

Munster Schools Athletics Champions 1931-2022

(Some background information on this championship appears at the end of the document)

Corrections particularly to fill in full forenames to liamobrien001@hotmail.com



Roll of Honour

Senior Boys 100m

100yds (1931 - 1969)

1931	Michael O'Sullivan	Rockwell College	10.4	100yds	Senior Boys
1937	Billy Phelan	Waterpark College Waterford	10.8	100yds	Senior Boys
1938	Thomas Kelly	Rockwell College	10.6	100yds	Senior Boys
1939	Thomas Daly	St Flannans Ennis	10.6	100yds	Senior Boys
1940	Michael Dunne	Rockwell College	10.3	100yds	Senior Boys
1941	Michael Dunne	Rockwell College	10.6	100yds	Senior Boys
1942-1946		Not Held due to World War 2 Emergency			
1947	Pat Scannell	Christian Brothers College Cork	11.0	100yds	Senior Boys
1948	Pat Scannell	Christian Brothers College Cork	10.2	100yds	Senior Boys
1949	Noel Keane	Rockwell College	11.0	100yds	Senior Boys
1950	Noel Keane	Rockwell College	10.5	100yds	Senior Boys
1951	Michael Manning	Rockwell College	10.5	100yds	Senior Boys
1952	Michael Manning	Rockwell College	10.4	100yds	Senior Boys
1953	Donan Dempsey	St Flannans Ennis	10.1	100yds	Senior Boys
1954	Maurice Donegan	Presentation Brothers Cork	10.3	100yds	Senior Boys
1955	Liam Fennessy	High School Clonmel	10.5	100yds	Senior Boys
1956	Mick Lanigan	De La Salle Waterford	10.0	100yds	Senior Boys
1957	Wyndham Williams	Christian Brothers College Cork	10.3	100yds	Senior Boys
1958	Liam Silke	Mungret College Limerick	10.2	100yds	Senior Boys
1959	Denis Murray	Rockwell College	10.4	100yds	Senior Boys
1960	David Broderick	Crescent Comprehensive SJ Limerick	10.6	100yds	Senior Boys
1961	Kevin O'Connor	Rockwell College	10.4	100yds	Senior Boys
1962	Danny Murphy	Limerick CBS	10.5	100yds	Senior Boys
1963	Jim Feeny	Presentation Brothers Cork	10.2	100yds	Senior Boys
1964	Joe Cumiskey	Rockwell College	10.6	100yds	Senior Boys
1965	Michael Manning	Presentation Brothers Cork	10.6	100yds	Senior Boys
1966	Brendan O'Regan	Crescent Comprehensive SJ Limerick	10.5	100yds	Senior Boys
1967	Brendan O'Regan	Crescent Comprehensive SJ Limerick	10.5	100yds	Senior Boys
1968	Gerry Hayes	Rockwell College	10.5	100yds	Senior Boys
1969	Gary Coughlan	North Monastery CBS Cork	10.2	100yds	Senior Boys
1970	Jim O'Hare	Presentation Brothers Cork	11.9	100m	Senior Boys
1971	Tim Crowe	St Flannans Ennis	11.7	100m	Senior Boys
1972	Laurence Leavy	St Munchins Limerick	11.2	100m	Senior Boys
1973	Dermot Browne	Rockwell College	11.1	100m	Senior Boys
1974	Robert Morgan	Mungret College Limerick	11.4	100m	Senior Boys
1975	Pat Fallon	Patrician Fethard	11.1	100m	Senior Boys
1976	Denis Collins	Rockwell College	11.3	100m	Senior Boys
1977	Jim Crotty	Christian Brothers College Cork	10.9	100m	Senior Boys
1978	John O'Kelly Lynch	Christian Brothers College Cork	10.9	100m	Senior Boys
1979	Owen Crotty	Christian Brothers College Cork	11.9	100m	Senior Boys
1980	Paul O'Brien	Crescent Comprehensive SJ Limerick	10.6	100m	Senior Boys
1981	Paul O'Brien	Crescent Comprehensive SJ Limerick	11.2	100m	Senior Boys
1982	Paul Sheedy	Midleton College	10.9	100m	Senior Boys
1983	Paul Sheedy	Midleton College	10.8	100m	Senior Boys
1984	Johnny Riordan	Rockwell College	11.1	100m	Senior Boys
1985	Michael Kelly	Borrisokane VS	10.6	100m	Senior Boys
1986	Kenneth Horgan	Midleton CBS	11.8	100m	Senior Boys
1987	Michael Kelly	Borrisokane VS	11.1	100m	Senior Boys
1988	Paul Kelleher	Farranferris Cork	11.3	100m	Senior Boys
1989	Darren Haddock	Colaiste Chriost Ri Cork	10.8	100m	Senior Boys
1990	Darren Haddock	Colaiste Chriost Ri Cork	10.8	100m	Senior Boys

1991	Carlton Haddock	Colaiste Chriost Ri Cork	10.8		100m	Senior Boys
1992	Carlton Haddock	Colaiste Chriost Ri Cork	11.0		100m	Senior Boys
1993	Daniel O'Sullivan	Rockwell College	11.0		100m	Senior Boys
1994	Jeff Casey	Presentation Brothers Cork	11.1		100m	Senior Boys
1995	Kieran Murphy	Carrigaline CS	11.6		100m	Senior Boys
1996	Eoin McCarthy	St Brendans Killarney	11.0		100m	Senior Boys
1997	Brian Cullinane	Nenagh CBS	11.0		100m	Senior Boys
1998	Brendan Burke	John The Baptist Hospital	10.9		100m	Senior Boys
1999	Ger O'Donoghue	St Brendans Killarney	10.8		100m	Senior Boys
2000	Timothy Flannery	Nenagh CBS	NT		100m	Senior Boys
2001	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	10.9		100m	Senior Boys
2002	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	11.0		100m	Senior Boys
2003	Peter Shallow	Rockwell College	11.92		100m	Senior Boys
2004	Carl McNamara	Bruce College Cork	11.01		100m	Senior Boys
2005	Derek Duff	Glanmire CC	10.97		100m	Senior Boys
2006	Derek Duff	Hewitt College Cork	11.38		100m	Senior Boys
2007	Chris Russell	Waterpark College Waterford	11.02		100m	Senior Boys
2008	Chris Russell	Waterpark College Waterford	10.97		100m	Senior Boys
2009	Nathan Jege	St Caimins CS Shannon	11.54		100m	Senior Boys
2010	David Killeen	Colaiste an Spioraid Naoimh Bishopstown	10.94	4.8	100m	Senior Boys
2011	David Killeen	Colaiste an Spioraid Naoimh Bishopstown	11.57	-3.6	100m	Senior Boys
2012	Greg O'Shea	Crescent Comprehensive SJ Limerick	11.03	2.6	100m	Senior Boys
2013	Eoin O'Carroll	Mercy Mount Hawk Tralee	11.18	3.2	100m	Senior Boys
2014	Mark Varley	Crescent Comprehensive SJ Limerick	11.40	-2.8	100m	Senior Boys
2015	Scott Gibson	Bandon Grammar School	11.03	0.3	100m	Senior Boys
2016	Joe Gibson	Bandon Grammar School	11.82	-4.2	100m	Senior Boys
2017	Jamie Mitchell	Ard Scoil Ris Limerick	11.01	0.6	100m	Senior Boys
2018	Shaun Benson	St Flannans Ennis	11.04	-0.5	100m	Senior Boys
2019	Conor Morey	Presentation Brothers Cork	10.55	2.3	100m	Senior Boys
2020	Not Held due to Covid-19 restrictions				100m	Senior Boys
2021	Not Held due to Covid-19 restrictions				100m	Senior Boys
2022	Padraic Hassett	Glenstal Abbey School	11.02	-0.3	100m	Senior Boys

Senior Boys 200m 220yds (1931-1969)

1931	Michael O'Sullivan	Rockwell College	21.2		220yds	Senior Boys
1947	Pat Scannell	Christian Brothers College Cork	25.7		220yds	Senior Boys
1948	Pat Scannell	Christian Brothers College Cork	23.5		220yds	Senior Boys
1949	John O'Donovan	Christian Brothers College Cork	25.4		220yds	Senior Boys
1950	Noel Keane	Rockwell College	24.5		220yds	Senior Boys
1951	Michael Manning	Rockwell College	23.4		220yds	Senior Boys
1952	Michael Manning	Rockwell College	24.0		220yds	Senior Boys
1953	Joe Lane	Presentation Brothers Cork	24.8		220yds	Senior Boys
1954	Donan Dempsey	St Flannans Ennis	24.0		220yds	Senior Boys
1955	Liam Fennessy	High School Clonmel	24.8		220yds	Senior Boys
1956	Michael McLoughlin	De La Salle Waterford	23.5		220yds	Senior Boys
1957	Cashel Riordan	Christian Brothers College Cork	23.7		220yds	Senior Boys
1958	Liam Silke	Mungret College Limerick	23.7		220yds	Senior Boys
1959	Billy Harris	Crescent Comprehensive SJ Limerick	23.8		220yds	Senior Boys
1960	Billy Harris	Crescent Comprehensive SJ Limerick	23.2		220yds	Senior Boys
1961	David Broderick	Crescent Comprehensive SJ Limerick	23.7		220yds	Senior Boys
1962	Brian O'Neill	Tralee CBS	23.2		220yds	Senior Boys
1963	Joe Cumiskey	Rockwell College	23.5		220yds	Senior Boys
1964	Joe Cumiskey	Rockwell College	22.9		220yds	Senior Boys
1965	Michael Manning	Presentation Brothers Cork	23.5		220yds	Senior Boys
1966	Ray Comiskey	Rockwell College	24.0		220yds	Senior Boys
1967	Brendan O'Regan	Crescent Comprehensive SJ Limerick	21.8		220yds	Senior Boys
1968	Gerry Hayes	Rockwell College	23.1		220yds	Senior Boys
1969	Gary Coughlan	North Monastery CBS Cork	24.0		220yds	Senior Boys
1970	Fiacra Hensey	Ennis CBS	24.2		200m	Senior Boys
1971	Tim Crowe	St Flannans Ennis	23.7		200m	Senior Boys
1972	Laurence Leavy	St Munchins Limerick	23.1		200m	Senior Boys
1973	Dermot Browne	Rockwell College	21.8		200m	Senior Boys

1974	Robert Morgan	Mungret College Limerick	23.9		200m	Senior Boys
1975	Pat Fallon	Patrician Fethard	22.6		200m	Senior Boys
1976	Denis Collins	Rockwell College	23.6		200m	Senior Boys
1977	Jim Crotty	Christian Brothers College Cork	22.9		200m	Senior Boys
1978	John O'Kelly Lynch	Christian Brothers College Cork	22.2		200m	Senior Boys
1979	Owen Crotty	Christian Brothers College Cork	23.8		200m	Senior Boys
1980	Kieran Finn	Salesian Pallaskenry	21.8		200m	Senior Boys
1981	Paul O'Brien	Crescent Comprehensive SJ Limerick	22.6		200m	Senior Boys
1982	Paul Sheedy	Midleton College	22.5		200m	Senior Boys
1983	Paul Sheedy	Midleton College	22.1		200m	Senior Boys
1984	Paul O'Regan	Colaiste Chriost Ri Cork	22.0		200m	Senior Boys
1985	Paul O'Regan	Colaiste Chriost Ri Cork	22.1		200m	Senior Boys
1986	Aidan O'Regan	Colaiste Chriost Ri Cork	22.8		200m	Senior Boys
1987	Michael Kelly	Borrisokane VS	22.5		200m	Senior Boys
1988	Niall Boland	Presentation Brothers Cork	22.8		200m	Senior Boys
1989	David Power	Colaiste an Spioraid Naoimh Bishopstown	22.4		200m	Senior Boys
1990	Gary Ryan	Nenagh CBS	22.5		200m	Senior Boys
1991	Tom Cummins	Crescent Comprehensive SJ Limerick	22.5		200m	Senior Boys
1992	Sean O'Sullivan	Killorglin CC	22.0		200m	Senior Boys
1993	Michael Hallahan	Colaiste Chriost Ri Cork	23.2		200m	Senior Boys
1994	Brian Liddy	Glenstal Abbey School	22.9		200m	Senior Boys
1995	Kieran Murphy	Carrigaline CS	23.1		200m	Senior Boys
1996	Eoin McCarthy	St Brendans Killarney	22.2		200m	Senior Boys
1997	Thomas Coman	Thurles CBS	22.2		200m	Senior Boys
1998	Thomas Coman	Thurles CBS	22.6		200m	Senior Boys
1999	Timothy Flannery	Nenagh CBS	22.5		200m	Senior Boys
2000	Darren Coughlan	Hamilton High School Bandon	22.1		200m	Senior Boys
2001	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	21.8		200m	Senior Boys
2002	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	22.1		200m	Senior Boys
2003	Maurice Donoghue	De La Salle Waterford	23.62		200m	Senior Boys
2004	Carl McNamara	Bruce College Cork	22.50		200m	Senior Boys
2005	Derek Duff	Glanmire CC	22.20		200m	Senior Boys
2006	Derek Duff	Hewitt College Cork	22.60		200m	Senior Boys
2007	Chris Russell	Waterpark College Waterford	22.74		200m	Senior Boys
2008	Chris Russell	Waterpark College Waterford	21.90		200m	Senior Boys
2009	Billy Ryan	De La Salle Waterford	22.83		200m	Senior Boys
2010	David Killeen	Colaiste an Spioraid Naoimh Bishopstown	22.37	1.2	200m	Senior Boys
2011	David Killeen	Colaiste an Spioraid Naoimh Bishopstown	23.64	-4.4	200m	Senior Boys
2012	Greg O'Shea	Crescent Comprehensive SJ Limerick	22.14		200m	Senior Boys
2013	Paul Murphy	St Augustines Dungarvan	22.09	2.8	200m	Senior Boys
2014	Steven Walsh	St Declans CC Kilmacthomas	23.23	-3.5	200m	Senior Boys
2015	Stephen Walsh	St Declans CC Kilmacthomas	22.42	2.6	200m	Senior Boys
2016	Joey Henchy	Bandon Grammar School	22.92	-3.9	200m	Senior Boys
2017	Jamie Mitchell	Ard Scoil Ris Limerick	22.94	-2.2	200m	Senior Boys
2018	Conor Morey	Presentation Brothers Cork	22.32	0.0	200m	Senior Boys
2019	Colin Doyle	Colaiste an Spioraid Naoimh Bishopstown	21.80	0.7	200m	Senior Boys
2020	Not Held due to Covid-19 restrictions				200m	Senior Boys
2021	Not Held due to Covid-19 restrictions				200m	Senior Boys
2022	Padraic Hassett	Glenstal Abbey School	22.25	0.1	200m	Senior Boys

Senior Boys 300yds

1937	Billy Phelan	Waterpark College Waterford	NT		300yds	Senior Boys
1938	Billy Phelan	Waterpark College Waterford	35.8		300yds	Senior Boys
1939	George Saidleir	St Colmans Fermoy	36.2		300yds	Senior Boys
1940	Nicholas McCarthy	Presentation Brothers Cork	34.0		300yds	Senior Boys
1941	Michael Dunne	Rockwell College	34.2		300yds	Senior Boys

Senior Boys 400m 440yds (1931 - 1969)

1931	Michael O'Sullivan	Rockwell College	55.2		440yds	Senior Boys
1948	Pat Scannell	Christian Brothers College Cork	55.2		440yds	Senior Boys
1949	Cornelius Lynch	Rockwell College	57.4		440yds	Senior Boys

1950	Michael Gillespie	St Colmans Fermoy	55.2	440yds	Senior Boys
1951	Gary Horgan	Christian Brothers College Cork	55.6	440yds	Senior Boys
1952	Tim McGrath	Rockwell College	53.6	440yds	Senior Boys
1953	Brian Coffey	Christian Brothers College Cork	55.4	440yds	Senior Boys
1954	M Murphy	Sullivans Quay Cork	55.0	440yds	Senior Boys
1955	Liam Fennessy	High School Clonmel	55.0	440yds	Senior Boys
1956	Michael McLoughlin	De La Salle Waterford	53.0	440yds	Senior Boys
1957	Tom Waldron	Sullivans Quay Cork	54.8	440yds	Senior Boys
1958	Brian Murray	Presentation Brothers Cork	54.5	440yds	Senior Boys
1959	Billy Harris	Crescent Comprehensive SJ Limerick	53.0	440yds	Senior Boys
1960	Billy Harris	Crescent Comprehensive SJ Limerick	52.5	440yds	Senior Boys
1961	David Broderick	Crescent Comprehensive SJ Limerick	53.9	440yds	Senior Boys
1962	Brian O'Neill	Tralee CBS	53.4	440yds	Senior Boys
1963	Ian Hamilton	Presentation Brothers Cobh	53.6	440yds	Senior Boys
1964	Ian Hamilton	Presentation Brothers Cobh	51.4	440yds	Senior Boys
1965	Pat Sheppard	Presentation Brothers Cork	54.4	440yds	Senior Boys
1966	Sean Ryan	Colaiste Iosagain Ballyvourney	54.5	440yds	Senior Boys
1967	Ger McKeown	Limerick CBS	52.1	440yds	Senior Boys
1968	Joe Adams	Limerick CBS	52.4	440yds	Senior Boys
1969	Billy Bolster	Patrician Academy Mallow	53.2	440yds	Senior Boys
1970	Bernard Lynch	Farranferris Cork	52.9	400m	Senior Boys
1971	Tim Crowe	St Flannans Ennis	54.1	400m	Senior Boys
1972	Tim Crowe	St Flannans Ennis	52.7	400m	Senior Boys
1973	Eddie Cogan	Mungret College Limerick	52.6	400m	Senior Boys
1974	Peter Morgan	Mungret College Limerick	52.2	400m	Senior Boys
1975	Anthony Power	Rockwell College	52.3	400m	Senior Boys
1976	Paudie Cronin	Dunmanway VS	53.4	400m	Senior Boys
1977	Adrian Barry	St Flannans Ennis	51.5	400m	Senior Boys
1978	Adrian Barry	St Flannans Ennis	50.3	400m	Senior Boys
1979	John Joseph Barry	St Augustines Dungarvan	51.9	400m	Senior Boys
1980	Kieran Finn	Salesian Pallaskenry	49.4	400m	Senior Boys
1981	Michael Morrissey	Nenagh CBS	51.8	400m	Senior Boys
1982	Ger McMahon	St Flannans Ennis	51.5	400m	Senior Boys
1983	John Cody	St Augustines Dungarvan	50.4	400m	Senior Boys
1984	Paul O'Regan	Colaiste Chriost Ri Cork	49.3	400m	Senior Boys
1985	Paul O'Regan	Colaiste Chriost Ri Cork	50.4	400m	Senior Boys
1986	Aidan O'Regan	Colaiste Chriost Ri Cork	49.2	400m	Senior Boys
1987	Aidan O'Regan	Colaiste Chriost Ri Cork	49.2	400m	Senior Boys
1988	Alan Clooney	St Pauls Waterford	50.7	400m	Senior Boys
1989	Liam Clinton	Scoil Stiofain Naofa Cork	50.0	400m	Senior Boys
1990	Gary Ryan	Nenagh CBS	50.3	400m	Senior Boys
1991	Mark Smyth	North Monastery CBS Cork	49.6	400m	Senior Boys
1992	Mark Smyth	North Monastery CBS Cork	49.3	400m	Senior Boys
1993	O O'Keeffe	St Munchins Limerick	53.5	400m	Senior Boys
1994	Jermey Desmond	Bandon Grammar School	51.5	400m	Senior Boys
1995	Brian Liddy	Glenstal Abbey School	49.6	400m	Senior Boys
1996	Michael Esmonde	Thurles CBS	51.1	400m	Senior Boys
1997	Thomas Coman	Thurles CBS	49.8	400m	Senior Boys
1998	Thomas Coman	Thurles CBS	48.3	400m	Senior Boys
1999	Joe O'Donnell	St Augustines Dungarvan	50.1	400m	Senior Boys
2000	Brian Murphy	Colaiste an Phiarsaigh Glanmire	50.1	400m	Senior Boys
2001	Brian Murphy	Colaiste an Phiarsaigh Glanmire	49.6	400m	Senior Boys
2002	Maurice O'Donoghue	De La Salle Waterford	50.7	400m	Senior Boys
2003	Liam O'Brien	Midleton CBS	51.50	400m	Senior Boys
2004	Frank Daly	St Munchins Limerick	49.97	400m	Senior Boys
2005	Michael Dillon	Listowel CC	50.75	400m	Senior Boys
2006	Ciaran O'Driscoll Collins	Ard Scoil Ris Limerick	50.89	400m	Senior Boys
2007	Ciaran O'Driscoll Collins	Ard Scoil Ris Limerick	51.54	400m	Senior Boys
2008	Billy Ryan	De La Salle Waterford	49.27	400m	Senior Boys
2009	Billy Ryan	De La Salle Waterford	49.38	400m	Senior Boys
2010	Patrick Maher	Davis College Mallow	49.06	400m	Senior Boys
2011	James Green	Comeragh College Carrick-on-Suir	49.77	400m	Senior Boys
2012	Ben Kiely	Tramore CBS	50.14	400m	Senior Boys
2013	Paul Murphy	St Augustines Dungarvan	49.54	400m	Senior Boys
2014	Paul Murphy	St Augustines Dungarvan	50.00	400m	Senior Boys
2015	Scott Gibson	Bandon Grammar School	47.60	400m	Senior Boys

2016	Jamie Mitchell	Ard Scoil Ris Limerick	49.64	400m	Senior Boys
2017	Tony Odubote	Rice College Ennis	50.13	400m	Senior Boys
2018	Jack Pender	High School Clonmel	51.90	400m	Senior Boys
2019	Shane Aherne	Rochestown College	49.58	400m	Senior Boys
2020	Not Held due to Covid-19 restrictions			400m	Senior Boys
2021	Not Held due to Covid-19 restrictions			400m	Senior Boys
2022	Nathan Sheehy-Cremin	SMI Newcastlewest	50.53	400m	Senior Boys

Senior Boys 800m 880yds (1937 - 1969)

1937	Roger Bevin	North Monastery CBS Cork	NT	880yds	Senior Boys
1938	Jeremiah Beckett	Christian Brothers College Cork	NT	880yds	Senior Boys
1939	J Fitzpatrick	St Flannans Ennis	2.15.6	880yds	Senior Boys
1940	J Fitzpatrick	St Flannans Ennis	NT	880yds	Senior Boys
1941	G Kelly	Cork	2.15.4	880yds	Senior Boys
1942-1946	Not Held due to World War 2 Emergency				
1947	Patrick Fitzgerald	Presentation Brothers Cork	2.15.6	880yds	Senior Boys
1948	Ian Cotton	Glenstal Abbey School	2.04.2	880yds	Senior Boys
1949	G Healy	Christian Brothers College Cork	2.11.4	880yds	Senior Boys
1950	Michael Gillespie	St Colmans Fermoy	2.10.4	880yds	Senior Boys
1951	James Hynes	Rockwell College	2.19.5	880yds	Senior Boys
1952	Tom Murphy	Sullivans Quay Cork	2.05.1	880yds	Senior Boys
1953	Pat Daffy	St Flannans Ennis	2.06.4	880yds	Senior Boys
1954	Don McDonald	Rochestown College	2.07.4	880yds	Senior Boys
1955	D O'Driscoll	Sullivans Quay Cork	2.10.1	880yds	Senior Boys
1956	Edward ('Ted') O'Brien	Rockwell College	2.07.5	880yds	Senior Boys
1957	Michael O'Leary	Rockwell College	2.10.0	880yds	Senior Boys
1958	Michael O'Leary	Rockwell College	2.10.0	880yds	Senior Boys
1959	Jerry Murray	Presentation Brothers Cork	2.12.0	880yds	Senior Boys
1960	Austin Ivors	Colaiste Chriost Ri Cork	2.05.2	880yds	Senior Boys
1961	Micheal Haugh	St Flannans Ennis	2.05.8	880yds	Senior Boys
1962	Tom Barrett	Presentation Brothers Cork	2.09.2	880yds	Senior Boys
1963	Ian Hamilton	Presentation Brothers Cobh	2.06.7	880yds	Senior Boys
1964	Ian Hamilton	Presentation Brothers Cobh	1.56.5	880yds	Senior Boys
1965	Jim Leahy	Rockwell College	2.00.6	880yds	Senior Boys
1966	Ger McKeown	Limerick CBS	2.06.0	880yds	Senior Boys
1967	Ger McKeown	Limerick CBS	2.02.5	880yds	Senior Boys
1968	Joe Adams	Limerick CBS	1.59.3	880yds	Senior Boys
1969	Billy Bolster	Patrician Academy Mallow	2.01.3	880yds	Senior Boys
1970	Bernard Lynch	Farranferris Cork	1.59.7	800m	Senior Boys
1971	Jerry Kiernan	St Michaels Listowel	2.04.6	800m	Senior Boys
1972	Donal Ryan	Presentation Brothers Cork	1.59.4	800m	Senior Boys
1973	Niall O'Shaughnessy	St Munchins Limerick	1.57.0	800m	Senior Boys
1974	Peter Morgan	Mungret College Limerick	2.00.1	800m	Senior Boys
1975	Declan O'Mahony	Colaiste Chriost Ri Cork	2.03.1	800m	Senior Boys
1976	Seamus Ryan	Crescent Comprehensive SJ Limerick	2.02.9	800m	Senior Boys
1977	Tommy Moloney	Thurles CBS	1.58.0	800m	Senior Boys
1978	Tommy Moloney	Thurles CBS	1.54.3	800m	Senior Boys
1979	Brian O'Regan	Mitchelstown CBS	2.01.8	800m	Senior Boys
1980	Peter Gleeson	Nenagh CBS	1.55.8	800m	Senior Boys
1981	Ger Ryan	Crescent Comprehensive SJ Limerick	1.59.1	800m	Senior Boys
1982	Kieran Mullins	De La Salle Waterford	2.08.4	800m	Senior Boys
1983	Bernard O'Sullivan	Colaiste Chriost Ri Cork	1.58.1	800m	Senior Boys
1984	Bernard O'Sullivan	Colaiste Chriost Ri Cork	1.59.7	800m	Senior Boys
1985	Finbarr O'Mahony	Colaiste Chriost Ri Cork	2.01.4	800m	Senior Boys
1986	Geoffery Sheehan	Charleville CBS	1.57.8	800m	Senior Boys
1987	Aidan O'Regan	Colaiste Chriost Ri Cork	1.54.3	800m	Senior Boys
1988	Anthony O'Keefe	Colaiste Chriost Ri Cork	1.54.0	800m	Senior Boys
1989	Pat Calanan	Colaiste an Spioraid Naoimh Bishopstown	1.55.4	800m	Senior Boys
1990	P J O'Rourke	St Marys Newport	1.57.4	800m	Senior Boys
1991	P J O'Rourke	St Marys Newport	1.55.0	800m	Senior Boys
1992	Kieran McKeown	Deerpark CBS Cork	1.56.5	800m	Senior Boys
1993	Kieran McKeown	North Monastery CBS Cork	1.59.4	800m	Senior Boys
1994	Oisin Crowley	Hamilton High School Bandon	1.55.8	800m	Senior Boys

1995	Brian Murray	St Sheelans Templemore	2.02.9	800m	Senior Boys
1996	Ivan Leane	St Brendans Killarney	1.57.3	800m	Senior Boys
1997	Denis Murphy	Mayfield Commmunity School	1.58.3	800m	Senior Boys
1998	Paul Carroll	North Monastry CBS Cork	1.55.7	800m	Senior Boys
1999	Thomas Quaid	Dromcollogher CC	1.54.1	800m	Senior Boys
2000	Ian O'Donovan	Colaiste Choilm Ballincollig	1.59.3	800m	Senior Boys
2001	Liam Reale	John The Baptist Hospital	1.50.8	800m	Senior Boys
2002	James Ledingham	St Augustines Dungarvan	1.57.7	800m	Senior Boys
2003	Richard Byrne	North Monastry CBS Cork	1.57.13	800m	Senior Boys
2004	John Shine	Colaiste an Spioraid Naoimh Bishopstown	1.59.00	800m	Senior Boys
2005	Brian Markham	St Flannans Ennis	1.55.80	800m	Senior Boys
2006	David McCarthy	St Augustines Dungarvan	1.52.74	800m	Senior Boys
2007	Niall Tuohy	Newtown School Waterford	1.53.80	800m	Senior Boys
2008	Keith Maher	Nenagh CBS	1.57.17	800m	Senior Boys
2009	Liam Markham	St Flannans Ennis	2.00.36	800m	Senior Boys
2010	Cathal O'Connor	St Caimins CS Shannon	1.59.05	800m	Senior Boys
2011	Dean Cronin	Colaiste an Phiarsaigh Glanmire	1.55.80	800m	Senior Boys
2012	Dean Cronin	Colaiste an Phiarsaigh Glanmire	1.58.57	800m	Senior Boys
2013	Sean Tobin	High School Clonmel	1.50.23	800m	Senior Boys
2014	Conor Walter	Rochestown College	1.55.44	800m	Senior Boys
2015	Gary O'Sullivan	De La Salle Macroom	2.00.14	800m	Senior Boys
2016	Conor O'Driscoll	Carrigaline CS	2.00.35	800m	Senior Boys
2017	Conor O'Driscoll	Carrigaline CS	1.59.57	800m	Senior Boys
2018	Conor Ryan	Our Ladys Templemore	2.01.28	800m	Senior Boys
2019	Ben Deasy	St Flannans Ennis	2.00.12	800m	Senior Boys
2020	Not Held due to Covid-19 restrictions			800m	Senior Boys
2021	Not Held due to Covid-19 restrictions			800m	Senior Boys
2022	Nathan Sheehy-Cremin	SMI Newcastlewest	1:54.03	800m	Senior Boys

Senior Boys 1500m 1 Mile (1948 - 1969)

1948	John Sheehy	Farranferris Cork	5.09.8	1 Mile	Senior Boys
1949	B Cussen	Presentation Brothers Cork	5.16.4	1 Mile	Senior Boys
1950	S Curran	St Flannans Ennis	4.32.2	1 Mile	Senior Boys
1951	Patrick Leonard	St Colmans Fermoy	5.05.9	1 Mile	Senior Boys
1952	Patrick Leonard	St Colmans Fermoy	4.56.4	1 Mile	Senior Boys
1953	Jim Carney	St Flannans Ennis	4.55.4	1 Mile	Senior Boys
1954	Don McDonald	Rochestown College	4.54.5	1 Mile	Senior Boys
1955	Tom O'Riordan	Tralee CBS	4.54.5	1 Mile	Senior Boys
1956	Edward ('Ted') O'Brien	Rockwell College	4.47.6	1 Mile	Senior Boys
1957	Michael Moran	High School Clonmel	4.56.0	1 Mile	Senior Boys
1958	Declan Campion	Salesian Pallaskenry	4.57.1	1 Mile	Senior Boys
1959	Declan Campion	Salesian Pallaskenry	4.38.0	1 Mile	Senior Boys
1960	John D Murphy	Patrician Academy Mallow	4.50.3	1 Mile	Senior Boys
1961	Micheal Haugh	St Flannans Ennis	4.41.7	1 Mile	Senior Boys
1962	Larry Phelan	De La Salle Waterford	4.53.5	1 Mile	Senior Boys
1963	Ray Shannon	Ennis CBS	4.49.9	1 Mile	Senior Boys
1964	Eric Hopkins	Presentation Brothers Cork	4.35.6	1 Mile	Senior Boys
1965	Jim Leahy	Rockwell College	4.32.4	1 Mile	Senior Boys
1966	Ger McKeown	Limerick CBS	4.47.6	1 Mile	Senior Boys
1967	Finbarr White	Colaiste Chriost Ri Cork	4.36.1	1 Mile	Senior Boys
1968	Paul Horan	Mungret College Limerick	4.31.8	1 Mile	Senior Boys
1969	Tadgh O'Donoghue	Kenmare	4.39.3	1 Mile	Senior Boys
1970	Tadgh O'Donoghue	Kenmare	4.08.8	1500m	Senior Boys
1971	Jerry Kiernan	St Michaels Listowel	4.15.1	1500m	Senior Boys
1972	Des O'Connor	Tipperary VS	4.06.2	1500m	Senior Boys
1973	Phil English	Tipperary VS	4.11.4	1500m	Senior Boys
1974	Eddie Hartnett	Fermoy CBS	4.13.7	1500m	Senior Boys
1975	Declan O'Mahony	Colaiste Chriost Ri Cork	4.17.8	1500m	Senior Boys
1976	Noel Shannon	Colaiste an Spioraid Naoimh Bishopstown	4.12.7	1500m	Senior Boys
1977	Tommy Moloney	Thurles CBS	4.08.2	1500m	Senior Boys
1978	Frank O'Mara	St Munchins Limerick	4.00.1	1500m	Senior Boys
1979	Brian O'Regan	Mitchelstown CBS	4.19.1	1500m	Senior Boys
1980	Kieran Stack	Doneraile CBS	4.15.7	1500m	Senior Boys

1981	Gerard O'Callaghan	Christian Brothers College Cork	4.05.2	1500m	Senior Boys
1982	Cyril Whelan	Nenagh CBS	4.14.0	1500m	Senior Boys
1983	Noel Stack	Listowel VS	4.01.0	1500m	Senior Boys
1984	Brian Kelly	De La Salle Waterford	4.01.0	1500m	Senior Boys
1985	Frank Conway	Intermediate School Killorglin	4.16.3	1500m	Senior Boys
1986	Bill Mullaney	Thurles CBS	4.04.0	1500m	Senior Boys
1987	Stephen Mohan	Maria Immaculata Dunmanway	4.02.6	1500m	Senior Boys
1988	Frank Hanley	St Clements Limerick	3.55.4	1500m	Senior Boys
1989	Frank Hanley	St Clements Limerick	3.53.8	1500m	Senior Boys
1990	Mark Carroll	North Monastery CBS Cork	3.52.5	1500m	Senior Boys
1991	P J O'Rourke	St Marys Newport	4.01.4	1500m	Senior Boys
1992	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	4.04.6	1500m	Senior Boys
1993	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	4.10.8	1500m	Senior Boys
1994	Oisin Crowley	Hamilton High School Bandon	3.58.2	1500m	Senior Boys
1995	Oisin Crowley	North Monastery CBS Cork	4.06.5	1500m	Senior Boys
1996	David Coade	North Monastery CBS Cork	4.13.2	1500m	Senior Boys
1997	Paul Carroll	North Monastery CBS Cork	4.12.8	1500m	Senior Boys
1998	Paul Carroll	North Monastery CBS Cork	3.57.5	1500m	Senior Boys
1999	Shane O'Shaughnessy	Mayfield Commmunity School	4.00.4	1500m	Senior Boys
2000	Shane Power	Central Technical Institute Waterford	4.48.8	1500m	Senior Boys
2001	Sean Conroy	North Monastery CBS Cork	3.58.3	1500m	Senior Boys
2002	Brian Farrell	North Monastery CBS Cork	4.08.1	1500m	Senior Boys
2003	James Ledingham	St Augustines Dungarvan	4.20.46	1500m	Senior Boys
2004	Philip Conway	Waterpark College Waterford	4.10.48	1500m	Senior Boys
2005	Ciaran O'Lionaird	De La Salle Macroom	4.02.32	1500m	Senior Boys
2006	David McCarthy	St Augustines Dungarvan	4.02.62	1500m	Senior Boys
2007	David McCarthy	St Augustines Dungarvan	3.59.88	1500m	Senior Boys
2008	Craig Murphy	Douglas CS	3.59.32	1500m	Senior Boys
2009	Liam Markham	St Flannans Ennis	4.24.31	1500m	Senior Boys
2010	Liam Markham	St Flannans Ennis	4.13.49	1500m	Senior Boys
2011	Shane Quinn	De La Salle Waterford	4.02.88	1500m	Senior Boys
2012	Sean Tobin	High School Clonmel	3.54.73	1500m	Senior Boys
2013	Sean Tobin	High School Clonmel	3.50.54	1500m	Senior Boys
2014	Liam Hennessy	Colaiste Chriost Ri Cork	4.18.46	1500m	Senior Boys
2015	Luke Horgan	Colaiste Chriost Ri Cork	4.16.14	1500m	Senior Boys
2016	Luke Horgan	Colaiste Chriost Ri Cork	4.24.35	1500m	Senior Boys
2017	Charlie O'Donovan	Colaiste Chriost Ri Cork	4.17.82	1500m	Senior Boys
2018	Charlie O'Donovan	Colaiste Chriost Ri Cork	4.05.09	1500m	Senior Boys
2019	Darragh McElhinney	Coaiste Pobail Bantry	3.49.42	1500m	Senior Boys
2020	Not Held due to Covid-19 restrictions			1500m	Senior Boys
2021	Not Held due to Covid-19 restrictions			1500m	Senior Boys
2022	Cian O'Boyle	St Flannans Ennis	4:03.92	1500m	Senior Boys

Senior Boys 5000m 3 miles (1963 -1969)

1963	Jim Leahy	Rockwell College	16.05.2	3 Miles	Senior Boys
1964	Jim Leahy	Rockwell College	16.04.7	3 Miles	Senior Boys
1965	Donal Walsh	North Monastery CBS Cork	15.17.2	3 Miles	Senior Boys
1966	Donal Walsh	North Monastery CBS Cork	14.57.2	3 Miles	Senior Boys
1967	Neil Cusack	St Munchins Limerick	15.47.8	3 Miles	Senior Boys
1968	Neil Cusack	St Munchins Limerick	15.08.0	3 Miles	Senior Boys
1969	Tadgh O'Donoghue	Kenmare	15.43.0	3 Miles	Senior Boys
1970	Neil Cusack	St Munchins Limerick	15.26.4	5000m	Senior Boys
1971	Tony Ryan	Dungarvan CBS	15.02.0	5000m	Senior Boys
1972	Des O'Connor	Tipperary VS	15.05.8	5000m	Senior Boys
1973	Phil English	Tipperary VS	15.19.5	5000m	Senior Boys
1974	John Treacy	St Anns Cappoquin	14.47.3	5000m	Senior Boys
1975	John Downey	Tipperary CBS	16.08.0	5000m	Senior Boys
1976	Anthony O'Neill	North Monastery CBS Cork	17.15.8	5000m	Senior Boys
1977	M Foley	Limerick CBS	16.46.2	5000m	Senior Boys
1978	Paul Moloney	St Munchins Limerick	16.00.6	5000m	Senior Boys
1979	Marcus O'Sullivan	Colaiste Chriost Ri Cork	16.05.6	5000m	Senior Boys
1980	Liam Griffin	Tralee VS	15.50.0	5000m	Senior Boys
1981	Richard O'Flynn	Hamilton High School Bandon	14.59.6	5000m	Senior Boys

1982	Bill Lacey	De La Salle Waterford	15.09.4	5000m	Senior Boys
1983	Donncha O'Mahony	Colaiste an Chroi Naofa Carraig na bhFear	15.41.7	5000m	Senior Boys
1984	John Allen	Croom VS	15.33.7	5000m	Senior Boys
1985	John Fleming	Castleisland VS	16.12.0	5000m	Senior Boys
1986	Stephen Gibbons	Hamilton High School Bandon	15.36.3	5000m	Senior Boys
1987	J Moloney	St Endas CS Limerick	15.46.8	5000m	Senior Boys
1988	Jer Twomey	Charleville CBS	15.16.5	5000m	Senior Boys
1989	Eddie O'Carroll	North Monastery CBS Cork	15.04.8	5000m	Senior Boys
1990	Declan O'Callaghan	North Monastery CBS Cork	14.58.8	5000m	Senior Boys
1991	John Murray	North Monastery CBS Cork	15.07.0	5000m	Senior Boys
1992	David Healy	Douglas CS	14.46.3	5000m	Senior Boys
1993	David Healy	North Monastery CBS Cork	17.02.7	5000m	Senior Boys
1994	Padraig Buckley	North Monastery CBS Cork	15.36.4	5000m	Senior Boys
1995	Mark Radley	Dungarvan CBS	15.33.5	5000m	Senior Boys
1996	Thomas Carey	St Josephs Newport	15.05.0	5000m	Senior Boys
1997	Dermot Galvin	St Josephs CC Kilkee	15.54.6	5000m	Senior Boys
1998	Paul O'Reilly	North Monastery CBS Cork	15.21.5	5000m	Senior Boys
1999	Tim Murphy	St Aidans CC Cork	15.39.7	5000m	Senior Boys
2000	Robert Wade	St Declans CC Kilmacthomas	15.28.9	5000m	Senior Boys
2001	Robert Wafe	North Monastery CBS Cork	15.14.1	5000m	Senior Boys
2002	Mark Hanrahan	Douglas CS	15.28.0	5000m	Senior Boys
2003	Jamie McCarthy	Kinsale CS	15.23.0	5000m	Senior Boys
2004	Andrew Ledwith	North Monastery CBS Cork	14.54.45	5000m	Senior Boys
2005	Kieran Cunningham	St Flannans Ennis	16.34.50	5000m	Senior Boys
2006	Ferdia O'hAodha	St Augustines Dungarvan	16.21.99	5000m	Senior Boys
2007	Ferdia O'hAodha	St Augustines Dungarvan	16.02.87	5000m	Senior Boys
2008	Patrick Hogan	De La Salle Waterford	15.32.0	5000m	Senior Boys
2009	Conor Rochford	Abbey CC Waterford	17.07.48	5000m	Senior Boys
2010	Ryan Creech	Glanmire CC	15.28.34	5000m	Senior Boys
2011	Jake O'Regan	Kilkee CC	16.33.22	5000m	Senior Boys
2012	Phillip Crowley	Glanmire CC	16.42.58	5000m	Senior Boys
2013	Steven Rooney	Ennis CC	16.19.18	5000m	Senior Boys
2014	Kyle Larkin	Ard Scoil Ris Limerick	16.11.76	5000m	Senior Boys
2015	David Fox	Christian Brothers College Cork	15.51.25	5000m	Senior Boys
2016	Fearghal Curtin	Midleton CBS	16.22.57	5000m	Senior Boys
2017	Micheal Power	St Augustines Dungarvan	15.15.61	5000m	Senior Boys
2018	Hugo Blair	Waterpark College Waterford	16.18.97	5000m	Senior Boys
2019	Jake McCarthy	Pobalscoil na Trionoide Youghal	15.58.71	5000m	Senior Boys
2020	Not Held due to Covid-19 restrictions			5000m	Senior Boys
2021	Not Held due to Covid-19 restrictions			5000m	Senior Boys
2022	James Tanner	Borrisokane CC	15:33.75	5000m	Senior Boys

Senior Boys 110m(99cm) Hurdles

120yds (1937 and 1955 - 1929) 100yds (1938 - 1954)

1937	John O'Neill Mulcahy	Waterpark College Waterford	15.6	120yds Hurdles	Senior Boys
1938	Reggie O'Shea	Christian Brothers College Cork	16.0	100yds Hurdles	Senior Boys
1939	Reggie O'Shea	Christian Brothers College Cork	14.9	100yds Hurdles	Senior Boys
1940	Donagh Keating	St Colmans Fermoy	13.5	100yds Hurdles	Senior Boys
1941	Richard Flavin	St Colmans Fermoy	14.0	100yds Hurdles	Senior Boys
1942-1946	Not Held due to World War 2 Emergency				
1947	Pat Hurley	Glenstal Abbey School	15.0	100yds Hurdles	Senior Boys
1948	Eddie Cotter	Glenstal Abbey School	15.8	100yds Hurdles	Senior Boys
1949	Michael Canty	Glenstal Abbey School	14.6	100yds Hurdles	Senior Boys
1950	Michael Canty	Glenstal Abbey School	14.4	100yds Hurdles	Senior Boys
1951	Denis Murphy	Glenstal Abbey School	13.6	100yds Hurdles	Senior Boys
1952	Patrick Grattan-Bellew	Glenstal Abbey School	14.1	100yds Hurdles	Senior Boys
1953	James Ennis	Glenstal Abbey School	14.2	100yds Hurdles	Senior Boys
1954	Desmond Mullins	Rockwell College	13.9	100yds Hurdles	Senior Boys
1955	Michael Dromey	Presentation Brothers Cork	17.2	120yds Hurdles	Senior Boys
1956	Sean Murphy	Rockwell College	16.0	120yds Hurdles	Senior Boys
1957	Billy Carroll	Crescent Comprehensive SJ Limerick	16.0	120yds Hurdles	Senior Boys
1958	Olainn Dempsey	Nenagh CBS	15.9	120yds Hurdles	Senior Boys
1959	Pat McGrath	Rockwell College		120yds Hurdles	Senior Boys
1960	Walter Halley	Glenstal Abbey School	15.9	120yds Hurdles	Senior Boys

1961	Walter Halley	Glenstal Abbey School	15.2		120yds Hurdles	Senior Boys
1962	Michael Hederman	Glenstal Abbey School	16.7		120yds Hurdles	Senior Boys
1963	Jim Sheehy	De La Salle Macroom	15.1		120yds Hurdles	Senior Boys
1964	Jim Sheehy	De La Salle Macroom	16.4		120yds Hurdles	Senior Boys
1965	Gerry Lively	Rockwell College	16.5		120yds Hurdles	Senior Boys
1966	Tim O'Mahony	Colaiste Chriost Ri Cork	17.0		120yds Hurdles	Senior Boys
1967	Peter Gill	Christian Brothers College Cork	16.7		120yds Hurdles	Senior Boys
1968	L Mooney	St Munchins Limerick	17.0		120yds Hurdles	Senior Boys
1969	John J Byrne	Rockwell College	16.2		120yds Hurdles	Senior Boys
1970	Michael Kennedy	Glenstal Abbey School	16.3		110m Hurdles	Senior Boys
1971	Barry Staveley	Rockwell College	16.0		110m Hurdles	Senior Boys
1972	Eddie Sheehan	St Colmans Fermoy	16.5		110m Hurdles	Senior Boys
1973	M Whyte	Crescent Comprehensive SJ Limerick	16.4		110m Hurdles	Senior Boys
1974	John Hunter	Colaiste Iognaid Ris Cork	17.0		110m Hurdles	Senior Boys
1975	Brendan Moran	Newtown School Waterford	15.5		110m Hurdles	Senior Boys
1976	John Power	St Flannans Ennis	16.0		110m Hurdles	Senior Boys
1977	Gerard McLoughlin	Cobh VS	15.9		110m Hurdles	Senior Boys
1978	Ian Hope Ross	Rockwell College	16.4		110m Hurdles	Senior Boys
1979	Gerard Horan	Colaiste Chriost Ri Cork	16.4		110m Hurdles	Senior Boys
1980	Denis Finnerty	Nenagh CBS	14.9		110m Hurdles	Senior Boys
1981	Michael Morrissey	Nenagh CBS	15.6		110m Hurdles	Senior Boys
1982	Ger Horan	Colaiste Chriost Ri Cork	15.5		110m Hurdles	Senior Boys
1983	Daniel Kennefick	Ashton School Cork	15.9		110m Hurdles	Senior Boys
1984	Eamonn Small	Crescent Comprehensive SJ Limerick	15.9		110m Hurdles	Senior Boys
1985	Eamonn Small	Crescent Comprehensive SJ Limerick	14.8		110m Hurdles	Senior Boys
1986	Colm Moran	Rockwell College	15.9		110m Hurdles	Senior Boys
1987	Leonard Waugh	Hamilton High School Bandon	15.2		110m Hurdles	Senior Boys
1988	Leonard Waugh	Hamilton High School Bandon	14.9		110m Hurdles	Senior Boys
1989	David Sheehan	St Munchins Limerick	14.4		110m Hurdles	Senior Boys
1990	Darren Haddock	Colaiste Chriost Ri Cork	13.9		110m Hurdles	Senior Boys
1991	Carlton Haddock	Colaiste Chriost Ri Cork	14.7		110m Hurdles	Senior Boys
1992	Carlton Haddock	Colaiste Chriost Ri Cork	14.1		110m Hurdles	Senior Boys
1993	Meldon McNamara	Ard Scoil Ris Limerick	15.4		110m Hurdles	Senior Boys
1994	Meldon McNamara	Ard Scoil Ris Limerick	15.2		110m Hurdles	Senior Boys
1995	Derek Hayes	St Augustines Dungarvan	16.3		110m Hurdles	Senior Boys
1996	Derek Hayes	St Augustines Dungarvan	14.3		110m Hurdles	Senior Boys
1997	Brendan Burke	John the Baptist CS Hospital	14.7		110m Hurdles	Senior Boys
1998	Rory Liddane	Ard Scoil Ris Limerick	15.1		110m Hurdles	Senior Boys
1999	Timothy Flannery	Nenagh CBS	15.3		110m Hurdles	Senior Boys
2000	Timothy Flannery	Nenagh CBS	NT		110m Hurdles	Senior Boys
2001	Timothy Flannery	Nenagh CBS	16.1		110m Hurdles	Senior Boys
2002	Shane Cullinane	Nenagh CBS	15.1		110m Hurdles	Senior Boys
2003	Shane Cullinane	Nenagh CBS	16.39		110m Hurdles	Senior Boys
2004	Shane Cullinane	Nenagh CBS	15.17		110m Hurdles	Senior Boys
2005	Nigel O'Gorman	Scoil Ruain Killenaule	15.94		110m Hurdles	Senior Boys
2006	Eoin Hannon	Our Ladys Templemore	15.49		110m Hurdles	Senior Boys
2007	Eoin Hannon	Our Ladys Templemore	15.00		110m Hurdles	Senior Boys
2008	Oisin Brogan	Newtown School Waterford	17.98		110m Hurdles	Senior Boys
2009	Edmond O'Halloran	Rochestown College	15.82		110m Hurdles	Senior Boys
2010	Edmund O'Halloran	Rochestown College	14.94	0.4	110m Hurdles	Senior Boys
2011	P J Galvin	Mercy Mount Hawk Tralee	17.80	-4.0	110m Hurdles	Senior Boys
2012	Daniel Colbert	Midleton CBS	15.69	1.0	110m Hurdles	Senior Boys
2013	Daniel Colbert	Midleton CBS	15.43	2.7	110m Hurdles	Senior Boys
2014	Sam Healy	Carrigaline CS	15.27	-3.3	110m Hurdles	Senior Boys
2015	Not Contested				110m Hurdles	Senior Boys
2016	Jack Murphy	Christian Brothers College Cork	15.63	-3.1	110m Hurdles	Senior Boys
2017	Daniel Ryan	Thurles CBS	15.15	-1.0	110m Hurdles	Senior Boys
2018	No Finisher				110m Hurdles	Senior Boys
2019	Joseph McEvoy	St Annes CC Killaloe	15.17	2.5	110m Hurdles	Senior Boys
2020	Not Held due to Covid-19 restrictions				110m Hurdles	Senior Boys
2021	Not Held due to Covid-19 restrictions				110m Hurdles	Senior Boys
2022	Sean Carmody	CBC Cork	15.26	-1.5	110m Hurdles	Senior Boys

Senior Boys 400m Hurdles (91.4cm)

1970	T O'Brien	Crescent Comprehensive SJ Limerick	60.4	400m Hurdles	Senior Boys
1971	Tim Crowe	St Flannans Ennis	64.1	400m Hurdles	Senior Boys
1972	Tim Crowe	St Flannans Ennis	59.2	400m Hurdles	Senior Boys
1973	Eddie Cogan	Mungret College Limerick	60.9	400m Hurdles	Senior Boys
1974	Peter Morgan	Mungret College Limerick	56.2	400m Hurdles	Senior Boys
1975	Neil McGrath	Glenstal Abbey School	62.7	400m Hurdles	Senior Boys
1976	John Power	St Flannans Ennis	59.9	400m Hurdles	Senior Boys
1977	Adrian Barry	St Flannans Ennis	57.2	400m Hurdles	Senior Boys
1978	Adrian Barry	St Flannans Ennis	56.6	400m Hurdles	Senior Boys
1979	Denis Finnerty	Nenagh CBS	57.9	400m Hurdles	Senior Boys
1980	Denis Finnerty	Nenagh CBS	56.8	400m Hurdles	Senior Boys
1981	Michael Morrissey	Nenagh CBS	58.9	400m Hurdles	Senior Boys
1982	Ger Horan	Colaiste Chriost Ri Cork	57.7	400m Hurdles	Senior Boys
1983	Tom Sheehan	Midleton College	59.0	400m Hurdles	Senior Boys
1984	Paul O'Regan	Colaiste Chriost Ri Cork	56.6	400m Hurdles	Senior Boys
1985	Paul O'Regan	Colaiste Chriost Ri Cork	56.3	400m Hurdles	Senior Boys
1986	Aidan O'Regan	Colaiste Chriost Ri Cork	54.5	400m Hurdles	Senior Boys
1987	Aidan O'Regan	Colaiste Chriost Ri Cork	56.6	400m Hurdles	Senior Boys
1988	Tom Hallahan	Bishopstown CS	56.4	400m Hurdles	Senior Boys
1989	Tom Hallahan	Scoil Stiofain Naofa Cork	54.7	400m Hurdles	Senior Boys
1990	Colm Tobin	Crescent Comprehensive SJ Limerick	56.0	400m Hurdles	Senior Boys
1991	Mark Ismail	Scoil Stiofain Naofa Cork	58.8	400m Hurdles	Senior Boys
1992	John Ryan	Colaiste an Spioraid Naoimh Bishopstown	57.6	400m Hurdles	Senior Boys
1993	Brian Long	Nenagh CBS	63.1	400m Hurdles	Senior Boys
1994	Enda Donnelly	St Augustines Dungarvan	61.6	400m Hurdles	Senior Boys
1995	Brian Liddy	Glenstal Abbey School	57.2	400m Hurdles	Senior Boys
1996	Austin Flavin	St Augustines Dungarvan	55.9	400m Hurdles	Senior Boys
1997	Austin Flavin	St Augustines Dungarvan	56.6	400m Hurdles	Senior Boys
1998	David Courtney	Rice College Ennis	58.2	400m Hurdles	Senior Boys
1999	Eamonn O'Donnell	St Augustines Dungarvan	58.5	400m Hurdles	Senior Boys
2000	Timothy Flannery	Nenagh CBS	57.8	400m Hurdles	Senior Boys
2001	Bryan McCarthy	Youghal CBS	61.0	400m Hurdles	Senior Boys
2002	Ronan Foulkes	Colaiste Choilm Ballincollig	57.8	400m Hurdles	Senior Boys
2003	Ronan Foulkes	Colaiste Choilm Ballincollig	57.86	400m Hurdles	Senior Boys
2004	Barry Upton	St Pauls Waterford	56.00	400m Hurdles	Senior Boys
2005	Mark Dineen	Douglas CS	59.37	400m Hurdles	Senior Boys
2006	Brendan O'Connor	Beara CS	65.70	400m Hurdles	Senior Boys
2007	Robert Guerin	St Munchins Limerick	69.46	400m Hurdles	Senior Boys
2008	Christopher Murnane	Christian Brothers College Cork	56.87	400m Hurdles	Senior Boys
2009	Patrick Maher	Davis College Mallow	55.09	400m Hurdles	Senior Boys
2010	Patrick Maher	Davis College Mallow	53.20	400m Hurdles	Senior Boys
2011	Ben Kiely	Tramore CBS	56.10	400m Hurdles	Senior Boys
2012	Ben Kiely	Tramore CBS	54.13	400m Hurdles	Senior Boys
2013	Daniel Colbert	Midleton CBS	55.74	400m Hurdles	Senior Boys
2014	Brandon Arrey	Davis College Mallow	56.81	400m Hurdles	Senior Boys
2015	Daniel O'Mahony	Rochestown College	58.05	400m Hurdles	Senior Boys
2016	Diarmuid Clancy	Mean Scoil San Nicolas an Rinn	56.58	400m Hurdles	Senior Boys
2017	Cathal Locke	Crescent Comprehensive SJ Limerick	54.84	400m Hurdles	Senior Boys
2018	Ciaran Nugent	Colaiste an Chraoibhin Fermoy	58.07	400m Hurdles	Senior Boys
2019	Jake Vermeer	Comeragh College Carrick-on-Suir	58.21	400m Hurdles	Senior Boys
2020	Not Held due to Covid-19 restrictions			400m Hurdles	Senior Boys
2021	Not Held due to Covid-19 restrictions			400m Hurdles	Senior Boys
2022	Sean Cramody	CBC Cork	57.55	400m Hurdles	Senior Boys

Senior Boys 2000m Steeplechase

1970	Neil Cusack	St Munchins Limerick	6.10.8	Steeplechase	Senior Boys
1971	Phil English	Tipperary VS	6.22.0	Steeplechase	Senior Boys
1972	Phil English	Tipperary VS	NT	Steeplechase	Senior Boys
1973	Phil English	Tipperary VS	5.59.7	Steeplechase	Senior Boys
1974	Peter Morgan	Mungret College Limerick	6.22.9	Steeplechase	Senior Boys
1975	Declan O'Mahony	Colaiste Chriost Ri Cork	6.25.1	Steeplechase	Senior Boys
1976	Seamus Ryan	Crescent Comprehensive SJ Limerick	6.47.5	Steeplechase	Senior Boys
1977	Terry McSweeney	Doneraile CBS	6.23.5	Steeplechase	Senior Boys
1978	Brendan Quinn	De La Salle Waterford	5.53.6	Steeplechase	Senior Boys

1979	Jim Sheehan	Nenagh CBS	6.13.9	Steeplechase	Senior Boys
1980	Kieran Stack	Doneraile CBS	6.07.9	Steeplechase	Senior Boys
1981	Kieran Stack	Doneraile CBS	6.07.8	Steeplechase	Senior Boys
1982	Michael Kelleher	Colaiste Chriost Ri Cork	6.02.4	Steeplechase	Senior Boys
1983	Garett Barry	Charleville CBS	6.04.2	Steeplechase	Senior Boys
1984	Frank Conway	Intermediate School Killorglin	6.06.3	Steeplechase	Senior Boys
1985	Frank Conway	Intermediate School Killorglin	6.05.0	Steeplechase	Senior Boys
1986	Frank Conway	Intermediate School Killorglin	5.54.3	Steeplechase	Senior Boys
1987	Alan Downing	Youghal CBS	6.16.2	Steeplechase	Senior Boys
1988	Stephen Murphy	St Munchins Limerick	6.22.7	Steeplechase	Senior Boys
1989	Declan O'Callaghan	North Monastery CBS Cork	6.06.4	Steeplechase	Senior Boys
1990	John Murray	Charleville CBS	6.12.1	Steeplechase	Senior Boys
1991	Trevor Foolkes	North Monastery CBS Cork	6.09.7	Steeplechase	Senior Boys
1992	Trevor Foolkes	North Monastery CBS Cork	6.20.9	Steeplechase	Senior Boys
1993	Mark Stewart	St Endas CS Limerick	6.09.5	Steeplechase	Senior Boys
1994	Carl Walsh	North Monastery CBS Cork	6.11.8	Steeplechase	Senior Boys
1995	Robert McCormack	Crescent Comprehensive SJ Limerick	6.21.0	Steeplechase	Senior Boys
1996	James Butler	North Monastery CBS Cork	6.16.2	Steeplechase	Senior Boys
1997	Kieran Lynch	St Endas CS Limerick	6.09.1	Steeplechase	Senior Boys
1998	Joe O'Connor	Rathkeale CC	6.18.3	Steeplechase	Senior Boys
1999	Colm Coote	Rice College Ennis	6.23.6	Steeplechase	Senior Boys
2000	Liam Reale	John The Baptist Hospital	6.15.4	Steeplechase	Senior Boys
2001	Enda Malone	St Josephs Spanish Point	6.24.0	Steeplechase	Senior Boys
2002	Peter Dalton	North Monastery CBS Cork	6.21.0	Steeplechase	Senior Boys
2003	Philip Conway	Waterpark College Waterford	6.31.8	Steeplechase	Senior Boys
2004	Philip Conway	Waterpark College Waterford	6.01.8	Steeplechase	Senior Boys
2005	Cathal Dennehy	Ard Scoil Ris Limerick	6.27.6	Steeplechase	Senior Boys
2006	Diarmaid O'Foghlu	St Augustines Dungarvan	6.23.5	Steeplechase	Senior Boys
2007	Mark Shalloe	St Augustines Dungarvan	6.40.49	Steeplechase	Senior Boys
2008	Michael Carmody	Castletroy College Limerick	6.20.3	Steeplechase	Senior Boys
2009	Cathal O'Conner	St Caimins CS Shannon	6.26.00	Steeplechase	Senior Boys
2010	Darragh Chesser	CBS Sexton Street Limerick	6.24.1	Steeplechase	Senior Boys
2011	Danny Mullins	St Gobans CC Bantry	6.31.70	Steeplechase	Senior Boys
2012	Michael Carey	High School Clonmel	6.18.50	Steeplechase	Senior Boys
2013	Kyle Larkin	Ard Scoil Ris Limerick	6.03.74	Steeplechase	Senior Boys
2014	Kyle Larkin	Ard Scoil Ris Limerick	6.05.90	Steeplechase	Senior Boys
2015	Martin Keohane	Presentation Brothers Cork	7.22.24	Steeplechase	Senior Boys
2016	Jamie Roche	St Flannans Ennis	6.52.79	Steeplechase	Senior Boys
2017	Mark Twomey	St Augustines Dungarvan	7.27.80	Steeplechase	Senior Boys
2018	Frank O'Brien	Midleton CBS	6.25.88	Steeplechase	Senior Boys
2019	Frank O'Brien	Midleton CBS	6.22.14	Steeplechase	Senior Boys
2020	Not Held due to Covid-19 restrictions			Steeplechase	Senior Boys
2021	Not Held due to Covid-19 restrictions			Steeplechase	Senior Boys
2022	Timmy Hawkins	Rochestown College	6:30.37	Steeplechase	Senior Boys

Senior Boys 3000m Walk

1982	Seamus Brosnan	St Brendans Killarney	15.29.0	Walk	Senior Boys
1983	Diarmuid Burke	Rockwell College	15.55.7	Walk	Senior Boys
1984	J G Sadlier	St Munchins Limerick	17.03.6	Walk	Senior Boys
1985	Joe Wolfe	Colaiste Chriost Ri Cork	14.49.1	Walk	Senior Boys
1986	Joe Wolfe	Colaiste Chriost Ri Cork	14.02.0	Walk	Senior Boys
1987	Brian Treacy	St Nessans Limerick	15.27.0	Walk	Senior Boys
1988	Mark Prenderville	St Patricks Castleisland	15.20.7	Walk	Senior Boys
1989	Mark Prenderville	St Patricks Castleisland	13.24.4	Walk	Senior Boys
1990	Denis McCarthy	St Augustines Dungarvan	13.32.0	Walk	Senior Boys
1991	Frank Lynch	St Augustines Dungarvan	12.37.0	Walk	Senior Boys
1992	Jamie Costin	Dungarvan CBS	15.52.0	Walk	Senior Boys
1993	Michael Dower	Dungarvan CBS	15.59.0	Walk	Senior Boys
1994	Jamie Costin	Dungarvan CBS	13.19.0	Walk	Senior Boys
1995	Jamie Costin	Dungarvan CBS	12.55.6	Walk	Senior Boys
1996	Robert Heffernan	Colaiste Chriost Ri Cork	13.49.5	Walk	Senior Boys
1997	Robert Heffernan	North Monastery CBS Cork	12.39.0	Walk	Senior Boys
1998	Eamonn Cashin	St Augustines Dungarvan	18.15.0	Walk	Senior Boys
1999	Michael Fives	St Augustines Dungarvan	20.27.0	Walk	Senior Boys

2000	No Finisher			Walk	Senior Boys
2001	Joseph O'Halloran	Causeway Comprehensive School	16.24.0	Walk	Senior Boys
2002	Joseph O'Halloran	Causeway Comprehensive School	NT	Walk	Senior Boys
2003	Thomas Cahin	St Augustines Dungarvan	16.57.3	Walk	Senior Boys
2004	Jason O'Brien	St Augustines Dungarvan	21.36.0	Walk	Senior Boys
2005	Padraig Healy	St Augustines Dungarvan	18.39.7	Walk	Senior Boys
2006	Padraig Healy	St Augustines Dungarvan	18.39.7	Walk	Senior Boys
2007	Not Contested			Walk	Senior Boys
2008	Niall Prenderville	Pobalscoil Chorca Dhuibhne	14.26.4	Walk	Senior Boys
2009	Dean Looby	Central Technical Institute Clonmel	15.31.07	Walk	Senior Boys
2010	Eoin O'Muircheartaigh	Pobalscoil Chorca Dhuibhne	16.49.01	Walk	Senior Boys
2011	Rob O'Neill	Douglas CS	15.49.5	Walk	Senior Boys
2012	Luke Hickey	Colaiste Chriost Ri Cork	15.53.36	Walk	Senior Boys
2013	Ciarán Dee	Dungarvan CBS	17.11.12	Walk	Senior Boys
2014	Evan Lynch	Colaiste Cluain Meala	12.43.12	Walk	Senior Boys
2015	Aaron Egan	High School Clonmel	12.46.04	Walk	Senior Boys
2016	Anthony Tobin	High School Clonmel	13.39.01	Walk	Senior Boys
2017	No Finisher			Walk	Senior Boys
2018	Geroid McMahon	St Caimins CS Shannon	13.33.57	Walk	Senior Boys
2019	Conor Coleman	St Augustines Dungarvan	21.02.72	Walk	Senior Boys
2020	Not Held due to Covid-19 restrictions			Walk	Senior Boys
2021	Not Held due to Covid-19 restrictions			Walk	Senior Boys
2022	Sam O'Sullivan	Rockwell College	13:57.13	Walk	Senior Boys

Walk Senior Boys

Senior Boys High Jump

1931	Patrick Guiney	Patrician Academy Mallow	1.65	High Jump	Senior Boys
1937	Austin Barry	Waterpark College Waterford	1.56	High Jump	Senior Boys
1938	Reggie O'Shea	Christian Brothers College Cork	1.57	High Jump	Senior Boys
1939	Reggie O'Shea	Christian Brothers College Cork	1.52	High Jump	Senior Boys
1940	Gerard Linehan	Christian Brothers College Cork	1.60	High Jump	Senior Boys
1941	Norman Fitzgerald	Rockwell College	1.52	High Jump	Senior Boys
1942-1946	Not Held due to World War 2 Emergency				
1947	T O'Foitheaihann	St Flannans Ennis	1.60	High Jump	Senior Boys
1948	G O'Ciosoig (Cusack)	North Monastery CBS Cork	1.60	High Jump	Senior Boys
1949	Denis O'Connor	St Augustines Dungarvan	1.63	High Jump	Senior Boys
1950	Eamonn O'Connor	Limerick CBS	1.60	High Jump	Senior Boys
1951	Eamonn O'Connor	Limerick CBS	1.66	High Jump	Senior Boys
1952	Tom Gibson	Christian Brothers College Cork	1.63	High Jump	Senior Boys
1953	Tom Gibson	Christian Brothers College Cork	1.68	High Jump	Senior Boys
1954	Michael McSweeney	Rockwell College	1.69	High Jump	Senior Boys
1955	Michael McSweeney	Rockwell College	1.83	High Jump	Senior Boys
1956	Mick Lanigan	De La Salle Waterford	1.75	High Jump	Senior Boys
1957	Ronnie Martin	Christian Brothers College Cork	1.64	High Jump	Senior Boys
1958	Pat O'Shea	St Brendans Killarney	1.75	High Jump	Senior Boys
1959	Ronnie Martin	Christian Brothers College Cork	1.68	High Jump	Senior Boys
1960	Brian Crowley	Christian Brothers College Cork	1.57	High Jump	Senior Boys
1961	Jim Sheehy	De La Salle Macroom	1.68	High Jump	Senior Boys
1962	John Moroney	Rockwell College	1.63	High Jump	Senior Boys
1963	Jim Sheehy	De La Salle Macroom	1.77	High Jump	Senior Boys
1964	Jim Sheehy	De La Salle Macroom	1.78	High Jump	Senior Boys
1965	William O'Connell	St Colmans Fermoy	1.68	High Jump	Senior Boys
1966	John Fitzgibbon	North Monastery CBS Cork	1.73	High Jump	Senior Boys
1967	C Downey	North Monastery CBS Cork	1.68	High Jump	Senior Boys
1968	C Downey	North Monastery CBS Cork	1.65	High Jump	Senior Boys
1969	John Healy	Thurles CBS	1.68	High Jump	Senior Boys
1970	W Egan	St Munchins Limerick	1.57	High Jump	Senior Boys
1971	Tim McFadden	St Augustines Dungarvan	1.68	High Jump	Senior Boys
1972	Barry Frazer	Midleton CBS	1.65	High Jump	Senior Boys
1973	Brendan Cronin	Colaiste an Spioraid Naoimh Bishopstown	1.80	High Jump	Senior Boys
1974	Brendan Cronin	Colaiste an Spioraid Naoimh Bishopstown	1.82	High Jump	Senior Boys
1975	Brendan Cronin	Colaiste an Spioraid Naoimh Bishopstown	1.89	High Jump	Senior Boys
1976	Richard Fallon	Fethard	1.80	High Jump	Senior Boys
1977	Frank Sweeney	Ennis CBS	1.90	High Jump	Senior Boys

1978	John Redmond	St Colmans Fermoy	1.85	High Jump	Senior Boys
1979	Michael O'Connor	Rockwell College	1.85	High Jump	Senior Boys
1980	Willie Guiry	De La Salle Waterford	1.90	High Jump	Senior Boys
1981	Diarmuid O'Donovan	Glenstal Abbey School	1.83	High Jump	Senior Boys
1982	Diarmuid Quill	Nenagh CBS	1.91	High Jump	Senior Boys
1983	Diarmuid Quill	Nenagh CBS	1.93	High Jump	Senior Boys
1984	Kieran Mills	St Colmans Fermoy	1.95	High Jump	Senior Boys
1985	Louis Crowe	Nenagh CBS	1.89	High Jump	Senior Boys
1986	Barry Walsh	Crescent Comprehensive SJ Limerick	2.00	High Jump	Senior Boys
1987	Leslie Ruddock	Ashton School Cork	1.91	High Jump	Senior Boys
1988	Ciaran Scully	Limerick CBS	1.89	High Jump	Senior Boys
1989	M Ryan	Crescent Comprehensive SJ Limerick	1.90	High Jump	Senior Boys
1990	Fergus O'Callaghan	Douglas CS	1.88	High Jump	Senior Boys
1991	Antoine Burke	Crescent Comprehensive SJ Limerick	1.85	High Jump	Senior Boys
1992	Peter Ruby	Davis College Mallow	1.80	High Jump	Senior Boys
1993	Antoine Burke	Crescent Comprehensive SJ Limerick	1.95	High Jump	Senior Boys
1994	Brian Carey	Rockwell College	1.75	High Jump	Senior Boys
1995	Derek Hayes	St Augustines Dungarvan	1.75	High Jump	Senior Boys
1996	Derek Hayes	St Augustines Dungarvan	1.89	High Jump	Senior Boys
1997	Germiah Wallace	St Colmans CC Midleton	1.84	High Jump	Senior Boys
1998	Kevin Burke	Crescent Comprehensive SJ Limerick	1.87	High Jump	Senior Boys
1999	Ray Lennon	St Nessans Limerick	1.89	High Jump	Senior Boys
2000	Barry O'Brien	St Colmans CC Midleton	1.88	High Jump	Senior Boys
2001	Stephen Spillane	Gairm Scoil Mhuire Thurles	1.85	High Jump	Senior Boys
2002	Shane Cullinane	Nenagh CBS	1.75	High Jump	Senior Boys
2003	Kenneth King	St Josephs Spanish Point	1.75	High Jump	Senior Boys
2004	Christopher Crowley	Colaiste Chriost Ri Cork	2.01	High Jump	Senior Boys
2005	Christopher Crowley	Colaiste Chriost Ri Cork	1.80	High Jump	Senior Boys
2006	Ian Crowley	Tralee CBS	1.75	High Jump	Senior Boys
2007	Kevin Harty	Dungarvan CBS	1.75	High Jump	Senior Boys
2008	Andrew Kearney	Tralee CBS	1.70	High Jump	Senior Boys
2009	Andrew Kearney	Tralee CBS	1.70	High Jump	Senior Boys
2010	Shane O'Dwyer	Carrick-on-Suir CBS	1.91	High Jump	Senior Boys
2011	P J Galvin	Mercy Mount Hawk Tralee	1.90	High Jump	Senior Boys
2012	PJ Galvin	Mercy Mount Hawk Tralee	1.85	High Jump	Senior Boys
2013	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	2.05	High Jump	Senior Boys
2014	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	2.10	High Jump	Senior Boys
2015	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	2.00	High Jump	Senior Boys
2016	Dion Ryan	Waterpark	1.80	High Jump	Senior Boys
2017	Peter-Paul Sauerland	Pobalscoil Chorca Dhuibhne	1.70	High Jump	Senior Boys
2018	Joseph McEvoy	St Annes CC Killaloe	1.90	High Jump	Senior Boys
2019	Joseph McEvoy	St Annes CC Killaloe	1.90	High Jump	Senior Boys
2020	Not Held due to Covid-19 restrictions			High Jump	Senior Boys
2021	Not Held due to Covid-19 restrictions			High Jump	Senior Boys
2022	George Alamu	Midleton CBS	1.75	High Jump	Senior Boys

Senior Boys Long Jump

1931	Michael O'Sullivan	Rockwell College	6.10	Long Jump	Senior Boys
1938	Billy Phelan	Waterpark College Waterford	6.03	Long Jump	Senior Boys
1939	Thomas Daly	St Flannans Ennis	5.92	Long Jump	Senior Boys
1940	Donagh Keating	St Colmans Fermoy	6.12	Long Jump	Senior Boys
1941	Michael Hurley	St Colmans Fermoy	6.13	Long Jump	Senior Boys
1942-1946	Not Held due to World War 2 Emergency				
1947	Frank Kelly	Castlemartyr College	5.87	Long Jump	Senior Boys
1948	Jimmy Smith	St Flannans Ennis	6.22	Long Jump	Senior Boys
1949	Gerald Kenny	Rockwell College	5.94	Long Jump	Senior Boys
1950	Denis O'Connor	St Augustines Dungarvan	6.13	Long Jump	Senior Boys
1951	Donal Begley	St Munchins Limerick	5.89	Long Jump	Senior Boys
1952	Michael Smith	St Flannans Ennis	6.17	Long Jump	Senior Boys
1953	James Ennis	Glenstal Abbey School	5.98	Long Jump	Senior Boys
1954	Michael McSweeney	Rockwell College	6.21	Long Jump	Senior Boys
1955	Michael Moroney	De La Salle Waterford	6.20	Long Jump	Senior Boys
1956	Tom Meagher	Glenstal Abbey School	5.93	Long Jump	Senior Boys

1957	Henry O'Clery	Glenstal Abbey School	6.06		Long Jump	Senior Boys
1958	Moss Hogan	St Brendans Killarney	5.98		Long Jump	Senior Boys
1959	Pat McGrath	Rockwell College	5.97		Long Jump	Senior Boys
1960	Peter McKenna	St Augustines Dungarvan	5.88		Long Jump	Senior Boys
1961	Frank Cogan	Colaiste Chriost Ri Cork	6.24		Long Jump	Senior Boys
1962	Frank Cogan	Colaiste Chriost Ri Cork	6.55		Long Jump	Senior Boys
1963	Jim Sheehy	De La Salle Macroom	6.36		Long Jump	Senior Boys
1964	Jim Sheehy	De La Salle Macroom	6.63		Long Jump	Senior Boys
1965	Pat Joe Cahalane	Rochestown College	6.24		Long Jump	Senior Boys
1966	Pat Brennan	St Munchins Limerick	6.17		Long Jump	Senior Boys
1967	Dermot Ashe	Rockwell College	6.49		Long Jump	Senior Boys
1968	Joe Barry	Colaiste Chriost Ri Cork	6.67		Long Jump	Senior Boys
1969	Michael Golden	Patrician Academy Mallow	6.20		Long Jump	Senior Boys
1970	Walter O'Brien	Glenstal Abbey School	6.16		Long Jump	Senior Boys
1971	Walter O'Brien	Glenstal Abbey School	6.25		Long Jump	Senior Boys
1972	Robert Wilmot	Bandon VS	6.45		Long Jump	Senior Boys
1973	Sean Reidy	Crescent Comprehensive SJ Limerick	6.38		Long Jump	Senior Boys
1974	Kevin O'Keefe	De La Salle Waterford	6.20		Long Jump	Senior Boys
1975	Diarmuid Leonard	St Munchins Limerick	5.75		Long Jump	Senior Boys
1976	Pat Shine	Limerick CBS	6.21		Long Jump	Senior Boys
1977	Gerard McLoughlin	Cobh VS	6.45		Long Jump	Senior Boys
1978	Neil McCarthy	St Munchins Limerick	6.31		Long Jump	Senior Boys
1979	Pat O'Halloran	Colaiste Muire Cobh	6.47		Long Jump	Senior Boys
1980	Pat O'Halloran	Colaiste Muire Cobh	6.34		Long Jump	Senior Boys
1981	Joe Kennedy	De La Salle Waterford	6.70		Long Jump	Senior Boys
1982	Joe Kennedy	De La Salle Waterford	6.50		Long Jump	Senior Boys
1983	Malachy Sheridan	Rockwell College	6.35		Long Jump	Senior Boys
1984	Kieran Mills	St Colmans Fermoy	6.26		Long Jump	Senior Boys
1985	Kieran Mills	St Colmans Fermoy	6.00		Long Jump	Senior Boys
1986	John Naughton	Nenagh CBS	6.69		Long Jump	Senior Boys
1987	John Naughton	Nenagh CBS	6.77		Long Jump	Senior Boys
1988	Kenneth O'Regan	Mercy Kinsale	6.42		Long Jump	Senior Boys
1989	Kenneth O'Regan	Mercy Kinsale	6.57		Long Jump	Senior Boys
1990	P J Galvin	Killorglin CC	6.11		Long Jump	Senior Boys
1991	P J Galvin	Killorglin CC	6.32		Long Jump	Senior Boys
1992	Michael Hallahan	Deerpark CBS Cork	6.87		Long Jump	Senior Boys
1993	Jim Morrison	Rockwell College	6.40		Long Jump	Senior Boys
1994	Jim Morrison	Rockwell College	6.65		Long Jump	Senior Boys
1995	Ross O'Callaghan	Coachford College	6.97		Long Jump	Senior Boys
1996	Anthony Finn	St Brendans Killarney	5.99		Long Jump	Senior Boys
1997	Eoin McGrath	De La Salle Waterford	6.07		Long Jump	Senior Boys
1998	Eoin McGrath	De La Salle Waterford	6.51		Long Jump	Senior Boys
1999	Eoin McGrath	De La Salle Waterford	6.84		Long Jump	Senior Boys
2000	Shane Thornton	Mitchelstown CBS	6.25		Long Jump	Senior Boys
2001	Stephen Spillane	Gairm Scoil Mhuire Thurles	6.02		Long Jump	Senior Boys
2002	Tom Shanahan	Rathkeale CC	6.51		Long Jump	Senior Boys
2003	Paul O'Flynn	Scoil Mhuie Kanturk	6.94		Long Jump	Senior Boys
2004	Shane Cullinane	Nenagh CBS	7.02		Long Jump	Senior Boys
2005	Christopher Crowley	Colaiste Chriost Ri Cork	6.73		Long Jump	Senior Boys
2006	Eoin Hannon	Our Ladys Templemore	6.88		Long Jump	Senior Boys
2007	Eoin Hannon	Our Ladys Templemore	7.03		Long Jump	Senior Boys
2008	David Quilligan	Patrician Academy Mallow	6.80		Long Jump	Senior Boys
2009	Nathan Jege	St Caimins CS Shannon	6.59		Long Jump	Senior Boys
2010	Conal O'Callaghan	Brookfield College Tralee	6.57		Long Jump	Senior Boys
2011	Michael Godley	Mercy Mount Hawk Tralee	6.39		Long Jump	Senior Boys
2012	Eoin O'Carroll	Mercy Mount Hawk Tralee	6.94		Long Jump	Senior Boys
2013	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	6.70	-1.7	Long Jump	Senior Boys
2014	Eoin O'Carroll	Mercy Mount Hawk Tralee	7.24	5.4	Long Jump	Senior Boys
2015	Sam Healy	Carrigaline CS	6.75		Long Jump	Senior Boys
2016	Daniel Ryan	Thurles CBS	6.97		Long Jump	Senior Boys
2017	Shane Monogle	Ard Scoil na Mara Tramore	6.35		Long Jump	Senior Boys
2018	James Murphy	Ard Scoil na Mara Tramore	6.41		Long Jump	Senior Boys
2019	Darragh Miniter	Ennistymon CBS	6.40		Long Jump	Senior Boys
2020	Not Held due to Covid-19 restrictions				Long Jump	Senior Boys
2021	Not Held due to Covid-19 restrictions				Long Jump	Senior Boys
2022	Noah McConway	St Flannans Ennis	6.47		Long Jump	Senior Boys

Senior Boys Triple Jump

1937	Seamus O'Driscoll	Rockwell College	13.13	Triple Jump	Senior Boys
1938	Billy Phelan	Waterpark College Waterford	13.11	Triple Jump	Senior Boys
1939	Thomas Daly	St Flannans Ennis	12.40	Triple Jump	Senior Boys
1940	Barra MacChoncoille	St Brendans Killarney	12.42	Triple Jump	Senior Boys
1941	Michael Hurley	St Colmans Fermoy	13.02	Triple Jump	Senior Boys
1942-1946		Not Held due to World War 2 Emergency			
1947	Sean O'Mathuna	St Augustines Dungarvan	11.71	Triple Jump	Senior Boys
1948	Jimmy Smith	St Flannans Ennis	12.42	Triple Jump	Senior Boys
1949	Brian Murphy	Farranferris Cork	12.26	Triple Jump	Senior Boys
1950	Denis O'Connor	St Augustines Dungarvan	12.47	Triple Jump	Senior Boys
1951	Donal Begley	St Munchins Limerick	12.07	Triple Jump	Senior Boys
1952	Michael Smith	St Flannans Ennis	12.22	Triple Jump	Senior Boys
1953	Tom Gibson	Christian Brothers College Cork	11.96	Triple Jump	Senior Boys
1954	Noel Murphy	Christian Brothers College Cork	12.36	Triple Jump	Senior Boys
1955	Michael McSweeney	Rockwell College	13.20	Triple Jump	Senior Boys
1956	Sean Murphy	Rockwell College	13.14	Triple Jump	Senior Boys
1957	Kevin Smith	St Flannans Ennis	12.64	Triple Jump	Senior Boys
1958	Sean O'Dwyer	St Brendans Killarney	12.53	Triple Jump	Senior Boys
1959	Ronnie Martin	Christian Brothers College Cork	13.61	Triple Jump	Senior Boys
1960	Hugh O'Callaghan	High School Clonmel	12.20	Triple Jump	Senior Boys
1961	Walter Halley	Glenstal Abbey School	12.56	Triple Jump	Senior Boys
1962	David Martin	Glenstal Abbey School	12.99	Triple Jump	Senior Boys
1963	Jim Sheehy	De La Salle Macroom	13.25	Triple Jump	Senior Boys
1964	Jim Sheehy	De La Salle Macroom	13.25	Triple Jump	Senior Boys
1965	Michael O'Flynn	Colaiste Chriost Ri Cork	12.55	Triple Jump	Senior Boys
1966	Rodney Hecksher	Rockwell College	12.09	Triple Jump	Senior Boys
1967	David Ashe	Rockwell College	13.18	Triple Jump	Senior Boys
1968	David Ashe	Dingle CBS	13.35	Triple Jump	Senior Boys
1969	Bertie Smith	Bandon Grammar School	12.75	Triple Jump	Senior Boys
1970	Tom Connors	De La Salle Waterford	12.92	Triple Jump	Senior Boys
1971	Dermot Browne	Rockwell College	12.60	Triple Jump	Senior Boys
1972	Eddie Sheehan	St Colmans Fermoy	12.95	Triple Jump	Senior Boys
1973	Dermot Browne	Rockwell College	12.69	Triple Jump	Senior Boys
1974	Colm Cronin	North Monastery CBS Cork	14.31	Triple Jump	Senior Boys
1975	Pat Kelly	Mount Sion Waterford	13.11	Triple Jump	Senior Boys
1976	Pat Shine	Limerick CBS	13.18	Triple Jump	Senior Boys
1977	Paul Sheehan	De La Salle Waterford	13.42	Triple Jump	Senior Boys
1978	Neil McCarthy	St Munchins Limerick	13.86	Triple Jump	Senior Boys
1979	Neil McCarthy	St Munchins Limerick	14.22	Triple Jump	Senior Boys
1980	John Battles	Salesian Pallaskenry	13.85	Triple Jump	Senior Boys
1981	Tom O'Callaghan	St Munchins Limerick	12.81	Triple Jump	Senior Boys
1982	Paul McGabhann	High School Clonmel	13.41	Triple Jump	Senior Boys
1983	C Moloney	Mallow VS	12.60	Triple Jump	Senior Boys
1984	J Whelan	De La Salle/Presentation Hospital	12.73	Triple Jump	Senior Boys
1985	Kieran Mills	St Colmans Fermoy	12.65	Triple Jump	Senior Boys
1986	Kieran O'Keefe	De La Salle Waterford	12.73	Triple Jump	Senior Boys
1987	John Naughton	Nenagh CBS	13.27	Triple Jump	Senior Boys
1988	Niall Cunningham	Patrician Academy Mallow	13.12	Triple Jump	Senior Boys
1989	Patrick Sheehan	Presentation Brothers Cork	12.68	Triple Jump	Senior Boys
1990	P J Galvin	Killorglin CC	13.30	Triple Jump	Senior Boys
1991	P J Galvin	Killorglin CC	13.56	Triple Jump	Senior Boys
1992	Matt Burke	Crescent Comprehensive SJ Limerick	12.73	Triple Jump	Senior Boys
1993	Graeme McCormack	Newtown School Waterford	12.00	Triple Jump	Senior Boys
1994	David Murphy	De La Salle Waterford	12.85	Triple Jump	Senior Boys
1995	David Murphy	De La Salle Waterford	13.46	Triple Jump	Senior Boys
1996	David Ahern	St Colmans Fermoy	13.38	Triple Jump	Senior Boys
1997	Michael Murray	St Augustines Dungarvan	13.43	Triple Jump	Senior Boys
1998	Michael Murray	St Augustines Dungarvan	14.16	Triple Jump	Senior Boys
1999	Eoin McGrath	De La Salle Waterford	13.39	Triple Jump	Senior Boys
2000	Tom O'Dwyer	Thurles CBS	13.25	Triple Jump	Senior Boys
2001	Brian O'Leary	Carrigaline CS	11.64	Triple Jump	Senior Boys
2002	Gavin Smith	St Patricks CS Shannon	12.21	Triple Jump	Senior Boys

