2026 Transfer List October 2026

First Name	Last Name	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County	Transfer Window Date
Hafis	Adam	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Alex	Ademola	Leevale A.C.	Cork Track Club A.C.	Cork	Cork	No	14.02.2026
Sheila	Ahern	St. Catherine's A.C.	Gowran A.C.	Cork	Kilkenny	Yes	01.10.2026
Cian	Aherne	Dooneen A.C.	Limerick A.C.	Limerick	Limerick	No	01.10.2026
Nil	Aksu	Crusaders A.C.	Clongriffin A.C.	Dublin	Dublin	No	01.10.2026
Patrik	Albertsson	Glendalough Harriers A.C.	Kilcoole A.C.	Wicklow	Wicklow	No	02.01.2026
Donal	Anderson	Beechmount Harriers A.C.	Finn Valley A.C.	Antrim	Donegal	Yes	08.06.2026
Elsie	Ansboro	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	13.01.2026
Pippa	Anthony	Watergrasshill A.C.	Cork City A.C.	Cork	Cork	No	01.05.2026
Ellie	Armshaw	Suck Valley A.C.	Roscommon A.C.	Roscommon	Roscommon	No	01.10.2026
Deon	Augustyn	Ballina A.C.	Swinford A.C.	Mayo	Mayo	No	31.03.2026
Cheryl	Auret	Birr A.C.	Kinnitty A.C.	Offaly	Offaly	No	01.05.2026
Diarmuid	Austin	West Clare Sports and Fitne	Kilmihil A.C.	Clare	Clare	No	08.10.2026
Ada	Bambrick	Barrow Valley A.C.	St. Laurence. O'Toole A.C	Carlow	Carlow	No	01.02.2026
Robbie	Bannon	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
Daniel	Bannon	Longford A.C.	Annalee A.C.	Longford	Cavan	Yes	01.02.2026
Shane	Bannon	Longford A.C.	Annalee A.C.	Longford	Cavan	Yes	01.02.2026
Charlie	Barrett	Ballymore Cobh A.C.	Leevale A.C.	Cork	Cork	No	02.04.2026
David	Barrett	Ballymore Cobh A.C.	Leevale A.C.	Cork	Cork	No	02.04.2026
Oliver	Barrett	Ballymore Cobh A.C.	Leevale A.C.	Cork	Cork	No	02.04.2026
Phyllis	Barrett	Castlegar A.C.	Galway City Harriers A.C	Galway	Galway	No	01.02.2026
Harry	Barrett	Loughrea A.C.	Craughwell A.C.	Galway	Galway	No	05.10.2026
Isabelle	Barriscale	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.02.2026
Noreen	Barry	Blackwater A.C.	Ballyduff A.C.	Waterford	Waterford	No	19.08.2026
Liam	Barry	Sun Hill Harriers A.C.	Grange/Fermoy A.C.	Limerick	Cork	Yes	06.01.2026
Kieran	Beausang	Donore Harriers A.C.	East Cork A.C.	Dublin	Cork	Yes	01.10.2026
Helen	Beirne	Boyle A.C.	Sligo A.C.	Roscommon	Sligo	Yes	01.10.2026
Fiachra	Beirne	LSA A.C.	Lusk A.C.	Dublin	Dublin	No	01.05.2026
Aimad	Belayd	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Tom	Bennett	Blackwater A.C.	Ballyduff A.C.	Waterford	Waterford	No	22.06.2026
Niall	Bennis	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
Niamh	Bergin	Celtic DCH A.C.	Dublin City Harriers A.C.	Dublin	Dublin	No	01.05.2026
Sean	Blackburn	Leevale A.C.	Back 2 Boston Running C	Cork	Limerick	Yes	12.09.2026
Isabella	Blanche	Ballon Rathoe A.C.	St. Laurence. O'Toole A.C	Carlow	Carlow	No	01.02.2026
Sophia	Blanche	Ballon Rathoe A.C.	St. Laurence. O'Toole A.C	Carlow	Carlow	No	01.02.2026
Oscar	Blount	Rathkenny A.C.	Tír Chonaill A.C.	Meath	Donegal	Yes	12.04.2026
Ciaran	Boggan	St. Coca's A.C.	Na Fianna A.C.	Kildare	Meath	Yes	08.05.2026
Peter	Bohan	Clonliffe Harriers A.C.	Sportsworld A.C.	Dublin	Dublin	No	01.05.2026
Paul	Bolger	Kilkenny City Harriers A.C.	Liffey Valley A.C.	Kilkenny	Dublin	Yes	01.10.2026
Clodagh	Bolger	St. Catherine's A.C.	Ballyduff A.C.	Cork	Waterford	Yes	29.06.2026
Maeve	Bolton Lee	Sliabh Bhuide Rovers A.C.	Gorey A.C.	Wexford	Wexford	No	22.01.2026
Aisling	Bones	Claremorris A.C.	St. Colmans South Mayo A	Mayo	Mayo	No	01.05.2026
Millie	Bones	Claremorris A.C.	St. Colmans South Mayo A	Mayo	Mayo	No	01.05.2026
Rene	Borg	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Evie	Bourke	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	No	01.10.2026
Ailish	Bourke	St. Catherine's A.C.	Youghal A.C.	Cork	Cork	No	01.10.2026
Darren	Bourke	St. Catherine's A.C.	Youghal A.C.	Cork	Cork	No	01.10.2026
Niall	Bourke	St. Catherine's A.C.	Youghal A.C.	Cork	Cork	No	01.10.2026
Liam	Bowe	Racing 795 A.C.	Sliabh Bhuide Rovers A.C	Wexford	Wexford	No	21.01.2026
Brendan	Boyce	Finn Valley A.C.	Cork City A.C.	Donegal	Cork	Yes	01.02.2026
Eimear	Boyle	Star of the Sea A.C.	Lusk A.C.	Meath	Dublin	Yes	01.10.2026
Seamus	Boyle	Tír Chonaill A.C.	Finn Valley A.C.	Donegal	Donegal	No	01.05.2026

Aaron	Boyle floody	Portlaoise A.C.	Emo/Rath A.C.	Laois	Laois	No	12.01.2026
Mia	Boyou	Iveragh A.C.	Killarney Valley A.C.	Kerry	Kerry	No	01.05.2026
Marcus	Bradshaw	Lake District A.C.	Mayo A.C.	Mayo	Mayo	No	01.10.2026
Cathryn	Brady	Brothers Pearse A.C.	Blackrock (Dublin) A.C.	Dublin	Dublin	No	18.09.2026
George	Brady	Dublin Bay Running A.C.	Donadea Running A.C.	Dublin	Kildare	Yes	06.01.2026
Sarah	Brady	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.02.2026
Caroline	Brady	LSA A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.10.2026
Grace	Brady	LSA A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.05.2026
Ethan	Bramhill	Greystones and District A.C	Dundrum South Dublin A	Wicklow	Dublin	Yes	01.05.2026
Sienna Rose	Bramhill	Greystones and District A.C	Dundrum South Dublin A	Wicklow	Dublin	Yes	01.05.2026
Eleanor	Breen	Killarney Valley A.C.	Kenmare A.C.	Kerry	Kerry	No	01.10.2026
Áine	Breen	Lios Tuathail A.C.	St. Brendan's A.C.	Kerry	Kerry	No	03.09.2026
Anthony	Breen	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Emer	Brennan	Clonmel A.C.	Kilkenny City Harriers A.	Tipperary	Kilkenny	Yes	01.10.2026
Walter	Brennan	East Galway A.C.	Athenry A.C.	Galway	Galway	No	01.10.2026
Ella	Brennan	Letterkenny A.C.	Finn Valley A.C.	Donegal	Donegal	No	10.02.2026
Anna	Brennan	St. Andrews A.C.	Le Chéile A.C.	Meath	Kildare	Yes	03.06.2026
Ben	Brennan	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	19.08.2026
Frank	Brennan	Portlaoise A.C.	Emo/Rath A.C.	Laois	Laois	No	01.02.2026
Jonathon	Brennan-Kierans	Dublin Front Runners A.C.	Kells A.C.	Dublin	Meath	Yes	01.02.2026
Tom	Breslin	Dooneen A.C.	D.U.H.A.C.	Limerick	Dublin	Yes	17.04.2026
Darren	Bridges	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
Aoife	Brock	Roundwood and District A.	Dundrum South Dublin A	Wicklow	Dublin	Yes	01.10.2026
Amy	Broderick	Castlegar A.C.	Craughwell A.C.	Galway	Galway	No	01.05.2026
Niamh	Brogan	Fr. Murphy A.C.	Drogheda and District A.	Meath	Louth	Yes	01.10.2026
David	Brown	Mayo A.C.	Claremorris A.C.	Mayo	Mayo	No	21.01.2026
Patrick	Browne	Dublin Mountain Running	Metro/St. Brigid's A.C.	Dublin	Dublin	No	01.02.2026
Aisling	Browne	Gneeveguilla A.C.	Duhallow A.C.	Kerry	Cork	Yes	03.06.2026
James	Browne	Lios Tuathail A.C.	Dooneen A.C.	Kerry	Limerick	Yes	01.10.2026
Aaron	Browne	Rathfarnham W.S.A.F. A.C.	Lakeshore Striders A.C.	Dublin	Wicklow	Yes	01.10.2026
Leona	Browne	Watergrasshill A.C.	Carraig-Na-Bhfear A.C.	Cork	Cork	No	01.10.2026
Evie	Buckley	D.M.P. A.C.	St. Killians A.C.	Wexford	Wexford	No	03.09.2026
Zara	Buckley	Dooneen A.C.	Dundrum South Dublin A	Limerick	Dublin	Yes	28.07.2026
Gary	Buckley	Kilmallock A.C.	Limerick A.C.	Limerick	Limerick	No	01.05.2026
Maeve	Buckley	Leevale A.C.	Togher A.C.	Cork	Cork	No	01.02.2026
Fionn	Buckley	Midleton A.C.	Cork City A.C.	Cork	Cork	No	01.05.2026
Liam	Buggy	Ballyfin A.C.	Camross Runners A.C.	Laois	Laois	No	01.10.2026
Nicole	Burke	Castlerea Crusaders A.C.	Roscommon A.C.	Roscommon	Roscommon	No	01.10.2026
Sophie	Burke	Castlerea Crusaders A.C.	Roscommon A.C.	Roscommon	Roscommon	No	01.10.2026
Eimear	Burke	Eagle A.C.	Glanmire A.C.	Cork	Cork	No	01.02.2026
Matthew	Burke	East Galway A.C.	Tuam A.C.	Galway	Galway	No	01.05.2026
Willie John	Burke	Ennis Track A.C.	St. Cronans A.C.	Clare	Clare	No	01.05.2026
Thomas	Burke	Fanahan Mc Sweeney A.C.	Leevale A.C.	Cork	Cork	No	01.05.2026
Vanessa	Burke	Grange/Fermoy A.C.	Leevale A.C.	Cork	Cork	No	01.05.2026
Bronagh	Burke	S.R.L. A.C.	Reeside A.C.	Roscommon	Roscommon	No	16.01.2026
Cliodhna	Burke	S.R.L. A.C.	Reeside A.C.	Roscommon	Roscommon	No	16.01.2026
Tomás	Burke	S.R.L. A.C.	Reeside A.C.	Roscommon	Roscommon	No	16.01.2026
Aidan	Burke	Waterford A.C.	Cork Track Club A.C.	Waterford	Cork	Yes	01.10.2026
Laura	Burke	Mayo A.C.	Galway City Harriers A.C	Mayo	Galway	Yes	18.09.2026
Clara	Burns	Spa-Fenit Barrow A.C.	St. Brendan's A.C.	Kerry	Kerry	No	01.05.2026
Graham	Bushe	Glendalough Harriers A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Graham	Bushe	Greystones and District A.C	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Graham	Bushe	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Robbie	Butler	Loch Lurgan A.C.	Galway City Harriers A.C	Galway	Galway	No	01.02.2026
David	Butler	St. Finbarrs A.C.	Eagle A.C.	Cork	Cork	No	01.10.2026
Noah	Byrd	Blarney/Inniscara A.C.	Cork City A.C.	Cork	Cork	No	01.10.2026

Julie	Byrne	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.10.2026
Ryan	Byrne	East Galway A.C.	Athenry A.C.	Galway	Galway	No	01.05.2026
Lisa	Byrne	Sliabh Bhuide Rovers A.C.	Kilcoole A.C.	Wexford	Wicklow	Yes	01.05.2026
Ailbhe	Byrne	Suncroft A.C.	Newbridge A.C.	Kildare	Kildare	No	01.02.2026
Laoise	Byrne	Suncroft A.C.	Newbridge A.C.	Kildare	Kildare	No	01.10.2026
Grainne	Byrne	Tallaght A.C.	Kingswood Running Club	Dublin	Dublin	No	01.05.2026
Eugene	Byrne	St. Killians A.C.	Slaney Olympic A.C.	Wexford	Wexford	No	01.05.2026
Allen	Byrnes	Lusk A.C.	Skerries A.C.	Dublin	Dublin	No	01.02.2026
Niya	Cahalane Collins	Carrigaline A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Henry	Cahill	St. Coca's A.C.	Donore Harriers A.C.	Kildare	Dublin	Yes	03.03.2026
Andrea	Campbell	Balbriggan and District A.C	Skerries A.C.	Dublin	Dublin	No	01.02.2026
Sonia	Carey	Civil Service Harriers A.C.	Dunboyne A.C.	Dublin	Meath	Yes	01.05.2026
Roisin	Carey	Templemore A.C.	Thurles Crokes A.C.	Tipperary	Tipperary	No	01.02.2026
Maria	Carolan	Balbriggan and District A.C	Duleek and District A.C.	Dublin	Meath	Yes	01.05.2026
Nicholas	Carolan	Boyne A.C.	Drogheda and District A.C	Louth	Louth	No	01.05.2026
Caoimhe	Carolan	Cork Track Club A.C.	Great Island Athletics A.C	Cork	Cork	No	01.10.2026
Cian	Carrigy	East Galway A.C.	St. Cronans A.C.	Galway	Clare	Yes	01.05.2026
Cillian	Carrigy	East Galway A.C.	St. Cronans A.C.	Galway	Clare	Yes	01.05.2026
Odhrán	Carrigy	East Galway A.C.	St. Cronans A.C.	Galway	Clare	Yes	01.05.2026
Erin	Carroll	Midleton A.C.	Carraig Mhór A.C.	Cork	Cork	No	02.04.2026
Ciara	Carter	Sligo A.C.	North Sligo A.C.	Sligo	Sligo	No	01.05.2026
Luke	Carter	Up and Out Fitness A.C.	Lusk A.C.	Dublin	Dublin	No	01.02.2026
Sarah	Carty	St. Killians A.C.	D.M.P. A.C.	Wexford	Wexford	No	01.10.2026
Molly	Casey	Enniscorthy A.C.	St. Killians A.C.	Wexford	Wexford	No	01.10.2026
Sadhbh	Casey	Enniscorthy A.C.	St. Killians A.C.	Wexford	Wexford	No	01.10.2026
Laura	Cashman	Cork City A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Raymond	Cassin	Donadea Running A.C.	Marathon Club Ireland A.	Kildare	Clare	Yes	22.04.2026
Marie	Chapman	Marathon Club Ireland A.C.	Slaney Olympic A.C.	Clare	Wexford	Yes	01.02.2026
Mpho	Chauke	Dooneen A.C.	St. Laurence. O'Toole A.C	Limerick	Carlow	Yes	18.05.2026
Joe	Chawke	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
Ellie	Cheasty	Ferrybank A.C.	St. Mary's A.C. Ballygunn	Waterford	Waterford	No	26.01.2026
Povilas	Cherdnok	Bohermeen A.C.	Ratoath A.C.	Meath	Meath	No	01.10.2026
Ianek	Chisi	Rathcoole A.C.	Dundrum South Dublin A	Dublin	Dublin	No	28.07.2026
Jack	Cichosz	Tracton A.C.	Durrus A.C.	Cork	Cork	No	01.05.2026
Max	Cichosz	Tracton A.C.	Durrus A.C.	Cork	Cork	No	01.05.2026
Hannah	Claasen	S.R.L. A.C.	Athlone A.C.	Roscommon	Westmeath	Yes	27.05.2026
Holly	Claasen	S.R.L. A.C.	Athlone A.C.	Roscommon	Westmeath	Yes	27.05.2026
Maggie -Jean	Clabby	Corrib A.C.	Galway City Harriers A.C	Galway	Galway	No	26.08.2026
Rupert	Claisse	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Elizabeth	Clancy	Ballincollig A.C.	Kilcoole A.C.	Cork	Wicklow	Yes	01.10.2026
Katie	Clarke	Ardee and District A.C.	Dunleer A.C.	Louth	Louth	No	03.04.2026
Stephen	Clarke	Blackrock (Louth) A.C.	Dundalk St. Gerards A.C.	Louth	Louth	No	08.05.2026
Aaron	Clarke	Dundalk St. Gerards A.C.	North East Runners A.C.	Louth	Louth	No	01.05.2026
Emma	Clarke	Marino A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	19.05.2026
Niamh	Clarke	Rathfarnham W.S.A.F. A.C.	Sportsworld A.C.	Dublin	Dublin	No	20.04.2026
Lar	Cleary	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
Andrey	Cleary	Emerald A.C.	Limerick A.C.	Limerick	Limerick	No	01.10.2026
Annette	Cleary	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Clodagh	Clifford	North Cork A.C.	West Limerick A.C.	Cork	Limerick	Yes	01.02.2026
Roisin	Clifford	North Cork A.C.	West Limerick A.C.	Cork	Limerick	Yes	01.02.2026
Leonard	Clougher-Holmes	Crusaders A.C.	Donore Harriers A.C.	Dublin	Dublin	No	06.01.2026
Hannah	Cochrane	Bandon A.C.	Courcey A.C.	Cork	Cork	No	14.01.2026
Jonathan	Cody	Glendalough Harriers A.C.	Menapians A.C.	Wicklow	Wexford	Yes	22.01.2026
Freya	Coholan	Courcey A.C.	Leevale A.C.	Cork	Cork	No	01.02.2026
Mikey	Coleman	Crusaders A.C.	West Waterford A.C.	Dublin	Waterford	Yes	01.02.2026
Stephen	Coller	Celbridge A.C.	Raheny Shamrock A.C.	Kildare	Dublin	Yes	09.09.2026

