

# AUTUMN OPEN CROSS COUNTRY 2019

<b>RACE 1 (2PM)</b>				
<b>Firstname</b>	<b>Surname</b>	<b>Club</b>	<b>Age Cat</b>	<b>Event</b>
Sarah	Kelly	Inishowen A.C.	Jun Women	4500m XC
Aisling	Lowe	Ferrybank A.C.	Jun Women	4500m XC
Dora	Medgyesy	Celtic DCH A.C.	Jun Women	4500m XC
Hannah	Burke	Waterford A.C.	Jun Women	4500m XC
Aoife	Casey	Ferrybank A.C.	Jun Women	4500m XC
Lauren	Murphy	Cilles A.C.	Jun Women	4500m XC
Niamh	O'Mahoney	An Ríocht A.C.	Jun Women	4500m XC
Emma	Caulfield	Waterford A.C.	Jun Women	4500m XC
Isabelle	Cummins	Ferrybank A.C.	Jun Women	4500m XC
Maeve	Dervin	Roscommon A.C.	Jun Women	4500m XC
Karen	Gallagher	Finn Valley A.C.	Jun Women	4500m XC
Anna	O'Connor	Waterford A.C.	Jun Women	4500m XC
Lucy	O'Keeffe	Youghal A.C.	Jun Women	4500m XC
Aoife	O'Cuill	St. Coca's A.C.	Jun Women	4500m XC
Sarah	Gilhooley	Galway City Harriers A.C.	Jun Women	4500m XC
Emily	Goff	Ferrybank A.C.	Jun Women	4500m XC
Aimee	Hayde	Newport A.C.	Jun Women	4500m XC
Aela	Stewart	City of Derry AC Spartans	Jun Women	4500m XC
Niamh	Carr	Springwell Running Club	Jun Women	4500m XC
Cassie	Lagan	Finn Valley A.C.	Jun Women	4500m XC
Aoife	Coffey	Lucan Harriers A.C.	Jun Women	4500m XC
Ruth	Heery	Waterford A.C.	Jun Women	4500m XC
Mollie jean	Hutchinson	Ferrybank A.C.	Jun Women	4500m XC
Jo	Keane	Ennis Track A.C.	Jun Women	4500m XC
Katie	Devlin	City of Derry AC Spartans	Jun Women	4500m XC
Jodie	Mccann	Dublin City Harriers A.C.	Jun Women	4500m XC
Carmel	MacDomhnaill	West Limerick A.C.	F65	4500m XC
Brigid	Mccabe	Mullingar Harriers A.C.	F65	4500m XC
Marion	O'Loughlin	Ennis Track A.C.	F65	4500m XC
Orla	Phillips	Sli Cualann A.C.	F65	4500m XC
Margaret	Glavey	Mayo A.C.	F65	4500m XC
Eileen	Kenny	Mullingar Harriers A.C.	F65	4500m XC
June	Comiskey	Raheny Shamrock A.C.	F70	4500m XC
Joan	Coyle	Dundrum South Dublin A.C.	F70	4500m XC
BECKY	STRAW	ENGLAND	Sen Women	6000m XC
MHAIRI	MACLENNAN	SCOTLAND	Sen Women	6000m XC
ZOE	WASSELL	ENGLAND	Sen Women	6000m XC
ABBIE	DONNELLY	ENGLAND	Sen Women	6000m XC
KIRSTY	WALKER	ENGLAND	Sen Women	6000m XC
GRACE	CARSON	NORTHERN IRELAND	Sen Women	6000m XC
Niamh	Kelly	Letterkenny A.C.	Sen Women	6000m XC
Ciara	Wilson	D.M.P. A.C.	Sen Women	6000m XC
Adrianna	Mulligan	Longford A.C.	Sen Women	6000m XC
Catherina	Mullen	Metro/St. Brigid's A.C.	Sen Women	6000m XC
Grace	Lynch	Iveragh A.C.	Sen Women	6000m XC
Sorcha	McAlister	Westport A.C.	Sen Women	6000m XC
Laura	Tuite	Clonliffe Harriers A.C.	Sen Women	6000m XC
Katie	Moore	North Down A.C.	Sen Women	6000m XC
Una	Britton	Kilcoole A.C.	Sen Women	6000m XC
Mary	Mulhare	Portlaoise A.C.	Sen Women	6000m XC
Maura	Mahoney	Crusaders A.C.	Sen Women	6000m XC
Cheryl	Nolan	St. Abbans A.C.	Sen Women	6000m XC
Dawn	Lynch	An Ríocht A.C.	Sen Women	6000m XC