2003	Conor Sheehy	Colaiste an Spioraid Naoimh Bishopstown	13.03		Triple Jump	Senior Boys
2004	Patrick Hurney	St Augustines Dungarvan	12.91		Triple Jump	Senior Boys
2005	Gary Walsh	Tramore CBS	11.64		Triple Jump	Senior Boys
2006	Kevin Harty	Dungarvan CBS	12.06		Triple Jump	Senior Boys
2007	Niall Counihan	St Endas CS Limerick	13.69		Triple Jump	Senior Boys
2008	Lunga Balman	Ennis CC	12.01		Triple Jump	Senior Boys
2009	Timmy Harrington	Kinsale CS	13.00		Triple Jump	Senior Boys
2010	Not contested				Triple Jump	Senior Boys
2011	Sean Archer	St Declans CC Kilmacthomas	12.91		Triple Jump	Senior Boys
2012	Sean Archer	St Declans CC Kilmacthomas	13.80		Triple Jump	Senior Boys
2013	Michael Grimes	Mercy Mount Hawk Tralee	12.37		Triple Jump	Senior Boys
2014	Eoin O'Carroll	Mercy Mount Hawk Tralee	13.29	-2.0	Triple Jump	Senior Boys
2015	Darren Prout	Presentation Ballingarry	12.80		Triple Jump	Senior Boys
2016	Des Kelleher	Colaiste Christ Ri Cork	10.92		Triple Jump	Senior Boys
2017	James Murphy	Ard Scoil na Mara Tramore	12.05		Triple Jump	Senior Boys
2018	Adam Dooley	Colaiste Pobail Ros Cre	12.12		Triple Jump	Senior Boys
2019	Wymin Sivakumar	Colaiste an Spioraid Naoimh Bishopstown	13.81		Triple Jump	Senior Boys
2020	Not Held due to Covid-19 restrictions				Triple Jump	Senior Boys
2021	Not Held due to Covid-19 restrictions				Triple Jump	Senior Boys
2022	Daragh Looney	St Brendans College	12.20		Triple Jump	Senior Boys

Senior Boys Pole Vault

1940	J Conlon	Castlemartyr College	2.62		Pole Vault	Senior Boys
1941	Patrick O'Keeffe	St Colmans Fermoy	2.74		Pole Vault	Senior Boys
1942-1946	Not Held due to World War 2 Emergency					
1947	Frank Kelly	Castlemartyr College	3.05		Pole Vault	Senior Boys
1948	Liam O'Donnell	Colaiste Iosagain Ballyvourney	2.84		Pole Vault	Senior Boys
1949	Myles Fitzgerald	De La Salle Macroom	2.74		Pole Vault	Senior Boys
1950	Kevin O'Brien	North Monastery CBS Cork	2.74		Pole Vault	Senior Boys
1951	Eamonn O'Connor	Limerick CBS	3.20		Pole Vault	Senior Boys
1952	Joseph Coakley	North Monastery CBS Cork	2.84		Pole Vault	Senior Boys
1953	D McDonagh	Limerick CBS	2.74		Pole Vault	Senior Boys
1954	Terence O'Callaghan	High School Clonmel	2.90	Tie	Pole Vault	Senior Boys
1954	Eddie Casey	High School Clonmel	2.90	Tie	Pole Vault	Senior Boys
1955	Finbarr Hurley	St Colmans Fermoy	3.05		Pole Vault	Senior Boys
1957	Cecil Roddy	De La Salle Waterford	3.12		Pole Vault	Senior Boys
1958	William Lee	Rockwell College	2.97		Pole Vault	Senior Boys
1959	Pat McGrath	Rockwell College	3.28		Pole Vault	Senior Boys
1960	Colman Sweeney	De La Salle Macroom	2.97		Pole Vault	Senior Boys
1961	Louis Bermudez	Rockwell College	3.58		Pole Vault	Senior Boys
1962	Michael Foley	De La Salle Waterford	2.97		Pole Vault	Senior Boys
1963	Jim Sheehy	De La Salle Macroom	3.12		Pole Vault	Senior Boys
1964	John Moroney	Rockwell College	3.20		Pole Vault	Senior Boys
1965	Percy Hecksher	Rockwell College	3.73		Pole Vault	Senior Boys
1966	Rodney Hecksher	Rockwell College	3.05		Pole Vault	Senior Boys
1967	Rodney Hecksher	Rockwell College	3.51		Pole Vault	Senior Boys
1968	David Booth	Glenstal Abbey School	3.35		Pole Vault	Senior Boys
1969	David Booth	Glenstal Abbey School	3.51		Pole Vault	Senior Boys
1970	Gearoid Bradley	Glenstal Abbey School	3.43		Pole Vault	Senior Boys
1971	Jason Hecksher	Rockwell College	3.35		Pole Vault	Senior Boys
1972	Donal Quinn	St Munchins Limerick	3.58		Pole Vault	Senior Boys
1973	Donal Quinn	St Munchins Limerick	3.51		Pole Vault	Senior Boys
1974	Liam Hennessy	St Augustines Dungarvan	3.81		Pole Vault	Senior Boys
1975	Liam Hennessy	St Augustines Dungarvan	3.51		Pole Vault	Senior Boys
1976	Des O'Sullivan	St Flannans Ennis	3.20		Pole Vault	Senior Boys
1977	Des O'Sullivan	St Flannans Ennis	3.65		Pole Vault	Senior Boys
1978	Mark Dennehy	Glenstal Abbey School	3.50		Pole Vault	Senior Boys
1979	John Hartnett	St Colmans Fermoy	3.82		Pole Vault	Senior Boys
1980	Pat Lanagan Ryan	Thurles CBS	3.50		Pole Vault	Senior Boys
1981	Malachy Sheridan	Rockwell College	3.53		Pole Vault	Senior Boys
1982	Malachy Sheridan	Rockwell College	4.06		Pole Vault	Senior Boys
1983	Malachy Sheridan	Rockwell College	3.90		Pole Vault	Senior Boys
1984	Terry Connolly	Colaiste Christ Ri Cork	3.70		Pole Vault	Senior Boys
1985	Terry Connolly	Colaiste Christ Ri Cork	3.50		Pole Vault	Senior Boys

1986	James Nolan	Rockwell College	3.50	Pole Vault	Senior Boys
1987	James Nolan	Rockwell College	3.65	Pole Vault	Senior Boys
1988	Donagh Sheridan	Rockwell College	3.50	Pole Vault	Senior Boys
1989	Donagh Sheridan	Rockwell College	4.10	Pole Vault	Senior Boys
1990	James Finn	Rockwell College	3.60	Pole Vault	Senior Boys
1991	Barry Doocy	St Augustines Dungarvan	3.10	Pole Vault	Senior Boys
1992	Joseph Naughton	Nenagh CBS	3.65	Pole Vault	Senior Boys
1993	David O'Sullivan	Colaiste Chriost Ri Cork	2.60	Pole Vault	Senior Boys
1994	Eugene Fortune	Rockwell College	3.20	Pole Vault	Senior Boys
1995	Conleth Ryan	Rockwell College	3.20	Pole Vault	Senior Boys
1996	Brian Deasy	Colaiste Chriost Ri Cork	3.60	Pole Vault	Senior Boys
1997	Brian Deasy	Colaiste Chriost Ri Cork	3.70	Pole Vault	Senior Boys
1998	Ronan Curran	St Augustines Dungarvan	3.80	Pole Vault	Senior Boys
1999	Gary Hurney	St Augustines Dungarvan	3.70	Pole Vault	Senior Boys
2000	Liam Houlihan	St Augustines Dungarvan	3.00	Pole Vault	Senior Boys
2001	Liam Houlihan	St Augustines Dungarvan		Pole Vault	Senior Boys
2002	Liam Houlihan	St Augustines Dungarvan	3.20	Pole Vault	Senior Boys
2003	Stephen Kett	St Augustines Dungarvan	2.60	Pole Vault	Senior Boys
2004	Kevin Downey	Mitchelstown CBS	2.80	Pole Vault	Senior Boys
2005	Sean Noonan	Christian Brothers College Cork	3.50	Pole Vault	Senior Boys
2006	Mark Bannon	St Augustines Dungarvan	3.80	Pole Vault	Senior Boys
2007	Darren Dunford	St Augustines Dungarvan	2.90	Pole Vault	Senior Boys
2008	Roy Kelly	Pobalscoil na Trionoide Youghal	2.40	Pole Vault	Senior Boys
2009	Thomas Houlihan	St Augustines Dungarvan	3.00	Pole Vault	Senior Boys
2010	Thomas Houlihan	St Augustines Dungarvan	4.20	Pole Vault	Senior Boys
2011	Martin Houlihan	St Augustines Dungarvan	3.20	Pole Vault	Senior Boys
2012	Jonathan Foley	Presentation Milltown	3.80	Pole Vault	Senior Boys
2013	Conor Kavanagh	St Augustines Dungarvan	3.40	Pole Vault	Senior Boys
2014	Conor Kavanagh	St Augustines Dungarvan	3.20	Pole Vault	Senior Boys
2015	Seamie Fennell	St Augustines Dungarvan	4.21	Pole Vault	Senior Boys
2016	Yuri Kanash	St Augustines Dungarvan	4.25	Pole Vault	Senior Boys
2017	Not Contested			Pole Vault	Senior Boys
2018	Diarmuid Harty	St Augustines Dungarvan	3.60	Pole Vault	Senior Boys
2019	Diarmuid Harty	St Augustines Dungarvan	3.60	Pole Vault	Senior Boys
2020	Not Held due to Covid-19 restrictions			Pole Vault	Senior Boys
2021	Not Held due to Covid-19 restrictions			Pole Vault	Senior Boys
2022	Conor Callinan	Col an Chroi Naofa Carrignavar	4.30	Pole Vault	Senior Boys

Senior Boys Shot Put (6kg)

6.25Kg (1971 to 2001) 12lb (1937 -1970)

1937	M Kelleher	Rochestown College	10.71	Shot Put	Senior Boys
1938	Thomas Kelly	Rockwell College	10.86	Shot Put	Senior Boys
1939	Hugo Flinn	Christian Brothers College Cork	12.44	Shot Put	Senior Boys
1940	Hugo Flinn	Christian Brothers College Cork	13.74	Shot Put	Senior Boys
1941	D Healy	Rockwell College	10.16	Shot Put	Senior Boys
1942-1946		Not Held due to World War 2 Emergency			
1947	John Hennessy	Farranferris Cork	10.74	Shot Put	Senior Boys
1948	Dermot O'Sullivan	Castlemartyr College	11.71	Shot Put	Senior Boys
1949	Dermot O'Sullivan	Castlemartyr College	12.52	Shot Put	Senior Boys
1950	T Ryan	Limerick CBS	10.75	Shot Put	Senior Boys
1951	Tom Nesdale	Presentation Brothers Cork	11.25	Shot Put	Senior Boys
1952	Pat O'Callaghan	High School Clonmel	12.38	Shot Put	Senior Boys
1953	Pat O'Callaghan	High School Clonmel	13.74	Shot Put	Senior Boys
1954	Terence O'Callaghan	High School Clonmel	12.34	Shot Put	Senior Boys
1955	Seamus Mullins	High School Clonmel	13.03	Shot Put	Senior Boys
1956	Seamus Mullins	High School Clonmel	13.18	Shot Put	Senior Boys
1957	Kevin Prendergast	Rockwell College	13.96	Shot Put	Senior Boys
1958	Kevin Prendergast	Rockwell College	15.95	Shot Put	Senior Boys
1959	Hugh O'Callaghan	High School Clonmel	14.95	Shot Put	Senior Boys
1960	Hugh O'Callaghan	High School Clonmel	15.14	Shot Put	Senior Boys
1961	Anthony Egar	Rockwell College	13.42	Shot Put	Senior Boys
1962	Sean Lomasney	Rochestown College	14.14	Shot Put	Senior Boys
1963	Robert Widger	High School Clonmel	13.13	Shot Put	Senior Boys
1964	Michael O'Gorman	High School Clonmel	13.51	Shot Put	Senior Boys

1965	Philip Conway	Rockwell College	16.05	Shot Put	Senior Boys
1966	Rodney Hecksher	Rockwell College	13.92	Shot Put	Senior Boys
1967	Rodney Hecksher	Rockwell College	14.64	Shot Put	Senior Boys
1968	Pat Hartigan	Limerick CBS	15.75	Shot Put	Senior Boys
1969	Michael Kelly	Kilrush CBS	14.05	Shot Put	Senior Boys
1970	Conor O'Luasa	Colaiste Iosagain Ballyvourney	12.89	Shot Put	Senior Boys
1971	Hugh McGuire	Rockwell College	11.40	Shot Put	Senior Boys
1972	Hugh McGuire	Rockwell College	11.58	Shot Put	Senior Boys
1973	Hugh McGuire	Rockwell College	12.43	Shot Put	Senior Boys
1974	Kevin Tyrrell	Mount Sion Waterford	13.40	Shot Put	Senior Boys
1975	John Harte	St Colmans Fermoy	13.15	Shot Put	Senior Boys
1976	Joe Brice	St Augustines Dungarvan	14.17	Shot Put	Senior Boys
1977	Michael Power	Rockwell College	13.18	Shot Put	Senior Boys
1978	Tom Crotty	Christian Brothers College Cork	13.46	Shot Put	Senior Boys
1979	Denis McSweeney	Tralee CBS	13.84	Shot Put	Senior Boys
1980	Denis McSweeney	Tralee CBS	14.42	Shot Put	Senior Boys
1981	Carl Egan	Rockwell College	11.68	Shot Put	Senior Boys
1982	Frank O'Brien	Dungarvan CBS	14.58	Shot Put	Senior Boys
1983	Frank O'Brien	Dungarvan CBS	14.57	Shot Put	Senior Boys
1984	David Williams	Rockwell College	12.80	Shot Put	Senior Boys
1985	Michael O'Brien	St Augustines Dungarvan	12.95	Shot Put	Senior Boys
1986	Colm Moran	Rockwell College	15.49	Shot Put	Senior Boys
1987	Peter Galvin	St Augustines Dungarvan	12.84	Shot Put	Senior Boys
1988	Seamus O'Brien	St Brendans Killarney	12.65	Shot Put	Senior Boys
1989	Michael Ahearne	St Augustines Dungarvan	14.52	Shot Put	Senior Boys
1990	Michael Ahearne	St Augustines Dungarvan	15.26	Shot Put	Senior Boys
1991	John Mulkere	St Flannans Ennis	14.30	Shot Put	Senior Boys
1992	Pat Nangle	St Augustines Dungarvan	13.84	Shot Put	Senior Boys
1993	John Mulkere	St Flannans Ennis	15.56	Shot Put	Senior Boys
1994	John Leahy	St Flannans Ennis	14.21	Shot Put	Senior Boys
1995	Jason Flynn	St Augustines Dungarvan	14.27	Shot Put	Senior Boys
1996	John Leahy	St Itas Abbeyfeale	15.33	Shot Put	Senior Boys
1997	Michael Morrissey	St Augustines Dungarvan	12.37	Shot Put	Senior Boys
1998	Michael Morrissey	St Augustines Dungarvan	13.60	Shot Put	Senior Boys
1999	Robert Ford	St Flannans Ennis	12.97	Shot Put	Senior Boys
2000	Geoffrey Mullins	Salesian Pallaskenry	13.19	Shot Put	Senior Boys
2001	Geoffrey Mullins	Salesian Pallaskenry	15.28	Shot Put	Senior Boys
2002	Eoin Leen	Mercy Mount Hawk Tralee	16.36	Shot Put	Senior Boys
2003	Conor Magee	Glenstal Abbey School	11.66	Shot Put	Senior Boys
2004	James Nagle	Intermediate School Killorglin	12.82	Shot Put	Senior Boys
2005	James Nagle	Intermediate School Killorglin	13.16	Shot Put	Senior Boys
2006	Pawel Hazler	Bishopstown CS	12.68	Shot Put	Senior Boys
2007	Daniel Clifford	Intermediate School Killorglin	12.74	Shot Put	Senior Boys
2008	Dale Kennedy	Abbey CC Waterford	12.76	Shot Put	Senior Boys
2009	Anton Katayev	St Clements Limerick	11.49	Shot Put	Senior Boys
2010	Diarmuid Hickey	Carrigaline CS	13.46	Shot Put	Senior Boys
2011	Diarmuid Hickey	Carrigaline CS	14.42	Shot Put	Senior Boys
2012	Patrick McSweeney	Hamilton High School Bandon	13.31	Shot Put	Senior Boys
2013	Colin Kingston	Bandon Grammar School	12.92	Shot Put	Senior Boys
2014	Eoin Hanrahan	St Flannans Ennis	12.50	Shot Put	Senior Boys
2015	Micheal Dineen	Newtown School Waterford	10.96	Shot Put	Senior Boys
2016	James French	Bandon Grammar School	13.77	Shot Put	Senior Boys
2017	Daniel Ryan	Thurles CBS	15.04	Shot Put	Senior Boys
2018	Padraig O'Callaghan	Colaiste Chriost Ri Cork	10.86	Shot Put	Senior Boys
2019	Jack Ryan	Thurles CBS	13.10	Shot Put	Senior Boys
2020	Not Held due to Covid-19 restrictions			Shot Put	Senior Boys
2021	Not Held due to Covid-19 restrictions			Shot Put	Senior Boys
2022	Callum Keating	Hazelwood Col Dromcollogher	14.45	Shot Put	Senior Boys

Senior Boys Discus (1.75kg)

3.3lb (1948 - 1970)

1948	Dermot O'Sullivan	Castlemartyr College	34.44	Discus	Senior Boys
1949	Dermot O'Sullivan	Castlemartyr College	41.94	Discus	Senior Boys
1950	Donal Buckley	Rochestown College	37.68	Discus	Senior Boys

1951	Patrick Harrington	Rochestown College	34.65	Discus	Senior Boys
1952	Jeremiah Thackaberry	Rockwell College	32.99	Discus	Senior Boys
1953	Pat O'Callaghan	High School Clonmel	38.58	Discus	Senior Boys
1954	Terence O'Callaghan	High School Clonmel	37.52	Discus	Senior Boys
1955	D Geary	Limerick CBS	36.40	Discus	Senior Boys
1956	Kevin Prendergast	Rockwell College	30.53	Discus	Senior Boys
1957	Brian O'Callaghan	High School Clonmel	31.62	Discus	Senior Boys
1958	Kevin Prendergast	Rockwell College	46.25	Discus	Senior Boys
1959	Hugh O'Callaghan	High School Clonmel	41.64	Discus	Senior Boys
1960	Hugh O'Callaghan	High School Clonmel	41.15	Discus	Senior Boys
1961	Bernie Hartigan	Limerick CBS	47.02	Discus	Senior Boys
1962	Brian Egan	Glenstal Abbey School	46.77	Discus	Senior Boys
1963	Robert Widger	High School Clonmel	39.07	Discus	Senior Boys
1964	Philip Conway	Rockwell College	40.22	Discus	Senior Boys
1965	Philip Conway	Rockwell College	46.53	Discus	Senior Boys
1966	Michael Roberts	Glenstal Abbey School	37.82	Discus	Senior Boys
1967	Rodney Hecksher	Rockwell College	41.15	Discus	Senior Boys
1968	Pat Hartigan	Limerick CBS	40.63	Discus	Senior Boys
1969	Michael Kelly	Kilrush CBS	39.17	Discus	Senior Boys
1970	Conor O'Luasa	Colaiste Iosagain Ballyvourney	39.62	Discus	Senior Boys
1971	John Shortall	Fethard CBS	34.44	Discus	Senior Boys
1972	Hugh McGuire	Rockwell College	36.40	Discus	Senior Boys
1973	David Sheedy	Ennis CBS	38.58	Discus	Senior Boys
1974	Colm Cronin	North Monastery CBS Cork	41.90	Discus	Senior Boys
1975	Joe Brice	St Augustines Dungarvan	43.10	Discus	Senior Boys
1976	Joe Brice	St Augustines Dungarvan	44.20	Discus	Senior Boys
1977	Gerry Hurley	St Munchins Limerick	37.62	Discus	Senior Boys
1978	Denis McSweeney	St Augustines Dungarvan	41.98	Discus	Senior Boys
1979	Denis McSweeney	Tralee CBS	48.64	Discus	Senior Boys
1980	Denis McSweeney	Tralee CBS	51.75	Discus	Senior Boys
1981	Declan Hayes	Maria Immaculata Dunmanway	31.45	Discus	Senior Boys
1982	Frank O'Brien	Dungarvan CBS	49.66	Discus	Senior Boys
1983	Frank O'Brien	Dungarvan CBS	48.34	Discus	Senior Boys
1984	David Williams	Rockwell College	38.94	Discus	Senior Boys
1985	Barry Walsh	Crescent Comprehensive SJ Limerick	43.00	Discus	Senior Boys
1986	Barry Walsh	Crescent Comprehensive SJ Limerick	50.00	Discus	Senior Boys
1987	Gabriel Fulcher	Rockwell College	41.68	Discus	Senior Boys
1988	Pat Hartigan	Limerick CBS	41.32	Discus	Senior Boys
1989	Michael Aherne	St Augustines Dungarvan	41.10	Discus	Senior Boys
1990	Michael Ahearne	St Augustines Dungarvan	45.30	Discus	Senior Boys
1991	Mark Monaghan	De La Salle Waterford	38.72	Discus	Senior Boys
1992	Pat Nangle	St Augustines Dungarvan	40.04	Discus	Senior Boys
1993	Brian Whitty	College of Commerce Cork	36.96	Discus	Senior Boys
1994	John Leahy	St Flannans Ennis	36.86	Discus	Senior Boys
1995	Jason Flynn	St Augustines Dungarvan	43.68	Discus	Senior Boys
1996	John Leahy	St Itas Abbeyfeale	39.68	Discus	Senior Boys
1997	Michael Morrissey	St Augustines Dungarvan	37.90	Discus	Senior Boys
1998	Brendan Burke	John The Baptist Hospital	44.48	Discus	Senior Boys
1999	John Hobbs	Ashton School Cork	40.60	Discus	Senior Boys
2000	Geoffrey Mullins	Salesian Pallaskenry	42.57	Discus	Senior Boys
2001	Geoffrey Mullins	Salesian Pallaskenry	42.71	Discus	Senior Boys
2002	Eoin Leen	Mercy Mount Hawk Tralee	32.45	Discus	Senior Boys
2003	Gavin Smith	St Patricks CS Shannon	36.72	Discus	Senior Boys
2004	Gavin Smith	St Patricks CS Shannon	36.15	Discus	Senior Boys
2005	James Nagle	Intermediate School Killorglin	36.94	Discus	Senior Boys
2006	Pawel Hazler	Bishopstown CS	45.71	Discus	Senior Boys
2007	Pawel Hazler	Bishopstown CS	47.15	Discus	Senior Boys
2008	Dale Kennedy	Abbey CC Waterford	41.04	Discus	Senior Boys
2009	Ivan O'Brien	Bandon Grammar School	33.14	Discus	Senior Boys
2010	Shane McAuliffe	Colaiste Treasa Kanturk	34.76	Discus	Senior Boys
2011	Diarmuid Hickey	Carrigaline CS	34.06	Discus	Senior Boys
2012	Andrew McCarthy	Pobalscoil Sliabh Luachra Rathmore	35.09	Discus	Senior Boys
2013	Andrew McCarthy	Pobalscoil Sliabh Luachra Rathmore	37.56	Discus	Senior Boys
2014	Eoin Hanrahan	St Flannans Ennis	35.48	Discus	Senior Boys
2015	Tomas O'Neill	Scoil Mhuire Kanturk	30.66	Discus	Senior Boys
2016	Eoghan Flynn	Dungarvan CBS	40.61	Discus	Senior Boys

2017	Kevin Caulfield	St Josephs Tulla	32.40	Discus	Senior Boys
2018	Sean Mockler	Thurles CBS	43.91	Discus	Senior Boys
2019	Sean Mockler	Thurles CBS	43.57	Discus	Senior Boys
2020	Not Held due to Covid-19 restrictions			Discus	Senior Boys
2021	Not Held due to Covid-19 restrictions			Discus	Senior Boys
2022	Noah McConway	St Flannans Ennis	38.01	Discus	Senior Boys

Senior Boys Hammer (6kg)

6.25kg (1971 - 2001) 12lb (1970)

1970	Pat Healy	Thurles CBS	40.16	Hammer	Senior Boys
1971	Gilmar Doyle	Rockwell College	30.38	Hammer	Senior Boys
1972	Stephen King	St Munchins Limerick	36.44	Hammer	Senior Boys
1973	Denis Healy	Thurles CBS	37.80	Hammer	Senior Boys
1974	Denis Healy	Thurles CBS	39.38	Hammer	Senior Boys
1975	Denis Healy	Thurles CBS	47.53	Hammer	Senior Boys
1976	Mark Lincheid	Rockwell College	51.92	Hammer	Senior Boys
1977	Gerry Hurley	St Munchins Limerick	44.00	Hammer	Senior Boys
1978	Eoin Walsh	De La Salle Waterford	53.60	Hammer	Senior Boys
1979	Eoin Walsh	De La Salle Waterford	49.10	Hammer	Senior Boys
1980	Denis McSweeney	Tralee CBS	52.64	Hammer	Senior Boys
1981	Gary Halpin	Rockwell College	50.82	Hammer	Senior Boys
1982	Gary Halpin	Rockwell College	58.85	Hammer	Senior Boys
1983	Gary Halpin	Rockwell College	62.46	Hammer	Senior Boys
1984	Gary Halpin	Rockwell College	64.28	Hammer	Senior Boys
1985	Pat O'Connor	St Munchins Limerick	51.98	Hammer	Senior Boys
1986	Pat O'Connor	St Munchins Limerick	52.78	Hammer	Senior Boys
1987	Jim O'Mahony	Colaiste Chriost Ri Cork	50.46	Hammer	Senior Boys
1988	Jim O'Mahony	Colaiste Chriost Ri Cork	51.64	Hammer	Senior Boys
1989	Michael Ahearne	St Augustines Dungarvan	49.40	Hammer	Senior Boys
1990	Michael Ahearne	St Augustines Dungarvan	48.86	Hammer	Senior Boys
1991	Shane Scanlon	St Augustines Dungarvan	49.40	Hammer	Senior Boys
1992	Tim Ahearne	St Augustines Dungarvan	43.40	Hammer	Senior Boys
1993	Pat Nagle	St Augustines Dungarvan	45.21	Hammer	Senior Boys
1994	Derek Kenneally	St Augustines Dungarvan	42.66	Hammer	Senior Boys
1995	Derek Kenneally	St Augustines Dungarvan	42.58	Hammer	Senior Boys
1996	Donnie Rockett	St Augustines Dungarvan	51.14	Hammer	Senior Boys
1997	Michael Murray	St Augustines Dungarvan	45.30	Hammer	Senior Boys
1998	Michael Morrissey	St Augustines Dungarvan	52.13	Hammer	Senior Boys
1999	George Mullan	Glenstal Abbey School	38.15	Hammer	Senior Boys
2000	Tim Ahern	Patrician Academy Mallow	25.01	Hammer	Senior Boys
2001	Joe Manahan	St Munchins Limerick	35.03	Hammer	Senior Boys
2002	Joe Manahan	St Munchins Limerick	37.96	Hammer	Senior Boys
2003	John Dilworth	Scoil Mhuire Gan Smal Blarney	36.02	Hammer	Senior Boys
2004	James Nagle	Intermediate School Killorglin	51.29	Hammer	Senior Boys
2005	James Nagle	Intermediate School Killorglin	51.71	Hammer	Senior Boys
2006	Andrew Kenneally	Coachford College	45.51	Hammer	Senior Boys
2007	Pawel Hazler	Bishopstown CS	52.74	Hammer	Senior Boys
2008	Seamus Murphy	Colaiste an Chroi Naofa Carraig na bhFear	33.66	Hammer	Senior Boys
2009	Shane Hand	Pobailscoil Chorca Dhuibne	44.02	Hammer	Senior Boys
2010	Denis Hayes	Presentation Milltown	46.01	Hammer	Senior Boys
2011	Patrick McSweeney	Hamilton High School Bandon	48.92	Hammer	Senior Boys
2012	Patrick McSweeney	Hamilton High School Bandon	48.98	Hammer	Senior Boys
2013	James Heffernan	Christian Brothers College Cork	39.47	Hammer	Senior Boys
2014	Adam King	Colaiste na Sceilge Caherciveen	58.64	Hammer	Senior Boys
2015	Adam King	Colaiste na Sceilge Caherciveen	64.50	Hammer	Senior Boys
2016	Tomas O'Neill	Scoil Mhuire Kanturk	48.88	Hammer	Senior Boys
2017	Travis Coomey	Bandon Grammar School	45.52	Hammer	Senior Boys
2018	Sean Mockler	Thurles CBS	61.88	Hammer	Senior Boys
2019	Sean Mockler	Thurles CBS	62.28	Hammer	Senior Boys
2020	Not Held due to Covid-19 restrictions			Hammer	Senior Boys
2021	Not Held due to Covid-19 restrictions			Hammer	Senior Boys
2022	Azuolas Varnele	Colaiste Mhuire Co-Ed Thurles	46.39	Hammer	Senior Boys

**Senior Boys Javelin (800g)
(800g from 1970 - change to dimensions in 1985)**

1948	Dermot O'Sullivan	Castlemartyr College	34.31	Javelin	Senior Boys
1949	Dermot O'Sullivan	Castlemartyr College	41.11	Javelin	Senior Boys
1950	M Gately	Mungret College Limerick	39.50	Javelin	Senior Boys
1951	Raymond Bowers	Glenstal Abbey School	38.61	Javelin	Senior Boys
1952	Sean Moore	North Monastery CBS Cork	39.88	Javelin	Senior Boys
1953	R Murphy	Presentation Brothers Cork	37.97	Javelin	Senior Boys
1954	Liam Gleeson	Nenagh CBS	40.11	Javelin	Senior Boys
1955	D Geary	Limerick CBS	47.70	Javelin	Senior Boys
1956	John Ainscough	Glenstal Abbey School	48.51	Javelin	Senior Boys
1957	John Ainscough	Glenstal Abbey School	51.49	Javelin	Senior Boys
1958	Kevin Prendergast	Rockwell College	48.90	Javelin	Senior Boys
1959	Hugh O'Callaghan	High School Clonmel	44.07	Javelin	Senior Boys
1960	Hugh O'Callaghan	High School Clonmel	50.39	Javelin	Senior Boys
1961	Brian Egan	Glenstal Abbey School	55.58	Javelin	Senior Boys
1962	Brian Egan	Glenstal Abbey School	62.30	Javelin	Senior Boys
1963	Robert Widger	High School Clonmel	47.19	Javelin	Senior Boys
1964	Tom Sheehan	Mungret College Limerick	45.77	Javelin	Senior Boys
1965	Anthony Dineen	Salesian Pallaskenry	49.10	Javelin	Senior Boys
1966	Anthony Dineen	Salesian Pallaskenry	51.77	Javelin	Senior Boys
1967	Tim O'Connor	Glenstal Abbey School	47.63	Javelin	Senior Boys
1968	Tim O'Connor	Glenstal Abbey School	48.39	Javelin	Senior Boys
1969	Patrick Egan	Glenstal Abbey School	46.37	Javelin	Senior Boys
1970	William Gabbett	Glenstal Abbey School	44.98	Javelin	Senior Boys
1971	Michael Cantwell	Glenstal Abbey School	39.07	Javelin	Senior Boys
1972	Laurence McGrath	Limerick CBS	43.74	Javelin	Senior Boys
1973	Laurence McGrath	Limerick CBS	47.96	Javelin	Senior Boys
1974	Denis Healy	Thurles CBS	50.42	Javelin	Senior Boys
1975	Denis Healy	Thurles CBS	45.98	Javelin	Senior Boys
1976	Brendan Healy	Thurles CBS	50.71	Javelin	Senior Boys
1977	Brendan Healy	Thurles CBS	49.87	Javelin	Senior Boys
1978	Barry Hurley	St Munchins Limerick	44.44	Javelin	Senior Boys
1979	Joe Aherne	Roscrea CBS	40.27	Javelin	Senior Boys
1980	Tom Galvin	St Munchins Limerick	38.42	Javelin	Senior Boys
1981	Newton Popplewell	Newtown School Waterford	46.34	Javelin	Senior Boys
1982	Tom Galvin	St Munchins Limerick	47.74	Javelin	Senior Boys
1983	Gearoid Nevin	St Clements Limerick	50.40	Javelin	Senior Boys
1984	Gearoid Nevin	St Clements Limerick	47.04	Javelin	Senior Boys
1985	Mark O'Driscoll	Glenstal Abbey School	41.08	Javelin	Senior Boys
1986	Barry Dempsey	Glenstal Abbey School	53.94	Javelin	Senior Boys
1987	Jamie O'Donnell	Glenstal Abbey School	48.58	Javelin	Senior Boys
1988	John Fleming	De La Salle Waterford	44.12	Javelin	Senior Boys
1989	Gerard Nagle	St Flannans Ennis	42.86	Javelin	Senior Boys
1990	Joe Kenny	St Josephs Borrisoleigh	52.62	Javelin	Senior Boys
1991	Brian Scanlon	De La Salle Waterford	54.82	Javelin	Senior Boys
1992	Brian Hayes	St Augustines Dungarvan	46.76	Javelin	Senior Boys
1993	Maurice Savage	St Michaels Listowel	46.14	Javelin	Senior Boys
1994	John Leahy	St Flannans Ennis	45.34	Javelin	Senior Boys
1995	Derek Hayes	St Augustines Dungarvan	44.88	Javelin	Senior Boys
1996	Derek Hayes	St Augustines Dungarvan	54.66	Javelin	Senior Boys
1997	Michael Morrissey	St Augustines Dungarvan	41.84	Javelin	Senior Boys
1998	Mark Hamilton	St Colmans Fermoy	49.95	Javelin	Senior Boys
1999	Tom Conroy	North Monastery CBS Cork	42.70	Javelin	Senior Boys
2000	Robert Butler	Carrick-on-Suir CBS	40.20	Javelin	Senior Boys
2001	Kevin O'Keefe	De La Salle Waterford	38.75	Javelin	Senior Boys
2002	Kevin O'Keefe	De La Salle Waterford	35.30	Javelin	Senior Boys
2003	Kevin O'Keefe	De La Salle Waterford	40.40	Javelin	Senior Boys
2004	Gavin Smith	St Patricks CS Shannon	36.90	Javelin	Senior Boys
2005	Alan O'Connor	St Itas Abbeyfeale	36.61	Javelin	Senior Boys
2006	David Shine	Colaiste Choilm Ballincollig	43.76	Javelin	Senior Boys
2007	Philip Burns	Bandon Grammar School	47.40	Javelin	Senior Boys
2008	Lunga Balman	Ennis CC	50.06	Javelin	Senior Boys
2009	Anton Katayev	St Clements Limerick	46.53	Javelin	Senior Boys
2010	Jaco Oosthuysen	High School Clonmel	49.41	Javelin	Senior Boys

2011	Jaco Oosthuysen	High School Clonmel	44.12	Javelin	Senior Boys
2012	Jonathan Foley	Presentation Milltown	37.20	Javelin	Senior Boys
2013	Dan Finnerty	St Annes CC Killaloe	36.92	Javelin	Senior Boys
2014	Shane O'Neill	St Fachtnas Skibbereen	44.74	Javelin	Senior Boys
2015	Bobby Smith	Bandon Grammar School	51.35	Javelin	Senior Boys
2016	Eoghan Flynn	Dungarvan CBS	50.50	Javelin	Senior Boys
2017	Kevin Michael	Deerpark CBS Cork	51.58	Javelin	Senior Boys
2018	Joseph McEvoy	St Annes CC Killaloe	44.80	Javelin	Senior Boys
2019	Cathal Scanlon	St Declans CC Kilmacthomas	46.54	Javelin	Senior Boys
2020	Not Held due to Covid-19 restrictions			Javelin	Senior Boys
2021	Not Held due to Covid-19 restrictions			Javelin	Senior Boys
2022	Jack Cullen	Hamilton HS Bandon	43.15	Javelin	Senior Boys

Senior Boys 4X100m relay

4 X 220yds (1931 - 1951) 4 X 110yds (1952 - 1969)

1931	Rockwell College			Tie	Relay	Senior Boys
1931	Christian Brothers College Cork			Tie	Relay	Senior Boys
1938	Christian Brothers College Cork	1.42.9			Relay	Senior Boys
1939	Rockwell College	1.40.0			Relay	Senior Boys
1940	St Colmans Fermoy	1.40.0			Relay	Senior Boys
1941	Rockwell College	1.40.0			Relay	Senior Boys
1942-1946	Not Held due to World War 2 Emergency					
1947	St Flannans Ennis	1.45.0			Relay	Senior Boys
1948	Christian Brothers College Cork	1.38.8			Relay	Senior Boys
1949	Christian Brothers College Cork	2.18.6			Relay	Senior Boys
1950	Rockwell College	1.43.0			Relay	Senior Boys
1951	Glenstal Abbey School	1.38.8			Relay	Senior Boys
1952	Rockwell College	46.5			Relay	Senior Boys
1953	Rockwell College	47.8			Relay	Senior Boys
1954	Rockwell College	47.0			Relay	Senior Boys
1955	Rockwell College	47.6			Relay	Senior Boys
1956	De La Salle Waterford	45.8			Relay	Senior Boys
1957	Christian Brothers College Cork	46.0			Relay	Senior Boys
1958	Mungret College Limerick	47.1			Relay	Senior Boys
1959	Rockwell College	46.0			Relay	Senior Boys
1960	Rockwell College	46.2			Relay	Senior Boys
1961	Mungret College Limerick	46.5			Relay	Senior Boys
1962	Tralee CBS	46.8			Relay	Senior Boys
1963	Rockwell College	46.0			Relay	Senior Boys
1964	Presentation Brothers Cork	46.2			Relay	Senior Boys
1965	Presentation Brothers Cork	46.2			Relay	Senior Boys
1966	Rockwell College	45.7			Relay	Senior Boys
1967	Rockwell College	44.8			Relay	Senior Boys
1968	Rockwell College	45.6			Relay	Senior Boys
1969	Rockwell College	47.4			Relay	Senior Boys
1970	Glenstal Abbey School	44.4			Relay	Senior Boys
1971	Mungret College Limerick	46.1			Relay	Senior Boys
1972	Mungret College Limerick	46.0			Relay	Senior Boys
1973	Rockwell College	45.5			Relay	Senior Boys
1974	Mungret College Limerick	45.6			Relay	Senior Boys
1975	Newtown School Waterford	45.8			Relay	Senior Boys
1976	Rockwell College	45.0			Relay	Senior Boys
1977	Christian Brothers College Cork	44.3			Relay	Senior Boys
1978	Christian Brothers College Cork	43.8			Relay	Senior Boys
1979	St Munchins Limerick	45.2			Relay	Senior Boys
1980	Rockwell College	50.8			Relay	Senior Boys
1981	Tralee CBS	45.2			Relay	Senior Boys
1982	Tralee CBS	45.1			Relay	Senior Boys
1983	Rockwell College	44.3			Relay	Senior Boys
1984	Newtown School Waterford	44.3			Relay	Senior Boys
1985	St Munchins Limerick	44.6			Relay	Senior Boys
1986	St Flannans Ennis	43.8			Relay	Senior Boys
1987	Colaiste Chriost Ri Cork	44.0			Relay	Senior Boys

1988	Presentation Brothers Cork	44.4	Relay	Senior Boys
1989	Colaiste Chriost Ri Cork	43.3	Relay	Senior Boys
1990	Colaiste Chriost Ri Cork	43.2	Relay	Senior Boys
1991	Colaiste Chriost Ri Cork	43.8	Relay	Senior Boys
1992	Colaiste Chriost Ri Cork	44.8	Relay	Senior Boys
1993	Colaiste an Spioraid Naoimh Bishopstown	46.1	Relay	Senior Boys
1994	Thurles CBS	44.4	Relay	Senior Boys
1995	Glenstal Abbey School	45.2	Relay	Senior Boys
1996	St Brendans Killarney	44.2	Relay	Senior Boys
1997	Thurles CBS	44.3	Relay	Senior Boys
1999	John The Baptist Hospital	45.3	Relay	Senior Boys
2000	Crescent Comprehensive SJ Limerick	44.1	Relay	Senior Boys
2001	Colaiste Phobal Roscrea	48.1	Relay	Senior Boys
2002	Scoil Mhuire Bruff	46.5	Relay	Senior Boys
2003	Rockwell College	45.4	Relay	Senior Boys
2004	Glanmire CC	46.05	Relay	Senior Boys
2005	Glanmire CC	45.17	Relay	Senior Boys
2006	Bandon Grammar School	47.06	Relay	Senior Boys
2007	Ard Scoil Ris Limerick	44.82	Relay	Senior Boys
2008	De La Salle Waterford	46.52	Relay	Senior Boys
2009	De La Salle Waterford	45.72	Relay	Senior Boys
2010	Midleton CBS	47.36	Relay	Senior Boys
2011	Colaiste an Phiarsaigh Glanmire	46.47	Relay	Senior Boys
2012	Mercy Mount Hawk Tralee	44.97	Relay	Senior Boys
2013	Castletroy College Limerick	44.49	Relay	Senior Boys
2014	Davis College Mallow	44.29	Relay	Senior Boys
2015	Bandon Grammar School	43.11	Relay	Senior Boys
2016	Bandon Grammar School	43.44	Relay	Senior Boys
2017	Bandon Grammar School	44.88	Relay	Senior Boys
2018	Presentation Brothers Cork	45.48	Relay	Senior Boys
2019	Mercy Mount Hawk Tralee	43.25	Relay	Senior Boys
2020	Not Held due to Covid-19 restrictions		Relay	Senior Boys
2021	Not Held due to Covid-19 restrictions		Relay	Senior Boys
2022	Col Muire Crosshaven	44.74	Relay	Senior Boys

Senior Boys 4X400m Relay

2017	St Declans CC Kilmacthomas	3.36.76	4X400m Relay	Senior Boys
2018	St Flannans Ennis	3.36.12	4X400m Relay	Senior Boys
2019	Thurles CBS	3.36.69	4X400m Relay	Senior Boys
2020	Not Held due to Covid-19 restrictions		4X400m Relay	Senior Boys
2021	Not Held due to Covid-19 restrictions		4X400m Relay	Senior Boys
2022	St Brendans College	3:35.65	4X400m Relay	Senior Boys

Senior Boys Combined Events

1992	Brian Hayes	St Augustines Dungarvan	3287	Combined Events	Senior Boys
1993	D Coe	Newtown School Waterford		Combined Events	Senior Boys
1994	Roger Harty	St Colmans CC Midleton	2637	Combined Events	Senior Boys
1995	Derek Hayes	St Augustines Dungarvan	3829	Combined Events	Senior Boys
1996	Darren Lynch	St Flannans Ennis	2829	Combined Events	Senior Boys
1997	John Paul O'Brien	St Flannans Ennis		Combined Events	Senior Boys
1998	Eoin McGrath	De La Salle Waterford	2278	Combined Events	Senior Boys
1999	Diarmuid O'Meara	Colaiste Phobal Roscrea	3124	Combined Events	Senior Boys
2000	Not Contested			Combined Events	Senior Boys
2001	Not Contested			Combined Events	Senior Boys
2002	Maurice Donoghue	De La Salle Waterford	3440	Combined Events	Senior Boys
2003	Philip Conway	Waterpark College	2831	Combined Events	Senior Boys
2004	Christopher Crowley	Colaiste Chriost Ri	3096	Combined Events	Senior Boys
2005	Not Contested			Combined Events	Senior Boys
2006	Brendan O'Connor	Beara CS	2387	Combined Events	Senior Boys
2007	Edmond Burke	Hazelwood College Dromcollogher	1708	Combined Events	Senior Boys
2008	Niall Stanley	Kinsale CS	2701	Combined Events	Senior Boys
2009	Stephen O'Riordan	Our Lady's Templemore	1949	Combined Events	Senior Boys

2010	Not Contested			Combined Events	Senior Boys
2011	Daniel Colbert	Midleton CBS	2538	Combined Events	Senior Boys
2012	Solomon Adibisi	Davis College Mallow	2625	6 events Combined Events	Senior Boys
2013	Paul White	Nenagh CBS	2467	5 events Combined Events	Senior Boys
2014	Thomas Sexton	SMI Newcastle West	2458	Combined Events	Senior Boys
2015	John Hogan	Davis College Mallow	2417	Combined Events	Senior Boys
2016	Cian Talbot	Mercy Mt Hawk Tralee	1393	Combined Events	Senior Boys
2017	Eoin Kenny	De La Salle Waterford	2579	Combined Events	Senior Boys
2018	Brian Lynch	Colaiste an Spioraid Naoimh	2985	Combined Events	Senior Boys
2019	Cillian Griffin	Mercy Mt Hawk Tralee	2843	Combined Events	Senior Boys
2020	Not Held due to Covid-19 restrictions			Combined Events	Senior Boys
2021	Noah McConway	St Flannans Ennis	2708	Combined Events	Senior Boys
2022	Conor Callinan	Colaiste an Chroi Naofa Carraig na bhFear	2933	Combined Events	Senior Boys

Senior Boys Cross Country - Individual

1962	Jerry Doody	Salesian Pallaskenry		Cross Country	Senior Boys
1963	Jim Leahy	Rockwell College		Cross Country	Senior Boys
1964	Ian Hamilton	Presentation Brothers Cobh		Cross Country	Senior Boys
1965	Donal Walsh	North Monastery CBS Cork		Cross Country	Senior Boys
1966	Donal Walsh	North Monastery CBS Cork		Cross Country	Senior Boys
1967	John Shine	North Monastery CBS Cork		Cross Country	Senior Boys
1968	Billy Bolster	Patrician Academy Mallow		Cross Country	Senior Boys
1969	Billy Bolster	Patrician Academy Mallow		Cross Country	Senior Boys
1970	Neil Cusack	St Munchins Limerick		Cross Country	Senior Boys
1971	Dessie O'Connor	Tipperary CBS		Cross Country	Senior Boys
1972	Dessie O'Connor	Tipperary VS		Cross Country	Senior Boys
1973	Phil English	Tipperary VS		Cross Country	Senior Boys
1974	Eddie Hartnett	Fermoy CBS		Cross Country	Senior Boys
1975	Eddie Cotter	Colaiste Chriost Ri Cork		Cross Country	Senior Boys
1976	Eugene O'Shea	Limerick CBS		Cross Country	Senior Boys
1977	Anthony O'Neill	Glasheen Secondary School		Cross Country	Senior Boys
1978	Frank O'Mara	St Munchins Limerick		Cross Country	Senior Boys
1979	Marcus O'Sullivan	Colaiste Chriost Ri Cork		Cross Country	Senior Boys
1980	Richard O'Flynn	Hamilton High School Bandon		Cross Country	Senior Boys
1981	Richard O'Flynn	Hamilton High School Bandon		Cross Country	Senior Boys
1982	Gerry Wallace	Midleton VS		Cross Country	Senior Boys
1983	Leonard O'Regan	Colaiste Chriost Ri Cork		Cross Country	Senior Boys
1984	Michael Cotter	Macroon VS		Cross Country	Senior Boys
1985	John Downes	Kilmallock VS		Cross Country	Senior Boys
1986	Stephen Gibbons	Hamilton High School Bandon		Cross Country	Senior Boys
1987	John Leacy	De La Salle Waterford		Cross Country	Senior Boys
1988	Frank Hanley	St Clements Limerick		Cross Country	Senior Boys
1989	Paul Logan	St Nessans Limerick		Cross Country	Senior Boys
1990	Mark Carroll	North Monastery CBS Cork		Cross Country	Senior Boys
1991	Mark Carroll	North Monastery CBS Cork		Cross Country	Senior Boys
1992	Martin McCarthy	North Monastery CBS Cork		Cross Country	Senior Boys
1993	David Healy	North Monastery CBS Cork		Cross Country	Senior Boys
1994	Oisin Crowley	Hamilton High School Bandon		Cross Country	Senior Boys
1995	Thomas Carey	Ard Scoil Ris Limerick		Cross Country	Senior Boys
1996	Thomas Carey	St Josephs Newport		Cross Country	Senior Boys
1997	Brian Murray	North Monastery CBS Cork		Cross Country	Senior Boys
1998	Barry Egan	North Monastery CBS Cork		Cross Country	Senior Boys
1999	Michael Herlihy	Mannix CC Charleville		Cross Country	Senior Boys
2000	Michael Herlihy	North Monastery CBS Cork		Cross Country	Senior Boys
2001	Patrick Guidera	High School Clonmel		Cross Country	Senior Boys
2002	Fergus Meade	Midleton CBS		Cross Country	Senior Boys
2003	Mark Hanrahan	Douglas CS		Cross Country	Senior Boys
2004	Andrew Ledwith	North Monastery CBS Cork		Cross Country	Senior Boys
2005	Cathal Dennehy	Ard Scoil Ris Limerick		Cross Country	Senior Boys
2006	David McCarthy	St Augustines Dungarvan		Cross Country	Senior Boys
2007	David McCarthy	St Augustines Dungarvan		Cross Country	Senior Boys
2008	Niall Tuohy	Yeats College Waterford		Cross Country	Senior Boys
2009	Michael Carmody	Castletroy College Limerick		Cross Country	Senior Boys
2010	Shane Quinn	De La Salle Waterford		Cross Country	Senior Boys

2011	Shane Quinn	De La Salle Waterford	Cross Country	Senior Boys
2012	Sean Tobin	High School Clonmel	Cross Country	Senior Boys
2013	Sean Tobin	High School Clonmel	Cross Country	Senior Boys
2014	Kyle Larkin	Ard Scoil Ris Limerick	Cross Country	Senior Boys
2015	Kevin Mulcaire	St Flannans Ennis	Cross Country	Senior Boys
2016	Kevin Mulcaire	St Flannans Ennis	Cross Country	Senior Boys
2017	Fearghal Curtin	Midleton CBS	Cross Country	Senior Boys
2018	Darragh McElhinney	Colaiste Pobail Bantry	Cross Country	Senior Boys
2019	Tommy Connolly	Christian Brothers College Cork	Cross Country	Senior Boys
2020	Oisin Spillane	Mercy Mount Hawk Tralee	Cross Country	Senior Boys
2021	Not Held due to Covid-19 restrictions		Cross Country	Senior Boys
2022	Dylan Casey	St Flannans Ennis	Cross Country	Senior Boys

Senior Boys Cross Country - Team

1962	Cahir Secondary School	29.5pts	XC Team	Senior Boys
1963	Rockwell College	21 pts	XC Team	Senior Boys
1964	Rockwell College	31pts	XC Team	Senior Boys
1965	Thurles CBS	18pts	XC Team	Senior Boys
1966	Thurles CBS	26pts	XC Team	Senior Boys
1966	North Monastery CBS Cork	37pts	XC Team	Senior Boys
1967	Rockwell College	58pts	XC Team	Senior Boys
1968	Ennis CBS	33pts	XC Team	Senior Boys
1970	Colaiste an Spioraid Naoimh Bishopstown	68pts	XC Team	Senior Boys
1971	North Monastery CBS Cork	45pts	XC Team	Senior Boys
1972	Fermoy CBS	51pts	XC Team	Senior Boys
1973	Fermoy CBS	51pts	XC Team	Senior Boys
1974	St Munchins Limerick	36pts	XC Team	Senior Boys
1975	Colaiste Chriost Ri Cork	25pts	XC Team	Senior Boys
1976	Colaiste Chriost Ri Cork	38pts	XC Team	Senior Boys
1977	Thurles CBS	52pts	XC Team	Senior Boys
1978	St Munchins Limerick	21pts	XC Team	Senior Boys
1979	Colaiste Chriost Ri Cork	65pts	XC Team	Senior Boys
1980	Colaiste Chriost Ri Cork	55pts	XC Team	Senior Boys
1981	St Munchins Limerick	54pts	XC Team	Senior Boys
1982	Colaiste Chriost Ri Cork	48pts	XC Team	Senior Boys
1983	Colaiste Chriost Ri Cork	37pts	XC Team	Senior Boys
1984	Midleton CBS	63pts	XC Team	Senior Boys
1985	Hamilton High School Bandon	71pts	XC Team	Senior Boys
1986	St Endas CS Limerick	27pts	XC Team	Senior Boys
1987	St Munchins Limerick	59pts	XC Team	Senior Boys
1988	St Munchins Limerick	51pts	XC Team	Senior Boys
1989	North Monastery CBS Cork	59pts	XC Team	Senior Boys
1990	North Monastery CBS Cork	44pts	XC Team	Senior Boys
1991	North Monastery CBS Cork	15pts	XC Team	Senior Boys
1992	North Monastery CBS Cork	19pts	XC Team	Senior Boys
1993	North Monastery CBS Cork	25pts	XC Team	Senior Boys
1994	North Monastery CBS Cork	20pts	XC Team	Senior Boys
1995	North Monastery CBS Cork	45pts	XC Team	Senior Boys
1996	North Monastery CBS Cork	42pts	XC Team	Senior Boys
1997	North Monastery CBS Cork	20pts	XC Team	Senior Boys
1998	North Monastery CBS Cork	17pts	XC Team	Senior Boys
1999	North Monastery CBS Cork	42pts	XC Team	Senior Boys
2000	North Monastery CBS Cork	30pts	XC Team	Senior Boys
2001	North Monastery CBS Cork	36pts	XC Team	Senior Boys
2002	North Monastery CBS Cork	20pts	XC Team	Senior Boys
2003	North Monastery CBS Cork	60pts	XC Team	Senior Boys
2004	Douglas CS	50pts	XC Team	Senior Boys
2005	Midleton CBS	51pts	XC Team	Senior Boys
2006	St Augustines Dungarvan	20pts	XC Team	Senior Boys
2007	St Augustines Dungarvan	29pts	XC Team	Senior Boys
2008	Douglas CS	41pts	XC Team	Senior Boys
2009	Douglas CS	53pts	XC Team	Senior Boys
2010	Douglas CS	35pts	XC Team	Senior Boys
2011	Douglas CS	24pts	XC Team	Senior Boys

2012	Douglas CS	30pts	XC Team	Senior Boys
2013	High School Clonmel	42pts	XC Team	Senior Boys
2014	St Brendans Killarney	50pts	XC Team	Senior Boys
2015	St Flannans Ennis	29pts	XC Team	Senior Boys
2016	St Flannans Ennis	41pts	XC Team	Senior Boys
2017	St Flannans Ennis	37pts	XC Team	Senior Boys
2018	Colaiste Chriost Ri Cork	60pts	XC Team	Senior Boys
2019	Midleton CBS	74pts	XC Team	Senior Boys
2020	Midleton CBS	71pts	XC Team	Senior Boys
2021	Not Held due to Covid-19 restrictions		XC Team	Senior Boys
2022	St Flannans Ennis	11pts	XC Team	Senior Boys

100m Senior Girls 100yds (1969)

1969	Valerie Shortland	Presentation Bandon	13.0	100yds	Senior Girls
1970	Valerie Shortland	Presentation Bandon	13.3	100m	Senior Girls
1971	Mary Doyle	St Angelas Cork	12.6	100m	Senior Girls
1972	Mary Doyle	St Angelas Cork	12.1	100m	Senior Girls
1973	L Curran	Ursuline Waterford	13.4	100m	Senior Girls
1974	Claire Collins	Regina Mundi Cork	13.2	100m	Senior Girls
1975	Anne Jeffords	Regina Mundi Cork	11.8	100m	Senior Girls
1976	Anne Jeffords	Regina Mundi Cork	12.1	100m	Senior Girls
1977	Mary Fleming	St Marys Midleton	12.7	100m	Senior Girls
1978	Nora O'Grady	Nenagh VS	12.5	100m	Senior Girls
1979	Jackie Pearson	Bandon Grammar School	13.7	100m	Senior Girls
1980	Eileen Dalton	SHM Ferrybank Waterford	12.6	100m	Senior Girls
1981	Brid Naughton	St Marys Nenagh	12.9	100m	Senior Girls
1982	Deirdre Ni Mhurchu	Colaiste Iosagain Ballyvourney	12.5	100m	Senior Girls
1983	Noelle Morrissey	St Marys Nenagh	11.9	100m	Senior Girls
1984	Olive Burke	FCJ Laurel Hill Limerick	12.1	100m	Senior Girls
1985	Terrie Horgan	St Marys Mallow	12.1	100m	Senior Girls
1986	Terrie Horgan	St Marys Mallow	12.4	100m	Senior Girls
1987	Siobhan O'Brien	Mount Trenchard Foynes	12.4	100m	Senior Girls
1988	Siobhan O'Brien	Mount Trenchard Foynes	12.6	100m	Senior Girls
1989	Susan Smith	Presentation Waterford	12.1	100m	Senior Girls
1990	Fiona Kelly	St Nessans Limerick	12.0	100m	Senior Girls
1991	Jean O'Gorman	St Marys Newport	12.3	100m	Senior Girls
1992	Claire Ingerton	Christ King Cork	12.2	100m	Senior Girls
1993	Patricia Naughton	St Marys Nenagh	12.0	100m	Senior Girls
1994	Patricia Naughton	St Marys Nenagh	12.2	100m	Senior Girls
1995	Sharon Roland	Roscrea VS	13.2	100m	Senior Girls
1996	Aoife Hearne	Ursuline Waterford	12.2	100m	Senior Girls
1997	Aoife Hearne	Ursuline Waterford	12.0	100m	Senior Girls
1998	Derval O'Rourke	Christ King Cork	12.1	100m	Senior Girls
1999	Derval O'Rourke	Christ King Cork	12.6	100m	Senior Girls
2000	Derval O'Rourke	Christ King Cork	11.7	100m	Senior Girls
2001	Ailish McSweeney	St Aloysius Carrigtwohill	11.8	100m	Senior Girls
2002	Mandy Crowe	St Ailbes Tipperary	12.0	100m	Senior Girls
2003	Jessica Zebo	Regina Mundi Cork	12.97	100m	Senior Girls
2004	Louise Nicholson	Copsewood College Pallaskenry	12.16	100m	Senior Girls
2005	Eimear Crowley	Intermediate School Killorglin	12.46	100m	Senior Girls
2006	Mairead Murphy	Mercy Waterford	12.32	100m	Senior Girls
2007	Kelly Proper	St Pauls Waterford	12.59	-0.7 100m	Senior Girls
2008	Niamh Whelan	Presentation Waterford	11.94	100m	Senior Girls
2009	Eimear Lynch	St Marys Newport	13.44	100m	Senior Girls
2010	Joan Healy	Colaiste na Toibhirte Bandon	12.49	1.9 100m	Senior Girls
2011	Sarah Lavin	Castletroy College Limerick	12.89	-6.9 100m	Senior Girls
2012	Phil Healy	Colaiste na Toirbhirte Bandon	12.09	1.2 100m	Senior Girls
2013	Phil Healy	Colaiste na Toirbhirte Bandon	11.64	3.3 100m	Senior Girls
2014	Niamh McNichol	Stella Maris Tramore	12.69	-3.0 100m	Senior Girls
2015	Phoebe Murphy	Loreto Clonmel	12.00	1.2 100m	Senior Girls
2016	Sharlene Mawdsley	St Marys Newport	12.87	-4.2 100m	Senior Girls
2017	Ciara Neville	Castletroy College Limerick	11.82	0.7 100m	Senior Girls

2018	Ciara Neville	Castletroy College Limerick	11.83	0.4	100m	Senior Girls
2019	Orla O'Reilly	Mercy Mount Hawk Tralee	12.16	3.0	100m	Senior Girls
2020	Not Held due to Covid-19 restrictions				100m	Senior Girls
2021	Not Held due to Covid-19 restrictions				100m	Senior Girls
2022	Lucy-May Sleeman	Bruce College Cork	11.91	0.4	100m	Senior Girls

200m Senior Girls

220yds (1969)

1969	Valerie Shortland	Presentation Bandon	26.1		220yds	Senior Girls
1970	Elizabeth Mountain	Mercy Dungarvan	27.0		200m	Senior Girls
1971	Mary Doyle	St Angelas Cork	26.8		200m	Senior Girls
1972	Mary Doyle	St Angelas Cork	26.1		200m	Senior Girls
1973	M (or L) Curran	Ursuline Waterford	27.3		200m	Senior Girls
1974	Claire Collins	Regina Mundi Cork	27.5		200m	Senior Girls
1975	Claire Collins	Regina Mundi Cork	26.8		200m	Senior Girls
1976	Anne Jeffords	Regina Mundi Cork	25.7		200m	Senior Girls
1977	Nora O'Grady	Mercy Nenagh	25.8		200m	Senior Girls
1978	Nora O'Grady	Nenagh VS	25.1		200m	Senior Girls
1979	Claire Storan	St Endas CS Limerick	27.9		200m	Senior Girls
1980	Niamh Walsh	Scoil Mhuire Cork	25.9		200m	Senior Girls
1981	Niamh Walsh	Scoil Mhuire Cork	26.5		200m	Senior Girls
1982	Carmel Maher	Nenagh VS	25.9		200m	Senior Girls
1983	Deirdre Ni Mhurchu	Colaiste Iosagain Ballyvourney	25.8		200m	Senior Girls
1984	Jacqui Stokes	Newtown School Waterford	25.3		200m	Senior Girls
1985	Jacqui Stokes	Newtown School Waterford	24.5		200m	Senior Girls
1986	Terrie Horgan	St Marys Mallow	25.6		200m	Senior Girls
1987	Siobhan O'Brien	Mount Trenchard Foynes	24.7		200m	Senior Girls
1988	Siobhan O'Brien	Mount Trenchard Foynes	25.4		200m	Senior Girls
1989	Niamh Ward	Tarbert CS	26.5		200m	Senior Girls
1990	Collette O'Gorman	Presentation Mitchelstown	25.8		200m	Senior Girls
1991	Jean O'Gorman	St Marys Newport	25.8		200m	Senior Girls
1992	Claire Ingerton	Christ King Cork	25.0		200m	Senior Girls
1993	Lena Barry	Salesian Limerick	27.6		200m	Senior Girls
1994	Amanda Clifford	Regina Mundi Cork	25.4		200m	Senior Girls
1995	Sharon Roland	Roscrea VS	26.8		200m	Senior Girls
1996	Sinead Hickey	Mercy Doon	25.0		200m	Senior Girls
1997	Sinead Hickey	Mercy Doon	25.3		200m	Senior Girls
1998	Derval O'Rourke	Christ King Cork	25.2		200m	Senior Girls
1999	Marian Andrews	Ursuline Blackrock	26.2		200m	Senior Girls
2000	Eilish Aherne	Ard Scoil na nDeise Dungarvan	25.7		200m	Senior Girls
2001	Sharon Kelly	Mount Mercy Cork	24.1		200m	Senior Girls
2002	Shauna O'Brien	Loreto Clonmel	24.2		200m	Senior Girls
2003	Elaine Drumm	Mercy Mount Hawk Tralee	27.09		200m	Senior Girls
2004	Louise Nicholson	Copeswood College	25.52		200m	Senior Girls
2005	Kelly Proper	St Pauls Waterford	25.42		200m	Senior Girls
2006	Mairead Murphy	Mercy Waterford	24.81		200m	Senior Girls
2007	Kelly Proper	St Pauls Waterford	26.37		200m	Senior Girls
2008	Niamh Whelan	Presentation Waterford	24.23		200m	Senior Girls
2009	Kate Humphreys	St Angelas Cork	26.47		200m	Senior Girls
2010	Joan Healy	Colaiste na Toibhirte Bandon	25.61	0.5	200m	Senior Girls
2011	Melina Van Der Valk	Ursuline Waterford	28.90		200m	Senior Girls
2012	Phil Healy	Colaiste na Toirbhirte Bandon	25.11		200m	Senior Girls
2013	Phil Healy	Colaiste na Toirbhirte Bandon	23.95	1.3	200m	Senior Girls
2014	Niamh McNichol	Stella Maris Tramore	25.46	-3.9	200m	Senior Girls
2015	Phoebe Murphy	Loreto Clonmel	24.33	2.0	200m	Senior Girls
2016	Sharlene Mawdsley	St Marys Newport	24.64	-3.5	200m	Senior Girls
2017	Sharlene Mawdsley	St Marys Newport	24.71	-2.5	200m	Senior Girls
2018	Ciara Neville	Castletroy College Limerick	24.39	0.0	200m	Senior Girls
2019	Orla O'Reilly	Mercy Mount Hawk Tralee	25.00	2.8	200m	Senior Girls
2020	Not Held due to Covid-19 restrictions				200m	Senior Girls
2021	Not Held due to Covid-19 restrictions				200m	Senior Girls
2022	Lucy-May Sleeman	Bruce College Cork	24.55	-0.8	200m	Senior Girls

Senior Girls 400m

440yds (1969)

1969	Colette Cotter	Regina Mundi Cork	62.2	440yds	Senior Girls
1970	Colette Cotter	Regina Mundi Cork	66.4	400m	Senior Girls
1971	Mary Cronin	Rathmore VS	65.8	400m	Senior Girls
1972	Mary Lehane	Loreto Fermoy	62.5	400m	Senior Girls
1973	Joan Fleming	St Angelas Cork	61.2	400m	Senior Girls
1974	Rita Long	Sacred Heart Cork	62.6	400m	Senior Girls
1975	Maeve Cowhey	Salesian Limerick	62.9	400m	Senior Girls
1976	Mary McGrath	St Marys Midleton	62.0	400m	Senior Girls
1977	Kathleen Glavin	Midleton VS	60.1	400m	Senior Girls
1978	Monica Clooney	Presentation Clonmel	59.7	400m	Senior Girls
1979	Caroline Power	Stella Maris Tramore	60.0	400m	Senior Girls
1980	Niamh Walsh	Scoil Mhuire Cork	57.7	400m	Senior Girls
1981	Niamh Walsh	Scoil Mhuire Cork	57.6	400m	Senior Girls
1982	Carmel Maher	Nenagh VS	59.5	400m	Senior Girls
1983	Carol Forde	St Patricks Cork	58.9	400m	Senior Girls
1984	Helena Rea	St Marys Charleville	58.4	400m	Senior Girls
1985	Fidelma Kirwin	Holy Trinity Cork	62.6	400m	Senior Girls
1986	Aine O'Leary	Salesian Limerick	59.9	400m	Senior Girls
1987	Siobhan O'Brien	Mount Trenchard Foynes	57.5	400m	Senior Girls
1988	Margaret O'Dwyer	Thurles VS	58.1	400m	Senior Girls
1989	Margaret Murphy	St Pauls Waterford	59.4	400m	Senior Girls
1990	Katriona O'Farrell	Borrisokane VS	58.4	400m	Senior Girls
1991	Katriona O'Farrell	Borrisokane VS	57.3	400m	Senior Girls
1992	Deirdre O'Riordan	St Colmans CC Midleton	57.8	400m	Senior Girls
1993	Patricia O'Donoghue	St Marys Nenagh	61.9	400m	Senior Girls
1994	Deirdre Croke	Presentation Waterford	59.4	400m	Senior Girls
1995	Annette Quaid	Dromcollogher CC	59.1	400m	Senior Girls
1996	Mary O'Leary	Mercy Kinsale	58.7	400m	Senior Girls
1997	Sinead Hickey	Mercy Doon	57.0	400m	Senior Girls
1998	Orla Power	Scoil Mhuire Carrick-on-Suir	57.7	400m	Senior Girls
1999	Avril Kelly	Mount Mercy Cork	59.5	400m	Senior Girls
2000	Sinead Falvey	St Aloysius Carrigtwohill	60.7	400m	Senior Girls
2001	Aisling Maunsell	Colaiste Choilm Ballincollig	58.1	400m	Senior Girls
2002	Aisling Maunsell	Colaiste Choilm Ballincollig	59.3	400m	Senior Girls
2003	Nicole O'Regan	Christ King Cork	62.13	400m	Senior Girls
2004	Claire McSweeney	St Aloysius Carrigtwohill	59.69	400m	Senior Girls
2005	Claire McSweeney	St Aloysius Carrigtwohill	57.35	400m	Senior Girls
2006	Mairead Deevy	Mercy Waterford	58.54	400m	Senior Girls
2007	Mary O'Connor	Ursuline Waterford	58.52	400m	Senior Girls
2008	Louise McArdle	St Angelas Cork	58.22	400m	Senior Girls
2009	Cliona Ryan	St Marys Nenagh	61.73	400m	Senior Girls
2010	Ailbhe Courtney	Presentation Tralee	NT	400m	Senior Girls
2011	Jessica Neville	Mount Mercy Cork	60.51	400m	Senior Girls
2012	Jessica Neville	Mount Mercy Cork	57.51	400m	Senior Girls
2013	Gráinne Moynihan	St Marys Macroom	55.79	400m	Senior Girls
2014	Jenna Bromell	Castletroy College Limerick	57.34	400m	Senior Girls
2015	Jenna Bromell	Castletroy College Limerick	55.36	400m	Senior Girls
2016	Ann Corcoran	Ursuline Waterford	58.02	400m	Senior Girls
2017	Sharlene Mawdsley	St Marys Newport	56.39	400m	Senior Girls
2018	Jo Keane	St Flannans Ennis	58.60	400m	Senior Girls
2019	Roseann Fitzgerald	Gaelcholaiste Cheitinn Clonmel	59.43	400m	Senior Girls
2020	Not Held due to Covid-19 restrictions			400m	Senior Girls
2021	Not Held due to Covid-19 restrictions			400m	Senior Girls
2022	Maeve O'Neill	MICC Dunmanway	56.71	400m	Senior Girls

Senior Girls 800m

880yds (1969)

1969	Elizabeth Mountain	Mercy Dungarvan	2.28.2	880yds	Senior Girls
1970	Elizabeth Mountain	Mercy Dungarvan	2.27.4	800m	Senior Girls
1971	Elizabeth Mountain	Mercy Dungarvan	2.25.0	800m	Senior Girls

1972	Marie Buckley	Mercy Kinsale	2.25.8	800m	Senior Girls
1973	Joan Fleming	St Angelas Cork	2.20.5	800m	Senior Girls
1974	Catherine Hourihan	Mercy Macroom	2.26.2	800m	Senior Girls
1975	Maeve Cowhey	Salesian Limerick	2.27.1	800m	Senior Girls
1976	Margaret Larkin	St Marys Newcastlewest	2.52.2	800m	Senior Girls
1977	Imelda Barrett	Presentation Ballingarry	2.17.4	800m	Senior Girls
1978	Imelda Barrett	Killenaule VS	2.22.8	800m	Senior Girls
1979	Mairead Cotter	St Josephs Abbeyfeale	2.20.1	800m	Senior Girls
1980	Mairead Cotter	St Josephs Abbeyfeale	2.20.0	800m	Senior Girls
1981	Emily Blake	Presentation Limerick	2.26.2	800m	Senior Girls
1982	Rose Bracken	School of Commerce Limerick	2.16.8	800m	Senior Girls
1983	Margaret Curran	St Marys Mallow	2.20.8	800m	Senior Girls
1984	Mairead Kennedy	Tralee VS	2.22.2	800m	Senior Girls
1985	Miriam Ingerton	St Patricks Cork	2.26.6	800m	Senior Girls
1986	Jacinta Dempsey	Loreto Youghal	2.27.0	800m	Senior Girls
1987	Sonia O'Sullivan	Cobh VS	2.10.1	800m	Senior Girls
1988	Breda Dennehy	Mercy Macroom	2.21.4	800m	Senior Girls
1989	Margaret Murphy	St Pauls Waterford	2.14.9	800m	Senior Girls
1990	Colette Vaughan	Christ King Cork	2.18.4	800m	Senior Girls
1991	Katriona O'Farrell	Borrisokane VS	2.12.5	800m	Senior Girls
1992	Angela Murphy	St Marys Midleton	2.17.1	800m	Senior Girls
1993	Angela Murphy	St Marys Midleton	2.20.2	800m	Senior Girls
1994	Noelle Kelly	Colaiste Muire Ennis	2.17.3	800m	Senior Girls
1995	Marie O'Connor	Presentation Bandon	2.27.0	800m	Senior Girls
1996	Monica Reilly	Our Ladys Templemore	2.18.8	800m	Senior Girls
1997	Geraldine McCarthy	Presentation Listowel	2.16.9	800m	Senior Girls
1998	Emer O'Shea	St Marys Charleville	2.15.5	800m	Senior Girls
1999	Martina Hickey	Millstreet CS	2.15.4	800m	Senior Girls
2000	Roisin Quinn	Ursuline Waterford	2.16.9	800m	Senior Girls
2001	Roisin Quinn	Ursuline Waterford	2.11.8	800m	Senior Girls
2002	Edel Murphy	Colaiste Choilm Ballincollig	2.26.0	800m	Senior Girls
2003	Sarah O'Shea	Loreto Youghal	2.32.23	800m	Senior Girls
2004	Sarah O'Shea	Loreto Youghal	2.31.53	800m	Senior Girls
2005	Laura Crowe	Presentation Tralee	2.14.72	800m	Senior Girls
2006	Laura Crowe	Presentation Tralee	2.12.65	800m	Senior Girls
2007	Mary O'Connor	Ursuline Waterford	2.22.14	800m	Senior Girls
2008	Mary O'Connor	Ursuline Waterford	2.19.51	800m	Senior Girls
2009	Kitty Walsh	Ursuline Waterford	2.25.04	800m	Senior Girls
2010	Harriet Flynn	St Patricks CS Shannon	2.19.23	800m	Senior Girls
2011	Amy O'Donoghue	Villiers School Limerick	2.18.85	800m	Senior Girls
2012	Sarah O'Shea	Beara CS	2.14.56	800m	Senior Girls
2013	Niamh Markham	St Flannans Ennis	2.13.64	800m	Senior Girls
2014	Louise Shanahan	Bruce College Cork	2.34.25	800m	Senior Girls
2015	Louise Shanahan	Bruce College Cork	2.22.13	800m	Senior Girls
2016	Aoife Delargy	Ursuline Thurles	2.16.48	800m	Senior Girls
2017	Stephanie Cotter	Coachford College	2.19.26	800m	Senior Girls
2018	Jo Keane	St Flannans Ennis	2.25.93	800m	Senior Girls
2019	Jo Keane	St Flannans Ennis	2.18.50	800m	Senior Girls
2020	Not Held due to Covid-19 restrictions			800m	Senior Girls
2021	Not Held due to Covid-19 restrictions			800m	Senior Girls
2022	Maeve O'Neill	MICC Dunmanway	2:08.65	800m	Senior Girls

Senior Girls 1500m 1 mile (1969)

1969	Eileen Kelly	Castletownbere VS	6.00.6	1 Mile	Senior Girls
1976	Nuala Logan	St Marys Limerick	4.57.4	1500m	Senior Girls
1977	Fionnuala Morrish	Regina Mundi Cork	4.49.3	1500m	Senior Girls
1978	Valerie O'Mahony	South Presentation Cork	4.48.0	1500m	Senior Girls
1979	Mairead Cotter	St Josephs Abbeyfeale	4.59.2	1500m	Senior Girls
1980	Mairead Cotter	St Josephs Abbeyfeale	4.49.8	1500m	Senior Girls
1981	Emily Blake	Presentation Limerick	5.03.2	1500m	Senior Girls
1982	Mary English	Mercy Cahir	4.45.2	1500m	Senior Girls
1983	Marie Gormley	Ennis VS	4.41.7	1500m	Senior Girls

1984	Maureen Harrington	Holy Cross Kenmare	4.57.2	1500m	Senior Girls
1985	Patricia Logan	St Nessans Limerick	4.54.2	1500m	Senior Girls
1986	Mairead Looney	St Aloysius Cork	4.41.0	1500m	Senior Girls
1987	Mairead Looney	St Aloysius Cork	4.41.1	1500m	Senior Girls
1988	Mairead Looney	St Aloysius Cork	4.41.5	1500m	Senior Girls
1989	Colette Vaughan	Christ King Cork	4.52.6	1500m	Senior Girls
1990	Colette Vaughan	Christ King Cork	4.47.9	1500m	Senior Girls
1991	Colette Vaughan	Scoil Stiofain Naofa Cork	4.45.2	1500m	Senior Girls
1992	Colette O'Riordan	St Marys Macroom	4.49.8	1500m	Senior Girls
1993	Susan Murnane	St Nessans Limerick	4.43.6	1500m	Senior Girls
1994	Jenny Henchion	Loreto Fermoy	4.50.2	1500m	Senior Girls
1995	Margaret Danagher	Our Ladys Templemore	5.01.3	1500m	Senior Girls
1996	Margaret Danagher	Our Ladys Templemore	5.04.3	1500m	Senior Girls
1997	Geraldine McCarthy	Presentation Listowel	4.49.0	1500m	Senior Girls
1998	Carol O'Regan	Scoil Mhuire agus Ide Newcastle West	4.37.5	1500m	Senior Girls
1999	Carol O'Regan	Scoil Mhuire agus Ide Newcastle West	4.43.4	1500m	Senior Girls
2000	Roisin Quinn	Ursuline Waterford	4.42.6	1500m	Senior Girls
2001	Roisin Quinn	Ursuline Waterford	4.36.7	1500m	Senior Girls
2002	Claire Kelly	St Aloysius Cork	5.32.4	1500m	Senior Girls
2003	Maria Jones	St Marys Nenagh	5.23.79	1500m	Senior Girls
2004	Marian Halley	Ursuline Thurles	4.54.87	1500m	Senior Girls
2005	Holly Deegan	Mercy Waterford	5.02.56	1500m	Senior Girls
2006	Rebecca Briscoe	Comeragh College Carrick-on-Suir	4.51.94	1500m	Senior Girls
2007	Catherine Kelly	St Ailbes Tipperary	5.08.59	1500m	Senior Girls
2008	Lorraine McCarthy	St Augustines Dungarvan	4.41.40	1500m	Senior Girls
2009	Lorraine McCarthy	St Augustines Dungarvan	4.55.39	1500m	Senior Girls
2010	Harriet Flynn	St Patricks CS Shannon	4.51.91	1500m	Senior Girls
2011	Amy O'Donoghue	Villiers School Limerick	4.49.89	1500m	Senior Girls
2012	Amy O'Donoghue	Villiers School Limerick	4.50.37	1500m	Senior Girls
2013	Niamh Markham	St Flannans Ennis	4.51.24	1500m	Senior Girls
2014	Aisling Quinn	Ursuline Waterford	4.47.94	1500m	Senior Girls
2015	Louise Shanahan	Bruce College Cork	4.48.16	1500m	Senior Girls
2016	Avril Deegan	Presentation Thurles	5.03.37	1500m	Senior Girls
2017	Stephanie Cotter	Coachford College	4.43.11	1500m	Senior Girls
2018	Alannah Neff	Carrigaline CS	4.52.42	1500m	Senior Girls
2019	Tara Ramasawmy	Ursuline Waterford	5.05.71	1500m	Senior Girls
2020	Not Held due to Covid-19 restrictions			1500m	Senior Girls
2021	Not Held due to Covid-19 restrictions			1500m	Senior Girls
2022	Neasa Ni-Ainifein	Ennis CC / GC an Chlair	4:49.99	1500m	Senior Girls

Senior Girls 3000m

1984	Patricia Logan	St Marys Limerick	10.15.4	3000m	Senior Girls
1985	Patricia Logan	St Nessans Limerick	10.07.4	3000m	Senior Girls
1986	Carmel McCarthy	Presentation Bandon	10.26.2	3000m	Senior Girls
1987	Aisling Ryan	Presentation Thurles	10.01.6	3000m	Senior Girls
1988	Edwina Foley	FCJ Laurel Hill Limerick	10.29.7	3000m	Senior Girls
1989	Eve Watson	St Marys Charleville	10.53.0	3000m	Senior Girls
1990	Christine Geoghegan	St Nessans Limerick	10.26.1	3000m	Senior Girls
1991	Christine Geoghegan	St Nessans Limerick	10.23.4	3000m	Senior Girls
1992	Maria McMahan	Mercy Ennistymon	10.40.6	3000m	Senior Girls
1993	Margaret McParland	St Patricks CS Shannon	10.50.0	3000m	Senior Girls
1994	Jenny Henchion	Loreto Fermoy	10.28.0	3000m	Senior Girls
1995	Jill Hodgins	College of Commerce Cork	10.36.2	3000m	Senior Girls
1996	Orla Ni Mhurchu	Colaiste an Phiarsaigh Glanmire	10.25.0	3000m	Senior Girls
1997	Terri Hennessy	St Colmans CC Middleton	10.57.7	3000m	Senior Girls
1998	Olga Cronin	St Colmans CC Middleton	10.58.5	3000m	Senior Girls
1999	Olga Cronin	St Colmans CC Middleton	10.20.6	3000m	Senior Girls
2000	Brid Byrne	Colaiste Phobal Roscrea	11.46.6	3000m	Senior Girls
2001	Jennifer Goggin	Colaiste Muire Cobh	12.08.0	3000m	Senior Girls
2002	Helen McMahan	Colaiste Muire Ennis	12.00.9	3000m	Senior Girls
2003	Ellen Fitzgerald	Presentation Tralee	NT	3000m	Senior Girls
2004	Marian Halley	Ursuline Thurles	13.31.1	3000m	Senior Girls
2005	Claire Hackett	Ursuline Thurles	11.27.02	3000m	Senior Girls
2006	Lorna Comyn	CLC Cork	10.22.4	3000m	Senior Girls

2007	Alvy Carragher	St Annes CC Killaloe	11.07.60	3000m	Senior Girls
2008	Beth Walsh	Ursuline Waterford	10.58.5	3000m	Senior Girls
2009	Niamh Ryan	Abbey CC Waterford	10.29.35	3000m	Senior Girls
2010	Shannen Ryan	Colaiste Chiaran Croom	11.14.55	3000m	Senior Girls
2011	Imogen Cotter	Ennis CC	11.05.90	3000m	Senior Girls
2012	Brona Croke	Crescent Comprehensive SJ Limerick	10.41.17	3000m	Senior Girls
2013	Niamh De hÓra	Pobalscoil Chorca Dhuibhne	10.57.27	3000m	Senior Girls
2014	Orla Moynahan	Loreto Clonmel	10.45.47	3000m	Senior Girls
2015	Rhona Pierce	St Angelas Cork	10.05.57	3000m	Senior Girls
2016	Avril Deegan	Presentation Thurles	10.57.09	3000m	Senior Girls
2017	Aisling Kelly	Kilrush CS	10.24.30	3000m	Senior Girls
2018	Sorcha Moloney	Presentation Thurles	11.36.30	3000m	Senior Girls
2019	Laura Nicholson	Bandon Grammar School	9.45.97	3000m	Senior Girls
2020	Not Held due to Covid-19 restrictions			3000m	Senior Girls
2021	Not Held due to Covid-19 restrictions			3000m	Senior Girls
2022	Jane Buckley	Col Toirbhirte Bandon	9:57.47	3000m	Senior Girls

Senior Girls 100m Hurdles (83.8cm)

1970	B Syms	Rochelle Cork	20.1	100m Hurdles	Senior Girls
1971	Hillary Hannon	Rochelle Cork	20.1	100m Hurdles	Senior Girls
1972	Antoinette Leahy	Ursuline Waterford	19.4	100m Hurdles	Senior Girls
1973	Bernedette Murray	Loreto Fermoy	17.9	100m Hurdles	Senior Girls
1974	Bernadette Murray	Loreto Fermoy	17.0	100m Hurdles	Senior Girls
1975	Bernadette Murray	Loreto Fermoy	17.0	100m Hurdles	Senior Girls
1976	Mary Mcinerney	Scoil Carmel Limerick	18.0	100m Hurdles	Senior Girls
1977	Kathleen Glavin	Midleton VS	15.1	100m Hurdles	Senior Girls
1978	Nora O'Grady	Nenagh VS	15.3	100m Hurdles	Senior Girls
1979	Mary Cross	St Marys Limerick	17.1	100m Hurdles	Senior Girls
1980	Carmel Maher	Mercy Nenagh	15.2	100m Hurdles	Senior Girls
1981	Breda Tierney	St Marys Nenagh	16.5	100m Hurdles	Senior Girls
1982	Brid Naughton	Mercy Nenagh	14.6	100m Hurdles	Senior Girls
1983	Noelle Morrissey	St Marys Nenagh	14.8	100m Hurdles	Senior Girls
1984	Olive Burke	FCJ Laurel Hill Limerick	14.1	100m Hurdles	Senior Girls
1985	Siobhan Naughton	St Marys Nenagh	15.9	100m Hurdles	Senior Girls
1986	Brid Hallissey	SHM Ferrybank Waterford	15.4	100m Hurdles	Senior Girls
1987	Siobhan Hillary	Crescent Comprehensive SJ Limerick	15.5	100m Hurdles	Senior Girls
1988	Susan Smith	Presentation Waterford	14.5	100m Hurdles	Senior Girls
1989	Susan Smith	Presentation Waterford	14.1	100m Hurdles	Senior Girls
1990	Marie O'Meara	St Marys Nenagh	16.4	100m Hurdles	Senior Girls
1991	Elaine Murphy	St Marys Nenagh	14.1	100m Hurdles	Senior Girls
1992	Patricia Naughton	St Marys Nenagh	14.3	100m Hurdles	Senior Girls
1993	Patricia Naughton	St Marys Nenagh	15.4	100m Hurdles	Senior Girls
1994	Patricia Naughton	St Marys Nenagh	14.5	100m Hurdles	Senior Girls
1995	Martina Hayes	St Augustines Dungarvan	21.7	100m Hurdles	Senior Girls
1996	Helen Costigan	Our Ladys Templemore	17.5	100m Hurdles	Senior Girls
1997	Aine Cuddihy	Scoil Mhuire Carrick-on-Suir	14.8	100m Hurdles	Senior Girls
1998	Derval O'Rourke	Christ King Cork	14.6	100m Hurdles	Senior Girls
1999	Derval O'Rourke	Christ King Cork	14.5	100m Hurdles	Senior Girls
2000	Derval O'Rourke	Christ King Cork	NT	100m Hurdles	Senior Girls
2001	Sharon Kelly	Mount Mercy Cork	14.6	100m Hurdles	Senior Girls
2002	Jessica Zebo	Regina Mundi Cork	14.9	100m Hurdles	Senior Girls
2003	Jessica Zebo	Regina Mundi Cork	15.7	100m Hurdles	Senior Girls
2004	Susan Hoare	St Aloysius Cork	21.63	100m Hurdles	Senior Girls
2005	Kelly Proper	St Pauls Waterford	16.06	100m Hurdles	Senior Girls
2006	Mairead Murphy	Mercy Waterford	15.18	100m Hurdles	Senior Girls
2007	Kalyn Sheehan	Ursuline Waterford	17.36	0.8 100m Hurdles	Senior Girls
2008	Kalyn Sheehan	Ursuline Waterford	14.60	100m Hurdles	Senior Girls
2009	Aoife Bartley	Scoil Mhuire Carrick-on-Suir	17.99	100m Hurdles	Senior Girls
2010	Lisa Houlihan	St Augustines Dungarvan	15.86	3.2 100m Hurdles	Senior Girls
2011	Sarah Lavin	Castletroy Colllege Limerick	15.42	-3.3 100m Hurdles	Senior Girls
2012	Sarah Lavin	Castletroy Colllege Limerick	13.91	1.2 100m Hurdles	Senior Girls
2013	Lily AnnO'Hora	Crescent Comprehensive SJ Limerick	15.37	1.1 100m Hurdles	Senior Girls
2014	Leanne Prout	Presentation Ballingarry	16.41	-3.7 100m Hurdles	Senior Girls
2015	Clodagh O'Mahoney	Laurel Hill Colaiste Limerick	14.73	0.3 100m Hurdles	Senior Girls