Siobhan	Colleran	East Mayo A.C.	Marino A.C.	Mayo	Dublin	Yes	25.05.2026
Andrew	Collins	Cork Track Club A.C.	Grange/Fermoy A.C.	Cork	Cork	No	15.06.2026
Daragh	Collins	Croghan A.C.	St. Benedict Inbhear Mór	Wexford	Wicklow	Yes	07.03.2026
Niall	Collins	Croghan A.C.	St. Benedict Inbhear Mór	Wexford	Wicklow	Yes	11.04.2026
Jerry	Collins	Mooreabbey Milers A.C.	Dundrum A.C.	Tipperary	Tipperary	No	01.02.2026
Lauren	Collins	Mooreabbey Milers A.C.	Dundrum A.C.	Tipperary	Tipperary	No	01.02.2026
Aoife	Colreavy	East Galway A.C.	Athenry A.C.	Galway	Galway	No	01.05.2026
Ruth	Comerford	Waterford A.C.	Raheny Shamrock A.C.	Waterford	Dublin	Yes	18.09.2026
Diarmuid	Conlon	Athlone A.C.	Reeside A.C.	Westmeath	Roscommon	Yes	01.02.2026
Senan	Conlon	Reeside A.C.	Roscommon A.C.	Roscommon	Roscommon	No	01.10.2026
Oran	Conneely	Trim A.C.	St. Coca's A.C.	Meath	Kildare	Yes	08.01.2026
Ava	Connell	Finisk Valley A.C.	West Waterford A.C.	Waterford	Waterford	No	10.09.2026
Eva-Rose	Connell	Kildare A.C.	Oughaval A.C.	Kildare	Laois	Yes	12.01.2026
Senan	Connell	Kildare A.C.	Oughaval A.C.	Kildare	Laois	Yes	12.01.2026
Anna	Connelly	Skibbereen A.C.	Bandon A.C.	Cork	Cork	No	01.05.2026
Matthew	Connolly	Croghan A.C.	Glaslough Harriers A.C.	Wexford	Monaghan	Yes	01.05.2026
Ciarán	Connolly	Dundrum South Dublin A.C	U.C.D. A.C.	Dublin	Dublin	No	01.05.2026
Paul	Conroy	Mid Sutton A.C.	Dundrum South Dublin A	Dublin	Dublin	No	03.03.2026
Cormac	Conroy	Sli Cualann A.C.	Parnell A.C.	Wicklow	Wicklow	No	08.06.2026
Diana	Considine	Edenderry A.C.	Rhode A.C.	Offaly	Offaly	No	01.02.2026
Tommy	Considine	West Clare Sports and Fitne	Ennis Track A.C.	Clare	Clare	No	01.02.2026
Joshua	Conway	Bray Runners A.C.	Cabinteely A.C.	Wicklow	Dublin	Yes	01.10.2026
Lonan	Conway	Ballincollig A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Louise	Coogan	Kilkenny City Harriers A.C.	Blackrock (Dublin) A.C.	Kilkenny	Dublin	Yes	01.10.2026
Niamh	Cook	St. Marys (Clare) A.C.	Ennis Track A.C.	Clare	Clare	No	03.04.2026
Caroline	Cooke	Croghan A.C.	Gorey A.C.	Wexford	Wexford	No	03.09.2026
Francesca	Cooke	Crusaders A.C.	Ratoath A.C.	Dublin	Meath	Yes	01.05.2026
Maggie	Cooke	Crusaders A.C.	Ratoath A.C.	Dublin	Meath	Yes	01.05.2026
Aoife	Cooke	Eagle A.C.	Glanmire A.C.	Cork	Cork	No	01.02.2026
Mark	Corbett	Bray Runners A.C.	Corran A.C	Wicklow	Sligo	Yes	16.09.2026
Rachel	Corcoran	Athlone A.C.	Roscommon Harriers A.C	Westmeath	Roscommon	Yes	07.02.2026
Margaret	Corcoran	Croghan A.C.	Gorey A.C.	Wexford	Wexford	No	28.05.2026
Aoibhinn	Corcoran	East Galway A.C.	Athenry A.C.	Galway	Galway	No	01.05.2026
Conor	Corcoran	East Galway A.C.	Athenry A.C.	Galway	Galway	No	01.05.2026
Charlie	Corcoran	Westport A.C.	Swinford A.C.	Mayo	Mayo	No	01.02.2026
Niamh	Corry	Raheny Shamrock A.C.	Westport A.C.	Dublin	Mayo	Yes	01.02.2026
Noah	Cosgrave	Bree A.C.	Enniscorthy A.C.	Wexford	Wexford	No	01.02.2026
Laura	Cosgrove	Midleton A.C.	Ballintotis Fit4Life A.C.	Cork	Cork	No	05.02.2026
Ella	Costello	Suck Valley A.C.	Roscommon A.C.	Roscommon	Roscommon	No	28.01.2026
Liam	Cotter	Togher A.C.	Riverstick/Kinsale A.C.	Cork	Cork	No	01.02.2026
Mary	Cotter	Tracton A.C.	St. Finbarrs A.C.	Cork	Cork	No	01.02.2026
Callan	Coughlan	Clonliffe Harriers A.C.	Dublin Front Runners A.C	Dublin	Dublin	No	01.10.2026
Rory	Cousins	Donore Harriers A.C.	Ardee and District A.C.	Dublin	Louth	Yes	01.10.2026
Kevin	Coyne	Naomh Ciaran A.C.	Edenderry A.C.	Offaly	Offaly	No	13.02.2026
Loraine	Creane	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	08.01.2026
Gemma	Creaton	Galway City Harriers A.C.	Maree A.C	Galway	Galway	No	01.05.2026
Laoise	Crinion	Rathfarnham W.S.A.F. A.C.	Crusaders A.C.	Dublin	Dublin	No	03.03.2026
Rachel	Cronin	Craughwell A.C.	Athenry A.C.	Galway	Galway	No	01.02.2026
Avril	Cronin	Ballymore Cobh A.C.	Great Island Athletics A.C	Cork	Cork	No	01.10.2026
Colin	Crosby	Cushinstown A.C.	Star of the Sea A.C.	Meath	Meath	No	01.05.2026
Madisyn	Crosby	Cushinstown A.C.	Star of the Sea A.C.	Meath	Meath	No	01.05.2026
Peter	Crosby	Cushinstown A.C.	Star of the Sea A.C.	Meath	Meath	No	01.05.2026
Rob	Cross	Raheny Shamrock A.C.	Crusaders A.C.	Dublin	Dublin	No	01.02.2026
Cormac	Crotty	Annalee A.C.	U.C.D. A.C.	Cavan	Dublin	Yes	01.02.2026
Anabelle	Crowley	Blarney/Inniscara A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Alex	Crowley	Dublin City Harriers A.C.	Thurles Crokes A.C.	Dublin	Tipperary	Yes	01.10.2026

Emma	Crowley	Kilmihil A.C.	West Clare Sports and Fitn	Clare	Clare	No	01.10.2026
Maria	Cuddy	Portlaoise A.C.	Camross Runners A.C.	Laois	Laois	No	01.10.2026
Fiona	Culhane	Lakeshore Striders A.C.	Maree A.C	Wicklow	Galway	Yes	24.02.2026
Sean	Cullen	Barrow Valley A.C.	St. Laurence. O'Toole A.C	Carlow	Carlow	No	18.05.2026
Alfie	Cullen	Kilmurray/Ibrick/N.Clare A.	Kilmihil A.C.	Clare	Clare	No	01.10.2026
Codie	Culleton	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No	19.05.2026
Jamie	Culleton	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No	19.05.2026
Justyna	Culleton	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No	22.04.2026
Osian Prys	Cummins	Brothers Pearse A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.10.2026
Alfie	Cummins	Cork Track Club A.C.	Great Island Athletics A.C	Cork	Cork	No	01.05.2026
Charlie	Cummins	Cork Track Club A.C.	Great Island Athletics A.C	Cork	Cork	No	01.05.2026
Edward	Cummins	Donadea Running A.C.	Clane A.C.	Kildare	Kildare	No	06.01.2026
Paul	Cummins	Tallaght A.C.	Brothers Pearse A.C.	Dublin	Dublin	No	01.02.2026
Graham	Cummins	Watergrasshill A.C.	Glanmire A.C.	Cork	Cork	No	01.10.2026
Ella	Curley	Croghan A.C.	Gorey A.C.	Wexford	Wexford	No	01.02.2026
Killian	Curran	Blackrock (Dublin) A.C.	U.C.D. A.C.	Dublin	Dublin	No	01.02.2026
Abbie	Curran	Duleek and District A.C.	Dublin Front Runners A.C	Meath	Dublin	Yes	01.05.2026
Rui	Da Silva	Waterford A.C.	St. Mary's A.C. Ballygunn	Waterford	Waterford	No	10.01.2026
Tony	Daley	Athenry A.C.	Galway Trail Running A.C	Galway	Galway	No	25.03.2026
Suzanne	Daly	Dunboyne A.C.	Le Chéile A.C.	Meath	Kildare	Yes	03.06.2026
Molly	Daly	Kilkenny City Harriers A.C.	U.C.D. A.C.	Kilkenny	Dublin	Yes	01.10.2026
David	Daly	Skerries A.C.	Lusk A.C.	Dublin	Dublin	No	01.02.2026
Alan	Daly	Watergrasshill A.C.	Glanmire A.C.	Cork	Cork	No	29.06.2026
Ava	Darcy	Redeemer A.C.	St. Peter's A.C.	Louth	Louth	No	14.01.2026
Rebecca	Darcy	Redeemer A.C.	Dundalk St. Gerards A.C.	Louth	Louth	No	14.01.2026
Sarah	Darcy	Redeemer A.C.	Dundalk St. Gerards A.C.	Louth	Louth	No	14.01.2026
Claire	Davis	Lusk A.C.	LSA A.C.	Dublin	Dublin	No	01.02.2026
Sinéad	Davis	Lusk A.C.	LSA A.C.	Dublin	Dublin	No	01.02.2026
Anna	De Courcy	Waterford A.C.	St. Senans A.C.	Waterford	Kilkenny	Yes	01.02.2026
Ciaran	De Paor	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	26.08.2026
Darragh	De Paor	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Jamie	De Paor	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	26.08.2026
Katie	De Paor	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	26.08.2026
Pauline	De Paor	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	26.08.2026
Saoirse	De Paor	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Deirdre	Deane	Buttevant A.C.	Doneraile A.C.	Cork	Cork	No	01.05.2026
Rachel	Deane	Up and Out Fitness A.C.	Navan A.C.	Dublin	Meath	Yes	01.10.2026
Clare	Deegan	Balbriggan and District A.C	Marathon Club Ireland A.	Dublin	Clare	Yes	01.10.2026
Deirdre	Deegan	Balbriggan and District A.C	Lusk A.C.	Dublin	Dublin	No	01.02.2026
Jack	Deegan	Greystones and District A.C	Kilcoole A.C.	Wicklow	Wicklow	No	11.05.2026
Josh	Deehan	Dunshaughlin A.C.	Le Chéile A.C.	Meath	Kildare	Yes	01.05.2026
Michael	Deehan	Dunshaughlin A.C.	Le Chéile A.C.	Meath	Kildare	Yes	01.05.2026
Shauna	Deevy	Finisk Valley A.C.	West Waterford A.C.	Waterford	Waterford	No	01.02.2026
Sofia	Delfino	Ferrybank A.C.	Tramore A.C.	Waterford	Waterford	No	01.05.2026
Bobby	Devane	Fr. Murphy A.C.	Ratoath A.C.	Meath	Meath	No	01.10.2026
Willow	Devane	Fr. Murphy A.C.	Ratoath A.C.	Meath	Meath	No	01.10.2026
Juliette	Devaney	Swinford A.C.	Moy Valley A.C.	Mayo	Mayo	No	01.10.2026
Niamh	Devaney	Swinford A.C.	Moy Valley A.C.	Mayo	Mayo	No	01.10.2026
Ruby	Devereaux	Youghal A.C.	Cork City A.C.	Cork	Cork	No	01.05.2026
Michael	Devine	Clonliffe Harriers A.C.	Brothers Pearse A.C.	Dublin	Dublin	No	23.07.2026
Catherine	Devitt	Greystones and District A.C	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Catherine	Devitt	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Arlen	Devlin	Olympian Youth A.C.	Letterkenny A.C.	Derry	Donegal	Yes	18.05.2026
Baylin	Devlin	Olympian Youth A.C.	Letterkenny A.C.	Derry	Donegal	Yes	18.05.2026
Jamie	Diamond	Nephin A.C.	Westport A.C.	Mayo	Mayo	No	01.05.2026
Gráinne	Diamond Ebs	Skerries A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.02.2026

Lamine	Diarrassouba	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
Conor	Dickenson	Dublin Mountain Running C	Inbhear Dee A.C.	Dublin	Wicklow	Yes	22.04.2026
Mia	Dillon	Togher A.C.	Belgooly A.C.	Cork	Cork	No	01.10.2026
Skye	Dinneen	Leevale A.C.	Togher A.C.	Cork	Cork	No	16.02.2026
Grainne	Divilly	Togher A.C.	Eagle A.C.	Cork	Cork	No	24.09.2026
Ciaran	Doherty	Clonliffe Harriers A.C.	Leevale A.C.	Dublin	Cork	Yes	03.09.2026
Debra	Doherty	Dublin Front Runners A.C.	Liberties Running Club	Dublin	Dublin	No	17.04.2026
Liam	Dolan	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	04.02.2026
Maria	Dolan	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	04.02.2026
Declan	Donaghy	Waterford A.C.	Inishowen A.C.	Waterford	Donegal	Yes	01.02.2026
Aida	Donlon	Togher A.C.	Cork City A.C.	Cork	Cork	No	01.10.2026
Billy	Donlon	Togher A.C.	Cork City A.C.	Cork	Cork	No	01.10.2026
Damien	Donnery	Kenmare A.C.	Tralee Harriers A.C.	Kerry	Kerry	No	01.10.2026
Sam	Donovan	Courcey A.C.	Riverstick/Kinsale A.C.	Cork	Cork	No	08.05.2026
Michael	Donovan	Mooreabbey Milers A.C.	Tipperary Town A.C.	Tipperary	Tipperary	No	06.10.2026
Aran	Dorney	Kilcoole A.C.	Greystones and District A	Wicklow	Wicklow	No	01.02.2026
Michelle	Dorney	Midleton A.C.	Aghada Running Club A.C	Cork	Cork	No	03.09.2026
Amy	Dowd	Corrib A.C.	Slyne Head A.C.	Galway	Galway	No	01.02.2026
Joe	Dowd	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Bernie	Dowd	Corrib A.C.	Slyne Head A.C.	Galway	Galway	No	01.02.2026
Catriona	Doyle	Balbriggan and District A.C	Marathon Club Ireland A.	Dublin	Clare	Yes	01.02.2026
Liam	Doyle	Balbriggan and District A.C	Marathon Club Ireland A.	Dublin	Clare	Yes	01.02.2026
Anita	Doyle	Ballymun A.C.	Artane/Beaumont Running	Dublin	Dublin	No	01.05.2026
Colin	Doyle	Leevale A.C.	Cork Track Club A.C.	Cork	Cork	No	01.02.2026
Conor	Doyle	Lusk A.C.	Dublin Bay Running A.C.	Dublin	Dublin	No	01.10.2026
John	Doyle	Portmarnock A.C.	Killarney Valley A.C.	Dublin	Kerry	Yes	01.02.2026
PJ	Doyle	Sli Cualann A.C.	Tomnafinnogue A.C.	Wicklow	Wicklow	No	18.03.2026
Alan	Drinkwater	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Muriel	Drinkwater	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Ryan	Duffy	Blackrock (Dublin) A.C.	Dundrum South Dublin A	Dublin	Dublin	No	20.03.2026
Sarah	Duffy	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	16.03.2026
Brian	Duffy	Edenderry A.C.	Tullamore Harriers A.C.	Offaly	Offaly	No	01.02.2026
Mark	Duffy	Glaslough Harriers A.C.	Blackrock (Dublin) A.C.	Monaghan	Dublin	Yes	06.01.2026
Paul	Duffy	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Adrian	Duignan	Galway City Harriers A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Leo	Duignan	S.R.L. A.C.	Athlone A.C.	Roscommon	Westmeath	Yes	28.01.2026
David	Dumitrescu	Shannon A.C.	Ennis Track A.C.	Clare	Clare	No	01.02.2026
Luca	Dumitrescu	Shannon A.C.	Ennis Track A.C.	Clare	Clare	No	01.02.2026
Aaron	Dunne	Dundealgan A.C.	North East Runners A.C.	Louth	Louth	No	01.10.2026
Richard	Dunne	Liffey Valley A.C.	North Sligo A.C.	Dublin	Sligo	Yes	15.04.2026
Ava	Dunne	Rathcoole A.C.	Tallaght A.C.	Dublin	Dublin	No	01.05.2026
Caroline	Dunne	Roscommon Harriers A.C.	Castlerea Crusaders A.C.	Roscommon	Roscommon	No	02.09.2026
Brendan	Dunne	Sliabh Bhuide Rovers A.C.	Gorey A.C.	Wexford	Wexford	No	01.05.2026
Mikey	Durney	S.R.L. A.C.	Athlone A.C.	Roscommon	Westmeath	Yes	13.04.2026
Deirdre	Durnin	Ratoath A.C.	Garristown Flyers A.C.	Meath	Dublin	Yes	17.04.2026
Jeremiah	Duru	St. Laurence. O'Toole A.C.	Crusaders A.C.	Carlow	Dublin	Yes	01.10.2026
Brianna	Dwyer Carty	Tallaght A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.10.2026
Gabriel	Ebo	Midleton A.C.	Belgooly A.C.	Cork	Cork	No	03.06.2026
Abaas Adam	Edris	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Ian	Egan	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Aoibhinn	Egan-Kelly	Ballon Rathoe A.C.	St. Laurence. O'Toole A.C	Carlow	Carlow	No	01.02.2026
Georgia	Elliott-Kearns	Lusk A.C.	Portmarnock A.C.	Dublin	Dublin	No	01.10.2026
Philip	Emo	Sportsworld A.C.	Dublin Front Runners A.C	Dublin	Dublin	No	17.04.2026
Tolulope	Eniola	Fingallians A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.10.2026
Colm	Ennis	Dublin Front Runners A.C.	Liberties Running Club	Dublin	Dublin	No	11.02.2026
Nolan	Esther	Craughwell A.C.	Loughrea A.C.	Galway	Galway	No	22.01.2026