Rachel	Gibson	North Down A.C.	Sen Women	6000m XC
Síle	Carroll	Liffey Valley A.C.	Sen Women	6000m XC
Fiona	Clinton	Dundrum South Dublin A.C.	Sen Women	6000m XC
Lauren	Dermody	Castlecomer A.C.	Sen Women	6000m XC
Aoife	O'Brien	Westport A.C.	Sen Women	6000m XC
Fiona	Everard	Bandon A.C.	Sen Women	6000m XC
Sinead	O'Connor	Leevale A.C.	Sen Women	6000m XC
Carol	Finn	Leevale A.C.	Sen Women	6000m XC
Amy	O'Donoghue	Emerald A.C.	Sen Women	6000m XC
Maisy	O'Sullivan	St. Abbans A.C.	Sen Women	6000m XC

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Rose	Finnegan	U.C.D. A.C.	Sen Women	6000m XC
Lisa	Hegarty	Leevale A.C.	Sen Women	6000m XC
Niamh	Quinn	Portlaoise A.C.	Sen Women	6000m XC
Maria	Jones	Sportsworld A.C.	Sen Women	6000m XC
Laura	Shaughnessy	Galway City Harriers A.C.	Sen Women	6000m XC
Niamh	Kearney	Sli Cualann A.C.	Sen Women	6000m XC
Sinead	Whitelaw	Mullingar Harriers A.C.	Sen Women	6000m XC
Cliona	Murphy	Dublin City Harriers A.C.	Sen Women	6000m XC
Edel	Monaghan	Dublin City Harriers A.C.	Sen Women	6000m XC
Niamh	Allen	Crusaders A.C.	Sen Women	6000m XC
Helen	Laverty	Beechmount Harriers A.C.	Sen Women	6000m XC
Elizabeth	Carr	Mullingar Harriers A.C.	Sen Women	6000m XC
Carla	Sweeney	Rathfarnham W.S.A.F. A.C.	Sen Women	6000m XC
Sorcha	NicDhomhnaill	Donore Harriers	Sen Women	6000m XC
Sarah	Laverty	Beechmount Harriers A.C.	Sen Women	6000m XC
Norah	Newcombe Pieterse	Mayo A.C.	F35	6000m XC
Ailish	Malone	Clonliffe Harriers A.C.	F35	6000m XC
Maura	Ginty	Sportsworld A.C.	F35	6000m XC
Maura	Kearns	Donore Harriers	F35	6000m XC
Fiona	Kehoe	Kilmore A.C.	F35	6000m XC
Niamh	Kiernan	Longford A.C.	F35	6000m XC
Laura	Mathews	North East Runners A.C.	F35	6000m XC
Claire	McGuigan	Lifford Strabane A.C.	F35	6000m XC
Michelle	Bohan	Mullingar Harriers A.C.	F35	6000m XC
Kate	O'Neill	Metro/St. Brigid's A.C.	F35	6000m XC
Helen	McCready	Rosses A.C.	F35	6000m XC
Michelle	Cox	Newbridge A.C.	F35	6000m XC
Dearbhla	Greene	Dunleer A.C.	F40	6000m XC
Adrienne	Jordan	Crusaders A.C.	F40	6000m XC
Siobhan	Burke	Ballyroan Abbeyleix & District	F40	6000m XC
Michelle	Kenny	Leevale A.C.	F40	6000m XC
Sally	Clarke	Dunleer A.C.	F40	6000m XC
Karen	Costello	Dunleer A.C.	F40	6000m XC
Suzanne	Neilan	An Ríocht A.C.	F40	6000m XC
Catherine	Diver	Beechmount Harriers A.C.	F40	6000m XC
Sarah	Quigley	Raheny Shamrock A.C.	F40	6000m XC
Caroline	Donnellan	Edenderry A.C.	F40	6000m XC
Nicola	Welsh	Dunleer A.C.	F40	6000m XC
Elizabeth	Egan	Bree A.C.	F40	6000m XC
Jean	Wilson	Sportsworld A.C.	F40	6000m XC
Audrey	Gahan	Donore Harriers	F40	6000m XC
Natasha	Adams	Letterkenny A.C.	F40	6000m XC
Deirdre	McDermott	Dublin City Harriers A.C.	F40	6000m XC
Kathryn	Casserly	Galway City Harriers A.C.	F40	6000m XC