2016	Rebekah O'Connell	St Marys Charleville	17.71	-5.0	100m Hurdles	Senior Girls
2017	Kate Taylor	Colaiste Muire Ennis	14.84	-0.5	100m Hurdles	Senior Girls
2018	Kate Taylor	Colaiste Muire Ennis	15.11	0.8	100m Hurdles	Senior Girls
2019	Debbie Mangold	Presentation Thurles	19.44	0.7	100m Hurdles	Senior Girls
2020	Not Held due to Covid-19 restrictions				100m Hurdles	Senior Girls
2021	Not Held due to Covid-19 restrictions				100m Hurdles	Senior Girls
2022	Katie Nolke	St Angela's SS Waterford	15.23	0.1	100m Hurdles	Senior Girls

Senior Girls 400m Hurdles (72.2cm)

1985	Fidelma Kirwin	Holy Trinity Cork	68.8		400m Hurdles	Senior Girls
1986	Aine O'Leary	Salesian Limerick	65.7		400m Hurdles	Senior Girls
1987	Evanna Morrissey	St Marys Nenagh	NT		400m Hurdles	Senior Girls
1988	Evanna Morrissey	St Marys Nenagh	63.0		400m Hurdles	Senior Girls
1989	Michelle Mulcahy	Presentation Dungarvan	75.6		400m Hurdles	Senior Girls
1990	Olive Bowers	St Annes CC Killaloe	64.0		400m Hurdles	Senior Girls
1991	Elaine Murphy	St Marys Nenagh	64.2		400m Hurdles	Senior Girls
1992	Deirdre O'Riordan	St Colmans CC Midleton	64.7		400m Hurdles	Senior Girls
1993	Patricia Naughton	St Marys Nenagh	72.0		400m Hurdles	Senior Girls
1994	Susanne Cummins	Sacred Heart Roscrea	65.2		400m Hurdles	Senior Girls
1995	Patricia Cotter	St Augustines Dungarvan	74.8		400m Hurdles	Senior Girls
1996	Sinead Kissane	Presentation Tralee	69.9		400m Hurdles	Senior Girls
1997	Orla Power	Scoil Mhuire Carrick-on-Suir	68.1		400m Hurdles	Senior Girls
1998	Orla Power	Scoil Mhuire Carrick-on-Suir	63.2		400m Hurdles	Senior Girls
1999	Lorraine Carr	Loreto Fermoy	72.1		400m Hurdles	Senior Girls
2000	Sinead Falvey	St Aloysius Carrigtwohill	69.5		400m Hurdles	Senior Girls
2001	Sinead Falvey	St Aloysius Carrigtwohill	65.3		400m Hurdles	Senior Girls
2002	Dawn Kelly	St Aloysius Cork	66.4		400m Hurdles	Senior Girls
2003	Nicole O'Regan	Christ King Cork	72.60		400m Hurdles	Senior Girls
2004	Triona O'Neill	Mount Mercy Cork	75.9		400m Hurdles	Senior Girls
2005	Christina Broderick	Kinsale CS	65.78		400m Hurdles	Senior Girls
2006	Not Contested				400m Hurdles	Senior Girls
2007	Jessie Barr	Ursuline Waterford	61.65		400m Hurdles	Senior Girls
2008	Kalyn Sheehan	Ursuline Waterford	60.55		400m Hurdles	Senior Girls
2009	Orla Finn	Kinsale CS	65.70		400m Hurdles	Senior Girls
2010	Ailbhe Courtney	Presentation Tralee	70.34		400m Hurdles	Senior Girls
2011	Megan Kiely	Ursuline Waterford	61.88		400m Hurdles	Senior Girls
2012	Jessica Neville	Mount Mercy Cork	62.20		400m Hurdles	Senior Girls
2013	Megan O'Brien	Loreto Clonmel	71.72		400m Hurdles	Senior Girls
2014	Leanne Prout	Presentation Ballingarry	64.00		400m Hurdles	Senior Girls
2015	Kelly-Anne Doyle	Scoil Mhuire Carrick-on-Suir	61.22		400m Hurdles	Senior Girls
2016	Kelly-Ann Doyle	Scoil Mhuire Carrick-on-Suir	65.18		400m Hurdles	Senior Girls
2017	Kathy Walsh	St Angelas Cork	66.23		400m Hurdles	Senior Girls
2018	Miriam Daly	Scoil Mhuire Carrick-on-Suir	62.18		400m Hurdles	Senior Girls
2019	Miriam Daly	Scoil Mhuire Carrick-on-Suir	63.74		400m Hurdles	Senior Girls
2020	Not Held due to Covid-19 restrictions				400m Hurdles	Senior Girls
2021	Not Held due to Covid-19 restrictions				400m Hurdles	Senior Girls
2022	Grace Rooney	St Marys Midleton	1:14.00		400m Hurdles	Senior Girls

Senior Girls 1500m Steeplechase

2014	Jessica Coyne	Crescent Comprehensive SJ Limerick	5.07.24		Steeplechase	Senior Girls
2015	Ciara Cummins	Ursuline Thurles	5.19.65		Steeplechase	Senior Girls
2016	Chloe Fennell	St Augustines Dungarvan	5.58.11		Steeplechase	Senior Girls
2017	Shona Dolken-O'Shea	Beara CS	5.33.03		Steeplechase	Senior Girls
2018	Alannah Neff	Carrigaline CS	5.07.89		Steeplechase	Senior Girls
2019	Rhona Randles	Pobalscoil Inbhear Sceine Kenmare	5.27.00		Steeplechase	Senior Girls
2020	Not Held due to Covid-19 restrictions				Steeplechase	Senior Girls
2021	Not Held due to Covid-19 restrictions				Steeplechase	Senior Girls
2022	Avril Cashman	Pobalscoil na Trionoide	5:26.22		Steeplechase	Senior Girls

Senior Girls 3000m Walk

1982	Mary Whelan	Mercy Nenagh	16.30.9	Walk	Senior Girls
1983	Mary Whelan	St Marys Nenagh	17.05.4	Walk	Senior Girls
1984	Mary Whelan	Nenagh VS	18.03.0	Walk	Senior Girls
1985	Deirdre Murphy	Mercy Waterford	18.34.3	Walk	Senior Girls
1986	Miriam Doran	St Nessans Limerick	17.57.0	Walk	Senior Girls
1987	Paula Sherlock	Presentation Limerick	17.15.6	Walk	Senior Girls
1988	Paula Sherlock	Presentation Limerick	16.09.1	Walk	Senior Girls
1989	Siobhan Hillary	Crescent Comprehensive SJ Limerick	20.14.7	Walk	Senior Girls
1990	Mary Thompson	Presentation Limerick	16.37.0	Walk	Senior Girls
1991	Nicola Costin	Ard Scoil na nDeise Dungarvan	16.23.0	Walk	Senior Girls
1992	Linda O'Sullivan	Colaiste Muire Ennis	16.23.0	Walk	Senior Girls
1993	Linda O'Sullivan	Colaiste Muire Ennis	15.35.2	Walk	Senior Girls
1994	Gillian O'Sullivan	Presentation Killarney	15.29.0	Walk	Senior Girls
1995	Joanne O'Shea	Newcastlewest VS	NT	Walk	Senior Girls
1996	Aisling Dolan	St Josephs Borrisoleigh	16.20.0	Walk	Senior Girls
1997	Jackie Cahill	St Josephs Borrisoleigh	16.20.0	Walk	Senior Girls
1998	Kelly O'Keeffe	St Flannans Ennis	18.21.0	Walk	Senior Girls
1999	Doireann Lawlor	St Ailbes Tipperary	17.41.0	Walk	Senior Girls
2000	Pamela Foskin	Mercy Waterford	NT	Walk	Senior Girls
2001	Emma Hennessy	Our Ladys Templemore	24.30.0	Walk	Senior Girls
2002	Caitriona McMahan	Colaiste Muire Askeaton	NT	Walk	Senior Girls
2003	Catrina McMahan	Colaiste Chiaran Croom	14.57.7	Walk	Senior Girls
2004	Elaine Fitzpatrick	Colaiste Muire Ennis	18.23.0	Walk	Senior Girls
2005	Aoibheann Prenderville	Tarbert CS	17.41.4	Walk	Senior Girls
2006	Katherine Fennelly	Mercy Waterford	17.32.1	Walk	Senior Girls
2007	Sorcha Prenderville	Tarbert CS		Walk	Senior Girls
2008	S Moore	Ursuline Thurles	17.13.4	Walk	Senior Girls
2009	Fiona Dennehy	Mercy Waterford	16.46.4	Walk	Senior Girls
2010	Maeve Curley	Presentation Thurles	14.44.95	Walk	Senior Girls
2011	Marie Costello	Borrioscane CC	16.54.8	Walk	Senior Girls
2012	Kate Veale	St Augustines Dungarvan	12.31.89	Walk	Senior Girls
2013	Michaela Crosbie	Mercy Cahir	18.49.78	Walk	Senior Girls
2014	Alyx Dywer	Loreto Clonmel	16.19.77	Walk	Senior Girls
2015	Jodie Cusack	Davis College Mallow	18.06.58	Walk	Senior Girls
2016	Chloe Lynch	Gaelcholaiste Cheitinn Clonmel	17.36.21	Walk	Senior Girls
2017	Anna O'Connor	Waterpark College Waterford	16.15.13	Walk	Senior Girls
2018	Orla O'Connor	Waterpark College Waterford	13.43.63	Walk	Senior Girls
2019	Sarah Constant	St Vincents Cork	20.21.03	Walk	Senior Girls
2020	Not Held due to Covid-19 restrictions			Walk	Senior Girls
2021	Not Held due to Covid-19 restrictions			Walk	Senior Girls
2022	Meabh OConnor	Waterpark College	16:06.10	Walk	Senior Girls

Senior Girls High Jump

1969	Freddie Cooney	St Annes Tipperary	1.27	High Jump	Senior Girls
1970	Freddie Cooney	St Michaels Clonmel	1.37	High Jump	Senior Girls
1971	Alyson Keeffe	Rochelle Cork	1.37	High Jump	Senior Girls
1972	Eileen O'Connell	St Marys Mallow	1.37	High Jump	Senior Girls
1973	Yvonne O'Brien	Ursuline Waterford	1.52	High Jump	Senior Girls
1974	Yvonne O'Brien	Ursuline Waterford	1.37	High Jump	Senior Girls
1975	Bridie Hartnett	St Marys Midleton	1.57	High Jump	Senior Girls
1976	Miriam Redmond	Mercy Cahir	1.53	High Jump	Senior Girls
1977	Claire Whelan	Mercy Nenagh	1.61	High Jump	Senior Girls
1978	Ann Nevin	Presentation Limerick	1.73	High Jump	Senior Girls
1979	Claire Whelan	Mercy Nenagh	1.56	High Jump	Senior Girls
1980	Mary Healy	South Presentation Cork	1.60	High Jump	Senior Girls
1981	Mary Healy	South Presentation Cork	1.65	High Jump	Senior Girls
1982	Breda Tierney	Mercy Nenagh	1.66	High Jump	Senior Girls
1983	Ann Marie Walsh	Crescent Comprehensive SJ Limerick	1.60	High Jump	Senior Girls
1984	Jacqui Stokes	Newtown School Waterford	1.72	High Jump	Senior Girls
1985	Jacqui Stokes	Newtown School Waterford	1.64	High Jump	Senior Girls
1986	Brid Hallissey	SHM Ferrybank Waterford	1.69	High Jump	Senior Girls
1987	Mary Stapleton	Templemore VS	1.53	High Jump	Senior Girls
1988	Catherine Aherne	St Aloysius Cork		High Jump	Senior Girls
1989	Renata Gibson	St Annes CC Killaloe	1.66	High Jump	Senior Girls

1990	Olivia Scully	Salesian Limerick	1.67	High Jump	Senior Girls
1991	Elaine Ball	Scoil Carmel Limerick	1.71	High Jump	Senior Girls
1992	Oliva Scully	Salesian Limerick	1.55	High Jump	Senior Girls
1993	Not Held			High Jump	Senior Girls
1994	Particia Naughton	St Marys Nenagh	1.55	High Jump	Senior Girls
1995	Rachel McMillan	St Josephs Borrisoleigh	1.55	High Jump	Senior Girls
1996	Hilda Johnson	St Michaels CC Kilmihil	1.50	High Jump	Senior Girls
1997	Rachel McMillan	Our Ladys Templemore	1.55	High Jump	Senior Girls
1998	Orna Donoghue	Scoil Mhuire Carrick-on-Suir	1.65	High Jump	Senior Girls
1999	Jennifer McCarthy	St Marys Mallow	1.55	High Jump	Senior Girls
2000	Deirdre Treacy	Colaiste Phobal Roscrea	1.50	High Jump	Senior Girls
2001	Susan Nagle	St Aloysius Carrigtwohill	1.50	High Jump	Senior Girls
2002	Orla Doyle	Scoil Mhuire Carrick-on-Suir	1.45	High Jump	Senior Girls
2003	Sandra Williams	Borrisokane CC	1.55	High Jump	Senior Girls
2004	Emma Drumm	Mercy Mount Hawk Tralee	1.53	High Jump	Senior Girls
2005	Christina Broderick	Kinsale CS	1.60	High Jump	Senior Girls
2006	Siobhan Heffernan	Scoil Mhuire Kanturk	1.45	High Jump	Senior Girls
2007	Maura Halpin	Tarbert CS	1.35	High Jump	Senior Girls
2008	Result Unknown			High Jump	Senior Girls
2009	Not Contested		-	High Jump	Senior Girls
2010	C laire Collins	Ard Scoil na nDeise Dungarvan	1.55	High Jump	Senior Girls
2011	Claire Collins	Ard Scoil na nDeise Dungarvan	1.60	High Jump	Senior Girls
2012	Aishling Croke	Crescent Comprehensive SJ Limerick	1.68	High Jump	Senior Girls
2013	Aishling Croke	Crescent Comprehensive SJ Limerick	1.55	High Jump	Senior Girls
2014	Grace McKenzie	Colaiste Muire Crosshaven	1.65	High Jump	Senior Girls
2015	Laura Cussen	Colaiste Choilm Ballincollig	1.55	High Jump	Senior Girls
2016	Deirbhile Ryan	Gaelcholaiste Luimnigh	1.60	High Jump	Senior Girls
2017	Cliodhna Blake	Scoil Mhichil Kilmihil	1.63	High Jump	Senior Girls
2018	Fiona Doyle	Intermediate School Killorglin	1.60	High Jump	Senior Girls
2019	Kylie Heinan	St Declans CC Kilmacthomas	1.65	High Jump	Senior Girls
2020	Not Held due to Covid-19 restrictions			High Jump	Senior Girls
2021	Not Held due to Covid-19 restrictions			High Jump	Senior Girls
2022	Ellen O'Dwyer	St Mary's SS Nenagh	1.65	High Jump	Senior Girls

Senior Girls Long Jump

1969	Valerie Shortland	Presentation Bandon	5.11	Long Jump	Senior Girls
1970	Valerie Shortland	Presentation Bandon	4.75	Long Jump	Senior Girls
1971	Deirdre Sheehan	Mercy Kinsale	4.94	Long Jump	Senior Girls
1972	Mary Warren	Ursuline Waterford	5.16	Long Jump	Senior Girls
1973	Mary Fenton	St Marys Middleton	4.94	Long Jump	Senior Girls
1974	Betty Looby	Presentation Cashel	4.79	Long Jump	Senior Girls
1975	Mary Buckley	Presentation Killarney	4.97	Long Jump	Senior Girls
1976	Evelyn O'Brien	St Marys Limerick	5.17	Long Jump	Senior Girls
1977	Kathleen Glavin	Middleton VS	5.50	Long Jump	Senior Girls
1978	Alice McKenna	Mercy Nenagh	5.11	Long Jump	Senior Girls
1979	Jackie Pearson	Bandon Grammar School	4.99	Long Jump	Senior Girls
1980	Barbara Johnson	Ursuline Blackrock	5.21	Long Jump	Senior Girls
1981	Mary Healy	South Presentation Cork	4.71	Long Jump	Senior Girls
1982	Brid Naughton	Mercy Nenagh	5.21	Long Jump	Senior Girls
1983	Noelle Morrissey	St Marys Nenagh	5.46	Long Jump	Senior Girls
1984	Jacqui Stokes	Newtown School Waterford	5.49	Long Jump	Senior Girls
1985	Terrie Horgan	St Marys Mallow	5.76	Long Jump	Senior Girls
1986	Terrie Horgan	St Marys Mallow	5.92	Long Jump	Senior Girls
1987	Evanna Morrissey	St Marys Nenagh	5.57	Long Jump	Senior Girls
1988	Evanna Morrissey	St Marys Nenagh	5.55	Long Jump	Senior Girls
1989	Susan Smith	Presentation Waterford	5.58	Long Jump	Senior Girls
1990	Marie O'Meara	St Marys Nenagh	5.33	Long Jump	Senior Girls
1991	Claire Ingerton	Christ King Cork	5.93	Long Jump	Senior Girls
1992	Claire Ingerton	Christ King Cork	6.00	Long Jump	Senior Girls
1993	Karen Keeshan	Scoil Mhuire Cork	5.12	Long Jump	Senior Girls
1994	Rachel Browne	Presentation Waterford	5.09	Long Jump	Senior Girls
1995	Patricia Cahill	Presentation Lismore	5.10	Long Jump	Senior Girls
1996	Bronagh McCarthy	Colaiste an Chroi Naofa Carraig na bhFear	5.02	Long Jump	Senior Girls
1997	Aine Cuddihy	Scoil Mhuire Carrick-on-Suir	5.16	Long Jump	Senior Girls

1998	Aine Cuddihy	Scoil Mhuire Carrick-on-Suir	5.36		Long Jump	Senior Girls
1999	Genevieve Rowland	Our Ladys Templemore	4.65		Long Jump	Senior Girls
2000	Edel Power	Scoil Mhuire Carrick-on-Suir	4.95		Long Jump	Senior Girls
2001	Louise Brent	Stella Maris Tramore	4.78		Long Jump	Senior Girls
2002	Claire O'Sullivan	St Augustines Dungarvan	5.35		Long Jump	Senior Girls
2003	Heather Collins	St Angelas Cork	4.22		Long Jump	Senior Girls
2004	Donna Hosford	St Vincents Cork	5.50		Long Jump	Senior Girls
2005	Kelly Proper	St Pauls Waterford	5.98		Long Jump	Senior Girls
2006	Kelly Proper	St Pauls Waterford	5.90		Long Jump	Senior Girls
2007	Kelly Proper	St Pauls Waterford	6.00	2.4	Long Jump	Senior Girls
2008	Imelda Morrison	Pobalscoil na Trionoide Youghal	5.13		Long Jump	Senior Girls
2009	Nicola Power	Abbey CC Waterford	5.41		Long Jump	Senior Girls
2010	Nicola Power	Abbey CC Waterford	5.66		Long Jump	Senior Girls
2011	Sinead O'Connor	Presentation Tralee	5.32		Long Jump	Senior Girls
2012	Maire Heelan	John The Baptist Hospital	5.53		Long Jump	Senior Girls
2013	Jessica Sheehan	Kinsale CS	5.31		Long Jump	Senior Girls
2014	Grace McKenzie	Colaiste Muire Crosshaven	5.30		Long Jump	Senior Girls
2015	Aoibheann O'Brien	MountMount Hawk Tralee	5.04		Long Jump	Senior Girls
2016	Aoibheann O'Brien	Mercy Mount Hawk Tralee	5.53		Long Jump	Senior Girls
2017	Kate Taylor	Colaiste Muire Ennis	5.55		Long Jump	Senior Girls
2018	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	5.93	-0.6	Long Jump	Senior Girls
2019	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	5.61		Long Jump	Senior Girls
2020	Not Held due to Covid-19 restrictions				Long Jump	Senior Girls
2021	Not Held due to Covid-19 restrictions				Long Jump	Senior Girls
2022	Laura Frawley	St Marys Charleville	5.53		Long Jump	Senior Girls

Senior Girls Triple Jump

1997	Oliver Walsh	St Augustines Dungarvan	10.75		Triple Jump	Senior Girls
1998	Ann Marie O'Callaghan	Scoil Mhuire Bruff	10.55		Triple Jump	Senior Girls
1999	Tracey Gosnell	Colaiste Muire Cobh	10.73		Triple Jump	Senior Girls
2000	Louise Brent	Stella Maris Tramore	10.32		Triple Jump	Senior Girls
2001	Louise Brent	Stella Maris Tramore	9.92		Triple Jump	Senior Girls
2002	Ellie Walsh	St Augustines Dungarvan	10.17		Triple Jump	Senior Girls
2003	Ellie Walsh	St Augustines Dungarvan	10.52		Triple Jump	Senior Girls
2004	Amanda O'Farrell	Borrioscane CC	10.28		Triple Jump	Senior Girls
2005	Christina Broderick	Kinsale CS	10.60		Triple Jump	Senior Girls
2006	Hailey Murphy	Ursuline Waterford	10.03		Triple Jump	Senior Girls
2007	Jessie Barr	Ursuline Waterford	10.57		Triple Jump	Senior Girls
2008	Lisa Kelly	Borrioscane CC	10.48		Triple Jump	Senior Girls
2009	Aoife Bartley	Scoil Mhuire Carrick-on-Suir	11.13		Triple Jump	Senior Girls
2010	Sinead O'Connor	Presentation Tralee	10.95		Triple Jump	Senior Girls
2011	Sinead O'Connor	Presentation Tralee	10.50		Triple Jump	Senior Girls
2012	Jessica Sheehan	Kinsale CS	11.33		Triple Jump	Senior Girls
2013	Jessica Sheehan	Kinsale CS	11.25		Triple Jump	Senior Girls
2014	Siobhan Whelan	Presentation Waterford	10.45		Triple Jump	Senior Girls
2015	Fiona O' Shea	Laurel Hill Colaiste Limerick	10.74		Triple Jump	Senior Girls
2016	Aoibh Cassidy	Bandon Grammar School	8.55		Triple Jump	Senior Girls
2017	Rachel Bowler	Mercy Mount Hawk Tralee	10.38		Triple Jump	Senior Girls
2018	Aisling Cassidy	Bandon Grammar School	10.97		Triple Jump	Senior Girls
2019	Aisling Cassidy	Bandon Grammar School	11.32		Triple Jump	Senior Girls
2020	Not Held due to Covid-19 restrictions				Triple Jump	Senior Girls
2021	Not Held due to Covid-19 restrictions				Triple Jump	Senior Girls
2022	Grace Fitzgerald	St Anne's SS Tipp Town	11.59		Triple Jump	Senior Girls

Senior Girls Pole Vault

2001	Nicola Fennell	St Augustines Dungarvan	2.30		Pole Vault	Senior Girls
2002	Julie Daly	Rice College Ennis	1.95		Pole Vault	Senior Girls
2003	Kate O'Brien	St Augustines Dungarvan	1.70		Pole Vault	Senior Girls
2004	Emma Drumm	Mercy Mount Hawk Tralee	2.10		Pole Vault	Senior Girls
2005	Susie Lonergan	St Augustines Dungarvan	2.35		Pole Vault	Senior Girls
2006	Susie Lonergan	St Augustines Dungarvan	2.50		Pole Vault	Senior Girls
2007	Sarah Ryan	Pobalscoil na Trionoide Youghal	2.60		Pole Vault	Senior Girls

2008	Aisling Fennell	St Augustines Dungarvan	2.50	Pole Vault	Senior Girls
2009	Nikita Savage	Pobalscoil na Trionoide Youghal	2.90	Pole Vault	Senior Girls
2010	Nikita Savage	Pobalscoil na Trionoide Youghal	3.30	Pole Vault	Senior Girls
2011	Amy Phelan	Mercy Mount Hawk Tralee	2.70	Pole Vault	Senior Girls
2012	Clodagh Ryan	St Augustines Dungarvan	2.40	Pole Vault	Senior Girls
2013	Katie O'Riordan	Presentation Tralee	2.10	Pole Vault	Senior Girls
2014	Megan O'Connor	St Augustines Dungarvan	2.70	Pole Vault	Senior Girls
2015	Laura Cussen	Colaiste Choilm Ballincollig	3.00	Pole Vault	Senior Girls
2016	Una Samuels	Colaiste Daibheid Cork	2.80	Tie Pole Vault	Senior Girls
2016	Laura Cussen	Colaiste Choilm Ballincollig	2.80	Tie Pole Vault	Senior Girls
2017	Laura Cussen	Colaiste Choilm Ballincollig	3.00	Pole Vault	Senior Girls
2018	Clodagh Walsh	Davis College Mallow	3.10	Pole Vault	Senior Girls
2019	Emma Coffey	St Angelas Cork	2.95	Pole Vault	Senior Girls
2020	Not Held due to Covid-19 restrictions			Pole Vault	Senior Girls
2021	Not Held due to Covid-19 restrictions			Pole Vault	Senior Girls
2022	Una Brice	Mount Mercy Cork	3.50	Pole Vault	Senior Girls

Senior Girls Shot Put (4kg)

1969	Mary O'Dea	Colaiste Muire Ennis	8.56	Shot Put	Senior Girls
1970	Freddie Cooney	St Michaels Clonmel	9.14	Shot Put	Senior Girls
1971	Mary Doyle	St Angelas Cork	7.62	Shot Put	Senior Girls
1972	Jacinta Ryan	Mercy Carrick-on-Suir	9.25	Shot Put	Senior Girls
1973	Jacinta Ryan	Mercy Carrick-on-Suir	9.79	Shot Put	Senior Girls
1974	Jacinta Ryan	Mercy Carrick-on-Suir	9.51	Shot Put	Senior Girls
1975	Phil Barrett	St Marys Limerick	10.25	Shot Put	Senior Girls
1976	Patricia Walsh	SHM Ferrybank Waterford	11.80	Shot Put	Senior Girls
1977	Patricia Walsh	SHM Ferrybank Waterford	13.30	Shot Put	Senior Girls
1978	Patricia Walsh	SHM Ferrybank Waterford	13.40	Shot Put	Senior Girls
1979	Joan Dooley	Presentation Limerick	11.66	Shot Put	Senior Girls
1980	Claire McCarthy	FCJ Laurel Hill Limerick	10.95	Shot Put	Senior Girls
1981	Brid Naughton	St Marys Nenagh	10.75	Shot Put	Senior Girls
1982	Paula Kearns	Presentation Clonmel	10.66	Shot Put	Senior Girls
1983	Teresa Burke	Borrisokane VS	10.10	Shot Put	Senior Girls
1984	Debbie Tobin	Crescent Comprehensive SJ Limerick	13.12	Shot Put	Senior Girls
1985	Elaine Boland	Salesian Limerick	10.87	Shot Put	Senior Girls
1986	Elaine Boland	Salesian Limerick	10.57	Shot Put	Senior Girls
1987	Ailish O'Brien	Presentation Dungarvan	11.80	Shot Put	Senior Girls
1988	Siobhan Naughton	St Marys Nenagh	10.76	Shot Put	Senior Girls
1989	Mary Naughton	St Marys Nenagh	9.68	Shot Put	Senior Girls
1990	Emma Gavin	Salesian Limerick	10.38	Shot Put	Senior Girls
1991	Emma Gavin	School of Commerce Limerick	10.71	Shot Put	Senior Girls
1992	Valerie Mangan	FCJ Laurel Hill Limerick	11.08	Shot Put	Senior Girls
1993	Valerie Mangan	FCJ Laurel Hill Limerick	11.43	Shot Put	Senior Girls
1994	Edel Meagher	Scoil Mhuire Gan Smal Blarney	11.25	Shot Put	Senior Girls
1995	Catherine Burke	Borrisokane VS	10.15	Shot Put	Senior Girls
1996	Sinead Kehoe	Mercy Waterford	10.46	Shot Put	Senior Girls
1997	Sinead Kehoe	Mercy Waterford	9.62	Shot Put	Senior Girls
1998	Katie O'Riordan	St Aloysius Carrigtwohill	9.11	Shot Put	Senior Girls
1999	Ann Marie O'Connor	Rockwell College	8.75	Shot Put	Senior Girls
2000	Fionnuala Lombard	Mount Mercy Cork	11.12	Shot Put	Senior Girls
2001	Fionnuala Lombard	Mount Mercy Cork	11.50	Shot Put	Senior Girls
2002	Deirdre Murphy	Colaiste an Phiarsaigh Glanmire	10.61	Shot Put	Senior Girls
2003	Rachel Akers	Scariff CC	9.50	Shot Put	Senior Girls
2004	Kathleen Fitzgerald	St Aloysius Carrigtwohill	11.41	Shot Put	Senior Girls
2005	Kathleen Fitzgerald	St Aloysius Carrigtwohill	11.01	Shot Put	Senior Girls
2006	Rachel Roche	Colaiste na Toibhirte Bandon	8.63	Shot Put	Senior Girls
2007	Katie O'Shea	Presentation Milltown	11.23	Shot Put	Senior Girls
2008	Niamh Mooney	Mercy Doon	9.90	Shot Put	Senior Girls
2009	Claire Fitzgerlad	Presentation Tralee	13.32	Shot Put	Senior Girls
2010	Fiona Moloney	St Marys Charleville	12.08	Shot Put	Senior Girls
2011	Niamh Murphy	Colaiste Choilm Ballincollig	11.52	Shot Put	Senior Girls
2012	Niamh Murphy	Colaiste Choilm Ballincollig	12.07	Shot Put	Senior Girls
2013	Laura McSweeney	Colaiste na Toirbhirte Bandon	12.14	Shot Put	Senior Girls
2014	Kayleigh Cronin	St Brigets Killarney	10.45	Shot Put	Senior Girls

2015	Deirbhle Ní Riain	Gaelcholaiste Luimnigh	11.50	Shot Put	Senior Girls
2016	Angharad Loughnane	Gaelcholaiste Luimnigh	11.02	Shot Put	Senior Girls
2017	Angharad Loughnane	Gaelcholaiste Luimnigh	11.14	Shot Put	Senior Girls
2018	Fiona Hennessy	Presentation Thurles	10.07	Shot Put	Senior Girls
2019	Shanice Benson	St Flannans Ennis	9.52	Shot Put	Senior Girls
2020	Not Held due to Covid-19 restrictions			Shot Put	Senior Girls
2021	Not Held due to Covid-19 restrictions			Shot Put	Senior Girls
2022	Kotryna Pacerinskaite	Pres Mitchelstown	11.50	Shot Put	Senior Girls

Senior Girls Discus (1kg)

1970	Freddie Cooney	St Michaels Clonmel	23.60	Discus	Senior Girls
1971	Marian Kelleher	Mercy Macroom	24.10	Discus	Senior Girls
1972	Mary O'Flynn	Colaiste Muire Ennis	29.73	Discus	Senior Girls
1973	Jacinta Ryan	Mercy Carrick-on-Suir	30.13	Discus	Senior Girls
1974	Margaret Ryan	Mercy Tipperary	40.20	Discus	Senior Girls
1975	Marie Dooley	Presentation Limerick	34.64	Discus	Senior Girls
1976	Mary Cassidy	Colaiste Muire Ennis	35.25	Discus	Senior Girls
1977	Patricia Walsh	SHM Ferrybank Waterford	41.33	Discus	Senior Girls
1978	Patricia Walsh	SHM Ferrybank Waterford	24.30	Discus	Senior Girls
1979	Joan Dooley	Presentation Limerick	37.80	Discus	Senior Girls
1980	Miriam Kirwan	SHM Ferrybank Waterford	34.44	Discus	Senior Girls
1981	Miriam Kirwan	SHM Ferrybank Waterford	32.77	Discus	Senior Girls
1982	Susanne Bradley	Mercy New Inn	36.48	Discus	Senior Girls
1983	Eve Nangle	Stella Maris Tramore	38.68	Discus	Senior Girls
1984	Elaine Boland	Salesian Limerick	36.58	Discus	Senior Girls
1985	Ailish O'Brien	Presentation Dungarvan	38.20	Discus	Senior Girls
1986	Elaine Boland	Salesian Limerick	40.62	Discus	Senior Girls
1987	Ailish O'Brien	Presentation Dungarvan	38.40	Discus	Senior Girls
1988	Ailish O'Brien	Presentation Dungarvan	37.82	Discus	Senior Girls
1989	Fiona Lynch	Presentation Dungarvan	31.46	Discus	Senior Girls
1990	Mary Naughton	St Marys Nenagh	29.56	Discus	Senior Girls
1991	Niamh Scanlon	Ard Scoil na nDeise Dungarvan	32.00	Discus	Senior Girls
1992	Niamh Scanlon	St Augustines Dungarvan	32.62	Discus	Senior Girls
1993	Deirdre O'Connor	Scariff CC	32.80	Discus	Senior Girls
1994	Edel Meagher	Scoil Mhuire Gan Smal Blarney	35.66	Discus	Senior Girls
1995	Deirdre O'Connor	Scariff CC	31.74	Discus	Senior Girls
1996	Leanne Tutty	Mercy Waterford	29.94	Discus	Senior Girls
1997	Sinead Kehoe	Mercy Waterford	27.42	Discus	Senior Girls
1998	Claire Akers	Scariff CC	31.70	Discus	Senior Girls
1999	Claire Akers	Scariff CC	34.62	Discus	Senior Girls
2000	Fionnula Lombard	Mount Mercy Cork	28.15	Discus	Senior Girls
2001	Fionnula Lombard	Mount Mercy Cork	30.10	Discus	Senior Girls
2002	Deirdre Murphy	Colaiste an Phiarsaigh Glanmire	36.78	Discus	Senior Girls
2003	Rachel Akers	Scariff CC	36.82	Discus	Senior Girls
2004	Rachel Akers	Scariff CC	36.02	Discus	Senior Girls
2005	Sonia Kennedy	Abbey CC Waterford	34.08	Discus	Senior Girls
2006	Karen O'Conner	St Josephs Abbeyfeale	30.73	Discus	Senior Girls
2007	Sarah Bradfield	Bandon Grammar School	35.48	Discus	Senior Girls
2008	Niamh Mooney	Mercy Doon	25.27	Discus	Senior Girls
2009	Claire Fitzgerald	Presentation Tralee	42.90	Discus	Senior Girls
2010	Zoe Scanlon	Ard Scoil na nDeise Dungarvan	35.24	Discus	Senior Girls
2011	Zoe Scanlon	Ard Scoil na nDeise Dungarvan	34.33	Discus	Senior Girls
2012	Niamh Murphy	Colaiste Choilm Ballincollig	36.93	Discus	Senior Girls
2013	Hannah O'Sullivan	St Marys Mallow	39.57	Discus	Senior Girls
2014	Kayleigh Cronin	St Brigets Killarney	40.03	Discus	Senior Girls
2015	Kayleigh Cronin	St Brigets Killarney	41.11	Discus	Senior Girls
2016	Aoife Doyle	Intermediate School Killorglin	36.28	Discus	Senior Girls
2017	Angharad Loughnane	Gaelcholaiste Luimnigh	36.30	Discus	Senior Girls
2018	Martha Quain	Colaiste an Chroi Naofa Carraig na bhFear	30.00	Discus	Senior Girls
2019	Martha Quain	Colaiste an Chroi Naofa Carraig na bhFear	36.24	Discus	Senior Girls
2020	Not Held due to Covid-19 restrictions			Discus	Senior Girls
2021	Not Held due to Covid-19 restrictions			Discus	Senior Girls
2022	Kirby-Anne Ryan	Mercy Mounthawk Tralee	33.37	Discus	Senior Girls

Senior Girls Hammer (4kg)

1999	Claire Akers	Scariff CC	39.42	Hammer	Senior Girls
2000	Sonia Tutty	Mercy Waterford	35.47	Hammer	Senior Girls
2001	Marie Conroy	St Augustines Dungarvan	32.07	Hammer	Senior Girls
2002	Rachel Akers	Scariff CC	50.90	Hammer	Senior Girls
2003	Rachel Akers	Scariff CC	50.11	Hammer	Senior Girls
2004	Rachel Akers	Scariff CC	48.87	Hammer	Senior Girls
2005	Ann Marie Cronin	Colaiste Choilm Ballincollig	44.37	Hammer	Senior Girls
2006	Ann Marie Cronin	Colaiste Choilm Ballincollig	45.06	Hammer	Senior Girls
2007	Katie O'Shea	Presentation Milltown	40.70	Hammer	Senior Girls
2008	Maria Flynn	Presentation Milltown	38.86	Hammer	Senior Girls
2009	Cara Kennedy	St Declans CC Kilmacthomas	42.93	Hammer	Senior Girls
2010	Megan Moynihan	St Marys Macroom	38.00	Hammer	Senior Girls
2011	Cara Kennedy	Central Technical Institute Waterford	53.87	Hammer	Senior Girls
2012	Maureen O'Neill	Colaiste Treasa Kanturk	46.71	Hammer	Senior Girls
2013	Maureen O'Neill	Colaiste Treasa Kanturk	49.51	Hammer	Senior Girls
2014	Alice Akers	Scariff CC	52.97	Hammer	Senior Girls
2015	Alice Akers	Scariff CC	55.07	Hammer	Senior Girls
2016	Aoife Vaughen Witts	Borrisokane CC	48.40	Hammer	Senior Girls
2017	Jade O'Farrell Bond	Borrisokane CC	40.36	Hammer	Senior Girls
2018	Leanne Cronin	Killorglin CC	32.05	Hammer	Senior Girls
2019	Leanne Cronin	Brookfield College Tralee	33.96	Hammer	Senior Girls
2020	Not Held due to Covid-19 restrictions			Hammer	Senior Girls
2021	Not Held due to Covid-19 restrictions			Hammer	Senior Girls
2022	Kotryna Pacerinskaite	Pres Mitchelstown	42.15	Hammer	Senior Girls

Senior Girls Javelin (600g)

1970	Freddie Cooney	St Michaels Clonmel	19.10	Javelin	Senior Girls
1971	T Stritch	Loreto Fermoy	15.75	Javelin	Senior Girls
1972	Mary O'Flynn	Colaiste Muire Ennis	27.58	Javelin	Senior Girls
1973	Marie Flynn	Loreto Fermoy	29.21	Javelin	Senior Girls
1974	Marie Flynn	Loreto Fermoy	31.47	Javelin	Senior Girls
1975	Betty Looby	Mercy Cahir	28.62	Javelin	Senior Girls
1976	Mary Maher	Sacred Heart Roscrea	30.70	Javelin	Senior Girls
1977	Mary Maher	Sacred Heart Roscrea	36.24	Javelin	Senior Girls
1978	Patricia Walsh	SHM Ferrybank Waterford	36.94	Javelin	Senior Girls
1979	Mary Corbett	Scoil Carmel Limerick	31.98	Javelin	Senior Girls
1980	Mary Burke	Borrisokane VS	35.97	Javelin	Senior Girls
1981	Brenda Walsh	FCJ Laurel Hill Limerick	39.78	Javelin	Senior Girls
1982	Brenda Walsh	FCJ Laurel Hill Limerick	40.60	Javelin	Senior Girls
1983	Brenda Walsh	FCJ Laurel Hill Limerick	41.16	Javelin	Senior Girls
1984	Teresa Burke	Borrisokane VS	34.06	Javelin	Senior Girls
1985	Norma Leane	Presentation Listowel	31.32	Javelin	Senior Girls
1986	Brid Hallissey	SHM Ferrybank Waterford	30.56	Javelin	Senior Girls
1987	Mary T Real	Salesian Limerick	35.56	Javelin	Senior Girls
1988	Mary T Real	Salesian Limerick	36.88	Javelin	Senior Girls
1989	Mary T Real	Salesian Limerick	38.48	Javelin	Senior Girls
1990	Jocelyn Hanrahan	St Marys Limerick	39.18	Javelin	Senior Girls
1991	Jocelyn Hanrahan	St Marys Limerick	38.26	Javelin	Senior Girls
1992	Patricia Naughton	St Marys Nenagh	32.92	Javelin	Senior Girls
1993	Carol Costello	Scariff CC	30.00	Javelin	Senior Girls
1994	Catherine Burke	Borrisokane VS	32.84	Javelin	Senior Girls
1995	Catherine Burke	Borrisokane VS	32.90	Javelin	Senior Girls
1996	Leanne Tutty	Mercy Waterford	36.30	Javelin	Senior Girls
1997	Catherine Tiernan	Borrisokane CC	26.48	Javelin	Senior Girls
1998	Jackie Ryan	Intermediate School Killorglin	32.83	Javelin	Senior Girls
1999	Mary Dalton	Ursuline Waterford	27.23	Javelin	Senior Girls
2000	Kara McCarthy	St Marys Mallow	24.96	Javelin	Senior Girls
2001	Noreen O'Dwyer	Presentation Killarney	28.17	Javelin	Senior Girls
2002	Fiona O'Riordan	St Aloysius Cork	27.48	Javelin	Senior Girls
2003	Alva Madden	Salesian College Pallaskenry	22.72	Javelin	Senior Girls
2004	Catherine Grant	Ursuline Waterford	33.05	Javelin	Senior Girls

2005	Rose Twohig	Colaiste Treasa Kanturk	25.65	Javelin	Senior Girls
2006	Rachel Roche	Colaiste na Toibhirte Bandon	32.22	Javelin	Senior Girls
2007	Claire Flanagan	Pobalscoil na Trionoide Youghal	28.02	Javelin	Senior Girls
2008	Linda Njekwe	Colaiste Muire Ennis	26.86	Javelin	Senior Girls
2009	Claire Fitzgerald	Presentation Tralee	38.08	Javelin	Senior Girls
2010	Ailish Sheehan	Salesian Pallaskenry	35.72	Javelin	Senior Girls
2011	Jenny Murphy	St Marys Mallow	33.06	Javelin	Senior Girls
2012	Jenny Murphy	St Marys Mallow	35.12	Javelin	Senior Girls
2013	Patricia Curtin	Pobalscoil na Trionoide Youghal	32.87	Javelin	Senior Girls
2014	Lauren O'Mahoney	St Mary's Midleton	30.77	Javelin	Senior Girls
2015	Lauren O'Mahony	St Marys Midleton	32.30	Javelin	Senior Girls
2016	Orlaith O'Brien	Yeats College Waterford	43.19	Javelin	Senior Girls
2017	Orla O'Brien	Yeats College Waterford	39.47	Javelin	Senior Girls
2018	Meabh Ni-Dhalaigh	Gaelcholaiste Mhuire AG Cork	33.98	Javelin	Senior Girls
2019	Katie Moynihan	Gaelcholaiste Mhuire AG Cork	40.55	Javelin	Senior Girls
2020	Not Held due to Covid-19 restrictions			Javelin	Senior Girls
2021	Not Held due to Covid-19 restrictions			Javelin	Senior Girls
2022	Leanne Healy	Col Muire Ennis	39.77	Javelin	Senior Girls

Senior Girls Combined Events

1992	Laura Dower	Ard Scoil na nDéise	1914	Combined Events	Senior Girls
1993	Laura Dower	Ard Scoil na nDéise		Combined Events	Senior Girls
1994	Laura Dower	Ard Scoil na nDéise	1469	Combined Events	Senior Girls
1995	Sandra Clancy	Ard Scoil na nDéise	2318	Combined Events	Senior Girls
1996	Sandra Clancy	Ard Scoil na nDéise	2602	Combined Events	Senior Girls
1997				Combined Events	Senior Girls
1998				Combined Events	Senior Girls
1999	Hazel Reck	Ballincollig CS	1944	Combined Events	Senior Girls
2000	Louise Brent	Stella Maris Tramore	1492	Combined Events	Senior Girls
2001	Dawn Kelly	St Aloysius Cork	1749	Combined Events	Senior Girls
2002				Combined Events	Senior Girls
2003				Combined Events	Senior Girls
2004				Combined Events	Senior Girls
2005	Christina Broderick	Kinsale CS	2265	Combined Events	Senior Girls
2006				Combined Events	Senior Girls
2007				Combined Events	Senior Girls
2008				Combined Events	Senior Girls
2009				Combined Events	Senior Girls
2010				Combined Events	Senior Girls
2011				Combined Events	Senior Girls
2012	Not Contested			Combined Events	Senior Girls
2013	Jessica O'Connor	Colaiste Muire Ennis	2021	Combined Events	Senior Girls
2014	Grace McKenzie	Scoil Mhuire Crosshaven	2622	Combined Events	Senior Girls
2015	Laoise Bennis	Hazelwood College Dromcollogher	1975	Combined Events	Senior Girls
2016	Clíodhna Blake	Scoil Mhichil Kilmihil	2416	Combined Events	Senior Girls
2017	Vickie Cusack	Davis College Mallow	2914	Combined Events	Senior Girls
2018	Not Contested			Combined Events	Senior Girls
2019	Emily O'Mahony	St Augustines	2912	Combined Events	Senior Girls
2020	Not Held due to Covid-19 restrictions			Combined Events	Senior Girls
2021	Not Contested			Combined Events	Senior Girls
2022	Blessing Onyeka	Bishopstown CS	961	Combined Events	Senior Girls

Senior Girls 4X100m Relay

Medley Relay - 1 Junior + 1 Inter + 1 Senior (1969)

1969		Rochelle Cork	NT	Relay	Medley Girls
1970		St Angelas Cork	54.4	Relay	Senior Girls
1971		St Angelas Cork	53.0	Relay	Senior Girls
1972		St Angelas Cork	52.7	Relay	Senior Girls
1973		Ursuline Waterford	53.3	Relay	Senior Girls
1974		Regina Mundi Cork	51.5	Relay	Senior Girls
1975		Regina Mundi Cork	51.6	Relay	Senior Girls
1976		Regina Mundi Cork	51.8	Relay	Senior Girls

1977	Mercy Nenagh	51.8	Relay	Senior Girls
1978	Mercy Nenagh	51.1	Relay	Senior Girls
1979	Mercy Nenagh	52.2	Relay	Senior Girls
1980	Mercy Nenagh	50.8	Relay	Senior Girls
1981	St Marys Nenagh	50.2	Relay	Senior Girls
1982	Mercy Nenagh	50.3	Relay	Senior Girls
1983	St Marys Nenagh	50.1	Relay	Senior Girls
1984	FCJ Laurel Hill Limerick	49.9	Relay	Senior Girls
1985	Newtown School Waterford	51.0	Relay	Senior Girls
1986	FCJ Laurel Hill Limerick	51.9	Relay	Senior Girls
1987	St Marys Nenagh	52.0	Relay	Senior Girls
1988	St Marys Nenagh	49.7	Relay	Senior Girls
1989	Tarbert CS	49.9	Relay	Senior Girls
1990	St Aloysius Carrigtwohill	52.4	Relay	Senior Girls
1991	St Marys Nenagh	51.5	Relay	Senior Girls
1992	Ard Scoil na nDeise Dungarvan	52.0	Relay	Senior Girls
1993	Presentation Waterford	53.9	Relay	Senior Girls
1994	Presentation Waterford	51.9	Relay	Senior Girls
1995	St Marys Mallow	53.2	Relay	Senior Girls
1996	Scoil Mhuire Carrick-on-Suir	51.2	Relay	Senior Girls
1997	Scoil Mhuire Carrick-on-Suir	51.8	Relay	Senior Girls
1998	Scoil Mhuire Carrick-on-Suir	51.0	Relay	Senior Girls
1999	St Aloysius Carrigtwohill	51.8	Relay	Senior Girls
2000	St Aloysius Carrigtwohill	51.5	Relay	Senior Girls
2001	St Aloysius Carrigtwohill	51.0	Relay	Senior Girls
2002	St Marys Middleton	51.80	Relay	Senior Girls
2003	Christ King Cork	55.90	Relay	Senior Girls
2004	Presentation Tralee	54.83	Relay	Senior Girls
2005	Ursuline Thurles	58.54	Relay	Senior Girls
2006	Mercy Waterford	50.04	Relay	Senior Girls
2007	Ursuline Waterford	52.44	Relay	Senior Girls
2008	Crescent Comprehensive SJ Limerick	51.99	Relay	Senior Girls
2009	St Marys Newport	52.76	Relay	Senior Girls
2010	Presentation Tralee	51.73	Relay	Senior Girls
2011	Presentation Tralee	53.33	Relay	Senior Girls
2012	Crescent Comprehensive SJ Limerick	50.54	Relay	Senior Girls
2013	Crescent Comprehensive SJ Limerick	51.90	Relay	Senior Girls
2014	Stella Maris Tramore	51.95	Relay	Senior Girls
2015	Mercy Mount Hawk Tralee	51.28	Relay	Senior Girls
2016	Mercy Mount Hawk Tralee	52.64	Relay	Senior Girls
2017	Mercy Mount Hawk Tralee	49.24	Relay	Senior Girls
2018	Castletroy College Limerick	49.90	Relay	Senior Girls
2019	Mount Mercy Cork	54.21	Relay	Senior Girls
2020	Not Held due to Covid-19 restrictions		Relay	Senior Girls
2021	Not Held due to Covid-19 restrictions		Relay	Senior Girls
2022	St Mary's SS Nenagh	54.63	Relay	Senior Girls

Senior Girls 4 X 300m Relay

2017	Castletroy College Limerick	2.59.22	4X300 Relay	Senior Girls
2018	Mercy Mount Hawk Tralee	2.56.56	4X300 Relay	Senior Girls
2019	Mercy Mount Hawk Tralee	2.54.69	4X300 Relay	Senior Girls
2020	Not Held due to Covid-19 restrictions		4X300 Relay	Senior Girls
2021	Not Held due to Covid-19 restrictions		4X300 Relay	Senior Girls
2022	Laurel Hill Secondary FCJ		4X300 Relay	Senior Girls

Senior Girls Cross Country - Individual

1970	Nuala Bowe	Sacred Heart Thurles	Cross Country	Senior Girls
1971	Nuala Bowe	Presentation Thurles	Cross Country	Senior Girls
1972	Marie Buckley	Mercy Kinsale	Cross Country	Senior Girls
1973	Marie Buckley	Mercy Kinsale	Cross Country	Senior Girls
1974	Catherine Hourihan	Mercy Macroom	Cross Country	Senior Girls
1975	Cushla Murphy	St Josephs Tulla	Cross Country	Senior Girls

1976	Gretta Hartnett	St Mary's Midleton	Cross Country	Senior Girls
1977	Mary Dempsey	Loreto Youghal	Cross Country	Senior Girls
1978	Mary Dempsey	Loreto Youghal	Cross Country	Senior Girls
1979	Mairead Cotter	St Josephs Abbeyfeale	Cross Country	Senior Girls
1980	Mairead Cotter	St Josephs Abbeyfeale	Cross Country	Senior Girls
1981	Mairead Cotter	St Josephs Abbeyfeale	Cross Country	Senior Girls
1982	Mary English	Scoil Chriost Rí Cahir	Cross Country	Senior Girls
1983	Mary Martin	Tipperary VS	Cross Country	Senior Girls
1984	Patricia Logan	St Marys Limerick	Cross Country	Senior Girls
1985	Patricia Logan	St Nessans Limerick	Cross Country	Senior Girls
1986	Mairead Looney	St Aloysius Cork	Cross Country	Senior Girls
1987	Sonia O'Sullivan	Cobh VS	Cross Country	Senior Girls
1988	Mairead Looney	St Aloysius Cork	Cross Country	Senior Girls
1989	Eve Watson	St Marys Charleville	Cross Country	Senior Girls
1990	Christine Geoghegan	St Nessans Limerick	Cross Country	Senior Girls
1991	Christine Geoghegan	St Nessans Limerick	Cross Country	Senior Girls
1992	Angela Murphy	St Marys Midleton	Cross Country	Senior Girls
1993	Angela Murphy	St Marys Midleton	Cross Country	Senior Girls
1994	Noelle Kelly	Colaiste Muire Ennis	Cross Country	Senior Girls
1995	Maria Treacy	St Aloysius Carrigtwohill	Cross Country	Senior Girls
1996	Terri Hennessy	St Marys Midleton	Cross Country	Senior Girls
1997	Terri Hennessy	St Colmans CC Midleton	Cross Country	Senior Girls
1998	Olga Cronin	St Colmans CC Midleton	Cross Country	Senior Girls
1999	Olga Cronin	St Colmans CC Midleton	Cross Country	Senior Girls
2000	Roisin Quinn	Ursuline Waterford	Cross Country	Senior Girls
2001	Roisin Quinn	Ursuline Waterford	Cross Country	Senior Girls
2002	Niamh Walsh	St Marys Midleton	Cross Country	Senior Girls
2003	Aoife McCarthy	Nagle Rice Doneraile	Cross Country	Senior Girls
2004	Maria Hally	Ursuline Waterford	Cross Country	Senior Girls
2005	Laura Crowe	Presentation Tralee	Cross Country	Senior Girls
2006	Karen English	St Pauls Waterford	Cross Country	Senior Girls
2007	Albhie Carragher	St Annes CC Killaloe	Cross Country	Senior Girls
2008	Lorraine McCarthy	St Augustines Dungarvan	Cross Country	Senior Girls
2009	Niamh Ryan	Abbey CC Waterford	Cross Country	Senior Girls
2010	Orlagh Farmer	St Marys Midleton	Cross Country	Senior Girls
2011	Amy O'Donoghue	Villiers School Limerick	Cross Country	Senior Girls
2012	Bronagh Croke	Crescent Comprehensive SJ Limerick	Cross Country	Senior Girls
2013	Jessica Coyne	Crescent Comprehensive SJ Limerick	Cross Country	Senior Girls
2014	Niamh Cotter	Colaiste Pobail Bantry	Cross Country	Senior Girls
2015	Rhona Pierce	St Angelas Cork	Cross Country	Senior Girls
2016	Fiona Everard	Maria Immaculata CC Dunmanway	Cross Country	Senior Girls
2017	Stephanie Cotter	Coachford College	Cross Country	Senior Girls
2018	Laura Hayes	Loreto Fermoy	Cross Country	Senior Girls
2019	Laura Nicholson	Bandon Grammar School	Cross Country	Senior Girls
2020	Lucy Holmes	Ard Scoil na nDeise Dungarvan	Cross Country	Senior Girls
2021	Not Held due to Covid-19 restrictions		Cross Country	Senior Girls
2022	Muireann Duffy	Loreto Clonmel	Cross Country	Senior Girls

Senior Girls Cross Country - Team

1970	Scoil Mhuire Cork	10pts	XC Team	Senior Girls
1971	Presentation Thurles	9pts	XC Team	Senior Girls
1972	Loreto Fermoy	15pts	XC Team	Senior Girls
1973	Loreto Fermoy	12pts	XC Team	Senior Girls
1974	Mount Mercy Cork	13pts	XC Team	Senior Girls
1975	St Mary's Rathmore	13pts	XC Team	Senior Girls
1976	St Mary's Midleton	9pts	XC Team	Senior Girls
1977	St Mary's Midleton	28pts	XC Team	Senior Girls
1978	Loreto Youghal	13pts	XC Team	Senior Girls
1979	St Mary's Limerick	44pts	XC Team	Senior Girls
1980	St Josephs Abbeyfeale	12pts	XC Team	Senior Girls
1981	St Josephs Abbeyfeale	22pts	XC Team	Senior Girls
1982	Presentation Limerick	19pts	XC Team	Senior Girls
1983	Ennis VS	27pts	XC Team	Senior Girls
1984	Ennis VS	31pts	XC Team	Senior Girls

1985	St Nessans Limerick	27pts	XC Team	Senior Girls
1986	Scariff CC	40pts	XC Team	Senior Girls
1987	Scariff CC	32pts	XC Team	Senior Girls
1988	Ennis VS	20pts	XC Team	Senior Girls
1989	Colaiste Muire Ennis	32pts	XC Team	Senior Girls
1990	St Nessans Limerick	20pts	XC Team	Senior Girls
1991	St Nessans Limerick	30pts	XC Team	Senior Girls
1992	St Marys Midleton	15pts	XC Team	Senior Girls
1993	St Marys Midleton	22pts	XC Team	Senior Girls
1994	Colaiste Muire Ennis	38pts	XC Team	Senior Girls
1995	North Monastery CBS Cork	35pts	XC Team	Senior Girls
1996	Our Ladys Templemore	20pts	XC Team	Senior Girls
1997	Presentation Thurles	38pts	XC Team	Senior Girls
1998	St Colmans CC Midleton	22pts	XC Team	Senior Girls
1999	St Marys Charleville	11pts	XC Team	Senior Girls
2000	St Marys Charleville	18pts	XC Team	Senior Girls
2001	St Josephs Tulla	30pts	XC Team	Senior Girls
2002	St Michaels CC Kilmihil	26pts	XC Team	Senior Girls
2003	Loreto Youghal	31pts	XC Team	Senior Girls
2004	Ursuline Thurles	14pts	XC Team	Senior Girls
2005	Ursuline Thurles	18pts	XC Team	Senior Girls
2006	Ursuline Thurles	24pts	XC Team	Senior Girls
2007	Colaiste Treasa Kanturk	26pts	XC Team	Senior Girls
2008	Ursuline Waterford	15pts	XC Team	Senior Girls
2009	Ursuline Waterford	15pts	XC Team	Senior Girls
2010	Ursuline Thurles	20pts	XC Team	Senior Girls
2011	Presentation Thurles	31pts	XC Team	Senior Girls
2012	Ursuline Waterford	53pts	XC Team	Senior Girls
2013	Loreto Clonmel	20pts	XC Team	Senior Girls
2014	Ursuline Thurles	20pts	XC Team	Senior Girls
2015	Loreto Clonmel	23pts	XC Team	Senior Girls
2016	Ursuline Thurles	46pts	XC Team	Senior Girls
2017	Presentation Thurles	27pts	XC Team	Senior Girls
2018	Waterpark College Waterford	30pts	XC Team	Senior Girls
2019	St Angelas Waterford	30pts	XC Team	Senior Girls
2020	St Angelas Waterford	39pts	XC Team	Senior Girls
2021	Not Held due to Covid-19 restrictions		XC Team	Senior Girls
2022	Pobalscoil na Trionoide Youghal	17pts	XC Team	Senior Girls

Intermediate Boys 100m 100yds (1931 - 1969)

1931	T Harte	Limerick CBS	11.8	100yds	Inter Boys
1937	Thomas Kelly	Rockwell College	10.5	100yds	Inter Boys
1938	Hugo Flinn	Christian Brothers College Cork	11.0	100yds	Inter Boys
1939	Noel O'Mahony	Christian Brothers College Cork	10.8	100yds	Inter Boys
1940	Richard Flavin	St Colmans Fermoy	11.0	100yds	Inter Boys
1941	Joe Kelly	Farranferris Cork		100yds	Inter Boys
1942-1946		Not Held due to World War 2 Emergency			
1947	Jimmy Smith	St Flannans Ennis	11.2	100yds	Inter Boys
1948	John O'Donovan	Christian Brothers College Cork	10.7	100yds	Inter Boys
1949	Dan Hurley	Christian Brothers College Cork	11.0	100yds	Inter Boys
1950	Michael Manning	Rockwell College	11.0	100yds	Inter Boys
1951	Frederick Foster	Rockwell College	10.6	100yds	Inter Boys
1952	Joe Lane	Presentation Brothers Cork	11.1	100yds	Inter Boys
1953	P O'Sullivan	Sullivans Quay Cork	10.4	100yds	Inter Boys
1954	Liam Fennessy	High School Clonmel	10.6	100yds	Inter Boys
1955	Cashel Riordan	Christian Brothers College Cork	11.0	100yds	Inter Boys
1956	Wyndham Williams	Christian Brothers College Cork	10.5	100yds	Inter Boys
1957	Liam Silke	Mungret College Limerick	11.0	100yds	Inter Boys
1958	Tom Fitzgerald	Salesian Pallaskenry	10.4	100yds	Inter Boys
1959	Danny Murphy	Limerick CBS	10.9	100yds	Inter Boys
1960	Danny Murphy	Limerick CBS	10.8	100yds	Inter Boys

1961	Joe Cumiskey	Rockwell College	10.3	Tie	100yds	Inter Boys
1961	Rory Delaney	Christian Brothers College Cork	10.3	Tie	100yds	Inter Boys
1962	Brian Murphy	Sullivans Quay Cork	10.3		100yds	Inter Boys
1963	Pat Shepherd	Presentation Brothers Cork	10.6		100yds	Inter Boys
1964	Jim Walsh	Presentation Brothers Cork	10.5		100yds	Inter Boys
1965	Dermot Gibson	Christian Brothers College Cork	11.0		100yds	Inter Boys
1966	Pat Daly	Colaiste Chriost Ri Cork	11.0		100yds	Inter Boys
1967	Joe Barry	Colaiste Chriost Ri Cork	10.8		100yds	Inter Boys
1968	Gary Coughlan	North Monastery CBS Cork	10.6		100yds	Inter Boys
1969	Fiacra Hensey	Ennis CBS	10.4		100yds	Inter Boys
1970	Robert Wilmot	Bandon VS	11.8		100m	Inter Boys
1971	Dermot Browne	Rockwell College	11.7		100m	Inter Boys
1972	Sean Reidy	Crescent Comprehensive SJ Limerick	11.0		100m	Inter Boys
1973	Moss Finn	Presentation Brothers Cork	11.9		100m	Inter Boys
1974	Moss Finn	Presentation Brothers Cork	11.7		100m	Inter Boys
1975	Denis Collins	Rockwell College	11.3		100m	Inter Boys
1976	Jim Crotty	Christian Brothers College Cork	11.4		100m	Inter Boys
1977	Owen Crotty	Christian Brothers College Cork	11.6		100m	Inter Boys
1978	Paul O'Brien	Crescent Comprehensive SJ Limerick	11.3		100m	Inter Boys
1979	Paul O'Brien	Crescent Comprehensive SJ Limerick	11.8		100m	Inter Boys
1980	Tom O'Mahony	Dingle CBS	11.1		100m	Inter Boys
1981	Paul Sheedy	Midleton College	11.4		100m	Inter Boys
1982	Niall McCann	Colaiste an Spioraid Naoimh Bishopstown	11.4		100m	Inter Boys
1983	Paul O'Regan	Colaiste Chriost Ri Cork	11.1		100m	Inter Boys
1984	Michael Kelly	Borrisokane VS	11.2		100m	Inter Boys
1985	Kenneth Horgan	Midleton CBS	11.1		100m	Inter Boys
1986	Niall Boland	Presentation Brothers Cork	11.7		100m	Inter Boys
1987	John Corr	Presentation Brothers Cork	11.4		100m	Inter Boys
1988	Alan McCarthy	Midleton CBS	11.4		100m	Inter Boys
1989	Carlton Haddock	Colaiste Chriost Ri Cork	11.0		100m	Inter Boys
1990	Joey Murphy	Roscrea VS	11.1		100m	Inter Boys
1991	David Leahy	Douglas CS	11.4		100m	Inter Boys
1992	Jeff Casey	Presentation Brothers Cork	11.0		100m	Inter Boys
1993	Jeff Casey	Presentation Brothers Cork	11.0		100m	Inter Boys
1994	Tony Dunne	Thurles CBS	11.0		100m	Inter Boys
1995	Tony Dunne	Thurles CBS	11.5		100m	Inter Boys
1996	Diarmuid McCarthy	North Monastery CBS Cork	11.1		100m	Inter Boys
1997	Kevin Bourke	St Munchins Limerick	11.1		100m	Inter Boys
1998	Darren Coughlan	Hamilton High School Bandon	11.1		100m	Inter Boys
1999	Darren Coughlan	Hamilton High School Bandon	11.2		100m	Inter Boys
2000	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	11.0		100m	Inter Boys
2001	John O'Sullivan	Colaiste an Spioraid Naoimh Bishopstown	11.1		100m	Inter Boys
2002	Tony Barnett	Mercy Mount Hawk Tralee	11.2		100m	Inter Boys
2003	Greg O'Leary	Glanmire CC	11.70		100m	Inter Boys
2004	Patrick Phelan	Tralee CBS	11.62		100m	Inter Boys
2005	Eoin Hannon	Our Ladys Templemore	11.49		100m	Inter Boys
2006	Chris Russell	Waterpark College Waterford	11.42		100m	Inter Boys
2007	Ben McGilton	Mercy Mount Hawk Tralee	11.49		100m	Inter Boys
2008	Nathan Jege	St Caimins CS Shannon	11.33	1.7	100m	Inter Boys
2009	Clive Kennington	Newtown School Waterford	11.85		100m	Inter Boys
2010	Greg O'Shea	Crescent Comprehensive SJ Limerick	11.38	3.0	100m	Inter Boys
2011	Greg O'Shea	Crescent Comprehensive SJ Limerick	11.81	-3.8	100m	Inter Boys
2012	Brandon Arrey	Davis College Mallow	11.44	2.4	100m	Inter Boys
2013	Ray Walsh	Davis College Mallow	11.03	2.9	100m	Inter Boys
2014	Joey Henchy	Bandon Grammar School	11.81		100m	Inter Boys
2015	Tony Odubote	Rice College Ennis	11.50		100m	Inter Boys
2016	Tony Odubote	Rice College Ennis	12.02	-6.0	100m	Inter Boys
2017	Shaun Benson	St Flannans Ennis	11.14	1.2	100m	Inter Boys
2018	Cillian Griffin	Mercy Mount Hawk Tralee	11.14	0.3	100m	Inter Boys
2019	Mervyn Shalemba	Mercy Mount Hawk Tralee	11.05	0.5	100m	Inter Boys
2020	Not Held due to Covid-19 restrictions				100m	Inter Boys
2021	Not Held due to Covid-19 restrictions				100m	Inter Boys
2022	Max O'Reilly	Carrigaline CS	10.97	0.0	100m	Inter Boys

Intermediate Boys 200m

220yds (1931 - 1969)

1931	John Moloney	Tipperary CBS	26.8	220yds	Inter Boys
1937	Thomas Kelly	Rockwell College	24.7	220yds	Inter Boys
1938	Sean Barnett	North Monastery CBS Cork	25.3	220yds	Inter Boys
1939	Noel O'Mahony	Christian Brothers College Cork	24.9	200yds	Inter Boys
1940	Noel O'Mahony	Christian Brothers College Cork		200yds	Inter Boys
1941	Joe Kelly	Farranferris Cork		200yds	Inter Boys
1942-1946		Not Held due to World War 2 Emergency			
1947	Declan Bennett	Presentation Brothers Cork	25.3	220yds	Inter Boys
1948	Finbarr Gallagher	Rockwell College	24.5	220yds	Inter Boys
1949	Dan Hurley	Christian Brothers College Cork	25.8	220yds	Inter Boys
1950	Michael O'Shea	Mungret College Limerick	24.8	220yds	Inter Boys
1951	Brian Coffey	Christian Brothers College Cork	24.0	220yds	Inter Boys
1952	Joe Lane	Presentation Brothers Cork	24.9	220yds	Inter Boys
1953	M Murphy	Sullivans Quay Cork	26.0	220yds	Inter Boys
1954	Michael McLoughlin	De La Salle Waterford	24.3	220yds	Inter Boys
1955	Cashel Riordan	Christian Brothers College Cork	25.0	220yds	Inter Boys
1956	Paul Sanquest	Christian Brothers College Cork	24.6	220yds	Inter Boys
1957	Liam Silke	Mungret College Limerick	24.7	220yds	Inter Boys
1958	Tom Fitzgerald	Salesian Pallaskenry	24.0	220yds	Inter Boys
1959	T Potts	Colaiste Muire Douglas	24.6	220yds	Inter Boys
1960	Vivian O'Callaghan	De La Salle Waterford	24.4	220yds	Inter Boys
1961	Joe Cumiskey	Rockwell College	24.3	220yds	Inter Boys
1962	Brian Murphy	Sullivans Quay Cork	23.7	220yds	Inter Boys
1963	Pat Shepherd	Presentation Brothers Cork	24.3	220yds	Inter Boys
1964	Jim Walsh	Presentation Brothers Cork	24.4	220yds	Inter Boys
1965	James Sorenson	Christian Brothers College Cork	23.8	220yds	Inter Boys
1966	Gerry Hayes	Nenagh CBS	24.9	220yds	Inter Boys
1967	Joe Barry	Colaiste Chriost Ri Cork	23.1	220yds	Inter Boys
1968	Gary Coughlan	North Monastery CBS Cork	23.8	220yds	Inter Boys
1969	Fiacra Hensey	Ennis CBS	24.7	220yds	Inter Boys
1970	Robert Wilmot	Bandon VS	24.3	200m	Inter Boys
1971	Dermot Browne	Rockwell College	24.2	200m	Inter Boys
1972	Sean Reidy	Crescent Comprehensive SJ Limerick	23.0	200m	Inter Boys
1973	Moss Finn	Presentation Brothers Cork	23.2	200m	Inter Boys
1974	Moss Finn	Presentation Brothers Cork	23.2	200m	Inter Boys
1975	Jim Crotty	Christian Brothers College Cork	22.8	200m	Inter Boys
1976	Jim Crotty	Christian Brothers College Cork	23.6	200m	Inter Boys
1977	Owen Crotty	Christian Brothers College Cork	23.4	200m	Inter Boys
1978	Paul O'Brien	Crescent Comprehensive SJ Limerick	22.9	200m	Inter Boys
1979	Paul O'Brien	Crescent Comprehensive SJ Limerick	24.1	200m	Inter Boys
1980	Tom O'Mahony	Dingle CBS	22.5	200m	Inter Boys
1981	Paul Sheedy	Midleton College	23.2	200m	Inter Boys
1982	Paul O'Regan	Scoil Eoin Naofa Cork	23.0	200m	Inter Boys
1983	Paul O'Regan	Colaiste Chriost Ri Cork	22.5	200m	Inter Boys
1984	Aidan O'Regan	Colaiste Chriost Ri Cork	23.6	200m	Inter Boys
1985	Ger Lally	St Brogans Bandon	22.2	200m	Inter Boys
1986	Alan Cluney	St Pauls Waterford	23.0	200m	Inter Boys
1987	Danny O'Brien	St Marys Newport	22.9	200m	Inter Boys
1988	Alan McCarthy	Midleton CBS	23.3	200m	Inter Boys
1989	Carlton Haddock	Colaiste Chriost Ri Cork	22.6	200m	Inter Boys
1990	Carlton Haddock	Colaiste Chriost Ri Cork	23.0	200m	Inter Boys
1991	David Leahy	Douglas CS	23.1	200m	Inter Boys
1992	ColmStack	Youghal CBS	23.0	200m	Inter Boys
1993	Brian Liddy	Glenstal Abbey School	23.6	200m	Inter Boys
1994	Tony Dunne	Thurles CBS	22.5	200m	Inter Boys
1995	Tony Dunne	Thurles CBS	23.1	200m	Inter Boys
1996	Diarmuid McCarthy	North Monastery CBS Cork	22.8	200m	Inter Boys
1997	Kevin Bourke	St Munchins Limerick	23.3	200m	Inter Boys
1998	Jer O'Donoghue	St Brendans Killarney	22.6	200m	Inter Boys
1999	Darren Coughlan	Hamilton High School Bandon	21.6	200m	Inter Boys
2000	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	22.2	200m	Inter Boys
2001	Maurice Donoghue	De La Salle Waterford	22.7	200m	Inter Boys
2002	Tony Barnett	Mercy Mount Hawk Tralee	22.6	200m	Inter Boys

2003	Greg O'Leary	Glanmire CC	23.09		200m	Inter Boys
2004	Garry Dunphy	St Pauls Waterford	23.66		200m	Inter Boys
2005	Billy Henchy	Bandon Grammar School	23.14		200m	Inter Boys
2006	Chris Russell	Waterpark College Waterford			200m	Inter Boys
2007	Fergus Hannon	Colaiste Phobal Roscrea	23.44		200m	Inter Boys
2008	Conall O'Callaghan	St Brendans Killarney	23.52	-0.1	200m	Inter Boys
2009	David Killeen	Colaiste an Spioraid Naoimh Bishopstown			200m	Inter Boys
2010	Greg O'Shea	Crescent Comprehensive SJ Limerick	22.76	-0.6	200m	Inter Boys
2011	Greg O'Shea	Crescent Comprehensive SJ Limerick	23.93	-5.3	200m	Inter Boys
2012	Billy Cosgrave	Castletroy Collgege Limerick	23.27		200m	Inter Boys
2013	Ray Walsh	Davis College Mallow	22.66	1.7	200m	Inter Boys
2014	Joey Henchy	Bandon Grammar School	23.52	-3.2	200m	Inter Boys
2015	Jamie Mitchell	Ard Scoil Ris Limerick	22.73	1.5	200m	Inter Boys
2016	Sean McCarthy	John The Baptist Hospital	23.78	-4.8	200m	Inter Boys
2016	Conor Morey	Presentation Brothers Cork	23.78	-4.8	200m	Inter Boys
2017	Colin Doyle	Presentation Brothers Cork	22.72	-2.5	200m	Inter Boys
2018	Mervyn Shalemba	Mercy Mount Hawk Tralee	22.57	0.0	200m	Inter Boys
2019	Diro Lawal	Castletroy Collgege Limerick	22.17	2.7	200m	Inter Boys
2020	Not Held due to Covid-19 restrictions				200m	Inter Boys
2021	Not Held due to Covid-19 restrictions				200m	Inter Boys
2022	Max O'Reilly	Carrigaline CS	22.75	-1.0	200m	Inter Boys

Intermediate Boys 400m 440yds (1931)

1931	Tomas McCurtain	Christian Brothers College Cork	58.6		440yds	Inter Boys
1970	Tim Crowe	St Flannans Ennis	53.9		400m	Inter Boys
1971	John Casey	De La Salle Waterford	55.1		400m	Inter Boys
1972	Dominic O'Donovan	Colaiste Chriost Ri Cork	53.0		400m	Inter Boys
1973	Jimmy Bowen	Presentation Brothers Cork	53.6		400m	Inter Boys
1974	Jimmy Bowen	Presentation Brothers Cork	51.3		400m	Inter Boys
1975	Eamonn McKeown	Tipperary VS	51.6		400m	Inter Boys
1976	Adrian Barry	St Flannans Ennis	51.9		400m	Inter Boys
1977	Donagh Cronin	Millstreet CS	51.8		400m	Inter Boys
1978	Michael Lynch	Limerick CBS	51.7		400m	Inter Boys
1979	Terry Comiskey	Colaiste Chriost Ri Cork	55.1		400m	Inter Boys
1980	Terry Comiskey	Colaiste Chriost Ri Cork	52.0		400m	Inter Boys
1981	Leonard McLoughlin	Tramore CBS	52.2		400m	Inter Boys
1982	John Moriarty	Tralee CBS	51.8		400m	Inter Boys
1983	Peter Flynn	St Pauls Waterford	50.9		400m	Inter Boys
1984	Barry Walsh	North Monastery CBS Cork	51.4		400m	Inter Boys
1985	Aidan O'Regan	Colaiste Chriost Ri Cork	51.2		400m	Inter Boys
1986	Alan Cluney	St Pauls Waterford	50.5		400m	Inter Boys
1987	Danny O'Brien	St Marys Newport	50.1		400m	Inter Boys
1988	Cormac McNamara	Ard Scoil Ris Limerick	51.2		400m	Inter Boys
1989	Owen O'Sullivan	Millstreet CS	52.2		400m	Inter Boys
1990	Brian Kiely	Scoil Mhuire Gan Smal Blarney	51.5		400m	Inter Boys
1991	Daniel Lawson	Ashton School Cork	52.0		400m	Inter Boys
1992	Kenneth Hennessy	St Aidans CC Cork	51.3		400m	Inter Boys
1993	Brian Liddy	Glenstal Abbey School	53.1		400m	Inter Boys
1994	A Morrissey	Colaiste an Spioraid Naoimh Bishopstown	52.6		400m	Inter Boys
1995	Michael Esmonde	Thurles CBS	51.6		400m	Inter Boys
1996	Denis Murphy	Mayfield Commmunity School	51.1		400m	Inter Boys
1997	Thomas Quaid	Dromcollogher CC	51.1		400m	Inter Boys
1998	Tony Lilly	Colaiste Choilm Ballincollig	51.1		400m	Inter Boys
1999	Ronan Harris	Bandon Grammar School	50.8		400m	Inter Boys
2000	Paul Grant	Mount Sion Waterford	52.5		400m	Inter Boys
2001	Cathal Hannon	Our Ladys Templemore	52.4		400m	Inter Boys
2002	Cathal Hannon	Our Ladys Templemore	52.3		400m	Inter Boys
2003	Barry Upton	St Pauls Waterford	52.93		400m	Inter Boys
2004	Garry Dunphy	St Pauls Waterford	53.42		400m	Inter Boys
2005	David McCarthy	St Augustines Dungarvan	51.50		400m	Inter Boys
2006	Finbarr Horgan	High School Clonmel	52.67		400m	Inter Boys
2007	CathalOwens	Glanmire CC	50.33		400m	Inter Boys

2008	Padraig Whelan	St Michaels Listowel	54.01	400m	Inter Boys
2009	Luke O'Keeffe	MountMount Hawk Tralee	52.88	400m	Inter Boys
2010	James Green	Comeragh College Carrick-on-Suir	50.75	400m	Inter Boys
2011	Robert O'Halloran	Rochestown College	53.57	400m	Inter Boys
2012	Evan Crotty	Castletroy Colllege Limerick	51.68	400m	Inter Boys
2013	Brandon Array	Davis College Mallow	51.83	400m	Inter Boys
2014	Scott Gibson	Bandon Grammar School	49.46	400m	Inter Boys
2015	Jamie Mitchell	Ard Scoil Ris Limerick	50.69	400m	Inter Boys
2016	Tony Odubote	Rice College Ennis	51.49	400m	Inter Boys
2017	Jack Pender	High School Clonmel	52.23	400m	Inter Boys
2018	Jake Bagge	Ard Scoil na Mara Tramore	52.03	400m	Inter Boys
2019	Rory Prendeville	John The Baptist Hospital	51.79	400m	Inter Boys
2020	Not Held due to Covid-19 restrictions			400m	Inter Boys
2021	Not Held due to Covid-19 restrictions			400m	Inter Boys
2022	Praise Wenegieme	Col Muire Crosshaven	51.21	400m	Inter Boys

Intermediate Boys 800m 880yds (1958 - 1969)

1958	Jerry Murray	Presentation Brothers Cork	2.14.5	880yds	Inter Boys
1959	Richard O'Keeffe	Christian Brothers College Cork	2.27.0	880yds	Inter Boys
1960	John Cummins	St Augustines Dungarvan	2.10.5	880yds	Inter Boys
1961	Patrick McCarthy	Rochestown College	2.04.7	880yds	Inter Boys
1962	William Frawley	St Flannans Ennis	2.07.8	880yds	Inter Boys
1963	William Frawley	St Flannans Ennis	2.13.7	880yds	Inter Boys
1964	Jim Leahy	Rockwell College	2.05.6	880yds	Inter Boys
1965	Ger McKeown	Limerick CBS	2.08.4	880yds	Inter Boys
1966	K Collins	Colaiste Chriost Ri Cork	2.08.0	880yds	Inter Boys
1967	Joe Adams	Limerick CBS	2.06.7	880yds	Inter Boys
1968	Tossie O'Brien	St Colmans Fermoy	2.01.9	880yds	Inter Boys
1969	Bernard Lynch	Farranferris Cork	2.07.2	880yds	Inter Boys
1970	Pat Dineen	St Colmans Fermoy	2.05.0	800m	Inter Boys
1971	Tom Jordan	Mount Sion Waterford	2.05.4	800m	Inter Boys
1972	Niall O'Shaughnessy	St Munchins Limerick	2.02.5	800m	Inter Boys
1973	Paul O'Connor	St Colmans Fermoy	2.03.9	800m	Inter Boys
1974	Paul O'Connor	St Colmans Fermoy	2.00.6	800m	Inter Boys
1975	Eamonn McKeown	Tipperary VS	1.59.1	800m	Inter Boys
1976	William Hogan	Nenagh CBS	2.03.9	800m	Inter Boys
1977	Frank O'Mara	St Munchins Limerick	2.01.8	800m	Inter Boys
1978	Michael Lynch	Limerick CBS	2.00.3	800m	Inter Boys
1979	Martin Fitzgerald	Limerick CBS	2.05.9	800m	Inter Boys
1980	Terry Comiskey	Colaiste Chriost Ri Cork	1.59.3	800m	Inter Boys
1981	Kieran Mullins	De La Salle Waterford	2.04.2	800m	Inter Boys
1982	Bernard O'Sullivan	Colaiste Chriost Ri Cork	2.04.3	800m	Inter Boys
1983	Martin Harte	Bandon Grammar School	2.02.5	800m	Inter Boys
1984	John Downes	St Pauls Kilfinane	1.56.9	800m	Inter Boys
1985	Bill Mullaney	Thurles CBS	2.00.8	800m	Inter Boys
1986	Anthony O'Keeffe	Colaiste Chriost Ri Cork	1.59.3	800m	Inter Boys
1987	Anthony O'Keeffe	Colaiste Chriost Ri Cork	1.56.5	800m	Inter Boys
1988	Cormac McNamara	Ard Scoil Ris Limerick	1.59.0	800m	Inter Boys
1989	Owen O'Sullivan	Millstreet CS	2.00.1	800m	Inter Boys
1990	Oliver Power	De La Salle Waterford	1.59.5	800m	Inter Boys
1991	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	2.01.1	800m	Inter Boys
1992	Derek McCarthy	Tralee CBS	2.01.6	800m	Inter Boys
1993	David Coade	North Monastery CBS Cork	2.05.1	800m	Inter Boys
1994	David Coade	North Monastery CBS Cork	1.59.9	800m	Inter Boys
1995	Denis Murphy	Mayfield Commmunity School	2.02.4	800m	Inter Boys
1996	Denis Murphy	Mayfield Commmunity School	1.56.9	800m	Inter Boys
1997	Thomas Quaid	Dromcollogher CC	1.59.8	800m	Inter Boys
1998	Shane O'Shaughnessy	Mayfield Commmunity School	1.56.5	800m	Inter Boys
1999	Paul Grant	Mount Sion Waterford	1..57.9	800m	Inter Boys
2000	Paul Grant	Mount Sion Waterford	1.59.7	800m	Inter Boys
2001	James Ledingham	St Augustines Dungarvan	2.01.0	800m	Inter Boys
2002	Niall O'Mahony	St Brendans Killarney	2.02.2	800m	Inter Boys
2003	Brian Markham	St Flannans Ennis	2.05.06	800m	Inter Boys

2004	David McCarthy	St Augustines Dungarvan	1.55.81	800m	Inter Boys
2005	David McCarthy	St Augustines Dungarvan	1.53.39	800m	Inter Boys
2006	Niall Tuohy	Newtown School Waterford	1.56.69	800m	Inter Boys
2007	Keith Maher	Nenagh CBS	2.01.58	800m	Inter Boys
2008	Michael O'Sullivan	McEgan CC Macroom	2.01.20	800m	Inter Boys
2009	Dean Cronin	Colaiste an Phiarsaigh Glanmire	2.02.37	800m	Inter Boys
2010	Dean Cronin	Colaiste an Phiarsaigh Glanmire	1.59.81	800m	Inter Boys
2011	David Kavanagh	Mercy Mount Hawk Tralee	2.06.18	800m	Inter Boys
2012	David Kavanagh	Mercy Mount Hawk Tralee	1.59.14	800m	Inter Boys
2013	Liam Hennessy	Colaiste Chriost Ri Cork	1.58.03	800m	Inter Boys
2014	Matthew Murnane	Christian Brothers College Cork	2.01.92	800m	Inter Boys
2015	Conor O'Driscoll	Carrigaline CS	1.56.89	800m	Inter Boys
2016	Kieran Moloney	Thurles CBS	2.01.75	800m	Inter Boys
2017	Ben Deasy	St Flannans Ennis	2.00.58	800m	Inter Boys
2018	Jake Bagge	Ard Scoil na Mara Tramore	1.59.15	800m	Inter Boys
2019	Ted Collins	Glenstal Abbey School	1.59.20	800m	Inter Boys
2020	Not Held due to Covid-19 restrictions			800m	Inter Boys
2021	Not Held due to Covid-19 restrictions			800m	Inter Boys
2022	Senan O'Reilly	St Colmans Fermoy	1:56.35	800m	Inter Boys

Intermediate Boys 1500m 1 Mile (1969)

1969	Tony O'Leary	North Monastery CBS Cork	4.49.5	1 Mile	Inter Boys
1970	Michael O'Shea	Limerick CBS	4.17.4	1500m	Inter Boys
1971	Michael O'Shea	Limerick CBS	4.20.0	1500m	Inter Boys
1972	Tony Ryan	Dungarvan CBS	4.09.8	1500m	Inter Boys
1973	John Treacy	St Anns Cappoquin	4.14.3	1500m	Inter Boys
1974	Dermot O'Leary	Colaiste Chriost Ri Cork	4.08.5	1500m	Inter Boys
1975	Finbarr O'Leary	North Monastery CBS Cork	4.11.9	1500m	Inter Boys
1976	Tommy Moloney	Thurles CBS	4.22.3	1500m	Inter Boys
1977	Frank O'Mara	St Munchins Limerick	4.01.1	1500m	Inter Boys
1978	Jim Sheehan	Nenagh CBS	4.17.3	1500m	Inter Boys
1979	Tony Gilbert	North Monastery CBS Cork	4.21.4	1500m	Inter Boys
1980	Gerard O'Callaghan	Christian Brothers College Cork	4.13.0	1500m	Inter Boys
1981	Michael Kelleher	Colaiste Chriost Ri Cork	4.23.3	1500m	Inter Boys
1982	Noel Stack	Listowel VS	4.09.8	1500m	Inter Boys
1983	Michael Cotter	Macroom VS	4.14.5	1500m	Inter Boys
1984	John Downes	St Pauls Kilfinane	4.01.6	1500m	Inter Boys
1985	Bill Mullaney	Thurles CBS	4.12.7	1500m	Inter Boys
1986	Stephen Murphy	St Munchins Limerick	4.13.0	1500m	Inter Boys
1987	Frank Hanley	St Clements Limerick	4.04.6	1500m	Inter Boys
1988	P J O'Rourke	St Marys Newport	4.16.5	1500m	Inter Boys
1989	James Morrissey	Limerick CBS	4.16.1	1500m	Inter Boys
1990	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	4.16.4	1500m	Inter Boys
1991	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	4.07.5	1500m	Inter Boys
1992	Oisin Crowley	Hamilton High School Bandon	4.17.8	1500m	Inter Boys
1993	David Howard	Bishopstown CS	4.19.3	1500m	Inter Boys
1994	Larry Morrissey	Waterpark College Waterford	4.02.4	1500m	Inter Boys
1995	Graham O'Dwyer	Patrician Academy Mallow	4.09.2	1500m	Inter Boys
1996	Enda Grandfield	Intermediate School Killorglin	4.11.2	1500m	Inter Boys
1997	Joseph Hendry	De La Salle Waterford	4.16.7	1500m	Inter Boys
1998	Shane O'Shaughnessy	Mayfield Community School	4.14.5	1500m	Inter Boys
1999	Liam Reale	John The Baptist Hospital	4.09.0	1500m	Inter Boys
2000	William Harty	St Johns Dungarvan	4.12.0	1500m	Inter Boys
2001	Tadhg O'Callaghan	Colaiste Chriost Ri Cork	4.15.3	1500m	Inter Boys
2002	Damian Dunlea	Colaiste Chriost Ri Cork	4.11.2	1500m	Inter Boys
2003	Cathal Dennehy	Ard Scoil Ris Limerick	4.22.04	1500m	Inter Boys
2004	Ciaran O'Lionaird	De La Salle Macroom	4.04.24	1500m	Inter Boys
2005	Kevin Cooper	Waterpark College Waterford	4.11.08	1500m	Inter Boys
2006	Niall Tuohy	Newtown School Waterford	4.04.89	1500m	Inter Boys
2007	Keith Maher	Nenagh CBS	4.21.03	1500m	Inter Boys
2008	Shane Quinn	De La Salle Waterford	4.00.45	1500m	Inter Boys
2009	Shane Quinn	De La Salle Waterford	4.03.28	1500m	Inter Boys
2010	Sean Tobin	High School Clonmel	4.15.10	1500m	Inter Boys

