

**National 10k
Women Individual Results
Pheonix Park
12th April 2026**

Category Place	Name	Finish Time	Bib	Age Cat	Club
1	Emily HAGGARD KEARNEY	0:33:25	759	FS	North Belfast Harriers
2	Hannah GILLILAND	0:35:19	8	FS	Annadale Striders A.C.
3	Sheila O'BYRNE	0:35:41	461	FS	Parnell A.C.
4	Alex MURPHY	0:36:56	1393	FS	Dundrum South Dublin A.C.
5	Elle O'DRISCOLL	0:37:12	731	FS	Liffey Valley AC
6	Kate MCCRYSTAL	0:37:15	720	FS	U.C.D. A.C.
7	Nicole MOOREHOUSE	0:38:11	6038	FS	Slaney Olympic A.C.
8	Aoife CARROL	0:38:37	535	FS	Sportsworld A.C.
9	Phoebe WHITESIDE	0:39:36	273	FS	Galway City Harriers A.C.
10	Niamh KEEGAN	0:39:50	479	FS	Dundrum South Dublin A.C.
11	Clíodhna TUTTY BARDON	0:40:10	754	FS	Liffey Valley A.C.
12	Louise FOGARTY	0:40:14	406	FS	Moyne A.C.
13	Orla HEALY	0:40:32	407	FS	Moyne A.C.
14	Emily CUNNIFFE	0:40:50	166	FS	Donore Harriers A.C.
15	Orlaith FLANAGAN	0:40:53	412	FS	Mullingar Harriers A.C.
16	Elizabeth MAHER	0:40:56	259	FS	Galway City Harriers A.C.
17	Aoife O' REILLY	0:41:01	135	FS	Clonliffe Harriers A.C.
18	Michelle MAHER	0:41:25	260	FS	Galway City Harriers A.C.
19	Ellen CRONIN	0:41:35	332	FS	Liffey Valley A.C.
20	Aoife BRENNAN	0:41:44	474	FS	Raheny Shamrock A.C.
21	Sinead CURRIE	0:41:51	478	FS	Raheny Shamrock A.C.
22	Aine O'FARRELL	0:42:05	264	FS	Galway City Harriers A.C.
23	Valeriia PETROVA	0:42:34	450	FS	North Sligo A.C.
24	Aisling O'CONNOR	0:42:40	513	FS	Rathfarnham W.S.A.F. A.C.
25	Sarah HAWKSHAW	0:43:00	127	FS	Clonliffe Harriers A.C.
26	Emma CAMPBELL	0:43:25	122	FS	Clonliffe Harriers A.C.
27	Eithne WALSH	0:44:01	283	FS	Inbhear Dee A.C.
28	Maria MCWALTER	0:44:24	722	FS	Civil Service Harriers A.C.
29	Muireann BROWNE	0:44:50	475	FS	Raheny Shamrock A.C.
30	Clodagh FOLEY	0:44:50	484	FS	Raheny Shamrock A.C.
31	Gemma RYAN	0:45:03	547	FS	Sportsworld A.C.

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32	Holly MANUEL	0:45:25	460	FS	Parnell A.C.
33	Emma MEADE	0:45:37	542	FS	Sportsworld A.C.
34	Ellen REGAN MAGNER	0:49:16	544	FS	Sportsworld A.C.
35	Sarah OWENS	0:49:50	723	FS	Clonliffe Harriers A.C.
36	Ella JONES	0:50:13	57	FS	Bray Runners A.C.
37	Aine PURTILL-KALK	0:50:21	90	FS	Castleknock Running Club
38	Lorraine CLAFFEY	0:51:04	409	FS	Mullingar Harriers A.C.
39	Katie DERHAM	0:51:15	76	FS	Castleknock Running Club
40	Irene ROUSSEAU	0:53:11	4684	FS	Clontarf Running Group
41	Jacqueline FOLEY	0:53:41	397	FS	Metro/St. Brigid's A.C.
42	Michelle SKEATH	0:54:13	3877	FS	Liffey Valley A.C.
43	Jessica O'BRIEN	0:54:36	231	FS	Dunshaughlin A.C.
44	Aisling CLAFFEY	0:55:15	4662	FS	Clontarf Running Group
45	Rachel FIEGENBAUM	0:55:55	79	FS	Castleknock Running Club
46	Eabha BYRNE	0:57:00	4657	FS	Clontarf Running Group
47	Maggie DELAHUNTY	0:57:48	4665	FS	Clontarf Running Group
48	Eve TUNSTALL	0:57:54	4688	FS	Clontarf Running Group
49	Lucy BROWN	0:58:07	4656	FS	Clontarf Running Group
50	Megan FRASER	0:58:55	4668	FS	Clontarf Running Group
51	Ciara KEHOE	1:01:36	689	FS	Ballymun A.C.
52	Eoife CLARKE	1:03:24	74	FS	Castleknock Running Club
53	Julia DALY	1:04:36	75	FS	Castleknock Running Club
54	Clodagh BRADY	1:04:57	211	FS	Dunboyne A.C.
55	Clíodhna RYAN	1:05:14	545	FS	Sportsworld A.C.
56	Morag WHITE	1:06:07	4689	FS	Clontarf Running Group
57	Katie SPAIN	1:06:59	150	FS	Croghan A.C.
58	Kellie MURPHY	1:13:01	29	FS	Ballymun A.C.
59	Dámaris BERRUEZO	1:13:02	198	FS	Dublin Front Runners A.C.
60	Shannon GAYSON	1:13:30	760	FS	North Clondalkin Running Club A.C.
61	Bruna MARTINS	1:13:37	4676	FS	Clontarf Running Group
62	Amy KELLY	1:15:54	24	FS	Ballymun A.C.

