

Men · U20 · Indoor

TRACK

60m	6.73	Israel Olatunde	Abbotstown	21.02.21
200m	21.19	Marcus Lawler	Athlone	16.02.14
300m	33.96 NEW	Conor Kelly	Lubbock, USA	16.01.26
400m	46.54	Conor Kelly	Abbotstown	23.02.25
600m	1.19.98	David Davitt	New York, USA	11.02.24
800m	1.46.13	Cian McPhilips	Abbotstown	20.02.21
1000m	2.24.13	Cian McPhilips	Abbotstown	17.12.19
1500m	3.39.94	Nicholas Griggs	Birmingham, ENG	25.02.23
Mile	3.56.40	Nicholas Griggs	Abbotstown	10.03.22
3000m	7.54.44	Nicholas Griggs	Manchester, ENG	28.01.23
5000m	14.12.73	Abdel Laadjel	Chicago, USA	25.02.22

HURDLES

60m H	7.89	Sam Healy	Athlone	25.01.15
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JUMPS

High Jump	2.16m	Antoine Burke	Birmingham, ENG	13.02.94
Long Jump	7.53m	Sam Healy	Athlone	22.02.15
Triple Jump	14.90m	Jordan Hoang	Athlone	29.01.17
Pole Vault	4.75m	Conor Callinan	Abbotstown	09.01.22

THROWS

Shot	18.75m	Colin Quirke	Norman, USA	21.02.09
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COMBINED EVENTS

Heptathlon	5,101 pts	Daniel Ryan	London, ENG	15/16.12.18
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RELAYS

4x200m	1.30.52	Loclainn Harris, Darragh Masterson, Emanuel Osas, Jesse Osas (Ratoath A.C.)	Athlone	22.01.23
4x400m	3.14.33	Joe Doody, David Bosch, Fintan Dewhirst, David Mannion (National Team)	Abbotstown	08.02.23
Club 4x400m	3.25.00	Loclainn Harris, Darragh Masterson, Emanuel Osas, Jack O'Donnell (Ratoath A.C.)	Abbotstown	11.03.23

RACE WALKS				
3000m Walk	12.07.94	Colin Griffin	Birmingham, ENG	27.01.01
5000m Walk	20.33.19 NEW	Seamus Clarke	Athlone	01.03.26