2011	Chris Mintern	Colaiste Chriost Ri Cork	4.17.31	1500m	Inter Boys
2012	David Kavanagh	Mercy Mount Hawk Tralee	4.16.38	1500m	Inter Boys
2013	Kevin Mulcaire	St Flannans Ennis	4.17.22	1500m	Inter Boys
2014	Kevin Mulcaire	St Flannans Ennis	4.04.17	1500m	Inter Boys
2015	Jamie Roche	St Flannans Ennis	4.30.42	1500m	Inter Boys
2016	Charlie O'Donovan	Colaiste Chriost Ri Cork	4.17.40	1500m	Inter Boys
2017	Darragh McElhinney	Coaiste Pobail Bantry	4.29.63	1500m	Inter Boys
2018	Gavin Kenny	Hamilton High School Bandon	4.31.53	1500m	Inter Boys
2019	Matteo Mary	St Declans CC Kilmacthomas	4.09.11	1500m	Inter Boys
2020	Not Held due to Covid-19 restrictions			1500m	Inter Boys
2021	Not Held due to Covid-19 restrictions			1500m	Inter Boys
2022	Eoghan O'Connor	Rochestown College	4:45.33	1500m	Inter Boys

Intermediate Boys 3000m

1974	John Downey	Tipperary CBS	9.04.0	3000m	Inter Boys
1975	Anthony O'Neill	North Monastery CBS Cork	9.06.4	3000m	Inter Boys
1976	John Fitzgerald	Central Technical Institute Clonmel	8.57.8	3000m	Inter Boys
1977	Brendan Quinn	De La Salle Waterford	9.02.3	3000m	Inter Boys
1978	Marcus O'Sullivan	Colaiste Chriost Ri Cork	9.26.0	3000m	Inter Boys
1979	Gerard O'Callaghan	Christian Brothers College Cork	9.23.9	3000m	Inter Boys
1980	Gerard O'Callaghan	Christian Brothers College Cork	9.09.0	3000m	Inter Boys
1981	Leonard O'Regan	Colaiste Chriost Ri Cork	9.16.4	3000m	Inter Boys
1982	Donncha O'Mahony	Colaiste an Chroi Naofa Carraig na bhFear	9.02.2	3000m	Inter Boys
1983	John Downes	St Pauls Kilfinane	9.07.3	3000m	Inter Boys
1984	Kieran Curry	Colaiste an Spioraid Naoimh Bishopstown	9.10.0	3000m	Inter Boys
1985	Stephen Mohan	Maria Immaculata Dunmanway	9.17.8	3000m	Inter Boys
1986	Stephen Murphy	St Munchins Limerick	9.17.0	3000m	Inter Boys
1987	Niall Collins	Boherbue Comprehensive School	9.10.6	3000m	Inter Boys
1988	John Murray	Charleville VS	8.52.3	3000m	Inter Boys
1989	John Murray	Charleville CBS	8.38.0	3000m	Inter Boys
1990	Tommy Thompson	Limerick CBS	9.21.0	3000m	Inter Boys
1991	David Healy	Douglas CS	9.00.3	3000m	Inter Boys
1992	Padraig Buckley	Scoil Mhuire Kanturk	9.10.1	3000m	Inter Boys
1993	Thomas Carey	Ard Scoil Ris Limerick	9.20.6	3000m	Inter Boys
1994	Thomas Carey	Ard Scoil Ris Limerick	8.48.2	3000m	Inter Boys
1995	Kieran Lynch	St Endas CS Limerick	9.25.7	3000m	Inter Boys
1996	Dermot Galvin	St Josephs CC Kilkee	8.57.3	3000m	Inter Boys
1997	Brian Keane	Presentation Brothers Cork	9.15.5	3000m	Inter Boys
1998	Thomas Kennefick	Colaiste Choilm Ballincollig	9.17.9	3000m	Inter Boys
1999	Niall Duncan	Douglas CS	8.55.3	3000m	Inter Boys
2000	William Harty	St Johns Dungarvan	9.02.9	3000m	Inter Boys
2001	Mark Lehane	Hamilton High School Bandon	9.12.4	3000m	Inter Boys
2002	Diarmaid Collins	Midleton CBS	9.28.5	3000m	Inter Boys
2003	William Hughes	Gaelscoil Mhuire Thurles	9.27.51	3000m	Inter Boys
2004	Ferdia O'hAodha	St Augustines Dungarvan	9.30.73	3000m	Inter Boys
2005	Gavin Downey	Tramore CBS	9.27.76	3000m	Inter Boys
2006	Craig Murphy	Douglas CS	8.54.82	3000m	Inter Boys
2007	Ryan Creech	Glanmire CC	9.02.22	3000m	Inter Boys
2008	Ryan Creech	Glanmire CC	9.04.3	3000m	Inter Boys
2009	Christopher O'Brien	Thurles CBS	9.10.04	3000m	Inter Boys
2010	Philip Crowley	Glanmire CC	9.36.01	3000m	Inter Boys
2011	Sean Tobin	High School Clonmel	8.53.37	3000m	Inter Boys
2012	Cillian O'Donovan	Colaiste na Sceilge Caherciveen	9.09.74	3000m	Inter Boys
2013	Kevin Mulcaire	St Flannans Ennis	8.52.18	3000m	Inter Boys
2014	Kevin Mulcaire	St Flannans Ennis	8.54.53	3000m	Inter Boys
2015	Fearghal Curtin	Midleton CBS	8.57.76	3000m	Inter Boys
2016	Patrick O'Rourke	Mary Immaculatel Lisdoonvarna	9.32.73	3000m	Inter Boys
2017	Jake McCarthy	Pobalscoil na Trionoide Youghal	9.21.58	3000m	Inter Boys
2018	Daire O'Sullivan	Colaiste an Chroi Naofa Carraig na bhFear	9.42.14	3000m	Inter Boys
2019	Mark Hanrahan	St Flannans Ennis	9.12.64	3000m	Inter Boys
2020	Not Held due to Covid-19 restrictions			3000m	Inter Boys
2021	Not Held due to Covid-19 restrictions			3000m	Inter Boys
2022	Sean Lawton	Col Pobail Bantry	8:55.22	3000m	Inter Boys

Intermediate 100m Hurdles (91.4cm)

100yds (1962 - 1970)

1962	Jim Sheehy	De La Salle Macroom	15.6		100m Hurdles	Inter Boys
1963	Fergus Leahy	Crescent Comprehensive SJ Limerick	15.1		100m Hurdles	Inter Boys
1964	Michael Clifford	Colaiste Chriost Ri Cork	16.0		100m Hurdles	Inter Boys
1965	Tim O'Mahony	Colaiste Chriost Ri Cork	15.7		100m Hurdles	Inter Boys
1966	Joe Barry	Colaiste Chriost Ri Cork	15.3		100m Hurdles	Inter Boys
1967	John J Byrne	Rockwell College	16.2		100m Hurdles	Inter Boys
1968	Gearoid Bradley	Glenstal Abbey School	15.9	Tie	100m Hurdles	Inter Boys
1968	G O'Brien	Crescent Comprehensive SJ Limerick	15.9	Tie	100m Hurdles	Inter Boys
1969	Gearoid Bradley	Glenstal Abbey School	15.9		100m Hurdles	Inter Boys
1970	Simon Corballis	Glenstal Abbey School	15.4		100m Hurdles	Inter Boys
1971	Jim Hartnett	Colaiste Chriost Ri Cork	15.6		100m Hurdles	Inter Boys
1972	David Harrison	Newtown School Waterford	15.1		100m Hurdles	Inter Boys
1973	David Harrison	Newtown School Waterford	15.0		100m Hurdles	Inter Boys
1974	Sean Walsh	Tralee CBS	15.2		100m Hurdles	Inter Boys
1975	John Power	St Flannans Ennis	14.7		100m Hurdles	Inter Boys
1976	Bernard Lynch	St Flannans Ennis	14.5		100m Hurdles	Inter Boys
1977	Denis Finnerty	Nenagh CBS	14.8		100m Hurdles	Inter Boys
1978	Paul Whelan	Nenagh CBS	13.9		100m Hurdles	Inter Boys
1979	Michael Morrissey	Nenagh CBS	15.6		100m Hurdles	Inter Boys
1980	Michael Morrissey	Nenagh CBS	14.3		100m Hurdles	Inter Boys
1981	Ger Horan	Colaiste Chriost Ri Cork	14.9		100m Hurdles	Inter Boys
1982	Daniel Kennefick	Ashton School Cork	14.0		100m Hurdles	Inter Boys
1983	Michael Nolan	Roscrea CBS	14.8		100m Hurdles	Inter Boys
1984	Mark Cleary	St Flannans Ennis	15.2		100m Hurdles	Inter Boys
1985	Colm Moran	Rockwell College	13.9		100m Hurdles	Inter Boys
1986	Leonard Waugh	Hamilton High School Bandon	14.9		100m Hurdles	Inter Boys
1987	Darren Haddock	Colaiste Chriost Ri Cork	13.9		100m Hurdles	Inter Boys
1988	David Sheehan	St Munchins Limerick	13.3		100m Hurdles	Inter Boys
1989	Carlton Haddock	Colaiste Chriost Ri Cork	13.4		100m Hurdles	Inter Boys
1990	Carlton Haddock	Colaiste Chriost Ri Cork	12.8		100m Hurdles	Inter Boys
1991	Colm Stack	Youghal CBS	13.8		100m Hurdles	Inter Boys
1992	Brian Long	Nenagh CBS	13.6		100m Hurdles	Inter Boys
1993	Melvin McNamara	Ard Scoil Ris Limerick	14.1		100m Hurdles	Inter Boys
1994	Derek Hayes	St Augustines Dungarvan	13.8		100m Hurdles	Inter Boys
1995	Paul O'Shea	Scoil Mhuire Bruff	15.1		100m Hurdles	Inter Boys
1996	Paul O'Shea	Scoil Mhuire Bruff	13.9		100m Hurdles	Inter Boys
1997	Timothy Flannery	Nenagh CBS	14.2		100m Hurdles	Inter Boys
1998	Timothy Flannery	Nenagh CBS	13.5		100m Hurdles	Inter Boys
1999	Brendan Doyle	De La Salle Waterford	14.2		100m Hurdles	Inter Boys
2000	Brendan Doyle	De La Salle Waterford	13.7		100m Hurdles	Inter Boys
2001	Shane Cullinane	Nenagh CBS	13.6		100m Hurdles	Inter Boys
2002	Chris Condon	Tralee CBS	13.9		100m Hurdles	Inter Boys
2003	Greg O'Leary	Glanmire CC	14.34		100m Hurdles	Inter Boys
2004	Ger Tobin	Tralee CBS	14.25		100m Hurdles	Inter Boys
2005	Eoin Hannon	Our Ladys Templemore	14.13		100m Hurdles	Inter Boys
2006	Christopher Murnane	Christian Brothers College Cork	15.09		100m Hurdles	Inter Boys
2007	Fergus Hannon	Colaiste Phobal Roscrea	14.29		100m Hurdles	Inter Boys
2008	Patrick Maher	Davis College Mallow	14.11		100m Hurdles	Inter Boys
2009	Clarence Kennedy	MountMount Hawk Tralee	14.86		100m Hurdles	Inter Boys
2010	Eoin Synnott	Colaiste Chiaran Croom	13.98	3.2	100m Hurdles	Inter Boys
2011	Eoghan Courtney	Mercy Mount Hawk Tralee	15.75	-3.3	100m Hurdles	Inter Boys
2012	Eoghan Courtney	Mercy Mount Hawk Tralee	14.35	1.1	100m Hurdles	Inter Boys
2013	Sam Healy	Carrigaline CS	13.51	2.0	100m Hurdles	Inter Boys
2014	Daniel Ryan	Thurles CBS	14.10	-4.2	100m Hurdles	Inter Boys
2015	Daniel Ryan	Thurles CBS	13.54	2.0	100m Hurdles	Inter Boys
2016	Shane Monagle	Ard Scoil na Mara Tramore	15.02	-3.9	100m Hurdles	Inter Boys
2017	Darragh Miniter	Ennistymon CBS	14.18	-0.6	100m Hurdles	Inter Boys
2018	Wymin Sivakumar	Colaiste an Spioraid Naoimh Bishopstown	13.88	-0.7	100m Hurdles	Inter Boys
2019	James Sage	St Josephs Borrirosleigh	14.29	1.7	100m Hurdles	Inter Boys
2020	Not Held due to Covid-19 restrictions				100m Hurdles	Inter Boys
2021	Not Held due to Covid-19 restrictions				100m Hurdles	Inter Boys
2022	Stuart Tobin	Castletroy College	14.68	-1.5	100m Hurdles	Inter Boys

Intermediate Boys 400m Hurdles (83.8cm)

1974	Killian Hurley	St Colmans Fermoy	60.5	400m Hurdles	Inter Boys
1975	Adrian Barry	St Flannans Ennis	60.1	400m Hurdles	Inter Boys
1976	Adrian Barry	St Flannans Ennis	56.8	400m Hurdles	Inter Boys
1977	A O'Sullivan	St Munchins Limerick	60.1	400m Hurdles	Inter Boys
1978	Eoin Nolan	Crescent Comprehensive SJ Limerick	60.3	400m Hurdles	Inter Boys
1979	Noel Quinlivan	St Flannans Ennis	59.6	400m Hurdles	Inter Boys
1980	Liam Looney	St Munchins Limerick	58.1	400m Hurdles	Inter Boys
1981	Liam Looney	St Munchins Limerick	56.4	400m Hurdles	Inter Boys
1982	Dan O'Donnell	Roscrea CBS	57.8	400m Hurdles	Inter Boys
1983	Paul O'Regan	Colaiste Chriost Ri Cork	56.2	400m Hurdles	Inter Boys
1984	Aidan O'Regan	Colaiste Chriost Ri Cork	59.1	400m Hurdles	Inter Boys
1985	Aidan O'Regan	Colaiste Chriost Ri Cork	57.9	400m Hurdles	Inter Boys
1986	Leonard Waugh	Hamilton High School Bandon	56.6	400m Hurdles	Inter Boys
1987	Tom Hallihan	Bishopstown CS	59.5	400m Hurdles	Inter Boys
1988	David Sheehan	St Munchins Limerick	56.7	400m Hurdles	Inter Boys
1989	Simon Manahan	Newtown School Waterford		400m Hurdles	Inter Boys
1990	John Ryan	Colaiste an Spioraid Naoimh Bishopstown	60.1	400m Hurdles	Inter Boys
1991	John Ryan	Colaiste an Spioraid Naoimh Bishopstown	56.3	400m Hurdles	Inter Boys
1992	Brian Long	Nenagh CBS	55.4	400m Hurdles	Inter Boys
1993	Kenneth Treacy	Midleton CBS	59.2	400m Hurdles	Inter Boys
1994	Kenneth Treacy	Midleton CBS	57.9	400m Hurdles	Inter Boys
1995	Brian Cullinane	Nenagh CBS	59.5	400m Hurdles	Inter Boys
1996	John Paul O'Brien	St Flannans Ennis	57.7	400m Hurdles	Inter Boys
1997	David Courtney	Ennis CBS	58.1	400m Hurdles	Inter Boys
1998	John Ryan	High School Clonmel	59.3	400m Hurdles	Inter Boys
1999	Kieran Hennessy	St Colmans CC Midleton	58.2	400m Hurdles	Inter Boys
2000	James McCarthy	Midleton CBS	61.3	400m Hurdles	Inter Boys
2001	James McCarthy	Midleton CBS	60.0	400m Hurdles	Inter Boys
2002	Cathal Hannon	Our Ladys Templemore	58.8	400m Hurdles	Inter Boys
2003	Denis Finnegan	St Brendans Killarney	59.05	400m Hurdles	Inter Boys
2004	Ger Tobin	Tralea CBS	59.80	400m Hurdles	Inter Boys
2005	Chris Russell	Waterpark College Waterford	61.48	400m Hurdles	Inter Boys
2006	Alan Corcoran	De La Salle Waterford	58.08	400m Hurdles	Inter Boys
2007	Alan Corcoran	De La Salle Waterford		400m Hurdles	Inter Boys
2008	Patrick Maher	Davis College Mallow	57.32	400m Hurdles	Inter Boys
2009	Thomas Barr	De La Salle Waterford	57.09	400m Hurdles	Inter Boys
2010	Ben Kiely	Tramore CBS	59.21	400m Hurdles	Inter Boys
2011	Eoghan Courtney	Mercy Mount Hawk Tralee	60.65	400m Hurdles	Inter Boys
2012	Eoghan Courtney	Mercy Mount Hawk Tralee	57.63	400m Hurdles	Inter Boys
2013	Brandon Array	Davis College Mallow	57.56	400m Hurdles	Inter Boys
2014	Laju Uwatse	Salesian Secondary College	60.67	400m Hurdles	Inter Boys
2015	Diarmuid Clancy	Mean Scoil San Nicolas an Rinn	58.42	400m Hurdles	Inter Boys
2016	Brian Lynch	Colaiste an Spioraid Naoimh Bishopstown	60.58	400m Hurdles	Inter Boys
2017	Jake Vermeer	Comeragh College Carrick-on-Suir	56.32	400m Hurdles	Inter Boys
2018	Shane Aherne	Rochestown College	58.96	400m Hurdles	Inter Boys
2019	Harry Nevin	Rochestown College	57.94	400m Hurdles	Inter Boys
2020	Not Held due to Covid-19 restrictions			400m Hurdles	Inter Boys
2021	Not Held due to Covid-19 restrictions			400m Hurdles	Inter Boys
2022	Alan Gladysz	Col Mhicil CBS Limerick	64.95	400m Hurdles	Inter Boys

Intermediate 1500m Steeplechase

1000m (1972 - 1973)

1972	Niall O'Shaughnessy	St Munchins Limerick	NT	Steeplechase	Inter Boys
1973	Peter Morgan	Mungret College Limerick	2.58.3	Steeplechase	Inter Boys
1974	Declan O'Mahony	Colaiste Chriost Ri Cork	4.35.7	Steeplechase	Inter Boys
1975	Finbarr O'Leary	North Monastery CBS Cork	4.31.9	Steeplechase	Inter Boys
1976	John Fitzgerald	Central Technical Institute Clonmel	4.36.5	Steeplechase	Inter Boys
1977	Brendan Quinn	De La Salle Waterford	4.25.2	Steeplechase	Inter Boys
1978	Dessie Doyle	Clonmel VS	4.38.7	Steeplechase	Inter Boys
1979	Ger Ryan	Crescent Comprehensive SJ Limerick	4.39.7	Steeplechase	Inter Boys

1980	Michael O'Dwyer	Salesian Pallaskenry	4.33.6	Steeplechase	Inter Boys
1981	Michael Kelleher	Colaiste Chriost Ri Cork	4.39.7	Steeplechase	Inter Boys
1982	Tadhg O'Brien	Midleton CBS	4.36.1	Steeplechase	Inter Boys
1983	Frank Conway	Intermediate School Killorglin	4.27.8	Steeplechase	Inter Boys
1984	Declan Gilbert	North Monastery CBS Cork	4.40.7	Steeplechase	Inter Boys
1985	Stephen Mohan	Maria Immaculata Dunmanway	4.49.3	Steeplechase	Inter Boys
1986	Alan Downing	Youghal CBS	4.35.9	Steeplechase	Inter Boys
1987	Ralf Neff	Colaiste Chriost Ri Cork	4.43.2	Steeplechase	Inter Boys
1988	Eddie Bourke	St Josephs Borrислоigh	4.22.9	Steeplechase	Inter Boys
1989	Derry Fitzgerald	Midleton CBS	4.34.6	Steeplechase	Inter Boys
1990	Mark Stewart	Limerick CBS	4.41.0	Steeplechase	Inter Boys
1991	Andrew Kavanagh	North Monastery CBS Cork	4.43.7	Steeplechase	Inter Boys
1992	Karl Walsh	Colaiste Chriost Ri Cork	4.28.6	Steeplechase	Inter Boys
1993	John Mooney	Ard Scoil Ris Limerick	4.41.5	Steeplechase	Inter Boys
1994	John Mooney	Ard Scoil Ris Limerick	4.29.8	Steeplechase	Inter Boys
1995	G Brown	St Nessans Limerick	4.48.6	Steeplechase	Inter Boys
1996	Dermot Galvin	St Josephs CC Kilkee	4.39.4	Steeplechase	Inter Boys
1997	Kevin Barry	Mayfield Community School	4.41.7	Steeplechase	Inter Boys
1998	Liam Reale	John The Baptist Hospital	4.42.9	Steeplechase	Inter Boys
1999	Liam Reale	John The Baptist Hospital	4.30.8	Steeplechase	Inter Boys
2000	William Harty	St Johns Dungarvan	4.36.3	Steeplechase	Inter Boys
2001	Tommy Scanlon	St Flannans Ennis	4.40.0	Steeplechase	Inter Boys
2002	Philip Conway	Waterpark College Waterford	4.47.5	Steeplechase	Inter Boys
2003	Cathal Dennehy	Ard Scoil Ris Limerick	4.46.2	Steeplechase	Inter Boys
2004	Joe Fitzgerald	Midleton CBS	4.56.9	Steeplechase	Inter Boys
2005	Diarmuid O'Foghlu	St Augustines Dungarvan	4.49.9	Steeplechase	Inter Boys
2006	John Francis	Tramore CBS	4.42.1	Steeplechase	Inter Boys
2007	Seán Lewis	Glenstal Abbey School	5.01.83	Steeplechase	Inter Boys
2008	Cathal O'Connor	St Caimins CS Shannon	4.33.11	Steeplechase	Inter Boys
2009	Dara Chesser	CBS Sexton Street Limerick	4.43.40	Steeplechase	Inter Boys
2010	Danny Mullins	St Gobans CC Bantry	4.32.6	Steeplechase	Inter Boys
2011	Michael Carey	High School Clonmel	4.35.90	Steeplechase	Inter Boys
2012	Kyle Larkin	Ard Scoil Ris Limerick	4.37.08	Steeplechase	Inter Boys
2013	Eoghan McElhinney	Colaiste Pobail Bantry	4.44.71	Steeplechase	Inter Boys
2014	Seán Collins	St Flannans Ennis	4.41.84	Steeplechase	Inter Boys
2015	Jamie Roche	St Flannans Ennis	4.39.98	Steeplechase	Inter Boys
2016	Conor Devane	St Flannans Ennis	4.51.76	Steeplechase	Inter Boys
2017	Frank O'Brien	Midleton CBS	4.51.19	Steeplechase	Inter Boys
2018	Gavin Kenny	Hamilton High School Bandon	4.52.42	Steeplechase	Inter Boys
2019	Fionn Harrington	St Brogans Bandon	4.41.64	Steeplechase	Inter Boys
2020	Not Held due to Covid-19 restrictions			Steeplechase	Inter Boys
2021	Not Held due to Covid-19 restrictions			Steeplechase	Inter Boys
2022	Daire O'Donnell	Cashel Community School	4:49.81	Steeplechase	Inter Boys

Intermediate Boys 2000m Walk

1981	Donnacha Brosnan	St Brendans Killarney	10.36.0	Walk	Inter Boys
1982	Diarmuid Burke	Rockwell College	10.21.0	Walk	Inter Boys
1983	William Walsh	Mount Sion Waterford	10.12.0	Walk	Inter Boys
1984	John Mullins	North Monastery CBS Cork	10.09.0	Walk	Inter Boys
1985	Seamus Brosnan	St Patricks Castleisland	10.17.2	Walk	Inter Boys
1986	Seamus Brosnan	St Patricks Castleisland	9.40.0	Walk	Inter Boys
1987	Stephen Jackson	North Monastery CBS Cork	9.43.0	Walk	Inter Boys
1988	Frank Lynch	St Augustines Dungarvan	9.08.7	Walk	Inter Boys
1989	Frank Lynch	St Augustines Dungarvan	8.52.9	Walk	Inter Boys
1990	John Horan	Tarbert CS	NT	Walk	Inter Boys
1991	Diarmuid Sheehy	Doon CBS	9.20.0	Walk	Inter Boys
1992	Diarmuid Sheehy	Doon CBS	8.52.3	Walk	Inter Boys
1993	Jamie Costin	Dungarvan CBS	8.50.3	Walk	Inter Boys
1994	Colm O'Doherty	Ennistymon CBS	9.40.0	Walk	Inter Boys
1995	Kevin Healy	St Augustines Dungarvan	11.17.0	Walk	Inter Boys
1996	Eamonn Cashin	St Augustines Dungarvan	9.48.0	Walk	Inter Boys
1997	Eamonn Cashin	St Augustines Dungarvan	10.08.0	Walk	Inter Boys
1998	Christopher Coughlan	St Augustines Dungarvan	10.19.0	Walk	Inter Boys
1999	Joseph O'Halloran	Causeway Comprehensive School	10.50.0	Walk	Inter Boys

2000	Joseph O'Halloran	Causeway Comprehensive School	9.58.2	Walk	Inter Boys
2001	Damien Carroll	St Josephs Tulla	11.40.0	Walk	Inter Boys
2002	Brian Melican	St Michaels CC Kilmihil	NT	Walk	Inter Boys
2003	Padraig Healy	St Augustines Dungarvan	11.20.8	Walk	Inter Boys
2004	Paul Murphy	Villiers School Limerick	9.51.0	Walk	Inter Boys
2005	Paul Murphy	Villiers School Limerick	9.03.0	Walk	Inter Boys
2006	Niall Prenderville	Dingle CBS	10.04.9	Walk	Inter Boys
2007	Niall Prenderville	Pobailscoil Chorca Dhuibne		Walk	Inter Boys
2008	Shane Dolan	Mercy Mount Hawk Tralee	10.02.1	Walk	Inter Boys
2009	Joe Conway	St Augustines Dungarvan	9.10.09	Walk	Inter Boys
2010	Luke Hickey	Colaiste Chriost Ri Cork	9.31.31	Walk	Inter Boys
2011	Luke Hickey	Colaiste Chriost Ri Cork	10.10.9	Walk	Inter Boys
2012	Evan Lynch	Gaelcholaiste Cheitinn Clonmel	8.07.74	Walk	Inter Boys
2013	Aaron Egan	High School Clonmel	8.41.56	Walk	Inter Boys
2014	Aaron Egan	High School Clonmel	7.56.93	Walk	Inter Boys
2015	Gearoid McMahon	St Caimins CS Shannon	9.16.26	Walk	Inter Boys
2016	Gearoid McMahon	St Caimins CS Shannon	8.51.38	Walk	Inter Boys
2017	Liam McDonagh	Thurles CBS	9.42.51	Walk	Inter Boys
2018	Not Contested			Walk	Inter Boys
2019	Ciaran O'Muirthile	Gaelcholaiste Mhuire AG Cork	10.03.73	Walk	Inter Boys
2020	Not Held due to Covid-19 restrictions			Walk	Inter Boys
2021	Not Held due to Covid-19 restrictions			Walk	Inter Boys
2022	Not Contested			Walk	Inter Boys

Intermediate Boys High Jump

1931	P O'Donohoe	Aherlow	1.60	High Jump	Inter Boys
1937	S Ryan	Presentation Brothers Cork	1.61	High Jump	Inter Boys
1938	P Sheehan	North Monastery CBS Cork	1.44	High Jump	Inter Boys
1939	Sean O'Caoimh	St Colmans Fermoy	1.47	High Jump	Inter Boys
1940	Gerard Linehan	Christian Brothers College Cork	1.60	Tie High Jump	Inter Boys
1940	T Moroney	Presentation Brothers Cork	1.60	Tie High Jump	Inter Boys
1941	Norman Fitzgerald	Rockwell College	1.57	High Jump	Inter Boys
1942-1946		Not Held due to World War 2 Emergency			
1947	G O'Ciosoig	Kilrush CBS	1.52	High Jump	Inter Boys
1948	Denis O'Connor	St Augustines Dungarvan	1.57	High Jump	Inter Boys
1949	Eamonn O'Connor	Limerick CBS	1.63	High Jump	Inter Boys
1950	Edward Cotter	Presentation Brothers Cork	1.55	High Jump	Inter Boys
1951	Tom Gibson	Christian Brothers College Cork	1.63	High Jump	Inter Boys
1952	Maurice Donegan	Presentation Brothers Cork	1.56	High Jump	Inter Boys
1953	G Ryan	Limerick CBS	1.47	High Jump	Inter Boys
1954	Edmund P Dwyer	Rockwell College	1.42	High Jump	Inter Boys
1955	Finbarr O'Keefe	De La Salle Waterford	1.63	High Jump	Inter Boys
1956	Result Unknown			High Jump	Inter Boys
1957	Ronnie Martin	Christian Brothers College Cork	1.55	High Jump	Inter Boys
1958	Ray O'Callaghan	De La Salle Waterford	1.52	High Jump	Inter Boys
1959	Pat Barry	De La Salle Waterford	1.57	High Jump	Inter Boys
1960	Gerry Stokes	De La Salle Waterford	1.60	High Jump	Inter Boys
1961	Jim Sheehy	De La Salle Macroom	1.63	High Jump	Inter Boys
1962	Jim Sheehy	De La Salle Macroom	1.65	High Jump	Inter Boys
1963	Gerry Lively	Rockwell College	1.55	High Jump	Inter Boys
1964	M Clacey	Rochestown College	1.60	High Jump	Inter Boys
1965	John Fitzgibbon	North Monastery CBS Cork	1.65	High Jump	Inter Boys
1966	Peadar O'Sullivan	De La Salle Waterford	1.70	High Jump	Inter Boys
1967	Jerry Beckett	Sullivans Quay Cork	1.70	High Jump	Inter Boys
1968	Sean O'Riordan	North Monastery CBS Cork	1.52	High Jump	Inter Boys
1969	W Egan	St Munchins Limerick	1.65	High Jump	Inter Boys
1970	John Cronin	Presentation Brothers Cork	1.55	High Jump	Inter Boys
1971	Jim Hartnett	Colaiste Chriost Ri Cork	1.65	High Jump	Inter Boys
1972	Jim Hartnett	Colaiste Chriost Ri Cork	1.66	High Jump	Inter Boys
1973	Brendan Cronin	Colaiste an Spioraid Naoimh Bishopstown	1.80	High Jump	Inter Boys
1974	Brendan Cronin	Colaiste an Spioraid Naoimh Bishopstown	1.83	High Jump	Inter Boys
1975	Frank Sweeney	Ennis CBS	1.83	High Jump	Inter Boys
1976	John Boylan	St Colmans Fermoy	1.80	High Jump	Inter Boys

1977	Richard Lanigan	St Augustines Dungarvan	1.80		High Jump	Inter Boys
1978	Willie Guiry	Patrician College Fethard	1.81		High Jump	Inter Boys
1979	Willie Guiry	De La Salle Waterford	1.84		High Jump	Inter Boys
1980	Liam Looney	St Munchins Limerick	1.91		High Jump	Inter Boys
1981	Liam Looney	St Munchins Limerick	1.85		High Jump	Inter Boys
1982	Michael Russell	Patrician Academy Mallow	1.86		High Jump	Inter Boys
1983	Brendan Meagher	Nenagh CBS	1.80		High Jump	Inter Boys
1984	Barry Walsh	Crescent Comprehensive SJ Limerick	1.79		High Jump	Inter Boys
1985	John Naughton	Nenagh CBS	1.81		High Jump	Inter Boys
1986	Ciaran Scully	Limerick CBS	1.75	Tie	High Jump	Inter Boys
1986	Padraig Connolly	Youghal CBS	1.75	Tie	High Jump	Inter Boys
1987	Padraig Connolly	Youghal CBS	1.87		High Jump	Inter Boys
1988	Sean Noonan	Scoil Eoin Naofa Cork	1.86		High Jump	Inter Boys
1989	P J Galvin	Killorglin CC	1.80		High Jump	Inter Boys
1990	Peter Ruby	Patrician Academy Mallow	1.84		High Jump	Inter Boys
1991	Peter Ruby	Patrician Academy Mallow	1.93		High Jump	Inter Boys
1992	Antoine Burke	Crescent Comprehensive SJ Limerick	1.83		High Jump	Inter Boys
1993	Garvan Keating	Nagle CC Mahon	1.60	Tie	High Jump	Inter Boys
1993	Derek Hayes	St Augustines Dungarvan	1.60	Tie	High Jump	Inter Boys
1993	Kenneth Treacy	Midleton CBS	1.60	Tie	High Jump	Inter Boys
1994	Kenneth Treacy	Midleton CBS	1.90		High Jump	Inter Boys
1995	John Moylan	Patrician Academy Mallow	1.65		High Jump	Inter Boys
1996	Conor Dillon	Nenagh CBS	1.80		High Jump	Inter Boys
1997	Michael Ruby	Patrician Academy Mallow	1.90		High Jump	Inter Boys
1998	Barry O'Brien	St Colmans CC Midleton	1.80		High Jump	Inter Boys
1999	Tomas Burke	Crescent Comprehensive SJ Limerick	1.81		High Jump	Inter Boys
2000	Brendan Doyle	De La Salle Waterford	1.70		High Jump	Inter Boys
2001	Shane Cullinane	Nenagh CBS	1.80		High Jump	Inter Boys
2002	Dara Foley	Tramore CBS	1.80		High Jump	Inter Boys
2003	Christopher Crowley	Colaiste Chriost Ri Cork	1.90		High Jump	Inter Boys
2004	Liam Maloney	Tralee CBS	1.79		High Jump	Inter Boys
2005	Sean Crowley	Colaiste Chriost Ri Cork	1.81		High Jump	Inter Boys
2006	Paul Culloty	Tralee CBS	1.75		High Jump	Inter Boys
2007	Michael Healy	Pobalscoil na Trionoide Youghal	1.75		High Jump	Inter Boys
2008	Michael Healy	Pobalscoil na Trionoide Youghal	1.94		High Jump	Inter Boys
2009	Shane O'Dwyer	Carrick-on-Suir CBS	1.70		High Jump	Inter Boys
2010	Kevin Hastings	Glenstal Abbey School	1.78		High Jump	Inter Boys
2011	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	1.85		High Jump	Inter Boys
2012	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	1.95		High Jump	Inter Boys
2013	Jack Murphy	Christian Brothers College Cork	1.85		High Jump	Inter Boys
2014	Yuri Kanash	St Augustines Dungarvan	1.75		High Jump	Inter Boys
2015	Dion Ryan	Waterpark College Waterford	1.75		High Jump	Inter Boys
2016	Joseph McEvoy	St Annes CC Killaloe	1.90		High Jump	Inter Boys
2017	Ben Donovan	Midleton College	1.90		High Jump	Inter Boys
2018	Daniel Greene	Kilrush CS	1.75		High Jump	Inter Boys
2019	Dean McCarthy	Nagle CC Mahon	1.70		High Jump	Inter Boys
2020	Not Held due to Covid-19 restrictions				High Jump	Inter Boys
2021	Not Held due to Covid-19 restrictions				High Jump	Inter Boys
2022	Cathal Ryan	Our Ladys Templemore	1.80		High Jump	Inter Boys

Intermediate Boys Long Jump

1931	Tomas McCurtain	Christian Brothers College Cork	5.56		Long Jump	Inter Boys
1937	Billy Phelan	Waterpark College Waterford	6.10		Long Jump	Inter Boys
1938	Donagh Keating	St Colmans Fermoy	5.38		Long Jump	Inter Boys
1939	J Blackwell	St Munchins Limerick	5.68		Long Jump	Inter Boys
1940	J L Aherne	Rochestown College	5.87		Long Jump	Inter Boys
1941	Joe Kelly	Farranferris Cork	5.99		Long Jump	Inter Boys
1942-1946	Not Held due to World War 2 Emergency					
1947	Declan Bennett	Presentation Brothers Cork	5.97		Long Jump	Inter Boys
1948	Brian Murphy	Farranferris Cork	5.70		Long Jump	Inter Boys
1949	Dan Hurley	Christian Brothers College Cork	5.37		Long Jump	Inter Boys
1950	Brian Wood	Bandon Grammar School	5.91		Long Jump	Inter Boys
1951	James Ennis	Glenstal Abbey School	5.80		Long Jump	Inter Boys

1952	Maurice Donegan	Presentation Brothers Cork	5.84		Long Jump	Inter Boys
1953	Luke Casey	Rockwell College	5.77		Long Jump	Inter Boys
1954	Donal Lynch	Rockwell College	5.68		Long Jump	Inter Boys
1955	James Reidy	High School Clonmel	5.72		Long Jump	Inter Boys
1956	Owen Purcell	Glenstal Abbey School	5.82		Long Jump	Inter Boys
1957	Michael O'Brien	Scoil Chriost Ri Cork	5.66		Long Jump	Inter Boys
1958	Ray O'Callaghan	De La Salle Waterford	5.66		Long Jump	Inter Boys
1959	P Ryan	Mount Melleray	5.73		Long Jump	Inter Boys
1960	Frank Cogan	Colaiste Chriost Ri Cork	6.13		Long Jump	Inter Boys
1961	Jim Sheehy	De La Salle Macroom	6.01		Long Jump	Inter Boys
1962	Robert Widger	High School Clonmel	6.40		Long Jump	Inter Boys
1963	John Reidy	St Munchins Limerick	5.55		Long Jump	Inter Boys
1964	Brendan O'Sullivan	De La Salle Waterford	6.08		Long Jump	Inter Boys
1965	Kevin Kidney	Presentation Brothers Cork	6.02		Long Jump	Inter Boys
1966	Joe Barry	Colaiste Chriost Ri Cork	6.06		Long Jump	Inter Boys
1967	Joe Barry	Colaiste Chriost Ri Cork	6.44		Long Jump	Inter Boys
1968	Sean O'Luasa	Colaiste Iosagain Ballyvourney	5.91		Long Jump	Inter Boys
1969	M Burke	De La Salle/Presentation Hospital	5.74		Long Jump	Inter Boys
1970	Robert Wilmot	Bandon VS	6.08		Long Jump	Inter Boys
1971	Sean Reidy	Crescent Comprehensive SJ Limerick	6.02		Long Jump	Inter Boys
1972	Sean Reidy	Crescent Comprehensive SJ Limerick	6.25		Long Jump	Inter Boys
1973	Colm Cronin	North Monastery CBS Cork	6.30		Long Jump	Inter Boys
1974	Moss Finn	Presentation Brothers Cork	6.31		Long Jump	Inter Boys
1975	Pat Kelly	Mount Sion Waterford	6.36		Long Jump	Inter Boys
1976	Desmond Mullins	High School Clonmel	6.23		Long Jump	Inter Boys
1977	Neil McCarthy	St Munchins Limerick	6.07		Long Jump	Inter Boys
1978	Pat O'Halloran	Colaiste Muire Cobh	5.83		Long Jump	Inter Boys
1979	Joe Kennedy	De La Salle Waterford	5.80		Long Jump	Inter Boys
1980	Joe Kennedy	De La Salle Waterford	5.97		Long Jump	Inter Boys
1981	Arthur Cronin	St Brendans Killarney	5.95		Long Jump	Inter Boys
1982	Tommy Greene	St Flannans Ennis	6.12		Long Jump	Inter Boys
1983	Michael Murphy	St Brendans Killarney	6.14		Long Jump	Inter Boys
1984	Darragh Nolan	St Munchins Limerick	5.90		Long Jump	Inter Boys
1985	John Naughton	Nenagh CBS	6.54		Long Jump	Inter Boys
1986	Niall Cunningham	Patrician Academy Mallow	6.16		Long Jump	Inter Boys
1987	J Justice	North Monastery CBS Cork	6.28		Long Jump	Inter Boys
1988	Sean Noonan	Scoil Eoin Naofa Cork	6.24		Long Jump	Inter Boys
1989	P J Galvin	Killorglin CC	6.18		Long Jump	Inter Boys
1990	Michael Hallihan	Bishopstown CS	6.34		Long Jump	Inter Boys
1991	Tito Duarte	De la Salle Macroom	6.60		Long Jump	Inter Boys
1992	Fergal English	De La Salle Waterford	6.41		Long Jump	Inter Boys
1993	Tim Pat O'Connor	St Munchins Limerick	6.69		Long Jump	Inter Boys
1994	Brian Cullinane	Nenagh CBS	6.24		Long Jump	Inter Boys
1995	Brian Cullinane	Nenagh CBS	5.94		Long Jump	Inter Boys
1996	Eoin McGrath	De La Salle Waterford	6.10		Long Jump	Inter Boys
1997	Paul Phelan	St Clements Limerick	6.48		Long Jump	Inter Boys
1998	Paul Phelan	St Clements Limerick	6.40		Long Jump	Inter Boys
1999	Brendan Doyle	De La Salle Waterford	5.84		Long Jump	Inter Boys
2000	John Joy	St Itas Abbeyfeale	6.28		Long Jump	Inter Boys
2001	Shane Cullinane	Nenagh CBS	6.49		Long Jump	Inter Boys
2002	Paul O'Flynn	Scoil Mhuire Kanturk	6.23		Long Jump	Inter Boys
2003	John Shanahan	Rathkeale CC	6.57		Long Jump	Inter Boys
2004	Brendan O'Connor	Beara CS	6.26		Long Jump	Inter Boys
2005	Eoin Hannon	Our Ladys Templemore	6.56		Long Jump	Inter Boys
2006	Niall Counihan	St Endas CS Limerick	6.51		Long Jump	Inter Boys
2007	Timmy Harrington	Kinsale CS	6.37		Long Jump	Inter Boys
2008	Nathan Jege	St Caimins CS Shannon	6.35		Long Jump	Inter Boys
2009	Roland Pika	CBS Sexton Street Limerick	6.03		Long Jump	Inter Boys
2010	Eoin O'Carroll	Mercy Mount Hawk Tralee	6.26		Long Jump	Inter Boys
2011	Eric Stam	Colaiste Choilm Ballincollig	6.47		Long Jump	Inter Boys
2012	Sam Healy	Carrigaline CS	6.45		Long Jump	Inter Boys
2013	Sam Healy	Carrigaline CS	6.46	-2.0	Long Jump	Inter Boys
2014	Daniel Ryan	Thurles CBS	6.71	2.6	Long Jump	Inter Boys
2015	Daniel Ryan	Thurles CBS	6.77	-0.5	Long Jump	Inter Boys
2016	Joseph Minitier	Ennistymon CBS	6.49		Long Jump	Inter Boys
2017	David Ryan	Thurles CBS	6.50	-1.0	Long Jump	Inter Boys

2018	Jake Costello	Comeragh College Carrick-on-Suir	6.38	Long Jump	Inter Boys
2019	Adam Turner	Colaiste Chriost Ri Cork	6.33	Long Jump	Inter Boys
2020	Not Held due to Covid-19 restrictions			Long Jump	Inter Boys
2021	Not Held due to Covid-19 restrictions			Long Jump	Inter Boys
2022	Keelin Roche	Abbey CC	6.00	Long Jump	Inter Boys

Intermediate Boys Triple Jump

1970	Robert Wilmot	Bandon VS	12.42	Triple Jump	Inter Boys
1971	Dermot Browne	Rockwell College	12.50	Triple Jump	Inter Boys
1972	Jim O'Mahony	Colaiste Muire Douglas	12.37	Triple Jump	Inter Boys
1973	Colm Cronin	North Monastery CBS Cork	13.41	Triple Jump	Inter Boys
1974	David Murray	Colaiste an Spioraid Naoimh Bishopstown	12.80	Triple Jump	Inter Boys
1975	Ger McLoughlin	Cobh VS	13.84	Triple Jump	Inter Boys
1976	Desmond Mullins	High School Clonmel	12.75	Triple Jump	Inter Boys
1977	Neil McCarthy	St Munchins Limerick	13.80	Triple Jump	Inter Boys
1978	Eugene Ryan	St Colmans Fermoy	12.71	Triple Jump	Inter Boys
1979	Eugene Ryan	St Colmans Fermoy	13.00	Triple Jump	Inter Boys
1980	Paul MacGabhann	High School Clonmel	12.62	Triple Jump	Inter Boys
1981	Brian Croke	Crescent Comprehensive SJ Limerick	11.97	Triple Jump	Inter Boys
1982	Brian Croke	Crescent Comprehensive SJ Limerick	12.85	Triple Jump	Inter Boys
1983	Richard Wilson	Newtown School Waterford	12.59	Triple Jump	Inter Boys
1984	Darragh Nolan	St Munchins Limerick	12.57	Triple Jump	Inter Boys
1985	Darragh Nolan	St Munchins Limerick	13.13	Triple Jump	Inter Boys
1986	Niall Cunningham	Patrician Academy Mallow	12.52	Triple Jump	Inter Boys
1987	David Willis	Mallow VS	12.57	Triple Jump	Inter Boys
1988	Anthony O'Shea	De La Salle Waterford	12.51	Triple Jump	Inter Boys
1989	P J Galvin	Killorglin CC	13.14	Triple Jump	Inter Boys
1990	Jodie O'Dowd	Rockwell College	12.24	Triple Jump	Inter Boys
1991	Joseph Naughton	Nenagh CBS	12.27	Triple Jump	Inter Boys
1992	Jim Morrison	Rockwell College	12.15	Triple Jump	Inter Boys
1993	David Murphy	De La Salle Waterford	12.22	Triple Jump	Inter Boys
1994	David Murphy	De La Salle Waterford	13.42	Triple Jump	Inter Boys
1995	Danny Meany	Thurles CBS	12.31	Triple Jump	Inter Boys
1996	Eoin McGrath	De La Salle Waterford	12.77	Triple Jump	Inter Boys
1997	John Windle	De La Salle Waterford	12.01	Triple Jump	Inter Boys
1998	Padraig Cremin	Ard Scoil Phobail Bantry	12.76	Triple Jump	Inter Boys
1999	Tom O'Dwyer	Thurles CBS	13.39	Triple Jump	Inter Boys
2000	Damien Daly	St Nessans Limerick	11.42	Triple Jump	Inter Boys
2001	Conor Sheehy	Colaiste an Spioraid Naoimh Bishopstown	11.96	Triple Jump	Inter Boys
2002	Conor Sheehy	Colaiste an Spioraid Naoimh Bishopstown	12.39	Triple Jump	Inter Boys
2003	Denis Finnegan	St Brendans Killarney	12.86	Triple Jump	Inter Boys
2004	Kevin Harty	Dungarvan CBS	11.59	Triple Jump	Inter Boys
2005	Tom Cross	Bandon Grammar School	12.16	Triple Jump	Inter Boys
2006	Niall Counihan	St Endas CS Limerick	13.15	Triple Jump	Inter Boys
2007	Timmy Harrington	Kinsale CS	12.81	Triple Jump	Inter Boys
2008	Shane Prout	Scoil Ruain Killenaule	12.69	Triple Jump	Inter Boys
2009	Niall McCarthy	Kinsale CS	11.45	Triple Jump	Inter Boys
2010	Clarence Kennedy	Mercy Mount Hawk Tralee	13.01	Triple Jump	Inter Boys
2011	Eoin O'Carroll	Mercy Mount Hawk Tralee	12.83	Triple Jump	Inter Boys
2012	Darren Prout	Presentation Ballingarry	12.70	Triple Jump	Inter Boys
2013	Darren Prout	Presentation Ballingarry	13.59	Triple Jump	Inter Boys
2014	Tom Deasy	Carrigaline CS	11.64	-1.9 Triple Jump	Inter Boys
2015	Joseph Minitier	Kilrush CS	11.64	Triple Jump	Inter Boys
2016	Joseph Minitier	Ennistymon CBS	11.73	Triple Jump	Inter Boys
2017	Wymin Sivakumar	Colaiste an Spioraid Naoimh Bishopstown	12.71	Triple Jump	Inter Boys
2018	Wymin Sivakumar	Colaiste an Spioraid Naoimh Bishopstown	13.50	Triple Jump	Inter Boys
2019	Adam Turner	Colaiste Chriost Ri Cork	13.35	Triple Jump	Inter Boys
2020	Not Held due to Covid-19 restrictions			Triple Jump	Inter Boys
2021	Not Held due to Covid-19 restrictions			Triple Jump	Inter Boys
2022	Keelin Roche	Abbey CC	11.76	Triple Jump	Inter Boys

Intermediate Boys Pole Vault

1937	DJ Kenneally	Waterpark College Waterford	2.24	Pole Vault	Inter Boys
1938	Patrick Healy	St Colmans Fermoy		Pole Vault	Inter Boys
1939	Patrick Healy	St Colmans Fermoy		Pole Vault	Inter Boys
1940	Tadhg Barry	St Colmans Fermoy	2.26	Pole Vault	Inter Boys
1941	Tadhg Barry	St Colmans Fermoy		Pole Vault	Inter Boys
1942-1946		Not Held due to World War 2 Emergency			
1947	Michael Ryan	St Colmans Fermoy	3.00	Pole Vault	Inter Boys
1948	Kevin O'Brien	North Monastery CBS Cork	2.64	Pole Vault	Inter Boys
1949	Michael Dorman	Midleton College	2.59	Pole Vault	Inter Boys
1950	Myles Fitzgerald	De La Salle Macroom	2.79	Pole Vault	Inter Boys
1951	Myles Fitzgerald	De La Salle Macroom		Pole Vault	Inter Boys
1952	P O'Hanlon	Castlemartyr College		Pole Vault	Inter Boys
1953	Fimnbarr Hurley	St Colmans Fermoy	2.64	Pole Vault	Inter Boys
1954	Eddie Casey	High School Clonmel	2.79	Pole Vault	Inter Boys
1955	Cecil Roddy	De La Salle Waterford	2.74	Pole Vault	Inter Boys
1956	William Lee	Rockwell College	2.82	Pole Vault	Inter Boys
1957	Pat McGrath	Rockwell College	2.44	Pole Vault	Inter Boys
1958	Pat McGrath	Rockwell College	2.90	Pole Vault	Inter Boys
1959	Louis Bermudez	Rockwell College	3.32	Pole Vault	Inter Boys
1960	Colman McSweeney	De La Salle Macroom	2.90	Pole Vault	Inter Boys
1961	Jim Sheehy	De La Salle Macroom	2.97	Pole Vault	Inter Boys
1962	Jim Sheehy	De La Salle Macroom	2.97	Pole Vault	Inter Boys
1963	David Connolly	Salesian Pallaskenry	2.97	Pole Vault	Inter Boys
1964	J Kelly	Mount Melleray	2.90	Pole Vault	Inter Boys
1965	Rodney Hecksher	Rockwell College	3.33	Pole Vault	Inter Boys
1966	John O'Brien	De La Salle Waterford	3.12	Pole Vault	Inter Boys
1967	David Booth	Glenstal Abbey School	3.12	Pole Vault	Inter Boys
1968	Seamus Humpston	Rockwell College	3.12	Pole Vault	Inter Boys
1969	Gearoid Bradley	Glenstal Abbey School	3.34	Pole Vault	Inter Boys
1970	John Cronin	Presentation Brothers Cork	3.10	Pole Vault	Inter Boys
1971	Donal Quinn	St Munchins Limerick	3.20	Pole Vault	Inter Boys
1972	Donal Quinn	St Munchins Limerick	3.35	Pole Vault	Inter Boys
1973	Liam Hennessy	St Augustines Dungarvan	3.27	Pole Vault	Inter Boys
1974	Liam Hennessy	St Augustines Dungarvan	3.73	Pole Vault	Inter Boys
1975	Liam Hennessy	St Augustines Dungarvan	4.04	Pole Vault	Inter Boys
1976	John J Robinson	Rockwell College	3.20	Pole Vault	Inter Boys
1977	John Hartnett	St Colmans Fermoy	3.30	Pole Vault	Inter Boys
1978	Tom Mannion	St Flannans Ennis	3.00	Pole Vault	Inter Boys
1979	Derek O'Shea	St Augustines Dungarvan	3.05	Pole Vault	Inter Boys
1980	Malachy Sheridan	Rockwell College	3.35	Pole Vault	Inter Boys
1981	Alan O'Connor	St Munchins Limerick	3.60	Pole Vault	Inter Boys
1982	Malachy Sheridan	Rockwell College	4.10	Pole Vault	Inter Boys
1983	Sean O'Duinneacha	Colaiste Chriost Ri Cork	3.60	Pole Vault	Inter Boys
1984	Alan Sharkey	Rockwell College	3.10	Pole Vault	Inter Boys
1985	Derrick Neff	Colaiste Chriost Ri Cork	3.30	Pole Vault	Inter Boys
1986	Derrick Neff	Colaiste Chriost Ri Cork	3.20	Pole Vault	Inter Boys
1987	Donagh Sheridan	Rockwell College	3.20	Pole Vault	Inter Boys
1988	Donagh Sheridan	Rockwell College	3.70	Pole Vault	Inter Boys
1989	John Hallissey	De La Salle Waterford	3.30	Pole Vault	Inter Boys
1990	James Finn	Rockwell College	3.10	Pole Vault	Inter Boys
1991	Antoine Burke	Crescent Comprehensive SJ Limerick	3.20	Pole Vault	Inter Boys
1992	Fergal English	De La Salle Waterford	3.40	Pole Vault	Inter Boys
1993	Eugene Fortune	Rockwell College	2.80	Pole Vault	Inter Boys
1994	Conleth Ryan	Rockwell College	3.15	Pole Vault	Inter Boys
1995	Mark Deevy	St Augustines Dungarvan	3.10	Pole Vault	Inter Boys
1996	Paul O'Sullivan	Colaiste Chriost Ri Cork	3.70	Pole Vault	Inter Boys
1997	Gary Hurney	St Augustines Dungarvan	2.40	Pole Vault	Inter Boys
1998	Eoin Naughton	Nenagh CBS	3.10	Pole Vault	Inter Boys
1999	Liam Houlihan	St Augustines Dungarvan	2.50	Pole Vault	Inter Boys
2000	Sean O'Sullivan	Colaiste Choilm Ballincollig	2.65	Pole Vault	Inter Boys
2001	Stephen Kett	St Augustines Dungarvan		Pole Vault	Inter Boys
2002	Stephen Kett	St Augustines Dungarvan	2.70	Pole Vault	Inter Boys
2003	Pat Mulcahy	St Fanahans Mitchelstown	2.80	Pole Vault	Inter Boys
2004	Mark Barron	St Augustines Dungarvan	3.10	Pole Vault	Inter Boys
2005	Mark Barron	St Augustines Dungarvan	3.70	Pole Vault	Inter Boys
2006	Paul Culloty	Tralee CBS	3.00	Pole Vault	Inter Boys

2007	Thomas Houlihan	St Augustines Dungarvan	3.40	Pole Vault	Inter Boys
2008	Thomas Houlihan	St Augustines Dungarvan	3.60	Pole Vault	Inter Boys
2009	Tima Jesifov	St Augustines Dungarvan	3.00	Pole Vault	Inter Boys
2010	Martin Houlihan	St Augustines Dungarvan	3.40	Pole Vault	Inter Boys
2011	Jonthan Foley	Presentation Milltown	3.20	Pole Vault	Inter Boys
2012	Lee Curley	Pobalscoil na Trionoide, Youghal	3.60	Pole Vault	Inter Boys
2013	Seamie Fennell	St Augustines Dungarvan	3.60	Pole Vault	Inter Boys
2014	Yuri Kanash	St Augustines Dungarvan	4.10	Pole Vault	Inter Boys
2015	Ryan O'Neill	St Augustines Dungarvan	2.70	Pole Vault	Inter Boys
2016	Diarmuid Harty	St Augustines Dungarvan	3.40	Pole Vault	Inter Boys
2017	Diarmuid Harty	St Augustines Dungarvan	3.40	Pole Vault	Inter Boys
2018	Adam O'Dwyer	Thurles CBS	3.40	Pole Vault	Inter Boys
2019	Adam O'Dwyer	Thurles CBS	4.00	Pole Vault	Inter Boys
2020	Not Held due to Covid-19 restrictions			Pole Vault	Inter Boys
2021	Not Held due to Covid-19 restrictions			Pole Vault	Inter Boys
2022	Josh Fitzgerald	Col Muire Crosshaven	4.11	Pole Vault	Inter Boys

Intermediate Boys Shot Put (5kg) 7lb (1937 - 1956) 4kg (1957 - 1970)

1937	Thomas Kelly	Rockwell College	11.38	Shot Put	Inter Boys
1938	Hugo Flinn	Christian Brothers College Cork	14.38	Shot Put	Inter Boys
1939	William Burke	Rockwell College	14.35	Shot Put	Inter Boys
1940	Aidan McHale	Presentation Brothers Cork	12.44	Shot Put	Inter Boys
1941	J O'Sullivan	Castlemartyr College	14.31	Shot Put	Inter Boys
1942-1946	Not Held due to World War 2 Emergency				
1947	Vincent O'Flynn	St Flannans Ennis	14.00	Shot Put	Inter Boys
1948	Paul O'Brien	Christian Brothers College Cork	13.31	Shot Put	Inter Boys
1949	B McCarthy	Midleton College	14.48	Shot Put	Inter Boys
1950	Bryan McMahan	St Flannans Ennis	12.88	Shot Put	Inter Boys
1951	E Mahony	Rochestown College	14.08	Shot Put	Inter Boys
1952	Pat Crowley	Presentation Brothers Cork	12.99	Shot Put	Inter Boys
1953	Terence O'Callaghan	High School Clonmel	16.38	Shot Put	Inter Boys
1954	Seamus Mullins	High School Clonmel	16.09	Shot Put	Inter Boys
1955	Brian O'Callaghan	High School Clonmel	14.58	Shot Put	Inter Boys
1956	Kevin Prendergast	Rockwell College	17.01	Shot Put	Inter Boys
1957	M Curtin	Rochestown College	13.40	Shot Put	Inter Boys
1958	Hugh O'Callaghan	High School Clonmel	15.58	Shot Put	Inter Boys
1959	Anthony Egar	Rockwell College	15.08	Shot Put	Inter Boys
1960	P Hickey	Rochestown College	13.36	Shot Put	Inter Boys
1961	Sean Lomasney	Rochestown College	14.76	Shot Put	Inter Boys
1962	Robert Widger	High School Clonmel	15.09	Shot Put	Inter Boys
1963	Philip Conway	Rockwell College	14.78	Shot Put	Inter Boys
1964	Philip Conway	Rockwell College	15.31	Shot Put	Inter Boys
1965	Rodney Hecksher	Rockwell College	15.41	Shot Put	Inter Boys
1966	Tim O'Connor	Glenstal Abbey School	13.61	Shot Put	Inter Boys
1967	Pat Hartigan	Limerick CBS	15.71	Shot Put	Inter Boys
1968	Conor O'Luasa	Colaiste Iosagain Ballyvourney	14.10	Shot Put	Inter Boys
1969	Conor O'Luasa	Colaiste Iosagain Ballyvourney	14.07	Shot Put	Inter Boys
1970	Brendan Jennings	Presentation Brothers Cork	14.87	Shot Put	Inter Boys
1971	Hugh Maguire	Rockwell College	12.57	Shot Put	Inter Boys
1972	Eoin O'Sullivan	Rockwell College	13.17	Shot Put	Inter Boys
1973	Kevin Tyrrell	Mount Sion Waterford	15.11	Shot Put	Inter Boys
1974	Joe Brice	St Augustines Dungarvan	14.86	Shot Put	Inter Boys
1975	John Harte	St Colmans Fermoy	14.76	Shot Put	Inter Boys
1976	Michael Power	Rockwell College	14.49	Shot Put	Inter Boys
1977	Liam Lannen	Rockwell College	12.99	Shot Put	Inter Boys
1978	Patrick McDonnell	Rockwell College	12.09	Shot Put	Inter Boys
1979	Declan Hayes	Maria Immaculata Dunmanway	11.17	Shot Put	Inter Boys
1980	Frank O'Brien	Dungarvan CBS	14.26	Shot Put	Inter Boys
1981	Frank O'Brien	Dungarvan CBS	15.61	Shot Put	Inter Boys
1982	David Williams	De La Salle Waterford	13.73	Shot Put	Inter Boys
1983	Eddie Finn	Mallow VS	12.96	Shot Put	Inter Boys
1984	Colm Moran	Rockwell College	15.34	Shot Put	Inter Boys
1985	Colm Moran	Rockwell College	16.10	Shot Put	Inter Boys

1986	Peter Galvin	St Augustines Dungarvan	13.43	Shot Put	Inter Boys
1987	Michael Aherne	St Augustines Dungarvan	13.04	Shot Put	Inter Boys
1988	Michael Aherne	St Augustines Dungarvan	14.85	Shot Put	Inter Boys
1989	Patrick O'Leary	Colaiste an Spioraid Naoimh Bishopstown	14.30	Shot Put	Inter Boys
1990	Pat Nangle	St Augustines Dungarvan	14.42	Shot Put	Inter Boys
1991	John Mulkere	St Flannans Ennis	16.33	Shot Put	Inter Boys
1992	Aidan Ahearne	St Augustines Dungarvan	14.88	Shot Put	Inter Boys
1993	Jason Flynn	St Augustines Dungarvan	13.23	Shot Put	Inter Boys
1994	Jason Flynn	St Augustines Dungarvan	15.65	Shot Put	Inter Boys
1995	John Leahy	St Itas Abbeyfeale	15.54	Shot Put	Inter Boys
1996	John Hobbs	Ashton School Cork	12.70	Shot Put	Inter Boys
1997	John Hobbs	Ashton School Cork	13.78	Shot Put	Inter Boys
1998	Robert Ford	St Flannans Ennis	13.90	Shot Put	Inter Boys
1999	Geoffrey Mullins	Salesian Pallaskenry	15.39	Shot Put	Inter Boys
2000	Jim Healy	High School Clonmel	12.15	Shot Put	Inter Boys
2001	Eoin Leen	St Marys Tralee	18.36	Shot Put	Inter Boys
2002	James Nagle	Intermediate School Killorglin	13.21	Shot Put	Inter Boys
2003	Michael Hartnett	St Michaels Listowel	14.09	Shot Put	Inter Boys
2004	Alan O'Connor	St Itas Abbeyfeale	13.86	Shot Put	Inter Boys
2005	Daniel Clifford	Intermediate School Killorglin	12.25	Shot Put	Inter Boys
2006	Daniel Clifford	Intermediate School Killorglin	13.51	Shot Put	Inter Boys
2007	Dale Kennedy	Abbey CC Waterford	12.76	Shot Put	Inter Boys
2008	Anton Katayev	St Clements Limerick	12.36	Shot Put	Inter Boys
2009	Diarmuid Hickey	Carrigaline CS	12.73	Shot Put	Inter Boys
2010	Sean McCarthy	Rockwell College	13.77	Shot Put	Inter Boys
2011	Colin Kingston	Bandon Grammar School	12.72	Shot Put	Inter Boys
2012	Colin Kingston	Bandon Grammar School	13.04	Shot Put	Inter Boys
2013	Eoin Hanrahan	St Flannans Ennis	13.20	Shot Put	Inter Boys
2014	James French	Bandon Grammar School	14.24	Shot Put	Inter Boys
2015	James French	Bandon Grammar School	14.64	Shot Put	Inter Boys
2016	Darragh Minitier	Kilrush CS	12.20	Shot Put	Inter Boys
2017	Jack Ryan	Thurles CBS	14.80	Shot Put	Inter Boys
2018	David Siegel	Tralee CBS	14.74	Shot Put	Inter Boys
2019	Sean Mullarkey	Dungarvan CBS	11.15	Shot Put	Inter Boys
2020	Not Held due to Covid-19 restrictions			Shot Put	Inter Boys
2021	Not Held due to Covid-19 restrictions			Shot Put	Inter Boys
2022	Corey Scanlon	St Augustine's College	14.35	Shot Put	Inter Boys

Intermediate Boys Discus (1.5kg)

1966	Pat Hartigan	Limerick CBS	32.33	Discus	Inter Boys
1967	Tim O'Connor	Glenstal Abbey School	34.29	Discus	Inter Boys
1968	Conor O'Luasa	Colaiste Iosagain Ballyvourney	34.52	Discus	Inter Boys
1969	Patrick Headon	Glenstal Abbey School	39.81	^{1kg} Discus	Inter Boys
1970	Joe Jeiter	Mungret College Limerick	38.13	Discus	Inter Boys
1971	M Furey	St Munchins Limerick	38.86	Discus	Inter Boys
1972	Aidan Molloy	Rockwell College	35.26	Discus	Inter Boys
1973	Colm Cronin	North Monastery CBS Cork	41.50	Discus	Inter Boys
1974	Joe Brice	St Augustines Dungarvan	43.10	Discus	Inter Boys
1975	Joe Brice	St Augustines Dungarvan	48.48	Discus	Inter Boys
1976	Tom Crotty	Christian Brothers College Cork	44.22	Discus	Inter Boys
1977	Denis McSweeney	St Augustines Dungarvan	43.15	Discus	Inter Boys
1978	David Kirwan	De La Salle Waterford	37.44	Discus	Inter Boys
1979	John J McNamara	Rockwell College	32.54	Discus	Inter Boys
1980	Frank O'Brien	Dungarvan CBS	49.42	Discus	Inter Boys
1981	Frank O'Brien	Dungarvan CBS	46.83	Discus	Inter Boys
1982	William Power	St Augustines Dungarvan	35.67	Discus	Inter Boys
1983	Michael O'Brien	Dungarvan CBS	38.20	Discus	Inter Boys
1984	Barry Walsh	Crescent Comprehensive SJ Limerick	42.32	Discus	Inter Boys
1985	Colm Moran	Rockwell College	45.58	Discus	Inter Boys
1986	Gabriel Fulcher	Rockwell College	39.98	Discus	Inter Boys
1987	Michael Aherne	St Augustines Dungarvan	42.26	Discus	Inter Boys
1988	Gerard Nagle	St Flannans Ennis	44.38	Discus	Inter Boys
1989	Cathal Behal	St Augustines Dungarvan	33.28	Discus	Inter Boys
1990	Pat Nangle	St Augustines Dungarvan	38.62	Discus	Inter Boys

1991	Mark Monaghan	De La Salle Waterford	40.80	Discus	Inter Boys
1992	Aidan Ahearne	St Augustines Dungarvan	39.26	Discus	Inter Boys
1993	Jason Flynn	St Augustines Dungarvan	32.02	Discus	Inter Boys
1994	Jason Flynn	St Augustines Dungarvan	42.96	Discus	Inter Boys
1995	Donal McNamara	Scariff CC	43.06	Discus	Inter Boys
1996	Brendan Burke	John the Baptist CS Hospital	38.84	Discus	Inter Boys
1997	Karl O'Keefe	Colaiste Eoin Youghal	40.96	Discus	Inter Boys
1998	Robert Ford	St Flannans Ennis	38.02	Discus	Inter Boys
1999	Geoffrey Mullins	Salesian Pallaskenry	45.26	Discus	Inter Boys
2000	Jim Healy	High School Clonmel	37.28	Discus	Inter Boys
2001	Eoin Leen	St Marys Tralee	48.37	Discus	Inter Boys
2002	Kevin Downey	Mitchelstown CBS	35.16	Discus	Inter Boys
2003	Kevin Downey	Mitchelstown CBS	39.13	Discus	Inter Boys
2004	Alan O'Connor	St Itas Abbeyfeale	40.64	Discus	Inter Boys
2005	Daniel Clifford	Intermediate School Killorglin	31.98	Discus	Inter Boys
2006	Dale Kennedy	Abbey CC Waterford	42.74	Discus	Inter Boys
2007	Dale Kennedy	Abbey CC Waterford	40.93	Discus	Inter Boys
2008	Michael Healy	Pobalscoil na Trionoide Youghal	35.43	Discus	Inter Boys
2009	Diarmuid Hickey	Carrigaline CS	34.97	Discus	Inter Boys
2010	Jason Mullins	High School Clonmel	35.95	Discus	Inter Boys
2011	Andrew McCarthy	Pobail Scoil Sliabh Luachra	34.61	Discus	Inter Boys
2012	Colin Kingston	Bandon Grammar School	35.59	Discus	Inter Boys
2013	Eoin Hanrahan	St Flannans Ennis	42.51	Discus	Inter Boys
2014	James Sheehan	Col an Chroi Naofa	33.69	Discus	Inter Boys
2015	Eoghan Flynn	Dungarvan CBS	37.92	Discus	Inter Boys
2016	Sean Mockler	Thurles CBS	43.55	Discus	Inter Boys
2017	Sean Mockler	Thurles CBS	43.17	Discus	Inter Boys
2018	Sean Carolan	St Marys Newport	41.87	Discus	Inter Boys
2019	Ricky Carroll	St Colmans Fermoy	34.78	Discus	Inter Boys
2020	Not Held due to Covid-19 restrictions			Discus	Inter Boys
2021	Not Held due to Covid-19 restrictions			Discus	Inter Boys
2022	Corey Scanlon	St Augustine's College	44.70	Discus	Inter Boys

Intermediate Boys Hammer (5kg)

1971	Anthony Sinadinos	Rockwell College	28.71	Hammer	Inter Boys
1972	Stephen King	St Munchins Limerick	44.54	Hammer	Inter Boys
1973	John Hough	St Munchins Limerick	37.25	Hammer	Inter Boys
1974	Denis Healy	Thurles CBS	50.22	Hammer	Inter Boys
1975	Mark Lincheid	Rockwell College	48.14	Hammer	Inter Boys
1976	Mark Lincheid	Rockwell College	60.26	Hammer	Inter Boys
1977	Joseph Walsh	St Munchins Limerick	49.62	Hammer	Inter Boys
1978	Dominic O'Shea	St Munchins Limerick	50.06	Hammer	Inter Boys
1979	Dominic O'Shea	St Munchins Limerick	49.46	Hammer	Inter Boys
1980	Frank O'Brien	Dungarvan CBS	54.26	Hammer	Inter Boys
1981	Frank O'Brien	Dungarvan CBS	60.04	Hammer	Inter Boys
1982	Gary Halpin	Rockwell College	64.10	Hammer	Inter Boys
1983	David Mansfield	Rockwell College	52.80	Hammer	Inter Boys
1984	Darren Flynn	Rockwell College	48.66	Hammer	Inter Boys
1985	Darren Flynn	Rockwell College	54.84	Hammer	Inter Boys
1986	Jim O'Mahony	Colaiste Chriost Ri Cork	56.78	Hammer	Inter Boys
1987	Noel Mulready	St Nessans Limerick	52.14	Hammer	Inter Boys
1988	Michael Aherne	St Augustines Dungarvan	49.64	Hammer	Inter Boys
1989	Kevin Warner	Rockwell College	46.76	Hammer	Inter Boys
1990	Nigel Crowley	Colaiste Chriost Ri Cork	44.42	Hammer	Inter Boys
1991	M Conway	Crescent Comprehensive SJ Limerick	49.50	Hammer	Inter Boys
1992	Aidan Ahearne	St Augustines Dungarvan		Hammer	Inter Boys
1993	David Kenneally	St Augustines Dungarvan	47.36	Hammer	Inter Boys
1994	Donnie Rockett	St Augustines Dungarvan	43.02	Hammer	Inter Boys
1995	Donnie Rockett	St Augustines Dungarvan	52.44	Hammer	Inter Boys
1996	Michael Murray	St Augustines Dungarvan	48.54	Hammer	Inter Boys
1997	Fionn Gregor	St Augustines Dungarvan	35.54	Hammer	Inter Boys
1998	Eamonn Joyce	Douglas CS	40.16	Hammer	Inter Boys
1999	Joe Hanrahan	St Munchins Limerick	32.11	Hammer	Inter Boys
2000	Joe Hanrahan	St Munchins Limerick	40.67	Hammer	Inter Boys

2001	Mark Brassil	St Munchins Limerick	30.22	Hammer	Inter Boys
2002	James Nagle	Intermediate School Killorglin	40.61	Hammer	Inter Boys
2003	James Nagle	Intermediate School Killorglin	44.32	Hammer	Inter Boys
2004	Andrew Kenneally	Coachford College	46.09	Hammer	Inter Boys
2005	Andrew Kenneally	Coachford College	49.30	Hammer	Inter Boys
2006	Daniel Clifford	Intermediate School Killorglin	41.13	Hammer	Inter Boys
2007	Seamus Hand	Dingle CBS	43.98	Hammer	Inter Boys
2008	Denis Hayes	Presentation Milltown	41.58	Hammer	Inter Boys
2009	Denis Hayes	Presentation Milltown	42.03	Hammer	Inter Boys
2010	Aidan O'Sullivan	Pobalscoil Sliabh Luachra Rathmore	39.87	Hammer	Inter Boys
2011	Peter O'Brien	Causeway Comprehensive School	39.96	Hammer	Inter Boys
2012	Adam King	Colaiste na Sceilge Caherciveen	46.97	Hammer	Inter Boys
2013	Adam King	Colaiste na Sceilge Caherciveen	58.74	Hammer	Inter Boys
2014	Andre Christie	Colaiste an Spioraid Naoimh Bishopstown	45.72	Hammer	Inter Boys
2015	Travis Coomey	Bandon Grammar School	40.45	Hammer	Inter Boys
2016	Sean Mockler	Thurles CBS	47.35	Hammer	Inter Boys
2017	Sean Mockler	Thurles CBS	56.13	Hammer	Inter Boys
2018	Ricky Carroll	St Colmans Fermoy	41.13	Hammer	Inter Boys
2019	Ricky Carroll	St Colmans Fermoy	38.45	Hammer	Inter Boys
2020	Not Held due to Covid-19 restrictions			Hammer	Inter Boys
2021	Not Held due to Covid-19 restrictions			Hammer	Inter Boys
2022	Emmet O'Neill	Abbey CC	53.40	Hammer	Inter Boys

Intermediate Boys Javelin (700g)

1966	Tim O'Connor	Glenstal Abbey School	40.38	Javelin	Inter Boys
1967	Tim O'Connor	Glenstal Abbey School	46.38	Javelin	Inter Boys
1968	William Gabbett	Glenstal Abbey School	38.10	Javelin	Inter Boys
1969	Patrick Headon	Glenstal Abbey School	36.63	Javelin	Inter Boys
1970	Michael Cantwell	Glenstal Abbey School	38.71	Javelin	Inter Boys
1971	Laurence McGrath	Limerick CBS	43.39	Javelin	Inter Boys
1972	Laurence McGrath	Limerick CBS	44.31	Javelin	Inter Boys
1973	Peter Booth	Glenstal Abbey School	46.77	Javelin	Inter Boys
1974	Peter Booth	Glenstal Abbey School	49.48	Javelin	Inter Boys
1975	John Sheehan	Farranferris Cork	45.42	Javelin	Inter Boys
1976	Brendan Healy	Thurles CBS	52.34	Javelin	Inter Boys
1977	Barry Hurley	St Munchins Limerick	43.95	Javelin	Inter Boys
1978	Joe Aherne	Roscrea CBS	41.82	Javelin	Inter Boys
1979	Newton Popplewell	Newtown School Waterford	47.66	Javelin	Inter Boys
1980	Tom Galvin	St Munchins Limerick	47.78	Javelin	Inter Boys
1981	William Lacy	Glenstal Abbey School	42.16	Javelin	Inter Boys
1982	Gearoid Nevin	St Clements Limerick	44.08	Javelin	Inter Boys
1983	Barry Walsh	Crescent Comprehensive SJ Limerick	42.52	Javelin	Inter Boys
1984	Jack Clarke	Rockwell College	48.00	Javelin	Inter Boys
1985	Jack Clarke	Rockwell College	44.54	Javelin	Inter Boys
1986	Mark McCluskey	Rockwell College	47.58	Javelin	Inter Boys
1987	Peter Whelehan	Glenstal Abbey School	45.48	Javelin	Inter Boys
1988	John Fleming	De La Salle Waterford	47.10	Javelin	Inter Boys
1989	Joe Kenny	Borrisokane VS	51.84	Javelin	Inter Boys
1990	Brian Hayes	St Augustines Dungarvan	45.14	Javelin	Inter Boys
1991	Brian Hayes	St Augustines Dungarvan	45.66	Javelin	Inter Boys
1992	David O'Sullivan	Colaiste Chriost Ri Cork	43.10	Javelin	Inter Boys
1993	D O'Grady	St Munchins Limerick	37.96	Javelin	Inter Boys
1994	Derek Hayes	St Augustines Dungarvan	46.00	Javelin	Inter Boys
1995	Morgan Hamm	St Augustines Dungarvan	44.64	Javelin	Inter Boys
1996	Mark Hamilton	St Colmans Fermoy	49.70	Javelin	Inter Boys
1997	Gary Cromie	Crescent Comprehensive SJ Limerick	47.90	Javelin	Inter Boys
1998	Thomas Conroy	North Monastery CBS Cork	48.02	Javelin	Inter Boys
1999	Robert Butler	Carrick-on-Suir CBS	45.20	Javelin	Inter Boys
2000	Christopher Bowe	Waterpark College Waterford	50.41	Javelin	Inter Boys
2001	Richard Barron	Newtown School Waterford	40.57	Javelin	Inter Boys
2002	Fernando Ramos	Newtown School Waterford	37.74	Javelin	Inter Boys
2003	Eamonn Hartnett	St Michaels Listowel	41.68	Javelin	Inter Boys
2004	Tom Cross	Bandon Grammar School	47.49	Javelin	Inter Boys
2005	Tom Cross	Bandon Grammar School	45.19	Javelin	Inter Boys

2006	Philip Burns	Bandon Grammar School	43.62	Javelin	Inter Boys
2007	Anton Katayev	St Clements Limerick	42.43	Javelin	Inter Boys
2008	Jaco Oosthuysen	High School Clonmel	45.64	Javelin	Inter Boys
2009	Jaco Oosthuysen	High School Clonmel	44.17	Javelin	Inter Boys
2010	Phillipe Barnett	Mercy Mount Hawk Tralee	39.18	Javelin	Inter Boys
2011	Eoin Ryan	St Marys Newport	43.05	Javelin	Inter Boys
2012	Bobby Smith	Bandon Grammar School	45.36	Javelin	Inter Boys
2013	Bobby Smith	Bandon Grammar School	49.24	Javelin	Inter Boys
2014	David Leahy	Gaelcholaiste Mhuire AG Cork	38.18	Javelin	Inter Boys
2015	Eoghan Flynn	Dungarvan CBS	45.61	Javelin	Inter Boys
2016	Christian O'Connell	John The Baptist Hospital	44.54	Javelin	Inter Boys
2017	Michael Hand	Presentation Brothers Cork	41.56	Javelin	Inter Boys
2018	Cathal Scanlon	St Declans CC Kilmacthomas	46.00	Javelin	Inter Boys
2019	Jack Cullen	Hamilton High School Bandon	44.45	Javelin	Inter Boys
2020	Not Held due to Covid-19 restrictions			Javelin	Inter Boys
2021	Not Held due to Covid-19 restrictions			Javelin	Inter Boys
2022	Andrew Scanlon	St Declan's Kilmacthomas	47.20	Javelin	Inter Boys

Intermediate Boys Combined Events

1992	Colm Stack	Youghal CBS	3582	Combined Events	Inter Boys
1993	T. P. O'Connor	St Munchins		Combined Events	Inter Boys
1994	Derek Hayes	St Augustines	3575	Combined Events	Inter Boys
1995	Donnie Rockett	St Augustines	3071	Combined Events	Inter Boys
1996	John Paul O'Brien	St Flannans	3526	Combined Events	Inter Boys
1997	John Wall	Midleton CBS	2909	Combined Events	Inter Boys
1998	Garóid Kelly	Colaiste Choilm Ballincollig	2122	Combined Events	Inter Boys
1999	Tomás Burke	Crescent CC	3689	Combined Events	Inter Boys
2000	Brendan Doyle	De La Salle Waterford	3507	Combined Events	Inter Boys
2001	Maurice Donoghue	De La Salle Waterford	3446	Combined Events	Inter Boys
2002	Cathal Hannon	Our Lady's Templemore	3258	Combined Events	Inter Boys
2003	Christopher Crowley	Colaiste Chriost Ri	3507	Combined Events	Inter Boys
2004	Ross Kelly	Colaiste an Phiarsaigh	3430	Combined Events	Inter Boys
2005	Sean Crowley	Colaiste Chriost Ri	3086	Combined Events	Inter Boys
2006	Christopher Russell	Waterpark College	3147	Combined Events	Inter Boys
2007	Gavin Kennedy	De La Salle Waterford	3207	Combined Events	Inter Boys
2008	Keith Smith	Comeragh College	3286	Combined Events	Inter Boys
2009	Shane O'Dwyer	Carrick on Suir CBS	2930	Combined Events	Inter Boys
2010	Ben Kiely	Tramore CBS	3079	Combined Events	Inter Boys
2011	Eric Stam	Coachford College	3875	Combined Events	Inter Boys
2012	Sam Healy	Carrigaline CS	3547 ^{6 events}	Combined Events	Inter Boys
2013	Sam Healy	Carrigaline CS	3110 ^{5 events}	Combined Events	Inter Boys
2014	Daniel Ryan	Thurles CBS	3417	Combined Events	Inter Boys
2015	Daniel Ryan	Thurles CBS	3348	Combined Events	Inter Boys
2016	Tony Adubote	St Flannans	3211	Combined Events	Inter Boys
2017	Brian Lynch	Colaiste an Spioraid Naoimh	2905	Combined Events	Inter Boys
2018	Diarmuid O'Connor	Colaiste Choilm Ballincollig	3255	Combined Events	Inter Boys
2019	James Ezeonu	Midleton College	2889	Combined Events	Inter Boys
2020	Not Held due to Covid-19 restrictions			Combined Events	Inter Boys
2021	Sean Carmody	CBC Cork	3056	Combined Events	Inter Boys
2022	Eoin O'Callaghan	Hamilton High School Bandon	2894	Combined Events	Inter Boys

Intermediate Boys 4X100m Relay

4 X 150yds (1931 - 1951) 4 X 110yds (1952 - 1969)

1931	Christian Brothers College Cork			Relay	Inter Boys
1938	North Monastery CBS Cork			Relay	Inter Boys
1939	Christian Brothers College Cork		69.9	Relay	Inter Boys
1940	St Colmans Fermoy		69.5	Relay	Inter Boys
1941	St Colmans Fermoy			Relay	Inter Boys
1942-1946	Not Held due to World War 2 Emergency				
1947	Christian Brothers College Cork		1.09.8	Relay	Inter Boys

1948	Christian Brothers College Cork	1.08.0	Relay	Inter Boys
1949	Mungret College Limerick	70.4	Relay	Inter Boys
1950	Rockwell College	68.3	Relay	Inter Boys
1951	Sullivans Quay Cork	66.5	Relay	Inter Boys
1952	Rockwell College	49.0	Relay	Inter Boys
1953	Nenagh CBS	49.2	Relay	Inter Boys
1954	Christian Brothers College Cork	48.7	Relay	Inter Boys
1955	Limerick CBS	48.7	Relay	Inter Boys
1956	Christian Brothers College Cork	48.5	Relay	Inter Boys
1957	Rockwell College	48.5	Relay	Inter Boys
1958	Crescent Comprehensive SJ Limerick	48.4	Relay	Inter Boys
1959	Crescent Comprehensive SJ Limerick	48.0	Relay	Inter Boys
1960	Christian Brothers College Cork	47.8	Relay	Inter Boys
1961	Rockwell College	47.6	Relay	Inter Boys
1962	Rockwell College	47.8	Relay	Inter Boys
1963	Presentation Brothers Cork	47.0	Relay	Inter Boys
1964	Presentation Brothers Cork	47.6	Relay	Inter Boys
1965	Rockwell College	46.5	Relay	Inter Boys
1966	Colaiste Chriost Ri Cork	48.2	Relay	Inter Boys
1967	Limerick CBS	47.4	Relay	Inter Boys
1968	North Monastery CBS Cork	45.8	Relay	Inter Boys
1969	Ennis CBS	48.5	Relay	Inter Boys
1970	Colaiste Iognaid Ris Cork	46.9	Relay	Inter Boys
1971	Mungret College Limerick	47.4	Relay	Inter Boys
1972	Rockwell College	46.7	Relay	Inter Boys
1973	Mungret College Limerick	46.9	Relay	Inter Boys
1974	Colaiste Chriost Ri Cork	46.4	Relay	Inter Boys
1975	Rockwell College	45.2	Relay	Inter Boys
1976	Christian Brothers College Cork	46.6	Relay	Inter Boys
1977	St Munchins Limerick	46.3	Relay	Inter Boys
1978	Colaiste Chriost Ri Cork	46.8	Relay	Inter Boys
1979	Colaiste Chriost Ri Cork	46.6	Relay	Inter Boys
1980	Tralee CBS	46.0	Relay	Inter Boys
1981	St Brendans Killarney	46.0	Relay	Inter Boys
1982	Tralee CBS	NT	Relay	Inter Boys
1983	Colaiste Chriost Ri Cork	45.9	Relay	Inter Boys
1984	Crescent Comprehensive SJ Limerick	45.1	Relay	Inter Boys
1985	Christian Brothers College Cork	46.5	Relay	Inter Boys
1986	Colaiste Chriost Ri Cork	45.2	Relay	Inter Boys
1987	Rockwell College	45.1	Relay	Inter Boys
1988	St Flannans Ennis		Relay	Inter Boys
1989	Crescent Comprehensive SJ Limerick	45.1	Relay	Inter Boys
1990	Douglas CS	46.3	Relay	Inter Boys
1991	Colaiste Chriost Ri Cork	46.6	Relay	Inter Boys
1992	St Augustines Dungarvan	46.0	Relay	Inter Boys
1993	St Augustines Dungarvan	47.0	Relay	Inter Boys
1994	Thurles CBS	44.2	Relay	Inter Boys
1995	Thurles CBS	44.8	Relay	Inter Boys
1996	Ennis CBS	45.1	Relay	Inter Boys
1997	De La Salle Waterford	46.4	Relay	Inter Boys
1998	Bandon Grammar School	44.4	Relay	Inter Boys
1999	Bandon Grammar School	46.1	Relay	Inter Boys
2000	Midleton CBS	47.0	Relay	Inter Boys
2001	Tralee CBS	47.4	Relay	Inter Boys
2002	Midleton CBS	46.20	Relay	Inter Boys
2003	Glanmire CC	46.2	Relay	Inter Boys
2004	Rockwell College	46.75	Relay	Inter Boys
2005	Bandon Grammar School	46.57	Relay	Inter Boys
2006	Youghal CBS	47.17	Relay	Inter Boys
2007	De La Salle Waterford	46.20	Relay	Inter Boys
2008	Rockwell College	49.79	Relay	Inter Boys
2009	Glenstal Abbey School	47.52	Relay	Inter Boys
2010	Mercy Mount Hawk Tralee		Relay	Inter Boys
2011	Castletroy College Limerick	46.62	Relay	Inter Boys
2012	Castletroy College Limerick	45.25	Relay	Inter Boys
2013	Davis College Mallow	45.37	Relay	Inter Boys