Daniel	Etukudoh	An Ríocht A.C.	Titans A.C.	Kerry	Dublin	Yes	01.05.2026
Emily	Everson	Enniscorthy A.C.	St. Killians A.C.	Wexford	Wexford	No	09.04.2026
George	Eyres	Crusaders A.C.	Dunboyne A.C.	Dublin	Meath	Yes	01.02.2026
Stephen	Fagan	Portmarnock A.C.	Artane/Beaumont Runnin	Dublin	Dublin	No	01.10.2026
Mark	Fahy	St. Michael's A.C.	Camross Runners A.C.	Laois	Laois	No	01.10.2026
Brian	Fallon	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Michael	Fallon	Tralee Harriers A.C.	Roscommon Harriers A.C	Kerry	Roscommon	Yes	01.05.2026
Caoimhe	Fallon	Tuam A.C.	Galway City Harriers A.C	Galway	Galway	No	01.05.2026
Adam	Farrell	Carraig-Na-Bhfear A.C.	United Striders A.C.	Cork	Wexford	Yes	09.04.2026
Lily	Farrell	Celtic DCH A.C.	Dublin City Harriers A.C.	Dublin	Dublin	No	01.05.2026
Shane	Farrell	Clonliffe Harriers A.C.	Artane/Beaumont Runnin	Dublin	Dublin	No	06.01.2026
Simon	Farrell	Donore Harriers A.C.	Le Chéile A.C.	Dublin	Kildare	Yes	01.02.2026
Niamh	Farrell	Letterkenny A.C.	Crusaders A.C.	Donegal	Dublin	Yes	01.10.2026
Paige	Farrell	Menapians A.C.	St. Pauls A.C.	Wexford	Wexford	No	05.10.2026
Piper	Farrell	Menapians A.C.	St. Pauls A.C.	Wexford	Wexford	No	05.10.2026
Sarah	Farrelly	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.05.2026
Rosemary	Faulkner	Dunboyne A.C.	Dunshaughlin A.C.	Meath	Meath	No	01.02.2026
Jennifer	Feeney	St. Catherine's A.C.	Grange/Fermoy A.C.	Cork	Cork	No	01.10.2026
Alexandra	Fellner Ring	Blackrock (Dublin) A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.05.2026
Molly	Fenton	Ardmore A.C.	West Waterford A.C.	Waterford	Waterford	No	01.02.2026
Patricia	Ferguson	Tallaght A.C.	Skerries A.C.	Dublin	Dublin	No	01.02.2026
Ella	Ferru	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.02.2026
Conor	Ferry	Star of the Sea A.C.	Clonliffe Harriers A.C.	Meath	Dublin	Yes	01.10.2026
Ada	Finn	Cork City A.C.	Belgooly A.C.	Cork	Cork	No	01.02.2026
Olan	Finn	Cork City A.C.	Belgooly A.C.	Cork	Cork	No	01.02.2026
Ailbhe	Finucane	Templeogue A.C.	Donore Harriers A.C.	Dublin	Dublin	No	01.02.2026
Danny	Fitzpatrick	Bohermeen A.C.	Navan A.C.	Meath	Meath	No	01.05.2026
Ella	Fitzpatrick	Brothers Pearse A.C.	Dundrum South Dublin A	Dublin	Dublin	No	22.09.2026
Sandra	Fitzpatrick	Portlaoise A.C.	Ballyskenach A.C.	Laois	Offaly	Yes	17.04.2026
Caoimhe	Fitzsimons	Ratoath A.C.	Donore Harriers A.C.	Meath	Dublin	Yes	01.05.2026
Alan	Flaherty	Tuam A.C.	Corofin A.C.	Galway	Galway	No	19.03.2026
Ruth	Flanagan	Dundrum South Dublin A.C	Crusaders A.C.	Dublin	Dublin	No	01.02.2026
Ava	Flanagan	North Cork A.C.	Kilmallock A.C.	Cork	Limerick	Yes	01.02.2026
Nathan	Flannery	Moy Valley A.C.	Ballycastle A.C.	Mayo	Mayo	No	31.03.2026
Maia	Flavin	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No	24.01.2026
Drew	Fleming	Edenderry A.C.	Athlone A.C.	Offaly	Westmeath	Yes	01.02.2026
Sean	Flynn	Ballinamore A.C.	Longford A.C.	Leitrim	Longford	Yes	01.10.2026
Cathy	Flynn	St. Brendan's A.C.	Ballybunnion Running Cl	Kerry	Kerry	No	01.02.2026
Colm	Flynn	Togher A.C.	Cork Track Club A.C.	Cork	Cork	No	01.02.2026
Samuel	Flynn	Newbridge A.C.	Crookstown Millview A.C	Kildare	Kildare	No	01.02.2026
James	Folan	Tallaght A.C.	Brothers Pearse A.C.	Dublin	Dublin	No	01.05.2026
Robyn	Foley	Farranfore Maine Valley A.C	Star of the Laune A.C.	Kerry	Kerry	No	01.10.2026
Liz	Foley	St. Nicholas A.C.	Grange/Fermoy A.C.	Cork	Cork	No	01.10.2026
Siobhan	Foley	Togher A.C.	Youghal A.C.	Cork	Cork	No	03.09.2026
Ger	Forde	Crusaders A.C.	Naas A.C.	Dublin	Kildare	Yes	01.02.2026
Glen	Forde	Liffey Valley A.C.	Lusk A.C.	Dublin	Dublin	No	01.10.2026
Emma	Forde	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	01.10.2026
Gemma	Forde	St. Colmans South Mayo A.	Lake District A.C.	Mayo	Mayo	No	01.10.2026
Lauren	Forde	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	01.10.2026
Dylan	Forman	Shelters Running Communi	Raheny Shamrock A.C.	Dublin	Dublin	No	01.02.2026
Kayla	Fox	Ballymore Cobh A.C.	Great Island Athletics A.C	Cork	Cork	No	01.02.2026
Richard	Fox	Sli Cualann A.C.	Parnell A.C.	Wicklow	Wicklow	No	05.02.2026
Saidhbh	Franey Hynes	St. Killians A.C.	D.M.P. A.C.	Wexford	Wexford	No	01.10.2026
Aine	Frawley	St. Marys (Limerick) A.C.	Nenagh Olympic A.C.	Limerick	Tipperary	Yes	01.02.2026
Charlie	Furlong	Bree A.C.	Enniscorthy A.C.	Wexford	Wexford	No	09.04.2026
Ollie	Furlong	Bree A.C.	Enniscorthy A.C.	Wexford	Wexford	No	09.04.2026

Gavin	Furlong	Portmarnock A.C.	Artane/Beaumont Runnin	Dublin	Dublin	No	01.05.2026
Charlie	Gaffney	Leevale A.C.	Cork Track Club A.C.	Cork	Cork	No	01.02.2026
Hannah	Gallagher	Moy Valley A.C.	Sligo A.C.	Mayo	Sligo	Yes	05.10.2026
Hannah	Gallagher	North Sligo A.C.	Moy Valley A.C.	Sligo	Mayo	Yes	02.10.2026
Richard	Gallagher	Le Chéile A.C.	Kilkenny City Harriers A.	Kildare	Kilkenny	Yes	10.05.2026
Clara	Garel	Cork City A.C.	Togher A.C.	Cork	Cork	No	01.02.2026
Malla	Garvey	Crusaders A.C.	Cabinteely A.C.	Dublin	Dublin	No	18.09.2026
Archie	Gavin	Clonmel A.C.	Newport AC	Tipperary	Tipperary	No	01.05.2026
Juliana Stankevici	Gea	St. Cronans A.C.	Ennis Track A.C.	Clare	Clare	No	01.05.2026
Jackson	Geary	Ennis Track A.C.	St. Cronans A.C.	Clare	Clare	No	01.02.2026
Michelle	Geoghegan	Trim A.C.	Navan A.C.	Meath	Meath	No	11.04.2026
Shannon	Gibney	Sportsworld A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.10.2026
Aaron	Gibson	Celtic DCH A.C.	Dublin City Harriers A.C.	Dublin	Dublin	No	01.05.2026
Scott	Gibson	Leevale A.C.	Cork Track Club A.C.	Cork	Cork	No	01.02.2026
Lucy	Gill	Tír Móna A.C.	Crookstown Millview A.C	Kildare	Kildare	No	01.05.2026
Sebastian	Gillett	Donore Harriers A.C.	Greystones and District A	Dublin	Wicklow	Yes	18.02.2026
Carmela	Gimena Lavena	Crusaders A.C.	Blackrock (Dublin) A.C.	Dublin	Dublin	No	01.05.2026
Ella Grace	Ginty	Swinford A.C.	Moy Valley A.C.	Mayo	Mayo	No	01.10.2026
Holly Jane	Ginty	Swinford A.C.	Moy Valley A.C.	Mayo	Mayo	No	01.10.2026
Quinlan	Gladding	Westport A.C.	Swinford A.C.	Mayo	Mayo	No	01.02.2026
Helen	Gleed	Lusk A.C.	Skerries A.C.	Dublin	Dublin	No	01.02.2026
Lara	Gleeson	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.02.2026
Sophie	Gleeson	Roundwood and District A.C	Dundrum South Dublin A	Wicklow	Dublin	Yes	16.03.2026
Etaoin	Gleeson	Westport A.C.	Suncroft A.C.	Mayo	Kildare	Yes	12.02.2026
Matthew	Glitz	Portmarnock A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	03.03.2026
Adam	Glover	Templeogue A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.10.2026
Aine	Glynn	Raheny Shamrock A.C.	Galway City Harriers A.C	Dublin	Galway	Yes	01.02.2026
John	Goggin	St. Finbarrs A.C.	Carrigaline A.C.	Cork	Cork	No	18.05.2026
Jennifer	Goggin Walsh	Cork City A.C.	Leevale A.C.	Cork	Cork	No	01.05.2026
Alice	Gonzales	Dundrum A.C.	Moyne A.C.	Tipperary	Tipperary	No	01.02.2026
Ailbhe	Gordon	Greystones and District A.C	Dunboyne A.C.	Wicklow	Meath	Yes	01.10.2026
Irene	Gorman	Crusaders A.C.	Raheny Shamrock A.C.	Dublin	Dublin	No	01.10.2026
Leo	Gormley	Crusaders A.C.	U.C.D. A.C.	Dublin	Dublin	No	01.02.2026
Tom	Gormley	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.02.2026
Frank	Goss	St. Catherine's A.C.	Youghal A.C.	Cork	Cork	No	06.01.2026
James	Grace	Lakeshore Striders A.C.	Dublin Front Runners A.C	Wicklow	Dublin	Yes	01.05.2026
Katie	Grant	East Galway A.C.	Athenry A.C.	Galway	Galway	No	05.05.2026
Mia	Grant	Mooreabbey Milers A.C.	Dundrum A.C.	Tipperary	Tipperary	No	01.05.2026
Karen	Greaney	Ballybunnion Running Club	West Limerick A.C.	Kerry	Limerick	Yes	01.10.2026
Phoebe	Green	Blarney/Inniscara A.C.	Carraig-Na-Bhfear A.C.	Cork	Cork	No	02.04.2026
Denis(Danny)	Green	Sli Cualann A.C.	St. Benedict Inbhear Mór	Wicklow	Wicklow	No	05.01.2026
Toni	Gregov	D.M.P. A.C.	Menapians A.C.	Wexford	Wexford	No	01.02.2026
Paulette	Griffin	Ballymun A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.02.2026
Róisín	Griffin	Galway City Harriers A.C.	Craughwell A.C.	Galway	Galway	No	02.04.2026
Laoise	Griffin	Tralee Harriers A.C.	An Ríocht A.C.	Kerry	Kerry	No	01.10.2026
Harriet	Grimes	Metro/St. Brigid's A.C.	Crusaders A.C.	Dublin	Dublin	No	01.05.2026
Olivier	Griseti	Castlegar A.C.	Athenry A.C.	Galway	Galway	No	01.05.2026
Tim	Grummell	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Ashley	Guinan	Lusk A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.10.2026
Imogen	Guinness	Civil Service Harriers A.C.	Crusaders A.C.	Dublin	Dublin	No	01.02.2026
Kaavish	Gupta	Clonliffe Harriers A.C.	Lusk A.C.	Dublin	Dublin	No	01.05.2026
Jack	Haley	Waterford A.C.	Donore Harriers A.C.	Waterford	Dublin	Yes	01.05.2026
Liam	Hall	Loch Lurgan A.C.	Galway City Harriers A.C	Galway	Galway	No	01.02.2026
Gergő	Halmai	Westport A.C.	Castlebar A.C.	Mayo	Mayo	No	08.05.2026
Nessa	Halpin Colclough	West Limerick A.C.	Nenagh Olympic A.C.	Limerick	Tipperary	Yes	01.10.2026
Fiona	Hamill	Fr. Murphy A.C.	Bohermeen A.C.	Meath	Meath	No	01.10.2026

