



U20 U23
Track Field Championships
Tullamore
Saturday 4th July



Check In 90 Minutes in advance of event

Schedule of Events

TRACK					FIELD			
11.30	S/Chase	U20	F	Final	11.00	Javelin	U20	F
	S/Chase	U23	F	Final		Javelin	U23	F
11.45	S/Chase	U23	M	Final	12.15	Javelin	U20	M
	S/Chase	U20	M	Final		Javelin	U23	M
12.10	100m	U20	F	Heats				
	100m	U20	M	Heats	11.00	Hammer	U20	F
12.40	100m	U23	F	Heats		Hammer	U23	F
	100m	U23	M	Heats	12.30	Hammer	U20	M
						Hammer	U23	M
13.15	400m	U20	F	Heats				
	400m	U20	M	Heats				
13.45	400m	U23	F	Final	13.30	Shot Put	U20	F
	400m	U23	M	Heats		Shot Put	U23	F
					14.45	Shot Put	U20	M
						Shot Put	U23	M
14.30	100m	U20	F	Final				
	100m	U20	M	Final				
	100m	U23	F	Final				
	100m	U23	M	Final	15.00	Discus	U20	F
						Discus	U23	F
15.00	Walks	U20 3000m	F	Final	16.15	Discus	U20	M
	Walks	U23 3000m	F	Final		Discus	U23	M
15.20	Walks	U20 5000m	M	Final				
15.50	800m	U20	F	Heats	16.00	WFD	u20	F
	800m	U20	M	Heats		WFD	U23	F
16.10	800m	U23	F	Heats		WFD	U20	M
	800m	U23	M	Heats		WFD	U23	M
16.30	400m	U20	F	Final				
	400m	U20	M	Final				
	400m	U23	F	Final				
	400m	U23	M	Final				
16.50	4x 100m	U20	F	Final				
	4x100m	U20	M	Final				
	4x100m	U23	F	Final				
	4x100m	U23	M	Final				