

Day 1

Saturday 27th June 2026

Tullmaore , Offaly

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check-in opens at 08:30am

Check in closes 9.15 a.m. 3,000m

10.00 a.m. Age groups may be combined

| | | | |
|----------------|-----|-------|-------|
| Girls and Boys | U16 | 3000m | Final |
| Girls and Boys | U17 | 3000m | Final |
| Girls and Boys | U18 | 3000m | Final |
| Girls and Boys | U19 | 3000m | Final |

Check in closes 10.45 a.m. 400m

11.45 a.m.

| | | | |
|-------|-----|------|-------|
| Girls | U17 | 400m | Heats |
| Boys | U17 | 400m | Heats |
| Girls | U18 | 400m | Heats |
| Boys | U18 | 400m | Heats |
| Girls | U19 | 400m | Heats |
| Boys | U19 | 400m | Heats |

Check in closes 12.00 p.m. Sprints

1.00 p.m.

| | | | |
|----------------|-----|------|-------|
| Girls and Boys | U13 | 80m | Heats |
| Girls and Boys | U14 | 80m | Heats |
| Girls and Boys | U15 | 100m | Heats |
| Girls and Boys | U16 | 100m | Heats |
| Girls and Boys | U17 | 100m | Heats |
| Girls and Boys | U18 | 100m | Heats |
| Girls and Boys | U19 | 100m | Heats |

3.30 p.m. 400m Finals in the same order

4.00 p.m. Sprint Finals in the same order

**Check in Closes 1 hour
prior to each start time**

Discus

| | | |
|------------|-----|-------|
| 10.00 a.m. | U14 | Girls |
| 11.15 a.m. | U15 | Girls |
| 12.30 p.m. | U16 | Girls |
| 2.00 p.m. | U17 | Girls |
| 3.30 p.m. | U18 | Girls |
| 4.30 p.m. | U19 | Girls |

Hammer

| | | |
|------------|-----|------|
| 10.00 a.m. | U14 | Boys |
| 10.45 a.m. | U15 | Boys |
| 11.30 a.m. | U16 | Boys |
| 12.15 p.m. | U17 | Boys |
| 2.00 p.m. | U18 | Boys |
| 2.45 p.m. | U19 | Boys |

Shot Put

| | | |
|------------|-----|-------|
| 10.00 a.m. | U13 | Girls |
| 11.00 a.m. | U14 | Girls |
| 1.30 p.m. | U15 | Girls |
| 2.45 p.m. | U16 | Girls |
| 4.00 p.m. | U17 | Girls |

Javelin

| | | |
|------------|-----|------|
| 10.00 a.m. | U13 | Boys |
| 11.30 a.m. | U19 | Boys |
| 1.30 p.m. | U16 | Boys |
| 2.15 p.m. | U15 | Boys |
| 3.30 p.m. | U14 | Boys |

Long Jump

| | | |
|------------|-----|------|
| 10.00 a.m. | U18 | Boys |
| 11.15 a.m. | U13 | Boys |
| 1.30 p.m. | U14 | Boys |
| 2.45 p.m. | U15 | Boys |
| 4.00 p.m. | U17 | Boys |

Triple Jump

| | | |
|------------|-----|-------|
| 10.00 a.m. | U19 | Girls |
| 11.15 a.m. | U18 | Girls |
| 1.30 p.m. | U15 | Girls |
| 2.45 p.m. | U16 | Girls |

High Jump

| | | |
|------------|-----|-------|
| 10.00 a.m. | U14 | Boys |
| 11.15 a.m. | U15 | Boys |
| 1.30 p.m. | U13 | Boys |
| 2.45 p.m. | U16 | Boys |
| 4.00 p.m. | U19 | Girls |

Pole Vault

(Warm up at 9.30 a.m. / 1.00 p.m.)

| | | |
|------------|---------------|-------|
| 10.30 a.m. | U15, U16 | Girls |
| 2.00 p.m. | U17, U18, U19 | Girls |