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Category Place	Name	Finish Time	Bib	Age Cat	Club
63	Aoife LANGLEY	1:16:23	666	FS	Lusk A.C.
64	Maialen ZUMETA	1:18:36	105	FS	Cilles A.C.
65	Aisling O'MEARA	1:18:44	314	FS	Kingswood Running Club A.C.
66	Sophie FLYNN	1:18:44	312	FS	Kingswood Running Club A.C.
67	Orna MULHERN	1:20:05	138	FS	Clonliffe Harriers A.C.
68	Kiera LLEWELLYN	1:37:21	618	FS	Castleknock Running Club

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1	Mollie O'DONNELL	0:38:02	345	F35	Liffey Valley A.C.
2	Laura RYAN	0:39:45	733	F35	Rathfarnham W.S.A.F. A.C.
3	Molly RICKARD	0:40:38	504	F35	Raheny Shamrock A.C.
4	Fiona SINCLAIR	0:42:05	186	F35	Donore Harriers A.C.
5	Eileen O'TOOLE	0:43:03	306	F35	Kilcoole A.C.
6	Orla GORDON	0:44:24	339	F35	Liffey Valley A.C.
7	Mary MACNAMARA	0:45:31	351	F35	LSA A.C.
8	Lisa MCCARTHY	0:45:48	494	F35	Raheny Shamrock A.C.
9	Louise O'CONNOR	0:47:12	449	F35	North Sligo A.C.
10	Veronica PEREZ ALONSO	0:47:18	4682	F35	Clontarf Running Group
11	Agnieszka BUJOK	0:49:43	146	F35	Coralstown Kinnegad A.C.
12	Anna O'BOYLE	0:53:48	87	F35	Castleknock Running Club
13	Naomi GALVIN	0:56:10	577	F35	Tullamore Harriers A.C.
14	Alison MCCORMICK	0:56:21	648	F35	Civil Service Harriers A.C.
15	Laura TORRENTS RIBAS	0:58:20	4687	F35	Clontarf Running Group
16	Danielle HUGHES	1:06:37	594	F35	Waterstown Warriors A.C.
17	Gabriela ZAMORA	1:11:07	4691	F35	Clontarf Running Group
18	Jurgita LAUZEMIS	1:12:20	4674	F35	Clontarf Running Group
19	Paola SALCEDO	1:12:25	4685	F35	Clontarf Running Group
20	Emily CONWAY HOLMES	1:14:46	663	F35	Lucan Harriers A.C.
21	Orla CARRAGHER	1:17:01	357	F35	Lucan Harriers A.C.
22	Rachel HERSEE	1:20:28	363	F35	Lucan Harriers A.C.

