

Day 1 - Track Check In Timetable Juvenile T&F Championships 2026

Age Category	Event	Check opens	Check in closes
U16 Girls	3000m	08:15	09:15
U16 Boys	3000m	08:27	09:27
U17 Girls	3000m	08:39	09:39
U17 Boys	3000m	08:51	09:51
U18 Girls	3000m	09:03	10:03
U18 Boys	3000m	09:15	10:15
U19 Girls	3000m	09:27	10:27
U19 Boys	3000m	09:39	10:39

U17 Girls	400m heat 1	10:00	11:00
U17 Girls	400m heat 2	10:00	11:00
U17 Girls	400m heat 3	10:00	11:00
U17 Girls	400m heat 4	10:00	11:00
U17 Boys	400m heat 1	10:16	11:16
U17 Boys	400m heat 2	10:16	11:15
U17 Boys	400m heat 3	10:16	11:15
U17 Boys	400m heat 4	10:16	11:15
U18 Girls	400m heat 1	10:32	11:32
U18 Girls	400m heat 2	10:32	11:32
U18 Girls	400m heat 3	10:32	11:32
U18 Boys	400m heat 1	10:44	11:44
U18 Boys	400m heat 2	10:44	11:44
U18 Boys	400m heat 3	10:44	11:44
U18 Boys	400m heat 4	10:44	11:44
U19 Girls	400m heat 1	11:00	12:00
U19 Girls	400m heat 2	11:00	12:00
U19 Girls	400m heat 3	11:00	12:00
U19 Boys	400m heat 1	11:12	12:12
U19 Boys	400m heat 2	11:12	12:12
U19 Boys	400m heat 3	11:12	12:12

U13 Girls	80m Heat 1	11:25	12:25
U13 Girls	80m Heat 2	11:25	12:25
U13 Girls	80m Heat 3	11:25	12:25
U13 Boys	80m heat 1	11:34	12:34
U13 Boys	80m heat 2	11:34	12:34
U13 Boys	80m heat 3	11:34	12:34
U14 Girls	80m Heat 1	11:43	12:43
U14 Girls	80m Heat 2	11:43	12:43
U14 Girls	80m Heat 3	11:43	12:43
U14 Boys	80m heat 1	11:52	12:52
U14 Boys	80m heat 2	11:52	12:52
U14 Boys	80m heat 3	11:52	12:52
U15 Girls	100m Heat 1	12:01	13:01
U15 Girls	100m Heat 2	12:01	13:01
U15 Girls	100m Heat 3	12:01	13:01
U15 Boys	100m heat 1	12:10	13:10
U15 Boys	100m heat 2	12:10	13:10
U15 Boys	100m heat 3	12:10	13:10
U16 Girls	100m Heat 1	12:19	13:19
U16 Girls	100m Heat 2	12:19	13:19
U16 Girls	100m Heat 3	12:19	13:19
U16 Boys	100m heat 1	12:28	13:28
U16 Boys	100m heat 2	12:28	13:28
U16 Boys	100m heat 3	12:28	13:28
U17 Girls	100m Heat 1	12:37	13:37
U17 Girls	100m Heat 2	12:37	13:20
U17 Girls	100m Heat 3	12:37	13:20
U17 Girls	100m Heat 4	12:37	13:20
U17 Boys	100m heat 1	12:49	13:49
U17 Boys	100m heat 2	12:49	13:49
U17 Boys	100m heat 3	12:49	13:49
U17 Boys	100m heat 4	12:49	13:49
U17 Boys	100m heat 5	12:49	13:49
U18 Girls	100m Heat 1	13:04	14:04
U18 Girls	100m Heat 2	13:04	14:04
U18 Girls	100m Heat 3	13:04	14:04
U18 Girls	100m Heat 4	13:04	14:04
U18 Boys	100m heat 1	13:16	14:16
U18 Boys	100m heat 2	13:16	14:16
U18 Boys	100m heat 3	13:16	14:16

U18 Boys	100m heat 4	13:16	14:16
U18 Boys	100m heat 5	13:16	14:16
U19 Girls	100m Heat 1	13:31	14:31
U19 Girls	100m Heat 2	13:31	14:31
U19 Girls	100m Heat 3	13:31	14:31
U19 Girls	100m Heat 4	13:31	14:31
U19 Boys	100m heat 1	13:43	14:43
U19 Boys	100m heat 2	13:43	14:43
U19 Boys	100m heat 3	13:43	14:43
U19 Boys	100m heat 4	13:43	14:43

Assembly

U17 Girls	400m FINAL		15:24
U17 Boys	400m FINAL		15:27
U18 Girls	400m FINAL		15:30
U18 Boys	400m FINAL		15:33
U19 Girls	400m FINAL		15:36
U19 Boys	400m FINAL		15:39
U13 Girls	80m FINAL		15:42
U13 Boys	80m FINAL		15:45
U14 Girls	80m FINAL		15:48
U14 Boys	80m FINAL		15:51
U15 Girls	100m FINAL		15:54
U15 Boys	100m FINAL		15:57
U16 Girls	100m FINAL		16:00
U16 Boys	100m FINAL		16:03
U17 Girls	100m FINAL		16:06
U17 Boys	100m FINAL		16:09
U18 Girls	100m FINAL		16:12
U18 Boys	100m FINAL		16:15
U19 Girls	100m FINAL		16:18
U19 Boys	100m FINAL		16:21

INFORMATION

Please note the check-in opening and closing times

Athletes must check in themselves, but NOT before their scheduled check-in time

If contesting more than one event, athletes MUST check-in for all events

ONLY 1 person to collect a bib number.

The organisers reserve the right to alter the timetable; the starting times may be brought forward up to 45 minutes from the proposed timetable.