

Day 1

Saturday 27th June 2026

Tullamore , Offaly

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check-in opens at 08:30am

Check in closes 9.15 a.m. 3,000m

10.00 a.m. Age groups may be combined

Girls and Boys	U16	3000m	Final
Girls and Boys	U17	3000m	Final
Girls and Boys	U18	3000m	Final
Girls and Boys	U19	3000m	Final

Check in closes 10.45 a.m. 400m

11.45 a.m.

Girls	U17	400m	Heats
Boys	U17	400m	Heats
Girls	U18	400m	Heats
Boys	U18	400m	Heats
Girls	U19	400m	Heats
Boys	U19	400m	Heats

Check in closes 12.00 p.m. Sprints

1.00 p.m.

Girls and Boys	U13	80m	Heats
Girls and Boys	U14	80m	Heats
Girls and Boys	U15	100m	Heats
Girls and Boys	U16	100m	Heats
Girls and Boys	U17	100m	Heats
Girls and Boys	U18	100m	Heats
Girls and Boys	U19	100m	Heats

3.30 p.m. 400m Finals in the same order

4.00 p.m. Sprint Finals in the same order

**Check in Closes 1 hour
prior to each start time**

Discus

10.00 a.m.	U14	Girls
11.15 a.m.	U15	Girls
12.30 p.m.	U16	Girls
2.00 p.m.	U17	Girls
3.30 p.m.	U18	Girls
4.30 p.m.	U19	Girls

Hammer

10.00 a.m.	U14	Boys
10.45 a.m.	U15	Boys
11.30 a.m.	U16	Boys
12.15 p.m.	U17	Boys
2.00 p.m.	U18	Boys
2.45 p.m.	U19	Boys

Shot Put

10.00 a.m.	U13	Girls
11.00 a.m.	U14	Girls
1.30 p.m.	U15	Girls
2.45 p.m.	U16	Girls
4.00 p.m.	U17	Girls

Javelin

10.00 a.m.	U13	Boys
11.30 a.m.	U19	Boys
1.30 p.m.	U16	Boys
2.15 p.m.	U15	Boys
3.30 p.m.	U14	Boys

Long Jump

10.00 a.m.	U18	Boys
11.15 a.m.	U13	Boys
1.30 p.m.	U14	Boys
2.45 p.m.	U15	Boys
4.00 p.m.	U17	Boys

Triple Jump

10.00 a.m.	U19	Girls
11.15 a.m.	U18	Girls
1.30 p.m.	U15	Girls
2.45 p.m.	U16	Girls

High Jump

10.00 a.m.	U14	Boys
11.15 a.m.	U15	Boys
1.30 p.m.	U13	Boys
2.45 p.m.	U16	Boys
4.00 p.m.	U19	Girls

Pole Vault

(Warm up at 9.30 a.m. / 1.00 p.m.)

10.30 a.m.	U15, U16	Girls
2.00 p.m.	U17, U18, U19	Girls