



11th Feb National Indoor Arena -PROVISIONAL*

MEET DIRECTOR: DAVID MATTHEWS

5.30pm	Masters W&M	200m	
5.45pm	Senior W&M Series 1	60m	
6.05pm	U12 Girls & Boys	60m	6.00pm Pole Vault
6.20pm	U14 Girls & Boys	60m	6.30pm Long Jump Senior
6.25pm	U16 Girls & Boys	60m	

ELITE PROGRAMME (6.45-7.35pm)

6.40pm	Senior W&M Series 2	60m
7.00pm	Women Elite A & B	800m
7.10pm	Men Elite A	800m
7.15pm	Men Elite A & B	400m
7.25Pm	Men Elite	Mile
7.35pm	U12 Girls & Boys	600m
7.45pm	U14 Girls & Boys	800m
7.55pm	U16 Girls & Boys	800m
8.05pm	Masters	1000m
8.10pm	Senior Women	800m
8.20pm	Senior Men	800m
8.30pm	Senior Women	400m
8.45pm	Senior Men	400m
9.00pm	Women & Men Mile	