Catherine	O'Connor	Sli Cualann A.C.	F40	6000m XC
Fionnuala	Diver	Rosses A.C.	F40	6000m XC
Teresa	Doherty	Finn Valley A.C.	F40	6000m XC
Aine	O'Reilly	Mullingar Harriers A.C.	F40	6000m XC
Catherine	Brogan	Portmarnock A.C.	F45	6000m XC
ann marie	connellan	Ennis Track A.C.	F45	6000m XC
Catriona	Devine	Finn Valley A.C.	F45	6000m XC
Suzanne	Foot	Sli Cualann A.C.	F45	6000m XC
Breda	Gaffney	Mallow A.C.	F45	6000m XC
Ita	Kelly	Finn Valley A.C.	F45	6000m XC
Michelle	Lannon	Carrick-on-Shannon A.C.	F45	6000m XC
Edel	McNamara	Dublin City Harriers A.C.	F45	6000m XC
Michelle	O'Halloran	Mullingar Harriers A.C.	F45	6000m XC
Breda	Smyth	Lucan Harriers A.C.	F45	6000m XC
Ann-marie	Kenny	Sli Cualann A.C.	F45	6000m XC
Sarah	Kearns	Naas A.C.	F45	6000m XC
Jackie	Carty	Kilmore A.C.	F45	6000m XC
Ashling	Smith	Sli Cualann A.C.	F45	6000m XC
Siobhan	McCardle	Raheny Shamrock A.C.	F50	6000m XC
Jane	Halloran	Finn Valley A.C.	F50	6000m XC
Adrienne	Atkins	Raheny Shamrock A.C.	F50	6000m XC
Mari	Johnston	Sligo A.C.	F50	6000m XC

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Debbie	Griffin	Sli Cualann A.C.	F50	6000m XC
Jacqueline	McMonagle	City of Derry AC Spartans	F50	6000m XC
Kay	Byrne	Finn Valley A.C.	F55	6000m XC
Maura	Dervin	Mullingar Harriers A.C.	F55	6000m XC
Michelle	O'Mahoney	Kilmurray/Ibrick/N.Clare A.C.	F55	6000m XC
Niamh	O'Sullivan	An Ríocht A.C.	F55	6000m XC
Noelle	Thorpe	Sli Cualann A.C.	F55	6000m XC
Majella	Diskin	An Ríocht A.C.	F60	6000m XC
Pauline	Moran	Mayo A.C.	F60	6000m XC
Mary	Jennings	Waterford A.C.	F60	6000m XC
Noreen	Bonner	Finn Valley A.C.	F60	6000m XC
Gloria	Donaghy	Finn Valley A.C.	F60	6000m XC
Michael	Jordan	North East Runners A.C.	M65	6000m XC
Brian	Lynch	North East Runners A.C.	M65	6000m XC
Eamonn	McEvoy	St. Finbarrs A.C.	M65	6000m XC
Brian	McGrath	Le Chéile A.C.	M65	6000m XC
Noel	Hanratty	Trim A.C.	M65	6000m XC
Mike	MacDomhnaill	West Limerick A.C.	M65	6000m XC
Matt	Alexander	Coolquill A.C.	M65	6000m XC
William	Belton	Sli Cualann A.C.	M65	6000m XC
Paul	Elliot	Beechmount Harriers A.C.	M65	6000m XC
Martin	Kerr	Milford A.C.	M65	6000m XC
Ken	Higgs	Eagle A.C.	M70	6000m XC
Richard	Mullins	St. Abbans A.C.	M70	6000m XC
Michael	Smith	Laragh A.C.	M70	6000m XC
Liam	O'Hare	Barnet and District A.C.	M70	6000m XC
Tom	Hunt	Mayo A.C.	M70	6000m XC
Pat	Healy	Portmarnock A.C.	M75	6000m XC
Joseph	Stewart	Jog Lisburn Running Club	M75	6000m XC
		<b>RACE 2 (2.45PM)</b>		
Jamie	Battle	Mullingar Harriers A.C.	Jun Men	6000m XC
Damien	Madigan	North Cork A.C.	Jun Men	6000m XC
Conor	Maguire	Monaghan Phoenix A.C.	Jun Men	6000m XC
Ian	McAweeney	Clonliffe Harriers A.C.	Jun Men	6000m XC
Ben	Smith	Leevale A.C.	Jun Men	6000m XC
Fran	Whelan	Dunleer A.C.	Jun Men	6000m XC
