

Category	U23	Name	Club	Club Team	County Team
Sen Men		Michael Carmody	An Brú A.C.		
Sen Women		Catherine O'Sullivan	An Ríocht A.C.	An Ríocht A.C.	
Sen Women		Deirdre Enright	An Ríocht A.C.	An Ríocht A.C.	
Sen Women		Laura Crowe	An Ríocht A.C.	An Ríocht A.C.	
Sen Women		Liz Heaslip	An Ríocht A.C.	An Ríocht A.C.	
Sen Men		Martin Dineen	An Ríocht A.C.		
Sen Women		Mary O'Connor	An Ríocht A.C.	An Ríocht A.C.	
Sen Women		Niamh O'Sullivan	An Ríocht A.C.	An Ríocht A.C.	
Sen Women		Sharon Cahill	An Ríocht A.C.	An Ríocht A.C.	
Sen Women	U23	Shona Heaslip	An Ríocht A.C.	An Ríocht A.C.	
Sen Women		Suzanne Neilan	An Ríocht A.C.	An Ríocht A.C.	
Sen Men		Paul Pollock	Annadale Striders		
Sen Women	U23	Eadaoin O'Reilly	Annalee A.C.		
Sen Women		Danielle Fegan	Armagh AC		
Sen Women		Jane-Ann Healy	Athenry A.C.		Galway
Sen Men		Keith Lynch	B.M.O.H. A.C.		Clare
Sen Men		Colin Maher	Ballyfin A.C.		
Sen Women		Andrea McGuinness	Bohermeen A.C.		Meath
Sen Women		Briget Daly	Bohermeen A.C.		Meath
Sen Men		Darragh Rennicks	Bohermeen A.C.		Meath
Sen Women		Olivia Martin	Bohermeen A.C.		Meath
Sen Women		Siobhan O'Doherty	Borrisokane A.C.		
Sen Women		Elizabeth Egan	Bree A.C.		
Sen Men		Anthony O'Rourke	Bros. Pearse A.C.	Bros. Pearse A.C.	
Sen Men		Chris Tighe	Bros. Pearse A.C.	Bros. Pearse A.C.	
Sen Men		Conor O'Rourke	Bros. Pearse A.C.	Bros. Pearse A.C.	
Sen Men		John Kehoe	Bros. Pearse A.C.	Bros. Pearse A.C.	
Sen Men		Mark Pearse	Bros. Pearse A.C.	Bros. Pearse A.C.	
Sen Men		Pádraig Fitzpatrick	Bros. Pearse A.C.	Bros. Pearse A.C.	
Sen Men		Patrick Sneyd	Bros. Pearse A.C.	Bros. Pearse A.C.	
Sen Men		Paul Martin	Bros. Pearse A.C.	Bros. Pearse A.C.	
Sen Men		Stephen Connon	Bros. Pearse A.C.	Bros. Pearse A.C.	
Sen Men		Stephen O'Sullivan	Bros. Pearse A.C.	Bros. Pearse A.C.	
Sen Men	U23	Ruairi Myers	Carraig-Na-Bhfear A.C.		
Sen Men		Alan Forde	Castlegar A.C.		Galway
Sen Men		Frank King	Castlegar A.C.		Galway
Sen Men		Rob Lennon	Castlegar A.C.		Galway
Sen Men		Sean McDermott	Castlegar A.C.		Galway
Sen Women		Catherine Whoriskey	City of Derry AC Spartans		
Sen Men	U23	Peter Melarkey	City of Derry AC Spartans		
Sen Men		Brian McMahan	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (A)	Cork
Sen Men		Conor Healy	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (A)	
Sen Men		Conor Keane	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (B)	
Sen Men		Conor McGuinness	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (A)	
Sen Men		David Flynn	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (A)	
Sen Men		David Mansfield	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (A)	
Sen Men	U23	Eoin McCullough	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (B)	

Category	U23	Name	Club	Club Team	County Team
Sen Men	U23	Eoin Taggart	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (B)	
Sen Men		Ernie Ramsey	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (B)	
Sen Men	U23	Ian Guiden	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (A)	
Sen Men		James Kevan	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (A)	
Sen Men		Jayme Rossiter	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (A)	
Sen Men		Killian Lonergan	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (A)	
Sen Men	U23	Liam Roarty	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (B)	
Sen Men		Mark Doyle	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (B)	
Sen Men		Mark Kenneally	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (A)	
Sen Men		Niall Sherlock	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (B)	
Sen Men		Ross Gannon	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (B)	
Sen Women		Sarah McCormack	Clonliffe Harriers A.C.		