Ryan	Hand	Clonliffe Harriers A.C.	Lusk A.C.	Dublin	Dublin	No	28.01.2026
Joe	Handy	Blackrock (Dublin) A.C.	Crusaders A.C.	Dublin	Dublin	No	01.05.2026
Richie	Hanley	Mayo A.C.	Le Chéile A.C.	Mayo	Kildare	Yes	01.04.2026
Brid	Hannon	Grange/Fermoy A.C.	Mallow A.C.	Cork	Cork	No	05.02.2026
Amy	Hanrahan	Watergrasshill A.C.	Carraig-Na-Bhfear A.C.	Cork	Cork	No	06.01.2026
Noel	Hanratty	Trim A.C.	Drumshanbo A.C.	Meath	Leitrim	Yes	01.10.2026
James	Harrington	Carrick Aces A.C.	Shercock A.C.	Monaghan	Cavan	Yes	01.10.2026
Jay	Harrison	Milford A.C.	Letterkenny A.C.	Donegal	Donegal	No	01.05.2026
Wesley	Harrison	Sportsworld A.C.	Inbhear Dee A.C.	Dublin	Wicklow	Yes	01.02.2026
Philip	Harrison	Up and Out Fitness A.C.	Lusk A.C.	Dublin	Dublin	No	01.05.2026
Laoise	Harte	Clonakilty Juvenile A.C	Bandon A.C.	Cork	Cork	No	01.05.2026
Sarah	Harte	Leevale A.C.	Eagle A.C.	Cork	Cork	No	19.06.2026
Shauna	Harvey	Killybegs A.C.	Tír Chonaill A.C.	Donegal	Donegal	No	01.05.2026
Charlie	Hassett	Templemore A.C.	Nenagh Olympic A.C.	Tipperary	Tipperary	No	31.01.2026
Esmée	Hassett	Templemore A.C.	Nenagh Olympic A.C.	Tipperary	Tipperary	No	31.01.2026
Aaron	Hastings	Westport A.C.	Swinford A.C.	Mayo	Mayo	No	01.02.2026
Kyle	Hastings	Westport A.C.	Swinford A.C.	Mayo	Mayo	No	01.02.2026
Molly	Hawker	Leevale A.C.	Belgooly A.C.	Cork	Cork	No	01.10.2026
Brian	Hawkins	Carraig-Na-Bhfear A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Peter	Hawkins	Carraig-Na-Bhfear A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Richard	Hawkins	Carraig-Na-Bhfear A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Timmy	Hawkins	Carraig-Na-Bhfear A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Emma	Hayes	Togher A.C.	Cork City A.C.	Cork	Cork	No	01.05.2026
Cormac	Healion	Templemore A.C.	Nenagh Olympic A.C.	Tipperary	Tipperary	No	01.10.2026
Milo	Healy	Dublin Striders A.C.	Rathfarnham W.S.A.F. A.	Dublin	Dublin	No	30.03.2026
Katie	Healy	North Cork A.C.	Liscarroll A.C.	Cork	Cork	No	27.04.2026
Lily	Healy	North Cork A.C.	Liscarroll A.C.	Cork	Cork	No	27.04.2026
Ben	Healy	Youghal A.C.	Leevale A.C.	Cork	Cork	No	20.08.2026
Jacob	Hearst	Rathfarnham W.S.A.F. A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.05.2026
Lisa	Hegarty	Leevale A.C.	Glanmire A.C.	Cork	Cork	No	01.05.2026
Isabel	Hennessy	Ardee and District A.C.	Boyne A.C.	Louth	Louth	No	14.04.2026
Ailbhe	Hennessy	Tralee Harriers A.C.	St. Brendan's A.C.	Kerry	Kerry	No	01.10.2026
Sadeigh	Hennessy	Tralee Harriers A.C.	St. Brendan's A.C.	Kerry	Kerry	No	01.10.2026
Gerry	Hennigan	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Sean	Henry	Clonliffe Harriers A.C.	Donore Harriers A.C.	Dublin	Dublin	No	01.05.2026
Cathal	Henry	St. Laurence. O'Toole A.C.	St. Abbans A.C	Carlow	Laois	Yes	10.09.2026
Darragh	Henry	St. Laurence. O'Toole A.C.	St. Abbans A.C	Carlow	Laois	Yes	10.09.2026
Chris	Herlihy	St. Finbarrs A.C.	Glanmire A.C.	Cork	Cork	No	01.05.2026
Aoife	Hession	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	01.10.2026
Ciara	Hession	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	01.10.2026
Eve	Hession	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	01.10.2026
Shauna	Hession	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	01.10.2026
Eli	Hester	Corrib A.C.	Galway City Harriers A.C	Galway	Galway	No	26.08.2026
Millie	Hoashi	Dunboyne A.C.	Ratoath A.C.	Meath	Meath	No	01.02.2026
Dylan	Hoban	Suck Valley A.C.	Roscommon A.C.	Roscommon	Roscommon	No	01.05.2026
Noah	Hodnett	Belgooly A.C.	Riverstick/Kinsale A.C.	Cork	Cork	No	01.02.2026
Rian	Hodnett	Belgooly A.C.	Riverstick/Kinsale A.C.	Cork	Cork	No	01.02.2026
Blaithin	Holden	Kilkenny City Harriers A.C.	Clonliffe Harriers A.C.	Kilkenny	Dublin	Yes	01.02.2026
Roisin	Holmes	Cilles A.C.	Drogheda and District A.C	Meath	Louth	Yes	04.09.2026
Cyana	Holmes	Donore Harriers A.C.	Metro/St. Brigid's A.C.	Dublin	Dublin	No	01.05.2026
Zara	Holmes	Donore Harriers A.C.	Metro/St. Brigid's A.C.	Dublin	Dublin	No	01.05.2026
Senan	Honer	Dunboyne A.C.	Ratoath A.C.	Meath	Meath	No	01.05.2026
Maeve	Hopkins	Drumshanbo A.C.	Mohill A.C.	Leitrim	Leitrim	No	03.03.2026
Toby	Horgan	Crusaders A.C.	Blackrock (Dublin) A.C.	Dublin	Dublin	No	01.10.2026
Gabrielle	Horgan	Carrigaline A.C.	Cork City A.C.	Cork	Cork	No	01.02.2026
Roisin	Howard	Bandon A.C.	Bridevale A.C.	Cork	Cork	No	01.02.2026

Shane	Howard	Bandon A.C.	Bridevale A.C.	Cork	Cork	No	01.02.2026
Cian	Howell	West Sligo A.C.	Moy Valley A.C.	Sligo	Mayo	Yes	02.10.2026
Ciara	Howlin	Tullamore Harriers A.C.	Athlone A.C.	Offaly	Westmeath	Yes	11.02.2026
Theresa	Hughes	Athlone A.C.	Raheny Shamrock A.C.	Westmeath	Dublin	Yes	01.02.2026
Amelia	Hurley	Waterford A.C.	St. Mary's A.C. Ballygunn	Waterford	Waterford	No	01.02.2026
Lucy	Hurst	Dundealgan A.C.	Dundalk St. Gerards A.C.	Louth	Louth	No	01.05.2026
Henry	Hussey	Leevale A.C.	Cork City A.C.	Cork	Cork	No	01.10.2026
Eva	Hutchinson	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No	01.02.2026
Kate	Hutchinson	Belgooly A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Marie	Hyland	Blackrock (Dublin) A.C.	Crusaders A.C.	Dublin	Dublin	No	01.02.2026
Hollie	Hynes	Finisk Valley A.C.	West Waterford A.C.	Waterford	Waterford	No	05.05.2026
Cathlin	Hynes	Kilmore A.C.	D.M.P. A.C.	Wexford	Wexford	No	01.02.2026
Faith	Ikpefua	Tallaght A.C.	Dundrum South Dublin A	Dublin	Dublin	No	20.03.2026
Moses	Ikpefua	Tallaght A.C.	Dundrum South Dublin A	Dublin	Dublin	No	20.03.2026
Ken	Ince	Eagle A.C.	Glanmire A.C.	Cork	Cork	No	01.02.2026
Oluwatobi	Jabita	Tallaght A.C.	Titans A.C.	Dublin	Dublin	No	01.02.2026
Teresa	Jabkiewicz	Midleton A.C.	Leevale A.C.	Cork	Cork	No	01.02.2026
Mark	Jackman	Tramore A.C.	Waterford A.C.	Waterford	Waterford	No	01.02.2026
Kyra	Jarvis	St. Killians A.C.	Kilmore A.C.	Wexford	Wexford	No	01.02.2026
Tara	Jarvis	St. Killians A.C.	Wexford Marathon A.C.	Wexford	Wexford	No	01.02.2026
Brian	Jenkins	Dooneen A.C.	West Limerick A.C.	Limerick	Limerick	No	01.10.2026
Chloe	Jennings	Corran A.C	Tireragh A.C.	Sligo	Sligo	No	01.02.2026
Anne	Jennings	Dublin Bay Running A.C.	Donadea Running A.C.	Dublin	Kildare	Yes	01.05.2026
Caitriona	Johansson	Ballymore Cobh A.C.	Great Island Athletics A.C	Cork	Cork	No	03.09.2026
Erik	Johansson	Ballymore Cobh A.C.	Great Island Athletics A.C	Cork	Cork	No	01.10.2026
Flynn	Johansson	Ballymore Cobh A.C.	Great Island Athletics A.C	Cork	Cork	No	01.10.2026
Lana	Johansson	Ballymore Cobh A.C.	Great Island Athletics A.C	Cork	Cork	No	04.09.2026
Karina	Johns	Menapians A.C.	Gorey A.C.	Wexford	Wexford	No	01.07.2026
Seren Grace	Johnson	Mid Sutton A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.10.2026
Karl	Johnson	Na Fianna A.C.	Edenderry A.C.	Meath	Offaly	Yes	01.05.2026
Dylan	Jones	Crusaders A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.05.2026
Abigail	Jones	Derg A.C.	Tulla A.C.	Clare	Clare	No	01.02.2026
Jenny	Jones	Derg A.C.	Tulla A.C.	Clare	Clare	No	01.02.2026
Norah	Jones	Derg A.C.	Tulla A.C.	Clare	Clare	No	01.02.2026
Adrienne	Jordan	Crusaders A.C.	Metro/St. Brigid's A.C.	Dublin	Dublin	No	01.05.2026
Martin	Joyce	Crusaders A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.02.2026
Aoife	Joyce	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
John	Joyce	St. Coca's A.C.	Le Chéile A.C.	Kildare	Kildare	No	11.03.2026
Fiadh	Joyce	Westport A.C.	Aughagower A.C.	Mayo	Mayo	No	21.01.2026
Goodluck	Kamgba	Blackrock (Louth) A.C.	Ratoath A.C.	Louth	Meath	Yes	01.02.2026
Senan	Kampe	Kilkenny City Harriers A.C.	Ferrybank A.C.	Kilkenny	Waterford	Yes	01.05.2026
Cormac	Kane	St. Benedict Inbhear Mór A.	Bray Runners A.C.	Wicklow	Wicklow	No	01.02.2026
Layla Alisha	Kariveda	Waterford A.C.	St. Mary's A.C. Ballygunn	Waterford	Waterford	No	01.02.2026
Mary	Kealy	Galway City Harriers A.C.	Craughwell A.C.	Galway	Galway	No	01.02.2026
Dan	Keane	Craughwell A.C.	West Limerick A.C.	Galway	Limerick	Yes	28.01.2026
Shona	Keane	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
Lucy	Keane	Ferrybank A.C.	St. Mary's A.C. Ballygunn	Waterford	Waterford	No	01.05.2026
Eoghan	Keaney	Tallaght A.C.	An Ríocht A.C.	Dublin	Kerry	Yes	01.05.2026
Brian	Kearney	Leevale A.C.	Bandon A.C.	Cork	Cork	No	27.07.2026
Donna	Kearney	Lusk A.C.	Skerries A.C.	Dublin	Dublin	No	01.02.2026
Laura	Kearney	Lusk A.C.	Skerries A.C.	Dublin	Dublin	No	01.02.2026
Ryan	Keating	Mid Sutton A.C.	Raheny Shamrock A.C.	Dublin	Dublin	No	06.01.2026
James	Keegan	LSA A.C.	Donore Harriers A.C.	Dublin	Dublin	No	01.02.2026
Dylan	Keegan	Templeogue A.C.	Sportsworld A.C.	Dublin	Dublin	No	01.02.2026
Clare	Keeley	Sli Cualann A.C.	Kilcoole A.C.	Wicklow	Wicklow	No	22.04.2026
Rob	Kehoe	Ballincollig A.C.	Bandon A.C.	Cork	Cork	No	01.02.2026

Dylan	Kehoe	St. Laurence. O'Toole A.C.	Marathon Club Ireland A.	Carlow	Clare	Yes	10.02.2026
Karen	Kelleghan	Rhode A.C.	Naomh Mhuire A.C.	Offaly	Offaly	No	01.05.2026
Sam	Kelleher	Belgooly A.C.	Leevale A.C.	Cork	Cork	No	18.06.2026
Dermot	Kelleher	Midleton A.C.	Ballymore Cobh A.C.	Cork	Cork	No	03.02.2026
Kristina	Kelleher	Watergrasshill A.C.	Carraig Mhór A.C.	Cork	Cork	No	01.05.2026
Alicia	Kellett	Fingallians A.C.	Drogheda and District A.C	Dublin	Louth	Yes	01.10.2026
Ian	Kelly	Ballybunnion Running Club	West Limerick A.C.	Kerry	Limerick	Yes	01.10.2026
Janice	Kelly	Blackrock (Dublin) A.C.	Cabinteely A.C.	Dublin	Dublin	No	03.03.2026
Gary	Kelly	Dolmen A.C.	St. Laurence. O'Toole A.C	Carlow	Carlow	No	01.02.2026
Susanna	Kelly	Donore Harriers A.C.	Le Chéile A.C.	Dublin	Kildare	Yes	16.07.2026
Eric	Kelly	Glendalough Harriers A.C.	Milford A.C.	Wicklow	Donegal	Yes	01.10.2026
Adam	Kelly	St. Marys (Clare) A.C.	Fergus A.C.	Clare	Clare	No	03.04.2026
Reece	Kelly	St. Marys (Clare) A.C.	Fergus A.C.	Clare	Clare	No	03.04.2026
Aidan	Kelly	Tralee Harriers A.C.	An Ríocht A.C.	Kerry	Kerry	No	01.02.2026
Luke	Kelly	Tralee Harriers A.C.	An Ríocht A.C.	Kerry	Kerry	No	01.02.2026
Olive	Kelly	Tullamore Harriers A.C.	Carrick-on-Shannon A.C.	Offaly	Leitrim	Yes	10.01.2026
Pat	Kelly	Tullamore Harriers A.C.	Dundrum South Dublin A	Offaly	Dublin	Yes	01.05.2026
Valerie	Kelly	Watergrasshill A.C.	Glanmire A.C.	Cork	Cork	No	09.01.2026
Eoin	Kenefick	Dunshaughlin A.C.	Ratoath A.C.	Meath	Meath	No	01.10.2026
Glenn	Kenneally	Eagle A.C.	Belgooly A.C.	Cork	Cork	No	01.10.2026
Gordon	Kennedy	Crusaders A.C.	Cabinteely A.C.	Dublin	Dublin	No	13.05.2026
Jack	Kennedy	Crusaders A.C.	Cabinteely A.C.	Dublin	Dublin	No	01.05.2026
Patrick	Kennedy	Crusaders A.C.	Cabinteely A.C.	Dublin	Dublin	No	01.05.2026
Mary	Kennedy	Dualla Ballytarsna Boherlah	Thurles Crokes A.C.	Tipperary	Tipperary	No	03.04.2026
Ava	Kennedy	Raheny Shamrock A.C.	Clongriffin A.C.	Dublin	Dublin	No	01.05.2026
Maria	Kennedy	Raheny Shamrock A.C.	Clongriffin A.C.	Dublin	Dublin	No	01.05.2026
Sophia	Kennedy	Raheny Shamrock A.C.	Clongriffin A.C.	Dublin	Dublin	No	01.05.2026
Gavin	Kennedy	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Adam	Kennedy	Suck Valley A.C.	Roscommon A.C.	Roscommon	Roscommon	No	01.05.2026
Aoife	Kennedy	Suck Valley A.C.	Roscommon A.C.	Roscommon	Roscommon	No	01.05.2026
Darragh	Kennedy	Suck Valley A.C.	Roscommon A.C.	Roscommon	Roscommon	No	01.05.2026
Jack	Kennedy	Suck Valley A.C.	Roscommon A.C.	Roscommon	Roscommon	No	01.05.2026
Paul	Kennedy	Suck Valley A.C.	Roscommon A.C.	Roscommon	Roscommon	No	01.05.2026
Hannah	Kenny	St. Pats A.C.	Crookstown Millview A.C	Carlow	Kildare	Yes	26.03.2026
Spencer	Kenny	Templemore A.C.	Moyne A.C.	Tipperary	Tipperary	No	27.03.2026
Eileen	Kenny	Tullamore Harriers A.C.	St. Finbarrs A.C.	Offaly	Cork	Yes	01.02.2026
Ayvry	Kent	Ballon Rathoe A.C.	Barrow Valley A.C.	Carlow	Carlow	No	23.01.2026
Cale	Kent	Ballon Rathoe A.C.	Barrow Valley A.C.	Carlow	Carlow	No	23.01.2026
Fionnuala	Keogh	Dooneen A.C.	Derg A.C.	Limerick	Clare	Yes	01.02.2026
Isaiah	Kerins hussey	Celtic DCH A.C.	Dublin City Harriers A.C.	Dublin	Dublin	No	01.05.2026
Ciara	Kerrigan	Finn Valley A.C.	Lifford Strabane A.C.	Donegal	Donegal	No	29.09.2026
Ophelia Wilde	KIEFFER REDMON	Greystones and District A.C	Cabinteely A.C.	Wicklow	Dublin	Yes	17.04.2026
Amy Jo	Kierans	Oriel A.C.	U.C.D. A.C.	Monaghan	Dublin	Yes	01.02.2026
Jennifer	Kiernan	Lusk A.C.	Skerries A.C.	Dublin	Dublin	No	01.10.2026
Matthew	Kilbane	Emerald A.C.	Newport AC	Limerick	Tipperary	Yes	01.05.2026
Thomas	Kilbane	Emerald A.C.	Newport AC	Limerick	Tipperary	Yes	01.05.2026
Kate	Kilbane	Nephin A.C.	Westport A.C.	Mayo	Mayo	No	01.05.2026
Maisie	Kilcullen	West Sligo A.C.	Moy Valley A.C.	Sligo	Mayo	Yes	01.02.2026
Graham	Killeen	Parnell A.C.	Croghan A.C.	Wicklow	Wexford	Yes	01.05.2026
Darcey	Killeen	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	01.02.2026
Aisling	Killilea	Clonliffe Harriers A.C.	Rathkenny A.C.	Dublin	Meath	Yes	01.05.2026
Peter	Kinahan	Kildare A.C.	Oughaval A.C.	Kildare	Laois	Yes	01.05.2026
Tim	Kinahan	Kildare A.C.	Oughaval A.C.	Kildare	Laois	Yes	01.05.2026
Andrew	Kinane	Donore Harriers A.C.	Tara A.C.	Dublin	Meath	Yes	01.05.2026
Mollie	King	Birr A.C.	Tullamore Harriers A.C.	Offaly	Offaly	No	01.05.2026
Lauren	Kinkade	East Breffni A.C.	Shercock A.C.	Cavan	Cavan	No	18.08.2026