Salmane	Madkour	Metro/St. Brigid's A.C.	Jun Men	6000m XC
Luke	Brennan	Waterford A.C.	Jun Men	6000m XC
Stephen	Cashin	Clonliffe Harriers A.C.	Jun Men	6000m XC
Shane	Coffey	Naas A.C.	Jun Men	6000m XC
Jake	McCarthy	Youghal A.C.	Jun Men	6000m XC
Tony	McCambridge	St Malachy's A.C.	Jun Men	6000m XC
Conall	McClellan	St Malachy's A.C.	Jun Men	6000m XC
Liam Og	Cuddihy	Waterford A.C.	Jun Men	6000m XC
Tommy	Connolly	Leevale A.C.	Jun Men	6000m XC
Aaron	Cullen	Clonliffe Harriers A.C.	Jun Men	6000m XC
Donal	Devane	Ennis Track A.C.	Jun Men	6000m XC
Shay	McEvoy	Kilkenny City Harriers A.C.	Jun Men	6000m XC
Andrew	McKenna	Monaghan Phoenix A.C.	Jun Men	6000m XC
Tristan	Kelly	Carmen Runners A.C.	Jun Men	6000m XC
Luke	McGuinn	Calry A.C.	Jun Men	6000m XC
Eferm	Gidey	Clonliffe Harriers A.C.	Jun Men	6000m XC
Jack	Moran	Mullingar Harriers A.C.	Jun Men	6000m XC
Fergus	O'Brien	Waterford A.C.	Jun Men	6000m XC
Connor	O'Neill	Youghal A.C.	Jun Men	6000m XC
Ben	Guiden	Clonliffe Harriers A.C.	Jun Men	6000m XC
Scott	Fagan	Metro/St. Brigid's A.C.	Jun Men	6000m XC
Aaron	Donnelly	Dundrum South Dublin A.C.	Jun Men	6000m XC
Cormac	Macdermott	Moy Valley A.C.	Jun Men	6000m XC
Kyle	Moorhead	Craughwell A.C.	Jun Men	6000m XC
Jamie	Kelly	Ennis Track A.C.	Jun Men	6000m XC
Adam	Kiely	Leevale A.C.	Jun Men	6000m XC
Cian	O'Riordan	West Waterford A.C.	Jun Men	6000m XC
Joseph	O'Shea	Ashford A.C.	Jun Men	6000m XC
Eoghan	Keaney	Tallaght A.C.	Jun Men	6000m XC

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William	Fitzgerald	Craughwell A.C.	Jun Men	6000m XC
Keelan	Kilrehill	Moy Valley A.C.	Jun Men	6000m XC
Aedan	Rogers	United Striders A.C.	Jun Men	6000m XC
Daniel	Lacey	Clonliffe Harriers A.C.	Jun Men	6000m XC
Darragh	Mcelhinney	Bantry A.C.	Jun Men	6000m XC
Daniel	Stone	Raheny Shamrock A.C.	Jun Men	6000m XC
Ruarcan	O'Gibne	Ace A.C.	Jun Men	6000m XC
David	Fox	Leevale A.C.	Sen Men	7500m XC
Kieran	Kelly	Raheny Shamrock A.C.	Sen Men	7500m XC
Patrick	McNiff	Newcastle & District A.C.	Sen Men	7500m XC
Damien	Landers	Ennis Track A.C.	Sen Men	7500m XC
Aaron	Farrell	Dunboyne A.C.	Sen Men	7500m XC
Jamie	McCarthy	Waterford A.C.	Sen Men	7500m XC
Christian	McKenna	Dundrum South Dublin A.C.	Sen Men	7500m XC
David	McGlynn	Waterford A.C.	Sen Men	7500m XC
James	Dawson	Sportsworld A.C.	Sen Men	7500m XC
Jack	Boylan	Dunleer A.C.	Sen Men	7500m XC
Mark	McPaul	Finn Valley A.C.	Sen Men	7500m XC
Gavin	McArdle	Portmarnock A.C.	Sen Men	7500m XC
Emmet	Jennings	Dundrum South Dublin A.C.	Sen Men	7500m XC
Jack	Miskella	Craughwell A.C.	Sen Men	7500m XC
Ian	Guiden	Clonliffe Harriers A.C.	Sen Men	7500m XC
Mitchell	Byrne	Rathfarnham W.S.A.F. A.C.	Sen Men	7500m XC
Garry	Campbell	Dunleer A.C.	Sen Men	7500m XC