Sen Men		Sean Doran	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (B)	
Sen Men		Sergiu Cibanu	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (A)	
Sen Men		Thomas Sherlock	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (B)	
Sen Men		Thonas Frayne	Clonliffe Harriers A.C.	Clonliffe Harriers A.C. (B)	
Sen Men		Kevin Maunsell	Clonmel A.C.		
Sen Men	U23	Michael Carey	Clonmel A.C.		
Sen Women		Sara Doohan	Corran A.C		
Sen Women		Adrienne Jordan	Crusaders A.C.	Crusaders A.C.	
Sen Women		Caroline Crowley	Crusaders A.C.	Crusaders A.C.	Dublin
Sen Women		Ilona McElroy	Crusaders A.C.	Crusaders A.C.	
Sen Women		Irene Gorman	Crusaders A.C.	Crusaders A.C.	Galway
Sen Men		Jim Stagg	Crusaders A.C.		
Sen Women		Orla Drumm	Crusaders A.C.	Crusaders A.C.	Dublin
Sen Men		Vincent McGuinness	Crusaders A.C.		Galway
Sen Women		Aislinn Nicdhomhnaill	Donore Harriers	Donore Harriers	
Sen Women		Anne Curley	Donore Harriers	Donore Harriers	
Sen Women		Ashling Swaine	Donore Harriers	Donore Harriers	
Sen Women		Barbara Cleary	Donore Harriers	Donore Harriers	
Sen Men	U23	Daragh Fitzgibbon	Donore Harriers	Donore Harriers	
Sen Men		Eric Keogh	Donore Harriers	Donore Harriers	Dublin
Sen Women		Florence Curley	Donore Harriers	Donore Harriers	
Sen Women		Ide Nicdhomhnaill	Donore Harriers	Donore Harriers	
Sen Men		John Travers	Donore Harriers	Donore Harriers	Dublin
Sen Women		Karla Doran	Donore Harriers	Donore Harriers	
Sen Men		Kenneth Nugent	Donore Harriers	Donore Harriers	
Sen Men		Lee Van Haeften	Donore Harriers	Donore Harriers	
Sen Men		Mael Lambert	Donore Harriers		Dublin
Sen Women		Maura Kearns	Donore Harriers	Donore Harriers	
Sen Men		Ray Hynes	Donore Harriers	Donore Harriers	
Sen Women		Sinead Lambe	Donore Harriers	Donore Harriers	
Sen Women		Sorcha Nicdhomhnaill	Donore Harriers	Donore Harriers	
Sen Men		Terry Mee	Donore Harriers		
Sen Men		Shane Larkin	Drogheda & District A.C.		
Sen Women		Aislinn Moorehouse	Dublin City Harriers A.C.	Dublin City Harriers A.C.	
Sen Women		Aoife Ní Bhrion	Dublin City Harriers A.C.	Dublin City Harriers A.C.	

Category	U23	Name	Club	Club Team	County Team
Sen Women	U23	Claire Brennan	Dublin City Harriers A.C.	Dublin City Harriers A.C.	
Sen Women	U23	Cliona Murphy	Dublin City Harriers A.C.	Dublin City Harriers A.C.	
Sen Women		Edel McNamara	Dublin City Harriers A.C.	Dublin City Harriers A.C.	
Sen Women		Niamh Donnelly	Dublin City Harriers A.C.	Dublin City Harriers A.C.	
Sen Women	U23	Olwen Kennedy	Dublin City Harriers A.C.	Dublin City Harriers A.C.	
Sen Women	U23	Siobhan McGinley	Dublin City Harriers A.C.	Dublin City Harriers A.C.	
Sen Women		Susan McManus	Dublin City Harriers A.C.	Dublin City Harriers A.C.	
Sen Men		Alan Kenny	Dunboyne A.C.		Meath
Sen Men		Derek Finegan	Dunboyne A.C.		Meath
Sen Women		Emilia Dan	Dunboyne A.C.		Meath
Sen Men		Gerry O'Reilly	Dunboyne A.C.		Meath
Sen Men		Keith Eglington	Dunboyne A.C.		Meath
Sen Men		Loughlin Campion	Dunboyne A.C.		Meath
Sen Men		Morgan McDonagh	Dunboyne A.C.		Meath
Sen Men	U23	Paddy Peters	Dunboyne A.C.		Meath
Sen Men		Rory Kavanagh	Dunboyne A.C.		Meath
Sen Women	U23	Bethanie Murray	Dundrum South Dublin A.C.		
