



# Indoor Championships

Juvenile Indoor Championships

Day 1

19th March 2022

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check in closes 9.30 a.m. (1500m/400m)

10:00 am  
Girls & Boys 16 1500m Heats  
Girls & Boys 17 1500m Heats  
Girls & Boys 18 1500m Heats  
Girls & Boys 19 1500m Heats

10:55 am  
Girls & Boys 17 400m Heats  
Girls & Boys 18 400m Heats  
Girls & Boys 19 400m Heats

400m/1500m FINALS WILL BE HELD AT HEAT TIME IF HEATS ARE NOT REQUIRED

Check in closes 10.30 p.m. (Walks)

11.45 am  
Boys 16 1500m Walk  
Boys 17 1500m Walk  
Boys 18 1500m Walk  
Boys 19 1500m Walk  
Boys 14 1000m Walk  
Boys 15 1000m Walk

NOTE:  
THERE WILL BE A 20 MINUTE BREAK ON THE TRACK AFTER THE BOYS WALK

Girls 14 1000m Walk  
Girls 15 1000m Walk  
Girls 16 1500m Walk  
Girls 17 1500m Walk  
Girls 18 1500m Walk  
Girls 19 1500m Walk

2.00 pm Finals 400m

Check in closes 1.30 p.m. (60m)

2.30 pm  
Girls & Boys 12 60m Heats  
Girls & Boys 13 60m Heats  
Girls & Boys 14 60m Heats  
Girls & Boys 15 60m Heats  
Girls & Boys 16 60m Heats  
Girls & Boys 17 60m Heats  
Girls & Boys 18 60m Heats  
Girls & Boys 19 60m Heats

Check in Closes 9.30 a.m. first field events

Long Jump  
10:00 am Girls 12 (Pit 1)  
11:30 am Boys 13 (Pit 1)  
1:00 pm Girls 14 (Pit 1)  
2:15 pm Girls 19 (Pit 1)  
3:00 pm Girls 18 (Pit 1)  
4:00 pm Girls 17 (Pit 1)

Pole Vault  
(Warm up at 10:00/12:30)  
11.00 am Boys 15-19

Shot Putt  
10:00 am Boys 13 (2k)  
11:00 am Girls 15 (3k)  
12:00 am Girls 13 (2k)  
1:00 pm Girls 16 (3k)  
2:00 pm Boys 15 (3k)

High Jump  
10.00 am Girls 13 (Mat 1)  
Girls 18 (Mat 2)  
Girls 19 (Mat 2)  
11.30 am Girls 14 (Mat 1)  
Girls 16 (Mat 2)  
1.00 pm Girls 17 (Mat 1)  
Boys 14 (Mat 2)  
3.00 pm Girls 12 (Mat 1)  
4.30 pm Girls 15 (Mat 1)

Triple Jump  
2.00 pm Girls 16 (Pit 2)  
3.00 pm Boys 16 (Pit 2)

FINALS 1500m, 60m SPRINTS