT	y	GAA

1905	Denis Carey	Dublin Metropolitan Police	16.6	y	IAAA
1905	JJ Burke	Dunmanway, Co. Cork	16.8	y	GAA
1906	Laurence A Kiely	Ballyneale, Co. Tipperary	16.8	y	IAAA
1906	JJ Curry	Waterford	16.8	y	GAA
1907	Denis Murray	Co. Dublin	17.0	y	IAAA
1907	Thomas Francis "Tom" Kiely	Carrick-On-Suir	16.8	y	GAA
1908	Timothy Joseph "Tim" Ahearne	Athea	16.8	y	IAAA
1908	James J Bourke	Cappawhite, Co. Tipperary	16.8	y	GAA
1909	Timothy Joseph "Tim" Ahearne	Athea	16.6	y	IAAA
1909	James J Bourke	Cappawhite, Co. Tipperary	16.8	y	GAA
1910	Cecil E Kinahan	Faugh A Ballagh	17.8	y	IAAA
1910	Percy Kirwan	Kilmacthomas, Co. Waterford	16.8	y	GAA
1911	E O'Brien	London	16.4	y	IAAA
1911	Denis McCarthy	Castlemagner, Cork	16.4	y	GAA
1912	Cyril R Dugmore	London	16.4	y	IAAA
1912	Denis McCarthy	Castlemagner, Cork	17.0	y	GAA
1913	Patrick J Kinnane	Upperchurch, Co. Tipperary	18.6	y	IAAA
1913	P Bourke	Kilmallock, Co. Limerick	16.8	y	GAA
1914	John J O'Mullane	Cork	16.4	y	IAAA
1914	J Mulvihill	Castlemagner, Cork	17.0	y	GAA
1915	M McNamara	Cork	17.4	y	GAA
1916	MJ Donohoe	Dublin	16.4	y	GAA
1917	MW O'Brien	Drumcollogher, Co. Limerick	17.4	y	GAA
1918	William "Bill" Britton	Cahirciveen, Co. Kerry	17.0	y	GAA
1919	Thomas George Wallis	Shankill	16.8	y	IAAA
1919	PJ Keane	Thurles	16.4	y	GAA
1920	Thomas George Wallis	Clonliffe Harriers	17.0	y	IAAA
1920	William "Bill" Britton	Cahirciveen, Co. Kerry	17.6	y	GAA
1921	Thomas George Wallis	Clonliffe Harriers	16.4	y	IAAA
1921	J O'Donovan	Cork	17.4	y	GAA
1922	Thomas George Wallis	Clonliffe Harriers	16.4	y	IAAA
1922	Harry Conway	University College Dublin	16.8	110m	GAA
1923	Harry Conway	University College Dublin	16.8	y	NACAI
1924	J Donovan	Youghal	17.2	y	NACAI
1925	William F "Bill" Shanahan	Dublin Metropolitan Garda	17.0	y	NACAI
1926	James Alexander Price	Queen's University Belfast	16.8	y	NACAI
1927	Sean Lavan	University College Dublin	16.4	y	NACAI
1928	AF Clarke	Belfast	15.4	y	NACAI
1929	Andy Nolan	Dublin Metropolitan Garda	15.6	y	NACAI
1930	Robert Morton Newburgh "Bob" Tisdall	Cambridge University	15.8	y	NACAI
1931	Theobald Denis Phelan	University College Dublin	15.4	y	NACAI
1932	Robert Morton Newburgh "Bob" Tisdall	Cambridge University	15.2	y	NACAI
1933	Theobald Denis Phelan	University College Dublin	16.4	y	NACAI
1934	Theobald Denis Phelan	Milocarlan	16.2	y	NACAI
1935	Lionel Henry Braddell	Dublin University	16.2	y	NACAI
1936	Lionel Henry Braddell	Dublin University	16.2	y	NACAI
1937	Lt OG White	Milocarlan	16.4	y	AAUE
1937	Roderic Norman Coote	Dublin University	16.2	y	NACAI
1938	Richard "Hume" Wallace	Dublin University	16.2	y	AAUE
1938	PA O'Farrell	Limerick	16.8	y	NACAI
1939	Roderic Norman Coote	Dublin University	15.8	y	AAUE
1939	Edward "Ned" Tobin	Dublin Metropolitan Garda	16.6	y	NACAI
1940	Roderic Norman Coote	Dublin University	16.2	y	AAUE
1940	William J "Willie" Phelan	University College Cork	16.6	y	NACAI
1941	Roderic Norman Coote	Dublin University	16.8	y	AAUE
1941	MJ Corbett	Dublin City Harriers	16.1	y	NACAI
1942	George Alfred Mitchell	Dublin University	17.6	y	IAAB
1943	Brian Harvey	Hermes	18.7	y	AAUE
1943	Brendan J Flanagan	University College Dublin	16.4	y	NACAI
1943	WE Stafford	Queen's University Belfast	18.0	y	IAAB
1944	George Alfred Mitchell	Dublin University	16.4	y	AAUE
1944	Cpl K Sheehan	Curragh	16.4	y	NACAI
1944	RD Crampsie	Royal Ulster Constabulary	16.2	y	IAAB
1945	MJ Corbett	Celtic, Dublin	17.0	y	NACAI
1945	WE Stafford	Queen's University Belfast	17.0	y	IAAB
1946	George Alfred Mitchell	Dublin University	16.1	y	AAUE
1946	Gerry Lillis	University College Dublin	16.0	y	NACAI
1946	Prince AF Adedoyin	Queen's University Belfast	16.1	y	IAAB

1947	Lt Theo M Ryan	Crusaders	16.4	y	AAUE
1947	Douglas M Dennehy	University College Cork	16.8	y	NACAI
1947	Prince AF Adedoyin	Queen's University Belfast	16.0	y	IAAB
1948	Lt Theo M Ryan	Crusaders	16.6	y	AAUE
1948	Douglas M Dennehy	University College Cork	16.2	y	NACAI
1948	Prince AF Adedoyin	Queen's University Belfast	15.7	y	IAAB
1949	Lt Theo M Ryan	Crusaders	16.4	y	AAUE
1949	Sean Murphy	University College Dublin	16.4	y	NACAI
1949	Prince AF Adedoyin	Queen's University Belfast	16.2	y	IAAB
1950	Robert Joseph Caruana	Dublin University	16.0	y	AAUE
1950	Sean Murphy	University College Dublin	16.0	y	NACAI
1950	Richard Love	Instonians	16.2	y	IAAB
1951	Robert Joseph Caruana	Dublin University	16.0	y	AAUE
1951	Eamon Kinsella	St James's Gate	15.5	y	NACAI
1951	PJ Clarke	Queen's University Belfast	16.7	y	IAAB
1952	Jan Hendrick van R Hofmeyr	Dublin University	17.0	y	AAUE
1952	Eamon Kinsella	St James's Gate	15.2	y	NACAI
1952	Richard Love	Instonians	16.0	y	IAAB
1953	Nicolaas Jacobus Benjamin de Wet	Dublin University	16.4	y	AAUE
1953	Eamon Kinsella	St James's Gate	15.3	y	NACAI
1953	JC McVeigh	Queen's University Belfast	16.2	y	IAAB
1954	Eamon Kinsella	Donore Harriers	14.7	y	AAUE
1954	Fionnbar Callanan	University College Dublin	16.8	y	NACAI
1954	Eamon Kinsella	Donore Harriers	15.4	y	IAAB
1955	Eamon Kinsella	Donore Harriers	15.0	y	AAUE
1955	Jack Whelan	St James's Gate	16.3	y	NACAI
1955	Eamon Kinsella	Donore Harriers	14.8	y	IAAB
1956	Eamon Kinsella	Donore Harriers	14.7	y	AAUE
1956	Jack Whelan	St James's Gate	15.7	y	NACAI
1956	Eamon Kinsella	Donore Harriers	14.5	y	IAAB
1957	David Frederic Archer	Dublin University	18.2	y	AAUE
1957	Jack Whelan	St James's Gate	15.6	y	NACAI
1957	Eamon Kinsella	Donore Harriers	14.9	y	IAAB
1958	Eamon Kinsella	Donore Harriers	NT	y	AAUE
1958	Jack Whelan	St James's Gate	NT	y	NACAI
1958	Desmond Price	Queen's University Belfast	14.5	y	IAAB
1959	Karl Bornemann	Crusaders	16.8	y	AAUE
1959	Michael Lanigan	University College Dublin	15.3	y	NACAI
1959	Desmond Price	Queen's University Belfast	14.9	y	IAAB
1960	John Patrick Gilmartin	Dublin University	16.0	y	AAUE
1960	Michael Lanigan	University College Dublin	15.0	y	NACAI
1960	Desmond Price	Queen's University Belfast	15.5	y	IAAB
1961	Frank Riach Ironside Middleton	Donore Harriers	16.4	y	AAUE
1961	Michael Lanigan	University College Dublin	15.2	y	NACAI
1961	Desmond Price	Queen's University Belfast	15.5	y	IAAB
1962	Frank Riach Ironside Middleton	Dublin University	15.7	y	AAUE
1962	Michael Lanigan	University College Dublin	15.1	y	NACAI
1962	Desmond Price	Queen's University Belfast	15.2	y	IAAB
1963	Leon McAleer	Donore Harriers	16.4	y	AAUE
1963	Michael Lanigan	Kilkenny City Harriers	15.7	y	NACAI
1963	Desmond Price	Short & Harland, Belfast	15.8	y	IAAB
1964	Eddie Thornton	Crusaders	15.6	y	AAUE
1964	Michael Lanigan	Kilkenny City Harriers	15.3	y	NACAI
1964	Desmond Price	Short & Harland, Belfast	15.0	y	IAAB
1965	Kevin Byrne	Crusaders	18.3	y	AAUE
1965	Michael Lanigan	Kilkenny City Harriers	15.4	y	NACAI
1965	A Scott	Dublin University	15.2	y	IAAB
1966	Robert Roland Miller	Dublin University	16.5	y	AAUE
1966	Tony Moloney	Limerick	16.8		NACAI
1966	John Kinaghan	London	15.5	y	IAAB
1967	Tony Moloney	Limerick	15.1	y	BLE
1968	Paul Griffin	Clonliffe Harriers	15.6	y	BLE
1969	Paul Griffin	Clonliffe Harriers	15.5		BLE
1970	Liam Spooner	Thurles	15.9		BLE
1971	John Fisher	Dublin City Harriers	16.0		BLE
1972	Shay Fitzpatrick	Waterford	16.0		BLE
1973	Shay Fitzpatrick	Waterford	15.6		BLE
1974	Brendan Curtin	University College Dublin	15.5		BLE

1975	Lindsay Pennycook	Crusaders	16.0		BLE
1976	Seamus Power	Leevale	15.9		BLE
1977	Seamus Power	Leevale	15.65		BLE
1978	John Fortune	Crusaders	16.09		BLE
1979	David Kelly	South Dublin	14.84		BLE
1980	Robert Roland Miller	Crusaders	15.31		BLE
1981	Carson Porteous	Annadale Striders	14.73	w	BLE
1982	Carson Porteous	Annadale Striders	14.65		BLE
1983	Robert Roland Miller	Crusaders	15.93		BLE
1984	Ciaran McDunphy	Raheny Shamrock	14.92		BLE
1985	Ciaran McDunphy	Raheny Shamrock	14.77		BLE
1986	T.J. Kearns	Dublin City Harriers	14.74		BLE
1987	T.J. Kearns	Dublin City Harriers	14.64		BLE
1988	T.J. Kearns	Dublin City Harriers	14.41		BLE
1989	T.J. Kearns	Dublin City Harriers	14.62		BLE
1990	T.J. Kearns	Dublin City Harriers	14.02		BLE
1991	T.J. Kearns	Dublin City Harriers	13.81		BLE
1992	T.J. Kearns	Dublin City Harriers	13.98		BLE
1993	T.J. Kearns	Dublin City Harriers	13.62	+2.8	BLE
1994	T.J. Kearns	Dublin City Harriers	13.92		BLE
1995	Sean Cahill	Cushinstown	14.40		BLE
1996	Peter Coghlan	Crusaders	14.08		BLE
1997	T.J. Kearns	Dublin City Harriers	14.29		BLE
1998	Peter Coghlan	Crusaders	14.20		BLE
1999	<b>Peter Coghlan</b>	<b>Crusaders</b>	<b>13.51</b>	<b>+1.5</b>	<b>BLE</b>
2000	Peter Coghlan	Crusaders	14.08	+0.5	AAI
2001	Peter Coghlan	Crusaders	13.73	-2.7	AAI
2002	Peter Coghlan	Crusaders	13.79	+0.3	AAI
2003	Peter Coghlan	Crusaders	14.01	+0.9	AAI
2004	Peter Coghlan	Crusaders	13.80	+0.4	AAI
2005	Peter Coghlan	Crusaders	13.91	+3.1	AAI
2006	Ian McDonald	Crusaders	14.87	-1.7	AAI
2007	Ian McDonald	Crusaders	14.62	-1.1	AAI
2008	Peter Coghlan	Crusaders	13.90	+2.5	AAI
2009	Ian McDonald	Crusaders	14.29	-1.7	AAI
2010	Edmond O'Halloran	Leevale	15.29	-2.3	AAI
2011	Ben Reynolds	North Down	14.05	-1.6	AAI
2012	Simon Taggart	Donore Harriers	14.27		AAI
2013	Tom Carey	Shaftsbury Harriers	14.77	-0.8	AAI
2014	Gerard O'Donnell	Carrick-on-Shannon	14.57	0.9	AAI
2015	Ben Reynolds	North Down	13.84	-1.9	AAI
2016	Ben Reynolds	North Down	13.89	-0.5	AAI
2017	Gerard O'Donnell	Carrick-on-Shannon	13.94	2.1	AAI
2018	Gerard O'Donnell	Carrick-on-Shannon	14.05	-0.5	AAI
2019	Gerard O'Donnell	Carrick-on-Shannon	14.26	0.8	AAI
2020	Gerard O'Donnell	Carrick-on-Shannon	13.96		AAI
2021	Gerard O'Donnell	Carrick-on-Shannon	14.04	2.9	AAI
2022	Matthew Behan	Crusaders	15.61	-8.3	AAI
2023	James Ezeonu	Leevale	14.28	-4.6	AAI
2024	Gerard O'Donnell	Carrick-on-Shannon	14.20	2.4	AAI
2025	Adam Nolan	St. Laurence. O'Toole	14.24	0.3	AAI

## 400m Hurdles

440 Yards / 402.34 m

### Most titles

Thomas Barr - 12

2011, 12, 13, 14, 15, 16, 17, 18, 21, 22, 23, 24

### Championship Record

Thomas Barr

49.56

2018

1924	Sean Lavan	University College Dublin	60.8	y	NACAI
1928	AJ Nolan	Dublin Metropolitan Garda	57.6	y	NACAI
1929	AJ Nolan	Dublin Metropolitan Garda	59.2	y	NACAI
1932	Robert Morton Newburgh "Bob" Tisdall	Cambridge University	54.2		NACAI
1945	Lt Theo M Ryan	Curragh	59.0		NACAI
1948	Theo M Ryan	Crusaders	60.0		AAUE
1949	Jan Hendrick van R Hofmeyr	Dublin University	58.2		AAUE
1950	ES Williams	Royal College of Surgeons	58.4		AAUE
1951	John Barry Gill	Dublin University	59.6		AAUE
1952	D O'Sullivan	Achilles	58.2		AAUE
1953	Norman "Michael" O'Kelly	Donore Harriers	58.9		AAUE
1954	M McGarry	Clonliffe Harriers	60.7		AAUE
1955	Eric William Wood	Dublin University	60.4		AAUE
1956	Tommy Coleman	Donore Harriers	59.2		AAUE
1957	Tommy Coleman	Donore Harriers	60.6		AAUE
1957	T Foley	Celtic, Dublin	58.9		NACAI
1958	Tommy Coleman	Donore Harriers	59.0		AAUE
1958	T Foley	Celtic, Dublin	58.4		NACAI
1959	Brian Desmond Anthony Hannon	Dublin University	56.3		AAUE
1959	Eddie Thornton	University College Dublin	57.6		NACAI
1960	Brian Desmond Anthony Hannon	Dublin University	57.3		AAUE
1960	Patrick J Conneff	Inchicore	59.0		NACAI
1960	I Argyle	Clonliffe Harriers	57.7		IAAB
1961	Tommy Coleman	Donore Harriers	57.2		AAUE
1961	Michael Lanigan	University College Dublin	57.2		NACAI
1961	Tommy Coleman	Donore Harriers	57.2		IAAB
1962	Karl Bornemann	Crusaders	58.0		AAUE
1962	Michael Lanigan	University College Dublin	58.0		NACAI
1962	A Scott	Dublin University	58.1		IAAB
1963	David White	Crusaders	58.0		AAUE
1963	Michael Lanigan	Kilkenny City Harriers	57.5		NACAI
1963	David White	Crusaders	60.4		IAAB
1964	Eddie Thornton	Crusaders	58.4		AAUE
1964	Seán F Ó Muircheartaigh	University College Dublin	58.2		NACAI
1964	H Snyder	Clonliffe Harriers	57.0		IAAB
1965	Anthony DG Shillington	Dublin University	57.6		AAUE
1965	Michael Lanigan	Kilkenny City Harriers	57.6		NACAI
1965	G Younger	Achilles, Oxford, UK	56.3		IAAB
1966	F Ó Cuinneagain	Clonliffe Harriers	58.2		AAUE
1966	Anthony "Tony" Moloney Limerick	Limerick	58.2		NACAI
1966	T Alderics	Queens University Belfast	56.2		IAAB
1967	Anthony "Tony" Moloney Limerick	Limerick	56.0		BLE
1968	Seán F Ó Muircheartaigh	University College Dublin	55.5		BLE
1969	Seán F Ó Muircheartaigh	University College Dublin	54.7		BLE
1970	John McDermott	Sligo	55.3		BLE
1971	John James Dillon	Dublin City Harriers	53.7		BLE
1972	John James Dillon	Dublin City Harriers	55.0		BLE
1973	Tim Crowe	Limerick	54.9		BLE
1974	Tim Crowe	Limerick	55.2		BLE
1975	John James Dillon	Dublin City Harriers	54.7		BLE

1976	Tim Crowe	Limerick	55.0	BLE
1977	John McGing	Derby	53.49	BLE
1978	John McGing	Derby	55.45	BLE
1979	Kevin Currid	South Dublin	54.3	BLE
1980	Kevin Currid	South Dublin	53.22	BLE
1981	Kevin Currid	South Dublin	52.41	BLE
1982	Phil Beattie	Shortts, Belfast	52.47	BLE
1983	Kevin Currid	South Dublin	51.96	BLE
1984	John Joe Barry	Dublin City Harriers	51.56	BLE
1985	Ciaran McDunphy	Raheny Shamrock	52.57	BLE
1986	John Joe Barry	Dublin City Harriers	52.05	BLE
1987	John Joe Barry	Dublin City Harriers	52.45	BLE
1988	John Joe Barry	Dublin City Harriers	52.82	BLE
1989	TJ Kearns	Dublin City Harriers	52.84	BLE
1990	Nigel Keogh	Blackheath	53.04	BLE
1991	Ciaran McDunphy	Raheny Shamrock	51.83	BLE
1992	Ciaran McDunphy	Raheny Shamrock	53.94	BLE
1993	Nigel Keogh	Blackheath	53.94	BLE
1994	Tom McGuirk	Dublin City Harriers	51.31	BLE
1995	Tom McGuirk	Dublin City Harriers	50.97	BLE
1996	Tom McGuirk	Dublin City Harriers	50.61	BLE
1997	Tom McGuirk	Dublin City Harriers	51.00	BLE
1998	Tom McGuirk	Dublin City Harriers	50.92	BLE
1999	Brian Liddy	Crusaders	51.19	BLE
2000	Tom McGuirk	Dublin City Harriers	50.69	AAI
2001	Stephen McDonnell	Cuchulainn	51.97	AAI
2002	Stephen McDonnell	Dublin City Harriers	51.45	AAI
2003	Brian Liddy	Crusaders	53.06	AAI
2004	Ian Neely	Ballymena & Antrim	52.72	AAI
2005	Antoine Burke	Crusaders	52.41	AAI
2006	Antoine Burke	Crusaders	52.75	AAI
2007	Jonathan Miller	Dundrum South Dublin	52.39	AAI
2008	Tom Carey	City of Derry	52.03	AAI
2009	Tom Carey	City of Derry	52.28	AAI
2010	Patrick Maher	Leevale	51.53	AAI
2011	Thomas Barr	Ferrybank	50.06	AAI
2012	Thomas Barr	Ferrybank	50.87	AAI
2013	Thomas Barr	Ferrybank	49.78	AAI
2014	Thomas Barr	Ferrybank	50.04	AAI
2015	Thomas Barr	Ferrybank	49.68	AAI
2016	Thomas Barr	Ferrybank	50.28	AAI
2017	Thomas Barr	Ferrybank	49.79	AAI
2018	<b>Thomas Barr</b>	<b>Ferrybank</b>	<b>49.56</b>	<b>AAI</b>
2019	Paul Byrne	St. Abbans	51.73	AAI
2020	Matthew Behan	Crusaders	52.47	AAI
2021	Thomas Barr	Ferrybank	50.66	AAI
2022	Thomas Barr	Ferrybank	50.37	AAI
2023	Thomas Barr	Ferrybank	49.83	AAI
2024	Thomas Barr	Ferrybank	50.61	AAI
2025	Niall Carney	Clonliffe Harriers	54.87	AAI

## High Jump

### Most titles

Richard O'Rafferty - 15

1934, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45,  
46, 47, 49

### Championship Record

Brendan Reilly

2.28 1999

1873	Thomas Davin	Suir Rowing Club	1.78	Irish Champions AC
1874	P Cadogan	Unattached	1.52	Irish Champions AC
1875	George M Kenny	Clongowes	1.60	Irish Champions AC
1876	Thomas Davin	Suir Rowing Club	1.71	Irish Champions AC
1877	William A Kelly	Queen's College Cork	1.67	Irish Champions AC
1878	Patrick Davin	Carrick-On-Suir	1.74	Irish Champions AC
1879	Patrick Davin	Carrick-On-Suir	1.72	Irish Champions AC
1880	Patrick Davin	Carrick-On-Suir	1.80	Irish Champions AC
1881	D Browning	Limerick & City & Suburban	w/o	Irish Champions AC
1882	Patrick Davin	Carrick-On-Suir	1.88	AAAI
1883	Patrick Davin	Carrick-On-Suir	1.75	AAAI
1884	Thomas H M Hobbs	Dublin University	1.65	AAAI
1885	Patrick J Kelly	French College	1.77	
1885	Edward J Walshe	Lansdowne FC	1.77	IAA
1885	Patrick McGrath	Aherlow, Co. Tipperary	1.60	GAA
1886	James S Smyth	Queen's College Cork	1.70	IAAA
1886	Patrick McGrath	Royal Irish Constabulary, Dublin	1.78	GAA
1887	James S Smyth	Queen's College Cork	1.77	IAAA
1887	Patrick J Kelly	Blackrock College & Cree	1.86	GAA
1887	W Bryd Page	Manhattan Athletic Club	1.86	GAA
1888	Patrick J Kelly	Blackrock College	1.81	IAAA
1888	Tim M O'Connor	Ballyclough, Co. Limerick	1.79	GAA
1889	Patrick McGrath	Carrick-On-Shannon	1.79	IAAA
1889	JJ Murphy	Coppeen, Co. Cork	1.68	GAA
1890	Patrick McGrath	Derry	1.70	IAAA
1890	Thomas J Jennings	Cambridge University	1.70	IAAA
1890	PM Quinlan	Knockaney, Co. Limerick	1.77	GAA
1891	James M Ryan	Dublin	1.85	IAAA
1891	Murty O'Brien	Buttevant, Co. Cork	1.81	GAA
1892	James M Ryan	St Patrick's College	1.81	IAAA
1892	Murty O'Brien	Mallow	1.85	GAA
1893	James M Ryan	Erin's Hope FC	1.86	IAAA
1893	Murty O'Brien	Mallow	1.89	GAA
1894	Matthew Roseingrave	Galway	1.70	IAAA
1894	Murty O'Brien	Buttevant, Co. Cork	1.85	GAA
1895	James M Ryan	Bansha	1.80	IAAA
1895	James M Ryan	Bansha	1.83	GAA
1896	Patrick Farrelly	Barbarians AC, Belfast	1.68	IAAA
1896	Murty O'Brien	Mallow	1.84	GAA
1897	Patrick Joseph Leahy	Charleville	1.73	IAAA
1897	Patrick Joseph Leahy	Charleville	1.78	GAA
1898	Patrick Joseph Leahy	Charleville	1.73	IAAA
1898	Patrick Joseph Leahy	Charleville	1.97	GAA
1899	Patrick Joseph Leahy	Charleville	1.79	IAAA
1899	Peter O'Connor	Waterford	1.75	GAA
1900	Patrick Joseph Leahy	Charleville	1.78	IAAA
1900	Peter O'Connor	Waterford	1.78	IAAA
1901	Peter O'Connor	Waterford	1.77	IAAA
1901	Cornelius "Con" Leahy	Charleville	1.81	GAA
1902	Cornelius "Con" Leahy	Charleville	1.85	IAAA
1902	Cornelius "Con" Leahy	Charleville	1.83	GAA
1903	Cornelius "Con" Leahy	Charleville	1.78	IAAA
1903	Cornelius "Con" Leahy	Charleville	1.89	GAA
1904	Cornelius "Con" Leahy	Charleville	1.71	IAAA

1904	Cornelius "Con" Leahy	Charleville	1.88		GAA
1905	Cornelius "Con" Leahy	Charleville	1.83		IAAA
1905	Cornelius "Con" Leahy	Charleville	1.83		GAA
1906	Cornelius "Con" Leahy	Charleville	1.84		IAAA
1906	William F Bennett	K.A.C., Cork	1.77		GAA
1907	Cornelius "Con" Leahy	Charleville	1.85		IAAA
1907	Michael J Creed	Elton, Co. Limerick	1.80		GAA
1907	Timothy J Ahearne	Dirreen, Killarney	1.80		GAA
1908	Cornelius "Con" Leahy	Charleville	1.83		IAAA
1908	James J Bourke	Cappawhite, Co. Tipperary	1.78		GAA
1909	Timothy J Ahearne	Athea, Co. Limerick	1.80		IAAA
1909	James J Bourke	Dromcollogher, Co. Limerick	1.85		GAA
1909	Timothy J Leahy	Charleville	1.85		GAA
1910	Patrick J Lehane	Knocklong, Co. Limerick	1.71		IAAA
1910	Frank Roche	Bandon	1.60		GAA
1910	Jack Colbert	Lismore, Co. Waterford	1.60		GAA
1911	Michael J Creed	Elton, Co. Limerick	1.67		IAAA
1911	Timothy J Leahy	Charleville	1.80		GAA
1912	Timothy J Carroll	Royal Irish Constabulary, Kinsale	1.83		IAAA
1912	Timothy J Leahy	Charleville	1.67		GAA
1913	Timothy J Carroll	Royal Irish Constabulary, Kinsale	1.60		IAAA
1913	Timothy J Leahy	Charleville	1.70		GAA
1914	Timothy J Carroll	Royal Irish Constabulary, Kinsale	1.84		IAAA
1914	F Stephenson	The Rower, Co. Kilkenny	1.74		GAA
1915	William "Bill" Britton	Cahirciveen, Co. Kerry	1.72		GAA
1916	R Kelly	Rathcormac, Co. Cork	1.75		GAA
1917	David Buckley	Rylane, Co. Cork	1.79		GAA
1918	William "Bill" Shanahan	Ballinure, Co. Tipperary	1.75		GAA
1919	Timothy J Carroll	Cork	1.78		IAAA
1919	William "Bill" Shanahan	Thurles	1.79		GAA
1919	David Buckley	Rylane, Co. Cork	1.79		GAA
1920	Timothy J Carroll	Cork	1.78		IAAA
1920	William F "Bill" Shanahan	Ballinure, Co. Tipperary	1.80		GAA
1921	Daniel A O'C Quinlan	Dublin University	1.65		IAAA
1921	William F "Bill" Shanahan	Ballinure, Co. Tipperary	1.75		GAA
1921	Jack Sheehan	Doneraile, Co. Cork	1.75		GAA
1922	Timothy J Carroll	Clonliffe Harriers	1.70		IAAA
1922	William F "Bill" Shanahan	Ballinure, Co. Tipperary	1.75		GAA
1922	William F "Bill" Shanahan	Ballinure, Co. Tipperary	1.29	St	GAA
1923	Timothy J Carroll	Clonliffe Harriers	1.76		NACAI
1924	Laurence "Larry" Stanley	Dublin Metropolitan Garda	1.88		NACAI
1924	T Power	Dublin Metropolitan Garda	1.37	St	NACAI
1924	J Connor	North Belfast Harriers	1.37	St	NACAI
1925	Laurence "Larry" Stanley	Dublin Metropolitan Garda	1.83		NACAI
1926	John "Con" O'Connor	Dublin Metropolitan Garda	1.88		NACAI
1927	John "Con" O'Connor	Dublin Metropolitan Garda	1.88		NACAI
1927	William F "Bill" Shanahan	Dublin Metropolitan Garda	1.88		NACAI
1928	William F "Bill" Shanahan	Dublin Metropolitan Garda	1.80		NACAI
1929	Michael A "Al" Moroney	University College Dublin	1.85		NACAI
1929	John "Con" O'Connor	Dublin Metropolitan Garda	1.85		NACAI
1930	Dr Patrick "Pat" O'Callaghan	Duhallow	1.83		NACAI
1931	Dr Patrick "Pat" O'Callaghan	Duhallow	1.83		NACAI
1932	Dr Patrick "Pat" O'Callaghan	Clonmel	1.83		NACAI
1932	Ted J Guiney	Duhallow	1.83		NACAI
1932	T Power	Dublin Metropolitan Garda	1.37	St	NACAI
1933	John "Con" O'Connor	Dublin Metropolitan Garda	1.78		NACAI
1933	Eamonn Fitzgerald	University College Dublin	1.78		NACAI
1934	John "Con" O'Connor	Dublin Metropolitan Garda	1.85		NACAI
1934	Richard "Dick" O'Rafferty (tied)	Donore Harriers	1.85		NACAI
1934	Patrick V Guiney (tied)	Duhallow, Co. Cork	1.85		NACAI
1935	Richard "Dick" O'Rafferty	Donore Harriers	1.88		NACAI
1936	Richard "Dick" O'Rafferty	Donore Harriers	1.80		NACAI
1937	Patrick "Pat" Fanning	Donore Harriers	1.65		AAUE
1937	Patrick V Guiney	Duhallow, Co. Cork	1.83		NACAI
1938	Richard "Dick" O'Rafferty	Donore Harriers	1.88		AAUE
1938	John J Guiney	Dublin Metropolitan Garda	1.76		NACAI
1939	Richard "Dick" O'Rafferty (tied)	Donore Harriers	1.83		AAUE
1939	A Tansley (tied)	Royal Ulster Constabulary	1.83		AAUE

1939	Tom Wall	University College Dublin	1.88	NACAI
1940	Richard "Dick" O'Rafferty	Donore Harriers	1.78	AAUE
1940	Tom Wall	University College Dublin	1.88	NACAI
1941	Richard "Dick" O'Rafferty	Donore Harriers	1.84	AAUE
1941	Tom Wall (tied)	University College Dublin	1.83	NACAI
1941	John J Guiney (tied)	Dublin Metropolitan Garda	1.83	NACAI
1942	Richard "Dick" O'Rafferty	Donore Harriers	1.83	AAUE
1942	Tom Wall	University College Dublin	1.88	NACAI
1942	Richard "Dick" O'Rafferty	Donore Harriers	1.78	IAAB
1943	Richard "Dick" O'Rafferty	Donore Harriers	1.78	AAUE
1943	Tom Wall	Carrickmacross	1.83	NACAI
1943	Richard "Dick" O'Rafferty	Donore Harriers	1.75	IAAB
1944	Richard "Dick" O'Rafferty	Donore Harriers	1.78	AAUE
1944	Tom Wall	Civil Service	1.83	NACAI
1944	Richard "Dick" O'Rafferty	Donore Harriers	1.85	IAAB
1945	Richard "Dick" O'Rafferty	Donore Harriers	1.83	AAUE
1945	Tom Wall	Civil Service	1.78	NACAI
1945	Prince Adegboyega Folaranni Adedoyin	Queens University Belfast	1.85	IAAB
1946	Richard "Dick" O'Rafferty	Donore Harriers	1.83	AAUE
1946	Tom Wall	Civil Service	1.83	NACAI
1946	Prince Adegboyega Folaranni Adedoyin	Queens University Belfast	1.88	IAAB
1947	Jan Hendrick van R Hofmeyr	Dublin University	1.78	AAUE
1947	Maurice Furlong	Enniscorthy	1.75	NACAI
1947	Prince Adegboyega Folaranni Adedoyin	Queens University Belfast	1.72	IAAB
1948	Jan Hendrick van R Hofmeyr	Dublin University	1.78	AAUE
1948	Tom Wall	Bansha, Co. Tipperary	1.78	NACAI
1948	Prince Adegboyega Folaranni Adedoyin	Queens University Belfast	1.85	IAAB
1949	Richard "Dick" O'Rafferty	Donore Harriers	1.83	AAUE
1949	Jim Hampson	Strabane	1.80	NACAI
1949	Prince Adegboyega Folaranni Adedoyin	Queens University Belfast	1.84	IAAB
1950	Richard "Dick" O'Rafferty	Donore Harriers	1.78	AAUE
1950	Brendan O'Reilly	St James's Gate	1.78	NACAI
1950	HW Leader	Cambridge University	1.83	IAAB
1951	Fionnbar Callanan	Crusaders	1.78	AAUE
1951	Brendan O'Reilly	St James's Gate	1.78	NACAI
1951	Fionnbar Callanan	Crusaders	1.80	IAAB
1952	Jan Hendrick van R Hofmeyr	Dublin University	1.78	AAUE
1952	Brendan O'Reilly	St James's Gate	1.88	NACAI
1952	Jan Hendrick van R Hofmeyr	Dublin University	1.85	IAAB
1953	Brendan O'Reilly	Donore Harriers	1.88	AAUE
1953	Fionnbar Callanan	University College Dublin	1.75	NACAI
1953	Brendan O'Reilly	Donore Harriers	1.83	IAAB
1954	Brendan O'Reilly	Donore Harriers	1.88	AAUE
1954	Fionnbar Callanan	University College Dublin	1.78	NACAI
1954	Brendan O'Reilly	Donore Harriers	1.97	IAAB
1955	Tom Ward	Donore Harriers	1.75	AAUE
1955	Maccon Macnamara	Roravix AC, Co. Clare	1.80	NACAI
1955	Stuart McKinney	Albert Foundry, Belfast	1.65	IAAB
1956	Brendan O'Reilly	Donore Harriers	1.93	AAUE
1956	Maccon Macnamara	Roravix AC, Co. Clare	1.78	NACAI
1956	Richard Herron	Queens University Belfast	1.80	IAAB
1957	Jean-Pierre Eliet	Crusaders	1.75	AAUE
1957	George Geraghty	Nenagh Olympic	1.80	NACAI
1957	G Caughey	Worcester, UK	1.75	IAAB
1958	Tjerund Tormod Lunde	Dublin University	1.78	AAUE
1958	Liam O'Leary	Bunclody, Co. Wexford	1.73	NACAI
1958	Tjerund Tormod Lunde	Dublin University	1.83	IAAB
1959	James Robert Douglas Russell	Thames Valley	1.83	AAUE
1959	Brendan Martin	Dundealigan	1.89	NACAI
1959	Harry Goodman	Queens University Belfast	1.83	IAAB
1960	James Robert Douglas Russell	Thames Valley	1.93	AAUE
1960	Pat O'Shea	Millstreet	1.88	NACAI
1960	Brendan O'Reilly	Donore Harriers	1.93	IAAB
1961	Brendan O'Reilly	Donore Harriers	1.88	AAUE
1961	Pat O'Shea	Millstreet	1.90	NACAI
1961	Brendan O'Reilly	Donore Harriers	1.83	IAAB
1962	Ronnie Martin	Donore Harriers	1.83	AAUE
1962	Jimmy Sheehy	Macroom	1.90	NACAI

1962	Brendan O'Reilly	Donore Harriers	1.88	IAAB
1963	Brendan O'Reilly	Donore Harriers	1.88	AAUE
1963	Pat O'Shea	Millstreet	1.90	NACAI
1963	William "Bill" McAfee	Civil Service, Belfast	1.83	IAAB
1964	James Robert Douglas Russell	Dublin University	1.79	AAUE
1964	Pat O'Shea	Millstreet	1.85	NACAI
1964	Brendan O'Reilly	Donore Harriers	1.85	IAAB
1965	Louis Jordan	Crusaders	1.83	AAUE
1965	Pat O'Shea	Millstreet	1.83	NACAI
1966	James Robert Douglas Russell	Dublin University	1.89	AAUE
1966	Pat O'Shea	Millstreet	1.83	NACAI
1966	James Robert Douglas Russell	Dublin University	1.78	IAAB
1967	Pat O'Shea	Millstreet	1.90	BLE
1968	Pat O'Shea	Millstreet	1.88	BLE
1969	Louis Jordan	Crusaders	1.83	BLE
1970	Jim Fitzgibbon	Leevale	1.92	BLE
1971	Chris Farrell	Crusaders	1.91	BLE
1972	Jim Fanning	Donore Harriers	1.88	BLE
1973	Jim Fanning	Donore Harriers	1.95	BLE
1974	Jim Fanning	Donore Harriers	1.93	BLE
1975	Mark Cox	Roscommon	1.92	BLE
1976	Frank Sweeney	Marian, Clare	1.95	BLE
1977	Richard "Richie" Fallon	Crusaders	1.94	BLE
1978	David Murray	Leevale	2.00	BLE
1979	Colin Boreham	Ballymena & Antrim	2.04	BLE
1980	David Murray	Leevale	2.07	BLE
1981	Richard Garvey	South Dublin	2.09	BLE
1982	David Murray	Leevale	2.06	BLE
1983	Bill Thierfelder	St Finbarr's Cork	2.16	BLE
1984	Richard Garvey	Dublin City Harriers	2.11	BLE
1985	Richard Garvey	Dublin City Harriers	1.95	BLE
1986	Richard Garvey	Dublin City Harriers	2.00	BLE
1987	Simon Boyle	Annadale Striders	2.12	BLE
1988	Peter Minogue	Harold's Cross, Dublin	2.07	BLE
1989	Simon Boyle	Annadale Striders	2.07	BLE
1990	Paul Conroy	Grange Woodbine, Dublin	2.00	BLE
1991	Brendan Reilly	Corby, Northamptonshire	2.17	BLE
1992	Antoine Burke	Limerick	2.12	BLE
1993	Mark Mandy	Cannock, Staffordshire	2.10	BLE
1994	Kevin Keane	Dublin City Harriers	2.11	BLE
1995	Mark Mandy	Cannock, Staffordshire	2.13	BLE
1996	Mark Mandy	Birchfield Harriers, Birmingham	2.23	BLE
1997	Mark Mandy	Birchfield Harriers, Birmingham	2.15	BLE
1998	Mark Mandy	Birchfield Harriers, Birmingham	2.10	BLE
1999	<b>Brendan Reilly</b>	<b>Belgrave Harriers, London</b>	<b>2.28</b>	<b>BLE</b>
2000	Brendan Reilly	Belgrave Harriers, London	2.20	AAI
2001	Mark Crowley	Enfield & Haringey, London	2.05	AAI
2002	Adrian O'Dwyer	Kilkenny City Harriers	2.05	AAI
2003	Adrian O'Dwyer	Kilkenny City Harriers	2.10	AAI
2004	David Shields	Shercock, Co. Cavan	2.00	AAI
2005	Simon Phelan	Unattached	2.05	AAI
2006	Mark Crowley	Dublin City Harriers	2.10	AAI
2007	Mark Crowley	Dublin City Harriers	2.08	AAI
2008	Chris Crowley	Belgooly	2.08	AAI
2009	Kourosh Foroughi	Star of the Sea	2.10	AAI
2010	Kourosh Foroughi	Star of the Sea	2.15	AAI
2011	Simon Phelan	Newham & Essex Beagles	2.05	AAI
2012	Barry Pender	St Abbans	2.05	AAI
2013	Simon Phelan (tied)	Newham & Essex Beagles	2.05	AAI
2013	Barry Pender (tied)	St Abbans	2.05	AAI
2014	Liam Zamel-Paez	Clonliffe Harriers	2.16	AAI
2015	Barry Pender	St Abbans	2.15	AAI
2016	Jamie Murtagh	Cushenstown	2.10	AAI
2017	Ryan Carthy-Walsh	Adamstown	2.11	AAI
2018	Ryan Carthy-Walsh	Adamstown	2.00	AAI
2019	David Cussen	Old Abbey	2.10	AAI
2020	David Cussen	Old Abbey	2.17	AAI
2021	Ciaran Connolly	Le Chéile	2.05	AAI

<b>2022</b>	David Cussen	Old Abbey	2.10	AAI
<b>2023</b>	David Cussen	Old Abbey	2.15	AAI
<b>2024</b>	David Cussen	Old Abbey	2.10	AAI
<b>2025</b>	Conor Penney	Craughell	2.10	AAI

## Pole Vault

### Most titles

**Denny Hyland - 10**

**1950, 52, 53, 54, 55, 56, 57, 58, 59, 60**

**Liam Gleeson - 10**

**1961, 62, 63, 64, 65, 66, 69, 72, 73, 74**

### Championship Record

**David Donegan**

**4.91 2009**

<b>1873</b>	John G Lane	Dublin University	2.89		Irish Champions AC
<b>1874</b>	John G Lane	Dublin University	w/o	pj	Irish Champions AC
<b>1874</b>	JHS Moxley	Queen's College Belfast	2.17	vit	Irish Champions AC
<b>1882</b>	JF Murphy	Cork	2.77		AAAI
<b>1883</b>	Thomas HM Hobbs	Dublin University	2.99		AAAI
<b>1884</b>	Thomas HM Hobbs	Dublin University	2.74		AAAI
<b>1885</b>	Patrick J Kelly	French College	2.94		IAAA
<b>1886</b>	PA McGann	Blackrock College	2.75		IAAA
<b>1887</b>	Thomas Patrick O'Connor	French College	3.00		IAAA
<b>1887</b>	Patrick J Kelly	French College	3.07		GAA
<b>1888</b>	Patrick J Kelly	Blackrock College	2.97		IAAA
<b>1888</b>	PM Nunan (tied)	Cork	2.89		GAA
<b>1888</b>	Jack Connery Staker (tied)	Wallace HC	2.89		GAA
<b>1889</b>	Thomas Patrick O'Connor	Blackrock College	2.89		IAAA
<b>1889</b>	Patrick Stokes	Clonmel	3.00		GAA
<b>1890</b>	Charles M Roche	Doneraile, Co. Cork	2.89		IAAA
<b>1890</b>	Not held				GAA
<b>1891</b>	JJ Cahill	Kilkenny	3.05		IAAA
<b>1891</b>	Not held				GAA
<b>1892</b>	John "Jack" Blackburn	Tipperary	3.17		GAA
<b>1892</b>	JJ Cahill	Muckalee, Co. Kilkenny	3.17		GAA
<b>1893</b>	Denis Carey	Dublin Metropolitan Police	2.89		IAAA
<b>1893</b>	John "Jack" Blackburn	Galbally, Co. Limerick	2.92		GAA
<b>1894</b>	Timothy Ryan	Limerick	3.15		IAAA
<b>1894</b>	Not held				GAA
<b>1895</b>	Timothy Ryan	Limerick	2.90		GAA
<b>1896</b>	John "Jack" Blackburn	Galbally, Co. Limerick	3.07		GAA
<b>1897</b>	Michael "Mike" Ryan (tied)	Cloughjordan	3.10		IAAA
<b>1897</b>	John "Jack" Blackburn (tied)	Galbally	3.10		IAAA
<b>1897</b>	John Joseph "Jack" Holloway	Bansha	2.90		GAA
<b>1898</b>	Michael "Mike" Ryan	Cloughjordan	2.97		GAA
<b>1899</b>	John Joseph "Jack" Holloway	Bansha	3.15		GAA
<b>1906</b>	P Butler	Clonmel	3.20		GAA
<b>1926</b>	Laurence "Larry" Stanley	Dublin Metropolitan Garda	2.89		NACAI
<b>1927</b>	William F "Bill" Shanahan	Dublin Metropolitan Garda	3.12		NACAI
<b>1928</b>	Patrick "Paddy" Anglim	Garda Depot	3.43		NACAI
<b>1929</b>	Patrick "Paddy" Anglim	Garda Depot	3.20		NACAI
<b>1930</b>	Patrick "Paddy" Anglim	Wexford AC	3.35		NACAI
<b>1931</b>	Patrick "Paddy" Anglim	Wexford AC	3.28		NACAI
<b>1932</b>	Patrick "Paddy" Anglim	Oylegate, Co. Wexford	3.20		NACAI
<b>1933</b>	Patrick "Paddy" Anglim	Wexford AC	3.20		NACAI
<b>1934</b>	Patrick "Paddy" Anglim	Clonmel Gardai	3.31		NACAI
<b>1935</b>	Trp. T Myles	Curragh	3.35		NACAI
<b>1936</b>	T Myles	Polytechnic Harriers, London	3.35		NACAI
<b>1937</b>	Thomas "Tom" P Murphy	Limerick	3.35		NACAI
<b>1938</b>	PA O'Farrell	Limerick	3.35		NACAI
<b>1939</b>	Thomas "Tom" P Murphy	Limerick	3.43		NACAI
<b>1940</b>	Jim Vallely	Armagh City	3.27		NACAI
<b>1941</b>	Jim Vallely	Armagh City	3.20		NACAI
<b>1942</b>	H Gibney	Castlepollard, Co. Westmeath	3.20		NACAI

1943	Cpl J O'Brien	Curragh	3.35	NACAI
1944	Cpl J O'Brien	Curragh	3.27	NACAI
1945	J O'Brien	Civil Service	3.35	NACAI
1946	Martin Maloney	Shanaglish, Co. Galway	3.35	NACAI
1947	Ulick O'Connor	Donore Harriers	3.12	AAUE
1947	Martin Maloney	Shanaglish, Co. Galway	3.35	NACAI
1947	Ulick O'Connor	Donore Harriers	3.27	IAAB
1948	Richard "Dick" O'Rafferty	Donore Harriers	3.20	AAUE
1948	Martin Maloney	Shanaglish, Co. Galway	3.40	NACAI
1948	ME Furlong	Clonliffe Harriers	3.20	IAAB
1949	ME Furlong	Clonliffe Harriers	3.05	AAUE
1949	Valentine "Val" McGann	Metro	3.35	NACAI
1949	ME Furlong	Clonliffe Harriers	3.45	IAAB
1950	ME Furlong	Clonliffe Harriers	3.35	AAUE
1950	Denny Hyland	Carlow	3.35	NACAI
1950	ME Furlong	Clonliffe Harriers	3.35	IAAB
1951	ME Furlong	Clonliffe Harriers	3.30	AAUE
1951	Valentine "Val" McGann	St James's Gate	3.35	NACAI
1951	ME Furlong	Clonliffe Harriers	3.51	IAAB
1952	ME Furlong	Clonliffe Harriers	3.35	AAUE
1952	Denny Hyland	Carlow	3.62	NACAI
1952	ME Furlong	Clonliffe Harriers	3.51	IAAB
1953	Ulick O'Connor	Donore Harriers	3.40	AAUE
1953	Denny Hyland	Carlow	3.64	NACAI
1953	Ulick O'Connor	Donore Harriers	3.35	IAAB
1954	Valentine "Val" McGann	Donore Harriers	3.43	AAUE
1954	Denny Hyland	Carlow	3.50	NACAI
1954	Valentine "Val" McGann	Donore Harriers	3.50	IAAB
1955	Valentine "Val" McGann	Donore Harriers	3.50	AAUE
1955	Denny Hyland	Carlow	3.71	NACAI
1955	Valentine "Val" McGann	Donore Harriers	3.59	IAAB
1956	Valentine "Val" McGann	Donore Harriers	3.50	AAUE
1956	Denny Hyland	Carlow	3.53	NACAI
1956	Valentine "Val" McGann	Donore Harriers	3.50	IAAB
1957	Dave Archer	Dublin University	3.45	AAUE
1957	Denny Hyland	Carlow	3.50	NACAI
1957	DF Archer	Dublin University	3.50	IAAB
1958	Tjerund Tormod Lunde	Dublin University	3.50	AAUE
1958	Denny Hyland	Carlow	3.35	NACAI
1958	Tjerund Tormod Lunde	Dublin University	3.66	IAAB
1959	Tjerund Tormod Lunde	Dublin University	3.53	AAUE
1959	Denny Hyland	Carlow	3.50	NACAI
1959	Tjerund Tormod Lunde	Dublin University	3.68	IAAB
1960	Tjerund Tormod Lunde	Dublin University	3.66	AAUE
1960	Denny Hyland	Carlow	3.50	NACAI
1960	Tjerund Tormod Lunde	Dublin University	3.43	IAAB
1961	Anthony "Tony" Maguire	Crusaders	3.50	AAUE
1961	Liam Gleeson	Nenagh Olympic	3.81	NACAI
1961	J McK Wellwood	Cambridge University	3.83	IAAB
1962	Valentine "Val" McGann	Donore Harriers	3.66	AAUE
1962	Liam Gleeson	Nenagh Olympic	3.66	NACAI
1962	Valentine "Val" McGann	Donore Harriers	3.50	IAAB
1963	Kevin Byrne	Crusaders	3.50	AAUE
1963	Liam Gleeson	Nenagh Olympic	3.81	NACAI
1963	J McK Wellwood	Ballymena	3.81	IAAB
1964	Kevin Byrne	Crusaders	3.50	AAUE
1964	Liam Gleeson	Nenagh Olympic	3.66	NACAI
1964	Mike Bull	St. Malachy's College, Belfast	3.93	IAAB
1965	Valentine "Val" McGann	Crusaders	3.51	AAUE
1965	Liam Gleeson	Nenagh Olympic	3.81	NACAI
1966	Mike Bull	Albert Foundry, Belfast	4.28	IAAB
1966	Valentine "Val" McGann	Crusaders	3.35	AAUE
1966	Liam Gleeson	Nenagh Olympic	3.78	NACAI
1966	Mike Bull	Queens University Belfast	4.59	IAAB
1967	Rodney Hecksher	Rockwell College	3.81	BLE
1968	Rodney Hecksher	University College Dublin	3.81	BLE
1969	Liam Gleeson	Nenagh Olympic	3.76	BLE
1970	Brian Smyth	Crusaders	3.66	BLE

1971	Murt Corscadden	London Irish	4.01	BLE
1972	Liam Gleeson	Nenagh Olympic	4.21	BLE
1973	Liam Gleeson	Nenagh Olympic	4.11	BLE
1974	Liam Gleeson	Nenagh Olympic	4.10	BLE
1975	Chris Berkeley	Crusaders	3.80	BLE
1976	Chris Berkeley	Crusaders	4.11	BLE
1977	Chris Berkeley	Crusaders	4.10	BLE
1978	Liam Hennessy	Limerick	4.50	BLE
1979	Chris Berkeley	Crusaders	4.00	BLE
1980	John Hartnett	Midleton	4.20	BLE
1981	Liam Hennessy	Limerick	4.60	BLE
1982	Liam Hennessy	Limerick	4.40	BLE
1983	Michael Hyland	St Laurence O'Toole's	4.30	BLE
1984	Frank Evers	Crusaders	4.53	BLE
1985	Not held		—	BLE
1986	Malachy Sheridan	Raheny Shamrock	4.00	BLE
1987	Liam Hennessy	Limerick	4.40	BLE
1988	Alan Burke	Hounslow	4.50	BLE
1989	Alan Burke	Hounslow	4.71	BLE
1990	John Hallissey	Ferrybank	4.20	BLE
1991	Mike Bull	North Down	4.30	BLE
1992	Richard Ramsey	Annadale Striders	4.60	BLE
1993	Neil Young	Lisburn	4.40	BLE
1994	Neil Young	Lisburn	4.60	BLE
1995	Neil Young	Lisburn	4.80	BLE
1996	Dylan McDermott	Borrisokane, Co. Tipperary	4.50	BLE
1997	Dylan McDermott	Borrisokane, Co. Tipperary	4.30	BLE
1998	Neil Young	Lisburn	4.70	BLE
1999	John Hallissey	Ferrybank	4.50	BLE
2000	Ken Morris	Finn Valley	4.90	AAI
2001	Leigh Walker	Crawley	4.40	AAI
2002	David Donegan	Kilmore Raheny	4.50	AAI
2003	Ruairi O'Brien	University College Dublin	4.70	AAI
2004	Leigh Walker	Crawley	4.65	AAI
2005	Ruairi O'Briain	Crusaders	4.75	AAI
2006	David Donegan	Clonliffe Harriers	4.60	AAI
2007	Anthony McCreery	Clonliffe Harriers	4.90	AAI
2008	David Donegan	Clonliffe Harriers	4.75	AAI
2009	<b>David Donegan</b>	<b>Clonliffe Harriers</b>	<b>4.91</b>	<b>AAI</b>
2010	David Donegan	Clonliffe Harriers	4.70	AAI
2011	David Donegan	Clonliffe Harriers	4.70	AAI
2012	David Donegan	Clonliffe Harriers	4.70	AAI
2013	David Donegan	Clonliffe Harriers	4.65	AAI
2014	Ian Rogers	Clonliffe Harriers	4.70	AAI
2015	Ian Rogers	Clonliffe Harriers	4.50	AAI
2016	Thomas Houlihan	West Waterford	4.40	AAI
2017	Thomas Houlihan	West Waterford	4.55	AAI
2018	Michael Bowler	Enniscorthy	4.50	AAI
2019	Michael Bowler	Enniscorthy	4.75	AAI
2020	Yuri Kanash	West Waterford	4.50	AAI
2021	Conor Callinan	Leevale	4.40	AAI
2022	Matthew Callinan-Keenan	St. Laurence O'Toole	4.50	AAI
2023	Michael Bowler	Enniscorthy	4.60	AAI
2024	Matthew Callinan-Keenan	St. Laurence O'Toole	4.75	AAI
2025	Matthew Callinan-Keenan	St. Laurence O'Toole	4.80	AAI

## Long Jump

### Most titles

**Hugo Duggan - 7** **1967, 70, 71, 72, 74, 80, 84**  
**Adam McMullan - 7** **2011, 12, 15, 16, 17, 18, 21**

**St Thomas Barry - 2** **1887, 88**  
**St Joseph Chandler - 2** **1896, 97**  
**St Michael Creedon - 2** **1906, 09**

### Championship Record

**St Joseph Chandler** **3.89** **1897**  
**Ciaran McDonagh** **8.04 +2.4** **1999**

<b>1873</b>	John G Lane	Dublin University	6.50		Irish Champions AC
<b>1874</b>	John G Lane	Dublin University	6.18		Irish Champions AC
<b>1875</b>	George M Kenny	Clongowes	6.55		Irish Champions AC
<b>1876</b>	Thomas Davin	Suir Rowing Club	6.31		Irish Champions AC
<b>1877</b>	JH Bourke	53rd (Shropshire) Regiment	6.10		Irish Champions AC
<b>1878</b>	Patrick Davin	Carrick-On-Suir	6.70		Irish Champions AC
<b>1879</b>	Patrick Davin	Carrick-On-Suir	6.88		Irish Champions AC
<b>1880</b>	Patrick Davin	Carrick-On-Suir	6.68		Irish Champions AC
<b>1881</b>	E J Wolfe	Armagh FC	5.87		Irish Champions AC
<b>1882</b>	R G Tobin	French College	6.12		AAAI
<b>1883</b>	Patrick Davin	Carrick-On-Suir	6.20		AAAI
<b>1884</b>	John Purcell	Dublin	6.53		AAAI
<b>1885</b>	John Purcell	Dublin	6.60		IAAA
<b>1885</b>	Patrick McGrath	Aherlow, Co. Tipperary	6.55		GAA
<b>1886</b>	John Purcell	Dublin	6.91		IAAA
<b>1886</b>	Daniel Shanahan	Emly, Co. Tipperary	6.59		GAA
<b>1887</b>	Patrick "Paddy" Lawless	Bandon FC	6.02		IAAA
<b>1887</b>	John Purcell	Dublin	6.63		GAA
<b>1887</b>	Thomas Barry	Dungarvan	3.45	St	GAA
<b>1888</b>	Patrick "Paddy" Lawless	Bandon FC	6.24		IAAA
<b>1888</b>	Daniel Delany Bulger	Lansdowne FC	6.72		GAA
<b>1888</b>	Thomas Barry	Dungarvan	3.78	St	GAA
<b>1889</b>	Daniel Delany Bulger	Co. Dublin Harriers	6.39		IAAA
<b>1889</b>	Daniel Delany Bulger	Lansdowne FC	6.53		GAA
<b>1889</b>	WG Rockett	Carrick-On-Suir	3.52	St	GAA
<b>1890</b>	Thomas T Connell	Blackrock College	6.58		IAAA
<b>1890</b>	Daniel Delany Bulger	Co. Dublin Harriers	6.50		GAA
<b>1891</b>	Pat Farrelly	Linfield	6.28		IAAA
<b>1891</b>	PJ O'Sullivan	Banteer	6.44		GAA
<b>1892</b>	Daniel Delany Bulger	Co. Dublin Harriers	6.96		IAAA
<b>1892</b>	Thomas Francis "Tom" Kiely	Carrick-On-Suir	6.58		GAA
<b>1893</b>	Thomas Francis "Tom" Kiely	Carrick-On-Suir	6.55		IAAA
<b>1893</b>	W Scott	Bellewstown, Co. Meath	6.68		GAA
<b>1894</b>	John J Mooney	Ballyhea	6.68		IAAA
<b>1894</b>	J Lehane	Cork	6.35		GAA
<b>1895</b>	Thomas Francis "Tom" Kiely	Ballyneal	6.28		IAAA
<b>1895</b>	Patrick "Dockty" McNamara	Limerick	6.33		GAA
<b>1895</b>	James Wall	Dungarvan	3.70	St	GAA
<b>1896</b>	Walter JM Newborn	Dublin	6.58		IAAA
<b>1896</b>	Walter JM Newborn	Dublin	6.57		GAA
<b>1896</b>	Joseph Chandler	Limerick	3.82	St	GAA
<b>1897</b>	Walter JM Newborn	Dublin	6.85		IAAA
<b>1897</b>	Thomas Francis "Tom" Kiely	Ballyneal	6.29		GAA
<b>1897</b>	<b>Joseph Chandler</b>	<b>Limerick</b>	<b>3.89</b>	<b>St</b>	<b>GAA</b>
<b>1898</b>	Walter JM Newborn	Dublin	7.05		IAAA
<b>1898</b>	Walter JM Newborn	Dublin	7.47		GAA
<b>1899</b>	Walter JM Newborn	Dublin	7.10		IAAA
<b>1899</b>	Peter O'Connor	Waterford	7.39		GAA

