

Performance Pathway Programme 2026

Name	Level	Category	Age	Event	Club	Coach
Ben Sykes	Athletics Ireland Pathway	Priority	2008	100m	Orangetown AC	Gillian Sykes
Cian Crampton	Athletics Ireland Pathway	Priority (NCAA)	2008	Discus	Edenderry AC	Keith McBride
Conor Penney	Athletics Ireland Pathway	Priority	2008	High Jump	Craughwell AC	Mike Tobin & Ronnie Warde
Conor Kelly	Athletics Ireland Pathway	Priority (NCAA)	2007	400m	Finn Valley AC	Edrick Floreal
Dubem Amah	Athletics Ireland Pathway	Priority	2008	200m	Tallaght AC	Kerron Stewart
Ellis McHugh	Athletics Ireland Pathway	Priority	2008	400mh	Ferrybank AC	Brid Golden
Emma Hickey	Athletics Ireland Pathway	Priority	2009	3000m	United Striders AC	David McCarthy
Erin Friel	Athletics Ireland Pathway	Priority	2008	400m	Letterkenny AC	Kathryn McDevitt
Joe Burke	Athletics Ireland Pathway	Priority	2008	200m	Templemore AC	Cillian Griffin
Lorcan Forde Dunne	Athletics Ireland Pathway	Priority	2008	1500m	Ace AC	Liam Cooney
Matthew Newell	Athletics Ireland Pathway	Priority	2008	Race Walks	Castlegar AC	Anne Marie Newell
Thomas Williams	Athletics Ireland Pathway	Priority	2008	Hammer Throw	Shercock AC	Neil Williams
Emerging						
Adam Ofeimun	Athletics Ireland Pathway	Emerging	2008	200m	Donore Harriers	Paul Miller
Ally Duffy	Athletics Ireland Pathway	Emerging	2010	1500m, 2000m s/c	Tullamore Harriers	Damian Lawlor
Arron Whelan	Athletics Ireland Pathway	Emerging	2009	400mh	Dunboyne AC	Gerard Ronan
Bobby More	Athletics Ireland Pathway	Emerging	2007	800m	Bray Runners	Suzanne Foot
Briain Cullinan	Athletics Ireland Pathway	Emerging	2008	400mh	Sligo AC	Dermot McDermott
Caoimhe Flannery	Athletics Ireland Pathway	Emerging	2007	3000ms/c	Skibbereen AC	Joan Hough
Caolan McFadden	Athletics Ireland Pathway	Emerging	2007	1500m	Cranford AC	Eamon Giles
Charlie O'Neill	Athletics Ireland Pathway	Emerging	2009	800m, 1500m, 3000m	Donore Harriers	Eugene O'Neill
Christopher Olatunde	Athletics Ireland Pathway	Emerging	2009	200m	Ratoath AC	Peter Doherty
Cillian Gleeson	Athletics Ireland Pathway	Emerging (NCAA)	2007	5000m	Celbridge AC	Mick Byrne
Daniel Downey	Athletics Ireland Pathway	Emerging	2009	400mh, CE	Portlaoise AC	Mark Downey
Daniel Glennon	Athletics Ireland Pathway	Emerging	2009	Race Walks	Mullingar Harriers	Michael Lane
Dearbhla Allen	Athletics Ireland Pathway	Emerging	2007	3000ms/c	St Peters AC	Simon Allen
Des O'Neill	Athletics Ireland Pathway	Emerging	2007	400mh, 400m	Raheny Shamrok AC	Louise Keogh
Destiny Lawal	Athletics Ireland Pathway	Emerging	2009	100m, 200m	Dooneen AC	David Crowley
Emer McKee	Athletics Ireland Pathway	Emerging	2008	3000m	Candour Track Club	Mark Kirk
Emer Purtill	Athletics Ireland Pathway	Emerging	2009	Shot Put, Jav, CE	Dooneen AC	John Sheehan
Emily Kelly	Athletics Ireland Pathway	Emerging	2008	400mh	Tir Chonail AC	Brian McGonagle
Emily Bolton	Athletics Ireland Pathway	Emerging	2008	1500m	Clonliffe Harriers	Declan Bolton
Enya Silkena	Athletics Ireland Pathway	Emerging	2007	CE	Ratoath AC	Modris Silkens
Eoin O'Callaghan	Athletics Ireland Pathway	Emerging	2007	CE	Bandon AC	Frank Stam
Ethan Carr	Athletics Ireland Pathway	Emerging	2010	400m	Ballymena & Antrim AC	Graeme Carr
Ethan Dewhirst	Athletics Ireland Pathway	Emerging	2007	400mh, 400m	Tir Chonail AC	Brian McGonagle