Théa	Kinnerk	Carrigaline A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Siobhán	Kinsella	Boyne A.C.	Drogheda and District A.C	Louth	Louth	No	01.02.2026
Dylan	Kirby	Sun Hill Harriers A.C.	Dooneen A.C.	Limerick	Limerick	No	05.05.2026
Michael	Kirwan	Templemore A.C.	Ballyskenach A.C.	Tipperary	Offaly	Yes	03.01.2026
Pia	Kramer	Donore Harriers A.C.	Crusaders A.C.	Dublin	Dublin	No	01.10.2026
Francois	Kulik	Sli Cualann A.C.	Cork City A.C.	Wicklow	Cork	Yes	16.02.2026
Lucy	Lacey	St. Killians A.C.	Enniscorthy A.C.	Wexford	Wexford	No	01.02.2026
Orla	Lambe	Raheny Shamrock A.C.	Kilkenny City Harriers A.	Dublin	Kilkenny	Yes	20.05.2026
Darragh	Langan	Westport A.C.	Aughagower A.C.	Mayo	Mayo	No	01.10.2026
Alicia	Law	Castleknock Running Club	Celbridge A.C.	Dublin	Kildare	Yes	01.10.2026
JP	Lawlor	Ballymun A.C.	Dooneen A.C.	Dublin	Limerick	Yes	08.01.2026
Gabriel	Le Donne	Ballymore Cobh A.C.	Cork City A.C.	Cork	Cork	No	01.10.2026
Pat	Leahy	Togher A.C.	Cork City A.C.	Cork	Cork	No	01.05.2026
Saoirse	Leahy	Togher A.C.	Cork City A.C.	Cork	Cork	No	01.05.2026
Sean	Leahy	Togher A.C.	Cork City A.C.	Cork	Cork	No	01.05.2026
Aoife	Leamy	Moycarkey Coolcroo A.C.	Moyne A.C.	Tipperary	Tipperary	No	01.05.2026
Danny	Leamy	Moycarkey Coolcroo A.C.	Moyne A.C.	Tipperary	Tipperary	No	01.05.2026
Lucia	Leggett	Shelters Running Communi	Coolock Running Club A.	Dublin	Dublin	No	01.02.2026
Isaac	Leith	Cabinteely A.C.	Blackrock (Dublin) A.C.	Dublin	Dublin	No	01.05.2026
Kristaps	Liepins	Watergrasshill A.C.	Glanmire A.C.	Cork	Cork	No	01.02.2026
Tommy	Lilley	Midleton A.C.	Carraig Mhór A.C.	Cork	Cork	No	01.02.2026
Hannah	Logue	Drogheda and District A.C.	Boyne A.C.	Louth	Louth	No	03.04.2026
Ava	Lombard	Suncroft A.C.	Newbridge A.C.	Kildare	Kildare	No	01.02.2026
Nikki	Long	Trim A.C.	Tuam A.C.	Meath	Galway	Yes	18.09.2026
Alison	Looney	St. Marys (Limerick) A.C.	West Limerick A.C.	Limerick	Limerick	No	01.10.2026
Eimear	Looney	St. Marys (Limerick) A.C.	West Limerick A.C.	Limerick	Limerick	No	01.10.2026
Phenyo	Lorato-Rakwadi	Leevale A.C.	Dundrum South Dublin A	Cork	Dublin	Yes	01.02.2026
Mina	Louca	Rathcoole A.C.	Tallaght A.C.	Dublin	Dublin	No	18.09.2026
Conor	Lovett	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
Danielle	Lowney	Boyne A.C.	Drogheda and District A.C	Louth	Louth	No	01.05.2026
Sydney	Lufuluabo	Belgooly A.C.	Cork City A.C.	Cork	Cork	No	01.02.2026
Keith	Lunders	Clonliffe Harriers A.C.	Artane/Beaumont Running	Dublin	Dublin	No	01.05.2026
Sofiia	LYMESHKO	Tír Chonaill A.C.	Killybegs A.C.	Donegal	Donegal	No	01.10.2026
Valeriia	LYMESHKO	Tír Chonaill A.C.	Killybegs A.C.	Donegal	Donegal	No	01.10.2026
Emer	Lynch	An Ríocht A.C.	Togher A.C.	Kerry	Cork	Yes	01.02.2026
Olivia	Lynch	Dooneen A.C.	Thurles Crokes A.C.	Limerick	Tipperary	Yes	03.04.2026
Blaine	Lynch	Finn Valley A.C.	Lifford Strabane A.C.	Donegal	Donegal	No	01.05.2026
Senan	Lynch	West Muskerry A.C.	Cork City A.C.	Cork	Cork	No	01.02.2026
Lucy	Lynch	Youghal A.C.	Cork City A.C.	Cork	Cork	No	01.02.2026
Zoe	Lynch	Youghal A.C.	Cork City A.C.	Cork	Cork	No	01.02.2026
Emma	Lyne	Ballincollig A.C.	Togher A.C.	Cork	Cork	No	01.02.2026
Yvonne	Macauley	Crusaders A.C.	Brothers Pearse A.C.	Dublin	Dublin	No	01.10.2026
Lily	Macken	S.R.L. A.C.	Athlone A.C.	Roscommon	Westmeath	Yes	26.03.2026
Finn	Macmahon	Emerald A.C.	Limerick A.C.	Limerick	Limerick	No	01.02.2026
Caoimhín	Macmaoláin	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Rían	MacMaoláin	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Decky	Madden	Castlegar A.C.	Ferbane A.C.	Galway	Offaly	Yes	01.02.2026
Dylan	Magorrian	Grange/Fermoy A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Sean	Magorrian	Grange/Fermoy A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Lily	Maher	Cilles A.C.	Drogheda and District A.C	Meath	Louth	Yes	01.05.2026
Maria	Maher	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
Luke	Mahon	Tullamore Harriers A.C.	Rhode A.C.	Offaly	Offaly	No	01.02.2026
Tim	Mahony	East Cork A.C.	Cork City A.C.	Cork	Cork	No	01.10.2026
Lydia	Mahony	Kildare A.C.	St. Michael's A.C.	Kildare	Laois	Yes	30.03.2026
Matthew	Mahony	Midleton A.C.	Cork City A.C.	Cork	Cork	No	01.02.2026
Breda	Mahony	Wexford Marathon A.C.	St. Killians A.C.	Wexford	Wexford	No	01.05.2026

William	Malone	Naas A.C.	Ballymun A.C.	Kildare	Dublin	Yes	06.01.2026
Jack	Maloney	Athlone A.C.	Ferbane A.C.	Westmeath	Offaly	Yes	01.02.2026
Robert	Malseed	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Adrian Simrashe	Mamombe	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No	01.02.2026
Lily	Manning	Belgooly A.C.	Eagle A.C.	Cork	Cork	No	01.10.2026
Nathalia	Manning	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.05.2026
Orlaith	Mannion	South Galway A.C.	U.C.D. A.C.	Galway	Dublin	Yes	01.10.2026
Dylan	Mannion	Tuam A.C.	Lake District A.C.	Galway	Mayo	Yes	01.02.2026
Tommy	Mannion	Tuam A.C.	Lake District A.C.	Galway	Mayo	Yes	01.02.2026
Ayla	Maricle	Ballymore Cobh A.C.	Glanmire A.C.	Cork	Cork	No	01.05.2026
Alannah	Marjara	Kells A.C.	Ratoath A.C.	Meath	Meath	No	01.02.2026
Ceola	Marjara	Kells A.C.	Ratoath A.C.	Meath	Meath	No	01.02.2026
Adam	Markey	Donadea Running A.C.	Tír Móna A.C.	Kildare	Kildare	No	01.02.2026
Paul	Markham	Lusk A.C.	Skerries A.C.	Dublin	Dublin	No	17.04.2026
Goran	Markus	Dundrum South Dublin A.C	Greystones and District A	Dublin	Wicklow	Yes	01.02.2026
Kyle	Marrey	Westport A.C.	Swinford A.C.	Mayo	Mayo	No	01.02.2026
Aoife	Marron	Celtic DCH A.C.	Metro/St. Brigid's A.C.	Dublin	Dublin	No	05.10.2026
Donal	Martin	Blackrock (Dublin) A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.02.2026
Mick	Martin	Raheny Shamrock A.C.	Navan A.C.	Dublin	Meath	Yes	01.05.2026
Charlie	Martin	Templeogue A.C.	Dundrum South Dublin A	Dublin	Dublin	No	07.04.2026
Philip	Matthews	Crusaders A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.02.2026
Carol	Mc Alpine	Lusk A.C.	Mayo A.C.	Dublin	Mayo	Yes	01.02.2026
Siobhan	Mc Ardle	Naas A.C.	Galway City Harriers A.C	Kildare	Galway	Yes	04.09.2026
Sean +A1+A3+A	Mc Caffrey	Glaslough Harriers A.C.	Dundrum South Dublin A	Monaghan	Dublin	Yes	18.09.2026
Bevan	Mc Caffrey	Annalee A.C.	Raheny Shamrock A.C.	Cavan	Dublin	Yes	01.05.2026
Michael	Mc Caffrey	Ratoath A.C.	St. Andrews A.C.	Meath	Meath	No	01.02.2026
Vivenne	Mc Carthy	Belgooly A.C.	Leevale A.C.	Cork	Cork	No	01.02.2026
Shane	Mc Carthy	Boyle A.C.	Celbridge A.C.	Roscommon	Kildare	Yes	01.10.2026
Mellissa	Mc Carthy	Clonmel A.C.	Marathon Club Ireland A.	Tipperary	Clare	Yes	01.05.2026
Dermot	Mc Carthy	Dublin Front Runners A.C.	Dundrum South Dublin A	Dublin	Dublin	No	14.08.2026
Anthony	Mc Carthy	Eagle A.C.	Glanmire A.C.	Cork	Cork	No	01.05.2026
Niall	Mc Carthy	U.C.D. A.C.	Bandon A.C.	Dublin	Cork	Yes	18.05.2026
Conor	Mc Caughley	Duleek and District A.C.	Ardee and District A.C.	Meath	Louth	Yes	15.04.2026
Kate	Mc Connell	Rathfarnham W.S.A.F. A.C.	Dundrum South Dublin A	Dublin	Dublin	No	16.03.2026
Aoife	Mc Crystal	Balbriggan and District A.C	Star of the Sea A.C.	Dublin	Meath	Yes	01.02.2026
Dylan	Mc Crystal	Balbriggan and District A.C	Star of the Sea A.C.	Dublin	Meath	Yes	01.02.2026
Rory	Mc Crystal	Balbriggan and District A.C	Star of the Sea A.C.	Dublin	Meath	Yes	01.02.2026
Sinead	Mc Dermott	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
Cuán	Mc Dermott	St. Benedict Inbhear Mór A.	Parnell A.C.	Wicklow	Wicklow	No	01.05.2026
Chris	Mc Elligott	North Clondalkin Running C	Le Chéile A.C.	Dublin	Kildare	Yes	19.09.2026
Eamonn Og	Mc Elligott	Spa-Fenit Barrow A.C.	Tralee Harriers A.C.	Kerry	Kerry	No	01.02.2026
Fiadh	Mc Elligott	Spa-Fenit Barrow A.C.	Tralee Harriers A.C.	Kerry	Kerry	No	01.02.2026
Seóna	Mc Elligott	Spa-Fenit Barrow A.C.	Tralee Harriers A.C.	Kerry	Kerry	No	01.02.2026
Una	Mc Entee	Boyne A.C.	Ace A.C.	Louth	Louth	No	05.05.2026
David	Mc Evoy	Crusaders A.C.	Donore Harriers A.C.	Dublin	Dublin	No	01.02.2026
Barry	Mc Evoy	Portlaoise A.C.	Dundrum South Dublin A	Laois	Dublin	Yes	17.04.2026
Sean	Mc Garrity	Clonliffe Harriers A.C.	Artane/Beaumont Running	Dublin	Dublin	No	01.10.2026
David	Mc Grath	Donore Harriers A.C.	Trim A.C.	Dublin	Meath	Yes	01.10.2026
Darragh	Mc Greal	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Emily	Mc Hugh	Finn Valley A.C.	Lifford Strabane A.C.	Donegal	Donegal	No	01.05.2026
Lauren	Mc Kenna	Crusaders A.C.	Blackrock (Dublin) A.C.	Dublin	Dublin	No	03.03.2026
Dylan	Mc Laughlin	Moyne A.C.	Thurles Crokes A.C.	Tipperary	Tipperary	No	01.10.2026
Colm	Mc Loughlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	No	21.01.2026
Aidan	Mc Loughlin	Loch Lurgan A.C.	Galway City Harriers A.C	Galway	Galway	No	01.10.2026
Annabel	Mc Loughlin	Loch Lurgan A.C.	Galway City Harriers A.C	Galway	Galway	No	01.10.2026
Allie	Mc Loughlin	Thurles Crokes A.C.	Moyne A.C.	Tipperary	Tipperary	No	10.04.2026

Lorna	Mc Namara	Kilmihil A.C.	West Clare Sports and Fitn	Clare	Clare	No	01.10.2026
Noelle	Mc Namara	Westport A.C.	Boyle A.C.	Mayo	Roscommon	Yes	07.02.2026
Edwin	McAree	Monaghan Town Runners A	North East Runners A.C.	Monaghan	Louth	Yes	04.09.2026
Thomas	McCabe	St. Andrews A.C.	Carrick Aces A.C.	Meath	Monaghan	Yes	26.02.2026
Luke	McCann	Spa-Fenit Barrow A.C.	St. Brendan's A.C.	Kerry	Kerry	No	01.02.2026
Alannah	McCarthy	Belgooly A.C.	Leevale A.C.	Cork	Cork	No	01.02.2026
Alan	McCarthy	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Matthew	Mccarthy	Belgooly A.C.	Leevale A.C.	Cork	Cork	No	01.02.2026
Harry	McCormack	Kildare A.C.	Newbridge A.C.	Kildare	Kildare	No	12.02.2026
Hugo	McCormack	Kildare A.C.	Newbridge A.C.	Kildare	Kildare	No	01.10.2026
Myles	McCormack	Kildare A.C.	Newbridge A.C.	Kildare	Kildare	No	12.02.2026
Maebh	McDermot	St. Benedict Inbhear Mór A.	Parnell A.C.	Wicklow	Wicklow	No	01.05.2026
Sean	Mcdermott	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Martina	Mcdonagh	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Kyna	McDonagh	Corran A.C	South Sligo A.C.	Sligo	Sligo	No	01.05.2026
Teagan	McDonagh	Corran A.C	South Sligo A.C.	Sligo	Sligo	No	01.05.2026
Ciaran	McDonagh	Fr. Murphy A.C.	Ratoath A.C.	Meath	Meath	No	01.10.2026
Fionn	McDonagh	Fr. Murphy A.C.	Ratoath A.C.	Meath	Meath	No	01.10.2026
Naoise	McDonagh	Fr. Murphy A.C.	Ratoath A.C.	Meath	Meath	No	01.10.2026
Eddie	McDonald	Adamstown A.C.	United Striders A.C.	Wexford	Wexford	No	01.05.2026
Molly	McDonald	Adamstown A.C.	United Striders A.C.	Wexford	Wexford	No	01.05.2026
Martha	McDonald	Knocks Running Club A.C.	Clones A.C.	Fermanagh	Monaghan	Yes	02.10.2026
Aoibh	Mcdonough	Crusaders A.C.	Blackrock (Dublin) A.C.	Dublin	Dublin	No	01.10.2026
Eoin	McEntee	Boyne A.C.	Ace A.C.	Louth	Louth	No	05.05.2026
Sean	McEvoy	Dooneen A.C.	Donore Harriers A.C.	Limerick	Dublin	Yes	24.09.2026
Freya	Mcevoy	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No	01.02.2026
Finn	McGillycuddy	Tralee Harriers A.C.	An Ríocht A.C.	Kerry	Kerry	No	01.10.2026
Cormac	McGrane	Sli Cualann A.C.	Inbhear Dee A.C.	Wicklow	Wicklow	No	18.08.2026
Alison	McGuinness	Ferbane A.C.	Athlone A.C.	Offaly	Westmeath	Yes	01.05.2026
Lorcan	McGuinness	Ferbane A.C.	Athlone A.C.	Offaly	Westmeath	Yes	01.05.2026
Conor	Mcguirk	Lusk A.C.	Raheny Shamrock A.C.	Dublin	Dublin	No	01.10.2026
Eoin	Mcguirk	Lusk A.C.	Raheny Shamrock A.C.	Dublin	Dublin	No	01.10.2026
Aidan	McKenna	Lusk A.C.	Dunboyne A.C.	Dublin	Meath	Yes	01.10.2026
Orla	McKenna	Naas A.C.	Ennis Track A.C.	Kildare	Clare	Yes	01.10.2026
Brendan	McMahon	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
John	McMahon	Portlaoise A.C.	Ballyroan Abbeyleix and I	Laois	Laois	No	01.05.2026
Saibh	McNally	Aughagower A.C.	Westport A.C.	Mayo	Mayo	No	01.10.2026
Ray	Mcnamara	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	No	01.10.2026
Aileen	McNamara	Westport A.C.	Swinford A.C.	Mayo	Mayo	No	01.02.2026
Katie	McNeill	Roscommon A.C.	Suck Valley A.C.	Roscommon	Roscommon	No	01.05.2026
Saoirse	McQuinn	Corrib A.C.	Galway City Harriers A.C	Galway	Galway	No	01.10.2026
Ella	McTigue	St. Coca's A.C.	Le Chéile A.C.	Kildare	Kildare	No	11.03.2026
Barry	Meehan	Fingallians A.C.	Ballymun A.C.	Dublin	Dublin	No	03.03.2026
Seanie	Meehan	St. Marys (Clare) A.C.	West Clare Sports and Fitn	Clare	Clare	No	01.10.2026
Anna	Meehan	Templemore A.C.	Nenagh Olympic A.C.	Tipperary	Tipperary	No	01.10.2026
Michelle	Meehan	Templemore A.C.	Nenagh Olympic A.C.	Tipperary	Tipperary	No	01.02.2026
Moira	Meehan	Templemore A.C.	Nenagh Olympic A.C.	Tipperary	Tipperary	No	01.10.2026
Richard	Melbourne	St. Joseph's A.C.	St. Mary's A.C. Ballygunn	Kilkenny	Waterford	Yes	01.02.2026
Holly	Merrigan	Blackrock (Dublin) A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.05.2026
Julius	Mickunas	Ballymore Cobh A.C.	Glanmire A.C.	Cork	Cork	No	01.02.2026
Ciana	Middleton	St. Colmans South Mayo A.	Lake District A.C.	Mayo	Mayo	No	01.10.2026
Kaia	Middleton	St. Colmans South Mayo A.	Lake District A.C.	Mayo	Mayo	No	01.10.2026
Tomas	Miklas	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.10.2026
Josh	Miller	North Cork A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Jack	Mills	Lucan Harriers A.C.	Donore Harriers A.C.	Dublin	Dublin	No	03.03.2026
Iris	Mills	Tara A.C.	Skerries A.C.	Meath	Dublin	Yes	01.02.2026