1900	Peter O'Connor	Waterford	7.18		IAAA
1901	Peter O'Connor	Waterford	7.55		IAAA
1901	Walter JM Newborn	Dublin	7.09		GAA
1902	Cornelius "Con" Leahy	Charleville	6.92		IAAA
1902	Cornelius "Con" Leahy	Charleville	6.76		GAA
1903	Patrick Joseph Leahy	Charleville	6.74		IAAA
1903	Patrick Joseph Leahy	Charleville	6.81		GAA
1904	Cornelius "Con" Leahy	Charleville	6.95		IAAA
1904	Peter O'Connor	Waterford	7.18		GAA
1905	Cornelius "Con" Leahy	Charleville	6.14		IAAA
1905	Peter O'Connor	Waterford	7.20		GAA
1905	Cornelius "Con" Leahy	Charleville	3.31	St	GAA
1906	Cornelius "Con" Leahy	Creggane	6.72		IAAA
1906	John J Bresnihan	Castletown-Conyers	7.20		GAA
1906	Michael Creedon	Cork	3.57	St	GAA
1907	Denis Murray	Co. Dublin Harriers	6.68		IAAA
1907	Tim Ahearne	Dirreen, Co. Kerry	7.07		GAA
1908	Tim Ahearne	Athea, Co. Limerick	7.05		IAAA
1908	Percy Kirwan	Kilmacthomas, Co. Waterford	6.93		GAA
1909	Tim Ahearne	Athea, Co. Limerick	6.83		IAAA
1909	Percy Kirwan	Kilmacthomas, Co. Waterford	7.11		GAA
1909	Michael Creedon	Cork	3.47	St	GAA
1910	Tom Maguire	Dublin Royal Irish Constabulary	6.43		IAAA
1910	Percy Kirwan	Kilmacthomas, Co. Waterford	6.86		GAA
1911	Percy Kirwan	Kilmacthomas, Co. Waterford	7.11		IAAA
1911	PD Lane	Castleisland, Co. Kerry	6.38		GAA
1912	Percy Kirwan	Kilmacthomas, Co. Waterford	6.78		IAAA
1912	David M O'Connell	Ardpatrick, Co. Limerick	6.42		GAA
1913	William F Bennett	Ballinhassig, Co. Cork	5.89		IAAA
1913	Michael F O'Hanlon	Gusserane, Co. Wexford	6.68		GAA
1914	RFB Naylor	South Staffordshire Regiment	6.48		IAAA
1914	PJ O'Sullivan	Inchigeela, Co. Cork	6.34		GAA
1915	M McGillicuddy	Farranfore, Co. Kerry	6.49		GAA
1916	JP McGrath	Castlebar	6.63		GAA
1917	MF O'Hanlon	Enniscorthy	6.70		GAA
1918	William "Bill" Britton	Cahirciveen, Co. Kerry	6.60		GAA
1919	Surg-Capt Robin Hall		5.88		IAAA
1919	DJ Fogarty	Kilfeacle, Co. Tipperary	6.73		GAA
1920	Sgt Major Miller	Clonliffe Harriers	6.35		IAAA
1920	William F "Bill" Shanahan	Ballinure, Co. Tipperary	6.55		GAA
1921	Denis John Cussen	Dublin University	6.38		IAAA
1921	William "Bill" Britton	Kilmallock, Co. Limerick	6.75		GAA
1922	Denis John Cussen	Dublin University	6.74		IAAA
1922	William "Bill" Britton	Ballinamore, Co. Leitrim	6.70		GAA
1922	William F "Bill" Shanahan	Ballinure, Co. Tipperary	2.89	St	GAA
1923	Harry Conway	University College Dublin	6.91		NACAI
1924	Harry Conway	University College Dublin	6.72		NACAI
1924	HJ Collender	Civic Guards	2.98		NACAI
1925	J Connor	North Belfast Harriers	6.97		NACAI
1926	Robert Joseph Cussen	Dublin University	6.90		NACAI
1927	Robert Joseph Cussen	Dublin University	6.81		NACAI
1928	Patrick "Paddy" Anglim	Oylegate, Co. Wexford	7.12		NACAI
1929	Michael A "Al" Moroney	University College Dublin	6.96		NACAI
1930	Stanley B Potter	University College Dublin	7.29		NACAI
1931	Patrick "Paddy" Anglim	Wexford AC	7.02		NACAI
1932	Patrick "Paddy" Anglim	Oylegate, Co. Wexford	6.98		NACAI
1932	J Murphy	Dublin Metropolitan Garda	2.93	St	NACAI
1933	Patrick "Paddy" Anglim	Wexford AC	6.82		NACAI
1934	Patrick "Paddy" Anglim	Clonmel Garda	6.72		NACAI
1935	Patrick "Paddy" Anglim	Clonmel	6.90		NACAI
1936	Patrick "Paddy" Anglim	Clonmel	6.84		NACAI
1937	J Phelan	Waterford	6.39		AAUE
1937	D Sheehan	University College Dublin	6.51		NACAI
1938	L Carroll	Wicklow	6.83		AAUE
1938	Kevin Patrick O'Flanagan	University College Dublin	6.82		NACAI
1939	E Boyce	North Belfast Harriers	7.09		AAUE
1939	Kevin Patrick O'Flanagan	University College Dublin	6.97		NACAI
1940	L Carroll	Clonliffe Harriers	6.49		AAUE

1940	Patrick Valentine Guiney	Clonliffe Harriers	6.69	NACAI
1941	L Carroll	Clonliffe Harriers	6.60	AAUE
1941	Kevin Patrick O'Flanagan (tied)	University College Dublin	6.86	NACAI
1941	David D Guiney (tied)	Civil Service	6.86	NACAI
1942	Richard "Dick" O'Rafferty	Donore Harriers	6.08	AAUE
1942	Alec Lyons	University College Dublin	6.74	NACAI
1942	Bertie Shillington	9th Old Boys	6.69	IAAB
1943	William S Macready-Bryan	Dublin University	6.49	AAUE
1943	Alec Lyons	University College Dublin	6.54	NACAI
1943	Bertie Shillington	9th Old Boys	6.34	IAAB
1944	Jim C Conway	Civil Service	6.74	AAUE
1944	Toby Joyce	University College Dublin	6.79	NACAI
1944	William S Macready-Bryan	Dublin University	6.63	IAAB
1945	William S Macready-Bryan	Dublin University	6.67	AAUE
1945	Sean Collins	Royal College Surgeons Ireland	6.64	NACAI
1945	Prince AF Adedoyin	Dublin University	7.11	IAAB
1946	William S Macready-Bryan	Dublin University	6.67	AAUE
1946	Joe Kelly	Farranferris, Cork	6.73	NACAI
1946	Prince AF Adedoyin	Dublin University	7.21	IAAB
1947	Jim C Conway	Civil Service	6.67	AAUE
1947	P Flaherty	Celtic, Dublin	6.77	NACAI
1947	Prince AF Adedoyin	Dublin University	7.14	IAAB
1948	Sean Collins	Crusaders	6.46	AAUE
1948	Paddy Guiney (tied)	Celtic, Dublin	6.31	NACAI
1948	Tommy Ryan (tied)	Celtic, Dublin	6.31	NACAI
1948	Prince AF Adedoyin	Dublin University	6.87	IAAB
1949	Joseph F "Joe" Delany	Crusaders	6.45	AAUE
1949	JF Hughes	Bannside, Co. Antrim	6.35	NACAI
1949	Prince AF Adedoyin	Dublin University	6.40	IAAB
1950	Joseph F "Joe" Delany	Crusaders	6.50	AAUE
1950	G Murphy	University College Cork	6.55	NACAI
1950	Joseph F "Joe" Delany	Crusaders	6.55	IAAB
1951	Joseph F "Joe" Delany	Crusaders	6.60	AAUE
1951	Sean Cleary	Clonmel	6.73	NACAI
1951	WJ Doherty	Albery Foundry, Belfast	6.55	IAAB
1952	Joseph F "Joe" Delany	Crusaders	6.59	AAUE
1952	Fionnbar Callanan	University College Dublin	6.76	NACAI
1952	Joseph F "Joe" Delany	Crusaders	6.98	IAAB
1953	Noel G Flanagan	Crusaders	6.55	AAUE
1953	Fionnbar Callanan	University College Dublin	6.96	NACAI
1953	Richard McColgan	Albery Foundry, Belfast	6.63	IAAB
1954	John Paul Kelly	Crusaders	6.51	AAUE
1954	Fionnbar Callanan	University College Dublin	6.95	NACAI
1954	Joseph F "Joe" Delany	Crusaders	6.77	IAAB
1955	William Lemon	Crusaders	6.67	AAUE
1955	Fionnbar Callanan	University College Dublin	7.44	NACAI
1955	Willie Lemon	Crusaders	6.92	IAAB
1956	Joseph F "Joe" Delany	Crusaders	6.64	AAUE
1956	Fionnbar Callanan	University College Dublin	6.89	NACAI
1956	Joseph F "Joe" Delany	Crusaders	6.79	IAAB
1957	Philip Thomas Godden	Dublin University	6.46	AAUE
1957	Leo J Loftus	Ballina	6.41	NACAI
1957	Gordon Hamilton	Instonians	6.79	IAAB
1958	John Oladipo Oladitan	Dublin University	6.73	AAUE
1958	JJ Higgins	Inchicore	6.84	NACAI
1958	Gordon Hamilton	Instonians	7.11	IAAB
1959	Willie Lemon	Crusaders	6.65	AAUE
1959	Tom Kilcoyne	University College Dublin	6.55	NACAI
1959	Gordon Hamilton	Instonians	6.82	IAAB
1960	Tjerund Tormod Lunde	Dublin University	6.49	AAUE
1960	Padraig Maye	University College Dublin	6.37	NACAI
1960	Gordon Hamilton	Instonians	7.29	IAAB
1961	Noel Hoffman	Clonliffe Harriers	6.81	AAUE
1961	Sean O'Dwyer	St Patrick's TC	6.67	NACAI
1961	Dermot Morris	Queens University Belfast	6.74	IAAB
1962	Noel Hoffman	Clonliffe Harriers	6.90	AAUE
1962	William "Billy" Glynn	University College Dublin	7.19	NACAI
1962	Noel Hoffman	Clonliffe Harriers	6.86	IAAB

1963	Victor Manning (Wiesław Maniak)	Crusaders	7.01		AAUE
1963	Sean O'Dwyer	Ardgroom, Co. Cork	7.12		NACAI
1963	DR Morris	Queens University Belfast	6.91		IAAB
1964	Noel Hoffman	Clonliffe Harriers	6.68		AAUE
1964	Sean O'Dwyer	University College Dublin	6.88		NACAI
1964	Noel Hoffman	Clonliffe Harriers	7.19		IAAB
1965	Noel Hoffman	Clonliffe Harriers	6.54		AAUE
1965	J O'Sullivan	Mallow	6.82		NACAI
1966	Patrick "Pat" McGuinness	Donore Harriers	6.58		AAUE
1966	Cyril O'Regan	Waterford	7.02		NACAI
1966	Noel Hoffman	Clonliffe Harriers	6.51		IAAB
1967	Hugo Duggan	Cranford	6.81		BLE
1968	Cyril O'Regan	Waterford	6.99		BLE
1969	Cyril O'Regan	Waterford	6.81		BLE
1970	Hugo Duggan	Clonliffe Harriers	7.22		BLE
1971	Hugo Duggan	Clonliffe Harriers	6.94		BLE
1972	Hugo Duggan	Clonliffe Harriers	7.10		BLE
1973	Cyril O'Regan	Waterford	7.07		BLE
1974	Hugo Duggan	Cranford	6.77		BLE
1975	Mick O'Flynn	Leevale	6.81		BLE
1976	Anthony Barrett	Killenaule, Co. Tipperary	6.79		BLE
1977	Anthony Barrett	Killenaule, Co. Tipperary	6.96		BLE
1978	Anthony Barrett	Killenaule, Co. Tipperary	7.38		BLE
1979	Anthony Barrett	Killenaule, Co. Tipperary	7.12		BLE
1980	Hugo Duggan	Lifford	6.85		BLE
1981	Anthony Barrett	Dublin City Harriers	7.23		BLE
1982	Billy Oakes	Kilkenny City Harriers	7.04		BLE
1983	Mervyn Floyd	Lisnagarvey	7.13		BLE
1984	Hugo Duggan	Finn Valley	6.81		BLE
1985	Billy Oakes	Kilkenny City Harriers	7.13	w	BLE
1986	Billy Oakes	Kilkenny City Harriers	7.48		BLE
1987	Billy Oakes	Kilkenny City Harriers	7.40		BLE
1988	Billy Oakes	Kilkenny City Harriers	6.91		BLE
1989	Billy Oakes	Kilkenny City Harriers	6.71		BLE
1990	Jonathon Kron	Dublin City Harriers	7.54	w	BLE
1991	Jonathon Kron	Dublin City Harriers	6.98		BLE
1992	Jonathon Kron	Dublin City Harriers	7.26		BLE
1993	Jonathon Kron	Dublin City Harriers	7.40		BLE
1994	Jonathon Kron	Dublin City Harriers	7.12		BLE
1995	Jonathon Kron	Dublin City Harriers	7.73	w	BLE
1996	Ciaran McDonagh	Fr Murphy	7.74		BLE
1997	Gareth Devlin	Ballymena & Antrim	6.87		BLE
1998	Joseph Naughton	Nenagh Olympic	7.23	+3.0	BLE
1999	<b>Ciaran McDonagh</b>	<b>Fr Murphy</b>	<b>8.04</b>	<b>+2.4</b>	<b>BLE</b>
2000	Gareth Devlin	Ballymena & Antrim	7.22	+0.3	AAI
2001	Sean Lonergan	Kilkenny City Harriers	7.25	+2.9	AAI
2002	Ciaran McDonagh	Fr Murphy	7.22	+1.1	AAI
2003	Ciaran McDonagh	Fr Murphy	7.95	+1.3	AAI
2004	Darragh O'Farrell	Borrisokane	7.33	+4.3	AAI
2005	Darragh O'Farrell	Borrisokane	7.12	+1.0	AAI
2006	Stephen Fleming	Crusaders	7.41	+0.1	AAI
2007	Stephen Fleming	Crusaders	7.24	+1.5	AAI
2008	Christopher Crowley	Belgooly	7.22	-0.6	AAI
2009	Stephen Fleming	Crusaders	7.56	+2.1	AAI
2010	Eoin Hannon	Tullamore Harriers	7.30	+2.8	AAI
2011	Adam McMullen	University of Ulster	7.26	+4.2	AAI
2012	Adam McMullen	University of Ulster	7.47	+1.7	AAI
2013	Eamonn Fahy	Donore Harriers	7.20	+1.3	AAI
2014	Sam Healy	Leevale	7.25	-1.1	AAI
2015	Adam McMullen	Crusaders	7.89	+3.7	AAI
2016	Adam McMullen	Crusaders	7.52	+1.3	AAI
2017	Adam McMullen	Crusaders	7.74	+1.5	AAI
2018	Adam McMullen	Crusaders	7.68	+2.2	AAI
2019	Shane Howard	Bandon	7.54	+3.2	AAI
2020	Shane Howard	Bandon	7.44	+3.0	AAI
2021	Adam McMullen	Crusaders	7.51	5.3	AAI
2022	Sam Healy	Leevale	7.54	2.1	AAI
2023	Reece Ademola	Leevale	7.96	0.6	AAI

<b>2024</b>	Reece Ademola	Leevale	7.76	0.4	AAI
<b>2025</b>	Reece Ademola	Leevale	8.00	0.5	AAI

## Triple Jump

### Most titles

**Denis Finegan - 10**

**2007, 08, 12, 13, 14, 15, 16, 17, 18, 19**

**St James Wall - 3**

**1892, 93, 95**

### Championship Record

**St Humphrey Courtney**

**10.69**

**1896**

**Hugh McGuire**

**15.83**

**1986**

1884	John Purcell	Dublin	13.05		AAAI
1885	John Purcell	Dublin	14.22		IAAA
1885	Dan Fraher	Dungarvan	9.35	St	GAA
1886	John Purcell	Dublin	14.25		IAAA
1886	Daniel Shanahan	Emly, Co. Tipperary	9.42	St	GAA
1886	Daniel Shanahan	Emly, Co. Tipperary	14.3		GAA
1887	Daniel Shanahan	Kilfinane, Co. Limerick	14.69		GAA
1887	Thomas Barry	Dungarvan	9.12	St	GAA
1888	Daniel Shanahan	Kilfinane, Co. Limerick	15.25		GAA
1888	Patrick Keohan	Dungarvan	10.13	St	GAA
1888	Patrick Keohan	Dungarvan	10.95	St x 3 jumps	GAA
1889	JP O'Sullivan	Killorglin, Co. Kerry	14.33		GAA
1889	WG Rockett	Carrick-On-Suir	9.96	St	GAA
1890	Daniel Shanahan	Kilfinane, Co. Limerick	14.45		GAA
1891	Daniel J Shanahan	Lixnaw, Co. Kerry	14.50		GAA
1892	Thomas Francis "Tom" Kiely	Carrick-On-Suir	15.11		GAA
1892	James Wall	Dungarvan	10.16	St	GAA
1893	Thomas Francis "Tom" Kiely	Carrick-On-Suir	14.27		GAA
1893	James Wall	Dungarvan	10.27	St	GAA
1894	Denis Carey	Dublin Metropolitan Police	13.89		GAA
1895	Patrick "Dockty" McNamara	Limerick	13.74		GAA
1895	James Wall	Dungarvan	10.18	St	GAA
1896	T Wood	Enniskeane, Co. Cork	13.79		GAA
1896	<b>Humphrey Courtney</b>	<b>Tintern, Co. Wexford</b>	<b>10.69</b>	st	<b>GAA</b>
1897	Thomas Francis "Tom" Kiely	Ballyneal	13.77		GAA
1898	Patrick Joseph Leahy	Creggane	14.81		GAA
1899	Peter O'Connor	Waterford	14.63		GAA
1902	Cornelius "Con" Leahy	Charleville	14.10		GAA
1904	John J Bresnihan	Bray	15.15		GAA
1905	John J Bresnihan	Castletown-Conyers	14.91	St	GAA
1905	Cornelius "Con" Leahy	Charleville	9.52	St	GAA
1906	John J Bresnihan	Castletown-Conyers	14.84		GAA
1907	Tim Ahearne	Dirreen, Co. Kerry	14.73		GAA
1907	James J "Jim" Fahey	Galbally, Co. Limerick	9.55	St	GAA
1908	Percy Kirwan	Kilmacthomas, Co. Waterford	14.27		GAA
1908	Patrick D Mehigan	Cork	9.78	St	GAA
1909	DJ Bourke	Banteer	14.10		GAA
1909	Percy Kirwan	Kilmacthomas, Co. Waterford	9.68	St	GAA
1910	Percy Kirwan	Kilmacthomas, Co. Waterford	14.65		GAA
1911	John Joseph Daly	Emly, Co. Tipperary	13.89		GAA
1912	Percy Kirwan	Kilmacthomas, Co. Waterford	14.35		IAAA
1912	John Joseph Daly	Emly, Co. Tipperary	14.15		GAA
1913	Tim Carroll	Belgooly RIC & Clonliffe Harriers	12.75		IAAA
1913	John Joseph Daly	Emly, Co. Tipperary	14.03		GAA
1914	Frank Roche	Bandon	13.56		GAA
1915	JJ Nyhan	Dunmanway, Cork	13.60		GAA
1916	Frank Roche	Tralee	13.93		GAA
1918	T O'Donovan	Kinsale			GAA
1919	T O'Donovan	Kinsale	13.73		GAA
1920	RL Burrows	Clonliffe Harriers	13.08		IAAA
1920	William F "Bill" Shanahan	Thurles	13.58		GAA
1921	J Connor	Royal Irish Constabulary	13.00		IAAA

1921	William "Bill" Britton	Kilmallock, Co. Limerick	13.31	GAA
1922	RL Burrowes	Dublin	13.45	GAA
1923	M Kissane	Listowel	12.79	NACAI
1924	J Connor	North Belfast Harriers	14.10	NACAI
1925	J Connor	North Belfast Harriers	14.45	NACAI
1926	WJ Moloney	Civic Guards	13.60	NACAI
1927	WJ Moloney	Longford	13.38	NACAI
1928	Theobald Denis Phelan	University College Dublin	14.25	NACAI
1929	Michael A "Al" Moroney	University College Dublin	14.17	NACAI
1930	Eamonn Fitzgerald	University College Dublin	14.67	NACAI
1931	John J "Jack" Guiney	Duhallow, Co. Cork	12.86	NACAI
1932	Eamonn Fitzgerald	University College Dublin	14.69	NACAI
1933	Eamonn Fitzgerald	University College Dublin	14.20	NACAI
1934	Eamonn Fitzgerald	University College Dublin	14.07	NACAI
1935	Eamonn Fitzgerald	Killarney Dr Crokes	13.90	NACAI
1936	Eamonn Fitzgerald	Killarney Dr Crokes	14.10	NACAI
1937	Dan Sheehan	Dublin Metropolitan Garda	13.76	NACAI
1938	Dan Sheehan	Dublin Metropolitan Garda	13.59	NACAI
1939	J Dunne	Inchicore Harriers	13.62	NACAI
1940	J Dunne	Inchicore Harriers	14.18	NACAI
1941	J Dunne	Inchicore Harriers	13.40	NACAI
1942	J O'Brien	Civil Service	13.31	NACAI
1942	Bertie Shillington	9th Old Boys	13.78	IAAB
1943	JJ Lavan	Tinnecarra, Co. Roscommon	13.24	NACAI
1943	Bertie Shillington	9th Old Boys	12.56	IAAB
1944	JJ Lavan	Boyle, Co. Roscommon	13.75	NACAI
1944	Bertie Shillington	9th Old Boys	13.57	IAAB
1945	Bertie Shillington	9th Old Boys	12.77	AAUE
1945	JJ Lavan	Boyle, Co. Roscommon	13.82	NACAI
1945	Bertie Shillington	9th Old Boys	12.78	IAAB
1946	PJ Kelly	Kilkenny	14.36	NACAI
1946	Prince AF Adedoyin	Queen's University Belfast	13.50	IAAB
1947	PJ Kelly	Limerick	13.46	NACAI
1947	Prince AF Adedoyin	Queen's University Belfast	13.46	IAAB
1948	Lt L O'Rourke	Curragh	13.78	NACAI
1948	Prince AF Adedoyin	Queen's University Belfast	13.94	IAAB
1949	N McKenna	Star	13.09	NACAI
1950	ES Williams	Royal College of Surgeons, Ireland	12.85	AAUE
1950	Eddie Quilter (tied)	Civil Service	13.69	NACAI
1950	Tommy Ryan (tied)	Celtic, Dublin	13.69	NACAI
1950	WJ Doherty	AJ Foundry	12.86	IAAB
1951	Patrick "Paddy" Harmon	Donore Harriers	12.14	AAUE
1951	Tommy Ryan	St James's Gate	13.16	NACAI
1951	Richard "Dick" McColgan	Albert Foundry, Belfast	13.60	IAAB
1952	ES Williams	Crusaders	12.32	AAUE
1952	Roibeárd O'Dwyer	Kerry	13.36	NACAI
1952	Richard "Dick" McColgan	Albert Foundry, Belfast	13.84	IAAB
1953	JJ Higgins	Clonliffe Harriers	12.88	AAUE
1953	Roibeárd O'Dwyer	Cusack	13.05	NACAI
1953	Richard "Dick" McColgan	Albert Foundry, Belfast	13.97	IAAB
1954	JJ Higgins	Clonliffe Harriers	13.36	AAUE
1954	Roibeárd O'Dwyer	Kenmare	13.64	NACAI
1954	L McKnight	9th Old Boys	14.23	IAAB
1955	David Maurice Neligan	Dublin University	12.65	AAUE
1955	Roibeárd O'Dwyer	Ardgroom, Co. Cork	14.13	NACAI
1955	L McKnight	9th Old Boys	13.75	IAAB
1956	Philip Thomas Godden	Dublin University	12.77	AAUE
1956	Roibeárd O'Dwyer	Ardgroom, Co. Cork	14.13	NACAI
1956	T Stronge	Queen's University Belfast	13.68	IAAB
1957	David Maurice Neligan	Dublin University	12.90	AAUE
1957	JJ Higgins	Inchicore	14.12	NACAI
1957	T Cairns	Short & Harland, Belfast	13.81	IAAB
1958	John Oladipo Oladitan	Dublin University	13.51	AAUE
1958	M McSweeney	University College Dublin	13.21	NACAI
1958	T Cairns	Albert Foundry, Belfast	14.25	IAAB
1959	David Maurice Neligan	Dublin University	13.18	AAUE
1959	JJ Higgins	Inchicore	13.53	NACAI
1959	T Cairns	Albert Foundry, Belfast	14.86	IAAB

1960	David Maurice Neligan	St Columba's College	13.57		AAUE
1960	JP Reilly	Green Cockade, Belfast	14.17		NACAI
1960	T Cairns	Albert Foundry, Belfast	14.72		IAAB
1961	James Robert Douglas	Russell Thames Valley	13.42		AAUE
1961	Sean O'Dwyer	St Patrick's TC	14.17		NACAI
1961	Richard Hill	Belfast High School	13.83		IAAB
1962	Ronald "Ronnie" Martin	Donore Harriers	12.89		AAUE
1962	Sean O'Dwyer	Ardgroom, Co. Cork	15.03		NACAI
1962	W Barclay	9th Old Boys, Belfast	14.13		IAAB
1963	Richard George Vincent Boelens	Dublin University	13.76		AAUE
1963	Sean O'Dwyer	Ardgroom, Co. Cork	15.04		NACAI
1963	Brian Morrisson	Albert Foundry, Belfast	13.21		IAAB
1964	David A Martin	Crusaders	13.46		AAUE
1964	Sean O'Dwyer	Ardgroom, Co. Cork	14.20		NACAI
1964	P Woodman	Willowfield Harriers	14.58		IAAB
1965	David A Martin	Crusaders	13.58		AAUE
1965	Sean O'Dwyer	Ardgroom, Co. Cork	14.36		NACAI
1965	Brian Morrisson	Albert Foundry, Belfast	13.61		IAAB
1966	David A Martin	Crusaders	13.61		AAUE
1966	Sean O'Dwyer	University College Dublin	15.00		NACAI
1966	Kevin Kelly	Herne Hill Harriers	14.43		IAAB
1967	David A Martin	Crusaders	14.69		BLE
1968	Mick O'Flynn	University College Cork	14.57		BLE
1969	David A Martin	Crusaders	14.30		BLE
1970	Sean O'Dwyer	London Irish	15.55		BLE
1971	Sean O'Dwyer	Phoenix Harriers	14.57		BLE
1972	Sean Power	Grange Fermoy	14.81		BLE
1973	Sean Power	Grange Fermoy	14.49		BLE
1974	Sean Power	Grange Fermoy	15.04		BLE
1975	Mick O'Flynn	Leevale	14.26		BLE
1976	Colm Cronin	Leevale	15.24		BLE
1977	Mick O'Flynn	Leevale	14.81		BLE
1978	Mick O'Flynn	Leevale	14.58		BLE
1979	Mick O'Flynn	Leevale	14.47		BLE
1980	Mick O'Flynn	Leevale	14.57		BLE
1981	Seamus Costelloe	Kilkenny City Harriers	15.10		BLE
1982	Joe McColgan	Strabane	14.44		BLE
1983	John Stapleton	Dublin City Harriers	14.33		BLE
1984	Seamus Costelloe	Kilkenny City Harriers	14.41		BLE
1985	Billy Oakes	Kilkenny City Harriers	14.99		BLE
1986	<b>Hugh Maguire</b>	<b>Winnipeg</b>	<b>15.83</b>		<b>BLE</b>
1987	Billy Oakes	Kilkenny City Harriers	15.09		BLE
1988	Michael McDonald	Ballymena & Antrim	15.45		BLE
1989	Billy Oakes	Kilkenny City Harriers	13.97		BLE
1990	Michael McDonald	Ballymena & Antrim	14.82		BLE
1991	Michael McDonald	Queen's University Belfast	15.09		BLE
1992	Jim Hayes	Waterford	14.59		BLE
1993	Michael McDonald	Queen's University Belfast	15.26		BLE
1994	Michael McDonald	Ballymena & Antrim	15.45		BLE
1995	Michael McDonald	Border	14.22		BLE
1996	Michael McDonald	Border	15.04		BLE
1997	Patrick Shannon	Ballybrack	13.69		BLE
1998	Michael McDonald	Border	14.62	+1.3	BLE
1999	Michael McDonald	Ballymena & Antrim	14.94	+1.3	BLE
2000	Victor Congear	Crusaders	14.32	-0.3	AAI
2001	Sean Lonergan	Kilkenny City Harriers	15.41	+4.6	AAI
2002	Patrick Shannon	Dublin City Harriers	14.61	+2.0	AAI
2003	Patrick Shannon	Dublin City Harriers	14.52	+0.8	AAI
2004	Leslie Leung	Ballymena & Antrim	13.64	+4.5	AAI
2005	Patrick Shannon	Dublin City Harriers	14.44	+2.0	AAI
2006	Eoin Kelly	St Abbans	13.51	nr	AAI
2007	Denis Finnegan	University College Cork	14.18	nr	AAI
2008	Denis Finnegan	University College Cork	14.36	+0.6	AAI
2009	Eoin Kelly	St Abbans	15.35	+2.2	AAI
2010	Eoin Kelly	St Abbans	14.83	+2.4	AAI
2011	Eoin Kelly	St Abbans	14.58	-0.6	AAI
2012	Denis Finnegan	Leevale	15.55	+1.5	AAI
2013	Denis Finnegan	Leevale	15.07	-1.7	AAI

2014	Denis Finnegan	An Ríocht	15.34	+0.5	AAI
2015	Denis Finnegan	An Ríocht	15.19	+4.3	AAI
2016	Denis Finnegan	An Ríocht	14.80	+1.9	AAI
2017	Denis Finnegan	An Ríocht	15.39	+0.9	AAI
2018	Denis Finnegan	An Ríocht	14.33	+2.7	AAI
2019	Denis Finnegan	An Ríocht	14.74	-1.8	AAI
2020	Jai Benson	Lagan Valley	14.53	+0.9	AAI
2021	Conall Mahon	Tír Chonaill	14.38	2.3	AAI
2022	Conall Mahon	Tír Chonaill	14.68	2.4	AAI
2023	Michael Alajiki	Dundealgan	14.74	2.7	AAI
2024	Jai Benson	Lagan Valley	14.34	1.4	AAI
2025	Darragh Fahy	Loughrea	13.91	1.8	AAI

### Three Standing Jumps

#### Most titles

James Wall - 3

1892, 93, 95

Michael Creedon - 3

1905, 06, 08

#### Championship Record

Joseph Chandler

11.58 1897

1886	Thomas Barry	Dungarvan	10.78		GAA
1887	Thomas Barry	Dungarvan	10.34		GAA
1888	Patrick Keohan	Dungarvan	10.96		GAA
1889	Geoffrey O'Donoghue	Ballinahoun	9.85		GAA
1890	James S Reynolds	Dublin	9.57		GAA
1891	T Walsh	Youghal	9.85		GAA
1892	James Wall	Dungarvan	10.77		GAA
1893	James Wall	Dungarvan	10.88		GAA
1895	James Wall	Dungarvan	10.88		GAA
1896	Joseph Chandler	Limerick	11.40		GAA
1897	<b>Joseph Chandler</b>	<b>Limerick</b>	<b>11.58</b>		<b>GAA</b>
1898	Sgt Joseph Chandler	Royal Irish Regiment	11.15		
1901	Abandoned*				GAA
1903	John J Bresnihan	Dublin	10.03		GAA
1904	John Barrett	Dublin	10.34		GAA
1905	Michael Creedon	Cork	10.08		GAA
1906	Michael Creedon	Cork	10.80		GAA
1907	James J "Jim" Fahey	Galbally, Co. Limerick	10.72		GAA
1908	Michael Creedon	Cork	10.44		GAA
1909	JG Barry	Cork	10.74		GAA
1910	JG Barry	Cork	10.59		GAA
1911	James Joseph "Jim" Holloway	Dublin	10.16		GAA
1912	James Joseph "Jim" Holloway	Dublin	10.13		GAA
1913	Jim K Beasley	Upton, Co. Cork	10.49		GAA
1914	Jim K Beasley	Upton, Co. Cork	10.42		GAA
1915	Maurice Fraher	Dungarvan	10.50		GAA
1916	C Power	Dungarvan	10.31		GAA
1922	William "Bill" Shanahan	Ballinure, Co. Tipperary	8.99		GAA
1924	HJ Collender	Civic Guards	9.15		NACAI
1932	T Power	Dublin Metropolitan Garda	9.01		NACAI

\* The ground flooded due to torrential rain

## Shot Putt

### Most titles

**Denis Horgan - 12**

**1893, 94, 95, 96, 97, 98, 99, 1900, 03, 04, 05, 09**

**Dave Guiney - 12**

**1944, 45, 46, 47, 48, 49, 50, 51, 52, 53, 55, 56**

### Championship Record

**John Kelly**

**19.25**

**2022**

<b>1873</b>	Charles Wadsworth	Queen's University Belfast	12.27	Irish Champions AC
<b>1874</b>	Edward J. Bor	London	12.41	Irish Champions AC
<b>1875</b>	Maurice Davin	Suir Rowing Club	12.44	Irish Champions AC
<b>1876</b>	Dr James Carroll Daly	Borrisokane, Co. Tipperary	12.62	Irish Champions AC
<b>1877</b>	Maurice Davin	Suir Rowing Club	11.71	Irish Champions AC
<b>1878</b>	Maurice Davin	Carrick-On-Suir	12.36	Irish Champions AC
<b>1879</b>	Maurice Davin	Carrick-On-Suir	12.57	Irish Champions AC
<b>1880</b>	Patrick Davin	Carrick-On-Suir	11.15	Irish Champions AC
<b>1881</b>	Michael Cusack	City & Suburban	11.35	Irish Champions AC
<b>1882</b>	Owen Harte	Royal Irish Constabulary	11.25	AAAI
<b>1883</b>	Owen Harte	Royal Irish Constabulary	12.37	AAAI
<b>1884</b>	John Purcell	Dublin	10.82	AAAI
<b>1885</b>	James O'Brien	Clonmel	13.68	IAAA
<b>1885</b>	Thomas Ryan	Clonmel	11.29	GAA
<b>1886</b>	William Murray	Curragh	12.19	IAAA
<b>1886</b>	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	11.87	GAA
<b>1887</b>	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	11.95	IAAA
<b>1887</b>	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	12.88	GAA
<b>1888</b>	James O'Brien	Clonmel	11.48	IAAA
<b>1888</b>	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	11.96	GAA
<b>1889</b>	William JM Barry	Queen's College Cork	12.34	IAAA
<b>1889</b>	David D Hunt Rower,	Inistioge, Co. Kilkenny	11.50	GAA
<b>1890</b>	S Brennan	Limerick	11.61	IAAA
<b>1890</b>	James O'Mahony	Mitchelstown	11.56	GAA
<b>1891</b>	William JM Barry	Queen's College Cork	12.24	IAAA
<b>1891</b>	James O'Mahony	Mitchelstown	11.94	GAA
<b>1892</b>	JS Royce	Oulart Hill Harriers, Co. Wexford	11.75	IAAA
<b>1892</b>	Thomas Francis "Tom" Kiely	Carrick-On-Suir	11.58	GAA
<b>1893</b>	Denis Horgan	Banteer	12.55	IAAA
<b>1893</b>	Denis Horgan	Banteer	12.88	GAA
<b>1894</b>	Denis Horgan	Banteer	13.79	IAAA
<b>1894</b>	James S Reynolds	Dublin	11.89	GAA
<b>1895</b>	Denis Horgan	Banteer	13.82	IAAA
<b>1895</b>	JM Bergin	Rathdrum	11.76	GAA
<b>1896</b>	Denis Horgan	Banteer	13.59	IAAA
<b>1896</b>	Denis Horgan	Banteer	13.70	GAA
<b>1897</b>	Denis Horgan	Banteer	13.61	IAAA
<b>1897</b>	Larry Roche	Bruree, Co. Limerick	11.49	GAA
<b>1898</b>	Denis Horgan	Banteer	12.25	IAAA
<b>1898</b>	Denis Horgan	Banteer	14.61	GAA
<b>1899</b>	Denis Horgan	Banteer	13.97	IAAA
<b>1899</b>	Michael O'Connor	Cashel	12.50	GAA
<b>1900</b>	Denis Horgan	Banteer	13.95	IAAA
<b>1901</b>	John J Galavan	New Ross	12.24	IAAA
<b>1901</b>	James J O'Shea	Ennis	12.12	GAA
<b>1902</b>	John J Galavan	New Ross	12.22	IAAA
<b>1902</b>	James J Barrett	Nenagh	11.65	GAA
<b>1903</b>	James J Barrett	Nenagh	12.52	IAAA
<b>1903</b>	Denis Horgan	Banteer	14.07	GAA
<b>1904</b>	Denis Horgan	Banteer	13.93	IAAA
<b>1904</b>	Denis Horgan	Banteer	13.59	GAA
<b>1905</b>	Denis Horgan	Banteer	13.43	IAAA
<b>1905</b>	Denis Horgan	Banteer	14.02	GAA
<b>1906</b>	James J Barrett	Templemore, Co. Tipperary	13.18	IAAA

1907	James J Barrett	Borrisokane, Co. Tipperary	13.55	IAAA	
1907	Patrick "Paddy" Keane	Dublin	13.08	GAA	
1908	James J Barrett	Borrisokane, Co. Tipperary	12.68	IAAA	
1908	William F Bennett	Ballinhassig, Co. Cork	12.27	GAA	
1909	Denis Horgan	Banteer	13.77	IAAA	
1909	William F Bennett	Ballinhassig, Co. Cork	12.67	GAA	
1910	James J Barrett	RIC, Borrisokane, Co. Tipperary	13.08	IAAA	
1910	Jeremiah J Foley	Listowel	12.04	GAA	
1911	James J Barrett	RIC, Borrisokane, Co. Tipperary	13.18	IAAA	
1911	Patrick "Paddy" Keane	Dublin	12.93	GAA	
1912	Pat Quinn	Dublin Metropolitan Police	13.12	IAAA	
1912	Tom Ludgate	Mallow	12.25	GAA	
1913	Pat Quinn	Dublin Metropolitan Police	12.89	IAAA	
1913	Patrick "Paddy" Keane	Dublin	13.21	GAA	
1914	Pat Quinn	Dublin Metropolitan Police	13.18	IAAA	
1914	John O'Grady	Caherconlish, Co. Limerick	11.66	GAA	
1915	Jeremiah J Foley	Listowel	12.24	GAA	
1916	John O'Grady	Caherconlish, Co. Limerick	12.97	GAA	
1917	Martin Kennedy	Thurles	12.10	GAA	Competed under alias M Ryan
1919	Michael E Crean	Kilmuckridge, Co. Wexford	12.67	IAAA	
1919	Martin Kennedy	Thurles	13.23	GAA	
1920	Michael E Crean	Ballyharty, Co. Wexford	12.17	IAAA	
1920	Martin Kennedy	Thurles	12.81	GAA	
1921	Pat Quinn	Dublin Metropolitan Police	12.47	IAAA	
1921	Martin Kennedy	Thurles	12.42	GAA	
1922	M O'Halloran	Clonliffe Harriers	11.01	IAAA	
1922	Martin Kennedy	Kilcommon. Co. Tipperary	12.71	GAA	
1923	Martin Kennedy	Kilcommon. Co. Tipperary	13.10	NACAI	
1924	John O'Grady	Limerick	13.17	NACAI	
1925	John O'Grady	Limerick	13.88	NACAI	
1926	AL Colhoun	Ulsterville Harriers	12.93	NACAI	
1927	AL Colhoun	Ulsterville Harriers	13.14	NACAI	
1928	T Healy	Dublin Metropolitan Garda	12.94	NACAI	
1929	AL Colhoun	Ulsterville Harriers	12.65	NACAI	
1930	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	13.55	NACAI	
1931	Dr Patrick "Pat" O'Callaghan	Clonmel	13.83	NACAI	
1932	Dr Patrick "Pat" O'Callaghan	Clonmel	13.67	NACAI	
1933	T Healy	Dublin Metropolitan Garda	13.41	NACAI	
1934	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	13.66	NACAI	
1935	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	13.03	NACAI	
1936	Con O'Callaghan	Father O'Leary, Cork	12.69	NACAI	
1937	R Moore	RUC	13.02	AAUE	
1937	Con O'Callaghan	Father O'Leary, Cork	12.80	NACAI	
1938	Leonard Nicholas "Len" Horan	Dublin University	13.61	AAUE	
1938	Tommy Headon	University College Dublin	12.86	NACAI	
1939	Leonard Nicholas "Len" Horan	Dublin University	13.56	AAUE	
1939	Edward "Ned" Tobin	Dublin Metropolitan Garda	12.96	NACAI	
1940	Leonard Nicholas "Len" Horan	Dublin University	13.43	AAUE	
1940	John J "Jack" Guiney	Dublin Metropolitan Garda	12.93	NACAI	
1941	Leonard Nicholas "Len" Horan	Hermes	13.82	AAUE	
1941	Jim B Byrne	Armagh	13.70	NACAI	
1942	Leonard Nicholas "Len" Horan	Hermes	13.97	AAUE	
1942	Jim B Byrne	Armagh	13.05	NACAI	
1942	Leonard Nicholas "Len" Horan	Hermes	14.51	IAAB	
1943	Leonard Nicholas "Len" Horan	Hermes	13.32	AAUE	
1943	Jim B Byrne	Armagh	13.38	NACAI	
1943	Leonard Nicholas "Len" Horan	Hermes	13.01	IAAB	
1944	Leonard Nicholas "Len" Horan	Hermes	13.65	AAUE	
1944	David D Guiney	Civil Service	14.70	NACAI	
1944	Leonard Nicholas "Len" Horan	Hermes	13.40	IAAB	
1945	Leonard Nicholas "Len" Horan	Hermes	12.55	AAUE	
1945	David D Guiney	Civil Service	13.96	NACAI	
1945	David D Guiney	Civil Service	25.21	NACAI	2 <sup>nd</sup> *
1945	Leonard Nicholas "Len" Horan	Hermes	12.96	IAAB	
1946	David D Guiney	Dublin University	14.35	AAUE	
1946	Cummin Clancy	Civil Service	13.33	NACAI	
1946	David D Guiney	Dublin University	13.75	IAAB	
1947	David D Guiney	Dublin University	15.05	AAUE	

1947	Jim B Byrne	Phoenix Harriers	12.90	NACAI
1947	David D Guiney	Dublin University	14.46	IAAB
1948	David D Guiney	Clonliffe Harriers	14.88	AAUE
1948	Jim B Byrne	Phoenix Harriers	13.92	NACAI
1948	David D Guiney	Clonliffe Harriers	14.43	IAAB
1949	David D Guiney	Clonliffe Harriers	13.50	AAUE
1949	John "Johnny Mor" Gallagher	Strabane	11.99	NACAI
1949	David D Guiney	Clonliffe Harriers	14.27	IAAB
1950	David D Guiney	Clonliffe Harriers	14.25	AAUE
1950	Michael C "Mick" Hehir	Ballinasloe	12.25	NACAI
1950	David D Guiney	Clonliffe Harriers	14.62	IAAB
1951	David D Guiney	Donore Harriers	14.48	AAUE
1951	Patrick J "Paddy" Costello	Civil Service	12.26	NACAI
1951	David D Guiney	Donore Harriers	14.58	IAAB
1952	David D Guiney	Donore Harriers	14.32	AAUE
1952	Patrick J "Paddy" Costello	Civil Service	12.62	NACAI
1952	David D Guiney	Donore Harriers	14.51	IAAB
1953	David D Guiney	Donore Harriers	14.13	AAUE
1953	Patrick J "Paddy" Costello	Civil Service	12.65	NACAI
1953	David D Guiney	Donore Harriers	14.31	IAAB
1954	Jim B Byrne	Clonliffe Harriers	14.22	AAUE
1954	Patrick J "Paddy" Costello	Civil Service	13.09	NACAI
1954	David D Guiney	Donore Harriers	14.27	IAAB
1955	David D Guiney	Donore Harriers	14.45	AAUE
1955	Michael Gleeson	St James's Gate	12.36	NACAI
1955	David D Guiney	Donore Harriers	13.94	IAAB
1956	David D Guiney	Donore Harriers	13.85	AAUE
1956	Joseph Duggan	Ballyglass, Co. Galway	12.70	NACAI
1956	David D Guiney	Donore Harriers	14.37	IAAB
1957	Ronald Herbert "Ronnie" Taylor	Dublin University	14.06	AAUE
1957	Joseph Duggan	Ballyglass, Co. Galway	13.22	NACAI
1957	Ronald Herbert "Ronnie" Taylor	Dublin University	14.29	IAAB
1958	Ronald Herbert "Ronnie" Taylor	Dublin University	13.65	AAUE
1958	Kevin Prendergast	Rockwell College	13.54	NACAI
1958	Ronald Herbert "Ronnie" Taylor	Dublin University	14.02	IAAB
1959	Ronald Herbert "Ronnie" Taylor	Dublin University	14.22	AAUE
1959	Kevin Prendergast	University College Dublin	14.37	NACAI
1959	Ronald Herbert "Ronnie" Taylor	Dublin University	14.04	IAAB
1960	Ronald Herbert "Ronnie" Taylor	Dublin University	15.12	AAUE
1960	Kevin Prendergast	University College Dublin	13.82	NACAI
1960	Ronald Herbert "Ronnie" Taylor	Dublin University	15.07	IAAB
1961	Ronald Herbert "Ronnie" Taylor	Dublin University	15.41	AAUE
1961	Kevin Prendergast	University College Dublin	15.07	NACAI
1961	Ronald Herbert "Ronnie" Taylor	St. Mary's Hornsey, UK	14.68	IAAB
1962	Paul Healion	Irish Field Event	13.84	AAUE
1962	Hugh D O'Callaghan	University College Cork	14.70	NACAI
1962	David Davidson	Royal Ulster Constabulary	14.96	IAAB
1963	Thomas Lionel Patrick Hatt	Dublin University	13.06	AAUE
1963	Hugh D O'Callaghan	University College Cork	15.57	NACAI
1963	David Davidson	Royal Ulster Constabulary	14.67	IAAB
1964	Thomas Lionel Patrick Hatt	Dublin University	13.54	AAUE
1964	Hugh D O'Callaghan	University College Cork	16.20	NACAI
1964	David Davidson	Royal Ulster Constabulary	14.51	IAAB
1965	Paul Healion	Crusaders	13.39	AAUE
1965	Hugh D O'Callaghan	Toomevarra, Co. Tipperary	15.17	NACAI
1965	H Robinson	Willowfield Harriers	13.63	IAAB
1966	Philip Conway	Crusaders	14.12	AAUE
1966	Brendan Coughlan	Hilltown	13.46	NACAI
1966	David Davidson	Royal Ulster Constabulary	15.09	IAAB
1967	Philip Conway	Crusaders	15.45	BLE
1968	Gerry Downes	Clonliffe Harriers	14.81	BLE
1969	Philip Conway	Crusaders	16.40	BLE
1970	Brendan Coughlan	Leevale	14.65	BLE
1971	Philip Conway	Crusaders	16.18	BLE
1972	Philip Conway	Crusaders	17.27	BLE
1973	Brendan Coughlan	Leevale	15.36	BLE
1974	Brendan Coughlan	Leevale	15.63	BLE
1975	Brendan Coughlan	Leevale	15.40	BLE

1976	Gerry McEvoy	Ballyfermot	15.07	BLE
1977	Eugene Diviney	Crusaders	15.28	BLE
1978	Eugene Diviney	Crusaders	15.76	BLE
1979	Eugene Diviney	Crusaders	15.79	BLE
1980	Eugene Diviney	Crusaders	17.17	BLE
1981	Gerry McEvoy	Dublin City Harriers	16.63	BLE
1982	Paul Quirke	Crusaders	15.51	BLE
1983	John Reynolds	Annadale Striders	16.21	BLE
1984	Paul Quirke	Crusaders	16.86	BLE
1985	Paul Quirke	Crusaders	15.90	BLE
1986	Paul Quirke	Crusaders	16.96	BLE
1987	Paul Quirke	Crusaders	15.86	BLE
1988	Victor Costello	Puma, Dublin	16.49	BLE
1989	Victor Costello	Dundrum South Dublin	16.05	BLE
1990	Victor Costello	Dundrum South Dublin	16.85	BLE
1991	Victor Costello	Dundrum South Dublin	16.51	BLE
1992	Paul Quirke	Crusaders	17.08	BLE
1993	Paul Quirke	Crusaders	17.54	BLE
1994	Nick Sweeney	Dundrum South Dublin	17.37	BLE
1995	Paul Quirke	Crusaders	17.04	BLE
1996	John Farrelly	Dundrum South Dublin	15.12	BLE
1997	Nick Sweeney	Dundrum South Dublin	17.10	BLE
1998	John Dermody	Dundrum South Dublin	16.85	BLE
1999	John Dermody	Dundrum South Dublin	18.61	BLE
2000	John Dermody	Dundrum South Dublin	17.86	AAI
2001	Iain McMullan	Trafford	15.95	AAI
2002	Iain McMullan	Trafford	17.61	AAI
2003	John P Leahy	Limerick	16.32	AAI
2004	John P Leahy	Limerick	16.40	AAI
2005	Paul Crowe	Menapians	16.92	AAI
2006	John P Leahy	Limerick	15.77	AAI
2007	Eoin Leen	Tralee Harriers	15.36	AAI
2008	Sean Breathnach	Galway City Harriers	15.74	AAI
2009	Colin Quirke	Crusaders	15.90	AAI
2010	Sean Breathnach	Galway City Harriers	16.31	AAI
2011	Sean Breathnach	Galway City Harriers	16.24	AAI
2012	Sean Breathnach	Galway City Harriers	15.85	AAI
2013	Sean Breathnach	Galway City Harriers	15.60	AAI
2014	Sean Breathnach	Galway City Harriers	16.27	AAI
2015	Sean Breathnach	Galway City Harriers	17.63	AAI
2016	Sean Breathnach	Galway City Harriers	17.34	AAI
2017	John Kelly	Finn Valley	16.46	AAI
2018	Sean Breathnach	Galway City Harriers	17.53	AAI
2019	Eric Favors	Raheny Shamrock	18.64	AAI
2020	John Kelly	Finn Valley	18.40	AAI
2021	Gavin McLaughlin	Finn Valley	16.51	AAI
2022	John Kelly	Finn Valley	19.25	AAI
2023	<b>Eric Favors</b>	<b>Raheny Shamrock</b>	<b>19.91</b>	<b>AAI</b>
2024	Eric Favors	Raheny Shamrock	18.85	AAI
2025	Eric Favors	Raheny Shamrock	19.58	AAI

## Discus

### Most titles

**Patrick Bermingham - 10**

**1919, 20, 23, 24, 25, 26, 27, 30, 32, 33**

**Nick Sweeney - 10**

**1987, 91, 92, 93, 94, 95, 96, 97, 99, 2000**

### Championship Record

**Nick Sweeney**

**60.66 1996**

1909	John "Jack" Murray	Inchicore	36.78	IAAA
1910	Patrick "Paddy" Quinn	Dublin Metropolitan Police	33.22	IAAA
1911	Not held			IAAA
1912	Patrick "Paddy" Quinn	Dublin Metropolitan Police	35.97	IAAA
1913	Patrick "Paddy" Quinn	Dublin Metropolitan Police	37.11	IAAA
1914	Patrick "Paddy" Quinn	Dublin Metropolitan Police	36.65	IAAA
1919	Patrick J "Paddy" Bermingham	Dublin Metropolitan Police	36.70	IAAA
1920	Patrick J "Paddy" Bermingham	Dublin Metropolitan Police	35.79	IAAA
1921	Patrick "Paddy" Quinn	Dublin Metropolitan Police	37.19	IAAA
1921	T Kirby	University College Dublin	31.25	GAA
1922	Patrick "Paddy" Quinn	Dublin Metropolitan Police	35.41	IAAA
1922	Martin Kennedy	Kilcommon, Co. Tipperary	35.74	GAA
1923	Patrick J "Paddy" Bermingham	Clonliffe Harriers	39.06	NACAI
1924	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	42.14	NACAI
1925	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	43.18	NACAI
1926	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	41.30	NACAI
1927	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	42.16	NACAI
1928	T Healy	Dublin Metropolitan Garda	40.79	NACAI
1929	T Healy	Dublin Metropolitan Garda	44.41	NACAI
1930	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	43.08	NACAI
1931	Dr Patrick "Pat" O'Callaghan	Clonmel	39.99	NACAI
1932	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	42.59	NACAI
1933	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	41.16	NACAI
1934	Edward "Ned" Tobin	Dublin Metropolitan Garda	41.26	NACAI
1935	Edward "Ned" Tobin	Dublin Metropolitan Garda	43.72	NACAI
1936	Edward "Ned" Tobin	Dublin Metropolitan Garda	43.58	NACAI
1937	James E Nesbitt	Royal Ulster Constabulary	43.09	AAUE
1937	Edward "Ned" Tobin	Dublin Metropolitan Garda	44.64	NACAI
1938	James E Nesbitt	Royal Ulster Constabulary	41.20	AAUE
1938	Edward "Ned" Tobin	Dublin Metropolitan Garda	43.46	NACAI
1939	James E Nesbitt	Royal Ulster Constabulary	40.16	AAUE
1939	Edward "Ned" Tobin	Dublin Metropolitan Garda	46.50	NACAI
1940	James E Nesbitt	Royal Ulster Constabulary	40.35	AAUE
1940	Joseph Duggan	University College Galway	37.98	NACAI
1941	James E Nesbitt	Royal Ulster Constabulary	38.95	AAUE
1941	Edward "Ned" Tobin	Galway	39.70	NACAI
1942	Leonard Nicholas "Len" Horan	Hermes	36.48	AAUE
1942	John J "Jack" Guiney	Dublin Metropolitan Garda	36.04	NACAI
1942	James E Nesbitt	Royal Ulster Constabulary	40.80	IAAB
1943	Leonard Nicholas "Len" Horan	Hermes	38.97	AAUE
1943	Edward "Ned" Tobin	Galway	41.40	NACAI
1943	James E Nesbitt	Royal Ulster Constabulary	42.10	IAAB
1944	Leonard Nicholas "Len" Horan	Hermes	34.25	AAUE
1944	Edward "Ned" Tobin	Oughterarad	44.41	NACAI
1944	James E Nesbitt	Royal Ulster Constabulary	41.26	IAAB
1945	Leonard Nicholas "Len" Horan	Hermes	34.30	AAUE
1945	Edward "Ned" Tobin	Oughterarad	43.88	NACAI
1945	James E Nesbitt	Royal Ulster Constabulary	41.28	IAAB
1946	David D Guiney	Dublin University	36.17	AAUE
1946	Edward "Ned" Tobin	Galway	39.85	NACAI
1946	James E Nesbitt	Royal Ulster Constabulary	41.56	IAAB
1947	Michael Gleeson	Donore Harriers	35.02	AAUE
1947	Patrick "Paddy" Browne	University College Dublin	37.95	NACAI

1947	James E Nesbitt	Royal Ulster Constabulary	40.14	IAAB
1948	Cummin Martin Clancy	Donore Harriers	40.54	AAUE
1948	Jim B Byrne	Phoenix Harriers	35.08	NACAI
1948	James E Nesbitt	Royal Ulster Constabulary	41.87	IAAB
1949	Cummin Martin Clancy	Donore Harriers	43.20	AAUE
1949	F Monaghan	Bannside, Co. Antrim	36.98	NACAI
1950	Ronald Herbert "Ronnie" Taylor	Clonliffe Harriers	40.35	AAUE
1950	F Monaghan	Glen	38.41	NACAI
1950	Ken L Healy	Clonliffe Harriers	38.22	IAAB
1951	Ken L Healy	Clonliffe Harriers	38.96	AAUE
1951	Edward "Ned" Tobin	Garristown, Co. Dublin	43.08	NACAI
1951	James E Nesbitt	Royal Ulster Constabulary	41.11	IAAB
1952	Ken L Healy	Clonliffe Harriers	39.47	AAUE
1952	F Monaghan	Glen	37.92	NACAI
1952	C Scott	Royal Ulster Constabulary	38.66	IAAB
1953	Ken L Healy	Clonliffe Harriers	38.08	AAUE
1953	Michael Gleeson	St James's Gate	38.58	NACAI
1953	Ken L Healy	Clonliffe Harriers	40.71	IAAB
1954	Ken L Healy	Clonliffe Harriers	39.32	AAUE
1954	C Bergin	West Belfast	39.06	NACAI
1954	Ken L Healy	Clonliffe Harriers	40.04	IAAB
1955	Ken L Healy	Clonliffe Harriers	41.50	AAUE
1955	Michael Gleeson	St James's Gate	37.92	NACAI
1955	Ken L Healy	Clonliffe Harriers	40.34	IAAB
1956	David D Guiney	Donore Harriers	37.84	AAUE
1956	Ken Healy	St Dymphna's, Co. Tyrone	42.12	NACAI
1956	Ronald Herbert "Ronnie" Taylor	Dublin University	41.01	IAAB
1957	Ronald Herbert "Ronnie" Taylor	Dublin University	42.06	AAUE
1957	Ken Healy	St Dymphna's, Co. Tyrone	40.40	NACAI
1957	Ronald Herbert "Ronnie" Taylor	Dublin University	43.06	IAAB
1958	Ronald Herbert "Ronnie" Taylor	Dublin University	41.87	AAUE
1958	Michael Gleeson	St James's Gate	36.98	NACAI
1958	Ronald Herbert "Ronnie" Taylor	Dublin University	42.51	IAAB
1959	Ronald Herbert "Ronnie" Taylor	Dublin University	42.70	AAUE
1959	Kevin Prendergast	University College Dublin	41.18	NACAI
1959	Ronald Herbert "Ronnie" Taylor	Dublin University	48.22	IAAB
1960	Ronald Herbert "Ronnie" Taylor	Dublin University	42.22	AAUE
1960	Brian O'Halloran	University College Dublin	43.98	NACAI
1960	Ronald Herbert "Ronnie" Taylor	Dublin University	48.22	IAAB
1961	Ronald Herbert "Ronnie" Taylor	Dublin University	43.58	AAUE
1961	Brian O'Halloran	University College Dublin	43.42	NACAI
1961	Ronald Herbert "Ronnie" Taylor	Hornsey St. Mary's, UK	42.78	IAAB
1962	Paul Healion	Irish Field Event	41.56	AAUE
1962	Hugh D O'Callaghan	University College Cork	41.56	NACAI
1962	RJ McKinney	Albert Foundry, Belfast	40.18	IAAB
1963	Larry Mullen	Avondale	38.37	AAUE
1963	Hugh D O'Callaghan	University College Cork	45.30	NACAI
1963	RJ McKinney	Albert Foundry, Belfast	39.18	IAAB
1964	Thomas Lionel Patrick Hatt	Dublin University	38.23	AAUE
1964	Hugh D O'Callaghan	University College Cork	43.65	NACAI
1964	Jim McDonnell	Crusaders	41.11	IAAB
1965	Martin Kelly	Barnett	43.08	AAUE
1965	Hugh D O'Callaghan	Toomevarra, Co. Tipperary	43.07	NACAI
1965	Paul Healion	Crusaders	37.14	IAAB
1966	Philip Conway	Crusaders	44.78	AAUE
1966	Bernie Hartigan	Regional, Limerick	43.73	NACAI
1966	E Stoddart	Polytechnic	39.79	IAAB
1967	Philip Conway	Crusaders	47.16	BLE
1968	Bernie Hartigan	Hillcrest	45.47	BLE
1969	Philip Conway	Crusaders	47.62	BLE
1970	Philip Conway	Crusaders	46.84	BLE
1971	Bernie Hartigan	Limerick	44.09	BLE
1972	Len Braham	Ballymore / Cobh	46.74	BLE
1973	Len Braham	St Finbarr's Cork	51.77	BLE
1974	Philip Conway	Crusaders	49.40	BLE
1975	Len Braham	St Finbarr's Cork	52.28	BLE
1976	Len Braham	St Finbarr's Cork	47.48	BLE
1977	Len Braham	St Finbarr's Cork	51.12	BLE

1978	Philip Conway	Crusaders	47.36	BLE
1979	Joseph "Joe" Brice	Midleton	53.00	BLE
1980	Joseph "Joe" Brice	Midleton	53.32	BLE
1981	Joseph "Joe" Brice	Midleton	53.60	BLE
1982	Joseph "Joe" Brice	Crusaders	50.86	BLE
1983	Paul Quirke	Crusaders	47.34	BLE
1984	Denis McSweeney	Riocht	45.66	BLE
1985	Paul Quirke	Crusaders	49.12	BLE
1986	Joseph "Joe" Brice	East Cork	50.28	BLE
1987	Nick Sweeney	Team Puma, Dublin	50.42	BLE
1988	John Farrelly	Team Puma, Dublin	46.96	BLE
1989	Frank O'Brien	Dungarvan	45.50	BLE
1990	Paul Quirke	Crusaders	49.40	BLE
1991	Nick Sweeney	Dundrum South Dublin	58.46	BLE
1992	Nick Sweeney	Dundrum South Dublin	58.14	BLE
1993	Nick Sweeney	Dundrum South Dublin	57.30	BLE
1994	Nick Sweeney	Dundrum South Dublin	60.36	BLE
1995	Nick Sweeney	Dundrum South Dublin	57.42	BLE
1996	<b>Nick Sweeney</b>	<b>Dundrum South Dublin</b>	<b>60.66</b>	<b>BLE</b>
1997	Nick Sweeney	Dundrum South Dublin	57.90	BLE
1998	John Menton	Donore Harriers	56.59	BLE
1999	Nick Sweeney	Dundrum South Dublin	59.56	BLE
2000	Nick Sweeney	Dundrum South Dublin	57.48	AAI
2001	John Menton	Donore Harriers	55.59	AAI
2002	John Menton	Donore Harriers	52.03	AAI
2003	John Menton	Donore Harriers	52.67	AAI
2004	John Menton	Donore Harriers	55.24	AAI
2005	John Menton	Donore Harriers	52.01	AAI
2006	Eoin Leen	Tralee Harriers	51.53	AAI
2007	Eoin Leen	Tralee Harriers	50.54	AAI
2008	John Menton	Donore Harriers	46.03	AAI
2009	Colin Quirke	Crusaders	54.70	AAI
2010	Tomas Rautkys	Clonliffe Harriers	51.68	AAI
2011	Tomas Rautkys	Clonliffe Harriers	52.06	AAI
2012	Tomas Rautkys	Clonliffe Harriers	53.40	AAI
2013	Marco Pons	Drinagh-Murrinstown-Piercestown (DMP)	47.77	AAI
2014	Colin Quirke	Crusaders	52.73	AAI
2015	Colin Quirke	Crusaders	54.09	AAI
2016	Marco Pons	Drinagh-Murrinstown-Piercestown (DMP)	53.22	AAI
2017	Colin Quirke	Crusaders	55.12	AAI
2018	Marco Pons	Drinagh-Murrinstown-Piercestown (DMP)	53.67	AAI
2019	Colin Quirke	Crusaders	60.40	AAI
2020	Colin Quirke	Crusaders	55.50	AAI
2021	Colin Quirke	Crusaders	54.84	AAI
2022	Eoin Sheridan	Clonliffe Harriers	53.80	AAI
2023	Eoin Sheridan	Clonliffe Harriers	54.23	AAI
2024	Michael Healy	Leevale	50.11	AAI
2025	Eoin Sheridan	Clonliffe Harriers	51.72	AAI