Ethan Gallagher	Athletics Ireland Pathway	Emerging	2009	400m	Tullamore Harriers	Galan Yousuf
Evelyn Kwik	Athletics Ireland Pathway	Emerging	2009	400m	DSD AC	Olive Murphy & Peter Sinclair
Faye Mannion	Athletics Ireland Pathway	Emerging	2009	800m	Ennis Track Club	Pat Hogan
Freya Bateman	Athletics Ireland Pathway	Emerging	2009	800m	Belgooly AC	Eugene O'Connor
Freya Renton	Athletics Ireland Pathway	Emerging	2010	3000m, 1500m	Westport AC	Bryan Renton & Hilary Hughes
Gemma Galvin	Athletics Ireland Pathway	Emerging (NCAA)	2007	1500m	Ennis Track Club	Ray Treacy, Sinead Delahunty
Holly Renton	Athletics Ireland Pathway	Emerging	2010	3000m	Westport AC	Bryan Renton & Hilary Hughes
Isaac Vickers	Athletics Ireland Pathway	Emerging	2009	800m	Farranfore Maine Valley AC	Jerome Foley
Isabelle Gaffney	Athletics Ireland Pathway	Emerging	2010	400m, 800m	West Waterford AC	Raivis Zakis
Jennifer O'Leary	Athletics Ireland Pathway	Emerging	2007	1500m	Nenagh Olympic AC	Sean Finn
John Glennon	Athletics Ireland Pathway	Emerging	2007	Walks	Mullingar Harriers	Michael Lane
Joshua Awujoola	Athletics Ireland Pathway	Emerging	2008	100m, 200m	Fast Twitch AC	Adam McMullen
J P Archibold	Athletics Ireland Pathway	Emerging	2009	Long Jump	Newbridge AC	Paul Archibold
Kevin O'Shea	Athletics Ireland Pathway	Emerging	2009	Javelin	Farranfore Maine Valley AC	Sean O'Shea
Lauren Kilduff	Athletics Ireland Pathway	Emerging	2008	400mh	Craughwell AC	Ronnie Warde
Leia Ryan	Athletics Ireland Pathway	Emerging	2008	1500m	MSB AC	Glenda Ryan
Lorraine O'Connor	Athletics Ireland Pathway	Emerging	2007	1500m	Clonliffe Harriers	Declan Bolton
Lucas Lyons	Athletics Ireland Pathway	Emerging	2008	1500m	North Leitrim AC	Dermot McDermott
Lucie Cawley	Athletics Ireland Pathway	Emerging	2009	Steeplechase	Sligo AC	Dermot McDermott
Luis Blinco	Athletics Ireland Pathway	Emerging	2009	400m	Metro St Brigid's AC	Sean Kildunne
Luke Merrigan	Athletics Ireland Pathway	Emerging	2009	800m	Leevale AC	Valerie Vaughan
Maria Zakharenko	Athletics Ireland Pathway	Emerging	2007	400m	Kilcoole AC	Buntu Mlisana
Molly Norwood Daly	Athletics Ireland Pathway	Emerging	2008	400m, 200m	Kilkenny City Harriers	Rob Daly & Fiona Norwood
Noah Harris	Athletics Ireland Pathway	Emerging (NCAA)	2007	3000m	Parnell AC	Justin Duncan
Odhran O'Sullivan	Athletics Ireland Pathway	Emerging	2007	800m	Midleton AC	Joan Hough
Orlaith Mannion	Athletics Ireland Pathway	Emerging	2007	100mh	South Galway AC	Declan Derrane
Pearl Sands	Athletics Ireland Pathway	Emerging	2009	Race Walks	Moy Valley AC	Deirdre Clarke
Pia Langton	Athletics Ireland Pathway	Emerging	2007	1500m, 800m	Kilkenny City Harriers	Ledingham
Robin-Og Murphy	Athletics Ireland Pathway	Emerging	2008	Race Walks	Longford AC	David Kidd
Saoirse Fitzgerald	Athletics Ireland Pathway	Emerging	2007	800m, 400m	Lucan Harriers	Niamh Fitzgerald
Savanagh O'Callaghan	Athletics Ireland Pathway	Emerging	2008	Race Walks	Tuam AC	Pierce O'Callaghan & Jamie Costin
Seamus Clarke	Athletics Ireland Pathway	Emerging	2007	Race Walks	Moy Valley AC	Deirdre Clarke
Sofia Granjo	Athletics Ireland Pathway	Emerging	2008	400m	St Laurence O'Toole AC	Billy Delaney
Siun Quinn	Athletics Ireland Pathway	Emerging (NCAA)	2007	High Jump	Brothers Pearse AC	Petros Kyprianou
Sophia Thompson	Athletics Ireland Pathway	Emerging	2008	800m	Finn Valley AC	Mike Mc Cabe