Elise	Milner	Emo/Rath A.C.	St. Michael's A.C.	Laois	Laois	No	01.10.2026
Pierce	Milner	Emo/Rath A.C.	St. Michael's A.C.	Laois	Laois	No	01.10.2026
Yvette	Milner	Emo/Rath A.C.	St. Michael's A.C.	Laois	Laois	No	01.10.2026
Kayleigh	Milward	Grange/Fermoy A.C.	Portlaoise A.C.	Cork	Laois	Yes	05.05.2026
Shane	Minogue	Moycarkey Coolcroo A.C.	LSA A.C.	Tipperary	Dublin	Yes	01.05.2026
George	Miotti	Monaghan Phoenix A.C.	Kells A.C.	Monaghan	Meath	Yes	01.10.2026
Ross	Miotti	Monaghan Phoenix A.C.	Kells A.C.	Monaghan	Meath	Yes	01.10.2026
ANDREI	MIRANOVICH	Gorey A.C.	Croghan A.C.	Wexford	Wexford	No	08.04.2026
Maya	Mobius	Blackrock (Dublin) A.C.	Cabinteely A.C.	Dublin	Dublin	No	01.02.2026
Charlie	Mogan	Newport AC	Limerick A.C.	Tipperary	Limerick	Yes	01.05.2026
Ciara	Molloy	Dunboyne A.C.	St. Andrews A.C.	Meath	Meath	No	01.10.2026
Kaitlyn	Molloy	Dunboyne A.C.	St. Andrews A.C.	Meath	Meath	No	01.10.2026
Ella	Molloy	Rosses A.C.	Tír Chonaill A.C.	Donegal	Donegal	No	01.05.2026
Carra	Molloy	Templemore A.C.	Thurles Crokes A.C.	Tipperary	Tipperary	No	01.02.2026
Sinead	Moloney	Crusaders A.C.	Slaney Olympic A.C.	Dublin	Wexford	Yes	21.04.2026
Paula	Molumphy	Blackwater A.C.	Ballyduff A.C.	Waterford	Waterford	No	02.07.2026
Dylan	Monaghan	St. Brigids A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	16.01.2026
Peter	Monahan	Sportsworld A.C.	Brothers Pearse A.C.	Dublin	Dublin	No	01.02.2026
Roisin	Mongey	Waterford A.C.	St. Mary's A.C. Ballygunn	Waterford	Waterford	No	01.02.2026
Aidan	Montague	Lucan Harriers A.C.	Moynalty A.C.	Dublin	Meath	Yes	17.01.2026
Martin	Mooney	Inishowen A.C.	Letterkenny A.C.	Donegal	Donegal	No	22.01.2026
Amanda	Mooney	Sli Cualann A.C.	Parnell A.C.	Wicklow	Wicklow	No	26.02.2026
Emma	Moore	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	No	01.10.2026
Khloe	Moran	Athenry A.C.	Craughwell A.C.	Galway	Galway	No	02.04.2026
Triona	Moran	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Ellen	Moran	Galway City Harriers A.C.	Leevale A.C.	Galway	Cork	Yes	08.10.2026
Aislí	Moran	Marian A.C.	Ennis Track A.C.	Clare	Clare	No	24.09.2026
Sophie	Moroney	Emerald A.C.	Dundrum South Dublin A	Limerick	Dublin	Yes	01.10.2026
Aidan	Morris	Bree A.C.	Enniscorthy A.C.	Wexford	Wexford	No	01.10.2026
Ollie	Morris	Loch Lurgan A.C.	Galway City Harriers A.C	Galway	Galway	No	01.10.2026
Lía	Morrissey	East Galway A.C.	Athenry A.C.	Galway	Galway	No	01.05.2026
Shay	Morrissey	East Galway A.C.	Athenry A.C.	Galway	Galway	No	01.05.2026
John	Morrisson	St. Catherine's A.C.	West Waterford A.C.	Cork	Waterford	Yes	01.02.2026
Gretta	Mounsey	Templemore A.C.	Nenagh Olympic A.C.	Tipperary	Tipperary	No	12.01.2026
Scarlett	Mounsey	Templemore A.C.	Nenagh Olympic A.C.	Tipperary	Tipperary	No	12.01.2026
Alana	Moynan	Derg A.C.	Nenagh Olympic A.C.	Clare	Tipperary	Yes	17.01.2026
Swapna	Muddamsetti	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Sandra	Mulcahy	Ballintotis Fit4Life A.C.	Aghada Running Club A.C	Cork	Cork	No	03.09.2026
Sarah	Muldowney	Cushinstown A.C.	Garristown Flyers A.C.	Meath	Dublin	Yes	30.01.2026
Ailbhe	Mullahy	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	01.10.2026
Katie	Mullan	Clonmel A.C.	Kilkenny City Harriers A.C	Tipperary	Kilkenny	Yes	01.02.2026
Andrew	Mullen	Rathfarnham W.S.A.F. A.C.	Parnell A.C.	Dublin	Wicklow	Yes	06.01.2026
Aoibheann	Mulligan	Shercock A.C.	U.C.D. A.C.	Cavan	Dublin	Yes	01.02.2026
Culann	Mulry	Suck Valley A.C.	Roscommon A.C.	Roscommon	Roscommon	No	10.02.2026
Max	Mulvey	Cushinstown A.C.	St. Andrews A.C.	Meath	Meath	No	01.02.2026
Vinny	Mulvey	Cushinstown A.C.	Raheny Shamrock A.C.	Meath	Dublin	Yes	01.02.2026
Keith	Mulvey	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	30.01.2026
Hank	Murnane	Inbhear Dee A.C.	Dundrum South Dublin A	Wicklow	Dublin	Yes	01.05.2026
Iona	Murnane	Inbhear Dee A.C.	Dundrum South Dublin A	Wicklow	Dublin	Yes	01.05.2026
Natasha	Murphy	Cherry Orchard Running A.	Liberties Running Club	Dublin	Dublin	No	03.03.2026
Danielle	Murphy	Clara A.C.	Birr A.C.	Offaly	Offaly	No	01.05.2026
Tiarnan	Murphy	Cork City A.C.	Leevale A.C.	Cork	Cork	No	04.09.2026
Amy	Murphy	Corran A.C	Carrick-on-Shannon A.C.	Sligo	Leitrim	Yes	28.02.2026
Joe	Murphy	Croghan A.C.	Gorey A.C.	Wexford	Wexford	No	22.01.2026
Rose Alice	Murphy	Dublin Front Runners A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.05.2026
Mark	Murphy	Eagle A.C.	Glanmire A.C.	Cork	Cork	No	01.02.2026

Cathal	Murphy	Finisk Valley A.C.	West Waterford A.C.	Waterford	Waterford	No	01.02.2026
Oisin	Murphy	Liffey Valley A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.05.2026
Barry	Murphy	Lusk A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.10.2026
Donnacha	Murphy	Millstreet A.C.	Togher A.C.	Cork	Cork	No	30.09.2026
Ellen	Murphy	Rathfarnham W.S.A.F. A.C.	Blackrock (Dublin) A.C.	Dublin	Dublin	No	21.09.2026
Marcus	Murphy	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Michael	Murphy	Tullamore Harriers A.C.	Mullingar Harriers A.C.	Offaly	Westmeath	Yes	01.10.2026
Isabelle	Murray	Ballincollig A.C.	Cork City A.C.	Cork	Cork	No	01.10.2026
Eilish	Murray	Blackwater A.C.	Ballyduff A.C.	Waterford	Waterford	No	13.07.2026
Gillian	Murtagh	Balbriggan and District A.C	Marathon Club Ireland A.	Dublin	Clare	Yes	01.02.2026
Sean	Murtagh	Balbriggan and District A.C	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.10.2026
Claire	Murtagh	Mullingar Harriers A.C.	Tullamore Harriers A.C.	Westmeath	Offaly	Yes	01.02.2026
Aoife Mai	Nash	Loughrea A.C.	Westport A.C.	Galway	Mayo	Yes	31.03.2026
Crona	Nash	Loughrea A.C.	Westport A.C.	Galway	Mayo	Yes	16.09.2026
Derek	Nash	Loughrea A.C.	Westport A.C.	Galway	Mayo	Yes	31.03.2026
Frank	Nash	Loughrea A.C.	Westport A.C.	Galway	Mayo	Yes	31.03.2026
Caoimhe	Naughton	Blackrock (Dublin) A.C.	Dundrum South Dublin A	Dublin	Dublin	No	29.09.2026
Thobekile	Ncube	Grange/Fermoy A.C.	Gneeveguilla A.C.	Cork	Kerry	Yes	01.05.2026
Adam	Neary	Star of the Laune A.C.	Killarney Valley A.C.	Kerry	Kerry	No	01.02.2026
Ana Lucia	Negry McGrath	Lusk A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.10.2026
Karin	Negry Mcgrath	Lusk A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.10.2026
Natasha	Neville	Le Chéile A.C.	Moy Valley A.C.	Kildare	Mayo	Yes	01.05.2026
Andy	Nevin	Mullingar Harriers A.C.	Coralstown Kinnegad A.C	Westmeath	Westmeath	No	01.02.2026
Grofu	Newell	Tuam A.C.	Castlegar A.C.	Galway	Galway	No	01.02.2026
Matthew	Newell	Tuam A.C.	Castlegar A.C.	Galway	Galway	No	01.02.2026
Alex	Newton	Donore Harriers A.C.	Crusaders A.C.	Dublin	Dublin	No	01.02.2026
Mairtin	Neylon	Midleton A.C.	Carrigtwohill A.C.	Cork	Cork	No	01.10.2026
Jayden	Ngwa	Midleton A.C.	Leevale A.C.	Cork	Cork	No	01.05.2026
Niah	Ní Chiardubháin(Kir	Dunboyne A.C.	Portmarnock A.C.	Meath	Dublin	Yes	01.05.2026
Bebhinn	Ni Chiosain	Moynalty A.C.	Liffey Valley A.C.	Meath	Dublin	Yes	01.10.2026
Fia	Ni Chomhraidhe	Emo/Rath A.C.	St. Michael's A.C.	Laois	Laois	No	01.10.2026
Aoife	Ni Mhaoileoin	Le Chéile A.C.	Dublin Mountain Running	Kildare	Dublin	Yes	17.04.2026
Edwin	Nienhuis	Balbriggan and District A.C	Ballybunnion Running Cl	Dublin	Kerry	Yes	23.09.2026
Eoin	Nolan	Caltra and District A.C.	Suck Valley A.C.	Galway	Roscommon	Yes	01.02.2026
Penny	Nolan	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No	08.10.2026
Lucy	Nolan	Belgooly A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Aoife	Noonan	Limerick A.C.	Back 2 Boston Running C	Limerick	Limerick	No	06.08.2026
Lucy	Noone	Templeogue A.C.	Donore Harriers A.C.	Dublin	Dublin	No	01.02.2026
Noemie	Ntoko	Raheny Shamrock A.C.	Clongriffin A.C.	Dublin	Dublin	No	01.02.2026
Jonathan	Nugent	Ballon Rathoe A.C.	St. Pats A.C.	Carlow	Carlow	No	02.05.2026
Kerrie	Nugent	Ballon Rathoe A.C.	St. Pats A.C.	Carlow	Carlow	No	02.05.2026
Ben	Nugent	Clonliffe Harriers A.C.	Clonmel A.C.	Dublin	Tipperary	Yes	01.02.2026
Fergus	Nugent	Eagle A.C.	Glanmire A.C.	Cork	Cork	No	01.05.2026
Chisom	Nwaejim	Metro/St. Brigid's A.C.	Tallaght A.C.	Dublin	Dublin	No	01.02.2026
Caitlin	O Brien	Barrow Valley A.C.	St. Laurence. O'Toole A.C	Carlow	Carlow	No	01.02.2026
Conall	O brien	Barrow Valley A.C.	St. Laurence. O'Toole A.C	Carlow	Carlow	No	01.02.2026
Jean	O Brien	Barrow Valley A.C.	St. Laurence. O'Toole A.C	Carlow	Carlow	No	01.02.2026
William	O brien	Brothers Pearse A.C.	Dundrum South Dublin A	Dublin	Dublin	No	03.03.2026
Jamie	O Brien	Naas A.C.	Newbridge A.C.	Kildare	Kildare	No	01.10.2026
Ollie	O Brien	Newport AC	Limerick A.C.	Tipperary	Limerick	Yes	01.05.2026
Hannah	O Brien	Star of the Laune A.C.	Killarney Valley A.C.	Kerry	Kerry	No	01.10.2026
Mike	O Brien	West Limerick A.C.	Togher A.C.	Limerick	Cork	Yes	03.09.2026
Setanta	Ó Brosnacháin	Ciarraí Thiar A.C.	Tralee Harriers A.C.	Kerry	Kerry	No	01.05.2026
Jim	O Byrne	Carrigaline A.C.	Eagle A.C.	Cork	Cork	No	01.02.2026
Donncha	O Callaghan	Togher A.C.	Leevale A.C.	Cork	Cork	No	15.02.2026
Caitriona	O Connell	Ballincollig A.C.	Donoughmore A.C.	Cork	Cork	No	01.02.2026

Lucy	O Connell	Kilmihil A.C.	St. Marys (Clare) A.C.	Clare	Clare	No	01.10.2026
Moya	O Connell	St. Colmans South Mayo A.	Clonliffe Harriers A.C.	Mayo	Dublin	Yes	12.02.2026
Paul	O Connell	Templemore A.C.	Ballyskenach A.C.	Tipperary	Offaly	Yes	22.06.2026
Lara	O Connor	Mid Sutton A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.02.2026
Rory	O Connor	Rathfarnham W.S.A.F. A.C.	Brothers Pearse A.C.	Dublin	Dublin	No	18.09.2026
Jessica	O Connor	Roundwood and District A.(	Bray Runners A.C.	Wicklow	Wicklow	No	01.05.2026
Anna	O Connor	Lusk A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.05.2026
Sean	O Crowley	Eagle A.C.	Bandon A.C.	Cork	Cork	No	14.02.2026
Niall	O Dea	Donore Harriers A.C.	Dunboyne A.C.	Dublin	Meath	Yes	01.02.2026
Phil	O Doherty	Clonliffe Harriers A.C.	Tullamore Harriers A.C.	Dublin	Offaly	Yes	01.02.2026
Lottie	O Grady	Kilmihil A.C.	West Clare Sports and Fitr	Clare	Clare	No	01.10.2026
Fearghal	O Hare	Crusaders A.C.	Raheny Shamrock A.C.	Dublin	Dublin	No	03.03.2026
Orla	O Keeffe	Gowran A.C.	Kilkenny City Harriers A.(	Kilkenny	Kilkenny	No	01.02.2026
Debra	O Leary	Clonakilty Road Runners A.	Bandon A.C.	Cork	Cork	No	03.09.2026
Aisling	O Leary	Cork Track Club A.C.	Great Island Athletics A.C	Cork	Cork	No	01.05.2026
Orla	O Leary	Kings River A.C.	Thomastown A.C.	Kilkenny	Kilkenny	No	24.06.2026
Nathan	O Leary	Leevale A.C.	Cork City A.C.	Cork	Cork	No	01.05.2026
Fiona	O Mahony	Togher A.C.	Leevale A.C.	Cork	Cork	No	03.06.2026
Sinead	O malley	Na Fianna A.C.	Galway City Harriers A.C	Meath	Galway	Yes	01.10.2026
June	O Neill	Castleknock Running Club	St. Michael's A.C.	Dublin	Laois	Yes	01.02.2026
Isaac	O Neill	Clonliffe Harriers A.C.	Ratoath A.C.	Dublin	Meath	Yes	01.10.2026
Aveline	O Neill	Gowran A.C.	Thomastown A.C.	Kilkenny	Kilkenny	No	12.06.2026
Rachael	O Neill	Raheny Shamrock A.C.	Westport A.C.	Dublin	Mayo	Yes	18.04.2026
Alex	O neill	Limerick Track A.C.	Donore Harriers A.C.	Limerick	Dublin	Yes	01.10.2026
Robyn	O Reilly	Clonmel A.C.	Thurles Crokes A.C.	Tipperary	Tipperary	No	27.03.2026
Rochelle	O Riordan	Lios Tuathail A.C.	Killarney Valley A.C.	Kerry	Kerry	No	01.10.2026
Dermot	O Rourke	Waterstown Warriors A.C.	Lucan Harriers A.C.	Dublin	Dublin	No	22.01.2026
Anthony	O Rourke	Lakeshore Striders A.C.	Brothers Pearse A.C.	Wicklow	Dublin	Yes	01.05.2026
Art	Ó Ruairc	Tara A.C.	Dunshaughlin A.C.	Meath	Meath	No	25.01.2026
Niamh	O Shea	Crookstown Millview A.C.	St. Laurence. O'Toole A.C	Kildare	Carlow	Yes	01.10.2026
Jack	O Shea	K.C.K. A.C.	West Waterford A.C.	Waterford	Waterford	No	01.10.2026
Annemarie	O Sullivan	Bandon A.C.	West Muskerry A.C.	Cork	Cork	No	01.02.2026
Linda	O Sullivan	Bandon A.C.	West Muskerry A.C.	Cork	Cork	No	01.02.2026
Tadhg	O Sullivan	Bweeng Trail Blazers A.C.	Glanmire A.C.	Cork	Cork	No	01.02.2026
Ben	O Sullivan	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Zoe	O Sullivan	Croghan A.C.	Gorey A.C.	Wexford	Wexford	No	01.10.2026
Simon	O Toole	Donore Harriers A.C.	Galway City Harriers A.C	Dublin	Galway	Yes	01.10.2026
Eoin	O’Connor	Rathfarnham W.S.A.F. A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.05.2026
Nicola	O’Regan	St. Nicholas A.C.	Grange/Fermoy A.C.	Cork	Cork	No	01.05.2026
Aoibheann	O'Brien	Crookstown Millview A.C.	Lakeshore Striders A.C.	Kildare	Wicklow	Yes	01.10.2026
Eddie	O'Brien	Galtee Runners A.C.	Grange/Fermoy A.C.	Cork	Cork	No	01.02.2026
Kate	O'Brien	St. Cronans A.C.	Fergus A.C.	Clare	Clare	No	16.01.2026
Connie	O'Brien	St. Cronans A.C.	Fergus A.C.	Clare	Clare	No	16.01.2026
Eve	O'Brien	St. Cronans A.C.	Fergus A.C.	Clare	Clare	No	16.01.2026
Isabella	O'BYRNE	Ballincollig A.C.	Cork City A.C.	Cork	Cork	No	01.10.2026
Lisa	O'Callaghan	Naas A.C.	Kingswood Running Club	Kildare	Dublin	Yes	01.09.2026
Sonya	O'Connell	Tír Chonaill A.C.	North Sligo A.C.	Donegal	Sligo	Yes	15.04.2026
Niall	O'Connor	An Ríocht A.C.	Duhallow A.C.	Kerry	Cork	Yes	01.10.2026
Christine	O'Connor	Dunboyne A.C.	Civil Service Harriers A.C	Meath	Dublin	Yes	01.05.2026
Aisling	O'Connor	Edenderry A.C.	Tullamore Harriers A.C.	Offaly	Offaly	No	01.02.2026
Michael	O'Conor	Crusaders A.C.	Liffey Valley A.C.	Dublin	Dublin	No	01.05.2026
Shea	O'Donnell	Ace A.C.	Drogheda and District A.C	Louth	Louth	No	01.10.2026
Declan	O'Donoghue	St. Finbarrs A.C.	Glanmire A.C.	Cork	Cork	No	01.05.2026
Erin	O'Driscoll	Bandon A.C.	Clonakilty Juvenile A.C	Cork	Cork	No	01.05.2026
Michael	O'Dwyer	Kilmallock A.C.	Dooneen A.C.	Limerick	Limerick	No	01.05.2026
Finbarr	O'Dwyer	Leevale A.C.	Mallow A.C.	Cork	Cork	No	01.05.2026