## Hammer

### Most titles

Thomas Francis "Tom" Kiely - 13 urf - 6

2 × 1896, 2 × 1897, 2 × 1898, 2 × 1899, 1900,  
1901, 02, 03 urf 1892, 93, 96, 97, 1900, 03  
1937, 38, 39, 40, 41, 42, 43, 44, 45, 56  
59, 60, 61

Bert Healion - 13

### Championship Record

Conor McCullough

74.16 1988

1873	Matthew M. Stritch	Royal Irish Constabulary	33.58		Irish Champions AC
1874	Matthew M. Stritch	Royal Irish Constabulary	32.92		Irish Champions AC
1875	Maurice Davin	Suir Rowing Club	34.60		Irish Champions AC
1876	Maurice Davin	Suir Rowing Club	39.28		Irish Champions AC
1877	Maurice Davin	Suir Rowing Club	37.50		Irish Champions AC
1878	Maurice Davin	Carrick-On-Suir	37.54		Irish Champio (3'6" handle)
1879	Maurice Davin	Carrick-On-Suir	30.64		Irish Champions AC
1880	James Tobin	Carrick-On-Suir	28.86		Irish Champions AC
1881	D Browning	Limerick	w/o		Irish Champions AC
1882	JF Slattery	Carrick-On-Suir	28.32		AAAI
1883	Owen Harte	Royal Irish Constabulary	27.52		AAAI (7' run)
1884	William JM Barry	Queen's College Cork	30.34		AAAI
1885	William JM Barry	Queen's College Cork	35.61		IAAA
1885	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	32.46	urf †	GAA
1886	Thomas Ryan	Clonmel	32.50		IAAA (7' run)
1886	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	38.66		GAA
1887	Thomas Ryan	Clonmel	33.52		IAAA (7' run)
1887	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	36.63	urf	GAA
1888	Patrick "Paddy" Lawless	Bandon	33.53		IAAA
1888	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	41.49	urf	GAA
1889	William JM Barry	Queen's College Cork	38.10		IAAA (7' run)
1889	JP O'Sullivan	Killorglin, Co. Kerry	33.22		GAA
1890	Patrick "Paddy" Lawless	Derry	36.40		IAAA (7' run)
1890	Dr James Carroll Daly	Borrisokane, Co. Tipperary	38.18	urf	GAA (7' run)
1891	William JM Barry	Queen's College Cork	35.10		IAAA (7' circle)
1891	James O'Mahony	Mitchelstown	35.66	urf	GAA
1892	Denis Carey	Dublin Metropolitan Police	32.10		IAAA (7' circle)
1892	James S Reynolds	Dublin	32.10		IAAA (7' circle)
1892	Thomas Francis "Tom" Kiely	Carrick-On-Suir	37.49	urf	GAA (7' circle)
1893	Denis Carey	Dublin Metropolitan Police	39.70		IAAA (7' circle)
1893	Thomas Francis "Tom" Kiely	Carrick-On-Suir	39.27	urf	GAA
1894	William JM Barry	Queen's College Cork	38.48		IAAA (7' circle)
1894	James S Reynolds	Dublin	38.10	urf	GAA
1895	Thomas F "Tom" Kiely	Ballyneale	40.71		IAAA (7' circle)
1895	James S Reynolds	Dublin	38.89	urf	GAA
1896	James S Reynolds	Dublin	38.08		IAAA (9' circle)
1896	Thomas Francis "Tom" Kiely	Carrick-On-Suir	41.04		GAA (9' circle)
1896	Thomas Francis "Tom" Kiely	Carrick-On-Suir	43.64	urf	GAA
1897	Thomas Francis "Tom" Kiely	Carrick-On-Suir	42.62		IAAA (9' circle)
1897	Thomas Francis "Tom" Kiely	Carrick-On-Suir	42.59		GAA (9' circle)
1897	Thomas Francis "Tom" Kiely	Carrick-On-Suir	43.64	urf	GAA
1898	Thomas Francis "Tom" Kiely	Carrick-On-Suir	41.17		IAAA
1898	Thomas Francis "Tom" Kiely	Carrick-On-Suir	45.03		GAA (9' circle)
1899	Thomas Francis "Tom" Kiely	Carrick-On-Suir	42.47		IAAA
1899	Thomas Francis "Tom" Kiely	Carrick-On-Suir	47.55		GAA (9' circle)
1900	Thomas Francis "Tom" Kiely	Carrick-On-Suir	43.14		IAAA (9' circle)
1900	Thomas Francis "Tom" Kiely	Carrick-On-Suir	43.59	urf	GAA
1901	Thomas Francis "Tom" Kiely	Carrick-On-Suir	45.81		IAAA
1901	Abandoned *		—		GAA (9' circle)
1901	Laurence A "Larry" Kiely	Carrick-On-Suir	39.68	urf	GAA
1902	Thomas Francis "Tom" Kiely	Carrick-On-Suir	45.81		IAAA (9' circle)
1902	Patrick "Paddy" Ryan	Pallasgreen	41.45		GAA (9' circle)

1902	Patrick "Paddy" Ryan	Pallasgreen	46.2	urf	GAA	
1903	Thomas Francis "Tom" Kiely	Carrick-On-Suir	40.69		IAAA	(9' circle)
1903	Thomas Francis "Tom" Kiely	Carrick-On-Suir	44.37		GAA	(9' circle)
1904	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	43.61		IAAA	(9' circle)
1904	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	46.53	urf	GAA	
1905	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	42.77		IAAA	(9' circle)
1905	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	45.26		GAA	(9' circle)
1906	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	45.77		IAAA	(9' circle)
1906	Con Walsh	Macroom	43.33		GAA	(9' circle)
1907	Denis Carey	Co. Dublin Harriers	38.96		IAAA	(9' circle)
1907	Laurence A. "Larry" Kiely	Ballyneale, Co. Tipperary	38.96		IAAA	
1907	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	45.95		GAA	(9' circle)
1908	John Murray	Inchicore	40.34		IAAA	(9' circle)
1908	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	45.42		GAA	(9' circle)
1909	John Murray	Inchicore	42.47		IAAA	(9' circle)
1909	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	47.07		GAA	(9' circle)
1910	Denis Carey	Dublin Metropolitan Police	45.21		IAAA	(9' circle)
1910	EJ Treacy	Oola, Co. Limerick	43.97		GAA	(9' circle)
1911	John J Flanagan	Kilmallock	52.53		IAAA	(9' circle)
1911	Tom Ludgate	Mallow	39.78		GAA	(9' circle)
1912	John J Flanagan	Kilmallock	50.50		IAAA	(9' circle)
1912	Michael Walsh	Carriganima, Co. Cork	40.84		GAA	(9' circle)
1913	Denis Carey	Dublin Metropolitan Police	47.24		IAAA	
1913	Michael Walsh	Carriganima, Co. Cork	38.96		GAA	
1914	Denis Carey	Polytechnic Harriers	47.27		IAAA	
1914	Tom Ludgate	Mallow	43.10		GAA	(9' circle)
1915	JJ Foley	Listowel	39.75		GAA	(9' circle)
1919	Pte Patrick "Paddy" Ryan	American Army	51.51		IAAA	
1919	William "Bill" Britton	Kilmallock, Co. Limerick	42.32		GAA	
1920	Patrick F "Paddy" Ryan	Dublin Metropolitan Police	43.33		IAAA	
1920	William "Bill" Britton	Kilmallock, Co. Limerick	43.89		GAA	
1921	J Byrne	Dublin Metropolitan Police	39.52		IAAA	
1921	William "Bill" Britton	Kilmallock, Co. Limerick	45.97		GAA	
1922	J Byrne	Dublin Metropolitan Police	42.16		IAAA	
1922	Martin Kennedy	Kilcommon, Co. Tipperary	44.12		GAA	
1923	William "Bill" Britton	Ballinamore, Co. Leitrim	45.91		NACAI	
1924	William "Bill" Britton	Ballinamore, Co. Leitrim	45.26		NACAI	
1925	William "Bill" Britton	Ballinamore, Co. Leitrim	43.48		NACAI	
1926	William "Bill" Britton	Ballinamore, Co. Leitrim	45.01		NACAI	
1927	Dr Patrick "Pat" O'Callaghan	Croke	43.36		NACAI	
1928	Dr Patrick "Pat" O'Callaghan	Kanturk, Co. Cork	49.53		NACAI	
1929	William "Bill" Britton	Cavan	45.72		NACAI	
1930	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	51.81		NACAI	
1931	Dr Patrick "Pat" O'Callaghan	Clonmel	51.48		NACAI	
1932	Dr Patrick "Pat" O'Callaghan	Clonmel	51.18		NACAI	
1933	William "Bill" Britton	Cavan	44.65		NACAI	
1934	Maurice Curtin	Father O'Leary, Cork	48.22		NACAI	
1935	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	48.42		NACAI	
1936	John J O'Doherty	Dublin Metropolitan Garda	46.84		NACAI	
1937	Bert Healion	Royal College of Surgeons, Ireland	45.60		AAUE	
1937	John J O'Doherty	Dublin Metropolitan Garda	47.89		NACAI	
1938	Bert Healion	Royal College of Surgeons, Ireland	50.66		AAUE	
1938	Dan Coyle	Cúchullain, Dundalk	56.90		NACAI	
1939	Bert Healion	Royal College of Surgeons, Ireland	47.34		AAUE	
1939	Maurice Curtin	Cork	48.83		NACAI	
1940	Bert Healion	Dublin	53.80		AAUE	
1940	Dan Coyle	Cúchullain, Dundalk	48.78		NACAI	
1941	Bert Healion	Erris	56.28		AAUE	
1941	John J O'Doherty	Dublin Metropolitan Garda	47.40		NACAI	
1942	Bert Healion	Erris	56.28		AAUE	
1942	Dan Coyle	Cúchullain, Dundalk	42.16		NACAI	
1942	Bert Healion	Erris	55.84		IAAB	
1943	Bert Healion	Erris	54.34		AAUE	
1943	Maurice Curtin	Cork	46.44		NACAI	
1943	Bert Healion	Erris	48.24		IAAB	
1944	Bert Healion	Erris	55.04		AAUE	
1944	Dan Coyle	Cúchullain, Dundalk	45.84		NACAI	
1945	Bert Healion	Erris	52.89		AAUE	

1945	Dan Coyle	Cúchullain, Dundalk	44.38	NACAI
1945	Duncan McDougall Clarke	Royal Ulster Constabulary	51.38	IAAB
1946	Tom McAnallen	Royal Ulster Constabulary	45.46	AAUE
1946	Maurice Curtin	Cork	47.55	NACAI
1946	Tom McAnallen	Royal Ulster Constabulary	45.46	IAAB
1947	Maurice Curtin	Clonliffe Harriers	43.38	AAUE
1947	Dan Coyle	Cúchullain, Dundalk	47.72	NACAI
1947	Tom McAnallen	Royal Ulster Constabulary	47.62	IAAB
1948	Dan Coyle	Crusaders	47.27	AAUE
1948	CQMS W Hyland	Southern Command		NACAI
1948	Tom McAnallen	Royal Ulster Constabulary	46.72	IAAB
1949	Charles James Reidy	South London Harriers	46.03	AAUE
1949	WJ Byrnes	Ballinasloe	40.03	NACAI
1950	Charles James Reidy	South London Harriers	46.36	AAUE
1950	Nicholas "Nixie" Comerford	Kilkenny	31.70	GH ‡ NACAI
1951	Charles James Reidy	South London Harriers	46.23	AAUE
1951	Flor Crowley	Doheny, Dunmanway, Co. Cork	32.06	GH NACAI
1951	Duncan McDougal Clark	Royal Ulster Constabulary	53.16	IAAB
1952	Charles James Reidy	South London Harriers	51.20	AAUE
1952	WJ Byrnes	Ballinasloe		NACAI
1952	Maurice Jones	Limerick	31.64	GH NACAI
1952	Duncan McDougal Clark	Royal Ulster Constabulary	51.92	IAAB
1953	Charles James Reidy	South London Harriers	48.31	AAUE
1953	WJ Byrnes	Ballinasloe	43.61	NACAI
1953	Charles James Reidy	South London Harriers	49.55	IAAB
1954	Pat Cleere	Civil Service	47.60	AAUE
1954	John J O'Doherty	Hammer Club	48.54	NACAI
1954	P Cleere	Civil Service	48.44	IAAB
1955	John Lawlor	Civil Service	50.10	AAUE
1955	John J O'Doherty	Civil Service	44.93	NACAI
1955	John Lawlor	Civil Service	49.96	IAAB
1956	Bert Healion	Clonliffe Harriers	52.70	AAUE
1956	John J O'Doherty	Civil Service	44.73	NACAI
1956	John Lawlor	Civil Service	54.21	IAAB
1957	Bert Healion	Erris	51.41	AAUE
1957	Tommy J Kelly	Civil Service	46.30	NACAI
1957	Bert Healion	Erris	51.86	IAAB
1958	Bert Healion	Erris	49.98	AAUE
1958	Tommy J Kelly	Civil Service	48.90	NACAI
1958	Jim Lally	Albert Foundry, Belfast	52.73	IAAB
1959	Bert Healion	Irish Field Events	49.07	AAUE
1959	John Keaty	Civil Service	47.56	NACAI
1959	Bert Healion	Irish Field Events	51.24	IAAB
1960	Bert Healion	Irish Field Events	50.14	AAUE
1960	John Keaty	Civil Service	53.39	NACAI
1960	Bert Healion	Irish Field Events	51.41	IAAB
1961	Bert Healion	Irish Field Events	47.84	AAUE
1961	Tommy J Kelly	Phoenix Harriers	49.16	NACAI
1961	John Lawlor	Boston University	60.41	IAAB
1962	Paul Healion	Irish Field Events	47.26	AAUE
1962	Patrick "Paddy" Crehan	St James's Gate	42.32	NACAI
1962	John Lawlor	Civil Service	56.88	IAAB
1963	Valentine "Val" McGann	Donore Harriers	37.87	AAUE
1963	Tommy J Kelly	Phoenix Harriers	50.50	NACAI
1963	Jim Lally	Albert Foundry, Belfast	42.98	IAAB
1964	Des Fitzsimons	Avondale	48.69	AAUE
1964	Hugh O'Callaghan	University College Cork	53.73	NACAI
1964	John Lawlor	Civil Service	57.22	IAAB
1965	John Lawlor	Civil Service	55.32	AAUE
1965	Hugh O'Callaghan	Toomevarra, Co. Tipperary	47.44	NACAI
1965	John Lawlor	Civil Service	55.32	IAAB
1966	John Lawlor	Civil Service	62.83	AAUE
1966	John Keaty	Phoenix Harriers	48.02	NACAI
1966	John Lawlor	Civil Service	65.24	IAAB
1967	Paul Healion	Crusaders	55.36	BLE
1968	Bernie Hartigan	Hillcrest, Co. Kildare	48.46	BLE
1969	Philip Conway	Crusaders	50.47	BLE
1970	Paul Healion	Crusaders	57.08	BLE

1971	Paul Healion	Crusaders	57.07	BLE
1972	Terry Gent	Newbridge	50.57	BLE
1973	Len Braham	St Finbarr's, Cork	52.06	BLE
1974	Bernie Hartigan	Limerick	58.20	BLE
1975	Bernie Hartigan	Limerick	55.98	BLE
1976	Eugene Lawlor	Thames Valley Harriers	58.72	BLE
1977	Eugene Lawlor	Thames Valley Harriers	60.50	BLE
1978	Sean Egan	Kildare	65.56	BLE
1979	Eugene Lawlor	St John's, Tralee	66.48	BLE
1980	Sean Egan	Donore Harriers	66.80	BLE
1981	Sean Egan	Donore Harriers	67.86	BLE
1982	Sean Egan	Donore Harriers	69.04	BLE
1983	Declan Hegarty	Civil Service	66.80	BLE
1984	Sean Egan	Donore Harriers	69.12	BLE
1985	Declan Hegarty	Civil Service	71.02	BLE
1986	Sean Egan	Donore Harriers	65.60	BLE
1987	Sean Egan	Donore Harriers	53.86	BLE
1988	<b>Conor McCullough</b>	<b>Crusaders</b>	<b>74.16</b>	<b>BLE</b>
1989	Gary Halpin	Kilkenny City Harriers	63.72	BLE
1990	Conor McCullough	Crusaders	67.62	BLE
1991	Conor McCullough	Crusaders	64.88	BLE
1992	Paddy McGrath	Raheny Shamrock	62.22	BLE
1993	Paddy McGrath	Raheny Shamrock	65.46	BLE
1994	Ronald Quinlan	WSAF	57.10	BLE
1995	Roman Linscheid	Donore Harriers	69.00	BLE
1996	Roman Linscheid	Donore Harriers	72.88	BLE
1997	Roman Linscheid	Donore Harriers	71.54	BLE
1998	Roman Linscheid	Donore Harriers	72.42	BLE
1999	Paddy McGrath	Raheny Shamrock	72.01	BLE
2000	Paddy McGrath	Raheny Shamrock	69.00	AAI
2001	Roman Linscheid	Donore Harriers	69.53	AAI
2002	Roman Linscheid	Donore Harriers	69.63	AAI
2003	Roman Linscheid	Donore Harriers	66.02	AAI
2004	Paddy McGrath	Raheny Shamrock	68.67	AAI
2005	Mark Hanily	Fr Murphys	56.33	AAI
2006	Padraig White	University College Dublin	56.42	AAI
2007	Paddy McGrath	Raheny Shamrock	66.96	AAI
2008	Padraig White	University College Dublin	56.69	AAI
2009	Padraig White	University College Dublin	57.41	AAI
2010	Padraig White	Dunboyne	61.03	AAI
2011	Conor McCullough	Crusaders	72.67	AAI
2012	Conor McCullough	Crusaders	72.51	AAI
2013	Conor McCullough	Crusaders	70.75	AAI
2014	Conor McCullough	Crusaders	72.81	AAI
2015	Padraig White	Dunboyne	60.13	AAI
2016	Padraig White	Dunboyne	61.19	AAI
2017	Ryan McCullough	Donore Harriers	65.84	AAI
2018	Owen Russell	St. Andrew's, Ashbourne	65.91	AAI
2019	Owen Russell	St. Andrew's, Ashbourne	61.88	AAI
2020	Brendan O'Donnell	Lifford-Strabane	64.62	AAI
2021	Sean Mockler	Moycarkey Coolcree	67.18	AAI
2022	Sean Mockler	Moycarkey Coolcree	65.33	AAI
2023	Sean Mockler	Moycarkey Coolcree	64.49	AAI
2024	Sean Mockler	Moycarkey Coolcree	66.22	AAI
2025	Sean Mockler	Moycarkey Coolcree	65.62	AAI

## Javelin

### Most titles

**Terry McHugh - 21**

**1984, 85, 86, 87, 88, 89, 90, 91, 92, 93  
94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04**

### Championship Record

oj **Terry McHugh**  
**Terry McHugh**

**70.30 1985**  
**80.27 2000**

1922	Eamonn NM O'Sullivan	University College Dublin	36.43	oj	GAA
1923	M O'Halloran	Clonliffe Harriers	35.99	oj	NACAI
1924	Sean Keavy	C.J. Kickham	42.91	oj	NACAI
1925	Sean Keavy	C.J. Kickham	46.20	oj	NACAI
1926	Sean Keavy	C.J. Kickham	47.28	oj	NACAI
1927	Sean Keavy	Cork	49.19	oj	NACAI
1928	Sean Keavy	Cork	46.81	oj	NACAI
1929	Tom Healy	Dublin Metropolitan Garda	45.77	oj	NACAI
1930	Tom Healy	Dublin Metropolitan Garda	46.96	oj	NACAI
1931	Tom Healy	Dublin Metropolitan Garda	46.12	oj	NACAI
1932	JC Conroy	Dublin University	42.86	oj	NACAI
1933	Sgt Michael "Mick" Waters	Cloonacool, Co. Sligo	44.73	oj	NACAI
1934	Sgt Michael "Mick" Waters	Cloonacool, Co. Sligo	51.41	oj	NACAI
1935	P Fallon	Louisburgh, Co. Mayo	47.22	oj	NACAI
1936	Sgt Michael "Mick" Waters	Tipperary Garda	47.47	oj	NACAI
1937	JJ McGettigan	Dublin Metropolitan Garda	49.48	oj	NACAI
1938	Sgt Michael "Mick" Waters	Templemore	48.69	oj	NACAI
1939	Sgt Michael "Mick" Waters	Castlecomer	46.10	oj	NACAI
1940	Leonard Nicholas "Len" Horan	Dublin University	45.92	oj	AAUE
1940	Sgt Michael "Mick" Waters	Enniscorthy	49.10	oj	NACAI
1941	Leonard Nicholas "Len" Horan	Hermes	42.52	oj	AAUE
1941	Sgt Michael "Mick" Waters	Enniscorthy	50.86	oj	NACAI
1942	D N Richman	Hermes	46.20	oj	AAUE
1942	John J "Jack" Guiney	Dublin Metropolitan Garda	47.31	oj	NACAI
1942	Leonard Nicholas "Len" Horan	Hermes	46.91	oj	IAAB
1943	Leonard Nicholas "Len" Horan	Hermes	48.99	oj	AAUE
1943	Sgt Michael "Mick" Waters	Enniscorthy	45.49	oj	NACAI
1943	JJS Clarke	Royal Ulster Constabulary	49.11	oj	IAAB
1944	DA Wallace	Dublin University	42.16	oj	AAUE
1944	Sgt Michael "Mick" Waters	Enniscorthy	46.78	oj	NACAI
1944	JJS Clarke	Royal Ulster Constabulary	51.56	oj	IAAB
1945	Michael Gleeson	Donore Harriers	42.76	oj	AAUE
1945	Sgt Michael "Mick" Waters	Enniscorthy	47.20	oj	NACAI
1945	HM Taylor	Methodist College Belfast	43.92	oj	IAAB
1946	CJ Ryan	Hermes	45.67	oj	AAUE
1946	Sgt Michael "Mick" Waters	Enniscorthy	46.99	oj	NACAI
1946	CJ Ryan	Hermes	45.33	oj	IAAB
1947	Michael Gleeson	Donore Harriers	50.38	oj	AAUE
1947	Sgt Michael "Mick" Waters	Enniscorthy	45.59	oj	NACAI
1947	Michael Gleeson	Donore Harriers	45.81	oj	IAAB
1948	Michael Gleeson	Donore Harriers	46.90	oj	AAUE
1948	John Malone	Leixlip	47.64	oj	NACAI
1948	HM Taylor	Queens University Belfast	48.81	oj	IAAB
1949	Michael Gleeson	Donore Harriers	45.38	oj	AAUE
1949	John Malone	University College Dublin	48.08	oj	NACAI
1949	Michael Gleeson	Donore Harriers	47.78	oj	IAAB
1950	Michael Gleeson	Donore Harriers	51.03	oj	AAUE
1950	Brendan O'Reilly	St James's Gate	52.86	oj	NACAI
1950	Michael Gleeson	Donore Harriers	49.16	oj	IAAB
1951	Richard DW Miller	Dublin University	53.77	oj	AAUE
1951	John Malone	University College Dublin	47.73	oj	NACAI
1951	TAM Gregg	Queens University Belfast	54.81	oj	IAAB
1952	Michael Gleeson	Donore Harriers	48.81	oj	AAUE

1952	Brendan O'Reilly	St James's Gate	52.12	oj	NACAI
1952	Richard DW Miller	Dublin University	62.36	oj	IAAB
1953	John Burgess Lawson	Dublin University	49.76	oj	AAUE
1953	Michael Gleeson	St James's Gate	51.10	oj	NACAI
1953	Kevin Flanagan	Royal Ulster Constabulary	63.78	oj	IAAB
1954	John Burgess Lawson	Dublin University	48.49	oj	AAUE
1954	Michael Gleeson	St James's Gate	50.50	oj	NACAI
1954	Kevin Flanagan	Royal Ulster Constabulary	51.28	oj	IAAB
1955	John Burgess Lawson	Dublin University	53.06	oj	AAUE
1955	Pat Ozieh	University College Cork	53.50	oj	NACAI
1955	Alex Cregg	Collegians	53.06	oj	IAAB
1956	John Burgess Lawson	Dublin University	55.78	oj	AAUE
1956	Dermot Nugent	Armagh	53.18	oj	NACAI
1956	John Burgess Lawson	Dublin University	57.73	oj	IAAB
1957	John Burgess Lawson	Dublin University	51.51	oj	AAUE
1957	Dermot Nugent	Armagh	52.74	oj	NACAI
1957	DG Andrews	9th Old Boys	57.84	oj	IAAB
1958	John Burgess Lawson	Crusaders	52.04	oj	AAUE
1958	Dermot Nugent	Armagh	51.00	oj	NACAI
1958	John Burgess Lawson	Crusaders	56.88	oj	IAAB
1959	John Burgess Lawson	Crusaders	61.62	oj	AAUE
1959	Denis Twomey	Celtic	52.74	oj	NACAI
1959	John Burgess Lawson	Crusaders	61.23	oj	IAAB
1960	John Burgess Lawson	Crusaders	55.38	oj	AAUE
1960	Liam F Gleeson	Nenagh Olympic	48.85	oj	NACAI
1960	John Burgess Lawson	Crusaders	63.13	oj	IAAB
1961	Henry Kennedy-Skipton	Dublin University	58.20	oj	AAUE
1961	Liam F Gleeson	Nenagh Olympic	55.76	oj	NACAI
1961	John Burgess Lawson	Crusaders	65.35	oj	IAAB
1962	John Burgess Lawson	Crusaders	63.80	oj	AAUE
1962	Denis Twomey	University College Dublin	62.24	oj	NACAI
1962	J Horsfall	Ballymena	61.58	oj	IAAB
1963	John Burgess Lawson	Crusaders	60.85	oj	AAUE
1963	Denis Twomey	University College Dublin	60.12	oj	NACAI
1963	John Burgess Lawson	Crusaders	64.84	oj	IAAB
1964	John Burgess Lawson	Crusaders	59.08	oj	AAUE
1964	Denis Twomey	University College Dublin	61.04	oj	NACAI
1964	John Burgess Lawson	Crusaders	62.71	oj	IAAB
1965	John Burgess Lawson	Crusaders	62.71	oj	AAUE
1965	Hugh O'Callaghan	Toomevarra, Co. Tipperary	54.38	oj	NACAI
1965	John Burgess Lawson	Crusaders	61.36	oj	IAAB
1966	Louis Jordan	Crusaders	47.85	oj	AAUE
1966	Denis Twomey	Guinness	57.72	oj	NACAI
1966	G Thuneke	Dublin University	64.46	oj	IAAB
1967	Denis Twomey	Guinness	63.57	oj	BLE
1968	Denis Twomey	Guinness	59.16	oj	BLE
1969	Louis Jordan	Crusaders	55.52	oj	BLE
1970	Denis Twomey	Guinness	61.67	oj	BLE
1971	Denis Twomey	Guinness	56.85	oj	BLE
1972	Pat Moore	Leevale	55.91	oj	BLE
1973	Pat Moore	Leevale	61.85	oj	BLE
1974	Pat Moore	Leevale	61.64	oj	BLE
1975	Pat Moore	Leevale	64.54	oj	BLE
1976	Pat Moore	Leevale	61.86	oj	BLE
1977	Pat Moore	Leevale	62.60	oj	BLE
1978	Mick Slattery	Dublin City Harriers	61.75	oj	BLE
1979	Peter Ruffli	Unattached	59.52	oj	BLE
1980	Peter Ruffli	Crusaders	65.16	oj	BLE
1981	Harry Southern	St Laurence O'Toole's	64.86	oj	BLE
1982	Mark O'Connor	Raheny Shamrock	65.66	oj	BLE
1983	Kevin McBrearty	South Donegal	58.08	oj	BLE
1984	Terry McHugh	Dublin City Harriers	68.82	oj	BLE
1985	<b>Terry McHugh</b>	<b>Dublin City Harriers</b>	<b>70.30</b>	<b>oj</b>	<b>BLE</b>
1986	Terry McHugh	Dublin City Harriers	67.16		BLE
1987	Terry McHugh	Dublin City Harriers	71.26		BLE
1988	Terry McHugh	Dublin City Harriers	69.20		BLE
1989	Terry McHugh	Dublin City Harriers	74.42		BLE
1990	Terry McHugh	Dublin City Harriers	75.90		BLE

1991	Terry McHugh	Dublin City Harriers	75.52	BLE
1992	Terry McHugh	Dublin City Harriers	75.40	BLE
1993	Terry McHugh	Dublin City Harriers	72.28	BLE
1994	Terry McHugh	Dublin City Harriers	72.32	BLE
1995	Terry McHugh	Dublin City Harriers	71.76	BLE
1996	Terry McHugh	Dublin City Harriers	73.92	BLE
1997	Terry McHugh	Dublin City Harriers	70.80	BLE
1998	Terry McHugh	Dublin City Harriers	72.94	BLE
1999	Terry McHugh	Dublin City Harriers	74.24	BLE
2000	<b>Terry McHugh</b>	<b>Dublin City Harriers</b>	<b>80.27</b>	<b>AAI</b>
2001	Terry McHugh	Dublin City Harriers	77.20	AAI
2002	Terry McHugh	Dublin City Harriers	71.56	AAI
2003	Terry McHugh	Dublin City Harriers	71.45	AAI
2004	Terry McHugh	Dublin City Harriers	67.27	AAI
2005	Michael McConkey	North Down	63.69	AAI
2006	Niall Tuckey	Crusaders	58.70	AAI
2007	Mindaugas Kurcenkovacs	Galway City Harriers	58.76	AAI
2008	Juraj Kubiš	Kilkenny City Harriers	61.41	AAI
2009	Juraj Kubiš	Kilkenny City Harriers	59.54	AAI
2010	Aaron Crawford	Strabane Track Club	61.91	AAI
2011	Aaron Crawford	Strabane Track Club	63.27	AAI
2012	Matthew Martin	North Down	61.37	AAI
2013	Rory Gunning	Fr. Murphy	56.58	AAI
2014	Rory Gunning	Fr. Murphy	59.22	AAI
2015	Sean McBride	Strabane TC	63.21	AAI
2016	Rory Gunning	Clonliffe Harriers	61.15	AAI
2017	Stephen Rice	Clonliffe Harriers	62.94	AAI
2018	Stephen Rice	Clonliffe Harriers	66.95	AAI
2019	Stephen Rice	Clonliffe Harriers	69.75	AAI
2020	Stephen Rice	Clonliffe Harriers	72.73	AAI
2021	Conor Cusack	Lake District	72.13	AAI
2022	Conor Cusack	Lake District	64.55	AAI
2023	Oisin Joyce	Lake District	70.56	AAI
2024	Oisin Joyce	Lake District	59.57	AAI
2025	Conor Cusack	Lake District	75.42	AAI

## Decathlon/ All-Round

### Most titles

**Paddy Guiney - 6**

**1943, 44, 45, 46, 47, 48**

**Louis Jordan - 6**

**1964, 65, 66, 68, 69, 70**

### Championship Record

**Colin Boreham**

**7326 1980**

**Barry Walsh**

**7083 1991**

*1985 Tables*

### Venue

1888	Pat Davin	Carrick-On-Suir	25 pts	IAAA	Ballsbridge
1890	Tom Donovan	Edinburgh Univ & QCC	28 pts	IAAA	Ballsbridge
1891	JP Sullivan	Killorgan, Co. Kerry	31 pts	IAAA	Ballsbridge
1892	Thomas Francis "Tom" Kiely	Carrick-On-Suir	31 pts	IAAA	Ballsbridge
1893	Thomas Francis "Tom" Kiely	Carrick-On-Suir	29 pts	IAAA	Ballsbridge
1894	Thomas Francis "Tom" Kiely	Carrick-On-Suir	21 pts	IAAA	Ballsbridge
1895	Tom Wood	Enniskean, Co. Cork	37 pts	GAA	Clonmel
1896	Tom Wood	Enniskean, Co. Cork	35 pts	GAA	Tipperary
1897	Not Held				
1898	Thomas Francis "Tom" Kiely	Carrick-On-Suir	30 pts	GAA	Tipperary
1915	John O'Grady	Caherconlish (Throwing)	12 pts	GAA	Dungarvan
1915	JK Beasley	Upton, Co. Cork (Jumping)	13 pts	GAA	Dungarvan
1915	John J "JJ" Ryan	Dromline, Co. Tipperary (Running)	14 pts	GAA	Dungarvan
1920	William "Bill" Shanahan	Thurles	23pts	GAA	Kilmallock
1927	Con O'Connor (tied)	Dublin Metropolitan Garda	20pts	NACAI	Croke Park
1927	William "Bill" Shanahan (tied)	Dublin Metropolitan Garda	20pts	NACAI	Croke Park
1928	Con O'Callaghan	Duhallow, Co. Cork	6012	NACAI	Phoenix Park
1936	Edward "Ned" Tobin	Dublin Metropolitan Garda	5367	NACAI	Killarney
1937	Edward "Ned" Tobin	Dublin Metropolitan Garda	6136	NACAI	Carrick-on-Suir
1938	Timothy J "Ted" Guiney	Duhallow, Co. Cork	5536	NACAI	Cashel
1939	Timothy J "Ted" Guiney	Duhallow, Co. Cork	5910	NACAI	Mitchelstown
1940	John J Guiney	Dublin Metropolitan Garda	5643	NACAI	Tipperary Town
1942	John J Guiney	Dublin Metropolitan Garda	5865	NACAI	Kilmallock
1943	Patrick Valentine Guiney	Dublin City Harriers	5809	NACAI	Clonmel
1944	Patrick Valentine Guiney	Dublin City Harriers	5404	NACAI	Iveagh Grounds, Crumli
1945	Leonard Nicholas Horan	Hermes	4459	AAUE	College Park
1945	Patrick Valentine Guiney	Celtic, Dublin	5269	NACAI	Cappoquin
1946	Patrick Valentine Guiney	Celtic, Dublin	4547	NACAI	Belfield, UCD
1947	Patrick Valentine Guiney	Celtic, Dublin	4495	NACAI	Belfield, UCD
1948	Lt Theo M Ryan	Crusaders	5021	AAUE	Phoenix Park
1948	Patrick Valentine Guiney	Celtic, Dublin	5139	NACAI	Belfield, UCD
1949	Terence George Davis	Dublin University	5165	AAUE	College Park
1949	Valentine "Val" McGann	Metropolitan Harriers	5042	NACAI	Phoenix Park
1950	Jan Hendrick Hofmeyr	Dublin University	5289	AAUE	College Park
1950	Valentine "Val" McGann	St James's Gate	5403	NACAI	Iveagh Grounds, Crumli
1951	F.J. "Jim" McGrath	Queen's University Belfast	4508	AAUE	College Park
1951	Brendan O'Reilly	St James's Gate	5216	NACAI	Phoenix Park
1952	F.J. "Jim" McGrath	Queen's University Belfast	4679	AAUE	College Park
1952	Valentine "Val" McGann	St James's Gate	5559	NACAI	Ringsend
1953	Valentine "Val" McGann	St James's Gate	5499	NACAI	Ringsend
1954	Fionnbar Callanan	University College Dublin	4583	NACAI	Belfield
1955	F.J. "Jim" McGrath	Queen's University Belfast	4668	AAUE	Belfast
1955	Pat Monaghan	Bannside, Co. Antrim	4177	NACAI	Belfield
1956	Lieut. Mick O'Farrell	Clonmel	4333	NACAI	Belfield
1957	Pat Naughton	Nenagh Olympic	4990	NACAI	Phoenix Park
1958	Sean Moore	St Finbarr's Cork	4757	NACAI	Crumlin
1959	Karl Bornemann	Crusaders	4139	AAUE	Phoenix Park

1959	Pat Naughton	St Finbarr's Cork	5042	NACAI	Santry
1960	Tjerand Tormod Lunde	Dublin University	4606	AAUE	Curragh
1960	Pat Naughton	St Finbarr's Cork	4450	NACAI	Santry
1961	Tjerand Tormod Lunde	Dublin University	5274	AAUE	Crumlin
1961	Hugh O'Callaghan	Clonmel	4785	NACAI	Santry
1962	Noel Hoffman	Clonliffe Harriers	5582	AAUE	Crumlin
1962	Denis Twomey	University College Dublin	5179	NACAI	Santry
1963	Valentine "Val" McGann	Donore Harriers	4077	AAUE	Cork
1963	Denis Twomey	University College Dublin	5001	NACAI	Santry
1964	Louis Jordan	Crusaders	4103	AAUE	Crumlin
1964	Denis Twomey	University College Dublin	5389	NACAI	Santry
1965	Louis Jordan	Crusaders	5172	AAUE	Crumlin
1965	Denis Twomey	Celtic, Dublin	5794	NACAI	Santry
1966	Louis Jordan	Crusaders	5109	AAUE	Crumlin
1966	Denis Twomey	Guinness	5581	NACAI	Crumlin
1967	Rodney Hecksher	Rockwell College	5784	BLE	Santry Stadium
1968	Louis Jordan	Crusaders	5871	BLE	Santry Stadium
1969	Louis Jordan	Crusaders	6017	BLE	Iveagh Grounds, Crumli
1970	Louis Jordan	Crusaders	6671	BLE	Santry Stadium
1971	Shay Fitzpatrick	Waterford	5186	BLE	Santry Stadium
1972	Brendan Curtin	University College Dublin	6009	BLE	Santry Stadium
1973	Brendan Curtin	University College Dublin	4842	‡ BLE	Gormanston College
1974	John "Johnny" O'Brien	Waterford	5830	BLE	Belfield, UCD
1975	John "Johnny" O'Brien	Waterford	5959	BLE	Limerick
1976	John "Johnny" O'Brien	Waterford	5961	BLE	Belfield, UCD
1977	Jim McKee	Belfast	5472	BLE	Limerick
1978	Eddie Williams	Mullingar Harriers	6205	BLE	Belfield, UCD
1979	Kevin Atkinson	City of Stoke & Mulligar Harriers	6818	BLE	Tullamore Harriers Stad
1980	<b>Colin Boreham</b>	<b>Ballymena &amp; Antrim</b>	<b>7326</b>	<b>BLE</b>	Tullamore Harriers Stad
1981	Sean Carlin	Finn Valley	7220	BLE	Tullamore Harriers Stad
1982	Kevin Atkinson	City of Stoke & Mulligar Harriers	7260	BLE	Tullamore Harriers Stad
1983	Kevin Atkinson	City of Stoke & Mulligar Harriers	7149	BLE	Tullamore Harriers Stad
1984	Brendan Curtin	Crusaders	7387	BLE	Belfield, UCD
1985	Brendan Curtin	Crusaders	6736	BLE	Belfield, UCD
1986	Barry Walsh	Limerick	7005	BLE	Belfield, UCD
1987	Ian Condron	Lisburn	6062	BLE	Belfield, UCD
1988	Ian Condron	Lisburn	6092	BLE	Belfield, UCD
1989	Ian Condron	Lisburn	6263	BLE	Tullamore Harriers Stad
1990	Ian Condron	Lisburn	6008	BLE	Tullamore Harriers Stad
1991	<b>Barry Walsh</b>	<b>Limerick</b>	<b>7083</b>	<b>BLE</b>	Waterford RTC
1992	John Naughton	Nenagh Olympic	6193	BLE	Belfield, UCD
1993	John Naughton	Nenagh Olympic	5971	BLE	Belfield, UCD
1994	Joe Naughton	Nenagh Olympic	5964	BLE	Belfield, UCD
1995	Ian Condron	Lisburn	5954	BLE	Belfield, UCD
1996	John Hallissey	Waterford	5989	BLE	morton Stadium, Santry
1997	Joe Naughton	Nenagh Olympic	6566	BLE	Morton Stadium, Santry
1998	Joe Naughton	Nenagh Olympic	6996	BLE	Belfield, UCD
1999	Brendan McConville	North Down	6397	BLE	Belfield, UCD
2000	Jonathan McCabe	Drogheda & District	4292	AAI	Tullamore Harriers Stad
2001	Cathal McGinley	Tir Chonaill	6149	AAI	Tullamore Harriers Stad
2002	Ciaran Doherty	Cardiff	5645	AAI	Navan
2003	John Kierans	Dunleer	5402	AAI	Kilkenny
2004	Kevin Burke	Doneen	6103	AAI	Navan
2005	Kevin Burke	Crusaders	5899	AAI	Navan
2006	Not held		—	AAI	—
2007	Philip Kearney	Tralee Harriers	5606	AAI	Greystones
2008	Philip Kearney	Tralee Harriers	5694	AAI	Greystones
2009	Ricky O'Gara	Roscommon	3602	AAI	Greystones
2010	William Finnegan	Craughwell	4103	AAI	Tullamore Harriers Stad
2011	Patrick Curran	Tallaght	4772	AAI	Tullamore Harriers Stad
2012	Michael Bowler	Kilkenny City Harriers	5992	AAI	Morton Stadium, Santry
2013	David McCarthy	Le Cheile	5644	AAI	Tullamore Harriers Stad
2014	Kourosh Foroughi	Star of the Sea	6303	AAI	Tullamore Harriers Stad
2015	Kourosh Foroughi	Star of the Sea	6227	AAI	Templemore Stadium
2016	Shane Aston	Trim	6398	AAI	Morton Stadium, Santry
2017	Shane Aston	Trim	6540	AAI	Morton Stadium, Santry
2018	Shane Aston	Trim	6776	AAI	Morton Stadium, Santry
2019	Michael Breathnach	Galway City Harriers	5032	AAI	Morton Stadium, Santry

<b>2020</b>	Rolus Olusa	Clonliffe Harriers	6400	AAI	Morton Stadium, Santry
<b>2021</b>	Rolus Olusa	Clonliffe Harriers	6900	AAI	Morton Stadium, Santry
<b>2022</b>	David Dagg	Dundrum South Dublin	5268	AAI	Morton Stadium, Santry
<b>2023</b>	Jack Forde	St. Killian's	6211	AAI	Morton Stadium, Santry
<b>2024</b>	Jack Forde	St. Killian's	5902	AAI	Morton Stadium, Santry
<b>2025</b>	Lorcan Murphy	Dundrum South Dublin	6305	AAI	SETU Carlow

## 1 Mile / 2 Miles / 3 Miles / 3,000 m Walk

### Most titles

1m	Neil Maguire-5	1953, 54, 55, 56, 57
2m	John O'Brien -2	1903, 06
2m	DV Sullivan -2	1909, 10
2m	Jack Milner -2	1935, 36
3m	Tim Carroll -7	1888, 92 × 2, 93 × 2, 95, 96
3K	Jimmy McDonald-4	1982, 83, 84, 87

### Championship Record

1m	Paul Nihill	6.31.4 1964
2m	W Hanley	14.41.6 1907
3m	George A Dormer	20.14.0 1889
3K	Jimmy McDonald	12.06.89 1987

1885	J Hennessy	University College Cork	23.38.0	3m	GAA
1886	William Gardiner	Hertford	22.30.0	3m	IAAA
1887	William J Jefferson	Kingstown (Dún Laoghaire)	23.52.0	3m	IAAA
1887	Michael J Hayes	Hospital, Co. Limerick	23.12.0	3m	GAA
1888	George A Dormer	Staplestown, Co. Carlow	23.03.8	3m	IAAA
1888	Tim Carroll	Aherlow, Co. Tipperary	22.51.8	3m	IAAA
1889	George A Dormer	Kingstown (Dún Laoghaire)	23.10.0	3m	IAAA
1889	<b>George A Dormer</b>	<b>Palatine, Co. Carlow</b>	<b>20.14.0</b>	3m	IAAA
1890	George A Dormer	Kingstown (Dún Laoghaire)	24.49.0	3m	IAAA
1890	George A Dormer	Kingstown (Dún Laoghaire)	23.39.4	3m	IAAA
1891	WW Furlong	Shemalier GAC, Co. Wexford	23.55.0	3m	GAA
1891	WW Furlong	Shemalier GAC, Co. Wexford	23.52.2	3m	GAA
1892	Tim Carroll	Aherlow, Co. Tipperary	23.02.6	3m	GAA
1892	Tim Carroll	Aherlow, Co. Tipperary	23.10.0	3m	GAA
1893	Tim Carroll	Aherlow, Co. Tipperary	23.02.4	3m	<b>GAA</b>
1893	Tim Carroll	Aherlow, Co. Tipperary	NT	3m	GAA
1894	George A Dormer	Kingstown (Dún Laoghaire)	23.24.8	3m	GAA
1895	Tim Carroll	Aherlow, Co. Tipperary	23.42.6	3m	GAA
1896	Tim Carroll	Aherlow, Co. Tipperary	21.24.2	3m	GAA
1899	Martin K Forrester	Celtic, Dublin	25.57.0	3m	GAA
1900	Martin K Forrester	Celtic, Dublin	22.50.2	3m	IAAA
1901	George Deyermond	Linfield, Belfast	22.17.4	3m	IAAA
1902	George Deyermond	Linfield, Belfast	25.40.0	3m	IAAA
1903	Martin K Forrester	Celtic, Dublin	23.57.0	3m	IAAA
1903	John O'Brien	Dublin	15.59.4	2m	GAA
1904	Jim Hegarty	Dublin	NT	1m	GAA
1904	Samuel Kernaghan	Belfast	23.21.6	3m	IAAA
1905	Samuel Kernaghan	Belfast	23.54.8	3m	IAAA
1906	John J Reid	Clonliffe Harriers	24.08.8	3m	IAAA
1906	John O'Brien	Dublin	14.58.0	2m	GAA
1907	<b>W Hanley</b>	Dublin	<b>14.41.6</b>	2m	<b>GAA</b>
1907	John J Reid	Clonliffe Harriers	24.20.6	3m	IAAA
1908	John J Reid	Clonliffe Harriers	23.11.4	3m	IAAA
1908	B Brown	London Irish	NT	2m	GAA
1909	DV Sullivan	Ballincollig, Co. Cork	15.57.2	2m	GAA
1909	William J Hamilton	Oldpark, Belfast	22.43.8	3m	IAAA
1910	William J Hamilton	Oldpark, Belfast	NT	3m	IAAA
1910	DV Sullivan	Ballincollig, Co. Cork	NT	2m	GAA
1919	William Campbell	Willowfield, Belfast	6.55.8	1m	IAAA
1920	William Campbell	Willowfield, Belfast	23.53.4	3m	IAAA
1921	William Campbell	Willowfield, Belfast	24.34.0	3m	IAAA
1931	TJ Penny	Willowfield, Belfast	7.52.0	1m	NACAI
1932	GHA Frazer	Lisburn Royal Ulster Constabulary	7.45.6	1m	NACAI

1933	J Hackett	Phoenix Harriers	7.25.0	1m	NACAI
1934	PJ Frost	Limerick City	7.36.6	1m	NACAI
1934	PJ Frost	Limerick City	15.14.2	2m	NACAI
1935	Jack Milner	Ballymurphy, Co. Cork	15.48.0	2m	NACAI
1936	Jack Milner	Ballymurphy, Co. Cork	17.12.0	2m	NACAI
1937	T Byrne	Noreside	NT	2m	NACAI
1945	JC Ryan	Bansha, Co. Tipperary	7.50.0	1m	NACAI
1946	JC Ryan	Galtymore, Co. Tipperary	7.25.0	1m	NACAI
1947	J Meagher	South Dublin	6.36.0	1m	NACAI
1948	Edward J Kennedy	Crokes, Thurles	6.45.0	1m	NACAI
1951	Edward J Kennedy	Coolcuro, Co. Tipperary	7.26.0	1m	AAUE
1952	James Paul Carragher	Dublin University	NT	1m	AAUE
1953	Neil Maguire	Civil Service	8.03.0	1m	AAUE
1954	Neil Maguire	Civil Service	7.55.6	1m	AAUE
1955	Neil Maguire	Civil Service	7.48.2	1m	AAUE
1956	Neil Maguire	Civil Service	7.32.0	1m	AAUE
1957	Neil Maguire	Civil Service	7.01.9	1m	AAUE
1958	Con Hearty	Civil Service	7.27.0	1m	AAUE
1958	Con Hearty	Civil Service	7.31.6	1m	IAAB
1959	John Dowling	Sheffield United Harriers	7.23.5	1m	AAUE
1960	Con Hearty	Civil Service	6.55.3	1m	AAUE
1961	Con Hearty	Civil Service	7.12.8	1m	AAUE
1962	Vincent "Paul" Nihill	Surrey Walking Club	6.55.0	1m	AAUE
1964	<b>Vincent "Paul" Nihill</b>	<b>Surrey Walking Club</b>	<b>6.31.4</b>	1m	<b>AAUE</b>
1965	John O'Leary	Clonliffe Harriers	15.00.2	2m	IAAB
1966	John O'Leary	Clonliffe Harriers	14.49.6	2m	AAUE
1966	John O'Leary	Clonliffe Harriers	15.37.8	2m	IAAB
1972	John Mackey	St Joseph's, Co. Kilkenny	14.02.0	3K	BLE
1973	John Mackey	St Joseph's, Co. Kilkenny	13.32.8	3K	BLE
1974	John Mackey	St Joseph's, Co. Kilkenny	13.32.8	3K	BLE
1975	Fintan Walsh	Waterford	14.54.2	3K	BLE
1976	Jim Sheehan	Dungarvan	14.07.0	3K	BLE
1977	Jim Sheehan	Dungarvan	13.50.9	3K	BLE
1978	Jim Sheehan	Dungarvan	14.24.2	3K	BLE
1979	Bernie O'Callaghan	Ashbourne St Andrew's	13.36.4	3K	BLE
1980	Bernie O'Callaghan	Ashbourne St Andrew's	13.32.4	3K	BLE
1981	Bernie O'Callaghan	Ashbourne St Andrew's	13.32.9	3K	BLE
1982	Jimmy McDonald	Slaneyside	13.39.84	3K	BLE
1983	Jimmy McDonald	Slaneyside	13.09.82	3K	BLE
1984	Jimmy McDonald	Slaneyside	13.25.95	3K	BLE
1985	Peter Costelloe	Mullingar Harriers	13.18.78	3K	BLE
1986	Michael Lane	Mullingar Harriers	13.04.01	3K	BLE
1987	<b>Jimmy McDonald</b>	<b>Slaneyside</b>	<b>12.06.89</b>	<b>3K</b>	<b>BLE</b>
1988	Pat Murphy	Castleisland	12.43.42	3K	BLE
1989	Paul Flynn	Calry, Co. Sligo	13.37.0	3K	BLE

Discontinued

## 10,000m Walk Track

7 Miles / 11,265.4m (1873-1886)

Most titles						
7m	Frederick St John Worrall - 3			1877, 78, 79		
7m	CB Irwin - 3			1881, 82, 83		
10km	Jimmy McDonald - 10			1983, 84, 85, 86, 87, 88, 89, 90, 91, 96		
Championship Record						Venue
7m	J Hennessy		53.17.2	1886		
10km	Robert Heffernan		38.27.57	2008		
1873	William Hume Hart	Dublin University	60.02.6	7m	Irish Champions AC	
1874	WM Worrall	Irish Champions AC	59.11.0	7m	Irish Champions AC	
1875	FJ Ball	Irish Champions AC	58.03.0	7m	Irish Champions AC	
1876	Willis C Williams	Dundrum	58.17.0	7m	Irish Champions AC	
1877	Frederick St John Worrall	Irish Champions AC	56.58.0	7m	Irish Champions AC	
1878	Frederick St John Worrall	Irish Champions AC	58.10.0	7m	Irish Champions AC	
1879	Frederick St John Worrall	Irish Champions AC	53.48.0	7m	Irish Champions AC	
1880	CF Martin	Irish Champions AC	58.41.5	7m	Irish Champions AC	
1881	CB Irwin	Dundalk FC	58.04.0	7m	Irish Champions AC	
1882	CB Irwin	Dundalk FC	57.56.4	7m	AAAI	
1883	CB Irwin	Dundalk FC	57.45.0	7m	AAAI	
1884	Michael J Hayes	Limerick A & BC	57.20.2	7m	AAAI	
1885	Herbert Brownlow Kennedy	Dublin University	57.36.8	7m	IAAA	
1886	J Hennessy	Queen's College Cork	53.17.2	7m	GAA	
1973	Fintan Walsh	Waterford	55.51.0	7m	BLE	Thurles
1973	John Mackey	St Joseph's, Co. Kilkenny	49.35.1		BLE	Gormanston College
1974	John O'Leary	Clonliffe Harriers	49.42.4		BLE	
1975	Tommy Griffin	Clonliffe Harriers	50.53.7		BLE	
1976	Jim Sheehan	Dungarvan	48.56.6		BLE	
1977	Jim Sheehan	Dungarvan	49.38.2		BLE	
1978	Jim Sheehan	Dungarvan	51.09.7		BLE	
1979	Tim Hayes	Medway, UK	50.40.4		BLE	
1980	Bernie O'Callaghan	Ashbourne St Andrew's	48.55.68		BLE	Belfield, UCD
1981	Bernie O'Callaghan	Ashbourne St Andrew's	46.23.04		BLE	Morton Stadium, Santry
1982	Ray Flynn	Calry, Co. Sligo	48.54.32		BLE	Morton Stadium, Santry
1983	Jimmy McDonald	Slaneyside	48.09.01		BLE	Belfield, UCD
1984	Jimmy McDonald	Slaneyside	49.05.70		BLE	Belfield, UCD
1985	Jimmy McDonald	Slaneyside	49.11.43		BLE	Belfield, UCD
1986	Jimmy McDonald	Slaneyside	47.46.69		BLE	Belfield, UCD
1987	Jimmy McDonald	Slaneyside	46.44.71		BLE	Morton Stadium, Santry
1988	Jimmy McDonald	Slaneyside	42.07.37		BLE	Tullamore Harriers Staa
1989	Jimmy McDonald	Shelbourne, Duncannon, Striders	41.25.41		BLE	Cork RTC
1990	Jimmy McDonald	Dublin City Harriers	41.55.05		BLE	Tullamore Harriers Staa
1991	Jimmy McDonald	Dublin City Harriers	41.28.70		BLE	Tullamore Harriers Staa
1992	Michael Lane	Mullingar Harriers	46.57.99		BLE	Waterford RTC
1993	Pat Murphy	Castleisland	44.21.56		BLE	Belfield, UCD
1994	Michael Casey	Sligo	44.09.82		BLE	Morton Stadium, Santry
1995	Michael Casey	Sligo	41.30.23		BLE	Morton Stadium, Santry
1996	Jimmy McDonald	Dublin City Harriers	41.02.52		BLE	Morton Stadium, Santry
1997	Michael Casey	Sligo	44.03.52		BLE	Morton Stadium, Santry
1998	Pierce O'Callaghan	University College Dublin	42.45.70		BLE	Morton Stadium, Santry
1999	Pierce O'Callaghan	Dublin City Harriers	41.47.50		BLE	Morton Stadium, Santry
2000	Jamie Costin	West Waterford	42.49.84		AAI	Morton Stadium, Santry
2001	Robert Heffernan	Togher	38.58.83		AAI	Morton Stadium, Santry
2002	Robert Heffernan	Togher	38.47.66		AAI	Morton Stadium, Santry
2003	Jamie Costin	West Waterford	42.29.53		AAI	Morton Stadium, Santry
2004	Robert Heffernan	Togher	39.00.04		AAI	Morton Stadium, Santry
2005	Robert Heffernan	Togher	40.32.74		AAI	Morton Stadium, Santry
2006	Jamie Costin	West Waterford	41.23.17		AAI	Morton Stadium, Santry
2007	Robert Heffernan	Togher	39.11.78		AAI	Morton Stadium, Santry

<b>2008</b>	<b>Robert Heffernan</b>	<b>Togher</b>	<b>38.27.57</b>	<b>AAI</b>	<i>Morton Stadium, Santry</i>
<b>2009</b>	Robert Heffernan	Togher	39.11.72	AAI	<i>Morton Stadium, Santry</i>
<b>2010</b>	Robert Heffernan	Togher	39.07.21	AAI	<i>Morton Stadium, Santry</i>
<b>2011</b>	Robert Heffernan	Togher	40.12.64	AAI	<i>Morton Stadium, Santry</i>
<b>2012</b>	Colin Griffin	Ballinamore	41.47.66	AAI	<i>Morton Stadium, Santry</i>
<b>2013</b>	Brendan Boyce	Letterkenny	42.40.19	AAI	<i>Morton Stadium, Santry</i>
<b>2014</b>	Alex Wright	Leevale	42.09.79	AAI	<i>Morton Stadium, Santry</i>
<b>2015</b>	Alex Wright	Leevale	40.04.29	AAI	<i>Morton Stadium, Santry</i>
<b>2016</b>	Alex Wright	Leevale	41.11.17	AAI	<i>Morton Stadium, Santry</i>
<b>2017</b>	Joseph Mooney	Adamstown	53.12.69	AAI	<i>Morton Stadium, Santry</i>
<b>2018</b>	Cian McManamon	Westport	42.21.92	AAI	<i>Morton Stadium, Santry</i>
<b>2019</b>	Alex Wright	Leevale	41.30.41	AAI	<i>Morton Stadium, Santry</i>
<b>2020</b>	David Kenny	Farranfore / Maine Valley	41.38.45	AAI	<i>Morton Stadium, Santry</i>
<b>2021</b>	Jerome Caprice	Dundrum South Dublin	46.39.48	AAI	<i>Morton Stadium, Santry</i>
<b>2022</b>	David Kenny	Farranfore / Maine Valley	42.22.01	AAI	<i>Morton Stadium, Santry</i>
<b>2023</b>	David Kenny	Farranfore / Maine Valley	40.20.63	AAI	<i>Morton Stadium, Santry</i>
<b>2024</b>	Oisin Lane	Mullingar Harriers	40.25.99	AAI	<i>Morton Stadium, Santry</i>
<b>2025</b>	David Kenny	Farranfore / Maine Valley	39.39.93	AAI	<i>Morton Stadium, Santry</i>

## 20km Walk

### Most titles

**Jimmy McDonald - 7**

**1982, 83, 85, 86, 87, 88, 96**

### Championship Record

**Robert Heffernan**

**1.21.32 2002**

**Venue**

Year	Name	Club	Time	Notes	Category	Venue
1969	Tommy Casey (tied)	Calry, Co. Sligo	NT		BLE	Lough Arrow, Co Sligo
1969	Eddie Quigley (tied)	Laois	NT		BLE	Lough Arrow, Co Sligo
1970	Eddie Quigley	Laois	1.40.06		BLE	Thurles
1971	John Mackey	St Joseph's, Co. Kilkenny	1.40.30		BLE	New Ross
1972	Con Hearty	Civil Service	1.40.14		BLE	Thurles
1973	John Mackey	St Joseph's, Co. Kilkenny	1.46.35		BLE	Rosbercon
1974	John Mackey	St Joseph's, Co. Kilkenny	1.25.17	10m	BLE	Thurles
1974	John O'Leary	Clonliffe Harriers	1.34.06		BLE	Waterford
1974	Fintan Walsh	Waterford	1.26.45	10m	BLE	Phoenix Park
1975	Patrick L Rogers	Essex	1.46.30		BLE	Phoenix Park
1976	John O'Leary	Clonliffe Harriers	1.42.46		BLE	Belfield
1977	Jim Sheehan	Dungarvan	1.45.04		BLE	Sligo
1978	John O'Leary	Clonliffe Harriers	1.36.21		BLE	Tuam
1979	Ray Flynn	Calry, Co. Sligo	1.45.14		BLE	Phoenix Park
1980	Bernie O'Callaghan	Ashbourne St Andrew's	1.42.00		BLE	Tuam
1981	Bernie O'Callaghan	Ashbourne St Andrew's	1.37.38		BLE	Ashbourne
1982	Jimmy McDonald	New Ross	1.42.45		BLE	Ashbourne
1983	Jimmy McDonald	Slaneyside	1.40.51		BLE	Ashbourne
1984	John Lennon	Kilkenny City Harriers	1.42.42		BLE	Ashbourne
1985	Jimmy McDonald	Slaneyside	1.42.15		BLE	Ashbourne
1986	Jimmy McDonald	Slaneyside	1.43.05		BLE	Tullamore
1987	Jimmy McDonald	Slaneyside	1.33.00		BLE	Tullamore
1988	Jimmy McDonald	Slaneyside	1.27.30	t	BLE	Santry
1989	Michael Lane	Mullingar Harriers	1.27.06	t	BLE	Cork RTC
1990	Michael Lane	Mullingar Harriers	1.31.52	t	BLE	Tullamore
1991	Bobby O'Leary	Clonliffe Harriers	1.23.52	t	BLE	Santry
1992	Michael Lane	Mullingar Harriers	1.37.11	t	BLE	Belfield, UCD
1993	Pat Murphy	Castleisland	1.33.32		BLE	Ballybofey
1994	Pat Murphy	Castleisland	1.26.28		BLE	Sligo
1995	Michael Casey	Sligo	1.29.21		BLE	Coolmine
1996	Jimmy McDonald	Dublin City Harriers	1.25.51		BLE	Sligo
1997	Michael Casey	Sligo	1.27.56		BLE	Santry
1998	Michael Casey	Sligo	1.26.14		BLE	Falcarragh
1999	Pierce O'Callaghan	Dublin City Harriers	1.29.51		BLE	Cork
2000	Robert Heffernan	Togher	1.23.49		AAI	Phoenix Park
2001	Robert Heffernan	Togher	1.23.41		AAI	Sligo
2002	<b>Robert Heffernan</b>	<b>Togher</b>	<b>1.21.32</b>		<b>AAI</b>	Phoenix Park
2003	Jamie Costin	West Waterford	1.28.46		AAI	Phoenix Park
2004	Robert Heffernan	Togher	1.24.56		AAI	Phoenix Park
2005	Pat Ryan	Mullingar Harriers	1.50.48		AAI	Phoenix Park
2006	Jamie Costin	West Waterford	1.29.04		AAI	Killybegs
2007	Colin Griffin	Ballinamore	1.25.40		AAI	Phoenix Park
2008	Colin Griffin	Ballinamore	1.24.22		AAI	Royal Leamington Spa
2009	Robert Heffernan	Togher	1.23.35		AAI	Phoenix Park
2010	Brendan Boyce	Letterkenny	1.26.35		AAI	Bedford, UK
2011	Michael Doyle	Tara	1.26.00		AAI	Phoenix Park
2012	Cian McMenamon	Westport	1.37.37		AAI	Claremorris
2013	Michael Doyle	Tara	1.37.43		AAI	Phoenix Park
2014	Luke Hickey	Leevale	1.28.13		AAI	Leeds, UK
2015	Cian McMenamon	Westport	1.32.26	t	AAI	Bedford, UK
2016	Alex Wright	Leevale	1.27.28		AAI	Raheny
2017	Alex Wright	Leevale	1.32.05		AAI	Raheny
2018	Brendan Boyce	Finn Valley	1.29.34		AAI	Raheny
2019	Cian McMenamon	Westport	1.25.32		AAI	Raheny
2020	David Kenny	Farranfore / Maine Valley	1.23.07		AAI	Raheny
2021	David Kenny	Farranfore / Maine Valley	1.28.04		AAI	Tuam