Sen Women		Fiona Clinton	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	Dublin
Sen Women		Harriette Robinson	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	Dublin
Sen Men		John Eves	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	Dublin
Sen Men	U23	Kevin Power-Kelly	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	
Sen Men	U23	Killian Mooney	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	
Sen Women		Laura Shaughnessy	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	Galway
Sen Women		Maria McCambridge	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	Dublin
Sen Men		Mark Conway	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	
Sen Women	U23	Meghan Ryan	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	Dublin
Sen Women		Niamh Devlin	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	Dublin
Sen Men	U23	Patrick MacGabhann	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	Dublin
Sen Men		Robert Corbally	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	Dublin
Sen Men	U23	Sam Knee-Robinson	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	
Sen Women	U23	Sarah Fitzpatrick	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	
Sen Women		Sarah Mulligan	Dundrum South Dublin A.C.	Dundrum South Dublin A.C.	
Sen Women		Aine Cotter	Dunleer A.C.	Dunleer A.C.	
Sen Women		Helen Cheshire	Dunleer A.C.	Dunleer A.C.	
Sen Women		Jacqueline Matthews	Dunleer A.C.	Dunleer A.C.	
Sen Women		Karen Costello	Dunleer A.C.	Dunleer A.C.	
Sen Women		Kelly Lynch	Dunleer A.C.	Dunleer A.C.	
Sen Women		Kim Lynch	Dunleer A.C.	Dunleer A.C.	
Sen Women		Nicola Courtney	Dunleer A.C.	Dunleer A.C.	
Sen Women		Nicola Welsh	Dunleer A.C.	Dunleer A.C.	
Sen Women		Sandra Doheny	Dunleer A.C.	Dunleer A.C.	
Sen Women		Sandra O'Rourke	Dunleer A.C.	Dunleer A.C.	
Sen Women		Linda Fahy	Dunshaughlin A.C.		Meath
Sen Men		Thomas Moran	Dunshaughlin A.C.		Meath
Sen Men		Fergus Meade	East Cork A.C.	East Cork A.C.	Cork
Sen Women		Fiona Santry	East Cork A.C.		Cork
Sen Men		James McCarthy	East Cork A.C.	East Cork A.C.	Cork

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Sen Men		Michael Harty	East Cork A.C.	East Cork A.C.	Cork
Sen Men		Sean McGrath	East Cork A.C.	East Cork A.C.	Cork
Sen Women		Caroline Donnellan	Edenderry A.C.		Offaly
Sen Women		Sinead Mullally	Edenderry A.C.		
Sen Women	U23	Amy O Donoghue	Emerald A.C.		
Sen Men		Damien Landers	Ennis Track A.C.	Ennis Track A.C.	Clare
Sen Men		Dara Chesser	Ennis Track A.C.	Ennis Track A.C.	Clare
Sen Men	U23	Karl Fitzmaurice	Ennis Track A.C.	Ennis Track A.C.	Clare
Sen Men		Kevin Chesser	Ennis Track A.C.	Ennis Track A.C.	Clare
Sen Men	U23	Patrick Chesser	Ennis Track A.C.	Ennis Track A.C.	Clare
Sen Men		Rory Chesser	Ennis Track A.C.	Ennis Track A.C.	Clare
Sen Women		Bernie O'Mahony	Farranfore Maine Valley A.C.		
Sen Women		Maria McCarthy	Farranfore Maine Valley A.C.		
Sen Men		Andrew Connick	Ferrybank A.C.	Ferrybank A.C.	Waterford
Sen Men		Brian Gallagher	Ferrybank A.C.	Ferrybank A.C.	Waterford
Sen Men		Louis O'Carroll	Ferrybank A.C.	Ferrybank A.C.	Waterford
Sen Men		Shane Quinn	Ferrybank A.C.	Ferrybank A.C.	Waterford
Sen Men		Warran Roche	Ferrybank A.C.	Ferrybank A.C.	Waterford
Sen Women		Catriona Devine	Finn Valley A.C.		Donegal
Sen Men		Christopher Johnston	Finn Valley A.C.		Donegal
Sen Men		Dermot McElchar	Finn Valley A.C.		Donegal
Sen Women		Donna Evans	Finn Valley A.C.		Donegal
Sen Men		James McFadden	Finn Valley A.C.		Donegal
Sen Men		John McElhill	Finn Valley A.C.		Donegal
Sen Men		Mark Hoy	Finn Valley A.C.		Donegal
Sen Men	U23	Mark McPaul	Finn Valley A.C.		Donegal
Sen Women		Natasha Kelly	Finn Valley A.C.		Donegal
Sen Men	U23	Shane Gallagher	Finn Valley A.C.		Donegal
Sen Men		Shane McNulty	Finn Valley A.C.		Donegal
Sen Women		Stacey Dolan	Finn Valley A.C.		Donegal
Sen Men		Alan Kelly	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
Sen Men		Andrew O' Donnghaile	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
Sen Men		Brian Bruton	Galway City Harriers A.C.	Galway City Harriers A.C.	