2014	Bandon Grammar School	45.59	Relay	Inter Boys
2015	Bandon Grammar School	46.56	Relay	Inter Boys
2016	Thurles CBS	46.60	Relay	Inter Boys
2017	Presentation Brothers Cork	44.92	Relay	Inter Boys
2018	Mercy Mount Hawk Tralee	45.21	Relay	Inter Boys
2019	St Josephs Borrisoleigh	46.40	Relay	Inter Boys
2020	Not Held due to Covid-19 restrictions		Relay	Inter Boys
2021	Not Held due to Covid-19 restrictions		Relay	Inter Boys
2022	Crescent Col Comp SJ	46.07	Relay	Inter Boys

Intermediate Boys Cross Country - Individual

1965	Liam Hennessy	Tipperary CBS	Cross Country	Inter Boys
1966	Joe Adams	Limerick CBS	Cross Country	Inter Boys
1967	Christy Conlon	St Flannans Ennis	Cross Country	Inter Boys
1968	Neil Cusack	St Munchins Limerick	Cross Country	Inter Boys
1969	G Nix	St Munchins Limerick	Cross Country	Inter Boys
1970	Eugene Mealy	Glasheen SecondarySchool	Cross Country	Inter Boys
1971	Tony Ryan	Dungarvan CBS	Cross Country	Inter Boys
1972	Tony Ryan	Dungarvan CBS	Cross Country	Inter Boys
1973	John Treacy	St Anns Cappoquin	Cross Country	Inter Boys
1974	John Treacy	St Anns Cappoquin	Cross Country	Inter Boys
1975	Sean O'Sullivan	Tralee CBS	Cross Country	Inter Boys
1976	John Fitzgerald	Central Technical Institute Clonmel	Cross Country	Inter Boys
1977	Brendan Quinn	De La Salle Waterford	Cross Country	Inter Boys
1978	Jim Sheehan	Nenagh CBS	Cross Country	Inter Boys
1979	Tony Gilbert	North Monastery CBS Cork	Cross Country	Inter Boys
1980	Leonard O'Regan	Colaiste Chriost Ri Cork	Cross Country	Inter Boys
1981	Leonard O'Regan	Colaiste Chriost Ri Cork	Cross Country	Inter Boys
1982	James O'Sullivan	Kilmacthomas VS	Cross Country	Inter Boys
1983	John Downes	Scoil Pol Kilfinane	Cross Country	Inter Boys
1984	John Downes	Scoil Pol Kilfinane	Cross Country	Inter Boys
1985	Bill Mullaney	Thurles CBS	Cross Country	Inter Boys
1986	Declan Gleeson	Thurles CBS	Cross Country	Inter Boys
1987	Paul Logan	St Nessans Limerick	Cross Country	Inter Boys
1988	Eddie Bourke	St Josephs Borrisoleigh	Cross Country	Inter Boys
1989	John Murray	Charleville CBS	Cross Country	Inter Boys
1990	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	Cross Country	Inter Boys
1991	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	Cross Country	Inter Boys
1992	Stephen Coade	North Monastery CBS Cork	Cross Country	Inter Boys
1993	Thomas Carey	Ard Scoil Ris Limerick	Cross Country	Inter Boys
1994	Thomas Carey	Ard Scoil Ris Limerick	Cross Country	Inter Boys
1995	Graham O'Dwyer	Patrician Academy Mallow	Cross Country	Inter Boys
1996	Dermot Galvin	St Josephs CC Kilkee	Cross Country	Inter Boys
1997	Timmy Murphy	St Aidans CC Cork	Cross Country	Inter Boys
1998	Shane O'Shaughnessy	Mayfield Commmunity School	Cross Country	Inter Boys
1999	Niall Duncan	Douglas CS	Cross Country	Inter Boys
2000	William Harty	St Johns Dungarvan	Cross Country	Inter Boys
2001	Mark Lehane	Hamilton High School Bandon	Cross Country	Inter Boys
2002	Damian Dunlea	Colaiste Chriost Ri Cork	Cross Country	Inter Boys
2003	Cathal Dennehy	Ard Scoil Ris Limerick	Cross Country	Inter Boys
2004	David McCarthy	St Augustines Dungarvan	Cross Country	Inter Boys
2005	David McCarthy	St Augustines Dungarvan	Cross Country	Inter Boys
2006	Craig Murphy	Douglas CS	Cross Country	Inter Boys
2007	Keith Maher	Nenagh CBS	Cross Country	Inter Boys
2008	Ryan Creech	Glanmire CC	Cross Country	Inter Boys
2009	Shane Quinn	De La Salle Waterford	Cross Country	Inter Boys
2010	Sean Tobin	High School Clonmel	Cross Country	Inter Boys
2011	Sean Tobin	High School Clonmel	Cross Country	Inter Boys
2012	Kyle Larkin	Ard Scoil na nDeise Dungarvan	Cross Country	Inter Boys
2013	Kevin Mulcaire	St Flannans Ennis	Cross Country	Inter Boys
2014	Kevin Mulcaire	St Flannans Ennis	Cross Country	Inter Boys
2015	Fearghal Curtin	Midleton CBS	Cross Country	Inter Boys
2016	Charlie O'Donovan	Colaiste Chriost Ri Cork	Cross Country	Inter Boys
2017	Darragh McElhinney	Colaiste Pobail Bantry	Cross Country	Inter Boys

2018	Tommy Connolly	Christian Brothers College Cork	Cross Country	Inter Boys
2019	Dean Casey	St Flannans Ennis	Cross Country	Inter Boys
2020	Dean Casey	St Flannans Ennis	Cross Country	Inter Boys
2021	Not Held due to Covid-19 restrictions		Cross Country	Inter Boys
2022	Peter Farrell	St Flannans Ennis	Cross Country	Inter Boys

Intermediate Boys Cross Country - Team

1965	Thurles CBS	35pts	XC Team	Inter Boys
1966	Colaiste Chriost Ri Cork	40pts	XC Team	Inter Boys
1967	St Flannans Ennis	36pts	XC Team	Inter Boys
1968	St Colmans Fermoy	37pts	XC Team	Inter Boys
1969	St Munchins Limerick	35pts	XC Team	Inter Boys
1969	Limerick CBS	41pts	XC Team	Inter Boys
1970	North Monastery CBS Cork	45pts	XC Team	Inter Boys
1971	Colaiste Chriost Ri Cork	30pts	XC Team	Inter Boys
1972	Colaiste Chriost Ri Cork	31pts	XC Team	Inter Boys
1973	Colaiste Chriost Ri Cork	55pts	XC Team	Inter Boys
1974	Crescent Comprehensive SJ Limerick	72pts	XC Team	Inter Boys
1975	St Munchins Limerick	48pts	XC Team	Inter Boys
1976	Colaiste Chriost Ri Cork	49pts	XC Team	Inter Boys
1977	Colaiste Chriost Ri Cork	40pts	XC Team	Inter Boys
1978	St Munchins Limerick	60pts	XC Team	Inter Boys
1979	Colaiste Chriost Ri Cork	53pts	XC Team	Inter Boys
1980	Colaiste Chriost Ri Cork	16pts	XC Team	Inter Boys
1981	Kilmacthomas VS	70pts	XC Team	Inter Boys
1982	Midleton CBS	54pts	XC Team	Inter Boys
1983	North Monastery CBS Cork	60pts	XC Team	Inter Boys
1984	St Colmans Fermoy	50pts	XC Team	Inter Boys
1985	Thurles CBS	36pts	XC Team	Inter Boys
1986	Colaiste Chriost Ri Cork	59pts	XC Team	Inter Boys
1987	Midleton CBS	56pts	XC Team	Inter Boys
1988	Charleville CBS	57pts	XC Team	Inter Boys
1989	St Munchins Limerick	67pts	XC Team	Inter Boys
1990	North Monastery CBS Cork	43pts	XC Team	Inter Boys
1991	St Munchins Limerick	91pts	XC Team	Inter Boys
1992	St Flannans Ennis	60pts	XC Team	Inter Boys
1993	North Monastery CBS Cork	65pts	XC Team	Inter Boys
1994	North Monastery CBS Cork	73pts	XC Team	Inter Boys
1995	North Monastery CBS Cork	37pts	XC Team	Inter Boys
1996	St Aidans CC Cork	56pts	XC Team	Inter Boys
1997	Colaiste Choilm Ballincollig	61pts	XC Team	Inter Boys
1998	Colaiste Choilm Ballincollig	30pts	XC Team	Inter Boys
1999	Midleton CBS	47pts	XC Team	Inter Boys
2000	St Flannans Ennis	69pts	XC Team	Inter Boys
2001	Midleton CBS	45pts	XC Team	Inter Boys
2002	Midleton CBS	50pts	XC Team	Inter Boys
2003	St Augustines Dungarvan	21pts	XC Team	Inter Boys
2004	St Augustines Dungarvan	24pts	XC Team	Inter Boys
2005	Douglas CS	39pts	XC Team	Inter Boys
2006	Douglas CS	62pts	XC Team	Inter Boys
2007	Ursuline Thurles	28pts	XC Team	Inter Boys
2008	Douglas CS	41pts	XC Team	Inter Boys
2009	Douglas CS	36pts	XC Team	Inter Boys
2010	Douglas CS	45pts	XC Team	Inter Boys
2011	High School Clonmel	52pts	XC Team	Inter Boys
2012	Douglas CS	54pts	XC Team	Inter Boys
2013	Douglas CS	45pts	XC Team	Inter Boys
2014	St Flannans Ennis	33pts	XC Team	Inter Boys
2015	St Flannans Ennis	32pts	XC Team	Inter Boys
2016	St Flannans Ennis	82pts	XC Team	Inter Boys
2017	Christian Brothers College Cork	74pts	XC Team	Inter Boys
2018	St Flannans Ennis	84pts	XC Team	Inter Boys
2019	St Flannans Ennis	14pts	XC Team	Inter Boys
2020	St Flannans Ennis	15pts	XC Team	Inter Boys

2021	Not Held due to Covid-19 restrictions			XC Team	Inter Boys
2022	St Colmans Fermoy	56pts		XC Team	Inter Boys

Intermediate Girls 100m 100yds (1969)

1969	Hilary Hannon	Rochelle Cork	14.0		100yds	Inter Girls
1970	Mary Doyle	St Angelas Cork	13.2		100m	Inter Girls
1971	Mary O'Sullivan	Immaculate Heart Ballyphehane	12.7		100m	Inter Girls
1972	Anne Jeffords	Regina Mundi Cork	12.6		100m	Inter Girls
1973	Anne Jeffords	Regina Mundi Cork	12.6		100m	Inter Girls
1974	Anne Jeffords	Regina Mundi Cork	12.7		100m	Inter Girls
1975	Kathleen Glavin	Midleton VS	12.6		100m	Inter Girls
1976	Nora O'Grady	Mercy Nenagh	12.7		100m	Inter Girls
1977	Margaret Naughton	Sacred Heart Cork	12.6		100m	Inter Girls
1978	Geraldine Shine	Presentation Limerick	12.3		100m	Inter Girls
1979	Tina Hegarty	St Patricks Cork	13.3		100m	Inter Girls
1980	Ann Delaney	Loreto Clonmel	12.1		100m	Inter Girls
1981	Noelle Morrissey	St Marys Nenagh	12.8		100m	Inter Girls
1982	Noelle Morrissey	Mercy Nenagh	11.9		100m	Inter Girls
1983	Olive Burke	FCJ Laurel Hill Limerick	11.8		100m	Inter Girls
1984	Terrie Horgan	St Marys Mallow	12.3		100m	Inter Girls
1985	Norma Farrell	St Brigets Killarney	12.3		100m	Inter Girls
1986	Emma Nicholson	Ursuline Waterford	NT		100m	Inter Girls
1987	Emma Nicholson	St Angelas Cork	12.6		100m	Inter Girls
1988	Susan Smith	Presentation Waterford	12.7		100m	Inter Girls
1989	Ciara Whyte	Ursuline Blackrock	12.0		100m	Inter Girls
1990	Fiona Kelly	St Nessans Limerick	11.7		100m	Inter Girls
1991	Fiona Kelly	St Nessans Limerick	12.1		100m	Inter Girls
1992	Lena Barry	Salesian Limerick	12.1		100m	Inter Girls
1993	Amanda Clifford	Regina Mundi Cork	12.3		100m	Inter Girls
1994	Karen Hutton	Loreto Fermoy	12.5		100m	Inter Girls
1995	Sinead Hickey	Mercy Doon	12.6		100m	Inter Girls
1996	Aoife Hearne	Ursuline Waterford	11.9		100m	Inter Girls
1997	Derval O'Rourke	Christ King Cork	12.2		100m	Inter Girls
1998	Eibhlis Ahearne	Ard Scoil na nDeise Dungarvan	12.5		100m	Inter Girls
1999	Shauna O'Brien	Loreto Clonmel	12.4		100m	Inter Girls
2000	Ailish McSweeney	St Aloysius Carrigtwohill	12.2		100m	Inter Girls
2001	Mandy Crowe	St Ailbes Tipperary	12.2		100m	Inter Girls
2002	Orla McSweeney	St Aloysius Carrigtwohill	12.4		100m	Inter Girls
2003	Orla Coughlan	Presentation Bandon	13.07		100m	Inter Girls
2004	Mairead Murphy	Mercy Waterford	12.40		100m	Inter Girls
2005	Mairead Murphy	Mercy Waterford	12.44		100m	Inter Girls
2006	Niamh Whelan	Presentation Waterford	12.07		100m	Inter Girls
2007	Niamh Whelan	Presentation Waterford	12.41	-1.2	100m	Inter Girls
2008	Joan Healy	Colaiste na Toibhirte Bandon	12.09	0.7	100m	Inter Girls
2009	Joan Healy	Colaiste na Trobhirte Bandon	12.48		100m	Inter Girls
2010	Grainne Moynihan	St Marys Macroom	12.26	3.0	100m	Inter Girls
2011	Grainne Moynihan	St Mary's Macroom	12.71	-2.9	100m	Inter Girls
2012	Roisin Harrison	Villiers School Limerick	12.57		100m	Inter Girls
2013	Phoebe Murphy	Loreto Clonmel	12.08	2.5	100m	Inter Girls
2014	Phoebe Murphy	Loreto Clonmel	12.43	-3.0	100m	Inter Girls
2015	Ciara Neville	Castletroy College Limerick	11.93	0.9	100m	Inter Girls
2016	Ciara Neville	Castletroy College Limerick	12.84	-4.5	100m	Inter Girls
2017	Niamh Foley	Scoil Mhuire agus Ide Newcastle West	12.31	-0.8	100m	Inter Girls
2018	Lauren O'Leary	Nagle Rice Doneraile	12.54	0.3	100m	Inter Girls
2019	Lucy Sleeman	Colaiste Choilm Ballincollig	12.40	0.0	100m	Inter Girls
2020	Not Held due to Covid-19 restrictions				100m	Inter Girls
2021	Not Held due to Covid-19 restrictions				100m	Inter Girls
2022	Falima Amusa	Bishopstown CS	12.45	0.8	100m	Inter Girls

Intermediate Girls 200m

220yds (1969)

1969	Hilary Hannon	Rochelle Cork	28.0	220yds	Inter Girls
1970	Mary Doyle	St Angelas Cork	27.9	200m	Inter Girls
1971	Mary O'Sullivan	Immaculate Heart Ballyphehane	27.0	200m	Inter Girls
1972	Claire Collins	Regina Mundi Cork	28.2	200m	Inter Girls
1973	Anne Jeffords	Regina Mundi Cork	25.4	200m	Inter Girls
1974	Martha Mullins	Presentation Limerick	27.6	200m	Inter Girls
1975	Imelda Barrett	Presentation Ballingarry	26.4	200m	Inter Girls
1976	Kathleen Glavin	Midleton VS	26.3	200m	Inter Girls
1977	Margaret Delaney	Loreto Clonmel	26.1	200m	Inter Girls
1978	Geraldine Shine	Presentation Limerick	25.5	200m	Inter Girls
1979	Niamh Walsh	Scoil Mhuire Cork	27.0	200m	Inter Girls
1980	Ann Delaney	Loreto Clonmel	25.1	200m	Inter Girls
1981	Ann Delaney	Loreto Clonmel	26.4	200m	Inter Girls
1982	Eileen Curtin	FCJ Bruff	25.2	200m	Inter Girls
1983	Eileen Curtin	FCJ Bruff	25.3	200m	Inter Girls
1984	Norma Farrell	St Brigets Killarney	26.1	200m	Inter Girls
1985	Michele Walsh	Scoil Mhuire Cork	26.0	200m	Inter Girls
1986	Siobhan O'Brien	Mount Trenchard Foynes	26.1	200m	Inter Girls
1987	Emma Nicholson	St Angelas Cork	24.9	200m	Inter Girls
1988	Ciara White	Ursuline Blackrock	26.5	200m	Inter Girls
1989	Ciara White	Ursuline Blackrock	25.1	200m	Inter Girls
1990	Fiona Kelly	St Nessans Limerick	25.2	200m	Inter Girls
1991	Lynda Symonds	Regina Mundi Cork	25.5	200m	Inter Girls
1992	Lena Barry	Salesian Limerick	25.2	200m	Inter Girls
1993	Amanda Clifford	Regina Mundi Cork	26.0	200m	Inter Girls
1994	Sarah Earls	St Caimins CS Shannon	26.2	200m	Inter Girls
1995	Sinead Hickey	Mercy Doon	25.9	200m	Inter Girls
1996	Derval O'Rourke	Christ King Cork	25.5	200m	Inter Girls
1997	Derval O'Rourke	Christ King Cork	25.2	200m	Inter Girls
1998	Avril Kelly	Mount Mercy Cork	25.8	200m	Inter Girls
1999	Sharon Kelly	Mount Mercy Cork	25.3	200m	Inter Girls
2000	Shauna O'Brien	Loreto Clonmel	25.3	200m	Inter Girls
2001	Mandy Crowe	St Ailbes Tipperary	25.2	200m	Inter Girls
2002	Orla Coughlan	Presentation Bandon	25.2	200m	Inter Girls
2003	Orla Coughlan	Presentation Bandon	25.94	200m	Inter Girls
2004	Laura Crowe	Presentation Tralee	26.21	200m	Inter Girls
2005	Mairead Deevy	Mercy Waterford	25.55	200m	Inter Girls
2006	Niamh Whelan	Presentation Waterford	25.03	200m	Inter Girls
2007	Niamh Whelan	Presentation Waterford	25.48	1.0 200m	Inter Girls
2008	Joan Healy	Colaiste na Toibhirte Bandon	24.80	-0.6 200m	Inter Girls
2009	Sarah Lavin	Castletroy College Limerick	25.16	200m	Inter Girls
2010	Ciara Giles Doran	Mercy Waterford	24.75	2.9 200m	Inter Girls
2011	Ciara Giles Doran	Mercy Waterford	25.98	-3.8 200m	Inter Girls
2012	Roisin Harrison	Villiers School Limerick	24.96	200m	Inter Girls
2013	Roisin Harrison	Villiers School Limerick	24.76	1.7 200m	Inter Girls
2014	Phoebe Murphy	Loreto Clonmel	25.15	-3.0 200m	Inter Girls
2015	Ciara Neville	Castletroy College Limerick	23.97	2.9 200m	Inter Girls
2016	Ciara Neville	Castletroy College Limerick	25.26	-4.1 200m	Inter Girls
2017	Niamh Foley	Scoil Mhuire agus Ide Newcastle West	25.54	-1.3 200m	Inter Girls
2018	Lauren McCourt	Bandon Grammar School	25.45	-0.4 200m	Inter Girls
2019	Lauren McCourt	Bandon Grammar School	25.52	-0.1 200m	Inter Girls
2020	Not Held due to Covid-19 restrictions			200m	Inter Girls
2021	Not Held due to Covid-19 restrictions			200m	Inter Girls
2022	Fatima Amusa	Bishopstown CS	25.55	-0.6 200m	Inter Girls

Intermediate Girls 300m/400m

400m (1971 - 1991) 440yds (1969)

1969	Alyson Keeffe	Rochelle Cork	63.2	400yds	Inter Girls
1970	Event Not Held				
1971	Elaine Kelly	St Angelas Cork	60.3	400m	Inter Girls
1972	Joan Fleming	St Angelas Cork	61.5	400m	Inter Girls
1973	Maeve Cowhey	Salesian Limerick	62.9	400m	Inter Girls

1974	Maeve Cowhey	Salesian Limerick	61.8	400m	Inter Girls
1975	Margaret Larkin	St Marys Newcastlewest	60.1	400m	Inter Girls
1976	Imedda Barrett	Presentation Ballingarry	61.4	400m	Inter Girls
1977	Noreen Fleming	St Marys Midleton	58.1	400m	Inter Girls
1978	Niamh Walsh	Scoil Mhuire Cork	58.6	400m	Inter Girls
1979	Niamh Walsh	Scoil Mhuire Cork	60.0	400m	Inter Girls
1980	Fidelma White	Mercy Nenagh	57.7	400m	Inter Girls
1981	Margo Forde	Mercy Rathkeale	58.1	400m	Inter Girls
1982	Eileen Curtin	FCJ Bruff	58.9	400m	Inter Girls
1983	Eileen Curtin	FCJ Bruff	58.0	400m	Inter Girls
1984	Brid Hallissey	SHM Ferrybank Waterford	67.3	400m	Inter Girls
1985	Terri McCarthy	Sacred Heart Cork	61.8	400m	Inter Girls
1986	Brid Devereaux	Presentation Limerick	60.0	400m	Inter Girls
1987	Emma Nicholson	St Angelas Cork	57.6	400m	Inter Girls
1988	Sinead Ryan	St Aloysius Cork	59.6	400m	Inter Girls
1989	Katriona O'Farrell	Borrisokane VS	59.7	400m	Inter Girls
1990	Alva O'Brien	St Fanahans Mitchelstown	60.5	400m	Inter Girls
1991	Mary Dulligan	Colaiste Muire Ennis	59.7	400m	Inter Girls
1992	Toni Finnegan	St Patricks Cork	40.9	300m	Inter Girls
1993	Annette Quaid	Dromcollogher CC	43.2	300m	Inter Girls
1994	Annette Quaid	Dromcollogher CC	40.9	300m	Inter Girls
1995	Niamh Savage	St Aloysius Carrigtwohill	42.0	300m	Inter Girls
1996	Emer O'Shea	St Marys Charleville	41.0	300m	Inter Girls
1997	Lorraine Carr	Loreto Fermoy	41.0	300m	Inter Girls
1998	Roisin Quinn	Ursuline Waterford	40.5	300m	Inter Girls
1999	Maria Sheehan	Salesian Limerick	42.1	300m	Inter Girls
2000	Dawn Kelly	St Aloysius Cork	42.4	300m	Inter Girls
2001	Mandy Crowe	St Ailbes Tipperary	41.3	300m	Inter Girls
2002	Nicole O'Regan	Christ King Cork	41.3	300m	Inter Girls
2003	Laura Crowe	Presentation Tralee	41.46	300m	Inter Girls
2004	Laura Crowe	Presentation Tralee	40.87	300m	Inter Girls
2005	Mairead Deevy	Mercy Waterford	40.86	300m	Inter Girls
2006	Harriet Cross	Bandon Grammar School	39.76	300m	Inter Girls
2007	Niamh Whelan	Presentation Waterford	41.91	300m	Inter Girls
2008	Rachel Birdthistle	Castletroy College Limerick	41.66	300m	Inter Girls
2009	Megan Kiely	Ursuline Waterford	42.30	300m	Inter Girls
2010	Grainne Moynihan	St Marys Macroom	40.02	300m	Inter Girls
2011	Gráine Moynihan	St Mary's Macroom	40.15	300m	Inter Girls
2012	Jenna Bromell	Castletroy College Limerick	41.17	300m	Inter Girls
2013	Jenna Bromell	Castletroy College Limerick	39.88	300m	Inter Girls
2014	Clara Heinrich	Presentation Tralee	42.41	300m	Inter Girls
2015	Sharlene Mawdsley	St Marys Newport	39.38	300m	Inter Girls
2016	Emily Nolan	Scoil Mhuire Carrick-on-Suir	42.69	300m	Inter Girls
2017	Roseanne Fitzgerald	Central Technical Institute Clonmel	41.43	300m	Inter Girls
2018	Ciara Kennelly	St Brigets Killarney	41.67	300m	Inter Girls
2019	Meabh O'Neill	Maria Immaculata CC Dunmanway	41.03	300m	Inter Girls
2020	Not Held due to Covid-19 restrictions			300m	Inter Girls
2021	Not Held due to Covid-19 restrictions			300m	Inter Girls
2022	Victoria Amidamaen	Castletroy College	39.81	300m	Inter Girls

Intermediate Girls 800m 880yds (1969)

1969	Alyson O'Keeffe	Rochelle Cork	2.35.8	880yds	Inter Girls
1970	Marie Buckley	Mercy Kinsale	2.34.1	800m	Inter Girls
1971	Elaine Kelly	St Angelas Cork	2.19.2	800m	Inter Girls
1972	Joan Fleming	St Angelas Cork	2.17.1	800m	Inter Girls
1973	Cushla Murphy	St Josephs Tulla	2.26.7	800m	Inter Girls
1974	Cushla Murphy	St Josephs Tulla	2.19.3	800m	Inter Girls
1975	Margaret Larkin	St Marys Newcastlewest	2.17.0	800m	Inter Girls
1976	Fionnuala Morrish	Regina Mundi Cork	2.20.1	800m	Inter Girls
1977	Caroline Blake	Presentation Limerick	2.22.3	800m	Inter Girls
1978	Mairead Cotter	St Josephs Abbeyfeale	2.19.9	800m	Inter Girls
1979	Susan Cobbe	Salesian Limerick	2.24.1	800m	Inter Girls
1980	Hanora Connolly	Loreto Youghal	2.19.4	800m	Inter Girls

1981	Mary English	Scoil Chriost Ri Cahir	2.21.7	800m	Inter Girls
1982	Margaret Curran	St Marys Mallow	2.14.8	800m	Inter Girls
1983	Miriam Ingerton	St Patricks Cork	2.16.9	800m	Inter Girls
1984	Siobhan McCormack	Presentation Limerick	2.16.6	800m	Inter Girls
1985	Siobhan McCormack	Presentation Limerick	2.20.0	800m	Inter Girls
1986	Breda Dennehy	Mercy Macroom	2.18.6	800m	Inter Girls
1987	Colette Vaughan	Christ King Cork	2.18.2	800m	Inter Girls
1988	Colette Vaughan	Christ King Cork	2.19.0	800m	Inter Girls
1989	Freda Davern	St Marys Tralee	2.18.0	800m	Inter Girls
1990	Mary Dulligan	Colaiste Muire Ennis	2.20.9	800m	Inter Girls
1991	Angela Murphy	St Marys Midleton	2.18.7	800m	Inter Girls
1992	Patricia O'Donoghue	St Marys Nenagh	2.18.1	800m	Inter Girls
1993	Annette Quaid	Dromcollogher CC	2.25.4	800m	Inter Girls
1994	Annette Quaid	Dromcollogher CC	2.15.0	800m	Inter Girls
1995	Triona Whyte	St Augustines Dungarvan	2.23.0	800m	Inter Girls
1996	Emer O'Shea	St Marys Charleville	2.14.8	800m	Inter Girls
1997	Emer O'Shea	St Marys Charleville	2.12.8	800m	Inter Girls
1998	Roisin Quinn	Ursuline Waterford	2.17.1	800m	Inter Girls
1999	Brid Byrne	Colaiste Pobail Roscrea	2.23.0	800m	Inter Girls
2000	Rachel Linehan	St Josephs Tulla	2.25.5	800m	Inter Girls
2001	Niamh Walsh	St Marys Midleton	2.26.1	800m	Inter Girls
2002	Natalie McSweeney	St Brigets Killarney	2.21.3	800m	Inter Girls
2003	Natalie McSweeney	Presentation Killarney	2.27.38	800m	Inter Girls
2004	Laura Crowe	Presentation Tralee	2.15.08	800m	Inter Girls
2005	Amanda Perrill	St Josephs Tulla	2.19.72	800m	Inter Girls
2006	Mary O'Connor	Ursuline Waterford	2.17.51	800m	Inter Girls
2007	Frances O'Shea	St Marys Charleville	2.20.37	800m	Inter Girls
2008	Harriet Flynn	St Patricks CS Shannon	2.21.63	800m	Inter Girls
2009	Amy O'Donoghue	Villiers School Limerick	2.18.31	800m	Inter Girls
2010	Amy O'Donoghue	Villiers School Limerick	2.13.18	800m	Inter Girls
2011	Jessica Coyne	Crescent Comprehensive SJ Limerick	2.19.97	800m	Inter Girls
2012	Louise Shanahan	Scoil Mhuire Cork	2.19.05	800m	Inter Girls
2013	Louise Shanahan	Scoil Mhuire Cork	2.31.31	800m	Inter Girls
2014	Aoife Mahony	Presentation Listowel	2.24.77	800m	Inter Girls
2015	Aoife Mahony	Presentation Listowel	2.29.40	800m	Inter Girls
2016	Alex O'Neill	Rice College Ennis	2.17.43	800m	Inter Girls
2017	Alex O'Neill	Rice College Ennis	2.17.58	800m	Inter Girls
2018	Aimee Hayde	St Marys Newport	2.11.61	800m	Inter Girls
2019	Aimee Hayde	St Marys Newport	2.07.74	800m	Inter Girls
2020	Not Held due to Covid-19 restrictions			800m	Inter Girls
2021	Not Held due to Covid-19 restrictions			800m	Inter Girls
2022	Gemma Galvin	St Michaels Kilmihil	2:13.86	800m	Inter Girls

Intermediate Girls 1500m

1974	Cushla Murphy	St Josephs Tulla	4.47.9	1500m	Inter Girls
1975	Fionnuala Morrish	Regina Mundi Cork	4.48.6	1500m	Inter Girls
1976	Margaret Cadogan	Mercy Skibbereen	4.49.6	1500m	Inter Girls
1977	M O'Brien	Scoil Carmel Limerick	4.46.3	1500m	Inter Girls
1978	Janette O'Halloran	Presentation Limerick	4.58.7	1500m	Inter Girls
1979	Rose Bracken	Croom VS	5.03.5	1500m	Inter Girls
1980	Rosemarie Queally	Mercy Dungarvan	5.00.8	1500m	Inter Girls
1981	Patricia Williams	St Endas CS Limerick	5.01.6	1500m	Inter Girls
1982	Valerie Vaughan	Scoil Mhuire Gan Smal Blarney	4.48.8	1500m	Inter Girls
1983	Siobhan McCormack	Presentation Limerick	4.48.2	1500m	Inter Girls
1984	Carmel McCarthy	Presentation Bandon	4.48.9	1500m	Inter Girls
1985	Anita Philpott	Scoil Mhuire Kanturk	5.04.7	1500m	Inter Girls
1986	Anita Philpott	Scoil Mhuire Kanturk	4.42.0	1500m	Inter Girls
1987	Edwina Foley	FCJ Laurel Hill Limerick	4.41.3	1500m	Inter Girls
1988	Ailish Brosnan	St Josephs Castleisland	4.59.7	1500m	Inter Girls
1989	Elaine Fitzgerald	St Pauls Waterford	4.50.9	1500m	Inter Girls
1990	Michelle Moloney	St Josephs Kilmallock	4.47.8	1500m	Inter Girls
1991	Margaret McParland	St Patricks Shannon	4.41.0	1500m	Inter Girls
1992	Mary Kelly	Colaiste Muire Ennis	4.49.3	1500m	Inter Girls
1993	Margaret Danagher	Our Ladys Templemore	5.01.5	1500m	Inter Girls

1994	Margaret Danagher	Our Ladys Templemore	4.51.8	1500m	Inter Girls
1995	Geraldine McCarthy	Presentation Listowel	4.45.5	1500m	Inter Girls
1996	Carol O'Regan	Scoil Mhuire agus Ide Newcastle West	4.44.6	1500m	Inter Girls
1997	Martina Hickey	Millstreet CS	4.58.0	1500m	Inter Girls
1998	Martina Hickey	Millstreet CS	4.45.9	1500m	Inter Girls
1999	Brid Byrne	Colaiste Pobail Roscrea	5.16.7	1500m	Inter Girls
2000	Niamh Walsh	St Marys Midleton	5.18.6	1500m	Inter Girls
2001	Siobhan Doherty	St Marys Nenagh	5.11.9	1500m	Inter Girls
2002	Natalie McSweeney	St Brigids Killarney	5.06.3	1500m	Inter Girls
2003	Natalie McSweeney	Presentation Killarney	4.58.96	1500m	Inter Girls
2004	Holly Deegan	Mercy Waterford	5.00.22	1500m	Inter Girls
2005	Mary O'Connor	Ursuline Waterford	4.55.50	1500m	Inter Girls
2006	Ciara Cronin	Abbey CC Waterford	4.37.67	1500m	Inter Girls
2007	Ciara Cronin	Abbey CC Waterford	4.51.91	1500m	Inter Girls
2008	Mary Fitzgerald	Colaiste na Sceilge Caherciveen	5.04.20	1500m	Inter Girls
2009	Amy O'Donoghue	Villiers School Limerick	5.04.13	1500m	Inter Girls
2010	Amy O'Donoghue	Villiers School Limerick	4.42.05	1500m	Inter Girls
2011	Jessica Coyne	Crescent Comprehensive SJ Limerick	5.09.68	1500m	Inter Girls
2012	Jessica Coyne	Crescent Comprehensive SJ Limerick	4.52.71	1500m	Inter Girls
2013	Eileen Rafter	Ursuline Thurles	4.54.11	1500m	Inter Girls
2014	Aisling Kelly	St Josephs Spanish Point	5.00.02	1500m	Inter Girls
2015	Aisling Kelly	St Josephs Spanish Point	4.53.91	1500m	Inter Girls
2016	Claire Rafter	Ursuline Thurles	4.52.12	1500m	Inter Girls
2017	Shona O'Brien	Presentation Milltown	4.55.51	1500m	Inter Girls
2018	Aimee Hayde	St Marys Newport	4.46.97	1500m	Inter Girls
2019	Aimee Hayde	St Marys Newport	4.56.53	1500m	Inter Girls
2020	Not Held due to Covid-19 restrictions			1500m	Inter Girls
2021	Not Held due to Covid-19 restrictions			1500m	Inter Girls
2022	Jennifer O'Leary	St Mary's SS Nenagh	4:40.47	1500m	Inter Girls

Intermediate Girls 3000m

1980	Emily Blake	Presentation Limerick	10.33.0	3000m	Inter Girls
1981	Patricia Logan	St Marys Limerick		3000m	Inter Girls
1982	Patricia Logan	St Marys Limerick	9.57.6	3000m	Inter Girls
1983	Patricia Logan	St Marys Limerick	10.21.4	3000m	Inter Girls
1984	Carmel McCarthy	Presentation Bandon	10.29.3	3000m	Inter Girls
1985	Sonia O'Sullivan	Cobh VS	10.20.8	3000m	Inter Girls
1986	Aisling Ryan	Presentation Thurles	10.21.0	3000m	Inter Girls
1987	Edwina Foley	FCJ Laurel Hill Limerick	10.13.6	3000m	Inter Girls
1988	Christine Geoghegan	St Nessans Limerick	10.39.0	3000m	Inter Girls
1989	Christine Geoghegan	St Nessans Limerick	10.21.5	3000m	Inter Girls
1990	Colette O'Riordan	St Marys Macroon	10.21.0	3000m	Inter Girls
1991	Marie McMahan	Scoil Mhuire Ennistymon	10.33.3	3000m	Inter Girls
1992	Maria Brennan	Colaiste Muire	10.34.2	3000m	Inter Girls
1993	Orla O'Mahony	Colaiste Muire Ennis	11.10.7	3000m	Inter Girls
1994	Orla O'Mahony	Colaiste Muire Ennis	10.32.0	3000m	Inter Girls
1995	Deirdre Travers	Ard Scoil na nDeise Dungarvan	11.00.0	3000m	Inter Girls
1996	Olga Cronin	St Colmans CC Midleton	10.26.5	3000m	Inter Girls
1997	Olga Cronin	St Colmans CC Midleton	10.55.5	3000m	Inter Girls
1998	Paula Sheehan	Scoil Mhuire Gan Smal Blarney	10.24.5	3000m	Inter Girls
1999	Katie Lyons	St Marys Macroon	10.58.9	3000m	Inter Girls
2000	Katie Lyons	St Marys Macroon	11.22.9	3000m	Inter Girls
2001	Siobhan Doherty	St Marys Nenagh	11.24.2	3000m	Inter Girls
2002	Ellen Fitzgerald	Presentation Tralee	11.57.5	3000m	Inter Girls
2003	Joyce Curtin	Colaiste Eoin Youghal	NT	3000m	Inter Girls
2004	Joyce Curtin	Colaiste Eoin Youghal	11.11.0	3000m	Inter Girls
2005	Patricia Barry	Ursuline Thurles	10.34.08	3000m	Inter Girls
2006	Niamh Ryan	Abbey CC Waterford	10.38.8	3000m	Inter Girls
2007	Eimear Tangney	St Brigids Killarney		3000m	Inter Girls
2008	Laura Behan	St Declans CC Kilmacthomas	11.21.49	3000m	Inter Girls
2009	Shannen Ryan	Colaiste Chiaran Croom	11.09.14	3000m	Inter Girls
2010	Brona Croke	Crescent Comprehensive SJ Limerick	11.28.20	3000m	Inter Girls
2011	Brona Croke	Crescent Comprehensive SJ Limerick	11.13.1	3000m	Inter Girls
2012	Orla Moynihan	Loreto Clonmel	10.53.30	3000m	Inter Girls

2013	Niamh Cotter	Colaiste Pobail Bantry	10.50.50	3000m	Inter Girls
2014	Caoimhe Harvey	Kilkee CC	10.59.30	3000m	Inter Girls
2015	Caoimhe Harrington	Colaiste Pobail Bantry	10.33.87	3000m	Inter Girls
2016	Eimear McDonald	Rice College Ennis	11.11.06	3000m	Inter Girls
2017	Claire Rafter	Ursuline Thurles	10.46.83	3000m	Inter Girls
2018	Niamh O'Mahony	Presentation Tralee	10.08.35	3000m	Inter Girls
2019	Niamh O'Mahony	Presentation Tralee	10.19.88	3000m	Inter Girls
2020	Not Held due to Covid-19 restrictions			3000m	Inter Girls
2021	Not Held due to Covid-19 restrictions			3000m	Inter Girls
2022	Louise O'Mahony	Col Muire Ennis	10:05.96	3000m	Inter Girls

Intermediate Girls 80m Hurdles (76.2 cm)

1970	Teresa O'Brien	St Annes Tipperary	15.9	80m Hurdles	Inter Girls
1971	Maureen McEnery	Colaiste Muire Ennis	15.0	80m Hurdles	Inter Girls
1972	Patrice Ryan	Colaiste Muire Ennis	14.5	80m Hurdles	Inter Girls
1973	Alison Dunlop	Shannon Comprehensive School	13.0	80m Hurdles	Inter Girls
1974	Bernadette Murray	Loreto Fermoy	12.6	80m Hurdles	Inter Girls
1975	Kathleen Glavin	Midleton VS	12.0	80m Hurdles	Inter Girls
1976	Nora O'Grady	Mercy Nenagh	11.8	80m Hurdles	Inter Girls
1977	Evelyn O'Brien	St Marys Limerick	11.9	80m Hurdles	Inter Girls
1978	Carmel Maher	Mercy Nenagh	12.2	80m Hurdles	Inter Girls
1979	Carmel Maher	Mercy Nenagh	12.8	80m Hurdles	Inter Girls
1980	Noreen Murphy	Nenagh VS	12.0	80m Hurdles	Inter Girls
1981	Noelle Morrissey	St Marys Nenagh	11.6	80m Hurdles	Inter Girls
1982	Noelle Morrissey	Mercy Nenagh	11.2	80m Hurdles	Inter Girls
1983	Olive Burke	FCJ Laurel Hill Limerick	10.9	80m Hurdles	Inter Girls
1984	Brid Hallissey	SHM Ferrybank Waterford	11.6	80m Hurdles	Inter Girls
1985	Brid Hallissey	SHM Ferrybank Waterford	11.3	80m Hurdles	Inter Girls
1986	Grace O'Grady	Nenagh VS	12.2	80m Hurdles	Inter Girls
1987	Susan Smith	Presentation Waterford	11.3	80m Hurdles	Inter Girls
1988	Susan Smith	Presentation Waterford	11.2	80m Hurdles	Inter Girls
1989	Jean O'Gorman	St Marys Newport	11.4	80m Hurdles	Inter Girls
1990	Elaine Murphy	Mercy Nenagh	11.6	80m Hurdles	Inter Girls
1991	Patricia Naughton	St Marys Nenagh	11.6	80m Hurdles	Inter Girls
1992	Debra Brady	Colaiste Choilm Ballincollig	11.8	80m Hurdles	Inter Girls
1993	Laura Hartley	SHM Ferrybank Waterford	12.5	80m Hurdles	Inter Girls
1994	Olivere Walsh	St Augustines Dungarvan	12.6	80m Hurdles	Inter Girls
1995	Aine Cuddihy	Scoil Mhuire Carrick-on-Suir	12.7	80m Hurdles	Inter Girls
1996	Aine Cuddihy	Scoil Mhuire Carrick-on-Suir	11.7	80m Hurdles	Inter Girls
1997	Derval O'Rourke	Christ King Cork	11.6	80m Hurdles	Inter Girls
1998	Siobhan Fitzpatrick	Ursuline Waterford	12.2	80m Hurdles	Inter Girls
1999	Sharon Kelly	Mount Mercy Cork	12.1	80m Hurdles	Inter Girls
2000	Jessica Zebo	Regina Mundi Cork	11.8	80m Hurdles	Inter Girls
2001	Orla Doyle	Scoil Mhuire Carrick-on-Suir	12.0	80m Hurdles	Inter Girls
2002	Katie Bird	Colaiste Daibheid Cork	12.3	80m Hurdles	Inter Girls
2003	Katie Bird	Colaiste Daibheid Cork	NT	80m Hurdles	Inter Girls
2004	Mairead Murphy	Mercy Waterford	12.02	80m Hurdles	Inter Girls
2005	Kalyn Sheehan	Ursuline Waterford	11.77	80m Hurdles	Inter Girls
2006	Kalyn Sheehan	Ursuline Waterford	11.97	80m Hurdles	Inter Girls
2007	Orla Finn	Kinsale CS	12.47	Tie 80m Hurdles	Inter Girls
2007	Nicola Power	Abbey CC Waterford	12.47	Tie 80m Hurdles	Inter Girls
2008	Chloe Foley	Nenagh VS	12.38	80m Hurdles	Inter Girls
2009	Sarah Lavin	Castletroy Collge Limerick	12.53	80m Hurdles	Inter Girls
2010	Ciara Giles Doran	Mercy Waterford	11.87	1.0 80m Hurdles	Inter Girls
2011	Lilly Ann O'Hora	Crescent Comprehensive SJ Limerick	12.36	-4.9 80m Hurdles	Inter Girls
2012	Jayne Pennefather	Carrigaline CS	12.25	1.6 80m Hurdles	Inter Girls
2013	Kelly-Ann Doyle	Scoil Mhuire Carrick-on-Suir	11.83	1.5 80m Hurdles	Inter Girls
2014	Clodagh O'Mahoney	Laurel Hill Colaiste Limerick	12.21	-4.1 80m Hurdles	Inter Girls
2015	Lauren Ryan	Crescent Comprehensive SJ Limerick	11.91	1.2 80m Hurdles	Inter Girls
2016	Kate Taylor	Colaiste Muire Ennis	12.02	-3.9 80m Hurdles	Inter Girls
2017	Miriam Daly	Scoil Mhuire Carrick-on-Suir	12.08	0.7 80m Hurdles	Inter Girls
2018	Chisom Ugwueru	St Flannans Ennis	12.47	0.9 80m Hurdles	Inter Girls
2019	Chisom Ugwueru	St Flannans Ennis	11.87	3.4 80m Hurdles	Inter Girls
2020	Not Held due to Covid-19 restrictions			80m Hurdles	Inter Girls

2021	Not Held due to Covid-19 restrictions			80m Hurdles	Inter Girls
2022	Okwu Backari	Ashton Cork	11.75	-1.2 80m Hurdles	Inter Girls

Intermediate Girls 400m/300m Hurdles (76.2 cm) 400m (1982 - 1988)

1982	Fiona Wadding	Mercy Waterford	69.1	400m Hurdles	Inter Girls
1983	Fidelma Kirwin	Mount Mercy Cork	66.0	400m Hurdles	Inter Girls
1984	Evanna Morrissey	St Marys Nenagh	64.5	400m Hurdles	Inter Girls
1985	Aideen Burke	Presentation Limerick	63.2	400m Hurdles	Inter Girls
1986	Aideen Burke	Presentation Limerick	66.2	400m Hurdles	Inter Girls
1987	Clodagh Williams	SHM Ferrybank Waterford	58.4	400m Hurdles	Inter Girls
1988	Eileen Hearne	SHM Ferrybank Waterford	69.0	400m Hurdles	Inter Girls
1989	Olive Bowers	St Annes CC Killaloe	45.9	300m Hurdles	Inter Girls
1990	Elaine Murphy	Mercy Nenagh	47.1	300m Hurdles	Inter Girls
1991	Debra Brady	Colaiste Choilm Ballincollig	46.1	300m Hurdles	Inter Girls
1992	Debra Brady	Colaiste Choilm Ballincollig	46.0	300m Hurdles	Inter Girls
1993	Jennifer Walsh	Boherbue Comprehensive School	48.5	300m Hurdles	Inter Girls
1994	Laura Hegarty	St Colmans CC Midleton	47.4	300m Hurdles	Inter Girls
1995	Linda Guilly	St Augustines Dungarvan	49.2	300m Hurdles	Inter Girls
1996	Aine Cuddihy	Scoil Mhuire Carrick-on-Suir	45.7	300m Hurdles	Inter Girls
1997	Siobhan Fitzpatrick	Ursuline Waterford	46.0	300m Hurdles	Inter Girls
1998	Lorraine Carr	Loreto Fermoy	46.4	300m Hurdles	Inter Girls
1999	Dawn Kelly	St Aloysius Cork	45.8	300m Hurdles	Inter Girls
2000	Niamh Walsh	St Marys Midleton	47.1	300m Hurdles	Inter Girls
2001	Nicole O'Regan	Christ King Cork	45.5	300m Hurdles	Inter Girls
2002	Nicole O'Regan	Christ King Cork	45.7	300m Hurdles	Inter Girls
2003	Holly Deegan	Mercy Waterford	47.39	300m Hurdles	Inter Girls
2004	Christina Broderick	Kinsale CS	44.99	300m Hurdles	Inter Girls
2005	Mairead Murphy	Mercy Waterford	43.52	300m Hurdles	Inter Girls
2006	Kalyn Sheehan	Ursuline Waterford	43.01	300m Hurdles	Inter Girls
2007	Ciara Barrett	Salesian Pallaskenry	48.83	300m Hurdles	Inter Girls
2008	Kate Humphres	St Angelas Cork	46.31	300m Hurdles	Inter Girls
2009	Megan Kiely	Ursuline Waterford	46.50	300m Hurdles	Inter Girls
2010	Megan Kiely	Ursuline Waterford	44.36	300m Hurdles	Inter Girls
2011	Ciara Giles Doran	Mercy Waterford	43.81	300m Hurdles	Inter Girls
2012	Leanne Prout	Presentation Ballingarry	45.96	300m Hurdles	Inter Girls
2013	Kelly-Ann Doyle	Scoil Mhuire Carrick-on-Suir	43.82	300m Hurdles	Inter Girls
2014	Kelly-Ann Doyle	Scoil Mhuire Carrick-on-Suir	43.67	300m Hurdles	Inter Girls
2015	Chloe Tobin	Castletroy College Limerick	46.04	300m Hurdles	Inter Girls
2016	Miriam Daly	Scoil Mhuire Carrick-on-Suir	44.53	300m Hurdles	Inter Girls
2017	Miriam Daly	Scoil Mhuire Carrick-on-Suir	44.80	300m Hurdles	Inter Girls
2018	Orla Coffey	St Angelas Cork	47.07	300m Hurdles	Inter Girls
2019	Lorna O'Shea	Scoil Mhuire Carrick-on-Suir	45.30	300m Hurdles	Inter Girls
2020	Not Held due to Covid-19 restrictions			300m Hurdles	Inter Girls
2021	Not Held due to Covid-19 restrictions			300m Hurdles	Inter Girls
2022	Eimear Galvin	Hazelwood Col Dromcollogher	46.54	300m Hurdles	Inter Girls

Intermediate Girls 1500m Steeplechase

2012	Jessica Coyne	Crescent Comprehensive SJ Limerick	5.35.57	Steeplechase	Inter Girls
2013	Ciara Cummins	Ursuline Thurles	5.25.42	Steeplechase	Inter Girls
2014	Chloe Fennell	St Augustines Dungarvan	6.00.12	Steeplechase	Inter Girls
2015	Laura Nicholson	Bandon Grammar School	5.32.65	Steeplechase	Inter Girls
2016	Laura Nicholson	Bandon Grammar School	5.19.11	Steeplechase	Inter Girls
2017	Alannah Neff	Carrigaline CS	5.20.01	Steeplechase	Inter Girls
2018	Aoife Allen	Mercy Waterford	5.39.48	Steeplechase	Inter Girls
2019	Avril Cashman	Pobalscoil na Trionoide Youghal	5.40.69	Steeplechase	Inter Girls
2020	Not Held due to Covid-19 restrictions			Steeplechase	Inter Girls
2021	Not Held due to Covid-19 restrictions			Steeplechase	Inter Girls
2022	Caoimhe Flannery	Skibbereen CS	5:23.72	Steeplechase	Inter Girls

Intermediate Girls 2000m Walk

1981	Mary Whelan	Mercy Nenagh	11.33.8	Walk	Inter Girls
1982	Ann Hogan	Borrisokane VS	13.39.1	Walk	Inter Girls
1983	Ann Hogan	Borrisokane VS	11.06.3	Walk	Inter Girls
1984	Josephine Quinlan	SHM Ferrybank Waterford	18.03.0	Walk	Inter Girls
1985	Tina Mulcahy	Presentation Dungarvan	10.58.5	Walk	Inter Girls
1986	Tina Mulcahy	Presentation Dungarvan	11.03.0	Walk	Inter Girls
1987	Miriam Doran	St Nessans Limerick	11.24.0	Walk	Inter Girls
1988	Mary Thompson	Presentation Limerick	11.36.9	Walk	Inter Girls
1989	Eileen Hearne	SHM Ferrybank Waterford	10.37.5	Walk	Inter Girls
1990	Orla Kelly	St Nessans Limerick	10.20.0	Walk	Inter Girls
1991	Niamh O'Sullivan	Colaiste Muire Ennis	10.34.0	Walk	Inter Girls
1992	Gillian O'Sullivan	Presentation Killarney	10.49.1	Walk	Inter Girls
1993	Gillian O'Sullivan	Presentation Killarney	10.19.21	Walk	Inter Girls
1994	Aisling Dolan	St Josephs Borrisoleigh	11.05.0	Walk	Inter Girls
1995	Siobhan O'Malley	Mercy Doon	10.12.7	Walk	Inter Girls
1996	Siobhan O'Malley	Mercy Doon	10.24.0	Walk	Inter Girls
1997	Mairead Costin	St Augustines Dungarvan	11.09.0	Walk	Inter Girls
1998	Ann O'Malley	Mercy Doon	11.02.0	Walk	Inter Girls
1999	Ann O'Malley	Mercy Doon	10.41.0	Walk	Inter Girls
2000	Caitriona McMahon	Colaiste Muire Askeaton	10.44.35	Walk	Inter Girls
2001	Caitriona McMahon	Colaiste Muire Askeaton	13.13.0	Walk	Inter Girls
2002	Elaine Fitzgerald	Colaiste Muire Ennis	NT	Walk	Inter Girls
2003	Elaine Fitzgerald	Colaiste Muire Ennis	11.24.4	Walk	Inter Girls
2004	Aoibheann Prenderville	Tarbert CS	11.16.3	Walk	Inter Girls
2005	Sorcha Prenderville	Tarbert CS	10.04.9	Walk	Inter Girls
2006	Sorcha Prenderville	Tarbert CS	10.16.2	Walk	Inter Girls
2007	Fiona Dennehy	Mercy Waterford		Walk	Inter Girls
2008	Emma Prenderville	Pobalscoil Chorca Dhuibhne	10.30.5	Tie Walk	Inter Girls
2008	Fiona Dennehy	Mercy Waterford	10.30.5	Tie Walk	Inter Girls
2009	Kate Veale	St Augustines Dungarvan	8.50.02	Walk	Inter Girls
2010	Fiona Holmes	Mercy Doon	10.28.07	Walk	Inter Girls
2011	Siobhan Hennessy	Ursuline Thurles	12.01.7	Walk	Inter Girls
2012	Tara Lacey	Abbey CC Waterford	11.49.90	Walk	Inter Girls
2013	Jodie Cusack	Nagle Rice Doneraile	11.39.52	Walk	Inter Girls
2014	Isabel Morgan	Ursuline Waterford	10.54.56	Walk	Inter Girls
2015	Orla O'Connor	Waterpark College Waterford	10.11.17	Walk	Inter Girls
2016	Orla O'Connor	Waterpark	9.17.21	Walk	Inter Girls
2017	Ruth Heery	Waterpark College Waterford	10.31.92	Walk	Inter Girls
2018	Claire Caufield	Ursuline Waterford	10.12.13	Walk	Inter Girls
2019	Meadbh O'Connor	Waterpark College Waterford	10.31.98	Walk	Inter Girls
2020	Not Held due to Covid-19 restrictions			Walk	Inter Girls
2021	Not Held due to Covid-19 restrictions			Walk	Inter Girls
2022	Doireann Ni-Hici	Meanscoil san Nioclas	10:42.97	Walk	Inter Girls

Intermediate Girls High Jump

1969	Alyson Keeffe	Rochelle Cork		High Jump	Inter Girls
1970	Teresa O'Brien	St Annes Tipperary	1.35	High Jump	Inter Girls
1971	Yvonne O'Brien	Ursuline Waterford	1.35	High Jump	Inter Girls
1972	Yvonne O'Brien	Ursuline Waterford	1.37	High Jump	Inter Girls
1973	Bernadette Murray	Loreto Fermoy	1.47	High Jump	Inter Girls
1974	Bernadette Murray	Loreto Fermoy	1.57	High Jump	Inter Girls
1975	Bridie Hartnett	St Marys Midleton	1.57	High Jump	Inter Girls
1976	Teresa Kennedy	Presentation Waterford	1.52	High Jump	Inter Girls
1977	Claire Whelan	Mercy Nenagh	1.62	High Jump	Inter Girls
1978	Mary Kirwan	St Marys Limerick	1.61	High Jump	Inter Girls
1979	Mary Healy	South Presentation Cork	1.58	High Jump	Inter Girls
1980	Mary Healy	South Presentation Cork	1.63	High Jump	Inter Girls
1981	Ann Marie Walsh	Crescent Comprehensive SJ Limerick	1.50	High Jump	Inter Girls
1982	Marie Aherne	Crescent Comprehensive SJ Limerick	1.63	High Jump	Inter Girls
1983	Jacqui Stokes	Newtown School Waterford	1.67	Tie High Jump	Inter Girls
1983	Marie Aherne	Crescent Comprehensive SJ Limerick	1.67	Tie High Jump	Inter Girls
1984	Brid Hallissey	SHM Ferrybank Waterford	1.64	High Jump	Inter Girls

1985	Brid Hallissey	SHM Ferrybank Waterford	1.67	High Jump	Inter Girls
1986	Grace O'Grady	Nenagh VS	1.55	High Jump	Inter Girls
1987	C Sullivan	Crescent Comprehensive SJ Limerick	1.50	High Jump	Inter Girls
1988	Catherine Aherne	St Aloysius Cork	1.66	High Jump	Inter Girls
1989	Elaine Ball	Scoil Carmel Limerick	1.64	High Jump	Inter Girls
1990	Elaine Ball	Scoil Carmel Limerick	1.67	High Jump	Inter Girls
1991	Oliva Scully	Salesian Limerick	1.69	High Jump	Inter Girls
1992	Edna Williams	SHM Ferrybank Waterford	1.59	High Jump	Inter Girls
1993	Maria Madigan	St Marys Charleville	1.50	High Jump	Inter Girls
1994	Helen Johnson	St Michaels CC Kilmihil	1.58	High Jump	Inter Girls
1995	Rachel McMillan	Borrisokane VS	1.58	High Jump	Inter Girls
1996	Orna Donoghue	Scoil Mhuire Carrick-on-Suir	1.57	High Jump	Inter Girls
1997	Lisa Marsh	Ursuline Waterford	1.60	High Jump	Inter Girls
1998	Lisa Marsh	Ursuline Waterford	1.57	High Jump	Inter Girls
1999	Susan Nagle	St Aloysius Carrigtwohill	1.50	High Jump	Inter Girls
2000	Eilish O'Callaghan	St Marys Mallow	1.64	High Jump	Inter Girls
2001	Orla Doyle	Scoil Mhuire Carrick-on-Suir	1.58	High Jump	Inter Girls
2002	Sandra Williams	Borrisokane CC	1.45	High Jump	Inter Girls
2003	Kelly Proper	Ursuline Waterford	1.48	High Jump	Inter Girls
2004	Christina Broderick	Kinsale CS	1.55	High Jump	Inter Girls
2005	Jessie Barr	Ursuline Waterford	1.68	High Jump	Inter Girls
2006	Lisa Kelly	Borrisokane CC	1.50	High Jump	Inter Girls
2007	Orla Finn	Kinsale CS	1.58	High Jump	Inter Girls
2008	Chloe Fahy	Nenagh VS	1.58	High Jump	Inter Girls
2009	Ciara Walsh	Causeway Comprehensive School	1.55	High Jump	Inter Girls
2010	Aishling Croke	Crescent Comprehensive SJ Limerick	1.70	High Jump	Inter Girls
2011	Aishling Croke	Crescent Comprehensive SJ Limerick	1.65	High Jump	Inter Girls
2012	Neasa Murphy	Stella Maris Tramore	1.55	High Jump	Inter Girls
2013	Neasa Murphy	Stella Maris Tramore	1.65	High Jump	Inter Girls
2014	Laura Cussen	Colaiste Choilm Ballincollig	1.55	High Jump	Inter Girls
2015	Laura Nicholson	Bandon Grammar School	1.55	High Jump	Inter Girls
2016	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	1.60	High Jump	Inter Girls
2017	Ciara Kennelly	St Brigids Killarney	1.68	High Jump	Inter Girls
2018	Ciara Kennelly	St Brigids Killarney	1.75	High Jump	Inter Girls
2019	Aoife O'Sullivan	St Marys Mallow	1.68	High Jump	Inter Girls
2020	Not Held due to Covid-19 restrictions			High Jump	Inter Girls
2021	Not Held due to Covid-19 restrictions			High Jump	Inter Girls
2022	Ava Rochford	Rice College Ennis	1.70	High Jump	Inter Girls

Intermediate Girls Long Jump

1969	Deirdre Sheehan	Mercy Kinsale	4.69	Long Jump	Inter Girls
1970	Marian Connors	Presentation Dungarvan	4.42	Long Jump	Inter Girls
1971	Yvonne O'Brien	Ursuline Waterford	4.78	Long Jump	Inter Girls
1972	Joy Good	Rochelle Cork	5.27	Long Jump	Inter Girls
1973	Joy Good	Ashton School Cork	4.95	Long Jump	Inter Girls
1974	Anne Jeffords	Regina Mundi Cork	4.90	Long Jump	Inter Girls
1975	Kathleen Glavin	Midleton VS	5.02	Long Jump	Inter Girls
1976	Evelyn O'Brien	St Marys Limerick	5.42	Long Jump	Inter Girls
1977	Evelyn O'Brien	St Marys Limerick	5.25	Long Jump	Inter Girls
1978	Barbara Johnson	Ursuline Blackrock	5.21	Long Jump	Inter Girls
1979	Brid Ann Fitzgerald	Presentation Thurles	5.33	Long Jump	Inter Girls
1980	Geraldine O'Brien	Mercy Tralee	4.89	Long Jump	Inter Girls
1981	Noelle Morrissey	St Marys Nenagh	5.05	Long Jump	Inter Girls
1982	Noelle Morrissey	Mercy Nenagh	5.58	Long Jump	Inter Girls
1983	Jacqui Stokes	Newtown School Waterford	5.57	Long Jump	Inter Girls
1984	Terrie Horgan	St Marys Mallow	5.46	Long Jump	Inter Girls
1985	Evanna Morrissey	St Marys Nenagh	5.41	Long Jump	Inter Girls
1986	Evanna Morrissey	St Marys Nenagh	5.55	Long Jump	Inter Girls
1987	Susan Smith	Presentation Waterford	5.15	Long Jump	Inter Girls
1988	Renata Gibson	St Annes CC Killaloe	5.10	Long Jump	Inter Girls
1989	Marie O'Meara	Mercy Nenagh	5.58	Long Jump	Inter Girls
1990	Claire Ingerton	Christ King Cork	5.76	Long Jump	Inter Girls
1991	Claire Ingerton	Christ King Cork	5.72	Long Jump	Inter Girls
1992	Donna McGrane	Carrigaline CS	5.05	Long Jump	Inter Girls

1993	Ann Mather	Mercy Kinsale	4.70	Long Jump	Inter Girls
1994	Niamh Savage	Sacred Heart Clonakilty	5.21	Long Jump	Inter Girls
1995	Niamh Savage	St Aloysius Carrigtwohill	5.14	Long Jump	Inter Girls
1996	Bronagh McCarthy	Colaiste an Chroi Naofa Carraig na bhFear	5.30	Long Jump	Inter Girls
1997	Lorraine Carr	Loreto Fermoy	5.08	Long Jump	Inter Girls
1998	Edel Power	Scoil Mhuire Carrick-on-Suir	5.10	Long Jump	Inter Girls
1999	Claire O'Leary	St Marys Midleton	4.89	Long Jump	Inter Girls
2000	Orla Doyle	Scoil Mhuire Carrick-on-Suir	5.15	Long Jump	Inter Girls
2001	Orla Doyle	Scoil Mhuire Carrick-on-Suir	5.15	Long Jump	Inter Girls
2002	Donna Hosford	St Vincents Cork	5.52	Long Jump	Inter Girls
2003	Donna Hosford	St Vincents Cork	5.43	Long Jump	Inter Girls
2004	Kelly Proper	St Pauls Waterford	5.20	Long Jump	Inter Girls
2005	Imelda Morrison	Colaiste Eoin Youghal	5.65	Long Jump	Inter Girls
2006	Harriet Cross	Bandon Grammar School	5.56	Long Jump	Inter Girls
2007	Nicola Power	Abbey CC Waterford	5.32	Long Jump	Inter Girls
2008	Nicola Power	Abbey CC Waterford	5.50	Long Jump	Inter Girls
2009	April Flynn	Ursuline Waterford	4.94	Long Jump	Inter Girls
2010	Anna Rodgers	Stella Maris Tramore	5.18	Long Jump	Inter Girls
2011	Marie Heelan	John The Baptist Hospital	5.52	Long Jump	Inter Girls
2012	Niamh Giles Doran	Mercy Waterford	5.27	Long Jump	Inter Girls
2013	Laura Cussen	Colaiste Choilm Ballincollig	4.87	Long Jump	Inter Girls
2014	Aoife O'Carroll	Mercy Mount Hawk Tralee	5.06	Long Jump	Inter Girls
2015	Kate Taylor	Colaiste Muire Ennis	5.37	Long Jump	Inter Girls
2016	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	5.74	Long Jump	Inter Girls
2017	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	5.45	Long Jump	Inter Girls
2018	Emily O'Mahony	St Augustines Dungarvan	5.36	Long Jump	Inter Girls
2019	Laura Frawley	St Marys Charleville	5.42	Long Jump	Inter Girls
2020	Not Held due to Covid-19 restrictions			Long Jump	Inter Girls
2021	Not Held due to Covid-19 restrictions			Long Jump	Inter Girls
2022	Leah Maloney	Gaelcholaiste Luimnigh	5.42	Long Jump	Inter Girls

Intermediate Girls Triple Jump

1996	Ann Marie O'Callaghan	Scoil Mhuire Bruff	10.15	Triple Jump	Inter Girls
1997	Ann Marie O'Callaghan	Scoil Mhuire Bruff	10.84	Triple Jump	Inter Girls
1998	Marian Troy	St Augustines Dungarvan	10.17	Triple Jump	Inter Girls
1999	Marie Conroy	St Augustines Dungarvan	9.85	Triple Jump	Inter Girls
2000	Karen Dunne	Scoil Mhuire Carrick-on-Suir	10.71	Triple Jump	Inter Girls
2001	Caroline Lane	Colaiste Muire Crosshaven	10.73	Triple Jump	Inter Girls
2002	Caitriona de Paor	Loreto Youghal	10.37	Triple Jump	Inter Girls
2003	Amanda O'Connell	Mercy Mount Hawk Tralee	10.55	Triple Jump	Inter Girls
2004	Kelly Proper	St Pauls Waterford	10.29	Triple Jump	Inter Girls
2005	Jessie Barr	Ursuline Waterford	10.74	Triple Jump	Inter Girls
2006	Jessie Barr	Ursuline Waterford	11.00	Triple Jump	Inter Girls
2007	Aoife Bartley	Scoil Mhuire Carrick-on-Suir	10.35	Triple Jump	Inter Girls
2008	Aoife Bartley	Scoil Mhuire Carrick-on-Suir	10.84	0.1 Triple Jump	Inter Girls
2009	Lisa Houlihan	St Augustines Dungarvan	10.65	Triple Jump	Inter Girls
2010	Jessica Sheehan	Kinsale CS	10.53	Triple Jump	Inter Girls
2011	Jessica Sheehan	Kinsale CS	10.78	Triple Jump	Inter Girls
2012	Liz Devine	St Augustines Dungarvan	10.67	Triple Jump	Inter Girls
2013	Liz Devine	St Augustines Dungarvan	10.74	Triple Jump	Inter Girls
2014	Maria Carey	St Marys Newport	11.50	-1.9 Triple Jump	Inter Girls
2015	Kate Taylor	Colaiste Muire Ennis	10.62	Triple Jump	Inter Girls
2016	Kate Taylor	Colaiste Muire Ennis	11.23	Triple Jump	Inter Girls
2017	Aisling Cassidy	Bandon Grammar School	10.84	Triple Jump	Inter Girls
2018	Emily O'Mahony	St Augustines Dungarvan	10.83	Triple Jump	Inter Girls
2019	Chisom Ugwuere	St Flannans Ennis	10.74	Triple Jump	Inter Girls
2020	Not Held due to Covid-19 restrictions			Triple Jump	Inter Girls
2021	Not Held due to Covid-19 restrictions			Triple Jump	Inter Girls
2022	Lucy Fitzgerald	St Anne's SS Tipp Town	11.13	Triple Jump	Inter Girls

Intermediate Girls Pole Vault

1999	Nicola Fennell	St Augustines Dungarvan	2.30	Pole Vault	Inter Girls
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2000	Nicola Fennell	St Augustines Dungarvan	2.45	Pole Vault	Inter Girls
2001	Claire O'Sullivan	St Augustines Dungarvan	2.50	Pole Vault	Inter Girls
2002	Deirdre Kiely	St Augustines Dungarvan	2.05	Pole Vault	Inter Girls
2003	Susan Lonergan	St Augustines Dungarvan	2.30	Pole Vault	Inter Girls
2004	Susan Lonergan	St Augustines Dungarvan	2.40	Pole Vault	Inter Girls
2005	Siobhan Brackett	St Augustines Dungarvan	2.70	Pole Vault	Inter Girls
2006	Sorcha Ni Riain	Colaiste Eoin Youghal	2.50	Pole Vault	Inter Girls
2007	Nikita Savage	Pobalscoil na Trionoide Youghal	2.30	Pole Vault	Inter Girls
2008	Lisa Houlihan	St Augustines Dungarvan	2.60	Pole Vault	Inter Girls
2009	Lisa Houlihan	St Augustines Dungarvan	2.70	Pole Vault	Inter Girls
2010	Una Marley	Mercy Mount Hawk Tralee	2.30	Pole Vault	Inter Girls
2011	Una Marley	Mercy Mount Hawk Tralee	2.60	Pole Vault	Inter Girls
2012	Megan O'Connor	St Augustines Dungarvan	2.50	Pole Vault	Inter Girls
2013	Megan O'Connor	St Augustines Dungarvan	2.60	Pole Vault	Inter Girls
2014	Megan Dunford	St Augustines Dungarvan	2.70	Pole Vault	Inter Girls
2015	Clodagh Walsh	Davis College Mallow	2.40	Pole Vault	Inter Girls
2016	Emma Coffey	St Angelas Cork	3.20	Pole Vault	Inter Girls
2017	Emma Coffey	St Angelas Cork	3.10	Pole Vault	Inter Girls
2018	Orla Coffey	St Angelas Cork	3.10	Pole Vault	Inter Girls
2019	Orla Coffey	St Angelas Cork	3.40	Pole Vault	Inter Girls
2020	Not Held due to Covid-19 restrictions			Pole Vault	Inter Girls
2021	Not Held due to Covid-19 restrictions			Pole Vault	Inter Girls
2022	Ava Rochford	Rice College Ennis	3.15	Pole Vault	Inter Girls

Intermediate Girls Shot Put (3kg) 4kg (1970 - 2013)

1970	Mary O'Flynn	Colaiste Muire Ennis	9.07	Shot Put	Inter Girls
1971	Betty Cooney	Presentation Cashel	8.37	Shot Put	Inter Girls
1972	Jacinta Ryan	Mercy Carrick-on-Suir	9.14	Shot Put	Inter Girls
1973	Jacinta Ryan	Mercy Carrick-on-Suir	10.13	Shot Put	Inter Girls
1974	Marie Dooley	Presentation Limerick	9.49	Shot Put	Inter Girls
1975	Marie Dooley	Presentation Limerick	11.15	Shot Put	Inter Girls
1976	Patricia Walsh	SHM Ferrybank Waterford	11.65	Shot Put	Inter Girls
1977	Joan Dooley	Presentation Limerick	11.03	Shot Put	Inter Girls
1978	Joan Dooley	Presentation Limerick	11.69	Shot Put	Inter Girls
1979	Anne Prendergast	Presentation Waterford	10.94	Shot Put	Inter Girls
1980	Brid Naughton	Mercy Nenagh	10.62	Shot Put	Inter Girls
1981	Brid Flynn	St Josephs Abbeyfeale	10.32	Shot Put	Inter Girls
1982	Debbie Tobin	Crescent Comprehensive SJ Limerick	9.94	Shot Put	Inter Girls
1983	Debbie Tobin	Crescent Comprehensive SJ Limerick	11.08	Shot Put	Inter Girls
1984	Elaine Boland	Salesian Limerick	10.91	Shot Put	Inter Girls
1985	Ailish O'Brien	Presentation Dungarvan	10.92	Shot Put	Inter Girls
1986	Ailish O'Brien	Presentation Dungarvan	11.08	Shot Put	Inter Girls
1987	Mary Naughton	St Marys Nenagh	10.02	Shot Put	Inter Girls
1988	Emma Gavin	Salesian Limerick	9.99	Shot Put	Inter Girls
1989	Joselyn Hanrahan	St Marys Limerick	9.52	Shot Put	Inter Girls
1990	Valerie Mangan	FCJ Laurel Hill Limerick	10.19	Shot Put	Inter Girls
1991	Valerie Mangan	FCJ Laurel Hill Limerick	10.08	Shot Put	Inter Girls
1992	Edel Meagher	Scoil Mhuire Gan Smal Blarney	10.09	Shot Put	Inter Girls
1993	Edel Meagher	Scoil Mhuire Gan Smal Blarney	10.14	Shot Put	Inter Girls
1994	Leanne Tutty	Mercy Waterford	9.58	Shot Put	Inter Girls
1995	Sinead Kehoe	Mercy Waterford	9.96	Shot Put	Inter Girls
1996	Denise Murphy	Regina Mundi Cork	10.98	Shot Put	Inter Girls
1997	Denise Murphy	Regina Mundi Cork	11.30	Shot Put	Inter Girls
1998	Diane Cashman	St Aloysius Carrigtwohill	10.26	Shot Put	Inter Girls
1999	Fionnuala Lombard	Mount Mercy Cork	10.82	Shot Put	Inter Girls
2000	Deirdre Murphy	Colaiste an Phiarsaigh Glanmire	10.23	Shot Put	Inter Girls
2001	Deirdre Murphy	Colaiste an Phiarsaigh Glanmire	10.79	Shot Put	Inter Girls
2002	Kathleen Fitzgerald	St Aloysius Carrigtwohill	10.67	Shot Put	Inter Girls
2003	Kathleen Fitzgerald	St Aloysius Carrigtwohill	11.43	Shot Put	Inter Girls
2004	Rachel Roche	Presentation Bandon	9.18	Shot Put	Inter Girls
2005	Maura Fitzgerald	St Aloysius Carrigtwohill	10.68	Shot Put	Inter Girls
2006	Maura Fitzgerald	St Aloysius Carrigtwohill	11.26	Shot Put	Inter Girls
2007	Claire Fitzgerald	Presentation Tralee	11.69	Shot Put	Inter Girls

2008	Claire Fitzgerald	Presentation Tralee	12.34	Shot Put	Inter Girls
2009	Fiona Moloney	St Marys Charleville	11.15	Shot Put	Inter Girls
2010	Niamh Murphy	Colaiste Choilm Ballincollig	11.28	Shot Put	Inter Girls
2011	Laura McSweeney	Colaiste na Toirbhirte Bandon	11.34	Shot Put	Inter Girls
2012	Kayleigh Cronin	St Brigids Killarney	11.28	Shot Put	Inter Girls
2013	Kayleigh Cronin	St Brigets Killarney	10.13	Shot Put	Inter Girls
2014	Erin Kingston	Bandon Grammar School	12.43	Shot Put	Inter Girls
2015	Sarah Hayes	Mount St Michael Rosscarbery	11.81	Shot Put	Inter Girls
2016	Noelle Lenihan	Hazelwood College Dromcollogher	11.08	Shot Put	Inter Girls
2017	Fiona Hennessy	Presentation Thurles	10.29	Shot Put	Inter Girls
2018	Ciara Sheehy	St Marys Charleville	14.35	Shot Put	Inter Girls
2019	Ciara Sheehy	St Marys Charleville	14.76	Shot Put	Inter Girls
2020	Not Held due to Covid-19 restrictions			Shot Put	Inter Girls
2021	Not Held due to Covid-19 restrictions			Shot Put	Inter Girls
2022	Briana Onoh	Ashton Cork	12.80	Shot Put	Inter Girls

Intermediate Girls Discus (1kg)

1971	Eileen O'Connell	St Marys Mallow	26.19	Discus	Inter Girls
1972	Jacinta Ryan	Mercy Carrick-on-Suir	27.05	Discus	Inter Girls
1973	Margaret Ryan	St Annes Tipperary	30.15	Discus	Inter Girls
1974	Marie Dooley	Presentation Limerick	33.10	Discus	Inter Girls
1975	Marie Dooley	Presentation Limerick	35.20	Discus	Inter Girls
1976	Patricia Walsh	SHM Ferrybank Waterford	36.35	Discus	Inter Girls
1977	Joan Dooley	Presentation Limerick	37.13	Discus	Inter Girls
1978	Joan Dooley	Presentation Limerick	37.56	Discus	Inter Girls
1979	Susanne Bradley	Mercy New Inn	27.60	Discus	Inter Girls
1980	Susanne Bradley	Mercy New Inn	ND	Discus	Inter Girls
1981	Miriam Kirwan	SHM Ferrybank Waterford	32.46	Discus	Inter Girls
1982	Fiona McGovern	Ursuline Waterford	32.37	Discus	Inter Girls
1983	Eve Nangle	Stella Maris Tramore	36.74	Discus	Inter Girls
1984	Elaine Boland	Salesian Limerick	36.48	Discus	Inter Girls
1985	Ailish O'Brien	Presentation Dungarvan	38.22	Discus	Inter Girls
1986	Ailish O'Brien	Presentation Dungarvan	37.00	Discus	Inter Girls
1987	Mary Naughton	St Marys Nenagh	29.98	Discus	Inter Girls
1988	Fiona Lynch	Presentation Dungarvan	30.66	Discus	Inter Girls
1989	Ciara Tyrrell	Ursuline Waterford	29.92	Discus	Inter Girls
1990	Eleanor Moloney	Mercy Cahir	26.44	Discus	Inter Girls
1991	Eleanor Moloney	Mercy Cahir	29.22	Discus	Inter Girls
1992	Deirdre O'Connor	Scariff CC	30.94	Discus	Inter Girls
1993	Edel Meagher	Scoil Mhuire Gan Smal Blarney	30.52	Discus	Inter Girls
1994	Deirdre O'Connor	Scariff CC	33.54	Discus	Inter Girls
1995	Sinead Kehoe	Mercy Waterford	30.29	Discus	Inter Girls
1996	Claire Akers	Scariff CC	30.14	Discus	Inter Girls
1997	Katie O' Riordan	St Aloysius Carrigtwohill	30.76	Discus	Inter Girls
1998	Diane Cashman	St Aloysius Carrigtwohill	33.32	Discus	Inter Girls
1999	Fionnuala Lombard	Mount Mercy Cork	30.65	Discus	Inter Girls
2000	Rachel Akers	Scariff CC	33.93	Discus	Inter Girls
2001	Rachel Akers	Scariff CC	34.05	Discus	Inter Girls
2002	Sonia Kennedy	Abbey CC Waterford	28.32	Discus	Inter Girls
2003	Sonia Kennedy	Abbey CC Waterford	33.95	Discus	Inter Girls
2004	Rachel Roche	Presentation Bandon	26.52	Discus	Inter Girls
2005	Eadaoin Ashe	Ard Scoil na nDeise Dungarvan	31.70	Discus	Inter Girls
2006	Sarah Bradfield	Bandon Grammar School	32.84	Discus	Inter Girls
2007	Claire Fitzgerald	Presentation Tralee	37.57	Discus	Inter Girls
2008	Claire Fitzgerald	Presentation Tralee	42.11	Discus	Inter Girls
2009	Zoe Scanlon	Ard Scoil na nDeise Dungarvan	35.03	Discus	Inter Girls
2010	Kate Hickey	St Declans CC Kilmacthomas	29.88	Discus	Inter Girls
2011	Hannah O'Sullivan	Boherbue Comprehensive School	31.88	Discus	Inter Girls
2012	Kayleigh Cronin	St Brigids Killarney	42.64	Discus	Inter Girls
2013	Kayleigh Cronin	St Brigets Killarney	43.74	Discus	Inter Girls
2014	Aoife Doyle	Intermediate School Killorglin	32.14	Discus	Inter Girls
2015	Aoife Doyle	Intermediate School Killorglin	31.49	Discus	Inter Girls
2016	Noelle Lenihan	Hazelwood College Dromcollogher	34.00	Discus	Inter Girls
2017	Martha Quain	Colaiste an Chroi Naofa Carraig na bhFear	30.04	Discus	Inter Girls

2018	Megan Lenihan	Hazelwood College Dromcollogher	34.55	Discus	Inter Girls
2019	Megan Lenihan	Hazelwood College Dromcollogher	36.68	Discus	Inter Girls
2020	Not Held due to Covid-19 restrictions			Discus	Inter Girls
2021	Not Held due to Covid-19 restrictions			Discus	Inter Girls
2022	Katie Kingston	Skibbereen CS	30.41	Discus	Inter Girls

Intermediate Girls Hammer (3kg) 4kg (1998 - 2013)

1998	Aisling Mulcahy	St Nessans Limerick	23.44	Hammer	Inter Girls
1999	Sonia Tutty	Mercy Waterford	25.90	Hammer	Inter Girls
2000	Rachel Akers	Scariff CC	45.94	Hammer	Inter Girls
2001	Rachel Akers	Scariff CC	46.82	Hammer	Inter Girls
2002	Aoife Naughton	St Marys Nenagh	34.96	Hammer	Inter Girls
2003	Ann Marie Cronin	Colaiste Choilm Ballincollig	38.89	Hammer	Inter Girls
2004	Ann Marie Cronin	Colaiste Choilm Ballincollig	38.37	Hammer	Inter Girls
2005	Linda Cronin	Colaiste Choilm Ballincollig	41.45	Hammer	Inter Girls
2006	Katie O'Shea	Presentation Milltown	42.63	Hammer	Inter Girls
2007	Maria Flynn	Presentation Milltown	38.23	Hammer	Inter Girls
2008	Meg Fitzgerald	St Augustines Dungarvan	34.68	Hammer	Inter Girls
2009	Karen Flynn	Presentation Milltown	36.93	Hammer	Inter Girls
2010	Maureen O'Neill	Colaiste Treasa Kanturk	38.03	Hammer	Inter Girls
2011	Laura McSweeney	Colaiste na Toirbhirte Bandon	43.52	Hammer	Inter Girls
2012	Alice Akers	Scariff CC	46.91	Hammer	Inter Girls
2013	Alice Akers	Scariff CC	48.32	Hammer	Inter Girls
2014	Aoife Doyle	Intermediate School Killorglin	46.30	Hammer	Inter Girls
2015	Aisling Vaughan-Witts	Borrisokane CC	45.37	Hammer	Inter Girls
2016	Sinead Warren	Sliabh Luachra	43.98	Hammer	Inter Girls
2017	Tirna Ni Chathail	Pobalscoil na Trionoide Youghal	48.63	Hammer	Inter Girls
2018	Tirna Ni-Chathail	Pobalscoil na Trionoide Youghal	50.34	Hammer	Inter Girls
2019	Nicola Tuthill	Colaiste na Toibhirte Bandon	57.06	Hammer	Inter Girls
2020	Not Held due to Covid-19 restrictions			Hammer	Inter Girls
2021	Not Held due to Covid-19 restrictions			Hammer	Inter Girls
2022	Averil Buckley	Ard Scoil Na nDeise	37.93	Hammer	Inter Girls

Intermediate Girls Javelin (500g) 600g (1971 - 2013)

1971	Mary O'Flynn	Colaiste Muire Ennis	27.13	Javelin	Inter Girls
1972	Margaret Crosse	Mercy Doon	26.37	Javelin	Inter Girls
1973	Marie Flynn	Loreto Fermoy	32.16	Javelin	Inter Girls
1974	Marie Flynn	Loreto Fermoy	33.35	Javelin	Inter Girls
1975	Ann Crosse	Mercy Tipperary	29.07	Javelin	Inter Girls
1976	Ann Crosse	Mercy Tipperary	30.77	Javelin	Inter Girls
1977	Mary Corbett	Scoil Carmel Limerick	31.96	Javelin	Inter Girls
1978	Mary Corbett	Scoil Carmel Limerick	33.64	Javelin	Inter Girls
1979	S Byrne	Salesian Limerick	29.46	Javelin	Inter Girls
1980	Brenda Walsh	FCJ Laurel Hill Limerick	37.18	Javelin	Inter Girls
1981	Brenda Walsh	FCJ Laurel Hill Limerick	39.06	Javelin	Inter Girls
1982	Brenda Walsh	FCJ Laurel Hill Limerick	42.80	Javelin	Inter Girls
1983	Teresa Burke	Borrisokane VS	34.80	Javelin	Inter Girls
1984	K Molloy	FCJ Laurel Hill Limerick	30.12	Javelin	Inter Girls
1985	Brid Hallissey	SHM Ferrybank Waterford	27.54	Javelin	Inter Girls
1986	Mary T Real	Salesian Limerick	28.30	Javelin	Inter Girls
1987	Mary T Real	Salesian Limerick	36.14	Javelin	Inter Girls
1988	Joselyn Hanrahan	St Marys Limerick	31.26	Javelin	Inter Girls
1989	Ciara Tyrrell	Ursuline Waterford	34.66	Javelin	Inter Girls
1990	Nicola Canning	St Marys Nenagh	32.78	Javelin	Inter Girls
1991	Patricia Naughton	St Marys Nenagh	33.46	Javelin	Inter Girls
1992	Catherine Burke	Borrisokane VS	31.32	Javelin	Inter Girls
1993	Leanne Tutty	Mercy Waterford	28.00	Javelin	Inter Girls
1994	Leanne Tutty	Mercy Waterford	31.12	Javelin	Inter Girls
1995	Jackie Ryan	Presentation Milltown	26.84	Javelin	Inter Girls

1996	Jackie Ryan	Presentation Milltown	33.38	Javelin	Inter Girls
1997	Orna Donoghue	Scoil Mhuire Carrick-on-Suir	29.86	Javelin	Inter Girls
1998	Mary Dalton	Ursuline Waterford	27.41	Javelin	Inter Girls
1999	Karen Dunne	Scoil Mhuire Carrick-on-Suir	30.01	Javelin	Inter Girls
2000	Karen Dunne	Scoil Mhuire Carrick-on-Suir	29.44	Javelin	Inter Girls
2001	Amanda O'Farrell	Borrisokane CC	25.20	Javelin	Inter Girls
2002	Catherine Grant	Ursuline Waterford	31.87	Javelin	Inter Girls
2003	Catherine Grant	Ursuline Waterford	36.84	Javelin	Inter Girls
2004	Paula McCarthy	St Gobans CC Bantry	29.76	Javelin	Inter Girls
2005	Rachel Roche	Colaiste na Toibhirte Bandon	27.55	Javelin	Inter Girls
2006	Claire Flanagan	Loreto Youghal	27.30	Javelin	Inter Girls
2007	Claire Fitzgerald	Presentation Tralee	36.22	Javelin	Inter Girls
2008	Claire Fitzgerald	Presentation Tralee	34.57	Javelin	Inter Girls
2009	Ailish Sheehan	Salesian Pallaskenry	34.44	Javelin	Inter Girls
2010	Jennie Murphy	St Marys Mallow	30.64	Javelin	Inter Girls
2011	Patricia Curtin	Pobalscoil na Trionoide Youghal	23.80	Javelin	Inter Girls
2012	Rita Casey	St Brigids Killarney	28.74	Javelin	Inter Girls
2013	Rita Casey	St Brigids Killarney	31.70	Javelin	Inter Girls
2014	Orla O'Brien	Ursuline Waterford	33.98	Javelin	Inter Girls
2015	Orla O'Brien	Ursuline Waterford	42.33	Javelin	Inter Girls
2016	Vickie Cusack	Davis College Mallow	30.31	Javelin	Inter Girls
2017	Katie Moynihan	Davis College Mallow	38.11	Javelin	Inter Girls
2018	Katie Moynihan	Davis College Mallow	41.34	Javelin	Inter Girls
2019	Leanne Healy	Coláiste Muire Ennis	37.99	Javelin	Inter Girls
2020	Not Held due to Covid-19 restrictions			Javelin	Inter Girls
2021	Not Held due to Covid-19 restrictions			Javelin	Inter Girls
2022	Katie Kingston	Skibbereen CS	37.20	Javelin	Inter Girls