2022	Oisin Lane	Mullingar Harriers	1.26.00	AAI	Raheny
2023	David Kenny	Farranfore / Maine Valley	1.24.40	AAI	Dudince
2024	Oisin Lane	Mullingar Harriers	1.24.12	AAI	Podebrady
2025	Oisin Lane	Mullingar Harriers	1.25.38	AAI	Raheny

t = track walk

### 30 km / 35 km / 50 km Walk

Most titles							
30/35K	<b>Robert Heffernan - 6</b>			<b>1999, 2003, 04, 08, 09, 10</b>			
50K	<b>Ray Flynn - 3</b>			<b>1976, 79, 80</b>			
Championship Record							
30K	<b>Robert Heffernan</b>	<b>2.07.44</b>		<b>2010</b>			
35K	<b>Brendan Boyce</b>	<b>2.32.49</b>		<b>2021</b>			
50K	<b>Ray Flynn</b>	<b>4.37.50</b>		<b>1980</b>			<b>Venue</b>
1973	Paddy Rice	Metro RC, London	4.37.52	50K	BLE		Phoenix Park
1974	Paddy Rice	Metro RC, London	4.45.13	50K	BLE		Clonmel
1975	John Dowling	Sheffield	5.00.20	50K	BLE		Phoenix Park
1976	Ray Flynn	Calry, Co. Sligo	4.54.24	50K	BLE		Phoenix Park
1977	John Dowling	Sheffield	4.57.38	50K	BLE		Phoenix Park
1978	Jackie McGowan	Calry, Co. Sligo	5.58.00	50K	BLE		Phoenix Park
1979	Ray Flynn	Calry, Co. Sligo	4.38.56	50K	BLE		Phoenix Park
1980	<b>Ray Flynn</b>	<b>Calry, Co. Sligo</b>	<b>4.37.50</b>	<b>50K</b>	<b>BLE</b>		Phoenix Park
1985	Tony Leonard	North Sligo		50K	BLE		Phoenix Park
1986	Tony Leonard	North Sligo	5.03.13	50K	BLE		Phoenix Park
1987	Paul Flynn	Calry, Co. Sligo	3.28.38	35k	BLE		Sligo
1988	Michael Lane	Mullingar Harriers		35k	BLE		Loughrea
1989	Jimmy McDonald	Slaneyside	2.42.24	35k	BLE		New Ross
1990	Ray Flynn	Calry, Co. Sligo		35k	BLE		Kilkenny Castle
1999	Robert Heffernan	Togher	2.42.05	35k	BLE		Phoenix Park
2000	Jamie Costin	West Waterford	2.58.45	35k	AAI		Phoenix Park
2003	Robert Heffernan	Togher	2.35.58	35k	AAI		Phoenix Park
2004	Robert Heffernan	Togher	2.17.02	30K	AAI		Phoenix Park
2005	Colin Griffin	Ballinamore	2.23.46	30K	AAI		Phoenix Park
2006	Colin Griffin	Ballinamore	2.17.32	30K	AAI		Phoenix Park
2007	Jamie Costin	West Waterford	2.19.40	30K	AAI		Phoenix Park
2008	Robert Heffernan	Togher	2.08.59	30K	AAI		Phoenix Park
2009	Robert Heffernan	Togher	2.14.31	30K	AAI		Phoenix Park
2010	Not held due to snow						
2011	<b>Robert Heffernan</b>	<b>Togher</b>	<b>2.07.44</b>	30K	AAI		Cork
2012	Colin Griffin	Ballinamore	2.15.17	30K	AAI		Claremorris
2013	Alex Wright	Belgrave Harriers	2.13.57	30K	AAI		
2018	Brendan Boyce	Finn Valley	2.14.11	30K	AAI		Raheny
2019	Brendan Boyce	Finn Valley	2.21.24	30K	AAI		Raheny
2020	Not held due to Covid 19						
2021	<b>Brendan Boyce</b>	<b>Finn Valley</b>	<b>2.32.49</b>	35K	AAI		Raheny
2022	Joe Mooney	Adamstown	2.52.33	35K	AAI		Raheny
2024	Oisin Lane	Mullingar Harriers	2.37.35	35K	AAI		Raheny
2025	Oisin Lane	Mullingar Harriers	2.31.53	35K	AAI		Marin, ESP

## 50 miles Run

1880 CF Martin City of Dublin Harriers 7.57.40

## 50km Run

### Championship Record

**Gary O'Hanlon 2.49.13 2020**

### Most titles

**Gary O'Hanlon - 6 2014, 15, 16, 18, 19, 20**

### Venue

2011	Keith Whyte	Clare Crusaders	3.26.27	Donadea
2012	John Byrne	Mayo	3.07.54	Donadea
2013	Barry Minnock	Rathfarnham	3.05.02	Donadea
2014	Gary O'Hanlon	Clonliffe Harriers	2.59.19	Donadea
2015	Gary O'Hanlon	Clonliffe Harriers	2.57.06	Donadea
2016	Gary O'Hanlon	Clonliffe Harriers	2.56.51	Donadea
2017	Brian McMahon	Clonliffe Harriers	3.11.26	Donadea
2018	Gary O'Hanlon	Clonliffe Harriers	2.54.40	Donadea
2019	Gary O'Hanlon	Clonliffe Harriers	2.50.47	Donadea
2020	<b>Gary O'Hanlon</b>	<b>Clonliffe Harriers</b>	<b>2.49.13</b>	Donadea
2021	Sean Hehir	Metro St. Brigid's	2.54.07	Donadea
2022	Sean Hehir	Metro St. Brigid's	2.56.04	Donadea
2023	Tudor Muldovan	Clonliffe Harriers	2.59.04	Donadea
2024	Ian Fitzgerald	Donore Harriers	3.04.43	Donadea
2025	Wayne Waldron	Donore Harriers	3.01.50	Donadea

## 24 Hours Run

### Championship Record

**Ed McGroarty 256.570 2021**

### Most titles

**Eoin Keith - 5 2013, 15, 16, 17, 19**

2011	John O'Regan	Le Chéile AC	212.975	km
2012	John O'Regan	Le Chéile AC	208.800	km
2013	Eoin Keith	Sportsworld	244.664	km
2014	John O'Regan (tied)	Le Chéile AC	227.286	km
2014	Eddie Gallen (tied)	Finn Valley	227.286	km
2015	Eoin Keith	Sportsworld	228.400	km
2016	Eoin Keith	Sportsworld	241.938	km
2017	Eoin Keith	Sportsworld	248.436	km
2018	Aidan Hogan	Rising Sun, Cork	243.880	km
2019	Eoin Keith	Sportsworld	234.915	km
2020	<b>Not held due to Covid 19</b>			
2021	<b>Ed McGroarty</b>	<b>Lifford-Strabane</b>	<b>256.570</b>	km
2022	Ed McGroarty	Lifford-Strabane	255.880	km
2023				
2024				

2525	James O'Connor	Slaney Olympic	231.50
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**100km Run**

2021	Gareth King	Team NI	7.12.30	<i>Donadea</i>
2022	Not held			
2023				
2024				
2025	Ciaran McGonagle	Letterkenny	6.59.44	<i>Leicester</i>

## Mountain Running

### Most titles

**John Lenihan An Ríocht -13**

**1988-89, 91-93, 95, 97-2001, 03, 08**

1987	Brian O'Reilly	
1988	John Lenihan	An Ríocht
1989	John Lenihan	An Ríocht
1990	Brian Linehan	
1991	John Lenihan	An Ríocht
1992	John Lenihan	An Ríocht
1993	John Lenihan	An Ríocht
1994	Graham Patten	
1995	John Lenihan	An Ríocht
1996	Francis Cosgrave	Blackrock
1997	John Lenihan	An Ríocht
1998	John Lenihan	An Ríocht
1999	John Lenihan	An Ríocht
2000	John Lenihan	An Ríocht
2001	John Lenihan	An Ríocht
2002	Robin Bryson	Dundrum South Dublin
2003	John Lenihan	An Ríocht
2004	John Brooks	Rathfarnham WSAF
2005	Kevin Keane	Rathfarnham WSAF
2006	Eoghan McKenna	An Ríocht
2007	Eoghan McKenna	An Ríocht
2008	John Lenihan	An Ríocht
2009	Peter O'Farrell	Rathfarnham WSAF
2010	Brian Furey	Rathfarnham WSAF
2011	Brian Furey	Rathfarnham WSAF
2012	Brian Furey	Rathfarnham WSAF
2013	Brian Furey	Rathfarnham WSAF
2014	Bernard Fortune	Sliabh Buidhe Rovers
2015	Jason Kehoe	Crusaders
2016	Des Kennedy	Raheny Shamrock
2017	Jason Kehoe	Crusaders
2018	Seamus Lynch	Newcastle
2019	Seamus Lynch	Newcastle
2020-2021	<b>Not held due to Covid 19</b>	
2022	Timothy Johnston	Mourne Runners
2023	Andrew Tees	BARF
2024	Matthew McConnell	Unattached
2025		

*The Irish Championship is run on five major peaks well spread throughout the country. Like all Championship races they are generally not marked. The best three results from five count.*

## Ultra Mountain Running

2018	Adrian Hennessy	Limerick
2019	Gavin Byrne	Dublin
2020-2021	<b>Not held due to Covid 19</b>	
2022	Brian Hutchinson	Dublin
2023	Eoin McMahon	IMRA
2024	Enda Cloake	Slaney Olympic
2025		

## Cross Country Inter-Clubs

### Most titles

Timothy "Tim" Crough Crowe - 6

1908, 11, 12, 14, 15, 20

### Venue

Year	Name	Club	Time	Association	Venue
1881	Ernest Nunns	Co. Dublin Harriers	32.18	CCAI	Dunboyne
1882	Walter Hogg	City & Suburban Harriers	34.20	CCAI	Dunboyne
1883	Frank Nunns	Co. Dublin Harriers	34.45	CCAI	Dundrum
1884	Frank Nunns	Co. Dublin Harriers	34.58	CCAI	Baldoyle
1885	Frank Nunns	Co. Dublin Harriers	34.59	CCAI	Baldoyle
1886	Charles Cassels Carr	Co. Dublin Harriers	35.14	CCAI	Baldoyle
1887	Charles Cassels Carr	Co. Dublin Harriers	38.07	CCAI	Baldoyle
1888	CW Blundell	Co. Dublin Harriers	37.55	CCAI	Baldoyle
1889	Michael Kennedy	Elysian Harriers	40.12	CCAI	Baldoyle
1890	CW Blundell	Co. Dublin Harriers	38.42	CCAI	Baldoyle
1891	Ned McGuirk	Haddington Harriers	36.35	CCAI	Clonskeagh
1892	Willie McGuirk	Haddington Harriers	35.58	CCAI	Clonskeagh
1893	J McIlavenny	Belfast Harriers	35.08	CCAI	Clonskeagh
1894	John J Mullen	Elysian Harriers	32.50	CCAI	Clonskeagh
1895	John J Mullen	Elysian Harriers	34.37	CCAI	Clonskeagh
1896	Billy Whitman	Belfast Harriers	32.34	CCAI	Clonskeagh
1897	John F Donnelan	Haddington Harriers	35.28	CCAI	Clonskeagh
1898	John F Donnelan	Haddington Harriers	34.13	CCAI	Clonskeagh
1899	John F Joyce	Ballinasloe Harriers	33.44	CCAI	Dolphin's Barn
1900	Michael Hynan	Cork City Harriers	36.11	CCAI	Inchicore
1901	John Daly	Galway City Harriers	33.10	CCAI	Elm Park, Merrion
1902	Abandoned			CCAI	
1903	John Daly	Galway City Harriers	35.53	CCAI	Clonskeagh
1904	John Daly	Galway City Harriers	37.32	CCAI	Clonskeagh
1904	Hugh Muldoon	Haddington Harriers	NT	GAA	Finglas
1905	Tom Hynes	Galway City Harriers	47.27	CCAI	Elm Park, Merrion
1905	Tom Hynes	Galway City Harriers	NT	GAA	Clonskeagh
1906	John Daly	Galway City Harriers	45.46	CCAI	Elm Park, Merrion
1906	John Daly	Dowras, Co. Galway	40.38	GAA	Clonskeagh
1907	Tom Downing	Haddington Harriers	51.24	CCAI	Elm Park
1907	Tom Hynes	Galway City Harriers	NT	GAA	Clonskeagh
1908	James Kerr	Willowfield Temperance Harriers	48.14	CCAI	Clonskeagh
1908	Timothy "Tim" Crough (Crowe)	Tipperary	NT	GAA	Clonskeagh
1909	Tom Downing	City & Suburban Harriers	44.04	CCAI	Clonskeagh
1910	Charles Harris	City & Suburban Harriers	46.51	CCAI	Clonskeagh
1910	Arthur O'Sullivan	Cork City AC	46.09	GAA	Ballincollig
1911	Frank J Ryder	Clonliffe Harriers	45.48	CCAI	Trimlestown, Merrion
1911	Timothy "Tim" Crough (Crowe)	Cashel	NT	GAA	Donnycarney
1912	Sgt Francis Joseph "Frank" O'Neill	Connaught Rangers	50.25	CCAI	Dundrum
1912	Timothy "Tim" Crough (Crowe)	Cashel	NT	GAA	Donnycarney
1913	Sgt Francis Joseph "Frank" O'Neill	Connaught Rangers	63.38	CCAI	Dundrum
1913	JJ Grogan	St. Mary's, Drogheda	NT	GAA	Glenageary
1914	Herbert C "Bertie" Irwin	Clonliffe Harriers	48.59	CCAI	Dundrum
1914	Timothy "Tim" Crough (Crowe)	Cashel	36.34	GAA	Harold's Cross
1915	Timothy "Tim" Crough (Crowe)	Cashel	NT	GAA	Larkfield, Dublin
1920	Timothy "Tim" Crough (Crowe)	Clonliffe Harriers	46.25	CCAI	Liffey Junction, Dublin
1921	Bevy H Bingham	Clonliffe Harriers	47.43	CCAI	Baldoyle
1922	CA "Alec" Woods	North Belfast Harriers	54.11	NACAI	Bloomfield
1923	John J. "JJ" Ryan	Tipperary	55.56	NACAI	Phoenix Park
1924	John J. "JJ" Ryan	Tipperary	52.42	NACAI	Phoenix Park
1925	John J. "JJ" Ryan	Tipperary	59.54	NACAI	Baldoyle
1926	John J. "JJ" Ryan	Tipperary	53.43	NACAI	Phoenix Park
1927	Pat Coyle	Navan	61.21	NACAI	Phoenix Park
1928	Pat Coyle	Navan	51.30	NACAI	Phoenix Park
1929	Pte Thomas "Tom" Fanning	Army - Limerick New Barracks	56.32	NACAI	Phoenix Park
1930	Timothy F "Tim" Smythe	O'Callaghan's Mills	52.46	NACAI	Phoenix Park
1931	Timothy F "Tim" Smythe	O'Callaghan's Mills	51.32	NACAI	Baldoyle
1932	Timothy F "Tim" Smythe	O'Callaghan's Mills	54.14	NACAI	Phoenix Park

1933	JJ O'Connor	Limrick City	56.37	NACAI	Phoenix Park
1934	Frank Mills	Mullingar AC	54.45	NACAI	Thurles
1935	JJ O'Connor	Clonliffe Harriers	NT	NACAI	Thurles
1936	JJ Walsh	Corrigan	59.09	NACAI	Thurles
1937	JJ O'Connor	Fearons	58.05	AAUE	Thurles
1938	M Cummins	Cheltenham	49.51	AAUE	Finglas
1938	Michael O'Dowd	Dublin City Harriers	53.26	NACAI	Baldoyle
1939	JJ O'Connor	Hospital's Trust, Terenure	49.01	AAUE	Finglas
1939	John Hassett	Kilrush Harriers, Co. Clare	45.02	NACAI	Limerick
1940	JJ O'Connor	Hospital's Trust, Terenure	51.11	AAUE	Finglas
1940	Patrick O'Halloran	Feakle, Co. Clare	60.58	NACAI	Limerick
1941	Not Held	(Foot & Mouth Disease)	—	AAUE	—
1941	Not Held	(Foot & Mouth Disease)	—	NACAI	—
1942	P Cummins	O'Callaghan's Mills	40.41	AAUE	
1942	Martin Egan	Feakle, Co. Clare	47.33	NACAI	Greenpark, Limerick
1943	Paul Coburn	Terenure	43.16	AAUE	Finglas
1943	Martin Egan	Feakle, Co. Clare	46.40	NACAI	Greenpark, Limerick
1943	WC "Charlie" McCooke	East Antrim Harriers	47.33	IAAB	Finglas
1944	Brendan Twamley	City & Suburban Harriers	53.55	AAUE	Finglas
1944	Cpl J. Maguire	Curragh	43.30	NACAI	Thurles
1944	WC "Charlie" McCooke	East Antrim Harriers	54.10	IAAB	Belfast
1945	Thomas A "Tom" Walsh	O'Callaghan's Mills	47.01	AAUE	Finglas
1945	Thomas A "Tom" Walsh	O'Callaghan's Mills	51.42	IAAB	Finglas
1946	Kevin Maguire	Brownstown	54.20	AAUE	Finglas
1946	WC "Charlie" McCooke	East Antrim Harriers	55.02	IAAB	Belfast
1947	Patrick "Patsy" Fitzgerald	Coolcree, Co. Tipp.	54.03	AAUE	Finglas
1947	SH "Steve" McCooke	East Antrim Harriers	51.35	IAAB	Barn Park, Finglas
1948	Patrick "Patsy" Fitzgerald	Coolcree, Co. Tipp.	44.32	AAUE	Thurles
1948	Jerry Kiely	Coolcree, Co. Tipp.	51.34	IAAB	Belfast
1949	Patrick "Paddy" Fahey	Coolcree, Co. Tipp.	47.49	AAUE	Thurles
1949	SH "Steve" McCooke	East Antrim Harriers	48.41	IAAB	Finglas
1950	Patrick "Patsy" Fitzgerald	Coolcree, Co. Tipp.	49.58	AAUE	Thurles
1950	Johnny Marshall	Ballydrain Harriers, Co. Down	43.23	IAAB	Dundonald
1951	Patrick "Paddy" Fahey	Coolcree, Co. Tipp.	51.56	AAUE	Garristown
1951	Charlie Owens	East Antrim Harriers	60.48	IAAB	Finglas
1952	Patrick "Patsy" Fitzgerald	Coolcree, Co. Tipp.	51.28	AAUE	Garristown
1952	Charlie Owens	East Antrim Harriers	54.15	IAAB	Dundonald
1952	Mick Ryan	Metropolitan Harriers	53.58	NACAI	Phoenix Park, Dublin
1953	SH "Steve" McCooke	East Antrim Harriers	49.18	IAAB	Finglas
1953	Patrick "Patsy" Fitzgerald	Coolcree, Co. Tipp.	47.06	AAUE	Finglas
1954	James "Jimmy" Douglas	Avondale	43.26	AAUE	Finglas
1954	Charlie Owens	East Antrim Harriers	60.58	IAAB	Dundonald
1955	Patrick "Paddy" Killeen	Clonliffe Harriers	52.36	AAUE	Santry
1955	William Dodds	East Antrim Harriers	60.28	IAAB	Phoenix Park
1956	Jack Dougan	Donore Harriers	45.21	AAUE	Santry
1956	Charlie Owens	East Antrim Harriers	48.38	IAAB	Dundonald
1957	John Kelly	Civil Service	47.59	AAUE	Santry
1957	James "Jimmy" Douglas	Avondale	49.08	IAAB	Santry
1958	Albert John "Bertie" Messitt	Donore Harriers	37.51	AAUE	Phoenix Park
1958	Tommy Dunne	Donore Harriers	50.44	IAAB	Dundonald
1959	Albert John "Bertie" Messitt	Donore Harriers	44.25	AAUE	Phoenix Park
1959	Albert John "Bertie" Messitt	Donore Harriers	50.48	IAAB	Santry
1960	Albert John "Bertie" Messitt	Donore Harriers	45.27	AAUE	Santry
1960	Albert John "Bertie" Messitt	Donore Harriers	48.46	IAAB	Dundonald
1961	Mick Connolly	Donore Harriers	43.19	AAUE	Phoenix Park
1961	Albert John "Bertie" Messitt	Donore Harriers	53.30	IAAB	Belfield
1962	Mick Neville	Donore Harriers	45.45	AAUE	Santry
1962	Mick Neville	Donore Harriers	47.11	IAAB	Dundonald
1963	Tom O'Riordan	Donore Harriers	41.30	AAUE	Cloghran, Santry
1963	Derek Graham	9th Old Boys, Belfast	39.25	IAAB	Santry
1964	Albert John "Bertie" Messitt	Donore Harriers	35.47	AAUE	Collinstown
1964	Jim Hogan	Polytechnic Harriers, UK	38.21	IAAB	Dundonald
1965	Tom O'Riordan	Donore Harriers	38.30	AAUE	Santry
1965	Derek Graham	9th Old Boys, Belfast	35.57	IAAB	Santry
1966	Tom O'Riordan	Donore Harriers	42.05	AAUE	Santry
1966	Derek Graham	9th Old Boys, Belfast	39.07	IAAB	Dundonald
1967	Tom O'Riordan	Donore Harriers	40.22	IAAB	Santry
1967	PJ O'Sullivan	Oxford City	39.46	AAUE	Santry

1968	Tom O'Riordan	Donore Harriers	37.41	BLE	Mallow
1969	Sean O'Sullivan	Castlemahon, Limerick	39.25	BLE	Mallow
1970	Tom O'Riordan	Donore Harriers	37.32	BLE	Thurles
1971	Fr Patrick "Paddy" Coyle	Lourdes	37.23	BLE	Mallow
1972	John Buckley	St Finbarr's Cork	41.00	*	Clonmel
1973	Donal Walsh	Leevale	37.22	BLE	Dundalk
1974	Donal Walsh	Leevale	40.41	BLE	Mountmellick
1975	Tom Brennan	Liffey Valley	36.59	BLE	Belfield
1976	Donal Walsh	Leevale	37.24	BLE	Ballinasloe
1977	Gerry Deegan	Waterford	38.59	BLE	Ennis
1978	Donal Walsh	Leevale	40.46	BLE	Ballyfin
1979	Gerry Deegan	Waterford	39.51	BLE	Multyfarnham
1980	Gerry Deegan	Waterford	37.35	BLE	Phoenix Park
1981	Gerry Deegan	Waterford	40.25	BLE	Killeshin
1982	Gerry Deegan	Waterford	40.48	BLE	Mullingar
1983	David Taylor	Dundrum	39.07	BLE	Rathkeale
1984	Jerry Kiernan	Clonliffe Harriers	37.00	BLE	Kilmacow
1985	Ronnie Carroll	Donore Harriers	35.21	BLE	Killenaule
1986	Noel Harvey	Clonliffe Harriers	36.20	BLE	Santry
1987	David Taylor	Clonliffe Harriers	33.44	BLE	Killenaule
1988	David Taylor	Clonliffe Harriers	41.25	BLE	Ballyhaise
1989	Gerry Curtis	Donore Harriers	44.50	BLE	Killenaule
1990	Gerry Curtis	Donore Harriers	34.40	BLE	Limerick
1991	John Downes	West Limerick	42.44	BLE	Limerick
1992	Gerry Curtis	Donore Harriers	36.38	BLE	Santry
1993	Noel Cullen	Clonliffe Harriers	37.02	BLE	Phoenix Park
1994	Peter Matthews	Dundrum South Dublin	44.28	BLE	Ballinlough, Roscommo
1995	David Burke	Mullingar Harriers	37.32	BLE	Naas
1996	John Downes	Donore Harriers	36.41	BLE	Santry
1997	Seamus Power	Kilmurray-Ibrickane	39.23	BLE	Whitechurch
1998	Peter Matthews	Dundrum South Dublin	37.51	BLE	Bree
1999	John Ferrin	North Belfast	47.46	BLE	Ballybofey
2000	Seamus Power	Kilmurray-Ibrickane	37.27	AAI	Dublin
2001	Seamus Power	Kilmurray-Ibrickane	38.36	AAI	Scatstown
2002	Peter Matthews	Dundrum South Dublin	43.29	AAI	Dublin
2003	Martin McCarthy	Leevale	40.44	AAI	Wicklow
2004	Seamus Power	Kilmurray-Ibrickane	35.22	AAI	Roscommon
2005	Gary Murray	St Malachy's, Belfast	37.08	AAI	Santry
2006	Vincent Mulvey	Raheny Shamrock	37.58	AAI	Santry
2007	Gary Murray	St Malachy's, Belfast	38.19	AAI	Sligo
2008	Cathal Lombard	Leevale	40.32	AAI	Belfast
2009	Keith Kelly	Drogheda & District	38.19	AAI	Dublin
2010	Mark Kenneally	Clonliffe Harriers	34.37	AAI	Dublin
2011	Joseph Sweeney	Dundrum South Dublin	38.42	AAI	Dublin
2012	Eddie McGinley	Annadale Striders	35.09	AAI	Dublin
2013	Sergio Cibanu	Clonliffe Harriers	38.26	AAI	Tullamore
2014	Michael Clohisey	Raheny Shamrock	39.09	AAI	Dundalk
2015	Michael Clohisey	Raheny Shamrock	36.53	AAI	Santry
2015	Michael Clohisey	Raheny Shamrock	31.11	AAI	Rostrevor
2016	Mark Christie	Mullingar Harriers	30.41	AAI	Abbotstown
2017	Paul Pollack	Annadale Striders	31.43	AAI	Abbotstown
2018	Kevin Dooney	Raheny Shamrock	30.07	AAI	Abbotstown
2019	Liam Brady	Tullamore Harriers	32.50	AAI	Abbotstown
2020	<b>Not held due to Covid 19</b>				
2021	Hiko Tonosa	Dundrum South Dublin	30.32	AAI	Santry
2022	Darragh McElhinney	University College Dublin	29.59	AAI	Downings
2023	Cormac Dalton	Mullingar Harriers	31.08	AAI	Gowran
2024	Keelin Kilrehill	Moy Valley	23.00	AAI	Enniskillen
2025	Brian Fay	Raheny Shamrock	25.13	AAI	Derry

## Cross Country Inter-Club Team Champions

### Most Titles

Clonliffe Harriers - 32

1910, 14, 23, 25, 52, 53, 54, 55, 76, 77, 80, 81,  
82, 84, 86, 87, 88, 89, 91, 92, 2000, 04, 05, 06,  
07, 08, 09, 10, 12, 13, 15, 19

### Longest Sequence of Titles

Donore Harriers

18 years 1958-1975

### Lowest Points Score

Cork City Harriers 2, 3, 5, 6, 8, 9

23 pts 6

10, 12

Mullingar Harriers 3, 4, 5, 6

18 pts 4

1998

Donore Harriers 1, 5, 6, 10

22 pts 4

1968

1881	City & Suburban Harriers	35 pts		CCAI
1882	City & Suburban Harriers	31 pts		CCAI
1883	City & Suburban Harriers	36 pts		CCAI
1884	County Dublin Harriers	41 pts		CCAI
1885	County Dublin Harriers	27 pts		CCAI
1886	Haddington Harriers	74 pts		CCAI
1887	County Dublin Harriers	39 pts		CCAI
1888	County Dublin Harriers	32 pts		CCAI
1889	County Dublin Harriers	55 pts		CCAI
1890	County Dublin Harriers	32 pts		CCAI
1891	Dublin University Harriers	61 pts		CCAI
1892	Haddington Harriers	55 pts		CCAI
1893	Belfast Harriers	37 pts		CCAI
1894	Elysian Harriers	51 pts		CCAI
1895	Belfast Harriers	47 pts		CCAI
1896	Belfast Harriers	29 pts		CCAI
1897	<b>Cork City Harriers</b>	<b>23 pts</b>	<b>6</b>	<b>CCAI</b>
1898	Haddington Harriers	27 pts		CCAI
1899	Ballinasloe Harriers	32 pts		CCAI
1900	Cork City Harriers	25 pts		CCAI
1901	Cork City Harriers	40 pts		CCAI
1902	Not held			CCAI
1903	Galway City Harriers	54 pts		CCAI
1904	Galway City Harriers	42 pts		CCAI
1904	Haddington Harriers	25 pts		GAA
1905	Galway City Harriers	47 pts		CCAI
1906	Haddington Harriers	30 pts		CCAI
1906	Cork City Harriers	33 pts		GAA
1907	Haddington Harriers	51 pts		CCAI
1907	County Dublin Harriers	35 pts		GAA
1908	Haddington Harriers	43 pts		CCAI
1908	<i>Not held - Individuals only</i>	—		GAA
1909	City & Suburban Harriers	39 pts		CCAI
1910	Clonliffe Harriers	67 pts		CCAI
1910	Not held - Individuals only	—		GAA
1911	Connaught Rangers Harriers	40 pts		CCAI
1911	County Dublin Harriers (tied)	39 pts		GAA
1911	Drogheda St. Mary's (tied)	39 pts		GAA
1912	Connaught Rangers Harriers	50 pts		CCAI
1912	County Dublin Harriers	45 pts		GAA
1913	North Belfast Harriers	42 pts		CCAI
1913	Navan-Eire og	27 pts		GAA
1914	Clonliffe Harriers	64 pts		CCAI
1914	County Cork	21 pts		GAA
1915	County Cork	25 pts		GAA
1920	North Belfast Harriers	51 pts		CCAI
1921	North Belfast Harriers	39 pts		CCAI
1922	North Belfast Harriers	31 pts		CCAI

1923	Clonliffe Harriers	41 pts	NACAI
1924	Cork City Harriers	50 pts	NACAI
1925	Clonliffe Harriers	52 pts	NACAI
1926	Ulsterville Harriers	51 pts	NACAI
1927	Ulsterville Harriers	73 pts	NACAI
1928	Dublin City Harriers	121 pts	NACAI
1929	Willowfield Temperance Harriers	75 pts	NACAI
1930	Willowfield Temperance Harriers	101 pts	NACAI
1931	Army Metro	68 pts	NACAI
1932	Army Metro	71 pts	NACAI
1933	O'Callaghan's Mills	38 pts	NACAI
1934	O'Callaghan's Mills	51 pts	NACAI
1935	O'Callaghan's Mills	32 pts	NACAI
1936	O'Callaghan's Mills	32 pts	NACAI
1937	Army Metro	48 pts	NACAI
1938	Terenure	65 pts	AAUE
1938	Coolcroo, Co. Tipperary	51 pts	NACAI
1939	Terenure	93 pts	AAUE
1939	Coolcroo, Co. Tipperary	31 pts	NACAI
1940	O'Callaghan's Mills	51 pts	AAUE
1940	Feakle, Co. Clare	34 pts	NACAI
1941	Not Held (Foot & Mouth Disease)	—	AAUE
1941	Not Held (Foot & Mouth Disease)	—	NACAI
1942	O'Callaghan's Mills	149 pts	AAUE
1942	Feakle, Co. Clare	32 pts	NACAI
1943	Donore Harriers	60 pts	AAUE
1943	Feakle, Co. Clare	41 pts	NACAI
1943	Ballydrain Harriers, Co. Down	70 pts	IAAB
1944	Donore Harriers	42 pts	AAUE
1944	Feakle, Co. Clare	60 pts	NACAI
1944	East Antrim Harriers	47 pts	IAAB
1945	Civil Service Harriers	39 pts	AAUE
1945	Ballydrain Harriers, Co. Down	43 pts	IAAB
1946	Brownstown, Co. Kildare	58 pts	AAUE
1946	Ballydrain Harriers, Co. Down	43 pts	IAAB
1947	Coolcroo, Co. Tipperary	30 pts	AAUE
1947	Coolcroo, Co. Tipperary	69 pts	IAAB
1948	Coolcroo, Co. Tipperary	29 pts	AAUE
1948	Coolcroo, Co. Tipperary	50 pts	IAAB
1949	Coolcroo, Co. Tipperary	39 pts	AAUE
1949	Coolcroo, Co. Tipperary	65 pts	IAAB
1950	Coolcroo, Co. Tipperary	56 pts	AAUE
1950	Coolcroo, Co. Tipperary	51 pts	IAAB
1951	Coolcroo, Co. Tipperary	39 pts	AAUE
1951	East Antrim Harriers	77 pts	IAAB
1952	Clonliffe Harriers	38 pts	AAUE
1952	Kilconieron, Co. Galway	68 pts	NACAI
1952	East Antrim Harriers	68 pts	IAAB
1953	Clonliffe Harriers	45 pts	AAUE
1953	Clonliffe Harriers	46 pts	IAAB
1954	Clonliffe Harriers	37 pts	AAUE
1954	East Antrim Harriers	85 pts	IAAB
1955	Clonliffe Harriers	36 pts	AAUE
1955	East Antrim Harriers	59 pts	IAAB
1956	Donore Harriers	37 pts	AAUE
1956	Donore Harriers	87 pts	IAAB
1957	Civil Service Harriers	49 pts	AAUE
1957	Donore Harriers	59 pts	IAAB
1958	Donore Harriers	59 pts	AAUE
1958	Donore Harriers	79 pts	IAAB
1959	Donore Harriers	48 pts	AAUE
1959	Avondale	79 pts	IAAB
1960	Donore Harriers	39 pts	AAUE
1960	Donore Harriers	51 pts	IAAB
1961	Donore Harriers	36 pts	AAUE
1961	Donore Harriers	36 pts	IAAB
1962	Donore Harriers	35 pts	AAUE
1962	Donore Harriers	51 pts	IAAB

1963	Donore Harriers	35 pts		AAUE
1963	Donore Harriers	35 pts		IAAB
1964	Donore Harriers	36 pts		AAUE
1964	Donore Harriers	39 pts		IAAB
1965	Donore Harriers	51 pts		AAUE
1965	Donore Harriers	33 pts		IAAB
1966	Donore Harriers	44 pts		AAUE
1967	Donore Harriers	31 pts		BLE
1968	<b>Donore Harriers</b>	<b>22 pts</b>	<b>4</b>	<b>BLE</b>
1969	Donore Harriers	38 pts		BLE
1970	Donore Harriers	25 pts		BLE
1971	Donore Harriers	27 pts		BLE
1972	Donore Harriers	26 pts	*	BLE
1973	Donore Harriers	45 pts		BLE
1974	Donore Harriers	33 pts		BLE
1975	Donore Harriers	43 pts		BLE
1976	Clonliffe Harriers	50 pts		BLE
1977	Clonliffe Harriers	45 pts		BLE
1978	Donore Harriers	29 pts		BLE
1979	Limerick AC	35 pts		BLE
1980	Clonliffe Harriers	74 pts		BLE
1981	Clonliffe Harriers	52 pts		BLE
1982	Clonliffe Harriers	38 pts		BLE
1983	Deise, Co. Waterford	32 pts		BLE
1984	Clonliffe Harriers	67 pts		BLE
1985	Burgerland Limerick	42 pts		BLE
1986	Clonliffe Harriers	41 pts		BLE
1987	Clonliffe Harriers	49 pts		BLE
1988	Clonliffe Harriers	56 pts		BLE
1989	Clonliffe Harriers	58 pts		BLE
1990	Dundrum South Dublin	56 pts		BLE
1991	Clonliffe Harriers	47 pts		BLE
1992	Clonliffe Harriers	46 pts		BLE
1993	Donore Harriers	31 pts		BLE
1994	Dundrum South Dublin	39 pts		BLE
1995	Mullingar Harriers	24 pts		BLE
1996	Mullingar Harriers	30 pts		BLE
1997	Dundrum South Dublin	33 pts		BLE
1998	<b>Mullingar Harriers</b>	<b>18 pts</b>	<b>4</b>	<b>BLE</b>
1999	Mullingar Harriers	38 pts		BLE
2000	Clonliffe Harriers	39 pts		AAI
2001	Dundrum South Dublin	25 pts		AAI
2002	Dundrum South Dublin	36 pts		AAI
2003	Dundrum South Dublin	40 pts		AAI
2004	Clonliffe Harriers	41 pts		AAI
2005	Clonliffe Harriers	65 pts		AAI
2006	Clonliffe Harriers	37 pts		AAI
2007	Clonliffe Harriers	32 pts		AAI
2008	Clonliffe Harriers	29 pts		AAI
2009	Clonliffe Harriers	30 pts		AAI
2010	Clonliffe Harriers	33 pts		AAI
2011	Dundrum South Dublin	25 pts		AAI
2012	Clonliffe Harriers	25 pts		AAI
2013	Clonliffe Harriers	36 pts		AAI
2014	Dundrum South Dublin	35 pts		AAI
2015	Clonliffe Harriers	27 pts		AAI
2015	Clonliffe Harriers	47 pts		AAI
2016	Raheny Shamrock	38 pts		AAI
2017	Raheny Shamrock	42 pts		AAI
2018	Raheny Shamrock	41 pts		AAI
2019	Clonliffe Harriers	52 pts		AAI
2020	<b>Not held due to Covid 19</b>			
2021	Dundrum South Dublin	22 pts		AAI
2022	Clonliffe Harriers	86 pts		AAI
2023	Kilkenny City Harriers	72 pts		AAI
2024	CNDR Track Club	61 pts		AAI
2025	CNDR Track Club	49 pts		AAI

\* Inter Club moved from February to November

## Cross Country Inter-Clubs – Short Course

	<b>Individual</b>				<b>Venue</b>
<b>1999</b>	Paolo Doglio	Gus Torino*	12.01	BLE	ALSAA
<b>2000</b>				AAI	
<b>2001</b>	Not held - Foot & Mouth Disease		—	AAI	
<b>2002</b>	Peter Matthews	Dundrum South Dublin	11.25	AAI	ALSAA
<b>2003</b>	Robert Connolly	Dundrum South Dublin	11.29	AAI	Dunleer
<b>2004</b>	Robert Connolly	Dundrum South Dublin	12.01	AAI	ALSAA
<b>2005</b>	Mark Kenneally	Clonliffe Harriers	12.12	AAI	Tymon Park
<b>2006</b>	Paul McNamara	Athenry		AAI	Tymon Park

Discontinued

### Team

<b>2001</b>	<i>Not Held - Foot &amp; Mouth Disease</i>		—	AAI
<b>2002</b>	Dundrum South Dublin	13 pts	3	AAI
<b>2003</b>				AAI
<b>2004</b>	Letterkenny	96 pts	4	AAI
<b>2005</b>	Raheny Shamrock	64 pts		AAI
<b>2006</b>	Raheny Shamrock	21 pts		AAI

Discontinued

## Inter-County Cross Country

### Most titles

Seamus Power - 9

1995, 96, 97, 98, 99, 2000, 01, 02, 03

### Venue

Year	Name	County	Time	Association	Venue	
1920	George Magan	Kildare	NT	GAA	Baldoye	
1921	Not held					
1922	George Magan	Kildare	NT	GAA	Baldoye	
1923-44	Not held					
1945	John Joe Barry	Tipperary	50.24	NACAI	Mount Merrion	
1946	Patrick "Patsy" Fitzgerald	Tipperary	49.05	NACAI	Mount Merrion	
1947	Michael "Mick" Blake	Tipperary	59.11	NACAI	Mount Merrion	
1948	Michael "Mick" Blake	Tipperary	54.51	NACAI	Belfield	
1949	Michael J "Mick" Cleary	Tipperary	49.07	NACAI	Lucan	
1950	Michael J "Mick" Cleary	Tipperary	53.24	NACAI	Blackrock	
1951	Cyril O'Boyle	Tyrone	52.55	NACAI	Belfield	
1952	Not held Inter-Club		—	NACAI	-	
1953	William "Willie" Morris	Galway	48.41	NACAI	Belfield	
1954	Patrick "Patsy" Fitzgerald	Tipperary	43.35	NACAI	Belfield	
1955	Patrick "Paddy" Carmody	Dublin	50.38	NACAI	Belfield	
1956	William "Willie" Morris	Galway	54.47	NACAI	Clonmel Race Course	
1957	Benjamin "Benny" O'Sullivan	Limerick	43.37	NACAI	Garristown	
1958	William "Willie" Morris	Galway	48.35	NACAI	Athenry	
1959	William "Willie" Morris	Galway	52.29	NACAI	Dunleer	
1960	Seán O'Sullivan	Limerick	44.04	NACAI	Mungret	
1961	John Downes	Limerick	NT	NACAI	Killenaule	
1962	Seán O'Sullivan	Limerick	54.18	NACAI	Carrigaline	
1963	Seán O'Sullivan	Limerick	44.26	NACAI	Naas	
1964	Seán O'Sullivan	Limerick	41.11	NACAI	Thurles Race Course	
1965	Seán O'Sullivan	Limerick	42.10	NACAI	Navan Race Course	
1966	Michael "Mick" Molloy	Galway	40.14	NACAI	Dromoland	
1967	John Buckley	Cork	43.26	NACAI	Tullamore	
1968	Tom O'Riordan	Dublin	37.41	BLE	Mallow	
1969	Seán O'Sullivan	Limerick	39.25	BLE	Mallow	
1970	Tom O'Riordan	Kerry	37.32	BLE	Thurles Race Course	
1971	Fr Patrick "Paddy" Coyle	Louth	37.23	BLE	Mallow	
1972	John Buckley	Cork	35.45	*	BLE	Belfield
1973	Danny McDaid	Donegal	38.16	BLE	Tuam	
1974	Donal Walsh	Cork	39.37	BLE	Mallow	
1975	John Hartnett	Cork	38.34	BLE	Roscrea	
1976	Gerry Deegan	Waterford	38.36	BLE	Ennis	
1976	John Treacy	Waterford	37.07	†	BLE	Kilbarry, Waterford
1977	John Treacy	Waterford	38.42	BLE	BLE	Kilbarry, Waterford
1978	John Treacy	Waterford	36.42	BLE	BLE	Kilbarry, Waterford
1979	John Treacy	Waterford	39.59	BLE	BLE	Fermoy
1980	Gerry Deegan	Waterford	37.41	BLE	BLE	Kilbarry, Waterford
1981	John Treacy	Waterford	36.02	‡	BLE	Kilbarry, Waterford
1982	John Treacy	Waterford	41.33	BLE	BLE	Ardee
1983	Gerry Deegan	Waterford	41.12	BLE	BLE	Castlelyons
1984	Anthony O'Leary	Cork	33.11	BLE	BLE	Sligo
1985	Richard O'Flynn	Cork	32.15	BLE	BLE	Kilbarry, Waterford
1986	Paul Donovan	Galway	32.14	BLE	BLE	University College Cork
1987	Brendan Quinn	Waterford	34.42	BLE	BLE	Santry
1988	Jerry Kiernan	Dublin	33.23	BLE	BLE	Ballyhaise, Co. Cavan
1989	David Taylor	Dublin	33.12	BLE	BLE	Dundalk Race Course
1990	John Downes	London Irish	31.38	BLE	BLE	Killenaule, Co Tipperary
1991	Noel Richardson	Limerick	32.12	BLE	BLE	Ballyfin, Co Laois
1992	Richard Mulligan	Galway	32.12	BLE	BLE	Ballyhaise, Co. Cavan
1993	John Treacy	Waterford	31.58	BLE	BLE	Dungarvan
1994	Noel Berkeley	Dublin	30.47	BLE	BLE	Dungarvan
1995	Seamus Power	Clare	30.25	BLE	BLE	Killenaule, Co Tipperary
1996	Seamus Power	Clare	33.05	BLE	BLE	Killenaule, Co Tipperary
1997	Seamus Power	Clare	29.29	BLE	BLE	Tinryland

<b>1998</b>	Seamus Power	Clare	35.29	BLE	<i>Ballyhoise, Co. Cavan</i>
<b>1999</b>	Seamus Power	Clare	31.17	AAI	<i>Carraig na bhFear</i>
<b>2000</b>	Seamus Power	Clare	30.35	AAI	<i>Dungarvan</i>
<b>2001</b>	Seamus Power	Clare	29.35	AAI	<i>Dungarvan</i>
<b>2002</b>	Seamus Power	Clare	33.33	AAI	<i>Donoughmore, Co Cork</i>
<b>2003</b>	Seamus Power	Clare	30.07	AAI	<i>Mullingar</i>
<b>2004</b>	Vincent Mulvey	Dublin	30.09	AAI	<i>Dungarvan</i>
<b>2005</b>	Gary Murray	Donegal	33.11	AAI	<i>Sligo</i>
<b>2006</b>	Mark Christie	Westmeath	31.19	AAI	<i>Dungarvan</i>
<b>2007</b>	Gary Murray	Donegal	31.46	AAI	<i>Curragh</i>
<b>2008</b>	Alan McCormack	Dublin	32.11	AAI	<i>Tramore</i>
<b>2009</b>	Andrew Ledwith	Meath	29.45	AAI	<i>Kilbeggan Race Course</i>
<b>2010</b>	Joseph Sweeney	Dublin	30.07	AAI	<i>Gransha, Derry</i>
<b>2011</b>	Joseph Sweeney	Dublin	32.07	AAI	<i>Sligo</i>
<b>2012</b>	Joseph Sweeney	Dublin	33.27	AAI	<i>Fairyhouse</i>
<b>2013</b>	Paul Pollack	Anrim	31.02	AAI	<i>Santry</i>
<b>2014</b>	Paul Pollack	Anrim	30.40	AAI	<i>Santry</i>
<b>2015</b>	Not held Inter-Club			AAI	-
<b>2016</b>	Sean Hehir	Individual	NT	AAI	<i>Tuam</i>

*Discontinued & combined with interclubs*

*\* Inter-Club & Inter-County separated*

*† Switch of Inter-Counties to before Xmas*

*‡ Held Kilbarry, Co. Waterford 17 January 1982*

*\* Inter Club moved from February to November*

## Inter-County Cross Country Team Champions

### Most Titles

Dublin - 35

1905, 11, 12, 22, 69, 70, 71, 72, 80, 87, 88, 89,  
90, 91, 92, 93, 94, 95, 96, 97, 98, 2000, 01, 03,  
04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14

### Longest Sequence of Titles

Dublin

12 years 1987-1998

### Lowest Points Score

Tipperary 1, 3, 4, 5, 6, 7

26 pts

1946 Only 1 team competed

Post 67

Dublin 2, 3, 4, 5, 8, 11

33 pts

2003

1915	Cork			GAA
		25 pts		
1920	Galway			GAA
		38 pts		
1922	Dublin			GAA
		49 pts		
1926	Tipperary			NACAI
		49 pts		
1927	Dublin			NACAI
		44 pts		
1928	Dublin			NACAI
		34 pts		
1935	Clare			NACAI
		38 pts		
1936	Clare			NACAI
		36 pts		
1945	Tipperary			NACAI
		49 pts		
1946	<b>Tipperary</b>			<b>NACAI</b>
		<b>26 pts</b>		
1947	Tipperary			NACAI
		36 pts		
1948	Tipperary			NACAI
		34 pts		
1949	Tipperary			NACAI
		50 pts		
1950	Tipperary			NACAI
		33 pts		
1951	Tipperary			NACAI
		51 pts		
1952	Not held Inter-Club			NACAI
		—		
1953	Tipperary			NACAI
		39 pts		
1954	Tipperary			NACAI
		48 pts		
1955	Tipperary			NACAI
		51 pts		
1956	Galway			NACAI
		56 pts		
1957	Limerick			NACAI
		35 pts		
1958	Limerick			NACAI
		60 pts		
1959	Galway			NACAI
		62 pts		
1960	Galway			NACAI
		71 pts		
1961	Limerick			NACAI
		43 pts		
1962	Limerick			NACAI
		54 pts		
1963	Cork			NACAI
		84 pts		
1964	Cork			NACAI
		72 pts		
1965	Cork			NACAI
		70 pts		
1966	Galway			NACAI
		42 pts		
1967	Cork			NACAI
		42 pts		
1968	Cork			BLE
		36 pts		
1969	Dublin			BLE
		34 pts		
1970	Dublin			BLE
		55 pts		
1971	Dublin			BLE
		52 pts		
1972	Dublin		*	BLE
		68 pts		
1973	Cork			BLE
		65 pts		
1974	Cork			BLE
		89 pts		
1975	Cork			BLE
		80 pts		
1976	Waterford			BLE
		65 pts		
1976	Waterford		†	BLE
		59 pts		
1977	Waterford			BLE
		52 pts		
1978	Waterford			BLE
		78 pts		
1979	Waterford			BLE
		64 pts		
1980	Dublin			BLE
		92 pts		

1981	Cork	80 pts	‡	BLE	
1982	Waterford	47 pts		BLE	
1983	Cork	60 pts		BLE	
1984	Cork	39 pts		BLE	
1985	Cork	81 pts		BLE	
1986	Galway	93 pts		BLE	
1987	Dublin	120 pts		BLE	
1988	Dublin	73 pts		BLE	
1989	Dublin	39 pts		BLE	
1990	Dublin	116 pts		BLE	
1991	Dublin	97 pts		BLE	
1992	Dublin	92 pts		BLE	
1993	Dublin	74 pts		BLE	
1994	Dublin	83 pts		BLE	
1995	Dublin	85 pts		BLE	
1996	Dublin	64 pts		BLE	
1997	Dublin	59 pts		BLE	
1998	Dublin	48 pts		BLE	
1999	Antrim	83 pts		BLE	
2000	Dublin	76 pts		AAI	
2001	Dublin	45 pts		AAI	
2002	Cork	79 pts		AAI	
2003	<b>Dublin</b>	<b>33 pts</b>		<b>AAI</b>	
2004	Dublin	49 pts		AAI	
2005	Dublin	71 pts		AAI	
2006	Dublin	107 pts		AAI	
2007	Dublin	46 pts		AAI	
2008	Dublin	63 pts		AAI	
2009	Dublin	92 pts		AAI	
2010	Dublin	48 pts		AAI	
2011	Dublin	103 pts		AAI	
2012	Dublin	93 pts		AAI	
2013	Dublin	76 pts		AAI	
2014	Dublin	86 pts		AAI	
2015	Not held Inter-Club				* Inter Club moved from February to N
2016	Galway	74 pts		AAI	
2017	Dublin	78 pts		AAI	Combined with interclubs competition
2018	Dublin	37 pts		AAI	
2019	Dublin	65 pts		AAI	
2020	<b>Not held due to Covid 19</b>				
2021	Dublin	48 pts		AAI	
2022	Dublin	61 pts		AAI	
2023	Dublin	105 pts		AAI	
2024	Dublin	144 pts		AAI	
2025	Dublin	61 pts		AAI	

\* Inter-Club & Inter-County separated

† Switch of Inter-Counties to before Xmas

‡ Held Kilbarry, Co. Waterford 17 January 1982

## Intermediate Cross Country

						Venue
1970	Dan Murphy	St Johns, Tralee	29.47	BLE		Wexford Racecourse, Wexford
1971	Jimmy Cardiff	Kildare	30.54	BLE		Fairyhouse Racecourse, Meath
1972	Charlie Carbery	Skerragh, Cavan	28.57	BLE		Carnagh, Kiltoom, Athlone, Roscommon
1973	Kevin Breen	Tullamore Harriers	29.38	BLE		Fairyhouse Racecourse, Meath
1974	Gerry Redmond	Avondale	32.09	BLE		Naas Racecourse, Kildare
1975	Ray Treacy	Leevale	30.14	BLE		Belfield, Dublin
1976	Sonny Fennell	Tarbert	27.30	BLE		Belfield, Dublin
1977	Kingston Mills	Civil Service	32.17	BLE		Maynooth, Kildare
1978	Robert Costello	Limerick	34.19	BLE		Rockwell College, Tipperary
1979	Dessie O'Connor	Kilkenny City Harriers	32.27	BLE		Phoenix Park, Dublin
1980	Brendan Smyth	Lourdes	34.14	BLE		Killeshin, Laois
1981	Richard Mulligan	Kilkerrin, Galway	33.06	BLE		Drumcar, Louth
1982	Brian Dunne	Clonliffe Harriers	32.36	BLE		Ardee, Louth
1983	Gerry Curtis	Blackrock	31.40	BLE		Kilmacow, Kilkenny
1984	John Joe Doyle	Slaneyside	31.24	BLE		Patrician College, Ballyfin, Laois
1985	Tommy Moloney	Thurles Crokes	30.34	BLE		Bloomfield House Hotel, Mullingar
1986	Kevin Gill	Finn Valley	37.34	BLE		Navan, Meath
1987	Connie Lynch	Dublin City Harriers	31.49	BLE		Kilmacow, Kilkenny
1988	Bryan Meade	East Cork	33.36	BLE		Kilbarry, Waterford
1989	David Carrie	Dundealgaun	53.07	BLE		Ballybofey, Donegal
1990	Martin Ryan	Ferbane		BLE		Westport House, Westport, Mayo
1991	Leonard O'Regan	Leevale	31.40	BLE		St Augustine's College, Dungarvan,
1992	Peter Matthews	Dundrum South Dublin	32.24	BLE		Ballinakill, Laois
1993	Alan Merriman	Liffey Valley	31.05	BLE		St Augustine's College, Dungarvan,
1994	Martin Burke	North Laois	32.51	BLE		Killenaule, Tipperary
1995	Cormac Troy	Slieve Bloom, Offaly	35.36	BLE		Santry, Dublin
1996	Pat O'Keeffe	University College Cork	33.12	BLE		Tinryland, Carlow
1997	Greg Luke	Civil Service	33.11	BLE		Sligo Racecourse, Sligo
1998	Cathal Lombard	Leevale	37.52	BLE		Killenaule, Tipperary
1999	Mark Morgan	Finn Valley	33.48	BLE		Scotstown, Monaghan
2000	Gary Thornton	Galway City Harriers	35.33	AAI		Sligo RTC, Sligo
2001	Robert Connolly	Dundrum South Dublin	34.05	AAI		Tyman Park, Dublin
2002	Pat Muldoon	Mullingar Harriers	38.38	AAI		Ballybofey, Donegal
2003	Jerome Brooks	Finn Valley	32.27	AAI		Phoenix Park, Dublin
2004	Noel Kelly	Mullingar Harriers	32.07	AAI		St Augustine's College, Dungarvan,
2005	Emmet Dunleavy	Sligo	29.25	AAI		Tinryland, Carlow
2006	Alan McCormack	Dundrum South Dublin	34.27	AAI		Carraig Na bhFear, Cork
2007	James McCarthy	East Cork	37.05	AAI		Santry Demense, Dublin
2008	Dan Mulhare	North Laois	33.05	AAI		Piercetown, Wexford
2009	Sean Hehir	Rathfarnham WSAF	32.14	AAI		Santry Demense, Dublin
2010	Brendan O'Neill	Dundrum South Dublin	24.13	AAI		Lough Key Forest Park, Boyle, Roscommr.
2011	Michael Mulhare	North Laois	38.33	AAI		Santry Demense, Dublin
2012	Jayne Rossiter	Clonliffe Harriers	37.31	AAI		Lough Key Forest Park, Boyle, Roscommr.
2013	Chris Johnston	Letterkenny	26.42	AAI		Gransha Park, Derry
2014	Andrew Connick	Ferrybank	27.40	AAI		Dunboyne, Meath
2015	Liam Brady	Tullamore Harriers	26.31	AAI		Palace Grounds, Tuam, Galway
2016	Cian O'Reilly	Annalee	27.00	AAI		Dundalk IT, Louth
2017	Niall Sheehan	Gowran	27.53	AAI		Palace Grounds, Tuam, Galway
2018	Michael Harty	East Cork	30.39	AAI		Clarinbridge, Galway
2019	Sean O'Leary	Clonliffe Harriers	23.31	AAI		Dundalk IT, Louth
2020	Conor O'Mahoney	An Riocht	NT	AAI		Avondale House, Rathdrum, Wicklow
2021	<b>Not held due to Covid 19</b>					
2022	Evan Fitzgerald	Clonmel	25.00	AAI		Castlelyons
2023	Luke Dinsmore	Annadale Striders	25.33	AAI		Gowran Park
2024	Paul Hartnett	East Cork	29.03	AAI		Dundalk
2025	Abaas Edris	Castlegar	NT	AAI		Westport

## Intermediate Cross Country Team Champions

	Club Team	County Team	
1970	St. Finbarrs	Dublin 78 pts	BLE
1971	Clonliffe Harriers	Kildare	BLE
1972	Tullamore Harriers 53pts	Dublin 34pts	BLE
1973	Grange/Fermoy 53pts	Cork 62pts	BLE
1974	Galway City Harriers 48pts	Galway 56pts	BLE
1975	Donore Harriers 31pts	Dublin 46pts	BLE
1976	Clonliffe Harriers 63pts	Dublin 89pts	BLE
1977	Civil Service 56pts	Cork 82pts	BLE
1978	Kildare 53pts	Galway 25pts	BLE
1979	Donore Harriers 48pts	Dublin 57pts	BLE
1980	Lourdes 107 pts	Dublin 108pts	BLE
1981	Clonliffe Harriers 56pts	Dublin 76pts	BLE
1982	Donore Harriers 76pts	Dublin 89pts	BLE
1983	Limerick 53pts	Donegal 166pts	BLE
1984	Metro Harriers 46pts	Tipperary 106pts	BLE
1985	Clonliffe Harriers 52pts	Cork 38pts	BLE
1986	Slaneyside 67pts	Dublin 80pts	BLE
1987	North Laois 61pts	Dublin 96pts	BLE
1988	Sligo 109pts	Cork 84pts	BLE
1989	Finn Valley 79pts	Dublin 141pts	BLE
1990	Finn Valley 90pts	Dublin 74pts	BLE
1991	East Cork 52pts	Cork 95pts	BLE
1992	Dundrum South Dublin 84pts	Dublin 95pts	BLE
1993	Waterford 37pts	Waterford 90pts	BLE
1994	Clonliffe Harriers 51pts	Cork 126pts	BLE
1995	Tullamore Harriers 86pts	Dublin 138pts	BLE
1996	Civil Service 84pts	Dublin 104pts	BLE
1997	Civil Service 45pts	Dublin 114pts	BLE
1998	University College Cork 62pts	Cork 76pts	BLE
1999	Finn Valley 34pts	Donegal 98pts	BLE
2000	Clonmel 69pts	Dublin 88pts	BLE
2001	Dundrum South Dublin 36pts	Dublin 136pts	AAI
2002	Raheny Shamrock 76pts	Dublin 62pts	AAI
2003	Finn Valley 34pts	Donegal 104pts	AAI
2004	Clonliffe Harriers 106 pts	Cork 60pts	AAI
2005	Sligo 62pts	Dublin 68pts	AAI
2006	Dundrum South Dublin 46pts	Dublin 68pts	AAI
2007	Rathfarnham WSAF 55pts	Dublin 72pts	AAI
2008	Raheny Shamrock 25pts	Dublin 65pts	AAI
2009	Rathfarnham WSAF 44pts	Dublin 105pts	AAI
2010	City of Derry 47 pts	Dublin 117 pts	AAI
2011	Donore Harriers 70pts	Galway 162 pts	AAI
2012	Clonliffe Harriers 50 pts	Dublin 57 pts	AAI
2013	St Johns (Clare) 42 pts	Dublin 133 pts	AAI
2014	Finn Valley 33pts	Donegal 34pts	AAI
2015	Leevale 57pts	Dublin 81pts	AAI
2016	Ennis Track Club 37pts	Clare 91pts	AAI
2017	Clonliffe Harriers 62pts	Dublin 76pts	AAI
2018	East Cork 55pts	Kildare 121pts	AAI
2019	North Belfast Harriers 30 pts	Antrim 71 pts	AAI
2020	Donore Harriers 70pts	Dublin 86pts	AAI
2021	<b>Not held due to Covid 19</b>		
2022	Leevale 36 pts	Cork 63 pts	AAI
2023	Annadale Striders 23pts	Antrim 56 pts	AAI
2024	Clonliffe Harriers 35pts	Dublin 46 pts	AAI
2025	Ennis Track Club 22pts	Dublin 79 pts	AAI