Sen Men		Brian O'Connor	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
Sen Women		Christine Kennedy	Galway City Harriers A.C.		Galway
Sen Women		Joanne O'Boyle	Galway City Harriers A.C.		Galway
Sen Men	U23	John Moroney	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
Sen Men		Michael O'Connor	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
Sen Men		Niall Murphy	Galway City Harriers A.C.	Galway City Harriers A.C.	
Sen Women		Niamh Hennelly	Galway City Harriers A.C.		Galway
Sen Men		Ronán Ó'Conghaile	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
Sen Men		Seamus Leddy	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
Sen Men		Tim Jones	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
Sen Men		Conor Duffy	Glaslough Harriers A.C.		
Sen Men		Benny Mullan	Inishowen A.C.	Inishowen A.C.	
Sen Men		David Porter	Inishowen A.C.	Inishowen A.C.	Donegal
Sen Men		Finbarr Gallagher	Inishowen A.C.	Inishowen A.C.	

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Sen Men		Martin Mooney	Inishowen A.C.	Inishowen A.C.	
Sen Men		Niall McGee	Inishowen A.C.	Inishowen A.C.	
Sen Men		Owen McKinney	Inishowen A.C.	Inishowen A.C.	
Sen Men		Pauric McKinney	Inishowen A.C.	Inishowen A.C.	Donegal
Sen Women		Grace Lynch	Iveragh A.C.		
Sen Women		Una Britton	Kilcoole A.C.		
Sen Men		Brian Maher	Kilkenny City Harriers A.C.	Kilkenny City Harriers A.C.	
Sen Men		Eoin Everard	Kilkenny City Harriers A.C.	Kilkenny City Harriers A.C.	
Sen Men		James Ledingham	Kilkenny City Harriers A.C.	Kilkenny City Harriers A.C.	
Sen Men		Ray Lonergan	Kilkenny City Harriers A.C.	Kilkenny City Harriers A.C.	
Sen Men		Thomas Hayes	Kilkenny City Harriers A.C.	Kilkenny City Harriers A.C.	
Sen Men	U23	Tom O'Keeffe	Kilkenny City Harriers A.C.	Kilkenny City Harriers A.C.	
Sen Women		Elaine Cardiff	Kilmore A.C.	Kilmore A.C.	Wexford
Sen Women		Fidelma Rossiter	Kilmore A.C.	Kilmore A.C.	
Sen Women		Fiona Kehoe	Kilmore A.C.	Kilmore A.C.	Wexford
Sen Women		Jackie Carty	Kilmore A.C.	Kilmore A.C.	Wexford
Sen Women		Sharon Kehoe	Kilmore A.C.	Kilmore A.C.	Wexford
Sen Men		Julio Cesar F Castro	Kilmurray/Ibrick/N.Clare A.C.		Clare
Sen Men		Thomas Garrahy	Kilmurray/Ibrick/N.Clare A.C.		Clare
Sen Men		Willie Devitt	Kilmurray/Ibrick/N.Clare A.C.		Clare
Sen Women	U23	Ciara Hewson	Le Cheile A.C.		
Sen Women		Andrea Bickerdike	Leevale A.C.	Leevale A.C.	Cork
Sen Men		Anthony Mannix	Leevale A.C.	Leevale A.C.	Cork
Sen Men		Ben Thistlewood	Leevale A.C.	Leevale A.C.	Cork
Sen Women		Carol Finn	Leevale A.C.	Leevale A.C.	Cork
Sen Men		Donal Coakley	Leevale A.C.	Leevale A.C.	