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Category Place	Name	Finish Time	Bib	Age Cat	Club
1	Amy MORIARTY	0:39:58	181	F40	Donore Harriers A.C.
2	Becky COUGHLAN	0:40:08	235	F40	Ennis Track A.C.
3	Vikki BROWNE	0:42:08	424	F40	Newbridge A.C.
4	Caroline MCCARTHY	0:42:25	177	F40	Donore Harriers A.C.
5	Tracey COLEMAN	0:42:59	9	F40	Artane/Beaumont Running Club A.C.
6	Sinead KANE	0:43:15	317	F40	Le Chéile A.C.
7	Frances MCGOVERN	0:43:28	531	F40	Skerries A.C.
8	Lynn DEVITT	0:43:31	730	F40	Liffey Valley AC
9	Sarah HEALY	0:44:19	46	F40	North Sligo A.C.
10	Niamh MCENHILL	0:44:21	581	F40	Tullamore Harriers A.C.
11	Charlotte ABBOTT	0:45:20	569	F40	Tullamore Harriers A.C.
12	Marie MCDONALD	0:46:33	448	F40	North Sligo A.C.
13	Clare FITZGERALD	0:46:34	687	F40	Artane/Beaumont Running Club A.C.
14	Shuang Shuang WANG	0:47:42	727	F40	Lucan Harriers A.C.
15	Aoife BRADY	0:48:41	660	F40	Liffey Valley A.C.
16	Claire ROSS	0:50:45	728	F40	Mullingar Harriers A.C.
17	Ekaterina NESTERENKO	0:51:49	519	F40	Ratoath A.C.
18	Katie KELLY	0:53:29	714	F40	Ratoath A.C.
19	Jenna BARRON	0:53:37	518	F40	Ratoath A.C.
20	Melanie HEARNS	0:57:15	488	F40	Raheny Shamrock A.C.
21	Caroline CROEZEN	0:57:54	420	F40	Naas A.C.
22	Sarah DALY	0:59:38	435	F40	North East Runners A.C.
23	Edel CARBERRY	1:00:05	560	F40	Star of the Sea A.C.
24	Lisa MCENTEE	1:00:21	710	F40	Mullingar Harriers A.C.
25	Tara MEEHAN	1:01:35	28	F40	Ballymun A.C.
26	Majella BROWNE	1:02:32	603	F40	Ballyskenach A.C.
27	Mila BRONOWICKA	1:02:33	674	F40	Polish Runners Club Ireland A.C.
28	Clare MOLLOY	1:02:37	557	F40	St. Coca's A.C.
29	Sarah CARAHER	1:02:41	4660	F40	Clontarf Running Group
30	Grainne DEMPSEY	1:02:44	230	F40	Dunshaughlin A.C.
31	Lucrecia CERVANTES	1:03:59	4661	F40	Clontarf Running Group

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32	Camilla RICHARDSON	1:04:23	48	F40	Blackrock (Dublin) A.C.
33	Fiona O'REILLY	1:05:43	89	F40	Castleknock Running Club
34	Teresa MOYNIHAN	1:09:26	637	F40	Lucan Harriers A.C.
35	Roisin MCCANN	1:11:58	83	F40	Castleknock Running Club
36	Siobhan WALSH	1:12:22	188	F40	Donore Harriers A.C.
37	Jessica FEERY	1:14:23	4666	F40	Clontarf Running Group
38	Suzanne O'KEEFFE	1:15:42	104	F40	Cilles A.C.
39	Sinead MCCARTHY	1:16:44	26	F40	Ballymun A.C.
40	Suzanne TEELING	1:17:56	647	F40	Cilles A.C.
41	Edel PROUDFOOT	1:19:33	527	F40	Shelters Running Community A.C.
42	Martina HARNETT	1:21:09	520	F40	Rhode A.C.
43	Anna Marie BOLTON	1:21:33	190	F40	Drogheda and District A.C.
44	Colette GOODE	1:24:51	422	F40	Navan A.C.
45	Emma PATTON	1:27:22	100	F40	Celbridge A.C.
46	Yessyka BERGIN	1:30:10	625	F40	Gorey A.C.
47	Jenny CURRAN	1:31:17	523	F40	Shelters Running Community A.C.