## Novice Cross Country

					Venue
1906	R Purcell	New Ross Harriers	25.12	GAA	Clonskeagh, Dublin
1907	P Flynn	Waterford		GAA	Clonskeagh, Dublin
1908	J Hughes	Dundalk Harriers		GAA	Clonskeagh, Dublin
1909	PC O'Keeffe	Lees Football Club Harriers		GAA	Clonskeagh, Dublin
1910	JM O'Callaghan	Lees Football Club Harriers		GAA	Clonskeagh, Dublin
1911	JJ O'Connor	Galtymore		GAA	Dannycarney, Dublin
1912	P Cronin	Young Ireland Harriers		GAA	Dannycarney, Dublin
1913	P Mulvaney	Navan Eire Og		GAA	Glenageary, Dublin
1914	CJ O'Connor	Garristown		GAA	Larkfield, Harold's Cross, Dublin
1915	P Kelly	Galway		GAA	Larkfield, Harold's Cross, Dublin
1916	JJ Ryan	Tipperary	23.55	GAA	Larkfield, Harold's Cross, Dublin
<b>1917-1937 Not held</b>					
1938	JT Given	Dublin University	25.13	AAUE	Finglas, Dublin
1939	P Cullen	Terenure	23.00	AAUE	Finglas, Dublin
1940	J Ryan	O'Callaghan's Mills	24.20	AAUE	Finglas, Dublin
1941	B Gillolly	City & Suburban Harriers		AAUE	Finglas, Dublin
1942	M Murphy (tied)	O'Callaghan's Mills	24.17	AAUE	Finglas, Dublin
1942	J McInerny (tied)	O'Callaghan's Mills	24.17	AAUE	Finglas, Dublin
1943	Martin Egan	O'Callaghan's Mills		AAUE	Finglas, Dublin
1944	W Casey	O'Callaghan's Mills		AAUE	Finglas, Dublin
1945	P McMahon	O'Callaghan's Mills	25.05	AAUE	Finglas, Dublin
1946	P Butler	Brownstown	23.06	AAUE	Finglas, Dublin
1947	G Carolan	Civil Service	24.57	AAUE	Finglas, Dublin
1948	Patrick "Paddy" Fahey	Coolcree	23.45	AAUE	Finglas, Dublin
1949	Paddy Ross	Dublin University		AAUE	Finglas, Dublin
1950	C Halpin	St. Mary's	24.11	AAUE	Finglas, Dublin
1951	J O'Brien	Ballymadun, Ashbourne		AAUE	Finglas, Dublin
1952	Jim Douglas	Avondale		AAUE	Finglas, Dublin
1953	Albert John "Bertie" Messitt	Donore Harriers		AAUE	Barn Park, Finglas, Dublin
1954	Kevin Mannering	Fingal	22.43	AAUE	Finglas, Dublin
1955	S Welby	Dublin University		AAUE	Barn Park, Finglas, Dublin
1956	Sean Moore	Avondale	23.31	AAUE	Santry Court, Dublin
1957	John Kelly	Civil Service	21.02	AAUE	Santry, Dublin
1958	Mick Minehane	Civil Service	22.05	AAUE	Santry, Dublin
1959	Joe O'Keeffe	Civil Service		AAUE	Phoenix Park, Dublin
1960	John McDonnell	Clonliffe Harriers		AAUE	Santry, Dublin
1961	Hughie Duffy	Avondale	25.48	AAUE	Santry, Dublin
1962	Dick Burke	Clonliffe Harriers	24.15	AAUE	Santry, Dublin
1963	Brian Fitzpatrick	Crusaders		AAUE	Phoenix Park, Dublin
1964	Jim McNamara	Donore Harriers		AAUE	Santry, Dublin
1965	Tom Hopkins	Donore Harriers		AAUE	Phoenix Park, Dublin
1966	Paul Lavelle	Crusaders		AAUE	Phoenix Park, Dublin
1967	John Naughton	Donore Harriers		AAUE	Phoenix Park, Dublin
<b>1968-1992 Not held</b>					
1993	William Baldwin	Kildare		BLE	Sligo Racecourse, Sligo
1994	Paul Logan	Limerick	19.50	BLE	Claremorris, Mayo
1995	Conor Halpin	Metro/St Brigids		BLE	Phoenix Park, Dublin
1996	Tom Shannon	Moyvane		BLE	Tinryland, Carlow
1997	Garry Hayes	Metro/St Brigids		BLE	ALSAA, Dublin
1998	Fiachra Lombard	University College Cork		BLE	Ardattin, Carlow
1999	Enda Granfield	An Ríocht	19.10	BLE	Ballybrit Racecourse, Galway
2000	David Kelly	Sligo		BLE	Dunleer, Louth
2001	Josh Palmer	Togher		AAI	Rostrevor, Down
2002	Joe Byrne	Finn Valley		AAI	Dalغان Park, Navan, Meath
2003	Emmet Dunleavy	Sligo		AAI	Killybegs, Donegal
2004	Alan McCormack	Dundrum South Dublin		AAI	Belvedere House, Mullingar, Westmeath
2005	Dan Mulhare	North Laois		AAI	Athlone IT, Westmeath
2006	Sergui Ciobanu	Clonliffe Harriers		AAI	Athlone IT, Westmeath

2007	Brian Farrell	Sli Cualann		AAI	<i>St Augustine's College, Dungarvan,</i>
2008	Alan O'Brien	Crusaders		AAI	<i>Ballyhaise, Cavan</i>
2009	Stephen Murphy	Donore Harriers		AAI	<i>Coleraine, Derry</i>
2010	Michael Mulhare	North Laois		AAI	<i>Charleville Demesne, Tullamore Offaly</i>
2011	Eoin Everard	Kilkenny City Harriers	20.10	AAI	<i>Curragh Camp, Kildare</i>
2012	Dermot McDermott	Sligo	19.49	AAI	<i>Adamstown, Wexford</i>
2013	Sean Tobin	Clonmel	19.23	AAI	<i>Waterford IT, Waterford</i>
2014	Ben Thistlewood	Leevale	20.22	AAI	<i>Santry Demesne, Dublin</i>
2015	Stephen Lawlor	St Abbans	19.54	AAI	<i>St Augustine's College, Dungarvan,</i>
2016	John Paul Williamson	Derry Track Club	19.00	AAI	<i>Dundalk IT, Louth</i>
2017	Jack MacGabhann	Dundrum South Dublin	19.55	AAI	<i>Waterford IT, Waterford</i>
2018	Zac Hanna	Newcastle & District	19.36	AAI	<i>Navan Racecourse, Meath</i>
2019	Donal Devane	Ennis	21.02	AAI	<i>Cow Park, Dunboyne, Meath</i>
2020	<b>Not held due to Covid 19</b>				
2021	Liam Harris	Togher	18.43	AAI	<i>Gowran Park</i>
2022	Paul Hartnett	East Cork	18.57	AAI	<i>Conna</i>
2023	Michael Murphy	Tullamore Harriers	19.37	AAI	<i>Navan</i>
2024	Sean McGinley	Finn Valley	18.46	AAI	<i>Tramore</i>
2025	Callum Barron	Killenny City Harriers	20.48	AAI	<i>Abbotstown</i>

## Novice Cross Country Team Champions

Year	Club Team	County Team	Association
1906	New Ross 47 pts		GAA
1907	Waterford City Harriers 62 pts		GAA
1908	Dundalk Harriers 61 pts		GAA
1909	Lee Football Club Harriers 65 pts		GAA
1910	Lee Football Club Harriers 39 pts		GAA
1911	Co. Dublin Harriers		GAA
1912		Tipperary 45 pts	GAA
1913	South County Dublin Harriers 44 pts		GAA
1914		Dublin 35 pts	GAA
1915		Galway 61 pts	GAA
1916	Cork City Harriers 28 pts		GAA
1917-1937	Not held		
1938	O'Callaghan's Mills 25 pts		AAUE
1939	Dublin University 97 pts		AAUE
1940	O'Callaghan's Mills 71 pts		AAUE
1941	Donore Harriers 51pts		AAUE
1942	O'Callaghan's Mills 31 pts		AAUE
1943	O'Callaghan's Mills 21 pts		AAUE
1944	O'Callaghan's Mills 29 pts		AAUE
1945	O'Callaghan's Mills 48 pts		AAUE
1946	O'Callaghan's Mills 49 pts		AAUE
1947	O'Callaghan's Mills 33 pts		AAUE
1948	Coolcree 49 pts		AAUE
1949	Civil Service 101 pts		AAUE
1950	Clonliffe Harriers 80 pts		AAUE
1951	Ballymadun, Ashbourne 48 pts		AAUE
1952	Donore Harriers 86 pts		AAUE
1953	Avondale 76 pts		AAUE
1954	Fingal 57 pts		AAUE
1955	Clonliffe Harriers 46 pts		AAUE
1956	Donore Harriers 56 pts		AAUE
1957	Civil Service 42 pts		AAUE
1958	Clonliffe Harriers 81 pts		AAUE
1959	Donore Harriers 58 pts		AAUE
1960	Clonliffe Harriers 77 pts		AAUE
1961	Donore Harriers 68 pts		AAUE
1962	Civil Service 56 pts		AAUE
1963	Clonliffe Harriers 75 pts		AAUE
1964	Donore Harriers 36 pts		AAUE
1965	Donore Harriers 57 pts		AAUE
1966	Crusaders 62 pts		AAUE
1967	Avondale 68 pts		AAUE
1968-1992	Not held		
1993	Leevale 74pts	Dublin 25pts	BLE
1994	Tullamore Harriers 130pts	Donegal 77pts	BLE
1995	Civil Service 101pts	Dublin 46pts	BLE
1996	Liffey Valley 72pts	Dublin 49pts	BLE
1997	University College Cork 104pts	Cork 120pts	BLE
1998	Sligo 74pts	Dublin 151pts	BLE
1999	North Laois 72pts	Dublin 136pts	BLE
2000	Sportsworld 135pts	Dublin 149pts	BLE
2001	Leevale 59pts	Cork 60pts	AAI
2002	Finn Valley 99pts	Dublin 156pts	AAI
2003	Togher 86pts	Dublin 111pts	AAI
2004	Rathfarnham WSAF 128pts	Dublin 119pts	AAI
2005	Rathfarnham WSAF 97pts	Dublin 97pts	AAI
2006	Togher 98pts	Cork 152pts	AAI

2007	Ennis Track Club 81pts	Clare 128pts	AAI
2008	Dundrum South Dublin 92pts	Waterford 114pts	AAI
2009	City of Derry 34pts	Derry 113pts	AAI
2010	North Laois 95pts	Cork 179pts	AAI
2011	St Malachys 42pts	Dublin 120pts	AAI
2012	Finn Valley 63pts	Cork 119pts	AAI
2013	Donore Harriers 51pts	Dublin 76pts	AAI
2014	Leevale 82pts	Cork 95pts	AAI
2015	Ennis Track 45pts	Laois 175pts	AAI
2016	Clonliffe Harriers 37pts	Dublin 98pts	AAI
2017	Dundrum South Dublin 76pts	Dublin 106pts	AAI
2018	Togher 129pts	Cork 76pts	AAI
2019	Leevale 70 pts	Dublin 159 pts	AAI
2020	<b>Not held due to Covid 19</b>		
2021	Leevale 52 pts	Cork 103 pts	AAI
2022	Mullingar Harriers 52 pts	Cork 93 pts	AAI
2023	Craughwell 79 pts	Dublin 85 pts	AAI
2024	Ennis Track 61pts	Cork 132 pts	AAI
2025	Lagan Valley 30 pts	Dublin 84 pts	AAI

## National T & F League Premier Division Champions

### Most Titles

Dublin City Harriers - 17

1981, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95,  
96, 99, 2000, 02, 04

### Longest Sequence of Titles

Dublin City Harriers

11 years 1986-1996

### Highest Points Total

Dublin City Harriers

151 pts 1989

1974	Leevale AC	60 pts	BLE
1975	Leevale AC	60 pts	BLE
1976	Leevale AC	72 pts	BLE
1977	Dublin City Harriers	76 pts	BLE
1978	Crusaders AC	78 pts	BLE
1979	Limerick AC	93 pts	BLE
1980	Annadale Striders	108 pts	BLE
1981	Dublin City Harriers	113 pts	BLE
1982	Annadale Striders	109 pts	BLE
1983	Limerick AC	127 pts	BLE
1984	Dublin City Harriers	142 pts	BLE
1985	Limerick AC	126 pts	BLE
1986	Dublin City Harriers	130 pts	BLE
1987	Dublin City Harriers	133 pts	BLE
1988	Dublin City Harriers	139 pts	BLE
1989	<b>Dublin City Harriers</b>	<b>151 pts</b>	<b>BLE</b>
1990	Dublin City Harriers	132 pts	BLE
1991	Dublin City Harriers	141 pts	BLE
1992	Dublin City Harriers	137 pts	BLE
1993	Dublin City Harriers	146 pts	BLE
1994	Dublin City Harriers	134 pts	BLE
1995	Dublin City Harriers	139 pts	BLE
1996	Dublin City Harriers	139 pts	BLE
1997	Crusaders AC	130 pts	BLE
1998	Crusaders AC	129.5 pts	BLE
1999	Dublin City Harriers	148 pts	BLE
2000	Dublin City Harriers	138 pts	AAI
2001	Crusaders AC	136 pts	AAI
2002	Dublin City Harriers	144 pts	AAI
2003	Crusaders AC	126 pts	AAI
2004	Dublin City Harriers	114 pts	AAI
2005	Crusaders AC	118 pts	AAI
2006	North Down	126 pts	AAI
2007	North Down	117pts	AAI
2008	Clonliffe Harriers	114pts	AAI
2009	Clonliffe Harriers	114pts	AAI
2010	Clonliffe Harriers	136pts	AAI
2011	Clonliffe Harriers	118pts	AAI
2012	Clonliffe Harriers	122pts	AAI
2013	Crusaders AC	130.5pts	AAI
2014	Leevale AC	116pts	AAI
2015	Clonliffe Harriers	129pts	AAI
2016	Clonliffe Harriers	120pts	AAI
2017	Clonliffe Harriers	125pts	AAI
2018	Clonliffe Harriers	127pts	AAI
2019	Clonliffe Harriers	135pts	AAI
2020	<b>Not held due to Covid 19</b>		
2021	Clonliffe Harriers	128pts	AAI

2022	Clonliffe Harriers	126pts	AAI
2023	Leevale AC	131pts	AAI
2024	Clonliffe Harriers	135pts	AAI
2025	Dundrum South Dublin	128 pts	AAI

### National T & F League 1st Division Champions

2000	Togher/Blarney	121pts	AAI
2001	Templemore	122pts	AAI
2002	St Abbans	125pts	AAI
2003	County Limerick	110pts	AAI
2004	North Down	112pts	AAI
2005	County Tipperary	106pts	AAI
2006	Shercock	112pts	AAI
2007	West Waterford	115pts	AAI
2008	Ballymena & Antrim	116pts	AAI
2009	City of Derry	122pts	AAI
2010	Ferrybank	119pts	AAI
2011	County Galway	114 pts	AAI
2012	St Laurence O'Toole	110pts	AAI
2013	County Kildare	129.5pts	AAI
2014	Donore Harriers	115pts	AAI
2015	Kilkenny City Harriers	101pts	AAI
2016	Antrim Combined	108pts	AAI
2017	County Wexford	110pts	AAI
2018	Nenagh Olympic	107pts	AAI
2019	County Waterford	117pts	AAI
2020	<b>Not held due to Covid 19</b>	—	AAI
2021	Ratoath	107pts	AAI
2022	Tir Chonail	116pts	AAI
2023	Raheny Shamrock	119pts	AAI
2024	Kilkenny City Harriers	132pts	AAI
2025	Kilkenny City Harriers	110pts	AAI

### National T & F League Inter County Champions

1993	Meath		AAI
			AAI
2023	Galway	130pts	AAI
2024	Galway	135.5pts	AAI
2025	Galway	116pts	AAI

## National Road Relays

### Most Titles

Clonliffe Harriers - 17

1976, 77, 78, 79, 80, 81, 83, 86, 98, 99, 2002, 06,  
07, 08, 22, 23, 24

### Longest Sequence of Titles

Clonliffe Harriers

8 years 1976-1983

### Venue

Year	Team	Time	Code	Venue
1973	Donore Harriers	1.20.39	BLE	Bagenalsown
1974	Donore Harriers	1.19.59	BLE	Bagenalsown
1975	Donore Harriers	1.28.59	BLE	Cork
1976	Clonliffe Harriers	1.38.16	BLE	Dublin
1977	Clonliffe Harriers	1.33.38	BLE	Carlow
1978	Clonliffe Harriers	52.57	BLE	Mondello
1979	Clonliffe Harriers	1.05.14	BLE	Mondello
1980	Clonliffe Harriers	1.24.25	BLE	Dragheda
1981	Clonliffe Harriers	1.28.39	BLE	Mullingar
1982	Clonliffe Harriers	NT	BLE	Ballinteer
1983	Clonliffe Harriers	1.16.42	BLE	Tullamore
1984	Donore Harriers	51.19	BLE	Gowran
1985	Dublin City Harriers	48.21	BLE	Thurles
1986	Clonliffe Harriers	52.25	BLE	Gowran
1987	Donore Harriers	1.06.45	BLE	Sligo
1988	East Cork	54.58	BLE	Loughrea
1989	Donore Harriers	51.32	BLE	Gowran
1990	Sparta	54.22	BLE	Ballinamore
1991	East Cork	59.25	BLE	Clonmel
1992	Donore Harriers	1.02.08	BLE	Wexford
1993	Sparta	49.15	BLE	Ballybofey
1994	Annadale Striders	50.53	BLE	Sligo
1995	Annadale Striders	48.57	BLE	Coolmine, Dublin
1996	Annadale Striders	48.49	BLE	Coolmine, Dublin
1997	East Cork	49.40	BLE	Coolmine, Dublin
1998	Clonliffe Harriers	1.13.42	BLE	Sligo
1999	Clonliffe Harriers	49.41	BLE	Cork
2000	Annadale Striders	59.25	AAI	Dundalk
2001	Raheny Shamrock	58.55	AAI	Raheny
2002	Clonliffe Harriers	38.29	AAI	Raheny
2003	Raheny Shamrock	38.52	AAI	Raheny
2004	Raheny Shamrock	38.57	AAI	Raheny
2005	Rathfarnham / WSAF	38.29	AAI	Raheny
2006	Clonliffe Harriers	37.55	AAI	Raheny
2007	Clonliffe Harriers	37.42	AAI	Raheny
2008	Clonliffe Harriers	37.39	AAI	Raheny
2009	Raheny Shamrock	37.33	AAI	Raheny
2010	Raheny Shamrock	37.53	AAI	Raheny
2011	Raheny Shamrock	37.52	AAI	Raheny
2012	Rathfarnham / WSAF	38.33	AAI	Raheny
2013	Sligo	38.31	AAI	Raheny
2014	Sligo	38.08	AAI	Raheny
2015	Donore Harriers	37.52	AAI	Raheny
2016	Raheny Shamrock	37.26	AAI	Raheny
2017	Raheny Shamrock	37.38	AAI	Raheny
2018	Raheny Shamrock	37.47	AAI	Raheny
2019	Raheny Shamrock	37.11	AAI	Raheny
2020	<b>Not held due to Covid 19</b>			
2021	Raheny Shamrock	38.12	AAI	Raheny
2022	Clonliffe Harriers	36.45	AAI	Raheny
2023	Clonliffe Harriers	37.12	AAI	Raheny

2024	Clonliffe Harriers	37.00	AAI	Raheny
2025	Ennis Track	37.11	AAI	Raheny

## 4x100m Inter Club Relay

				Venue
1954	Civil Service	44.7	AAUE	Lansdowne Road
1954	University College Dublin	46.2	NACAI	Duggan Park, Ballinasloe
1955	Dublin University	45.0	AAUE	College Park
1955	University College Dublin	46.7	NACAI	Duggan Park, Ballinasloe
1956	Donore Harriers	43.9	AAUE	College Park
1956	University College Dublin	44.5	NACAI	Duggan Park, Ballinasloe
1957	Dublin University	44.2	AAUE	Lansdowne Road
1957	Nenagh Olympic	44.3	NACAI	Duggan Park, Ballinasloe
1958	Civil Service	45.0	AAUE	John F Kennedy Stadium, Santry (Crusa)
1958	University College Dublin	45.0	NACAI	Duggan Park, Ballinasloe
1959	Crusaders	43.8	AAUE	John F Kennedy Stadium, Santry (Crusa)
1959	University College Dublin	44.2	NACAI	Duggan Park, Ballinasloe
1960	Dublin University	43.4	AAUE	John F Kennedy Stadium, Santry (Crusa)
1960	University College Dublin	45.7	NACAI	Duggan Park, Ballinasloe
1961	Civil Service	43.7	AAUE	John F Kennedy Stadium, Santry (Crusa)
1961	University College Dublin	44.2	NACAI	Duggan Park, Ballinasloe
1962	Donore Harriers	43.8	AAUE	John F Kennedy Stadium, Santry (Crusa)
1962	University College Dublin	43.8	NACAI	Duggan Park, Ballinasloe
1963	Albert Foundary	43.6	IAAB	John F Kennedy Stadium, Santry (Crusa)
1963	University College Galway	44.5	NACAI	Duggan Park, Ballinasloe
1963	Crusaders	42.8	AAUE	John F Kennedy Stadium, Santry (Crusa)
1964	Clonliffe Harriers	44.2	IAAB	Ormeau Park, Belfast
1964	Clonliffe Harriers	44.0	AAUE	John F Kennedy Stadium, Santry (Crusa)
1965	Clonliffe Harriers	43.7	AAUE	John F Kennedy Stadium, Santry (Crusa)
1966	Crusaders	NT	AAUE	John F Kennedy Stadium, Santry (Crusa)
1966	Crusaders	45.4	IAAB	Ormeau Park, Belfast
1967	Crusaders	45.0	BLE	Duggan Park, Ballinasloe
1968	St. Finbarrs	45.9	BLE	Kilcohan Park, Waterford
1969	Crusaders	43.2	BLE	Iveagh Grounds, Crumlin (Crusaders)
1970	Crusaders	43.0	BLE	John F Kennedy Stadium, Santry (Crusa)
1971	Crusaders	42.4	BLE	John F Kennedy Stadium, Santry (Crusa)
1972	University College Dublin	43.5	BLE	Iveagh Grounds, Crumlin (U.C.D.)
1973	Leevale		BLE	John F Kennedy Stadium, Santry
1974	Leevale	42.7	BLE	Belfield, UCD
1975	Limerick	43.0	BLE	Thomond College, Limerick
1976	Dublin City Harriers	46.2	BLE	Belfield, UCD
1977	Marcab	43.0	BLE	Limerick
1978	Crusaders	42.9	BLE	Belfield, UCD
1979	Dublin City Harriers	42.3	BLE	Belfield, UCD
1980	Dublin City Harriers	43.05	BLE	Tullamore Harriers Stadium
1981	Dublin City Harriers	43.3	BLE	Mardyke, Cork
1982	Limerick	42.7	BLE	Tullamore Harriers Stadium
1983	Dublin City Harriers	41.9	BLE	Belfield, UCD
1984	Dublin City Harriers	43.6	BLE	Morton Stadium, Santry
1985	Clonliffe Harriers	42.9	BLE	Mardyke, Cork
1986	Dublin City Harriers	43.3	BLE	Belfield, UCD
1987	Dublin City Harriers	41.7	BLE	Belfield, UCD
1988	Donore Harriers	43.3	BLE	Belfield, UCD
1989	Togher	42.6	BLE	Tullamore Harriers Stadium
1990	Togher	43.0	BLE	Cork RTC
1991	Waterford City	43.42	BLE	Tullamore Harriers Stadium
1992	City of Lisburn	41.9	BLE	Belfield, UCD
1993	Dublin City Harriers	42.10	BLE	Tullamore Harriers Stadium
1994			BLE	Belfield, UCD
1995	Borrisokane	44.4	BLE	Scanlon Park, Kilkenny
1996	Ballymena & Antrim	41.4	BLE	Tullamore Harriers Stadium

1997	Templemore	44.4		BLE	Morton Stadium, Santry
1998				BLE	
1999				BLE	Morton Stadium, Santry
2000				AAI	
2001				AAI	
2002	Clonliffe Harriers	43.7		AAI	Claremont Stadium, Navan
2003	Clonliffe Harriers	44.0		AAI	
2004	Not held			AAI	
2005	Not held			AAI	
2006	Shercock	43.9		AAI	
2007	Leevale	43.2		AAI	
2008	As part of AAI Games			AAI	
2009				AAI	
2010	Tullamore Harriers	42.68		AAI	Castleisland, Kerry
2011				AAI	
2012	Raheny Shamrock	42.75		AAI	Morton Stadium, Santry
2013	Meniapians	43.89		AAI	Morton Stadium, Santry
2014	<b>Clonliffe Harriers</b>	<b>41.48</b>	CR	AAI	Morton Stadium, Santry
2015	Clonliffe Harriers	41.98		AAI	Morton Stadium, Santry
2016	Emerald	43.13		AAI	Morton Stadium, Santry
2017	Nenagh Olympic	42.94		AAI	Morton Stadium, Santry
2018	Tallaght	41.83		AAI	Morton Stadium, Santry
2019	Tallaght	43.34		AAI	Morton Stadium, Santry
2020	<b>Not held due to Covid 19</b>				
2021	Leevale	42.42		AAI	Morton Stadium, Santry
2022	Tallaght	42.22		AAI	Morton Stadium, Santry
2023	Tallaght	41.81		AAI	Morton Stadium, Santry
2024	West Coast	42.37		AAI	Morton Stadium, Santry
2025	Tallaght	41.66		AAI	Morton Stadium, Santry

## 4x220y Inter Club Relay

1954	University College Dublin	1.37.6	NACAI	Duggan Park, Ballinasloe
1955	University College Dublin	1.38.0	NACAI	Duggan Park, Ballinasloe
1956	University College Dublin	1.34.0	NACAI	Duggan Park, Ballinasloe
1957	St James's Gate	1.32.1	NACAI	Duggan Park, Ballinasloe
1958	St James's Gate	1.32.2	NACAI	Duggan Park, Ballinasloe
1959	University College Dublin	1.32.8	NACAI	Duggan Park, Ballinasloe
1960	Dowdallshill	1.36.6	NACAI	Duggan Park, Ballinasloe
1961	University College Dublin	1.35.1	NACAI	Duggan Park, Ballinasloe
1962	University College Dublin	1.34.0	NACAI	Duggan Park, Ballinasloe
1963	Crusaders	1.29.5	IAAB	Santry
1963	University College Dublin	1.33.8	NACAI	Duggan Park, Ballinasloe
1964	Clonliffe Harriers	1.31.2	IAAB	Ormeau Park, Belfast
1965	Clonliffe Harriers		IAAB	Santry
1966	Crusaders	1.35.3	IAAB	Ormeau Park, Belfast
1967	St. Finbarrs	1.33.3	BLE	Duggan Park, Ballinasloe
1973	Leevale	1.30.3	BLE	John F Kennedy Stadium, Santry
1974	Leevale	1.30.5	BLE	Belfield, UCD
1975	Limerick	1.32.2	BLE	Thomond College, Limerick

## 4x400m Inter Club Relay

1954	University College Dublin	3.42.6	NACAI	Duggan Park, Ballinasloe
1955	Dublin University	3.29.6	AAUE	College Park
1955	University College Dublin	3.44.0	NACAI	Duggan Park, Ballinasloe
1956	University College Dublin	3.34.8	NACAI	Duggan Park, Ballinasloe
1957	Celtic	3.27.3	NACAI	Duggan Park, Ballinasloe
1958	Celtic	3.33.7	NACAI	Duggan Park, Ballinasloe
1959	Dublin University	3.21.2	AAUE	John F Kennedy Stadium, Santry
1959	Inchicore	3.31.0	NACAI	Duggan Park, Ballinasloe
1960	Crusaders	3.19.1	AAUE	John F Kennedy Stadium, Santry
1960	University College Dublin	3.46.6	NACAI	Duggan Park, Ballinasloe
1961	Crusaders	3.18.2	AAUE	John F Kennedy Stadium, Santry
1961	University College Dublin	3.34.5	NACAI	Duggan Park, Ballinasloe
1962	Crusaders	3.17.6	AAUE	John F Kennedy Stadium, Santry
1962	University College Cork	3.30.8	NACAI	Duggan Park, Ballinasloe
1963	Crusaders	3.19.2	IAAB	John F Kennedy Stadium, Santry
1963	Waterford	3.32.0	NACAI	Duggan Park, Ballinasloe
1963	Crusaders	3.18.6	AAUE	John F Kennedy Stadium, Santry
1964	Crusaders	3.21.9	IAAB	Ormeau Park, Belfast
1964	Crusaders	3.19.5	AAUE	John F Kennedy Stadium, Santry
1965	Crusaders	3.24.0	AAUE	John F Kennedy Stadium, Santry
1966	Crusaders	NT	AAUE	John F Kennedy Stadium, Santry
1966	Crusaders	3.26.2	IAAB	Ormeau Park, Belfast
1967	St. Finbarrs	3.28.4	BLE	Duggan Park, Ballinasloe
1968	University College Dublin	3.28.6	BLE	Blarney
1969	St. Finbarrs	3.28.2	BLE	Blarney
1970	Raheny Shamrock	3.24.8	BLE	Banteer

1971	Crusaders	3.22.3	BLE	John F Kennedy Stadium, Santry
1972	Grange	3.20.4	BLE	Claremorris
1973	Dublin City Harriers	3.21.1	BLE	John F Kennedy Stadium, Santry
1974	Civil Service Harriers	3.24.4	BLE	Belfield, UCD
1975	Limerick	3.21.7	BLE	Thomond College, Limerick
1976	Dublin City Harriers	3.22.8	BLE	Belfield, UCD
1977	Raheny Shamrock	3.21.4	BLE	Limerick
1978	Raheny Shamrock	3.19.0	BLE	Belfield, UCD
1979	Dublin City Harriers	3.18.9	BLE	Belfield, UCD
1980	Dublin City Harriers	3.19.00	BLE	Tullamore Harriers Stadium
1981	Dublin City Harriers	3.22.0	BLE	Mardyke, Cork
1982	Dublin City Harriers	3.18.8	BLE	Tullamore Harriers Stadium
1983	Dublin City Harriers	3.19.2	BLE	Belfield, UCD
1984	Dublin City Harriers	3.16.3	BLE	Morton Stadium, Santry
1985	Waterford	3.18.4	BLE	Mardyke, Cork
1986	Limerick	3.15.6	BLE	Belfield, UCD
1987	Dublin City Harriers	3.30.3	BLE	Belfield, UCD
1988			BLE	Belfield, UCD
1989	Raheny Shamrock	3.20.2	BLE	Tullamore Harriers Stadium
1990	Not held		BLE	Cork RTC
1991	Dundrum South Dublin	3.24.68	BLE	Tullamore Harriers Stadium
1992	City of Lisburn	3.18.0	BLE	Belfield, UCD
1993	Waterford	3.31.44	BLE	Tullamore Harriers Stadium
1994	University College Dublin	3.17.4	BLE	Belfield, UCD
1995	University College Dublin	3.17.5	BLE	Scanlon Park, Kilkenny
1996	Ballymena & Antrim	3.15.0	BLE	Tullamore Harriers Stadium
1997	Ballybrack	3.28.9	BLE	Morton Stadium, Santry
1998	Borrisokane	3.31.1	BLE	Scanlon Park, Kilkenny
1999	Ballymena & Antrim	NT	BLE	Morton Stadium, Santry
2000			AAI	
2001			AAI	
2002	Dundrum South Dublin	3.25.28	AAI	Claremont Stadium, Navan
2003	Dublin City Harriers	3.32.02	AAI	
2004	Menapians	3.33.4	AAI	Nenagh Indoor Complex
2005	Carrick-On-Shannon	3.43.61	AAI	Tullamore Harriers Stadium
2006	Shercock	3.33.2	AAI	
2007	Togher	3.17.2	AAI	
2008			AAI	
2009			AAI	
2010	Tullamore Harriers	3.22.71	AAI	
2011			AAI	
2012	<b>Crusaders</b>	<b>3.10.59</b>	CR	Morton Stadium, Santry
2013	Ferrybank	3.11.65	AAI	Morton Stadium, Santry
2014	North Down	3.18.70	AAI	Morton Stadium, Santry
2015	Raheny Shamrock	3.18.28	AAI	Morton Stadium, Santry
2016	Ferrybank	3.16.07	AAI	Morton Stadium, Santry
2017	Crusaders	3.17.28	AAI	Morton Stadium, Santry
2018	St. Abban's	3.17.01	AAI	Morton Stadium, Santry
2019	Donore Harriers	3.18.92	AAI	Morton Stadium, Santry
2020	<b>Not held due to Covid 19</b>			
2021	Emerald	3.23.45	AAI	Morton Stadium, Santry
2022	Emerald	3.18.34	AAI	Morton Stadium, Santry
2023	Dundrum South Dublin	3.23.00	AAI	Morton Stadium, Santry
2024	Ratoath	3.21.00	AAI	Morton Stadium, Santry
2025	Dundrum South Dublin	3.19.84	AAI	Morton Stadium, Santry

## 4x400m Inter Club Mixed Relay

2025	University College Dublin	3.35.31	AAI	Morton Stadium, Santry
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## 4x800m Inter Club Relay

				Venue
1954	University College Dublin	8.31.2	NACAI	4 x 880 yds Duggan Park, Ballinasc
1955	University College Dublin	8.33.0	NACAI	4 x 880 yds Duggan Park, Ballinasc
1956	University College Dublin	8.15.0	NACAI	4 x 880 yds Duggan Park, Ballinasc
1957	University College Dublin	8.15.4	NACAI	4 x 880 yds Duggan Park, Ballinasc
1958	University College Dublin	8.15.8	NACAI	4 x 880 yds Duggan Park, Ballinasc
1959	Inchicore	8.08.1	NACAI	4 x 880 yds Duggan Park, Ballinasc
1960	Waterford	8.20.4	NACAI	4 x 880 yds Duggan Park, Ballinasc
1961	University College Dublin	8.31.8	NACAI	4 x 880 yds Duggan Park, Ballinasc
1962	University College Cork	8.07.9	NACAI	4 x 880 yds Duggan Park, Ballinasc
1963	Donore Harriers	8.02.4	IAAB	4 x 880 yds Santry
1963	Dublin City Harriers	8.02.3	NACAI	4 x 880 yds Duggan Park, Ballinasc
1964	Donore Harriers	8.05.6	IAAB	4 x 880 yds Ormeau Park, Belfast
1965	Clonliffe Harriers	7.31.2	IAAB	4 x 880 yds Santry
1966	Crusaders	7.57.8	IAAB	4 x 880 yds Ormeau Park, Belfast
1967	Crusaders	7.59.3	BLE	4 x 880 yds Duggan Park, Ballinasc
1973	Clonliffe Harriers	7.34.6	BLE	4 x 800m John F Kennedy Stadium
1974	Civil Service Harriers	7.46.4	BLE	4 x 800m Belfield, UCD
1975	Crusaders	7.52.0	BLE	4 x 800m Thomond College, Lime.
1976	Limerick	7.57.2	BLE	4 x 800m Belfield, UCD
1977	Dublin City Harriers	7.49.6	BLE	4 x 800m Limerick
1978	Leevale	7.41.6	BLE	4 x 800m Belfield, UCD
1979	South Dublin	7.57.3	BLE	4 x 800m Belfield, UCD
1980	Civil Service Harriers	7.44.0	BLE	4 x 800m Tullamore Harriers Staa
1981	Donore Harriers	7.44.4	BLE	4 x 800m Mardyke, Cork
1982	Dublin City Harriers	7.41.8	BLE	4 x 800m Tullamore Harriers Staa
1983	Limerick	7.39.5	BLE	4 x 800m Belfield, UCD
1984	Dublin City Harriers	7.46.0	BLE	4 x 800m Morton Stadium, Santry
1985	Leevale	7.38.3	BLE	4 x 800m Mardyke, Cork
1986	Limerick	7.36.3	BLE	4 x 800m Belfield, UCD
1987	Leevale	7.44.3	BLE	4 x 800m Belfield, UCD
1988	Raheny Shamrock	7.48.3	BLE	4 x 800m Belfield, UCD
1989	Raheny Shamrock	7.40.4	BLE	4 x 800m Tullamore Harriers Staa
1990	Raheny Shamrock	7.37.4	BLE	4 x 800m Cork RTC
1991	Raheny Shamrock	5.45.62	BLE	3 x 800m Tullamore Harriers Staa
1992	Treaty, Limerick	7.40.0	BLE	4 x 800m Belfield, UCD
1993	Raheny Shamrock	5.53.52	BLE	3 x 800m Tullamore Harriers Staa
1994	University College Dublin	5.50.9	BLE	3 x 800m Belfield, UCD
1995	University College Dublin	5.39.9	BLE	3 x 800m Scanlon Park, Kilkenny
1996	University College Dublin	5.35.9	BLE	3 x 800m Tullamore Harriers Staa
1997	Not held		BLE	Morton Stadium, Santry,
1998	Finn Valley	6.01.6	BLE	3 x 800m Scanlon Park, Kilkenny
1999				
2000				
2001				
2002	Rathfarnham WSAF	6.00.58	AAI	3 x 800m Claremont Stadium, Na
2003	Rathfarnham WSAF	5.55.3	AAI	3 x 800m Claremont Stadium, Na
2004	Kilkenny City Harriers	6.04.4	AAI	3 x 800m Nenagh Indoor Comple:
2005	Rathfarnham WSAF	5.53.47	AAI	3 x 800m Tullamore Harriers Staa
2006	Letterkenny	6.06.7	AAI	3 x 800m
2007	Leevale	5.59.8	AAI	3 x 800m
2008				
2009				
2010	Galway City Harriers	6.30.01	AAI	3 x 800m Castleisland

## 4x1 Mile Inter Club Relay

				Venue
1954	University College Dublin	19.28.9	NACAI	Duggan Park, Ballinasc
1955	University College Dublin	18.59.7	NACAI	Duggan Park, Ballinasc
1956	Metropolitan Harriers	18.22.6	NACAI	Duggan Park, Ballinasc
1957	Not held			
1958	Not held			
1959	Metropolitan Harriers	18.05.6	NACAI	Duggan Park, Ballinasc
1960	St Augustine's	18.25.5	NACAI	Duggan Park, Ballinasc
1961	St Augustine's	18.49.0	NACAI	Duggan Park, Ballinasc
1962	St Augustine's	17.39.2	NACAI	Duggan Park, Ballinasc
1963	Donore Harriers	17.20.8	IAAB	Santry
1963	St Augustine's	18.28.3	NACAI	Duggan Park, Ballinasc
1964	Donore Harriers	17.30.2	IAAB	Ormeau Park, Belfast
1965	Donore Harriers	17.39.0	IAAB	Santry
1966	Duncairn Nomads	17.47.5	IAAB	Ormeau Park, Belfast

## 1 Mile Medley Relay (440y,220y,220y,880y)

				Venue
1932	Dublin Metropolitan Garda	3.41.2	NACAI	Croke Park
1933	Dublin University	NT	NACAI	Croke Park
1934-1949	Not held			
1950	Celtic	3.47.0	NACAI	Dundalk
1951	Celtic	3.45.5	NACAI	Iveagh Grounds, Crumli
1952	University College Dublin	3.41.3	NACAI	Iveagh Grounds, Crumli
1953	University College Dublin	3.42.8	NACAI	Casement Park, Belfast
1954	University College Dublin	3.43.5	NACAI	Iveagh Grounds, Crumli
1955	University College Dublin	Walk Over	NACAI	Iveagh Grounds, Crumli
1956	Dublin City Harriers	3.39.5	NACAI	Iveagh Grounds, Crumli
1957	University College Dublin	3.39.5	NACAI	Iveagh Grounds, Crumli
1958	St. Finnbarr's	NT	NACAI	Iveagh Grounds, Crumli
1959	University College Cork	3.25.8	NACAI	Iveagh Grounds, Crumli
1960	Inchicore	3.45.8	NACAI	Iveagh Grounds, Crumli
1961	University College Cork	3.36.6	NACAI	Fermoy
1962	St. Finnbarr's	3.39.4	NACAI	Killarney
1963	St. Finnbarr's	3.38.5	NACAI	Killarney
1964	St. Finnbarr's	3.37.6	NACAI	Gorey
1965	St. Finnbarr's	3.37.0	NACAI	Banteer
1966	Waterford	3.38.4	NACAI	Banteer
1967	Crusaders	3.31.0	BLE	Banteer

## 2 x 120y Shuttle Hurdles

1954	University College Dublin	33.4	NACAI	Duggan Park, Ballinasc
1955	Not held		NACAI	
1956	University College Dublin	37.1	NACAI	Duggan Park, Ballinasc
1957	Ballinasloe	29.6	NACAI	Duggan Park, Ballinasc
1958	St James's Gate	35.8	NACAI	Duggan Park, Ballinasc
1959	University College Dublin	32.0	NACAI	Duggan Park, Ballinasc
1960	University College Dublin	32.3	NACAI	Duggan Park, Ballinasc
1961	University College Dublin	32.6	NACAI	Duggan Park, Ballinasc

## 2 x 110m Hurdles

1973	Dublin City Harriers	50.31	BLE	3 x 110	John F Kennedy Stadium
1975	Waterford	33.1	BLE		Thomond College, Lime
1992	Nenagh Olympic	34.5	BLE		Belfield, UCD
1993	Not held				Tullamore Harriers Staa
1994	Not held				Belfield, UCD
1995	D.M.P.	39.9	BLE		Scanlon Park, Kilkenny
1996	Ferrybank	31.4	BLE		Tullamore Harriers Staa
1997	Ferrybank	35.5	BLE		Morton Stadium, Santry
1998	Borrisokane	36.8	BLE		Scanlon Park, Kilkenny
2002	St. Abbans	42.36	AAI		Claremont Stadium, Na
2003	Templemore	39.4	AAI		Claremont Stadium, Na
2004	Tullamore Harriers	21.6	AAI	2 x 60mH	Nenagh Indoor Comple

## 3000m/5000m Team Race @ National Relays

1957	University College Dublin	15 pts	NACAI	3 x 1 mile	Duggan Park, Ballinasc
1958	Inchicore	21 pts	NACAI	3 x 1 mile	Duggan Park, Ballinasc
1967	Donore Harriers		BLE	3 x 1 mile	Duggan Park, Ballinasc
1973	Donore Harriers	22 pts	BLE	3 x 3000m	John F Kennedy Stadium
1974	Crusaders	17 pts	BLE	3 x 3000m	Belfield, UCD
1975	Donore Harriers	15 pts	BLE	3 x 3000m	Thomond College, Lime.
1976	Limerick	8 pts	BLE	3 x 3000m	Belfield, UCD
1977	Donore Harriers	9 pts	BLE	3 x 3000m	Limerick
1978	Clonliffe Harriers		BLE	3 x 3000m	Belfield, UCD
1979	Clonliffe Harriers	30 pts	BLE	3 x 3000m	Belfield, UCD
1980	Tullamore Harriers	20 pts	BLE	3 x 3000m	Tullamore Harriers Staa
1981	Clonliffe Harriers	16 pts	BLE	3 x 5000m	Mardyke
1982					
1983	Clonliffe Harriers	43.05.5	BLE	3 x 5000m	Belfield, UCD
1984					Morton Stadium, Santry,
1985	Leevale		BLE	3 x 5000m	Mardyke, Cork
1986	Clonliffe Harriers	6 pts	BLE	3 x 5000m	Belfield, UCD
1987	Clonliffe Harriers	23 pts	BLE	3 x 5000m	Belfield, UCD
1988	Metro St. Brigids	16 pts			Belfield, UCD
1989	Clonliffe Harriers	13 pts	BLE	3 x 5000m	Tullamore Harriers Staa
1990	East Cork		BLE	3 x 5000m	Cork RTC
1991	Metropolitan Harriers	16 pts	BLE	3 x 5000m	Tullamore Harriers Staa
1992	Clonliffe Harriers	15 pts	BLE	3 x 5000m	Belfield, UCD
1993	Leevale	13 pts	BLE	3 x 5000m	Tullamore Harriers Staa
1994	Sparta	17 pts	BLE	3 x 5000m	Belfield, UCD
1995	Liffey Valley	17 pts	BLE	3 x 5000m	Scanlon Park, Kilkenny
1996	Civil Service	17 pts	BLE	3 x 5000m	Tullamore Harriers Staa
1997					
1998	Civil Service	15 pts	BLE	3 x 5000m	Scanlon Park, Kilkenny
2002	Liffey Valley	12 pts	AAI	3 x 5000m	Claremont Stadium, Na
2003	Raheny Shamrock	10 pts	AAI	3 x 5000m	Claremont Stadium, Na
2004	Liffey Valley	6 pts	AAI	3 x 3000m	Nenagh Indoor Comple
2005	Raheny Shamrock	16 pts	AAI	3 x 5000m	Tullamore Harriers Staa
2006	West Waterford	11 pts	AAI	3 x 5000m	Claremont Stadium, Na
2007	East Cork	9 pts	AAI	3 x 5000m	
2008					
2009					
2010	East Cork	49.27.54	AAI	3 x 5000m	Castleisland

## Inter-County 3 x 1600 m Mixed Walk

1997	Carlow		BLE		Morton Stadium, Santry,
1998	Kilkenny	23.27.7	BLE		Scanlon Park, Kilkenny
1999	Donegal				
2000	Carlow		AAI		
2001					
2002	Carlow	22.57.86	AAI		Claremont Stadium, Na
2003	Carlow	23.49.3	AAI		Claremont Stadium, Na
2004	Cavan	13.38.3	AAI		Nenagh Indoor Comple

## 2 x High Jump

1973	University College Dublin	3.60	BLE	John F Kennedy Stadium, Santry
1974	Donore Harriers	3.81	BLE	Belfield, UCD
1975	Roscommon	3.72	BLE	Thomond College, Limerick
1982	Leevale	3.57	BLE	Tullamore Harriers Stadium
1986	Nenagh Olympic	3.91	BLE	Belfield, UCD
1987			BLE	
1988	Nenagh Olympic	2.75	BLE	Belfield, UCD
1989	Dundrum South Dublin	3.85	BLE	Cork RTC
1991	Nenagh Olympic	3.55	BLE	Tullamore Harriers Stadium
1992	Fermoy	3.70	BLE	Belfield, UCD
1993	Fermoy	3.75	BLE	Tullamore Harriers Stadium
1994	Letterkenny	3.80	BLE	Belfield, UCD
1995	Finn Valley	3.85	BLE	Scanlon Park, Kilkenny
1996				Tullamore Harriers Stadium
1997	Clonliffe Harriers	3.36	BLE	
1998	St Abban's	3.50	BLE	Scanlon Park, Kilkenny
1999	Tir Chonaill	3.44	BLE	Morton Stadium, Santry
2000				
2001				
2002	Carrick on Shannon	3.60	AAI	Claremont Stadium, Navan
2003	Carrick on Suir	3.55	AAI	Claremont Stadium, Navan
2004	Carrick on Shannon	3.65	AAI	Nenagh Indoor Complex
2005	Carrick on Shannon	3.70	AAI	Tullamore Harriers Stadium
2006	Shercock	3.46	AAI	Tullamore Harriers Stadium

## 2 x Pole Vault

1973	Nenagh Olympic	7.36	BLE	John F Kennedy Stadium, Santry
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## 2 x Long Jump

1973	University College Dublin	12.80	BLE	John F Kennedy Stadium
1974	Leevale	12.76	BLE	Belfield, UCD
1975	Waterford	11.99	BLE	Thomond College, Lime.
1982	Waterford	13.24	BLE	Tullamore Harriers Staa
1986	Limerick	13.52	BLE	Belfield, UCD
1987				
1988	Finn Valley	13.15		
1989	Strabane	12.92	BLE	Cork RTC
1991	Nenagh Olympic	12.95	BLE	Tullamore Harriers Staa
1992	Dublin City Harriers	13.52	BLE	Belfield, UCD
1993	Nenagh Olympic	12.86	BLE	Tullamore Harriers Staa
1994	Letterkenny	12.33	BLE	Belfield, UCD
1995	D.M.P.	12.86	BLE	Scanlon Park, Kilkenny
1996	Limerick	12.31	BLE	Tullamore Harriers Staa
1997	Clonliffe Harriers	13.11	BLE	Morton Stadium, Santry
1998	Borrisokane	12.75	BLE	Scanlon Park, Kilkenny
2002			AAI	Claremont Stadium, Na
2003	St. Marys (Limerick)	12.12	AAI	Nenagh Indoor Comple:
2004	St. Marys (Limerick)	12.93	AAI	Tullamore Harriers Staa
2005	St. Marys (Limerick)	13.07		Tullamore Harriers Staa
2006	St. Marys (Limerick)	12.43	AAI	
2007				
2008				
2009				
2010	Bandon	10.79	AAI	

## 2 x Triple Jump

1974	Leevale	27.45	BLE	Belfield, UCD
1975	Ballymore	25.98	BLE	Thomond College, Lime.
1994	Letterkenny	26.25	BLE	Belfield, UCD
1995	D.M.P.	25.98	BLE	Scanlon Park, Kilkenny
1996	St Abban's	25.49	BLE	Tullamore Harriers Staa
1997	Not held			
1998	Borrisokane	25.70	BLE	Scanlon Park, Kilkenny
2002	St. Abbans	24.39	AAI	Claremont Stadium, Na
2003	St. Abbans	21.28	AAI	Claremont Stadium, Na
2004	Belgooly	25.15	AAI	Nenagh Indoor Comple:
2010	Templemore	19.45	AAI	Castleisland

## 2 x Shot Put

1973	Limerick	26.56	BLE	John F Kennedy Stadium
1974	Leevale	24.89	BLE	Belfield, UCD
1975	Limerick	26.09	BLE	Thomond College, Lime.
1976	Ballyfermot	29.31	BLE	Belfield, UCD
1982	Finn Valley	22.80	BLE	Tullamore Harriers Staa
1986	Crusaders	26.34	BLE	Belfield, UCD
1987			BLE	
1988	Crusaders	25.79	BLE	Belfield, UCD
1989	Dublin City Harriers	25.45	BLE	Cork RTC
1991	Ferrybank	23.74	BLE	Tullamore Harriers Staa
1992	Dublin City Harriers	24.38	BLE	Belfield, UCD
1993	St John's, Clare	24.69	BLE	Tullamore Harriers Staa
1994	Dublin City Harriers	25.90	BLE	Belfield, UCD
1995	Dublin City Harriers	27.82	BLE	Scanlon Park, Kilkenny
1996	University College Dublin	25.53	BLE	Tullamore Harriers Staa
1997	Dundrum South Dublin			
1998	Liscaugh, Co. Limerick (Lisgaugh)	24.44	BLE	Scanlon Park, Kilkenny
2002	Donore Harriers	25.42	AAI	Claremont Stadium, Na
2003	Crusaders	26.63	AAI	Claremont Stadium, Na
2004	Brow Rangers	21.97	AAI	Nenagh Indoor Comple
2005	Limerick	30.47	AAI	Tullamore Harriers Staa
2006	Star of the Sea	25.72	AAI	Claremont Stadium, Na
2007				
2008				
2009				
2010	Farranfore / Maine Valley	24.94	AAI	Castleisland

## 2 x Discus

1973	Limerick	82.04	BLE	John F Kennedy Stadium
1974	Crusaders	84.99	BLE	Belfield, UCD
1975	Limerick	76.00	BLE	Thomond College, Lime.
1976	St. Finnbarrs	92.74	BLE	Belfield, UCD
1989	Dublin City Harriers	78.98	BLE	Cork RTC
1991	Ferrybank	74.57	BLE	Tullamore Harriers Staa
1992	Dublin City Harriers	82.56	BLE	Belfield, UCD
1993	Donore Harriers	81.29	BLE	Tullamore Harriers Staa
1994	Dublin City Harriers	79.88	BLE	Belfield, UCD

1995	Dublin City Harriers	86.34	BLE	Scanlon Park, Kilkenny
1996	Donore Harriers	80.00	BLE	Tullamore Harriers Staa
1997	Dundrum South Dublin	70.44	BLE	Morton Stadium, Santry
1998	Donore Harriers	72.63	BLE	Scanlon Park, Kilkenny
2002	Donore Harriers	86.97	AAI	Claremont Stadium, Na
2003	Donore Harriers	76.91	AAI	Claremont Stadium, Na
2004				
2005	Donore Harriers	90.47	AAI	Tullamore Harriers Staa
2006	Donore Harriers	87.84	AAI	Claremont Stadium, Na
2010	Farranfore / Maine Valley	78.70	AAI	Castleisland

## 2 x Javelin

1973	Leevale	103.61	BLE	John F Kennedy Stadium
1974	Dublin City Harriers	96.75	BLE	Belfield, UCD
1975	Leevale	109.18	BLE	Thomond College, Lime.