Sen Men		Eric Curran	Leevale A.C.	Leevale A.C.	Cork
Sen Men		Mark Hanrahan	Leevale A.C.	Leevale A.C.	Cork
Sen Women		Michelle Finn	Leevale A.C.	Leevale A.C.	Cork
Sen Women		Michelle Kenny	Leevale A.C.	Leevale A.C.	Cork
Sen Women		Niamh Roe	Leevale A.C.	Leevale A.C.	Cork
Sen Women		Sinead O'Connor	Leevale A.C.	Leevale A.C.	Cork
Sen Men		Tim Twomey	Leevale A.C.	Leevale A.C.	Cork
Sen Women		Annmarie McGlynn	Letterkenny A.C.	Letterkenny A.C.	Donegal
Sen Women		Caitriona Jennings	Letterkenny A.C.	Letterkenny A.C.	Donegal
Sen Men		Ciaran Doherty	Letterkenny A.C.		Donegal
Sen Men		Darren McBrearty	Letterkenny A.C.		Donegal
Sen Men		Eoghain McGinley	Letterkenny A.C.		Donegal
Sen Women		Fionnuala Diver	Letterkenny A.C.	Letterkenny A.C.	Donegal
Sen Women		Irene McFadden	Letterkenny A.C.	Letterkenny A.C.	Donegal
Sen Men		Karol Duggan	Letterkenny A.C.		Donegal
Sen Women		Nakita Burke	Letterkenny A.C.	Letterkenny A.C.	Donegal
Sen Women		Noeleen Scanlan	Letterkenny A.C.	Letterkenny A.C.	Donegal
Sen Women		Aileen Gittens	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Women		Annie Gittens	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Men		Arnaud Benjacar	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Men		Charlie Donnelly	Liffey Valley A.C.	Liffey Valley A.C.	

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Sen Men		Chris Morgan	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Women		Christine Roche	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Women	U23	Ciara Broderick Farrell	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Men		Ciaran Reilly	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Men		Damien Cauvet	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Women		Denise Fitzgerald	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Women		Eimear Nic An Bhaird	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Men		Gaetan Le Page	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Women		Kathryn Preston	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Women		Lauryn Sullivan	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Women		Linda Spratt	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Women		Maeve Walsh	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Men		Matthew Blyth	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Men		Mike Griffin	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Men		Paul Balfe	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Men		Peter Arthur	Liffey Valley A.C.	Liffey Valley A.C.	Clare
Sen Men		Pierce Geoghegan	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Women		Síle Carroll	Liffey Valley A.C.	Liffey Valley A.C.	
Sen Women		Leoni Mullen	Lifford Strabane A.C.		Donegal
Sen Women		Catheriona Mullen	Metro/St. Brigid's A.C.	Metro/St. Brigid's A.C.	
Sen Women		Eimear O'Leary	Metro/St. Brigid's A.C.	Metro/St. Brigid's A.C.	Galway
Sen Women		Emma Donlan	Metro/St. Brigid's A.C.	Metro/St. Brigid's A.C.	
Sen Women		Kate O'Neill	Metro/St. Brigid's A.C.	Metro/St. Brigid's A.C.	Dublin
Sen Women		Sarah Fay	Metro/St. Brigid's A.C.	Metro/St. Brigid's A.C.	
Sen Women	U23	Elizabeth Carr	Mullingar Harriers A.C.		
Sen Men	U23	Ian McCormack	Mullingar Harriers A.C.		
Sen Men	U23	Johnny Daly	Mullingar Harriers A.C.		
Sen Men		Mark Christie	Mullingar Harriers A.C.		
Sen Men		Tim Murphy	Mullingar Harriers A.C.		
Sen Women		Mary Hanley	Na Fianna A.C.		Meath
Sen Men		Brenden Donagher	Naomh Mhuire A.C.		Offaly
Sen Men		Jimmy Coughlan	Naomh Mhuire A.C.		Offaly
Sen Men		David McNeilly	Newcastle & District AC		
Sen Men		David O'Flaherty	Newcastle & District AC		
Sen Men		David Simpson	Newcastle & District AC		
Sen Men		Eoghan Totten	Newcastle & District AC		
Sen Women		Kerry O'Flaherty	Newcastle & District AC		
Sen Men		Seamus Lynch	Newcastle & District AC		
Sen Men	U23	Zak Hanna	Newcastle & District AC		
Sen Women		Breege Connolly	North Belfast Harriers		
Sen Men	U23	Conal McCambridge	North Belfast Harriers		
Sen Men		Michael Herlihy	North Cork A.C.		
