



Athletics
Ireland

**AGM
2026**



**ATHLETICS
IRELAND**

ATHLETICS ASSOCIATION OF IRELAND

COMPANY LIMITED BY GUARANTEE

ANNUAL GENERAL MEETING

25th April 2026

SYLLABUS

In Person Crowne Plaza Hotel, Blanchardstown

Annual General Meeting

25th April 2026

AGENDA

- 10:00 Registration
- 10.30 Presidents Welcome
- 10.40 Adoption of Standing Orders
- 10.45 Roll Call
- 11.00 Presidents Address
- 11.10 Minutes of AGM 2024 & Congress 2025 approval
- 11.15 Auditors Report
- 11.20 Finance & Audit Report - Chair of Finance & Audit 2025 Audited Accounts & 2026 Budget Summary
Appointment of Auditors
- 11.40 CEO Report
- 11.55 Appointment of Scrutineers
- 12.00 Motions
- 12.30 A presentation on the new High Performance strategy and structure
- 1.00 President to close and advise of Congress 2025 date/venue

Lunch provided by Athletics Ireland & Social Opportunity



Annual General Meeting

The AGM shall consist of:

1. Members of the Athletics Ireland Board (Voting).
2. The Life Vice Presidents (Non-voting).
3. Four (4) Delegates from each Provincial Council (voting).
4. Delegates from each County calculated and appointed as hereinafter provided, each Delegate having one (1) vote.
 - a) The number of delegates from each County shall be calculated on the basis of **1 Delegate for each 400, or part 400**, registered members of clubs affiliated under Article 4 of the Constitution.
 - b) The Delegates from each county shall be appointed as follows;
 - i. Where there is a County Board by that County Board.
 - ii. Where there is no County Board by the relevant Provincial Council which shall accept any nominations agreed by the affiliated clubs in the County but, in the absence of such agreement, shall appoint Delegates with due regard to the registered numerical strength of such clubs.

Delegates must be registered members of affiliated clubs of the County or Provincial Council represented. Delegates must attain the age of 18 at least in the year of the AGM.

The number of registered members as of the 31st of December 2025 was used to calculate the numbers of Delegates per County.

STANDING ORDERS

1. RULES OF DEBATE

- a. All speeches, statements, questions, and replies shall be addressed to the Chairperson in a respectful tone in line with our organisational values. All members in attendance may speak to a motion, but only members who are delegates are entitled to vote.
- b. Priority of speeches, statements, questions and replies rests with the Chairperson.
- c. No interruption of any speech, statement, question, or reply shall be permitted except upon a point of order.
- d. All speakers should stand when speaking and shall resume their seats when finished or when called to do so by the Chairperson.
- e. Speakers shall introduce themselves with their name and who they are representing.
- f. A speaker shall not address the meeting more than once on any one motion or amendment except on a point of order.
- g. The exceptions to this are the Chairperson and the proposer of the motion who shall have the right to reply to other speakers before the motion is put to the meeting.
- h. Proposers of amendments do not have the right of reply.
- i. No speech proposing an original motion or amendment shall exceed **three minutes**, and no other speech from the floor shall exceed **two minutes** in duration.
- j. No matter ruled by the Chairperson to be irrelevant to the motion or amendment shall be discussed.

2. ADOPTION OF STANDING ORDERS

The first item of business will be the formal adoption of the Standing Orders which must be proposed, seconded, and agreed by those present.

3. APPROVAL OF MINUTES

- a. The confirmation of minutes from the previous GM shall be proposed and seconded and put as a motion to the meeting following the adoption of the standing orders and before the transaction of any other business.
- b. Any motion at a meeting to alter or amend the unconfirmed minutes of the previous meeting shall be proposed and seconded and shall be put by the Chairperson to the meeting.

4. PROCEDURAL MOTIONS

The acceptance of a procedural motion shall be at the discretion of the Chairperson.

a. PROPOSING A MOTION OR AN AMENDMENT

1. The Chairperson shall call the motions and amendments in the order listed on the agenda. Only motions and amendments that have been approved for inclusion by the Board (as per Part 2 para 2) may be included on the agenda.
2. The Chairperson will invite a representative of the Board/Province/County who have proposed the motion/amendment to speak on the motion/amendment.
3. If no representative of the Board/Province/County is present, it will not proceed.

