

Please see World u20 Selection Policy https://www.athleticsireland.ie/wp-content/uploads/2026/02/26_WU20_policy.pdf **for full details on Selection Criteria, but please note;** Any eligible athlete who achieves a Performance Standard/Performance Standards within the Qualifying Period for the particular event will be considered for selection.

NB: Only a maximum of two athletes with qualifying standards from each country can compete in each event at the World U/20 Championships.

Achieving a Performance Standard gives no right or guarantee of selection.

Updated: June 2nd 2026

Athlete	Club	Coach(es)	Event	Performance I	Performance II	Qualifying Standard	Venue	Date
Sofia Granjo	St. L O'Toole	Billy Delaney	200m	24.00 (+1.9)		24.00	Carlow	24/05/2026
Molly Daly	Kilkenny City Harriers	Rob Daly & Fiona Norwood	400m	53.74i		54.20	Athlone	14/03/2026
Erin Friel	Letterkenny	Kathryn McDevitt	400m	54.20i		54.20	Athlone	14/03/2026
Saoirse Fitzgerald	Lucan Harriers	Eoin & Niamh Fitzgerald	800m	2:05.35	2:05.48	2:06.00	Belfast Clonmel	09/05/2026 02/05/2026
Pia Langton	Kilkenny City Harriers	Nimah & Noel Richardson & James Ledingham	800m	2:05:87		2:06.00	Clonmel	02/05/2026
			1500m	4:21.77i		4:22.00	Athlone	14/03/2026
Gemma Galvin	Ennis Track	Sinead Delahunty & Ray Treacy	1500m	4:20.74	4:21.54	4:22.00	Philadelphia, PA Storrs, CT	25/04/2026 14/05/2026
Orlaith Mannion	South Galway	Declan Derrane	100mh	13.68 (+0.4)		13.70	Brussels	24/05/2026

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Ellis McHugh	Ferrybank	Brid Golden	400mh	58.96	59.10	59.50	Tullamore	17/05/2026
					59.18		Brussels	24/05/2026
							Tullamore	30/05/2026
Siun Quinn	Brothers Pearse	Petros Kyprianou	High Jump	1.85m	1.84m	1.82m	Champaign IL	08/05/2026
					1.83m		Fayetteville, AR	30/05/2026
							Lincoln, NE	16/05/2026
Enya Silkena	Ratoath	Modris Silkens	Heptathlon	5536 points		5350 points	Brescia, Italy	25/04 & 26/04/2026
Dubem Amah	Tallaght	Kerron Stewart	200m	21.03 (+1.8)		21.15	Columbus OH	01/05/2026
Ethan Dewhirst	Tir Chonaill	Brian McGonagle	400mh	50.81	52.12	52.40	Loughborough	18/04/2026
							Tullamore	17/05/2026
Des O'Neill	Raheny Shamrock	Louise Keogh	400mh	51.89		52.40	Tullamore	30/05/2026
Cillian Gleeson	Celbridge	Mick Byrne	5000m	13:54.27		13:55.00	Platteville, WI	10/04/2026

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Seamus Clarke	Moy Valley	Deirdre Clarke	5000m Walk	20:33.19i	2 x 10k eq stds	20:45.00	NIA, Dublin	01/03/2026
					42:06	43:20	Dudince	07/03/2026
					43:17		Raheny	14/12/2026
Eoin O'Callaghan	Bandon	Frank Stam	Decathlon	7145 points		7100 points	Heerenveen, NL	09/05 & 10/05/2026