

TO: ALL CROSS COUNTRY QUALIFIERS

Venue: Phoenix Park

Date: 11th February 2026

Time: 12.00 noon

Welcome to the 123.ie 2026 Leinster Schools Cross Country Championships. We are delighted to return to the Phoenix Park for the third year for these championships. The course is exactly the same as last year, which I hope the athletes will find both challenging and enjoyable.

Registration

Numbers will be available from **10.15am** on the morning of the event. These may be collected from a designated area in Phoenix Park. This area is beside the finishing area. All numbers should be collected by 1.15pm. Athletes must wear their number on the front of their singlet, securely fastened with four pins. Athlete's number should correspond to the number listed in the official programme. Athletes are expected to wear their school singlet. If there is none, a plain or white singlet is acceptable.

Prizes

The first three (3) athletes in each race will be presented with medals immediately after their race. Minor, Junior and Inter team medals and trophies will be presented **before the Senior Girls Race.** Senior and overall trophies will be presented **after** the Senior Boys Race.

Qualifications for the All-Ireland

The first fifteen (15) athletes and the first three (3) teams in each race will qualify for the All-Ireland Schools Finals.

Venue: Mallusk Playing Fields, **Date:** 7th March 2026
Newtownabbey,
Belfast BT364RH

Time: 12.00 noon

Rubbish

Each school is responsible for any rubbish in the area where they base themselves. All envelopes will contain a black plastic bag. Please use it for any rubbish you may have and take it home.

First Aid

All schools should bring their own first aid kit.

Buses

Buses are permitted to drop off and collect at the Papal Cross only. Please advise your bus driver about this arrangement.

Refreshments

Tea, coffee, sandwiches etc. may be purchased at the Last Lap Café Stand.

Signed

Michael Hunt

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Mobile: 0868214714

123.ie Leinster Schools Cross Country

Wednesday 11th February 2026

Timetable of Races

Event	Call Up	Start Time	Distance	Course/Lap
1. Minor Girls	11:50	12 noon	1,500m	1 x Lap A
2. Junior Girls	12:05	12:10	2,000m	1 x Lap B
3. Inter Girls	12:20	12:25	3,000m	2 x Lap A
4. Senior Girls	12:40	12:45	3,000m	2 x Lap A
5. Minor Boys	13:00	13:05	2,000m	1 x Lap B
6. Junior Boys	13:10	13:15	3,000m	2 x Lap A
7. Inter Boys	13:25	13:30	4,500m	3 x Lap A
8. Senior Boys	13:45	13:50	5,500m	1x Lap A 2 x Lap B

Scoring

Girls: 8 to run, 3 to score

Boys: 8 to run, 4 to count

Progression to All-Ireland Finals

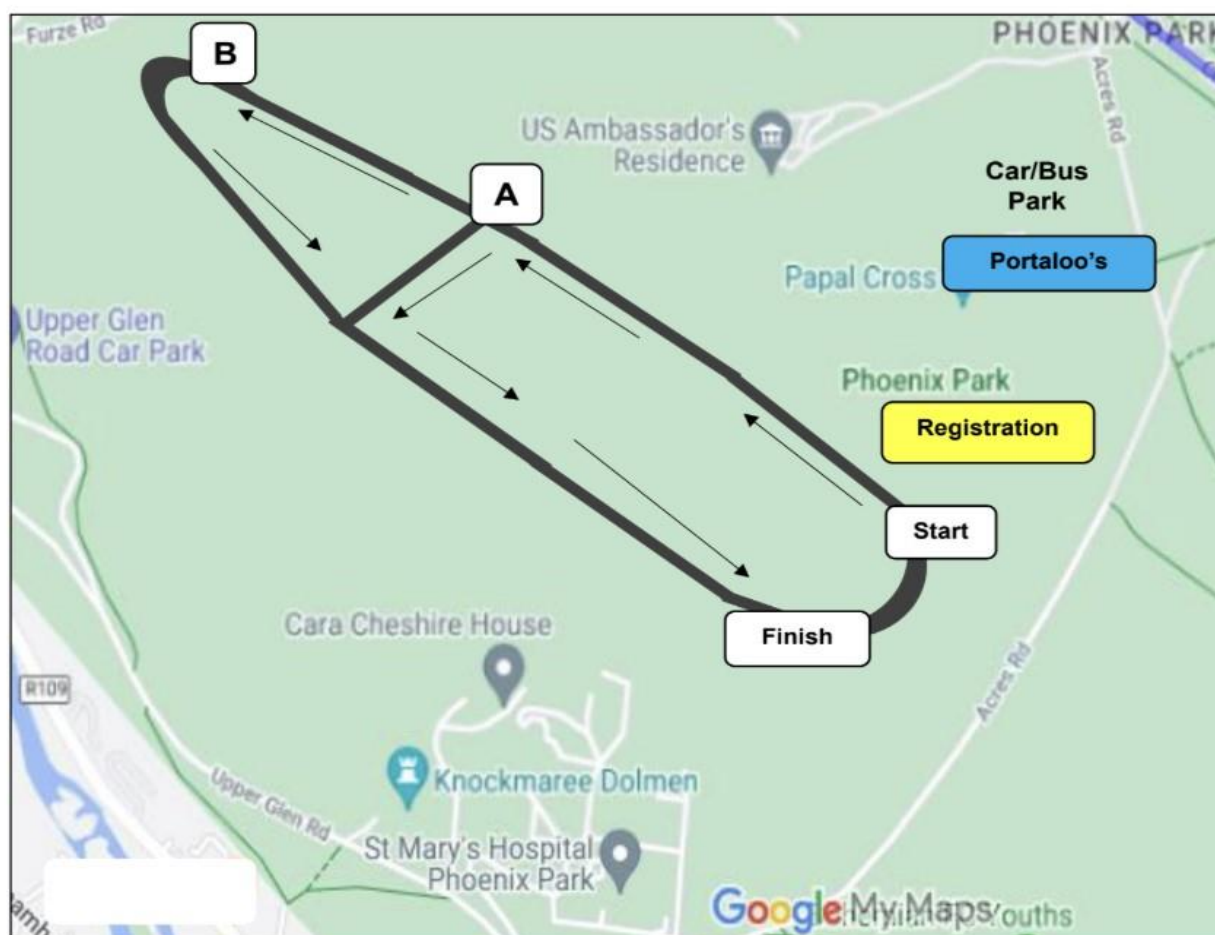
The first 15 athletes will qualify for the All-Ireland Finals.

The first 3 teams will qualify for the All-Ireland Finals.

Individual and Team Presentations

Presentation of individual medals will take place **immediately** after the athletes finish their respective races. All Team trophies will be presented **after each race** as soon as the scoring is calculated and verified.

Leinster Schools Cross Country/Phoenix Park Course Map



Lap A = 1,500m

Lap B = 2,000m