

Please see World u20 Selection Policy https://www.athleticsireland.ie/wp-content/uploads/2026/02/26_WU20_policy.pdf **for full details on Selection Criteria, but please note;** Any eligible athlete who achieves a Performance Standard/Performance Standards within the Qualifying Period for the particular event will be considered for selection.

NB: Only a maximum of two athletes with qualifying standards from each country can compete in each event at the World U/20 Championships.

Achieving a Performance Standard gives no right or guarantee of selection.

Updated: 5th May 2026

Athlete	Club	Coach(es)	Event	Performance I	Performance II	Qualifying Standard	Venue	Date
<i>Molly Daly</i>	Kilkenny City Harriers	Rob Daly & Fiona Norwood	400m	53.74i		54.20	Athlone	14/03/2026
<i>Erin Friel</i>	Letterkenny	Kathryn McDevitt	400m	54.20i		54.20	Athlone	14/03/2026
<i>Saoirse Fitzgerald</i>	Lucan Harriers	Eoin & Niamh Fitzgerald	800m	2:05.48		2:06.00	Clonmel	02/05/2026
<i>Pia Langton</i>	Kilkenny City Harriers	Nimah & Noel Richardson & James Ledingham	800m	2:05:87		2:06.00	Clonmel	02/05/2026
			1500m	4:21.77i		4:22.00	Athlone	14/03/2026
<i>Gemma Galvin</i>	Ennis Track	Sinead Delahunty & Ray Treacy	1500m	4:20.74		4:22.00	Philadelphia, PA	25/04/2026
<i>Enya Silkena</i>	Ratoath	Modris Silkens	Heptathlon	5536 points		5350 points	Brescia, Italy	25/04 & 26/04/2026
<i>Dubem Amah</i>	Tallaght	Kerron Stewart	200m	21.03 (+1.8)		21.15	Columbus OH	01/05/2026

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Ethan Dewhirst	Tir Chonaill	Brian McGonagle	400mh	50.81		52.40	Loughborough	18/04/2026
Cillian Gleeson	Celbridge	Mick Byrne	5000m	13:54.27		13:55.00	Platteville, WI	10/04/2026
Seamus Clarke	Moy Valley	Deirdre Clarke	5000m Walk	20:33.19i		20:45.00	NIA, Dublin	01/03/2026