4. No seconder is required for motions or amendments that appear on the final agenda.
5. The Chairperson will facilitate a discussion as appropriate.
6. Voting for all motions and amendments shall be by a show of hands and a simple majority will apply with the following exceptions:
 - a. Voting for all elections shall be by secret ballot.
 - b. An amendment of the Memorandum and Articles of Association (Art 83) requires a 75% majority.
7. An amendment to a motion shall be put to the vote before the latter.
 - a. If the amendment is carried, it shall become a substantive motion replacing the original one and shall be likewise subject to amendment (in line with Part 2 para 2).
 - b. If the amendment is defeated, the motion stands for adoption or amendment.

b. PROPOSAL OF A POINT OF ORDER

1. If a delegate feels that standing orders have been contravened in some way, they may raise a point of order by raising their hand, standing up, and declaring "Point of Order" in a voice loud enough that the Chairperson can respond appropriately.
2. Upon a point of order being raised, a person who is already speaking will resume their seat.
3. The delegate raising the point of order shall resume their seat when requested by the Chairperson to do so.
4. A point of order requires an immediate ruling by the Chair, and the ruling of the Chairperson shall be final.

c. PROPOSAL TO PROCEED TO THE NEXT ITEM OF BUSINESS

1. If a proposal to proceed to the next item of business has been moved and seconded the proposer of the motion under discussion shall have the right to speak briefly in opposition, and the proposal to proceed to the next item of business shall then be put without further discussion.
2. If the proposal to proceed is carried the discussion on the motion originally under discussion shall be abandoned and the meeting shall proceed to the next item of business on the agenda.
3. If the proposal to proceed is lost, the discussion on the original motion shall be resumed.

d. PROPOSAL THAT A DISCUSSION BE BROUGHT TO A CLOSE

1. If a proposal that a discussion be brought to a close has been moved and seconded the proposer of the motion under discussion shall have the right to speak briefly in opposition, and the proposal to bring the discussion to a close shall then be put without further discussion.
2. If the proposal to close a discussion is carried the motion originally under discussion shall be voted on without further discussion.
3. If the proposal to close the discussion is lost, the discussion on the original motion shall be resumed.

e. PROPOSAL TO REFER A MOTION TO THE BOARD FOR CONSIDERATION

1. If a proposal that the motion be referred to the Board for consideration has been moved and seconded the proposer of the motion under discussion shall have the right to speak briefly in reply, and the

proposal to refer the motion to the Board for consideration shall then be put without further discussion.

2. If the proposal to refer the motion to the Board for consideration is carried, the motion will be referred to the Board.
3. If the motion is lost, the discussion on the original motion shall be resumed.

f. PROPOSAL TO SUSPEND STANDING ORDER(S)

1. A motion to suspend standing orders may be put to the meeting at any time by a delegate.
2. The motion must specify the standing order(s) to be suspended and the period of suspension.
3. A motion to suspend standing orders may not be adopted except with the permission of the Chairperson and with the consent of two thirds of the delegates present.
4. The Chairperson, before giving their ruling, may at their discretion consult the standing orders committee. The Committee will attend the GM to facilitate such consultation.

5. CONDUCT AT GENERAL MEETINGS

No papers or literature other than those officially issued by AAI shall be distributed in the meeting or in the precincts thereof except with the approval of the Chairperson.

TOTAL MEMBERS REGISTERED PER COUNTY AT 31st DECEMBER 2025
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Province	County	Total	Voting Strength
	* Antrim	3558	9
	* Armagh	852	3
	Carlow	831	3
	Cavan	764	2
	Clare	2172	6
	Cork	9516	24
	* Derry	714	2
	Donegal	2824	8
	* Down	2582	7
	Dublin	14787	37
	* Fermanagh	321	2
	Galway	4147	11
	Kerry	2453	7
	Kildare	3092	8
	Kilkenny	2095	6
	Laois	1475	4
	Leitrim	569	2
	Limerick	2026	6
	Longford	353	2
	Louth	2588	7
	Mayo	3208	9
	Meath	4720	12
	Monaghan	1493	4
	Offaly	2030	6
	Roscommon	1044	3
	Sligo	1559	4
	Tipperary	3157	8
	* Tyrone	1163	3
	Waterford	1989	5
	Westmeath	1288	4
	Wexford	2151	6
	Wicklow	2387	6
Munster			4
Connaught			4
Ulster			4
Leinster			4
AAI Board			12
Total			254