## 2 x 56 lb for Distance

1994	Mayo	13.77	BLE	Belfield, UCD
1995	Liscaugh, Co. Limerick (Lisgaugh)	13.93	BLE	Scanlon Park, Kilkenny
1996	Liscaugh, Co. Limerick (Lisgaugh)	13.29	BLE	Tullamore Harriers Staa
1997	Liscaugh, Co. Limerick (Lisgaugh)	13.06		
2000	Brow Rangers	ND	AAI	
2001				
2002	Brow Rangers	13.38	AAI	Claremont Stadium, Na
2003	Thurles Crokes	13.91	AAI	Claremont Stadium, Na
2004	Brow Rangers	13.73	AAI	Nenagh Indoor Comple
2005	Brow Rangers	13.86	AAI	Tullamore Harriers Staa
2006	Templemore	14.18	AAI	Claremont Stadium, Na

## Slinging 56lbs Weight Between Legs (Without Follow)

### Most titles

**Tadgh Twomey - 16**

**1962, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72,  
73, 74, 75, 76, 77**

**John Menton - 13**

**1991, 93, 95, 96, 97, 98, 2001, 03, 04, 05, 06,  
07, 08**

### Championship Record

**Nicky Sweeney**

**9.23**

**1994**

<b>1884</b>	William JM Barry	Queen's College Cork	7.80	AAAI	
<b>1887</b>	James O'Brien	Clonmel	7.44	IAAA	
<b>1888</b>	James O'Brien	Clonmel	7.44	IAAA	
<b>1891</b>	William JM Barry	Queen's College Cork	7.85	IAAA	
<b>1892</b>	John G Stritch	Kilworth, Co. Cork	7.57	IAAA	
<b>1893</b>	Denis Horgan	Banteer	7.49	IAAA	(w/o Follow)
<b>1895</b>	Thomas Francis "Tom" Kiely	Ballyneale, Co. Tipperary	8.10	IAAA	
<b>1896</b>	Denis Horgan	Banteer	7.47	IAAA	
<b>1896</b>	Denis Horgan	Banteer	7.34	GAA	
<b>1897</b>	Jeremiah Delaney	Riverstown, Co. Cork	7.82	IAAA	
<b>1897</b>	Jeremiah Delaney	Riverstown, Co. Cork	7.75	GAA	
<b>1898</b>	Jeremiah Delaney	Riverstown, Co. Cork	7.73	IAAA	
<b>1898</b>	Jeremiah Delaney	Riverstown, Co. Cork	8.13	GAA	
<b>1899</b>	Tom Phelan	Mullinahone, Co. Tipperary	7.67	GAA	
<b>1900</b>	John Mangan	Kilmuckridge, Co. Wexford	7.71	IAAA	
<b>1900</b>	Tom Phelan	Mullinahone, Co. Tipperary	8.01	GAA	
<b>1901</b>	JH O'Neill	Lurgan	7.21	IAAA	
<b>1902</b>	JH O'Neill	Lurgan	7.21	IAAA	
<b>1902</b>	Con Ryan	Pallasgreen, Co. Limerick	7.02	GAA	
<b>1903</b>	Tom Phelan	Mullinahone, Co. Tipperary	7.41	IAAA	
<b>1906</b>	John Garney	Unattached	7.67	IAAA	
<b>1906</b>	Con Walsh	Macroom, Co. Cork	8.18	GAA	
<b>1909</b>	Tom Ludgate	Mallow	7.97	GAA	
<b>1910</b>	Tom Ludgate	Mallow	7.97	GAA	
<b>1911</b>	Tom Ludgate	Mallow	8.08	GAA	
<b>1912</b>	Walter JM Newburn	City & Suburban Harriers	8.08	IAAA	
<b>1912</b>	Tom Ludgate	Mallow	7.95	GAA	
<b>1913</b>	M O'Brien	Bulgaden, Co. Limerick	8.16	GAA	
<b>1914</b>	Tom Ludgate	Mallow	8.26	GAA	
<b>1915</b>	John O'Grady	Caherconlish, Limerick	8.54	GAA	
<b>1916</b>	Denis McDonald	Tullagher, Co. Kilkenny	8.01	GAA	
<b>1917</b>	John O'Grady	Caherconlish, Limerick	7.67	GAA	
<b>1918</b>	John O'Grady	Caherconlish, Limerick	7.43	GAA	
<b>1919</b>	Denis McDonald	Tullagher, Co. Kilkenny	8.08	GAA	
<b>1920</b>	Denis McDonald	Tullagher, Co. Kilkenny	7.97	GAA	
<b>1922</b>	M Kennedy	Kilcommon	7.59	GAA	
<b>1923</b>	PJ Bermingham	Clonliffe Harriers	7.88	NACAI	
<b>1924</b>	John O'Grady	Caherconlish, Limerick	7.62	NACAI	
<b>1925</b>	PJ Bermingham	Dublin Metropolitan Garda	7.78	NACAI	
<b>1926</b>	PJ Bermingham	Dublin Metropolitan Garda	7.87	NACAI	
<b>1927</b>	PJ Bermingham	Dublin Metropolitan Garda	7.83	NACAI	
<b>1928</b>	Dr Patrick "Pat" O'Callaghan	Kanturk	7.94	NACAI	
<b>1929</b>	William Gore	Dublin Metropolitan Garda	7.87	NACAI	
<b>1930</b>	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	7.83	NACAI	
<b>1931</b>	Dr Patrick "Pat" O'Callaghan	Clonmel	8.16	NACAI	
<b>1932</b>	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	7.92	NACAI	
<b>1933</b>	M Costello	Portarlinton Swift	7.65	NACAI	
<b>1934</b>	Edward "Ned" Tobin	Dublin Metropolitan Garda	7.85	NACAI	

1935	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.53	NACAI
1936	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.44	NACAI
1937	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.56	NACAI
1938	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.43	NACAI
1939	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.78	NACAI
1940	Bert Healion	Dublin	7.67	AAUE
1940	Florrie O'Mahony	Irish Dunlop, Cork	8.43	NACAI
1941	Bert Healion	Erris	8.35	AAUE
1941	Florrie O'Mahony	Irish Dunlop, Cork	8.22	NACAI
1942	Florrie O'Mahony	Irish Dunlop, Cork	7.78	NACAI
1943	Bert Healion	Erris	8.02	AAUE
1943	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.71	NACAI
1944	Bert Healion	Erris	7.93	AAUE
1944	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.74	NACAI
1945	Edward "Ned" Tobin	Oughterard, Co. Galway	8.42	NACAI
1946	Edward "Ned" Tobin	Cathair na dTreabh	8.67	NACAI
1947	S O'Gara	Celtic, Dublin	7.47	NACAI
1948	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.52	NACAI
1949	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.56	NACAI
1950	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.13	NACAI
1951	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.27	NACAI
1952	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.89	NACAI
1953	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.35	NACAI
1954	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.38	NACAI
1955	Nicholas "Nixie" Comerford	Castlecomer	8.16	NACAI
1956	J Duggan	Ballyglass, Co. Galway	7.55	NACAI
1957	Michael "Mick" Kelly	Portarlington		NACAI
1958	Michael "Mick" Kelly	Portarlington	7.96	NACAI
1959	Michael "Mick" Kelly	Portarlington	8.15	NACAI
1960	Nicholas "Nixie" Comerford	Castlecomer	7.95	NACAI
1961	Michael "Mick" Kelly	Portarlington	7.87	NACAI
1962	Tadhg Twomey	Rising Sun, Cork	8.41	NACAI
1963	Tadhg Twomey	Knocknacurra, Co. Cork	8.79	NACAI
1964	Tadhg Twomey	Knocknacurra, Co. Cork	8.65	NACAI
1965	Tadhg Twomey	Knocknacurra, Co. Cork	8.81	NACAI
1966	Tadhg Twomey	Knocknacurra, Co. Cork	8.06	NACAI
1967	Tadhg Twomey	Knocknacurra, Co. Cork	8.74	BLE
1968	Tadhg Twomey	Bandon	8.07	BLE
1969	Tadhg Twomey	Bandon	8.55	BLE
1970	Tadhg Twomey	Bandon	8.38	BLE
1971	Tadhg Twomey	Bandon	7.96	BLE
1972	Tadhg Twomey	Bandon	8.70	BLE
1973	Tadhg Twomey	Bandon	8.48	BLE
1974	Tadhg Twomey	Bandon	8.66	BLE
1975	Tadhg Twomey	Bandon	8.91	BLE
1976	Tadhg Twomey	Bandon	8.45	BLE
1977	Tadhg Twomey	Bandon	8.83	BLE
1978	Tony Moran	Muckalee, Co. Kilkenny	8.28	BLE
1979	Len Braham	St Finbarr's Cork	8.68	BLE
1980	Tony Moran	Muckalee, Co. Kilkenny	8.56	BLE
1981	Gerry O'Connell	Marian	8.53	BLE
1982	Gerry O'Connell	Marian	8.98	BLE
1983	Gerry O'Connell	Marian	8.64	BLE
1984	Gerry O'Connell	Marian	8.69	BLE
1985	Gerry O'Connell	Marian	8.77	BLE
1986	Gerry O'Connell	Marian	8.88	BLE
1987	Gerry O'Connell	Marian	8.55	BLE
1988	Jack Dunlea	Killorglin, Co. Kerry	8.61	BLE
1989	Patrick Maher	Brow Rangers, Co. Kilkenny	8.14	BLE
1990	Patrick Maher	Brow Rangers, Co. Kilkenny	8.14	BLE
1991	John Menton	Donore Harriers	8.19	BLE
1992	Sean Egan	Donore Harriers	7.04	BLE
1993	John Menton	Donore Harriers	8.61	BLE
1994	<b>Nick Sweeney</b>	<b>Dundrum South Dublin</b>	<b>9.23</b>	<b>BLE</b>
1995	John Menton	Donore Harriers	8.33	BLE
1996	John Menton	Donore Harriers	8.73	BLE
1997	John Menton	Donore Harriers	8.95	BLE
1998	John Menton	Donore Harriers	9.16	BLE

<b>1999</b>	Nick Sweeney	Dundrum South Dublin	8.95	BLE
<b>2000</b>	Nick Sweeney	Dundrum South Dublin	8.28	AAI
<b>2001</b>	John Menton	Donore Harriers	8.36	AAI
<b>2002</b>	Seamus Fitzpatrick	North Laois	7.85	AAI
<b>2003</b>	John Menton	Donore Harriers	8.03	AAI
<b>2004</b>	John Menton	Donore Harriers	8.35	AAI
<b>2005</b>	John Menton	Donore Harriers	8.42	AAI
<b>2006</b>	John Menton	Donore Harriers	8.22	AAI
<b>2007</b>	John Menton	Donore Harriers	8.20	AAI
<b>2008</b>	John Menton	Donore Harriers	7.90	AAI
<b>2009</b>	Seamus Fitzpatrick	North Laois	7.69	AAI
<b>2010</b>	Tomas Rautkys	Clonliffe Harriers	7.89	AAI
<b>2011</b>	Tomas Rautkys	Clonliffe Harriers	8.40	AAI
<b>2012</b>	Tomas Rautkys	Clonliffe Harriers	8.73	AAI
<b>2013</b>	David Tierney	Leevale	7.77	AAI
<b>2014</b>	Barry Healy	Youghal	7.86	AAI
<b>2015</b>	Sean Breathnach	Galway City Harriers	7.90	AAI
<b>2016</b>	Sean Breathnach	Galway City Harriers	7.87	AAI
<b>2017</b>	David Tierney	Leevale	8.44	AAI
<b>2018</b>	Sean Breathnach	Galway City Harriers	8.25	AAI
<b>2019</b>	Sean Breathnach	Galway City Harriers	8.27	AAI
<b>2020</b>	Sean Breathnach	Galway City Harriers	8.24	AAI
<b>2021</b>	Sean Breathnach	Galway City Harriers	8.23	AAI
<b>2022</b>	Michael Healy	Leevale	8.67	AAI
<b>2023</b>	Michael Healy	Leevale	8.86	AAI
<b>2024</b>	Michael Healy	Leevale	9.06	AAI
<b>2025</b>	Michael Healy	Leevale	8.59	AAI

## 56 Lbs Weight Over Bar

### Most titles

Tadhg Twomey - 18

1960, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72  
73, 74, 75, 76, 77, 78, 80

### Championship Record

Sean Breathnach

4.94

2022

1895	J Mangan		3.81	GAA
1896	Denis Horgan	Banteer	3.86	GAA
1899	Denis Horgan	Banteer	3.47	IAAA
1902	W Griffin	Dublin Metropolitan Police	3.81	GAA
1906	Con Walsh	Macroom	4.47	GAA
1908	William F Bennett	Ballinhassig, Co. Cork	4.01	GAA
1916	Maurice Reidy	Tralee	3.99	GAA
1922	M Deasy	Dublin	4.19	GAA
1923	PJ Bermingham	Clonliffe Harriers	4.19	NACAI
1924	John O'Grady	Limerick	4.42	NACAI
1925	PJ Bermingham	Dublin Metropolitan Garda	4.42	NACAI
1926	PJ Bermingham	Dublin Metropolitan Garda	3.96	NACAI
1927	Dr Patrick "Pat" O'Callaghan	Croke	4.34	NACAI
1928	John O'Grady	Limerick	4.42	NACAI
1929	PJ Bermingham	Dublin Metropolitan Garda	4.19	NACAI
1930	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	4.27	NACAI
1931	Dr Patrick "Pat" O'Callaghan	Clonmel	4.27	NACAI
1932	John O'Grady	Limerick	4.34	NACAI
1933	John O'Grady	Limerick	4.27	NACAI
1934	Edward "Ned" Tobin	Dublin Metropolitan Garda	4.57	NACAI
1935	Edward "Ned" Tobin	Dublin Metropolitan Garda	4.61	NACAI
1936	Edward "Ned" Tobin	Dublin Metropolitan Garda	4.75	NACAI
1937	Edward "Ned" Tobin (tied)	Dublin Metropolitan Garda	4.27	NACAI
1937	F O'Mahony (tied)	Irish Dunlop, Cork	4.27	NACAI
1938	Edward "Ned" Tobin	Dublin Metropolitan Garda	4.57	NACAI
1939	Edward "Ned" Tobin	Dublin Metropolitan Garda	4.57	NACAI
1940	Edward "Ned" Tobin	Dublin Metropolitan Garda	4.42	NACAI
1941	F O'Mahony	Irish Dunlop, Cork	4.11	NACAI
1942	F O'Mahony	Irish Dunlop, Cork	3.96	NACAI
1943	Edward "Ned" Tobin	Galway	4.11	NACAI
1944	Edward "Ned" Tobin	Oughterard	4.60	NACAI
1945	Edward "Ned" Tobin	Oughterard	4.30	NACAI
1946	F O'Mahony	Irish Dunlop, Cork	4.43	NACAI
1947	M Esmonde	D.H.P., Wexford	3.81	NACAI
1948	M Esmonde	D.H.P., Wexford	3.73	NACAI
1949	W Byrne	Ballinasloe	4.19	NACAI
1950	Michael C "Mick" Hehir	Ballinasloe	3.96	NACAI
1951	Edward "Ned" Tobin	Garristown	4.34	NACAI
1952	Michael C "Mick" Hehir	Ballinasloe	4.27	NACAI
1953	Not held		—	NACAI
1954	Michael C "Mick" Hehir	Ballinasloe	4.49	NACAI
1955	Michael C "Mick" Hehir	Ballinasloe	4.42	NACAI
1956	P Ruddle	Croom, Co. Limerick	4.04	NACAI
1957	Michael "Mick" Kelly	Portarlington	4.42	NACAI
1958	Michael "Mick" Kelly	Portarlington	4.27	NACAI
1959	Michael "Mick" Kelly	Portarlington	4.34	NACAI
1960	Tadhg Twomey	Rising Sun	4.27	NACAI
1961	Michael "Mick" Kelly	Portarlington	4.27	NACAI
1962	Michael C "Mick" Hehir	Ballinasloe	4.11	NACAI
1963	Tadhg Twomey	Knocknacurra, Co. Cork	4.57	NACAI
1964	Tadhg Twomey	Knocknacurra, Co. Cork	4.72	NACAI
1965	Tadhg Twomey	Knocknacurra, Co. Cork	4.57	NACAI

1966	Tadhg Twomey	Knocknacurra, Co. Cork	4.42	NACAI
1967	Tadhg Twomey	Knocknacurra, Co. Cork	4.42	BLE
1968	Tadhg Twomey	Bandon	4.42	BLE
1969	Tadhg Twomey	Bandon	4.57	BLE
1970	Tadhg Twomey	Bandon	4.75	BLE
1971	Tadhg Twomey	Bandon	4.19	BLE
1972	Tadhg Twomey	Bandon	4.57	BLE
1973	Tadhg Twomey	Bandon	4.62	BLE
1974	Tadhg Twomey	Bandon	4.65	BLE
1975	Tadhg Twomey	Bandon	4.83	BLE
1976	Tadhg Twomey	Bandon	4.57	BLE
1977	Tadhg Twomey	Bandon	4.65	BLE
1978	Tadhg Twomey	Bandon	4.57	BLE
1979	Tony Moran	Muckalee, Co. Kilkenny	4.72	BLE
1980	Tadhg Twomey	Bandon	4.50	BLE
1981	Gerry O'Connell	Marian	4.65	BLE
1982	Gerry O'Connell	Marian	4.62	BLE
1983	Gerry O'Connell	Marian	4.63	BLE
1984	Gerry O'Connell	Marian	4.85	BLE
1985	Gerry O'Connell	Marian	4.52	BLE
1986	Gerry O'Connell	Marian	4.93	BLE
1987	Patrick Maher	Brow Rangers, Co. Kilkenny	4.72	BLE
1988	Patrick Maher	Brow Rangers, Co. Kilkenny	4.62	BLE
1989	Patrick Maher	Brow Rangers, Co. Kilkenny	4.57	BLE
1990	Patrick Maher	Brow Rangers, Co. Kilkenny	4.20	BLE
1991	Patrick Maher	Brow Rangers, Co. Kilkenny	4.50	BLE
1992	Patrick Maher	Brow Rangers, Co. Kilkenny	4.35	BLE
1993	Paul Quirke	Crusaders	4.40	BLE
1994	Patrick Maher	Brow Rangers, Co. Kilkenny	4.61	BLE
1995	Patrick Maher	Brow Rangers, Co. Kilkenny	4.50	BLE
1996	Seamus Fitzpatrick	North Laois	4.70	BLE
1997	Nick Sweeney	Dundrum South Dublin	4.40	BLE
1998	Paul Quirke	Crusaders	4.40	BLE
1999	Seamus Fitzpatrick	North Laois	4.80	BLE
2000	Seamus Fitzpatrick	North Laois	4.20	AAI
2001	Seamus Fitzpatrick	North Laois	4.20	AAI
2002	Seamus Fitzpatrick	North Laois	4.30	AAI
2003	Seamus Fitzpatrick	North Laois	4.00	AAI
2004	Seamus Fitzpatrick	North Laois	4.40	AAI
2005	Seamus Fitzpatrick	North Laois	3.90	AAI
2006	Seamus Fitzpatrick	North Laois	4.20	AAI
2007	Seamus Fitzpatrick	North Laois	4.40	AAI
2008	Seamus Fitzpatrick	North Laois	4.40	AAI
2009	Seamus Fitzpatrick	North Laois	4.10	AAI
2010	Seamus Fitzpatrick	North Laois	4.10	AAI
2011	Seamus Fitzpatrick	North Laois	4.40	AAI
2012	David Tierney	Leevale	4.50	AAI
2013	David Tierney	Leevale	4.40	AAI
2014	Barry Healy	Youghal	4.30	AAI
2015	Peter Ryan	Nenagh Olympic	4.10	AAI
2016	Sean Breathnach	Galway City Harriers	4.40	AAI
2017	David Tierney	Leevale	4.50	AAI
2018	Sean Breathnach	Galway City Harriers	3.90	AAI
2019	Sean Breathnach	Galway City Harriers	4.40	AAI
2020	Sean Breathnach	Galway City Harriers	4.60	AAI
2021	Sean Breathnach	Galway City Harriers	4.70	AAI
2022	<b>Sean Breathnach</b>	<b>Galway City Harriers</b>	<b>4.94</b>	<b>AAI</b>
2023	John Dwyer	Templemore	4.00	AAI
2024	Michael Healy	Leevale	4.00	AAI
2025	David Tierney	Leevale	4.40	AAI

### Slinging 56 lb Weight (Technique Not Specified in results or from circle)

1873	Matthew M Stritch	Royal Irish Constabulary	8.46	Irish Champions AC
1874	Charles Wadsworth	Queen's College Belfast	8.89	Irish Champions AC
1877	Maurice Davin	Suir Rowing Club	8.63	Irish Champions AC
1885	William J M Barry	Queen's College Cork	8.28	IAAA
1889	James O'Brien	Clonmel	7.62	IAAA
1890	James O'Brien	Clonmel	7.52	IAAA
1892	James O'Mahoney	Mitchellstown	9.88	GAA
1894	Larry Roche	Bruree	7.41	IAAA
1911	John J. Flanagan	Kilmallock	11.17	IAAA (9' circle)

### Slinging 56 lb Weight (Unlimited Run and Follow)

#### Most titles

Thomas Francis "Tom" Kiely - 10

1894, 96, 97, 98, 99, 1901, 02, 03, 05, 07

#### Championship Record

Thomas Francis "Tom" Kiely - 12

11.86

1898

1885	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	8.96	GAA
1886	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	10.39	GAA
1887	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	9.66	GAA
1888	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	10.39	GAA
1889	James O'Mahony	Mitchelstown	9.27	GAA
1890	Dr James Carroll Daly	Borrisokane	10.62	GAA
1891	James O'Mahony	Mitchelstown	10.23	GAA
1893	James O'Mahony	Mitchelstown	10.21	GAA
1894	Thomas Francis "Tom" Kiely	Carrick-On-Suir	10.22	GAA
1895	John Mangan	Kilmuckridge, Co. Wexford	10.42	GAA
1896	Thomas Francis "Tom" Kiely	Carrick-On-Suir	10.81	GAA
1897	Thomas Francis "Tom" Kiely	Carrick-On-Suir	11.15	GAA
1898	Thomas Francis "Tom" Kiely	Carrick-On-Suir	11.86	GAA
1899	Thomas Francis "Tom" Kiely	Carrick-On-Suir	11.38	GAA
1900	Not held		—	
1901	Thomas Francis "Tom" Kiely	Carrick-On-Suir	10.95	GAA
1902	Thomas Francis "Tom" Kiely	Carrick-On-Suir	11.15	GAA
1903	Thomas Francis "Tom" Kiely	Carrick-On-Suir	10.22	GAA
1904	Tom Phelan	Mullinahone, Co. Tipperary	10.45	GAA
1905	Thomas Francis "Tom" Kiely	Carrick-On-Suir	10.29	GAA
1906	Con Walsh	Macroom, Co. Cork	10.18	16" GAA
1907	Thomas Francis "Tom" Kiely	Carrick-On-Suir	10.50	16" GAA
1908				
1909	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	10.72	16" GAA

16" = 16-inch diameter weight used

## Slinging 56 lb Weight Between Legs (With Follow, No run)

### Most titles

Tom Ludgate Mallow - 3

1905, 08, 14

### Championship Record

John Mangan

9.51

1899

1886	Dr James Carroll Daly	Borrisokane	8.13	IAAA
1893	John Stritch	Fermoy	8.04	IAAA
1894	M O'Regan	Shanballymore, Co. Cork	8.05	GAA
1896	J Walsh	Portnascully	8.61	GAA
1897	Denis Horgan	Banteer	8.43	GAA
1898	Dan Ryan	Dublin Metropolitan Police	8.01	GAA
1899	John Mangan	Kilmuckridge, Co. Wexford	9.51	GAA
1904	Tom Phelan	Mullinahone, Co. Tipperary	8.81	GAA
1905	Tom Ludgate	Mallow	8.71	GAA
1907	John Murray	Co. Dublin Harriers	8.76	IAAA
1907	Tom Phelan	Mullinahone, Co. Tipperary	9.01	GAA
1908	Tom Ludgate	Mallow	8.86	GAA
1913	Michael "Mick" O'Brien	Kilmallock	8.68	GAA
1914	Tom Ludgate	Mallow	8.49	GAA
1915	Denis McDonald	New Ross	8.73	GAA

## Pushing 56lbs Weight

1888	W Real	Limerick	7.25	GAA
1895	L Roche		6.36	GAA
1896	MF O'Flaherty		6.49	GAA
1897	D Ryan		6.49	GAA
1898	D Ryan		6.70	GAA
1901	M O'Connor		6.45	GAA
1914	J O'Grady	Cahirconlish	6.55	GAA
1917	J O'Grady	Cahirconlish	7.31	GAA

## 42Lbs Weight from Shoulder

1873	Matthew M. Stritch	Royal Irish Constabulary	7.41	Irish Champions AC
1874	Ned O'Grady	Limerick	8.01	Irish Champions AC
1875	Ned O'Grady	Limerick	7.95	Irish Champions AC
1876				
1877	Patrick C. Hickey	Queens College Cork	7.57	Irish Champions AC
1882	Owen Harte	Royal Irish Constabulary	7.41	IAAA
1883	Owen Harte	Royal Irish Constabulary	7.73	IAAA
1884	William Real	New Pallas	8.43	IAAA
1885	Dr James Carroll Daly	Borrisokane	8.24	IAAA
1886	Dr James Carroll Daly	Borrisokane	8.27	IAAA
1887	Dr James Carroll Daly	Borrisokane	8.10	IAAA
1888	J O'Brien		7.72	IAAA

## Putting 28Lbs

1885	T Ryan		10.23	GAA
1886	T Ryan		10.33	GAA
1887	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	9.43	GAA
1888	William Real	New Pallas	10.18	GAA
1889	William Real	New Pallas	10.69	GAA
1890	Dr James Carroll Daly	Borrisokane	9.50	GAA
1891	J O'Mahoney		9.75	GAA
1892	Thomas Francis "Tom" Kiely	Ballyneale, Co. Tipperary	9.71	GAA
1893	Thomas Francis "Tom" Kiely	Ballyneale, Co. Tipperary	9.83	GAA
1894				GAA
1895	John J Flanagan	Kilmallock	10.01	GAA
1896	James R Hayes	Galbally, Co. Limerick	9.88	GAA
1897				GAA
1898	Denis Horgan	Banteer	10.76	GAA
1899	C Ryan	Emly	10.31	GAA
1900	M O'Connor		10.18	GAA
1901	C Ryan	Emly	10.58	GAA
1902				GAA
1903				GAA
1904	Denis Horgan	Banteer	10.59	GAA
1905	Denis Horgan	Banteer	10.49	GAA
1906	C Ryan	Emly	10.23	GAA
1907	M Heelan	Limerick	10.44	GAA
1908	C Ryan	Emly	10.21	GAA
1909	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	10.39	GAA
1910	M Heelan	Limerick	10.06	GAA
1911	P Keane	Dublin	9.57	GAA
1912	M O'Brien	Balgaden	10.69	GAA
1913	J O'Grady	Cahirconlish	10.69	GAA
1914	J O'Grady	Cahirconlish	10.82	GAA
1915	J O'Grady	Cahirconlish	10.92	GAA
1916	J O'Grady	Cahirconlish	11.52	GAA
1917	J O'Grady	Cahirconlish	11.12	GAA
1918	J O'Grady	Cahirconlish	11.38	GAA
1919	Patrick Ryan	US Army	10.97	IAAA
1919-1921	<b>Not held</b>			GAA
1922	M Kennedy	Kilcommon	10.67	GAA

Discontinued

### Throwing 14Lbs Weight

<b>1885</b>	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	16.11
<b>1886</b>	T Ryan		15.82
<b>1888</b>	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	18.13
<b>1889</b>	W Real	Limerick	15.26
<b>1895</b>	J Ryan		14.77
<b>1896</b>	Denis Horgan	Banteer	17.26
<b>1898</b>	Denis Horgan	Banteer	18.03

### Throwing 7Lbs Weight

<b>1886</b>	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	25.88
<b>1887</b>	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	25.60
<b>1888</b>	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	27.48
<b>1889</b>	W Real	Limerick	25.50
<b>1890</b>	Dr James Carroll Daly	Borrisokane	25.67
<b>1891</b>			
<b>1892</b>	Thomas Francis "Tom" Kiely	Ballyneale, Co. Tipperary	25.72
<b>1893</b>	Thomas Francis "Tom" Kiely	Ballyneale, Co. Tipperary	25.86
<b>1894</b>			
<b>1895</b>	John Mangan	Kilmuckridge, Co. Wexford	21.84
<b>1896</b>	Denis Horgan	Banteer	24.70
<b>1897</b>			
<b>1898</b>	Denis Horgan	Banteer	25.60

### Throwing 35Lbs Weight

<b>1943</b>	Bert Helion	Erris	9.75
<b>1944</b>	Bert Helion	Erris	17.50

# Roll of Honour

## Irish Athletics Champions

### 1929-2025

## Women

### 100m

#### Most titles

**Michele Walsh-Carroll - 15**

**1977, 78, 79, 80, 82, 83, 84, 85, 87,  
88, 89, 91, 92, 93, 95**

#### Championship Record

**100y Maura Barrett**  
**Joan Baird**

**12.0**  
**12.0**

**1929**  
**1933**

**100m Rhasidat Adeleke**

**11.29**

**2021**

<b>1929</b>	Maura Barrett	Civil Service	12.0	y	NACAI
<b>1930</b>	Maura Barrett	Civil Service	12.2	y	NACAI
<b>1931</b>	Joan Baird	Harp	12.4	y	NACAI
<b>1932</b>	Maura Barrett	Civil Service	12.4	y	NACAI
<b>1933</b>	Joan Baird	Harp	12.0	y	NACAI
<b>1934</b>	<i>NACAI Ban on Mixed Gender Championships</i>				
<b>1949</b>	Joan O'Reilly	Crusaders	11.8		AAUE
<b>1949</b>	Joan O'Reilly	Crusaders	12.0		IAAB
<b>1965</b>	Jacqui Spence	Crusaders	11.1	y	AAUE
<b>1966</b>	Jacqui Spence	Crusaders	11.5	y	AAUE
<b>1967</b>	Jacqui Spence	Crusaders	11.4	y	BLE
<b>1968</b>	Claire Walsh	Calry, Co Sligo	11.7	y	BLE
<b>1969</b>	Claire Walsh	Clonliffe Harriers	12.5		BLE
<b>1970</b>	Aideen Morrison	Crusaders	12.5		BLE
<b>1971</b>	Claire Walsh	Clonliffe Harriers	12.2		BLE
<b>1972</b>	Mary Doyle	St Finbarr's Cork	12.3		BLE
<b>1973</b>	Claire Walsh	Clonliffe Harriers	12.2		BLE
<b>1974</b>	Ruth Algar	Crusaders	12.1		BLE
<b>1975</b>	Ann Jeffords	Leevale	12.2		BLE
<b>1976</b>	Ann Jeffords	Leevale	12.0		BLE
<b>1977</b>	Michele Walsh	Glen Abbey	12.11		BLE
<b>1978</b>	Michele Walsh	Ballyfermot	11.52		BLE
<b>1979</b>	Michele Walsh	Glen Abbey	11.67		BLE
<b>1980</b>	Michele Walsh	Glen Abbey	11.85		BLE
<b>1981</b>	Patricia Amond	St Laurence O'Toole, Carlow	11.96		BLE
<b>1982</b>	Michele Walsh	Crusaders	12.42		BLE
<b>1983</b>	Michele Walsh	Crusaders	12.32		BLE
<b>1984</b>	Michele Walsh	Crusaders	11.98		BLE
<b>1985</b>	Michele Walsh	Crusaders	11.80		BLE
<b>1986</b>	Mary Amond	St Laurence O'Toole, Carlow	12.23		BLE
<b>1987</b>	Michele Carroll (Walsh)	Crusaders	12.33		BLE
<b>1988</b>	Michele Carroll (Walsh)	Crusaders	11.86	w	BLE
<b>1989</b>	Michele Carroll (Walsh)	Crusaders	12.24		BLE
<b>1990</b>	Marisa Smith	Boyne	12.11		BLE
<b>1991</b>	Michele Carroll (Walsh)	Crusaders	11.79		BLE
<b>1992</b>	Michele Carroll (Walsh)	Crusaders	11.54	w	BLE

1993	Michele Carroll (Walsh)	Crusaders	11.74	w	BLE	
1994	Terri Horgan	Dublin City Harriers	12.18		BLE	
1995	Michele Carroll (Walsh)	Crusaders	11.83		BLE	
1996	Lena Barry	Limerick	12.35		BLE	
1997	Aoife Hearne	Waterford	11.88		BLE	
1998	Lena Barry	Emerald	11.83		BLE	
1999	Emily Maher	Kilkenny City Harriers	11.75	+1.9	BLE	
2000	Sarah Reilly	Birchfield Harriers	11.64	-0.2	AAI	
2001	Sarah Reilly	Birchfield Harriers	11.90	-1.2	AAI	
2002	Ciara Sheehy	Dublin City Harriers	11.57	-0.4	AAI	
2003	Ciara Sheehy	Dublin City Harriers	11.54	+1.7	AAI	
2004	Ciara Sheehy	Dublin City Harriers	11.59	+1.0	AAI	
2005	Anna Boyle	Ballymena & Antrim	11.53	+2.0	AAI	
2006	Anna Boyle	Ballymena & Antrim	11.77	-0.5	AAI	
2007	Emily Maher	Kilkenny City Harriers	11.83	-0.3	AAI	
2008	Amy Foster	North Down	11.54	+2.7	AAI	
2009	Ailis McSweeney	Leevale	12.20	-3.0	AAI	
2010	Ailis McSweeney	Leevale	11.70	-1.6	AAI	
2011	Amy Foster	City of Lisburn	11.69	+1.2	AAI	
2012	Amy Foster	City of Lisburn	11.60	+0.7	AAI	
2013	Kelly Proper	Ferrybank	11.78	-1.7	AAI	
2014	Amy Foster (tied)	City of Lisburn	11.49	0.5	AAI	
2014	Phil Healy (tied)	Bandon	11.49	0.5	AAI	
2015	Kelly Proper	Ferrybank	11.75	-2.8	AAI	
2016	Amy Foster	City of Lisburn	11.83	-2.1	AAI	
2017	Amy Foster	City of Lisburn	11.43	+1.7	AAI	
2018	Gina Akpe-Moses	Blackrock, Louth	11.86	-1.5	AAI	
2019	Ciara Neville	Emerald	11.33	1.0	AAI	
2020	Phil Healy	Bandon	11.71	-1.7	AAI	
2021	Rhasidat Adeleke	Tallaght	11.29	2.6	AAI	
2022	Rhasidat Adeleke	Tallaght	11.68	-2.6	AAI	
2023	Sarah Lavin	Limerick	11.53	-1.6	AAI	
2024	<b>Rhasidat Adeleke</b>	<b>Tallaght</b>	<b>11.13</b>	<b>0.0</b>	<b>AAI</b>	<b>CR</b>
2025	Ciara Neville	Emerald	11.44	0.0	AAI	

## 200m

### Most titles

Michele Walsh-Carroll - 12

1977, 78, 79, 80, 83, 85, 87, 89, 91, 92, 93, 95

### Championship Record

220y

Claire Walsh

26.2 1968

Ciara Sheehy

23.02 2002

1949	Joan O'Reilly	Crusaders	27.2	y	AAUE
1949	Joan O'Reilly	Crusaders	26.0	y	IAAB
1965	Claire Dowling	Clonliffe Harriers	26.2	y	AAUE
1966	Jacqui Spence	Crusaders	26.4	y	AAUE
1967	Jacqui Spence	Crusaders	27.6	y	BLE
1968	Claire Walsh	Calry, Co. Sligo	26.2	y	BLE
1969	Claire Walsh	Clonliffe Harriers	25.4		BLE
1970	Claire Walsh	Clonliffe Harriers	24.3		BLE
1971	Claire Walsh	Clonliffe Harriers	24.6		BLE
1972	Claire Walsh	Clonliffe Harriers	24.5		BLE
1973	Claire Walsh	Clonliffe Harriers	24.3		BLE
1974	Aideen Morrison	Crusaders	25.8		BLE
1975	Ruth Algar	Crusaders	24.8		BLE
1976	Ann Jeffords	Leevale	25.4		BLE
1977	Michele Walsh	Glen Abbey	24.38		BLE
1978	Michele Walsh	Ballyfermot	23.97		BLE
1979	Michele Walsh	Glen Abbey	23.52		BLE
1980	Michele Walsh	Glen Abbey	23.67		BLE
1981	Patricia Amond	St Laurence O'Toole, Carlow	23.6		BLE
1982	Pauline Mullins	Dublin City Harriers	24.2		BLE
1983	Michele Walsh	Crusaders	24.16		BLE
1984	Patricia Amond	St Laurence O'Toole, Carlow	23.88		BLE
1985	Michele Walsh	Crusaders	23.68		BLE
1986	Patricia Amond	St Laurence O'Toole, Carlow	24.01		BLE
1987	Michele Carroll (Walsh)	Crusaders	24.02		BLE
1988	Patricia Amond	Dublin City Harriers	23.47	w	BLE
1989	Michele Carroll (Walsh)	Crusaders	24.88		BLE
1990	Marisa Smith	Boyne	24.29		BLE
1991	Michele Carroll (Walsh)	Crusaders	24.28		BLE
1992	Michele Carroll (Walsh)	Crusaders	23.89		BLE
1993	Michele Carroll (Walsh)	Crusaders	24.25		BLE
1994	Marisa Smith	Clonliffe Harriers	24.36		BLE
1995	Michele Carroll (Walsh)	Crusaders	24.46		BLE
1996	Jacqui Stokes	Ferrybank	24.46		BLE
1997	Ciara Sheehy	West Dublin	24.31		BLE
1998	Ciara Sheehy	West Dublin	24.31		BLE
1999	Ciara Sheehy	West Dublin	24.40	-1.0	BLE
2000	Sarah Reilly	Birchfield Harriers, Birmingham	23.55	-0.2	AAI
2001	Sarah Reilly	Birchfield Harriers, Birmingham	23.78	-3.3	AAI
2002	Ciara Sheehy	Dublin City Harriers	23.02	nr	AAI
2003	Ciara Sheehy	Dublin City Harriers	23.58	+0.5	AAI
2004	Ciara Sheehy	Dublin City Harriers	24.04	-4.6	AAI
2005	Emily Maher	Kilkenny City Harriers	23.39	-0.4	AAI
2006	Joanne Cuddihy	University College Dublin	23.33	-1.0	AAI
2007	Joanne Cuddihy	University College Dublin	23.63	-0.7	AAI
2008	Kelly Proper	Ferrybank	23.69	+2.7	AAI
2009	Kelly Proper	Ferrybank	24.34	-1.7	AAI
2010	Niamh Whelan	Ferrybank	23.68	-1.7	AAI
2011	Amy Foster	City of Lisburn	23.74	+0.6	AAI
2012	Joanne Cuddihy	Kilkenny City Harriers	23.15	+2.5	AAI

<b>2013</b>	Kelly Proper	Ferrybank	23.60	-1.8	AAI	
<b>2014</b>	Kelly Proper	Ferrybank	23.23	-1.6	AAI	
<b>2015</b>	Kelly Proper	Ferrybank	23.81	-1.0	AAI	
<b>2016</b>	Niamh Whelan	Ferrybank	23.94	0.5	AAI	
<b>2017</b>	Phil Healy	Bandon	23.56	0.9	AAI	
<b>2018</b>	Phil Healy	Bandon	23.64	-1.2	AAI	
<b>2019</b>	Phil Healy	Bandon	23.33	0.6	AAI	
<b>2020</b>	Phil Healy	Bandon	23.57	0.5	AAI	
<b>2021</b>	<b>Phil Healy</b>	<b>Bandon</b>	<b>22.83</b>	<b>2.1</b>	<b>AAI</b>	<b>CR</b>
<b>2022</b>	Lauren Cadden	Sligo	24.94	-4.0	AAI	
<b>2023</b>	Katie Bergin	Moyne	24.60	-2.0	AAI	
<b>2024</b>	Phil Healy	Bandon	23.42	1.3	AAI	
<b>2025</b>	Sharlene Mawdsley	Newport	23.55	-2.6	AAI	

## 400m

### Most titles

Karen Shinkins - 9

1997, 98, 99, 2000, 01, 02, 03, 04, 05

### Championship Record

440y

Maeve Kyle

56.0 1966

Joanne Cuddihy

51.28 2006

1965	Claire Dowling	Clonliffe Harriers	57.6	y	AAUE
1966	Maeve Kyle	Ballymena	56.0	y	AAUE
1967	Collette Cotter	Leeside	67.5	y	BLE
1968	Ann O'Brien	Clonliffe Harriers	59.4	y	BLE
1969	Claire Walsh	Clonliffe Harriers	56.5		BLE
1970	Claire Walsh	Clonliffe Harriers	55.4		BLE
1971	Claire Walsh	Clonliffe Harriers	54.4		BLE
1972	Claire Walsh	Clonliffe Harriers	55.4		BLE
1973	Aideen Morrison	Crusaders	55.0		BLE
1974	Aideen Morrison	Crusaders	56.7		BLE
1975	Padraigin O'Dwyer	Clonliffe Harriers	56.5		BLE
1976	Caroline O'Shea	Crusaders	56.6		BLE
1977	Mary Fleming	Midleton	56.23		BLE
1978	Mary Appleby	Crusaders	55.65		BLE
1979	Caroline O'Shea	Crusaders	54.43		BLE
1980	Linda McCurry	Shorts, Belfast	55.65		BLE
1981	Caroline O'Shea	Crusaders	55.95		BLE
1982	Caroline O'Shea	Crusaders	55.92		BLE
1983	Caroline O'Shea	Crusaders	53.92		BLE
1984	Caroline O'Shea	Crusaders	54.41		BLE
1985	Patricia Amond	St Laurence O'Toole's	54.29		BLE
1986	Patricia Walsh	Puma, Dublin	53.72		BLE
1987	Michele Carroll (Walsh)	Crusaders	53.75		BLE
1988	Patricia Walsh	Puma, Dublin	54.39		BLE
1989	Michele Carroll (Walsh)	Crusaders	54.39		BLE
1990	Bernie Kavanagh	Lucan Harriers	55.16		BLE
1991	Emma Nicholson	Dublin City Harriers	54.93		BLE
1992	Michele Carroll (Walsh)	Crusaders	54.51		BLE
1993	Stephanie McCann	Lisburn	55.68		BLE
1994	Stephanie McCann	Lisburn	54.81		BLE
1995	Michele Carroll (Walsh)	Crusaders	54.18		BLE
1996	Emma Nicholson	Dublin City Harriers	54.79		BLE
1997	Karen Shinkins	Dublin City Harriers	56.20		BLE
1998	Karen Shinkins	Dublin City Harriers	53.09		BLE
1999	Karen Shinkins	Dublin City Harriers	53.40		BLE
2000	Karen Shinkins	Dublin City Harriers	52.54		AAI
2001	Karen Shinkins	Dublin City Harriers	52.17		AAI
2002	Karen Shinkins	Dublin City Harriers	52.34		AAI
2003	Karen Shinkins	Dublin City Harriers	52.58		AAI
2004	Karen Shinkins	Dublin City Harriers	53.02		AAI
2005	Karen Shinkins	Dublin City Harriers	52.49		AAI
2006	<b>Joanne Cuddihy</b>	University College Dublin	<b>51.28</b>		AAI
2007	Joanne Cuddihy	University College Dublin	51.86		AAI
2008	Marian Andrews-Heffernan	Togher	53.97		AAI
2009	Marian Andrews-Heffernan	Togher	55.02		AAI
2010	Joanne Cuddihy	Kilkenny City Harriers	52.76		AAI
2011	Joanne Cuddihy	Kilkenny City Harriers	52.15		AAI
2012	Joanne Cuddihy	Kilkenny City Harriers	51.89		AAI
2013	Jennifer Carey	Dundrum South Dublin	53.46		AAI
2014	Mandy Gault	Lagan Valley	54.24		AAI
2015	Sinead Denny	Dundrum South Dublin	53.98		AAI
2016	Sinead Denny	Dundrum South Dublin	53.64		AAI

<b>2017</b>	Cliodhna Manning	Kilkenny City Harriers	53.25	AAI
<b>2018</b>	Claire Mooney	University College Dublin	53.85	AAI
<b>2019</b>	Sharlene Mawdsley	Newport	53.38	AAI
<b>2020</b>	Sophie Becker	Raheny Shamrock	54.06	AAI
<b>2021</b>	Phil Healy	Bandon	52.33	AAI
<b>2022</b>	Sophie Becker	Raheny Shamrock	52.34	AAI
<b>2023</b>	Sharlene Mawdsley	Newport	51.94	AAI
<b>2024</b>	Sophie Becker	Raheny Shamrock	52.68	AAI
<b>2025</b>	Sophie Becker	Raheny Shamrock	52.87	AAI

## 800m

### Most titles

**Aisling Molloy - 6**

**1986, 87, 88, 91, 94, 95,**

### Championship Record

**Aisling Molloy**

**2.02.08 1991**

1965	Hazel Tennyson	Crusaders	2.18.0	y	AAUE
1966	Hazel Tennyson	Crusaders	2.17.2	y	AAUE
1967	Ann O'Brien	Clonliffe Harriers	2.29.7	y	BLE
1968	Ann O'Brien	Clonliffe Harriers	2.12.7	y	BLE
1969	Ann O'Brien	Clonliffe Harriers	2.12.5		BLE
1970	Claire Walsh	Clonliffe Harriers	2.10.6		BLE
1971	Elaine Kelly	St Finbarr's Cork	2.14.7		BLE
1972	Joan Fleming	St Finbarr's Cork	2.11.8		BLE
1973	Mary Tracey	Guinness	2.08.0		BLE
1974	Pdraigin O'Dwyer	Clonliffe Harriers	2.12.8		BLE
1975	Pdraigin O'Dwyer	Clonliffe Harriers	2.07.9		BLE
1976	Mary Appleby	Guinness	2.10.8		BLE
1977	Elaine Kelly	St Finbarr's Cork	2.06.07		BLE
1978	Patricia Quinn-Griffin	Ballinamore	2.11.1	a	BLE
1979	Deirdre Nagle (Foreman)	Dublin City Harriers	2.07.2	a	BLE
1980	Mary Appleby	Crusaders	2.06.9	a	BLE
1981	Eithne Kenny	Dublin City Harriers	2.13.75		BLE
1982	Aideen Morrison	Crusaders	2.06.77		BLE
1983	Aideen Morrison	Crusaders	2.06.58		BLE
1984	Mary McKenna	Dublin City Harriers	2.06.01		BLE
1985	Mary McKenna	Dublin City Harriers	2.05.39		BLE
1986	Aisling Molloy	Lough Ree, Co. Longford	2.05.99		BLE
1987	Aisling Molloy	Unattached	2.05.84		BLE
1988	Aisling Molloy	Unattached	2.05.48		BLE
1989	Ursula McKee	Lisburn	2.09.02		BLE
1990	Bernie Kavanagh	Lucan Harriers	2.07.59		BLE
1991	<b>Aisling Molloy</b>	<b>Dundrum South Dublin</b>	<b>2.02.08</b>		BLE
1992	Sonia O'Sullivan	Ballymore Cobh	2.05.63		BLE
1993	Geraldine Nolan	Kilkenny City Harriers	2.08.12		BLE
1994	Aisling Molloy	Dundrum South Dublin	2.04.50		BLE
1995	Aisling Molloy	Dundrum South Dublin	2.03.51		BLE
1996	Freda Davoren	University College Cork	2.05.65		BLE
1997	Amanda Crowe	Lisburn	2.07.46		BLE
1998	Sinead Delahunty	Kilkenny City Harriers	2.05.19		BLE
1999	Maura Prendiville	University College Cork	2.05.69		BLE
2000	Sonia O'Sullivan	Ballymore Cobh	2.04.71		AAI
2001	Aoife Byrne	Dundrum South Dublin	2.03.71		AAI
2002	Sonia O'Sullivan	Ballymore Cobh	2.04.91		AAI
2003	Kelly McNeice	Lisburn	2.13.22		AAI
2004	Aoife Byrne	Dundrum South Dublin	2.06.40		AAI
2005	Aoife Byrne	Dundrum South Dublin	2.06.14		AAI
2006	Roisin McGettigan	Slí Cualann	2.08.10		AAI
2007	Orla Drumm	University College Cork	2.06.15		AAI
2008	Ciara Everard	Kilkenny City Harriers	2.13.25		AAI
2009	Roseanne Galligan	Newbridge	2.04.66		AAI
2010	Roseanne Galligan	Newbridge	2.03.35		AAI
2011	Siobhan Eviston	Raheny Shamrock	2.06.69		AAI
2012	Siobhan Eviston	Raheny Shamrock	2.06.04		AAI
2013	Aislinn Crossey	Newry	2.07.49		AAI
2014	Katie Kirk	Queens University Belfast	2.09.01		AAI
2015	Ciara Mageean	University College Dublin	2.02.98		AAI
2016	Siofra Cleirigh Buttner	Dundrum South Dublin	2.04.72		AAI
2017	Ciara Mageean	University College Dublin	2.04.06		AAI

<b>2018</b>	Ciara Mageean	University College Dublin	2.07.93	AAI
<b>2019</b>	Ciara Mageean	University College Dublin	2.07.30	AAI
<b>2020</b>	Iseult O'Donnell	Raheny Shamrock	2.09.13	AAI
<b>2021</b>	Louise Shanahan	Leevale	2.03.62	AAI
<b>2022</b>	Louise Shanahan	Leevale	2.10.90	AAI
<b>2023</b>	Louise Shanahan	Leevale	2.03.12	AAI
<b>2024</b>	Sarah Healy	University College Dublin	2.03.64	AAI
<b>2025</b>	Alex O'Neill	Limerick Track	2.04.53	AAI

## 1500m

### Most titles

Mary Purcell (Tracey) - 7

1972, 73, 74, 75, 76, 78, 80

Ann O'Brien - 6

1966, 67, 68, 69, 70, 71

### Championship Record

1m

Ann O'Brien

5.04.2 1966

Sonia O'Sullivan

4.07.09 1995

1965	Ann O'Brien	Clonliffe Harriers	5.10.3	1m	AAUE
1966	Ann O'Brien	Clonliffe Harriers	5.04.2	1m	AAUE
1967	Ann O'Brien	Clonliffe Harriers	5.32.0	1m	BLE
1968	Ann O'Brien	Clonliffe Harriers	5.04.7	1m	BLE
1969	Ann O'Brien	Clonliffe Harriers	4.32.2		BLE
1970	Ann O'Brien	Clonliffe Harriers	4.38.6		BLE
1971	Ann O'Brien	Clonliffe Harriers	4.29.8		BLE
1972	Mary Tracey	Guinness	4.20.5		BLE
1973	Mary Tracey	Guinness	4.25.5		BLE
1974	Mary Purcell (Tracey)	Guinness	4.27.0		BLE
1975	Mary Purcell (Tracey)	Guinness	4.19.9		BLE
1976	Mary Purcell (Tracey)	Guinness	4.22.3		BLE
1977	Jean Appleby	Clonliffe Harriers	4.22.7		BLE
1978	Mary Purcell (Tracey)	Guinness	4.14.3	a	BLE
1979	Vera Duffy (Sherry)	Glaslough Harriers	4.24.2	a	BLE
1980	Mary Purcell (Tracey)	Guinness	4.14.4	a	BLE
1981	Deirdre Nagle (Foreman)	Dublin City Harriers	4.23.5		BLE
1982	Monica Joyce	Westport	4.10.48		BLE
1983	Monica Joyce	Westport	4.18.9		BLE
1984	Roisin Smyth	Sparta	4.20.30		BLE
1985	Roisin Smyth	Sparta	4.16.37		BLE
1986	Roisin Smyth	Sparta	4.19.52		BLE
1987	Sonia O'Sullivan	Ballymore Cobh	4.23.13		BLE
1988	Monica Joyce	Westport	4.20.43		BLE
1989	Valerie Collins	Togher	4.24.20		BLE
1990	Sonia O'Sullivan	Ballymore Cobh	4.09.44		BLE
1991	Una English	Dublin City Harriers	4.22.69		BLE
1992	Valerie Vaughan	Blarney Inniscarra	4.28.71		BLE
1993	Anita Philpott	North Cork	4.24.36		BLE
1994	Sinead Delahunty	Kilkenny City Harriers	4.14.63		BLE
1995	<b>Sonia O'Sullivan</b>	<b>Ballymore Cobh</b>	<b>4.07.09</b>		BLE
1996	Sonia O'Sullivan	Ballymore Cobh	4.15.24		BLE
1997	Valerie Vaughan	Blarney Inniscarra	4.23.54		BLE
1998	Una English	Dublin City Harriers	4.14.21		BLE
1999	Elaine Fitzgerald	Waterford	4.16.99		BLE
2000	Sonia O'Sullivan	Ballymore Cobh	4.09.37		AAI
2001	Una English	Dublin City Harriers	4.14.93		AAI
2002	Marie McMahon	Marian, Co. Clare	4.20.01		AAI
2003	Roisin McGettigan	Slí Cualann	4.22.74		AAI
2004	Freda Davoren	University College Cork	4.20.98		AAI
2005	Jolene Byrne	Donore Harriers	4.11.72		AAI
2006	Mary Cullen	North Sligo	4.17.50		AAI
2007	Mary Cullen	North Sligo	4.17.20		AAI
2008	Roisin McGettigan	Slí Cualann	4.17.91		AAI
2009	Deirdre Bryne	Slí Cualann	4.25.41		AAI
2010	Hazel Murphy	Dundrum South Dublin	4.18.24		AAI
2011	Ciara Mageean	City of Lisburn	4.16.36		AAI
2012	Orla Drumm	University College Cork	4.19.55		AAI
2013	Laura Crowe	Riocht AC	4.13.96		AAI
2014	Ciara Mageean	University College Dublin	4.15.35		AAI
2015	Sara Treacy	Dunboyne	4.18.62		AAI
2016	Ciara Mageean	University College Dublin	4.24.33		AAI

<b>2017</b>	Emma Mitchell	Queens University Belfast	4.31.55	AAI
<b>2018</b>	Ciara Mageean	University College Dublin	4.22.47	AAI
<b>2019</b>	Sarah Healy	Blackrock, Dublin	4.31.84	AAI
<b>2020</b>	Amy O'Donoghue	Emerald	4.21.51	AAI
<b>2021</b>	Sarah Healy	University College Dublin	4.15.08	AAI
<b>2022</b>	Carla Sweeney	Rathfarnham / WSAF	4.37.96	AAI
<b>2023</b>	Sarah Healy	University College Dublin	4.11.39	AAI
<b>2024</b>	Sophie O'Sullivan	Ballymore Cobh	4.20.45	AAI
<b>2025</b>	Laura Nicholson	Bandon	4.12.32	AAI

## 3000 m

### Most titles

Vera Sherry-Duffy - 4

1975, 76, 78, 79

Catherina McKiernan - 4

1990, 91, 92, 93

### Championship Record

Regina Joyce

9.03.83 1982

1972	Deirdre Foreman	Guinness	10.03.4	BLE
1973	Mary Lynch	Raheny Shamrock	10.02.0	BLE
1974	Mary Purcell (Treacy)	Guinness	9.51.4	BLE
1975	Vera Sherry	Glaslough Harriers	9.54.2	BLE
1976	Vera Duffy (Sherry)	Glaslough Harriers	10.02.8	BLE
1977	Kathryn Davis	Clonliffe Harriers	9.24.6	BLE
1978	Vera Duffy (Sherry)	Glaslough Harriers	9.33.4	a BLE
1979	Vera Duffy (Sherry)	Glaslough Harriers	9.31.7	a BLE
1980	Deirdre Nagle (Foreman)	Dublin City Harriers	9.18.8	a BLE
1981	Deirdre Nagle (Foreman)	Dublin City Harriers	9.27.0	BLE
1982	<b>Regina Joyce</b>	<b>Westport</b>	<b>9.03.83</b>	BLE
1983	Regina Joyce	Westport	9.13.15	BLE
1984	Louise McGrillen	Dublin City Harriers	9.09.34	BLE
1985	Ailish Smyth	Dublin City Harriers	9.29.57	BLE
1986	Mary Donohoe	Clonliffe Harriers	9.16.06	BLE
1987	Anne Keenan	Clonliffe Harriers	9.29.45	BLE
1988	Rosie Lambe	Knockbridge	9.22.77	BLE
1989	Roisin Smyth	Sparta	9.27.39	BLE
1990	Catherina McKiernan	Cavan	9.16.60	BLE
1991	Catherina McKiernan	Cornafean	9.10.93	BLE
1992	Catherina McKiernan	Cornafean	9.04.08	BLE
1993	Catherina McKiernan	Cornafean	9.13.4	BLE
1994	Geraldine Hendricken	St Laurence O'Toole	9.35.62	BLE

Discontinued

## 5,000m

### Most titles

**Maria McCambridge - 6**

**2006, 07, 08, 10, 12, 13**

**Sonia O'Sullivan - 4**

**1990, 98, 2002, 03**

### Championship Record

**Sonia O'Sullivan**

**15.20.11**

**2002**

<b>1984</b>	Ursula Noctor	Dublin City Harriers	16.57.7	BLE	
<b>1985</b>					
<b>1986</b>	Patricia Griffin	Ballinamore	17.00.0	BLE	
<b>1987</b>	Ailish Smyth	Dublin City Harriers	15.27.8	BLE	* 1 lap short
<b>1988</b>	Emily Dowling	Dublin City Harriers	16.32.3	BLE	
<b>1989</b>					
<b>1990</b>	Sonia O'Sullivan	Ballymore Cobh	15.26.9	BLE	U21
<b>1995</b>	Teresa Duffy	Beechmount Harriers	16.15.94	BLE	
<b>1996</b>	Catherina McKiernan	Cornafean	15.27.10	BLE	
<b>1997</b>	Valerie Vaughan	Blarney Inniscarra	15.44.72	BLE	
<b>1998</b>	Sonia O'Sullivan	Ballymore Cobh	15.20.16	BLE	
<b>1999</b>	Una English	Dublin City Harriers	16.00.65	BLE	
<b>2000</b>	Breda Dennehy-Willis	Bandon	15.25.32	AAI	
<b>2001</b>	Breda Dennehy-Willis	Bandon	15.31.92	AAI	
<b>2002</b>	<b>Sonia O'Sullivan</b>	<b>Ballymore Cobh</b>	<b>15.20.11</b>	AAI	
<b>2003</b>	Sonia O'Sullivan	Ballymore Cobh	15.20.68	AAI	
<b>2004</b>	Maria McCambridge	Dundrum South Dublin	15.49.39	AAI	
<b>2005</b>	Mary Cullen	North Sligo	16.02.05	AAI	
<b>2006</b>	Rosemary Ryan	Bilboa,Co. Limerick	16.26.55	AAI	
<b>2007</b>	Maria McCambridge	Dundrum South Dublin	16.01.84	AAI	
<b>2008</b>	Maria McCambridge	Letterkenny	16.30.54	AAI	
<b>2009</b>	Linda Bryne	Dundrum South Dublin	16.39.62	AAI	
<b>2010</b>	Maria McCambridge	Letterkenny	16.19.78	AAI	
<b>2011</b>	Lizzie Lee	Leevale	17.25.10	AAI	
<b>2012</b>	Maria McCambridge	Letterkenny	16.02.52	AAI	
<b>2013</b>	Maria McCambridge	Dundrum South Dublin	15.55.44	AAI	
<b>2014</b>	Fionnuala Britton	Kilcoole	15.39.40	AAI	
<b>2015</b>	Mary Cullen	North Sligo	16.07.40	AAI	
<b>2016</b>	Deirdre Byrne	Sli Cualann	16.07.56	AAI	
<b>2017</b>	Emma Mitchell	Queens University Belfast	16.27.08	AAI	
<b>2018</b>	Emma Mitchell	Queens University Belfast	15.59.34	AAI	
<b>2019</b>	Fionnuala McCormack	Kilcoole	15.51.97	AAI	
<b>2020</b>	Michelle Finn	Leevale	16.37.49	AAI	
<b>2021</b>	Aoife Kilgallon	Sligo	16.16.85	AAI	
<b>2022</b>	Fionnuala McCormack	Kilcoole	16.07.75	AAI	
<b>2023</b>	Ide Ni Dhomhnaill	West Limerick	15.44.81	AAI	
<b>2024</b>	Jodie McCann	Dublin City Harriers	15.44.82	AAI	
<b>2025</b>	Niamh Allen	Leevale	15.35.90	AAI	

## 5km Road Race

<b>2019</b>	Catherina McKiernan	Annalee	17.15
<b>2020-2021</b>	<b>Not held due to Covid 19</b>		
<b>2022</b>	Ciara Hickey	Brothers Pearse	16.24
<b>2023</b>	Lizzie Lee	Leevale	16.46
<b>2024</b>	Amy Greene	Finn Valley	16.43
<b>2025</b>	Hannah Gilliland	Annadale Striders	16.17

## Club Teams

<b>2022</b>	Brothers Pearse	32 pts
<b>2023</b>	Dublin City Harriers	52.56
<b>2024</b>	DMP	55.17
<b>2025</b>	Dundrum South Dublin	51.33

## 10,000m

### Most Titles

Rosie Lambe - 4

1987, 88, 90, 95

### Championship Record

Rosie Lambe

33.45.0 1988

1984	Fionnuala Morrish	Leevale	35.37.7	BLE
1985	Ann Hilliard	Dublin City Harriers	35.10.4	BLE
1986	Christine Kennedy	Galway City Harriers	35.10.97	BLE
1987	Rose Lambe	Knockbridge	33.49.36	BLE
1988	<b>Rose Lambe</b>	<b>Knockbridge</b>	<b>33.45.0</b>	BLE
1989	Patricia Griffin	Ballinamore	34.28.1	BLE
1990	Rose Lambe	Knockbridge	34.05.1	BLE
1991	Catherine Smith	Dublin City Harriers	35.04.05	BLE
1992	Catherine Smith	Dublin City Harriers	36.00.5	BLE
1994	Rose Lambe	Knockbridge	33.34.9	BLE
1995	Rose Lambe	Knockbridge	34.13.15	BLE
1996	Catherine Hennessy	SDS	37.32.0	BLE
1999	Pauline Curley	Tullamore Harriers	35.24.9	BLE
2000	Pauline Curley	Tullamore Harriers	35.17.22	AAI
2003	Rosemary Ryan	Bilboa, Co. Limerick	34.24.7	AAI
2022	Ide Nic Dhomhnaill	Donore Harriers	34.10.05	AAI
2023	Shona Heaslip	An Riocht	33.22.65	AAI
2024	Shona Heaslip	An Riocht	33.37.49	AAI
2025				

## 3,000m Steeplechase

### Most Titles

Michelle Finn - 7

2012, 13, 16, 18, 19, 20, 21

### Championship Record

Michelle Finn

9.36.94 2019

2007	Roisin McGettigan	Slí Cualann	9.56.17	AAI	
2008	Fionnuala Britton	Slí Cualann	9.51.93	AAI	
2009	Fionnuala Britton	Slí Cualann	10.04.95	AAI	
2010	Byrony Treston	Dundrum South Dublin	11.17.13	AAI	
2011	Kerry Harty	Newcastle, Co Down	10.23.29	AAI	
2012	Michelle Finn	Leevale	10.45.49	AAI	
2013	Michelle Finn	Leevale	10.16.90	AAI	
2014	Sara Treacy	Dunboyne	9.59.75	AAI	
2015	Sara Treacy	Dunboyne	9.58.92	AAI	
2016	Michelle Finn	Leevale	9.46.81	AAI	
2017	Kerry O'Flaherty (Harty)	Newcastle, Co Down	10.01.40	AAI	
2018	Michelle Finn	Leevale	9.46.19	AAI	
2019	Michelle Finn	Leevale	9.45.57	AAI	
2020	Michelle Finn	Leevale	9.59.72	AAI	
2021	<b>Michelle Finn</b>	<b>Leevale</b>	<b>9.36.94</b>	<b>AAI</b>	<b>CR</b>
2022	Michelle Finn	Leevale	9.57.72	AAI	
2023	Michelle Finn	Leevale	10.00.14	AAI	
2024	Michelle Finn	Leevale	10.05.25	AAI	
2025	Abbie Sheridan	St. Peters	10.05.72	AAI	

## 5 Miles

2022	Kate Purcell	Raheny Shamrock	28.30	AAI	
2023	Meghan Ryan	Dundrum South Dublin	28.07	AAI	
2024	Ciara Wilson	DMP	27.25	AAI	
2025	Patricia Jackman	Waterford	27.17	AAI	

### 5m Club Teams

2022	Raheny Shamrock	1.30.51
2023	Dundrum South Dublin	1.30.54
2024	Slí Cualann	1.32.11
2025	Dundrum South Dublin	1.29.11

## 10 km / 15 km Road Race

### Most Titles

Rosemary Ryan - 2	2004, 05
Orla O'Mahoney - 2	2007, 08
Linda Byrne - 2	2010, 12

### Championship Record

10K	Linda Byrne	33.49	2012
15K	Connie Kelly	52.37	1990

1990	Connie Kelly	Blackrock	52.37	15K	BLE
1991	Ursula Noctor	Dublin City Harriers	53.11	15K	BLE
1992	Catherine Smith	Dublin City Harriers	53.23	15K	BLE
2000	Ursula McGloin	Finn Valley	35.21		AAI
2001	Anne Lennon	Mayo	35.39		AAI
2002	Ciara McCarthy	Sportsworld	36.45		AAI
2003	Maria McCambridge	Dundrum South Dublin	33.55		AAI
2004	Rosemary Ryan	Bilboa, Co. Limerick	34.26		AAI
2005	Rosemary Ryan	Bilboa, Co. Limerick	34.21		AAI
2006	Pauline Curley	Tullamore Harriers	34.16		AAI
2007	Orla O'Mahoney	Raheny Shamrock	34.53		AAI
2008	Orla O'Mahoney	Raheny Shamrock	35.20		AAI
2009	Kerry Harty	Newcastle, Co Down	34.38		AAI
2010	Linda Byrne	Dundrum South Dublin	34.50		AAI
2011	Fionnuala Britton	Kilcoole	34.10		AAI
2012	Linda Byrne	Dundrum South Dublin	33.49		AAI
2013	Linda Byrne	Dundrum South Dublin	34.24		AAI
2014	Fionnuala Britton	Kilcoole	33.54		AAI
2015	Fionnuala Britton	Kilcoole	33.07		AAI
2016	Fionnuala Britton - McCormack	Kilcoole	33.30		AAI
2017	Kerry O'Flaherty	Newcastle, Co Down	34.38		AAI
2018	Shona Heaslip	An Riocht	34.52		AAI
2019	Catherina Mullen	Metro St. Brigids	34.52		AAI
2020	<b>Not held due to Covid 19</b>				
2021	<b>Not held due to Covid 20</b>				
2022	Sinead O'Connor	Leevale	34.20		AAI
2023	Karen Blaney	Navan	29.15**		AAI
2024	Shona Heaslip	An Riocht	32.49		AAI
2025	Niamh Allen	Leevale	31.44		AAI

### 15km Club Teams

1990	Finn Valley	26 pts
1991	DCH	183 pts
1992	Leevale	267 pts

## 10km Club Teams

2000	Finn Valley	1.55.33
2001	Mayo	1.55.39
2002	Finn Valley	1.51.53
2003	Dundrum South Dublin	1.50.42
2004	Sportsworld	1.50.16
2005	Sportsworld	1.54.13
2006	Sportsworld	1.51.11
2007	North Belfast	1.48.59
2008	Donore Harriers	1.58.10
2009	Donore Harriers	1.50.48
2010	Raheny	1.49.13
2011	Raheny	1.51.26
2012	Clonliffe	1.51.08
2013	Lifford	1.55.50
2014	Dundrum South Dublin	1.51.07
2015	Dundrum South Dublin	1.56.36
2016	Dundrum South Dublin	1.47.53
2017	Metro St Brigids	1.56.14
2018	Dundrum South Dublin	1.54.26
2019	Mullingar Harriers	1.53.52
2020-2021	<b>Not held due to Covid 19</b>	
2022	Mullingar Harriers	1.53.18
2023	Raheny Shamrock	1.41.32
2024	Tullamore Harriers	1.47.03
2025	Leevale	1.40.28