Sophie Maher	Athletics Ireland Pathway	Emerging	2009	Steeplechase	Ennis Track Club	Pat Hogan
Tara Laverty	Athletics Ireland Pathway	Emerging	2009	Discus	Carrick Aces AC	Peter Collins
Tara O'Connor	Athletics Ireland Pathway	Emerging	2007	High Jump	Dundalk St Gerard's AC	Packie O'Connor & Jean McArdle
Tara Rose Smith	Athletics Ireland Pathway	Emerging	2010	800m	Finn Valley AC	Mark Connolly

Theo Hanlon	Athletics Ireland Pathway	Emerging	2007	Shot Put	Suncroft AC	Peter Collins
Tiffany Nwaedozie	Athletics Ireland Pathway	Emerging	2009	200m, Long Jump	Belgooly AC	Collette Kelly
Tom Fleming	Athletics Ireland Pathway	Emerging	2007	3000m	Candor Track Club	Mark Kirk
Victor Lamph	Athletics Ireland Pathway	Emerging	2009	400m	Kilkenny City Harriers	Nicola Barron
Abby Smith	Athletics Ireland Pathway	Foundation	2009	1500m, 3000m	Shercock AC	Anne Carroll
Abigail Farrell	Athletics Ireland Pathway	Foundation	2007	100mh	Donore Harriers	Gerry Ronan
Aisling Kelly	Athletics Ireland Pathway	Foundation	2010	1500m	Ennis Track Club	Pat Hogan
Aisling Shevlin	Athletics Ireland Pathway	Foundation	2009	400mh	Ratoath AC	Peter Doherty & Patricia Power
Andrew Hayes	Athletics Ireland Pathway	Foundation	2007	400m	DSD AC	Kenneth Kiernan
Angela Cielecka	Athletics Ireland Pathway	Foundation	2008	100m	West Coast AC	Ken Walsh
Ava Diver	Athletics Ireland Pathway	Foundation	2008	800m	Beechmount Harriers	Catherine Diver
Cameron Barclay-McCracken	Athletics Ireland Pathway	Foundation	2008	110mh	North Down AC	Roger Sexton
Caoimhe Daly	Athletics Ireland Pathway	Foundation	2008	100mh	Leevale AC	John Naughton
Cara Ryan	Athletics Ireland Pathway	Foundation	2010	CE, Long Jump	Clonmel AC	Michael Gregan
Cassie O'Byrne	Athletics Ireland Pathway	Foundation	2008	400m	St Laurence O'Toole AC	Billy Delaney
Chidinma Adikaibe	Athletics Ireland Pathway	Foundation	2008	200m	Metro St Brigid's AC	Sean Kildunne
Ciarán Brosnan	Athletics Ireland Pathway	Foundation	2008	800m	An Ríocht	Mike McCabe
Ciara Rohan	Athletics Ireland Pathway	Foundation	2009	1500m	Waterford AC	Des Colbert
Clara Casey	Athletics Ireland Pathway	Foundation	2008	800m	Foyle Valley AC	Thomas A Doherty
Clíodhna O'Connell	Athletics Ireland Pathway	Foundation	2010	Race Walks	Castlegar AC	Kathryn Casserty
Clíodhna Reilly	Athletics Ireland Pathway	Foundation	2010	1500m	Dunleer AC	Fintan Reilly
Clodagh Gill	Athletics Ireland Pathway	Foundation	2007	3000m	Moyvalley AC	Philip Finnerty
Conrad Latham	Athletics Ireland Pathway	Foundation	2008	800m	Raheny Shamrocks AC	Dick Hooper
Cora Miller	Athletics Ireland Pathway	Foundation	2009	100mh	Ferrybank AC	Brid Golden
Daniel de Antolin-Rodriguez	Athletics Ireland Pathway	Foundation	2009	Triple Jump	Ratoath AC	Sinead McGoldrick
Darragh Fahy	Athletics Ireland Pathway	Foundation	2007	Triple jump	Loughrea AC	Gareth Devlin
Eddie Casey Raicevic	Athletics Ireland Pathway	Foundation	2009	110mh, CE	Finisk Valley AC	Nik Raicevic, Shane Scanlan & Br.P. Lennon
Eimear Cooney	Athletics Ireland Pathway	Foundation	2007	1500m	Ace AC	Liam Cooney
Elena O Sullivan	Athletics Ireland Pathway	Foundation	2007	100m	Leevale AC	Emer Mulcahy
Elle-Kate McRae	Athletics Ireland Pathway	Foundation	2009	400mh, CE	Midleton AC	Joan Hough
Ellen Norwood Daly	Athletics Ireland Pathway	Foundation	2010	200m	Kilkenny City Harriers	Rob Daly and Fiona Norwood