Sen Women		Fiona McQuillan	North Down AC	North Down A.C,	
Sen Women		Jessica Craig	North Down AC	North Down A.C,	
Sen Women		Jodi Smith	North Down AC	North Down A.C,	
Sen Women	U23	Katie Moore	North Down AC	North Down A.C,	
Sen Women		Melissa Eccles	North Down AC	North Down A.C,	

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Sen Women		Rachel Gibson	North Down AC	North Down A.C,	
Sen Women		Sarah Lindsay	North Down AC	North Down A.C,	
Sen Women		Valerie McDonough	North Down AC	North Down A.C,	
Sen Women		Adrienne Atkins	Raheny Shamrock A.C.	Raheny Shamrock A.C.	
Sen Women		Aine Crimin	Raheny Shamrock A.C.	Raheny Shamrock A.C.	
Sen Women		Annette Kealy	Raheny Shamrock A.C.	Raheny Shamrock A.C.	
Sen Men		Brian Leahy	Raheny Shamrock A.C.	Raheny Shamrock A.C. (B)	
Sen Men		Carl Conroy	Raheny Shamrock A.C.	Raheny Shamrock A.C. (B)	
Sen Men		Ciaran McCarthy	Raheny Shamrock A.C.	Raheny Shamrock A.C. (B)	
Sen Men		Cillian O'Leary	Raheny Shamrock A.C.	Raheny Shamrock A.C. (A)	
Sen Men		Conor Dooney	Raheny Shamrock A.C.	Raheny Shamrock A.C. (A)	Dublin
Sen Men		Damien Martin	Raheny Shamrock A.C.	Raheny Shamrock A.C. (B)	
Sen Men		David Kirwin	Raheny Shamrock A.C.	Raheny Shamrock A.C. (B)	
Sen Men		Donal Foley	Raheny Shamrock A.C.	Raheny Shamrock A.C. (A)	
Sen Men	U23	Eoin Strutt	Raheny Shamrock A.C.	Raheny Shamrock A.C. (A)	
Sen Women		Helen Carr	Raheny Shamrock A.C.	Raheny Shamrock A.C.	
Sen Men		Ian Conroy	Raheny Shamrock A.C.	Raheny Shamrock A.C. (A)	Dublin
Sen Men		Ian McConkey	Raheny Shamrock A.C.	Raheny Shamrock A.C. (B)	
Sen Women		Jenny Mulry	Raheny Shamrock A.C.	Raheny Shamrock A.C.	
Sen Men		Jody Gilhooly	Raheny Shamrock A.C.	Raheny Shamrock A.C. (B)	
Sen Men		John Clarke	Raheny Shamrock A.C.	Raheny Shamrock A.C. (B)	
Sen Men		John Dunne	Raheny Shamrock A.C.	Raheny Shamrock A.C. (A)	
Sen Women		Karen Crossan	Raheny Shamrock A.C.	Raheny Shamrock A.C.	
Sen Men		Kevin Dooney	Raheny Shamrock A.C.	Raheny Shamrock A.C. (A)	Dublin
Sen Women	U23	Laura Brennan	Raheny Shamrock A.C.	Raheny Shamrock A.C.	
Sen Men		Mark Kirwan	Raheny Shamrock A.C.	Raheny Shamrock A.C. (A)	Dublin
Sen Women		Mary Walsh	Raheny Shamrock A.C.	Raheny Shamrock A.C.	
Sen Men		Michael Clohisey	Raheny Shamrock A.C.	Raheny Shamrock A.C. (A)	Dublin
Sen Men	U23	Michael McCabe	Raheny Shamrock A.C.	Raheny Shamrock A.C. (A)	
Sen Men		Michael McMahon	Raheny Shamrock A.C.	Raheny Shamrock A.C. (B)	
Sen Men		Mick Traynor	Raheny Shamrock A.C.	Raheny Shamrock A.C. (B)	
Sen Women		Orla Gormley	Raheny Shamrock A.C.	Raheny Shamrock A.C.	
Sen Women		Orla Manley	Raheny Shamrock A.C.	Raheny Shamrock A.C.	
Sen Men		Rory O'Sullivan	Raheny Shamrock A.C.	Raheny Shamrock A.C. (B)	
Sen Men		Simon Ryan	Raheny Shamrock A.C.	Raheny Shamrock A.C. (A)	Dublin
Sen Women		Tara Kennedy Monks	Raheny Shamrock A.C.	Raheny Shamrock A.C.	
