

Please see World u20 Selection Policy https://www.athleticsireland.ie/wp-content/uploads/2026/02/26_WU20_policy.pdf **for full details on Selection Criteria, but please note;** Any eligible athlete who achieves a Performance Standard/Performance Standards within the Qualifying Period for the particular event will be considered for selection.

NB: Only a maximum of two athletes with qualifying standards from each country can compete in each event at the World U/20 Championships.

Achieving a Performance Standard gives no right or guarantee of selection.

Updated: July 12th 2026

Athlete	Club	Coach(es)	Event	Performance I	Performance II	Qualifying Standard	Venue	Date
Sofia Granjo	St. L O'Toole	Billy Delaney	200m	24.00 (+1.9)		24.00	Carlow	24/05/2026
Molly Daly	Kilkenny City Harriers	Rob Daly & Fiona Norwood	400m	53.74i		54.20	Athlone	14/03/2026
Erin Friel	Letterkenny	Kathryn McDevitt	400m	54.20i		54.20	Athlone	14/03/2026
Saoirse Fitzgerald	Lucan Harriers	Eoin & Niamh Fitzgerald	800m	2:03.52 2:05.35	2:05.48 2:05.60	2:06.00	Santry Belfast Clonmel Loughborough	10/07/2026 09/05/2026 02/05/2026 13/06/2026
Pia Langton	Kilkenny City Harriers	Nimah & Noel Richardson & James Ledingham	800m	2:05.72	2:05:87	2:06.00	Cork Clonmel	08/07/2026 02/05/2026
			1500m	4:21.77i		4:22.00	Athlone	14/03/2026
Gemma Galvin	Ennis Track	Sinead Delahunty & Ray Treacy	1500m	4:20.74	4:21.54	4:22.00	Philadelphia, PA Storrs, CT	25/04/2026 14/05/2026

Please see World u20 Selection Policy https://www.athleticsireland.ie/wp-content/uploads/2026/02/26_WU20_policy.pdf **for full details on Selection Criteria, but please note;** Any eligible athlete who achieves a Performance Standard/Performance Standards within the Qualifying Period for the particular event will be considered for selection.

NB: Only a maximum of two athletes with qualifying standards from each country can compete in each event at the World U/20 Championships.

Achieving a Performance Standard gives no right or guarantee of selection.

Updated: July 12th 2026

Athlete	Club	Coach(es)	Event	Performance I	Performance II	Qualifying Standard	Venue	Date
Dearbhla Allen	St. Peter's	Simon Allen	3000ms/c	10:25.69		10:26.00	Belfast	13/06/2026
Orlaith Mannion	South Galway	Declan Derrane	100mh	13.52 (+1.4)	13.68 (+0.4)	13.70	Brussels Nivelles	24/05/2026 27/06/2026
Ellis McHugh	Ferrybank	Brid Golden	400mh	58.96	59.10 59.18	59.50	Tullamore Brussels Tullamore	17/05/2026 24/05/2026 30/05/2026
Siun Quinn	Brothers Pearse	Petros Kyprianou	High Jump	1.86m 1.85m	1.84m 1.83m	1.82m	Santry Champaign IL Fayetteville, AR Lincoln, NE	10/07/2026 08/05/2026 30/05/2026 16/05/2026
Enya Silkena	Ratoath	Modris Silkens	Heptathlon	5536 points		5350 points	Brescia, Italy	25/04 & 26/04/2026
Women's 4x400m		Dermot McGranaghan	4 x 400m	3:37.69		3:38.00	Carlow	20/06/2026

Please see World u20 Selection Policy https://www.athleticsireland.ie/wp-content/uploads/2026/02/26_WU20_policy.pdf **for full details on Selection Criteria, but please note;** Any eligible athlete who achieves a Performance Standard/Performance Standards within the Qualifying Period for the particular event will be considered for selection.

NB: Only a maximum of two athletes with qualifying standards from each country can compete in each event at the World U/20 Championships.

Achieving a Performance Standard gives no right or guarantee of selection.

Updated: July 12th 2026

Athlete	Club	Coach(es)	Event	Performance I	Performance II	Qualifying Standard	Venue	Date
Dubem Amah	Tallaght	Kerron Stewart	200m	20.98 (+1.7)	21.02 (+0.9)	21.15	Cork	08/07/2026
					21.03 (+1.8)		Tullamore	05/07/2026
							Columbus OH	01/05/2026
Adam Ofeimun	Donore Harriers	Paul Miller	200m	21.11 (-0.8)		21.15	Tullamore	05/07/2026
Ethan Dewhirst	Tir Chonaill	Brian McGonagle	400mh	50.81	51.78	52.40	Loughborough	18/04/2026
					52.12		Tullamore	17/05/2026
							Tullamore	05/07/2026
Des O'Neill	Raheny Shamrock	Louise Keogh	400mh	51.45	52.01	52.40	Tullamore	05/07/2026
				51.89			Tullamore	30/05/2026
							Cardiff	27/06/2026
Lucas Lyons	North Leitrim	Dermot McDermott	1500m	3:45.36		3:45.50	Oordegem	06/06/2026
Cillian Gleeson	Celbridge	Mick Byrne	5000m	13:54.27		13:55.00	Platteville, WI	10/04/2026
Seamus Clarke	Moy Valley	Deirdre Clarke	5000m Walk	19:45.34	2 x 10k eq stds	20:45.00	Tullamore	04/07/2026
				20:33.19i	42:06	43:20	NIA, Dublin	01/03/2026
					43:17		Dudince	07/03/2026
							Raheny	14/12/2026

Please see World u20 Selection Policy https://www.athleticsireland.ie/wp-content/uploads/2026/02/26_WU20_policy.pdf **for full details on Selection Criteria, but please note;** Any eligible athlete who achieves a Performance Standard/Performance Standards within the Qualifying Period for the particular event will be considered for selection.

NB: Only a maximum of two athletes with qualifying standards from each country can compete in each event at the World U/20 Championships.

Achieving a Performance Standard gives no right or guarantee of selection.

Updated: July 12th 2026

Athlete	Club	Coach(es)	Event	Performance I	Performance II	Qualifying Standard	Venue	Date
Matthew Newell	Castlegar	Ann-Marie Newell	5000m Walk	20:08.79	20:21.25	20:45.00	Tullamore Sligo	04/07/2026 13/06/2026
Michael Kent	DMP	Liam Kelly	Long Jump	7.64m		7.60m	Varazdin, CRO	28/06/2026
Eoin O'Callaghan	Bandon	Frank Stam, Eamon Flanagan, Roland Korum	Decathlon	7145 points		7100 points	Heerenveen, NL	09/05 & 10/05/2026
Boys 4x100m Relay		Karen Kirk	4x100m	40.09		40.25	Mannheim	14/06/2026