

# PROVISIONAL TIMETABLE

## TRACK

11.00	3000m Walk	Women
11.15	3000m Walk	Men
11.30	60m Series I	Women
11.42	60m Series I	Men
12.15	60mH Series I	Women
12.25	60mH Series I	Men
12.35	3000m	Women
12.50	800m	Women
13.05	800m	Men
13.35	60m Series II	Women & Men
13.50	3000m	Men
14.20	60mH Series II	Women & Men
14.40	200m	Women
14.50	200m	Men
15.35	400m	Women
15.50	400m	Men
16.20	1500m	Women
16.27	1500m	Men
16.35	400mH	Men (Invitation)
16.50	4X400m	Women (Invitation)
17.00	4x400m	Men (Invitation)

## FIELD

11.15	Shot Put	Women
11.30	High Jump	Women
11.30	Pole Vault	Women & Men
11.30	Long Jump	Women
12.45	Shot Put	Men
13.15	Triple Jump	Men
13.30	High Jump	Men
14.30	Triple Jump	Women
15.30	Long Jump	Men

**Note: Athletes for Series I & II in the 60m and 60mH need to check in for each series.**