## Half Marathon

### Most Titles

**Maria McCambridge - 3**

**2008, 10, 12**

### Championship Record

**Cathy Shum**

**1.12.48 1994**

<b>1986</b>	Greta Hickey	Dublin City Harriers	1.15.24	BLE
<b>1987</b>	Ann Hilliard	Dublin City Harriers	1.16.36	BLE
<b>1988</b>	Rosaleen Hayden	Raheny Shamrock	1.21.25	BLE
<b>1989</b>	Olive Bollard	Raheny Shamrock	1.17.52	BLE
<b>1990</b>	Catherine Hennessy	United Striders	1.22.24	BLE
<b>1991</b>	Mary Brayley	Dublin City Harriers	1.16.57	BLE
<b>1992</b>	Ursula Noctor	Dublin City Harriers	1.15.03	BLE
<b>1993</b>	Cathy Shum	Clonliffe Harriers	1.14.34	BLE
<b>1994</b>	<b>Cathy Shum</b>	<b>Clonliffe Harriers</b>	<b>1.12.48</b>	BLE
<b>1995</b>	Patricia Griffin	Ballinamore	1.24.18	BLE
<b>1996</b>	Jill Bruce	Finn Valley	1.19.13	BLE
<b>1997</b>	Eleanor Threadgold	Bray Runners	1.20.22	BLE
<b>1998</b>	Helena Crossan	Finn Valley	1.21.17	BLE
<b>1999</b>	Rosemary Ryan	Unattached	1.15.36	BLE
<b>2000</b>	Ciara McCarthy	Sportsworld	1.23.32	AAI
<b>2001</b>	Anne Lennon	Mayo	1.18.55	AAI
<b>2002</b>	Anne Lennon	Mayo	1.20.02	AAI
<b>2003</b>	Rosemary Ryan	Bilboa, Co. Limerick	1.14.53	AAI
<b>2004</b>	Niamh O'Sullivan	Riocht	1.17.21	AAI
<b>2005</b>	Orla O'Mahoney	University College Dublin	1.15.43	AAI
<b>2006</b>	Jill Shannon	Lagan Valley	1.17.58	AAI
<b>2007</b>	Gladys Ganiel	Dundrum South Dublin	1.25.57	AAI
<b>2008</b>	Maria McCambridge	Dundrum South Dublin	1.17.12	AAI
<b>2009</b>	Caitriona Jennings	Rathfarnham WSAF	1.19.12	AAI
<b>2010</b>	Maria McCambridge	Letterkenny	1.16.15	AAI
<b>2011</b>	Ava Hutchinson	Dundrum South Dublin	1.14.17	AAI
<b>2012</b>	Maria McCambridge	Letterkenny	1.15.24	AAI
<b>2013</b>	Lizzie Lee	Leevale	1.14.48	AAI
<b>2014</b>	Sarah Mulligan	Dundrum South Dublin	1.16.02	AAI
<b>2015</b>	Lizzie Lee	Leevale	1.13.28	AAI
<b>2016</b>	Laura Graham	Mourne Runners	1.18.54	AAI
<b>2017</b>	Gladys Ganiel	North Belfast Harriers	1.17.07	AAI
<b>2018</b>	Caitriona Jennings	Letterkenny	1.22.25	AAI
<b>2019</b>	Angela McCann	Clonmel	1.20.14	AAI
<b>2020-2021</b>	<b>Not held due to Covid 19</b>			
<b>2022</b>	Kate Purcell	Raheny Shamrock	1.18.01	AAI
<b>2023</b>	Natasha Adams	Letterkenny	1.18.15	AAI
<b>2024</b>	Shona Heaslip	An Riocht	1.10.57	AAI
<b>2025</b>	Ann Marie McGlynn	Strabane	1.15.10	AAI

## Half Marathon Club Teams

1986	Raheny Shamrock	22 pts	BLE
1987	Dublin City Harriers	6 pts	BLE
1988	No team		BLE
1989	Dublin City Harriers	262 pts	BLE
1990	No team		BLE
1991	No team		BLE
1992	Dublin City Harriers	6 pts	BLE
1993			BLE
1994			BLE
1995	Tipperary		BLE
1996	Donegal	159 pts	BLE
1997	Mayo	126 pts	BLE
1998	Mayo	143 pts	BLE
1999	Mayo	4.07.53	BLE
2000	Limerick	5.18.20	AAI
2001	Mayo	4.12.39	AAI
2002	Mayo	4.13.19	AAI
2003	Sportsworld	4.19.12	AAI
2004	Sportsworld	4.04.21	AAI
2005	Civil Service	4.19.28	AAI
2006	Sportsworld	4.20.04	AAI
2007	Slaney Olympic	5.14.57	AAI
2008	Donore Harriers	4.19.35	AAI
2009	Mayo	4.11.27	AAI
2010	Mayo	4.19.41	AAI
2011	Raheny Shamrock	3.56.40	AAI
2012	Donore Harriers	4.07.33	AAI
2013	Leevale	<b>3.56.34</b>	AAI
2014	Sportsworld	4.26.26	AAI
2015	Leevale	4.13.54	AAI
2016	Mayo	4.22.24	AAI
2017	Mayo	4.24.28	AAI
2018	Dunboyne	4.25.17	AAI
2019	Donore Harriers	4.33.56	AAI
2020-2021	<b>Not held due to Covid 19</b>		
2022	Raheny Shamrock	4.26.30	AAI
2023	Sli Cualann	4.15.43	AAI
2024	Dundrum South Dublin	4.14..41	AAI
2025	Liffey Valley	4.20.27	AAI

## 10 Miles

<b>1984</b>	Greta Hickey	Dublin City Harriers	59.00	BLE
<b>1985</b>	Christine Kennedy	Galway City Harriers	58.26	BLE
<b>1986</b>	Not held			
<b>1987</b>	Patricia Griffin	Ballinamore	58.39	BLE
<b>1988</b>	Emily Dowling	Dublin City Harriers		BLE
<b>1989</b>	Patricia Griffin	Ballinamore	58.06	BLE
<b>1990-2021</b>	<b>Not held</b>			
<b>2022</b>	Ciara Toner	City of Derry Spartans	60.26	AAI
<b>2023</b>	Meghan Ryan	Dundrum South Dublin	58.03	AAI
<b>2024</b>	Grace Lynch	Dundrum South Dublin	56.58	AAI
<b>2025</b>	Meghan Ryan	Dundrum South Dublin	57.57	AAI

## 10 Miles Club Teams

<b>2022</b>	Donore Harriers	33pts	AAI
<b>2023</b>	Dundrum South Dublin	3.01.21	AAI
<b>2024</b>	Raheny Shamrock	3.15.15	AAI
<b>2025</b>	Dundrum South Dublin	3.09.19	AAI

## Marathon

### Most titles

Mary Jennings - 5

1989, 95, 98, 99, 2000

Maria McCambridge - 4

2008, 12, 13, 14

### Championship Record

Aoife Cooke

2.32.34

2019

### Youngest Winner

Ava Crean

19 years, 275 days

2025

1979	Jean Folan	Galway City Harriers	3.37.55	BLE
1981	Carey May	Dundrum	2.42.39	BLE
1982	Mary Purcell (Tracey)	Crusaders	2.38.49	BLE
1983	Teresa Kidd	Ballinascreen, Co Derry	2.52.11	BLE
1984	Christine Kennedy	Galway City Harriers	2.49.46	BLE
1985	Teresa Kidd	Ballinascreen, Co Derry	2.47.37	BLE
1986	Ailish Smith	Dublin City Harriers	2.46.33	BLE
1987	Kathleen Looney	Blarney	2.58.25	BLE
1988	Marie Murphy-Rollins	Dundrum	2.40.48	BLE
1989	Mary Ryan	Waterford	2.53.37	BLE
1990	Christine Kennedy	Galway City Harriers	2.38.05	BLE
1991	Christine Kennedy	Galway City Harriers	2.35.56	BLE
1992	Brid Murphy	Leevale	2.43.00	BLE
1993	Brid Murphy	Leevale	2.51.33	BLE
1994	Eleanor Hill	Bray Runners	2.57.42	BLE
1995	Mary Jennings	Waterford	3.00.45	BLE
1996	Brid Murphy	Leevale	2.52.52	BLE
1997	Donna McNulty	Foyle Valley	3.21.05	BLE
1998	Mary Jennings	Waterford	3.13.40	BLE
1999	Mary Jennings	Waterford	3.00.45	BLE
2000	Mary Jennings	Waterford	2.59.44	AAI
2001	Susan Waterstone	Naas	3.04.50	AAI
2002	Teresa Duffy	Beechmount Harriers	2.50.33	AAI
2003	Annette Kealy	Raheny Shamrock	2.43.04	AAI
2004	Valerie Vaughan	Blarney Inniscarra	2.52.10	AAI
2005	Pauline Curley	Tullamore Harriers	2.42.16	AAI
2006	Jill Shannon	Lagan Valley	2.42.46	AAI
2007	Pauline Curley	Tullamore Harriers	2.42.30	AAI
2008	Maria McCambridge	Dundrum South Dublin	2.36.33	AAI
2009	Annette Kealy	Raheny Shamrock	2.45.43	AAI
2010	Barbara Sanchez	Raheny Shamrock	2.39.39	AAI
2011	Linda Byrne	Dundrum South Dublin	2.36.21	AAI
2012	Maria McCambridge	Letterkenny	2.35.28	AAI
2013	Maria McCambridge	Dundrum South Dublin	2.38.51	AAI
2014	Maria McCambridge	Dundrum South Dublin	2.34.19	AAI
2015	Pauline Curley	Tullamore Harriers	2.49.32	AAI
2016	Laura Graham	Mourne Runners	2.41.54	AAI
2017	Laura Graham	Mourne Runners	2.39.06	AAI
2018	Lizzie Lee	Leevale	2.35.05	AAI
2019	<b>Aoife Cooke</b>	<b>Eagle</b>	<b>2.32.34</b>	AAI
2020	<b>Not held due to Covid 19</b>			
2021	Fionnuala Ross	Armagh	2.43.44	AAI
2022	Courtney McGuire	Clonmel	2.32.52	AAI
2023	Ann-Marie McGlynn	Letterkenny	2.34.14	AAI
2024	Ann-Marie McGlynn	Letterkenny	2.34.05	AAI
2025	Ava Crean	Back 2 Boston, Limerick	2.34.12	AAI

## Marathon Club Teams

1982	Dublin City Harriers	5 pts
1983		
1984		
1985		
1986		
1987		
1988	Dublin City Harriers	5 pts
1989		
1990	Dublin City Harriers	7 pts
1991	Dublin City Harriers	
1992		
1993	St. Finbarrs	13 pts
1994		
1995		
1996	St. Finbarrs	
1997	Foyle Valley	187 pts
1998	Sligo	
1999	Sligo	10.35.17
2000	Tallaght	8.56.21
2001	Tallaght	10.39.44
2002	<i>Held with Belfast Marathon</i>	
2003	Sligo	6.40.01
2004	Clonliffe Harriers	9.38.37
2005	Clonliffe Harriers	9.31.15
2006	Letterkenny	9.24.51
2007	St. Finbarrs	10.02.15
2008	Raheny Shamrock	8.49.18
2009	St. Finbarrs	9.04.41
2010	Raheny Shamrock	8.27.20
2011	Raheny Shamrock	9.29.28
2012	Raheny Shamrock	8.39.40
2013	Raheny Shamrock	10.48.53
2014	Clonmel	10.01.37
2015	Donore Harriers	10.11.54
2016	Galway City Harriers	9.15.03
2017	Galway City Harriers	9.01.39
2018	Leevale	8.25.08
2019	Letterkenny	8.29.32
2020	<b>Not held due to Covid 19</b>	
2021	North Belfast Harriers	8.36.50
2022	Donore Harriers	8.34.12
2023	St. Peter's	8.56.50
2024	Raheny Shamrock	8.16.31
2025	Road Runners	8.33.22

## 25 km Road Race

### Most titles

Nuala Logan - 2

1982, 84

### Championship Record

Catherine Hennessy

1.36.02 1985

1981	Brigid McCabe	Mullingar Harriers	1.44.24	BLE
1982	Nuala Logan	Limerick	1.50.06	BLE
1983	Lanesboro, Co Longford - 27 March			BLE
1984	Nuala Logan	Limerick	1.36.30	BLE
1985	Catherine Hennessy	Slaneyside	1.36.02	BLE

Discontinued

## 100m Hurdles

### Most titles

Sarah Lavin - 10

Derval O'Rourke - 9

2013, 14, 17, 18, 19, 21, 22, 23, 24, 25

2001, 02, 04, 05, 06, 07, 08, 10, 11

### Championship Record

Sarah Lavin

12.79

2024

Year	Name	Location	Time	Wind	Notes
1949	P Kennedy	Short & Harlands	13.0	80m	IAAB
1965	Maeve Kyle	Ballymena	11.9	80m	AAUE
1966	Maeve Kyle	Ballymena	12.0	80m	AAUE
1967	Kathleen Leane	Thurles Crokes	13.2	80m	BLE
1968	Joan Shaw	Crusaders	12.8	80m	BLE
1969	Maeve Kyle	Crusaders	15.1		BLE
1970	Margaret Murphy	Ovens	15.9		BLE
1971	Margaret Murphy	Ovens	15.6		BLE
1972	Margaret Murphy	Ovens	15.9		BLE
1973	Freddie Cooney	St Anthony's	16.3		BLE
1974	Bridget Ruttledge	Bristol	14.5		BLE
1975	Ruth Algar	Crusaders	15.3		BLE
1976	Kathleen Glavin	Midleton	16.2		BLE
1977	Ruth Algar	Crusaders	14.56		BLE
1978	Ruth Algar	Crusaders	14.58		BLE
1979	Nora O'Grady	Nenagh Olympic	14.54		BLE
1980	Nora O'Grady	Nenagh Olympic	14.75		BLE
1981	Nora O'Grady	Nenagh Olympic	14.76		BLE
1982	Maria Hetherington	Dublin City Harriers	14.30		BLE
1983	Olive Burke	Limerick	13.93		BLE
1984	Olive Burke	Limerick	14.28		BLE
1985	Judith Rodgers	Lisburn	13.83		BLE
1986	Brid Hallissey	Ferrybank	14.29		BLE
1987	Olive Burke	Limerick	14.46		BLE
1988	Olive Burke	Limerick	14.00		BLE
1989	Susan Smith	Waterford	14.04		BLE
1990	Susan Smith	Waterford	14.41		BLE
1991	Susan Smith	Waterford	14.00		BLE
1992	Susan Smith	Waterford	13.88		BLE
1993	Patricia Naughton	Nenagh Olympic	14.31	w	BLE
1994	Patricia Naughton	Nenagh Olympic	14.47		BLE
1995	Susan Smith	Waterford	13.99		BLE
1996	Patricia Naughton	Nenagh Olympic	14.44		BLE
1997	Grainne Redmond	Cushinstown	14.29		BLE
1998	Susan Smith	Waterford	13.31		BLE
1999	Susan Smith-Walsh	Waterford	13.49	+0.6	BLE
2000	Susan Smith-Walsh	Waterford	13.49	+0.8	AAI
2001	Derval O'Rourke	Leevale	13.96	-2.4	AAI
2002	Derval O'Rourke	Leevale	13.45	+0.3	AAI
2003	Carine Soulabail	Crusaders	14.80	+0.5	AAI
2004	Derval O'Rourke	Leevale	13.96	+1.1	AAI
2005	Derval O'Rourke	Leevale	12.95	+4.1	AAI
2006	Derval O'Rourke	Leevale	13.24	-0.6	AAI
2007	Derval O'Rourke	Leevale	13.45	-0.9	AAI
2008	Derval O'Rourke	Leevale	13.04	+0.3	AAI
2009	Sandra Lawlor	Celbridge	14.69	-1.3	AAI
2010	Derval O'Rourke	Leevale	13.26	-1.9	AAI
2011	Derval O'Rourke	Leevale	13.24	-0.7	AAI
2012	Mairead Murphy	Ferrybank	14.47	nr	AAI
2013	Sarah Lavin	Emerald	13.61	0.1	AAI
2014	Sarah Lavin	University College Dublin	13.48	-0.8	AAI
2015	Sarah Connolly	North Down	15.40	-2.2	AAI
2016	Lily-Ann O'Hora	Dooneen	14.36	0.2	AAI

2017	Sarah Lavin	University College Dublin	13.62	1.2	AAI	
2018	Sarah Lavin	University College Dublin	13.62	-0.9	AAI	
2019	Sarah Lavin	University College Dublin	13.30	1.6	AAI	
2020	Sarah Quinn	St. Colman's South Mayo	13.67		AAI	
2021	Sarah Lavin	Emerald	13.17	0.9	AAI	
2022	Sarah Lavin	Emerald	14.06	-5.0	AAI	
2023	Sarah Lavin	Emerald	13.13	-5.5	AAI	
2024	<b>Sarah Lavin</b>	<b>Emerald</b>	<b>12.79</b>	<b>1.4</b>	<b>AAI</b>	<b>CR</b>
2025	Sarah Lavin	Emerald	12.92	1.4	AAI	

## 400 m Hurdles

### Most titles

**Michelle Carey - 8**

**2001, 02, 03, 04, 05, 07, 08,**

### Championship Record

**Susan Smith-Walsh**

**55.54**

**1999**

1976	Patricia Quinn (Griffin)	Ballinamore	73.6	BLE
1977	Margaret Moroney	Nenagh Olympic	66.26	BLE
1978	Mary Appleby	Crusaders	60.59	BLE
1979	Mary Appleby	Crusaders	59.5	BLE
1980	Kathleen Glavin	Midleton	61.37	BLE
1981	Susanne Cobbe	Limerick	62.84	BLE
1982	Carmel Maher	Nenagh Olympic	61.75	BLE
1983	Mary Barnwell (Appleby)	Crusaders	58.52	BLE
1984	Mary Parr	South Dublin	58.74	BLE
1985	Mary Parr	South Dublin	59.81	BLE
1986	Barbara Johnson	North Cork	58.91	BLE
1987	Barbara Johnson	North Cork	59.06	BLE
1988	Barbara Johnson	North Cork	57.93	BLE
1989	Barbara Johnson	North Cork	59.97	BLE
1990	Lisa Nicholson	Dublin City Harriers	59.46	BLE
1991	Lisa Nicholson	Dublin City Harriers	60.75	BLE
1992	Susan Smith	Waterford	60.31	BLE
1993	Stephanie McCann	Lisburn	60.21	BLE
1994	Mandy Bloomer	Mountmellick	60.77	BLE
1995	Mandy Bloomer	Mountmellick	60.50	BLE
1996	Susan Smith	Waterford	56.01	BLE
1997	Susan Smith	Waterford	56.55	BLE
1998	Orla Power	Carrick-On-Suir	60.17	BLE
1999	<b>Susan Smith-Walsh</b>	<b>Waterford</b>	<b>55.54</b>	BLE
2000	Susan Smith-Walsh	Waterford	56.23	AAI
2001	Michelle Carey	Dublin Striders	59.99	AAI
2002	Michelle Carey	Dublin Striders	59.80	AAI
2003	Michelle Carey	Dublin Striders	59.59	AAI
2004	Michelle Carey	Dublin Striders	57.95	AAI
2005	Michelle Carey	Dublin Striders	59.14	AAI
2006	Kalyn Sheehan	Ferrybank	60.50	AAI
2007	Michelle Carey	Dublin Striders	57.23	AAI
2008	Michelle Carey	Dublin Striders	58.16	AAI
2009	Michelle Carey	Dublin Striders	57.82	AAI
2010	Justine Kinney	Loughborough	57.78	AAI
2011	Jessie Barr	Ferrybank	57.38	AAI
2012	Jessie Barr	Ferrybank	57.33	AAI
2013	Jessie Barr	Ferrybank	57.48	AAI
2014	Christine McMahon	Ballymena & Antrim	57.73	AAI
2015	Christine McMahon	Ballymena & Antrim	59.19	AAI
2016	Kelly McGrory	Tir Chonaill	61.23	AAI
2017	Nessa Millet	St.Abbans	61.34	AAI
2018	Catherine McManus	Dublin City Harriers	60.24	AAI
2019	Nessa Millet	St.Abbans	58.83	AAI
2020	Nessa Millet	St.Abbans	59.52	AAI
2021	Kelly McGrory	Tir Chonaill	59.41	AAI
2022	Kelly McGrory	Tir Chonaill	57.22	AAI
2023	Jessica Tappin	Clonliffe Harriers	57.20	AAI
2024	Jennifer Sawyer	St. Laurence O'Toole	61.87	AAI
2025	Cara Murphy	Dundrum South Dublin	59.85	AAI

## High Jump

### Most titles

Deirdre Ryan - 7

2002, 04, 06, 07, 09, 10, 11

### Championship Record

Deirdre Ryan

1.90

2011

1949	Maeve Shankey (Kyle)	Crusaders	1.34	AAUE
1965	Kathleen Killian	Sparta	1.58	AAUE
1966	Kathleen Killian	Sparta	1.60	AAUE
1967	Ann O'Brien	Clonliffe Harriers	1.40	BLE
1968	Janet Middleton	Crusaders	1.42	BLE
1969	Janet Middleton	Crusaders	1.42	BLE
1970	Marjorie Adams	Crusaders	1.52	BLE
1971	Marjorie Adams	Crusaders	1.59	BLE
1972	Marjorie Adams	Crusaders	1.55	BLE
1973	Yvonne O'Brien	Carrick-On-Suir	1.63	BLE
1974	Sheelah Flatman	Crusaders	1.63	BLE
1975	Carmel Scallon	St Benedicts	1.67	BLE
1976	Joy Good	Bandon	1.65	BLE
1977	Fionnuala Kennedy	Crusaders	1.69	BLE
1978	Audrey Long	Ballyfermot	1.69	BLE
1979	Bridget Corrigan	Dublin City Harriers	1.71	BLE
1980	Wendy Phillips	Belfast Ladies	1.76	BLE
1981	Wendy Phillips	Belfast Ladies	1.70	BLE
1982	Bridget Corrigan	Dublin City Harriers	1.75	BLE
1983	Bridget Corrigan	Dublin City Harriers	1.70	BLE
1984	Bridget Corrigan	Dublin City Harriers	1.77	BLE
1985	Bridget Corrigan	Dublin City Harriers	1.76	BLE
1986	Catherine Scott	Belfast Ladies	1.75	BLE
1987	Catherine Scott	Belfast Ladies	1.80	BLE
1988	Elizabeth "Liz" Comerford	West Dublin	1.74	BLE
1989	Sharon Foley	Lifford	1.74	BLE
1990	Sharon Foley	Lifford	1.76	BLE
1991	Laura Sharpe	Navan	1.78	BLE
1992	Laura Sharpe	Navan	1.75	BLE
1993	Sharon Foley	Lifford	1.75	BLE
1994	Laura Sharpe	Navan	1.85	BLE
1995	Sharon Foley	Lifford	1.76	BLE
1996	Brid Tierney Browne	Nenagh Olympic	1.73	BLE
1997	Sharon Foley	Lifford	1.75	BLE
1998	Orna Donoghue	Carrick-On-Suir	1.73	BLE
1999	Brigid Corrigan	Dublin City Harriers	1.76	BLE
2000	Deirdre Ryan	Dundrum South Dublin	1.70	AAI
2001	Sharon Foley	Lifford	1.72	AAI
2002	Deirdre Ryan	University College Dublin	1.77	AAI
2003	Rosemary Daniels	Na Fianna	1.73	AAI
2004	Deirdre Ryan	University College Dublin	1.80	AAI
2005	Rosemary Daniels	Na Fianna	1.75	AAI
2006	Deirdre Ryan	Dundrum South Dublin	1.83	AAI
2007	Deirdre Ryan	Dundrum South Dublin	1.80	AAI
2008	Rosemary Daniels	Na Fianna	1.75	AAI
2009	Deirdre Ryan	Dundrum South Dublin	1.83	AAI
2010	Deirdre Ryan	Dundrum South Dublin	1.80	AAI
2011	<b>Deirdre Ryan</b>	<b>Dundrum South Dublin</b>	<b>1.90</b>	AAI
2012	Deirdre Ryan	Dundrum South Dublin	1.80	AAI
2013	Shannon Dawkins	St Josepchs, Kilkenny	1.65	AAI
2014	Cathriona Farrell	Craughwell	1.75	AAI
2015	Cathriona Farrell	Craughwell	1.80	AAI
2016	Sommer Lecky	Finn Valley	1.71	AAI
2017	Philippa Rogan	Sli Cualann	1.73	AAI

<b>2018</b>	Philippa Rogan	Sli Cualann	1.80	AAI
<b>2019</b>	Philippa Rogan	Sli Cualann	1.85	AAI
<b>2020</b>	Philippa Rogan	Sli Cualann	1.85	AAI
<b>2021</b>	Philippa Rogan	Sli Cualann	1.79	AAI
<b>2022</b>	Sommer Lecky	Finn Valley	1.79	AAI
<b>2023</b>	Sommer Lecky	Finn Valley	1.80	AAI
<b>2024</b>	Sommer Lecky	Finn Valley	1.76	AAI
<b>2025</b>	Aoife O'Sullivan	Liscarroll	1.75	AAI

## Pole Vault

### Most Titles

Tori Pena - 6

2010, 11, 12, 13, 15, 16

### Championship Record

Tori Pena

4.40 2013

1998	Margaret O'Halloran	University College Dublin	2.60	AAI
1999	Bridget Pearson	Unattached	3.20	AAI
2000	Juliet Claffey	Borrisokane, Co. Tipperary	3.00	AAI
2001	Zoë Brown	Ballymena & Antrim	3.30	AAI
2002	Juliet Claffey	Borrisokane, Co. Tipperary	3.50	AAI
2003	Erin Kinnear	Lagan Valley	3.70	AAI
2004	Erin Kinnear	Unattached	3.65	AAI
2005	Claire Wilkinson	Ballymena & Antrim	2.80	AAI
2006	Claire Wilkinson	Ballymena & Antrim	2.70	AAI
2007	Claire Wilkinson	Ballymena & Antrim	3.20	AAI
2008	Zoe Brown	Ballymena & Antrim	3.85	AAI
2009	Claire Wilkinson	Ballymena & Antrim	3.60	AAI
2010	Tori Pena	Finn Valley	4.15	AAI
2011	Tori Pena	Finn Valley	4.20	AAI
2012	Tori Pena	Finn Valley	4.35	AAI
2013	<b>Tori Pena</b>	<b>Finn Valley</b>	<b>4.40</b>	AAI
2014	Zoe Brown	Raheny Shamrock	4.30	AAI
2015	Tori Pena	Finn Valley	4.20	AAI
2016	Tori Pena	Finn Valley	4.15	AAI
2017	Ellen McCartney	City of Lisburn	3.55	AAI
2018	Ciara Hickey	Blarney / Inniscarra	3.40	AAI
2019	Ellen McCartney	City of Lisburn	3.85	AAI
2020	Orla Coffey	Carraig na Bfhear	3.50	AAI
2021	Clodagh Walsh	Abbey Striders	3.45	AAI
2022	Una Brice	Leevale	3.55	AAI
2023	Ellen McCartney	City of Lisburn	4.31	AAI
2024	Ellen McCartney	City of Lisburn	4.17	AAI
2025	Clodagh Walsh	Abbey Striders	3.65	AAI

## Long Jump

### Most titles

Kelly Proper - 8

Terri Horgan - 7

2006, 07, 08, 09, 10, 12, 13, 14

1985, 88, 89, 90, 91, 92, 93

### Championship Record

Kelly Proper

6.68

2009

1965	Claire Dowling	Clonliffe Harriers	5.25		AAUE
1966	Maeve Kyle	Ballymena	4.96		AAUE
1967	J O'Neill	University College Dublin	4.97		BLE
1968	Joan Shaw	Crusaders	5.24		BLE
1969	Margaret Murphy	Ovens	5.19		BLE
1970	Margaret Murphy	Ovens	5.47		BLE
1971	Margaret Adams	Crusaders	5.26		BLE
1972	Margaret Murphy	Ovens	5.51		BLE
1973	Margaret Murphy	Ovens	5.70		BLE
1974	Bridget Rutledge	Bristol	5.40		BLE
1975	Joy Good	Bandon	5.18		BLE
1976	Joy Good	Bandon	5.39		BLE
1977	Kathleen Glavin	Midleton	5.79		BLE
1978	Joy Good	St Finbarr's, Cork	5.81		BLE
1979	Joy Murphy (Good)	St Finbarr's, Cork	5.95		BLE
1980	Kathleen Glavin	Midleton	5.58		BLE
1981	Joy Murphy (Good)	St Finbarr's, Cork	5.80		BLE
1982	Brid Fitzgerald	Dublin City Harriers	5.65		BLE
1983	Mary Coogan	St Laurence O'Toole	5.77		BLE
1984	Mary Coogan	St Laurence O'Toole	5.83		BLE
1985	Terri Horgan	Mallow	5.79		BLE
1986	Kathleen Glavin	Midleton	6.14		BLE
1987	Kathleen Glavin	Midleton	5.90		BLE
1988	Terri Horgan	Mallow	6.27		BLE
1989	Terri Horgan	Mallow	5.95		BLE
1990	Terri Horgan	Dublin City Harriers	6.31	w	BLE
1991	Terri Horgan	Dublin City Harriers	6.10		BLE
1992	Terri Horgan	Dublin City Harriers	6.05		BLE
1993	Terri Horgan	Dublin City Harriers	6.29		BLE
1994	Jacqui Stokes	Ferrybank	6.00		BLE
1995	Jacqui Stokes	Fethard	6.17	w	BLE
1996	Jacqui Stokes	Ferrybank	5.97	w	BLE
1997	Jacqui Stokes	Ferrybank	5.77	w	BLE
1998	Jacqui Stokes	Ferrybank	5.96	w	BLE
1999	Jacqui Stokes	Ferrybank	6.06	nr	BLE
2000	Shauna Colhoun	Lifford	5.65	-2.1	AAI
2001	Antoinette Furlong	Drinagh-Murrinstown-Piercestown (DMP)	6.07	+1.5	AAI
2002	Antoinette Furlong	Drinagh-Murrinstown-Piercestown (DMP)	6.21	+3.7	AAI
2003	Antoinette Furlong	Drinagh-Murrinstown-Piercestown (DMP)	6.05	+1.0	AAI
2004	Antoinette Furlong	Drinagh-Murrinstown-Piercestown (DMP)	5.81	+2.2	AAI
2005	Donna Hosford	Leevale	5.63	-0.6	AAI
2006	Kelly Proper	Ferrybank	6.32	+2.5	AAI
2007	Kelly Proper	Ferrybank	6.17	-0.1	AAI
2008	Kelly Proper	Ferrybank	6.42	+0.7	AAI
2009	<b>Kelly Proper</b>	<b>Ferrybank</b>	<b>6.68</b>	+3.0	AAI
2010	Kelly Proper	Ferrybank	6.35	+0.7	AAI
2011	Mary McLoone	Tír Chonaill	5.82	+0.8	AAI
2012	Kelly Proper	Ferrybank	6.33	+4.6	AAI
2013	Kelly Proper	Ferrybank	6.25	0.4	AAI
2014	Kelly Proper	Ferrybank	6.27	-0.1	AAI
2015	Mary McLoone	Tír Chonaill	6.01	+1.6	AAI
2016	Imelda Morrisson	Youghal	5.88	+2.9	AAI
2017	Saragh Buggy	St. Abbans	5.87	0.0	AAI
2018	Elizabeth Morland	Cushinstown	6.10	1.6	AAI

<b>2019</b>	Ruby Millet	St. Abbans	5.98	1.9	AAI
<b>2020</b>	Saragh Buggy	St. Abbans	6.09	1.7	AAI
<b>2021</b>	Saragh Buggy	St. Abbans	6.12	2.7	AAI
<b>2022</b>	Ruby Millet	St. Abbans	6.58	6.2	AAI
<b>2023</b>	Elizabeth Ndudi	Dundrum South Dublin	6.00	1.0	AAI
<b>2024</b>	Elizabeth Ndudi	Dundrum South Dublin	6.16	-1.3	AAI
<b>2025</b>	Lauren Callaghan	Finn Valley	6.24	2.9	AAI

## Triple Jump

### Most titles

Mary McLoone - 9

2004, 06, 07, 08, 09, 10, 11, 12, 15

Siobhan Hoey - 8

1993, 94, 95, 96, 97, 98, 99, 2000

### Championship Record

Taneisha Scanlon

12.83 2003

1991	Michelle Rea	Annadale Striders	11.70		BLE
1992	Jocelyn Hanrahan	Limerick	11.06		BLE
1993	Siobhan Hoey	University College Dublin	12.02	w	BLE
1994	Siobhan Hoey	University College Dublin	12.10		BLE
1995	Siobhan Hoey	University College Dublin	11.38		BLE
1996	Siobhan Hoey	University College Dublin	11.95		BLE
1997	Siobhan Hoey	Dublin City Harriers	12.12		BLE
1998	Siobhan Hoey	Dublin City Harriers	12.26		BLE
1999	Siobhan Hoey	Dublin City Harriers	12.28		BLE
2000	Siobhan Hoey	Dublin City Harriers	12.03	-0.8	AAI
2001	Sharon Foley	Lifford	12.44	+3.0	AAI
2002	Virginia Peslier Rozé	Dublin City Harriers	12.53	+2.5	AAI
2003	Taneisha Robinson Scanlon	Limerick	12.83	nr	AAI
2004	Mary McLoone	Tír Chonaill	12.14	nr	AAI
2005	Aoife Hoey	Crusaders	11.73	+3.7	AAI
2006	Mary McLoone	Tír Chonaill	12.38	0.0	AAI
2007	Mary McLoone	Tír Chonaill	11.57	-0.4	AAI
2008	Mary McLoone	Tír Chonaill	11.71	-1.4	AAI
2009	Mary McLoone	Tír Chonaill	12.75	+5.6	AAI
2010	Mary McLoone	Tír Chonaill	11.82	+0.6	AAI
2011	Mary McLoone	Tír Chonaill	12.14	-0.4	AAI
2012	Mary McLoone	Tír Chonaill	12.69	+1.5	AAI
2013	Caoimhe King	Aughagower AC	12.41	+2.8	AAI
2014	Caoimhe King	Aughagower AC	12.44	-0.3	AAI
2015	Mary McLoone	Tír Chonaill	12.71	+4.6	AAI
2016	Saragh Buggy	St Abbans	12.96	0.9	AAI
2017	<b>Saragh Buggy</b>	<b>St Abbans</b>	<b>13.01</b>	<b>0.0</b>	<b>AAI</b>
2018	Saragh Buggy	St Abbans	12.24	+2.7	AAI
2019	Saragh Buggy	St Abbans	12.70	-0.5	AAI
2020	Saragh Buggy	St Abbans	12.97	0.1	AAI
2021	Saragh Buggy	St Abbans	13.28	1.0	AAI
2022	Saragh Buggy	St Abbans	12.92	2.2	AAI
2023	Saragh Buggy	St Abbans	13.03	0.0	AAI
2024	Saragh Buggy	St Abbans	12.72	1.1	AAI
2025	Daphni Doulaptsi Teeuwen	Raheny Shamrock	13.05	0.6	AAI

## Shot Put

### Most titles

**Marita Walton-Lannigan - 13**

**1976, 77, 78, 80, 81, 82, 83, 84, 86  
87, 88, 89, 91**

### Championship Record

**Eva Massey**

**16.32**

**2007**

1965	Rosemary Murphy	Crusaders	10.57	AAUE
1966	Rosemary Murphy	Crusaders	11.15	AAUE
1967	Rosemary Murphy	Crusaders	10.22	BLE
1968	Margaret Murphy	Ovens	8.54	BLE
1969	Rosemary Murphy	Crusaders	10.25	BLE
1970	Rosemary Murphy	Crusaders	10.34	BLE
1971	Rosemary Murphy	Crusaders	10.76	BLE
1972	Freddie Cooney	St Anthony's	11.22	BLE
1973	Freddie Cooney	St Anthony's	12.05	BLE
1974	Gay Hogan (Porter)	Crusaders	12.95	BLE
1975	Gay Hogan	Crusaders	13.73	BLE
1976	Marita Walton	Kilkenny City Harriers	13.08	BLE
1977	Marita Walton	Kilkenny City Harriers	13.81	BLE
1978	Marita Walton	Kilkenny City Harriers	14.16	BLE
1979	Patricia Walsh	Waterford	13.54	BLE
1980	Marita Walton	Crusaders	14.71	BLE
1981	Marita Walton	Crusaders	16.23	BLE
1982	Marita Walton	Crusaders	15.83	BLE
1983	Marita Walton	Crusaders	16.19	BLE
1984	Marita Walton	Crusaders	16.15	BLE
1985	Patricia Walsh	Waterford	13.08	BLE
1986	Marita Walton	Crusaders	15.22	BLE
1987	Marita Walton	Kilkenny City Harriers	14.18	BLE
1988	Marita Walton	Kilkenny City Harriers	14.89	BLE
1989	Marita Walton	Kilkenny City Harriers	14.42	BLE
1990	Mary Mahon	West Dublin	12.13	BLE
1991	Marita Lanigan (Walton)	Kilkenny City Harriers	14.02	BLE
1992	Mary Mahon	West Dublin	12.85	BLE
1993	Kelly Kane	Blackpool	13.01	BLE
1994	Kelly Kane	Sheffield	13.68	BLE
1995	Emma Gavin	Limerick	12.65	BLE
1996	Emma Gavin	Limerick	12.45	BLE
1997	Emma Gavin	Limerick	12.85	BLE
1998	Emma Gavin	Limerick	13.43	BLE
1999	Emma Gavin	Limerick	13.45	BLE
2000	Eva Massey	Windsor Slough & Eton Harriers	14.90	AAI
2001	Eva Massey	Windsor Slough & Eton Harriers	15.00	AAI
2002	Geraldine Stewart	Tír Chonail	12.15	AAI
2003	Eva Massey	Belgrave Harriers	15.51	AAI
2004	Eva Massey	North Down	15.22	AAI
2005	Eva Massey	North Down	15.11	AAI
2006	Eva Massey	North Down	15.45	AAI
2007	<b>Eva Massey</b>	<b>North Down</b>	<b>16.32</b>	AAI
2008	Eva Massey	North Down	16.20	AAI
2009	Deirdre Murphy	Leevale	10.91	AAI
2010	Eva Massey	North Down	13.59	AAI
2011	Clare Fitzgerald	Tralee Harriers	14.27	AAI
2012	Clare Fitzgerald	Tralee Harriers	14.30	AAI
2013	Clare Fitzgerald	Tralee Harriers	13.80	AAI
2014	Clare Fitzgerald	Tralee Harriers	16.20	AAI
2015	Clare Fitzgerald	Tralee Harriers	14.83	AAI
2016	Clare Fitzgerald	Tralee Harriers	15.07	AAI
2017	Clare Fitzgerald	Tralee Harriers	14.96	AAI
2018	Michaela Walsh	Swinford	14.51	AAI
2019	Michaela Walsh	Swinford	13.96	AAI

<b>2020</b>	Michaela Walsh	Swinford	14.19	AAI
<b>2021</b>	Michaela Walsh	Swinford	15.66	AAI
<b>2022</b>	Michaela Walsh	Swinford	14.58	AAI
<b>2023</b>	Michaela Walsh	Swinford	15.17	AAI
<b>2024</b>	Ciara Sheehy	Emerald	14.20	AAI
<b>2025</b>	Niamh Fogarty	Raheny Shamrock	14.29	AAI

## Discus

### Most titles

Patricia Walsh - 9

1977, 78, 79, 80, 81, 82, 83, 84, 85

### Championship Record

Patricia Walsh

57.60 1984

1965	Rosemary Murphy	Crusaders	32.25	AAUE
1966	Rosemary Murphy	Crusaders	32.98	AAUE
1967	Rosemary Murphy	Crusaders	37.38	BLE
1968	Rosemary Murphy	Crusaders	35.57	BLE
1969	Rosemary Murphy	Crusaders	31.94	BLE
1970	Rosemary Murphy	Crusaders	35.08	BLE
1971	Rosemary Murphy	Crusaders	36.47	BLE
1972	Maria Dunne	Crusaders	35.43	BLE
1973	Maria Dunne	Crusaders	38.11	BLE
1974	Gay Hogan (Porter)	Crusaders	42.07	BLE
1975	Gay Hogan	Crusaders	43.72	BLE
1976	Gay Hogan	Crusaders	37.06	BLE
1977	Patricia Walsh	Waterford	46.34	BLE
1978	Patricia Walsh	Waterford	48.26	BLE
1979	Patricia Walsh	Waterford	49.70	BLE
1980	Patricia Walsh	Waterford	51.42	BLE
1981	Patricia Walsh	Waterford	53.88	BLE
1982	Patricia Walsh	Waterford	51.00	BLE
1983	Patricia Walsh	Waterford	54.26	BLE
1984	<b>Patricia Walsh</b>	<b>Waterford</b>	<b>57.60</b>	BLE
1985	Patricia Walsh	Waterford	47.54	BLE
1986	Marita Walton	Crusaders	47.70	BLE
1987	Pauline Carolan	Fr Murphy	46.00	BLE
1988	Marita Walton	Kilkenny City Harriers	47.64	BLE
1989	Ailish O'Brien	Dungarvan	41.78	BLE
1990	Lorraine Shaw	Gloucester	45.24	BLE
1991	Lorraine Shaw	Dublin City Harriers	49.98	BLE
1992	Lorraine Shaw	Dublin City Harriers	46.32	BLE
1993	Mary Mahon	West Dublin	42.60	BLE
1994	Ailish O'Brien	West Waterford	42.46	BLE
1995	Ailish O'Brien	West Waterford	42.10	BLE
1996	Ailish O'Brien	West Waterford	41.06	BLE
1997	Ailish O'Brien	West Waterford	45.02	BLE
1998	Ailish O'Brien	West Waterford	47.93	BLE
1999	Ailish O'Brien	West Waterford	48.14	BLE
2000	Ailish O'Brien	Drinagh-Murrin-Piercestown (DMP)*	45.99	AAI
2001	Eva Massey	Windsor Slough & Eton Harriers	47.23	AAI
2002	Eileen O'Keefe	Kilkenny City Harriers	42.14	AAI
2003	Renata Katewicz	St Laurence O'Toole, Carlow	46.70	AAI
2004	Eileen O'Keefe	Kilkenny City Harriers	43.41	AAI
2005	Eileen O'Keefe	Kilkenny City Harriers	43.34	AAI
2006	Renata Katewicz	St Laurence O'Toole, Carlow	46.33	AAI
2007	Eileen O'Keefe	Kilkenny City Harriers	44.75	AAI
2008	Eileen O'Keefe	Kilkenny City Harriers	46.44	AAI
2009	Eileen O'Keefe	Kilkenny City Harriers	43.86	AAI
2010	Clare Fitzgerald	Tralee Harriers	44.78	AAI
2011	Clare Fitzgerald	Tralee Harriers	50.07	AAI
2012	Clare Fitzgerald	Tralee Harriers	49.48	AAI
2013	Clare Fitzgerald	Tralee Harriers	48.22	AAI
2014	Clare Fitzgerald	Tralee Harriers	49.09	AAI
2015	Clare Fitzgerald	Tralee Harriers	52.52	AAI
2016	Clare Fitzgerald	Tralee Harriers	53.38	AAI
2017	Clare Fitzgerald	Tralee Harriers	51.17	AAI
2018	Niamh Fogarty	North Westmeath	44.56	AAI
2019	Niamh Fogarty	Raheny Shamrock	52.96	AAI
2020	Niamh Fogarty	Raheny Shamrock	49.46	AAI

<b>2021</b>	Niamh Fogarty	Raheny Shamrock	53.73	AAI
<b>2022</b>	Anna Gavigan	Lambay Sports Academy	46.22	AAI
<b>2023</b>	Niamh Fogarty	Raheny Shamrock	49.77	AAI
<b>2024</b>	Niamh Fogarty	Raheny Shamrock	54.64	AAI
<b>2025</b>	Niamh Fogarty	Raheny Shamrock	55.08	AAI

## Hammer

### Most titles

Eileen O'Keeffe - 9

2001, 02, 03, 04, 05, 06, 07, 08, 09

### Championship Record

Eileen O'Keeffe

73.21 2007

1987	Una Cosgrave	Riocht	34.06	BLE
1988	Breeda Wall	Ferrybank	39.78	BLE
1989	Noreen Linehan	Eagle TC	36.84	BLE
1990	Elaine Hayes	North Laois	42.40	BLE
1991	Elaine Hayes	North Laois	42.32	BLE
1992	Lorraine Shaw	Dublin City Harriers	44.90	BLE
1993	Brenda Thompson	Slaney Olympic	35.20	BLE
1994	Brenda Thompson	Slaney Olympic	39.98	BLE
1995	Brenda Thompson	Slaney Olympic	44.28	BLE
1996	Julie Kirkpatrick	Lisburn	48.90	BLE
1997	Clara Thompson	Slaney Olympic	48.82	BLE
1998	Olivia Kelleher	Limerick	53.68	BLE
1999	Nicola Coffey	Navan	55.79	BLE
2000	Olivia Kelleher	Farranfore Main Valley	53.72	AAI
2001	Eileen O'Keeffe	Kilkenny City Harriers	56.15	AAI
2002	Eileen O'Keeffe	Kilkenny City Harriers	59.81	AAI
2003	Eileen O'Keeffe	Kilkenny City Harriers	60.47	AAI
2004	Eileen O'Keeffe	Kilkenny City Harriers	62.44	AAI
2005	Eileen O'Keeffe	Kilkenny City Harriers	68.14	AAI
2006	Eileen O'Keeffe	Kilkenny City Harriers	67.80	AAI
2007	<b>Eileen O'Keeffe</b>	<b>Kilkenny City Harriers</b>	<b>73.21</b>	AAI
2008	Eileen O'Keeffe	Kilkenny City Harriers	72.75	AAI
2009	Eileen O'Keeffe	Kilkenny City Harriers	69.91	AAI
2010	Rebecca Bahni	Slí Cualann	54.66	AAI
2011	Cara Kennedy	Ferrybank	57.62	AAI
2012	Cara Kennedy	Ferrybank	56.22	AAI
2013	Cara Kennedy	Ferrybank	51.94	AAI
2014	Cara Kennedy	Ferrybank	56.86	AAI
2015	Alice Akers	Marian, Ennis	55.05	AAI
2016	Cara Kennedy	Ferrybank	58.36	AAI
2017	Cara Kennedy	Ferrybank	53.17	AAI
2018	Michaela Walsh	Swinford	60.81	AAI
2019	Michaela Walsh	Swinford	56.14	AAI
2020	Nicola Tuthill	Bandon	60.04	AAI
2021	Michaela Walsh	Swinford	62.64	AAI
2022	Michaela Walsh	Swinford	57.37	AAI
2023	Nicola Tuthill	University College Dublin	67.67	AAI
2024	Nicola Tuthill	University College Dublin	68.54	AAI
2025	Nicola Tuthill	University College Dublin	71.75	AAI

## Javelin

### Most titles

oj	<b>Dara Shakespeare - 7</b>	<b>1980, 85, 86, 88, 89, 94, 95</b>
	<b>Anita White Fitzgibbon - 6</b>	<b>2007, 08, 10, 11, 12, 13</b>
	<b>Jennifer O'Sullivan - 5</b>	<b>2000, 01, 02, 03, 04</b>

### Championship Record

Anita Fitzgibbon

54.92 2013

1965	Rosemary Murphy	Crusaders	28.96	oj	AAUE
1966	Patricia Downes	Crusaders	25.23	oj	AAUE
1967	Rosemary Murphy	Crusaders	26.02	oj	BLE
1968	Rosemary Murphy	Crusaders	28.41	oj	BLE
1969	Patricia Downes	Crusaders	28.10	oj	BLE
1970	Patricia Downes	Crusaders	26.59	oj	BLE
1971	Maria Dunne	Crusaders	25.43	oj	BLE
1972	Maria Pasquetti	Birchfield Harriers	32.68	oj	BLE
1973	Rosemary Murphy	Crusaders	27.51	oj	BLE
1974	Sandra O'Toole	Lozells, Birmingham	40.48	oj	BLE
1975	Sandra O'Toole	Lozells, Birmingham	39.07	oj	BLE
1976	Elizabeth Hurley	St Benedicts	29.44	oj	BLE
1977	Patricia Walsh	Waterford	36.76	oj	BLE
1978	Linda Kennedy	Dundrum	41.86	oj	BLE
1979	Linda Kennedy	Dundrum	41.52	oj	BLE
1980	Dara Shakespeare	South Dublin	41.26	oj	BLE
1981	Linda Kennedy	Dundrum	41.90	oj	BLE
1982	Brenda Walsh	Limerick	43.54	oj	BLE
1983	Brenda Walsh	Limerick	45.64	oj	BLE
1984	Karen McGovern	Galway City Harriers	45.62	oj	BLE
1985	Dara Shakespeare	South Dublin	46.72	oj	BLE
1986	Dara Shakespeare	Puma, Dublin	47.20	oj	BLE
1987	Sally Wigesundra	Raheny Shamrock	46.00	oj	BLE
1988	Dara Shakespeare	Puma, Dublin	43.76	oj	BLE
1989	Dara Shakespeare	Puma, Dublin	43.98	oj	BLE
1990	Mary T Real	Limerick	45.74	oj	BLE
1991	Mary T Real	Limerick	47.38	oj	BLE
1992	Mary T Real	Limerick	47.74	oj	BLE
1993	Mary T Real	Limerick	47.48	oj	BLE
1994	Dara Shakespeare	Dundrum South Dublin	50.26	oj	BLE
1995	Dara Shakespeare	Dundrum South Dublin	46.26	oj	BLE
1996	Alison Moffitt	North Down	49.10	oj	BLE
1997	Alison Moffitt	North Down	45.48	oj	BLE
1998	Alison Moffitt	Windsor Slough & Eton Harriers	46.48	oj	BLE
1999	Alison Moffitt	Windsor Slough & Eton Harriers	43.51		BLE
2000	Jennifer O'Sullivan	Cushinstown	41.94		AAI
2001	Jennifer O'Sullivan	Cushinstown	44.19		AAI
2002	Jennifer O'Sullivan	Cushinstown	44.69		AAI
2003	Jennifer O'Sullivan	Cushinstown	<b>47.95</b>		AAI
2004	Jennifer O'Sullivan	Cushinstown	44.97		AAI
2005	Laura Kerr	Lagan Valley	45.94		AAI
2006	Laura Kerr	Lagan Valley	47.62		AAI
2007	Anita White	Dublin Striders	44.97		AAI
2008	Anita White	Dublin Striders	42.82		AAI
2009	Olivia McDonald	St Peter's, Co. Louth	38.11		AAI
2010	Anita White Fitzgibbon	Dundrum South Dublin	43.48		AAI
2011	Anita White Fitzgibbon	Dundrum South Dublin	47.09		AAI
2012	Anita White Fitzgibbon	Dundrum South Dublin	49.54		AAI
2013	<b>Anita White Fitzgibbon</b>	<b>Dundrum South Dublin</b>	<b>54.92</b>		AAI
2014	Anita White Fitzgibbon	Dundrum South Dublin	48.62		AAI
2015	Anita White Fitzgibbon	Dundrum South Dublin	51.56		AAI
2016	Anita White Fitzgibbon	Dundrum South Dublin	47.89		AAI
2017	Grace Casey	Eire Og Corra Choill	43.42		AAI
2018	Elizabeth Morland	Cushinstown	43.41		AAI

<b>2019</b>	Elizabeth Morland	Cushinstown	46.60	AAI
<b>2020</b>	Kate O'Connor	Dundalk St. Gerard's	49.24	AAI
<b>2021</b>	Grace Casey	Eire Og Corra Choill	42.85	AAI
<b>2022</b>	Kate O'Connor	Dundalk St. Gerard's	50.93	AAI
<b>2023</b>	Grace Casey	Clonliffe Harriers	41.83	AAI
<b>2024</b>	Kate O'Connor	Dundalk St. Gerard's	48.73	AAI
<b>2025</b>	Grace Casey	Clonliffe Harriers	44.88	AAI

## Heptathlon

### Most titles

**Brid Hallissey - 9**

**1988, 89, 90, 91, 92, 93, 94, 97, 98**

### Championship Record

**Kelly Proper**

**5418 2013**

1965	Maeve Kyle	Ballymena	3935	p	AAUE
1966	Hazel Tennyson	Crusaders	3222	p	AAUE
1967	Not held			p	BLE
1968	Not held			p	BLE
1969	Margaret Murphy	Ovens	3608	p	BLE
1970	Claire Walsh	Cloniffe Harriers	3837	p	BLE
1971	Margaret Murphy	Ovens	3997	p	BLE
1972	Margaret Murphy	Ovens	3718	p	BLE
1973	Margaret Murphy	Ovens	3171	p	BLE
1974	Freddie Cooney	St Anthony's	3511	p	BLE
1975	Ruth Algar	Crusaders	3240	p	BLE
1976	Lucy Moore	Crusaders	2844	p	BLE
1977	Maria Hetherington	Dublin City Harriers	3294	p	BLE
1978	Joy Good	St Finbarr's, Cork	3553	p	BLE
1979	Joy Murphy (Good)	St Finbarr's, Cork	3500	p	BLE
1980	Barbara Johnson	West Limerick	3324	p	BLE
1981	Joy Murphy (Good)	St Finbarr's, Cork	4974	h	BLE
1982	Wendy Phillips	Belfast Ladies	4648	h	BLE
1983	Mary Barrett	Loughrea	4846	h	BLE
1984	Danea Herron	Finn Valley	4358	h	BLE
1985	Brid Hallissey	Ferrybank	4061	h	BLE
1986	Brid Hallissey	Ferrybank	4962	h	BLE
1987	Mary Barrett	Nenagh Olympic	4304	h	BLE
1988	Brid Hallissey	Ferrybank	4775	h	BLE
1989	Brid Hallissey	Ferrybank	5239	h	BLE
1990	Brid Hallissey	Ferrybank	5033	h	BLE
1991	Brid Hallissey	Ferrybank	5217	h	BLE
1992	Brid Hallissey	Ferrybank	4799	h	BLE
1993	Brid Hallissey	Ferrybank	5071	h	BLE
1994	Brid Hallissey	Ferrybank	5148	h	BLE
1995	Brid Hallissey	Ferrybank	4961	h	BLE
1996	Geraldine Finegan	Dunleer	4101	h	BLE
1997	Brid Hallissey	Waterford	4426	h	BLE
1998	Niamh O'Rourke	Nenagh Olympic	3793	h	BLE
1999	Sharon Foley	Lifford	3650	h	BLE
2000	Fiona Kavanagh	St Laurence O'Toole, Carlow	4529	h	AAI
2001	Sharon Foley	Lifford	4832	h	AAI
2002	Sharon Gallen (Foley)	Lifford	5054	h	AAI
2003	Sharon Gallen (Foley)	Lifford	5099	h	AAI
2004	Geraldine Finegan	Dunleer	4379	h	AAI
2005	Kelly Proper	Ferrybank	4709	h	AAI
2006	Cancelled		—	h	AAI
2007	Geraldine Finegan	Dunleer	4166	h	AAI
2008	Geraldine Finegan	Dunleer	3717	h	AAI
2009	Geraldine Finegan	Dunleer	3802	h	AAI
2010	Geraldine Finegan	Dunleer	4590	h	AAI
2011	Leona Bryne	St Laurence O'Toole, Carlow	4498	h	AAI
2012	Julie Morrison	Spa Muckross	4187	h	AAI
2013	<b>Kelly Proper</b>	<b>Ferrybank</b>	<b>5418</b>	<b>h</b>	<b>AAI</b>
2014	Karen Dunne	Bohermeen	4058	h	AAI
2015	Karen Dunne	Bohermeen	3913	h	AAI
2016	Naomi Morgan	City of Derry Spartans	4406	h	AAI
2017	Amy McTaggart	Boyne	4302	h	AAI
2018	Amy McTaggart	Boyne	4706	h	AAI
2019	Laura Frey	Lagan Valley	4369	h	AAI
2020	Anna McCauley	City of Lisburn	5051	h	AAI

<b>2021</b>	Elizabeth Morland	Cushinstown, Meath	5178	h	AAI
<b>2022</b>	Lara O'Byrne	Donore Harriers	5003	h	AAI
<b>2023</b>	Lara O'Byrne	Donore Harriers	4690	h	AAI
<b>2024</b>	Laura Frawley	Nenagh Olympic	4831	h	AAI
<b>2025</b>	Laura Frawley	Nenagh Olympic	4738	h	AAI

## 5000m Walk

	<b>Most titles</b>				
3km	<b>Perri Williams - 4</b>				<b>1985, 86, 87, 88,</b>
5km	<b>Kate Veale - 10</b>				<b>2010-11, 17-18, 20-25</b>
	<b>Championship Record</b>				
3km	<b>Perri Williams</b>		<b>14.21.72</b>		<b>1988</b>
5km	<b>Gillian O'Sullivan</b>		<b>20.00.60</b>		<b>2002</b>
<b>1981</b>	Mary Hennessy	St Joseph's, Kilkenny	15.48.2	3K	BLE
<b>1982</b>	Gwen Robertson	U.S.A.	15.32.69	3K	BLE
<b>1983</b>	Catherine Hennessy	St Joseph's, Kilkenny	16.25.33	3K	BLE
<b>1984</b>	Mary Hennessy	St Joseph's, Kilkenny	15.58.91	3K	BLE
<b>1985</b>	Perri Williams	St Senan's, Kilkenny	16.05.5	3K	BLE
<b>1986</b>	Perri Williams	St Senan's, Kilkenny	15.29.4	3K	BLE
<b>1987</b>	Perri Williams	St Senan's, Kilkenny	14.57.88	3K	BLE
<b>1988</b>	Perri Williams	St Senan's, Kilkenny	14.21.72	3K	BLE
<b>1989</b>	Marie Walsh	Shelbourne-Duncannon-Striders Wexford	14.27.90	3K	BLE
<b>1990</b>	Marie Walsh	Shelbourne-Duncannon-Striders Wexford	24.45.25		BLE
<b>1991</b>	Marie Walsh	Shelbourne-Duncannon-Striders Wexford	24.23.58		BLE
<b>1992</b>	Perri Williams	St Senan's, Kilmacow	23.37.60		BLE
<b>1993</b>	Lisa Paolini (Sheridan)	Dublin City Harriers	23.05.10		BLE
<b>1994</b>	Deirdre Gallagher	University College Dublin	23.34.00		BLE
<b>1995</b>	Deirdre Gallagher	University College Dublin	23.14.24		BLE
<b>1996</b>	Deirdre Gallagher	University College Dublin	22.00.05		BLE
<b>1997</b>	Perri Williams	St Senan's, Kilmacow	24.50.08		BLE
<b>1998</b>	Gillian O'Sullivan	University College Cork	21.57.22		BLE
<b>1999</b>	Olive Loughnane	Loughrea	22.58.27		BLE
<b>2000</b>	Niobe Menéndez	Dublin City Harriers	24.22.84		AAI
<b>2001</b>	Gillian O'Sullivan	Farranfore Maine Valley	20.50.13		AAI
<b>2002</b>	<b>Gillian O'Sullivan</b>	<b>Farranfore Maine Valley</b>	<b>20.02.60</b>		AAI
<b>2003</b>	Gillian O'Sullivan	Farranfore Maine Valley	20.13.13		AAI
<b>2004</b>	Olive Loughnane	Loughrea	22.13.89		AAI
<b>2005</b>	Olive Loughnane	Loughrea	21.52.56		AAI
<b>2006</b>	Ann Loughnane	Craughwell	22.22.24		AAI
<b>2007</b>	Ann Loughnane	Craughwell	24.36.30		AAI
<b>2008</b>	Olive Loughnane	Loughrea	21.07.28		AAI
<b>2009</b>	Olive Loughnane	Loughrea	21.03.45		AAI
<b>2010</b>	Kate Veale	West Waterford	22.52.90		AAI
<b>2011</b>	Kate Veale	West Waterford	21.30.18		AAI
<b>2012</b>	Meave Curley	Craughwell	24.41.07		AAI
<b>2013</b>	Sinead Burke	St. Coca's, Kilcock	25.27.11		AAI
<b>2014</b>	Sinead Burke	St. Coca's, Kilcock	25.17.86		AAI
<b>2015</b>	Veronica Burke	Ballinasloe & District	25.18.96		AAI
<b>2016</b>	Emma Prendiville	Farranfore Maine Valley	25.15.57		AAI
<b>2017</b>	Kate Veale	West Waterford	23.22.15		AAI
<b>2018</b>	Kate Veale	West Waterford	22.19.22		AAI
<b>2019</b>	Orlaith Delahunt	Sligo	26.18.21		AAI
<b>2020</b>	Kate Veale	West Waterford	24.51.49		AAI
<b>2021</b>	Kate Veale	West Waterford	24.14.64		AAI
<b>2022</b>	Kate Veale	West Waterford	23.31.12		AAI
<b>2023</b>	Kate Veale	West Waterford	22.01.18		AAI
<b>2024</b>	Kate Veale	West Waterford	21.57.42		AAI
<b>2025</b>	Kate Veale	West Waterford	23.46.46		AAI

