

## TO: ALL CROSS COUNTRY QUALIFIERS

**Venue:** Phoenix Park      **Date:** 11<sup>th</sup> February 2026      **Time:** 12.00 noon

Welcome to the 123.ie 2026 Leinster Schools Cross Country Championships. We are delighted to return to the Phoenix Park for the third year for these championships. The course is exactly the same as last year, which I hope the athletes will find both challenging and enjoyable.

### **Registration**

Numbers will be available from **10.15am** on the morning of the event. These may be collected from a designated area in Phoenix Park. This area is beside the finishing area. All numbers should be collected by 1.15pm. Athletes must wear their number on the front of their singlet, securely fastened with four pins. Athlete's number should correspond to the number listed in the official programme. Athletes are expected to wear their school singlet. If there is none, a plain or white singlet is acceptable.

### **Prizes**

The first three (3) athletes in each race will be presented with medals immediately after their race. Minor, Junior and Inter team medals and trophies will be presented **before the Senior Girls Race**. Senior and overall trophies will be presented **after** the Senior Boys Race.

### **Qualifications for the All-Ireland**

The first fifteen (15) athletes and the first three (3) teams in each race will qualify for the All-Ireland Schools Finals.

**Venue:** Mallusk Playing Fields, **Date:** 7<sup>th</sup> March 2026      **Time:** 12.00 noon  
Newtownabbey,  
Belfast BT364RH

### **Rubbish**

Each school is responsible for any rubbish in the area where they base themselves. All envelopes will contain a black plastic bag. Please use it for any rubbish you may have and take it home.

### **First Aid**

All schools should bring their own first aid kit.

### **Buses**

Buses are permitted to drop off and collect at the Papal Cross only. Please advise your bus driver about this arrangement.

### **Refreshments**

Tea, coffee, sandwiches etc. may be purchased at the Last Lap Café Stand.

Signed

Michael Hunt

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Mobile: 0868214714

# 123.ie Leinster Schools Cross Country

Wednesday 11th February 2026

## Timetable of Races

| Event           | Call Up | Start Time | Distance | Course/Lap            |
|-----------------|---------|------------|----------|-----------------------|
| 1. Minor Girls  | 11:50   | 12 noon    | 1,500m   | 1 x Lap A             |
| 2. Junior Girls | 12:05   | 12:10      | 2,000m   | 1 x Lap B             |
| 3. Inter Girls  | 12:20   | 12:25      | 3,000m   | 2 x Lap A             |
| 4. Senior Girls | 12:40   | 12:45      | 3,000m   | 2 x Lap A             |
| 5. Minor Boys   | 13:00   | 13:05      | 2,000m   | 1 x Lap B             |
| 6. Junior Boys  | 13:10   | 13:15      | 3,000m   | 2 x Lap A             |
| 7. Inter Boys   | 13:25   | 13:30      | 4,500m   | 3 x Lap A             |
| 8. Senior Boys  | 13:45   | 13:50      | 5,500m   | 1x Lap A<br>2 x Lap B |

### Scoring

Girls: 8 to run, 3 to score

Boys: 8 to run, 4 to count

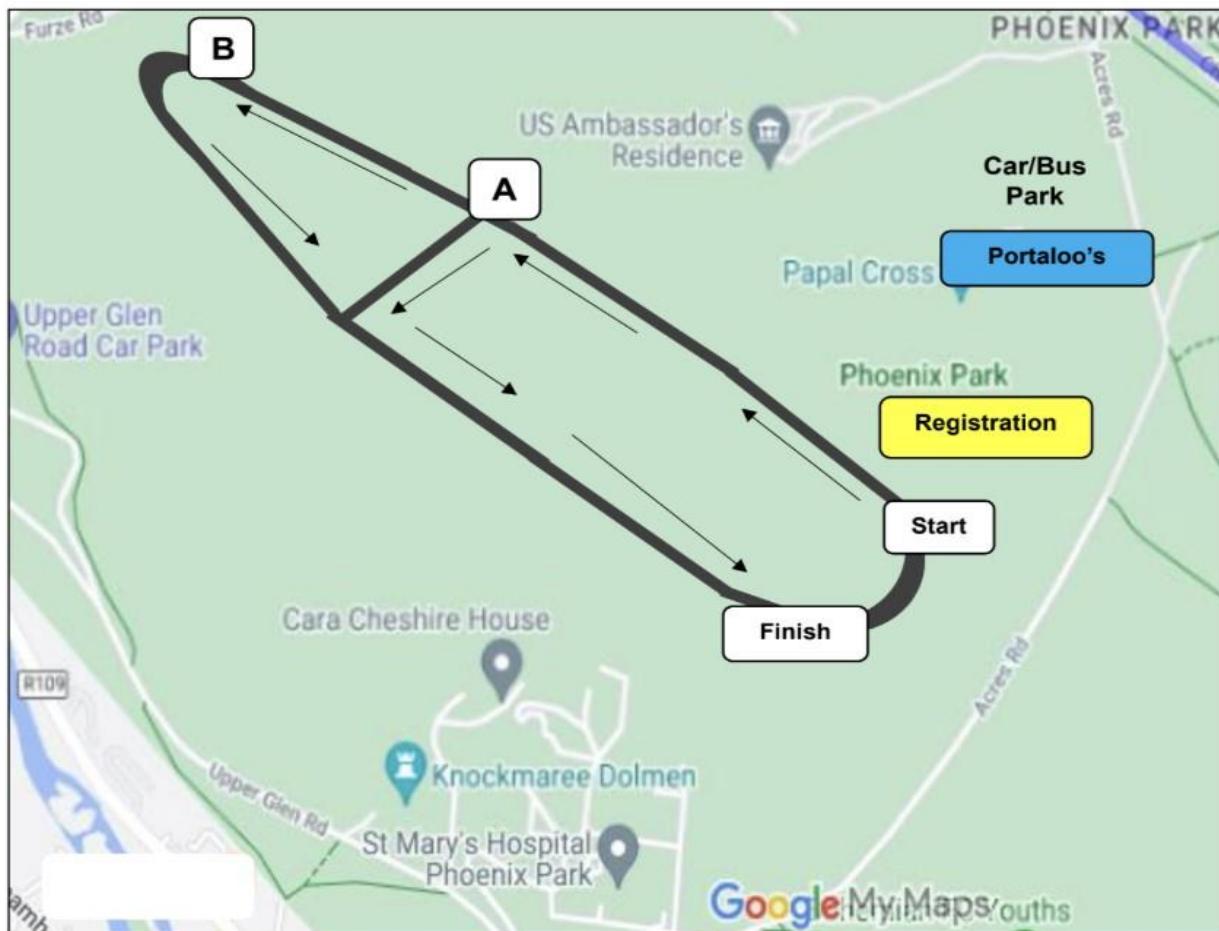
## Progression to All-Ireland Finals

The first 15 athletes will qualify for the All-Ireland Finals.  
The first 3 teams will qualify for the All-Ireland Finals.

## Individual and Team Presentations

Presentation of individual medals will take place **immediately** after the athletes finish their respective races. All Team trophies will be presented **after each race** as soon as the scoring is calculated and verified.

# Leinster Schools Cross Country/Phoenix Park Course Map



**Lap A = 1,500m**

**Lap B = 2,000m**