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Category Place	Name	Finish Time	Bib	Age Cat	Club
1	Caoimhe KILROY	0:38:43	400	F45	Metro/St. Brigid's A.C.
2	Catherine O'CONNOR	0:39:26	463	F45	Parnell A.C.
3	Joan FLYNN	0:41:47	413	F45	Mullingar Harriers A.C.
4	Evelyn HERLIHY	0:41:51	578	F45	Tullamore Harriers A.C.
5	Aileen DEVLIN	0:42:41	286	F45	Inishowen A.C.
6	Aine NI GHLOINN	0:44:00	12	F45	Artane/Beaumont Running Club A.C.
7	Aisling VAN RENSBURG	0:44:13	451	F45	North Sligo A.C.
8	Claire MULLIGAN	0:45:09	182	F45	Donore Harriers A.C.
9	Esther LAWLOR	0:45:54	511	F45	Rathfarnham W.S.A.F. A.C.
10	Michelle MULLANEY	0:46:16	585	F45	Tullamore Harriers A.C.
11	Cara O'TOOLE	0:49:07	99	F45	Celbridge A.C.
12	Orla MCELHINNEY	0:50:07	496	F45	Raheny Shamrock A.C.
13	Elysia MCCORMACK	0:50:19	580	F45	Tullamore Harriers A.C.
14	Gillian KAVANAGH	0:50:59	310	F45	Kilkenny City Harriers A.C.
15	Linda WARD	0:52:58	715	F45	St. Abbans A.C
16	Loretta HEGARTY	0:53:17	1739	F45	Civil Service Harriers A.C.
17	Caoimhe HICKEY	0:53:49	655	F45	Dublin Front Runners A.C.
18	Ruth O'CONNOR	0:54:01	220	F45	Dunboyne A.C.
19	Eva ROSS	0:54:13	416	F45	Mullingar Harriers A.C.
20	Aoife MOONEY	0:54:54	94	F45	Celbridge A.C.
21	Andrea LEGGETT	0:55:55	141	F45	Coolock Running Club A.C.
22	Loretta MCHUGH	0:56:59	662	F45	LOVE2RUN A.C.
23	Róisín KENNEDY	0:57:17	635	F45	Lucan Harriers A.C.
24	Antoinette FENLON CARROLL	0:57:51	455	F45	Oughaval A.C.
25	Elizabeth MCGUIGAN	0:59:20	218	F45	Dunboyne A.C.
26	Martina DEERY	0:59:21	11	F45	Artane/Beaumont Running Club A.C.
27	Eimear BEGLEY	0:59:26	219	F45	Dunboyne A.C.
28	Eavan MULDOON	1:00:29	132	F45	Clonliffe Harriers A.C.
29	Helen KAVANAGH	1:00:54	42	F45	Blackrock (Dublin) A.C.
30	Kim JONES	1:03:43	366	F45	Lucan Harriers A.C.
31	Melissa PORTER	1:04:58	294	F45	Inishowen A.C.

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32	Aoife BRADLEY	1:06:26	632	F45	Lucan Harriers A.C.
33	Maeve LEE	1:06:53	215	F45	Dunboyne A.C.
34	Leanne MACKEN	1:08:39	652	F45	Clonliffe Harriers A.C.
35	Julianne MCKEIGUE	1:11:48	620	F45	Clonliffe Harriers A.C.
36	Heather MCDONNELL	1:13:33	636	F45	Lucan Harriers A.C.
37	Fiona O'LEARY	1:15:17	96	F45	Celbridge A.C.
38	Deirdre HOWARD	1:17:14	691	F45	Blackrock (Dublin) A.C.
39	Lisa LAWLOR	1:18:31	128	F45	Clonliffe Harriers A.C.
40	Janet MOONEY	1:19:54	3285	F45	North East Runners A.C.

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Category Place	Name	Finish Time	Bib	Age Cat	Club
1	Zoe QUINN	0:41:12	503	F50	Raheny Shamrock A.C.
2	Caroline DONNELLAN	0:41:31	232	F50	Edenderry A.C.
3	Mary LEECH	0:42:36	193	F50	Drogheda and District A.C.
4	Bernadette BRUEN	0:43:29	476	F50	Raheny Shamrock A.C.
5	Breda SMYTH	0:43:45	378	F50	Lucan Harriers A.C.
6	Lucy O'MALLEY	0:44:00	464	F50	Parnell A.C.
7	Donna MAHON	0:44:21	512	F50	Rathfarnham W.S.A.F. A.C.
8	Clare SHIELS	0:44:31	517	F50	Rathfarnham W.S.A.F. A.C.
9	Bernie MCADAM	0:44:39	121	F50	Clones A.C.
10	Eileen HALL	0:44:52	694	F50	Clones A.C.
11	Emma MCGRANE	0:45:24	45	F50	Blackrock (Dublin) A.C.
12	Karen NOLAN	0:46:51	587	F50	Tullamore Harriers A.C.
13	Maeve HEGARTY	0:46:56	530	F50	Skerries A.C.
14	Annamarie KENNY	0:49:52	752	F50	Parnell A.C.
15	Siobhan O'LEARY	0:50:19	97	F50	Celbridge A.C.
16	Vicky LANDY	0:51:24	4673	F50	Clontarf Running Group
17	Loretta GEISSEL	0:55:41	362	F50	Lucan Harriers A.C.
18	Wendy DOWNES	0:55:48	140	F50	Coolock Running Club A.C.
19	Janet HUMPHREYS	0:58:50	2152	F50	Bray Runners A.C.
20	Lorraine FLANNERY	1:01:17	80	F50	Castleknock Running Club
21	Sonia TAYLOR	1:04:21	222	F50	Dunboyne A.C.
22	Virginia DOOLEY	1:06:26	726	F50	Lucan Harriers A.C.
23	Laura DOYLE	1:08:31	634	F50	Lucan Harriers A.C.
24	Therese BOYLAN	1:10:52	17	F50	Ballymun A.C.
25	Melanie ADLEM	1:11:09	453	F50	Oughaval A.C.
26	Lucia LEGGETT	1:12:06	142	F50	Coolock Running Club A.C.
27	Aoibhin FOLEY	1:17:40	639	F50	Portmarnock A.C.
28	Heidi MAHON	1:20:25	750	F50	Lucan Harriers A.C.
29	Alison PLACE	1:28:43	375	F50	Lucan Harriers A.C.
30	Aideen SHIELDS	1:31:17	641	F50	Shelters Running Community A.C.
31	Lisa CANNON	1:31:39	356	F50	Lucan Harriers A.C.
32	Dorothy PEEL	1:31:39	607	F50	Lucan Harriers A.C.