## 10km Road Walk

### Most titles

**Perri Williams - 4**

**1988, 91, 92, 93**

### Championship Record

**Deirdre Gallagher**

**48.45**

**1995**

<b>1986</b>	Pamela Reynolds	Ashbourne, St. Andrews	58.56	BLE
<b>1987</b>	Sinead McGranaghan	Finn Valley	55.17	BLE
<b>1988</b>	Perri Williams	St Senan's, Kilmacow	51.53	BLE
<b>1989</b>	Marie Walsh	Shelbourne-Duncannon-Striders Wexford	49.47	BLE
<b>1990</b>	Marie Walsh	Shelbourne-Duncannon-Striders Wexford	51.15	BLE
<b>1991</b>	Perri Williams	St Senan's, Kilkenny	50.44	BLE
<b>1992</b>	Perri Williams	St Senan's, Kilkenny	49.34	BLE
<b>1993</b>	Perri Williams	St Senan's, Kilkenny	51.44	BLE
<b>1994</b>	Deirdre Gallagher	Ballina	49.03	BLE
<b>1995</b>	<b>Deirdre Gallagher</b>	<b>University College Dublin</b>	<b>48.45</b>	<b>BLE</b>
<b>1996</b>	Gillian O'Sullivan	University College Cork	50.19	BLE
<b>1997</b>	Gillian O'Sullivan	University College Cork	48.59	BLE
<b>1998</b>	Olive Loughnane	Loughrea	49.06	BLE

## 20km Walk

### Most titles

**Kate Veale - 7**

**2018-24**

### Championship Record

**Gillian O'Sullivan**

**1.29.12**

**2002**

<b>1999</b>	Gillian O'Sullivan	University College Cork	1.43.42	BLE
<b>2000</b>	Gillian O'Sullivan	Farranfore Maine Valley	1.35.09	AAI
<b>2001</b>	Gillian O'Sullivan	Farranfore Maine Valley	1.36.38	AAI
<b>2002</b>	<b>Gillian O'Sullivan</b>	<b>Farranfore Maine Valley</b>	<b>1.29.12</b>	<b>AAI</b>
<b>2003</b>	Gillian O'Sullivan	Farranfore Maine Valley	1.29.22	AAI
<b>2004</b>	Olive Loughnane	Loughrea	1.32.12	AAI
<b>2005</b>	Olive Loughnane	Loughrea	1.32.28	AAI
<b>2006</b>	Catriona McMahon	St Mary's, Limerick	2.03.07	AAI
<b>2007</b>	Catriona McMahon	St Mary's, Limerick	1.56.38	AAI
<b>2008</b>	Olive Loughnane	Loughrea	1.33.16	AAI
<b>2009</b>	Olive Loughnane	Loughrea	1.30.57	AAI
<b>2010</b>	Laura Reynolds	Mohill	1.38.08	AAI
<b>2011</b>	Olive Loughnane	Loughrea	1.31.55	AAI
<b>2012</b>	Maeve Curley	Craughwell	1.52.23	AAI
<b>2013</b>	Michelle Turner	North Down	1.45.38	AAI
<b>2016</b>	Maeve Curley	University of Limerick	1.49.52	AAI
<b>2017</b>	Veronica Burke	Ballinasloe & District	1.47.10	AAI
<b>2018</b>	Kate Veale	West Waterford	1.37.54	AAI
<b>2019</b>	Kate Veale	West Waterford	1.37.52	AAI
<b>2020</b>	Kate Veale	West Waterford	1.56.06	AAI
<b>2021</b>	Kate Veale	West Waterford	1.49.08	AAI
<b>2022</b>	Kate Veale	West Waterford	1.48.06	AAI
<b>2023</b>	Kate Veale	West Waterford	1.41.28	AAI
<b>2024</b>	Kate Veale	West Waterford	1.39.58	AAI
<b>2025</b>	Aisling Lane	Mullingar Harriers	1.46.50	AAI

### 35km Walk

2021	Kate Veale	West Waterford	3.07.03	AAI
2022	Kate Veale	West Waterford	3.09.41	AAI
2024	Kate Veale	West Waterford	3.25.57	AAI

### 50km Run

2011	Fionnuala O'Mara		4.54.25	
2012	Charlotte Kearney	Donadea RC	4.04.06	
2013	Olwyn Dunne	Crusaders	4.00.28	
2014	Orna Dilworth	Sportsworld	3.43.16	
2015	Mary Laverty		3.43.03	
2016	Suzanne Kenny	Trail Heads	3.59.49	
2017	Louise Smith	North Belfast Harriers	3.51.09	
2018	Caitriona Jennings	Letterkenny	3.24.30	
2019	Laura O'Driscoll	Setanta	3.48.16	
2020	Laura O'Driscoll	Setanta	3.32.17	
2021	Deirdre Lynn	Marathon Club of Ireland	3.56.33	
2022	Sorcha Loughnane	Donore Harriers	3.20.33	
2023	Deirdre Martin	Carrick-on-Shannon	3.35.11	
2024	Sorcha Loughnane	Donore Harriers	3.18.00	
2025	<b>Caitriona Jennings</b>	<b>Letterkenny</b>	<b>3.16.33</b>	

### 100km Run

2021	Caitriona Jennings	Letterkenny	7.43.01	
2022	Not held			
2023				
2024				
2025	Karen Wilton	lbg Lisburn Running Club	9.04.19	

## 24 Hour Run

2011	Deirdre Finn	Bilboa, Co Limerick	181.143	km
2012	Aisling Coppinger		162.000	km
2013	Ruthann Sheahan		225.508	km
2014	Donna McLoughlin		180.790	km
2015	Susan McCartney		188.863	km
2016	Louise Smart	Co.Antrim Harriers	201.016	km
2017	Amy Masner		228.581	km
2018	Louise Smart	Co.Antrim Harriers	205	km
2019	Paula Wright	Newport	219.16	km
2020	<b>Not held due to Covid 19</b>			
2021	Aoife Mundow	Drogheda & District	211.76	km
2022	Amy Masner	Parnell, Wicklow	213.667	km
2023				
2024				

## 28lbs for Height

2023	Olga Nedvede	Dooneen	4.30	
2024	Olga Nedvede	Dooneen	4.70	
2025	Not Contested			

## 28lbs for Distance

2018	Cara Kennedy	Ferrybank	6.72	AAI	
2019	Laura Dolan	Ferbane	6.94	AAI	
2020	Ebony Hogan	Birr	6.84	AAI	
2021	Zoe Mohan	Cushinstown	6.98	AAI	
2022	Laura Dolan	Ferbane	7.14	AAI	
2023	Olga Nevede	Dooneen	7.21	AAI	
2024	Olga Nevede	Dooneen	7.88	AAI	
2025	Kotryna Pacerinskaite	Fanahan McSweeney	8.33	AAI	CR

## Mountain Running

### Most titles

Diane Wilson Dromore - 5

2011-14, 2016

1996	Beth McCluskey	Crusaders	
1997			
1998	Majella Diskin	An Riocht	
1999			
2000	Jane Porter	Crusaders	IMRA
2001	Joan Flanagan	Ajax Orienteering	IMRA
2002	Roisin McDonnell	Setanta Orienteering	IMRA
2003	Nicky Cinnamon	IMRA	IMRA
2004	Zoe Melling	Rathfarnham	IMRA
2005	Beth McCluskey	Crusaders	IMRA
2006	Maureen Foley	Bilboa	IMRA
2007	Moire O'Sullivan	Setanta Orienteering	IMRA
2008	Moire O'Sullivan	Setanta Orienteering	IMRA
2009	Caroline Reid	Dunboyne	IMRA
2010	Deirdre Finn	Bilboa	IMRA
2011	Diane Wilson	Dromore	IMRA
2012	Diane Wilson	Dromore	IMRA
2013	Diane Wilson	Dromore	IMRA
2014	Diane Wilson	Dromore	IMRA
2015	Becky Quinn	IMRA	IMRA
2016	Diane Wilson	Dromore	IMRA
2017	Cathy Wyse	IMRA	IMRA
2018	Becky Quinn	IMRA	IMRA
2019	Becky Quinn	IMRA	IMRA
2020-2021	<b>Not held due to Covid 19</b>		IMRA
2022	Becky Quinn	IMRA	IMRA
2023	Joan Ryan	Mallow	IMRA
2024	Esther Dickson	Newry	IMRA
2025			IMRA

*The Irish Championship is run on five major peaks well spread throughout the country. Like all Championship races they are generally not marked. The best three results from five count.*

## Ultra Mountain Running

2018	Clare Keely	Wicklow	
2019	Aoife Mindow	Drogheda & District	
2020-2021	<b>Not held due to Covid 19</b>		
2022	Becky Quinn	IMRA	
2023	Becky Quinn	IMRA	
2024	Deirdre O'Gorman	Tipperary	
2025			

## Cross Country Inter-Clubs

### Most titles

Catherina McKiernan - 5

1990, 91, 92, 93, 2004

1966	Peggy Hogan	Crusaders	15.33		AAUE
1967	Peggy Hogan	Crusaders	12.51		BLE
1968	Ann O'Brien	Clonliffe Harriers	13.56	§	BLE
1969	Ann O'Brien	Clonliffe Harriers	14.51		BLE
1970	Ann O'Brien	Clonliffe Harriers	14.41		BLE
1971	Ann O'Brien	Clonliffe Harriers	14.20		BLE
1972	Mary Lynch	Raheny Shamrock	14.43	*§	BLE
1973	Mary Tracey	Guinness	11.45		BLE
1974	Deirdre Nagle (Foreman)	Guinness	13.32	§	BLE
1975	Deirdre Nagle (Foreman)	Guinness	13.59	§	BLE
1976	Deirdre Nagle (Foreman)	Dublin City Harriers	14.21	§	BLE
1977	Sheila Morrissey	Kildare	13.11	†	BLE
1978	Kathryn Davis	Clonliffe Harriers	17.46		BLE
1979	Christine Ward	London Olympiad	19.07		BLE
1980	Mary Purcell (Tracey)	Crusaders	17.13		BLE
1981	Carol Meagan	Dundrum	17.35		BLE
1982	Fionnuala Morrish	Leevale	22.12		BLE
1983	Louise McGrillen	Dublin City Harriers	17.04		BLE
1984	Roisin Smyth	Sparta, Derry	17.41		BLE
1985	Louise McGrillen	Dublin City Harriers	16.46		BLE
1986	Mary Donohoe	Clonliffe Harriers	17.51		BLE
1987	Sonia O'Sullivan	Ballymore Cobh	16.28		BLE
1988	Catherine Rooney	Blackrock	19.28		BLE
1989	Christine Kennedy	Galway City Harriers	25.56		BLE
1990	Catherina McKiernan	Cavan	20.11		BLE
1991	Catherina McKiernan	Cornafean	24.55		BLE
1992	Catherina McKiernan	Cornafean	20.48		BLE
1993	Catherina McKiernan	Cornafean	20.04		BLE
1994	Teresa Duffy	Beechmount Harriers	23.04		BLE
1995	Teresa Duffy	Beechmount Harriers	22.07		BLE
1996	Teresa Duffy	Beechmount Harriers	22.00		BLE
1997	Maureen Harrington	Ríocht	22.35		BLE
1998	Maureen Harrington	Ríocht	21.27		BLE
1999	Breda Dennehy	Bandon	26.26		BLE
2000	Anne Keenan-Buckley	North Laois	21.30		AAI
2001	Rosemary Ryan	Bilboa, Co. Limerick	20.49		AAI
2002	Anne Keenan-Buckley	North Laois	32.07		AAI
2003	Anne Keenan-Buckley	North Laois	30.38		AAI
2004	Catherina McKiernan	Annalee	26.39		AAI
2005	Jolene Byrne	Donore Harriers	28.25		AAI
2006	Maria McCambridge	Dundrum South Dublin	28.05		AAI
2007	Fionnuala Britton	Slí Cualann	29.11		AAI
2008	Fionnuala Britton	Slí Cualann	29.22		AAI
2009	Maria McCambridge	Letterkenny	29.17		AAI
2010	Linda Byrne	Dundrum South Dublin	27.10		AAI
2011	Ava Hutchinson	Dundrum South Dublin	29.18		AAI
2012	Linda Byrne	Dundrum South Dublin	25.53		AAI
2013	Mary Cullen	Sligo	27.40		AAI
2014	Sarah McCormack	Clonliffe Harriers	29.41		AAI
2015	Maria McCambridge	Dundrum South Dublin	27.26		AAI
2015	Fionnuala Britton-McCormack	Slí Cualann	26.49		AAI
2016	Shona Heaslip	An Ríocht	28.13		AAI
2017	Shona Heaslip	An Ríocht	28.31		AAI
2018	Ciara Mageean	University College Dublin	28.02		AAI
2019	Fionnuala Britton-McCormack	Slí Cualann	28.41		AAI
2020	<b>Not held due to Covid 19</b>				
2021	Michelle Finn	Leevale	27.22		AAI
2022	Sarah Healy	University College Dublin	27.05		AAI
2023	Fiona Everard	Bandon	36.32		AAI

<b>2024</b>	Annemarie McGlynn	Letterkenny	27.05	AAI
<b>2025</b>	Fiona Everard	Bandon	26.49	AAI

*§ Senior Ladies Inter Club not held at same venue as for Senior Men Inter Club*

*\* Inter-Club & Inter-County separated*

*† Senior Women & Men run at same venue from 1977*

*\* Interclubs & Inter Counties switched dates*

## Inter-Club Team Champions

### Most titles

<b>Dublin City Harriers - 16</b>	<b>1977, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92</b>
<b>Dundrum South Dublin - 11</b>	<b>2001, 03, 05, 06, 08, 09, 10, 11, 12, 14, 15</b>
<b>Finn Valley - 10</b>	<b>1993, 94, 95, 96, 97, 98, 99, 2000, 02, 04</b>

### Longest Sequence of Titles

<b>Dublin City Harriers</b>	<b>16 years 1977-1992</b>
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### Lowest Point Score

<b>Crusaders 2, 4, 5</b>	<b>11 pts</b>	<sup>3</sup>	<b>1969</b>
<b>Raheny Shamrock 2, 3, 6</b>	<b>11 pts</b>	<sup>3</sup>	<b>1971</b>
<b>Dublin City Harriers 1, 3, 5, 7</b>	<b>16 pts</b>	<sup>4</sup>	<b>1985</b>

<b>1966</b>	Clonliffe Harriers	19 pts		AAUE
<b>1967</b>	Clonliffe Harriers	21 pts		BLE
<b>1968</b>	Raheny Shamrock	14 pts	§	BLE
<b>1969</b>	<b>Crusaders</b>	<b>11 pts</b>	<b>3</b>	<b>BLE</b>
<b>1970</b>	Clonliffe Harriers	13 pts		BLE
<b>1971</b>	<b>Raheny Shamrock</b>	<b>11 pts</b>	<b>3</b>	<b>BLE</b>
<b>1972</b>	St. Laurence O'Toole's	25 pts	*§	BLE
<b>1973</b>	Guinness	22 pts		BLE
<b>1974</b>	Grange Fermoy	36 pts	§	BLE
<b>1975</b>	Guinness	32 pts	§	BLE
<b>1976</b>	Clonliffe Harriers	29 pts	§	BLE
<b>1977</b>	Dublin City Harriers	30 pts	†	BLE
<b>1978</b>	Dublin City Harriers	30 pts		BLE
<b>1979</b>	Dublin City Harriers	45 pts		BLE
<b>1980</b>	Dublin City Harriers	23 pts		BLE
<b>1981</b>	Dublin City Harriers	37 pts		BLE
<b>1982</b>	Dublin City Harriers	38 pts		BLE
<b>1983</b>	Dublin City Harriers	26 pts		BLE
<b>1984</b>	Dublin City Harriers	26 pts		BLE
<b>1985</b>	<b>Dublin City Harriers</b>	<b>16 pts</b>	<b>4</b>	<b>BLE</b>
<b>1986</b>	Dublin City Harriers	18 pts		BLE
<b>1987</b>	Dublin City Harriers	42 pts		BLE
<b>1988</b>	Dublin City Harriers	43 pts		BLE
<b>1989</b>	Dublin City Harriers	40 pts		BLE
<b>1990</b>	Dublin City Harriers	26 pts		BLE
<b>1991</b>	Dublin City Harriers	43 pts		BLE
<b>1992</b>	Dublin City Harriers	54 pts		BLE
<b>1993</b>	Finn Valley	57 pts		BLE
<b>1994</b>	Finn Valley	53 pts		BLE
<b>1995</b>	Finn Valley	61 pts		BLE
<b>1996</b>	Finn Valley	85 pts		BLE
<b>1997</b>	Finn Valley	34 pts		BLE
<b>1998</b>	Finn Valley	50 pts		BLE
<b>1999</b>	Finn Valley	55 pts		BLE
<b>2000</b>	Finn Valley	72 pts		AAI
<b>2001</b>	Dundrum South Dublin	50 pts		AAI
<b>2002</b>	Finn Valley	62 pts		AAI
<b>2003</b>	Dundrum South Dublin	46 pts		AAI
<b>2004</b>	Finn Valley	59 pts		AAI
<b>2005</b>	Dundrum South Dublin	53 pts		AAI
<b>2006</b>	Dundrum South Dublin	44 pts		AAI
<b>2007</b>	North Belfast Harriers	47 pts		AAI
<b>2008</b>	Dundrum South Dublin	23 pts		AAI
<b>2009</b>	Dundrum South Dublin	50 pts		AAI
<b>2010</b>	Dundrum South Dublin	50 pts		AAI
<b>2011</b>	Dundrum South Dublin	27 pts		AAI
<b>2012</b>	Dundrum South Dublin	34 pts		AAI
<b>2013</b>	Raheny Shamrock	34 pts		AAI

2014	Dundrum South Dublin	26 pts	AAI	
2015	Dundrum South Dublin	13 pts	AAI	
2015	Leevale	51 pts	AAI	* Interclubs & Inter Counties switched
2016	Dundrum South Dublin	54 pts	AAI	
2017	Leevale	35 pts	AAI	
2018	Leevale	74 pts	AAI	
2019	Leevale	120 pts	AAI	
2020	<b>Not held due to Covid 19</b>			
2021	Letterkenny	87 pts	AAI	
2022	Dublin City Harriers	64 pts	AAI	
2023	Dublin City Harriers	49 pts	AAI	
2024	Leevale	67 pts	AAI	
2025	Leevale	53 pts	AAI	

§ Senior Ladies Inter Club not held at same venue as for Senior Men

\* Inter-Club & Inter-County separated

† Senior Women & Men run at same venue from 1977

### Cross Country Inter-Clubs - Short Course

1999	Elaine Fitzgerald	Waterford	13.33	BLE
2000				AAI
2001	Not held - Foot & Mouth Disease		—	AAI
2002	Sonia O'Sullivan	Ballymore / Cobh	12.46	AAI
2003	Ann Keenan-Buckley	North Laois	13.10	AAI
2004	Aoife Byrne	Dundrum South Dublin	13.51	AAI
2005	Niamh O'Sullivan	An Ríocht	14.27	AAI
2006	Orla O'Mahoney	Raheny Shamrock		AAI

Discontinued

\* Short Course Trials

### Cross Country Inter-Club Team Champions - Short Course

2002	Finn Valley	46 pts 3	AAI
2003			AAI
2004	Finn Valley	33 pts 4	AAI
2005	Finn Valley	39 pts 4	AAI
2006	Raheny Shamrock	52 pts 4	AAI

Discontinued

## Inter-County Cross Country

### Most titles

**Catherina McKiernan - 5**

**Anne Keenan-Buckley - 5**

**Fionnuala Britton - 5**

**1989, 90, 91, 92, 93**

**1987, 88, 2000, 01, 02**

**2006, 07, 10, 13, 14**

1968	Ann O'Brien	Dublin	13.56	§	BLE
1969	Ann O'Brien	Dublin	14.51		BLE
1970	Ann O'Brien	Dublin	14.41		BLE
1971	Ann O'Brien	Dublin	14.20		BLE
1972	Mary Lynch	Dublin	13.09	*	BLE
1973	Mary Lynch	Dublin	14.41		BLE
1974	Deidre Nagle (Foreman)	Dublin	14.39		BLE
1975	Deidre Nagle (Foreman)	Dublin	14.57		BLE
1976	Mary Buckley	Cork	16.15		BLE
1976	Vera Duffy	Monaghan	13.38	†	BLE
1977	Vera Duffy	Monaghan	17.34		BLE
1978	Deidre Nagle (Foreman)	Dublin	18.36		BLE
1979	Mary Purcell	Dublin	19.27		BLE
1980	Fionnuala Morrish	Cork	17.37		BLE
1981	Patricia Appleby	Dublin	17.05	‡	BLE
1982	Greta Hickey	Dublin	18.55		BLE
1983	Louise McGrillen	Dublin	19.14		BLE
1984	Louise McGrillen	Dublin	18.04		BLE
1985	Valerie O'Mahony	Cork	19.35		BLE
1986	Valerie O'Mahony	Cork	18.31		BLE
1987	Anne Keenan-Buckley	Laois	21.47		BLE
1988	Anne Keenan-Buckley	Laois	17.34		BLE
1989	Catherina McKiernan	Cavan	19.04		BLE
1990	Catherina McKiernan	Cavan	22.02		BLE
1991	Catherina McKiernan	Cavan	17.53		BLE
1992	Catherina McKiernan	Cavan	18.08		BLE
1993	Catherina McKiernan	Cavan	18.12		BLE
1994	Maureen Harrington	Kerry	18.20		BLE
1995	Maureen Harrington	Kerry	16.46		BLE
1996	Valerie Vaughan	Cork	17.30		BLE
1997	Teresa Duffy	Derry	16.58		BLE
1998	Valerie Vaughan	Cork	19.45		BLE
1999	Rosemary Ryan	Limerick	17.17		BLE
2000	Anne Keenan-Buckley	Laois	18.04		AAI
2001	Anne Keenan-Buckley	Laois	16.59		AAI
2002	Anne Keenan-Buckley	Laois	18.30		AAI
2003	Rosemary Ryan	Limerick	17.44		AAI
2004	Maria McCambridge	Dublin	16.51		AAI
2005	Jolene Bryne	Dublin	18.17		AAI
2006	Fionnuala Britton	Wicklow	28.13		AAI
2007	Fionnuala Britton	Wicklow	28.48		AAI
2008	Linda Byrne	Dublin	29.37		AAI
2009	Mary Cullen	Sligo	26.50		AAI
2010	Fionnuala Britton	Wicklow	27.44		AAI
2011	Sara Treacy	Meath	31.10		AAI
2012	Ava Hutchinson	Dublin	31.06		AAI
2013	Fionnuala Britton	Wicklow	26.05		AAI
2014	Fionnuala Britton	Wicklow	26.59		AAI
2015	Not held				AAI
2016	Shona Heaslip	Kerry	NT		AAI

*Discontinued & combined with Interclubs*

§ Senior Ladies Inter Club not held at same venue as for Senior Men

\* Inter-Club & Inter-County separated

† Switch of Inter-Counties to before Xmas

‡ Held Kilbarry, Co. Waterford 17 January 1982

## Inter-County Team Champions

### Most Titles

Dublin - 36

1968, 69, 70, 71, 72, 73, 74, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 93, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12

### Longest Sequence of Titles

Dublin

15 years 1987-1998

### Most titles

Dublin - 35

1968, 69, 70, 71, 72, 73, 74, 2 × 1976, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 93, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 12

### Lowest Point Score

Dublin 1, 2, 3, 4

10 pts

1971

Year	County	Points	Notes	Abbreviation
1968	Dublin	15 pts	§	BLE
1969	Dublin	19 pts		BLE
1970	Dublin	13 pts		BLE
1971	<b>Dublin</b>	<b>10 pts</b>		<b>BLE</b>
1972	Dublin	14 pts	*	BLE
1973	Dublin	15 pts		BLE
1974	Dublin	12 pts		BLE
1975	Cork	24 pts		BLE
1976	Dublin	18 pts		BLE
1976	Dublin	26 pts	†	BLE
1977	Dublin	23 pts		BLE
1978	Dublin	16 pts		BLE
1979	Dublin	11 pts		BLE
1980	Dublin	14 pts		BLE
1981	Dublin	14 pts	‡	BLE
1982	Dublin	13 pts		BLE
1983	Dublin	12 pts		BLE
1984	Dublin	11 pts		BLE
1985	Dublin	29 pts		BLE
1986	Dublin	28 pts		BLE
1987	Dublin	17 pts		BLE
1988	Dublin	23 pts		BLE
1989	Dublin	17 pts		BLE
1990	Cork	28 pts		BLE
1991	Donegal	28 pts		BLE
1992	Donegal	39 pts		BLE
1993	Dublin	42 pts		BLE
1994	Donegal	50 pts		BLE
1995	Cork	45 pts		BLE
1996	Antrim	45 pts		BLE
1997	Donegal	33 pts		BLE
1998	Cork	30 pts		BLE
1999	Dublin	31 pts		BLE
2000	Dublin	29 pts		AAI
2001	Dublin	35 pts		AAI
2002	Dublin	33 pts		AAI
2003	Dublin	41 pts		AAI

2004	Dublin	22 pts	AAI
2005	Dublin	20 pts	AAI
2006	Dublin	34 pts	AAI
2007	Dublin	23 pts	AAI
2008	Dublin	16 pts	AAI
2009	Dublin	31 pts	AAI
2010	Dublin	26 pts	AAI
2011	Cork	35 pts	AAI
2012	Dublin	25 pts	AAI
2013	Dublin	20 pts	AAI
2014	Dublin	46 pts	AAI
2015	Not held		AAI
2016	Galway	25 pts	AAI
2017	Cork	35 pts	AAI
2018	Donegal	56 pts	AAI
2019	Dublin	41 pts	AAI
2020	<b>Not held due to Covid 19</b>		
2021	Donegal	52 pts	AAI
2022	Dublin	33 pts	AAI
2023	Dublin	38 pts	AAI
2024	Dublin	53 pts	AAI
2025	Cork	27 pts	AAI

*§ Senior Ladies Inter County not held at same venue c*

*\* Inter-Club & Inter-County separated*

*† Switch of Inter-Countries to before Xmas*

*‡ Held Kilbarry, Co. Waterford 17 January 1982*

## Intermediate Cross Country

1968	Nuala Bowe	Tipperary	9.00	U18
1969	Nuala Bowe	Tipperary		U18
1970	Not Held			U18
1971	Beatrice Lambert	St Laurence O'Toole		U18
1972	Beatrice Lambert	St Laurence O'Toole	9.24	U18
1973	Marie Buckley	Leevale	11.43	U18
1974	Mary Appleby	Guinness		U18
1975	Mary Appleby	Guinness	12.01	U18
1976	Mary Fleming	Midleton		U18
1977	Ann Keenan	Ballyfin	12.30	U18
1978	Mary Dempsey	Youghal	11.54	U18
1979				U18
1980	Carol Meegan	Dundrum	15.32	U18
<b>1981-1986 Not held</b>				
1987	Frances Murphy	Dublin City Harriers	14.35	
1988	Valerie Vaughan	Blarney/Inniscarra	14.56	
1989	Teresa McKenna	Oriel	14.26	
1990	Veronica Colleran	Shannon		
1991	Belinda McArdle	Finn Valley	15.01	
1992	Catherine Hennessy	S.D.S.	14.55	
1993	Geraldine Nolan	Kilkenny City Harriers	14.40	
1994	Pauline Gorman	Tullamore Harriers	15.11	
1995	Rosemary Ryan	Bilbao	18.08	
1996	Ruth Murphy	University College Dublin	15.47	
1997	Beth McCluskey	Crusaders	15.37	
1998	Anne Lennon	Mayo	17.29	
1999	Marie Lynch	Dundrum South Dublin	15.32	
2000	Michelle Murphy Scott	Carrignavar	17.36	
2001	Aoife Byrne	Dundrum South Dublin	15.13	
2002	Margaret Danagher	Templemore	17.44	
2003	Claire Gibbons	Leevale	14.45	
2004	Fionualla Britton	Sli Cualann	14.19	
2005	Niamh Devlin	Dundrum South Dublin	13.23	
2006	Fiona Mahon	Donore Harriers	15.40	
2007	Mona Burt	Sportsworld	16.29	
2008	Orla Ni Mhuircheartaigh	Galway City Harriers	10.05	
2009	Aoife Brady	Sportsworld	15.08	
2010	Marie Walsh	Dundrum South Dublin	10.33	
2011	Eilish Kelly	Raheny Shamrock	17.30	
2012	Laura Shaughnessy	Loughrea	18.33	
2013	Maria O'Sullivan	Dublin University	19.01	
2014	Michelle McGee	Brothers Pearse	19.08	
2015	Danielle Fegan	Armagh	19.10	
2016	Marie Hyland	Crusaders	18.56	
2017	Aoife Cooke	Youghal	20.01	
2018	Mary Mulhare	Portlaoise	22.15	
2019	Cheryl Nolan	St. Abbans	18.45	
2020	Niamh Allen	Crusaders	18.58	
2021	<b>Not held due to Covid 19</b>			
2022	Lauren Tinkler	Dublin City Harriers	18.00	
2023	Avril Deegan	Dublin City Harriers	17.42	
2024	Amy Greene	Finn Valley	21.25	
2025	Helen Butterly	Clonliffe Harriers		

## Intermediate Cross Country Team Champions

Club Team	County Team
1968	Tipperary 29pts
1969 Clonliffe Harriers 11pts	Dublin 20pts
1970	
1971 St Laurence O'Toole	Cork 24pts
1972 Leevale 11pts	Cork 12pts
1973 Leevale 15pts	Cork 13pts
1974 Grange/Fermoy 15pts	Cork 10pts
1975 University College Cork 38pts	Cork 20pts
1976 Midleton 60pts	Cork 52pts
1977 Ballyfin 18pts	Laois 13pts
1978 Galway City Harriers 17pts	Galway 25pts
1979	
1980	Dublin 24pts
<b>1981-1986 Not held</b>	
1987 Dublin City Harriers 59pts	Cork 57pts
1988 Mullingar 125pts	Dublin 51pts
1989 Oriel 80pts	Galway 43 pts
1990 Castlebar 59pts	Dublin 32pts
1991 Dundrum South Dublin 43pts	Dublin 23pts
1992 Sparta 66pts	Offaly 78pts
1993 Naas 122pts	Dublin 43 pts
1994 Dundrum South Dublin 140pts	Cork 76pts
1995 Galway City Harriers 92pts	Dublin 39pts
1996 Raheny Shamrock 68pts	Dublin 18pts
1997 Rathfarnham WSAF 72pts	Dublin 26pts
1998 University College Dublin 85pts	Cork 29pts
1999 Sportsworld 34pts	Dublin 27pts
2000 Donore Harriers 79pts	Cork 21pts
2001 Dundrum South Dublin 75pts	Cork 17pts
2002 Mullingar Harriers 48pts	Dublin 29pts
2003 Sportsworld 75pts	Cork 34pts
2004 West Waterford 60pts	Dublin 46pts
2005 Clonliffe Harriers 93pts	Dublin 55pts
2006 Rathfarnham WSAF 19pts	Dublin 40pts
2007 Donore Harriers 54pts	Dublin 40pts
2008 Raheny Shamrock 39pts	Dublin 57pts
2009 Sportsworld 46pts	Dublin 48pts
2010 Dundrum South Dublin 21 pts	Dublin 18 pts
2011 Leevale 64 pts	Cork 18 pts
2012 Ennis Track Club 64 pts	Cork 44pts
2013 Donore Harriers 50pts	Dublin 17 pts
2014 Raheny Shamrock 22pts	Dublin 16pts
2015 Liffey Valley 90pts	Kerry 44pts
2016 Crusaders 44pts	Dublin 47pts
2017 Sportsworld 29pts	Cork 27pts
2018 Portlaoise 43pts	Dublin 32pts
2019 Mullingar Harriers 57pts	Kilkenny 35pts
2020 Crusaders 63pts	Dublin 24pts
2021 <b>Not held due to Covid 19</b>	
2022 Dublin City Harriers 18pts	Dublin 18pts
2023 Dublin City Harriers 31pts	Dublin 22pts
2024 Dublin City Harriers 31pts	Dublin 15pts
2025 Ennis Track Club 22 pts	Dublin 79 pts

## Novice Cross Country

1994	Rosemary Ryan	Bilboa	11.09	BLE
1995	Ita Boyle	Finn Valley	14.49	BLE
1996	Teresa Collins	Kilmurray/Ibrickane	11.38	BLE
1997	Edel Mooney	Ferbane	11.36	BLE
1998	Mairead McTiernan	Liffey Valley	12.35	BLE
1999	Gladys Ganiel	Dundrum South Dublin	10.24	BLE
2000	Carmel McCarthy Crowley	Bandon	10.17	AAI
2001	Margaret Danagher	Templemore	10.34	AAI
2002	Kathryn Casserly	Castlegar	11.34	AAI
2003	Sinead Peoples	Tir Chonail	10.48	AAI
2004	Elaine Baker	Dundrum South Dublin	10.28	AAI
2005	Fiona Mahon	Donore Harriers	10.56	AAI
2006	Jean Wilson	Sportsworld	11.47	AAI
2007	Rebecca Woods	Clonliffe Harriers	11.08	AAI
2008	Patricia Barry	Ferrybank	12.42	AAI
2009	Mary Scully	Mullingar Harriers	11.23	AAI
2010	Eilish Kelly	Raheny Shamrock	11.26	AAI
2011	Laura Behan	K.C.K.	11.22	AAI
2012	Laura Crowe	An Riocht	12.30	AAI
2013	Michelle McGee	Brother Pearse	14.48	AAI
2014	Danielle Fegan	Armagh	15.19	AAI
2015	Aoife Cooke	Youghal	15.08	AAI
2016	Fiona Kehoe	Kilmore	14.33	AAI
2017	Nakita Burke	Letterkenny	15.41	AAI
2018	Cheryl Nolan	St Abbans	14.38	AAI
2019	Cliona Murphy	Dublin City Harriers	15.37	AAI
2020	<b>Not held due to Covid 19</b>			
2021	Eavan McLoughlin	Sligo	14.09	AAI
2022	Fiona Everard	Bandon	14.50	AAI
2023	Lucy Holmes	West Waterford	14.43	AAI
2024	Abbie Sheridan	St Peter's	14.37	AAI
2025	Dearbhla Cox	Annadale Striders	15.39	AAI

## Novice Cross Country Team Champions

	<b>Club Team</b>	<b>County Team</b>	
1994	Limerick 27pts	Limerick 17pts	BLE
1995	Raheny Shamrock 24pts	Dublin 21pts	BLE
1996	Donore Harriers 65pts	Dublin 24pts	BLE
1997	Sportsworld 59pts	Dublin 34pts	BLE
1998	Sportsworld 35pts	Dublin 22pts	BLE
1999	Mullingar Harriers 67pts	Dublin 48pts	BLE
2000	Donore Harriers 47pts	Cork 32pts	AAI
2001	Donore Harriers 51pts	Dublin 33pts	AAI
2002	University College Cork 65pts	Dublin 88pts	AAI
2003	Sparta North West 50pts	Derry 50pts	AAI
2004	Thurles Crokes 86pts	Dublin 29pts	AAI
2005	Donore Harriers 65pts	Dublin 45pts	AAI
2006	Sportsworld 77pts	Dublin 41pts	AAI
2007	Clonliffe Harriers 45pts	Dublin 45pts	AAI
2008	Ennis Track Club 61pts	Cork 61pts	AAI
2009	Mullingar Harriers 75pts	Meath 71pts	AAI
2010	Raheny Shamrock 99pts	Cork 120pts	AAI
2011	Donore Harriers 68pts	Dublin 23pts	AAI
2012	Crusaders 68pts	Dublin 20pts	AAI
2013	Raheny Shamrock 51pts	Dublin 76pts	AAI
2014	Dundrum South Dublin 76pts	Dublin 41pts	AAI
2015	Youghal 87pts	Cork 38pts	AAI
2016	Sportsworld 53pts	Dublin 44pts	AAI
2017	Sportsworld 91pts	Cork 67pts	AAI
2018	Mullingar Harriers 56pts	Laois 19pts	AAI
2019	Dublin City Harriers 69 pts	Dublin 32 pts	AAI
2020	<b>Not held due to Covid 19</b>		
2021	Letterkenny 76 pts	Donegal 36 pts	AAI
2022	Dublin City Harriers 68 pts	Dublin 34 pts	AAI
2023	Leevale 82 pts	Cork 54 pts	AAI
2024	Ennis 99 pts	Louth 22 pts	AAI
2025	Clonliffe Harriers 97 pts	Dublin 37 pts	

## National T & F League Premier Div Champions

### Most titles

Dublin City Harriers - 14

1979, 80, 81, 82, 84, 85, 89, 90, 91  
98, 2000, 01, 02, 04

### Longest Sequence of Titles

Dundrum South Dublin

6 years 2011-2016

1974	Crusaders AC	55 pts	BLE
1975	Crusaders AC	55 pts	BLE
1976	Crusaders AC	57 pts	BLE
1977	Crusaders AC	66 pts	BLE
1978	Crusaders AC	74 pts	BLE
1979	Dublin City Harriers	78 pts	BLE
1980	Dublin City Harriers	103 pts	BLE
1981	Dublin City Harriers	103 pts	BLE
1982	Dublin City Harriers	106 pts	BLE
1983	Crusaders AC	110 pts	BLE
1984	Dublin City Harriers	97 pts	BLE
1985	Dublin City Harriers	105 pts	BLE
1986	Dundrum South Dublin	104 pts	BLE
1987	Dundrum South Dublin	104 pts	BLE
1988	Dundrum South Dublin	120 pts	BLE
1989	Dublin City Harriers	111 pts	BLE
1990	Dublin City Harriers	124 pts	BLE
1991	Dublin City Harriers	119 pts	BLE
1992	Lisburn AC	90 pts	BLE
1993	Lisburn AC	110 pts	BLE
1994	Lisburn AC	117 pts	BLE
1995	Lisburn AC	110 pts	BLE
1996	Limerick AC	115 pts	BLE
1997	Nenagh Olympic	109 pts	BLE
1998	Dublin City Harriers	108 pts	BLE
1999	Ballymena & Antrim	111 pts	BLE
2000	Dublin City Harriers	117 pts	AAI
2001	Dublin City Harriers	112 pts	AAI
2002	Dublin City Harriers	113.5 pts	AAI
2003	Tir Chonaill	113 pts	AAI
2004	Dublin City Harriers	115 pts	AAI
2005	Abbey AC	109 pts	AAI
2006	Abbey AC	114 pts	AAI
2007	Abbey AC	107.5 pts	AAI
2008	Tir Chonaill	110.5 pts	AAI
2009	Tir Chonaill	105 pts	AAI
2010	Ferrybank	134 pts	AAI
2011	Dundrum South Dublin	127 pts	AAI
2012	Dundrum South Dublin	112 pts	AAI
2013	Dundrum South Dublin	115pts	AAI
2014	Dundrum South Dublin	107pts	AAI
2015	Dundrum South Dublin	108pts	AAI
2016	Dundrum South Dublin	101 pts	AAI
2017	St. Abbans	117 pts	AAI
2018	St. Abbans	111 pts	AAI
2019	Dundrum South Dublin	106 pts	AAI
2020	<b>Not held due to Covid 19</b>		AAI
2021	Kildare County	105 pts	AAI
2022	Dundrum South Dublin	112 pts	AAI
2023	Dundrum South Dublin	125pts	AAI
2024	Leevale	140pts	AAI
2025	Dundrum South Dublin	136.5pts	AAI

## National T & F League First Division Champions

2000	St Laurence O'Toole	112 pts	AAI
2001	St Laurence O'Toole	111pts	AAI
2002	Navan Na Fianna	103pts	AAI
2003	Abbey	99pts	AAI
2004	Sli Cualann	99pts	AAI
2005	Bandon	105pts	AAI
2006	City of Lisburn	132pts	AAI
2007	Borrisokane	106pts	AAI
2008	Ballymena & Antrim	116pts	AAI
2009	Kilkenny City Harriers	119pts	AAI
2010	Galway City Harriers	107pts	AAI
2011	Clonliffe City Harriers	113pts	AAI
2012	St Abbans	110pts	AAI
2013	County Wexford	—	AAI
2014	St Abbans	116.5pts	AAI
2015	County Tipperary	116.5pts	AAI
2016	Kilkenny City Harriers	99pts	AAI
2017	Donore Harriers	107pts	AAI
2018	County Monaghan	101pts	AAI
2019	County Waterford	117pts	AAI
2020	<b>Not held due to Covid 19</b>	—	AAI
2021	County Sligo	118 pts	AAI
2022	Tir Chonaill	113pts	AAI
2023	Tullamore Harriers	118pts	AAI
2024	Tir Chonaill	121 pts	AAI
2025	Enniscorthy	119pts	AAI

## National T & F League Inter County Champions

2023	East Cork	109pts	AAI
2024	Tipperary	135.5pts	AAI
2025	Tipperary	113pts	AAI

## National Road Relays

### Most Titles

**Dublin City Harriers - 9**

**1978, 80, 81, 84, 85, 87, 89, 90 ,91**

### Longest Sequence of Titles

**Dublin City Harriers**

**3 years 1989-1991**

1978	Dublin City Harriers	14.01	BLE
1979	Crusaders	NT	BLE
1980	Dublin City Harriers	21.11	BLE
1981	Dublin City Harriers	18.37	BLE
1982	Crusaders	NT	BLE
1983	Limerick	29.31	BLE
1984	Dublin City Harriers	19.14	BLE
1985	Dublin City Harriers	17.55	BLE
1986	Clonliffe Harriers	19.19	BLE
1987	Dublin City Harriers	25.10	BLE
1988	Mullingar Harriers	20.46	BLE
1989	Dublin City Harriers	19.42	BLE
1990	Dublin City Harriers	20.30	BLE
1991	Dublin City Harriers	22.55	BLE
1992	Sparta	24.12	BLE
1993	Finn Valley	18.24	BLE
1994	Finn Valley	19.58	BLE
1995	Raheny Shamrock	19.08	BLE
1996	University College Cork	18.20	BLE
1997	University College Cork	18.14	BLE
1998	Finn Valley	28.59	BLE
1999	University College Cork	18.41	BLE
2000	Sparta North West	22.25	AAI
2001	University College Cork	21.28	AAI
2002	University College Cork	22.02	AAI
2003	Raheny Shamrock	22.06	AAI
2004	Tullamore Harriers	21.39	AAI
2005	Sportsworld	21.53	AAI
2006	Finn Valley	22.19	AAI
2007	Raheny Shamrock	21.46	AAI
2008	Raheny Shamrock	21.49	AAI
2009	Dundrum South Dublin	21.06	AAI
2010	Raheny Shamrock	21.52	AAI
2011	Kilcoole AC	21.50	AAI
2012	Dundrum South Dublin	21.17	AAI
2013	Dundrum South Dublin	21.06	AAI
2014	Leevale	21.24	AAI
2015	Leevale	20.39	AAI
2016	Leevale	20.50	AAI
2017	University College Dublin	21.01	AAI
2018	Dundrum South Dublin	21.34	AAI
2019	Donore Harriers	21.25	AAI
2020	<b>Not held due to Covid 19</b>		
2021	Raheny Shamrock	21.32	AAI
2022	University College Dublin	20.40	AAI
2023	Leevale	20.50	AAI
2024	Dundrum South Dublin	20.38	AAI
2025	Dundrum South Dublin	20.59	AAI

## National 4x100m Inter Club Relay

				Venue
1967	Crusaders	56.8	BLE	
1968			BLE	
1969			BLE	
1970			BLE	
1971	Clonliffe Harriers	49.4	BLE	John F Kennedy Stadium, Santry (Crusa
1972	Clonliffe Harriers	49.8	BLE	Iveagh Grounds, Crumlin (U.C.D.)
1973	Crusaders	49.2	BLE	John F Kennedy Stadium, Santry
1974	Crusaders	48.8	BLE	Belfield, UCD
1975	Crusaders	49.0	BLE	Thomond College, Limerick
1976	Clonliffe Harriers	50.5	BLE	Belfield, UCD
1977	Leevale	48.9	BLE	Limerick
1978	Leevale	49.0	BLE	Belfield, UCD
1979	Dublin City Harriers	48.5	BLE	Belfield, UCD
1980	Nenagh Olympic	48.69	BLE	Tullamore Harriers Stadium
1981	Leevale	49.8	BLE	Mardyke, Cork
1982	Nenagh Olympic	48.5	BLE	Tullamore Harriers Stadium
1983	Dublin City Harriers	49.2	BLE	Belfield, UCD
1984	Dublin City Harriers	49.4	BLE	Morton Stadium, Santry
1985	Ferrybank	51.0	BLE	Mardyke, Cork
1986	Lucan Harriers	48.6	BLE	Belfield, UCD
1987	Lucan Harriers	48.3	BLE	Belfield, UCD
1988	Puma Track Club	49.35	BLE	Belfield, UCD
1989	Dublin City Harriers	48.6	BLE	Tullamore Harriers Stadium
1990	Not held		BLE	Cork RTC
1991	Nenagh Olympic	49.31	BLE	Tullamore Harriers Stadium
1992	Tír Chonail	49.4	BLE	Belfield, UCD
1993	Clonliffe Harriers	48.19	BLE	Tullamore Harriers Stadium
1994	Ferrybank	51.2	BLE	Belfield, UCD
1995	Newbridge	51.0	BLE	Scanlon Park, Kilkenny
1996	Dundrum South Dublin	49.9	BLE	Tullamore Harriers Stadium
1997	Ballybrack	52.8	BLE	Morton Stadium, Santry
2002	Dundrum South Dublin	49.52	AAI	Claremont Stadium, Navan
2003	Metro St. Brigids	50.2	AAI	
2004	Tír Chonail	1.49.2 **	AAI	4 x 200m Nenagh Indoor Complex
2005	Not held		AAI	
2006	Not held		AAI	
2007	Leevale	50.9	AAI	
2008			AAI	
2009			AAI	
2010	Bandon	55.7	AAI	Castleisland
2011			AAI	
2012	Dundrum South Dublin	47.10	AAI	Morton Stadium, Santry
2013	Ferrybank	46.96	AAI	Morton Stadium, Santry
2014	Fingallians	48.81	AAI	Morton Stadium, Santry
2015	Fingallians	49.16	AAI	Morton Stadium, Santry
2016	Ferrybank	47.20	AAI	Morton Stadium, Santry
2017	Mullingar Harriers	49.36	AAI	Morton Stadium, Santry
2018	Mullingar Harriers	50.38	AAI	Morton Stadium, Santry
2019	Mullingar Harriers	49.85	AAI	Morton Stadium, Santry
2020	<b>Not held due to Covid 19</b>			
2021	Dundrum South Dublin	47.57	AAI	Morton Stadium, Santry
2022	Dundrum South Dublin	49.01	AAI	Morton Stadium, Santry
2023	Dundrum South Dublin	50.65	AAI	Morton Stadium, Santry
2024	University College Dublin	47.17	AAI	Morton Stadium, Santry
2205	University College Dublin	48.40	AAI	Morton Stadium, Santry

## National 4x200m Inter Club Relay

1967 Crusaders 1.50.6

## National 4x400m Inter Club Relay

1972	Clonliffe Harriers	3.52.1	BLE	
1973	Clonliffe Harriers	3.51.8	BLE	<i>John F Kennedy Stadium</i>
1974	Clonliffe Harriers	3.56.0	BLE	<i>Belfield, UCD</i>
1975	Clonliffe Harriers	3.59.8	BLE	<i>Thomond College, Lime.</i>
1976	Clonliffe Harriers	3.55.1	BLE	<i>Belfield, UCD</i>
1977	Clonliffe Harriers	3.53.1	BLE	<i>Limerick</i>
1978	Clonliffe Harriers	3.53.5	BLE	<i>Belfield, UCD</i>
1979	Crusaders	3.51.5	BLE	<i>Belfield, UCD</i>
1980	Crusaders	3.52.64	BLE	<i>Tullamore Harriers Staa</i>
1981	Leevale	3.54.5	BLE	<i>Mardyke, Cork</i>
1982	Crusaders	3.56.6	BLE	<i>Tullamore Harriers Staa</i>
1983	Dublin City Harriers	3.51.5	BLE	<i>Belfield, UCD</i>
1984	Dublin City Harriers	3.53.1	BLE	<i>Morton Stadium, Santry,</i>
1985	Finn Valley	4.01.7	BLE	<i>Mardyke, Cork</i>
1986	Team Puma	3.52.4	BLE	<i>Belfield, UCD</i>
1987	Team Puma	3.52.8	BLE	<i>Belfield, UCD</i>
1988	Puma Track Club	3.54.1	BLE	<i>Belfield, UCD</i>
1989	Dublin City Harriers	3.48.2	BLE	<i>Tullamore Harriers Staa</i>
1990	Not held		BLE	<i>Cork RTC</i>
1991	Raheny Shamrock	3.57.55	BLE	<i>Tullamore Harriers Staa</i>
1992	Clonliffe Harriers	3.57.3	BLE	<i>Belfield, UCD</i>
1993	Nenagh Olympic	4.02.41	BLE	<i>Tullamore Harriers Staa</i>
1994	Waterford	4.00.7	BLE	<i>Belfield, UCD</i>
1995	University College Cork	4.03.5	BLE	<i>Scanlon Park, Kilkenny</i>
1996	Dundrum South Dublin	4.10.7	BLE	<i>Tullamore Harriers Staa</i>
1997	Ballybrack	4.11.9	BLE	
1998	West Dublin	4.01.2	BLE	<i>Scanlon Park, Kilkenny</i>
1999	Ballymena & Antrim		BLE	
2002	Tir Chonaill	4.03.20	AAI	<i>Claremont Stadium, Na</i>
2003	Metro St. Birgids	4.04.0	AAI	
2004	Tir Chonaill	4.03.3	AAI	
2005	Raheny Shamrock	4.27.98	AAI	
2006	Metro St. Brigids	4.28.7	AAI	
2007	Leevale	4.17.4	AAI	
2008	Raheny Shamrock		AAI	
2009			AAI	
2010			AAI	
2011			AAI	
2012	Dundrum South Dublin	3.45.75	AAI	
2013	Dundrum South Dublin	3.42.46	AAI	
2014	Leevale	3.57.74	AAI	
2015	Raheny Shamrock	4.00.10	AAI	
2016	Dundrum South Dublin	3.52.73	AAI	
2017	Dublin City Harriers	4.02.48	AAI	
2018	Dublin City Harriers	4.02.13	AAI	
2019	Bandon	4.00.14	AAI	
2020	<b>Not held due to Covid 19</b>			
2021	Ratoath	4.02.22	AAI	
2022	Ratoath	3.56.06	AAI	

2023	Dundrum South Dublin	3.51.22	AAI
2024	Ratoath	3.50.43	AAI
2025	University College Dublin	3.53.76	AAI

## National 3x800m Inter Club Relay

1973	Avondale	7.11.0	BLE	3 x 800m	John F Kennedy Stadium
1974	Clonliffe Harriers	6.43.2	BLE	3 x 800m	Belfield, UCD
1975	Clonliffe Harriers	9.27.6	BLE	4 x 800m	Thomond College, Lime.
1976	Clonliffe Harriers	6.49.5	BLE	3 x 800m	Belfield, UCD
1977	Not held		BLE		Limerick
1978	Clonliffe Harriers	6.44.6	BLE	3 x 800m	Belfield, UCD
1979	Crusaders	6.37.3	BLE	3 x 800m	Belfield, UCD
1980	Crusaders	6.28.7	BLE	3 x 800m	Tullamore Harriers Staa
1981	Dublin City Harriers	8.55.6	BLE	4 x 800m	Mardyke, Cork
1982	Dublin City Harriers	9.51.2	BLE	4 x 800m	Tullamore Harriers Staa
1983	Finn Valley	9.13.1	BLE	4 x 800m	Belfield, UCD
1984	Dublin City Harriers	8.51.2	BLE	4 x 800m	Morton Stadium, Santry
1985	Finn Valley	9.14.7	BLE	4 x 800m	Mardyke, Cork
1986	Dublin City Harriers	9.03.6	BLE	4 x 800m	Belfield, UCD
1987	Dublin City Harriers	NT	BLE	4 x 800m	Belfield, UCD
1988	Dublin City Harriers	9.12.0	BLE	4 x 800m	Belfield, UCD
1989	Finn Valley	9.19.4	BLE	4 x 800m	Tullamore Harriers Staa
1990	Not held		BLE		Cork RTC
1991	Kilkenny City Harriers		BLE	3 x 800m	Tullamore Harriers Staa
1992	Finn Valley	9.40.3	BLE	4 x 800m	Belfield, UCD
1993	University College Cork	7.01.66	BLE	3 x 800m	Tullamore Harriers Staa
1994	University College Cork	6.57.6	BLE	3 x 800m	Belfield, UCD
1995	University College Cork	6.48.9	BLE	3 x 800m	Scanlon Park, Kilkenny
1996	University College Cork	6.41.3	BLE	3 x 800m	Tullamore Harriers Staa
1997	Kildare	7.32.6	BLE	3 x 800m	
1998	University College Cork	7.03.8	BLE	3 x 800m	
1999	University College Cork		BLE	3 x 800m	
2002	Metro St. Brigids	7.19.94	AAI	3 x 800m	Claremont Stadium, Na
2003	Not held				
2004	Tullamore Harriers	7.01.1	AAI	3 x 800m	Nenagh Indoor Comple:
2005	Raheny Shamrock	7.19.6	AAI	3 x 800m	Tullamore Harriers Staa
2006	Dublin City Harriers	7.09.0	AAI	3 x 800m	Claremont Stadium, Na
2007	University College Cork	7.27.5	AAI	3 x 800m	

## 2 x 100m Hurdles

1973	Crusaders	34.70	BLE	John F Kennedy Stadium
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1975	Crusaders	33.4	BLE	Limerick
1989	Dundrum South Dublin	31.7	BLE	Cork RTC
1991	Nenagh Olympic	30.01	BLE	Tullamore Harriers Staa
1992	Nenagh Olympic	30.9	BLE	Belfield, UCD
1993				Tullamore Harriers Staa
1994	Ferrybank	33.0	BLE	Belfield, UCD
1995	Ferrybank	32.9	BLE	Scanlon Park, Kilkenny
1996	Nenagh Olympic	30.7	BLE	Tullamore Harriers Staa
1997	Not held			
1998	Ballybrack	32.9	BLE	Scanlon Park, Kilkenny
2002	Tir Chonaill	34.22	AAI	Claremont Stadium, Na
2003	Tir Chonaill	35.8	AAI	Claremont Stadium, Na
2004	Tir Chonaill	18.90	AAI	2 x 60mH Nenagh Indoor Comple:
2005	Belgooley	35.41	AAI	Tullamore Harriers Staa

### 3000m Team Event @ National Relays

1981	Dundrum
1982	Dublin City Harriers

### 2 x High Jump

1973	Crusaders	3.12	BLE	John F Kennedy Stadium
1974	Crusaders	3.10	BLE	Belfield, UCD
1982	Nenagh Olympic	3.20	BLE	Tullamore Harriers Staa
1986	Ferrybank	3.33	BLE	Belfield, UCD
1987				
1988				
1989	Finn Valley	3.15	BLE	Cork RTC
1991	Lifford	3.26	BLE	Tullamore Harriers Staa
1992	Finn Valley	2.95	BLE	Belfield, UCD
1993	Ferrybank	3.20	BLE	Tullamore Harriers Staa
1994	Ferrybank	3.10	BLE	Belfield, UCD
1995	Nenagh Olympic	3.15	BLE	Scanlon Park, Kilkenny
1996	Nenagh Olympic	3.10	BLE	Tullamore Harriers Staa
2000	Lifford	3.25	AAI	
2001				
2002				
2003	Tir Chonaill	2.80	AAI	Claremont Stadium, Na
2004	Na Fianna	3.20	AAI	Nenagh Indoor Comple:
2005	Belgooley	2.60	AAI	Tullamore Harriers Staa

## 2 x Long Jump

1973	Olympic, Mid-Cork	10.65	BLE	John F Kennedy Stadium
1974	Crusaders	10.18	BLE	Belfield, UCD
1975	St Anthony's, Tipperary	9.61	BLE	Thomond College, Lime
1982	Nenagh Olympic	10.94	BLE	Tullamore Harriers Staa
1986	Ferrybank	11.42	BLE	Belfield, UCD
1987				
1988				
1989	Finn Valley	11.05	BLE	Cork RTC
1991	Ferrybank	11.05	BLE	Tullamore Harriers Staa
1992	Nenagh Olympic	11.19	BLE	Belfield, UCD
1993	University College Dublin	11.41	BLE	Tullamore Harriers Staa
1994	Ferrybank	10.62	BLE	Belfield, UCD
1995	Ferrybank	9.92	BLE	Scanlon Park, Kilkenny
1996	Claremorris	10.53	BLE	Tullamore Harriers Staa
1997	Not held			
1998	Ballybrack	9.31	BLE	Scanlon Park, Kilkenny
2000	Lifford	10.68	AAI	
2002	Tir Chonaill	10.33	AAI	Claremont Stadium, Na
2003	Tir Chonaill	10.06	AAI	Claremont Stadium, Na
2004	Tir Chonaill	10.31	AAI	Nenagh Indoor Comple:
2005	Belgooley	9.25	AAI	Tullamore Harriers Staa
2006	Tir Chonaill	9.89	AAI	Claremont Stadium, Na

## 2 x Triple Jump

1994	Ferrybank	20.93	BLE	Belfield, UCD
1995	Ferrybank	19.52	BLE	Scanlon Park, Kilkenny
1996	Nenagh Olympic	21.41	BLE	Tullamore Harriers Staa
1997	Not held			
1998	Ballybrack	18.85	BLE	Scanlon Park, Kilkenny
1999	Tir Chonaill	20.02	BLE	Morton Stadium, Santry,
2002	Tir Chonaill	20.76	AAI	Claremont Stadium, Na
2003	Navan	20.98	AAI	Claremont Stadium, Na
2004	Tralee Harriers	21.56	AAI	Nenagh Indoor Comple:
2005	Tralee Harriers	20.79	AAI	Tullamore Harriers Staa
2006	Tir Chonaill	19.10	AAI	Claremont Stadium, Na

## 2 x Shot Put

1973	St Anthony's, Tipperary	21.11	BLE	John F Kennedy Stadium
1975	Crusaders	23.03	BLE	Thomond College, Lime.
1982	Crusaders	23.61	BLE	Tullamore Harriers Staa
1986	Team Puma	22.36	BLE	Belfield, UCD
1989	Nenagh Olympic			Cork RTC
1991	North Laois	19.33	BLE	Tullamore Harriers Staa
1992				Belfield, UCD
1993	Limerick	23.54	BLE	Tullamore Harriers Staa
1994	Limerick	21.52	BLE	Belfield, UCD
1995	Limerick	22.12	BLE	Scanlon Park, Kilkenny
1996				Tullamore Harriers Staa
1997	Not held			
1998	Ballybrack		BLE	Scanlon Park, Kilkenny
2000	Navan		AAI	
2002	Tir Chonaill	20.59	AAI	Claremont Stadium, Na
2003	Tir Chonaill	20.25	AAI	Claremont Stadium, Na
2004	Tir Chonaill	21.80	AAI	Nenagh Indoor Comple:
2005				
2006	Tir Chonaill	21.00	AAI	Claremont Stadium, Na
2010	Bandon	18.74	AAI	Castleisland

## 2 x Discus

1973	St Anthony's, Tipperary	57.88	BLE	John F Kennedy Stadium
1975	Crusaders	72.86	BLE	Thomond College, Lime.
1989	Finn Valley	62.46		Cork RTC
1991	Slaney Olympic	68.75	BLE	Tullamore Harriers Staa
1992	Slaney Olympic	72.16	BLE	Belfield, UCD
1993	D.M.P.	68.22	BLE	Tullamore Harriers Staa
1994	Limerick	60.94	BLE	Belfield, UCD
1995	Limerick	65.54	BLE	Scanlon Park, Kilkenny
1996	Limerick	66.18	BLE	Tullamore Harriers Staa
1997	Tir Chonaill	59.72	BLE	Morton Stadium, Santry
1998	Kilkenny City Harriers	66.84	BLE	Scanlon Park, Kilkenny
2000	Tir Chonaill	ND	AAI	
2002	Borrisokane	63.30	AAI	Claremont Stadium, Na
2003	Fr. Murphy, Athboy	68.39	AAI	Claremont Stadium, Na
2004	Not held			
2005	Not held			

<b>2006</b>	Fr. Murphy, Athboy	66.08	AAI	Claremont Stadium, Na
<b>2010</b>	Bandon	54.03	AAI	Castleisland

## 2 x Javelin

<b>1993</b>	Limerick	84.16m	BLE	Tullamore Harriers Staa
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