Intermediate Girls Combined Events

1992	Edel Meagher	SMGS Blarney	2821	Combined Events	Inter Girls
1993	Laura Hartley	SHM Ferrybank Waterford		Combined Events	Inter Girls
1994	Muriel Cummins	Ard Scoil na nDéise	2217	Combined Events	Inter Girls
1995	Orna Donoghue	Scoil Mhuire Carrick on Suir	2572	Combined Events	Inter Girls
1996	Orna Donoghue	Scoil Mhuire Carrick on Suir	2760	Combined Events	Inter Girls
1997				Combined Events	Inter Girls
1998	Niamh Cummins	Ard Scoil na nDéise	2473	Combined Events	Inter Girls
1999	Deirdre Treacy	Colaiste Phobal Roscrea	2233	Combined Events	Inter Girls
2000	Orla Doyle	Scoil Mhuire Carrick on Suir	2784	Combined Events	Inter Girls
2001	Sandra Williams	Borrisokane CC	2645	Combined Events	Inter Girls
2002	Kathleen Freyne	Mercy Waterford	2671	Combined Events	Inter Girls
2003	Holly Deegan	Mercy Waterford	2716	Combined Events	Inter Girls
2004	Kelly Proper	St Pauls Waterford	3000	Combined Events	Inter Girls
2005	Mairead Murphy	Mercy Waterford	2858	Combined Events	Inter Girls
2006				Combined Events	Inter Girls
2007	Roisin Howard	Loreto Fermoy	2647	Combined Events	Inter Girls
2008	Orla Finn	Kinsale CS	2785	Combined Events	Inter Girls
2009	Megan Kiely	Ursuline Waterford	2795	Combined Events	Inter Girls
2010	Megan Kiely	Ursuline Waterford	3086	Combined Events	Inter Girls
2011	Aileen Hurley	Loreto Fermoy	2383	Combined Events	Inter Girls
2012	Grace McKenzie	Scoil Mhuire Crosshaven	2946	Combined Events	Inter Girls
2013	Laura Cussen	Colaiste Choilm Ballincollig	2582	Combined Events	Inter Girls
2014	Laoise Bennis	Hazelwood College Dromcollogher	2653	Combined Events	Inter Girls
2015	Vickie Cusack	Davis College Mallow	3325	Combined Events	Inter Girls
2016	Vickie Cusack	Davis College Mallow	3122	Combined Events	Inter Girls
2017	Aisling Cassidy	Bandon Grammar School	3064	Combined Events	Inter Girls
2018	Chisom Ugwuere	St Flannans Ennis	3040	Combined Events	Inter Girls
2019	Laura Frawley	St Marys Charleville	3224	Combined Events	Inter Girls
2020	Not Held due to Covid-19 restrictions			Combined Events	Inter Girls
2021	Victoria Amiadamen	Castletroy College Limerick	2519	Combined Events	Inter Girls
2022	Annabelle Walsh	Yeats College Waterford	3221	Combined Events	Inter Girls

Intermediate Girls 4 X 100m Relay

1969 Medley Relay - 1 Junior + 1 Inter + 1 Senior (1969)

1970	Rochelle Cork	56.6	Relay	Inter Girls
1971	Ursuline Waterford	54.6	Relay	Inter Girls
1972	Regina Mundi Cork	53.3	Relay	Inter Girls
1973	Regina Mundi Cork	52.0	Relay	Inter Girls
1974	Sacred Heart Cork	52.5	Relay	Inter Girls
1975	Sacred Heart Cork	51.3	Relay	Inter Girls
1976	Mercy Nenagh	51.8	Relay	Inter Girls
1977	Presentation Limerick	52.5	Relay	Inter Girls
1978	Mercy Nenagh	50.5	Relay	Inter Girls
1979	Mercy Nenagh	52.1	Relay	Inter Girls
1980	St Marys Nenagh	51.0	Relay	Inter Girls
1981	Newtown School Waterford	51.5	Relay	Inter Girls
1982	Mercy Nenagh	51.0	Relay	Inter Girls
1983	Newtown School Waterford	51.5	Relay	Inter Girls
1984	St Marys Mallow	52.5	Relay	Inter Girls
1985	SHM Ferrybank Waterford	51.8	Relay	Inter Girls
1986	Ursuline Waterford	51.6	Relay	Inter Girls
1987	Loreto Fermoy	50.9	Relay	Inter Girls
1988	Tarbert CS	50.3	Relay	Inter Girls
1989	Presentation Ballyphehane	50.7	Relay	Inter Girls
1990	Presentation Ballyphehane	51.7	Relay	Inter Girls
1991	Presentation Ballyphehane	52.4	Relay	Inter Girls
1992	Scoil Mhuire Carrick-on-Suir	52.2	Relay	Inter Girls
1993	Ard Scoil na nDeise Dungarvan	50.6	Relay	Inter Girls
1994	Ursuline Waterford	52.2	Relay	Inter Girls
1995	Scoil Mhuire Carrick-on-Suir	52.0	Relay	Inter Girls
1996	Scoil Mhuire Carrick-on-Suir	50.5	Relay	Inter Girls
1997	St Marys Mallow	50.6	Relay	Inter Girls
1998	Mount Mercy Cork	50.6	Relay	Inter Girls
1999	St Aloysius Carrigtwohill	51.0	Relay	Inter Girls
2000	Scoil Mhuire Carrick-on-Suir	52.9	Relay	Inter Girls
2001	St Marys Midleton	51.8	Relay	Inter Girls
2002	Presentation Mitchelstown	51.5	Relay	Inter Girls
2003	Salesian College Pallaskenry	51.6	Relay	Inter Girls
2004	Mercy Waterford	51.57	Relay	Inter Girls
2005	Ursuline Waterford	50.12	Relay	Inter Girls
2006	Ursuline Waterford	52.35	Relay	Inter Girls
2007	St Declans CC Kilmacthomas	53.61	Relay	Inter Girls
2008	Crescent Comprehensive SJ Limerick	50.98	Relay	Inter Girls
2009	Castletroy Colllege Limerick	50.58	Relay	Inter Girls
2010	Crescent Comprehensive SJ Limerick		Relay	Inter Girls
2011	FCJ Laurel Hill Limerick	51.20	Relay	Inter Girls
2012	Stella Maris Tramore	52.56	Relay	Inter Girls
2013	Stella Maris Tramore	52.43	Relay	Inter Girls
2014	St Marys Newport	51.44	Relay	Inter Girls
2015	Castletroy Colllege Limerick	49.81	Relay	Inter Girls
2016	Castletroy Colllege Limerick	50.26	Relay	Inter Girls
2017	Scoil Mhuire agus Ide Newcastle West	51.43	Relay	Inter Girls
2018	St Flannans Ennis	50.98	Relay	Inter Girls
2019	Bandon Grammar School	50.67	Relay	Inter Girls
2020	Not Held due to Covid-19 restrictions		Relay	Inter Girls
2021	Not Held due to Covid-19 restrictions		Relay	Inter Girls
2022	Col Choilm B'collig	51.84	Relay	Inter Girls

Intermediate Girls Cross Country - Individual

1970	Breda Bowe	Sacred Heart Thurles	Cross Country	Inter Girls
1971	Joan Fleming	St Angelas Cork	Cross Country	Inter Girls
1972	Joan Fleming	St Angelas Cork	Cross Country	Inter Girls
1973	Jo O'Leary	North Presentation Cork	Cross Country	Inter Girls
1974	Cushla Murphy	St Josephs Tulla	Cross Country	Inter Girls
1975	Fionnuala Morrish	Regina Mundi Cork	Cross Country	Inter Girls
1976	Margaret Cadogan	Mercy Skibbereen	Cross Country	Inter Girls

1977	Valerie O'Mahoney	South Presentation Cork	Cross Country	Inter Girls
1978	Shiela Daly	Rathmore PPS	Cross Country	Inter Girls
1979	Emily Blake	Presentation Limerick	Cross Country	Inter Girls
1980	Rosemary Bracken	Croom VS	Cross Country	Inter Girls
1981	Tina Moloney	Mercy Waterford	Cross Country	Inter Girls
1982	Patricia Logan	St Marys Limerick	Cross Country	Inter Girls
1983	Patricia Logan	St Marys Limerick	Cross Country	Inter Girls
1984	Diane McCarthy	Loreto Fermoy	Cross Country	Inter Girls
1985	Sonia O'Sullivan	Cobh VS	Cross Country	Inter Girls
1986	Sonia O'Sullivan	Cobh VS	Cross Country	Inter Girls
1987	Edwina Foley	FCJ Laurel Hill	Cross Country	Inter Girls
1988	Breda Gaffney	St Marys Charleville	Cross Country	Inter Girls
1989	Christine Geoghegan	St Nessans Limerick	Cross Country	Inter Girls
1990	Susan Murnane	Salesian Limerick	Cross Country	Inter Girls
1991	Michelle Moloney	St Josephs Kilmallock	Cross Country	Inter Girls
1992	Orla O'Mahony	Colaiste Muire Ennis	Cross Country	Inter Girls
1993	Valerie Lynch	St Aidans CC Cork	Cross Country	Inter Girls
1994	Orla O'Mahony	Colaiste Muire Ennis	Cross Country	Inter Girls
1995	Caroline Daly	Loreto Fermoy	Cross Country	Inter Girls
1996	Olga Cronin	St Colmans CC Midleton	Cross Country	Inter Girls
1997	Olga Cronin	St Colmans CC Midleton	Cross Country	Inter Girls
1998	Martina Hickey	Millstreet CS	Cross Country	Inter Girls
1999	Katie Lyons	St Marys Macroon	Cross Country	Inter Girls
2000	Niamh Walsh	St Marys Midleton	Cross Country	Inter Girls
2001	Niamh Walsh	St Marys Midleton	Cross Country	Inter Girls
2002	Joyce Curtin	Colaiste Eoin Youghal	Cross Country	Inter Girls
2003	Joyce Curtin	Colaiste Eoin Youghal	Cross Country	Inter Girls
2004	Louise Finn	Ballincollig CS	Cross Country	Inter Girls
2005	Deirdre Duff	St Augustines Dungarvan	Cross Country	Inter Girls
2006	Ciara Cronin	Abbey CC Waterford	Cross Country	Inter Girls
2007	Niamh Ryan	Abbey CC Waterford	Cross Country	Inter Girls
2008	Emer Tagney	St Brigids Killarney	Cross Country	Inter Girls
2009	Aisling Darcy	St Flannans Ennis	Cross Country	Inter Girls
2010	Amy O'Donoghue	Villiers School Limerick	Cross Country	Inter Girls
2011	Jessica Coyne	Crescent Comprehensive SJ Limerick	Cross Country	Inter Girls
2012	Aisling Quinn	Ursuline Waterford	Cross Country	Inter Girls
2013	Aisling Quinn	Ursuline Waterford	Cross Country	Inter Girls
2014	Caoimhe Harvey	St Josephs CC Kilkee	Cross Country	Inter Girls
2015	Caoimhe Harrington	Colaiste Pobail Bantry	Cross Country	Inter Girls
2016	Tamzin Muldowney	St Marys Midleton	Cross Country	Inter Girls
2017	Laura Hayes	Loreto Fermoy	Cross Country	Inter Girls
2018	Aimee Hayde	St Marys Newport	Cross Country	Inter Girls
2019	Niamh O'Mahony	Presentation Tralee	Cross Country	Inter Girls
2020	Avril Millerick	St Marys Midleton	Cross Country	Inter Girls
2021	Not Held due to Covid-19 restrictions		Cross Country	Inter Girls
2022	Louise O'Mahony	Colaiste Muire Ennis	Cross Country	Inter Girls

Intermediate Girls Cross Country - Team

1970	Sacred Heart Thurles	15pts	XC Team	Inter Girls
1971	St Angelas Cork	22pts	XC Team	Inter Girls
1972	St Angelas Cork	22pts	XC Team	Inter Girls
1973	North Presentation Cork	27pts	XC Team	Inter Girls
1974	Mount Mercy Cork	20pts	XC Team	Inter Girls
1975	Colaiste Muire Ennis	23pts	XC Team	Inter Girls
1976	St Mary's Midleton	17pts	XC Team	Inter Girls
1977	St Mary's Midleton	19pts	XC Team	Inter Girls
1978	Immaculate Heart Cork	32pts	XC Team	Inter Girls
1979	St Josephs Abbeyfeale	21pts	XC Team	Inter Girls
1980	Presentation Limerick	26pts	XC Team	Inter Girls
1981	Presentation Limerick	24pts	XC Team	Inter Girls
1982	Scoil Chriost Ri Cahir	15pts	XC Team	Inter Girls
1983	Scoil Chriost Rí Cahir	22pts	XC Team	Inter Girls
1984	Holy Cross Kenmare	45pts	XC Team	Inter Girls
1985	Thurles VS	28pts	XC Team	Inter Girls

1986	Mercy Skibbereen	36pts	XC Team	Inter Girls
1987	Presentation Thurles	24pts	XC Team	Inter Girls
1988	FCJ Laurel Hill	26pts	XC Team	Inter Girls
1989	St Marys Charleville	17pts	XC Team	Inter Girls
1990	St Marys Charleville	10pts	XC Team	Inter Girls
1991	St Josephs Kilmallock	16pts	XC Team	Inter Girls
1992	St Josephs Kilmallock	20pts	XC Team	Inter Girls
1993	Colaiste Muire Ennis	7pts	XC Team	Inter Girls
1994	Colaiste Muire Ennis	30pts	XC Team	Inter Girls
1995	Colaiste Muire Ennis	20pts	XC Team	Inter Girls
1996	Colaiste Muire Ennis	44pts	XC Team	Inter Girls
1997	St Colmans CC Midleton	23pts	XC Team	Inter Girls
1998	St Marys Charleville	19pts	XC Team	Inter Girls
1999	St Marys Charleville	16pts	XC Team	Inter Girls
2000	St Marys Macroom	24pts	XC Team	Inter Girls
2001	St Marys Macroom	12pts	XC Team	Inter Girls
2002	St Marys Midleton	20pts	XC Team	Inter Girls
2003	St Marys Midleton	32pts	XC Team	Inter Girls
2004	Ursuline Thurles	28pts	XC Team	Inter Girls
2005	Presentation Waterford	49pts	XC Team	Inter Girls
2006	Ard Scoil na nDeise Dungarvan	20pts	XC Team	Inter Girls
2007	Ursuline Waterford	19pts	XC Team	Inter Girls
2008	Ursuline Thurles	18pts	XC Team	Inter Girls
2009	Ard Scoil na nDeise Dungarvan	55pts	XC Team	Inter Girls
2010	Colaiste na Sceilge Caherciveen	31pts	XC Team	Inter Girls
2011	St Michaels CC Kilmihil	20pts	XC Team	Inter Girls
2012	Loreto Clonmel	37pts	XC Team	Inter Girls
2013	Ursuline Thurles	21pts	XC Team	Inter Girls
2014	St Augustines Dungarvan	44pts	XC Team	Inter Girls
2015	Presentation Thurles	50pts	XC Team	Inter Girls
2016	Ursuline Thurles	35pts	XC Team	Inter Girls
2017	Colaiste Muire Ennis	23pts	XC Team	Inter Girls
2018	Loreto Fermoy	45pts	XC Team	Inter Girls
2019	Pobalscoil na Trionoide Youghal	30pts	XC Team	Inter Girls
2020	Pobalscoil na Trionoide Youghal	22pts	XC Team	Inter Girls
2021	Not Held due to Covid-19 restrictions		XC Team	Inter Girls
2022	Colaiste Muire Ennis	20pts	XC Team	Inter Girls

Under 16 Boys Mile

2007	Michael O'Sullivan	McEgan CC Macroom	4.53.47	Mile	U16 Boys
2008	Peter Hanrahan	Douglas CS	5.01.07	Mile	U16 Boys
2009	Alan Ryan	Abbey CBS Tipperary	4.50.45	Mile	U16 Boys
2010	Ian Hartnett	Colaiste Daibheid Cork	4.35.27	Mile	U16 Boys
2011	David Kavanagh	Mercy Mount Hawk Tralee	4.54.11	Mile	U16 Boys
2012	Liam Hennessy	Colaiste Chriost Ri Cork	4.42.04	Mile	U16 Boys
2013	Luke Horgan	Colaiste Chriost Ri Cork	4.34.25	Mile	U16 Boys
2014	Jamie Roche	St Flannans Ennis	4.56.81	Mile	U16 Boys
2015	Charlie O'Donovan	Colaiste Chriost Ri Cork	4.29.90	Mile	U16 Boys
2016	Darragh McElhinney	Colaiste Pobail Bantry	4.26.08	Mile	U16 Boys
2017	Tommy Connolly	Christian Brothers College Cork	4.31.05	Mile	U16 Boys
2018	Paul Hartnett	Colaiste an Chraoibhin Fermoy	04.34.95	Mile	U16 Boys
2019	Adam Kiely	Christian Brothers College Cork	4.37.10	Mile	U16 Boys
2020	Not Held due to Covid-19 restrictions			Mile	U16 Boys
2021	Not Held due to Covid-19 restrictions			Mile	U16 Boys
2022	Ben Walshe	Nenagh CBS	4:47.04	Mile	U16 Boys

Under 16 Girls Mile

2007	Caitriona Hennessy	Colaiste Muire Ennis	5.39.81	Mile	U16 Girls
2008	Niamh Richardson	Castletroy College Limerick	6.10.59	Mile	U16 Girls
2009	Siobhan Heylin	Mercy Waterford	6.19.41	Mile	U16 Girls

2010	Emily Keane	Bandon Grammar School	6.03.55	Mile	U16 Girls
2011	Molly Lynch	St Patricks CS Shannon	5.46.22	Mile	U16 Girls
2012	Eileen Rafter	Ursuline Thurles	5.33.00	Mile	U16 Girls
2013	Aoife Deering	St Marys Nenagh	5.29.16	Mile	U16 Girls
2014	Aoife Hamilton	Mean Scoil San Nicolas an Rinn	5.38.48	Mile	U16 Girls
2015	Aine Keane	St Josephs Spanish Point	5.54.68	Mile	U16 Girls
2016	Shona O'Brien	Presentation Milltown	5.35.53	Mile	U16 Girls
2017	Tara Ramasawmy	Presentation Waterford	5.30.09	Mile	U16 Girls
2018	Una O'Brien	Waterpark College Waterford	05.20.05	Mile	U16 Girls
2019	Ailbhe O'Neil	St Marys Nenagh	5.17.97	Mile	U16 Girls
2020	Not Held due to Covid-19 restrictions			Mile	U16 Girls
2021	Not Held due to Covid-19 restrictions			Mile	U16 Girls
2022	Eve Dunphy	Abbey CC	5:39.15	Mile	U16 Girls

Junior Boys 100m 100yds (1931 - 1969)

1931	Richard Rice	St Patricks Fethard	11.8	100yds	Junior Boys
1937	Mortimer O'Shea	Rockwell College	11.2	100yds	Junior Boys
1938	Noel O'Mahony	Christian Brothers College Cork	11.6	100yds	Junior Boys
1939	Thomas Daly	St Flannans Ennis	10.6	100yds	Junior Boys
1940	Michael Dunne	Rockwell College	10.3	100yds	Junior Boys
1941	Michael Dunne	Rockwell College	10.6	100yds	Junior Boys
1942-1946	Not Held due to World War 2 Emergency				
1947	T O'Callaghan	Mallow	11.6	100yds	Junior Boys
1948	James Buckley	Rockwell College	11.4	100yds	Junior Boys
1949	Brian Coffey	Christian Brothers College Cork	11.4	100yds	Junior Boys
1950	Joe Lane	Presentation Brothers Cork	11.3	100yds	Junior Boys
1951	Aidan O'Shea	Christian Brothers College Cork	11.0	100yds	Junior Boys
1952	A Lee	Limerick CBS	11.6	100yds	Junior Boys
1953	Dermot McLoughney	High School Clonmel	11.5	100yds	Junior Boys
1954	Paul Sanquest	Christian Brothers College Cork	11.2	100yds	Junior Boys
1955	Frank Bowen	Christian Brothers College Cork	11.4	100yds	Junior Boys
1956	Michael Ryan	Rockwell College	11.1	100yds	Junior Boys
1957	Jim Allis	Doon CBS	11.1	100yds	Junior Boys
1958	Donal Murphy	Limerick CBS	10.5	100yds	Junior Boys
1959	Rory Delaney	Christian Brothers College Cork	11.3	100yds	Junior Boys
1960	Joe Cumiskey	Rockwell College	11.2	100yds	Junior Boys
1961	William Frawley	St Flannans Ennis	11.1	100yds	Junior Boys
1962	Bernie O'Connell	St Munchins Limerick	11.1	100yds	Junior Boys
1963	Niall Leahy	Crescent Comprehensive SJ Limerick	11.1	100yds	Junior Boys
1964	Paddy Fitzgerald	North Monastery CBS Cork	11.7	100yds	Junior Boys
1965	Alf Ryan	Thurles CBS	11.9	100yds	Junior Boys
1966	Francis Corbett	Glenstal Abbey School	11.6	100yds	Junior Boys
1967	Finbarr Jeffords	Colaiste Muire Cork	11.4	100yds	Junior Boys
1968	Michael O'Connell	Ennis CBS	11.0	100yds	Junior Boys
1969	A Murphy	Colaiste Chriost Ri Cork	11.5	100yds	Junior Boys
1970	Dermot Browne	Rockwell College	12.1	100m	Junior Boys
1971	D Hardiman	Mungret College Limerick	13.3	100m	Junior Boys
1972	Frank Power	Mount Sion Waterford	12.7	100m	Junior Boys
1973	Jim Crotty	Christian Brothers College Cork	12.5	100m	Junior Boys
1974	Jim Crotty	Christian Brothers College Cork	11.9	100m	Junior Boys
1975	Owen Crotty	Christian Brothers College Cork	12.1	100m	Junior Boys
1976	Pat Flanagan	Mount Sion Waterford	12.1	100m	Junior Boys
1977	Paul O'Brien	Crescent Comprehensive SJ Limerick	11.9	100m	Junior Boys
1978	Finbarr Harrington	Colaiste Chriost Ri Cork	12.1	100m	Junior Boys
1979	Niall Crotty	Christian Brothers College Cork	12.3	100m	Junior Boys
1980	Carl Rassmoussen	Colaiste Muire Cobh	11.7	100m	Junior Boys
1981	Paul O'Regan	Scoil Eoin Naofa Cork	12.2	100m	Junior Boys
1982	J Prendergast	Crescent Comprehensive SJ Limerick	11.7	100m	Junior Boys
1983	Kenneth Horgan	Midleton CBS	11.6	100m	Junior Boys
1984	Conor Clifford	Tralea CBS	12.5	100m	Junior Boys
1985	Seamus Coughlan	De La Salle Macroom	11.5	100m	Junior Boys

1986	Alan McCarthy	Midleton CBS	12.1		100m	Junior Boys
1987	Emmet Foley	Colaiste an Spioraid Naoimh Bishopstown	12.2		100m	Junior Boys
1988	Carlton Haddock	Colaiste Chriost Ri Cork	11.8		100m	Junior Boys
1989	Daniel Lawson	Ashton School Cork	11.6		100m	Junior Boys
1990	Tito Duarte	De La Salle Macroom	11.6		100m	Junior Boys
1991	Jeff Casey	Presentation Brothers Cork	11.7		100m	Junior Boys
1992	Leo Clancy	St Augustines Dungarvan	11.5		100m	Junior Boys
1993	Edmund O'Carroll	Presentation Brothers Cork	11.8		100m	Junior Boys
1994	Michael O'Halloran	Colaiste Chriost Ri Cork	11.8		100m	Junior Boys
1995	Redmond Burke	Ard Scoil Ris Limerick	12.4		100m	Junior Boys
1996	Richard Phelan	Carrick-on-Suir VS	11.5		100m	Junior Boys
1997	Darren Coughlan	Hamilton High School Bandon	11.6		100m	Junior Boys
1998	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	12.1		100m	Junior Boys
1999	Seamus Mullins	High School Clonmel	12.1		100m	Junior Boys
2000	Chris Condon	Tralee CBS	11.8		100m	Junior Boys
2001	Mark Walsh	Tralee CBS	11.6		100m	Junior Boys
2002	John Fitzgerald	Salesian College Pallaskenry	11.9		100m	Junior Boys
2003	Brendan O'Connor	Beara CS	12.62		100m	Junior Boys
2004	John Owens	Blackwater Community School Lismore	12.10		100m	Junior Boys
2005	Ben McGilton	Mercy Mount Hawk Tralee	11.41		100m	Junior Boys
2006	Conal O'Callaghan	St Brendans Killarney	12.16		100m	Junior Boys
2007	Clive Kennington	Newtown School Waterford	12.09		100m	Junior Boys
2008	Kevin Meade	Rathkeale CC	11.99		100m	Junior Boys
2009	Greg O'Shea	Crescent Comprehensive SJ Limerick	12.12		100m	Junior Boys
2010	Thomas Blake	Castletroy College Limerick	11.61	3.1	100m	Junior Boys
2011	Mark Varley	Crescent Comprehensive SJ Limerick	12.31	-3.6	100m	Junior Boys
2012	Eli Kadi	Carrigaline CS	11.72	1.6	100m	Junior Boys
2013	Tadhg Myler	St Pauls Waterford	11.70	5.4	100m	Junior Boys
2014	Tony Odubote	Rice College Ennis	12.07	-3.8	100m	Junior Boys
2015	Shawn Benson	St Flannans Ennis	11.55	1.4	100m	Junior Boys
2016	Jack Ryan	Thurles CBS	12.44	-5.5	100m	Junior Boys
2017	Mervyn Shalemba	Mercy Mount Hawk Tralee	11.60	-1.9	100m	Junior Boys
2018	Glory Wenegieme	Colaiste Muire Crosshaven	11.61	-0.5	100m	Junior Boys
2019	Efe Opuoru	St Flannans Ennis	12.03	0.0	100m	Junior Boys
2020	Not Held due to Covid-19 restrictions				100m	Junior Boys
2021	Not Held due to Covid-19 restrictions				100m	Junior Boys
2022	Joe Burke	Our Ladys Templemore	11.66	0.4	100m	Junior Boys

Junior Boys 200m 220 yds (1931 - 1969)

1931	Richard Rice	St Patricks Fethard	28.2		220yds	Junior Boys
1937	Mortimer O'Shea	Rockwell College	25.2		220yds	Junior Boys
1938	Noel O'Mahony	Christian Brothers College Cork	27.3		220yds	Junior Boys
1939	G Murphy	St Flannans Ennis	26.7		220yds	Junior Boys
1940	B O'Riordan	North Monastery CBS Cork	26.7		220yds	Junior Boys
1941	John Sheerin	Rockwell College			220yds	Junior Boys
1942-1946	Not Held due to World War 2 Emergency					
1947	T O'Callaghan	Mallow	26.6		220yds	Junior Boys
1948	Donal Linehan	Christian Brothers College Cork	27.7		220yds	Junior Boys
1949	Tom Murphy	Sullivans Quay Cork	26.4		220yds	Junior Boys
1950	Joe Lane	Presentation Brothers Cork			220yds	Junior Boys
1951	Aidan O'Shea	Christian Brothers College Cork	26.0		220yds	Junior Boys
1952	D Lynch	Rochestown College	26.2		220yds	Junior Boys
1953	Patrick McSweeney	De La Salle Macroom	26.0		220yds	Junior Boys
1954	Paul Sanquest	Christian Brothers College Cork	26.1	Tie	220yds	Junior Boys
1954	Finbarr O'Keefe	De La Salle Waterford	26.1	Tie	220yds	Junior Boys
1955	Frank Bowen	Christian Brothers College Cork	27.0		220yds	Junior Boys
1956	Michael Ryan	Rockwell College	26.5		220yds	Junior Boys
1957	Louis Bermudez	Rockwell College	26.7		220yds	Junior Boys
1958	Donal Murphy	Limerick CBS	25.6		220yds	Junior Boys
1959	Rory Delaney	Christian Brothers College Cork	26.1		220yds	Junior Boys
1960	Joe Cumiskey	Rockwell College	25.5		220yds	Junior Boys

1961	William Frawley	St Flannans Ennis	26.2		220yds	Junior Boys
1962	Michael Manning	Presentation Brothers Cork	25.3		220yds	Junior Boys
1963	Niall Leahy	Crescent Comprehensive SJ Limerick	25.6		220yds	Junior Boys
1964	Paddy Fitzgerald	North Monastery CBS Cork	25.5		220yds	Junior Boys
1965	Alf Ryan	Thurles CBS	26.0		220yds	Junior Boys
1966	J O'Donovan	Mungret College Limerick	27.0		220yds	Junior Boys
1967	Fiacra Hensey	Ennis CBS	24.2		220yds	Junior Boys
1968	Michael O'Connell	Ennis CBS	24.5		220yds	Junior Boys
1969	J Roche	Thurles CBS	26.4		220yds	Junior Boys
1970	Dermot Browne	Rockwell College	25.4		200m	Junior Boys
1971	D Hardiman	Mungret College Limerick	25.0		200m	Junior Boys
1972	Eamonn McKeown	Tipperary VS	23.9		200m	Junior Boys
1973	Jim Crotty	Christian Brothers College Cork	24.4		200m	Junior Boys
1974	Paddy Benson	St Munchins Limerick	24.6		200m	Junior Boys
1975	Brian Tiernan	Colaiste an Spioraid Naoimh Bishopstown	23.8		200m	Junior Boys
1976	Pat Flanagan	Mount Sion Waterford	24.5		200m	Junior Boys
1977	Paul O'Brien	Crescent Comprehensive SJ Limerick	24.3		200m	Junior Boys
1978	Joe Kennedy	De La Salle Waterford	24.5		200m	Junior Boys
1979	Niall Crotty	Christian Brothers College Cork	25.4		200m	Junior Boys
1980	T Cavanagh	Cobh VS	24.4		200m	Junior Boys
1981	Paul O'Regan	Scoil Eoin Naofa Cork	24.5		200m	Junior Boys
1982	J Prendergast	Crescent Comprehensive SJ Limerick	24.4		200m	Junior Boys
1983	Kenneth Horgan	Midleton CBS	24.4		200m	Junior Boys
1984	Conor Clifford	Tralee CBS	24.9		200m	Junior Boys
1985	Fintan O'Mahony	High School Clonmel	23.8		200m	Junior Boys
1986	Alan McCarthy	Midleton CBS	23.9		200m	Junior Boys
1987	Tom Comyns	Crescent Comprehensive SJ Limerick	24.1		200m	Junior Boys
1988	Carlton Haddock	Colaiste Chriost Ri Cork	24.1		200m	Junior Boys
1989	Daniel Lawson	Ashton School Cork	23.7		200m	Junior Boys
1990	Tomas Lynch	Doon CBS	24.3		200m	Junior Boys
1991	Jeff Casey	Presentation Brothers Cork	24.5		200m	Junior Boys
1992	Owen McCarthy	Tralee CBS	23.4		200m	Junior Boys
1993	Tony Dunne	Thurles CBS	24.0		200m	Junior Boys
1994	Eoin Everande	Our Ladys Templemore	24.8		200m	Junior Boys
1995	Diarmuid McCarthy	Christian Brothers College Cork	24.2		200m	Junior Boys
1996	Paul Collins	Mayfield Community School	23.2		200m	Junior Boys
1997	Darren Coughlan	Hamilton High School Bandon	23.7		200m	Junior Boys
1998	Shane O'Meara	Ballincollig CS	25.0		200m	Junior Boys
1999	Cathal Hannon	Our Ladys Templemore	25.1		200m	Junior Boys
2000	Cathal Hannon	Our Ladys Templemore	23.2		200m	Junior Boys
2001	Mark Walsh	Tralee CBS	23.5		200m	Junior Boys
2002	Ger Tobin	Tralee CBS	24.0		200m	Junior Boys
2003	Adrian Leahy	Hazelwood College Dromcollogher	NT		200m	Junior Boys
2004	John Owens	Blackwater Community School Lismore	24.72		200m	Junior Boys
2005	Ben McGilton	Mercy Mount Hawk Tralee	23.82		200m	Junior Boys
2006	Conal O'Callaghan	St Brendans Killarney	25.05		200m	Junior Boys
2007	Fintan Walsh	Salesian Pallaskenry	25.01		200m	Junior Boys
2008	Dara Kenny	Colaiste an Chroi Naofa Carraig na bhFear	24.70		200m	Junior Boys
2009	Greg O'Shea	Crescent Comprehensive SJ Limerick	25.37		200m	Junior Boys
2010	Oisin Sedgewick	Bandon Grammar School	24.30	2.1	200m	Junior Boys
2011	Mark Varley	Crescent Comprehensive SJ Limerick	24.80	-5.4	200m	Junior Boys
2012	Patrick O'Neill	Abbey CC Waterford	24.52		200m	Junior Boys
2013	Conor O'Driscoll	Carrigaline CS	24.32	1.7	200m	Junior Boys
2014	Tony Odubote	Rice College Ennis	24.73	-3.4	200m	Junior Boys
2015	Shawn Benson	St Flannans Ennis	22.99	2.6	200m	Junior Boys
2016	Marc Jones	Colaiste Muire Cobh	24.98	-5.8	200m	Junior Boys
2017	Diro Lawal	Castletroy College Limerick	23.94	-1.9	200m	Junior Boys
2018	Glory Wenegieme	Colaiste Muire Crosshaven	23.68	-0.4	200m	Junior Boys
2019	John O'Connor	St Patricks Castleisland	23.50	2.2	200m	Junior Boys
2020	Not Held due to Covid-19 restrictions				200m	Junior Boys
2021	Not Held due to Covid-19 restrictions				200m	Junior Boys
2022	Promise Jolaosho	Ennis CC / GC an Chlair	25.34	-1.3	200m	Junior Boys

Junior Boys 800m

880yds (1966 - 1969)

1966	L O'Murchu	North Monastery CBS Cork	2.21.6	880yds	Junior Boys
1967	Bernard Lynch	Farranferris Cork	2.15.3	880yds	Junior Boys
1968	Paddy O'Connell	Sullivans Quay Cork	2.14.0	880yds	Junior Boys
1969	Pat Dineen	St Colmans Fermoy	2.12.9	880yds	Junior Boys
1970	Eddie McCarthy	North Monastery CBS Cork	2.09.9	800m	Junior Boys
1971	G O'Sullivan	North Monastery CBS Cork	2.15.7	800m	Junior Boys
1972	Paul O'Connor	St Colmans Fermoy	2.12.0	800m	Junior Boys
1973	A Herbert	Crescent Comprehensive SJ Limerick	2.13.9	800m	Junior Boys
1974	David O'Regan	Fermoy CBS	2.13.2	800m	Junior Boys
1975	William Hogan	Nenagh CBS	2.05.8	800m	Junior Boys
1976	Brian O'Regan	St Colmans Fermoy	2.05.1	800m	Junior Boys
1977	Eoin Nolan	Crescent Comprehensive SJ Limerick	2.09.9	800m	Junior Boys
1978	Paul Byrnes	Mount Sion Waterford	2.07.5	800m	Junior Boys
1979	M Cleary	North Monastery CBS Cork	2.10.6	800m	Junior Boys
1980	Ian Bolger	Ard Scoil Ris Limerick	2.08.9	800m	Junior Boys
1981	Mark Dornan	Bandon Grammar School	2.12.9	800m	Junior Boys
1982	John Downes	St Pauls Kilfinane	2.08.0	800m	Junior Boys
1983	Bill Mullaney	Thurles CBS	2.07.4	800m	Junior Boys
1984	K Foley	St Clements Limerick	2.07.6	800m	Junior Boys
1985	Anthony O'Keeffe	Colaiste Chriost Ri Cork	2.09.3	800m	Junior Boys
1986	Ed Burke	Thurles CBS	2.07.4	800m	Junior Boys
1987	Simon Wallace	Tramore CBS	2.10.4	800m	Junior Boys
1988	Brian Kiely	Scoil Mhuire Gan Smal Blarney	2.07.9	800m	Junior Boys
1989	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	2.05.1	800m	Junior Boys
1990	Stephen Coade	North Monastery CBS Cork	2.03.0	800m	Junior Boys
1991	B McGrath	Douglas CS	2.07.5	800m	Junior Boys
1992	Larry Morrissey	Waterpark College Waterford	2.03.8	800m	Junior Boys
1993	E Morrissey	Colaiste an Spioraid Naoimh Bishopstown	2.25.2	800m	Junior Boys
1994	Denis Murphy	Mayfield Community School	2.04.7	800m	Junior Boys
1995	Thomas Quaid	Dromcollogher CC	2.09.7	800m	Junior Boys
1996	Tony Lilly	Colaiste Choilm Ballincollig	2.13.9	800m	Junior Boys
1997	Ian Donovan	Colaiste Choilm Ballincollig	2.05.7	800m	Junior Boys
1998	Paul Grant	Mount Sion Waterford	2.02.1	800m	Junior Boys
1999	James McCarthy	Midleton CBS	2.06.7	800m	Junior Boys
2000	Diarmaid Collins	Midleton CBS	2.12.3	800m	Junior Boys
2001	James Cave	Bandon Grammar School	2.12.6	800m	Junior Boys
2002	Brian Markham	St Flannans Ennis	2.15.3	800m	Junior Boys
2003	Martin Burke	Presentation Milltown	2.08.23	800m	Junior Boys
2004	Niall Tuohy	Newtown School Waterford	2.04.92	800m	Junior Boys
2005	Keith Maher	Nenagh CBS	2.05.85	800m	Junior Boys
2006	Michael O'Sullivan	McEgan CC Macroom	2.12.54	800m	Junior Boys
2007	Shane Quinn	De La Salle Waterford	2.03.41	800m	Junior Boys
2008	Dean Cronin	Scoil Mhuire Gan Smal Blarney	2.01.14	800m	Junior Boys
2009	Sean Tobin	High School Clonmel	2.06.38	800m	Junior Boys
2010	Eoin Ryan	St Marys Newport	2.11.59	800m	Junior Boys
2011	Nessan Guilfoyle	Christian Brothers College Cork	2.14.12	800m	Junior Boys
2012	Luke Horgan	Colaiste Chriost Ri Cork	2.08.32	800m	Junior Boys
2013	Michael Foley	Tarbert CS	2.08.14	800m	Junior Boys
2014	Jack Dolan	Thurles CBS	2.16.06	800m	Junior Boys
2015	Kieran Moloney	Thurles CBS	2.07.03	800m	Junior Boys
2016	Ben Deasy	St Flannans Ennis	2.05.00	800m	Junior Boys
2017	Rory Prenderville	John The Baptist Hospital	2.06.79	800m	Junior Boys
2018	Kelvin O'Carroll	Ard Scoil Ris Limerick	2.08.44	800m	Junior Boys
2019	Mark Davidson	Thurles CBS	2.12.79	800m	Junior Boys
2020	Not Held due to Covid-19 restrictions			800m	Junior Boys
2021	Not Held due to Covid-19 restrictions			800m	Junior Boys
2022	Ryan Carey	Pres Milltown	2:14.61	800m	Junior Boys

Junior Boys 1500m

1970	Eddie McCarthy	North Monastery CBS Cork	4.24.0	1500m	Junior Boys
1971	John Treacy	St Anns Cappoquin	4.27.0	1500m	Junior Boys
1972	C Murphy	North Monastery CBS Cork	4.28.4	1500m	Junior Boys

1973	Brian Twohig	North Monastery CBS Cork	4.41.0	1500m	Junior Boys
1974	Finbarr O'Leary	North Monastery CBS Cork	4.17.6	1500m	Junior Boys
1975	Frank O'Mara	St Munchins Limerick	4.21.4	1500m	Junior Boys
1976	Louis Galvan	Ennis CBS	4.22.9	1500m	Junior Boys
1977	Tony Gilbert	North Monastery CBS Cork	4.27.1	1500m	Junior Boys
1978	Ger Ryan	Crescent Comprehensive SJ Limerick	4.34.3	1500m	Junior Boys
1979	Barry Dillon	Rathkeale Vocationsl School	4.36.8	1500m	Junior Boys
1980	William Maloney	Roscrea VS	4.19.7	1500m	Junior Boys
1981	Ned O'Sullivan	De La Salle Waterford	4.29.2	1500m	Junior Boys
1982	John Downes	St Pauls Kilfinane	4.31.0	1500m	Junior Boys
1983	Bill Mullaney	Thurles CBS	4.22.0	1500m	Junior Boys
1984	K Foley	St Clements Limerick	4.30.4	1500m	Junior Boys
1985	Danny O'Brien	Mercy Newport	4.28.7	1500m	Junior Boys
1986	Ed Burke	Thurles CBS	4.18.5	1500m	Junior Boys
1987	John Murray	Charleville VS	4.27.5	1500m	Junior Boys
1988	Sean Barrett	Millstreet CS	4.26.0	1500m	Junior Boys
1989	Kieran McKeown	Deerpark CBS Cork	4.28.9	1500m	Junior Boys
1990	Stephen Coade	North Monastery CBS Cork	4.20.7	1500m	Junior Boys
1991	Trevor Moloney	Patrician Academy Mallow	4.23.6	1500m	Junior Boys
1992	Thomas Carey	Ard Scoil Ris Limerick	4.17.9	1500m	Junior Boys
1993	Shane Fitzgerald	St Colmans Fermoy	4.43.6	1500m	Junior Boys
1994	Denis Murphy	Mayfield Community School	4.23.5	1500m	Junior Boys
1995	Tadhg Healy	Nagle Rice Doneraile	4.25.6	1500m	Junior Boys
1996	Shane O'Shaughnessy	Mayfield Community School	4.24.0	1500m	Junior Boys
1997	Ian Donovan	Colaiste Choilm Ballincollig	4.23.3	1500m	Junior Boys
1998	Sean O'Dwyer	Thurles CBS	4.28.6	1500m	Junior Boys
1999	Tadhg O'Callaghan	Colaiste Chriost Ri Cork	4.28.1	1500m	Junior Boys
2000	Diarmaid Collins	Midleton CBS	4.27.5	1500m	Junior Boys
2001	Thomas Dorney	Gairm Scoil Mhuire Thurles	4.34.5	1500m	Junior Boys
2002	David McCarthy	St Augustines Dungarvan	4.19.5	1500m	Junior Boys
2003	David McCarthy	St Augustines Dungarvan	4.16.71	1500m	Junior Boys
2004	Niall Tuohy	Newtown School Waterford	4.19.5	1500m	Junior Boys
2005	John Francis	Tramore CBS	4.22.83	1500m	Junior Boys
2006	Shane Quinn	De La Salle Waterford	4.15.47	1500m	Junior Boys
2007	Shane Quinn	De La Salle Waterford	4.11.06	1500m	Junior Boys
2008	Dean Cronin	Scoil Mhuire Gan Smal Blarney	4.31.87	1500m	Junior Boys
2009	Sean Tobin	High School Clonmel	4.24.28	1500m	Junior Boys
2010	Cillian O'Donovan	Colaiste na Sceilge Caherciveen	4.30.29	1500m	Junior Boys
2011	Liam Hennessy	Colaiste Chriost Ri Cork	4.31.65	1500m	Junior Boys
2012	Abdi Mohammed	Colaiste Chriost Ri Cork	4.28.76	1500m	Junior Boys
2013	Fearghal Curtin	Midleton CBS	4.14.30	1500m	Junior Boys
2014	Charlei O'Donovan	Colaiste Chriost Ri Cork	4.26.92	1500m	Junior Boys
2015	Darragh McElhiney	Colaiste Pobail Bantry	4.21.63	1500m	Junior Boys
2016	Jake Bagge	Ard Scoil na Mara Tramore	4.30.87	1500m	Junior Boys
2017	Mark Hanrahan	St Flannans Ennis	4.21.91	1500m	Junior Boys
2018	Dean Casey	St Flannans Ennis	4.34.94	1500m	Junior Boys
2019	Tadhg Connolly	Abbey CC Waterford	4.24.66	1500m	Junior Boys
2020	Not Held due to Covid-19 restrictions			1500m	Junior Boys
2021	Not Held due to Covid-19 restrictions			1500m	Junior Boys
2022	Simon Farrell	St Flannans Ennis	4:30.43	1500m	Junior Boys

Junior Boys 80m Hurdles (76.2 cm)

1970	E McNamara	Crescent Comprehensive SJ Limerick	13.0	80m Hurdles	Junior Boys
1971	Frank Walsh	Tralee CBS	13.1	80m Hurdles	Junior Boys
1972	P Collins	Ard Scoil Ris Limerick	13.0	80m Hurdles	Junior Boys
1973	M Dillon	Salesian Limerick	14.2	80m Hurdles	Junior Boys
1974	Brian Donnellan	St Flannans Ennis	12.4	80m Hurdles	Junior Boys
1975	Paul Sheehan	De La Salle Waterford	12.7	80m Hurdles	Junior Boys
1976	Paul Whelan	Nenagh CBS	12.2	80m Hurdles	Junior Boys
1977	Eoin Nolan	Crescent Comprehensive SJ Limerick	12.7	80m Hurdles	Junior Boys
1978	Michael Morrissey	Nenagh CBS	12.1	80m Hurdles	Junior Boys
1979	Garrett Moylan	Nenagh CBS	12.5	80m Hurdles	Junior Boys
1980	Tom McKeogh	Nenagh CBS	11.6	80m Hurdles	Junior Boys
1981	Kevin Madden	St Clements Limerick	12.5	80m Hurdles	Junior Boys

1982	Joe Connors	Borrisokane VS	12.6		80m Hurdles	Junior Boys
1983	John Naughton	Nenagh CBS	12.3		80m Hurdles	Junior Boys
1984	Leonard Waugh	Hamilton High School Bandon	12.1		80m Hurdles	Junior Boys
1985	Darren Haddock	Colaiste Chriost Ri Cork	12.0		80m Hurdles	Junior Boys
1986	David Sheehan	St Munchins Limerick	11.8		80m Hurdles	Junior Boys
1987	Brian Hallahan	Bishopstown CS	12.3		80m Hurdles	Junior Boys
1988	Carlton Haddock	Colaiste Chriost Ri Cork	11.2		80m Hurdles	Junior Boys
1989	Michael Hallanan	Bishopstown CS	11.6		80m Hurdles	Junior Boys
1990	Colm Stack	Youghal CBS	11.6		80m Hurdles	Junior Boys
1991	David Sheehan	St Colmans CC Midleton	12.0		80m Hurdles	Junior Boys
1992	Kenneth Treacy	Midleton CBS	11.9		80m Hurdles	Junior Boys
1993	Brian Cullinane	Nenagh CBS	12.0		80m Hurdles	Junior Boys
1994	Paul O'Shea	FCJ Bruff	12.2		80m Hurdles	Junior Boys
1995	Eoin Taylor	Newtown School Waterford	12.0		80m Hurdles	Junior Boys
1996	Timothy Flannery	Nenagh CBS	12.5		80m Hurdles	Junior Boys
1997	Kieran Hennessy	St Colmans CC Midleton	11.7		80m Hurdles	Junior Boys
1998	Brendan Doyle	De La Salle Waterford	12.0		80m Hurdles	Junior Boys
1999	Owen O'Connell	Tarbert CS	12.5		80m Hurdles	Junior Boys
2000	Chris Condon	Tralee CBS	12.0		80m Hurdles	Junior Boys
2001	Nigel O'Gorman	Scoil Ruain Killenaule	11.9		80m Hurdles	Junior Boys
2002	Brendan O'Connor	Beara CS	12.1		80m Hurdles	Junior Boys
2003	Brendan O'Connor	Beara CS	12.68		80m Hurdles	Junior Boys
2004	Alan Corcoran	De La Salle Waterford	12.56		80m Hurdles	Junior Boys
2005	Gavin Kennedy	De La Salle Waterford	11.67		80m Hurdles	Junior Boys
2006	Patrick Maher	Davis College Mallow	12.77		80m Hurdles	Junior Boys
2007	Sipke O'Shaughnessy	Hamilton High School Bandon	12.98		80m Hurdles	Junior Boys
2008	Mel Corbett	St Munchins Limerick	12.67		80m Hurdles	Junior Boys
2009	Gary Bateman	St Munchins Limerick	13.84		80m Hurdles	Junior Boys
2010	Dan Finnerty	St Annes CC Killaloe	12.32	1.1	80m Hurdles	Junior Boys
2011	Ben Clancy	Glenstal Abbey School	13.19	-4.4	80m Hurdles	Junior Boys
2012	Jack Murphy	Christian Brothers College Cork	12.45		80m Hurdles	Junior Boys
2013	Daniel Ryan	Thurles CBS	11.56	2.4	80m Hurdles	Junior Boys
2014	Shane Monogle	Tramore CBS	12.93	-4.8	80m Hurdles	Junior Boys
2015	Dean Mulqueen	St Annes CC Killaloe	11.84	1.3	80m Hurdles	Junior Boys
2016	Daniel Hurley	Presentation Brothers Cork	12.67	-4.9	80m Hurdles	Junior Boys
2017	Jack McEvoy	St Annes CC Killaloe	12.89	0.2	80m Hurdles	Junior Boys
2018	Harry Nevin	Rochestown College	11.73	0.5	80m Hurdles	Junior Boys
2019	Conor Callinan	Colaiste an Chroi Naofa Carraig na bhFear	11.33	2.8	80m Hurdles	Junior Boys
2020	Not Held due to Covid-19 restrictions				80m Hurdles	Junior Boys
2021	Not Held due to Covid-19 restrictions				80m Hurdles	Junior Boys
2022	Malachy McKenna	Ardscoil Ris Limerick	12.52	-2.9	80m Hurdles	Junior Boys

Junior Boys 1200m Walk

1981	T Duffy	St Munchins Limerick	6.36.5		Walk	Junior Boys
1982	T Duffy	St Munchins Limerick	6.34.0		Walk	Junior Boys
1983	Cionnaith MacEoin	Colaiste Chriost Ri Cork	6.44.5		Walk	Junior Boys
1984	Seamus Brosnan	St Patricks Castleisland	6.10.0		Walk	Junior Boys
1985	Mark Prenderville	St Patricks Castleisland	6.13.2		Walk	Junior Boys
1986	Paul Logan	St Nessans Limerick	5.50.0		Walk	Junior Boys
1987	Frank Lynch	St Augustines Dungarvan	5.40.0		Walk	Junior Boys
1988	P J Lake	Charleville CBS	6.12.0		Walk	Junior Boys
1989	Diarmuid Sheehy	Doon CBS	5.57.7		Walk	Junior Boys
1990	Diarmuid Sheehy	Doon CBS	5.43.0		Walk	Junior Boys
1991	Jamie Costin	Dungarvan CBS	5.33.0		Walk	Junior Boys
1992	P Shanahan	Tarbert CS	5.50.3		Walk	Junior Boys
1993	Karl Kelly	St Brendans Killarney	6.39.6		Walk	Junior Boys
1994	Sean Sheedy	Doon CBS	6.17.0		Walk	Junior Boys
1995	Eamonn Cashin	St Augustines Dungarvan	5.40.0		Walk	Junior Boys
1996	Thomas Foskin	St Pauls Waterford	6.48.0		Walk	Junior Boys
1997	Dara Blake	Ennistymon CBS	6.42.5		Walk	Junior Boys
1998	Eoin Lynch	Ennistymon CBS	6.36.0		Walk	Junior Boys
1999	Eoin Murphy	St Declans CC Kilmacthomas	6.41.0		Walk	Junior Boys
2000	Eoin Murphy	St Declans CC Kilmacthomas	6.25.4		Walk	Junior Boys
2001	Ross Kelly	Colaiste an Phiarsaigh Glanmire	6.46.0		Walk	Junior Boys

2002	Ross Kelly	Colaiste an Phiarsaigh Glanmire	NT	Walk	Junior Boys
2003	Paul Murphy	St Clements Limerick	5.05.0	Walk	Junior Boys
2004	Niall Prenderville	Dingle CBS	6.17.2	Walk	Junior Boys
2005	Niall Prenderville	Dingle CBS	6.02	Walk	Junior Boys
2006	Gearoid Sheehy	Doon CBS	6.29.1	Walk	Junior Boys
2007	Eoin O'Muircheartaigh	Dingle CBS		Walk	Junior Boys
2008	Rob O'Neill	Douglas CS		Walk	Junior Boys
2009	Evan Lynch	Gaelcholaiste Cheitinn Clonmel	5.38.07	Walk	Junior Boys
2010	Evan Lynch	Gaelcholaiste Cheitinn Clonmel	5.06.44	Walk	Junior Boys
2011	Aaron Egan	High School Clonmel	5.43.9	Walk	Junior Boys
2012	Aaron Egan	High School Clonmel	5.17.83	Walk	Junior Boys
2013	David Kenny	St Brendans Killarney	5.56.06	Walk	Junior Boys
2014	Gearoid McMahon	St Caimins CS Shannon	5.41.45	Walk	Junior Boys
2015	Liam McDonagh	Thurles CBS	6.31.42	Walk	Junior Boys
2016	Blake Curran	St Patricks CS	6.52.21	Walk	Junior Boys
2017	Noah McConway	St Flannans Ennis	6.16.18	Walk	Junior Boys
2018	Ciaran O'Muirhile	Gaelcholaiste Mhuire AG Cork	5.53.04	Walk	Junior Boys
2019	Sam O'Sullivan	Rockwell College	6.17.24	Walk	Junior Boys
2020	Not Held due to Covid-19 restrictions			Walk	Junior Boys
2021	Not Held due to Covid-19 restrictions			Walk	Junior Boys
2022	Shane Byrne	Rochestown College	5:47.35	Walk	Junior Boys

Junior Boys High Jump

1937	P Phelan	North Monastery CBS Cork	1.47	High Jump	Junior Boys
1964	Sean Traynor	De La Salle Waterford	1.50	High Jump	Junior Boys
1965	Gerry Beckett	Sullivans Quay Cork	1.49	High Jump	Junior Boys
1966	Finbarr O'Laochra	North Monastery CBS Cork	1.57	High Jump	Junior Boys
1967	Edward O'Halloran	North Monastery CBS Cork	1.45	High Jump	Junior Boys
1968	John Cooney	Tipperary CBS	1.50	High Jump	Junior Boys
1969	John Cronin	Presentation Brothers Cork	1.45	High Jump	Junior Boys
1970	Jim Hartnett	Colaiste Chriost Ri Cork	1.52	High Jump	Junior Boys
1971	Colm Cronin	North Monastery CBS Cork	1.55	High Jump	Junior Boys
1972	Barry Smyth	St Flannans Ennis	1.50	High Jump	Junior Boys
1973	Aiden Lynch	Christian Brothers College Cork	1.55	High Jump	Junior Boys
1974	Frank Sweeney	St Flannans Ennis	1.66	High Jump	Junior Boys
1975	Terence Moloney	Colaiste Chriost Ri Cork	1.57	High Jump	Junior Boys
1976	Richard Lanigan	St Augustines Dungarvan	1.63	High Jump	Junior Boys
1977	William Guiry	Fethard	1.68	High Jump	Junior Boys
1978	Anthony O'Brien	Clonmel	1.67	High Jump	Junior Boys
1979	Liam Looney	St Munchins Limerick	1.65	High Jump	Junior Boys
1980	Pat O' Dwyer	Thurles CBS	1.69	High Jump	Junior Boys
1981	Gavin McGrath	Glenstal Abbey School	1.66	High Jump	Junior Boys
1982	Brian Stack	Doneraile CBS	1.70	High Jump	Junior Boys
1983	R Burke	Crescent Comprehensive SJ Limerick	1.74	High Jump	Junior Boys
1984	B O'Mahony	Douglas CS	1.65	High Jump	Junior Boys
1985	Conor McGrath	Tramore CBS	1.60	High Jump	Junior Boys
1986	Sean Noonan	Scoil Eoin Naofa Cork	1.75	High Jump	Junior Boys
1987	Liam English	Tramore CBS	1.81	High Jump	Junior Boys
1988	Antoine Burke	Crescent Comprehensive SJ Limerick	1.64	High Jump	Junior Boys
1989	Michael Hallanan	Bishopstown CS	1.86	High Jump	Junior Boys
1990	Antoine Burke	Crescent Comprehensive SJ Limerick	1.83	High Jump	Junior Boys
1991	Patrick Fogarty	Our Ladys Templemore	1.60	High Jump	Junior Boys
1992	Derek Hayes	St Augustines Dungarvan	1.81	High Jump	Junior Boys
1993	Brian Cullinane	Nenagh CBS	1.55	High Jump	Junior Boys
1994	John Moylan	Patrician Academy Mallow	1.69	High Jump	Junior Boys
1995	Kevin Burke	Crescent Comprehensive SJ Limerick	1.63	High Jump	Junior Boys
1996	Mark Tuohy	St Josephs Kilmallock	1.71	High Jump	Junior Boys
1997	Tomas Burke	Crescent Comprehensive SJ Limerick	1.55	High Jump	Junior Boys
1998	Robert Logan	High School Clonmel	1.62	High Jump	Junior Boys
1999	Michael O'Donovan	Kinsale CS	1.69	High Jump	Junior Boys
2000	Conor Sheehy	Colaiste an Spioraid Naoimh Bishopstown	1.70	High Jump	Junior Boys
2001	Dara Foley	Tramore CBS	1.70	High Jump	Junior Boys
2002	Liam Moloney	Tralee CBS	1.60	High Jump	Junior Boys

2003	Kevin Harty	Dungarvan CBS	1.65	High Jump	Junior Boys
2004	Colin O'Brien	Patrician Academy Mallow	1.67	High Jump	Junior Boys
2005	Ciaran Donnelly	De La Salle Waterford	1.65	High Jump	Junior Boys
2006	Diarmaid O'Connell	Scoil Mhuire agus Ide Newcastle West	1.60	High Jump	Junior Boys
2007	Diarmaid O'Connell	Scoil Mhuire agus Ide Newcastle West	1.60	High Jump	Junior Boys
2008	David Hogan	Causeway Comprehensive School	1.60	High Jump	Junior Boys
2009	Alan Nolan	Colaiste Chriost Ri Cork	1.55	High Jump	Junior Boys
2010	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	1.73	High Jump	Junior Boys
2011	Sam Healy	Carrigaline CS	1.70	High Jump	Junior Boys
2012	Jack Murphy	Christian Brothers College Cork	1.76	High Jump	Junior Boys
2013	Diarmuid Clancy	Mean Scoil San Nicolas an Rinn	1.60	High Jump	Junior Boys
2014	Ben Donovan	Midleton College	1.70	High Jump	Junior Boys
2015	Ben Donovan	Midleton College	1.85	High Jump	Junior Boys
2016	Dean Coleman	Pobalscoil na Trionoide Youghal	1.50	High Jump	Junior Boys
2017	Reece Ademola	Douglas CS	1.65	High Jump	Junior Boys
2018	Geoffrey Joy-O'Regan	John The Baptist Hospital	1.80	High Jump	Junior Boys
2019	Geoffrey Joy O'Regan	John The Baptist Hospital	1.90	High Jump	Junior Boys
2020	Not Held due to Covid-19 restrictions			High Jump	Junior Boys
2021	Not Held due to Covid-19 restrictions			High Jump	Junior Boys
2022	Ryan Onah	Ashton Cork	1.85	High Jump	Junior Boys

Junior Boys Long Jump

1958	Donal Murphy	Limerick CBS	5.21	Long Jump	Junior Boys
1959	H O'Gorman	Mungret College Limerick	5.38	Long Jump	Junior Boys
1960	Brian Murphy	Sullivans Quay Cork	5.47	Long Jump	Junior Boys
1961	A Casey	Limerick CBS	5.43	Long Jump	Junior Boys
1962	Brendan O'Sullivan	De La Salle Waterford	5.32	Long Jump	Junior Boys
1963	Niall Leahy	Crescent Comprehensive SJ Limerick	5.07	Long Jump	Junior Boys
1964	Gerry Hayes	Nenagh CBS	5.72	Long Jump	Junior Boys
1965	Gerry Beckett	Sullivans Quay Cork	5.58	Long Jump	Junior Boys
1966	Finbarr Leahy	North Monastery CBS Cork	5.25	Long Jump	Junior Boys
1967	Walter O'Brien	Glenstal Abbey School	5.12	Long Jump	Junior Boys
1968	Seamus O'Sullivan	Colaiste Iosagain Ballyvourney	5.35	Long Jump	Junior Boys
1969	Ken Russell	Newtown School Waterford	5.31	Long Jump	Junior Boys
1970	Roger O'Sullivan	Colaiste Iosagain Ballyvourney	5.47	Long Jump	Junior Boys
1971	Kevin Tyrrell	Mount Sion Waterford	5.72	Long Jump	Junior Boys
1972	R O'Tuama	Colaiste Iosagain Ballyvourney	5.11	Long Jump	Junior Boys
1973	Fintan O'Shea	Colaiste an Spioraid Naoimh Bishopstown	5.38	Long Jump	Junior Boys
1974	Louis O'Halloran	St Josephs Tulla	5.82	Long Jump	Junior Boys
1975	Neil McCarthy	St Munchins Limerick	5.68	Long Jump	Junior Boys
1976	Neil McCarthy	St Munchins Limerick	5.80	Long Jump	Junior Boys
1977	Donal O'Callaghan	Christian Brothers College Cork	5.22	Long Jump	Junior Boys
1978	Joe Kennedy	De La Salle Waterford	5.64	Long Jump	Junior Boys
1979	B Shine	Limerick CBS	5.34	Long Jump	Junior Boys
1980	Tom McKeogh	Nenagh CBS	5.39	Long Jump	Junior Boys
1981	Gerry Kelleher	Millstreet CS	5.38	Long Jump	Junior Boys
1982	Gerry Kelleher	Millstreet CS	5.66	Long Jump	Junior Boys
1983	Darragh Nolan	St Munchins Limerick	5.86	Long Jump	Junior Boys
1984	Niall Cunningham	Patrician Academy Mallow	5.47	Long Jump	Junior Boys
1985	J Justice	North Monastery CBS Cork	5.36	Long Jump	Junior Boys
1986	Sean Noonan	Scoil Eoin Naofa Cork	5.90	Long Jump	Junior Boys
1987	John Foley	Newport VS	5.71	Long Jump	Junior Boys
1988	Sean O'Sullivan	Killorglin CC	5.50	Long Jump	Junior Boys
1989	Eoin Verling	Hamilton High School Bandon	6.03	Long Jump	Junior Boys
1990	Tito Duarte	De La Salle Macroom	5.45	Long Jump	Junior Boys
1991	Brian Liddy	Glenstal Abbey School	5.38	Long Jump	Junior Boys
1992	Owen McCarthy	Tralee CBS	5.97	Long Jump	Junior Boys
1993	John Andrews	Nagle CC Mahon	5.44	Long Jump	Junior Boys
1994	John Moylan	Patrician Academy Mallow	5.55	Long Jump	Junior Boys
1995	Mark Hamilton	St Colmans Fermoy	5.69	Long Jump	Junior Boys
1996	Richard Phelan	Carrick-on-Suir VS	5.83	Long Jump	Junior Boys
1997	Shane Thornton	Mitchelstown CBS	5.55	Long Jump	Junior Boys
1998	John Joy	St Itas Abbeyfeale	5.56	Long Jump	Junior Boys
1999	James McCarthy	Midleton CBS	5.86	Long Jump	Junior Boys

2000	Richard Arnopp	Bandon Grammar School	5.21	Long Jump	Junior Boys
2001	Anthony Wyse	Deerpark CBS Cork	5.53	Long Jump	Junior Boys
2002	Denis Forrest	Presentation Brothers Cork	5.50	Long Jump	Junior Boys
2003	Eoin Hannon	Our Ladys Templemore	5.66	Long Jump	Junior Boys
2004	David Quilligan	Patrician Academy Mallow	5.58	Long Jump	Junior Boys
2005	Timmy Harrington	Kinsale CS	6.47	Long Jump	Junior Boys
2006	Nathan Jege	St Caimins CS Shannon	5.90	Long Jump	Junior Boys
2007	Gerard Browne	St Flannans Ennis	5.47	Long Jump	Junior Boys
2008	Clarence Kennedy	Mercy Mount Hawk Tralee	5.45	Long Jump	Junior Boys
2009	Eric Stam	Colaiste Choilm Ballincollig	5.76	Long Jump	Junior Boys
2010	Dan Finnerty	St Annes CC Killaloe	6.02	Long Jump	Junior Boys
2011	Sam Healy	Carrigaline CS	5.72	Long Jump	Junior Boys
2012	Ciaran Crowley	Colaiste an Spioraid Naoimh Bishopstown	5.47	Long Jump	Junior Boys
2013	Daniel Ryan	Thurles CBS	6.23	Long Jump	Junior Boys
2014	James Murphy	Tramore CBS	5.56	Long Jump	Junior Boys
2015	David Ryan	Thurles CBS	6.31	Long Jump	Junior Boys
2016	Sean Carolan	St Marys Newport	6.20	Long Jump	Junior Boys
2017	Adam Turner	Colaiste Christ Ri Cork	5.72	Long Jump	Junior Boys
2018	Mark Carroll	Nenagh CBS	5.89	Long Jump	Junior Boys
2019	Darragh Looney	St Brendans Killarney	5.28	Long Jump	Junior Boys
2020	Not Held due to Covid-19 restrictions			Long Jump	Junior Boys
2021	Not Held due to Covid-19 restrictions			Long Jump	Junior Boys
2022	Mathew Herbert	CBC Cork	5.48	Long Jump	Junior Boys

Junior Boys Triple Jump

1970	Dermot Browne	Rockwell College	11.38	Triple Jump	Junior Boys
1971	Colm Cronin	North Monastery CBS Cork	11.22	Triple Jump	Junior Boys
1972	B Keane	Listowel	10.71	Triple Jump	Junior Boys
1973	Gerard Sammon	Thurles CBS	11.51	Triple Jump	Junior Boys
1974	Ger McLoughlin	Cobh VS	12.57	Triple Jump	Junior Boys
1975	Neil McCarthy	St Munchins Limerick	12.19	Triple Jump	Junior Boys
1976	Neil McCarthy	St Munchins Limerick	13.14	Triple Jump	Junior Boys
1977	Paul O'Brien	Crescent Comprehensive SJ Limerick	11.53	Triple Jump	Junior Boys
1978	Des McLoughlin	Colaiste Muire Cobh	12.09	Triple Jump	Junior Boys
1979	B Shine	Limerick CBS	11.14	Triple Jump	Junior Boys
1980	Brian Croke	Crescent Comprehensive SJ Limerick	12.13	Triple Jump	Junior Boys
1981	Gerry Kelleher	Millstreet CS	11.21	Triple Jump	Junior Boys
1982	R Wilson	Newtown School Waterford	11.67	Triple Jump	Junior Boys
1983	Darragh Nolan	St Munchins Limerick	12.11	Triple Jump	Junior Boys
1984	Niall Cunningham	Patrician Academy Mallow	11.51	Triple Jump	Junior Boys
1985	David Willis	Mallow VS	11.25	Triple Jump	Junior Boys
1986	Dillon Nugent	Glenstal Abbey School	11.46	Triple Jump	Junior Boys
1987	P J Galvin	Killorglin CC	11.80	Triple Jump	Junior Boys
1988	Matt Burke	Crescent Comprehensive SJ Limerick	11.17	Triple Jump	Junior Boys
1989	Brian Hayes	St Augustines Dungarvan	11.58	Triple Jump	Junior Boys
1990	Antoine Burke	Crescent Comprehensive SJ Limerick	11.80	Triple Jump	Junior Boys
1991	David Sheehan	St Colmans CC Midleton	11.18	Triple Jump	Junior Boys
1992	David Murphy	De La Salle Waterford	12.07	Triple Jump	Junior Boys
1993	Alan Burrows	Tralee CBS	11.10	Triple Jump	Junior Boys
1994	David Morrissey	Midleton CBS	11.76	Triple Jump	Junior Boys
1995	Mark Hamilton	St Colmans Fermoy	12.11	Triple Jump	Junior Boys
1996	Eamonn Murray	Midleton CBS	11.70	Triple Jump	Junior Boys
1997	Brian O'Murchu	Colaiste an Phiarsaigh Glanmire	12.05	Triple Jump	Junior Boys
1998	Brendan Doyle	De La Salle Waterford	11.38	Triple Jump	Junior Boys
1999	James Moriarty	St Fanahans Mitchelstown	10.92	Triple Jump	Junior Boys
2000	Conor Sheehy	Colaiste an Spioraid Naoimh Bishopstown	11.60	Triple Jump	Junior Boys
2001	Conor Madden	St Patricks CS Shannon	11.68	Triple Jump	Junior Boys
2002	Gary Walsh	Tramore CBS	10.33	Triple Jump	Junior Boys
2003	Tom Cross	Bandon Grammar School	11.14	Triple Jump	Junior Boys
2004	David Lonergan	Carrick-on-Suir CBS	10.42	Triple Jump	Junior Boys
2005	Tim Harrington	Kinsale CS	11.86	Triple Jump	Junior Boys
2006	Michael Healy	Youghal CBS	11.42	Triple Jump	Junior Boys
2007	Thomas Barr	De La Salle Waterford	10.21	Triple Jump	Junior Boys

2008	Brandon Barry	Dungarvan CBS	10.15	Triple Jump	Junior Boys
2009	Eoin O'Carroll	Mercy Mount Hawk	12.18	Triple Jump	Junior Boys
2010	Michael Grimes	Mercy Mount Hawk Tralee	10.31	Triple Jump	Junior Boys
2011	Darren Prout	Presentation Ballingarry	10.75	Triple Jump	Junior Boys
2012	Conor Shelly	Carrick-on-Suir CBS	9.58	Triple Jump	Junior Boys
2013	Joseph spratt	John The Baptist Hospital	10.07	Triple Jump	Junior Boys
2014	Becuett Armstrong	Carrigaline CS	9.32	-1.5 Triple Jump	Junior Boys
2015	Martin Kehoe	Presentation Ballingarry	10.47	Triple Jump	Junior Boys
2016	Jack Ryan	Thurles CBS	11.15	Triple Jump	Junior Boys
2017	Jack Greaney	St Brendans Killarney	9.70	Triple Jump	Junior Boys
2018	Dillon Ryan	Thurles CBS	11.48	Triple Jump	Junior Boys
2019	Favour Williams	St Peters Passage West	10.00	Triple Jump	Junior Boys
2020	Not Held due to Covid-19 restrictions			Triple Jump	Junior Boys
2021	Not Held due to Covid-19 restrictions			Triple Jump	Junior Boys
2022	Max Clover	Bandon Grammar	10.28	Triple Jump	Junior Boys

Junior Boys Pole Vault

1965	David Booth	Glenstal Abbey School	2.21	Pole Vault	Junior Boys
1966	Sean O'Riordan	North Monastery CBS Cork	2.51	Pole Vault	Junior Boys
1967	Gearoid Bradley	Glenstal Abbey School	2.68	Pole Vault	Junior Boys
1968	Peter Humpston	Rockwell College	2.78	Pole Vault	Junior Boys
1969	Donal Quinn	St Munchins Limerick	2.88	Pole Vault	Junior Boys
1970	D Cronin	St Munchins Limerick	2.67	Pole Vault	Junior Boys
1971	Conor Lonergan	Fethard	2.51	Pole Vault	Junior Boys
1972	Barry Smyth	St Flannans Ennis	2.44	Pole Vault	Junior Boys
1973	Frank O'Shea	Thurles CBS	2.44	Pole Vault	Junior Boys
1974	Ger McLoughlin	Cobh VS	2.82	Pole Vault	Junior Boys
1975	T O'Connor	St Munchins Limerick	2.53	Pole Vault	Junior Boys
1976	Mark Dennehy	Glenstal Abbey School	2.65	Pole Vault	Junior Boys
1977	James Twomey	Glenstal Abbey School	2.50	Pole Vault	Junior Boys
1978	Michael Collins	Rockwell College	2.40	Pole Vault	Junior Boys
1979	Alan O'Connor	St Munchins Limerick	2.74	Pole Vault	Junior Boys
1980	Malachy Sheridan	Rockwell College	3.45	Pole Vault	Junior Boys
1981	Terry Connelly	Colaiste Chriost Ri Cork	3.00	Pole Vault	Junior Boys
1982	Malachy Sheridan	rockwell College	4.10	Pole Vault	Junior Boys
1983	Derrick Neff	Colaiste Chriost Ri Cork	2.80	Pole Vault	Junior Boys
1984	Derrick Neff	Colaiste Chriost Ri Cork	3.10	Pole Vault	Junior Boys
1985	Brian Dawson	St Flannans Ennis	2.70	Pole Vault	Junior Boys
1986	Donagh Sheridan	Rockwell College	2.70	Pole Vault	Junior Boys
1987	Gerry Hallissey	De La Salle Waterford	2.70	Pole Vault	Junior Boys
1988	Denis Finn	Rockwell College	3.00	Pole Vault	Junior Boys
1989	Ronan O'Sullivan	Colaiste Chriost Ri Cork	2.50	Pole Vault	Junior Boys
1990	Ronan O'Sullivan	Colaiste Chriost Ri Cork	3.10	Pole Vault	Junior Boys
1991	Eugene Fortune	Rockwell College	2.70	Pole Vault	Junior Boys
1992	Trevor O'Leary	Colaiste Chriost Ri Cork	2.90	Pole Vault	Junior Boys
1993	Mark Deevy	St Augustines Dungarvan	2.50	Pole Vault	Junior Boys
1994	Paul O'Sullivan	Colaiste Chriost Ri Cork	2.80	Pole Vault	Junior Boys
1995	Gary Hurney	St Augustines Dungarvan	2.30	Pole Vault	Junior Boys
1996	John Mark O'Leary	St Augustines Dungarvan	2.10	Pole Vault	Junior Boys
1997	Eoin Mulcahy	Colaiste Chriost Ri Cork	2.50	Pole Vault	Junior Boys
1998	Neil O'Brien	Colaiste Chriost Ri Cork	2.50	Pole Vault	Junior Boys
1999	Simon Hanrahan	St Augustines Dungarvan	2.10	Pole Vault	Junior Boys
2000	Simon Hanrahan	St Augustines Dungarvan	2.40	Pole Vault	Junior Boys
2001	William McCarthy	Rockwell College	2.20	Pole Vault	Junior Boys
2002	Shane Delahunty	St Augustines Dungarvan	2.00	Pole Vault	Junior Boys
2003	Diarmuid O'Foghlu	St Augustines Dungarvan	2.80	Pole Vault	Junior Boys
2004	Tom Hanrahan	St Augustines Dungarvan	2.10	Pole Vault	Junior Boys
2005	Patrick Palmer	St Augustines Dungarvan	2.70	Pole Vault	Junior Boys
2006	Patrick Palmer	St Augustines Dungarvan	2.60	Pole Vault	Junior Boys
2007	Josh Young	St Augustines Dungarvan	2.20	Pole Vault	Junior Boys
2008	Laurence Houlihan	St Augustines Dungarvan	2.80	Pole Vault	Junior Boys
2009	Jonathan Foley	Presentation Milltown	2.60	Pole Vault	Junior Boys
2010	Seamie Fennell	St Augustines Dungarvan	2.70	Pole Vault	Junior Boys
2011	Ciaran O'Neill	St Augustines Dungarvan	2.80	Pole Vault	Junior Boys

2012	Jurijs Kanass	St Augustines Dungarvan	3.00	Pole Vault	Junior Boys
2013	Darragh McGrath	St Augustines Dungarvan	2.30	Pole Vault	Junior Boys
2014	George Wangari	St Augustines Dungarvan	2.60	Pole Vault	Junior Boys
2015	Craig Cloona	St Augustines Dungarvan	2.70	Pole Vault	Junior Boys
2016	Adam O'Dwyer	Thurles CBS	3.20	Pole Vault	Junior Boys
2017	Adam O'Dwyer	Thurles CBS	2.60	Pole Vault	Junior Boys
2018	Dillon Ryan	Thurles CBS	3.20	Pole Vault	Junior Boys
2019	Conor Callinan	Colaiste an Chroi Naofa Carraig na bhFear	3.70	Pole Vault	Junior Boys
2020	Not Held due to Covid-19 restrictions			Pole Vault	Junior Boys
2021	Not Held due to Covid-19 restrictions			Pole Vault	Junior Boys
2022	James Rochford	Rice College Ennis	3.00	Pole Vault	Junior Boys

Junior Boys Shot Put (4kg) 7 lb (1957 - 1970)

1957	Louis Bermudez	Rockwell College	14.26	Shot Put	Junior Boys
1958	A Cashman	Salesian College Pallaskenry	10.29	Shot Put	Junior Boys
1959	P Hickey	Rochestown College	12.47	Shot Put	Junior Boys
1960	Robert Widger	High School Clonmel	13.72	Shot Put	Junior Boys
1961	Liam Stapleton	Rockwell College	11.12	Shot Put	Junior Boys
1962	Philip Conway	Rockwell College	14.53	Shot Put	Junior Boys
1963	David Houlihan	Rockwell College	12.75	Shot Put	Junior Boys
1964	W Dromey	Salesian Pallaskenry	15.65	Shot Put	Junior Boys
1965	Tim O'Connor	Glenstal Abbey School	14.20	Shot Put	Junior Boys
1966	Barnaby O'Sullivan	Glenstal Abbey School	12.97	Shot Put	Junior Boys
1967	Sean O'Luasa	Colaiste Iosagain Ballyvourney	12.46	Shot Put	Junior Boys
1968	Brendan Jennings	Presentation Brothers Cork	13.36	Shot Put	Junior Boys
1969	P O'Sullivan	Christian Brothers College Cork	12.75	Shot Put	Junior Boys
1970	Ken Blower	Christian Brothers College Cork	12.79	Shot Put	Junior Boys
1971	Kevin Tyrrell	Mount Sion Waterford	12.12	Shot Put	Junior Boys
1972	Dino Andreucetti	Rockwell College	12.64	Shot Put	Junior Boys
1973	Kevin Hartigan	Limerick CBS	13.36	Shot Put	Junior Boys
1974	Mark Lincheid	Rockwell College	11.54	Shot Put	Junior Boys
1975	Tom Crotty	Christian Brothers College Cork	14.32	Shot Put	Junior Boys
1976	Neil McCarthy	St Munchins Limerick	14.08	Shot Put	Junior Boys
1977	E Prendergast	Crescent Comprehensive SJ Limerick	11.13	Shot Put	Junior Boys
1978	E Prendergast	Crescent Comprehensive SJ Limerick	12.56	Shot Put	Junior Boys
1979	Frank O'Brien	Dungarvan CBS	15.11	Shot Put	Junior Boys
1980	Philip Danaher	St Munchins Limerick	11.73	Shot Put	Junior Boys
1981	Brian Hayes	Maria Immaculata Dunmanway	12.65	Shot Put	Junior Boys
1982	Michael O'Brien	Dungarvan CBS	13.25	Shot Put	Junior Boys
1983	Colm Moran	Rockwell College	14.33	Shot Put	Junior Boys
1984	Peter Galvin	St Augustines Dungarvan	12.50	Shot Put	Junior Boys
1985	Seamus O'Brien	St Brendans Killarney	11.62	Shot Put	Junior Boys
1986	Michael Aherne	St Augustines Dungarvan	13.68	Shot Put	Junior Boys
1987	Jan Leyden	Glenstal Abbey School	11.72	Shot Put	Junior Boys
1988	M Moore	Colaiste an Spioraid Naoimh Bishopstown	11.47	Shot Put	Junior Boys
1989	John Mulkere	St Flannans Ennis	13.05	Shot Put	Junior Boys
1990	Maurice Savage	St Michaels Listowel	13.08	Shot Put	Junior Boys
1991	Pat McMahan	St Flannans Ennis	12.17	Shot Put	Junior Boys
1992	James Hennessy	De La Salle/Presentation Hospital	13.55	Shot Put	Junior Boys
1993	John Leahy	St Itas Abbeyfeale	13.20	Shot Put	Junior Boys
1994	Brendan Burke	John the Baptist CS Hospital	10.92	Shot Put	Junior Boys
1995	Karl O'Keefe	Colaiste Eoin Youghal	12.06	Shot Put	Junior Boys
1996	Robert Ford	St Flannans Ennis	11.57	Shot Put	Junior Boys
1997	Geoffrey Mullins	Salesian Pallaskenry	12.05	Shot Put	Junior Boys
1998	Jim Healy	High School Clonmel	12.18	Shot Put	Junior Boys
1999	Eoin Leen	Moyderwell Tralee	13.28	Shot Put	Junior Boys
2000	Leon Williams	Bandon Grammar School	11.09	Shot Put	Junior Boys
2001	James Nagle	Intermediate School Killorglin	12.26	Shot Put	Junior Boys
2002	Alan O'Connor	St Itas Abbeyfeale	12.73	Shot Put	Junior Boys
2003	S Tierney	St Fachtnas Skibbereen	11.27	Shot Put	Junior Boys
2004	Dale Kennedy	Abbey CC Waterford	12.24	Shot Put	Junior Boys
2005	Dale Kennedy	Abbey CC Waterford	12.95	Shot Put	Junior Boys
2006	Paul Mullen	Glenstal Abbey School	11.30	Shot Put	Junior Boys

2007	Tady Finucane	St Itas Abbeyfeale	11.00	Shot Put	Junior Boys
2008	Jason Mullins	High School Clonmel	11.93	Shot Put	Junior Boys
2009	Tom Whelan	Abbey CC Waterford	12.13	Shot Put	Junior Boys
2010	Colin Kingston	Bandon Grammar School	13.23	Shot Put	Junior Boys
2011	Eoin Hanrahan	St Flannans Ennis	12.71	Shot Put	Junior Boys
2012	James French	Bandon Grammar School	11.70	Shot Put	Junior Boys
2013	James French	Bandon Grammar School	13.87	Shot Put	Junior Boys
2014	David Ryan	Thurles CBS	12.63	Shot Put	Junior Boys
2015	Darragh Miniter	Kilrush CS	13.61	Shot Put	Junior Boys
2016	David Siegel	Tralea CBS	13.09	Shot Put	Junior Boys
2017	Chrion Obialor	Bandon Grammar School	10.68	Shot Put	Junior Boys
2018	Azuolas Varnili	Colaiste Mhuire Co-Ed Thurles	11.71	Shot Put	Junior Boys
2019	Callum Keating	Hazelwood College Dromcollogher	14.95	Shot Put	Junior Boys
2020	Not Held due to Covid-19 restrictions			Shot Put	Junior Boys
2021	Not Held due to Covid-19 restrictions			Shot Put	Junior Boys
2022	Adam O'Donovan	Skibbereen CS	13.07	Shot Put	Junior Boys

Junior Boys Discus (1kg)

1971	Kevin Tyrrell	Mount Sion Waterford	38.84	Discus	Junior Boys
1972	Dino Andreucetti	Rockwell College	39.75	Discus	Junior Boys
1973	Joe Brice	St Augustines Dungarvan	45.19	Discus	Junior Boys
1974	Tom Crotty	Christian Brothers College Cork	40.54	Discus	Junior Boys
1975	Tom Crotty	Christian Brothers College Cork	40.41	Discus	Junior Boys
1976	Barry Hurley	St Munchins Limerick	42.62	Discus	Junior Boys
1977	Michael Loftus	Midleton CBS	35.15	Discus	Junior Boys
1978	Frank O'Brien	Dungarvan CBS	40.49	Discus	Junior Boys
1979	Frank O'Brien	Dungarvan CBS	50.24	Discus	Junior Boys
1980	Paul Duffin	Newtown School Waterford	37.90	Discus	Junior Boys
1981	David Mansfield	Rockwell College	35.35	Discus	Junior Boys
1982	Michael O'Brien	Dungarvan CBS	39.66	Discus	Junior Boys
1983	Darren Flynn	Rockwell College	38.94	Discus	Junior Boys
1984	Jim O'Mahony	Colaiste Chriost Ri Cork	38.52	Discus	Junior Boys
1985	Seamus Liston	St Munchins Limerick	34.91	Discus	Junior Boys
1986	Seamus Liston	St Munchins Limerick	43.98	Discus	Junior Boys
1987	J Daly	St Munchins Limerick	33.30	Discus	Junior Boys
1988	Colm Ward	Scariff CC	40.00	Discus	Junior Boys
1989	Stephen Downey	Salesian Pallaskenry		Discus	Junior Boys
1990	Martin O'Sullivan	Colaiste an Spioraid Naoimh Bishopstown	42.22	Discus	Junior Boys
1991	James Ennis	Glenstal Abbey School	38.88	Discus	Junior Boys
1992	John Dwyer	St Augustines Dungarvan	35.88	Discus	Junior Boys
1993	Donal McNamara	Scariff CC	35.74	Discus	Junior Boys
1994	Michael Murray	St Augustines Dungarvan	33.64	Discus	Junior Boys
1995	William Grant	Glenstal Abbey School	40.38	Discus	Junior Boys
1996	Gary Walsh	De La Salle Waterford	37.40	Discus	Junior Boys
1997	Robert Butler	Carrick-on-Suir CBS	44.20	Discus	Junior Boys
1998	Jim Healy	High School Clonmel	42.95	Discus	Junior Boys
1999	Jim Healy	High School Clonmel	46.98	Discus	Junior Boys
2000	Maurice O'Connor	St Augustines Dungarvan	36.45	Discus	Junior Boys
2001	Kevin Downey	Mitchelstown CBS	40.36	Discus	Junior Boys
2002	Alan O'Connor	St Itas Abbeyfeale	30.37	Discus	Junior Boys
2003	Luke Barry	Colaiste Muire Cobh	35.12	Discus	Junior Boys
2004	Padraig Murphy	Presentation Milltown	37.09	Discus	Junior Boys
2005	Dale Kennedy	Abbey CC Waterford	41.27	Discus	Junior Boys
2006	Kenneth Savage	St Clements Limerick	32.21	Discus	Junior Boys
2007	Owen Walters	Bandon Grammar School	37.98	Discus	Junior Boys
2008	Jason Mullins	High School Clonmel	37.94	Discus	Junior Boys
2009	Tom Whelan	Abbey CC Waterford	36.36	Discus	Junior Boys
2010	Colin Kingston	Bandon Grammar School	37.14	Discus	Junior Boys
2011	Eoin Hanrahan	St Flannans Ennis	34.91	Discus	Junior Boys
2012	Mike Dineen	De La Salle Waterford	33.23	Discus	Junior Boys
2013	James Sheehan	Colaiste an Chroi Naofa Carraig na bhFear	39.64	Discus	Junior Boys
2014	Jack Hallahan	St Colmans CC Midleton	39.51	Discus	Junior Boys
2015	Sean Mockler	Thurles CBS	42.83	Discus	Junior Boys
2016	Joshua Delaney	Nenagh College	34.32	Discus	Junior Boys

2017	Mark Collins	Bandon Grammar School	32.92	Discus	Junior Boys
2018	Alex Reynolds	St Josephs Borrisoleigh	33.73	Discus	Junior Boys
2019	Tadhg Connolly	Abbey CC Waterford	42.77	Discus	Junior Boys
2020	Not Held due to Covid-19 restrictions			Discus	Junior Boys
2021	Not Held due to Covid-19 restrictions			Discus	Junior Boys
2022	Oscar Naughton	PBC Cork	36.43	Discus	Junior Boys

Junior Boys Hammer (4kg)