David	Fitzmaurice	Clonliffe Harriers A.C.	Sen Men	7500m XC
Robert	Corbally	Dundrum South Dublin A.C.	Sen Men	7500m XC
Conor	O'Mahony	An Ríocht A.C.	Sen Men	7500m XC
Paul	Joyce	Craughwell A.C.	Sen Men	7500m XC
Cormac	Dalton	Mullingar Harriers A.C.	Sen Men	7500m XC
Peter	Arthur	Liffey Valley A.C.	Sen Men	7500m XC
Cathal	Doyle	Clonliffe Harriers A.C.	Sen Men	7500m XC
Eoin	Taggart	Clonliffe Harriers A.C.	Sen Men	7500m XC
Eoin	Kelly	Letterkenny A.C.	Sen Men	7500m XC
Evan	Byrne	Togher A.C.	Sen Men	7500m XC
Pierre	Murchan	Dublin City Harriers A.C.	Sen Men	7500m XC
Michael	Power	West Waterford A.C.	Sen Men	7500m XC
Darragh	Finn	Dublin City Harriers A.C.	Sen Men	7500m XC
Alex	O'Brien	Lucan Harriers A.C.	Sen Men	7500m XC
Dylan	Wright	Lucan Harriers A.C.	Sen Men	7500m XC
Eoin	Everard	Kilkenny City Harriers A.C.	Sen Men	7500m XC
Niall	Sheehan	Gowran A.C.	Sen Men	7500m XC
Eoghan	Beary	Dooneen A.C.	Sen Men	7500m XC
Liam	Brady	Tullamore Harriers A.C.	Sen Men	7500m XC
Sean	Doran	Clonliffe Harriers A.C.	Sen Men	7500m XC
Rick	Nally	Dundrum South Dublin A.C.	Sen Men	7500m XC
Conor	Duffy	Glaslough Harriers A.C.	Sen Men	7500m XC
MATT	BERGIN	IRELAND	Sen Men	7500m XC
IEUAN	THOMAS	WALES	Sen Men	7500m XC
JAMES	GORMLEY	ENGLAND	Sen Men	7500m XC
Rossa	Hurley	Donore Harriers	M35	7500m XC
Gavin	Keogh	Donore Harriers	M35	7500m XC
Thomas	Lupton	Portlaoise A.C.	M35	7500m XC
Sean	McDonnell	Tallaght A.C.	M35	7500m XC
Conor	McCauley	Leevale A.C.	M35	7500m XC
Mark	McKenna	Waterford A.C.	M35	7500m XC
Noel	Murphy	Waterford A.C.	M35	7500m XC
Alan	O'Brien	Eagle A.C.	M35	7500m XC
Colm	Rooney	Clonliffe Harriers A.C.	M35	7500m XC
Barry	Sheil	Longford A.C.	M35	7500m XC
Karoldavid	Cronin	Sportsworld A.C.	M35	7500m XC
John	Fitzgibbon	Thurles Crokes A.C.	M35	7500m XC
Tim	Twomey	Leevale A.C.	M35	7500m XC
James	Grufferty	Leevale A.C.	M35	7500m XC
Glenn	Donnelly	Acorns A.C.	M35	7500m XC
Frank	Halligan	Crusaders A.C.	M35	7500m XC
Sean	Murtagh	South Sligo A.C.	M35	7500m XC

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Noel	Burke	Ballyroan Abbeyleix & District	M35	7500m XC
Diarmuid	O'Sulleabhain	Sportsworld A.C.	M35	7500m XC
John	Kinsella	Bilboa A.C.	M35	7500m XC
Yared	Derese	Carrick Aces A.C.	M35	7500m XC
Chris	Harrington	Leevale A.C.	M35	7500m XC
Anthony	McMahon	Liffey Valley A.C.	M40	7500m XC
Paul	Burke	Ballyroan Abbeyleix & District	M40	7500m XC
Declan	Newman	Longford A.C.	M40	7500m XC
Padraig	O'Mahony	Dunleer A.C.	M40	7500m XC
Daniel	Coffey	Leevale A.C.	M40	7500m XC
Colm	Fitzgerald	Portlaoise A.C.	M40	7500m XC
Mick	Fogarty	Ferbane A.C.	M40	7500m XC
Brian	Kearney	Leevale A.C.	M40	7500m XC
David	Kirwin	Raheny Shamrock A.C.	M40	7500m XC
Dermot	McElchar	Finn Valley A.C.	M40	7500m XC
John	McElhill	Finn Valley A.C.	M40	7500m XC
