

Comhairle Contae
Fhine Gall
Fingal County
Council



AUTUMN OPEN TIMETABLE



**JUVENILE EVEN AGE
CHAMPIONSHIPS
U10-U18**

EVENT	DISTANCE	START TIME
U10 Girls	1000m lap	11.00am
U10 Boys	1000m lap	11.10am
U12 Girls	2 X 1000m lap	11.20am
U12 Boys	2 X 1000m lap	11.35am
U14 Girls	2 X 1500m lap	11.50am
U14 Boys	2 X 1500m lap	12.10pm
U16 Girls	1 X 1000m lap + 2 X 1500m	12.25pm
U16 Boys	1 X 1000m lap + 2 X 1500m	12.45pm
U18 Girls	1 X 1000m lap + 2 X 1500m	1.05pm
U18 Boys	4 X 1500m lap	1.25pm



AUTUMN OPEN INTERNATIONAL CROSS COUNTRY

EVENT	DISTANCE	START TIME
Women Senior	6000m	2.00pm
Women Masters 35-64	6000m	
Men Masters 65+	6000m	
Women Junior (U20)	4500m	
Women Masters 65+	4500m	
Men Senior	7500m	2.45pm
Men Masters 35-64	7500m	
Men Junior (U20)	6000m	



EVENT	DISTANCE	START TIME
Race 1 (Under 26 minute runners)	4100m	3.45pm
Race 2 (Over 26 minute runners)	4100m	4.05pm