

TRACK

10.30	110m H	Youth Men	CE
	110mH	U 20 Men	CE
	110mH	Senior Men	CE
	110mH	Senior Men	S1 AAI Games
	100mH	Women	S1 AAI Games
10.45	1500m	Women	AAI Games
	1500m	Men	AAI Games
11.15	100m	Women	S1 AAI Games
	100m	Men	S1 AAI Games
12.15	3000m	Women	AAI Games
12.30	100mh	Women	S2 AAI Games
	110mh	Senior Men	S2 AAI Games

Track Break

13.30	800m	Women	AAI Games
	800m	Men	AAI Games
14.00	100m	Women	S2 AAI Games
	100m	Men	S2 AAI Games
14.45	400m H	Women	AAI Games
	400m H	Men	AAI Games
15.15	200m	Women	AAI Games
	200m	Men	AAI Games
15.45	400m	Women	AAI Games
	400m	Men	AAI Games

800m YU20S Women CE

16.30 1500m YU20S Men CE

FIELD

10.45	Long Jump	Women	AAI Games
	Long Jump	Men	AAI Games
	Long Jump	YU20S Women	CE
11.00	Discus	Men	AAI Games
	Discus	YU20S Men	CE
	Discus	Women	AAI Games
11.30	High Jump	Women	AAI Games
	High Jump	Men	AAI Games
12.30	Pole Vault	Women	AAI Games
	Pole Vault	YU20S Men	CE
13.00	Triple Jump	Women	AAI Games
	Triple Jump	Men	AAI Games
13.15	Hammer	Women	AAI Games
	Hammer	Men	AAI Games
13.30	Shot Put	Women	AAI Games
	Shot Put	Men	AAI Games
15.00	Javelin	YU20S Men	CE
	Javelin	Women	AAI Games
	Javelin	Men	AAI Games
	Javelin	YU20S Women	CE
15.00	Weight	Women	AAI Games
	Heavy Hammer	Men	AAI Games
	Weight	Men	AAI Games
	Heavy Hammer		