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1	Colette TUOHY	0:42:32	396	F55	Mayo A.C.
2	Vanessa SALLIER	0:44:41	515	F55	Rathfarnham W.S.A.F. A.C.
3	Rita DALY RAVENHILL	0:45:17	573	F55	Tullamore Harriers A.C.
4	Maire DIGGIN	0:46:06	92	F55	Celbridge A.C.
5	Angela EUSTACE	0:49:38	172	F55	Donore Harriers A.C.
6	Siobhan SELLAR	0:57:20	552	F55	St. Abbans A.C.
7	Emer CONWAY	0:58:46	402	F55	Monaghan Phoenix A.C.
8	Theresa SPOLLEN	1:01:00	115	F55	Civil Service Harriers A.C.
9	Jill KANE	1:03:46	316	F55	Le Chéile A.C.
10	Liz HARVEY	1:06:28	22	F55	Ballymun A.C.
11	Hilda DAWSON	1:07:15	91	F55	Celbridge A.C.
12	Mary LYNCH	1:09:38	708	F55	Lucan Harriers A.C.
13	Jane SHIELS/NEWMAN	1:12:43	34	F55	Ballymun A.C.
14	Johanne MONAHAN	1:31:39	370	F55	Lucan Harriers A.C.

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1	Niamh O'SULLIVAN	0:41:12	7	F60	An Ríocht A.C.
2	Angela O'CONNOR	0:43:15	395	F60	Mayo A.C.
3	Maura DERVIN	0:44:29	411	F60	Mullingar Harriers A.C.
4	Carmel BRANNIGAN	0:47:31	240	F60	Galway City Harriers A.C.
5	Catherine GROVES	0:51:12	486	F60	Raheny Shamrock A.C.
6	Susanna ALLEN	0:53:39	16	F60	Ballymena Runners
7	Anne DALY	0:56:57	718	F60	Tullamore Harriers A.C.
8	Martina CONLON	0:57:10	572	F60	Tullamore Harriers A.C.
9	Josie LALOR	1:00:56	571	F60	Tullamore Harriers A.C.
10	Susan SPAIN	1:01:24	50	F60	Blackrock (Dublin) A.C.
11	Bernie DOYLE	1:11:47	360	F60	Lucan Harriers A.C.
12	Avril FEENEY	1:19:06	20	F60	Ballymun A.C.

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Category Place	Name	Finish Time	Bib	Age Cat	Club
1	Irene CLEMENTS	0:42:14	120	F65	Clones A.C.
2	Pauline MORAN	0:43:43	394	F65	Mayo A.C.
3	Mary BROWNE	0:49:12	389	F65	Mayo A.C.
4	Mary GALVIN	0:51:07	612	F65	Tullamore Harriers A.C.
5	Rosemary GAINE	1:11:55	361	F65	Lucan Harriers A.C.
6	Geraldine O'FARRELL	1:29:00	692	F65	Blackrock (Dublin) A.C.

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1	Nuala REILLY	0:51:05	195	F70	Drogheda and District A.C.
2	Colette SHANNON	1:09:07	33	F70	Ballymun A.C.
3	Hilary THORNTON	1:20:25	693	F70	Blackrock (Dublin) A.C.
4	Josephine DIGNAM	1:49:25	664	F70	Lucan Harriers A.C.

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Category Place	Name	Finish Time	Bib	Age Cat	Club
1	Eileen KENNY	0:50:45	558	F75	St. Finbarrs A.C.
2	Eileen O'BRIEN	0:57:57	372	F75	Lucan Harriers A.C.