1971	Anthony Sinadinos	Rockwell College	37.54	Hammer	Junior Boys
1972	Dino Andreucetti	Rockwell College	40.13	Hammer	Junior Boys
1973	G Danagher	Mungret College Limerick	29.97	Hammer	Junior Boys
1974	Mark Lincheid	Rockwell College	42.77	Hammer	Junior Boys
1975	Joseph Walsh	St Munchins Limerick	39.27	Hammer	Junior Boys
1976	Joseph Walsh	St Munchins Limerick	46.74	Hammer	Junior Boys
1977	Dominic O'Shea	St Munchins Limerick	46.03	Hammer	Junior Boys
1978	Michael Murphy	Rockwell College	28.74	Hammer	Junior Boys
1979	Frank O'Brien	Dungarvan CBS	49.34	Hammer	Junior Boys
1980	Gary Halpin	Rockwell College	50.46	Hammer	Junior Boys
1981	David Mansfield	Rockwell College	51.08	Hammer	Junior Boys
1982	Michael O'Brien	Dungarvan CBS	39.62	Hammer	Junior Boys
1983	Darren Flynn	Rockwell College	51.70	Hammer	Junior Boys
1984	Jim O'Mahony	Colaiste Chriost Ri Cork	41.70	Hammer	Junior Boys
1985	Stephen O'Reilly	Colaiste Chriost Ri Cork	32.48	Hammer	Junior Boys
1986	Paul O'Shea	Colaiste Chriost Ri Cork	45.46	Hammer	Junior Boys
1987	Kevin Warner	Rockwell College	35.96	Hammer	Junior Boys
1988	Aiden O'Shea	Colaiste Chriost Ri Cork	40.02	Hammer	Junior Boys
1989	M Conway	Crescent Comprehensive SJ Limerick	42.68	Hammer	Junior Boys
1990	Ronan O'Sullivan	Colaiste Chriost Ri Cork	38.24	Hammer	Junior Boys
1991	Derek Kenneally	St Augustines Dungarvan	43.20	Hammer	Junior Boys
1992	Martin O'Donoghue	Colaiste Chriost Ri Cork	38.40	Hammer	Junior Boys
1993	Roger O'Sullivan	Glenstal Abbey School	37.90	Hammer	Junior Boys
1994	Paul O'Brien	Our Ladys Templemore	38.56	Hammer	Junior Boys
1995	George Mullan	Glenstal Abbey School	40.02	Hammer	Junior Boys
1996	Ger Ryan	St Munchins Limerick	36.62	Hammer	Junior Boys
1997	Joe Manahan	St Munchins Limerick	34.43	Hammer	Junior Boys
1998	Joe Manahan	St Munchins Limerick	42.02	Hammer	Junior Boys
1999	John Dilworth	Scoil Mhuire Gan Smal Blarney	35.38	Hammer	Junior Boys
2000	Mark Brassil	St Munchins Limerick	28.90	Hammer	Junior Boys
2001	James Nagle	Intermediate School Killorglin	39.40	Hammer	Junior Boys
2002	Andrew Kenneally	Coachford College	36.96	Hammer	Junior Boys
2003	Andrew Kenneally	Coachford College	42.81	Hammer	Junior Boys
2004	Padraig Murphy	Presentation Milltown	33.01	Hammer	Junior Boys
2005	Chris White	Tralee CBS	35.77	Hammer	Junior Boys
2006	Shane Hand	Dingle CBS	37.87	Hammer	Junior Boys
2007	Denis Hayes	Presentation Milltown	36.80	Hammer	Junior Boys
2008	Daniel Colbert	Midleton CBS	33.64	Hammer	Junior Boys
2009	Daniel Shanahan	Mercy Mount Hawk	29.25	Hammer	Junior Boys
2010	Patrick Crowther	St Augustines Dungarvan	35.62	Hammer	Junior Boys
2011	Adam King	Colaiste na Sceilge Caherciveen	51.50	Hammer	Junior Boys
2012	Tomas O'Neill	Scoil Mhuire Kanturk	34.32	Hammer	Junior Boys
2013	James French	Bandon Grammar School	32.69	Hammer	Junior Boys
2014	Robert Campbell	Intermediate School Killorglin	33.91	Hammer	Junior Boys
2015	Sean Mockler	Thurles CBS	49.85	Hammer	Junior Boys
2016	Ricky Carroll	St Colmans Fermoy	35.83	Hammer	Junior Boys
2017	Ricky Carroll	St Colmans CC Midleton	37.67	Hammer	Junior Boys
2018	Sean Naughton	Presentation Brothers Cork	42.28	Hammer	Junior Boys
2019	Emmet O' Neill	Abbey CC Waterford	27.98	Hammer	Junior Boys
2020	Not Held due to Covid-19 restrictions			Hammer	Junior Boys
2021	Not Held due to Covid-19 restrictions			Hammer	Junior Boys
2022	Diarmuid Towey	Col an Chraoibhin	35.44	Hammer	Junior Boys

Junior Boys Javelin (600g)

1970	T Sommerville	Mungret College Limerick	38.28	Javelin	Junior Boys
1971	Kevin Tyrrell	Mount Sion Waterford	37.24	Javelin	Junior Boys
1972	Colm Furlong	De La Salle Waterford	34.34	Javelin	Junior Boys
1973	Kevin Hartigan	Limerick CBS	44.07	Javelin	Junior Boys
1974	Brendan Healy	Thurles CBS	42.49	Javelin	Junior Boys
1975	Michael O'Donoghue	North Monastery CBS Cork	ND	Javelin	Junior Boys
1976	Barry Hurley	St Munchins Limerick	43.69	Javelin	Junior Boys
1977	Joe Aherne	Roscrea CBS	38.80	Javelin	Junior Boys
1978	Brian Fagan	Glenstal Abbey School	36.00	Javelin	Junior Boys
1979	David Conway	Crescent Comprehensive SJ Limerick	35.06	Javelin	Junior Boys
1980	Richard Poplewell	Newtown School Waterford	36.15	Javelin	Junior Boys
1981	Ian Lazenby	Newtown School Waterford	38.50	Javelin	Junior Boys
1982	Ger O'Keeffe`	Mallow VS	35.78	Javelin	Junior Boys
1983	Kieran O'Keeffe	De La Salle Waterford	36.66	Javelin	Junior Boys
1984	Seamus Liston	St Munchins Limerick	36.14	Javelin	Junior Boys
1985	Bill Black	Colaiste an Chroi Naofa Carraig na bhFear	32.94	Javelin	Junior Boys
1986	John Tyrrell	Glenstal Abbey School	41.63	Javelin	Junior Boys
1987	Aidan Slavin	St Marys Newport	38.50	Javelin	Junior Boys
1988	Sean O'Sullivan	Killorglin CC	34.12	Javelin	Junior Boys
1989	Brian Hayes	St Augustines Dungarvan	42.60	Javelin	Junior Boys
1990	Maurice Savage	St Michaels Listowel	42.86	Javelin	Junior Boys
1991	Patrick Fogarty	Our Ladys Templemore	33.98	Javelin	Junior Boys
1992	Richard Moore	Bishopstown CS	39.60	Javelin	Junior Boys
1993	D Wade	Kilrush CBS	39.44	Javelin	Junior Boys
1994	T J Linnane	St Munchins Limerick	34.46	Javelin	Junior Boys
1995	Mark Hamilton	St Colmans Fermoy	45.20	Javelin	Junior Boys
1996	Thomas Conroy	North Monastery CBS Cork	44.34	Javelin	Junior Boys
1997	Robert Butler	Carrick-on-Suir CBS	44.40	Javelin	Junior Boys
1998	Troy Murphy	Ballincollig CS	37.87	Javelin	Junior Boys
1999	Christopher Bowe	Waterpark College Waterford	47.85	Javelin	Junior Boys
2000	Sean O'Sullivan	Colaiste Choilm Ballincollig	31.98	Javelin	Junior Boys
2001	Diarmuid O'Keeffe	De La Salle Waterford	35.05	Javelin	Junior Boys
2002	Rory McLoughlin	Glenstal Abbey School	29.15	Javelin	Junior Boys
2003	Tom Cross	Bandon Grammar School	38.98	Javelin	Junior Boys
2004	Philip Burns	Bandon Grammar School	33.37	Javelin	Junior Boys
2005	Robert Guerin	St Munchins Limerick	30.55	Javelin	Junior Boys
2006	Aidan O'Sullivan	FCJ Bruff	36.25	Javelin	Junior Boys
2007	Jaco Oosthuysen	High School Clonmel	38.79	Javelin	Junior Boys
2008	Eric Stam	Colaiste Choilm Ballincollig	37.64	Javelin	Junior Boys
2009	Eric Stam	Colaiste Choilm Ballincollig	32.81	Javelin	Junior Boys
2010	Robert O'Sullivan	Bandon Grammar School	37.58	Javelin	Junior Boys
2011	Shane O'Neill	St Fachtnas Skibbereen	34.50	Javelin	Junior Boys
2012	Mike Dineen	De La Salle Waterford	34.70	Javelin	Junior Boys
2013	Conor Robinson	Bandon Grammar School	29.69	Javelin	Junior Boys
2014	Robert Campbell	Intermediate School Killorglin	33.07	Javelin	Junior Boys
2015	Joe McEvoy	St Annes CC Killaloe	38.53	Javelin	Junior Boys
2016	Josh Hewitt	Rockwell College	46.23	Javelin	Junior Boys
2017	Joe Ivory	Colaiste Mhuire Buttevant	36.58	Javelin	Junior Boys
2018	Jack Cullen	Hamilton High School Bandon	42.87	Javelin	Junior Boys
2019	David Scanlon	St Declans CC Kilmacthomas	36.82	Javelin	Junior Boys
2020	Not Held due to Covid-19 restrictions			Javelin	Junior Boys
2021	Not Held due to Covid-19 restrictions			Javelin	Junior Boys
2022	Adam O'Donovan	Skibbereen CS	42.60	Javelin	Junior Boys

Junior Boys Combined Events

1992	Derek Hayes	St Augustines Dungarvan	3279	Combined Events	Junior Boys
1993	Brian Cullinane	Nenagh CBS		Combined Events	Junior Boys
1994	Mark Hamilton	St Colmans Fermoy	2801	Combined Events	Junior Boys
1995	Mark Hamilton	St Colmans Fermoy	2917	Combined Events	Junior Boys
1996	Richard Phelan	Carrick on Suir VS	2949	Combined Events	Junior Boys
1997	Darren Coughlan	Hamilton High School	2326	Combined Events	Junior Boys
1998	Brendan Doyle	De La Salle Waterford	3176	Combined Events	Junior Boys
1999	Maurice Donoghue	De La Salle Waterford	3601	Combined Events	Junior Boys
2000	Cathal Hannon	Our Lady's Templemore	2836	Combined Events	Junior Boys

2001	Brian Glynn	St Endas Limerick	2931	Combined Events	Junior Boys
2002	Gary Dunphy	St Pauls Waterford	2968	Combined Events	Junior Boys
2003	Eoin Hannon	Our Lady's Templemore	3078	Combined Events	Junior Boys
2004	Gavin Kennedy	De La Salle Waterford	2816	Combined Events	Junior Boys
2005	Timmy Harrington	Kinsale CS	3053	Combined Events	Junior Boys
2006	Patrick Palmer	St Annes Killaloe	2742	Combined Events	Junior Boys
2007	Sipke Shaughnessy	Bandon Grammar School	2675	Combined Events	Junior Boys
2008	Daire Breathnach	Colaiste an Phiarsaigh	2796	Combined Events	Junior Boys
2009	Eric Stam	Colaiste Choilm Ballincollig	3104	Combined Events	Junior Boys
2010	Dan Finnerty	St Annes Killaloe	3056	Combined Events	Junior Boys
2011	Sam Healy	Carrigaline CS	3173	Combined Events	Junior Boys
2012	Daniel Ryan	Thurles CBS	3192	6 events Combined Events	Junior Boys
2013	Daniel Ryan	Thurles CBS	2974	5 events Combined Events	Junior Boys
2014	David Ryan	Thurles CBS	2743	Combined Events	Junior Boys
2015	Darragh Minter	Kilrush Community School	2994	Combined Events	Junior Boys
2016	Wymin Sivakumar	Colaiste an Spioraid Naoimh	2579	Combined Events	Junior Boys
2017	Caillum Hederman	John the Baptist CS Hospital	2050	Combined Events	Junior Boys
2018	Harry Nevin	Rochestown College	2940	Combined Events	Junior Boys
2019	Conor Callinan	Colaiste an Chroi Naofa	2598	Combined Events	Junior Boys
2020	Not Held due to Covid-19 restrictions			Combined Events	Junior Boys
2021	Cory Scanlon	St Augustines Dungarvan	2515	Combined Events	Junior Boys
2022	Matthew Herbert	Christian Brothers College Cork	2685	Combined Events	Junior Boys

Junior Boys 4X100m Relay

4 X 150yds (1931 - 1951) 4 X 110yds (1952 - 1969)

1931	St Patricks Fethard			Relay	Junior Boys
1937	St Colmans Fermoy			Relay	Junior Boys
1938	Christian Brothers College Cork			Relay	Junior Boys
1939	Christian Brothers College Cork	75.0		Relay	Junior Boys
1940	North Monastery CBS Cork			Relay	Junior Boys
1941	St Colmans Fermoy			Relay	Junior Boys
1942-1946	Not Held due to World War 2 Emergency				
1947	Rockwell College	75.0		Relay	Junior Boys
1948	Rockwell College	77.4		Relay	Junior Boys
1949	Sullivans Quay Cork	73.8		Relay	Junior Boys
1950	Christian Brothers College Cork	74.5		Relay	Junior Boys
1951	Limerick CBS	72.0		Relay	Junior Boys
1952	Limerick CBS	52.0		Relay	Junior Boys
1953	Limerick CBS	53.0		Relay	Junior Boys
1954	Christian Brothers College Cork			Relay	Junior Boys
1955	Rockwell College	52.4		Relay	Junior Boys
1956	Rockwell College	51.4		Relay	Junior Boys
1957	Rockwell College	51.5		Relay	Junior Boys
1958	Crescent Comprehensive SJ Limerick	52.6		Relay	Junior Boys
1959	De La Salle Waterford	51.6		Relay	Junior Boys
1960	Rockwell College	48.9		Relay	Junior Boys
1961	Crescent Comprehensive SJ Limerick	51.7		Relay	Junior Boys
1962	Sullivans Quay Cork	51.5		Relay	Junior Boys
1963	Christian Brothers College Cork	51.5		Relay	Junior Boys
1964	Rockwell College	50.6		Relay	Junior Boys
1965	Sullivans Quay Cork	51.0		Relay	Junior Boys
1966	North Monastery CBS Cork	51.6		Relay	Junior Boys
1967	North Monastery CBS Cork	51.4		Relay	Junior Boys
1968	Christian Brothers College Cork	51.2		Relay	Junior Boys
1969	Mungret College Limerick	51.3		Relay	Junior Boys
1970	Colaiste Chriost Ri Cork	49.7		Relay	Junior Boys
1971	Tralee CBS	50.5		Relay	Junior Boys
1972	Crescent Comprehensive SJ Limerick	51.2		Relay	Junior Boys
1973	St Munchins Limerick	50.7		Relay	Junior Boys
1974	Christian Brothers College Cork	48.4		Relay	Junior Boys
1975	De La Salle Waterford	48.0		Relay	Junior Boys
1976	St Munchins Limerick	47.8		Relay	Junior Boys
1977	De La Salle Waterford	48.8		Relay	Junior Boys

1978	Patrician Academy Mallow	49.6	Relay	Junior Boys
1979	St Brendans Killarney	50.1	Relay	Junior Boys
1980	Tralee CBS	47.7	Relay	Junior Boys
1981	Limerick CBS	49.1	Relay	Junior Boys
1982	Crescent Comprehensive SJ Limerick	48.9	Relay	Junior Boys
1983	De La Salle Waterford	48.5	Relay	Junior Boys
1984	Colaiste Chriost Ri Cork	48.3	Relay	Junior Boys
1985	Colaiste Chriost Ri Cork	50.3	Relay	Junior Boys
1986	Tralee CBS	48.1	Relay	Junior Boys
1987	Colaiste an Spioraid Naoimh Bishopstown	49.0	Relay	Junior Boys
1988	Colaiste Chriost Ri Cork		Relay	Junior Boys
1989	Deerpark CBS Cork	48.4	Relay	Junior Boys
1990	Colaiste Chriost Ri Cork	48.9	Relay	Junior Boys
1991	Colaiste Chriost Ri Cork	48.9	Relay	Junior Boys
1992	Colaiste Chriost Ri Cork	48.5	Relay	Junior Boys
1993	Colaiste an Spioraid Naoimh Bishopstown	48.8	Relay	Junior Boys
1994	Colaiste Chriost Ri Cork	48.1	Relay	Junior Boys
1995	Thurles CBS	48.8	Relay	Junior Boys
1996	Thurles CBS	48.5	Relay	Junior Boys
1997	Midleton CBS	49.5	Relay	Junior Boys
1998	High School Clonmel	48.0	Relay	Junior Boys
1999	High School Clonmel	49.0	Relay	Junior Boys
2000	Midleton CBS	49.8	Relay	Junior Boys
2001	Bandon Grammar School	50.2	Relay	Junior Boys
2002	Midleton CBS	49.50	Relay	Junior Boys
2003	Glenstal Abbey School	49.4	Relay	Junior Boys
2004	Youghal CBS	49.46	Relay	Junior Boys
2005	Christian Brothers College Cork	48.28	Relay	Junior Boys
2006	Tralee CBS	49.46	Relay	Junior Boys
2007	St Munchins Limerick	51.57	Relay	Junior Boys
2008	St Munchins Limerick	49.05	Relay	Junior Boys
2009	Colaiste Chriost Ri Cork	49.85	Relay	Junior Boys
2010	St Augustines Dungarvan	49.35	Relay	Junior Boys
2011	Castletroy College Limerick	49.64	Relay	Junior Boys
2012	Bandon Grammar School	48.75	Relay	Junior Boys
2013	Midleton CBS	48.48	Relay	Junior Boys
2014	Midleton CBS	49.69	Relay	Junior Boys
2015	Colaiste Chriost Ri Cork	48.55	Relay	Junior Boys
2016	Mercy Mount Hawk Tralee	47.14	Relay	Junior Boys
2017	Mercy Mount Hawk Tralee	48.43	Relay	Junior Boys
2018	St Josephs Borrisoleigh	49.43	Relay	Junior Boys
2019	St Brendans Killarney	49.20	Relay	Junior Boys
2020	Not Held due to Covid-19 restrictions		Relay	Junior Boys
2021	Not Held due to Covid-19 restrictions		Relay	Junior Boys
2022	Mercy Mounthawk Tralee	50.03	Relay	Junior Boys

Junior Boys Cross Country - Individual

1964	John Nash	Copeswood College Pallaskenry	Cross Country	Junior Boys
1965	Joe Adams	Limerick CBS	Cross Country	Junior Boys
1966	Neil Cusack	St Munchins Limerick	Cross Country	Junior Boys
1967	George Lane	St Colmans Fermoy	Cross Country	Junior Boys
1968	T Laffan	Limerick CBS	Cross Country	Junior Boys
1969	William Good	Colaiste Chriost Ri Cork	Cross Country	Junior Boys
1970	Eddie McCarthy	North Monastery CBS Cork	Cross Country	Junior Boys
1971	John Treacy	St Anns Cappoquin	Cross Country	Junior Boys
1972	C O'Murchu	North Monastery CBS Cork	Cross Country	Junior Boys
1973	Pat Shanahan	Crescent Comprehensive SJ Limerick	Cross Country	Junior Boys
1974	Finbarr O'Leary	North Monastery CBS Cork	Cross Country	Junior Boys
1975	Frank O'Mara	St Munchins Limerick	Cross Country	Junior Boys
1976	Brian O'Regan	St Colmans Fermoy	Cross Country	Junior Boys
1977	John O'Shaughnessy	St Munchins Limerick	Cross Country	Junior Boys
1978	Neilus Daly	Tralee CBS	Cross Country	Junior Boys
1979	Peter O'Leary	De La Salle Waterford	Cross Country	Junior Boys
1980	Tim Dalton	De La Salle Waterford	Cross Country	Junior Boys

1981	Ned O'Sullivan	De La Salle Waterford	Cross Country	Junior Boys
1982	John Downes	Scoil Pol Kilfinane	Cross Country	Junior Boys
1983	Bill Mullaney	Thurles CBS	Cross Country	Junior Boys
1984	Patrick Jordan	Thurles CBS	Cross Country	Junior Boys
1985	Anthony O'Keeffe	Colaiste Chriost Ri Cork	Cross Country	Junior Boys
1986	Paul Logan	St Nessans Limerick	Cross Country	Junior Boys
1987	John Murray	Charleville CBS	Cross Country	Junior Boys
1988	Tommy Thompson	Limerick CBS	Cross Country	Junior Boys
1989	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	Cross Country	Junior Boys
1990	Stephen Coade	North Monastery CBS Cork	Cross Country	Junior Boys
1991	Derek Kenneally	St Augustines Dungarvan	Cross Country	Junior Boys
1992	Thomas Carey	Ard Scoil Ris Limerick	Cross Country	Junior Boys
1993	Graham O'Dwyer	Patrician Academy Mallow	Cross Country	Junior Boys
1994	Denis Murphy	Mayfield Community School	Cross Country	Junior Boys
1995	Liam Dorney	Thurles CBS	Cross Country	Junior Boys
1996	Patrick Murphy	St Aidans CC Cork	Cross Country	Junior Boys
1997	Robert Jordan	Thurles VS	Cross Country	Junior Boys
1998	Sean O'Dwyer	Thurles CBS	Cross Country	Junior Boys
1999	Mark Lehane	Hamilton High School Bandon	Cross Country	Junior Boys
2000	Diarmaid Collins	Midleton CBS	Cross Country	Junior Boys
2001	David O'Kelly	Gairm Scoil Mhuire Thurles	Cross Country	Junior Boys
2002	Brian Markam	St Flannans Ennis	Cross Country	Junior Boys
2003	David McCarthy	St Augustines Dungarvan	Cross Country	Junior Boys
2004	Craig Murphy	Douglas CS	Cross Country	Junior Boys
2005	Keith Maher	Nenagh CBS	Cross Country	Junior Boys
2006	Shane Quinn	De La Salle Waterford	Cross Country	Junior Boys
2007	Shane Quinn	De La Salle Waterford	Cross Country	Junior Boys
2008	Dean Cronin	Colaiste an Phiarsaigh Glanmire	Cross Country	Junior Boys
2009	Sean Tobin	High School Clonmel	Cross Country	Junior Boys
2010	Cillian O'Donovan	Colaiste na Sceilge Caherciveen	Cross Country	Junior Boys
2011	Hugh Morgan	De La Salle Waterford	Cross Country	Junior Boys
2012	Luke Horgan	Colaiste Chriost Ri Cork	Cross Country	Junior Boys
2013	Fearghal Curtin	Midleton CBS	Cross Country	Junior Boys
2014	Aidan McCarthy	Ennistymon CBS	Cross Country	Junior Boys
2015	McElhinney Darragh	Colaiste Pobail Bantry	Cross Country	Junior Boys
2016	Chris O'Reilly	Douglas CS	Cross Country	Junior Boys
2017	Paul Hartnett	Colaiste an Chraoibhin Fermoy	Cross Country	Junior Boys
2018	Dean Casey	St Flannans Ennis	Cross Country	Junior Boys
2019	Tadhg Connolly	Abbey CC Waterford	Cross Country	Junior Boys
2020	Gerard Dunne	Kilrush CS	Cross Country	Junior Boys
2021	Not Held due to Covid-19 restrictions		Cross Country	Junior Boys
2022	Seamus O'Donoghue	Pobal Scoil Inbhear Sceine	Cross Country	Junior Boys

Junior Boys Cross Country - Team

1964	Limerick CBS	14pts	XC Team	Junior Boys
1965	Limerick CBS	35pts	XC Team	Junior Boys
1966	North Monastery CBS Cork	60pts	XC Team	Junior Boys
1967	North Monastery CBS Cork	40pts	XC Team	Junior Boys
1968	North Monastery CBS Cork	53pts	XC Team	Junior Boys
1969	St Colmans Fermoy	33pts	XC Team	Junior Boys
1970	North Monastery CBS Cork	37pts	XC Team	Junior Boys
1971	St Munchins Limerick	36pts	XC Team	Junior Boys
1972	Dungarvan CBS	53pts	XC Team	Junior Boys
1973	North Monastery CBS Cork	29pts	XC Team	Junior Boys
1974	St Munchins Limerick	25pts	XC Team	Junior Boys
1975	North Monastery CBS Cork	48pts	XC Team	Junior Boys
1976	Colaiste Chriost Ri Cork	31pts	XC Team	Junior Boys
1977	St Munchins Limerick	17pts	XC Team	Junior Boys
1978	St Munchins Limerick	30pts	XC Team	Junior Boys
1979	De La Salle Waterford	43pts	XC Team	Junior Boys
1980	Tralee CBS	34pts	XC Team	Junior Boys
1981	Thurles CBS	35pts	XC Team	Junior Boys
1982	North Monastery CBS Cork	54pts	XC Team	Junior Boys
1983	Colaiste Chriost Ri Cork	42pts	XC Team	Junior Boys

1984	St Munchins Limerick	75pts	XC Team	Junior Boys
1985	Thurles CBS	55pts	XC Team	Junior Boys
1986	St Colmans Fermoy	40pts	XC Team	Junior Boys
1987	Thurles VS	39pts	XC Team	Junior Boys
1988	Thurles CBS	68pts	XC Team	Junior Boys
1989	Thurles CBS	57pts	XC Team	Junior Boys
1990	St Munchins Limerick	52pts	XC Team	Junior Boys
1991	North Monastery CBS Cork	56pts	XC Team	Junior Boys
1992	North Monastery CBS Cork	32pts	XC Team	Junior Boys
1993	St Josephs CC Kilkee	81pts	XC Team	Junior Boys
1994	North Monastery CBS Cork	46pts	XC Team	Junior Boys
1995	Thurles CBS	40pts	XC Team	Junior Boys
1996	St Aidans CC Cork	35pts	XC Team	Junior Boys
1997	Colaiste Choilm Ballincollig	32pts	XC Team	Junior Boys
1998	Midleton CBS	32pts	XC Team	Junior Boys
1999	St Flannans Ennis	124pts	XC Team	Junior Boys
2000	Midleton CBS	19pts	XC Team	Junior Boys
2001	Gairm Scoil Mhuire Thurles	44pts	XC Team	Junior Boys
2002	St Flannans Ennis	60pts	XC Team	Junior Boys
2003	Thurles CBS	43pts	XC Team	Junior Boys
2004	Douglas CS	57pts	XC Team	Junior Boys
2005	Our Ladys Templemore	44pts	XC Team	Junior Boys
2006	De La Salle Macroom	70pts	XC Team	Junior Boys
2007	Thurles CBS	57pts	XC Team	Junior Boys
2008	St Josephs CC Kilkee	67pts	XC Team	Junior Boys
2009	Thurles CBS	57pts	XC Team	Junior Boys
2010	Colaiste na Sceilge Caherciveen	48pts	XC Team	Junior Boys
2011	Dungarvan CBS	40pts	XC Team	Junior Boys
2012	Colaiste Christ Ri Cork	60pts	XC Team	Junior Boys
2013	Midleton CBS	67pts	XC Team	Junior Boys
2014	Colaiste Christ Ri Cork	61pts	XC Team	Junior Boys
2015	Thurles CBS	58pts	XC Team	Junior Boys
2016	St Augustines Dungarvan	86pts	XC Team	Junior Boys
2017	St Flannans Ennis	89pts	XC Team	Junior Boys
2018	St Flannans Ennis	23pts	XC Team	Junior Boys
2019	Nenagh CBS	48pts	XC Team	Junior Boys
2020	Ard Scoil na Mara Tramore	73pts	XC Team	Junior Boys
2021	Not Held due to Covid-19 restrictions		XC Team	Junior Boys
2022	St Flannans Ennis	34pts	XC Team	Junior Boys

Junior Girls 100m 100yds (1969)

1969	Pauline McSweeney	St Angelas Cork	13.2	100yds	Junior Girls
1970	Pauline McSweeney	St Angelas Cork	13.3	100m	Junior Girls
1971	Anne Jeffords	Regina Mundi Cork	13.0	100m	Junior Girls
1972	Martha Mullins	Presentation Limerick	13.0	100m	Junior Girls
1973	Helen Barry	Midleton VS	13.4	100m	Junior Girls
1974	Mary Fleming	St Marys Midleton	12.9	100m	Junior Girls
1975	Mary Fleming	St Marys Midleton	12.2	100m	Junior Girls
1976	Margaret Delaney	Loreto Clonmel	12.8	100m	Junior Girls
1977	Geraldine Shine	Presentation Limerick	12.7	100m	Junior Girls
1978	Fidelma White	Mercy Nenagh	12.7	100m	Junior Girls
1979	Noreen Murphy	Mercy Nenagh	13.7	100m	Junior Girls
1980	Carol Ho	FCJ Laurel Hill Limerick	12.7	100m	Junior Girls
1981	Caroline Kinnane	St Marys Nenagh	12.8	100m	Junior Girls
1982	Terrie Horgan	St Marys Mallow	12.8	100m	Junior Girls
1983	Norma Farrell	St Brigids Killarney	12.5	100m	Junior Girls
1984	Siobhan O'Brien	Mount Trenchard Foynes	13.7	100m	Junior Girls
1985	Emma Nicholson	Ursuline Waterford	12.5	100m	Junior Girls
1986	Paula Cooper	Loreto Youghal	13.5	100m	Junior Girls
1987	Jean O'Gorman	St Marys Newport	13.1	100m	Junior Girls
1988	Fiona O'Halloran	Immaculate Heart Ballyphehane	13.3	100m	Junior Girls
1989	Claire Ingerton	St Patricks Cork	12.4	100m	Junior Girls

1990	Lynda Symonds	Regina Mundi Cork	12.1		100m	Junior Girls
1991	Susanne Cummins	Sacred Heart Roscrea	12.8		100m	Junior Girls
1992	Sharon Roland	Roscrea VS	12.4		100m	Junior Girls
1993	Zoe Coughlan	Ursuline Waterford	13.0		100m	Junior Girls
1994	Aoife Hearne	Ursuline Waterford	12.4		100m	Junior Girls
1995	Lisa Barry	St Aidans CC Cork	13.3		100m	Junior Girls
1996	Avril Kelly	Mount Mercy Cork	12.9		100m	Junior Girls
1997	Eibhlis Ahearne	Ard Scoil na nDeise Dungarvan	12.6		100m	Junior Girls
1998	Sharon Kelly	Mount Mercy Cork	12.4		100m	Junior Girls
1999	Mandy Crowe	St Ailbes Tipperary	12.7		100m	Junior Girls
2000	Orla McSweeney	St Aloysius Carrigtwohill	12.5		100m	Junior Girls
2001	Orla Coughlan	Presentation Bandon	12.6		100m	Junior Girls
2002	Aisling McInerney	Villiers School Limerick	12.80		100m	Junior Girls
2003	Haley Murphy	Ursuline Waterford	13.56		100m	Junior Girls
2004	Harriet Cross	Bandon Grammar School	12.75		100m	Junior Girls
2005	Niamh Whelan	Presentation Waterford	12.20		100m	Junior Girls
2006	Joan Healy	Colaiste na Toirbhirte Bandon	12.82		100m	Junior Girls
2007	Joan Healy	Colaiste na Toirbhirte Bandon	12.43	0.8	100m	Junior Girls
2008	Sarah Lavin	Castletroy Colllege Limerick	12.25		100m	Junior Girls
2009	Grainne Moynihan	St Marys Macroom	12.87		100m	Junior Girls
2010	Laura Nevin	Crescent Comprehensive SJ Limerick	12.89	3.1	100m	Junior Girls
2011	Roisin Harrison	Villiers School Limerick	13.28	-4.7	100m	Junior Girls
2012	Phoebe Murphy	Loreto Clonmel	12.91	1.1	100m	Junior Girls
2013	Sharlene Mawdsley	St Marys Newport	12.25	2.6	100m	Junior Girls
2014	Lauren Ryan	Crescent Comprehensive SJ Limerick	12.83	-4.7	100m	Junior Girls
2015	Miriam Daly	Scoil Mhuire Carrick-on-Suir	12.44	1.4	100m	Junior Girls
2016	Lauren O'Leary	Nagle Rice Doneraile	13.23	-4.8	100m	Junior Girls
2017	Nikolka Stevankova	FCJ Laurel Hill Limerick	12.46	-1.1	100m	Junior Girls
2018	Lucy Sleeman	Colaiste Choilm Ballincollig	12.60	-0.3	100m	Junior Girls
2019	Ella Jenks	Colaiste Mhuire Buttevant	12.41	0.0	100m	Junior Girls
2020	Not Held due to Covid-19 restrictions				100m	Junior Girls
2021	Not Held due to Covid-19 restrictions				100m	Junior Girls
2022	Elena O'Sullivan	Regina Mundi Cork	12.54	-0.2	100m	Junior Girls

Junior Girls 200m 220yds (1969)

1969	Jennifer Johnson	Rochelle Cork			220yds	Junior Girls
1970	Pauline McSweeney	St Angelas Cork	29.1		220yds	Junior Girls
1971	Claire Collins	Regina Mundi Cork	28.0		200m	Junior Girls
1972	Martha Mullins	Presentation Limerick	27.7		200m	Junior Girls
1973	Helen Barry	Midleton VS	26.5		200m	Junior Girls
1974	Kathleen Glavin	Midleton VS	26.8	Tie	200m	Junior Girls
1974	Mary Fleming	St Marys Midleton	26.8	Tie	200m	Junior Girls
1975	Mary Fleming	St Marys Midleton	24.7		200m	Junior Girls
1976	Margaret Delaney	Loreto Clonmel	26.8		200m	Junior Girls
1977	Geraldine Shine	Presentation Limerick	25.1		200m	Junior Girls
1978	Noelle Morrissey	Mercy Nenagh	26.6		200m	Junior Girls
1979	Marguerite Gregan	Stella Maris Tramore	26.9		200m	Junior Girls
1980	Noelle Morrissey	St Marys Nenagh	NT		200m	Junior Girls
1981	Eileen Curtin	FCJ Bruff	26.3		200m	Junior Girls
1982	Ann Power	Ursuline Waterford	25.9		200m	Junior Girls
1983	Geraldine Champion	Presentation Thurles	26.8		200m	Junior Girls
1984	Siobhan O'Brien	Mount Trenchard Foynes	26.5		200m	Junior Girls
1985	Emma Nicholson	Ursuline Waterford	26.1		200m	Junior Girls
1986	Paula Cooper	Loreto Youghal	26.2		200m	Junior Girls
1987	Sinead Ryan	St Aloysius Cork	26.4		200m	Junior Girls
1988	Monica Champion	Presentation Thurles	27.1		200m	Junior Girls
1989	Fiona Kelly	St Nessans Limerick	25.3		200m	Junior Girls
1990	Lynda Symonds	Regina Mundi Cork	26.3		200m	Junior Girls
1991	Susanne Cummins	Sacred Heart Roscrea	25.8		200m	Junior Girls
1992	Sharon Roland	Roscrea VS	25.8		200m	Junior Girls
1993	Ciara Devane	Presentation Tralee	27.4		200m	Junior Girls
1994	Elaine Higgins	St Aloysius Cork	26.6		200m	Junior Girls
1995	Bronagh McCarthy	Colaiste an Chroi Naofa Carraig na bhFear	26.3		200m	Junior Girls

1996	Lorraine Carr	Loreto Fermoy	26.0	200m	Junior Girls
1997	Roisin Quinn	Ursuline Waterford	25.5	200m	Junior Girls
1998	Sharon Kelly	Mount Mercy Cork	25.6	200m	Junior Girls
1999	Mandy Crowe	St Ailbes Tipperary	26.2	200m	Junior Girls
2000	Shiela O'Callaghan	St Marys Mallow	25.8	200m	Junior Girls
2001	Susanne O'Donovan	St Angelas Cork	26.0	200m	Junior Girls
2002	Aisling McInerney	Villiers School Limerick	26.40	200m	Junior Girls
2003	Kalyn Sheehan	Ursuline Waterford	26.8	200m	Junior Girls
2004	Harriet Cross	Bandon Grammar School	25.69	200m	Junior Girls
2005	Niamh Whelan	Presentation Waterford	25.21	200m	Junior Girls
2006	Joan Healy	Colaiste na Toirbhirte Bandon	26.57	200m	Junior Girls
2007	Sarah Lavin	Castletroy College Limerick	25.44	1.0 200m	Junior Girls
2008	Sarah Lavin	Castletroy College Limerick	24.91	200m	Junior Girls
2009	Ciara Giles Doran	Mercy Waterford	25.77	200m	Junior Girls
2010	Laura Nevin	Crescent Comprehensive SJ Limerick	26.31	200m	Junior Girls
2011	Roisin Harrison	Villiers School Limerick	26.57	-4.6 200m	Junior Girls
2012	Phoebe Murphy	Loreto Clonmel	26.26	200m	Junior Girls
2013	Sharlene Mawdsley	St Marys Newport	24.98	2.4 200m	Junior Girls
2014	Lauren Ryan	Crescent Comprehensive SJ Limerick	26.25	200m	Junior Girls
2015	Fiona Doyle	Intermediate School Killorglin	25.49	3.0 200m	Junior Girls
2016	Roseanne Fitzgerald	Central Technical Institute Clonmel	26.91	-5.1 200m	Junior Girls
2017	Ailbhe Doherty	St Flannans Ennis	25.21	-1.3 200m	Junior Girls
2018	Meabh O'Neil	MICC Dunmanway	26.34	0.0 200m	Junior Girls
2019	Ella Jenks	Colaiste Mhuire Buttevant	25.78	1.5 200m	Junior Girls
2020	Not Held due to Covid-19 restrictions			200m	Junior Girls
2021	Not Held due to Covid-19 restrictions			200m	Junior Girls
2022	Sophie Mulcahy	St Angelas Cork	26.67	-2.9 200m	Junior Girls

Junior Girls 440yds

1969	Maura Smythe	Colaiste Muire Ennis	64.8	440yds	Junior Girls
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Junior Girls 800m 600 yds (1969)

1969	Maura Smythe	Colaiste Muire Ennis	1.43.6	600yds	Junior Girls
1970	Elaine Kelly	St Angelas Cork	2.20.1	800m	Junior Girls
1971	Cushla Murphy	Shannon Comprehensive School	2.28.0	800m	Junior Girls
1972	Bernadette Murphy	Immaculate Heart Ballyphehane	2.22.2	800m	Junior Girls
1973	Margaret Larkin	Colaiste Muire Ennis	2.27.0	800m	Junior Girls
1974	Gretta Hartnett	St Marys Midleton	2.24.5	800m	Junior Girls
1975	Eithna Murphy	St Josephs Tulla	2.21.6	800m	Junior Girls
1976	Linda Barrett	Midleton VS	2.23.9	800m	Junior Girls
1977	Marie Hennessy	Ursuline Waterford	2.15.7	800m	Junior Girls
1978	Fidelma White	Mercy Nenagh	2.20.6	800m	Junior Girls
1979	Hanora Connolly	Loreto Youghal	2.22.7	800m	Junior Girls
1980	Margaret Walsh	Presentation Mitchelstown	2.22.1	800m	Junior Girls
1981	Valerie Vaughan	Scoil Mhuire Gan Smal Blarney	2.22.4	800m	Junior Girls
1982	Miriam Ingerton	St Patricks Cork	2.25.5	800m	Junior Girls
1983	Siobhan McCormack	Presentation Limerick	2.20.4	800m	Junior Girls
1984	Anita Philpott	Scoil Mhuire Kanturk	2.21.2	800m	Junior Girls
1985	Jackie O'Meara	St Aloysius Carrigtwohill	2.34.3	800m	Junior Girls
1986	Colette Vaughan	Christ King Cork	2.20.4	800m	Junior Girls
1987	Breda Gaffney	St Marys Charleville	2.22.5	800m	Junior Girls
1988	Siobhan McSweeney	St Marys Charleville	2.20.5	800m	Junior Girls
1989	Michelle Moloney	St Josephs Kilmallock	2.22.6	800m	Junior Girls
1990	Elizabeth Ahern	St Aloysius Carrigtwohill	2.27.8	800m	Junior Girls
1991	Jill Hodgins	Ursuline Blackrock	2.23.3	800m	Junior Girls
1992	Annette Quaid	Dromcollogher CC	2.21.1	800m	Junior Girls
1993	Triona Whyte	St Augustines Dungarvan	2.27.2	800m	Junior Girls
1994	Geraldine McCarthy	Presentation Listowel	2.20.7	800m	Junior Girls
1995	Emer O'Shea	St Marys Charleville	2.19.0	800m	Junior Girls
1996	Paula Sheehan	Scoil Mhuire Gan Smal Blarney	2.13.3	800m	Junior Girls
1997	Roisin Quinn	Ursuline Waterford	2.18.1	800m	Junior Girls
1998	Rachel Lenihan	St Josephs Tulla	2.21.0	800m	Junior Girls
1999	Claire Kelly	St Aloysius Cork	2.24.3	800m	Junior Girls

2000	Ann Marie Walsh	St Marys Midleton	2.26.5	800m	Junior Girls
2001	Rena Buckley	St Aloysius Cork	2.21.3	800m	Junior Girls
2002	Laura Crowe	Presentation Tralee	2.24.4	800m	Junior Girls
2003	Grace Crowley	Scoil Mhuire agus Ide Newcastle West	2.23.4	800m	Junior Girls
2004	Mary O'Connor	Ursuline Waterford	2.15.75	800m	Junior Girls
2005	Ciara Cronin	Abbey CC Waterford	2.11.77	800m	Junior Girls
2006	Louise Woods	Colaiste Muire Ennis	2.27.78	800m	Junior Girls
2007	Harriet Flynn	St Patricks CS Shannon	2.24.92	800m	Junior Girls
2008	Amy O'Donoghue	Villiers School Limerick	2.17.04	800m	Junior Girls
2009	Niamh de Hora	Pobailscoil Chorca Dhuibne	2.20.40	800m	Junior Girls
2010	Jessica Coyne	Crescent Comprehensive SJ Limerick	2.23.70	800m	Junior Girls
2011	Louise Shanahan	Scoil Mhuire Cork	2.22.42	800m	Junior Girls
2012	Jennifer Hennessy	St Mary's Midleton	2.22.79	800m	Junior Girls
2013	Stephanie Cotter	Coachford College	2.22.04	800m	Junior Girls
2014	Sinead Roche	Crescent Comprehensive SJ Limerick	2.35.74	800m	Junior Girls
2015	Alex O' Neill	Rice College Ennis	2.22.33	800m	Junior Girls
2016	Ava Fennessy	Loreto Clonmel	2.25.14	800m	Junior Girls
2017	Ailbhe Doherty	St Flannans Ennis	2.21.40	800m	Junior Girls
2018	Ailbhe O'Neill	St Marys Nenagh	2.21.86	800m	Junior Girls
2019	Sarah Butler	FCJ Laurel Hill Limerick	2.19.80	800m	Junior Girls
2020	Not Held due to Covid-19 restrictions			800m	Junior Girls
2021	Not Held due to Covid-19 restrictions			800m	Junior Girls
2002	Sarah O'Halloran	Castletroy College	2:33.26	800m	Junior Girls

Junior Girls 1500m

1985	Edwina Foley	FCJ Laurel Hill Limerick	5.04.4	1500m	Junior Girls
1986	Ailish Brosnan	St Josephs Castleisland	5.04.3	1500m	Junior Girls
1987	Breda Gaffney	St Marys Charleville	4.57.4	1500m	Junior Girls
1988	Michelle Moloney	St Josephs Kilmallock	4.52.1	1500m	Junior Girls
1989	Michelle Moloney	St Josephs Kilmallock	4.53.2	1500m	Junior Girls
1990	Jenny Henchion	Loreto Fermoy	4.55.6	1500m	Junior Girls
1991	Valerie Lynch	St Aidans CC Cork	4.57.5	1500m	Junior Girls
1992	Margaret Danagher	Our Ladys Templemore	4.50.8	1500m	Junior Girls
1993	Clíodhna Talty	Colaiste Muire Ennis	5.15.4	1500m	Junior Girls
1994	Geraldine McCarthy	Presentation Listowel	4.49.9	1500m	Junior Girls
1995	Olga Cronin	St Colmans CC Midleton	5.03.2	1500m	Junior Girls
1996	Paula Sheehan	Scoil Mhuire Gan Smal Blarney	4.38.9	1500m	Junior Girls
1997	Louise Murphy	Regina Mundi Cork	5.03.2	1500m	Junior Girls
1998	Edel Murphy	Colaiste Choilm Ballincollig	4.55.6	1500m	Junior Girls
1999	Niamh Walsh	St Marys Midleton	5.12.7	1500m	Junior Girls
2000	Helen Brouder	Scoil Mhuire agus Ide Newcastle West	5.01.8	1500m	Junior Girls
2001	Natalie McSweeney	Presentation Killarney	5.18.0	1500m	Junior Girls
2002	Laura Crowe	Presentation Tralee	5.01.8	1500m	Junior Girls
2003	Mary O'Connor	Ursuline Waterford	5.19.2	1500m	Junior Girls
2004	Mary O'Connor	Ursuline Waterford	4.56.95	1500m	Junior Girls
2005	Ciara Cronin	Abbey CC Waterford	4.49.08	1500m	Junior Girls
2006	Emer Tagney	St Brigids Killarney	5.07.19	1500m	Junior Girls
2007	Mary Fitzgerald	Colaiste na Sceilge Caherciveen	5.05.49	1500m	Junior Girls
2008	Amy O'Donoghue	Villiers School Limerick	4.48.94	1500m	Junior Girls
2009	Blaithin Lynch	St Marys Midleton	5.02.17	1500m	Junior Girls
2010	Bella Sherlock	Bandon Grammar School	4.52.10	1500m	Junior Girls
2011	Aisling Quinn	Ursuline Waterford	4.57.01	1500m	Junior Girls
2012	Laura Hennessy	Pobalscoil Inbhear Sceine Kenmare	5.11.58	1500m	Junior Girls
2013	Aisling Kelly	St Josephs Spanish Point	4.57.96	1500m	Junior Girls
2014	Laura Nicholson	Bandon Grammar School	5.13.14	1500m	Junior Girls
2015	Claire Rafter	Ursuline Thurles	4.48.92	1500m	Junior Girls
2016	Rhona Randles	Pobalscoil Inbhear Sceine Kenmare	5.04.54	1500m	Junior Girls
2017	Aimee Hayde	St Marys Newport	4.46.15	1500m	Junior Girls
2018	Meabh O'Neil	MICC Dunmanway	4.53.44	1500m	Junior Girls
2019	Avril Millerick	St Marys Midleton	4.54.22	1500m	Junior Girls
2020	Not Held due to Covid-19 restrictions			1500m	Junior Girls
2021	Not Held due to Covid-19 restrictions			1500m	Junior Girls
2022	Rachel O'Flynn	Loreto Fermoy	4:58.47	1500m	Junior Girls

Junior Girls 75m Hurdles (76.2cm) 80m (1982 - 2001)

1970	Margaret McEnery	Colaiste Muire Ennis	15.8	75m Hurdles	Junior Girls
1971	Patrice Ryan	Colaiste Muire Ennis	14.6	75m Hurdles	Junior Girls
1972	Alison Dunlop	Shannon Comprehensive School	12.1	75m Hurdles	Junior Girls
1973	Kathleen Glavin	Midleton VS	13.6	75m Hurdles	Junior Girls
1974	Kathleen Glavin	Midleton VS	12.2	75m Hurdles	Junior Girls
1975	Nora O'Grady	Mercy Nenagh	11.7	75m Hurdles	Junior Girls
1976	Noreen Fleming	St Marys Midleton	11.9	75m Hurdles	Junior Girls
1977	Christine Dennehy	Mount Mercy Cork	12.4	75m Hurdles	Junior Girls
1978	Noelle Morrissey	Mercy Nenagh	11.3	75m Hurdles	Junior Girls
1979	Brenda Walsh	FCJ Laurel Hill Limerick	12.0	75m Hurdles	Junior Girls
1980	Noelle Morrissey	St Marys Nenagh	10.9	75m Hurdles	Junior Girls
1981	Olive Burke	FCJ Laurel Hill Limerick	11.6	75m Hurdles	Junior Girls
1982	Joan Hallissey	SHM Ferrybank Waterford	12.4	80m Hurdles	Junior Girls
1983	Grace O'Grady	Nenagh VS	11.8	80m Hurdles	Junior Girls
1984	Siobhan Naughton	St Marys Nenagh	12.3	80m Hurdles	Junior Girls
1985	Susan Smith	Presentation Waterford	12.6	80m Hurdles	Junior Girls
1986	Susan Smith	Presentation Waterford	12.5	80m Hurdles	Junior Girls
1987	Jean O'Gorman	St Marys Newport	12.3	80m Hurdles	Junior Girls
1988	Elaine Murphy	St Marys Nenagh	12.1	80m Hurdles	Junior Girls
1989	Patricia Naughton	Mercy Nenagh	12.1	80m Hurdles	Junior Girls
1990	Debra Brady	Colaiste Choilm Ballincollig	11.9	80m Hurdles	Junior Girls
1991	Patricia Naughton	St Marys Nenagh	11.6	80m Hurdles	Junior Girls
1992	Martina Hayes	St Augustines Dungarvan	12.5	80m Hurdles	Junior Girls
1993	Olivere Walsh	St Augustines Dungarvan	12.6	80m Hurdles	Junior Girls
1994	Ann Marie Cummins	Sacred Heart Roscrea	12.9	80m Hurdles	Junior Girls
1995	Derval O'Rourke	Christ King Cork	13.7	80m Hurdles	Junior Girls
1996	Siobhan Fitzpatrick	Ursuline Waterford	12.3	80m Hurdles	Junior Girls
1997	Caoimhe McCarthy	Kenmare VS	12.2	80m Hurdles	Junior Girls
1998	Caoimhe McCarthy	Kenmare VS	11.9	80m Hurdles	Junior Girls
1999	Caoimhe McCarthy	Kenmare VS	12.5	80m Hurdles	Junior Girls
2000	Emer Naughton	Colaiste Muire Ennis	12.8	80m Hurdles	Junior Girls
2001	Susanne O'Donovan	St Angelas Cork	12.2	80m Hurdles	Junior Girls
2002	Mera O'Connor	St Aloysius Carrigtwohill	12.30	75m Hurdles	Junior Girls
2003	Kalyn Sheehan	Ursuline Waterford	12.23	75m Hurdles	Junior Girls
2004	Kalyn Sheehan	Ursuline Waterford	11.48	75m Hurdles	Junior Girls
2005	Nicola Power	Abbey CC Waterford	12.38	75m Hurdles	Junior Girls
2006	Orla Finn	Kinsale CS	12.34	75m Hurdles	Junior Girls
2007	Jennifer Murphy	Mount Mercy Cork	12.41	-2.8 75m Hurdles	Junior Girls
2008	Sarah Lavin	Castletroy Colllege Limerick	11.66	75m Hurdles	Junior Girls
2009	Ciara Giles Doran	Mercy Waterford	12.11	75m Hurdles	Junior Girls
2010	Nicole Lavin	Castletroy Colllege Limerick	11.99	1.7 75m Hurdles	Junior Girls
2011	Jane Pennefather	Carrigaline CS	12.49	-3.7 75m Hurdles	Junior Girls
2012	Kelly Ann Doyle	Scoil Mhuire Carrick-on-Suir	11.81	75m Hurdles	Junior Girls
2013	Chloe Tobin	Castletroy Colllege Limerick	11.95	2.3 75m Hurdles	Junior Girls
2014	Ciara Neville	Castletroy Colllege Limerick	12.29	-2.1 75m Hurdles	Junior Girls
2015	Miriam Daly	Scoil Mhuire Carrick-on-Suir	11.50	1.8 75m Hurdles	Junior Girls
2016	Niamh Foley	Scoil Mhuire agus Ide Newcastle West	12.47	-6.6 75m Hurdles	Junior Girls
2017	Chisolm Ugwuere	St Flannans Ennis	11.95	0.4 75m Hurdles	Junior Girls
2018	Lucy Sleeman	Colaiste Choilm Ballincollig	11.98	0.7 75m Hurdles	Junior Girls
2019	Ella Scott	Christ King Cork	11.13	1.6 75m Hurdles	Junior Girls
2020	Not Held due to Covid-19 restrictions			75m Hurdles	Junior Girls
2021	Not Held due to Covid-19 restrictions			75m Hurdles	Junior Girls
2022	Louise Mullins	Pres Mitchelstown	11.82	-0.6 75m Hurdles	Junior Girls

Junior Girls 1200m Walk

1981	Niamh Brosnan	St Josephs Castleisland	6.56.9	Walk	Junior Girls
1982	Alish Brennan	St Johns Tralee	7.09.0	Walk	Junior Girls
1983	Tina Mulcahy	Presentation Dungarvan	6.36.0	Walk	Junior Girls
1984	Tina Mulcahy	Presentation Dungarvan	6.38.8	Walk	Junior Girls
1985	Ailish Brosnan	St Josephs Castleisland	6.43.1	Walk	Junior Girls

1986	Ailish Brosnan	St Josephs Castleisland	6.11.0	Walk	Junior Girls
1987	Orla Kelly	St Nessans Limerick	6.35.0	Walk	Junior Girls
1988	Orla Kelly	St Nessans Limerick	6.03.5	Walk	Junior Girls
1989	Josie Molyneaux	Dromcollogher CC	6.02.0	Walk	Junior Girls
1990	Rena Carey	Presentation Lismore	6.14.0	Walk	Junior Girls
1991	Gillian O'Sullivan	Presentation Killarney	6.14.0	Walk	Junior Girls
1992	Sandra Mulcahy	Ard Scoil na nDeise Dungarvan	6.25.0	Walk	Junior Girls
1993	Siobhan O'Malley	Mercy Doon	6.12.7	Walk	Junior Girls
1994	Siobhan O'Malley	Mercy Doon	5.50.5	Walk	Junior Girls
1995	Mairead Costin	St Augustines Dungarvan	6.10.0	Walk	Junior Girls
1996	Mairead Costin	St Augustines Dungarvan	5.54.0	Walk	Junior Girls
1997	Anne O'Malley	Mercy Doon	6.09.0	Walk	Junior Girls
1998	Marie Danagher	Our Ladys Templemore	6.21.2	Walk	Junior Girls
1999	Catriona McMahon	Scoil Mhuire Askeaton	6.13.0	Walk	Junior Girls
2000	Elaine Fitzpatrick	Colaiste Muire Ennis	6.15.2	Walk	Junior Girls
2001	Elaine Fitzpatrick	Colaiste Muire Ennis	6.03.0	Walk	Junior Girls
2002	Jean Madigan	Laurel Hill Colaiste Limerick	NT	Walk	Junior Girls
2003	Jean Madigan	Colaiste Laurel Hill Limerick	6.48.3	Walk	Junior Girls
2004	Sorcha Prenderville	Tarbert CS	5.51.6	Walk	Junior Girls
2005	Sinead Holmes	Mercy Doon	6.28.0	Walk	Junior Girls
2006	Fiona Dennehy	Mercy Waterford	6.01.5	Walk	Junior Girls
2007	Emma Prenderville	Preseantation Dingle		Walk	Junior Girls
2008	Kate Veale	St Augustines Dungarvan	5.33.30	Walk	Junior Girls
2009	Claudia Ni Lachtnáin	Gaelcholáiste an Chláir	6.17.15	Walk	Junior Girls
2010	Siobhan Hennessy	Ursuline Thurles	6.27.24	Walk	Junior Girls
2011	Tara Lacey	Abbey CC Waterford	6.25.2	Walk	Junior Girls
2012	Isabelle Morgan	Ursuline Waterford	6.21.66	Walk	Junior Girls
2013	Angharad Loughnane	Gaelcholaiste Luimnigh	6.05.70	Walk	Junior Girls
2014	Molly O'Shea	Newtown School Waterford	6.33.98	Walk	Junior Girls
2015	Ruth Heary	Waterpark College Waterford	5.58.9	Walk	Junior Girls
2016	Siofra O'Dea	St Josephs Spanish Point	6.12.45	Walk	Junior Girls
2017	Siofra O'Dea	St Josephs Spanish Point	6.01.87	Walk	Junior Girls
2018	Meadhbh O'Connor	Waterpark College Waterford	6.16.32	Walk	Junior Girls
2019	Odhnwa Hurley	Gaelcholaiste Mhuire AG Cork	6.17.27	Walk	Junior Girls
2020	Not Held due to Covid-19 restrictions			Walk	Junior Girls
2021	Not Held due to Covid-19 restrictions			Walk	Junior Girls
2022	Aoife Martin	Col an Chroi Naofa	5:57.52	Walk	Junior Girls

Junior Girls High Jump

1969	Pamela Hornibrook	Cork Grammar School	1.17	High Jump	Junior Girls
1970	Eileen O'Connell	St Marys Mallow	1.35	High Jump	Junior Girls
1971	Claire O'Donovan	Mount Mercy Cork	1.27	High Jump	Junior Girls
1972	Margaret Crosse	Mercy Doon	1.31	High Jump	Junior Girls
1973	Kathleen Glavin	Midleton VS	1.40	High Jump	Junior Girls
1974	Kathleen Glavin	Midleton VS	1.52	High Jump	Junior Girls
1975	Evelyn O'Brien	St Marys Limerick	1.50	High Jump	Junior Girls
1976	Ann Nevin	Presentation Limerick	1.58	High Jump	Junior Girls
1977	T Moore	Salesian Limerick	1.50	High Jump	Junior Girls
1978	Breda Tierney	Mercy Nenagh	1.60	High Jump	Junior Girls
1979	Ann Delaney	Loreto Clonmel	1.45	High Jump	Junior Girls
1980	Kay Riordan	Fethard	1.53	High Jump	Junior Girls
1981	Siobhan Costigan	Mercy Cahir	1.58	High Jump	Junior Girls
1982	Marie Aherne	Crescent Comprehensive SJ Limerick	1.60	High Jump	Junior Girls
1983	Brid Hallissey	SHM Ferrybank Waterford	1.61	High Jump	Junior Girls
1984	Grace O'Grady	Nenagh VS	1.51	High Jump	Junior Girls
1985	Michelle Walsh	St Marys Midleton	1.45	High Jump	Junior Girls
1986	Samantha Dwyer	Midleton College	1.40	High Jump	Junior Girls
1987	Josephine Shields	Templemore VS	1.51	High Jump	Junior Girls
1988	Elaine Ball	Scoil Carmel Limerick	1.57	High Jump	Junior Girls
1989	Linda Power	Stella Maris Tramore	1.53	High Jump	Junior Girls
1990	Edna Williams	SHM Ferrybank Waterford	1.65	High Jump	Junior Girls
1991	Rachel O'Flynn	Scoil Mhuire Cork	1.48	High Jump	Junior Girls
1992	Sinead Fitzpatrick	Ursuline Waterford	1.44	High Jump	Junior Girls
1993	Rachel McMillan	St Josephs Borrisoleigh	1.52	High Jump	Junior Girls

1994	Jackie Cahill	St Josephs Borrisoleigh	1.43	High Jump	Junior Girls
1995	Orna Donoghue	Scoil Mhuire Carrick-on-Suir	1.60	High Jump	Junior Girls
1996	Laura O'Connell	St Colmans CC Midleton	1.55	High Jump	Junior Girls
1997	Laura O'Connell	St Colmans CC Midleton	1.51	High Jump	Junior Girls
1998	Eilish O'Callaghan	St Marys Mallow	1.55	High Jump	Junior Girls
1999	Orla Doyle	Scoil Mhuire Carrick-on-Suir	1.50	High Jump	Junior Girls
2000	Michael O'Leary	St Michaels CC Kilmihil	1.45	High Jump	Junior Girls
2001	Una Power	Ard Scoil na nDeise Dungarvan	1.43	High Jump	Junior Girls
2002	Kelly Proper	Ursuline Waterford	1.40	High Jump	Junior Girls
2003	Mairead Murphy	Mercy Waterford	1.51	High Jump	Junior Girls
2004	Jessie Barr	Ursuline Waterford	1.59	High Jump	Junior Girls
2005	Lisa Kelly	Borrisokane CC	1.50	High Jump	Junior Girls
2006	Orla Finn	Kinsale CS	1.55	High Jump	Junior Girls
2007	Jennifer Murphy	Mount Mercy Cork	1.50	High Jump	Junior Girls
2008	Louise O'Connor	Mercy Mount Hawk Tralee	1.50	High Jump	Junior Girls
2009	Aishling Croke	Crescent Comprehensive SJ Limerick	1.55	High Jump	Junior Girls
2010	Grace McKenzie	Colaiste Muire Crosshaven	1.54	High Jump	Junior Girls
2011	Neassa Murphy	Stella Maris Tramore	1.50	High Jump	Junior Girls
2012	Deirbhle Ní Riain	Gaelcholáiste Luimnigh	1.59	High Jump	Junior Girls
2013	Emma Hennessey	St Marys Newport	1.56	High Jump	Junior Girls
2014	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	1.62	High Jump	Junior Girls
2015	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	1.64	High Jump	Junior Girls
2016	Ciara Kennelly	St Brigets Killarney	1.65	High Jump	Junior Girls
2017	Caitlin Kennedy	John The Baptist Hospital	1.60	High Jump	Junior Girls
2018	Katie Nolke	Ursuline Waterford	1.59	High Jump	Junior Girls
2019	Ava Rochford	Rice College Ennis	1.55	High Jump	Junior Girls
2020	Not Held due to Covid-19 restrictions			High Jump	Junior Girls
2021	Not Held due to Covid-19 restrictions			High Jump	Junior Girls
2022	Ellis McHugh	Waterpark College	1.53	High Jump	Junior Girls

Junior Girls Long Jump

1969	R Luce	Newtown School Waterford	4.19	Long Jump	Junior Girls
1970	Ann Sheehan	Presentation Bandon	4.39	Long Jump	Junior Girls
1971	Joy Good	Rochelle Cork	4.46	Long Jump	Junior Girls
1972	Bernadette Mellerick	Loreto Fermoy	4.84	Long Jump	Junior Girls
1973	Susan McNamara	Presentation Limerick	4.57	Long Jump	Junior Girls
1974	Kathleen Glavin	Midleton VS	5.32	Long Jump	Junior Girls
1975	Mary Fleming	St Marys Midleton	5.12	Long Jump	Junior Girls
1976	Mary Corbett	Scoil Carmel Limerick	4.95	Long Jump	Junior Girls
1977	Christine Dennehy	Mount Mercy Cork	4.90	Long Jump	Junior Girls
1978	Noelle Morrissey	Mercy Nenagh	4.75	Long Jump	Junior Girls
1979	Patricia Doherty	Presentation Waterford	4.73	Long Jump	Junior Girls
1980	Noelle Morrissey	St Marys Nenagh	5.12	Long Jump	Junior Girls
1981	Jacqui Stokes	Newtown School Waterford	4.84	Long Jump	Junior Girls
1982	Terrie Horgan	St Marys Mallow	5.14	Long Jump	Junior Girls
1983	Niamh Barry	Mercy Cappoquin	5.14	Long Jump	Junior Girls
1984	Grace O'Grady	Nenagh VS	5.04	Long Jump	Junior Girls
1985	Margaret O'Dwyer	Presentation Thurles	4.36	Long Jump	Junior Girls
1986	Michelle Mulcahy	Presentation Dungarvan	5.11	Long Jump	Junior Girls
1987	Marie O'Meara	St Marys Nenagh	5.04	Long Jump	Junior Girls
1988	Claire Ingerton	St Patricks Cork	5.02	Long Jump	Junior Girls
1989	Claire Ingerton	St Patricks Cork	5.58	Long Jump	Junior Girls
1990	Lena Barry	Salesian Limerick	4.74	Long Jump	Junior Girls
1991	Rachel O'Flynn	Scoil Mhuire Cork	4.92	Long Jump	Junior Girls
1992	Fiona Kelleher	Presentation Killarney	4.79	Long Jump	Junior Girls
1993	Eileen O'Donovan	St Marys Macroon	4.78	Long Jump	Junior Girls
1994	Bronagh McCarthy	Colaiste an Chroi Naofa Carraig na bhFear	4.93	Long Jump	Junior Girls
1995	Lorraine Carr	Loreto Fermoy	5.44	Long Jump	Junior Girls
1996	Lorraine Carr	Loreto Fermoy	5.18	Long Jump	Junior Girls
1997	Leanne Cherry	St Nessans Limerick	4.97	Long Jump	Junior Girls
1998	Sharon O'Mahony	St Marys Midleton	4.91	Long Jump	Junior Girls
1999	Orla Doyle	Scoil Mhuire Carrick-on-Suir	4.56	Long Jump	Junior Girls
2000	Caitriona de Paor	Loreto Youghal	4.96	Long Jump	Junior Girls
2001	Donna Hosford	St Vincents Cork	5.19	Long Jump	Junior Girls

2002	Amanda O'Connell	Mercy Mount Hawk Tralee	4.97	Long Jump	Junior Girls
2003	Kalyn Sheehan	Ursuline Waterford	5.41	Long Jump	Junior Girls
2004	Kalyn Sheehan	Ursuline Waterford	5.66	Long Jump	Junior Girls
2005	Sinead Long	Scoil Mhuire Carrickon Suir	5.07	Long Jump	Junior Girls
2006	Orla Finn	Kinsale CS	5.05	Long Jump	Junior Girls
2007	Jennifer Murphy	Mount Mercy Cork	5.26	Long Jump	Junior Girls
2008	Stephanie Collins	Tarbert CS	4.91	Long Jump	Junior Girls
2009	Ciara Giles Doran	Mercy Waterford	5.34	Long Jump	Junior Girls
2010	Grace McKenzie	Colaiste Muire Crosshaven	5.15	Long Jump	Junior Girls
2011	Fiona Ni She	Laurel Hill Colaiste Limerick	5.07	Long Jump	Junior Girls
2012	Laura Cussen	Colaiste Choilm Ballincollig	5.12	Long Jump	Junior Girls
2013	Maria Carey	St Marys Newport	5.25	-2.8 Long Jump	Junior Girls
2014	Rachel Bowler	Mercy Mount Hawk Tralee	5.26	Long Jump	Junior Girls
2015	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	5.10	Long Jump	Junior Girls
2016	Lauren O'Leary	Nagle Rice Doneraile	5.45	Long Jump	Junior Girls
2017	Stacey Komolafe	Bandon Grammar School	5.20	Long Jump	Junior Girls
2018	Laura Frawley	St Marys Charleville	5.18	Long Jump	Junior Girls
2019	Michelle Ugwah	Scoil Mhuire Gan Smal Blarney	5.22	Long Jump	Junior Girls
2020	Not Held due to Covid-19 restrictions			Long Jump	Junior Girls
2021	Not Held due to Covid-19 restrictions			Long Jump	Junior Girls
2022	Caoimhe Daly	Col Choilm B'collig	4.84	Long Jump	Junior Girls

Junior Girls Triple Jump

1996	Marian Troy	St Augustines Dungarvan	10.30	Triple Jump	Junior Girls
1997	Corina Kennedy	Roscrea VS	9.68	Triple Jump	Junior Girls
1998	Marie Conroy	St Augustines Dungarvan	9.92	Triple Jump	Junior Girls
1999	Natalie O'Connor	St Augustines Dungarvan	9.92	Triple Jump	Junior Girls
2000	Caitriona de Paor	Loreto Youghal	10.03	Triple Jump	Junior Girls
2001	Tererann O'Reilly	Ursuline Waterford	9.16	Triple Jump	Junior Girls
2002	Kelly Proper	Ursuline Waterford	10.12	Triple Jump	Junior Girls
2003	Paula McCarthy	St Gobans CC Bantry	9.90	Triple Jump	Junior Girls
2004	Laura O'Mahony	Presentation Tralee	9.73	Triple Jump	Junior Girls
2005	Lisa Kelly	Borrioscane CC	10.08	Triple Jump	Junior Girls
2006	Grainne Power	Presentation Clonmel	8.84	Triple Jump	Junior Girls
2007	Lisa Houlihan	St Augustines Dungarvan	9.75	Triple Jump	Junior Girls
2008	Margaret Carey	Christ King Cork	9.46	Triple Jump	Junior Girls
2009	Jessica Sheehan	Kinsale CS	9.82	Triple Jump	Junior Girls
2010	Liz Devine	St Augustines Dungarvan	9.60	Triple Jump	Junior Girls
2011	Liz Devine	St Augustines Dungarvan	9.50	Triple Jump	Junior Girls
2012	Emma Young	Bandon Grammar School	9.14	Triple Jump	Junior Girls
2013	Maria Carey	St Marys Newport	10.34	Triple Jump	Junior Girls
2014	Kate Taylor	Colaiste Muire Ennis	9.49	Triple Jump	Junior Girls
2015	Ciara McKeon	Colaiste na Toibhirte Bandon	9.45	Triple Jump	Junior Girls
2016	Emily O'Mahony	St Augustines Dungarvan	9.34	Triple Jump	Junior Girls
2017	Chisolm Ugwuere	St Flannans Ennis	9.69	Triple Jump	Junior Girls
2018	Marieke Hilvering	Scariff CC	8.66	Triple Jump	Junior Girls
2019	Grace Fitzgerald	St Annes Tipperary	9.43	Triple Jump	Junior Girls
2020	Not Held due to Covid-19 restrictions			Triple Jump	Junior Girls
2021	Not Held due to Covid-19 restrictions			Triple Jump	Junior Girls
2022	Clodagh Donoghue	St Marys Newport	9.63	Triple Jump	Junior Girls

Junior Girls Pole Vault

1998	Nicola Fennell	St Augustines Dungarvan	2.10	Pole Vault	Junior Girls
1999	Claire O'Sullivan	St Augustines Dungarvan	2.10	Pole Vault	Junior Girls
2000	Deirdre Kiely	St Augustines Dungarvan	2.00	Pole Vault	Junior Girls
2001	Susan Lonergan	St Augustines Dungarvan	1.90	Pole Vault	Junior Girls
2002	Susan Lonergan	St Augustines Dungarvan	2.05	Pole Vault	Junior Girls
2003	Lorraine Walsh	St Augustines Dungarvan	1.90	Pole Vault	Junior Girls
2004	Siobhan Brackett	St Augustines Dungarvan	2.30	Pole Vault	Junior Girls
2005	Lisa Kelly	Borrioscane CC	2.00	Pole Vault	Junior Girls
2006	Ruth Fennell	St Augustines Dungarvan	2.40	Pole Vault	Junior Girls
2007	Lisa Houlihan	St Augustines Dungarvan	2.40	Pole Vault	Junior Girls

2008	Katie Laffan	St Augustines Dungarvan	2.20	Pole Vault	Junior Girls
2009	Maggie O'Neill	St Augustines Dungarvan	2.10	Pole Vault	Junior Girls
2010	Olivia Phelan	St Augustines Dungarvan	2.10	Pole Vault	Junior Girls
2011	Kayleigh Cronin	St Brigids Killarney	2.70	Pole Vault	Junior Girls
2012	Catherine Haheisy	St Augustines Dungarvan	1.90	Pole Vault	Junior Girls
2013	Aisling O'Connor	St Augustines Dungarvan	2.10	Pole Vault	Junior Girls
2014	Aisling O'Connor	St Augustines Dungarvan	2.30	Pole Vault	Junior Girls
2015	Aisling Cassidy	Bandon Grammar School	2.55	Pole Vault	Junior Girls
2016	Anna Ryan	Ursuline Thurles	2.40	Pole Vault	Junior Girls
2017	Anna Ryan	Ursuline Thurles	2.90	Pole Vault	Junior Girls
2018	Una Brice	Mount Mercy Cork	2.40	Pole Vault	Junior Girls
2019	Jodie McGrath	St Marys Nenagh	2.50	Pole Vault	Junior Girls
2020	Not Held due to Covid-19 restrictions			Pole Vault	Junior Girls
2021	Not Held due to Covid-19 restrictions			Pole Vault	Junior Girls
2022	Meabh Corkery	St Marys Midleton	2.40	Pole Vault	Junior Girls

Junior Girls Shot Put (2.72kg)

3.25kg (1970 - 2013) 7lb (1969)

1969	Carmel Meaney	Colaiste Muire Ennis	7.59	Shot Put	Junior Girls
1970	Jacinta Ryan	Mercy Carrick-on-Suir	9.46	Shot Put	Junior Girls
1971	Marie Dooley	Presentation Limerick	9.79	Shot Put	Junior Girls
1972	Mary Cassidy	Colaiste Muire Ennis	9.58	Shot Put	Junior Girls
1973	Mary Cassidy	Colaiste Muire Ennis	9.35	Shot Put	Junior Girls
1974	Joan Dooley	Presentation Limerick	10.85	Shot Put	Junior Girls
1976	Joan Dooley	Presentation Limerick	12.16	Shot Put	Junior Girls
1977	Anne Prendergast	Presentation Waterford	10.38	Shot Put	Junior Girls
1978	Brid Naughton	Mercy Nenagh	10.41	Shot Put	Junior Girls
1979	Miriam Kirwan	SHM Ferrybank Waterford	11.03	Shot Put	Junior Girls
1980	Paula Kearns	Presentation Clonmel	11.33	Shot Put	Junior Girls
1981	Eve Nangle	Stella Maris Tramore	11.62	Shot Put	Junior Girls
1982	Elaine Boland	Salesian Limerick	10.26	Shot Put	Junior Girls
1983	Ailish O'Brien	Presentation Dungarvan	11.07	Shot Put	Junior Girls
1984	Ailish O'Brien	Presentation Dungarvan	11.32	Shot Put	Junior Girls
1985	Mary Naughton	St Marys Nenagh	10.50	Shot Put	Junior Girls
1986	Deirdre O'Connell	Stella Maris Tramore	10.27	Shot Put	Junior Girls
1987	Emma Galvin	Salesian Limerick	9.62	Shot Put	Junior Girls
1988	Mary Cremin	St Aloysius Carrigtwohill	9.65	Shot Put	Junior Girls
1989	Valerie Mangan	FCJ Laurel Hill Limerick	10.39	Shot Put	Junior Girls
1990	Diane Sheehan	St Patricks Cork	10.56	Shot Put	Junior Girls
1991	Kathy Forde	Colaiste Muire ennis	10.50	Shot Put	Junior Girls
1992	Sinead Leahy	St Vincents Cork	10.46	Shot Put	Junior Girls
1993	Sinead Kehoe	Mercy Waterford	9.66	Shot Put	Junior Girls
1994	Sinead Kehoe	Mercy Waterford	12.05	Shot Put	Junior Girls
1995	Denise Murphy	Regina Mundi Cork	10.11	Shot Put	Junior Girls
1996	Diane Cashman	St Aloysius Carrigtwohill	10.04	Shot Put	Junior Girls
1997	Fionulla Lombard	Mount Mercy Cork	10.60	Shot Put	Junior Girls
1998	Deirdre Ni Mhurchu	Colaiste an Phiarasaigh Glanmire	10.01	Shot Put	Junior Girls
1999	Deirdre Ni Mhurchu	Colaiste an Phiarasaigh Glanmire	10.76	Shot Put	Junior Girls
2000	Alison McCarthy	Presentation Mitchelstown	9.97	Shot Put	Junior Girls
2001	Kathleen Fitzgerald	St Aloysius Carrigtwohill	10.85	Shot Put	Junior Girls
2002	Ann Marie Cronin	Colaiste Choilm Ballincollig	8.69	Shot Put	Junior Girls
2003	Rachel Roche	Presentation Bandon	9.74	Shot Put	Junior Girls
2004	Sarah Bradfield	Bandon Grammar School	10.48	Shot Put	Junior Girls
2005	Niamh Mooney	Mercy Doon	10.54	Shot Put	Junior Girls
2006	Claire Fitzgerald	Presentation Tralee	12.92	Shot Put	Junior Girls
2007	Ailish Sheehan	Salesian Pallaskenry	11.53	Shot Put	Junior Girls
2008	Niamh Murphy	Colaiste Choilm Ballincollig	10.30	Shot Put	Junior Girls
2009	Laura McSweeney	Colaiste na Toirbhirte Bandon	11.35	Shot Put	Junior Girls
2010	Aileen Hallahan	St Colmans CC Midleton	10.10	Shot Put	Junior Girls
2011	Vanessa Ogbonna	Stella Maris Tramore	9.52	Shot Put	Junior Girls
2012	Deirbhle Ní Riain	Gaelcholáiste Luimnigh	11.24	Shot Put	Junior Girls
2013	Erin Kingston	Bandon Grammar School	10.38	Shot Put	Junior Girls
2014	Noelle Lennihan	Hazelwood College Dromcollogher	10.32	Shot Put	Junior Girls
2015	Shauna Linehan	Colaiste Treasa Kanturk	10.48	Shot Put	Junior Girls

2016	Ciara Sheehy	St Marys Charleville	13.04	Shot Put	Junior Girls
2017	Ciara Sheehy	St Marys Charleville	14.58	Shot Put	Junior Girls
2018	Kirby Anne Ryan	Mercy Mount Hawk Tralee	10.84	Shot Put	Junior Girls
2019	Katryna Pacerinskaite	Presentation Mitchelstown	12.02	Shot Put	Junior Girls
2020	Not Held due to Covid-19 restrictions			Shot Put	Junior Girls
2021	Not Held due to Covid-19 restrictions			Shot Put	Junior Girls
2022	Daniela Puspure	Col Choilm B'collig	10.47	Shot Put	Junior Girls

Junior Girls Discus (750g) 1kg (1972 - 2013)

1972	Marie Dooley	Presentation Limerick	26.01	Discus	Junior Girls
1973	Mary Cassidy	Colaiste Muire Ennis	26.09	Discus	Junior Girls
1974	Mary Cassidy	Colaiste Muire Ennis	32.26	Discus	Junior Girls
1975	Joan Dooley	Presentation Limerick	28.30	Discus	Junior Girls
1976	Joan Dooley	Presentation Limerick	34.99	Discus	Junior Girls
1977	Anne Prendergast	Presentation Waterford	25.26	Discus	Junior Girls
1978	Brid Naughton	Mercy Nenagh	29.29	Discus	Junior Girls
1979	Carole Corbett	Scoil Carmel Limerick	26.64	Discus	Junior Girls
1980	Theresa Weir	SHM Ferrybank Waterford	29.89	Discus	Junior Girls
1981	Eleanor Corbett	FCJ Laurel Hill Limerick	26.15	Discus	Junior Girls
1982	Catherine Minogue	Mercy Nenagh	29.38	Discus	Junior Girls
1983	Ailish O'Brien	Presentation Dungarvan	33.62	Discus	Junior Girls
1984	Ailish O'Brien	Presentation Dungarvan	34.84	Discus	Junior Girls
1985	Mary Naughton	St Marys Nenagh	26.91	Discus	Junior Girls
1986	Myra McNamara	Scariff CC	25.32	Discus	Junior Girls
1987	Myra McNamara	Scariff CC	25.28	Discus	Junior Girls
1988	Niamh Scanlon	Mercy Dungarvan	24.40	Discus	Junior Girls
1989	C Walsh	Crescent Comprehensive SJ Limerick	24.32	Discus	Junior Girls
1990	Edel Meagher	Scoil Mhuire Gan Smal Blarney	24.44	Discus	Junior Girls
1991	Deirdre O'Connor	Scariff CC	26.22	Discus	Junior Girls
1992	Deirdre O'Connor	Scariff CC	33.14	Discus	Junior Girls
1993	Caitriona Ladden	Intermediate School Killorglin	20.64	Discus	Junior Girls
1994	Sinead Kehoe	Mercy Waterford	26.86	Discus	Junior Girls
1995	Denise Murphy	Regina Mundi Cork	26.14	Discus	Junior Girls
1996	Diane Cashman	St Aloysius Carrigtwohill	27.26	Discus	Junior Girls
1997	Sonia Tutty	Mercy Waterford	27.54	Discus	Junior Girls
1998	Deirdre Ni Mhurchu	Colaiste an Phiarsaigh Glanmire	26.00	Discus	Junior Girls
1999	Deirdre Ni Mhurchu	Colaiste an Phiarsaigh Glanmire	31.06	Discus	Junior Girls
2000	Sonia Kennedy	Abbey CC Waterford	26.79	Discus	Junior Girls
2001	Sonia Kennedy	Abbey CC Waterford	31.33	Discus	Junior Girls
2002	Rachel Roche	Presentation Bandon	27.70	Discus	Junior Girls
2003	Sarah Bradfield	Bandon Grammar School	31.60	Discus	Junior Girls
2004	Sarah Bradfield	Bandon Grammar School	33.65	Discus	Junior Girls
2005	Claire Fitzgerald	Presentation Tralee	32.68	Discus	Junior Girls
2006	Claire Fitzgerald	Presentation Tralee	36.73	Discus	Junior Girls
2007	Tracy Bradfield	Bandon Grammar School	33.07	Discus	Junior Girls
2008	Jade Power	Mercy Waterford	31.99	Discus	Junior Girls
2009	Kate Hickey	St Declans CC Kilmacthomas	34.82	Discus	Junior Girls
2010	Hannah O'Sullivan	Boherbue Comprehensive School	34.24	Discus	Junior Girls
2011	Kayleigh Cronin	St Brigids Killarney	37.87	Discus	Junior Girls
2012	Aoife Doyle	Intermediate School Killorglin	33.27	Discus	Junior Girls
2013	Aoife Doyle	Intermediate School Killorglin	36.42	Discus	Junior Girls
2014	Lauren O'Grady	Mercy Mount Hawk Tralee	23.30	Discus	Junior Girls
2015	Rachel Stephens	Gaelcholaiste Phort Lairge	27.82	Discus	Junior Girls
2016	Megan Lenihan	Hazelwood College Dromcollogher	42.97	Discus	Junior Girls
2017	Megan Lenihan	Hazelwood College Dromcollogher	36.34	Discus	Junior Girls
2018	Leah Parker	St Aloysius Carrigtwohill	28.17	Discus	Junior Girls
2019	Aine O'Shea	Mercy Mount Hawk Tralee	31.05	Discus	Junior Girls
2020	Not Held due to Covid-19 restrictions			Discus	Junior Girls
2021	Not Held due to Covid-19 restrictions			Discus	Junior Girls
2022	Niamh O'Shea	Mercy Mounthawk Tralee	28.60	Discus	Junior Girls

Junior Girls Hammer (2.5kg)

3.25kg (1998 - 2013)

1998	Rachel Akers	Scariff CC	29.24	Hammer	Junior Girls
1999	Rachel Akers	Scariff CC	40.36	Hammer	Junior Girls
2000	Amanda O'Farrell	Borrioscane CC	31.68	Hammer	Junior Girls
2001	Ann Marie Cronin	Colaiste Choilm Ballincollig	33.78	Hammer	Junior Girls
2002	Linda Cronin	Colaiste Choilm Ballincollig	33.85	Hammer	Junior Girls
2003	Linda Cronin	Colaiste Choilm Ballincollig	34.40	Hammer	Junior Girls
2004	Katie O'Shea	Presentation Milltown	37.33	Hammer	Junior Girls
2005	Jenny Carroll	Borrioscane CC	33.09	Hammer	Junior Girls
2006	Karen Flynn	Presentation Milltown	30.90	Hammer	Junior Girls
2007	Karen Flynn	Presentation Milltown	36.89	Hammer	Junior Girls
2008	Maureen O'Neill	Colaiste Treasa Kanturk	37.04	Hammer	Junior Girls
2009	Kate Dennehy	Castleisland CC	30.55	Hammer	Junior Girls
2010	Alice Akers	Scariff CC	45.64	Hammer	Junior Girls
2011	Alice Akers	Scariff CC	50.01	Hammer	Junior Girls
2012	Aoife Doyle	Intermediate School Killorglin	37.19	Hammer	Junior Girls
2013	Aisling Vaughen-Witts	Borrioscane CC	35.37	Hammer	Junior Girls
2014	Jade O'Farrell-Bond	Borrioscane CC	35.42	Hammer	Junior Girls
2015	Shauna Linehan	Colaiste Treasa Kanturk	36.76	Hammer	Junior Girls
2016	Shauna Linehan	Colaiste Treasa Kanturk	41.16	Hammer	Junior Girls
2017	Ciara Sheehy	St Marys Charleville	40.79	Hammer	Junior Girls
2018	Nicola Tuthill	Colaiste na Toibhirte Bandon	44.35	Hammer	Junior Girls
2019	Leah Parker	St Aloysius Carrigtwohill	42.85	Hammer	Junior Girls
2020	Not Held due to Covid-19 restrictions			Hammer	Junior Girls
2021	Not Held due to Covid-19 restrictions			Hammer	Junior Girls
2022	Zanne Healy-Bird	Ashton Cork	31.29	Hammer	Junior Girls

Junior Girls Javelin (400g) 500g (1979 - 2013)

1979	S Byrne	Salesian Limerick	29.48	Javelin	Junior Girls
1980	Brenda Walsh	FCJ Laurel Hill Limerick	36.01	Javelin	Junior Girls
1981	Debbie Tobin	Crescent Comprehensive SJ Limerick	31.46	Javelin	Junior Girls
1982	Lisa Murray	Ursuline Waterford	27.36	Javelin	Junior Girls
1983	Lisa Murray	Ursuline Waterford	31.06	Javelin	Junior Girls
1984	Yvonne McGrath	Ursuline Waterford	24.77	Javelin	Junior Girls
1985	Mary Reel	Salesian Limerick	25.21	Javelin	Junior Girls
1986	Ciara Tyrrell	Ursuline Waterford	22.58	Javelin	Junior Girls
1987	Joselyn Hanrahan	St Marys Limerick	31.02	Javelin	Junior Girls
1988	Nicola Canning	St Marys Nenagh	23.96	Javelin	Junior Girls
1989	Carol Costello	Scariff CC	22.64	Javelin	Junior Girls
1990	Yvonne Lucey	St Vincents Cork	30.50	Javelin	Junior Girls
1991	Rosaleen Power	Presentation Waterford	22.90	Javelin	Junior Girls
1992	Leanne Tutty	Mercy Waterford	27.24	Javelin	Junior Girls
1993	Siobhan Hayes	Ursuline Waterford	25.12	Javelin	Junior Girls
1994	Caitriona Tiernan	Borrisokane VS	25.18	Javelin	Junior Girls
1995	Roisin Kavanagh	Scariff CC	23.70	Javelin	Junior Girls
1996	Mary Dalton	Ursuline Waterford	26.54	Javelin	Junior Girls
1997	Esther Curtin	Rathmore PPS	27.14	Javelin	Junior Girls
1998	Karen Dunne	Scoil Mhuire Carrick-on-Suir	27.73	Javelin	Junior Girls
1999	Grace Crowley	Presentation Killarney	21.03	Javelin	Junior Girls
2000	Catherine Grant	Ursuline Waterford	24.76	Javelin	Junior Girls
2001	Sonia Kennedy	Abbey CC Waterford	26.87	Javelin	Junior Girls
2002	Paula McCarthy	Ard Scoil Phobail Bantry	23.62	Javelin	Junior Girls
2003	Paula McCarthy	St Gobans CC Bantry	30.18	Javelin	Junior Girls
2004	Claire Flanagan	Loreto Youghal	26.83	Javelin	Junior Girls
2005	Claire Fitzgerald	Presentation Tralee	25.92	Javelin	Junior Girls
2006	Claire Fitzgerald	Presentation Tralee	35.97	Javelin	Junior Girls
2007	Ailish Sheehan	Salesian Pallaskenry	34.00	Javelin	Junior Girls
2008	Jenny Murphy	St Marys Mallow	32.83	Javelin	Junior Girls
2009	Patricia Curtin	St Marys Middleton	25.76	Javelin	Junior Girls
2010	Clodagh Fitzgerald	Scoil Mhuire Carrick-on-Suir	25.29	Javelin	Junior Girls
2011	Alice Akers	Scariff CC	32.49	Javelin	Junior Girls
2012	Erin Kingston	Bandon Grammar School	21.23	Javelin	Junior Girls