Sen Men		Brian Furey	Rathfarnham W.S.A.F. A.C.	Rathfarnham W.S.A.F. A.C.	Galway
Sen Men	U23	David Scanlon	Rathfarnham W.S.A.F. A.C.	Rathfarnham W.S.A.F. A.C.	Dublin
Sen Men		Louis McCarthy	Rathfarnham W.S.A.F. A.C.	Rathfarnham W.S.A.F. A.C.	Dublin
Sen Men		Matt Horrigan	Rathfarnham W.S.A.F. A.C.	Rathfarnham W.S.A.F. A.C.	
Sen Men	U23	Mitchell Byrne	Rathfarnham W.S.A.F. A.C.	Rathfarnham W.S.A.F. A.C.	
Sen Men		Paul Stephenson	Rathfarnham W.S.A.F. A.C.	Rathfarnham W.S.A.F. A.C.	
Sen Men		Sean Hehir	Rathfarnham W.S.A.F. A.C.	Rathfarnham W.S.A.F. A.C.	Clare
Sen Men		Shane O'Neill	Rathfarnham W.S.A.F. A.C.	Rathfarnham W.S.A.F. A.C.	
Sen Men		Ciaran McGonagle	Rosses A.C.		Donegal
Sen Women		Ciara Dukan	Skerries A.C.		
Sen Women	U23	Orla Bollard	Skerries A.C.		

Category	U23	Name	Club	Club Team	County Team
Sen Women		Emily Waldron	Slaney Olympic A.C.		Wexford
Sen Men		Clive Quinn	Sli Cualann A.C.		
Sen Men		David Coyle	Sli Cualann A.C.		
Sen Men	U23	Jamie Cullen	Sli Cualann A.C.		
Sen Men		Bernard Fortune	Sliabh Bhuide Rovers A.C.	Sliabh Bhuide Rovers A.C.	Wexford
Sen Men		Brian Kearney	Sliabh Bhuide Rovers A.C.	Sliabh Bhuide Rovers A.C.	Wexford
Sen Men		David Leonard	Sliabh Bhuide Rovers A.C.	Sliabh Bhuide Rovers A.C.	Wexford
Sen Men		Denis Moynihan	Sliabh Bhuide Rovers A.C.	Sliabh Bhuide Rovers A.C.	Wexford
Sen Women		Lillian Lawless	Sliabh Bhuide Rovers A.C.		Wexford
Sen Men		Noel Kennedy	Sliabh Bhuide Rovers A.C.	Sliabh Bhuide Rovers A.C.	Wexford
Sen Men		Paul Gibbons	Sliabh Bhuide Rovers A.C.	Sliabh Bhuide Rovers A.C.	Wexford
Sen Men		Pedro Calvo	Sliabh Bhuide Rovers A.C.	Sliabh Bhuide Rovers A.C.	Wexford
Sen Men		Thomas Kavanagh	Sliabh Bhuide Rovers A.C.	Sliabh Bhuide Rovers A.C.	Wexford
Sen Men		Tommy McElwaine	Sliabh Bhuide Rovers A.C.	Sliabh Bhuide Rovers A.C.	Wexford
Sen Men		Trevor Conroy	Sliabh Bhuide Rovers A.C.	Sliabh Bhuide Rovers A.C.	Wexford
Sen Men		William Rossiter	Sliabh Bhuide Rovers A.C.	Sliabh Bhuide Rovers A.C.	Wexford
Sen Men		Paddy Hamilton	Slieve Gullion Runners		
Sen Women		Amanda Cunniffiee	Sligo A.C.	Sligo A.C.	
Sen Women		Audrey Colreavy	Sligo A.C.	Sligo A.C.	
Sen Men		Bill Carty	Sligo A.C.	Sligo A.C.	
Sen Women		Carmel Fallon	Sligo A.C.	Sligo A.C.	
Sen Men		Damien Kennedy	Sligo A.C.	Sligo A.C.	
Sen Men		Domhnall Melly	Sligo A.C.		
Sen Men		Emmett Dunleavy	Sligo A.C.	Sligo A.C.	
Sen Women		Fionnuala Silke	Sligo A.C.	Sligo A.C.	
Sen Men		James Callaghan	Sligo A.C.	Sligo A.C.	
Sen Men		John Paul Carty	Sligo A.C.	Sligo A.C.	
Sen Men		Karl Boyce	Sligo A.C.	Sligo A.C.	
Sen Women		Laura English	Sligo A.C.	Sligo A.C.	
Sen Women		Mari Johnston	Sligo A.C.	Sligo A.C.	
Sen Men		Mel Casserly	Sligo A.C.	Sligo A.C.	
Sen Men		Rory Connor	Sligo A.C.	Sligo A.C.	