Ellen Oldrey	Athletics Ireland Pathway	Foundation	2010	400m	Rathfarnham AC	John Hayes
Elizabeth Reamsbottom	Athletics Ireland Pathway	Foundation	2010	3000m	Mid Sutton AC	Eugene O'Neill
Emer Brennan	Athletics Ireland Pathway	Foundation	2008	400m	Clonmel AC	May Hutt, Nicola Barron, David Kenneally
Emily Clyne	Athletics Ireland Pathway	Foundation	2010	High Jump	Reeside AC	Laura Clyne
Fionn Naughton	Athletics Ireland Pathway	Foundation	2010	Pole Vault	Leevale AC	John Naughton
Grainne Moran	Athletics Ireland Pathway	Foundation	2007	800m	Dundalk St Gerard's AC	Francis O'Hagan
Harrison Jamison	Athletics Ireland Pathway	Foundation	2008	400m	North Down AC	Darren hamilton

Harry Cahill	Athletics Ireland Pathway	Foundation	2008	3000m	Donore Harriers	Joe Kelly
Harry McIlwaine	Athletics Ireland Pathway	Foundation	2009	100m	Letterkenny AC	Kathryn Mc Devitt
Jacob Ciomek	Athletics Ireland Pathway	Foundation	2008	800m	Lucan Harriers	Niamh & Eoin Fitzgerald
James Foot	Athletics Ireland Pathway	Foundation	2008	800m	Bray Runners AC	Suzanne Foot
Jamie Wallace	Athletics Ireland Pathway	Foundation	2007	1500m	Mullingar Harriers	Joe Ryan
Kate Maher	Athletics Ireland Pathway	Foundation	2009	400m	Kilkenny City Harriers	Rob Daly
Kieran Boyle	Athletics Ireland Pathway	Foundation	2008	100m, 200m	Athenry AC	Bryan Kovalsky
Kieran Keane	Athletics Ireland Pathway	Foundation	2008	Shot Put	An Ríocht AC	Vincent Keane
Leila Cummins	Athletics Ireland Pathway	Foundation	2010	Hammer	Bandon AC	Killian Barry
Liam Morris	Athletics Ireland Pathway	Foundation	2008	800m,1500m	Donore Harriers	Joe Ryan
Liam Rohan	Athletics Ireland Pathway	Foundation	2009	Discus	An Ríocht AC	Vincent Keane
Max Murphy	Athletics Ireland Pathway	Foundation	2008	800m	United Striders	Feidhlim Kelly
Megan Brunt	Athletics Ireland Pathway	Foundation	2008	3000m	Blackrock AC	Paul Hunt & Darren Brunt
Michael Kent	Athletics Ireland Pathway	Foundation	2007	Long Jump	D.M.P AC	Liam Kelly
Michael Moore	Athletics Ireland Pathway	Foundation	2008	800m	Cranford AC	Eamon Giles
Milana Sharhayeu	Athletics Ireland Pathway	Foundation	2010	Triple Jump, 200m	Ratoath AC	Sinead McGoldrick
Odhran McBrearty	Athletics Ireland Pathway	Foundation	2008	3000m	Finn Valley AC	Dermot McGranaghan
Olivia Smith	Athletics Ireland Pathway	Foundation	2010	400m	Newbridge AC	Paul Archibold
Patryk Pucek	Athletics Ireland Pathway	Foundation	2009	High Jump	Clongriffin AC	Clíodhna Grant
Rebecca Trimble	Athletics Ireland Pathway	Foundation	2010	High Jump	Dundalk St Gerard's AC	Bernard McAree
Reuben Wain	Athletics Ireland Pathway	Foundation	2007	400m, 400mh	Leevale AC	Frida Svensson
Roisin Murray	Athletics Ireland Pathway	Foundation	2008	400m	Bray Runners	Aine Murray
Ruby Cummins	Athletics Ireland Pathway	Foundation	2008	100mh	Bandon AC	Liz Coomey
Ruby Stockwell	Athletics Ireland Pathway	Foundation	2010	High Jump	Ferrybank AC	Brid Golden
Ryan Onoh	Athletics Ireland Pathway	Foundation	2008	Long Jump	Cork City AC	Marian Heffernan & Oby Onoh
Ryan Vickers	Athletics Ireland Pathway	Foundation	2010	800m	Farranfore Maine Valley AC	Jerome Foley
Sadie Meade	Athletics Ireland Pathway	Foundation	2010	200m	Metro St Brigid's AC	Ruth Moloney
Sean O'Donnell	Athletics Ireland Pathway	Foundation	2008	100m	Tallaght AC	Dee Walker
Theo deBonis	Athletics Ireland Pathway	Foundation	2010	200m	Ratoath AC	Peter Doherty