2013	Orlaith O'Brien	Ursuline Waterford	39.70	Javelin	Junior Girls
2014	Aoife Hurley	Loreto Fermoy	31.49	Javelin	Junior Girls
2015	Katie Moynihan	Davis College Mallow	35.31	Javelin	Junior Girls
2016	Katie Moynihan	Davis College Mallow	39.44	Javelin	Junior Girls
2017	Megan Lenihan	Hazelwood College Dromcollogher	38.28	Javelin	Junior Girls
2018	Katelyn Reid	Pobalscoil Chorca Dhuibhne	39.91	Javelin	Junior Girls
2019	Lucy O'Riordan	St Angelas Cork	32.10	Javelin	Junior Girls
2020	Not Held due to Covid-19 restrictions			Javelin	Junior Girls
2021	Not Held due to Covid-19 restrictions			Javelin	Junior Girls
2022	Daniela Puspure	Col Choilm B'collig	30.08	Javelin	Junior Girls

Junior Girls Combined Events

1992	Laura Hegarty	St Colmans CC Midleton	2538	Combined Events	Junior Girls
1993	Laura Hegarty	St Colmans CC Midleton		Combined Events	Junior Girls
1994	Aine Cuddihy	Scoil Mhuire Carrick on Suir	2526	Combined Events	Junior Girls
1995	Lorraine Carr	Loreto Fermoy	2845	Combined Events	Junior Girls
1996	Genevieve Rowland	Sacred Heart Roscrea	2673	Combined Events	Junior Girls
1997				Combined Events	Junior Girls
1998	Sharon O'Mahony	St Marys Midleton	2483	Combined Events	Junior Girls
1999	Orla Doyle	Scoil Mhuire Carrick on Suir	2665	Combined Events	Junior Girls
2000	Kathleen Freyne	Mercy Waterford	2609	Combined Events	Junior Girls
2001	Katie Byrd	Colaiste Daibheid Cork	2430	Combined Events	Junior Girls
2002	Holly Deegan	Mercy Waterford	2672	Combined Events	Junior Girls
2003	Kayln Sheehan	Ursuline Waterford	2880	Combined Events	Junior Girls
2004	Kayln Sheehan	Ursuline Waterford	2839	Combined Events	Junior Girls
2005	Harriet Cross	Bandon Grammar School	2837	Combined Events	Junior Girls
2006	Orla Finn	Kinsale CS	2806	Combined Events	Junior Girls
2007	Tara Fogerty	Scoil Mhuire Carrick on Suir	2387	Combined Events	Junior Girls
2008	Megan Kiely	Ursuline Waterford	2754	Combined Events	Junior Girls
2009	Ciara Giles Doran	Mercy Waterford	3053	Combined Events	Junior Girls
2010	Grace McKenzie	Colaiste Muire Crosshaven	2749	Combined Events	Junior Girls
2011	Deirbhaille Ní Rhiain	GaelCholaiste Luimhní	2753	Combined Events	Junior Girls
2012	Vickie Cusack	Nagle Rice Doneraile	2662	Combined Events	Junior Girls
2013	Sophie Meredith	SMI Newcastle West	3169	Combined Events	Junior Girls
2014	Sophie Meredith	SMI Newcastle West	3339	Combined Events	Junior Girls
2015	Sophie Meredith	SMI Newcastle West	3393	Combined Events	Junior Girls
2016	Orla Winston	Loreto Clonmel	2765	Combined Events	Junior Girls
2017	Orla Coffey	St Angelas Cork	2745	Combined Events	Junior Girls
2018	Laura Frawley	St Marys Charleville	3344	Combined Events	Junior Girls
2019	Ellen O'Dwyer	St Marys Nenagh	2397	Combined Events	Junior Girls
2020	Not Held due to Covid-19 restrictions			Combined Events	Junior Girls
2021	Hannah Kate Falvey	SMGS Blarney	3235	Combined Events	Junior Girls
2022	Ellis McHugh	Waterpark College Waterford	2836	Combined Events	Junior Girls

Junior Girls 4X100m Relay

Medley Relay - 1 Junior + 1 Inter + 1 Senior (1969)

1969		Rochelle Cork	NT	Relay	Junior Girls
1970		Colaiste Muire Ennis	58.1	Relay	Junior Girls
1971		Regina Mundi Cork	55.6	Relay	Junior Girls
1972		Loreto Fermoy	55.2	Relay	Junior Girls
1973		Midleton VS	53.9	Relay	Junior Girls
1974		St Marys Midleton	52.8	Relay	Junior Girls
1975		Mercy Nenagh	52.2	Relay	Junior Girls
1976		Mercy Nenagh	53.6	Relay	Junior Girls
1977		Presentation Limerick	53.2	Relay	Junior Girls
1978		Mercy Nenagh	51.1	Relay	Junior Girls
1979		Mercy Nenagh	52.9	Relay	Junior Girls
1980		Mercy Nenagh	52.5	Relay	Junior Girls
1981		Crescent Comprehensive SJ Limerick	52.2	Relay	Junior Girls
1982		Newtown School Waterford	53.5	Relay	Junior Girls
1983		St Marys Nenagh	53.3	Relay	Junior Girls
1984		Sacred Heart Roscrea	52.3	Relay	Junior Girls

1985	Ursuline Waterford	54.2	Relay	Junior Girls
1986	FCJ Laurel Hill Limerick	53.5	Relay	Junior Girls
1987	St Aloysius Cork	52.8	Relay	Junior Girls
1988	Crescent Comprehensive SJ Limerick	53.1	Relay	Junior Girls
1989	St Brigids Killarney	53.1	Relay	Junior Girls
1990	Ursuline Waterford	52.7	Relay	Junior Girls
1991	FCJ Laurel Hill Limerick	53.0	Relay	Junior Girls
1992	St Augustines Dungarvan	54.0	Relay	Junior Girls
1993	St Augustines Dungarvan	54.4	Relay	Junior Girls
1994	Scoil Mhuire Carrick-on-Suir	52.3	Relay	Junior Girls
1995	St Marys Mallow	52.2	Relay	Junior Girls
1996	Ard Scoil na nDeise Dungarvan	52.2	Relay	Junior Girls
1997	Mount Mercy Cork	52.1	Relay	Junior Girls
1998	St Marys Midleton	52.7	Relay	Junior Girls
1999	St Marys Midleton	52.5	Relay	Junior Girls
2000	St Aloysius Carrigtwohill	53.6	Relay	Junior Girls
2001	Scoil Mhuire Carrick-on-Suir	53.6	Relay	Junior Girls
2002	Mercy Mount Hawk Tralee	54.50	Relay	Junior Girls
2003	Ursuline Waterford	51.5	Relay	Junior Girls
2004	Ursuline Waterford	52.01	Relay	Junior Girls
2005	St Aloysius Carrigtwohill	53.94	Relay	Junior Girls
2006	St Declans CC Kilmacthomas	54.41	Relay	Junior Girls
2007	Crescent Comprehensive SJ Limerick	53.57	Relay	Junior Girls
2008	Crescent Comprehensive SJ Limerick	53.09	Relay	Junior Girls
2009	Crescent Comprehensive SJ Limerick	52.32	Relay	Junior Girls
2010	St Brigids Killarney	54.00	Relay	Junior Girls
2011	Colaiste na Trocaire Rathkeale	52.93	Relay	Junior Girls
2012	St Mary's Nenagh	54.37	Relay	Junior Girls
2013	St Marys Newport	51.25	Relay	Junior Girls
2014	Castletroy College Limerick	52.35	Relay	Junior Girls
2015	Bandon Grammar School	53.13	Relay	Junior Girls
2016	Crescent Comprehensive SJ Limerick	53.75	Relay	Junior Girls
2017	Bandon Grammar School	52.53	Relay	Junior Girls
2018	Castletroy College Limerick	52.76	Relay	Junior Girls
2019	FCJ Laurel Hill Limerick	53.85	Relay	Junior Girls
2020	Not Held due to Covid-19 restrictions		Relay	Junior Girls
2021	Not Held due to Covid-19 restrictions		Relay	Junior Girls
2022	Ard Scoil Na nDeise	53.17	Relay	Junior Girls

Junior Girls Cross Country - Individual

1970	Joan Fleming	St Angelas Cork	Cross Country	Junior Girls
1971	Diane Wilson	Loreto Fermoy	Cross Country	Junior Girls
1972	Margaret Larkin	Colaiste Muire Ennis	Cross Country	Junior Girls
1973	Margaret Larkin	Colaiste Muire Ennis	Cross Country	Junior Girls
1974	B Hayes	Salesians Limerick	Cross Country	Junior Girls
1975	Mary Fleming	St Mary's Midleton	Cross Country	Junior Girls
1976	Linda Barrett	Midleton VS	Cross Country	Junior Girls
1977	Marie Hennessy	St Angelas Waterford	Cross Country	Junior Girls
1978	Marie Hennessy	Ursuline Waterford	Cross Country	Junior Girls
1979	Shiela Malone	Presentation Waterford	Cross Country	Junior Girls
1980	Margaret Walsh	Presentation Mitchelstown	Cross Country	Junior Girls
1981	Patricia Logan	St Marys Limerick	Cross Country	Junior Girls
1982	Clodagh Williams	SHM Ferrybank Waterford	Cross Country	Junior Girls
1983	Diane McCarthy	Loreto Fermoy	Cross Country	Junior Girls
1984	Anita Philpott	Scoil Mhuire Kanturk	Cross Country	Junior Girls
1985	Eve Watson	St Marys Charleville	Cross Country	Junior Girls
1986	Breda Gaffney	St Marys Charleville	Cross Country	Junior Girls
1987	Breda Gaffney	St Marys Charleville	Cross Country	Junior Girls
1988	Michelle Moloney	St Josephs Kilmallock	Cross Country	Junior Girls
1989	Michelle Moloney	St Josephs Kilmallock	Cross Country	Junior Girls
1990	Jenny Henchion	Loreto Fermoy	Cross Country	Junior Girls
1991	Joanne Nash	St Marys Macroon	Cross Country	Junior Girls
1992	Annette Quaid	Dromcollogher CC	Cross Country	Junior Girls
1993	Cliona Talty	Colaiste Muire Ennis	Cross Country	Junior Girls

1994	Louise Cleary	Ursuline Waterford	Cross Country	Junior Girls
1995	Carol O'Regan	Scoil Mhuire agus Ide Newcastle West	Cross Country	Junior Girls
1996	Paula Sheehan	Scoil Mhuire Gan Smal Blarney	Cross Country	Junior Girls
1997	Theresa O'Grady	St Marys Macroom	Cross Country	Junior Girls
1998	Emma Murphy	Colaiste Choilm Ballincollig	Cross Country	Junior Girls
1999	Niamh Walsh	St Marys Midleton	Cross Country	Junior Girls
2000	Sinead Philips	Presentation Thurles	Cross Country	Junior Girls
2001	Natalie McSweeney	St Brigids Killarney	Cross Country	Junior Girls
2002	Caroline Marrinan	St John Bosco CC Kildysart	Cross Country	Junior Girls
2003	Kate Kirwan	St Declans CC Kilmacthomas	Cross Country	Junior Girls
2004	Emer O'Connell	St Angelas Cork	Cross Country	Junior Girls
2005	Ciara Cronin	Abbey CC Waterford	Cross Country	Junior Girls
2006	Orlaigh Farmer	St Marys Midleton	Cross Country	Junior Girls
2007	Karen O'Brien	St Flannans Ennis	Cross Country	Junior Girls
2008	Emer Kennedy	Presentation Thurles	Cross Country	Junior Girls
2009	Niamh de Hora	Pobalscoil Chorca Dhuibhne	Cross Country	Junior Girls
2010	Jean Clancy	St Michaels CC Kilmihil	Cross Country	Junior Girls
2011	Isobelle Sherlock	Bandon Grammar School	Cross Country	Junior Girls
2012	Niamh Casey	Mercy, Waterford	Cross Country	Junior Girls
2013	Fiona Everard	Maria Immaculata CC Dunmanway	Cross Country	Junior Girls
2014	Laura Nicholson	Bandon Grammar School	Cross Country	Junior Girls
2015	Clare Rafter	Ursuline Thurles	Cross Country	Junior Girls
2016	Lucy Holmes	Ard Scoil na nDeise Dungarvan	Cross Country	Junior Girls
2017	Aimee Hayde	St Marys Newport	Cross Country	Junior Girls
2018	Niamh Cunneen	St Mary's Nenagh	Cross Country	Junior Girls
2019	Orna Moynihan	Colaiste Muire Ennis	Cross Country	Junior Girls
2020	Nicole Dinan	St Angelas Cork	Cross Country	Junior Girls
2021	Not Held due to Covid-19 restrictions		Cross Country	Junior Girls
2022	Evann Duffy	Loreto Clonmel	Cross Country	Junior Girls

Junior Girls Cross Country - Team

1970	Ursuline Waterford	16pts	XC Team	Junior Girls
1971	Loreto Fermoy	13pts	XC Team	Junior Girls
1972	Colaiste Muire Ennis	11pts	XC Team	Junior Girls
1973	Colaiste Muire Ennis	18pts	XC Team	Junior Girls
1974	Loreto Youghal	19pts	XC Team	Junior Girls
1975	St Mary's Midleton	6pts	XC Team	Junior Girls
1976	Loreto Fermoy	22pts	XC Team	Junior Girls
1977	Shannon Comprehensive School	28pts	XC Team	Junior Girls
1978	Ursuline Waterford	10pts	XC Team	Junior Girls
1979	Loreto Youghal	13pts	XC Team	Junior Girls
1980	Presentation Bandon	39pts	XC Team	Junior Girls
1981	Mercy Waterford	17pts	XC Team	Junior Girls
1982	Rathmore PPS	23pts	XC Team	Junior Girls
1983	Thurles VS	21pts	XC Team	Junior Girls
1984	Mercy Skibbereen	36pts	XC Team	Junior Girls
1985	Presentation Thurles	14pts	XC Team	Junior Girls
1986	Presentation Castleisland	19pts	XC Team	Junior Girls
1987	St Marys Charleville	27pts	XC Team	Junior Girls
1988	Mercy Dungarvan	21pts	XC Team	Junior Girls
1989	St Josephs Kilmallock	21pts	XC Team	Junior Girls
1990	Mercy Doon	15pts	XC Team	Junior Girls
1991	Presentation Thurles	33pts	XC Team	Junior Girls
1992	Colaiste Muire Ennis	25pts	XC Team	Junior Girls
1993	Presentation Thurles	19pts	XC Team	Junior Girls
1994	Presentation Thurles	22pts	XC Team	Junior Girls
1995	Scoil Mhuire agus Ide Newcastle West	18pts	XC Team	Junior Girls
1996	St Marys Charleville	19pts	XC Team	Junior Girls
1997	Ursuline Thurles	19pts	XC Team	Junior Girls
1998	Colaiste Choilm Ballincollig	32pts	XC Team	Junior Girls
1999	Colaiste Choilm Ballincollig	58pts	XC Team	Junior Girls
2000	St Marys Midleton	19pts	XC Team	Junior Girls
2001	Colaiste Choilm Ballincollig	18pts	XC Team	Junior Girls
2002	Ursuline Thurles	38pts	XC Team	Junior Girls

2003	St Declans CC Kilmacthomas	14pts	XC Team	Junior Girls
2004	Ursuline Waterford	21pts	XC Team	Junior Girls
2005	Abbey CC Waterford	25pts	XC Team	Junior Girls
2006	Colaiste Muire Ennis	15pts	XC Team	Junior Girls
2007	St Flannans Ennis	22pts	XC Team	Junior Girls
2008	Ursuline Waterford	31pts	XC Team	Junior Girls
2009	Stella Maris Tramore	34pts	XC Team	Junior Girls
2010	Loreto Clonmel	18pts	XC Team	Junior Girls
2011	Ursuline Thurles	21pts	XC Team	Junior Girls
2012	Ursuline Thurles	26pts	XC Team	Junior Girls
2013	St Augustines Dungarvan	43pts	XC Team	Junior Girls
2014	Bandon Grammar School	26pts	XC Team	Junior Girls
2015	Ursuline Waterford	44pts	XC Team	Junior Girls
2016	Ard Scoil na nDeise Dungarvan	29pts	XC Team	Junior Girls
2017	Rice College Ennis	33pts	XC Team	Junior Girls
2018	Pobalscoil na Trionoide Youghal	30pts	XC Team	Junior Girls
2019	Pobalscoil na Trionoide Youghal	31pts	XC Team	Junior Girls
2020	Ursuline Thurles	32pts	XC Team	Junior Girls
2021	Not Held due to Covid-19 restrictions			Junior Girls
2022	St Augustines Dungarvan	29pts	XC Team	Junior Girls

Minor Boys 100m

1977	Declan Pettit	Glenstal Abbey School	12.8	100m	Minor Boys
1978	Niall Crotty	Christian Brothers College Cork	12.6	100m	Minor Boys
1979	Dan O'Donnell	Roscrea CBS	13.2	100m	Minor Boys
1980	Bill Cleere	Thurles CBS	11.8	100m	Minor Boys
1981	Terence Casey	Crescent Comprehensive SJ Limerick	12.5	100m	Minor Boys
1982	Kenneth Horgan	Midleton CBS	12.0	100m	Minor Boys
1983	James Angland	Colaiste Muire Crosshaven	12.4	100m	Minor Boys
1984	Owen McCarthy	St Brendans Killarney	12.9	100m	Minor Boys
1985	T Moran	St Munchins Limerick	11.7	100m	Minor Boys
1986	Emmet Foley	Colaiste an Spioraid Naoimh Bishopstown	12.8	100m	Minor Boys
1987	Carlton Haddock	Colaiste Christ Ri Cork	12.6	100m	Minor Boys
1988	Daniel Lawson	Ashton School Cork	12.5	100m	Minor Boys
1989	Tomas Lynch	Doon CBS	12.3	100m	Minor Boys
1990	Jeff Casey	Presentation Brothers Cork	11.5	100m	Minor Boys
1991	Leo Clancy	St Augustines Dungarvan	12.1	100m	Minor Boys
1992	Tony Dunne	Thurles CBS	12.1	100m	Minor Boys
1993	Robert Branch	Bandon Grammar School	12.0	100m	Minor Boys
1994	Diarmuid McCarthy	Christian Brothers College Cork	11.8	100m	Minor Boys
1995	Paul Collins	Mayfield Community School	12.9	100m	Minor Boys
1996	Darren Coughlan	Hamilton High School Bandon	11.7	100m	Minor Boys
1997	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	12.3	100m	Minor Boys
1998	Damien Healy	High School Clonmel	12.3	100m	Minor Boys
1999	Leon Williams	Bandon Grammar School	12.5	100m	Minor Boys
2000	Greg O'Leary	Glanmire CC	11.8	100m	Minor Boys
2001	Gary Dunphy	St Pauls Waterford	12.3	100m	Minor Boys
2002	Brendan O'Connor	Beara CS	12.5	100m	Minor Boys
2003	Patrick Frawley	St Flannans Ennis	12.84	100m	Minor Boys
2004	Ben McGilton	Mercy Mount Hawk Tralee	12.09	100m	Minor Boys
2005	Patrick Palmer	St Augustines Dungarvan	12.50	100m	Minor Boys
2006	Michael O'Sullivan	Christian Brothers College Cork	12.57	100m	Minor Boys
2007	Stephen Dinan	Presentation Brothers Cork	12.83	100m	Minor Boys
2008	Alan Nolan	Colaiste Christ Ri Cork	12.62	100m	Minor Boys
2009	Micheal Shine	Dungarvan CBS	13.41	100m	Minor Boys
2010	Cameron Waugh	Christian Brothers College Cork	12.21	3.0 100m	Minor Boys
2011	Eili Kadi	Carrigaline CS	12.78	-2.9 100m	Minor Boys
2012	Sean Broderick	Midleton CBS	12.83	1.9 100m	Minor Boys
2013	Sean McCarthy	John The Baptist Hospital	12.06	5.6 100m	Minor Boys
2014	Lance Baylon	De La Salle Waterford	12.27	-3.0 100m	Minor Boys
2015	Shadrach Ogie	St Clements Limerick	12.19	2.1 100m	Minor Boys
2016	Mervin Shalamba	Mercy Mount Hawk Tralee	12.67	-5.4 100m	Minor Boys
2017	Kyle Dooley	Colaiste Phobal Roscrea	12.38	-0.1 100m	Minor Boys
2018	John O'Connor	St Patricks Castleisland	12.14	-1.0 100m	Minor Boys

2019	Dennis Dickson	Crescent Comprehensive SJ Limerick	12.00	0.0	100m	Minor Boys
2020	Not Held due to Covid-19 restrictions				100m	Minor Boys
2021	Not Held due to Covid-19 restrictions				100m	Minor Boys
2022	Chucks Onyeka	Bishopstown CS	12.64	0.6	100m	Minor Boys

Minor Boys 800m

1977	Terry Comiskey	Patrician Academy Mallow	2.12.4		800m	Minor Boys
1978	John Egan	St Marys Dromcollogher	2.11.7		800m	Minor Boys
1979	Pat Coffey	Dungarvan CBS	2.16.5		800m	Minor Boys
1980	Sean Hayes	Thurles CBS	2.14.6		800m	Minor Boys
1981	Patrick Jordan	Douglas CS	2.17.1		800m	Minor Boys
1982	Niall Murphy	Castletownbere VS	2.13.9		800m	Minor Boys
1983	Patrick Rea	Charleville CBS	2.14.1		800m	Minor Boys
1984	Sean Crowley	Scoil Eoin Naofa Cork	2.12.4		800m	Minor Boys
1985	Ed Burke	Thurles CBS	2.20.0		800m	Minor Boys
1986	Llyod Philpott	Hamilton High School Bandon	2.12.3		800m	Minor Boys
1987	Brian Kiely	Scoil Mhuire Gan Smal Blarney	2.10.5		800m	Minor Boys
1988	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	2.13.8		800m	Minor Boys
1989	Stephen Coade	North Monastery CBS Cork	2.10.2		800m	Minor Boys
1990	Paul Treacy	St Michaels Listowel	2.15.5		800m	Minor Boys
1991	Larry Morrissey	Waterpark College Waterford	2.10.5		800m	Minor Boys
1992	Graham O'Dwyer	Patrician Academy Mallow	2.06.0		800m	Minor Boys
1993	Denis Murphy	Mayfield Commmunity School	2.09.3		800m	Minor Boys
1994	Gavin Foley	Colaiste Chriost Ri Cork	2.14.0		800m	Minor Boys
1995	Tony Lilly	Colaiste Choilm Ballincollig	2.17.1		800m	Minor Boys
1996	Liam Reale	De La Salle/Presentation Hospital	2.15.9		800m	Minor Boys
1997	Paul Grant	Mount Sion Waterford	2.12.5		800m	Minor Boys
1998	James McCarthy	Midleton CBS	2.15.3		800m	Minor Boys
1999	Shane Brennan	Maria Immaculata Dunmanway	2.20.1		800m	Minor Boys
2000	Alan Lee	St Clements Limerick	2.22.4		800m	Minor Boys
2001	John Naughton	St Patricks CS Shannon	2.23.1		800m	Minor Boys
2002	Martin Burke	Presentation Milltown	2.11.2		800m	Minor Boys
2003	Ciaran Kenny	Farranferris Cork	2.17.08		800m	Minor Boys
2004	John Francis	Tramore CBS	2.15.33		800m	Minor Boys
2005	Michael O'Sullivan	McEgan CC Macroom	2.13.22		800m	Minor Boys
2006	James Walsh	Tralee CBS	2.19.17		800m	Minor Boys
2007	Dean Cronin	Colaiste an Phiarsaigh Glanmire	2.10.8		800m	Minor Boys
2008	Eamonn Chesser	Rice College Ennis	2.19.86		800m	Minor Boys
2009	Cillian O'Donovan	Colaiste na Sceilge Caherciveen	2.18.07		800m	Minor Boys
2010	Hugh Morgan	De La Salle Waterford	2.18.3		800m	Minor Boys
2011	Luke Horgan	Colaiste Chriost Ri Cork	2.16.54		800m	Minor Boys
2012	Eoin Looney	St Joseph's Spanish Point	2.16.98		800m	Minor Boys
2013	Jack Dolan	Thurles CBS	2.14.42		800m	Minor Boys
2014	Daragh McElhinney	Colaiste Pobail Bantry	2.14.17		800m	Minor Boys
2015	Jake Bagge	Ard Scoil na Mara Tramore	2.11.93		800m	Minor Boys
2016	Rory Prenderville	John The Baptist Hospital	2.14.28		800m	Minor Boys
2017	Glory Wenegieme	Colaiste Muire Crosshaven	2.13.92		800m	Minor Boys
2018	Cian Spillane	Presentation Milltown	2.14.65		800m	Minor Boys
2019	Dara Kennedy	St Marys Newport	2.07.33		800m	Minor Boys
2020	Not Held due to Covid-19 restrictions				800m	Minor Boys
2021	Not Held due to Covid-19 restrictions				800m	Minor Boys
2022	Archie McNamara	St Annes CC Killaloe	2:09.92		800m	Minor Boys

Minor Boys 75m Hurdles (76.2cm)

2016	Jamie O'Brien	Mercy Mount Hawk Tralee	12.46	-4.3	75m Hurdles	Minor Boys
2017	Patrick Ambrose	Scoil Mhuire agus Ide Newcastle West	12.13	1.2	75m Hurdles	Minor Boys
2018	Conor Callinan	Colaiste an Chroi Naofa Carraig na bhFear	11.61	1.3	75m Hurdles	Minor Boys
2019	Josh Boland	Crescent Comprehensive SJ Limerick	11.70	2.6	75m Hurdles	Minor Boys
2020	Not Held due to Covid-19 restrictions				75m Hurdles	Minor Boys
2021	Not Held due to Covid-19 restrictions				75m Hurdles	Minor Boys
2022	Max Clover	Bandon Grammar	12.25	0.1	75m Hurdles	Minor Boys

Minor Boys Long Jump

1977	Eugene Carey	Patrician Academy Mallow	4.87	Long Jump	Minor Boys
1978	Raymond Kirwin	St Augustines Dungarvan	5.09	Long Jump	Minor Boys
1979	Tom W Moriarty	Tralee CBS	4.72	Long Jump	Minor Boys
1980	Tom Carroll	St Colmans Fermoy	5.11	Long Jump	Minor Boys
1981	Oliver Ryan	Borrisokane VS	5.06	Long Jump	Minor Boys
1982	Kenneth Horgan	Midleton CBS	5.33	Long Jump	Minor Boys
1983	Mark McCluskey	Rockwell College	4.95	Long Jump	Minor Boys
1984	Noel Stubbs	Tramore CBS	4.96	Long Jump	Minor Boys
1985	Sean Noonan	Scoil Eoin Naofa Cork	5.42	Long Jump	Minor Boys
1986	Aidan Slevan	St Marys Newport	5.08	Long Jump	Minor Boys
1987	Matt Kehoe	De La Salle Waterford	5.25	Long Jump	Minor Boys
1988	Fionn Hurley	Rockwell College	5.45	Long Jump	Minor Boys
1989	Tito Duarte	De La Salle Macroom	5.56	Long Jump	Minor Boys
1990	Thibault Hennegrave	Glenstal Abbey School	5.27	Long Jump	Minor Boys
1991	David Bassett	St Brendans Killarney	5.47	Long Jump	Minor Boys
1992	Stephen O'Keeffe	St Pauls Waterford	5.06	Long Jump	Minor Boys
1993	Competition Abandoned			Long Jump	Minor Boys
1994	Mark Hamilton	St Colmans Fermoy	5.17	Long Jump	Minor Boys
1995	Paul Phelan	St Clements Limerick	5.64	Long Jump	Minor Boys
1996	Shane Thornton	Mitchelstown CBS	5.12	Long Jump	Minor Boys
1997	John Joy	St Itas Abbeyfeale	5.18	Long Jump	Minor Boys
1998	Thomas Shanahan	Rathkeale CC	4.94	Long Jump	Minor Boys
1999	Richard Arnopp	Bandon Grammar School	4.98	Long Jump	Minor Boys
2000	Greg O'Leary	Glanmire CC	5.59	Long Jump	Minor Boys
2001	Ross Kelly	Colaiste an Phiarsaigh Glanmire	4.67	Long Jump	Minor Boys
2002	George Dinan	St Flannans Ennis	4.79	Long Jump	Minor Boys
2003	Stephen Orr	Youghal CBS	5.19	Long Jump	Minor Boys
2004	Ben McGilton	Mercy Mount Hawk Tralee	5.42	Long Jump	Minor Boys
2005	Ciaran Donnelly	De La Salle Waterford	5.40	Long Jump	Minor Boys
2006	Niall Byrnes	St Clements Limerick	4.75	Long Jump	Minor Boys
2007	Michael Godley	Mercy Mount Hawk Tralee	5.29	Long Jump	Minor Boys
2008	Alan Nolan	Colaiste Chriost Ri Cork	5.13	Long Jump	Minor Boys
2009	Fintan Shaughnessy	Bandon Grammar School	4.86	Long Jump	Minor Boys
2010	Eoghan Kennedy	High School Clonmel	5.05	Long Jump	Minor Boys
2011	Darragh Shelly	Carrick-on-Suir CBS	5.00	Long Jump	Minor Boys
2012	Cian Dadgor	Douglas CS	4.84	Long Jump	Minor Boys
2013	Adam Wilson	Midleton CBS	4.98	-1.0 Long Jump	Minor Boys
2014	Padraig Nash	Douglas CS	5.42	Long Jump	Minor Boys
2015	Sean Quilter	Tralee CBS	5.16	Long Jump	Minor Boys
2016	Adam Turner	Colaiste Chriost Ri Cork	5.11	Long Jump	Minor Boys
2017	Mark Carroll	Nenagh CBS	5.29	Long Jump	Minor Boys
2018	Geoffrey Joy-O'Regan	John The Baptist Hospital	5.05	Long Jump	Minor Boys
2019	Yeshuah O'Brien	St Annes CC Killaloe	5.40	Long Jump	Minor Boys
2020	Not Held due to Covid-19 restrictions			Long Jump	Minor Boys
2021	Not Held due to Covid-19 restrictions			Long Jump	Minor Boys
2022	Ryan Onah	Ashton Cork	5.73	Long Jump	Minor Boys

Minor Boys Shot Put (3kg)

2.72kg (1977 - 2014)

1977	E Prendergast	Crescent Comprehensive SJ Limerick	12.22	Shot Put	Minor Boys
1978	Frank O'Brien	Dungarvan CBS	13.14	Shot Put	Minor Boys
1979	Philip Danagher	St Munchins Limerick	11.25	Shot Put	Minor Boys
1980	Brian Hayes	Maria Immaculata Dunmanway	11.84	Shot Put	Minor Boys
1981	Barry Walsh	Crescent Comprehensive SJ Limerick	13.25	Shot Put	Minor Boys
1982	Colm Moran	St Marys Newport	12.75	Shot Put	Minor Boys
1983	Paul Fitzgerald	Rockwell College	11.91	Shot Put	Minor Boys
1984	Tim Egar	Christian Brothers College Cork	10.43	Shot Put	Minor Boys
1985	Eamonn Carey	St Michaels Listowel	13.52	Shot Put	Minor Boys
1986	Ken Clohessy	Midleton CBS	10.50	Shot Put	Minor Boys
1987	Feidhlim Power	St Augustines Dungarvan	9.98	Shot Put	Minor Boys
1988	Jonathan McSweeney	Douglas CS	10.44	Shot Put	Minor Boys

1989	Martin O'Sullivan	Colaiste an Spioraid Naoimh Bishopstown	11.16	Shot Put	Minor Boys
1990	Anthony Kirby	Thurles CBS	10.73	Shot Put	Minor Boys
1991	James Hennessy	De La Salle/Presentation Hospital	13.80	Shot Put	Minor Boys
1992	Andrew Hallissey	De La Salle Waterford	10.84	Shot Put	Minor Boys
1993	Competition Abandoned			Shot Put	Minor Boys
1994	John Hobbs	Ashton School Cork	11.01	Shot Put	Minor Boys
1995	Brian Wall	Midleton CBS		Shot Put	Minor Boys
1996	N O'Doherty	St Josephs Tulla	10.69	Shot Put	Minor Boys
1997	S Considine	St Augustines Dungarvan	10.50	Shot Put	Minor Boys
1998	Jim Healy	High School Clonmel	13.00	Shot Put	Minor Boys
1999	Leon Williams	Bandon Grammar School	10.76	Shot Put	Minor Boys
2000	K White	Glanmire CC	9.58	Shot Put	Minor Boys
2001	E O'Driscoll	Scoil Mhuire Gan Smal Blarney	10.89	Shot Put	Minor Boys
2002	Brian Collins	St Itas Abbeyfeale	9.95	Shot Put	Minor Boys
2003	Kyle O'Dwyer	Bandon Grammar School	10.60	Shot Put	Minor Boys
2004	Ramil Fakretdinov	Newtown School Waterford	11.27	Shot Put	Minor Boys
2005	Jamie Lowham	Mercy Mount Hawk Tralee	12.82	Shot Put	Minor Boys
2006	Paul O'Sullivan	St Clements Limerick	9.93	Shot Put	Minor Boys
2007	Jason Mullins	High School Clonmel	11.59	Shot Put	Minor Boys
2008	Ronan Campbell	St Augustines Dungarvan	10.12	Shot Put	Minor Boys
2009	Colin Kingston	Bandon Grammar School	12.18	Shot Put	Minor Boys
2010	Eoin Hanrahan	St Flannans Ennis	11.94	Shot Put	Minor Boys
2011	Seadnadh Smith	Midleton CBS	11.30	Shot Put	Minor Boys
2012	Mark Brommel	Castletroy College Limerick	11.81	Shot Put	Minor Boys
2013	Jack Hallahan	St Colmans CC Midleton	10.87	Shot Put	Minor Boys
2014	Darragh Minitier	Kilrush CS	11.26	Shot Put	Minor Boys
2015	Jack Ryan	Thurles CBS	12.83	Shot Put	Minor Boys
2016	Ricky Carroll	St Colmans Fermoy	12.65	Shot Put	Minor Boys
2017	Mark Collins	Bandon Grammar School	14.18	Shot Put	Minor Boys
2018	Callum Keating	Hazelwood College Dromcollogher	14.96	Shot Put	Minor Boys
2019	Cian Feeney	Gaelcholaiste Mhuire AG Cork	10.52	Shot Put	Minor Boys
2020	Not Held due to Covid-19 restrictions			Shot Put	Minor Boys
2021	Not Held due to Covid-19 restrictions			Shot Put	Minor Boys
2022	O'Cathain , Kieran	PS Chorca Dhuibhne	14.99	Shot Put	Minor Boys

Minor Boys Combined Events

2010	Darragh Shelly	Carrick on Suir CBS	1279	1st Years Combined Events	Minor Boys
2011	Yuji Natswma	Nenagh CBS	1118	1st Years Combined Events	Minor Boys
2012	Andrew Ryan	Midleton College	1484	1st Years Combined Events	Minor Boys
2013	Jamie Harrington	Pobalscoil Inbhfear Sceine	1471	1st Years Combined Events	Minor Boys
2014	Brian Lynch	Colaiste an Spioraid Naoimh	2278	1st Years Combined Events	Minor Boys
2015	Daniel Hurley	PBC Cork	2278	1st Years Combined Events	Minor Boys
2016	Reece Ademola	Douglas CS	2103	Combined Events	Minor Boys
2017	Harry Nevin	Rochestown College	2857	Combined Events	Minor Boys
2018	Conor Callinan	Colaiste an Chroi Naofa	2230	Combined Events	Minor Boys
2019	John Cashman	PBC Cork	2379	Combined Events	Minor Boys
2020	Not Held due to Covid-19 restrictions			Combined Events	Minor Boys
2021	Ryan Onah	Ashton School Cork	2147	Combined Events	Minor Boys
2022	Ryan Onah	Ashton School Cork	2662	Combined Events	Minor Boys

Minor Boys 4X100m Relay

1977		Patrician Academy Mallow	52.1	Relay	Minor Boys
1978		St Munchins Limerick	51.4	Relay	Minor Boys
1979		Tralee CBS	51.8	Relay	Minor Boys
1980		Limerick CBS	52.1	Relay	Minor Boys
1981		Crescent Comprehensive SJ Limerick	51.3	Relay	Minor Boys
1982		Colaiste Chriost Ri Cork	50.6	Relay	Minor Boys
1983		Tralee CBS	51.1	Relay	Minor Boys
1984		Colaiste Chriost Ri Cork	51.2	Relay	Minor Boys
1985		Tralee CBS	51.5	Relay	Minor Boys
1986		Colaiste an Spioraid Naoimh Bishopstown	50.8	Relay	Minor Boys
1987		Colaiste Chriost Ri Cork	51.6	Relay	Minor Boys

1988	Rockwell College	52.3	Relay	Minor Boys
1989	Colaiste Chriost Ri Cork	50.6	Relay	Minor Boys
1990	Thurles CBS	52.0	Relay	Minor Boys
1991	St Augustines Dungarvan	49.8	Relay	Minor Boys
1992	Thurles CBS	51.0	Relay	Minor Boys
1993	Colaiste Chriost Ri Cork	53.2	Relay	Minor Boys
1994	Thurles CBS	50.9	Relay	Minor Boys
1995	St Aidans CC Cork	52.0	Relay	Minor Boys
1996	Midleton CBS	51.6	Relay	Minor Boys
1997	North Monastery CBS Cork	50.8	Relay	Minor Boys
1998	High School Clonmel	50.7	Relay	Minor Boys
1999	Newtown School Waterford	52.2	Relay	Minor Boys
2000	Bandon Grammar School	58.0	Relay	Minor Boys
2001	Newtown School Waterford	53.4	Relay	Minor Boys
2002	Midleton CBS	54.0	Relay	Minor Boys
2003	Youghal CBS	52.20	Relay	Minor Boys
2004	Christian Brothers College Cork	54.63	Relay	Minor Boys
2005	Tralee CBS	52.90	Relay	Minor Boys
2006	Youghal CBS		Relay	Minor Boys
2007	Glenstal Abbey School	52.28	Relay	Minor Boys
2008	St Augustines Dungarvan	53.17	Relay	Minor Boys
2009	Castletroy College Limerick	52.31	Relay	Minor Boys
2010	St Augustines Dungarvan		Relay	Minor Boys
2011	Bandon Grammar School	52.51	Relay	Minor Boys
2012	Tralee CBS	51.80	Relay	Minor Boys
2013	North Monastery CBS Cork	51.92	Relay	Minor Boys
2014	Colaiste Chriost Ri Cork	51.54	Relay	Minor Boys
2015	Colaiste Choilm Ballincollig	51.96	Relay	Minor Boys
2016	Tralee CBS	49.86	Relay	Minor Boys
2017	Colaiste Chiaran Croom	52.01	Relay	Minor Boys
2018	St Brendans Killarney	51.85	Relay	Minor Boys
2019	Crescent Comprehensive SJ Limerick	49.85	Relay	Minor Boys
2020	Not Held due to Covid-19 restrictions		Relay	Minor Boys
2021	Not Held due to Covid-19 restrictions		Relay	Minor Boys
2022	Bandon Grammar	51.40	Relay	Minor Boys

Minor Boys Cross Country - Individual

1972	Robert Nagle	St Colmans Fermoy	Cross Country	Minor Boys
1973	S Ó Corsain	North Monastery CBS Cork	Cross Country	Minor Boys
1974	Noel Tuohy	St Munchins Limerick	Cross Country	Minor Boys
1975	Peter O'Toole	St Colmans Fermoy	Cross Country	Minor Boys
1976	Murty O'Connell	Cahirciveen CBS	Cross Country	Minor Boys
1977	Dermot Leamy	St Colmans Fermoy	Cross Country	Minor Boys
1978	Michael Nason	Colaiste Chriost Ri Cork	Cross Country	Minor Boys
1979	M Connolly	Ard Scoil Ris Limerick	Cross Country	Minor Boys
1980	Antoin MacLiam	Colaiste Chriost Ri Cork	Cross Country	Minor Boys
1981	Geoffrey Sheehan	Charleville CBS	Cross Country	Minor Boys
1982	Bill Mullaney	Thurles CBS	Cross Country	Minor Boys
1983	Brendan Treacy	St Nessans Limerick	Cross Country	Minor Boys
1984	David Kearns	Tralee CBS	Cross Country	Minor Boys
1985	Paul Logan	St Nessans Limerick	Cross Country	Minor Boys
1986	John Murray	Charleville CBS	Cross Country	Minor Boys
1987	B Thorne	St Nessans Limerick	Cross Country	Minor Boys
1988	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	Cross Country	Minor Boys
1989	Stephen Coade	North Monastery CBS Cork	Cross Country	Minor Boys
1990	Niall Lahive	Bishopstown CS	Cross Country	Minor Boys
1991	Patrick O'Connor	St Colmans CC Midleton	Cross Country	Minor Boys
1992	Graham O'Dwyer	Patrician Academy Mallow	Cross Country	Minor Boys
1993	Denis Murphy	Mayfield Community School	Cross Country	Minor Boys
1994	Gavin Foley	Colaiste Chriost Ri Cork	Cross Country	Minor Boys
1995	Denis Buckley	St Aidans CC Cork	Cross Country	Minor Boys
1996	Ian Donovan	Colaiste Choilm Ballincollig	Cross Country	Minor Boys
1997	Robert Baer	Charleville CBS	Cross Country	Minor Boys
1998	James McCarthy	Midleton CBS	Cross Country	Minor Boys
1999	Shane Brennan	Maria Immaculata Dunmanway	Cross Country	Minor Boys

2000	David O'Kelly	Thurles VS	Cross Country	Minor Boys
2001	Paul Walsh	St Caimins CS Shannon	Cross Country	Minor Boys
2002	David McCarthy	St Augustines Dungarvan	Cross Country	Minor Boys
2003	Niall Tuohy	Newtown School Waterford	Cross Country	Minor Boys
2004	Liam Harty	Our Ladys Templemore	Cross Country	Minor Boys
2005	Blu Corbel	Youghal CBS	Cross Country	Minor Boys
2006	Christy O'Brien	Thurles CBS	Cross Country	Minor Boys
2007	Alan Ryan	Abbey CBS Tipperary	Cross Country	Minor Boys
2008	Eoin O'Donnell	Colaiste na Trocaire Rathkeale	Cross Country	Minor Boys
2009	Jake Inglis	Maria Immaculata CC Dunmanway	Cross Country	Minor Boys
2010	Dylan Sheehan	Crescent Comprehensive SJ Limerick	Cross Country	Minor Boys
2011	Luke Horgan	Colaiste Chriost Ri Cork	Cross Country	Minor Boys
2012	Fearghal Curtin	Midleton CBS	Cross Country	Minor Boys
2013	Ezra Ikebusi	Carrigaline CS	Cross Country	Minor Boys
2014	Darragh McElhinney	Colaiste Pobail Bantry	Cross Country	Minor Boys
2015	Jake Bagge	Ard Scoil na Mara Tramore	Cross Country	Minor Boys
2016	Ted Collins	Glenstal Abbey School	Cross Country	Minor Boys
2017	Dean Casey	St Flannans Ennis	Cross Country	Minor Boys
2018	Tommy Fennell	St Augustines Dungarvan	Cross Country	Minor Boys
2019	Sean Lawton	Colaiste Pobail Bantry	Cross Country	Minor Boys
2020	Ben Walshe	Nenagh CBS	Cross Country	Minor Boys
2021	Not Held due to Covid-19 restrictions		Cross Country	Minor Boys
2022	Ben O'Reilly	Douglas CS	Cross Country	Minor Boys

Minor Boys Cross Country - Team

1972	St Colmans Fermoy	35pts	XC Team	Minor Boys
1973	North Monastery CBS Cork	31pts	XC Team	Minor Boys
1974	North Monastery CBS Cork	36pts	XC Team	Minor Boys
1975	Colaiste Chriost Ri Cork	23pts	XC Team	Minor Boys
1976	St Munchins Limerick	24pts	XC Team	Minor Boys
1977	Scariff CC	51pts	XC Team	Minor Boys
1978	Colaiste Chriost Ri Cork	22pts	XC Team	Minor Boys
1979	North Monastery CBS Cork	82pts	XC Team	Minor Boys
1980	Colaiste Chriost Ri Cork	38pts	XC Team	Minor Boys
1981	North Monastery CBS Cork	22pts	XC Team	Minor Boys
1982	Colaiste Chriost Ri Cork	46pts	XC Team	Minor Boys
1983	Colaiste Chriost Ri Cork	14pts	XC Team	Minor Boys
1984	Ard Scoil Ris Limerick	32pts	XC Team	Minor Boys
1985	Colaiste Chriost Ri Cork	29pts	XC Team	Minor Boys
1986	Ennistymon CBS	48pts	XC Team	Minor Boys
1987	Colaiste Chriost Ri Cork	48pts	XC Team	Minor Boys
1988	Thurles CBS	27pts	XC Team	Minor Boys
1989	North Monastery CBS Cork	37pts	XC Team	Minor Boys
1990	North Monastery CBS Cork	42pts	XC Team	Minor Boys
1991	North Monastery CBS Cork	50 pts	XC Team	Minor Boys
1992	St Augustines Dungarvan	76pts	XC Team	Minor Boys
1993	Thurles CBS	28pts	XC Team	Minor Boys
1994	Thurles CBS	50pts	XC Team	Minor Boys
1995	Mayfield Commmunity School	63pts	XC Team	Minor Boys
1996	Colaiste Choilm Ballincollig	28pts	XC Team	Minor Boys
1997	Midleton CBS	21pts	XC Team	Minor Boys
1998	St Flannans Ennis	70pts	XC Team	Minor Boys
1999	Dungarvan CBS	62pts	XC Team	Minor Boys
2000	Thurles VS	29pts	XC Team	Minor Boys
2001	Midleton CBS	60pts	XC Team	Minor Boys
2002	Thurles CBS	42pts	XC Team	Minor Boys
2003	St Pauls Waterford	59pts	XC Team	Minor Boys
2004	Our Ladys Templemore	45pts	XC Team	Minor Boys
2005	Thurles CBS	37pts	XC Team	Minor Boys
2006	St Flannans Ennis	47pts	XC Team	Minor Boys
2007	Midleton CBS	36pts	XC Team	Minor Boys
2008	High School Clonmel	45pts	XC Team	Minor Boys
2009	St Augustines Dungarvan	50pts	XC Team	Minor Boys
2010	Douglas CS	29pts	XC Team	Minor Boys

2011	Thurles CBS	46pts	XC Team	Minor Boys
2012	Midleton CBS	46pts	XC Team	Minor Boys
2013	Colaiste Chriost Ri Cork	54pts	XC Team	Minor Boys
2014	Thurles CBS	44pts	XC Team	Minor Boys
2015	St Augustines Dungarvan	80pts	XC Team	Minor Boys
2016	St Augustines Dungarvan	82pts	XC Team	Minor Boys
2017	Thurles CBS	90pts	XC Team	Minor Boys
2018	St Josephs CBS Nenagh	34pts	XC Team	Minor Boys
2019	Midleton CBS	99pts	XC Team	Minor Boys
2020	St Marys CBS Tralee	86pts	XC Team	Minor Boys
2021	Not Held due to Covid-19 restrictions			XC Team Minor Boys
2022	Douglas CS	45pts	XC Team	Minor Boys

Minor Girls 100m

1977	Hilda Delaney	Loreto Clonmel	13.4	100m	Minor Girls
1978	Cecilia Murphy	Presentation Limerick	13.1	100m	Minor Girls
1979	Olive Burke	FCJ Laurel Hill Limerick	14.4	100m	Minor Girls
1980	Olive Burke	FCJ Laurel Hill Limerick	12.4	100m	Minor Girls
1981	Maria Sheehy	St Johns Tralee	13.3	100m	Minor Girls
1982	Norma Farrell	St Brigids Killarney	12.8	100m	Minor Girls
1983	Karen O'Brien	Stella Maris Tramore	13.2	100m	Minor Girls
1984	Margaret O'Dwyer	Presentation Thurles	13.3	100m	Minor Girls
1985	Susan Smith	Presentation Waterford	12.8	100m	Minor Girls
1986	Jean O'Gorman	St Marys Newport	13.4	100m	Minor Girls
1987	Fiona O'Halloran	Immaculate Heart Ballyphehane	13.2	100m	Minor Girls
1988	Claire Ingerton	St Patricks Cork	13.4	100m	Minor Girls
1989	C Stapleton	South Presentation Cork	12.7	100m	Minor Girls
1990	Clodagh McGrath	Mayfield Commmunity School	12.8	100m	Minor Girls
1991	Martina Hayes	St Augustines Dungarvan	13.1	100m	Minor Girls
1992	Karen Hutton	Loreto Fermoy	12.7	100m	Minor Girls
1993	Aoife Hearne	Ursuline Waterford	12.6	100m	Minor Girls
1994	Lisa Barry	St Aidans CC Cork	12.7	100m	Minor Girls
1995	Lorraine Carr	Loreto Fermoy	13.8	100m	Minor Girls
1996	Ailish Healy	Mount Mercy Cork	12.9	100m	Minor Girls
1997	Sharon Kelly	Mount Mercy Cork	12.3	100m	Minor Girls
1998	Geraldine O'Callaghan	Ursuline Blackrock	12.5	100m	Minor Girls
1999	Edel Morrissey	St Declans CC Kilmacthomas	13.2	100m	Minor Girls
2000	Orla Coughlan	Presentation Bandon	12.4	100m	Minor Girls
2001	Susanne O'Donovan	St Angelas Cork	12.6	100m	Minor Girls
2002	Haley Murphy	Ursuline Waterford	12.80	100m	Minor Girls
2003	Ciara Lyons	Salesian College Pallaskenry	13.64	100m	Minor Girls
2004	Niamh Whelan	Presentation Waterford	13.29	100m	Minor Girls
2005	Steffi Power	Ard Scoil na nDeise Dungarvan	13.17	100m	Minor Girls
2006	Rebecca Corbett	St Aloysius Carrigtwohill	13.19	100m	Minor Girls
2007	Megan Carey	St Marys Nenagh	NT	100m	Minor Girls
2008	Ann O'Shea	Ursuline Waterford	12.41	100m	Minor Girls
2009	Elaine Courtney	St Brigids Killarney	13.72	100m	Minor Girls
2010	Roisin Harrison	Villiers School Limerick	13.06	3.0 100m	Minor Girls
2011	Phoebe Murphy	Loreto Clonmel	13.76	-4.0 100m	Minor Girls
2012	Amy White	St Mary's Nenagh	13.25	0.8 100m	Minor Girls
2013	Sarah Leahy	St Brigets Killarney	12.81	2.8 100m	Minor Girls
2014	Aishat Onilogbo	St Mary's Midleton	13.56	-4.8 100m	Minor Girls
2015	Lauren O'Leary	Nagle Rice Doneraile	12.55	1.5 100m	Minor Girls
2016	Nikolka Stevankova	FCJ Laurel Hill Limerick	13.25	-2.9 100m	Minor Girls
2017	Sally Dixon	Crescent Comprehensive SJ Limerick	12.92	-0.6 100m	Minor Girls
2018	Grace Rooney	St Marys Midleton	12.55	0.0 100m	Minor Girls
2019	Victoria Amiadamen	Castletroy Colllege Limerick	12.75	4.0 100m	Minor Girls
2020	Not Held due to Covid-19 restrictions			100m	Minor Girls
2021	Not Held due to Covid-19 restrictions			100m	Minor Girls
2022	Destiny Lawal	Castletroy College	12.73	0.2 100m	Minor Girls

Minor Girls 800m

1977	Janette O'Halloran	Presentation Limerick	2.23.6	800m	Minor Girls
1978	Hanora Connolly	Loreto Youghal	2.22.4	800m	Minor Girls
1979	Claire Furlong	Stella Maris Tramore	2.27.0	800m	Minor Girls
1980	Mary C Lucey	Mount Mercy Cork	2.23.7	800m	Minor Girls
1981	Anita Gaynor	Presentation Fethard	2.29.4	800m	Minor Girls
1982	Siobhan McCormack	Presentation Limerick	2.27.1	800m	Minor Girls
1983	Anita Philpott	Scoil Mhuire Kanturk	2.24.2	800m	Minor Girls
1984	Margaret O'Dwyer	Presentation Thurles	2.25.8	800m	Minor Girls
1985	Ann Brown	Mercy Dungarvan	2.28.0	800m	Minor Girls
1986	Elaine O'Sullivan	FCJ Laurel Hill Limerick	2.23.4	800m	Minor Girls
1987	Fiona Kelleher	Ballincollig CS	2.27.0	800m	Minor Girls
1988	Fiona Kelleher	Ballincollig CS	2.24.5	800m	Minor Girls
1989	Elizabeth Ahern	St Aloysius Carrigtwohill	2.27.6	800m	Minor Girls
1990	Jill Hodgins	Ursuline Blackrock	2.28.9	800m	Minor Girls
1991	Annette Quaid	Dromcollogher CC	2.21.8	800m	Minor Girls
1992	Triona White	St Augustines Dungarvan	2.28.6	800m	Minor Girls
1993	Deirdre Gallagher	St Marys Askeaton	2.29.2	800m	Minor Girls
1994	Emer O'Shea	St Marys Charleville	2.19.2	800m	Minor Girls
1995	Paula Sheehan	Scoil Mhuire Gan Smal Blarney	2.23.0	800m	Minor Girls
1996	Sinead Falvey	St Aloysius Carrigtwohill	2.28.1	800m	Minor Girls
1997	Katie Lyons	St Marys Macroom	2.30.8	800m	Minor Girls
1998	Elaine Aylward	Mercy Waterford	2.28.6	800m	Minor Girls
1999	Ann Marie Walsh	St Marys Middleton	2.27.1	800m	Minor Girls
2000	Ailbhe O'Driscoll Collins	Villiers School Limerick	2.30.3	800m	Minor Girls
2001	Laura Crowe	Presentation Tralee	2.20.5	800m	Minor Girls
2002	Grace Crowley	Scoil Mhuire agus Ide Newcastle West	2.31.4	800m	Minor Girls
2003	Graine Quinn	Ursuline Waterford	2.26.66	800m	Minor Girls
2004	Frances O'Shea	St Marys Charleville	2.19.12	800m	Minor Girls
2005	Laura Behan	St Declans CC Kilmacthomas	2.30.64	800m	Minor Girls
2006	Ciara Spillane	St Gobans CC Bantry	2.45.72	800m	Minor Girls
2007	Jessica Neville	Mount Mercy Cork	2.26.3	800m	Minor Girls
2008	Niamh de Hora	Pobalscoil Chorca Dhuibhne	2.26.47	800m	Minor Girls
2009	Jessica Coyne	Crescent Comprehensive SJ Limerick	2.27.39	800m	Minor Girls
2010	Eileen Rafter	Ursuline Thurles	2.24.14	800m	Minor Girls
2011	Niamh Casey	Mercy Waterford	2.23.96	800m	Minor Girls
2012	Stephanie Cotter	Coachford College	2.25.81	800m	Minor Girls
2013	Caoimhe Harrington	Colaiste Pobail Bantry	2.23.02	800m	Minor Girls
2014	Shauna O'Brien	Presentation Milltown	2.28.28	800m	Minor Girls
2015	Rhona Randles	Pobalscoil Inbhear Sceine Kenmare	2.26.69	800m	Minor Girls
2016	Ailbhe Doherty	St Flannans Ennis	2.21.14	800m	Minor Girls
2017	Sarah Hosey	Castletroy College Limerick	2.25.68	800m	Minor Girls
2018	Sarah Butler	FCJ Laurel Hill Limerick	2.17.88	800m	Minor Girls
2019	Nicole Dinan	St Angelas Cork	2.16.00	800m	Minor Girls
2020	Not Held due to Covid-19 restrictions			800m	Minor Girls
2021	Not Held due to Covid-19 restrictions			800m	Minor Girls
2022	Sophie Maher	St Flannans Ennis	2:24.11	800m	Minor Girls

Minor Girls 75m Hurdles (68.6 cm)

2016	Chisom Ugwueru	St Flannans Ennis	12.64	-5.8	75m Hurdles	Minor Girls
2017	Emily Wall	Colaiste Choilm Ballincollig	11.91	1.5	75m Hurdles	Minor Girls
2018	Ella Scott	Christ King Cork	11.57	0.0	75m Hurdles	Minor Girls
2019	Okwu Backar	Ashton School Cork	11.89	2.4	75m Hurdles	Minor Girls
2020	Not Held due to Covid-19 restrictions				75m Hurdles	Minor Girls
2021	Not Held due to Covid-19 restrictions				75m Hurdles	Minor Girls
2022	Ruby Cummins	Col Toirbhirte Bandon	11.91	-1.5	75m Hurdles	Minor Girls

Minor Girls Long Jump

1977	Ann Marie O'Brien	St Angelas Cork	4.29		Long Jump	Minor Girls
1978	Noelle Morrissey	Mercy Nenagh	4.64		Long Jump	Minor Girls
1979	Fiona McGovern	SHM Ferrybank Waterford	4.52		Long Jump	Minor Girls
1980	Jacqui Stokes	Newtown School Waterford	4.79		Long Jump	Minor Girls
1981	Terrie Horgan	St Marys Mallow	4.42		Long Jump	Minor Girls

1982	Mary Nyhan	Sacred Heart Cork	4.92	Long Jump	Minor Girls
1983	Bernadette Doyle	SHM Ferrybank Waterford	4.87	Long Jump	Minor Girls
1984	Margaret O'Dwyer	Presentation Thurles	4.82	Long Jump	Minor Girls
1985	Ruth Phelan	Loreto Fermoy	4.55	Long Jump	Minor Girls
1986	Joselyn Hanrahan	St Marys Limerick	4.56	Long Jump	Minor Girls
1987	Claire Ingerton	St Patricks Cork	4.78	Long Jump	Minor Girls
1988	Claire Ingerton	St Patricks Cork	5.25	Long Jump	Minor Girls
1989	Debra Brady	Colaiste Choilm Ballincollig	4.95	Long Jump	Minor Girls
1990	Siobhan Lynch	St Nessans Limerick	4.58	Long Jump	Minor Girls
1991	Emma Coughlan	Ursuline Blackrock	4.55	Long Jump	Minor Girls
1992	R McMahan	St Josephs Borrisoleigh	4.52	Long Jump	Minor Girls
1993	Competition Abandoned			Long Jump	Minor Girls
1994	Bronagh McCarthy	Colaiste an Chroi Naofa Carraig na bhFear	4.76	Long Jump	Minor Girls
1995	Niamh Hayes	FCJ Laurel Hill Limerick	4.65	Long Jump	Minor Girls
1996	Corina Kennedy	Roscrea VS	4.78	Long Jump	Minor Girls
1997	Sharon O'Mahony	St Marys Midleton	4.78	Long Jump	Minor Girls
1998	Geraldine O'Callaghan	Ursuline Blackrock	4.73	Long Jump	Minor Girls
1999	Caitriona de Paor	Loreto Youghal	4.76	Long Jump	Minor Girls
2000	Karen Considine	Presentation Mitchelstown	5.15	Long Jump	Minor Girls
2001	Mera O'Connor	St Aloysius Carrigtwohill	4.55	Long Jump	Minor Girls
2002	Mairead Murphy	Mercy Waterford	4.75	Long Jump	Minor Girls
2003	Imelda Morrison	Colaiste Eoin Youghal	5.08	Long Jump	Minor Girls
2004	Harriet Cross	Bandon Grammar School	5.15	Long Jump	Minor Girls
2005	Alex Butler	St Aloysius Carrigtwohill	4.79	Long Jump	Minor Girls
2006	Ciara Spillane	St Gobans CC Bantry	4.62	Long Jump	Minor Girls
2007	Toni Chatterton	Colaiste na Toibhirte Bandon	5.04	Long Jump	Minor Girls
2008	Ann O'Shea	Ursuline Waterford	5.39	Long Jump	Minor Girls
2009	Elaine Courtney	St Brigets Killarney	4.65	Long Jump	Minor Girls
2010	Fiona O'Shea	Laurel Hill Colaiste Limerick	4.81	Long Jump	Minor Girls
2011	Aoife Harrison	Ursuline Waterford	4.75	Long Jump	Minor Girls
2012	Emma Hennessy	St Marys Newport	4.86	Long Jump	Minor Girls
2013	Rachael Bowler	Mercy Mount Hawk Tralee	5.08	Long Jump	Minor Girls
2014	Hannah Murphy	Regina Mundi Cork	4.82	Long Jump	Minor Girls
2015	Lauren O'Leary	Nagle Rice Doneraile	5.13	Long Jump	Minor Girls
2016	Lia Farley	Kinsale CS	5.17	Long Jump	Minor Girls
2017	Katie Nolke	Ursuline Waterford	4.88	Long Jump	Minor Girls
2018	Michelle Ugwah	Scoil Mhuire Gan Smal Blarney	4.91	Long Jump	Minor Girls
2019	Okwu Backar	Ashton School Cork	4.79	Long Jump	Minor Girls
2020	Not Held due to Covid-19 restrictions			Long Jump	Minor Girls
2021	Not Held due to Covid-19 restrictions			Long Jump	Minor Girls
2022	Lily-Anne OMeara	Colaiste Phobal Ros Crai	4.80	Long Jump	Minor Girls

Minor Girls Shot Put (2.72kg)

1977	Carol Mannix	St Marys Mallow	8.81	Shot Put	Minor Girls
1978	Miriam Kirwan	SHM Ferrybank Waterford	9.54	Shot Put	Minor Girls
1979	Paula Kearns	Presentation Clonmel	10.51	Shot Put	Minor Girls
1980	Eve Nangle	Stella Maris Tramore	9.84	Shot Put	Minor Girls
1981	Elaine Boland	Salesian Limerick	9.00	Shot Put	Minor Girls
1982	Brid Hallissey	SHM Ferrybank Waterford	8.15	Shot Put	Minor Girls
1983	Ailish O'Brien	Presentation Dungarvan	10.93	Shot Put	Minor Girls
1984	Mary Naughton	St Marys Nenagh	9.59	Shot Put	Minor Girls
1985	Deirdre O'Connell	Stella Maris Tramore	9.44	Shot Put	Minor Girls
1986	M Barrett	Presentation Waterford	8.63	Shot Put	Minor Girls
1987	Helen Whitty	Scoil Mhuire Gan Smal Blarney	9.03	Shot Put	Minor Girls
1988	C Walsh	Crescent Comprehensive SJ Limerick	7.96	Shot Put	Minor Girls
1989	Diane Sheehan	St Patricks Cork	9.51	Shot Put	Minor Girls
1990	Edel Meagher	Scoil Mhuire Gan Smal Blarney	9.11	Shot Put	Minor Girls
1991	Sinead Leahy	St Vincents Cork	9.99	Shot Put	Minor Girls
1992	Julie O'Sullivan	Sacred Heart Clonakilty	8.46	Shot Put	Minor Girls
1993	Competition Abandoned			Shot Put	Minor Girls
1994	Katie O'Riordan	Sacred Heart Clonakilty	9.91	Shot Put	Minor Girls
1995	Diane Cashman	St Aloysius Carrigtwohill	8.75	Shot Put	Minor Girls
1996	Anne O'Malley	Mercy Doon	8.99	Shot Put	Minor Girls
1997	Deirdre Ni Mhurchu	Colaiste an Phiarsaigh Glanmire	8.60	Shot Put	Minor Girls

1998	Deirdre Ni Mhurchu	Colaiste an Phiarsaigh Glanmire	9.73	Shot Put	Minor Girls
1999	D Smyth	Bandon Grammar School	7.98	Shot Put	Minor Girls
2000	Sonia Kennedy	SHM Ferrybank Waterford	8.90	Shot Put	Minor Girls
2001	Ann Marie Cronin	Colaiste Choilm Ballincollig	7.92	Shot Put	Minor Girls
2002	Mairead Murphy	Mercy Waterford	8.66	Shot Put	Minor Girls
2003	Sarah Bradfield	Bandon Grammar School	9.65	Shot Put	Minor Girls
2004	Tara Colman	Presentation Waterford	8.56	Shot Put	Minor Girls
2005	Claire Fitzgerald	Presentation Tralee	9.76	Shot Put	Minor Girls
2006	Ailish Sheehan	FCJ Bruff	9.85	Shot Put	Minor Girls
2007	Niamh Murphy	Colaiste Choilm Ballincollig	9.56	Shot Put	Minor Girls
2008	Kate Hickey	St Declans CC Kilmacthomas	8.52	Shot Put	Minor Girls
2009	Hannah O'Sullivan	Boherbue Comprehensive School	9.32	Shot Put	Minor Girls
2010	Vanessa Ogbonna	Stella Maris Tramore	10.48	Shot Put	Minor Girls
2011	Deirbhle Ni Riain	Gaelcholáiste Luimnigh	9.54	Shot Put	Minor Girls
2012	Erin Kingston	Bandon Grammar School	11.16	Shot Put	Minor Girls
2013	Sinead Warren	Pobalscoil Sliabh Luachra Rathmore	10.10	Shot Put	Minor Girls
2014	Fiona Hennessey	Presentation Thurles	8.76	Shot Put	Minor Girls
2015	Sarah Jacob	Ursuline Waterford	9.62	Shot Put	Minor Girls
2016	Blessing Alamu	St Marys Midleton	10.56	Shot Put	Minor Girls
2017	Katelyn Reid	Pobalscoil Chorca Dhuibhne	9.67	Shot Put	Minor Girls
2018	Kotryna Pacerinskaite	Presentation Mitchelstown	11.18	Shot Put	Minor Girls
2019	Ava Rochford	Rice College Ennis	10.71	Shot Put	Minor Girls
2020	Not Held due to Covid-19 restrictions			Shot Put	Minor Girls
2021	Not Held due to Covid-19 restrictions			Shot Put	Minor Girls
2022	Ruby Cummins	Col Toirbhirte Bandon	10.55	Shot Put	Minor Girls

Minor Girls Combined Events

2010	Aisling Kelleher	St Marys Macroom	1536	First Years Combined Events	Minor Girls
2011	Amy White	St Marys Nenagh	2179	First Years Combined Events	Minor Girls
2012	Avril Braham	Gaelchoilaiste Mhuire AG Cork	3155	First Years Combined Events	Minor Girls
2013	Ciara McKeon	Colaiste na Toirbhirte Bandon	1636	First Years Combined Events	Minor Girls
2014	Holly Meredith	SMI Newcastle West	2290	First Years Combined Events	Minor Girls
2015	Niamh Conlon	Kilrush Community School	2371	First Years Combined Events	Minor Girls
2016	Laura Frawley	St Marys Charleville	2694	Combined Events	Minor Girls
2017	Laura Frawley	St Marys Charleville	2690	Combined Events	Minor Girls
2018	Ava Rochford	Rice College Ennis	3041	Combined Events	Minor Girls
2019	Hannah Falvey	SMGS Blarney	2790	Combined Events	Minor Girls
2020	Not Held due to Covid-19 restrictions			Combined Events	Minor Girls
2021	Clodagh Donoghue	St Marys Newport	2278	Combined Events	Minor Girls
2022	Ruby Cummins	Colaiste na Toirbhirte Bandon	3184	Combined Events	Minor Girls

Minor Girls 4X100m Relay

1977		Mercy Nenagh	54.2	Relay	Minor Girls
1978		Mercy Nenagh	54.2	Relay	Minor Girls
1979		Sacred Heart Cork	54.5	Relay	Minor Girls
1980		Crescent Comprehensive SJ Limerick	53.5	Relay	Minor Girls
1981		St Johns Tralee	55.0	Relay	Minor Girls
1982		SHM Ferrybank Waterford	54.7	Relay	Minor Girls
1983		Stella Maris Tramore	54.4	Relay	Minor Girls
1984		Immaculate Heart Ballyphehane	54.4	Relay	Minor Girls
1985		Newtown School Waterford	55.7	Relay	Minor Girls
1986		FCJ Laurel Hill Limerick	54.7	Relay	Minor Girls
1987		Crescent Comprehensive SJ Limerick	55.1	Relay	Minor Girls
1988		Presentation Killarney	54.2	Relay	Minor Girls
1989		Ursuline Waterford	54.0	Relay	Minor Girls
1990		Mercy Doon	53.7	Relay	Minor Girls
1991		St Augustines Dungarvan	54.1	Relay	Minor Girls
1992		Ursuline Waterford	54.4	Relay	Minor Girls
1993		Ursuline Waterford	56.1	Relay	Minor Girls
1994		Colaiste an Phiarsaigh Glanmire	55.6	Relay	Minor Girls
1995		Presentation Bandon	55.0	Relay	Minor Girls
1996		Scoil Mhuire Carrick-on-Suir	54.0	Relay	Minor Girls

1997	Scoil Mhuire Carrick-on-Suir	54.3	Relay	Minor Girls
1998	St Nessans Limerick	54.9	Relay	Minor Girls
1999	Borrioscane CC	55.4	Relay	Minor Girls
2000	Ursuline Waterford	58.0	Relay	Minor Girls
2001	St Augustines Dungarvan	57.1	Relay	Minor Girls
2002	Christ King Cork	54.60	Relay	Minor Girls
2003	Ursuline Waterford	55.4	Relay	Minor Girls
2004	St Aloysius Carrigtwohill	56.37	Relay	Minor Girls
2005	St Aloysius Carrigtwohill		Relay	Minor Girls
2006	St Aloysius Carrigtwohill	54.16	Relay	Minor Girls
2007	Castletroy Colledge Limerick	53.20	Relay	Minor Girls
2008	St Marys Macroom	54.15	Relay	Minor Girls
2009	Ursuline Waterford	55.95	Relay	Minor Girls
2010	Colaiste na Trocaire Rathkeale		Relay	Minor Girls
2011	Ursuline Thurles	54.94	Relay	Minor Girls
2012	Scoil Mhuire Carrick-on-Suir	55.50	Relay	Minor Girls
2013	Scoil Mhuire Carrick-on-Suir	55.48	Relay	Minor Girls
2014	Colaiste na Toibhirte Bandon	55.45	Relay	Minor Girls
2015	Bandon Grammar School	54.87	Relay	Minor Girls
2016	Coláiste Muire Ennis	54.15	Relay	Minor Girls
2017	Our Ladys Templemore	53.67	Relay	Minor Girls
2018	Bandon Grammar School	55.37	Relay	Minor Girls
2019	Regina Mundi Cork	54.28	Relay	Minor Girls
2020	Not Held due to Covid-19 restrictions		Relay	Minor Girls
2021	Not Held due to Covid-19 restrictions		Relay	Minor Girls
2022	Scoil Mhuire Carrick on Suir	55.06	Relay	Minor Girls

Cross Country Minor Girls - Individual

1972	Rita Murphy	Mount Mercy Cork	Cross Country	Minor Girls
1973	A Dooley	St Joseph's Spanish Point	Cross Country	Minor Girls
1974	Evelyn O'Brien	St Mary's Limerick	Cross Country	Minor Girls
1975	Ide Ryan	Scoil Carmel Limerick	Cross Country	Minor Girls
1976	Marie Hennessy	St Angelas Waterford	Cross Country	Minor Girls
1977	Marie Hennessy	St Angelas Waterford	Cross Country	Minor Girls
1978	Michelle O'Connell	St John Bosco Cahirciveen	Cross Country	Minor Girls
1979	Deirdre Riordan	Scoil Mhuire Newcastlewest	Cross Country	Minor Girls
1980	Pauline Barry	St Marys Midleton	Cross Country	Minor Girls
1981	Miriam Ingerton	St Patricks Cork	Cross Country	Minor Girls
1982	Geraldine Cusack	Mercy Waterford	Cross Country	Minor Girls
1983	Sonia O'Sullivan	Cobh VS	Cross Country	Minor Girls
1984	Margaret Murphy	St Pauls Waterford	Cross Country	Minor Girls
1985	Ailish Brosnan	St Josephs Castleisland	Cross Country	Minor Girls
1986	Marquerite Quirke	Presentation Mitchelstown	Cross Country	Minor Girls
1987	Monica Campion	Presentation Thurles	Cross Country	Minor Girls
1988	Susan Murnane	Salesian Limerick	Cross Country	Minor Girls
1989	Siobhan Scannell	St Vincents Cork	Cross Country	Minor Girls
1990	Joanne Nash	St Marys Macroom	Cross Country	Minor Girls
1991	Annette Quaid	Dromcollogher CC	Cross Country	Minor Girls
1992	Marlyn Egan	Holy Cross Kenmare	Cross Country	Minor Girls
1993	Louise Cleary	Ursuline Waterford	Cross Country	Minor Girls
1994	Emer O'Shea	St Marys Charleville	Cross Country	Minor Girls
1995	Siobhan Linehan	St Marys Charleville	Cross Country	Minor Girls
1996	Denise King	Presentation Thurles	Cross Country	Minor Girls
1997	Rachel Linehan	St Joseph Tulla	Cross Country	Minor Girls
1998	Niamh Walsh	St Marys Midleton	Cross Country	Minor Girls
1999	Edel Morrissey	St Declans CC Kilmacthomas	Cross Country	Minor Girls
2000	Rena Buckley	St Aloysius Cork	Cross Country	Minor Girls
2001	Aoife McCormack	Presentation Waterford	Cross Country	Minor Girls
2002	Julie Kirwan	St Declans CC Kilmacthomas	Cross Country	Minor Girls
2003	Mary O'Connor	Ursuline Waterford	Cross Country	Minor Girls
2004	Claire Madigan	Kilrush CS	Cross Country	Minor Girls
2005	Laura Behan	St Declans CC Kilmacthomas	Cross Country	Minor Girls
2006	Karen O'Brien	St Flannans Ennis	Cross Country	Minor Girls

2007	Emer Kennedy	Presentation Thurles	Cross Country	Minor Girls
2008	Blaithin Lynch	St Marys Midleton	Cross Country	Minor Girls
2009	Claire Horgan	Loreto Clonmel	Cross Country	Minor Girls
2010	Ciara Cummins	Ursuline Thurles	Cross Country	Minor Girls
2011	Niamh Casey	Mercy, Waterford	Cross Country	Minor Girls
2012	Aoife Ni Urmholtaigh	Mean Scoil san Nioclas, An Rinn	Cross Country	Minor Girls
2013	Caoimhe Harrington	Colaiste Pobail Bantry	Cross Country	Minor Girls
2014	Alex O'Neill	Colaiste Muire, Ennis	Cross Country	Minor Girls
2015	Rhona Randles	Pobalscoil Inbhear Sceine Kenmare	Cross Country	Minor Girls
2016	Grainne Egan	St Marys Mallow	Cross Country	Minor Girls
2017	Sarah Hosey	Castletroy College Limerick	Cross Country	Minor Girls
2018	Sarah Butler	FCJ Laurel Hill Limerick	Cross Country	Minor Girls
2019	Louise O'Mahony	Colaiste Muire Ennis	Cross Country	Minor Girls
2020	Gemma Galvin	St Michaels CC Kilmihil	Cross Country	Minor Girls
2021	Not Held due to Covid-19 restrictions		Cross Country	Minor Girls
2022	Anna O'Sullivan	Presentation Thurles	Cross Country	Minor Girls

Cross Country Minor Girls - Team

1972	Presentation Listowel	13pts	XC Team	Minor Girls
1973	St Joseph's Spanish Point	6pts	XC Team	Minor Girls
1974	St Mary's Limerick	10pts	XC Team	Minor Girls
1975	Scoil Carmel Limerick	15pts	XC Team	Minor Girls
1976	Salesian Limerick	25pts	XC Team	Minor Girls
1977	St Angelas Waterford	17pts	XC Team	Minor Girls
1978	Loreto Youghal	11pts	XC Team	Minor Girls
1979	SHM Ferrybank Waterford	27pts	XC Team	Minor Girls
1980	St Marys Midleton	19pts	XC Team	Minor Girls
1981	Colaiste Muire Ennis	31pts	XC Team	Minor Girls
1982	SHM Ferrybank Waterford	18pts	XC Team	Minor Girls
1983	Mercy Skibbereen	22pts	XC Team	Minor Girls
1984	Presentation Thurles	11pts	XC Team	Minor Girls
1985	St Marys Charleville	28pts	XC Team	Minor Girls
1986	St Pauls Waterford	26pts	XC Team	Minor Girls
1987	Presentation Thurles	29pts	XC Team	Minor Girls
1988	Mercy Ennistymon	18pts	XC Team	Minor Girls
1989	Mercy Doon	21pts	XC Team	Minor Girls
1990	St Aloysius Carrigtwohill	20pts	XC Team	Minor Girls
1991	St Marys Charleville	54pts	XC Team	Minor Girls
1992	Ard Scoil na nDeise Dungarvan	29pts	XC Team	Minor Girls
1993	Colaiste Ghobnatan Baile Mhic Íre	31pts	XC Team	Minor Girls
1994	St Aloysius Carrigtwohill	45pts	XC Team	Minor Girls
1995	Presentation Thurles		XC Team	Minor Girls
1996	Presentation Thurles	13pts	XC Team	Minor Girls
1997	Colaiste Choilm Ballincollig	27pts	XC Team	Minor Girls
1998	St Marys Midleton	23pts	XC Team	Minor Girls
1999	St Marys Midleton	17pts	XC Team	Minor Girls
2000	Colaiste Choilm Ballincollig	35pts	XC Team	Minor Girls
2001	Ursuline Thurles	28pts	XC Team	Minor Girls
2002	St Declans CC Kilmacthomas	19pts	XC Team	Minor Girls
2003	Ursuline Waterford	21pts	XC Team	Minor Girls
2004	Ard Scoil na nDeise Dungarvan	47pts	XC Team	Minor Girls
2005	Ursuline Thurles	20pts	XC Team	Minor Girls
2006	Ursuline Waterford	14pts	XC Team	Minor Girls
2007	Ursuline Waterford	29pts	XC Team	Minor Girls
2008	Stella Maris Tramore	37pts	XC Team	Minor Girls
2009	Ursuline Thurles	36pts	XC Team	Minor Girls
2010	Ursuline Thurles	13pts	XC Team	Minor Girls
2011	Ursuline Thurles	15pts	XC Team	Minor Girls
2012	Ursuline Waterford	33pts	XC Team	Minor Girls
2013	Colaiste Muire, Ennis	42pts	XC Team	Minor Girls
2014	Colaiste Muire, Ennis	28pts	XC Team	Minor Girls
2015	Pobalscoil Inbhear Sceine Kenmare	47pts	XC Team	Minor Girls
2016	Rice College Ennis	26pts	XC Team	Minor Girls
2017	St Mary's Nenagh	17pts	XC Team	Minor Girls

2018	Pobalscoil na Trionoide Youghal	20pts	XC Team	Minor Girls
2019	Colaiste Muire Ennis	35pts	XC Team	Minor Girls
2020	St Marys Midleton	43pts	XC Team	Minor Girls
2021	Not Held due to Covid-19 restrictions			
2022	Colaiste Muire Ennis	22pts		

Notes

Pre 1970 - feet and inches converted to metres

Times to one decimal place are hand times

History

- 1931** Once off Munster schools championship organised by NACAI
- 1937** All Ireland Schools Athletic Union was formed
- 1937** Inaugural Munster Schools championships under the auspices of the newly formed Munster Schools provincial council
- 1942 -1946 No championship held due to World War 2 National Emergency**
- 1949** North (Thomond) and South (Desmond) regions set up for qualification to Munster Schools Championships
- 1949** South Munster (Desmond) composed of Cork, Waterford & South Tipperary
- 1957** First year of North, South and East qualifiers for Munster Championships
- 1957** South Munster reverts to Cork Schools & Colleges
- 1957** North Munster composed of Limerick, Clare and Kerry
- 1957** East Munster composed of Waterford and Tipperary
- 1962** First Cross Country Championship
- 1969** Inaugural Girls Cross Country championship
- 1970** Inaugural Girls Track & Field championship
- 1970** Change to metric measure instead of imperial measure (feet & inches)
- 1972** South Munster becomes Cork and South Kerry
- 1972** North Munster becomes Limerick, Clare and North Kerry
- 1972** Minor age category added to Track & Field
- 1977** Minor age category added to Cross Country
- 2020** No Track & Field Championship held due to Covid-19 restrictions
- 2021** No Championships held due to Covid-19 restrictions

Reckonable date to determine age categories

1931	1st May	U 14,16 and 18
1937	1st August	U16, U18 and U20
1938 - 1971	1st August	U 15,17 and 19
1972 - 1973	1st August	U 14,15,17 and 19
1974 - 1976	1st January	U 14,15,17 and 19
1977 - 1978	1st July	U 14,15,17 and 19
1979 to present day	1st July	U 14,15, and 17
1979 to present day	1st January	Seniors U20 same as Junior IAAF age group

Track & Field Venues

1931	Gaelic Enclosure, Mallow	17-May	NACA Event
1937	Sportsfield, Fermoy	27-May	
1938	Sportsfield, Fermoy	15-May	
1939	St Munchins, Limerick	14-May	
1940	Mardyke, Cork	08-May	
1941	Fitzgerald Stadium, Killarney	22-May	
1942	Not Held due to WW 2		
1943	Not Held due to WW 2		
1944	Not Held due to WW 2		
1945	Not Held due to WW 2		
1946	Not Held due to WW 2		
1947	Mardyke, Cork	26-May	
1948	Mardyke, Cork	17-May	
1949	Mardyke, Cork	18-May	
1950	Mardyke, Cork	21-May	
1951	Mardyke, Cork	20-May	
1952	Mardyke, Cork	18-May	

Cross Country Venues

25/03/1962	Rockwell College
24/03/1963	Rockwell College
14/03/1964	Rockwell College
06/03/1965	Rockwell College
05/03/1966	Bohercrone Tipperary
18/02/1967	Tipperary Town
02/03/1968	Rockwell College
08/03/1969	Rockwell College
28/02/1970	Rockwell College - Boys
21/02/1970	Ovens Cork - Girls
06/03/1971	Rockwell College - Boys
07/03/1971	Mallow Racecourse - Girls
19/02/1972	Rockwell College - Boys
27/02/1972	Mallow Racecourse - Girls
24/02/1973	Listowel Racecourse
23/02/1974	Mallow Racecourse
22/02/1975	Rockwell College

1953	Mardyke, Cork	17-May	28/02/1976	Rockwell College
1954	Mardyke, Cork	23-May	26/02/1977	Pallaskenry
1955	Mardyke, Cork	22-May	25/02/1978	Pallaskenry
1956	Mardyke, Cork	20-May	24/02/1979	Pallaskenry
1957	Mardyke, Cork	19-May	23/02/1980	St Augustines
1958	Mardyke, Cork	18-May	21/02/1981	Pallaskenry
1959	Clonmel	18-May	20/02/1982	St Augustines
1960	Mardyke, Cork	21-May	19/02/1983	St Augustines
1961	Mardyke, Cork	13-May	18/02/1984	St Augustines
1962	Mardyke, Cork	19-May	16/02/1985	St Augustines
1963	Clonmel	18-May	15/02/1986	Killarney National Park
1964	Mardyke, Cork	23-May	14/02/1987	St Augustines
1965	Mardyke, Cork	29-May	20/02/1988	St Augustines
1966	Mardyke, Cork	21-May	18/02/1989	St Augustines
1967	Mardyke, Cork	27-May	24/02/1990	St Augustines
1968	Mardyke, Cork	01-Jun	23/02/1991	St Augustines
1969	Glenstal Abbey	02-Jun Boys	15/02/1992	St Augustines
1969	PBC Grounds	10-May Girls	13/02/1993	St Augustines
1970	Mardyke, Cork	30-May Boys	12/02/1994	St Augustines
1970	PBC Grounds	09-May Girls	18/02/1995	St Augustines
1971	Rockwell College	29-May Boys	17/02/1996	St Augustines
1971	Mardyke, Cork	29-May Girls	22/02/1997	St Augustines
1972	Mardyke, Cork	27-May	14/02/1998	St Augustines
1973	Mardyke, Cork	26-May	13/02/1999	St Augustines
1974	Mardyke, Cork	25-May	12/02/2000	St Augustines
1975	Limerick, Plassey	24-May	10/02/2001	St Augustines
1976	Limerick, Plassey	29-May	09/02/2002	St Augustines
1977	Limerick, Plassey	28-May	08/02/2003	St Augustines
1978	Limerick, Plassey	27-May	14/02/2004	St Augustines
1979	Limerick, Plassey	19-May	12/02/2005	St Augustines
1980	Mardyke, Cork	31-May	11/02/2006	St Augustines
1981	Thomond College	30-May	10/02/2007	St Augustines
1982	Mardyke, Cork	29-May	07/02/2008	Tramore Racecourse
1983	Mardyke, Cork	28-May	12/02/2009	Tramore Racecourse
1984	Mardyke, Cork	26-May	26/02/2010	Cork Institute of Technology
1985	RTC Cork	25-May	17/02/2011	Cork Institute of Technology
1986	RTC Cork	31-May	09/02/2012	Cork Institute of Technology
1987	RTC Cork	30-May	07/02/2013	Carriganore (WIT)
1988	RTC Cork	28-May	13/02/2014	Cork Institute of Technology
1989	RTC Cork	27-May	12/02/2015	Cork Institute of Technology
1990	RTC Cork	26-May	05/02/2016	Tramore Valley Park Cork
1991	RTC Cork	25-May	16/02/2017	Tramore Valley Park Cork
1992	RTC Cork	30-May	23/02/2018	Carriganore (WIT)
1993	RTC Cork	29-May	15/02/2019	Carriganore (WIT)
1994	RTC Cork	28-May	13/02/2020	Clarecastle
1995	University of Limerick	27-May	2021	Not Held due to Covid-19
1996	RTC Cork	25-May	03/03/2022	Riverstick
1997	RTC Cork	31-May		
1998	Cork Institute of Technology	30-May		
1999	Cork Institute of Technology	29-May		
2000	RSC Waterford	27-May		
2001	Cork Institute of Technology	26-May		
2002	Cork Institute of Technology	25-May		
2003	Cork Institute of Technology	24-May		
2004	Cork Institute of Technology	22-May		
2005	Cork Institute of Technology	21-May		
2006	Cork Institute of Technology	20-May		
2007	University of Limerick	19-May		
2008	University of Limerick	17-May		
2009	University of Limerick	16-May		
2010	Cork Institute of Technology	22-May		
2011	Cork Institute of Technology	21-May		
2012	Cork Institute of Technology	19-May		
2013	Cork Institute of Technology	18-May		
2014	Cork Institute of Technology	17-May		
2015	Cork Institute of Technology	16-May		

2016	RSC Waterford	21-May
2017	Cork Institute of Technology	20-May
2018	Castleisland	19-May
2019	Cork Institute of Technology	18-May
2020	Not Held due to Covid-19 restrictions	
2021	Not Held due to Covid-19 restrictions	
2022	Templemore	21-May