

Women · U20 · Outdoor

TRACK

100m	11.31 (+1.0)	Rhasidat Adeleke	Manhattan, USA	15.05.21
200m	22.90 (+0.1)	Rhasidat Adeleke	Tallinn, EST	17.07.21
400m	52.57	Davicia Patterson	Geneva SUI	15.06.19
800m	2.02.76	Sarah Healy	Belfast	23.06.18
1500m	4.07.45	Ciara Mageean	Birmingham, ENG	20.08.11
3000m	9.01.52	Sonia O'Sullivan	Mardyke	07.07.87
5000m	16.07.55	Fiona Hawkins	Azusa, USA	14.04.22
10000m	33.45.79	Aisling Ryan	Oregon, USA	05.06.88
Marathon	2.34.12	Ava Crean	Dublin	26.10.25

HURDLES & STEEPLECHASE

100m H	13.34 (+1.3)	Sarah Lavin	Rieti, ITA	20.07.13
400m H	58.35 NEW	Elle-Kate McRae	Santry	26.07.26
3000m S/C	10.21.00	Linda Byrne	Kaunas, LTH	24.07.05

JUMPS

High Jump	1.90m	Sommer Lecky	Tampere, FIN	15.07.18
Long Jump	6.68m (+1.9)	Elizabeth Ndudi	Champaign, USA	13.04.24
Triple Jump	12.63m (+1.7)	Caoimhe King	Tullamore	26.06.11
Pole Vault	3.90m	Ellen McCartney	Manchester, ENG	05.08.18

THROWS

Shot	16.13m	Michaela Walsh	Bedford, ENG	17.06.17
Discus	49.32m	Anna Gavigan	Tullamore	02.07.23
Hammer	63.01m	Michaela Walsh	Tullamore	01.07.17
Javelin	52.92m	Kate O'Connor	Boras, SWE	19.07.19

COMBINED EVENTS

Heptathlon	6,093 pts	Kate O'Connor	Boras, SWE	18/19.07.19
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RELAYS

4×400m (Mixed)	3.24.91	Conor Kelly, Saoirse Fitzgerald, Sean Doggett, Maria Zakharenko (National Team)	Mannheim, GER	23.06.24
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4×100m	43.90	Molly Scott, Gina Akpe-Moses, Ciara Neville, Patience Jumbo-Gula (National Junior Team)	Tampere, FIN	14.07.18
4x100m (Club)	46.93	Mairead Murphy, Ciara Giles-Doran, Niamh Whelan, Kelly Proper (Ferrybank AC)	Santry	29.07.06
4x400m	3.37.39	Lauren McCourt, Caoimhe Cronin, Maeve O'Neill, Rhasidat Adeleke (National Team)	Tallinn, EST	18.07.21
4x400m (Club)	3.51.53	Aisling Stratford, Laura Kelly, Niamh Murphy, Aimee Doherty (Ratoath A.C.)	Santry	25.06.23
RACE WALKS				
3000m Walk	12.18.86	Kate Veale	Tullamore	23.07.11
5000m Walk	21.30.18	Kate Veale	Santry	06.08.11
10,000m Walk.	47.55.40	Orla O'Connor	Tampere, FIN	14.07.18
10k Walk Rd.	46.32	Kate Veale	Olhão, POR	21.05.11
20k Walk Rd.	1.39.48	Ann Loughnane	Phoenix Park	17.12.05