Lisa	O'Grady	Boyle A.C.	East Mayo A.C.	Roscommon	Mayo	Yes	31.03.2026
Majus	Ogulevicius	Galway City Harriers A.C.	West Coast A.C.	Galway	Galway	No	01.10.2026
Emmanuel	Ogwogwo	Cork City A.C.	Belgooly A.C.	Cork	Cork	No	08.10.2026
Samantha	Ogwu	Navan A.C.	Ratoath A.C.	Meath	Meath	No	01.10.2026
Stephen	O'Hara	Waterford A.C.	Cork City A.C.	Waterford	Cork	Yes	01.10.2026
Seren	O'Keeffe	Cork City A.C.	Leevale A.C.	Cork	Cork	No	01.05.2026
Gearoid	O'Keeffe	North Cork A.C.	Gneeveguilla A.C.	Cork	Kerry	Yes	01.05.2026
Sara	O'Mahony	Brothers Pearse A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.02.2026
Jason	O'Mahony	Eagle A.C.	Cork City A.C.	Cork	Cork	No	01.02.2026
Joshua	Omojola	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.02.2026
Evan	O'neill	Croghan A.C.	Gorey A.C.	Wexford	Wexford	No	01.02.2026
Sarah	O'Neill	West Muskerry A.C.	Riverstick/Kinsale A.C.	Cork	Cork	No	30.04.2026
Briana	Onoh	Leevale A.C.	Cork City A.C.	Cork	Cork	No	01.02.2026
Ryan	Onoh	Leevale A.C.	Cork City A.C.	Cork	Cork	No	01.02.2026
Kaya	Orbay	Monaghan Phoenix A.C.	Clones A.C.	Monaghan	Monaghan	No	01.02.2026
Sinead	O'Regan	Limerick A.C.	Glanmire A.C.	Limerick	Cork	Yes	22.09.2026
Luke	O'Reilly	Ballymore Cobh A.C.	Aghada Running Club A.C	Cork	Cork	No	05.02.2026
Danny	O'Reilly	Boyne A.C.	Drogheda and District A.C	Louth	Louth	No	01.05.2026
Darragh	O'Reilly	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.02.2026
John	O'Reilly	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.02.2026
Katie	O'Reilly	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.02.2026
Molly	O'Reilly	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.02.2026
Conor	O'Reilly	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Roisin	O'Reilly	U.C.D. A.C.	Dublin City Harriers A.C.	Dublin	Dublin	No	01.02.2026
Ethan	O'Reilly	Westport A.C.	Swinford A.C.	Mayo	Mayo	No	01.02.2026
Niamh	O'Riordan	An Ríocht A.C.	Ciarraí Thiar A.C.	Kerry	Kerry	No	01.05.2026
Sinead	O'Riordan	Dromahane Road Runners A	North Cork A.C.	Cork	Cork	No	20.01.2026
Ellen	O'Shea	Midleton A.C.	Ratoath A.C.	Cork	Meath	Yes	21.04.2026
Alan	O'Sullivan	Eagle A.C.	Cork City A.C.	Cork	Cork	No	01.02.2026
Lochlan	O'Sullivan	Lusk A.C.	Skerries A.C.	Dublin	Dublin	No	17.04.2026
Donall	O'Sullivan	Tralee Harriers A.C.	St. Brendan's A.C.	Kerry	Kerry	No	01.02.2026
Richard	Owens	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Kwadwo	Owusu	Brothers Pearse A.C.	Tallaght A.C.	Dublin	Dublin	No	01.10.2026
Aoife	Page	Liffey Valley A.C.	Galway City Harriers A.C	Dublin	Galway	Yes	26.08.2026
Orla	Pamplin	Thurles Crokes A.C.	Moyne A.C.	Tipperary	Tipperary	No	01.02.2026
Leah	Parker	Midleton A.C.	Carraig-Na-Bhfear A.C.	Cork	Cork	No	01.10.2026
Gary	Parker	Spa-Fenit Barrow A.C.	Tralee Harriers A.C.	Kerry	Kerry	No	01.02.2026
Jamie	Parker	Spa-Fenit Barrow A.C.	Tralee Harriers A.C.	Kerry	Kerry	No	01.02.2026
Roisin	Pastourel	Marino A.C.	Mid Sutton A.C.	Dublin	Dublin	No	20.08.2026
Nathan	Pearce	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	No	01.02.2026
Mia	Perry	Nuenna A.C.	Kilkenny City Harriers A.C	Kilkenny	Kilkenny	No	01.10.2026
Bridgette	Phelan Powell	D15 Running Club A.C.	Dunboyne A.C.	Dublin	Meath	Yes	01.10.2026
Declan	Pierse	Spa-Fenit Barrow A.C.	Tralee Harriers A.C.	Kerry	Kerry	No	01.10.2026
Sadhbh	Pitt	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.05.2026
Marcus	Pokorny	Na Fianna A.C.	Tullamore Harriers A.C.	Meath	Offaly	Yes	01.05.2026
Marek	Pokorny	Na Fianna A.C.	Tullamore Harriers A.C.	Meath	Offaly	Yes	01.05.2026
Kitty	Pope	Na Fianna A.C.	St. Coca's A.C.	Meath	Kildare	Yes	01.02.2026
Rory	Pope	Na Fianna A.C.	St. Coca's A.C.	Meath	Kildare	Yes	01.02.2026
Emilia	Popoola	Ferrybank A.C.	St. Mary's A.C. Ballygunn	Waterford	Waterford	No	10.01.2026
Maksymilian	Poslada	Kenmare A.C.	Killarney Valley A.C.	Kerry	Kerry	No	01.10.2026
Mateusz	Poslada	Kenmare A.C.	Killarney Valley A.C.	Kerry	Kerry	No	01.10.2026
Patrick	Power	Blackwater A.C.	Finisk Valley A.C.	Waterford	Waterford	No	01.02.2026
Liam	Power	St. Marys (Clare) A.C.	West Clare Sports and Fitn	Clare	Clare	No	01.10.2026
Luca	Prendiville	West Limerick A.C.	St. Marys (Limerick) A.C.	Limerick	Limerick	No	01.02.2026
Daire	Preston	Dundalk St. Gerards A.C.	St. Peter's A.C.	Louth	Louth	No	01.02.2026
Emma	Przymusinska	Lusk A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.10.2026

Julia	Pszczolkowska	Midleton A.C.	Leevale A.C.	Cork	Cork	No	01.02.2026
Alanna	Purcell	Limerick A.C.	Dooneen A.C.	Limerick	Limerick	No	01.02.2026
Tadhg	Purcell	Limerick A.C.	Dooneen A.C.	Limerick	Limerick	No	01.02.2026
Annette	Quaid	Leevale A.C.	Riverstick/Kinsale A.C.	Cork	Cork	No	01.02.2026
Annie	Queally	K.C.K. A.C.	West Waterford A.C.	Waterford	Waterford	No	01.10.2026
Isobelle	Queally	K.C.K. A.C.	West Waterford A.C.	Waterford	Waterford	No	01.10.2026
Leah	Queally	K.C.K. A.C.	Finisk Valley A.C.	Waterford	Waterford	No	01.10.2026
Lily May	Queally	K.C.K. A.C.	Finisk Valley A.C.	Waterford	Waterford	No	01.10.2026
Carly	Quigley	St. Killians A.C.	Enniscorthy A.C.	Wexford	Wexford	No	01.02.2026
Summer	Quigley	St. Killians A.C.	Enniscorthy A.C.	Wexford	Wexford	No	01.02.2026
Sophia	Quigley	Waterford A.C.	St. Mary's A.C. Ballygunn	Waterford	Waterford	No	26.01.2026
Jennifer	Quinlan	Clonmel A.C.	Mallow A.C.	Tipperary	Cork	Yes	09.01.2026
Ciara	Quinlan	Thurles Crokes A.C.	Moyne A.C.	Tipperary	Tipperary	No	01.10.2026
Sam	Quinlan	Waterford A.C.	Tramore A.C.	Waterford	Waterford	No	01.05.2026
Xavier	Quinlan	Waterford A.C.	Tramore A.C.	Waterford	Waterford	No	01.05.2026
Saoirse	Quinlivan	Fergus A.C.	Ennis Track A.C.	Clare	Clare	No	16.01.2026
Noah	Quinn	Loch Lurgan A.C.	Galway City Harriers A.C	Galway	Galway	No	01.02.2026
Alan	Quinn	Portmarnock A.C.	Artane/Beaumont Runnin	Dublin	Dublin	No	01.10.2026
Donna	Quinn	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Sarah	Quinn	St. Colmans South Mayo A.	Galway City Harriers A.C	Mayo	Galway	Yes	01.10.2026
Sheelagh	Quinn	St. Benedict Inbhear Mór A.	Dundrum South Dublin A	Wicklow	Dublin	Yes	19.05.2026
Stephen	Ralph	North East Runners A.C.	Dundalk St. Gerards A.C.	Louth	Louth	No	01.02.2026
Ella-Rose	Rawat	Loch Lurgan A.C.	Galway City Harriers A.C	Galway	Galway	No	01.02.2026
Katlyn	Reddin	Portlaoise A.C.	St. Michael's A.C.	Laois	Laois	No	01.02.2026
Anna	Redmond	Brothers Pearse A.C.	Templeogue A.C.	Dublin	Dublin	No	01.02.2026
Patricia	Redmond	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Tony	Redmond	Sli Cualann A.C.	Parnell A.C.	Wicklow	Wicklow	No	05.01.2026
Lilly Ann	Redmond	St. Killians A.C.	Kilmore A.C.	Wexford	Wexford	No	01.02.2026
Eileen	Reeves	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
Seán	Reid	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.02.2026
Jack	Reidy	Kilmihil A.C.	Ennis Track A.C.	Clare	Clare	No	01.10.2026
Roisin	Reilly	Cushinstown A.C.	Drogheda and District A.C	Meath	Louth	Yes	01.10.2026
Ian	Reilly	Duleek and District A.C.	Drogheda and District A.C	Meath	Louth	Yes	01.10.2026
Ciara	Reilly	Dunleer A.C.	Drogheda and District A.C	Louth	Louth	No	04.09.2026
Charley	Reilly	Fr. Murphy A.C.	Bohermeen A.C.	Meath	Meath	No	01.10.2026
Isabelle	Reilly	Fr. Murphy A.C.	Bohermeen A.C.	Meath	Meath	No	01.10.2026
Rory	Reilly	Fr. Murphy A.C.	Bohermeen A.C.	Meath	Meath	No	01.10.2026
Charlotte	Reilly	Longford A.C.	Annalee A.C.	Longford	Cavan	Yes	01.05.2026
Senan	Reilly	Longford A.C.	Annalee A.C.	Longford	Cavan	Yes	01.05.2026
William	Reilly	Longford A.C.	Annalee A.C.	Longford	Cavan	Yes	04.04.2026
Catherine	Reilly	Lusk A.C.	Balbriggan and District A.	Dublin	Dublin	No	01.10.2026
Ruth	Reilly	Tír Chonaill A.C.	Finn Valley A.C.	Donegal	Donegal	No	01.02.2026
Gary	Reinhardt	Lusk A.C.	Dublin Bay Running A.C.	Dublin	Dublin	No	01.02.2026
Saoirse	Reynolds	Le Chéile A.C.	U.C.D. A.C.	Kildare	Dublin	Yes	01.05.2026
Darragh	Reynolds	Swinford A.C.	Moy Valley A.C.	Mayo	Mayo	No	01.05.2026
Mark	Reynolds	Swinford A.C.	Moy Valley A.C.	Mayo	Mayo	No	01.05.2026
Ruairi	Reynolds	Swinford A.C.	Moy Valley A.C.	Mayo	Mayo	No	01.05.2026
Aoibhínn	Rice	Clonakilty Juvenile A.C	Bandon A.C.	Cork	Cork	No	01.02.2026
Evan	Ring	Leevale A.C.	Blarney/Inniscara A.C.	Cork	Cork	No	01.05.2026
Ross	Ringwood	Raheny Shamrock A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	01.02.2026
Rachel	Riordan	Brothers Pearse A.C.	Dundrum South Dublin A	Dublin	Dublin	No	17.04.2026
Caoilainn	Riordan	Star of the Laune A.C.	Killarney Valley A.C.	Kerry	Kerry	No	01.10.2026
Fiadh	Riordan	Star of the Laune A.C.	Killarney Valley A.C.	Kerry	Kerry	No	01.10.2026
Eoin	Robinson	Dublin Bay Running A.C.	Portmarnock A.C.	Dublin	Dublin	No	01.10.2026
Aine	Roche	Clonmel A.C.	Fethard A.C.	Tipperary	Tipperary	No	01.05.2026
Rosanna	Roche	Graigue Ballycallan A.C.	Kilkenny City Harriers A.	Kilkenny	Kilkenny	No	01.05.2026