Sen Men		Seamus Somers	Sligo A.C.	Sligo A.C.	
Sen Men		Phil Kilgallon	Sportsworld A.C.		
Sen Men	U23	John Gordon	Springwell Running Club		
Sen Women		Annette Whittaker	St. Coca's A.C.	St. Coca'S A.C.	
Sen Women		Claire Tarplee	St. Coca's A.C.	St. Coca'S A.C.	
Sen Women		Joan McGillycuddy	St. Coca's A.C.	St. Coca'S A.C.	
Sen Men	U23	Kevin Kelly	St. Coca's A.C.		
Sen Women		Marianne Mulreid	St. Coca's A.C.	St. Coca'S A.C.	
Sen Women		Nicole O'Malley	St. Coca's A.C.	St. Coca'S A.C.	
Sen Women		Olivia Bermingham	St. Coca's A.C.	St. Coca'S A.C.	
Sen Women		Rachael Smyth	St. Coca's A.C.	St. Coca'S A.C.	
Sen Women	U23	Sinead Kelly	St. Coca's A.C.	St. Coca'S A.C.	
Sen Women		Emma Murphy	St. Finbarrs A.C.		Cork
Sen Men		John Meade	St. Finbarrs A.C.		Cork
Sen Women		Martina Kiely	St. Finbarrs A.C.		Cork

Category	U23	Name	Club	Club Team	County Team
Sen Men		Rory O'Sullivan	St. Finbarrs A.C.		Cork
Sen Men		Jake O'Regan	St. John's A.C.		Clare
Sen Men		Kenneth Rogers	St. John's A.C.		Clare
Sen Women		Sally Forristal	St. Joseph's A.C.		
Sen Men		Brian Kirwan	St. L. O'Toole A.C.		
Sen Men		Ger Moloney	St. Pauls A.C.		Wexford
Sen Women		Aoife Parrella	Star of the Sea A.C.	Star Of The Sea A.C.	Meath
Sen Women		Edel Carberry	Star of the Sea A.C.	Star Of The Sea A.C.	Meath
Sen Men		Eoin Callaghan	Star of the Sea A.C.		Meath
Sen Women		Karen Lavelle	Star of the Sea A.C.	Star Of The Sea A.C.	Meath
Sen Women		Susan Vickers	Star of the Sea A.C.	Star Of The Sea A.C.	
Sen Women		Laura McDonnell	Tallaght A.C.		Dublin
Sen Men	U23	Dylan Keegan	Tempogue A.C.		
Sen Women		Ann Marie Hynes Miskell	Tuam A.C.		Galway
Sen Men		Sean Burke	Tuam A.C.		Galway
Sen Women		Bernie Daly	Tullamore Harriers A.C.		
Sen Men		Connor Butler	Tullamore Harriers A.C.		
Sen Men		David Fox	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Men		David Murray	Tullamore Harriers A.C.		
Sen Women		Dympna Condron	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Men		Eanna Gowran	Tullamore Harriers A.C.		
Sen Men		Eddie Garry	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Men		Ethan Dunican	Tullamore Harriers A.C.		
Sen Women		Evelyn Herlihy	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Men		Fergal Leonard	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Men		John Joe Galvin	Tullamore Harriers A.C.		
Sen Men		Leslie Buckley	Tullamore Harriers A.C.		
Sen Men		Liam Brady	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Women		Lynn Mooney	Tullamore Harriers A.C.		
Sen Women		Maeve Larkin	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Men		Michael Conneely	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Women		Michelle Mullaney	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Women		Nadine Donegan	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Men		Padraig Berry	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Men		Paul Mitchell	Tullamore Harriers A.C.		
Sen Men		Pauric Ennis	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Men		Rory Farrell	Tullamore Harriers A.C.	Tullamore Harriers A.C.	Offaly
Sen Women	U23	Sinead Rigney	Tullamore Harriers A.C.		
Sen Women		Ciara Mageean	U.C.D. A.C.		Dublin
Sen Men		Brian Swaby	Waterford A.C.		Waterford
Sen Men		Frank Quinlan	Waterford A.C.		Waterford
Sen Men		Iain O'Byrne	Waterford A.C.		Waterford
Sen Men		Noel Murphy	Waterford A.C.		Waterford
Sen Men		Trevor Power	Waterford A.C.		Waterford
Sen Men		Damien Murphy	West Waterford A.C.		Waterford
Sen Men		Robert Malseed	Westport A.C.		
Sen Women		Aoife Cooke	Youghal A.C.		Cork