*Information supplied by Athletics Northern Ireland

MOTIONS

CONSTITUTION

GENERAL CONSTITUTIONAL & BYE LAWS UPDATE

	1.	<p>Revised to: THAT: All references in the Constitution and Bye Laws to ‘Juvenile Committee’ are amended to ‘Juvenile Competition Committee’.</p> <p>BOARD</p>
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Rationale:
 To ensure the name change of the Juvenile Committee to Juvenile Competition Committee is updated throughout the Constitution and Bye Laws.

Article 14 (c)

<p>(c) Affiliation granted by a County Board must be confirmed with a majority vote of those affiliated clubs present at the County Board meeting (quorum 50% of total affiliated county clubs plus one) and entitled to vote. The prospective new club should also be present at the County Board meet to present their case (but the prospective new club cannot vote).</p>	2.	<p>Revised to: THAT: (c) Affiliation granted by a County Board shall be subject to approval by a majority of those present and entitled to vote at a properly convened County Board meeting. The quorum for such meeting shall be as determined in accordance with the rules governing that County Board. The prospective new club shall be invited to attend the meeting to present its application but shall not be entitled to vote.</p> <p>CORK</p>
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Rationale:

(a) It is numerically impossible for counties with very small club numbers to achieve the minimum requirements, while larger counties have, historically, been unable to satisfy the requirements, in spite of their larger number of member clubs.

(b) Where it becomes necessary, due to being unable to satisfy the requirements, the appeal process puts an unnecessary administration load on Club, County and Province.

(c) Each County Board should set its own rules and requirements for the acceptance of new member clubs.

Note:
 Only the subsection to which the proposed amendment relates is shown, the rest of the Article is unchanged.

Article 54	
<p>No person may be a member of the Board for more than two (2) terms in any one position, and no one may serve as a Board Member for more than six (6) terms in total with effect from 24th April 2010.</p>	<p>3. Revised to: THAT:</p> <p>No person may be a member of the Board for more than two (2) terms in any one position, and no one may serve as a Board Member for more than six (6) terms in total with effect from 24th April 2010, except in the case of the President where a Board Member who is the President with one remaining term may serve a second consecutive term as President even where this results in that person exceeding the maximum number of terms permitted as a Board Member.</p> <p>CLARE</p>
<p>Rationale: We feel that in order to have an effective term as President you would need the two terms, by the end of one term you would just have gotten to know the other members at European level and would have a better chance of representing Athletics Ireland at this level with a second term.</p> <p>Note: Only the sentence to which the proposed amendment relates is shown, the rest of the Article is unchanged.</p>	

BYE-LAWS

BYE-LAWS TRANSFER SECTION	
<p>1. TRANSFERS</p> <p>VI.</p> <p>The application form shall be forwarded to the registrar/secretary of the County Board by the Club that the member wishes to join prior to the April or September County Board Meeting or in the case of a Third Level Institution the October Board meeting.</p> <p>2. COUNTY BOARD</p> <p>I.</p> <p>The completed form shall be received no later than 7 days before the April/September County Board meeting.</p>	<p>4. Revised to: THAT:</p> <p>TRANSFERS</p> <p>1. TRANSFER PROCEDURE</p> <p>VI.</p> <p>The application form shall be forwarded to the Registrar/Secretary of the County Board by the Club that the member wishes to join no later than 7 days prior to the January, April or September County Board meeting or, in the case of a Third Level Institution, the October Board meeting.</p> <p>2. COUNTY BOARD</p> <p>I.</p> <p>The completed form shall be received no later than 7 days before the January, April or September County Board meeting.</p>