Kevin	Roche	Naas A.C.	Kingswood Running Club	Kildare	Dublin	Yes	01.05.2026
James	Roche	Togher A.C.	Cork Track Club A.C.	Cork	Cork	No	01.02.2026
Stuart	Roche	Watergrasshill A.C.	Glanmire A.C.	Cork	Cork	No	01.05.2026
Ailin	Rock Geraghty	Tallaght A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.05.2026
Adam	Rogan Egan	Castlerea Crusaders A.C.	Claremorris A.C.	Roscommon	Mayo	Yes	02.10.2026
Saibh	Rogers	Cushinstown A.C.	Tara A.C.	Meath	Meath	No	01.02.2026
Elise	Rohan	East Galway A.C.	Athenry A.C.	Galway	Galway	No	01.05.2026
Juan	Romero Gonzalez	Civil Service Harriers A.C.	Ballymun A.C.	Dublin	Dublin	No	18.09.2026
Tara	Ronan	Graigue Ballycallan A.C.	Kilkenny City Harriers A.	Kilkenny	Kilkenny	No	11.06.2026
Alex	Rowland	Rathfarnham W.S.A.F. A.C.	Dundrum South Dublin A	Dublin	Dublin	No	25.06.2026
Ollie	Ruane	Loughrea A.C.	Athenry A.C.	Galway	Galway	No	16.02.2026
Laura	Ruddy	Castlegar A.C.	Galway City Harriers A.C	Galway	Galway	No	02.06.2026
Caoilfhionn	Ruddy	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	01.02.2026
Leander	Rupp	D.U.H.A.C.	Titans A.C.	Dublin	Dublin	No	01.02.2026
Adam	Russell	Ace A.C.	Drogheda and District A.C	Louth	Louth	No	01.10.2026
Saoirse	Russell	Lios Tuathail A.C.	St. Brendan's A.C.	Kerry	Kerry	No	01.02.2026
Keith	Russell	Navan A.C.	Moynalty A.C.	Meath	Meath	No	01.10.2026
Nick	Russell	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Ben	Ryan	Belgooly A.C.	Leevale A.C.	Cork	Cork	No	01.02.2026
Maggie	Ryan	Courcey A.C.	Bandon A.C.	Cork	Cork	No	01.10.2026
Shane	Ryan	Dooneen A.C.	Killarney Valley A.C.	Limerick	Kerry	Yes	01.02.2026
Ian	Ryan	Dundrum A.C.	Nenagh Olympic A.C.	Tipperary	Tipperary	No	16.07.2026
Mary	Ryan	East Galway A.C.	Athenry A.C.	Galway	Galway	No	01.10.2026
Michael	Ryan	Mayo A.C.	Swinford A.C.	Mayo	Mayo	No	13.02.2026
Elsa	Ryan	Midleton A.C.	Cork City A.C.	Cork	Cork	No	01.05.2026
Taylor	Ryan	Newbridge A.C.	Clonliffe Harriers A.C.	Kildare	Dublin	Yes	01.02.2026
Gillian	Ryan	St. Finbarrs A.C.	Tracton A.C.	Cork	Cork	No	02.06.2026
Fiona	Ryan	Tuam A.C.	Corofin A.C.	Galway	Galway	No	01.05.2026
Dara	Ryan	Waterford A.C.	Grange/Fermoy A.C.	Waterford	Cork	Yes	25.01.2026
Emmet	Ryan	Waterford A.C.	Grange/Fermoy A.C.	Waterford	Cork	Yes	25.01.2026
Saoirse	Ryan	Waterford A.C.	Grange/Fermoy A.C.	Waterford	Cork	Yes	25.01.2026
Scarlett	Ryan	St. Killians A.C.	Enniscorthy A.C.	Wexford	Wexford	No	01.02.2026
Senan	Ryandunne	Portlaoise A.C.	Emo/Rath A.C.	Laois	Laois	No	13.01.2026
Yvonne	Ryder	Sportsworld A.C.	Kingswood Running Club	Dublin	Dublin	No	01.02.2026
Jessica	Sadik	Carrigaline A.C.	Cork City A.C.	Cork	Cork	No	01.02.2026
Yasin	Salim Said	Leevale A.C.	Titans A.C.	Cork	Dublin	Yes	01.02.2026
Zoran	Salopek	Longford A.C.	Marathon Club Ireland A.	Longford	Clare	Yes	09.06.2026
Anya	Saoudi	Redeemer A.C.	Dundalk St. Gerards A.C.	Louth	Louth	No	02.10.2026
Paudie	Scanlon	Aghada Running Club A.C.	Midleton A.C.	Cork	Cork	No	06.10.2026
Sarah	Scholz	Midleton A.C.	Ballymore Cobh A.C.	Cork	Cork	No	26.01.2026
Maeve	Scully	Crusaders A.C.	Dooneen A.C.	Dublin	Limerick	Yes	17.04.2026
Conor	Scully	Na Fianna A.C.	Galway City Harriers A.C	Meath	Galway	Yes	01.10.2026
Idrissa	Serry	Celbridge A.C.	Portlaoise A.C.	Kildare	Laois	Yes	11.04.2026
Brendan	Sexton	Celbridge A.C.	North Clondalkin Running	Kildare	Dublin	Yes	30.09.2026
Milana	Sharhayeu	Ratoath A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes	01.10.2026
Jennifer	Sharkey	Dublin Bay Running A.C.	Mid Sutton A.C.	Dublin	Dublin	No	03.03.2026
Joseph	Sheehan	Gneeveguilla A.C.	Kenmare A.C.	Kerry	Kerry	No	06.02.2026
Alan	Sheehy	Crusaders A.C.	Brothers Pearse A.C.	Dublin	Dublin	No	01.10.2026
LEAH	SHIELDS	Kells A.C.	Moynalty A.C.	Meath	Meath	No	17.01.2026
Tiernan	Shields	North East Runners A.C.	Glenmore A.C.	Louth	Louth	No	24.06.2026
Ava	Shorten	North Cork A.C.	Leevale A.C.	Cork	Cork	No	01.10.2026
Douglas	Simpson	Balbriggan and District A.C	Castlegar A.C.	Dublin	Galway	Yes	01.02.2026
Kieran	Sinnott	Bree A.C.	Enniscorthy A.C.	Wexford	Wexford	No	09.04.2026
Kaitlin	Smith	Cilles A.C.	Boyne A.C.	Meath	Louth	Yes	01.05.2026
Lochlan	Smith	Cilles A.C.	Boyne A.C.	Meath	Louth	Yes	01.05.2026
Lochlan	Smith	Fr. Murphy A.C.	Ratoath A.C.	Meath	Meath	No	01.10.2026

Orla	Smith	Lusk A.C.	LSA A.C.	Dublin	Dublin	No	01.10.2026
Tom	Sparling	Limerick A.C.	West Limerick A.C.	Limerick	Limerick	No	08.09.2026
Anna	Spring	Spa-Fenit Barrow A.C.	Tralee Harriers A.C.	Kerry	Kerry	No	01.05.2026
Isobel	Spring	Spa-Fenit Barrow A.C.	Tralee Harriers A.C.	Kerry	Kerry	No	01.05.2026
Sarah	Stapleton	Clonmel A.C.	Bray Runners A.C.	Tipperary	Wicklow	Yes	01.02.2026
Eoin	Staunton	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Sarah	Stevenson	Portmarnock A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No	06.01.2026
Hannah	Stewart	Tireragh A.C.	Sligo A.C.	Sligo	Sligo	No	01.10.2026
Davor	Stipanić	Galway City Harriers A.C.	Mayo A.C.	Galway	Mayo	Yes	08.05.2026
Veronika	Stoilovska	Tomnafinnogue A.C.	St. Benedict Inbhear Mór	Wicklow	Wicklow	No	01.05.2026
Viktoriia	Stoilovska	Tomnafinnogue A.C.	St. Benedict Inbhear Mór	Wicklow	Wicklow	No	01.05.2026
Luke	Stuart Gleeson	Templeogue A.C.	Tallaght A.C.	Dublin	Dublin	No	01.10.2026
David	Sullivan	Carrigtwohill A.C.	Glanmire A.C.	Cork	Cork	No	01.10.2026
Osgar	Sullivan	Cilles A.C.	Drogheda and District A.C	Meath	Louth	Yes	09.04.2026
Joshua	Sullivan	Dundrum South Dublin A.C	Cabinteely A.C.	Dublin	Dublin	No	01.10.2026
Elix	Sundberg	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Oisin	Sweeney	Monaghan Town Runners A	East Breffni A.C.	Monaghan	Cavan	Yes	01.10.2026
Donal	Swift	Crusaders A.C.	Blackrock (Dublin) A.C.	Dublin	Dublin	No	01.05.2026
Serhii	Sylenko	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.02.2026
Zara	Taheny	Corran A.C	Sligo A.C.	Sligo	Sligo	No	28.02.2026
James	Taylor	Fr. Murphy A.C.	West Sligo A.C.	Meath	Sligo	Yes	05.10.2026
Mel	Taylor	Fr. Murphy A.C.	West Sligo A.C.	Meath	Sligo	Yes	05.10.2026
Elizabeth	Thompson	Skerries A.C.	Limerick A.C.	Dublin	Limerick	Yes	01.02.2026
Kevin	Thompson	Skerries A.C.	Limerick A.C.	Dublin	Limerick	Yes	01.02.2026
Claire	Thompson	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	20.02.2026
Andrew	Thornton	Dunboyne A.C.	Dunshaughlin A.C.	Meath	Meath	No	16.09.2026
Aoife	Thornton	Dunboyne A.C.	Ratoath A.C.	Meath	Meath	No	21.07.2026
Darragh	Thornton	Ferrybank A.C.	Gowran A.C.	Waterford	Kilkenny	Yes	01.02.2026
Fiona	Tilson	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Crionna	Tobin	Fr. Murphy A.C.	Ratoath A.C.	Meath	Meath	No	01.10.2026
Ciara	Tobin	Skibbereen A.C.	Bandon A.C.	Cork	Cork	No	01.05.2026
Cliona	Tobin	West Waterford A.C.	Youghal A.C.	Waterford	Cork	Yes	01.02.2026
Jonathan	Tobin	Youghal A.C.	Carrigtwohill A.C.	Cork	Cork	No	02.07.2026
Eoin	Toland	Fanahan Mc Sweeney A.C.	Cork City A.C.	Cork	Cork	No	01.05.2026
Kamil	Tomko	Clonliffe Harriers A.C.	Longford A.C.	Dublin	Longford	Yes	01.02.2026
Finn	Toomey	Ballyfin A.C.	Carrigaline A.C.	Laois	Cork	Yes	01.02.2026
Logan	Toomey	Ballyfin A.C.	Carrigaline A.C.	Laois	Cork	Yes	01.02.2026
Roan	Toomey	Ballyfin A.C.	Carrigaline A.C.	Laois	Cork	Yes	01.02.2026
Emma	Travers	Bandon A.C.	Leevale A.C.	Cork	Cork	No	01.05.2026
Dave	Travis	Galway City Harriers A.C.	South Galway A.C.	Galway	Galway	No	01.05.2026
Cillian	Traynor	Liffey Valley A.C.	Crusaders A.C.	Dublin	Dublin	No	01.05.2026
Noah	Treacy	Kildare A.C.	Naas A.C.	Kildare	Kildare	No	01.10.2026
Khai	Trieu-Igbinosun	Lucan Harriers A.C.	Blackrock (Dublin) A.C.	Dublin	Dublin	No	01.10.2026
Marie	Trihy	Youghal A.C.	Ballintotis Fit4Life A.C.	Cork	Cork	No	01.05.2026
Catherine	Troy	Boyne A.C.	Ace A.C.	Louth	Louth	No	05.05.2026
David	Troy	Lucan Harriers A.C.	Metro/St. Brigid's A.C.	Dublin	Dublin	No	01.02.2026
Tadhg	Tubridy	St. John's A.C.	West Clare Sports and Fit	Clare	Clare	No	11.09.2026
Robyn	Tucker	Blackrock (Dublin) A.C.	Crusaders A.C.	Dublin	Dublin	No	03.03.2026
Yvonne	Tuite	NRC A.C.	Bohermeen A.C.	Meath	Meath	No	01.05.2026
Ciara	Tully	Lucan Harriers A.C.	Irish Mountain Trail Runn	Dublin	Dublin	No	03.03.2026
Arlo	Tunney	Letterkenny A.C.	Milford A.C.	Donegal	Donegal	No	09.04.2026
Gearoid	Tuohy	Sligo A.C.	Moy Valley A.C.	Sligo	Mayo	Yes	01.10.2026
Julian	Turner	Athlone A.C.	Castlerea Crusaders A.C.	Westmeath	Roscommon	Yes	01.02.2026
Karen	Twomey	Eagle A.C.	Glanmire A.C.	Cork	Cork	No	01.02.2026
Angus	Tyner	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Tivon	Tyner	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026

Will	Verrecchia	Portmarnock A.C.	Raheny Shamrock A.C.	Dublin	Dublin	No	01.10.2026
Evita	Volginaite	Ballymore Cobh A.C.	Glanmire A.C.	Cork	Cork	No	01.02.2026
Ricky	Wade	Castlegar A.C.	West Coast A.C.	Galway	Galway	No	01.10.2026
Chloe	Wafer	Enniscorthy A.C.	Dundrum South Dublin A	Wexford	Dublin	Yes	01.10.2026
LOUISE	WALLACE	Naomh Mhuire A.C.	Edenderry A.C.	Offaly	Offaly	No	04.02.2026
Roz	Walsh	Barrow Harriers A.C.	United Striders A.C.	Kilkenny	Wexford	Yes	01.10.2026
Naoise	Walsh	Claremorris A.C.	Lake District A.C.	Mayo	Mayo	No	01.02.2026
Isabelle	Walsh	Cork City A.C.	Leevale A.C.	Cork	Cork	No	01.05.2026
Kieran	Walsh	Cork City A.C.	Glanmire A.C.	Cork	Cork	No	01.03.2026
Dylan	Walsh	Corrib A.C.	Galway City Harriers A.C	Galway	Galway	No	01.10.2026
Aine	Walsh	Doneraile A.C.	Buttevant A.C.	Cork	Cork	No	01.02.2026
Cassie	Walsh	Galway City Harriers A.C.	Slyne Head A.C.	Galway	Galway	No	01.02.2026
Mj	Walsh	Grange/Fermoy A.C.	Leevale A.C.	Cork	Cork	No	01.05.2026
Rebecca	Walsh	Leevale A.C.	Cork Track Club A.C.	Cork	Cork	No	01.02.2026
Cathal	Walsh	Riverstick/Kinsale A.C.	Togher A.C.	Cork	Cork	No	29.04.2026
Oisin	Walsh	St. Colmans South Mayo A.	Claremorris A.C.	Mayo	Mayo	No	01.02.2026
Michael	Walsh	Waterford A.C.	Kilkenny City Harriers A.	Waterford	Kilkenny	Yes	01.02.2026
Hannah	Walshe	K.C.K. A.C.	Finisk Valley A.C.	Waterford	Waterford	No	01.05.2026
Joseph	Walshe	Longford A.C.	Dublin Front Runners A.C	Longford	Dublin	Yes	25.06.2026
Laura	Ward	St. Abbans A.C	St. Laurence. O'Toole A.C	Laois	Carlow	Yes	01.10.2026
Melissa	Ward	Tír Chonaill A.C.	Lifford Strabane A.C.	Donegal	Donegal	No	01.05.2026
Robert	Warman	Dublin Mountain Running C	Sportsworld A.C.	Dublin	Dublin	No	03.03.2026
Graeme	Warren	Glendalough Harriers A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Graeme	Warren	Greystones and District A.C	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Graeme	Warren	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Faye	Watts	Greystones and District A.C	Kilcoole A.C.	Wicklow	Wicklow	No	03.10.2026
Mimi	WeldMoore McCarth	Blackrock (Dublin) A.C.	Clane A.C.	Dublin	Kildare	Yes	20.01.2026
Will	Welstead Cahill	Togher A.C.	Cork City A.C.	Cork	Cork	No	01.02.2026
Isobel	Wesley	Ardmore A.C.	Cork City A.C.	Waterford	Cork	Yes	01.05.2026
Niamh	Whelan	Blackwater A.C.	Finisk Valley A.C.	Waterford	Waterford	No	01.05.2026
Arron	Whelan	Dunboyne A.C.	Raheny Shamrock A.C.	Meath	Dublin	Yes	01.10.2026
Barry	Whelan	Portmarnock A.C.	North Clondalkin Running	Dublin	Dublin	No	17.04.2026
Eamonn	Whelan	Sli Cualann A.C.	Greystones and District A	Wicklow	Wicklow	No	05.01.2026
Aoife	Whelan	St. John's A.C.	West Clare Sports and Fit	Clare	Clare	No	01.10.2026
Deirdre	Whelan Devine	West Waterford A.C.	Ballyduff A.C.	Waterford	Waterford	No	01.10.2026
Kyle	Whelan Tully	Navan A.C.	Ratoath A.C.	Meath	Meath	No	28.01.2026
Michelle	White Killeen	Parnell A.C.	Croghan A.C.	Wicklow	Wexford	Yes	01.10.2026
Fiadh	Whyte	K.C.K. A.C.	West Waterford A.C.	Waterford	Waterford	No	01.10.2026
Ellie	Williams	LSA A.C.	Fingallians A.C.	Dublin	Dublin	No	01.02.2026
Carter	Williams	Parnell A.C.	Dundrum South Dublin A	Wicklow	Dublin	Yes	01.02.2026
Kayla	Williams	Parnell A.C.	Dundrum South Dublin A	Wicklow	Dublin	Yes	01.02.2026
Makenzie	Williams	Parnell A.C.	Dundrum South Dublin A	Wicklow	Dublin	Yes	01.02.2026
Mark	Willoughby	Glendalough Harriers A.C.	Brothers Pearse A.C.	Wicklow	Dublin	Yes	01.05.2026
Liz	Wilmot	Dooneen A.C.	Limerick Track A.C.	Limerick	Limerick	No	01.10.2026
Rachel	Wisdom	Sli Cualann A.C.	Glendalough Harriers A.C	Wicklow	Wicklow	No	05.01.2026
Megan	Withers	North Cork A.C.	Cork City A.C.	Cork	Cork	No	01.10.2026
James	Wood	Donore Harriers A.C.	Lucan Harriers A.C.	Dublin	Dublin	No	29.09.2026
Florence	Woods	Crusaders A.C.	Dundrum South Dublin A	Dublin	Dublin	No	01.10.2026
Jason	Woods	Ennis Track A.C.	Shannon A.C.	Clare	Clare	No	01.02.2026
Colette	Woods Miele	North East Runners A.C.	Redeemer A.C.	Louth	Louth	No	01.10.2026
Bailey	Wright	D.M.P. A.C.	Kilmore A.C.	Wexford	Wexford	No	05.06.2026
Joe	Wright	Finn Valley A.C.	Lifford Strabane A.C.	Donegal	Donegal	No	01.10.2026
Aoife	Wrixon	Belgooly A.C.	Leevale A.C.	Cork	Cork	No	05.06.2026
Brian	Wynne	Bray Runners A.C.	Dundrum South Dublin A	Wicklow	Dublin	Yes	17.04.2026
Paddy	Wyse	Ferrybank A.C.	St. Mary's A.C. Ballygunn	Waterford	Waterford	No	01.05.2026
Yannis	Zabetakis	Derg A.C.	Emerald A.C.	Clare	Limerick	Yes	01.02.2026

Alex	Zon	Olympian Youth A.C.	Letterkenny A.C.	Derry	Donegal	Yes	01.10.2026
Maksymilian	Zurkan	Ballymore Cobh A.C.	Great Island Athletics A.C	Cork	Cork	No	01.05.2026