

Men · Senior · Indoor

TRACK

60m	6.54 NEW	Bori Akinola	Belgrade, SRB	11.02.26
100m	10.36	Paul Hession	Tampere, FIN	27.02.08
200m	20.64	Mark Smyth	Abbotstown	11.03.23
300m	33.27	Jack Raftery	Athlone	07.12.22
400m	45.52	David Gillick	Birmingham, ENG	03.03.07
440y	46.30	Fanahan Mc Sweeney	Houston, USA	13.02.70
500m	1.00.63	Mark English	Stockholm, SWE	18.02.16
600m	1.15.80 NEW	Mark English	Abbotstown	15.01.26
800m	1.44.23 NEW	Mark English	Ostrava, CZE	03.02.26
1000m	2.17.40	Luke McCann	Louisville, USA	12.02.22
1500m	3.33.09 NEW	Andrew Coscoran	Lieven, FRA	19.02.26
Mile	3.49.26	Andrew Coscoran	New York, USA	08.02.25
2000m	4.54.07	Eamonn Coghlan	Inglewood, USA	20.02.87
3000m	7.30.75	Andrew Coscoran	Boston, USA	02.02.25
5000m	13.12.56	Andrew Coscoran	Boston, USA	26.01.24

HURDLES

50m H	12.22	Peter Coghlan	Sindelfingen, GER	04.03.01
55m H	7.21	Peter Coghlan	Ithaca, USA	08.03.98
60m H	7.57	Peter Coghlan	Blacksburg, USA	26.02.99
400m H	50.50	Thomas Barr	Dublin	04.02.18

JUMPS

High Jump	2.28m	Brendan Reilly	Reykjavik, ISL	05.03.00
High Jump	2.28m	Adrian O'Dwyer	Budapest, HUN	24.02.04
Long Jump	8.00m	Ciaran McDonagh	Blacksburg, USA	14.01.06
Triple Jump	16.27m	Colm Cronin	Detroit, USA	10.03.78
Pole Vault	5.31m	Sean Roth	Blacksburg, USA	06.02.21

THROWS

Shot	20.18m	Eric Favors	Astana, KAZ	27.01.24
Weight	22.45m	Declan Hegarty	TBC	TBC

COMBINED EVENTS				
Heptathlon	5690 pts NEW	Diarmuid O'Connor	Chicago, USA	28.02.26
RELAYS				
4x200m	1.26.59	Gary Ryan, Mark Howard, David McCarthy, Paul Hession (National Team)	Cardiff, WAL	10.02.02
4x200m (Club)	1.27.49	Marcus Lawler, Pascal Touche, Aaron Tierney Smith, Craig Duffy (Clonliffe Harriers A.C.)	Abbotstown	19.02.23
4x400m	3.08.83	Rob Daly, Gary Ryan, David Gillick, David McCarthy (National Team)	Budapest, HUN	07.03.04
4x400m (Mixed)	3.17.63	Conor Kelly, Phil Healy, Marcus Lawler, Sharlene Mawdsley (National Team)	Apeldoorn, NED	06.03.25
4x400m (Club)	3.22.54	Emanuel Osas, Jack O'Donnelly, Jed Walshe, Peter Kilgannon (Ratoath A.C.)	Athlone	03.02.24
RACE WALKS				
3000m Walk	11.06.69	Alex Wright	Abbotstown	02.02.19
5000m Walk	18.50.70	Alex Wright	Abbotstown	19.02.17