Ronan	Kearns	Rathfarnham W.S.A.F. A.C.	M40	7500m XC
Niall	Sheil	St. Killian's A.C.	M40	7500m XC
Paul	Fleming	Rathfarnham W.S.A.F. A.C.	M40	7500m XC
Paddy	O'Toole	Westport A.C.	M40	7500m XC
Paul	Moloney	Mallow A.C.	M40	7500m XC
Brian	Maher	Kilkenny City Harriers A.C.	M40	7500m XC
John	McGrath	United Striders A.C.	M45	7500m XC
Donal	Mulligan	Longford A.C.	M45	7500m XC
Declan	Toal	North East Runners A.C.	M45	7500m XC
Michael	Wycherley	Crusaders A.C.	M45	7500m XC
Jason	Murray	Metro/St. Brigid's A.C.	M45	7500m XC
Bill	Carty	Sligo A.C.	M45	7500m XC
Michael	Murphy	Tullamore Harriers A.C.	M45	7500m XC
Colm	Costello	Brothers Pearse A.C.	M45	7500m XC
Cyril	Cuddy	Portlaoise A.C.	M45	7500m XC
Mark	Davis	Craughwell A.C.	M45	7500m XC
George	Delaney	United Striders A.C.	M45	7500m XC
Gerard	Gavin	Mullingar Harriers A.C.	M45	7500m XC
Brian	Geraghty	Sli Cualann A.C.	M45	7500m XC
Ben	White	Navan A.C.	M45	7500m XC
Garvan	Boyce	Finn Valley A.C.	M45	7500m XC
Bruce	Campbell	Sportsworld A.C.	M45	7500m XC
Sean	McDermott	Castlegar A.C.	M45	7500m XC
Brendan	Lyng	United Striders A.C.	M45	7500m XC
Eamon	Murphy	North Sligo A.C.	M50	7500m XC
Ian	O'Leary	Leevale A.C.	M50	7500m XC
Michael	Penrose	Finn Valley A.C.	M50	7500m XC
Mel	Hilliard	Metro/St. Brigid's A.C.	M50	7500m XC
Francis	Marsh	North Down A.C.	M50	7500m XC
Rory	Connor	Sligo A.C.	M50	7500m XC
Aengus	Burke	Portlaoise A.C.	M50	7500m XC
Dominic	Horan	Sli Cualann A.C.	M50	7500m XC
Peter	Knaggs	Sportsworld A.C.	M50	7500m XC
Kevin	McGlone	Sligo A.C.	M50	7500m XC
Padraig	Sheahan	Millstreet A.C.	M50	7500m XC
Ian	Egan	Castlegar A.C.	M50	7500m XC
Peter	Clarke	Serpentine Running Club	M50	7500m XC
Ted	Flannelly	United Striders A.C.	M50	7500m XC
Anthony	Doherty	Milford A.C.	M50	7500m XC
Edwin	Keville	Rathfarnham W.S.A.F. A.C.	M50	7500m XC
Barry	Mackey	Letterkenny A.C.	M55	7500m XC
Paul	Cowhie	Civil Service A.C.	M55	7500m XC
Phelim	Glynn	Dunboyne A.C.	M55	7500m XC
Pat	Morrissey	Ennis Track A.C.	M55	7500m XC
Eddie	Newman	Mullingar Harriers A.C.	M55	7500m XC
Willie	O'Donoghue	Mooreabbey Milers A.C.	M55	7500m XC
Patrick	O'Grady	Drogheda & District A.C.	M55	7500m XC
Patrick	Malone	Newbridge A.C.	M55	7500m XC
John	Collins	Leevale A.C.	M60	7500m XC
Mark	Connolly	Finn Valley A.C.	M60	7500m XC

## AUTUMN OPEN CROSS COUNTRY 2019

James	Cottle	Crusaders A.C.	M60	<b>7500m XC</b>
Martin	Kearney	Galway City Harriers A.C.	M60	<b>7500m XC</b>
James	Kenny	Kilmurray/Ibrick/N.Clare A.C.	M60	<b>7500m XC</b>
Martin	McDonald	Ballyroan Abbeyleix & District	M60	<b>7500m XC</b>
Pat	Muldoon	Mullingar Harriers A.C.	M60	<b>7500m XC</b>
Desie	Shorten	Sli Cualann A.C.	M60	<b>7500m XC</b>
Tom	Cuddy	Rathfarnham W.S.A.F. A.C.	M60	<b>7500m XC</b>