ATHLETICS IRELAND
Men's U20 Indoor Records

RUNNING EVENTS

Event	Performance	Name	Venue	Date
60m	6.73	Israel Olatunde	Abbotstown	21.02.21
200m	21.19	Marcus Lawler	Athlone	16.02.14
300m	33.96 **NEW**	Conor Kelly	Lubbock, USA	16.01.26
400m	46.54	Conor Kelly	Abbotstown	23.02.25
600m	1.19.98	David Davitt	New York, USA	11.02.24
800m	1.46.13	Cian McPhilips	Abbotstown	20.02.21
1000m	2.24.13	Cian McPhilips	Abbotstown	17.12.19
1500m	3.39.94	Nicholas Griggs	Birmingham, ENG	25.02.23
Mile	3.56.40	Nicholas Griggs	Abbotstown	10.03.22
3000m	7.54.44	Nicholas Griggs	Manchester, ENG	28.01.23
5000m	14.12.73	Abdel Laadjel	Chicago, USA	25.02.22

HURDLE RACES

Event	Performance	Name	Venue	Date
60m H	7.89	Sam Healy	Athlone	25.01.15

FIELD EVENTS

Event	Performance	Name	Venue	Date
High Jump	2.16m	Antoine Burke	Birmingham, ENG	13.02.94
Pole Vault	4.75m	Conor Callinan	Abbotstown	09.01.22
Long Jump	7.53m	Sam Healy	Athlone	22.02.15
Triple Jump	14.90m	Jordan Hoang	Athlone	29.01.17
Shot	18.75m	Colin Quirke	Norman, USA	21.02.09

COMBINED EVENTS

Event	Performance	Name	Venue	Date
Heptathlon	5,101 pts	Daniel Ryan	London, ENG	15/16.12.18

RACE WALKING EVENTS

Event	Performance	Name	Venue	Date
3000m Walk	12.07.94	Colin Griffin	Birmingham, ENG	27.01.01
5000m Walk	20.33.19 **NEW**	Seamus Clarke	Athlone	01.03.26

RELAY RACES

Event	Performance	Name	Venue	Date
4x200m	1.30.52	Ratoath A.C.	Athlone	22.01.23
4x400m	3.14.33	National Team	Abbotstown	08.02.23
Club 4x400m	3.25.00	Ratoath A.C.	Abbotstown	11.03.23

Correct as of 05 November 2026. Athletics Ireland National Records.