<p>II.</p> <p>At the County Board meeting in April or September or October in the case of Third Level Institution transfer will review the application, sign form online provided the member is in good standing with the Association.”</p> <p>IV.</p> <p>Transfers not approved i.e., disputed transfers - at the agreed dates April or September must be forwarded to the Transfer Appeals Committee.</p> <p>3. REGISTERED MEMBER DUTIES</p> <p>I.</p> <p>From the date of approval, a member will not be entitled to compete for either the outgoing or incoming clubs for the remainder of the month.</p> <p>II.</p> <p>Transfer is effective on 1st May or 1st October whichever applies</p> <p>III.</p> <p>Athletes may compete as an individual during the month of April or September in which the transfer request is made.</p>	<p>II.</p> <p>At the County Board meeting in January, April or September or October in the case of Third Level Institution transfer will review the application, sign form online provided the member is in good standing with the Association.</p> <p>IV.</p> <p>Transfers not approved i.e., disputed transfers, at the agreed dates January, April or September must be forwarded to the Transfer Appeals Committee.</p> <p>3. REGISTERED MEMBER DUTIES</p> <p>I.</p> <p>From the date of approval, a member will not be entitled to compete for either the outgoing or incoming clubs for the remainder of the month. In the case of transfers approved in January, the new club may register the athlete immediately; however, the member shall not be eligible to represent the new club until 1st February.</p> <p>II.</p> <p>Transfer is effective on 1st February, 1st May or 1st October, whichever applies</p> <p>III.</p> <p>Members may compete as individuals during the month of January, April or September in which the transfer request is made.</p> <p>BOARD</p>
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Rationale:
Following the introduction of the January transfer window in 2026, arising from a motion adopted at Congress 2025, clarification is required regarding the status of a member involved in a transfer during that period. The amendment also provides for a general updating of the Bye-Laws to include appropriate references to the January transfer window throughout.

When a transfer application is approved in January, the new club may register the member immediately to allow the member to train and compete as an individual until the transfer becomes effective on 1st February at which point the member becomes eligible to represent the new club.

The relevant sub-sections of the Transfers section are updated to include references to the January transfer window, together with minor edits to punctuation and the consistent use of terminology.

A section header, **TRANSFERS**, is to be inserted, and the first subsection, currently “1 Transfers”, is to be renamed “**1 Transfer Procedure.**”

Only the affected sub-sections are shown in the motion; all other sub-sections remain unchanged.

ADMINISTRATION

5. THAT: The AGM Syllabus will include a summary report from all Athletics Ireland Committees/Commissions/Forums of their annual activity.

Rationale: To ensure the membership receives an annual update on all the Committees/Commissions/Forums activity. The motion proposed and passed below at the 2025 Congress is logistically challenging. THAT: all principal and appointed committees of Athletics Ireland will publish a report in conjunction with the regular Board reports. This annual summary report will be the official reporting procedure of Committees/Commissions/Forums activity to the membership rather than reports issued in conjunction with Board reports.

BOARD

COMPETITION

6. That: Distances for National Juvenile B Cross Country for U 15 and U 17 athletes be reduced to 2000m.

Rationale: Over the past few seasons, the time difference between the top 3 finishers and the athletes at the back of the field has been monitored. This time difference of three to four minutes is not encouraging to the athletes at the back of the field who are vital as scoring members of club and county teams. The individual placings from 1500m into the race onwards does not change significantly therefore the benefit in the extra distance is limited. From a development point of view, more young athletes will have a better experience over the shorter distance giving clubs a better chance of keeping them in our sport. It is likely that more athletes will compete in these age groups over the shorter distance.

BOARD

7. THAT: To be eligible to compete in juvenile competitions, athletes must be both;

1. A registered member of an affiliated club on the Island of Ireland.
2. An athlete must reside on the island of Ireland for a minimum of 6 consecutive months immediately prior to the relevant championship or hold an Irish passport or be eligible to hold an Irish passport.

Note: It is the responsibility of the athlete's club to ensure the athlete fulfils all the conditions of eligibility to compete in the championships.

Rationale: To put in place a clear criterion for eligibility for all National Juvenile championships. This definition is consistent with the senior eligibility rule and will be included in the Juvenile Competition Handbook eligibility section.

BOARD