ATHLETICS IRELAND
Women's U20 Outdoor Records

RUNNING EVENTS

Event	Performance	Name	Venue	Date
100m	11.31 (1.0)	Rhasidat Adeleke	Manhattan, USA	15.05.21
200m	22.90 (0.1)	Rhasidat Adeleke	Tallinn, EST	17.07.21
400m	52.57	Davicia Patterson	Geneva SUI	15.06.19
800m	2.02.76	Sarah Healy	Belfast	23.06.18
1500m	4.07.45	Ciara Mageean	Birmingham, ENG	20.08.11
3000m	9.01.52	Sonia O'Sullivan	Mardyke	07.07.87
5000m	16.07.55	Fiona Hawkins	Azusa, USA	14.04.22
10000m	33.45.79	Aisling Ryan	Oregon, USA	05.06.88
3000m S/C	10.21.00	Linda Byrne	Kaunas, LTH	24.07.05

HURDLE RACES

Event	Performance	Name	Venue	Date
100m H	13.34 (1.3)	Sarah Lavin	Rieti, ITA	20.07.13
400m H	58.35 **NEW**	Elle-Kate McRae	Santry	26.07.26

FIELD EVENTS

Event	Performance	Name	Venue	Date
High Jump	1.90m	Sommer Lecky	Tampere, FIN	15.07.18
Pole Vault	3.90m	Ellen McCartney	Manchester, ENG	05.08.18
Long Jump	6.68m (1.9)	Elizabeth Ndudi	Champaign, USA	13.04.24
Triple Jump	12.63m (1.7)	Caoimhe King	Tullamore	26.06.11
Shot	16.13m	Michaela Walsh	Bedford, ENG	17.06.17
Discus	49.32m	Anna Gavigan	Tullamore	02.07.23
Hammer	63.01m	Michaela Walsh	Tullamore	01.07.17
Javelin	52.92m	Kate O'Connor	Boras, SWE	19.07.19

COMBINED EVENTS

Event	Performance	Name	Venue	Date
Heptathlon	6,093 pts	Kate O'Connor	Boras, SWE	18/19.07.19

RACE WALKING EVENTS

Event	Performance	Name	Venue	Date
3000m Walk	12.18.86	Kate Veale	Tullamore	23.07.11
5000m Walk	21.30.18	Kate Veale	Santry	06.08.11
10,000m Walk.	47.55.40	Orla O'Connor	Tampere, FIN	14.07.18
10k Walk Rd.	46.32	Kate Veale	Olhão, POR	21.05.11
20k Walk Rd.	1.39.48	Ann Loughnane	Phoenix Park	17.12.05

ROAD RACES

Event	Performance	Name	Venue	Date
Marathon	2.34.12	Ava Crean	Dublin	26.10.25

RELAY RACES

Event	Performance	Name	Venue	Date
4×400m (Mixed)	3.24.91	National Team	Mannheim, GER	23.06.24
4×100m	43.90	National Junior Team	Tampere, FIN	14.07.18
4x100m (Club)	46.93	Ferrybank AC	Santry	29.07.06
4x400m	3.37.39	National Team	Tallinn, EST	18.07.21
4x400m (Club)	3.51.53	Ratoath A.C.	Santry	25.06.23

Correct as of 05 November 2026. Athletics Ireland National Records.