

Please see World u20 Selection Policy https://www.athleticsireland.ie/wp-content/uploads/2026/02/26_WU20_policy.pdf **for full details on Selection Criteria, but please note;** Any eligible athlete who achieves a Performance Standard/Performance Standards within the Qualifying Period for the particular event will be considered for selection.

NB: Only a maximum of two athletes with qualifying standards from each country can compete in each event at the World U/20 Championships.

Achieving a Performance Standard gives no right or guarantee of selection.

Updated: June 22nd 2026

Athlete	Club	Coach(es)	Event	Performance I	Performance II	Qualifying Standard	Venue	Date
Sofia Granjo	St. L O'Toole	Billy Delaney	200m	24.00 (+1.9)		24.00	Carlow	24/05/2026
Molly Daly	Kilkenny City Harriers	Rob Daly & Fiona Norwood	400m	53.74i		54.20	Athlone	14/03/2026
Erin Friel	Letterkenny	Kathryn McDevitt	400m	54.20i		54.20	Athlone	14/03/2026
Saoirse Fitzgerald	Lucan Harriers	Eoin & Niamh Fitzgerald	800m	2:05.35	2:05.48 2:05.60	2:06.00	Belfast Clonmel Loughborough	09/05/2026 02/05/2026 13/06/2026
Pia Langton	Kilkenny City Harriers	Nimah & Noel Richardson & James Ledingham	800m	2:05:87		2:06.00	Clonmel	02/05/2026
			1500m	4:21.77i		4:22.00	Athlone	14/03/2026
Gemma Galvin	Ennis Track	Sinead Delahunty & Ray Treacy	1500m	4:20.74	4:21.54	4:22.00	Philadelphia, PA Storrs, CT	25/04/2026 14/05/2026

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Dearbhla Allen	St. Peter's	Simon Allen	3000ms/c	10:25.69		10:26.00	Belfast	13/06/2026
Orlaith Mannion	South Galway	Declan Derrane	100mh	13.68 (+0.4)		13.70	Brussels	24/05/2026
Ellis McHugh	Ferrybank	Brid Golden	400mh	58.96	59.10 59.18	59.50	Tullamore Brussels Tullamore	17/05/2026 24/05/2026 30/05/2026
Siun Quinn	Brothers Pearse	Petros Kyprianou	High Jump	1.85m	1.84m 1.83m	1.82m	Champaign IL Fayetteville, AR Lincoln, NE	08/05/2026 30/05/2026 16/05/2026
Enya Silkena	Ratoath	Modris Silkens	Heptathlon	5536 points		5350 points	Brescia, Italy	25/04 & 26/04/2026
Women's 4x400m		Dermot McGranaghan	4x400m	3:37.69			Carlow	20/06/2026

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<i>Dubem Amah</i>	Tallaght	Kerron Stewart	200m	21.03 (+1.8)		21.15	Columbus OH	01/05/2026
<i>Ethan Dewhirst</i>	Tir Chonaill	Brian McGonagle	400mh	50.51 50.81	52.12	52.40	Malaga Loughborough Tullamore	18/06/2026 18/04/2026 17/05/2026
<i>Des O'Neill</i>	Raheny Shamrock	Louise Keogh	400mh	51.89		52.40	Tullamore	30/05/2026
<i>Lucas Lyons</i>	North Leitrim	Dermot McDermott	1500m	3:45.36		3:45.50	Oordegem	06/06/2026
<i>Cillian Gleeson</i>	Celbridge	Mick Byrne	5000m	13:54.27		13:55.00	Platteville, WI	10/04/2026
<i>Seamus Clarke</i>	Moy Valley	Deirdre Clarke	5000m Walk	20:33.19i	2 x 10k eq stds 42:06 43:17	20:45.00 43:20	NIA, Dublin Dudince Raheny	01/03/2026 07/03/2026 14/12/2026
<i>Matthew Newell</i>	Castlegar	Ann-Marie Newell	5000m Walk	20:21.25		20:45.00	Sligo	13/06/2026

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Eoin O'Callaghan	Bandon	Frank Stam	Decathlon	7145 points		7100 points	Heerenveen, NL	09/05 & 10/05/2026
Boys 4x100m Relay		Karen Kirk	4x100m	40.09		40.25	Mannheim	14/06/2026